

Tidsskjema laurdag 25.06.

Tidspkt.	Løp	Lengde	Diskos	Kule	Høgde
12:45	400 m				
13:00	60 G12(1H)	J10-11(14)	J13(7)	J12(10)	J13-14(5)
13:05	60 G11(1H)				
13:10	60 G10(1H)				
13:15	60 G13(2H)				
13:20					
13:25	60 G14(1H)				
13:30					
13:35	60 m Rekr 8-9(3H)				
13:40					J18/19(2)
13:45				G12(4)	
13:50	100 J15→				
13:55					
14:00	100 G15	Rekr 8-9 (25) S/N	J14(4)		
14:05	100 G16				
14:10	100 G18/19-MS				
14:15					
14:20					
14:25					
14:30	1000 m kappg. (13-14)		J15→(6)		G13(4)
14:35					
14:40				G10(2)-G11(5)	
14:45					
14:50					
14:55					
15:00		J12(13)Grop S			
15:00		G12(5) Grop N			
15:10	60 J10(H)		G14-15-16(5)	J14(8)	
15:15					G14(3)
15:20	60 J11(2H)				
15:25					
15:30	60 J12(2H)				
15:35					
15:40	60 J13(2H)	G10-11(10)			
15:45					
15:50	60 J14(1H)			J10(1) J11(10)	
15:55					
16:00			G13(6)		G15 -MS(3)
16:05					
16:10					
16:15				J13(8)	
16:20					
16:25					
16:30					
16:35					
16:40			G17-18/19(5)	G13(6)-G14(2)	

