

**Nasjonal kast 5-kamp**

Arrangerer : IK Tjalve

Sted : Norges Idrrettshøgskole, Sogn

Dato : 16.09.2012

Dommere : Thomas Rosvold, Bjørn Henriksen, Odd Arne Røste, Ingebjørg Thon Rosvold.

| Klasse | Utøver                  | F.år | Klubb                 | Slegge |       |       |              | Poeng Kule |       |       |       | Poeng Diskos |     |       |       | Poeng Spyd |              |     |       | Poeng Vekt |          |              |     | Poeng | SUM   | Plass    |              |             |             |   |
|--------|-------------------------|------|-----------------------|--------|-------|-------|--------------|------------|-------|-------|-------|--------------|-----|-------|-------|------------|--------------|-----|-------|------------|----------|--------------|-----|-------|-------|----------|--------------|-------------|-------------|---|
|        |                         |      |                       | 1      | 2     | 3     | Res          | 1          | 2     | 3     | Res   | 1            | 2   | 3     | Res   | 1          | 2            | 3   | Res   | 1          | 2        | 3            | Res |       |       |          |              |             |             |   |
| MJ     | Sven Martin Skagestad   | 1995 | Loddefjord            | x      | x     | 42,18 | <b>42,18</b> | 548        | 16,38 | 16,08 | 15,95 | <b>16,38</b> | 875 | x     | 52,84 | x          | <b>52,84</b> | 930 | x     | 57,99      | 55,77    | <b>57,99</b> | 708 | x     | x     | 12,21    | <b>12,21</b> | 576         | <b>3637</b> | 1 |
| MJ     | Ola Stunes Isene        | 1995 | Sturla                | x      | 35,08 | 35,26 | <b>35,26</b> | 435        | x     | 14,08 | 13,76 | <b>14,08</b> | 733 | x     | 46,03 | 42,93      | <b>46,03</b> | 788 | 47,18 | 48,73      | 48,71    | <b>48,73</b> | 570 | x     | 12,69 | x        | <b>12,69</b> | 603         | <b>3129</b> | 2 |
| MJ     | Thor Olav Rosvold       | 1996 | Asker Skiklubb        | 34,43  | x     | 37,81 | <b>37,81</b> | 477        | 11,50 | 11,95 | 11,88 | <b>11,95</b> | 603 | 41,16 | x     | 42,51      | <b>42,51</b> | 716 | 36,49 | x          | 37,57    | <b>37,57</b> | 407 | x     | 8,35  | x        | <b>8,35</b>  | 360         | <b>2563</b> | 3 |
| KS     | Trude Raad              | 1990 | Gloppen               | 57,72  | 56,76 | 57,15 | <b>57,72</b> | 1105       | x     | 11,25 | 11,27 | <b>11,27</b> | 613 | 46,55 | 46,67 | x          | <b>46,67</b> | 785 | 27,35 | 28,28      | 31,32    | <b>31,32</b> | 502 | 17,71 | 17,55 | 18,13    | <b>18,13</b> | 997         | <b>4002</b> | 1 |
| KS     | Marte Rygg Årdal        | 1992 | Gloppen               | 53,03  | 53,69 | x     | <b>53,69</b> | 1015       | 10,83 | x     | 10,77 | <b>10,83</b> | 584 | x     | 33,44 | 37,32      | <b>37,32</b> | 602 | 24,39 | 29,18      | 29,56    | <b>29,56</b> | 468 | 14,65 | 13,84 | 14,60    | <b>14,65</b> | 779         | <b>3448</b> | 2 |
| KS     | Katja Vangsnes          | 1991 | SK Vidar              | 54,69  | 55,83 | 54,76 | <b>55,83</b> | 1063       | 8,49  | 8,36  | 8,83  | <b>8,83</b>  | 453 | x     | 30,16 | 30,27      | <b>30,27</b> | 468 | 32,69 | 28,46      | 27,51    | <b>32,69</b> | 528 | 12,02 | 12,84 | 14,04    | <b>14,04</b> | 741         | <b>3253</b> | 3 |
| KS     | Caroline Lundahl        | 1991 | SK Vidar (Sverige)    | 18,84  | 23,37 | 29,23 | <b>29,23</b> | 477        | 9,70  | 9,86  | 10,04 | <b>10,04</b> | 531 | 19,61 | 23,39 | x          | <b>23,39</b> | 339 | 24,57 | 25,24      | 24,45    | <b>25,24</b> | 387 | 7,77  | 8,58  | x        | <b>8,58</b>  | 407         | <b>2141</b> | 4 |
| MS     | Eivind Henriksen        | 1990 | IK Tjalve             | 71,58  | 71,20 | x     | <b>71,58</b> | 1037       | 13,99 | x     | 14,00 | <b>14,00</b> | 728 | x     | 50,14 | x          | <b>50,14</b> | 873 | 54,96 | -          | -        | <b>54,96</b> | 662 | 21,77 | x     | x        | <b>21,77</b> | 1127        | <b>4427</b> | 1 |
| MS     | Magnus Røsholm Berntsen | 1989 | SK Vidar              | 39,98  | 43,37 | x     | <b>43,37</b> | 567        | 12,20 | 12,70 | 13,53 | <b>13,53</b> | 700 | 51,99 | 51,60 | x          | <b>51,99</b> | 912 | 41,66 | 44,14      | 41,49    | <b>44,14</b> | 502 | 13,59 | 14,91 | 14,20    | <b>14,91</b> | 730         | <b>3411</b> | 2 |
| MS     | Stian Andersen          | 1988 | Urædd                 | x      | 33,39 | 39,10 | <b>39,10</b> | 498        | 16,77 | 16,90 | x     | <b>16,90</b> | 906 | 49,06 | x     | x          | <b>49,06</b> | 851 | 42,10 | 42,71      | -        | <b>42,71</b> | 482 | 13,26 | x     | 13,85    | <b>13,85</b> | 669         | <b>3406</b> | 3 |
| MS     | Rikard Villanger        | 1991 | ASK                   | 56,14  | 55,30 | x     | <b>56,14</b> | 778        | 12,81 | x     | 11,92 | <b>12,81</b> | 656 | x     | 33,96 | 36,27      | <b>36,27</b> | 589 | 43,19 | 43,16      | -        | <b>43,19</b> | 489 | x     | x     | 14,91    | <b>14,91</b> | 730         | <b>3242</b> | 4 |
| MS     | Steinar Kleppe          | 1988 | Florø T & IF          | 47,76  | x     | 51,52 | <b>51,52</b> | 702        | x     | 11,82 | x     | <b>11,82</b> | 595 | x     | 33,13 | 33,60      | <b>33,60</b> | 536 | 34,40 | -          | -        | <b>34,40</b> | 362 | 16,71 | x     | 16,00    | <b>16,71</b> | 833         | <b>3028</b> | 5 |
| MS     | Erik Fluge              | 1991 | ASK                   | 42,89  | x     | x     | <b>42,89</b> | 559        | x     | x     | 11,15 | <b>11,15</b> | 555 | 46,49 | 46,96 | 47,80      | <b>47,80</b> | 825 | 34,72 | 35,26      | 37,16    | <b>37,16</b> | 401 | 11,45 | 12,49 | x        | <b>12,49</b> | 592         | <b>2932</b> | 6 |
| MS     | Kjetil Røste Ringen     | 1993 | Brandbu               | 56,81  | x     | 54,57 | <b>56,81</b> | 789        | 9,41  | 9,86  | x     | <b>9,86</b>  | 477 | x     | 35,99 | x          | <b>35,99</b> | 584 | 38,30 | 35,74      | x        | <b>38,30</b> | 418 | x     | x     | 13,65    | <b>13,65</b> | 658         | <b>2926</b> | 7 |
| MS     | Eivind Hillesund        | 1990 | IK Tjalve             | x      | 23,42 | x     | <b>23,42</b> | 246        | x     | 9,97  | 10,36 | <b>10,36</b> | 507 | 37,04 | 38,07 | 35,01      | <b>38,07</b> | 625 | 45,52 | 47,47      | 49,64    | <b>49,64</b> | 583 | x     | -     | -        | -            | <b>0</b>    | <b>1961</b> | 8 |
| MS     | Morten Bredholt         | 1977 | Rakkestad             | x      | x     | 24,31 | <b>24,31</b> | 260        | 13,30 | 13,78 | x     | <b>13,78</b> | 715 | 44,92 | 45,21 | x          | <b>45,21</b> | 771 | -     | -          | -        | <b>0</b>     | -   | -     | -     | -        | <b>0</b>     | <b>1746</b> | 9           |   |
| MS     | Paul Redford            | 1990 | Nittedal              | 36,27  | x     | 35,23 | <b>36,27</b> | 452        | 10,23 | 10,80 | 10,83 | <b>10,83</b> | 536 | -     | -     | -          | <b>0</b>     | -   | -     | -          | <b>0</b> | -            | -   | -     | -     | <b>0</b> | <b>988</b>   | 10          |             |   |
| MS     | Christoffer Wolff       | 1987 | Theta Eindhoven (Ned) | x      | x     | 13,94 | <b>13,94</b> | 99         | x     | 8,62  | 8,88  | <b>8,88</b>  | 419 | -     | -     | -          | <b>0</b>     | -   | -     | -          | <b>0</b> | -            | -   | -     | -     | <b>0</b> | <b>518</b>   | 11          |             |   |