

**G-15/16****1000 m stafett****Heat: 1**

|    |              |                                  |         |
|----|--------------|----------------------------------|---------|
| 1  | 14           | Sturla, IF                       | 2,11,31 |
|    |              | <i>Ola Stunes Isene</i>          |         |
|    |              | <i>Henrik Sunne Fjeld</i>        |         |
|    |              | <i>Martin Fagerlund</i>          |         |
|    |              | <i>Magnus Hannevig Pettersen</i> |         |
| 2  | 10           | Haugesund IL                     | 2,14,96 |
|    |              | <i>Benjamin Liestøl</i>          |         |
|    |              | <i>Sindre Gelius Eikje</i>       |         |
|    |              | <i>Leonard-Johan Nesheim</i>     |         |
|    |              | <i>Håkon Kolstø</i>              |         |
| 3  | 48           | Tjålve, IK                       | 2,15,60 |
|    |              | <i>Andreas Gjesdal</i>           |         |
|    |              | <i>Rasmus Stene</i>              |         |
|    |              | <i>Erik Gundersen</i>            |         |
|    |              | <i>Simon Sandbakken</i>          |         |
| 4  | 37           | Tyrving IL (2)                   | 2,22,53 |
|    |              | <i>Hallvar Hauge Hornes</i>      |         |
|    |              | <i>Aleksander Claussen</i>       |         |
|    |              | <i>Hallvard Boland Haugen</i>    |         |
|    |              | <i>Felix Sundem Petersson</i>    |         |
| 46 | IL I Bul (2) |                                  | DQ      |
|    |              | <i>Dinesh Anantharaja</i>        |         |
|    |              | <i>Ola Eloranta</i>              |         |
|    |              | <i>Hans Christian Walker</i>     |         |
|    |              | <i>Morten Grønbech</i>           |         |

**Heat: 2**

|    |                |                                 |         |
|----|----------------|---------------------------------|---------|
| 1  | 54             | Osterøy IL                      | 2,03,21 |
|    |                | <i>Kristian Hansen</i>          |         |
|    |                | <i>Stig Andreas Langeland</i>   |         |
|    |                | <i>Vebjørn Borge</i>            |         |
|    |                | <i>Markus Loftås</i>            |         |
| 2  | 45             | IL I Bul (1)                    | 2,06,54 |
|    |                | <i>Tobias Seterbakken</i>       |         |
|    |                | <i>Sivert Korshavn-Jartoft</i>  |         |
|    |                | <i>Nzimirro Adam Obiora</i>     |         |
|    |                | <i>Kristian Berg</i>            |         |
| 3  | 53             | Namsen Friidrettsforening       | 2,06,76 |
|    |                | <i>Mattias Nordfjellmark</i>    |         |
|    |                | <i>Morten Sagnes</i>            |         |
|    |                | <i>Fredrik Skarland</i>         |         |
|    |                | <i>Kristian H. Jensen</i>       |         |
| 4  | 13             | Nesodden IF                     | 2,10,04 |
|    |                | <i>Atle Ulstein Ekern</i>       |         |
|    |                | <i>Vegard Jacobsen</i>          |         |
|    |                | <i>Simen Kjensli</i>            |         |
|    |                | <i>Eirik Haugstad</i>           |         |
| 5  | 12             | IL BUL-Tromsø                   | 2,11,75 |
|    |                | <i>Martin Trane</i>             |         |
|    |                | <i>Markus Engen Mortensen</i>   |         |
|    |                | <i>Ole-Martin Eidesen</i>       |         |
|    |                | <i>Thomas Bjerknesli</i>        |         |
| 36 | Tyrving IL (1) |                                 | DQ      |
|    |                | <i>Fabian Skarboe Rønningen</i> |         |
|    |                | <i>Jonas Halonen</i>            |         |
|    |                | <i>Kathan Yoganathan</i>        |         |
|    |                | <i>Peder Gundersen Strand</i>   |         |

**G-15/16****1000 m stafett****Total:**

|   |    |                                  |         |
|---|----|----------------------------------|---------|
| 1 | 54 | Osterøy IL                       | 2,03,21 |
|   |    | <i>Kristian Hansen</i>           |         |
|   |    | <i>Stig Andreas Langeland</i>    |         |
|   |    | <i>Vebjørn Borge</i>             |         |
|   |    | <i>Markus Loftås</i>             |         |
| 2 | 45 | IL I Bul                         | 2,06,54 |
|   |    | <i>Tobias Seterbakken</i>        |         |
|   |    | <i>Sivert Korshavn-Jartoft</i>   |         |
|   |    | <i>Nzimirro Adam Obiora</i>      |         |
|   |    | <i>Kristian Berg</i>             |         |
| 3 | 53 | Namsen Friidrettsforening        | 2,06,76 |
|   |    | <i>Mattias Nordfjellmark</i>     |         |
|   |    | <i>Morten Sagnes</i>             |         |
|   |    | <i>Fredrik Skarland</i>          |         |
|   |    | <i>Kristian H. Jensen</i>        |         |
| 4 | 13 | Nesodden IF                      | 2,10,04 |
|   |    | <i>Atle Ulstein Ekern</i>        |         |
|   |    | <i>Vegard Jacobsen</i>           |         |
|   |    | <i>Simen Kjensli</i>             |         |
|   |    | <i>Eirik Haugstad</i>            |         |
| 5 | 14 | Sturla, IF                       | 2,11,31 |
|   |    | <i>Ola Stunes Isene</i>          |         |
|   |    | <i>Henrik Sunne Fjeld</i>        |         |
|   |    | <i>Martin Fagerlund</i>          |         |
|   |    | <i>Magnus Hannevig Pettersen</i> |         |
| 6 | 12 | IL BUL-Tromsø                    | 2,11,75 |
|   |    | <i>Martin Trane</i>              |         |
|   |    | <i>Markus Engen Mortensen</i>    |         |
|   |    | <i>Ole-Martin Eidesen</i>        |         |
|   |    | <i>Thomas Bjerknesli</i>         |         |
| 7 | 10 | Haugesund IL                     | 2,14,96 |
|   |    | <i>Benjamin Liestøl</i>          |         |
|   |    | <i>Sindre Gelius Eikje</i>       |         |
|   |    | <i>Leonard-Johan Nesheim</i>     |         |
|   |    | <i>Håkon Kolstø</i>              |         |
| 8 | 48 | Tjålve, IK                       | 2,15,60 |
|   |    | <i>Andreas Gjesdal</i>           |         |
|   |    | <i>Rasmus Stene</i>              |         |
|   |    | <i>Erik Gundersen</i>            |         |
|   |    | <i>Simon Sandbakken</i>          |         |
| 9 | 37 | Tyrving IL                       | 2,22,53 |
|   |    | <i>Hallvar Hauge Hornes</i>      |         |
|   |    | <i>Aleksander Claussen</i>       |         |
|   |    | <i>Hallvard Boland Haugen</i>    |         |
|   |    | <i>Felix Sundem Petersson</i>    |         |
|   | 46 | IL I Bul                         | DQ      |
|   |    | <i>Dinesh Anantharaja</i>        |         |
|   |    | <i>Ola Eloranta</i>              |         |
|   |    | <i>Hans Christian Walker</i>     |         |
|   |    | <i>Morten Grønbech</i>           |         |
|   | 36 | Tyrving IL                       | DQ      |
|   |    | <i>Fabian Skarboe Rønningen</i>  |         |
|   |    | <i>Jonas Halonen</i>             |         |
|   |    | <i>Kathan Yoganathan</i>         |         |
|   |    | <i>Peder Gundersen Strand</i>    |         |

**G-15/16**

1000 m stafett

**G-17/19 år****1000 m stafett****Heat: 1**

|   |    |                                    |         |
|---|----|------------------------------------|---------|
| 1 | 47 | IL I Bul                           | 2,06,82 |
|   |    | <i>Tando Sigcau</i>                |         |
|   |    | <i>Haakon Askim Vatne</i>          |         |
|   |    | <i>Andreas Henriksen</i>           |         |
|   |    | <i>Magnus Sælensminde</i>          |         |
| 2 | 57 | FIK Orion                          | 2,07,69 |
|   |    | <i>Sverre Stensberg</i>            |         |
|   |    | <i>Jesper Vestbø</i>               |         |
|   |    | <i>Dag Olav Hanstad</i>            |         |
|   |    | <i>Vebjørn Gilde</i>               |         |
| 3 | 2  | Fana IL                            | 2,13,66 |
|   |    | <i>Adrian Manum Kvinge</i>         |         |
|   |    | <i>Thomas Langhelle Trefall</i>    |         |
|   |    | <i>Martin Cappelen Smith</i>       |         |
|   |    | <i>Eivind Gamst</i>                |         |
|   | 39 | Tyrving IL                         | DQ      |
|   |    | <i>Frederik Jahr</i>               |         |
|   |    | <i>Anders Martin Knoph Televik</i> |         |
|   |    | <i>Petter Rød Gulliksen</i>        |         |
|   |    | <i>Robert Schwencke</i>            |         |

**Heat: 2**

|   |    |                                      |         |
|---|----|--------------------------------------|---------|
| 1 | 41 | Ullensaker/Kisa IL (2)               | 2,03,18 |
|   |    | <i>Hans Martin Hofseth</i>           |         |
|   |    | <i>Njord Erlend Tjønneland Wiker</i> |         |
|   |    | <i>Håvard Hildeskor</i>              |         |
|   |    | <i>Vetle Aasland</i>                 |         |
| 2 | 3  | Herkules Friidrett                   | 2,03,76 |
|   |    | <i>Daniel Tveitan</i>                |         |
|   |    | <i>Torbjørn Fossum Heldal</i>        |         |
|   |    | <i>Simen Sigurdsen</i>               |         |
|   |    | <i>Ola G. Grendal</i>                |         |
| 3 | 4  | Lillehammer IF                       | 2,03,84 |
|   |    | <i>Martin Bjerke</i>                 |         |
|   |    | <i>Sondre Mulongo Nystrøm</i>        |         |
|   |    | <i>Håkon Morken</i>                  |         |
|   |    | <i>Gishe Abdi Wako</i>               |         |
| 4 | 9  | Tjalve, IK                           | 2,04,15 |
|   |    | <i>Martin Smebye</i>                 |         |
|   |    | <i>Rasmus Ulven</i>                  |         |
|   |    | <i>Torjus Halden</i>                 |         |
|   |    | <i>Jens-Olaf Breivik Lingaas</i>     |         |

**Heat: 3**

|   |    |                               |         |
|---|----|-------------------------------|---------|
| 1 | 40 | Ullensaker/Kisa IL (1)        | 1,58,66 |
|   |    | <i>Martin Opaker</i>          |         |
|   |    | <i>Vegard Løberg Gjelsvik</i> |         |
|   |    | <i>Andreas Roth</i>           |         |
|   |    | <i>Thomas Roth</i>            |         |
| 2 | 49 | Moelven IL                    | 1,59,16 |
|   |    | <i>Vegard Kim Iversen</i>     |         |
|   |    | <i>Martin Forbergskog</i>     |         |
|   |    | <i>Jørgen Kåshagen</i>        |         |
|   |    | <i>Carl Emil Kåshagen</i>     |         |
| 3 | 8  | Sandnes IL                    | 1,59,67 |
|   |    | <i>Rein Åsmund Torsvik</i>    |         |
|   |    | <i>Joachim Sandberg</i>       |         |
|   |    | <i>Kjartan Løvoll</i>         |         |
|   |    | <i>Marius Bakken Støle</i>    |         |

**G-17/19 år****1000 m stafett**

|   |              |                                  |         |
|---|--------------|----------------------------------|---------|
| 4 | 5            | Moss IL                          | 2,06,27 |
|   |              | <i>John Anders E. Hovland</i>    |         |
|   |              | <i>Daniel Engen Lauritzen</i>    |         |
|   |              | <i>Erik Røraas</i>               |         |
|   |              | <i>Sondre Sølberg</i>            |         |
| 7 | Ren-Eng, FIK |                                  | DNF     |
|   |              | <i>Vegard Ølstad</i>             |         |
|   |              | <i>Jørgen Bekkevoll</i>          |         |
|   |              | <i>Petter Kristiansen</i>        |         |
|   |              | <i>Per Josè Clemente Skancke</i> |         |

**G-17/19 år****1000 m stafett****Total:**

|    |    |                                      |         |
|----|----|--------------------------------------|---------|
| 1  | 40 | Ullensaker/Kisa IL                   | 1,58,66 |
|    |    | <i>Martin Opaker</i>                 |         |
|    |    | <i>Vegard Løberg Gjelsvik</i>        |         |
|    |    | <i>Andreas Roth</i>                  |         |
|    |    | <i>Thomas Roth</i>                   |         |
| 2  | 49 | Moelven IL                           | 1,59,16 |
|    |    | <i>Vegard Kim Iversen</i>            |         |
|    |    | <i>Martin Forbergskog</i>            |         |
|    |    | <i>Jørgen Kåshagen</i>               |         |
|    |    | <i>Carl Emil Kåshagen</i>            |         |
| 3  | 8  | Sandnes IL                           | 1,59,67 |
|    |    | <i>Rein Åsmund Torsvik</i>           |         |
|    |    | <i>Joachim Sandberg</i>              |         |
|    |    | <i>Kjartan Løvoll</i>                |         |
|    |    | <i>Marius Bakken Støle</i>           |         |
| 4  | 41 | Ullensaker/Kisa IL                   | 2,03,18 |
|    |    | <i>Hans Martin Hofseth</i>           |         |
|    |    | <i>Njord Erlend Tjønneland Wiker</i> |         |
|    |    | <i>Håvard Hildeskor</i>              |         |
|    |    | <i>Vetle Aasland</i>                 |         |
| 5  | 3  | Herkules Friidrett                   | 2,03,76 |
|    |    | <i>Daniel Tveitan</i>                |         |
|    |    | <i>Torbjørn Fossum Heldal</i>        |         |
|    |    | <i>Simen Sigurdsen</i>               |         |
|    |    | <i>Ola G. Grendal</i>                |         |
| 6  | 4  | Lillehammer IF                       | 2,03,84 |
|    |    | <i>Martin Bjerke</i>                 |         |
|    |    | <i>Sondre Mulongo Nystrøm</i>        |         |
|    |    | <i>Håkon Morken</i>                  |         |
|    |    | <i>Gishe Abdi Wako</i>               |         |
| 7  | 9  | Tjålve, IK                           | 2,04,15 |
|    |    | <i>Martin Smebye</i>                 |         |
|    |    | <i>Rasmus Ulven</i>                  |         |
|    |    | <i>Torjus Halden</i>                 |         |
|    |    | <i>Jens-Olaf Breivik Lingaas</i>     |         |
| 8  | 5  | Moss IL                              | 2,06,27 |
|    |    | <i>John Anders E. Hovland</i>        |         |
|    |    | <i>Daniel Engen Lauritzen</i>        |         |
|    |    | <i>Erik Røraas</i>                   |         |
|    |    | <i>Sondre Sølberg</i>                |         |
| 9  | 47 | IL I Bul                             | 2,06,82 |
|    |    | <i>Tando Sigcau</i>                  |         |
|    |    | <i>Haakon Askim Vatne</i>            |         |
|    |    | <i>Andreas Henriksen</i>             |         |
|    |    | <i>Magnus Sælensminde</i>            |         |
| 10 | 57 | FIK Orion                            | 2,07,69 |
|    |    | <i>Sverre Stensberg</i>              |         |
|    |    | <i>Jesper Vestbø</i>                 |         |
|    |    | <i>Dag Olav Hanstad</i>              |         |
|    |    | <i>Vebjørn Gilde</i>                 |         |
| 11 | 2  | Fana IL                              | 2,13,66 |
|    |    | <i>Adrian Manum Kvinge</i>           |         |
|    |    | <i>Thomas Langhelle Trefall</i>      |         |
|    |    | <i>Martin Cappelen Smith</i>         |         |
|    |    | <i>Eivind Gamst</i>                  |         |

**G-17/19 år****1000 m stafett**

|    |                                    |     |
|----|------------------------------------|-----|
| 7  | Ren-Eng, FIK                       | DNF |
|    | <i>Vegard Ølstad</i>               |     |
|    | <i>Jørgen Bekkevoll</i>            |     |
|    | <i>Petter Kristiansen</i>          |     |
|    | <i>Per Josè Clemente Skancke</i>   |     |
| 39 | Tyrving IL                         | DQ  |
|    | <i>Frederik Jahr</i>               |     |
|    | <i>Anders Martin Knoph Televik</i> |     |
|    | <i>Petter Rød Gulliksen</i>        |     |
|    | <i>Robert Schwencke</i>            |     |

**J-15/16****1000 m stafett****Heat: 1**

|   |    |                                  |         |
|---|----|----------------------------------|---------|
| 1 | 44 | IL I Bul (2)                     | 2,28,65 |
|   |    | <i>Edina Brobbey</i>             |         |
|   |    | <i>Tora Spangen Normann</i>      |         |
|   |    | <i>Karoline Klemp Petersen</i>   |         |
|   |    | <i>Anniken Henriksen</i>         |         |
| 2 | 33 | Tyrving IL (2)                   | 2,29,83 |
|   |    | <i>Veronica Edland</i>           |         |
|   |    | <i>Victoria Verheugen</i>        |         |
|   |    | <i>Aurora Selstad Dybedokken</i> |         |
|   |    | <i>Kristin Skolt</i>             |         |
| 3 | 22 | Stjørdal FIK                     | 2,30,46 |
|   |    | <i>Stine Grong Ruud</i>          |         |
|   |    | <i>Maria B. Jensen</i>           |         |
|   |    | <i>Charlotte Myhre</i>           |         |
|   |    | <i>Maria Heggem</i>              |         |
| 4 | 21 | Steinkjer FIK                    | 2,30,49 |
|   |    | <i>Lina Ulsund</i>               |         |
|   |    | <i>Kristina Jekthammer</i>       |         |
|   |    | <i>Mia Govasmark</i>             |         |
|   |    | <i>Silje-Emilie Rygg</i>         |         |

**Heat: 2**

|   |    |                                   |         |
|---|----|-----------------------------------|---------|
| 1 | 15 | Fana IL                           | 2,27,57 |
|   |    | <i>Elisabeth Gjelsvik</i>         |         |
|   |    | <i>Sara Berrefjord</i>            |         |
|   |    | <i>Kristin Birkelund</i>          |         |
|   |    | <i>Eline Bruce</i>                |         |
| 2 | 18 | Moss IL                           | 2,28,63 |
|   |    | <i>Ane Vallner</i>                |         |
|   |    | <i>Sara Rolfson</i>               |         |
|   |    | <i>Kaja Marie Johansen</i>        |         |
|   |    | <i>Karen Emilie Sjølie</i>        |         |
| 3 | 19 | Nesodden IF                       | 2,32,27 |
|   |    | <i>Anna Linnea Gunvaldsen</i>     |         |
|   |    | <i>Julie Glimsdal</i>             |         |
|   |    | <i>Marianne Husby</i>             |         |
|   |    | <i>Kristin Haugstad</i>           |         |
| 4 | 60 | Skjalg IL                         | 2,42,38 |
|   |    | <i>Kristine Helene Roalsø</i>     |         |
|   |    | <i>Ane Hanasand Drange</i>        |         |
|   |    | <i>Karen Meling</i>               |         |
|   |    | <i>Ida Elise Nymoen Eltervaag</i> |         |

**Heat: 3**

|   |    |                              |         |
|---|----|------------------------------|---------|
| 1 | 17 | Laksevåg TIL                 | 2,21,12 |
|   |    | <i>Sarah Hovden Øvsthus</i>  |         |
|   |    | <i>Julie Strøm</i>           |         |
|   |    | <i>Paula Nedberge Llano</i>  |         |
|   |    | <i>Vilde Svortevik</i>       |         |
| 2 | 43 | IL I Bul (1)                 | 2,23,27 |
|   |    | <i>Julio Farseth Berg</i>    |         |
|   |    | <i>Phylis Boateng-Gyamfi</i> |         |
|   |    | <i>Katrine Askim Vatne</i>   |         |
|   |    | <i>Trine Tryggstad Berre</i> |         |
| 3 | 16 | Kristiansand IF Friidrett    | 2,23,73 |
|   |    | <i>Marte Wilson</i>          |         |
|   |    | <i>Camilla Lien</i>          |         |
|   |    | <i>Guro F. Andersen</i>      |         |
|   |    | <i>Ida Hammerstrøm</i>       |         |

**J-15/16****1000 m stafett**

|   |    |                                          |         |
|---|----|------------------------------------------|---------|
| 4 | 32 | Tyrving IL (1)                           | 2,24,24 |
|   |    | <i>Ane Dahlen</i>                        |         |
|   |    | <i>Andrea Bressand</i>                   |         |
|   |    | <i>Astrid Råd Valderhaug</i>             |         |
|   |    | <i>Leah Røste</i>                        |         |
| 5 | 31 | Sandnes IL                               | 2,24,88 |
|   |    | <i>Nora Line</i>                         |         |
|   |    | <i>Eline Nøtland</i>                     |         |
|   |    | <i>Helena Wille Gramstad</i>             |         |
|   |    | <i>Lisa Celine Willassen</i>             |         |
| 6 | 20 | Selsbakk IF                              | 2,28,25 |
|   |    | <i>Tiril Lyslo Haugskott</i>             |         |
|   |    | <i>Marte Marina Pedersen</i>             |         |
|   |    | <i>Marte Jermstad</i>                    |         |
|   |    | <i>Cecilia Johanna Carneiro Håkegård</i> |         |

**J-15/16****1000 m stafett****Total:**

|    |    |                                          |         |
|----|----|------------------------------------------|---------|
| 1  | 17 | Laksevåg TIL                             | 2,21,12 |
|    |    | <i>Sarah Hovden Øvsthus</i>              |         |
|    |    | <i>Julie Strøm</i>                       |         |
|    |    | <i>Paula Nedberge Llano</i>              |         |
|    |    | <i>Vilde Svortevik</i>                   |         |
| 2  | 43 | IL I Bul                                 | 2,23,27 |
|    |    | <i>Julio Farseth Berg</i>                |         |
|    |    | <i>Phylis Boateng-Gyamfi</i>             |         |
|    |    | <i>Katrine Askim Vatne</i>               |         |
|    |    | <i>Trine Tryggestad Berre</i>            |         |
| 3  | 16 | Kristiansand IF Friidrett                | 2,23,73 |
|    |    | <i>Marte Wilson</i>                      |         |
|    |    | <i>Camilla Lien</i>                      |         |
|    |    | <i>Guro F. Andersen</i>                  |         |
|    |    | <i>Ida Hammerstrøm</i>                   |         |
| 4  | 32 | Tyrving IL                               | 2,24,24 |
|    |    | <i>Ane Dahlen</i>                        |         |
|    |    | <i>Andrea Bressand</i>                   |         |
|    |    | <i>Astrid Råd Valderhaug</i>             |         |
|    |    | <i>Leah Røste</i>                        |         |
| 5  | 31 | Sandnes IL                               | 2,24,88 |
|    |    | <i>Nora Line</i>                         |         |
|    |    | <i>Eline Netland</i>                     |         |
|    |    | <i>Helena Wille Gramstad</i>             |         |
|    |    | <i>Lisa Celine Willassen</i>             |         |
| 6  | 15 | Fana IL                                  | 2,27,57 |
|    |    | <i>Elisabeth Gjelsvik</i>                |         |
|    |    | <i>Sara Berrefjord</i>                   |         |
|    |    | <i>Kristin Birkelund</i>                 |         |
|    |    | <i>Eline Bruce</i>                       |         |
| 7  | 20 | Selsbakk IF                              | 2,28,25 |
|    |    | <i>Tiril Lyslo Haugskott</i>             |         |
|    |    | <i>Marte Marina Pedersen</i>             |         |
|    |    | <i>Marte Jermstad</i>                    |         |
|    |    | <i>Cecilia Johanna Carneiro Håkegård</i> |         |
| 8  | 18 | Moss IL                                  | 2,28,63 |
|    |    | <i>Ane Vallner</i>                       |         |
|    |    | <i>Sara Rolfson</i>                      |         |
|    |    | <i>Kaja Marie Johansen</i>               |         |
|    |    | <i>Karen Emilie Sjølie</i>               |         |
| 9  | 44 | IL I Bul                                 | 2,28,65 |
|    |    | <i>Edina Brobbey</i>                     |         |
|    |    | <i>Tora Spangen Normann</i>              |         |
|    |    | <i>Karoline Klemp Petersen</i>           |         |
|    |    | <i>Anniken Henriksen</i>                 |         |
| 10 | 33 | Tyrving IL                               | 2,29,83 |
|    |    | <i>Veronica Edland</i>                   |         |
|    |    | <i>Victoria Verheugen</i>                |         |
|    |    | <i>Aurora Selstad Dybedokken</i>         |         |
|    |    | <i>Kristin Skolt</i>                     |         |
| 11 | 22 | Stjørdal FIK                             | 2,30,46 |
|    |    | <i>Stine Grong Ruud</i>                  |         |
|    |    | <i>Maria B. Jensen</i>                   |         |
|    |    | <i>Charlotte Myhre</i>                   |         |
|    |    | <i>Maria Heggem</i>                      |         |

**J-15/16****1000 m stafett**

|    |    |                                   |         |
|----|----|-----------------------------------|---------|
| 12 | 21 | Steinkjer FIK                     | 2,30,49 |
|    |    | <i>Lina Ulsund</i>                |         |
|    |    | <i>Kristina Jekthammer</i>        |         |
|    |    | <i>Mia Govasmark</i>              |         |
|    |    | <i>Silje-Emilie Rygg</i>          |         |
| 13 | 19 | Nesodden IF                       | 2,32,27 |
|    |    | <i>Anna Linnea Gunvaldsen</i>     |         |
|    |    | <i>Julie Glimsdal</i>             |         |
|    |    | <i>Marianne Husby</i>             |         |
|    |    | <i>Kristin Haugstad</i>           |         |
| 14 | 60 | Skjalg IL                         | 2,42,38 |
|    |    | <i>Kristine Helene Roalsø</i>     |         |
|    |    | <i>Ane Hanasand Drange</i>        |         |
|    |    | <i>Karen Meling</i>               |         |
|    |    | <i>Ida Elise Nymoen Eltervaag</i> |         |

**J-17/19 år****1000 m stafett****Heat: 1**

|   |    |                                   |         |
|---|----|-----------------------------------|---------|
| 1 | 26 | Lillehammer IF                    | 2,24,39 |
|   |    | <i>Ida Nordstrand Veskje</i>      |         |
|   |    | <i>Ingvild Hjortnæs Larsen</i>    |         |
|   |    | <i>Anna Ødegård Lauen</i>         |         |
|   |    | <i>Kristin Bakkeli</i>            |         |
| 2 | 25 | Haugesund IL                      | 2,24,47 |
|   |    | <i>Maria Elisabet Lavelle</i>     |         |
|   |    | <i>Mari Skifttestad</i>           |         |
|   |    | <i>Kristin Hagen</i>              |         |
|   |    | <i>Ingrid Haga</i>                |         |
| 3 | 29 | Tjalve, IK                        | 2,25,04 |
|   |    | <i>Marte Jørgensen</i>            |         |
|   |    | <i>Tiril Fjell</i>                |         |
|   |    | <i>Adeleine Bjelland</i>          |         |
|   |    | <i>Marte Helle Schia</i>          |         |
| 4 | 28 | Runar, IL                         | 2,25,54 |
|   |    | <i>Ellen Johanne Gleditsch</i>    |         |
|   |    | <i>Ida Bakke Hansen</i>           |         |
|   |    | <i>Emilie Larsen Ørneseidet</i>   |         |
|   |    | <i>Marit Liebe Harneshaug</i>     |         |
| 5 | 50 | Urædd Friidrett                   | 2,29,59 |
|   |    | <i>Caroline Brekke Karlsen</i>    |         |
|   |    | <i>Siri Elise Borgen</i>          |         |
|   |    | <i>Jannike Borge</i>              |         |
|   |    | <i>Frida Thorsås</i>              |         |
| 6 | 35 | Tyrving IL                        | 2,35,02 |
|   |    | <i>Johanna Gateman</i>            |         |
|   |    | <i>Katarina Mögenburg</i>         |         |
|   |    | <i>Maiken Skoie Brustad</i>       |         |
|   |    | <i>Karoline Egeland Skatteboe</i> |         |

**Heat: 2**

|   |    |                                      |         |
|---|----|--------------------------------------|---------|
| 1 | 27 | Ranheim IL                           | 2,17,94 |
|   |    | <i>Synne Krokstad</i>                |         |
|   |    | <i>Emilie Søgnesand</i>              |         |
|   |    | <i>Stine Marie Grønnhaug</i>         |         |
|   |    | <i>Cecilie Hofstad</i>               |         |
| 2 | 55 | Minerva Idrettsskole                 | 2,18,10 |
|   |    | <i>Iselin Pedersen Trejos</i>        |         |
|   |    | <i>Kine Aaltvedt</i>                 |         |
|   |    | <i>Emilie Orning</i>                 |         |
|   |    | <i>Solveig Emilie Olsen</i>          |         |
| 3 | 30 | Trondheim Friidrett                  | 2,18,47 |
|   |    | <i>Ane Midtstraum</i>                |         |
|   |    | <i>Jorunn Vaagan Hofset</i>          |         |
|   |    | <i>Julie Andrea Håskjold</i>         |         |
|   |    | <i>Julie Bertheussen Falkanger</i>   |         |
| 4 | 52 | Bjarg IL                             | 2,21,48 |
|   |    | <i>Guro Sæle Kongsvik</i>            |         |
|   |    | <i>Elise Una Mikkelsen</i>           |         |
|   |    | <i>Christine Bjelland Jensen</i>     |         |
|   |    | <i>Anne Bjelland Jensen</i>          |         |
| 5 | 23 | Eide IL                              | 2,22,90 |
|   |    | <i>Heidi Charlotte Aasen Nerland</i> |         |
|   |    | <i>Janne Therese Aasen Nerland</i>   |         |
|   |    | <i>Siv Krakeli Sneen</i>             |         |
|   |    | <i>Tonje Krakeli Sneen</i>           |         |

**J-17/19 år****1000 m stafett**

|   |    |                               |         |
|---|----|-------------------------------|---------|
| 6 | 56 | FIK Orion                     | 2,25,28 |
|   |    | <i>Mahawa Kromah</i>          |         |
|   |    | <i>Gerd Lahlum Lystad</i>     |         |
|   |    | <i>Maria Cecilie Teigland</i> |         |
|   |    | <i>Siri Catrin Nybakk</i>     |         |

**J-17/19 år****1000 m stafett****Total:**

|    |    |                                      |         |
|----|----|--------------------------------------|---------|
| 1  | 27 | Ranheim IL                           | 2,17,94 |
|    |    | <i>Synne Krokstad</i>                |         |
|    |    | <i>Emilie Søgnesand</i>              |         |
|    |    | <i>Stine Marie Grønnehaug</i>        |         |
|    |    | <i>Cecilie Hofstad</i>               |         |
| 2  | 55 | Minerva Idrettsskole                 | 2,18,10 |
|    |    | <i>Iselin Pedersen Trejos</i>        |         |
|    |    | <i>Kine Aaltvedt</i>                 |         |
|    |    | <i>Emilie Orning</i>                 |         |
|    |    | <i>Solveig Emilie Olsen</i>          |         |
| 3  | 30 | Trondheim Friidrett                  | 2,18,47 |
|    |    | <i>Ane Midtstraum</i>                |         |
|    |    | <i>Jorunn Vaagan Hofset</i>          |         |
|    |    | <i>Julie Andrea Håskjold</i>         |         |
|    |    | <i>Julie Bertheussen Falkanger</i>   |         |
| 4  | 52 | Bjarg IL                             | 2,21,48 |
|    |    | <i>Guro Sæle Kongsvik</i>            |         |
|    |    | <i>Elise Una Mikkelsen</i>           |         |
|    |    | <i>Christine Bjelland Jensen</i>     |         |
|    |    | <i>Anne Bjelland Jensen</i>          |         |
| 5  | 23 | Eide IL                              | 2,22,90 |
|    |    | <i>Heidi Charlotte Aasen Nerland</i> |         |
|    |    | <i>Janne Therese Aasen Nerland</i>   |         |
|    |    | <i>Siv Krakeli Sneen</i>             |         |
|    |    | <i>Tonje Krakeli Sneen</i>           |         |
| 6  | 26 | Lillehammer IF                       | 2,24,39 |
|    |    | <i>Ida Nordstrand Veskje</i>         |         |
|    |    | <i>Ingvild Hjorthnæs Larsen</i>      |         |
|    |    | <i>Anna Ødegård Lauen</i>            |         |
|    |    | <i>Kristin Bakkeli</i>               |         |
| 7  | 25 | Haugesund IL                         | 2,24,47 |
|    |    | <i>Maria Elisabet Lavelle</i>        |         |
|    |    | <i>Mari Skiftstad</i>                |         |
|    |    | <i>Kristin Hagen</i>                 |         |
|    |    | <i>Ingrid Haga</i>                   |         |
| 8  | 29 | Tjålve, IK                           | 2,25,04 |
|    |    | <i>Marte Jørgensen</i>               |         |
|    |    | <i>Tiril Fjell</i>                   |         |
|    |    | <i>Adeleine Bjelland</i>             |         |
|    |    | <i>Marte Helle Schia</i>             |         |
| 9  | 56 | FIK Orion                            | 2,25,28 |
|    |    | <i>Mahawa Kromah</i>                 |         |
|    |    | <i>Gerd Lahlum Lystad</i>            |         |
|    |    | <i>Maria Cecilie Teigland</i>        |         |
|    |    | <i>Siri Catrin Nybakk</i>            |         |
| 10 | 28 | Runar, IL                            | 2,25,54 |
|    |    | <i>Ellen Johanne Gleditsch</i>       |         |
|    |    | <i>Ida Bakke Hansen</i>              |         |
|    |    | <i>Emilie Larsen Ørneseidet</i>      |         |
|    |    | <i>Marit Liebe Harneshaug</i>        |         |
| 11 | 50 | Urædd Friidrett                      | 2,29,59 |
|    |    | <i>Caroline Brekke Karlsen</i>       |         |
|    |    | <i>Siri Elise Borgen</i>             |         |
|    |    | <i>Jannike Borge</i>                 |         |
|    |    | <i>Frida Thorsås</i>                 |         |

**J-17/19 år****1000 m stafett**

|    |    |                                   |         |
|----|----|-----------------------------------|---------|
| 12 | 35 | Tyrving IL                        | 2,35,02 |
|    |    | <i>Johanna Gateman</i>            |         |
|    |    | <i>Katarina Mögenburg</i>         |         |
|    |    | <i>Maiken Skoie Brustad</i>       |         |
|    |    | <i>Karoline Egeland Skatteboe</i> |         |