

Hordaland FIK: Alle tiders beste innendørs**Menn senior**

pr. 31.12.2024 (oppdatert 04.01.2025)

7-kamp menn senior (60m-lengde-kule-høyde/60m hekk-stav-1000m) (3500)

5951	(1)	Martin Roe, IL Fri (6.92-7.81-15.71-1.90/8.43-4.80-2:51.03)	(92)	Sandnes	03-04.03.2018
5280	(1)	Gjert Høie Sjursen, IL Gneist (7.03-7.06-13.24-1.79/8.30-4.10-2:53.79)	(00)	Haukås	29-30.12.2022
5084	(3)	Eirik Greibrokk Dolve, IL Fri (7.38-6.65-12.02-1.93/9.07-5.10-3:08.75)	(95)	Sandnes	10-11.01.2015
4982	(1)	Henning Hofstad, IL Gular (7.3-6.80-11.35-1.95-8.4-4.20-2:57.4)	(57)	Oslo/Ek	24.02.1979
4689	(2)	Erlend Gjøn, IL Gneist (7.3-6.59-10.81-1.78/8.9-3.80-2:42.1)	(59)	Kristiansand	23-24.02.1980
4604	(2)	Oddvar Hårde, Stord T&IL (7.56-6.39-13.38-1.84/9.63-4.20-3:06.72)	(69)	Stange	02-03.03.1996
4569	(3)	Trond Erik Nilsen, Ask Friidrett (7.18-6.85-8.42-2.10/8.94-2.60-3:09.79)	(72)	Stange	28.02-01.03.1998
4435	(3)J	Olav Kjellevoid Olsen, Stord T&IL (7.3-6.39-10.55-1.85/9.3-2.80-2:46.4)	(68)	Stavanger	14-15.03.1987
4339	(3)	Knut Thorbjørnsen, IL Gneist (7.4-6.16-9.25-1.90/9.2-3.60-2:53.0)	(63)	Kristiansand	23-24.02.1980
4199	(5)	Ottar Haugen, IL Fenring (7.7-6.62-11.07-1.75-9.0-3.00-2:55.3)	(60)	Oslo/Ek	24.02.1979

(10)

Alternativt resultat:

4536	(1)	Trond Erik Nilsen, Ask Friidrett (7.20-6.94-9.32-2.02/8.86-2.80-3:09.83)	(72)	Stange	20-21.03.1999
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Lav grop i lengde:

4828	(3)	Erlend Gjøn, IL Gneist (11.8#-6.59-11.96-1.87/15.5#-3.87-2:43.7)	(59)	Drammen	09-10.02.1985
4653	(5)	Roar Haugland, IL Gneist (11.8#-6.38-11.76-1.91/15.8#-3.90-2:55.7)	(64)	Drammen	06-07.02.1982
4448	(1)J	Geirmund Holsen, Laksevåg T&IL (11.4#-6.19-9.35-1.80/15.3#-3.30-2:46.1)	(64)	Drammen	21-22.01.1984
4365	(2)	Erlend Gjøn, IL Gneist (11.8#-6.65-9.59-1.80/15.8#-4.00-2:52.3)	(59)	Drammen	22-23.02.1986
4031	(7)J	Per Gregersen, Stord T&IL (7.99-6.09-9.27-1.82/9.59-3.70-3:04.63)	(70)	Drammen	25-26.02.1989

- 100m

- 110m hekk