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| **37. Ungdomsmesterskap\***Sted: SteinkjerDato: 4.-4. mars 2022 | Arena: SteinkjerhallenArrangør: Steinkjer FIKStevneleder: Petter Spolén |

\* UM er uoffisielt mesterskap

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| **Steinkjerhallen** |
| Anlagt: | 2011 |
| Dekketype: | Mondo |

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| **Deltakelse og påmelding** |
|  | Utøvere |  |
|  | Påmeldt | Startet | Forfall |
| Gutter |  |  |  |
| Jenter |  |  |  |
| Total |  |  |  |
|  | Starter |  |
|  | Påmeldt | Startet |  |
| Gutter |  | 533 |  |
| Jenter |  | 478 |  |
| Total |  | 1011 |  |
|  | Klubber |  |
|  | Påmeldt | Startet |  |
| Klubber |  | 119 |  |
|  | Stafett |  |
|  | Påmeldt | Startet |  |
| Lag |  | 25 |  |
| Klubber |  | 16 |  |

|  |  |  |  |  |
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| **Klubb** | **Gull** | **Sølv** | **Bronse** | **Total** |
| Tyrving | 11 | 2 | 9 | 22 |
| Sandnes | 9 | 5 | 3 | 17 |
| Ull/Kisa | 8 | 4 | 3 | 15 |
| Fana | 7 | 7 | 6 | 20 |
| Gneist | 5 | 3 | 0 | 8 |
| Moelven | 5 | 0 | 1 | 6 |
| Tjalve | 4 | 5 | 1 | 10 |
| Moss | 3 | 6 | 5 | 14 |
| BUL | 3 | 5 | 3 | 11 |
| Ranheim | 3 | 4 | 3 | 10 |
| Dimna | 3 | 3 | 3 | 9 |
| Vidar | 3 | 2 | 1 | 6 |
| Asker Skiklubb | 3 | 1 | 2 | 6 |
| Fyllingen | 3 | 1 | 1 | 5 |
| Skjalg | 2 | 3 | 2 | 7 |
| Tønsberg | 2 | 2 | 2 | 6 |
| Gular | 2 | 2 | 1 | 5 |
| Tingvoll | 2 | 1 | 0 | 3 |
| Koll | 2 | 0 | 2 | 4 |
| Bergens Turn | 2 | 0 | 0 | 2 |
| Fredrikstad | 2 | 0 | 0 | 2 |
| Hellas | 2 | 0 | 0 | 2 |
| Sarpsborg | 2 | 0 | 0 | 2 |
| Søndre Land | 1 | 4 | 2 | 7 |
| Otra | 1 | 4 | 0 | 5 |

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| **Klubb** | **Poeng** |
| Tyrving | 230 |
| Fana | 160 |
| Sandnes | 145 |
| Ranheim | 140 |
| BUL | 129 |
| Ull/Kisa | 115 |
| Moss | 105 |
| Tjalve | 99 |
| Gneist | 92 |
| Tønsberg | 89 |
| Asker Skiklubb | 75 |
| Dimna | 73 |
| Ask | 66 |
| Søndre Land | 64 |
| Vidar | 59 |
| Hind | 51 |
| Kristiansand | 50 |
| Skjalg | 50 |

Resultatene

G15

Gutter 60 meter G15

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Markus Le Fjeld** | **Tyrving** | **7.34** |
| **2** | **Marcus Devantés G. Stålby** | **Moss** | **7.42** |
| **3** | **Elijah Narciso Ramirez** | **Lørenskog** | **7.51** |
| 4 | Benjamin Talens Reyes | Romerike | 7.54 |
| 5 | Zion Narciso Ramirez | Lørenskog | 7.55 |
| 6 | Andreas Lorentz Langhelle | Norna-Salhus | 7.56 |
| 7 | Elias Solheim Sollid | Sørild | 7.76 |
|  | Memarthaen Nalliah | Sandnes | DQ:R162.8 |

**Forsøk 1.** (5. mar.) 1 Stålby 7.50, 2 Langhelle 7.57, 3 Sollid 7.73, 4 Noah Digernes Merheb, Ørsta 7.82, 5 Henrik Strøm, Gjøvik 7.94
**Forsøk 2.** (5. mar.) 1 Fjeld 7.45, 2 Z. Ramirez 7.52, 3 Nalliah 7.76, 4 Julian Zhang Førsund, Hvam 7.82, 5 Linus Andre Hellem Strupstad, Ranheim 8.16, 6 Markus Nordviken, Bøler 8.66

**Forsøk 3.** (5. mar.) 1 E. Ramirez 7.48, 2 Reyes 7.56, 3 Oliver Tadeusz Tomala, Sandvin 7.81, 4 Jonas Hombornes Husby, Utleira 7.99, 5 Noah Aleksander Bakken Hesla, Søndre Land 8.19, 6 Theodor Haugberg Rennan, Bøler 8.20

Gutter 200 meter G15

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Markus Le Fjeld** | **Tyrving** | **23.27** |
| **2** | **Marcus Devantés Gardner Stålby** | **Moss** | **23.66** |
| **3** | **Elijah Narciso Ramirez** | **Lørenskog** | **23.81** |
| 4 | Noah Digernes Mrheb | Ørsta | 24,18 |
| 5 | Elias Solheim Sollid | Sørild | 24.74 |
|  | Oliver Tadeusz Tomala | Sandvin | DNS |

**Forsøk 1.** (6. mar.) 1 Stålby 23.81, 2 Memarthaen Nalliah, Sandnes 24.88, 3 Benjamin Talens Reyes, Romerike 24.96, 4 Linus Andre Hellem Strupstad, Ranheim 26.07, 5 Torjus Emil Iversen, Trondheim 26.21
**Forsøk 2.** (6. mar.) 1 Ramirez 23.80, 2 Tomala 24.45, 3 Jonas Mæland Rosholt, BUL 25.40, 4 Jonas Hombornes Husby, Utleira 26.25, 5 Torje Bronken Steine, Bøler 28.22

**Forsøk 3.** (6. mar.) 1 Fjeld 23.34, 2 Sollid 24.23, 3 Julian Zhang Førsund, Hvam 24.88, 4 Jacob Vergmann Abusdal, Tønsberg 25.56

**Forsøk 4.** (6. mar.) 1 Merheb 24.07, 2 Henrik Strøm, Gjøvik 25.35, 3 Sander August Losnegaard Sælid, Sem 26.00, Andreas Lorentz Langhelle, Norna-Salhus DQ:R162.8

Gutter 800 meter G15

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|  | **Heat** | Tid avgjørende | 5. mar |  |
|  | **1** | **2** |  |  |  |
| **1** |  | **1** | **Åsmund sunde Førde** | **Jølster** | **2:01.54** |
| **2** |  | **2** | **Magnus Øyen** | **Rindal** | **2:02.79** |
| **3** |  | **3** | **Iver J. Andreassen-Holm** | **Ringerike** | **2:07.32** |
| 4 |  | 4 | Sander A. Losnegaard Sælid | Sem | 2:07.55 |
| 5 |  | 5 | Markus Aseged Nesholen | Snøgg | 2:07.82 |
| 6 |  | 6 | Jonas Mæland Rosholt | BUL | 2:07.85 |
| 7 |  | 7 | Aron Mathisen Askim | Sem | 2:10.44 |
| 8 | 1 |  | Noah Digernes Merheb | Ørsta | 2:11.05 |
| 9 | 2 |  | Sven William Nevin | Fana | 2:11.79 |
| 10 | 3 |  | Nils August Flornes Rustad | Fana | 2:12.90 |
| 11 | 4 |  | Elias Haugen Torjussen | Vidar | 2:14.57 |
| 12 | 5 |  | Jonas Nordviken | Bøler | 2:19.04 |
| 13 | 6 |  | Torje Bronken Steine | Bøler | 2:22.18 |
|  | X |  | Theodor Haugberg Rennan | Bøler | DQ:R163.3 |
| 15 |  | X | Øyvind Magnus Morstøl | Fyllingen | DNS |

Gutter 1500 meter G15

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|  | Finale | 4. mar |  |
| **1** | **Sondre Strande Omland** | **Ull/Kisa** | **4:05.59** |
| **2** | **Magnus Øyen** | **Rindal** | **4:15.75** |
| **3** | **Åsmund Sunde Førde** | **Jølster** | **4:23.50** |
| 4 | Sven William Nevin | Strindheim | 4:24.87 |
| 5 | Elias Haugen Torjussen | Vidar | 4:25.70 |
| 6 | Aron Mathisen Askim | Sem | 4:27.42 |
| 7 | Øyvind Magnus Morstøl | Fyllingen | 4:31.54 |
| 8 | Nils August Flornes Rustad | Fana | 4:38.54 |

9 Sebastian Børset, Rindal 4:44.73, Håkon Prøsch Johnsen, Vidar DNF

Gutter 60 m hekk G15

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|  | Finale | 4. mar |  |
| **1** | **Markus Le Fjeld** | **Tyrving** | **8.51** |
| **2** | **Julian Zhang Førsund** | **Hvam** | **8.86** |
| **3** | **Melvin Tollefsen** | **Moss** | **9.52** |
| 4 | August Høgvold | Tønsberg | 9.52 |
| 5 | Linus Andre Hellem Strupstad | Ranheim | 9.68 |
| 6 | Jacob Bergmann Abusdal | Tønsberg | 9.70 |
| 7 | Morten Husebø Hestnes | Tønsberg | 10.88 |

Gutter 1500m kappgang G15

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|  |  | 4. mar |  |
| **1** | **Kristoffer Randall** | **Drøbak-Frogn** | **7:25.67** |
| **2** | **Noah Aleksander Bakken Hesla** | **Søndre Land** | **9:26.48** |

Gutter Høyde G15

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|  | Finale | 5. mar |  |
| **1** | **Andrew Benestad Hendicott** | **Hinna** | **1.71** |
| **2** | **August Høgvold** | **Tønsberg** | **1.68** |
| **3** | **Melvin Tollefsen** | **Moss** | **1.65** |
| 4 | Morten Husebø Hestnes | Tønsberg | 1.50 |
| =5 | August Grimeli | Flåværingen | 1.50 |
| =5 | Jacob Bergmann Abusdal | Tønsberg | 1.50 |

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| Serie | 1.45 | 1.50 | 1.55 | 1.60 | 1.65 | 1.68 | 1.71 | 1.75 |  |  |  |  |  |  |  |  |
| 1 |  |  | o | o | xxo | xo | o | xxx |  |  |  |  |  |  |  |  |
| 2 |  |  | o | o | o | xxo | xxx |  |  |  |  |  |  |  |  |  |
| 3 | o | o | xo | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |
| 4 | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |
| =5 | o | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |
| =5 |  | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Gutter Stav G15

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|  | Finale | 5. mar |  |
| **1** | **Melvin Tollefsen** | **Moss** | **3.10** |
| **2** | **August Grimeli** | **Flåværingen** | **2.90** |
| **3** | **Morten Husebø Hestnes** | **Tønsberg** | **2.80** |
| 4 | Kristoffer Randall | Drøbak-Frogn | 2.30 |

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| Serie | 2.30 | 2.50 | 2.70 | 2.80 | 2.90 | 3.00 | 3.10 | 3.20 |  |  |  |  |  |  |  |  |  |
| 1 |  |  | o | o | o | o | o | xxx |  |  |  |  |  |  |  |  |  |
| 2 |  | o | o | xxo | o | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  | o | xo | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Gutter Lengde G15

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|  | Finale | 5. mar |  |
| **1** | **Markus Le Fjeld** | **Tyrving** | **6.00** |
| **2** | **Melvin Tollefsen** | **Moss** | **5.31** |
| **3** | **Julian Zhang Førsund** | **Hvam** | **5.19** |
| 4 | Noah Aleksander Bakken Hesla | Søndre Land | 5.00 |
| 5 | Torkus Emil Iversen | Trondheim | 4.72 |
| 6 | Theodor Haugberg Rennan | Bøler | 4.64 |
| 7 | Markus Nordviken | Bøler | 4.53 |
| 8 | August Grimeli | Flåværingen | 4.49 |

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 5.70 | 5.75 | 5.86 | - | 6.00 | r |  |
| 2 | 5.24 | 5.15 | 4.86 | 4.95 | 4.89 | 5.31 |  |
| 3 | X | X | 5.19 | X | X | X |  |
| 4 | X | 5.00 | X | 5.00 | 4.98 | X |  |
| 5 | 4.72 | 4.66 | 4.59 | 4.37 | X | 4.50 |  |
| 6 | 4.64 | 4.32 | 4.38 | 4.46 | 4.51 | 4.51 |  |
| 7 | 4.36 | 4.47 | 4.31 | 4.53 | 4.14 | 4.36 |  |
| 8 | 4.16 | 4.36 | 4.48 | 4.43 | 4.30 | 4.49 |  |

Gutter Tresteg G15

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|  | Finale | 4. mar |  |
| **1** | **Markus Le Fjeld** | **Tyrving** | **12.75** |
| **2** | **Melvin Tollefsen** | **Moss** | **11.99** |
| **3** | **August Høgvold** | **Tønsberg** | **11.79** |
| 4 | Jacob Bergmann Abusdal | Tønsberg | 11.33 |
| 5 | Elias Hildebrand | Tingvoll | 11.20 |

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 12.08 | X | 12.75 | X | r |  |
| 2 | 11.43 | 11.31 | 11.88 | 11.86 | 11.99 | 11.82 |
| 3 | 11.41 | 11.47 | X | X | 11.79 | X |
| 4 | 11.07 | X | 11.33 | 10.84 | 11.01 | X |
| 5 | 10.32 | 10.94 | 10.70 | 11.00 | 11.20 | X |

Gutter Kule 4 kg G15

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Melvin Tollefsen** | **Moss** | **12.68** |
| **2** | **Jarl Amund Arumairasa** | **Sømna** | **12.60** |
| **3** | **William Strøm Johansen** | **Kolvereid** | **11.42** |
| 4 | Sigurd Smitt-Ingebretsen | BUL | 11.09 |
| 5 | Noah Aleksander Bakken Hesla | Søndre Land | 10.19 |

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 11.13 | 11.12 | 12.09 | 11.60 | 11.79 | 12.68 |  |
| 2 | 12.15 | 12.19 | 12.28 | 12.16 | 12.60 | 11,88 |  |
| 3 | 11.35 | 11.05 | 11.33 | X | 10.84 | 11.42 |  |
| 4 | 10.95 | 10.38 | 10.72 | 10.48 | 10.66 | 11.09 |  |
| 5 | 9.80 | 9.76 | 9.80 | 9.62 | 10.19 | 9.22 |  |

J15

Jenter 60 meter J15

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|  | Finale | 5. mar |  |
| **1** | **Hannah Rebekah Murai-Ubby** | **Ranheim** | **7.87** |
| **2** | **Oda Asdal Hansen** | **Skjalg** | **8.12** |
| **3** | **Freia Haraldsen Skaset** | **Moss** | **8.13** |
| 4 | Aurora Jenstad Innerdal | Sunndal | 8.14 |
| 5 | Lilje Lopes Patey | BUL | 8.29 |
| 6 | Birgitte Langeland Birkeland | Norna-Salhus | 8.44 |
| 7 | Martine Lundberg Espetvedt | AKS-77 | 8.45 |
| 8 | Sigrid Helene Grimstad | Ranheim | 8.55 |

**Semifinale 1.** (5. mar.) 1 Murai-Ubby 7.90, 2 Hansen 8.16, 3 Espetvedt 8.56, 4 Grimstad 8.56, 5 Henriette Kjærås, Tønsberg 8.58, 6 Beate Starheim, Stårheim 8.64, Helene Hanem, Hattfjelldal 8.67, Hedda Sandvik Kjetland, Dimna DNS

**Semifinale 2.** (5. mar.) 1 Innerdal 8-09, 2 Skaset 8.13, 3 Patey 8.35, 4 Birkeland 8.42, 5 Nathalie Svanevik Hølleland, AKS-77 8.53, 6 Carina Gregusson Brunsæl, Larvik Turn 8.60, 7 Ingrid Louise Selseth, Tønsberg 8.67, 8 Marie Mollestad, Kristiansand 8.77

**Forsøk 1.** (5. mar.) 1 Murai-Ubby 7.91, 2 Espetvedt 8.47, 3 Hølleland 8.48, 4 Starheim 8.53, 5 Mina Hoelsbrekken Digerud, Romerike 8.75, 6 Hedda Guldseth Sørensen, Selbu 8.82, 7 Andrea Indseth Pettersen, Tønsberg 9.19, 8 Tuva Lysberg Lund, Overhalla 9.50

**Forsøk 2.** (5. mar.) 1 Hansen 8.20, 2 Kjetland 8.30, 3 Patey 9.39, 4 Hanem 8.64, 5 Anniken Markussen Rosvoll, Tønsberg 8.86, 6 Mari Arntsberg Bråten, Hattfjelldal 8.89, 7 Anna Reisæter Overvoll, Ås 8.98, 8 Erle Tangestuen, Nordre Eidsvoll 9.20

**Forsøk 3.** (5. mar.) 1 Innerdal 8.07, 2 Kjærås 8.46, 3 Mollestad 8.53, 4 Selseth 8.63, 5 Jennie Irene Bos, Lysekloster 8.65, 6 Anna Laugen, Frosta 9.01, 7 Ana Blagojevic, Sarpsborg 9.70, Henriette Sæbø Noss, Os Turn DNS

**Forsøk 4.** (5. mar.) 1 Skaset 8.18, 2 Birkeland 8.43, 3 Grimstad 8.57, 4 Brunsæl 8.64, 5 Ingrid Mæland Andersen, Sarpsborg 8,73, 6 Henriette Sandstad, Frol 8.88, 7 Emma Sofie Klausen, Sarpsborg 9.05, 8 Eline Raddum Hvitsand, Søndre Land 9.50

Jenter 200 meter J15

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|  | Finale | 6. mar |  |
| **1** | **Hannah R. Murai-Ubby** | **Ranheim** | **24.90** |
| **2** | **Lile Lopes Patey** | **BUL** | **26.37** |
| **3** | **Susanne Tveit Amundsen** | **Asker Skiklubb** | **26.37** |
| 4 | Oda Asdal Hansen | Skjalg | 27.21 |
| 5 | Martine Lundberg Espetvedt | AKS-77 | 27.28 |
|  | Freia Haraldsen Skaset | Moss | DNF |

**Forsøk 1.** (6. mar.) 1 Murai-Ubby 25.02, 2 Henriette Kjærås, Tønsberg 27.33, 3 Lotta Elfenbein, Ranheim 28.39, 4 Elenea Garcia Reppesgård, Sturla 28.65, 5 Ana Blagojevic, Sarpsborg 32.03
**Forsøk 2.** (6. mar.) 1 Patey 26.21, 2 Hansn 26.81, 3 Anna Maria Kostaris, Hareid 28.51, 4 Ingrid Mæland Andersen, Sarpsborg 29.24

**Forsøk 3.** (6. mar.) 1 Amundsen 26.16, 2 Skaset 26.30, 3 Carina Gregusson Brunsæl, Larvik Turn 27.97, Hemriette Sæbø Noss, Os Turn DNS

**Forsøk 4.** (6. mar.) 1 Espetvedt 26.58, 2 Nathalie Svanevik Hølleland, AKS-77 26.83, 3 Marie Mollestad, Kristiansand 28.42, 4 Beate Starheim, Stårheim 28.62

Jenter 800 meter J15

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|  | Finale | 5. mar |  |
| **1** | **Wilma Anna B. Torbjörnsson** | **Ull/Kisa** | **2:18.88** |
| **2** | **Mathea Lægran** | **Skjalg** | **2:22.91** |
| **3** | **Susanne Tveit Amundsen** | **Asker Skiklubb** | **2:25.13** |
| 4 | Lotta Elfenbein | Ranheim | 2;25,27 |
| 5 | Synne Mørk Markussen | Hvam | 2:29.51 |
| 6 | Anna Reisæter Overvoll | Ås | 2:40.35 |
| 7 | Natalie Nordbeck Jøransen | Ull/Kisa | 2:40.37 |
| 8 | Hedda Njå | Gjøvik | 2:51.46 |

Jenter 1500 meter J15

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|  | Finale | 4. mar |  |
| **1** | **Wilma A. B. Torbjørnsson** | **Ull/Kisa** | **4:38.50** |
| **2** | **Mathe Lægran** | **Skjalg** | **4:51.11** |

Jenter 60 meter hekk J15

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|  | Finale | 4. mar |  |
| **1** | **Oda Asdal Hansen** | **Skjalg** | **8.94** |
| **2** | **Hedda Sandvik Kjetland** | **Dimna** | **9.23** |
| **3** | **Martine Lundberg Espetvedt** | **AKS-77** | **9.35** |
| 4 | Susanne Tveit Amundsen | Asker Skiklubb | 9.37 |
| 5 | Freia Haraldsen Skaset | Moss | 9.38 |
| 6 | Nathalie Svanevik Hølleland | AKS-77 | 9.64 |
| 7 | Ingrid Louise Selseth | Tønsberg | 9.66 |
| 8 | Elena Garcia Reppesgård | Sturla | 9.86 |

**Forsøk 1.** (4. mar.) 1 Skaset 9.31, 2 Espetvedt 9.34, 3 Amundsen 9.46, 4 Henriette Sæbø Noss, Os Turn 10.24, 5 Anniken Markussen Rosvoll, Tønsberg 10.37, 6 Anna Reisæter Overvoll, Ås 10.97

**Forsøk 2.** (4. mar.) 1 Hansen 8.87, 2 Selseth 9.62, 3 Birgitte Langeland Birkeland, Norna-Salhus 10.00, 4 Pernille Skundberg, Hattfjelldal 10.28, 5 Emma Sofie Klausen, Sarpsborg 10.60, 6 Andrea Infseth Pettersen, Tønsberg 11.26

**Forsøk 3.** (4. mar.) 1 Kjetland 9.61, 2 Hølleland 9.63, 3 Reppesgård 9.99, 4 Lotta Elfenbein, Ranheim 10.17, 5 Ingrid Mæland Andersen, Sarpsborg 10.23, 6 Ana Blagojevic, Sarpsborg 11.66

Jenter 1500 meter kappgang J15

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|  | Finale | 4. mar |  |
| **1** | **Petra Helene Bell** | **Koll** | **8:33.97** |
| **2** | **Hedda Njå** | **Gjøvik** | **9:19.00** |
| **3** | **Hedda-Elida Johansen** | **Søndre Land** | **10:27.37** |

Jenter Høyde J15

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|  | Finale | 6. mar |  |
| **1** | **Frida Rimstad** | **Ull/Kisa** | **1.53** |
| **2** | **Ane Rise Brandal** | **Hareid** | **1.53** |
| **3** | **Hannah Rebekah Murai-Ubby** | **Ranheim** | **1.50** |
| **4** | **Susanne Tveit Amundsen** | **Asker Skiklubb** | **1.45** |
| 5 | Elenes Garcia Reppesgård | Sturla | 1.40 |
| 6 | Mina Hoelsbrekken Digerud | Romerike | 1.40 |
| 7 | Emma Sofie Karlsen | Sarpsborg | 1.40 |
| 8 | Henriette Sæbø Noss | Os Turn | 1.35 |

 Eøine Raddum Hvitsand, Søndre Land DQ:R142.4a

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1.35 | 1.40 | 1.45 | 1.50 | 1.53 | 1.56 |  |  |  |  |  |  |  |  |  |  |
| 1 |  | o | xo | xo | o | xxx |  |  |  |  |  |  |  |  |  |  |
| 2 |  | o | o | xo | xxo | r |  |  |  |  |  |  |  |  |  |  |
| 3 |  | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 4 | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 | xo | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 7 | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 8 | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Stav J15

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Embla Matilde Njerve** | **Bergens Turn** | **3.30** |
| **2** | **Jennie Irene Bos** | **Lysekloster** | **3.10** |
| **3** | **Mari Arntsberg Bråten** | **Hattfjelldal** | **2.60** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 2.20 | 2.40 | 2.50 | 2.60 | 2.70 | 2.80 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | 3.40 |  |  |  |  |
| 1 |  |  |  |  |  |  |  |  | xxo | xo | xxo | xxx |  |  |  |  |
| 2 |  |  |  |  | o | xo | o | xo | xxo | xxx |  |  |  |  |  |  |
| 3 | o | o | xo | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |

Jenter Lengde J15

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Susanne Tveit Amundsen** | **Asker skiklubb** | **5.18** |
| **2** | **Hedda Sandvik Kjetland** | **Dimna** | **5.12** |
| **3** | **Frida Rimstad** | **Ull/Kisa** | **5.00** |
| 4 | Embla Matilde Njerve | Bergens Turn | 4.82 |
| 5 | Marie Mollestad | Kristiansand | 4.77 |
| 6 | Hannah Rebekah Murai-Ubby | Ranheim | 4.77 |
| 7 | Hedda Guldseth sørensen | Selbu | 4.73 |
| 8 | Lotta Elfenbein | Ranheim | 4.59 |

9 Beate starheim, Stårheim 4.53, 10 Mina Hoelsbrekken Digerud, Romerike 4.47, 11 Ingrid Louise Selseth, Tønsberg 4.45, 12 Anna Reisæter Overvoll, Ås 4.38, 13 Ingrid Mæland Andersen, Sarpsborg 4.23, 14 Emma sofie Klausen, Sarpsborg 4.20, 15 Elena Garcia Reppesgård, Sturla 3.93, 16 Andrea Indseth Pettersen, Tønsberg 3.73, 17 Eline Raddum Hvitsand, Søndre Land 3.67, 18 Hedd-Elida Johansen, Søndre Land 3.65, 19 Ana Blagojevic, Sarpsborg 3.61, 20 Anniken Markussen Rosvoll, Tønsberg 3.57, 21 Henriette Sæbø Noss, Os Turn 2.32

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| --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 4.91 | 5.17 | 4.84 | 5.18 | 5.04 | 5.10 |  |
| 2 | 4.75 | 5.03 | 5.12 | 4.90 | X | X |  |
| 3 | X | X | 5.00 | 4.83 | X | X |  |
| 4 | X | 3.52 | 4.75 | 4.72 | 4.64 | 4.82 |  |
| 5 | 4.56 | 4.70 | 4.45 | 4.76 | 4.77 | 4.62 |  |
| 6 | 4.74 | 4.55 | 4.77 | 4.43 | 4.33 | 4.44 |  |
| 7 | 4.54 | 4.68 | 4.73 | 4.52 | 4.66 | 4.68 |  |
| 8 | 4.46 | 4.50 | 4.59 | 4.58 | 4.58 | 4.58 |  |
| Serie | 1 | 2 | 3 | Serie | 1 | 2 | 3 |
| 9 | 4.40 | 4.37 | 4.53 | 16 | 3.73 | 3.72 | 3.64 |
| 10 | X | 4.47 | 4.34 | 17 | 3.29 | 3.65 | 3.67 |
| 11 | 4.37 | 4.27 | 4,45 | 18 | 3,53 | 3,38 | 3,65 |
| 12 | 4,38 | 4.16 | X | 19 | X | X | 3.61 |
| 13 | 4.03 | 4.08 | 4.23 | 20 | 3.57 | X | X |
| 14 | X | 3.95 | 4.20 | 21 | X | X | 2.32 |
| 15 | 3.93 | 3.58 | 3.90 |  |  |  |  |

Jenter Tresteg J15

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Susanne Tveit Amundsen** | **Asker Skiklubb** | **11.31** |
| **2** | **Frida Rimstad** | **Ull/Kisa** | **10.94** |
| **3** | **Marie Mollestad** | **Kristiansand** | **10.45** |
| 4 | Embla Matilde Njerve | Bergens Turn | 10.43 |
| 5 | Lotta Elfenbein | Ranheim | 10.17 |
| 6 | Mina Hoelsbrekken Digerud | Romerike | 10.09 |
| 7 | Hedda Guldseth Sørensen | Selbu | 10.05 |
| 8 | Helene Hanem | Hattfjelldal | 9.89 |

9 Anniken Markussen Rosvoll, Tønsberg 9.19, 10 Ama Blagojevic, Sarpsborg 8.57

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| --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 10.52 | 10.75 | 11.13 | 11.31 | 11.28 | 11.19 |  |
| 2 | 10.26 | 10.57 | 10.48 | 10.61 | 10.94 | 10.82 |  |
| 3 | X | X | 10.08 | X | 10.10 | 10.45 |  |
| 4 | X | X | 10.29 | X | 10.43 | X |  |
| 5 | 10.17 | 10.08 | 9.84 | X | 9.73 | 9.95 |  |
| 6 | 9.88 | 9.92 | 9.85 | 9.30 | 10.09 | 9.90 |  |
| 7 | 9.73 | 9.70 | 9.80 | 10.00 | 10.05 | 9.09 |  |
| 8 | 9.66 | 9.55 | 9.71 | 9.40 | 9.29 | 9.89 |  |
| 9 | 9.19 | X | 8.60 |  |  |  |  |
| 10 | 8.55 | 9.57 | X |  |  |  |  |

Jenter Kule 3 kg J15

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|  | Finale | 5. mar. |  |
| **1** | **Susanne Tveit Amundsen** | **Asker Skiklubb** | **11.46** |
| **2** | **Ida Ramslien** | **AKS-77** | **11.44** |
| **3** | **Vilde Marie Nebell** | **Sturla** | **10.49** |
| 4 | Eline Raddum Hvitsand | Søndre Land | 9.83 |
| 5 | Mina Hoelsbrekken Digerud | Romerike | 9.39 |
| 6 | Emma sofie Klausen | Sarpsborg | 9.35 |
| 7 | Lill Synnøve Ludvigsen | Ranheim | 9.24 |
| 8 | Øyvor Audunsdatter Tingleff | Ringerike | 8.76 |

9 Tuva Lysberg Lund, Overhalla 6.39

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| --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 10.72 | 10.92 | 11.08 | 11.02 | 10.79 | 11.46 |  |
| 2 | 11.34 | 10.10 | 6.44 | X | 11.44 | X |  |
| 3 | 9.70 | 10.10 | 10.49 | X | X | 9.97 |  |
| 4 | 9.83 | 9.45 | 9.56 | 9.51 | 9.27 | 9.56 |  |
| 5 | 9.20 | 8.79 | 8.47 | 9.39 | 8.55 | X |  |
| 6 | 9.22 | 9.28 | 8.09 | 9.15 | 9.35 | 9.16 |  |
| 7 | 9.24 | 8.29 | 8.96 | 8.52 | 9.72 | 8.91 |  |
| 8 | 8.76 | 8.58 | X | 8.67 | 8.17 | 8.72 |  |
| 9 | 6.39 | r |  |  |  |  |  |

G16

Gutter 60 meter G16

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|  | Finale | 5. mar |  |
| **1** | **Eskild Gjesdal Hillesund** | **Sandnes** | **7.25** |
| **2** | **Christian Nicholas Wright** | **Tyrving** | **7.26** |
| **3** | **Rayan Niven Rangassamy** | **Våg** | **7.30** |
| 4 | Daniel Fikreyesus Debesay | Lørenskog | 7.32 |
| 5 | Peter Olav Pilskog Bitocchi | Hareid | 7.33 |
| 6 | Sigurdn Petersen Fergestad | Groruddalen | 7.42 |
| 7 | Emiliano Storm Røgeberg-Ortiz | Vidar | 7.49 |
| 8 | Sjur Grung Thallaug | Gausdal | 7.50 |

**Semifinale 1.** (5. mar.) 1 Wright 7.34, 2 Debesay 7.34, 3 Fergestad 7.41, 4 Thallaug 7.57, 5 Tshishimbi Nissi Kongolo, Søndre Land 7.59, 6 Vegard Oppedal Rinde, Fana 7.59, 7 William Østbø Johansen, Asker Skiklubb 7.68, 8 Theodor Trægde Pedersen, Våg 7.73
**Semifinale 2.** (5. mar.) 1 Rangassamy 7.25, 2 Hillesund 7.33, 3 Bitocchi 7.38, 4 Røgeberg-Ortiz 7.49, 5 Ervin Kavara Berg, Sortland 7.55, 6 Tobias Bang Gulbrandsen, BUL 7.64, 7 Nicolai Holdhus, Gneist 7.67, 8 Hakim Mahbouli Andersen, Fana 7.68

**Forsøk 1.** (5. mar.) 1 Rangassamy 7.41, 2 Bitocchi 7.43, 3 Berg 7.54, 4 Rinde 7.60, 5 Andersen 7.64, 6 Christoffer Nicolai Torbergsen, Hind 8.27, 7 Tobias Kalmo Thorbjørnsen, Sandvin 8.54
**Forsøk 2.** (5. mar.) 1 Wright 7.34, 2 Thallaug 7.56, 3 Pedersen 7.71, 4 aleksander Berg, Stadsbygd 7.82, 5 Eilif Andre Solberg, Sortland 7,85, 6 Theodor Colline Nessler Skjalg 7.97, 7 Herman Bjørke Ådland, Tyrving 8.28

**Forsøk 3.** (5. mar.) 1 Hillseund 7.36, 2 Debesay 7.40, 3 Kongolo 7.52, 4 Gulbrandsen 7.64, 5 Theodor With, Norna-Salhus 7.71, 6 Bjørn Einar Kjønstad-Prestvik, Ranheim 7.83, 7 Sander Rustad-Johansen, Lørenskog 8.02

**Forsøk 4.** (5. mar.) 1 Fergestad 7.43, 2 Røgeberg-Ortiz 7.54, 3 Holdhus 7.65, 4 Johansen 7.70, 5 Vemund Prem Heltzer Sørstad, Sturla 7.91, 6 Estin Levorsen, Tyrving 8-07

Gutter 200 meter G16

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|  | Finale | 6. mar |  |
| **1** | **Christian Nicholas Wright** | **Tyrving** | **22.71** |
| **2** | **Even Elias Grannes Pedersen** | **Overhalla** | **22.77** |
| **3** | **Peter Olav Pilskog Bitocchi** | **Hareid** | **23.17** |
| 4 | Sigurd Petersen Fergestad | Groruddalen | 23.21 |
| 5 | Emiliano Storm Røgeberg-Ortiz | Vidar | 23.40 |
| 6 | Sjur Grung Thallaug | Gausdal | 23.90 |

**Forsøk 1.** (6. mar.) 1 Wright 22.80, 2 Sigve Jørgensen Lillebø, Ask 24.69, 3 Eilif Andre Solberg, Sortland 24.92, 4 Hakim Mahbouli Andersen, Fana 25.38, 5 Jonas Ramstad, Byåsen 27.01
**Forsøk 2.** (6. mar.) 1 Fergestad 23.22, 2 Røgeberg-Ortiz 23.31, 3 Nicolai Holdhus, Gneist 24.10, 4 Oskar Stattin, Hind 25.38, Sander Rustad-Johansen, Lørenskog 26.03

**Forsøk 3.** (6. mar.) 1 Pedersen 22.81, 2 Eskild Gjesdal Hillesund, Sandnes 23.54, 3 Ervin Kavara Berg, Sortland 24.01, 4 Ole Einar Gjetrang, Larvik Turn 24.81, 5Oscar Ellingsen, Gneist 25.63

**Forsøk 4.** (6. mar.) 1 Bitocchi 22.87, 2 Vegard Oppedal Rinde, Fana 23.62, 3 Tobias Bang Gulbrandsen, BUL 24.01, 4 Aleksander Berg, Stadsbygd 25.31, 5 William Østbø Johansen, Asker Skiklubb 25.44

**Forsøk 5.** (6. mar.) 1 Thallaug 23.43, 2 Daniel Fikreyesus Debesay, Lørenskog 23.45, 3 Magnus Birk Johnsen, Byåsen 24.97, 4 Lukas Pujol Hollund, Tyrving 25.49

Gutter 800 meter G16

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|  | **Heat** | Tid avgjørende | 5. mar |  |
|  | **1** | **2** |  |  |  |
| **1** |  | **1** | **Sondre Svarholt** | **Stadsbygd** | **2:00.54** |
| **2** |  | **2** | **Kritian Bråthen Børve** | **Ull/Kisa** | **2:01.17** |
| **3** |  | **3** | **Andreas Lindebø Kværner** | **Ull/Kisa** | **2:02.25** |
| 4 |  | 4 | Marios Ktorides-Valen | Fana | 2:03.20 |
| 5 |  | 5 | Aleksander Hauge Øyen | Fana | 2:05.24 |
| 6 |  | 6 | Sigve Jørgensen Lillebø | Ask | 2:06.74 |
| 7 | 1 |  | Dennis Bergstrøm-Bendixen | Sørild | 2:07.38 |
| 8 | 2 |  | Eirik Alvik | Tyrving | 2:07.75 |
| 9 | 3 |  | Matteus Fossum | Skogn | 2:08.47 |
| 10 |  | 7 | Kristian Eilefstønn Berntzen | Seljord | 2:09.03 |
| 11 | 4 |  | Lukas Pujol Hollund | Tyrving | 2:09.48 |
| 12 | 5 |  | Estin Levorsen | Tyrving | 2:25.44 |
| 13 | 6 |  | Håvard Rekve Lian | Tyrving | 2:27.33 |

Gutter 1500 meter G16

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|  | Finale | 4. mar |  |
| **1** | **Kristian Bråthen Børve** | **Ull/Kisa** | **4:05.42** |
| **2** | **Sondre Svarholt** | **Stadsbygd** | **4:17.39** |
| **3** | **Kristian Eilefstjønn Berntzen** | **Seljord** | **4:18.32** |
| 4 | Aleksander Hauge Øyen | Fana | 4:18.39 |
| 5 | Dennis Bergstrøm-Bendixen | Sørild | 4:19.97 |
| 6 | Marios Ktorides-Valen | Fana | 4:21.46 |
| 7 | Eirik Alvik | Tyrving | 4:24.62 |
| 8 | Nicolai Holdhus | Gneist | 4:29.92 |

Nahom Tesfalem Tewelde, Sturla DNF

Gutter 60 meter hekk G16

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|  | Finale | 4. mar |  |
| **1** | **Even Elias Grannes Pedersen** | **Overhalla** | **8.30** |
| **2** | **Emiliano storm Røgeberg-Ortiz** | **Vidar** | **8.40** |
| **3** | **Vegard Oppedal Rinde** | **Fana** | **8.45** |
| 4 | Aleksander Berg | Stadsbygd | 8.98 |
| 5 | Bjørn Einar Kjønstad-Prestvik | Ranheim | 9.13 |
| 6 | Ole Einar Gjetrang | Larvik Turn | 9.48 |
| 7 | Fredrik Kjønstad Ukkelberg | Frol | 9.54 |
| 8 | Oscar Ellingsen | Gneist | 9.83  |

**Forsøk 1.** (4. mar.) 1 Rinde 8.58, 2 Ellingsen 8.85, 3 Kjønstad-Prestvik 8.86, 4 Gjetrang 9.65, Rayan Niven Rangassamy, Våk DQ:R162.8
**Forsøk 2.** (4. mar.) 1 Pedersen 8.38, 2 Røgeberg-Ortiz 8.62, 3 Berg 9.19, 4 Ukkelberg 9.57, 5 Tobias Kalmo Thorbjørnsen, Sandvin 10.05

Gutter 1500 meter kappgang G16

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|  | Finale | 4. mar |  |
|  | **Ingen deltakere** |  |  |

Gutter Høyde G16

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|  | Finale | 5. mar |  |
| **1** | **Oscar Ellingsen** | **Gneist** | **1.84** |
| **2** | **Tobias Heldal** | **Fana** | **1.84** |
| **3** | **Thomas Reitan** | **Stjørdal** | **1.81** |
| 4 | Johannes Handeland | Fana | 1.75 |
| 5 | Aksel Wormdahl | Ranheim | 1.70 |
| 6 | Johannes Elvegård | BUL Tromsø | 1.70 |
| 7 | Vemund Prem Heltzer Sørstad | Sturla | 1.70 |

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| Serie | 1.55 | 1.60 | 1.65 | 1.70 | 1.75 | 1.78 | 1.81 | 1.84 | 1.87 |  |  |  |  |  |  |  |
| 1 |  |  |  | o | o | o | o | xxo | xxx |  |  |  |  |  |  |  |
| 2 |  |  | o | o | o | xo | o | xxo | xxx |  |  |  |  |  |  |  |
| 3 |  | o | xo | xo | o | xo | xxo | xxx |  |  |  |  |  |  |  |  |
| 4 |  | o | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 6 | o | o | xo | o | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 7 | xo | o | o | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |

Gutter Stav G16

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|  | Finale | 5. mar |  |
| **1** | **Gustav Vincent Holmefjord** | **Fana** | **3.60** |
| **2** | **Kjell Augustin Kubon** | **Fana** | **3.50** |
| **3** | **Thomas Reitan** | **Stjørdal** | **3.20** |
| 4 | Odin August Østreim Øina | Fana | 3.20 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 2.80 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | 3.40 | 3.50 | 3.60 | 3.70 | 3.80 |  |  |  |  |  |
| 1 |  |  |  |  | o | o | - | o | o | x | xx |  |  |  |  |  |
| 2 | xo | o | o | o | o | o | o | xo | xxx |  |  |  |  |  |  |  |
| 3 | o | - | o | o | o | xxx |  |  |  |  |  |  |  |  |  |  |
| 4 | o | o | o | xo | o | xxx |  |  |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Gutter Lengde G16

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|  | Finale | 5. mar |  |
| **1** | **Tshishimbi Nissi Kongolo** | **Søndre Land** | **6.27** |
| **2** | **Odin August Østreim Øina** | **Fana** | **5.97** |
| **3** | **Kjell Augustin Kubon** | **Fana** | **5.95** |
| 4 | Daniel Fikreyesus Debesay | Lørenskog | 5.87 |
| 5 | Even Elias Grannes Pedersen | Overhalla | 5.77 |
| 6 | Tobias Heldal | Fana | 5.70 |
| 7 | Tayan Niven Rangassamy | Våg | 5.70 |
| 8 | Oscar Ellingsen | Gneist | 5.51 |

 9 Sigurd Petersen, Fergestad, Groruddalen 5.45, 10 Hakim Habouli Andersen, Fana 5.44, 11 Sander Rustad-Johansen, Lørenskog 5.30, 12 Bjørn Einar Kjønstad-Prestvik, Ranheim 5.28, 13 Eilif Andre Solberg, Sortland 5.25, 14 Didrik Bråten, Overhalla 5.16, 15 Magnus Birk Johnsen, Byåsen 5.14, 16 Vemund Prem Heltzer Sørstad, Sturla 5.01, 17 Tobias Kalmo Thorbjørnsen, Sandvin 4.78, 18 Theodor Skancke Wold, Byåsen 4.63, 19 Jonas Ramstad, Byåsen 4.12, Aksel Wormdahl, Ranheim NM

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 5.90 | X | X | 4.44 | 5.70 | 6.27 |  |
| 2 | 5.62 | 5.72 | - | 5.63 | 5.97 | 5.78 |  |
| 3 | 5.39 | X | 5.94 | X | X | 5.95 |  |
| 4 | 5.68 | 5.80 | 5.84 | 5.50 | 5.87 | 5.47 |  |
| 5 | X | X | 5.77 | 5,66 | X | X |  |
| 6 | 5.64 | 5.53 | 5.70 | 5.51 | 5.64 | 5.44 |  |
| 7 | 5.70 | 5.62 | 5.56 | X | - | 5.40 |  |
| 8 | 5.51 | 5.38 | 5.11 | 5.26 | 5.33 | 5.27 |  |
| Serie | 1 | 2 | 3 | Serie | 1 | 2 | 3 |
| 9 | X | 5.41 | 5.45 | 15 | 5.04 | 5.14 | X |
| 10 | 5.38 | 5.44 | 5.35 | 16 | 4.59 | 4.84 | 5.01 |
| 11 | X | X | 5.30 | 17 | 4.57 | 4.78 | 4.56 |
| 12 | 5.14 | 5.22 | 5.28 | 18 | 3.08 | 4.63 | 4.51 |
| 13 | 5,25 | 5.05 | 5.06 | 19 | X | 4.12 | X |
| 14 | X | X | 5.16 |  | X | X | X |

Gutter Tresteg G16

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|  | Finale | 4. mar |  |
| **1** | **Odin august Østreim Øina** | **Fana** | **12.38** |
| **2** | **Aksel Wormdahl** | **Ranheim** | **12.27** |
| **3** | **Oskar Stattin** | **Hind** | **11.56** |
| 4 | Tobias Kalmo Thorbjørnsen | Sandvin | 10.65 |
|  | Rayan Niven Rangassamy | Våg | NM |
|  | Vemund Prem Heltzer Sørstad | Sturla | DQ:UM20.1 |

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 12.28 | 12.30 | 12.14 | 11.40 | 12.32 | 12.18 |  |
| 2 | 11.58 | 12.27 | 12.14 | 12.04 | X | 12.24 |  |
| 3 | 11.05 | X | 11.34 | X | 11.52 | 11.56 |  |
| 4 | 10.65 | 10.42 | 10.20 | 10.15 | 10.34 | 10.32 |  |
|  | X | r |  |  |  |  |  |

Gutter Kule 5 kg G16

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|  | Finale | 4. mar |  |
| **1** | **Jacob Nicolay Sederholm Hoff** | **Stjørdal** | **14.53** |
| **2** | **Tshishimbi Nissi Kongolo** | **Søndre Land** | **13.21** |
| **3** | **Daniel Winther Sandnes** | **Kristiansand** | **13.01** |
| 4 | Sverre Ranes Ofstad | Ranheim | 11.99 |
| 5 | Tobias Kalmo Thorbjørnsen | Sandvin | 11.10 |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | X | 14.08 | X | X | 13.75 | 14.53 |
| 2 | 13.21 | 12.25 | 12.36 | 12.61 | 12.70 | 12.63 |
| 3 | 12.16 | 11.73 | 11.67 | 11.34 | 12.46 | 13.01 |
| 4 | 11.99 | 10.54 | 11.15 | 11.83 | X | 11.36 |
| 5 | 10.35 | 10.39 | 10.52 | 10.21 | 10.46 | 11.10 |

J16

Jenter 60 meter J16

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Dina Rosenvinge Aasen** | **Fredrikstad** | **7.77** |
| **2** | **Victoria Sørland** | **Sandnes** | **7.97** |
| **3** | **Nora Eikeng** | **Urædd** | **7.99** |
| 4 | Borghild Oline Holstad | Hareid | 7.99 |
| 5 | Anna Kolstad Silseth | Ask | 8.04 |
| 6 | Mina Sofie Rong Hostad | Ask | 8.22 |
| 7 | Ronja Johnsen Skåtøy | Egersund | 8.23 |
| 8 | Mari Skraastad | Stadsbygd | 8.24 |

**Semifinale 1.** (5. mar.) 1 Aasen 7.81, 2 Skåtøy 8.13, 3 Skraastad 8.21, 4 Nina Næss Bolme, Surnadal 8.38, 5 Sophie Ulla-Zahl, Norna-Salhus 8.42, 6 Elén Linchausen Skar, Ull/Kisa 8.61, Gulisara Panyaret, Brodd DNS, Tuva Moa Frick, Holmemstranda DNS

**Semifinale 2.** (5. mar.) 1 Silseth 8.03, 2 Hostad 8.21, 3 Nora Jazz Werenskiold Proctor, BUL 8.26, 4 Ulrikke Bjørkmo Eliassen, Rana 8.41, 5 Serine Brakstad, AKS-77 8.42, 6 Selma Holm-Lombnæs, Lillehammer 8.62, 7 Erika Vedø-Carlsen, Hind 8.87, Alette Pettersen-Lund, Ranheim DQ:R162.8

**Semifinale 3.** (5. mar.) 1 Holstad 7.96, 2 Eikeng 8.04, 3 Sørland 8.06, 4 Sigri Hundven Eliassen, Ask 8.39, 5 Tida Katrine Köller Sanyang, BUL 8.49, 6 Mari Hystad-Haaland, Norna-Salhus 8.53, 7 Linnea Elisabeth Sjöström Johnsen, Ull/Kisa 8.58, 8 Karoline Røed Hovland, Fana 8.64

**Forsøk 1.** (5. mar.) 1 Aasen 7.90, 2 Skraastad 8.27, 3 U. Eliassen 8.39, 4 Brakstad 8.46, 5 Erika Ryab Øien, Ogndal 8.76, 6 Eden Orre Benhamou, BUL 9.15, Emma Thorkildsen, Otra DQ:R162.8

**Forsøk 2.** (5. mar.) 1 Skåtøy 8.27, 2 Holstad 8.37, 3 Ulla-Zahl 8.38, 4 Vedø-Carlsen 8.80, 5 Alida Røed Haaland, Sørild 9.01, Åse Vik Larsen, Hattfjelldal DQ:R162.8, Mirian Gjertsen Barkbu, Jardar DQ:R162.8

**Forsøk 3.** (5. mar.) 1 Sørland 8.14, 2 Hostad 8.20, 3 Pettersen-Lund 8.26, 4 Hystad-Haaland 8.37, 5 Johnsen 8.58, 6 Holm-Lombnæs 8.65, 7 Sofie Hustad, Ask 8.93

**Forsøk 4.** (5. mar.) 1 Eikeng 8.12, 2 S. Eliassen 8.34, 3 Bolme 8.37, 4 Skar 8.58, 5 Mari Schøyen Stiansen, Lillehammer 8.78, 6 Emma Hageselle, Dimna 8.83

**Forsøk 5.** (5. mar.) 1 Silseth 8.00, 2 Proctor 8.31, 3 Sanyang 8.45, 4 Panyarat 8.48, 5 Hovland 8.60, 6 Frick 8.70

Jenter 200 meter J16

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|  | Finale | 6. mar |  |
| **1** | **Dina Rosenvinge Aasen** | **Fredrikstad** | **25.47** |
| **2** | **Borghild Oline Holstad** | **Hareid** | **25.68** |
| **3** | **Victoria Sørland** | **Sandnes** | **26.07** |
| 4 | Anna Kolstad Silseth | Ask | 26.47 |
| 5 | Mari Skraastad | Stadsbygd | 26.78 |
| 6 | Sunniva Indahl | Ski | 26.86 |

**Forsøk 1.** (6. mar.) 1 Aasen 25.75, 2 Serine Brakstad, AKS-77 27.29, 3 Sophie Ulla-Zahl, Norna-Salhus 27.31, 4 Ulrikke Bjørkmo Eliassen, Rana 28.23, 5 Tuva Moa Frick, Holmemstranda 28.69
**Forsøk 2.** (6. mar.) 1 Holstad 25.94, 2 Skraastad 26.59, 3 Mina Sofie Rong Hostad, Ask 26.84, 4 Selma Holm-Lombnæs, Lillehammer 27.96, 5 Eden Orre Benhamou, BUL 30.61

**Forsøk 3.** (6. mar.) 1 Sørland 26.15, 2 Silseth 26.20, 3 Sigri Hundven Eliassen, Ask 26.89, 4 Tida Katrine Köller Sanyang, BUL 27.99

**Forsøk 4.** (6. mar.) 1 Indahl 26.28, 2 Alette Pettersen-Lund, Ranheim 27.00, 3 Mari Hystad-Haaland, Norna-Salhus 27.55, 4 Elén Linchausen Skar, Ull/Kisa 27.86

Jenter 800 meter J16

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|  | **Heat** | Tid avgjørende | 5. mar |  |
|  | **1** | **2** |  |  |  |
| **1** |  | **1** | **Malin søtorp Solberg** | **Sarpsborg** | **2:16.96** |
| **2** |  | **2** | **Selma Alison B. Skisaker** | **Larvik Turn** | **2:17.58** |
| **3** | **1** |  | **Alma Eir K. Hakonardottir** | **Verdal** | **2:21.28** |
| 4 |  | 3 | Andrea Nygård Vie | AKS-77 | 2:21.70 |
| 5 | 2 |  | Johanna Hval | Ringerike | 2:26.69 |
| 6 |  | 4 | Paula aunvåg Matsen  | Trondheim | 2:28.57 |
| 7 |  | 5 | Elise Skarpeteig Harkestad | Sørild | 2:28.97 |
| 8 |  | 6 | Astrid Bakkevik Finnestad | Sarpsborg | 2:30.85 |
| 9 | 3 |  | Amalie Solli-Mork | Holmemstranda | 2:36.77 |
| 10 | 4 |  | Vilde Fredriksen | Sarpsborg | 2:38.32 |
| 11 | 5 |  | Cornelie Bjerkestrand Sandem | Hvam | 2:54.89 |
| 12 | 6 |  | Helene Monsen | Hind | 3:01.31 |

Jenter 1500 meter J16

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|  | Finale | 4. mar |  |
| **1** | **Malin Søtorp Solberg** | **Sarpsborg** | **4:39.81** |
| **2** | **Alma E. K. Hakonardottir** | **Verdal** | **4:43.08** |
| **3** | **Andrea Nygård Vie** | **AKS-77** | **4:54.39** |
| 4 | Astrid Bakkevik Finnestad | Sarpsborg | 5:01.73 |
| 5 | Elise Skarpeteig Harkestad | Sørild | 5:15.73 |
| 6 | Amalie Solli-Mork | Holmemstranda | 5:16.57 |
| 7 | India Ruby Swift | Tyrving | 5:16.59 |
| 8 | Vilde Fredriksen | Sarpsborg | 5:34.44 |

Jenter 60 meter hekk J16

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|  | Finale | 4. mar |  |
| **1** | **Lea Alise Gundersen** | **Fyllingen** | **8.84** |
| **2** | **Sunniva Indahl** | **Ski** | **8.89** |
| **3** | **Sigri Hundven Eliassen** | **Ask** | **8.90** |
| 4 | Mari Hystad-Haaland | Norna-Salhus | 9.05 |
| 5 | Mirian Gjertsen Barkbu | Jardar | 9.43 |
| 6 | Sophie Ulla-Zahl | Norna-Salhus | 9.48 |
| 7 | Mari Skraastad | Stadsbygd | 9.56 |
| 8 | Serine Brakstad | AKS-77 | 11.03 |

**Forsøk 1.** (4. mar.) 1 Indahl 9.00, 2 Hystad-Haaland 9.09, 3 Skraastad 9.58, 4 Brakstad 10.38, 5 Sofie Hustad, Ask 10.47, 6 Emma Hageselle, Dimna 11.13
**Forsøk 2.** (4. mar.) 1 Gundersen 8.95, 2 Eliassen 9.08, 3 Barkbu 9.32, 4 Ulla-Zahl 9.48, Karoline Røed Hovland, Fana DNF

Jenter 1500 meter kappgang J16

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|  | Finale | 4. mar |  |
| **1** | **Helene Monsen** | **Hind** | **9:10.79** |
| **2** | **Birte Skeide Sætre** | **Dimna** | **10:34.46** |
| **3** | **Emma Hageselle** | **Dimna** | **10:36.16** |

Jenter Høyde J16

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|  | Finale | 6. mar |  |
| **1** | **Lea Alise Gundersen** | **Fyllingen** | **1.55** |
| **2** | **Mari Steen Myrvang** | **Ull/Kisa** | **1.55** |
| **=3** | **Patricija Luiza Kibalcica** | **Sandnessjøen** | **1.50** |
| **=3** | **Nina Næss Bolme** | **Surnadal** | **1.50** |
| 5 | Mirian Gjertsen Barkbu | Jardar | 1.45 |

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| Serie | 1.35 | 1.40 | 1.45 | 1.50 | 1.55 | 1.58 |  |  |  |  |  |  |  |  |  |  |
| 1 |  |  | o | o | o | xxx |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |
| 3 | o | o | xo | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 4 | o | o | xo | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 5 | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Stav J16

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|  | Finale | 4. mar |  |
| **1** | **Nora Eikeng** | **Urædd** | **3.50** |
| **2** | **Mirian Gjertsen Barkbu** | **Jardar** | **2.70** |
| **3** | **Alida Røed Haaland** | **Sørild** | **2.40** |
|  | Mari Kvarberg Henriksen | Ås  | NM |

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| Serie | 2.20 | 2.30 | 2.40 | 2.50 | 2.60 | 2.70 | 2.80 | 3.00 | 3.20 | 3.30 | 3.40 | 3.45 | 3.50 | 3.55 |  |  |
| 1 |  |  |  |  |  |  |  | o | o | o | xxo | o | o | xxx |  |  |
| 2 |  |  | o | o | xo | xo | xxx |  |  |  |  |  |  |  |  |  |
| 3 | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Lengde J16

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|  | Finale | 5. mar |  |
| **1** | **Lea Alise Gundersen** | **Fyllingen** | **5.59** |
| **2** | **Ronja Johnsen Skåtøy** | **Egersund** | **5.23** |
| **3** | **Sunniva Indahl** | **Ski** | **5.18** |
| 4 | Nina Næss Bolme | Surnadal | 4.93 |
| 5 | Borghild Oline Holstad | Hareid | 4.89 |
| 6 | Gulisara Panyarat | Brodd | 4.85 |
| 7 | Emma Hageselle | Dimna | 4.63 |
| 8 | Erika Vedø-Carlsen | Hind | 4.42 |

9 Erika Ryan Øien, Ogndal 4.00

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 5.40 | 5.52 | 5.36 | 5.49 | 5.59 | X |  |
| 2 | X | 4.96 | 5.23 | 4.99 | 4.87 | 5.13 |  |
| 3 | 4.90 | X | 5.09 | 3.05 | 5.18 | X |  |
| 4 | 4.73 | 4.93 | 4.72 | 4.75 | 4.67 | 4.69 |  |
| 5 | 4.89 | 4.89 | 4.75 | X | 4.84 | 4.85 |  |
| 6 | 4.85 | 4.56 | 4.85 | 4.62 | 4.69 | 4.74 |  |
| 7 | 4.60 | X | 4.46 | 4.57 | 4.58 | 4.63 |  |
| 8 | X | 4.42 | 4.34 | 4.38 | 4.13 | 4.08 |  |
| 9 | 3.74 | 3.95 | 4.00 |  |  |  |  |

Jenter Tresteg J16

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|  | Finale | 4. mar |  |
| **1** | **Sophie Ull-Zahl** | **Norna-Salhus** | **10.61** |
| **2** | **Patricija Luiza Kibalcica** | **Sandnessjøen** | **10.19** |
| **3** | **Åse Vik Larsen** | **Hattfjelldal** | **10.16** |
| 4 | Erika Vedø-Carlsen | Hind | 9.39 |

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | X | X | 10.33 | 10.61 | 9.29 | X |
| 2 | 19.19 | X | X | 9.87 | X | 10.14 |
| 3 | 9.34 | 9.54 | 9.66 | 10.16 | 9.73 | X |
| 4 | X | 9.39 | 9.21 | 9.25 | 9.17 | 9.13 |

Jenter Kule 3 kg J16

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|  | Finale | 5. mar |  |
| **1** | **Helene Mariel Ramslien** | **AKS-77** | **14.06** |
| **2** | **Sunniva Indahl** | **Ski** | **11.57** |
| **3** | **Hannah Johannessen** | **Moss** | **10.49** |
| 4 | Birte Skeide Sætre | Dimna | 10.06 |
| 5 | Patricija Lauiza Kilbalcica | Sandnessjøen | 9.58 |
| 6 | Ingrid Krutnes | Hattfjelldal | 9.07 |
| 7 | Maia Kristine Hepsø | Ranheim | 8.94 |
| 8 | Erika Ryan Øien | Ogndal | 7.78 |

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 12.95 | 12.82 | 14.06 | 13.47 | 13.19 | 12,72 |
| 2 | 11.57 | X | X | X | X | 10.70 |
| 3 | 10.26 | 9.28 | 9.69 | 9.81 | 10.49 | 10.33 |
| 4 | 10.06 | 9.73 | 7.74 | 9.82 | 9.89 | 9.47 |
| 5 | 8.09 | 9.58 | 8.87 | 9.02 | 8.50 | 9.26 |
| 6 | 8.61 | 8.02 | X | X | 6.60 | 9.07 |
| 7 | 8.64 | 8.23 | 7.86 | 8.26 | 8.94 | 8.27 |
| 8 | 7.10 | 7.58 | 7.78 | 7.64 | 7.04 | 5,93 |

G17

Gutter 60 meter G17

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|  | Finale | 5. mar |  |
| **1** | **Aleksander Skrede** | **Sandnes** | **7.00** |
| **2** | **Sebastian Berntsen** | **Tønsberg** | **7.02** |
| **3** | **Valentin Jensen** | **Ringerike** | **7.11** |
| 4 | Jo0nas Fjordholm | Sandnes | 7.12 |
| 5 | Kristian Brede Drabløs | Tyrving | 7.28 |
| 6 | Nicolas Alexander Baranyi Eriksen | BUL | 7.40 |
| 7 | Thomas Skalstad-Aaker | Kongsberg | 7.43 |
| 8 | Jonathan Hertwig-Ødegaard | Tyrving | 7.45 |

**Semifinale 1.** (5. mar.) 1 Berntsen 7.04, 2 Jensen 7.15, 3 Skalstad-Aaker 7.32, 4 Hertwig-Ødegaard 7.36, 5 Christian Øydne, Søgne 7.41, 6 Sigmund Le Fjeld. Tyrving 7.56, 6 Emil Vestre, Ranheim 7.59, 8 Henrik Nordlie Karlsen, Lørenskog 7.71
**Semifinale 2.** (5. mar.) 1 Skrede 7.13, 2 Fjordholm 7.14, 3 Drabløs 7.29, 4 Eriksen 7.26, 5 Håkon Sandvik, Hattfjelldal 7.38, 6 Alexander Tadeusz Tomala. Sandvin 7.46, 7 Linus August Rygh, Fyllingen 7.51, 8 Oliver Charles Walvåg, Ranheim 7.58

**Forsøk 1.** (5. mar.) 1 Skrede 7.20, 2 Tomala 7.39, 3 Eriksen 7.43, 4 Fjeld 7.53, 5 Sander Feness Armond, Ask 7.62, 6 Eirik-Andre Kristiansen, Moss 7.73, 7 Jonas Hakvåg Hanssen, Bodø 7.97
**Forsøk 2.** (5. mar.) 1 Jensen 7.11, 2 Drabløs 7.33, 3 Sandvik 7.41, 4 Rygh 7.53, 5 Ariand Shegani, BUL 7.67, 6 Teodor Miller, Tyrving 7.84

**Forsøk 3.** (5. mar.) 1 Berntsen 7.20, 2 Øydne 7.43, 3 Karlsen 7.46, 4 Walvåg 7.55, 5 Vestre 7.57, 6 Vilmer Fossum Beyer, Asker Skiklubb 7.66

**Forsøk 4.** (5. mar.) 1 Fjordholm 7.13, 2 Skalstad-Aaker 7.24, 3 Hertwig-Ødegaard 7.40, 4 Jakob Slåtten, Dimna 7.63, 5 Thai Drager, BUL 7.70, 6 Ludvig Dahle Hansen, Sandnes 7.83

Gutter 200 meter G17

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|  | Finale | 6. mar |  |
| **1** | **Alexander Skrede** | **Sandnes** | **22.33** |
| **2** | **Nicolas Alexander Baranyi Eriksen** | **BUL** | **23.05** |
| **3** | **Jonas Fjordholm** | **Sandnes** | **23.11** |
| 4 | Alexander Tadeusz Tomala | Sandvin | 23.26 |
| 5 | Birk Alexander Arvola | Hind | 24.47 |
| 6 | Sigmund Le Fjeld | Tyrving | 26.22 |

**Forsøk 1.** (6. mar.) 1 Skrede 22.80, 2 Emil Vestre, Ranheim 23.96, 3 Sander Feness Armond, Ask 24.47, 4 Ariand Shegani, BUL 25.98
**Forsøk 2.** (6. mar.) 1 Arvola 23.60, 2 Vilmer Fossum Beyer, Asker Skiklubb 24.70, 3 Jonas Hakvåg Hanssen, Bodø 25.66, Kristian Brede Drabløs, Tyrving DNF

**Forsøk 3.** (6. mar.) 1 Tomala 23.21, 2Fjordholm 23.49, 2 Fjeld 23.72, 4 Teodor Miller, Tyrving 24.73, 5 Eirik-Andre Kristiansen, Moss 24.79

**Forsøk 4.** (6. mar.) 1 Eriksen 23.04, 2 Oliver Charles Walvåg, Ranheim 24,27, 3 Ludvig Dahle Hansen, Sandnes 25.00, Valentin Jensen, Ringerike DNF

Gutter 400 meter G17

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|  | Finale | 4. mar |  |
| **1** | **Bastian Einan Aurstad** | **Steinkjer** | **48.23** |
| **2** | **Håvard Haugen** | **Sandnes** | **50.52** |
| **3** | **Jonathan Hertwig-Ødegaard** | **Tyrving** | **52.60** |
| 4 | Birk Alexander Arvola | Hind | 54.08 |
| 5 | Ørjan Millerjord Sagmo | Overhalla | 54.95 |
| 6 | Christian Bredesen | Snøgg | 57.15 |

Gutter 800 meter G17

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|  | Tid avgjørende | 5. mar |  |
|  | **1** | **2** |  |  |  |
| **1** |  | **1** | **Andreas Fjeld Halvorsen** | **Ull/Kisa** | **1:53.34** |
| **2** |  | **2** | **Nikolai Solum** | **Ull/Kisa** | **1:56.22** |
| **3** |  | **3** | **Lars Wold Møller** | **Koll** | **2:02.45** |
| 4 |  | 4 | Johannes Sture | Ask | 2:03.14 |
| 5 | 1 |  | Waldemar Knygh-Rossdal | Sømna | 2:03.62 |
| 6 |  | 5 | Kristoffer Sandal | Jølster | 2:04.25 |
| 7 | 2 |  | Christian Bredesen | Snøgg | 2:04.94 |
| 8 | 3 |  | Ole Daniel Prigge | Nybrott | 2:05.10 |
| 9 |  | 6 | Oliver Sund | Ranheim | 2:06.10 |
| 10 | 4 |  | Ørjan Millerjord Sagmo | Overhalla | 2:06.98 |
| 11 | 5 |  | Sebastian Ruud Skjelbred | Runar | 2:07.76 |
| 12 | 6 |  | Imre Marius Skiftesvik Opdahl | Ask | 2:12.48 |

Gutter 1500 meter G17

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|  | Finale | 4. mar |  |
| **1** | **Andreas Fjeld Halvorsen** | **Ull/Kisa** | **3:49.93** |
| **2** | **Sigurd Egeland Valseth** | **Verdal** | **4:04.85** |
| **3** | **Lars Lystad Svorkdal** | **Svorkmo** | **4:06.08** |
| 4 | Ole Daniel Prigge | Nybrott | 4:09.23 |
| 5 | Waldemar Knygh-Rossdal | Sømna | 4:14.94 |
| 6 | Lars Wold Møller | Koll | 4:20.86 |
| 7 | Johannes Sture | Ask | 4:22.72 |
| 8 | Kristoffer Sandal | Jølster | 4:25.52 |

9 Sebastian Ruud Skjelbred, Runar 4:31.57, 10 Imre Marius Skiftesvik Opdahl, Ask 4:31.97, Sabir Bashir Tahlil, Molde-Olymp DNF

Gutter 60 meter hekk G17

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|  | Finale | 4. mar |  |
| **1** | **Jonathan Hertwig-Ødegaard** | **Tyrving** | **8.23** |
| **2** | **Nicolas A. Barnayi Eriksen** | **BUL** | **8.24** |
| **3** | **Jakob slåtten** | **Dimna** | **8.76** |
| 4 | Simen Johan Teigstad | Sandvin | 8.87 |
| 5 | Emil Vestre | Ranheim | 8.98 |

Gutter 1500 meter kappgang G17

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|  | Finale | 4. mar |  |
| **1** | **Magnus Græsli** | **Leinstrand** | **6:10.6h** |

Gutter Høyde G17

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|  | Finale | 5. mar |  |
| **1** | **Michael Reklev** | **Ull/Kisa** | **1.86** |
| **2** | **Nikolai Stavik Moshagen** | **Søndre Land** | **1.83** |
| **3** | **Oscar Barikmo Stuhr** | **Fana** | **1.83** |
| 4 | Martin Hjertaker | Os Turn | 1.80 |

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| Serie | 1.70 | 1.75 | 1.80 | 1.83 | 1.86 | 1.91 |  |  |  |  |  |  |  |  |  |  |
| 1 |  | o | xxo | o | o | xxx |  |  |  |  |  |  |  |  |  |  |
| 2 | o | o | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  | xo | - | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 4 | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |

Gutter Stav G17

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|  | Finale | 5. mar |  |
| **1** | **Jonathan Hertwig-Ødegaard** | **Tyrving** | **4.20** |
| **2** | **Simen Johan Teigstad** | **Sandvin** | **4.10** |
| **3** | **Lucas Fernandes T. Gjesdal** | **Koll** | **3.80** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 3.20 | 3.40 | 3.50 | 3.60 | 3.70 | 3.80 | 3.90 | 4.00 | 4.10 | 4.20 | 4.30 |  |  |  |  |  |
| 1 |  |  |  |  | o | o | o | o | xxo | o | xxx |  |  |  |  |  |
| 2 |  |  | o | - | o | - | o | o | xo | x | xx |  |  |  |  |  |
| 3 | xo | o | o | o | o | o | xxx |  |  |  |  |  |  |  |  |  |

Gutter Lengde G17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Sebastian Berntsen** | **Tønsberg** | **6.84** |
| **2** | **Thomas Skalstad-Aaker** | **Kongsberg** | **6.23** |
| **3** | **Michael Reklev** | **Ull/Kisa** | **6.14** |
| 4 | Simen Johan Teigstad | Sandvin | 6.12 |
| 5 | Jonathan Hertwig-Ødegaard | Tyrving | 6.04 |
| 6 | Linus August Rygh | Fyllingen | 5.79 |
| 7 | Thai Drager | BUL | 5.75 |
| 8 | Nikolai Stavik Moshagen | Søndre Land | 5.60 |

Valentin Jensen, Ringerike DQ:R142.4a

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 6.71 | 6.68 | 6.78 | 6.84 | X | 6,79 |
| 2 | 6.03 | 6.18 | 6.23 | 6.08 | X | 6.18 |
| 3 | 5.80 | 5.91 | 6.14 | 5.97 | X | 5.99 |
| 4 | X | X | X | 6.12 | 6.01 | X |
| 5 | 6,04 | X | X | 5.96 | X | 6.03 |
| 6 | 5,58 | 5,64 | 5,78 | 5,79 | X | X |
| 7 | X | 5.03 | 5,38 | 5,41 | 5,75 | X |
| 8 | 5,41 | 5,58 | 5,69 | 5,36 | X | X |
|  | - | - | - |  |  |  |

Gutter Tresteg G17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Oscar Barikmo Stuhr** | **Fana** | **13.93** |
| **2** | **Martin Hjertaker** | **Os Turn** | **12.69** |
| **3** | **Jesper Sandvik Bjerk** | **Moss** | **12.43** |
| 4 | Thai Drager | BUL | 12.23 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 13.70 | 13.93 | 13.67 | 13.57 | X | 13.43 |
| 2 | 12.36 | X | 9.89 | 11.73 | 11.86 | 12.69 |
| 3 | 11.83 | 12.06 | 12.12 | X | X | 12.43 |
| 4 | 12.16 | X | X | 11,78 | X | 12.23 |

Gutter Kule 5 kg G17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Jonathan Hertwig-Ødegaard** | **Tyrving** | **15.11** |
| **2** | **Erik Liberg** | **Gjesdal** | **13.94** |
| **3** | **Håvard Haugen** | **Sandnes** | **13.39** |
| 4 | Waldermar Knygh-Rossdal | Sømna | 12.44 |
| 5 | Simen Johan Teigstad | Sandvin | 11.84 |
| 6 | Nikolai Stavik Moshagen | Søndre Land | 11.41 |
| 7 | Ludvig Dahle Hansen | Sandnes | 11.03 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | X | 14.90 | X | 14.59 | X | 15.11 |
| 2 | 13.37 | X | 12.47 | 13.54 | 13.53 | 13.94 |
| 3 | 12.92 | 13.03 | 13.03 | 13.39 | 12.56 | r |
| 4 | 11.32 | 11.90 | 12.44 | 11.85 | 12.21 | 11.68 |
| 5 | 11.84 | 10.70 | 11.71 | 10.86 | 11.26 | 11.59 |
| 6 | 10.97 | X | X | X | 11.41 | 10.59 |
| 7 | 10.04 | 10.44 | X | X | 10.95 | 11.03 |

Gutter 4x200 meter stafett G15-17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Heat | Tid avgjørende | 14. mar |
|  | 1 | 2 |  |  |
| **1** |  | **1** | **Sandnes** | **1:31.81** |
| **2** |  | **2** | **Tyrving 1** | **1:33.34** |
| **3** |  | **3** | **Lørenskog** | **1:37.29** |
| 4 | 1 |  | BUL | 1:37.95 |
| 5 | 2 |  | Ranheim | 1:39.23 |
| 6 |  | 4 | Sandvin | 1:40.00 |
| 7 | 3 |  | Tyrving 2 | 1:46.13 |
| 8 | 4 |  | Byåsen | 1:46.85 |

Lagene:

1 Alexander Skrede, Jonas Fjordholm, Eskild Gjesdal Hillsund, Håvard Haugen

2 Christian Nichplas Wright, Jonathan Hertwig-Ødegaard, Markus Le Fjeld, Sigmund Le Fjeld

3 Daniel Fikreyesus Debesay, Elijah Narciso Ramirez, Zion Narciso Ramirez, Sander Rustad-Johansen

4 Ariand Shegani, Tobias Bang Gulbrandsen, Jonas Mæland Rosholt, Thai Drager

5 Emil Vestre, Oliver Charles Walvåg, Aksel Wormdahl, Linus Andre Hellem Strupstad

6 Oliver Tadeusz Tomala, Tobias Kalmi Thorbjørnsen, Simen Johan Teigstad, Alexander Tadeusz Tomala

7 Teodor Miller, Lukas Pujol Hollund, Herman Bjørke Ådland, Estin Levorsen

8 Magnus Birk Johnsen, Theodor Skancke Wold, Jonas Ramstad, Vemund Dybvik Hopsø

J17

Jenter 60 meter J17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Claudia Maria Hastie Foss** | **Tønsberg** | **7.99** |
| **2** | **Stine Storaa** | **Målselv** | **8.12** |
| **3** | **Live Halvorsdatter Røyneland** | **Urædd** | **8.21** |
| 4 | Julie Bjørge Madsen | Sandefjord | 8.35 |
| 5 | Iyna Tunkara | Moss | 8.41 |
| 6 | Linn Rynning Borander | Bækkelaget | 8.48 |
| 7 | Camilla Dahl Kristiansen | Tyrving | 8.51 |
| 8 | Sophie Sund | Ranheim | 8.51 |

**Forsøk 1.** (5. mar.) 1 Foss 8.03, 2 Tunkara 8.33, 3 Julie Andrine Stang, Lørenskog 8.47, 4 Mathea Wego Karlsen, Tønsberg 8.52, 5 Sunniva Fjeld, Fagernes 8.59, 6 Margrethe Hamland Gystad, Strindheim 9.19, Anna Hauane, Larvik Turn DQ:R162.8
**Forsøk 2.** (5. mar.) 1 Storaa 8.16, 2 Røyneland 8.20, 3 Borander 8.44, 4 Sund 8.45, 5 Elena Harumi Tovik, Hind 8,51, 6 Kaia Langvand Moe, Hind 8.75

**Forsøk 3.** (5. mar.) 1 Madsen 8.25, 2 Kristiansen 8.50, 3 Alma Iben Graver Kolseth, Tyrving 8.64, 4 Mina Mikkelsen Sørensen, Koll 8.64, 5 Stine Gilje Hageler, Strindheim 8.74, 6 Marit Ingeborg Garvik, Fagernes 8.96

Jenter 200 meter J17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Selma Ims** | **Sandnes** | **24.54** |
| **2** | **Stine Storaa** | **Målselv** | **26.33** |
| **3** | **Camilla Dahl Kristiansen** | **Tyrving** | **26.37** |
| 4 | Claudia Maria Hastie Foss | Tønsberg | 26.84 |
| 5 | Dorothy McManus Ampong | BUL | 27.34 |
| 6 | Sunniva Fjeld | Fagernes | 27.61 |

**Forsøk 1.** (6. mar.) 1 Ims 25.02, 2 Storaa 26.44, 3 Fjeld 27.08, 4 Julie Andrine Stang, Lørenskog 28.46
**Forsøk 2.** (6. mar.) 1 Kristiansen 26.25, 2 Live Halvorsdatter Røyneland, Urædd 27.38, 3 Mathea Wego Karlsen, Tønsberg 27.79, 4 Alma Iben Graver Kolseth, Tyrving 28.24

**Forsøk 3.** (6. mar.) 1 Foss 26.65, 2 Ampong 27.03, 3 Iyna Tunkara, Moss 27.44, 4 Elena Harumi Tovik, Hind 28.07

Jenter 400 meter J17

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Camilla Dahl Kristiansen** | **Tyrving** | **58.76** |
| **2** | **Stine Storaa** | **Målselv** | **59.10** |
| **3** | **Sunniva Fjeld** | **Fagernes** | **61.13** |
| 4 | Mathea Wego Karlsen | Tønsberg | 62.42 |
| 5 | Margrethe Haaland Gystad | Strindheim | 65.11 |
| 6 | Anne-Grete Løwe Stilerud | Sandefjord | 66.90 |

Jenter 800 meter J17

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Dordi Forseth** | **Sunndal** | **2:20.87** |
| **2** | **Anne-Grete Løwe Stillerud** | **Sandefjord** | **2:29.91** |
| **3** | **Ida Brekke Melzer** | **Tyrving** | **2:30.35** |
| 4 | Hedda Storejorde Folland | Moss | 2:30.73 |

Jenter 1500 meter J17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Marte Hovland** | **Vik** | **4:30.38** |
| **2** | **Hedda Storejorde Folland** | **Moss** | **5:14.30** |

Jenter 60 meter hekk J17

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Selma Ims** | **Sandnes** | **8.51** |
| **2** | **Linn Rynning Borander** | **Bækkelaget** | **9.39** |
| **3** | **Julie Bjørge Madsen** | **Sandefjord** | **9.39** |
| 4 | Telma Bjørk Rostoft Kristjansson | Koll | 9.40 |
| 5 | Andrea Igeltjørn Lyngholm | Sandnes | 9.41 |
| 6 | Sophie Sund | Ranheim | 9.51 |
| 7 | Marit Ingeborg Garvik | Fagernes | 9.92 |
| 8 | Anna Hauane | Larvik Turn | 11.36 |

Jenter 1500 meter kappgang J17

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
|  | **Ingen deltakere** |  |  |

Jenter Høyde J17

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Telma Björk Rostoft Kristjansson** | **Koll** | **1.65** |
| **2** | **Andrea Igeltjørn Lyngholm** | **Sandnes** | **1.45** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1.40 | 1.45 | 1.50 | 1.55 | 1.60 | 1.65 | 1.70 |  |  |  |  |  |  |  |  |  |
| 1 |  |  |  | o | o | o | xxx |  |  |  |  |  |  |  |  |  |
| 2 | xo | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Stav J17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Sara Benedikte Guttormsen** | **Vidar** | **3.35** |
| **2** | **Mathilde Handeland** | **Fana** | **3.10** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 3.00 | 3.10 | 3.20 | 3.35 | 3.45 |  |  |  |  |  |  |  |  |  |  |  |
| 1 | o | o | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 2 | xo | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Lengde J17

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Selma Ims** | **Sandnes** | **5.98** |
| **2** | **Stine Storaa** | **Målselv** | **5.11** |
| **3** | **Elena Harumi Tovik** | **Hind** | **4.95** |
| 4 | Sunniva Fjeld | Fagernes | 4.92 |
| 5 | Telma Björk Rostoft Kristjansson | Koll | 4.88 |
| 6 | Kaia Langvand Moe | Hind | 4.66 |
| 7 | Andrea Igeltjørn Lyngholm | Sandnes | 4.66 |
| 8 | Dorothy McManus Ampong | BUL | 4.60 |

9 Leonora Wekre, Steinkjer 4.32, 10 Stine Gilje Hageler, Strindheim 4.28, 11 Anna Hauane, Larvik Turn 4.12, 12 Margrethe Hamland Gystad, Strindheim 3.57

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | X | 5.98 | 5.93 | 5.73 | X | 5.75 |  |
| 2 | 4.89 | 5.11 | 4.96 | 4.88 | 4.79 | X |  |
| 3 | 4.75 | 4.95 | 4.72 | 4.88 | 4.66 | 4.87 |  |
| 4 | 4.73 | 4.90 | 4.84 | X | 4.92 | X |  |
| 5 | 4.76 | 4.77 | 4.88 | 4.10 | 4.75 | 4.67 |  |
| 6 | 4.37 | 4.56 | 4.53 | 4.66 | X | 4.50 |  |
| 7 | 4.66 | X | X | - | 4.47 | X |  |
| 8 | X | X | 4.60 | 4.46 | 4.54 | 4.40 |  |
| 9 | 4.10 | 4.32 | 4.12 |  |  |  |  |
| 10 | 4.24 | 4.13 | 4.28 |  |  |  |  |
| 11 | 4.09 | 4.12 | X |  |  |  |  |
| 12 | X | 3.32 | 3.57 |  |  |  |  |

Jenter Tresteg J17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Mathilde Handeland** | **Fana** | **10.80** |
| **2** | **Frida Sætrum** | **Fana** | **10.66** |
| **3** | **Dorothy McManus Ampong** | **BUL** | **10.18** |
| 4 | Kaia Langvand Moe | Hind | 9.32 |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 10.59 | 10.63 | . | 10.59 | - | 10-80 |
| 2 | X | X | 10.66 | X | 10.28 | X |
| 3 | X | 9.98 | X | 10.13 | X | 10.18 |
| 4 | X | 9.32 | X | 8.76 | X | 9.14 |

Jenter Kule 4 kg J17

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Inga Rabben Reimers** | **Sandnes** | **13.37** |
| **2** | **Sonja Jervidalo** | **Otra** | **12.52** |
| **3** | **Maria Pedersen Døske** | **Haugesund** | **12.06** |
| 4 | Ebba Jakobine Bell | Koll | 9.55 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 11.71 | 13.37 | 12.81 | X | 13.12 | 12.85 |  |
| 2 | 11.79 | 10.91 | 11.16 | 12,52 | 11,67 | 12.29 |  |
| 3 | X | 11.43 | 12.06 | X | 11.15 | 11.50 |  |
| 4 | 9.39 | 9.55 | X | - | X | 8.81 |  |

Jenter 4x200 meter stafett J15-17

|  |  |  |
| --- | --- | --- |
|  | Finale | 6. mar |
| **1** | **BUL** | **1:47.29** |
| **2** | **Norna-Salhus** | **1:47.71** |
| **3** | **Ask** | **1:48.14** |
| 4 | Tønsberg | 1:50.20 |
| 5 | Ull/Kisa 1 | 1:52.59 |
|  | Ull/Kisa 2 | DNF |

Lagene:

1 Dorothy McManus Ampong, Nora Jazz Werenskiold Proctor, Tida Katrine Köller Sanyang, Lilje Lopes Patey

2 Nathalie Svanevik Hølleland, Martine Lundberg Espetvedt, Sophie Ulla-Zahl, Serine Brakstad

3 Sigri Hundven Eliassen, Mina Sofie Rong Hostad, Anna Kolstad Silseth, Sofie Hustad

4 Ingrid Louise Selseth, Henriette Kjærås, Mathea Wego Karlsen, Claudia Marie Hastie Foss

5 Elén Lunchausen Skar, Natalie Nordbeck Jøransen, Synne Markussen, Linnea Elisabeth Sjöström Johnsen

Erle Tangestuen, Cornelie Bjerkestrand Sandem, Wilma Anna Bekkemoen Torbjörnsson, Frida Rimstad

G18/19

Gutter 60 meter G18/19

|  |  |  |  |
| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Simen Nordheim Berg** | **Vidar** | **7.06** |
| **2** | **Emil Gundersen** | **Fyllingen** | **7.07** |
| **3** | **Sondre Witzøe** | **Sandvin** | **7.17** |
| 4 | Mats Rossland Hjørnevik | Fyllingen | 7.21 |
| 5 | Johannes Steinsland.G. Lunde | Kristiansand | 7.22 |
| 6 | Oliver Tollefsen | Moss | 7.24 |
| 7 | Henrik Duncan | Tønsberg | 7.30 |
|  | Kenny Emi Tijani-Ajayi | Koll | DNS |

**Semifinale 1.** (5. mar.) 1 Berg 7.06, 2 Witzøe 7.16, 3 Tollefsen 7.22, 4 Fredrik Sveen Schonhowd, Gausdal 7.27, 5 Albin Muhumuza Lydersen Botez, Tjalve 7.32, 6 Filip Holdhus, Gneist 7.50, 7 Sondre Humstad Aasmo, Sandnes 7.55, 8 Akshathan Nadarajah, BUL 7.67

**Semifinale 2.** (5. mar.) 1 Gundersen 7.13, 2 Duncan 7.24, 3 Knut Arvid Tibor Werge-Olsen, Jotun 7.32, 4 Andreas Splheim Sollid, Sørild 7.36, 5 Martin Haugen Skårild, Ranheim 7.44, 6 Sondre Audahl Vik, Tyrving 7.44, 7 Luka Bergheim, Norna-Salhus 7.58, Ralfs Malkevics, Steinkjer DNS

**Semifinale 3.** (5. mar.) 1 Tijani-Ajayi 7.09, 2 Hjørnevik 7.16, 3 Lunde 7.24, 4 Sander Werge Nilsen, BUL 7.25, 5 Simon Cruz Fjeldstad, Norna-Salhus 7.41, 6 Aiden Floyd Vincent, Groruddalen 7.49, 7 Simon Stornes, BUL 7.52, 8 Hampus Ludvig Åstrand, Tyrving 7.55

**Forsøk 1.** (5. mar.) 1 Lunde 7.20, 2 Duncan 7.28, 3 Botez 7.29, 4 Aasmo 7.54, 5 Mathias Sjåholm, Molde-Olymp 7.61, 6 August Østbø Johnsen, Asker Skiklubb 7.63, 7 Eirik Halfdansen-Aspen, Nesodden 7.98
**Forsøk 2.** (5. mar.) 1 Sollid 7.36, 2 Vincent 7.41, 3 Stornes 7.56, 4 Bergheim 7.58, 5 Nadarajah 7.59, 6 Moritz Miltz, Midsund 7.71, Tijanyi-Ajayi DQ:R162.8

**Forsøk 3.** (5. mar.) 1 Berg 7.05, 2 Witzøe 7.14, 3 Schonhowd 7.32, 4 Skårild 7.43, 5 Malkevics 7.57, 6 Lukas Casey Øiseth, Asker Skiklubb 7.62, 7 Gabriel Overvåg, Dimna 7.99

**Forsøk 4.** (5. mar.) 1 Gundersen 7.16, 2 Tollefsen 7.16, 3 Werge-Olsen 7.29, 4 Fjeldstad 7.31, 5 Åstrand 7.47, 6 Martin Aarbogh Brustad, Nordre Eidsvoll 7.65, 7 Petter Nikoli Kaus Irgens, Strindheim 7.85

**Forsøk 5.** (5. mar.) 1 Hjørnevik 7.23, 2 Nilsen 7.28, 3 Vik 7.37, 4 Holdhus 7.51, 5 Benjamin Kwadjo Owusu, BUL 7.71, 6 Andre Cruz da Silva, Lørenskog 7.79

**Forsøk 6.** (5. mar.) 1 Tijani-Ajayi 7.14yc. Omløp etter protest.

Gutter 200 meter G18/19

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Oliver Tollefsen** | **Moss** | **22.00** |
| **2** | **SimenNordheim Berg** | **Vidar** | **22.15** |
| **3** | **Emil Gundersen** | **Fyllingen** | **22.57** |
| 4 | Thomas Strønstad-Løseth | Gneist | 22.62 |
| 5 | Johannes S.G. Lunde | Kristiansand | 22.85 |
|  | Sigurd Clementsen | Tyrving  | DNS |

**Forsøk 1.** (6. mar.) 1 strønstad-Løseth 22.48, 2 Sander Werge Nilsen, BUL 23.16, 3 Fredrik Sveen Schonhovd, Gausdal 23.72, 4 Knut Arvid Tibor Werge-Olsen, Jotun 24.57
**Forsøk 2.** (6. mar.) 1 Berg 22.26, 2 Filip Holdhus, Gneist 23.43, 3 Luka Bergheim, Norna-Salhus 24.11, 4 Martin Aarbogh Brustad, Nordre Eidsvoll 24.84

**Forsøk 3.** (6. mar.) 1 Clementsen 22.40, 2 Lunde 22.53, 3 Simon Stornes, BUL 23.69, 4 Benjamin Kwadjo Owusu, BUL 24.15

**Forsøk 4.** (6. mar.) 1 Tollefsen 22.27, 2 Tobias Johansen, Hind 23.06, 3 Erlend Kristian Skraastad, Stadsbygd 23.54, 4 Sondre Witzøe, Sandvin 23.79

**Forsøk 5.** (6. mar.) 1 Aiden Floyd Vincent, Groruddalen 22.56, 2 Andreas Solheim Sollid, Sørild 22.87, 3 Sondre Audahl Vik, Tyrving 23.84, 4 Akshathan Nadarajah, BUL 24.25

**Forsøk 6.** (6. mar.) 1 Gundersen 22.38, 2 Emil Nordal Ull/Kisa 23.17, 3 Andre Cruz da Silva, Lørenskog 24.53, Hampus Ludvig Åstrand, Tyrving DNS

**Forsøk 7.** (6. mar.) 1 Henrik Duncan, Tønsberg 22.77, 2 August Østbø Johansen, Asker Skiklubb 24.48, 3 Mathias Sjåholm, Molde-Olymp 24.76, Fredrik Haavardtun Gullachsen, Norna-Salhus DNS

**Forsøk 8.** (6. mar.) 1 Mats Rossland Hjørnevik, Fyllingen 22.66, 2 Mads Gravråk Hjort-Larsen, Nesodden 23.27, 3 Lukas Casey Øiseth, Asker Skiklubb 24.49, 4 Moritz Miltz, Midsund 24.88

Gutter 400 meter G18/19

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| --- | --- | --- | --- | --- |
|  | **Heat** | Tid avgjørende | 4. mar |  |
|  | **1** | **2** | **3** |  |  |  |
| **1** |  |  | **1** | **Andreas Grimerud** | **Moelven** | **47.25** |
| **2** |  |  | **2** | **Th. Strønstad-Løseth** | **Gneist** | **48.63** |
| **3** |  |  | **3** | **Timofei Porjajev** | **Trondheim** | **49.17** |
| 4 |  |  | 4 | Aiden Floyd Vincent | Groruddalen | 50.14 |
| 5 |  | 1 |  | Sigurd Clementsen | Tyrving | 50.32 |
| 6 |  |  | 5 | Tobias Johansen | Hind | 50.44 |
| 7 | 1 |  |  | Erlend Kristian Skraastad | Stadsbygd | 51.71 |
| 8 |  | 2 |  | Vincent Samuekl Gjerde | Viking | 52.34 |
| 9 |  | 3 |  | Filip Holdhus | Gneist | 52.77 |
| 10 |  | 4 |  | Mads Gravråk Hjort-Larsen | Nesodden | 53.45 |
| 11 | 2 |  |  | André Cruz da Silva | Lørenskog | 54.06 |
| 12 | 3 |  |  | August Østbø Johansen | Asker Skiklubb | 54.61 |
| 13 | 4 |  |  | Moritz Miltz | Midsund | 56.85 |
|  |  | X |  | Elias August Bergheim | Ask | DNF  |

Gutter 800 meter G18/19

|  |  |  |  |
| --- | --- | --- | --- |
|  | Tid avgjørende | 5. mar |  |
|  | **1** | **2** |  |  |  |
| **1** |  | **1** | **John Petter stevik** | **Kolvereid** | **1:52.69** |
| **2** |  | **2** | **Philip Morken** | **AKS-77** | **1:56.03** |
| **3** |  | **3** | **Tobias Johansen** | **Hind** | **1:57.75** |
| 4 |  | 4 | Vincent Samuel Gjerde | Viking | 1:58.96 |
| 5 |  | 5 | Sindre Fredriksen | Sarpsborg | 2:02.74 |
| 6 |  | 6 | Brage Henden Nybakk | Sem | 2:03.81 |
| 7 | 1 |  | Marcus S. Andersen Svarva | Tyrving | 2:04.62 |
| 8 | 2 |  | Emil Nordal | Ull/Kisa | 2:05.76 |
| 9 | 3 |  | Lewis alexander Kjemhus | Tyrving | 2:05.99 |
| 10 | 4 |  | Nikolai Magnus Gundersen | Skjalg | 2:06.61 |
| 11 | 5 |  | Eivind Tobiassen | Sørild | 2:07.49 |
| 12 | 6 |  | Einar Nese Johnsen | Sandnes | 2:12.47 |
| 13 | 7 |  | Øyvind Vegsund Staver | Tyrving | 2:13.37 |

Gutter 1500 meter G18/19

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| --- | --- | --- | --- |
|  |  | 4. mar |  |
| **1** | **Vegard Vesterhaug Warnes** | **Svorkmo** | **4:04.64** |
| **2** | **Philip Morken** | **AKS-77** | **4:04.77** |
| **3** | **Nikolai Magnus Gundersen** | **Skjalg** | **4:06.01** |
| 4 | Sindre Fredriksen | Sarpsborg | 4:06.93 |
| 5 | Thomas Iversen-Skoge | Gular | 4:09.33 |
| 6 | Tord Franke Ukset | Selsbakk | 4:10.81 |
| 7 | Johannes Bredesen Øvereng | Mosjøen | 4:12.06 |
| 8 | Lewis Alexander Kjemhus | Tyrving | 4:17.52 |

9 Eivind Tobiassen, Sørild 4:26.49, 10 Einar Nese Johnsen, Sandnes 4:26.57, 11 Øyvind Vegsund Staver, Tyrving 4:34.95

Gutter 60 meter hekk G18/19

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Sondre Humstad Aasmo** | **Sandnes** | **8.85** |
| **2** | **Teodor Heldal** | **Fana** | **8.92** |
| **3** | **Mathias Sjåholm** | **Molde-Olymp** | **9.41** |
| 4 | August Larem Svare | Bodø | 9.71 |

Gutter 1500 meter kappgang G18/19

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
|  | **Ingen deltakere** |  |  |

Gutter Høyde G18/19

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Teodor Heldal** | **Fana** | **1.91** |
| **2** | **Sondre Jahren** | **Asker Skiklubb** | **1.85** |
| **3** | **Mathias Myrmel Herdlevær** | **Fana** | **1.85** |
| 4 | William aleksander Kollberg | Asker skiklubb | 1.80 |
| 5 | August Larem Svare | Bodø | 1.75 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1.70 | 1.75 | 1.80 | 1.85 | 1.88 | 1.91 | 1.96 |  |  |  |  |  |  |  |  |  |
| 1 |  |  | o | o | o | xxo | xxx |  |  |  |  |  |  |  |  |  |
| 2 |  |  | xo | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 3 |  |  | xo | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 4 |  |  | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 | xo | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Gutter Stav G18/19

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Philip Andreas Kubon** | **Fana** | **5.05** |
| **2** | **Sebastian Røed Hovland** | **Fana** | **4.80** |
| **3** | **Sander Oppen** | **Sturla** | **4.60** |
| 4 | Petter Nikolai Kaus Irgens | Strindheim | 3.40 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 3.20 | 3.40 | 3.60 | 4.40 | 4.50 | 4.60 | 3.70 | 4.80 | 4.90 | 5.05 | 5.15 |  |  |  |  |  |
| 1 |  |  |  |  | o | - | o | o | xxo | o | xxx |  |  |  |  |  |
| 2 |  |  |  | o | o | xxo | o | o | xxx |  |  |  |  |  |  |  |
| 3 |  |  |  |  | o | xo | x | xx |  |  |  |  |  |  |  |  |
| 4 | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Gutter Lengde G18/19

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Johannes S. Gulbrandsen Lunde** | **Kristiansand** | **6.67** |
| **2** | **Aiden Floyd Vincent** | **Groruddalen** | **6.64** |
| **3** | **Teodor Heldal** | **Fana** | **6.39** |
| 4 | Simen Gimnes | Tyrving | 6.30 |
| 5 | Andreas Solheim Sollid | Sørild | 6.17 |
| 6 | Sondre Jahren | Asker Skiklubb | 6.17 |
| 7 | Sondre Witzøe | Sandvin | 5.28 |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | X | 6.22 | X | 2.77 | 6.49 | 6.67 |
| 2 | 6.47 | X | X | 6.23 | 6.64 | X |
| 3 | 6.39 | 6.39 | 6.34 | X | X | 6.16 |
| 4 | X | 6.30 | X | 6.09 | X | X |
| 5 | 6.17 | 5.96 | 6.04 | X | r |  |
| 6 | 6.17 | 4.49 | 5.79 | 5.89 | 5.97 | X |
| 7 | 4.04 | 2.74 | 3.53 | X | 5.28 | 5.10 |

Gutter Tresteg G18/19

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Simen Gimnes** | **Tyrving** | **13.86** |
| **2** | **Johannes Sebastian G. Lunde** | **Kristiansand** | **13.74** |
| **3** | **Herman S. Rosenkilde** | **Fana** | **13.36** |
| 4 | Sondre Jahren | Asker Skiklubb | 13.30 |
| 5 | Petter Nikolai Kaus Irgens | Strindheim | 11.42 |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | X | 13.51 | X | - | X | 13.86 |
| 2 | X | 11.60 | X | 13.18 | 13.31 | 13.74 |
| 3 | X | 13.31 | 13.36 | 13.27 | X | 13.32 |
| 4 | X | 12.43 | 12.93 | 12.79 | 12.78 | 13.30 |
| 5 | 11.39 | 11.12 | 11.03 | 11.05 | 11.42 | X |

Gutter Kule 6 kg G18/19

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Henrik From Vesterlid** | **Hattfjelldal** | **16.95** |
| **2** | **Aanund Tveitå** | **Otra** | **15.18** |
| **3** | **Jørgen Brenna Loennechen** | **Tyrving** | **14,81** |
| 4 | Oscar S. Sederholm Hoff | Stjørdal | 14.34 |
| 5 | Sondre Jahren | Asker Skiklubb | 13.46 |
| 6 | Eirik Halfdansen-Aspen | Nesodden | 12.51 |
| 7 | William Aleksander Kollberg | Asker Skiklubb | 11.46 |
| 8 | Petter Nikolai Kaus Irgens | Strindheim | 10.73 |

9 Albin Muhunuza Lydersen Botez, Tjalve 9.19, Arne Olav Brøndbo Dahl, Hattfjelldal NM

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | X | 13.96 | 15.92 | 16.74 | 16.95 | 16.17 |
| 2 | 14.63 | 14.44 | X | 15.18 | X | 14.95 |
| 3 | X | 14.40 | 14,96 | 14,40 | 14.27 | 14.81 |
| 4 | 14.30 | 13.92 | X | X | X | 14.34 |
| 5 | X | 13.46 | 13.33 | 13.36 | X | X |
| 6 | 12.51 | X | X | X | X | X |
| 7 | 11.23 | 11.16 | X | 10.76 | 10.33 | 11.46 |
| 8 | 9.41 | 10.29 | 9.53 | 10.26 | 10.73 | 10.42 |
| 9 | 9.19 | 8,61 | 9.04 |  |  |  |
|  | X | X | X |  |  |  |

J18/19

Jenter 60 meter J18/19

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Maren Bakke Amundsen** | **Moelven** | **7.65** |
| **2** | **Martine Tharaldsen** | **Gular** | **7.73** |
| **3** | **Miranda Lauvstad** | **Tyrving** | **7.74** |
| 4 | Nora Aune | Ranheim | 7.75 |
| 5 | Kajsa Rooth | Tjalve | 7.90 |
| 6 | Laura Tietje J. van der Veen | Fagernes | 7.91 |
| 7 | Emma Dahl Sørbo | Gneist | 7.92 |
| 8 | Sanna Johnsen Møkkelgård | Ranheim | 8.09 |

**Semifinale 1.** (5. mar.) 1 Lauvstad 7.77, 2 Amundsen 7.77, 3 Tahraldsen 7.79, 4 Rooth 7.94, 5 Agnes Elisabeth Morud, Ranheim 8.05, 6 Edel Halle, Fagernes 8.21, 7 Kaja Carlsen-Brown, Tyrving 8.32, 8 Elisabet stemshaug Gilje, Søgne 8.36
**Semifinale 2.** (5. mar.) 1 Aune 7.82, 2 Veen 7.86, 3 Sørbo 7.88, 4 Møkkelgård 8.14, 5 Isabella Alida Indrebø, Koll 8.14, 6 Una Haukanes, Gneist 8.19, 7 Guro Navelsaker Hjeltnes, Fyllingen 8.19, 8 Iselin Evensen, Sømna 8.20

**Forsøk 1.** (5. mar.) 1 Amundsen 7.76, 2 Carlsen-Brown 8.29, 3 Gilje 8.38, 4 Enilnila Chelliah, Groruddalen 8.43, 5 Angelina Min, Kristiansand 8.55, 6 Anne Øi Tharaldsen Danielsen, Fyllingen 8.57, 7 Sophia Oliva Borgen, Tyrving 8.69
**Forsøk 2.** (5. mar.) 1 Lauvstad 7.90, 2 Hjeltnes 8.13, 3 Indrebø 8.18, 4 Halle 8.22, 5 Julie Ekeland Ose, Søgne 8.31, 6 Anouk de Haas, Sturla 8.53, 7 Kajsa Victoria Liene Boorning, Kristiansnd 8.78

**Forsøk 3.** (5. mar.) 1 Aune 7.81, 2 Tharaldsen 7.81, 3 Rooth 7.93, 4 Morud 8.03, 5 Evensen 8.19, 6 Hannah Emilie Qvenild Bergh, Tyrving 8.60, 7 Britney Benert, Florø 8.60

**Forsøk 4.** (5. mar.) 1 Sørbo 7.82, 2 Veen 7.93, 3 Møkkelgård 8.09, 4 Haukanes 8.20, 5 Clara Luise Löser, Tyrving 8.40, 6 Mille Baastad Berg, Tyrving 8.49, 7 Vibeke Ovidie Gussiås, Skåla 8.53, 8 Mathea Emine Ekberg Bringedal, Søgne 8.61

Jenter 200 meter J18/19

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Laura Tietje J. van der Veen** | **Fagernes** | **24.39** |
| **2** | **Nora Aune** | **Ranheim** | **24.71** |
| **3** | **Miranda Lauvstad** | **Tyrving** | **24.82** |
| 4 | Iselin Evensen | Sømna | 25.74 |
| 5 | Martine Tharaldsen | Gular | 25.87 |
| 6 | Agnes Elisabeth Morud | Ranheim | 25.92 |

**Forsøk 1.** (6. mar.) 1 Tharaldsen 25.68, 2 Kaja Carlsen-Brown, Tyrving 26.11, 3 Vibeke Ovidie Gussiås, Skåla 27.89, 4 Linn Andrea Svensson Lindevik, Kristiansand 28.39, 5 Mathea Emine Ekberg Bringedal, Søgne 28.58
**Forsøk 2.** (6. mar.) 1 Lauvstad 25.02, 2 Sanna Johnsen Møkkelgård, Ranheim 26.45, 3 Nora Berg Fiske, Strindheim 27.11, 4 Mille Baastad Berg, Tyrving 27.29

**Forsøk 3.** (6. mar.) 1 Veen 24.77, 2 Morud 25.65, 3 Elilnila Chelliah, Groruddalen 26.92, 4 Kaia Morland, Sørild 27.71

**Forsøk 4.** (6. mar.) 1 Aune 24.93, 2 Evensen 25.52, 3 Una Haukanes, Gneist 26.92, 4 Julie Ekeland Ose, Søgne 27.45

Jenter 400 meter J18/19

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|  | **Heat** | Tid avgjørende | 4. mar |  |
|  | **1** | **2** |  |  |  |
| **1** |  | **1** | **Maren Bakke Amundsen** | **Moelven** | **55.98** |
| **2** |  | **2** | **Nora Haugen** | **Sandnes** | **57.05** |
| **3** |  | **3** | **Nora Berg Fiske** | **Strindheim** | **61.07** |
| 4 | 1 |  | Elilnila Chelliah | Groruddalen | 62.67 |
| 5 | 2 |  | Mille Baastad Berg | Tyrving | 62.94 |
| 6 | 3 |  | Kaia Morland | Sørild | 62.98 |
| 7 |  | 4 | Linn A. Svensson Lindevik | Kristiansand | 63.32 |
| 8 | 4 |  | Vibeke Ovidie Gussiås | Skåla | 64.85 |
| 9 | 5 |  | Vilde Terjesdatter Gulvik | Larvik Turn | 66.49 |

Jenter 800 meter J18/19

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Anne Gine Løvnes** | **Vidar** | **2:10.29** |
| **2** | **Ingrid Kilvær Nilssen** | **Herøy** | **2:17.94** |
| **3** | **Linn Andrea Svensson Lindevik** | **Kristiansand** | **2:25.03** |
| 4 | Lina Amalie Fjelde | Steinkjer | 2:34.45 |
|  | Vilde Terjesdatter Gulvik | Larvik Turn | DNS |

Jenter 1500 meter J18/19

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|  | Finale | 4. mar |  |
| **1** | **Jenny Rørset** | **Midsund** | **5:08.38** |

Jenter 1500 meter kappgang J18/19

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|  | Finale | 4. mar |  |
| **1** | **Maren Karlsen Bekkestad** | **Sturla** | **6:31.16** |
| **2** | **Malin Opdahl** | **Beitstad** | **7:19.38** |

Jenter 60 meter hekk J18/19

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Kajsa Rooth** | **Tjalve** | **8.71** |
| **2** | **Lisa Wilker** | **Tingvoll** | **8.72** |
| **3** | **Anna Solheim** | **Stord** | **9.02** |
| 4 | Isabella Alida Indrebø | Koll | 9.34 |
| 5 | Emilija Lorina Kibalcica | Sandnessjøen | 9.53 |
| 6 | Sophia Oliva Borgen | Tyrving | 9.88 |
| 7 | Hannah Emilie Qvenild Bergh | Tyrving | 9.92 |
|  | Miranda Lauvstad | Tyrving | DNF |

**Forsøk 1.** (4. mar.) 1 Rooth 8,71, 2 Lauvstad 9.11, 3 Indrebø 9.41, 4 Borgen 10.00, Kajsa Victoria Liene Borning, Kristiansand DNF

**Forsøk 2.** (4. mar.) 1 Wilker 8.72, Solheim 8.95, 3 Kibalcica 9.44, Bergh 9.84, 5 Angelina Min, Kristiansand 10.17

Jenter Høyde J18/19

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Lillian Amponsah Washington** | **Hellas** | **1.65** |
| **2** | **Michelle Marie Nyberget** | **Askim** | **1.60** |
| **=3** | **Emilija Lorina Kibalcica** | **Sandnessjøen** | **1.55** |
| **=3** | **Anna Solheim** | **Stord** | **1.55** |
| 5 | Sigrid Forsmo Kapskarmo | Hattfjelldal | 1.55 |
|  | Pernille Aaslid Osen | Ranheim | NM |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1.45 | 1.50 | 1.55 | 1.60 | 1.65 | 1.71 |  |  |  |  |  |  |  |  |  |  |
| 1 |  |  | o | o | o | xxx |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 3 | o | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |
| 4 | o | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |
| 5 | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |
| 6 | xr |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Stav J18/19

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Sarah Saunes Moldskred** | **Dimna** | **3.20** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 3.00 | 3.20 | 3.30 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Lengde J18/19

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Lisa Wilker** | **Tingvoll** | **5.41** |
| **2** | **Emma Dahl Sørbo** | **Gneist** | **5.40** |
| **3** | **Kaja Carlsen-Brown** | **Tyrving** | **5.37** |
| 4 | Sigrid Forsmo Kapskarmo | Hattfjelldal | 5.29 |
| 5 | Kajsa Rooth | Tjalve | 5.28 |
| 6 | Mathilde Sofie Karlsen Klokseth | Moss | 5.25 |
| 7 | Sophia Oliva Borgen | Tyrving | 5.05 |
| 8 | Bicoline Pallesen Coulson | Fyllingen | 4.92 |

9 Emilija Lorina Kibalcica, Sandnessjøen 4.90, 10 Matilde Flor Størvold, Rjukan 4.57, 11 Kajsa Victoria Liene Borning, Kristiansand 4.52, 12 anouk de Haas, Sturla 4.50, 13 Anne Øi Tharaldsen Danielsen, Fyllingen 4.10, 14 Pernille Aaslid Osen, Ranheim 3.82

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |  |
| 1 | 5.32 | 5.41 | 5.22 | r |  |  |  |
| 2 | 5.28 | 5.22 | 5.37 | 5.40 | 5.19 | 5.19 |  |
| 3 | 4.91 | 4.95 | 5.01 | 5.23 | 5.37 | 5.28 |  |
| 4 | X | 5.12 | 5.14 | X | 5,24 | 5,29 |  |
| 5 | 5.00 | 5.13 | 5.23 | 5.27 | 5.22 | 5.28 |  |
| 6 | 5.25 | 5.15 | 5.21 | 4.95 | 4.98 | 5.19 |  |
| 7 | 4.76 | 5.04 | 4.79 | 5.05 | X | 4.03 |  |
| 8 | X | 4.87 | 4.92 | X | X | x |  |
| Serie | 1 | 2 | 3 | Serie | 1 | 2 | 3 |
| 9 | 4.90 | X | 4.80 | 12 | 4.37 | 4.50 | 4.50 |
| 10 | X | 4.57 | 4.54 | 13 | 4.10 | X | X |
| 11 | 4.52 | 4.48 | 4.44 | 14 | X | 3.82 | 3.82 |

Jenter Tresteg J18/19

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|  | Finale | 4. mar |  |
| **1** | **Lillian Amponsah Washington** | **Hellas** | **12.06** |
| **2** | **Mathilde Sofie K. Klokseth** | **Moss** | **12.02** |
| **3** | **Sigrid Forsmo Kapskarmo** | **Hattfjelldal** | **11.75** |
| 4 | Kaja Carlsen-Brown | Tyrving | 10.74 |
| 5 | Angelina Min | Kristiansand | 10.29 |
| 6 | Matilde Flor Størvold | Rjukan | 10.07 |
| 7 | Kajsa Victoria Liene Borning | Kristiansand | 10.03 |
| 8 | Inger Bergslid | Namsen | 9.97 |

9 Pernille Aaslid Osen, Ranheim 8.97

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 11.74 | 11.72 | 11.81 | 11.76 | 12.06 | X |
| 2 | 12.00 | 11.94 | 11.79 | 12.02 | 11.46 | 11.82 |
| 3 | X | 11.75 | 11.49 | 10.97 | X | 11.41 |
| 4 | 10.45 | X | 10.74 | r |  |  |
| 5 | X | 10.25 | 10.29 | X | 9.99 | 10.14 |
| 6 | 10.07 | 10.03 | 10.06 | 10.04 | 9.93 | 10.06 |
| 7 | X | X | 9.76 | 9.77 | X | 10.03 |
| 8 | 9.88 | 9.55 | 9.97 | 9.67 | X | X |
| 9 | X | X | 8.97 |  |  |  |

Jenter Kule 4 kg J18/19

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|  | Finale | 5. mar |  |
| **1** | **Lisa Wilker** | **Tingvoll** | **11.09** |
| **2** | **Anette Tveitå** | **Otra** | **10.92** |
| **3** | **Mette-Elise Ødegård Vaskinn** | **Ringerike** | **10.64** |
| 4 | Frida Elise Havik | Namsen | 10.33 |
| 5 | Anna Solheim | Stord | 9.98 |
| 6 | Anja Wilker | Tingvoll | 9.78 |
| 7 | Thea Olsvold Hausberg | Os Turn | 9.74 |
| 8 | Henrikke Antonsen | Dimna | 9.66 |

9 Anouk de Haas, Sturla 7.75

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 9.51 | 10.07 | 9.71 | 10.43 | 11.09 | 10.62 |
| 2 | 10.59 | 10.59 | 10.92 | 10.66 | 10.53 | 10.46 |
| 3 | 9.29 | 10.17 | 10.52 | 10.04 | 10.34 | 10.64 |
| 4 | 9.81 | 10.19 | 10.30 | X | X | 10.33 |
| 5 | 8.56 | 9.98 | 9.48 | 9.66 | 8.86 | 9.43 |
| 6 | 8.64 | 9.38 | X | 8.39 | 9.78 | 9.06 |
| 7 | 9.42 | 9.57 | 9.27 | 9.02 | 9.74 | 9.13 |
| 8 | 8.37 | 8.19 | 8.84 | 9.66 | 8.54 | X |
| 9 | 7.31 | 7.47 | 7.75 |  |  |  |

G20-22

Gutter 60 meter G20-22

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Jacob Vaula** | **Gular** | **6.83** |
| **2** | **Andreas Haara Bakketun** | **Gular** | **6.87** |
| **3** | **August Hemstad** | **Moelven** | **6.98** |
| 4 | Ilunga Josue Kongolo | Gneist | 7.02 |
| 5 | Jonas Berggård Skåden | Sandnes | 7.03 |
| 6 | Filip Bøe | Gular | 7.05 |
| 7 | Jonas Andre Ose | Dimna | 7.07 |
| 8 | Andreas Ofstad Kulseng | Larvik Turn | 7.07 |

**Forsøk 1.** (5. mar.) 1 Hemstad 6.99, 2 Vaula 7.00, 3 Bøe 7.03, 4 Skåden 7.13, 5 Antoine Gabriel Vincent, Ranheim 7.29, 6 Kim Baliruno Kamanzi, Tyrving 7.37, 7 Robert David Sheath, Norna-Salhus 7.40
**Forsøk 2.** (5. mar.) 1 Bakketun 6.96, 2 Ose 7.02, 3 Kongolo 7.07, 4 Kulseng 7.16, 5 Einar Johannes Rye, Tyrving 7.17, 6 Gjert Høie Sjursen, Gneist 7.18, 7 Ben Jeffrey Benert, Florø 7.54, 8 Alfred Hauane, Larvik Turn 7.58

Gutter 200 meter G20-22

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|  | Finale | 6. mar |  |
| **1** | **Andreas Haara Bakketun** | **Gular** | **21.21** |
| **2** | **Jonas Berggård Skåden** | **Sandnes** | **21.69** |
| **3** | **Andreas Ofstad Kulseng** | **Larvik Turn** | **21.89** |
| 4 | Sigve Branztzæg Hårberg | Steinkjer | 23.05 |
| 5 | Luca Thompson | Tjalve | 23.29 |
|  | Stephan Skogheim Kyeremeh | BUL | DNS |

**Forsøk 1.** (6. mar.) 1 Bakketun 21.80, 2 Hårberg 22.60, 3 Einar Johannes Rye, Tyrving 23.08
**Forsøk 2.** (6. mar.) 1 Kyeremeh 22.52, 2 Kim Baliruno Kamanzi, Tyrving 22.88, 3 Robert David Sheath, Norna-Salhus 23.78

**Forsøk 3.** (6. mar.) 1 Kulseng 22.08, 2 Ilunga Josue Kongolo, Gneist 23.20, 3 Ben Jeffrey Benert, Florø 23.57, Sander Dalbu, Steinkjer DNS

**Forsøk 4.** (6. mar.) 1 Skåden 21.74, 2 Thompson 22.77, 3 Obaidullah Obaidi, Steinkjer 24.01

Gutter 400 meter G20-22

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|  | Tid avgjørende | 4. mar |  |
|  | 1 | 2 |  |  |  |
| **1** |  | **1** | **Håvard Bentdal Ingvaldsen** | **Moelven** | **46.50** |
| **2** |  | **2** | **Andreas Ofstad Kulseng** | **Larvik Turn** | **49.17** |
| **3** |  | **3** | **Andreas Haara Bakketun** | **Gular** | **50.59** |
| 4 |  | 4 | Sigve Brandtzæg Hårberg | Steinkjer | 50.85 |
| 5 | 1 |  | Alfred Hauane | Larvik Turn | 50.91 |
| 6 | 2 |  | Jon-Henning G. Hilleren | Ask | 51.23 |
| 7 | 3 |  | Kristian Trigueno Steen | Larvik Turn | 51.27 |
| 9 | 4 |  | Obaidullah Obaidi | Steinkjer | 53.36 |

Gutter 800 meter G20-22

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|  | Finale | 5. mar |  |
| **1** | **Håvard Bentdal Ingvaldsen** | **Moelven** | **2:01.71** |
| **2** | **Snorre Sliper Bonesmo** | **BUL** | **2:02.20** |
| **3** | **Erik Tangen Gundersen** | **Skjalg** | **2:03.30** |
| 4 | Tobias Holdø Skog | Vidar | 2:03.45 |
| 5 | Kristian Trigueno Steen | Larvik Turn | 2:03.93 |
| 6 | Jon-Henning Gullbrå Hilleren | Ask | 2:05.43 |

Gutter 1500 meter G20-22

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Erik Tangen Gundersen** | **Skjalg** | **3:55.88** |
| **2** | **Luca Thompson** | **Tjalve** | **3:57.86** |
| **3** | **Jesper A. Matsson Lundin** | **BUL Tromsø** | **4:02.09** |
| 4 | Aleksander B- Simonsen | BUL Tromsø | 4:12.74 |

Gutter 60 meter hekk G20-22

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Gjert Høie Sjursen** | **Gneist** | **8.33** |
| **2** | **Sondre Mjølkarlid** | **Hattfjelldal** | **8.34** |
| **3** | **Antoine Gabriel Vincent** | **Ranheim** | **8.44** |
| 4 | Olav Kvåle Gissinger | Ranheim | 9.00 |

Gutter 1500 meter kappgang G20-22

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|  | Finale | 4. mar |  |
|  | **Ingen deltakere** |  |  |

Gutter Høyde G20-22

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Gjert Høie Sjursen** | **Gneist** | **1.80** |
| **2** | **Fredrik J. Gudheim Haraldstad** | **BUL Tromsø** | **1.75** |
|  | Petter Overland Fuglestrand | Steinkjer | NM |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1.70 | 1.75 | 1.80 | 1.85 |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Gutter Stav G20-22

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|  | Finale | 5. mar |  |
| **1** | **Eskil Reier Njerve** | **Bergens Turn** | **4.40** |
| **2** | **Olav Kvåle Gissinger** | **Ranheim** | **4.10** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 3.90 | 4.10 | 4.20 | 4.30 | 4.40 | 4.50 |  |  |  |  |  |  |  |  |  |  |
| 1 |  |  | o | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |
| 2 | xxo | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Gutter Lengde G20-22

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Gjert Høie Sjursen** | **Gneist** | **6.92** |
| **2** | **Elias Sanden Søvik** | **Tjalve** | **6.16** |
| **3** | **Olav Kvåle Gissinger** | **Ranheim** | **6.13** |
| 4 | Antoine Gabriel Vincent | Ranheim | 5.98 |
| 5 | Muamba Caleb Kongolo | Søndre Land | 5.41 |
| 6 | Petter Overland Fuglestrand | Steinkjer | 4.53 |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 6.64 | 6.57 | 6.92 | 6.45 | X | 6.74 |
| 2 | 6.10 | 4.02 | - | - | - | 6.16 |
| 3 | 5.99 | 5.70 | X | 6.12 | 6.00 | 6.13 |
| 4 | 5.71 | 5.69 | 5.98 | 5.67 | X | 5.96 |
| 5 | X | 5.41 | X | X | - | 4.24 |
| 6 | 4.53 | r |  |  |  |  |

Gutter Tresteg G20-22

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Elias Sanden Søvik** | **Tjalve** | **14.35** |
| **2** | **Muamba Caleb Kongolo** | **Søndre Land** | **12.81** |
| **3** | **Fredrik J. Gudheim Haraldstad** | **BUL Tromsø** | **12.13** |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 14.35 | X | - | X | r |  |
| 2 | 12.17 | X | 12,81 | 12.21 | 12.13 | 12.39 |
| 3 | 11,66 | 11,75 | 11,80 | 11,99 | 11,81 | 12,13 |

Gutter Kule 7,26 kg G20-22

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Erlend Bergfjord Næss** | **Ask** | **12.92** |
| **2** | **Gjert Høie Sjursen** | **Gneist** | **12.65** |
| **3** | **Muamba Caleb Kongolo** | **Søndre Land** | **11.73** |
| 4 | Ilunga Josue Kongolo | Gneist | 11.23 |
| 5 | Fredrik J.G. Haraldstad | BUL Tromsø | 9.82 |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 11.58 | 12.71 | X | X | 12,92 | X |
| 2 | 11.49 | X | 11.69 | 11,73 | 12.17 | 12.65 |
| 3 | X | 11.73 | X | 11.53 | X | X |
| 4 | 10.59 | 11.23 | r |  |  |  |
| 5 | 9.58 | X | 9.58 | 9.55 | X | 9.82 |

Gutter 4x200 meter stafett G18-22

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| --- | --- | --- |
|  | Finale | 6. mar |
| **1** | **Gneist** | **1:30.24** |
| **2** | **BUL** | **1:34.14** |
| **3** | **Tyrving** | **1:34.62** |
| 4 | Asker Skiklubb | 1:38.65 |
|  | Ull/Kisa | DNS |

Lagene:

1 Gjert Høie sjursen, Ilunga Josue Kongolo, Filip Holdhus, Thomas Strønstad-Løseth

2 Nicolas Alexander Baranyi Eriksen, simen stornes, Sander Werge Nilsen, Mads Gravråk Hjort-Larsen

3 Lewis Alexander Kjemhus, Einar Johanne Rye, Marcus sebastian Andersen Svarva, Kim Baliruno Kamanzi

4 William Østbø Johansen, August Østbø Johansen, Lukas Casey Øiseth, Vilmer Fossum Beyer

Martin Aarbogh Brustad, Emil Nordal, Michael Reklev, Julian Zhang Førsund

J20-22

Jenter 60 meter J20-22

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Solveig Bustgård Gran** | **BUL** | **7.73** |
| **2** | **Kaitesi Auma Ertzgaard** | **Tjalve** | **7.74** |
| **3** | **Thea Aase Pedersen** | **BUL** | **7.76** |
| 4 | Astri Ayo Lakeri Ertzgaard | Tjalve | 7.78 |
| 5 | Leah Marie Henriksen Indrebø | Ask | 7.81 |
| 6 | Ingrid Pernille Rismark | Viar | 8.10 |
| 7 | Charlotte Celine Thorjussen | Sørild | 8.22 |
| 8 | Amalie Grande Bjørnstad | Steinkjer | 8.25 |

**Forsøk 1.** (5. mar.) 1 Pedersen 7.82, 2 A. Ertzgaard 7.84, 3 Indrebø 7.89, 4 Bjørnstad 8.16, 5 Thorjussen 8.25, 6 Lill-Joelle Miltz, Dimna 8.92
**Forsøk 2.** (5. mar.) 1 K. Ertzgaard 7.83, 2 Gran 7.83, 3 Rismark 8.02, 4 Emilie Sandberg, Tjalve 8.26, 5 Kornelia Roppen, Dimna 8.29, 6 Ingvild Hognestad Nilsen, Ranheim 8.61

Jenter 200 meter J20-22

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| --- | --- | --- | --- |
|  | Finale | 6. mar |  |
| **1** | **Kaitesi Auma Ertzgaard** | **Tjalve** | **24.29** |
| **2** | **Astri Ayo Lakeri Ertzgaard** | **Tjalve** | **24.67** |
| **3** | **Solveig Bustgård Gran** | **BUL** | **25.12** |
| 4 | Ingrid Pernille Rismark | Vidar | 25.17 |
| 5 | Leah Marie Henriksen Indrebø | Ask | 26.15 |
| 6 | Charlotte Celine Thorjussen | Sørild | 28.16 |

**Forsøk 1.** (6. mar.) 1 K. Ertzgaard 24.58, 2 Gran 25.01, 3 Indrebø 25.41, 4 Thorjussen 27.80
**Forsøk 2.** (6. mar.) 1 A. Ertzgaard 24.77, 2 Rismark 25.40, 3 Margrethe Lauritzen, Larvik Turn 28.04, Ingvild Hognestad Nilsen, Ranheim DNS

Jenter 400 meter J20-22

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| --- | --- | --- | --- |
|  | Tid avgjørende | 4. mar |  |
| **1** | **Solveig Bustgård Gran** | **BUL** | **56.60** |

Jenter 800 meter J20-22

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| --- | --- | --- | --- |
|  | Finale | 5. mar |  |
| **1** | **Erle Musum Lyng** | **Verdal** | **2:14.76** |
| **2** | **Hedda Leirvik** | **Hommelvik** | **2:19.61** |
| **3** | **Oda Andersen Lundeby** | **Spirit** | **2:25.64** |

Jenter 1500 meter J20-22

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|  | Finale | 4. mar |  |
| **1** | **Hedda Leirvik** | **Hommelvik** | **4:46.43** |
| **2** | **Oda Andersen Lundeby** | **Spirit** | **4:47.60** |

Jenter 60 meter hekk J20-22

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| --- | --- | --- | --- |
|  | Finale | 4. mar |  |
| **1** | **Kristina Stensvoll Reppe** | **Ranheim** | **8.60** |
| **2** | **Martine K. Hjørnevik** | **Norna-Salhus** | **8.67** |
| **3** | **Ingrid Pernille Rismark** | **Vidar** | **8.70** |
| 4 | Emilie Sandberg | Tjalve | 9.08 |

Jenter 1500 meter kappgang J20-22

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|  | Finale | 4. mar |  |
|  | **Ingen deltakere** |  |  |

Jenter Høyde J20-22

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|  | Finale | 5. mar |  |
| **1** | **Kornelia Roppen** | **Dimna** | **1.57** |
| **2** | **Astri Ayo Lakeri Ertzgaard** | **Tjalve** | **1.50** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 1.45 | 1.50 | 1.55 | 1.57 | 1.59 |  |  |  |  |  |  |  |  |  |  |  |
| 1 | o | o | o | xxo | xxx |  |  |  |  |  |  |  |  |  |  |  |
| 2 | o | xo | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Stav J20-22

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|  | Finale | 6. mar |  |
| **1** | **Kitty Augusta Friele Faye** | **Fana** | **3.90** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Serie | 3.70 | 3.90 | 4.01 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | o | o | xxx |  |  |  |  |  |  |  |  |  |  |  |  |  |

Jenter Lengde J20-22

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|  | Finale | 6. mar |  |
| **1** | **Kornelia Roppen** | **Dimna** | **5.20** |
| **2** | **Charlotte Celine Thorjussen** | **Sørild** | **5.09** |
| **3** | **Amalie Grande Bjørnstad** | **Steinkjer** | **5.06** |
| 4 | Sofie Olsvold Hausberg | Os Turn | 4.96 |
| 5 | Lill-Joelle Miltz | Dimna | 4.69 |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 5.08 | X | 5.19 | X | X | 5.20 |
| 2 | 4.68 | 5.09 | 4.78 | 4.75 | 5.04 | X |
| 3 | 4,92 | X | 4.72 | 4.84 | 4.89 | 5.06 |
| 4 | 4.81 | 4.96 | X | X | 4.88 | 4.87 |
| 5 | 4.64 | 4.62 | 4.58 | 4.69 | 4.69 | X |

Jenter Tresteg J20-22

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|  | Finale | 4. mar |  |
| **1** | **Sofie Olsvold Hausberg** | **Os Turn** | **11.01** |
| **2** | **Regine J. Vatland Johansen** | **Bækkelaget** | **11.01** |
| **3** | **Kornelia Roppen** | **Dimna** | **10.52** |

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| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | X | 10.58 | 10.88 | 11.00 | 11.01 | 10.95 |
| 2 | 10.78 | 10.85 | X | 9.51 | 11.01 | 10.65 |
| 3 | 10.26 | 10.27 | 10.44 | 10.19 | 1052 | 10.38 |

Jenter Kule 4 kg J20-22

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|  | Finale | 5. mar |  |
| **1** | **Emelia Tveitå** | **Otra** | **12.26** |
| **2** | **Unni Tveitå** | **Otra** | **10.58** |
| **3** | **Kaitesi Auma Ertzgaard** | **Tjalve** | **9.66** |
| 4 | Astri Ayo Lakeri Ertzgaard | Tjalve | 8.22 |

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| --- | --- | --- | --- | --- | --- | --- |
| Serie | 1 | 2 | 3 | 4 | 5 | 6 |
| 1 | 12.18 | 12.26 | X | 11.89 | X | 12.04 |
| 2 | 10.32 | 10.50 | 10.58 | 10.34 | 10.41 | 10.27 |
| 3 | 9.20 | 9.11 | 9.59 | 9.66 | 9.45 | 8.56 |
| 4 | 8.18 | 8.16 | 8.03 | 8.22 | 8.06 | 8.10 |

Jenter 4x200 meter stafett J18-22

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|  | Finale | 6. mar |
| **1** | **Tjalve** | **1:40.36** |
| **2** | **Ranheim** | **1:40.52** |
| **3** | **Tyrving 1** | **1:45.68** |
| 4 | Larvik Turn | 1:52.69 |
| 5 | Tyrving 2 | 1:54.29 |
| 6 | Strindheim | 1:54.77 |

Lagene:

1 Isabella Indrebø, Astri Ayo Lakeri Ertzgaard, Emilie Sandberg, Kaitesi Auma Ertzgaard

2 Nora Aune, Hannah Rebekah Murai-Ubby, Agnes Elisabeth Morud, Sanna Johnsen Møkkelgård

3 Camilla Dahl Kristiansen, Mille Baastad Berg, Kaja Carlsen-Brown, Miranda Lauvstad

4 Carina Gregusson Brunsæl, Anna Hauane, Margrethe Lauritzen, Selma Alison Boesen Skisaker

5 Alma Iben Graver Kolseth, Hannah Emilie Qvenild Bergh, Sophia Oliva Borgen, Ida Brekke Melzer

6 Stuine Gilje Hageler