

This year consists of the following competitions:

12.7	Varberg, SWE	4 th Nordic Women's Cup
19.-20.7	Larvik, NOR	8 th Nordic Junior Championships Combined Events
16.8	Greve, DEN	15 th Nordic Junior Race Walking Match
23.-24.8	Malmö, SWE	31 th Nordic Junior Match U21

Nordic Women's Cup

Påskbergsvallen, Varberg, SWE 12 Jul

Women

100 m			
			-1,0
1	Linda Haglund	SWE	11.66
2	Pirjo Häggman	FIN	12.10
3	Mona Evjen	NOR	12.25
4	Lisbeth Pedersen	DEN	12.70
5	Oddný Árnadóttir	ISL	12.89
200 m			
			-1,2
1	Linda Haglund	SWE	23.56
2	Pirjo Häggman	FIN	23.94
3	Mona Evjen	NOR	24.22
4	Helga Halldórsdóttir	ISL	25.06
5	Lisbeth Nissen Pedersen	DEN	25.69
400 m			
1	Ann-Louise Skoglund	SWE	52.25
2	Barbro Ahonen	FIN	53.55
3	Lisbeth Andersen	NOR	54.75
4	Britta Kålund	DEN	55.63
5	Hrönn Guðmundsdóttir	ISL	59.30
800 m			
1	Yvonne Hannus	FIN	2:02.79
2	Kirsti Voldnes	NOR	2:04.57
3	Angela Persson	SWE	2:04.80
4	Tina Krebs	DEN	2:06.00
5	Rut Ólafsdóttir	ISL	2:07.60
1500 m			
1	Grete Waitz	NOR	4:13.83
2	Katharina Jönna	SWE	4:18.70
3	Irene Lusikka	FIN	4:19.16
4	Kersti Jacobsen	DEN	4:25.36
		ISL	DNS
3000 m			
1	Ingrid Christensen	NOR	9:01.04
2	Karoline Nemetz	SWE	9:16.92
3	Tuija Toivonen	FIN	9:31.85
4	Dorthe Rasmussen	DEN	9:57.69
		ISL	DNS
100 m hurdles			
			-0,1
1	Helena Pihl	SWE	13.78
2	Leena Spoof	FIN	13.91
3	Hilde Fredriksen	NOR	14.07
4	Helle Sichlau	DEN	14.08
5	Helga Halldórsdóttir	ISL	14.54
400 m hurdles			
1	Hilde Fredriksen	NOR	57.62
2	Tuija Helander	FIN	58.41
3	Kirsi Ulvinen	SWE	59.99
4	Anita Sölyst	DEN	60.60
		ISL	DNS

High jump

1	Susanne Lorentzon	SWE	1.84
2	Pórdís Gísladóttir	ISL	1.81
3	Minna Vehmasto	FIN	1.78
4	Grete Bjørdalsbakke	NOR	1.75
5	Grith Ejstrup	DEN	1.70

Long jump

1	Dorthe Rasmussen	DEN	6.17 +2,1
2	Mette Karin Ninive	NOR	6.11 +1,7
3	Lena Wallin	SWE	6.09 +2,0
4	Leena Pylkkänen	FIN	5.72 +1,6
	Oddný Árnadóttir	ISL	NM

Shot put

1	Tuula Kivi	FIN	16.50
2	Cecil Tidemann-Hansen	NOR	15.11
3	Elisabeth Thorbjörnsson	SWE	14.79
4	Birthe Kofoed	DEN	13.00
5	Guðrun Ingólfssdóttir	ISL	12.25

Discus throw

1	Sinikka Salminen	FIN	57.30
2	Liselotte Hansen	DEN	47.86
3	Birgitta Olsson	SWE	46.70
4	Guðrun Ingólfssdóttir	ISL	46.14
5	Anne-Britt Holm	NOR	45.98

Javelin throw

1	Elisabeth Nagy	SWE	56.58
2	Sisko Kopiloff	FIN	55.16
3	Hilde Bratvold	NOR	47.66
4	Inge Lis Kanstrup	DEN	44.26
5	Dýrfinna Torfadóttir	ISL	39.52

4x100 m relay

1	SWE	44.43	(Ann-Louise Skoglund, Linda Haglund, Lena Möller, Helena Pihl)
2	NOR	45.82	(Siri Merete Kaldager Øen, Eva Paulsen Skardal, Mona Evjen, Benedikte Indrebø)
3	FIN	47.02	(Margareeta Honkaharju, Pirjo Häggman, Nina Wikman, Riita Vesanen)
4	DEN	47.17	(Inge Sørensen, Lisbeth Nissen-Petersen, Lisbeth Pedersen, Helle Sichlau)
5	ISL	49.77	(Hrönn Guðmundsdóttir, Oddný Árnadóttir, Pórdís Gísladóttir, Helga Halldórsdóttir)

4x400 m relay

1	FIN	3:37.89	(Lena Kostianen, Barbro Ahonen, Yvonne Hannus, Riita Vesanen)
2	NOR	3:38.72	(Marit Eriksen, Lisbeth Andersen, Else-Karin Systad, Mona Evjen)
3	SWE	3:39.38	(Birgitta Båga, Kirsi Ulvinen, Lena Fritzon, Caciilia Palmcrantz)
4	DEN	3:42.07	(Berit Danielsen, Marianne Pedersen, Tina Krebs Britta Kålund)
5	ISL	3:54.75	(Helga Halldórsdóttir, Hrönn Guðmundsdóttir, Ragnheiður Ólafsdóttir, Rut Ólafsdóttir)

Points Women	Nation	Total
	SWE	61
	FIN	58

3	Jan Staaf	SWE	46:35.9
4	Cato Viken	NOR	48:40.9
5	Jan Madsen	DEN	49:56.7
6	Jan Kristiansen	DEN	50:21.5
7	Jari Paussonen	FIN	51:03.1
8	David Lillefosse	NOR	51:27.0

Anders Hjelle, NOR DQ, Matti Käkkilä, FIN DQ, Lars Nielsen, DEN DQ, Mikael Sandaeus, SWE DQ

U18 16 Aug 5000m

1	Tor-Ivar Guttulsrød	NOR	22:42.5
2	Esben Aalvik	NOR	22:50.3
3	Håkan Stödberg	SWE	22:58.5
4	Conny Lundquist	SWE	23:14.0
5	Ari Hämynen	FIN	23:34.2
6	Thomas Pomozi	SWE	23:41.2
7	Bjørn Melaa	NOR	23:45.4
8	Ole Hemmingsen	DEN	26:07.7

9 Petri Korpi, FIN 26:13.3, 10 Brian Nielsen, DEN 27:03.0, 11 Leif Andersen, DEN 28:31.7, 12 Lasse Hagman, FIN 28:34.4

U16 16 Aug 3000m

1	Ola Wikström	SWE	13:51.1
2	Terje Melaa	NOR	14:04.6
3	Vesa Puukari	FIN	14:27.0
4	Roland Karlsson	SWE	14:38.6
5	Ari Kuusisto	FIN	15:31.6
6	Kim Sørensen	DEN	15:38.5
7	Sverre Jensen	NOR	15:55.3
8	Brynjar Reppe	NOR	16:31.6

9 Preben Kristiansen, DEN 17:05.8, 10 Mika Sipilä, FIN 17:30.1, 11 Jan Sørensen, DEN 18:29.8, Ulf Gustafsson, SWE DQ

U14 16 Aug 3000m

1	Stefan Johansson	SWE	14:14.6
2	Olov-Håkan Aronsson	SWE	14:46.6
3	Tonny Simonsen	DEN	15:46.5
4	Erik Furnes	NOR	16:00.2
5	Stefan Lundgren	SWE	16:09.4
6	Kjell Morten Brendøy	NOR	16:29.6
7	Arti Hokkanen	FIN	16:50.1
8	Mika Sipilä	FIN	16:59.6

9 Roger Gjelsvik, NOR 17:46.6, 10 Marko Kukkonen, FIN 18:01.9, 11 Harry Geerstma, DEN 18:25.9, 12 Dian Dam, DEN 19:09.0

Women

U19 16 Aug 5000m

1	Lena Olofsson	SWE	25:53.4
2	Vigdís Aarum	NOR	26:24.5
3	Karin Persson	SWE	26:39.5
4	Lena Lindberg	SWE	27:15.4
5	Connie Måleng	NOR	27:36.7
6	Hilde Friis	NOR	27:52.2
7	Gunhild Kristiansen	DEN	28:28.9
8	Vivi Ovesen	DEN	28:36.9

9 Kristina Lindroos, FIN 29:14.7, 10 Rita Miettinen, FIN 29:59.8, 11 Lonnie Westrin, DEN 32:59.8

U17 16 Aug 5000m

1	Monica Gunnarsson	SWE	25:39.9
2	Line Viken	NOR	26:04.5
3	Lisbeth Aalvik	NOR	26:25.1
4	Linda Klausen	NOR	26:45.4
5	Monica Back	SWE	27:59.5
6	Helena Åström	FIN	27:44.6
7	Inger Westergren	SWE	27:59.5
8	Jytte Kristiansen	DEN	30:09.6

9 Bente Nielsen, DEN 31:06.9, 10 Annette Jensen, DEN 31:25.6, 11 Tuija Murto, FIN 32:22.0

U15 16 Aug 3000m

1	Silvia Isaksson	SWE	15:05.5
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2	Åsa-Maria Sehlin	SWE	15:06.1
3	Ing-Marie Bäcklin	SWE	15:20.2
4	Ragni Jensen	NOR	15:32.7
5	Pernille Hannecke	DEN	15:39.9
6	Bjørn Alise Antonsen	NOR	15:55.8
7	Nina Arnesen	NOR	16:09.0
8	Annette Grønbæk	DEN	16:28.8

9 Minna Astola, FIN 16:59.4, 10 Pirjo Kytölä, FIN 17:55.4, 11 Anne Mette Herning, DEN 18:10.5, 12 Terhi Tuominen, FIN 20:07.5

U13 16 Aug 2000m

1	Ann Jeanette Pettersen	NOR	10:07.1
2	Susanne Larsson	SWE	10:13.8
3	Kristin Andreasson	NOR	10:21.4
4	Elisabeth Hallström	SWE	10:27.7
5	Anna Arvidsson	SWE	10:27.8
6	Lean Iren Olsen	NOR	10:30.2
7	Susan Kurtuldu	DEN	11:22.4
8	Rikke Christensen	DEN	11:38.6

9 Jeanette Poulsen, DEN 11:48.3, 10 Pia Paju, FIN 11:50.4, 11 Niina Paju, FIN 12:17.5, 12 Karin Ekholm, FIN 12:21.5

Nation	Total
SWE	226
NOR	192
DEN	106
FIN	95

Nordic Junior Match

Stadion, Malmö, SWE 23-24 Aug

Men

100 m 23 aug +3,9

1	Dan Orbe	SWE	10.56
2	Kimmo Saaristo	FIN	10.67
3	Per-Ola Olsson	SWE	10.68
4	Tore Bergan	NOR	10.84
5	Jarmo Anias	FIN	10.85
6	Egil Steinar Slind	NOR	10.99
7	Max Eriksen	DEN	11.19
8	Erlingur Jóhannsson	ISL	11.39

200 m 24 aug +2,0

1	Dan Orbe	SWE	21.35
2	Kimmo Saaristo	FIN	21.77
3	Erik Josjö	SWE	21.99
4	Jens Arild Johannessen	NOR	22.09
5	Juha Pyy	FIN	22.13
6	Lars Warming	DEN	22.26
7	Tore Bergan	NOR	22.31
8	Egill Eiðsson	ISL	22.98

400 m 23 aug

1	Erik Josjö	SWE	48.29
2	Jari Niemelä	FIN	48.61
3	Jari Rinne	FIN	48.85
4	Tore Bergan	NOR	49.01
5	Ole Christensen	DEN	49.24
6	Sindre Ryan	NOR	49.28
7	Egill Eiðsson	ISL	49.84
8	Håkan Johansson	SWE	49.97

800 m 23 aug

1	Morten Warland	NOR	1:52.03
2	Jens Østengård	DEN	1:52.44
3	Jonny Kroon	SWE	1:52.75
4	Johan Bettum	NOR	1:52.87
5	Matti Valkonen	FIN	1:53.05
6	Dan Karlsson	SWE	1:53.08

7	Kenneth Stubb	FIN	1:53.65
8	Brynjúlfur Hilmarsson	ISL	1:55.73

1500 m

24 Aug

1	Morten Warland	NOR	3:48.78
2	Matti Valkonen	FIN	3:49.49
3	Jan Persson	SWE	3:50.10
4	Ronnie Olsson	SWE	3:51.61
5	Kim Berghäll	FIN	3:52.28
6	Jens Østergård	DEN	3:52.87
7	Knut Ellertsen	NOR	4:00.69
8	Guðmundur Sigurðsson	ISL	4:23.84

5000 m

24 Aug

1	Henrik Jørgensen	DEN	14:34.75
2	Lars-Erik Nilsson	SWE	14:35.60
3	Raimo Tikkanen	FIN	14:43.41
4	Leif Olsson	SWE	14:44.91
5	Pål Gunnar Mikkelsplass	NOR	14:46.90
6	Raimo Keiski	FIN	14:50.39
7	Lars Frode Leknes	NOR	14:50.80
8	Magnús Haraldsson	ISL	17:22.97

110 m hurdles

23 aug +2,0

1	Hannu Pärssinen	FIN	14.56
2	Kristoffer Wessmark	SWE	14.72
3	Tapio Kallio	FIN	14.77
4	Trond Knaplund	NOR	14.83
5	Erik S. Jensen	DEN	15.04
6	Johan Kellman	SWE	15.08
7	Per Nicolaisen	NOR	15.54
8	Stefán Þ. Stefánsson	ISL	15.65

400 m hurdles

24 Aug

1	Thomas Nyberg	SWE	53.93
2	Bjørn Knudsen	DEN	54.51
3	Tapio Kallio	FIN	54.69
4	Jan Wiberg	SWE	54.91
5	Dag Ove Flatjord	NOR	55.67
6	Hannu Pärssinen	FIN	56.08
7	Trond Knaplund	NOR	56.28
8	Stefán Þ. Stefánsson	ISL	59.63

2000 m steeplechase

23 aug

1	Hans Segerfeldt	SWE	5:43.46
2	Ilkka Äyräväinen	FIN	5:48.52
3	Thomas Nielsen	DEN	5:48.57
4	Einar Holm	NOR	5:52.88
5	Håkan Mattisson	SWE	5:55.05
6	Hannu Avikainen	FIN	6:01.91
7	Paul Skei	NOR	6:12.40
8	Magnús Haraldsson	ISL	7:05.01

High jump

23 aug

1	Matti Luostarinen	FIN	2.14
2	Tomas Eriksson	SWE	2.12
3	Erkki Niemi	FIN	2.09
4	Jan Hegland	NOR	2.06
5	Arne Simonsen	NOR	2.03
6	Rene T. Nielsen	DEN	2.03
7	Bengt Ström	SWE	2.00
8	Unnar Vilhjálmsson	ISL	1.95

Pole vault

24 Aug

1	Kari Tuominen	FIN	5.25
2	Jouko Mäki-Lohiluoma	FIN	5.25

3	Per-Åke Tärnell	SWE	4.70
4	Gudmund Olsen	NOR	4.60
5	Anker Thomsen	DEN	4.50
6	Ulf Hammarberg	NOR	4.30
7	Trond Skramstad	NOR	4.00
	Sigurður Magnússon	ISL	NM

Long jump

24 Aug

1	Max Eriksen	DEN	7.48 +4,0
2	Jyrki Hyttinen	FIN	7.31 +4,0
3	Ilkka Teerijoki	FIN	7.26 +2,2
4	Per Söderberg	SWE	7.07 +2,9
5	Stein Eriksen	NOR	7.04 +3,0
6	Torstein Dahle	NOR	6.86 -2,7
7	Kristján Harðarsson	ISL	6.78 +3,0
8	Hans Hillborn	SWE	6.76 +1,9

Triple jump

23 aug

1	Markku Rokala	FIN	15.82 +2,0
2	Esa Viitasalo	FIN	15.31 +2,6
3	Torstein Dahle	NOR	15.31 +3,3
4	Arne Holm	SWE	14.92 +4,0
5	Atle Frøysland	NOR	14.90 +2,5
6	Peder Dalby	DEN	14.60 +1,4
7	Ola Rydell	SWE	14.17 +0,9
8	Kári Jónsson	ISL	13.67 +2,1

Shot put

24 Aug

1	Anders Jönsson	SWE	17.88
2	Jan Sagedal	NOR	16.39
3	Jon Gunnar Holten	NOR	15.82
4	Jari Kuoppa	FIN	15.27
5	Marko Linnakari	FIN	15.25
6	Jan Hansen	DEN	14.90
7	Vésteinn Hafsteinsson	ISL	14.87
8	Kjell Sjöberg	SWE	14.76

Discus throw

23 aug

1	Vésteinn Hafsteinsson	ISL	54.60
2	Markku Linnakaari	FIN	53.34
3	Göran Bergqvist	SWE	51.90
4	Jan Sagedal	NOR	51.54
5	Seppo Paavola	FIN	50.16
6	Arne Pedersen	NOR	50.02
7	Lars Sundin	SWE	49.46
8	Klaus J. Jensen	DEN	47.82

Hammer throw

23 aug

1	Ahti Peiponen	FIN	62.08
2	Tore Johnsen	NOR	59.14
3	Kjell Bystedt	SWE	58.66
4	Kåre Sagedal	NOR	57.64
5	Torbjörn Petersson	SWE	57.18
6	Mikko Välimäki	FIN	56.66
7	Åge B. Jacobsen	DEN	52.46
8	Einar Vilhjálmsson	ISL	15.70

Javelin throw

24 Aug

1	Einar Vilhjálmsson	ISL	76.76
2	Vesa Mikkola	FIN	74.72
3	Lars Henriksson	SWE	72.88
4	Ronnie Melkersson	SWE	70.22
5	Frode Stormyr	NOR	69.92
6	Kari Uitto	FIN	69.56
7	Jørgen Jelstrøm	DEN	67.92

8	Jørn Kirkeby	NOR	62.20	
	<i>4x100 m relay</i>	23 aug		
1	SWE	41.25	(Mikael Bergqvist, Mikael Ahlin, Dan Orbe, Per-Ola Olsson)	
2	FIN	42.12	(Jarmo Anias, Hannu Pärssinen, Juha Pyy, Harri Rekola)	
3	NOR	42.76	(Egil Steinar Slind, Jens Aril Johannessen, Tore Bergan, Morten Røraas)	
4	DEN/ISL	44.06	Kristján Harðarsson, Erlingur Jóhannsson, Bjørn Søndergård, Steen Offersen)	
	<i>4x400 m relay</i>	24 Aug		
1	FIN	3:15.75	(Heikki Rusanen, Tuomo Lemmetyinen, Jari Niemelä, Jari Rinne)	
2	SWE	3:15.96	(Peter Johansson, Mikael Bergqvist, Steffan Fricke, Erik Josjö)	
3	NOR	3:16.55	(Trond Langeland, Bent Evensen, Tore Bergan, Sindre Ryan)	
4	DEN/ISL	3:21.27	(Ole Christensen, Jens Chr. Zinck, Erlingur Johansson, Egill Eiðson)	
Points Men	Nation	Total		
	FIN	209		
	SWE	191		
	NOR	151		
	DEN/ISL	109		

