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Antall deltakende klubber i mesterskapene 2024

Antall deltakende utøvere 2024

	Menn	Kvinner	Totalt
Totalt	1560	1068	2628
Seniormesterskap	740	408	1148
Juniormesterskap	270	214	484
Ungdomsmesterskap	550	446	996

Antall starter i mesterskapene 2024

	Menn	Kvinner	Totalt
Totalt	3603	2560	4528
Seniormesterskap	1320	648	2119
Juniormesterskap	799	417	1085
Ungdomsmesterskap	1635	1344	1344

Slik leses indeksen:

Navn

Fødselsdato

Plassering*

* Se nedenfor

År

Øvelse

Sort skrift: Seniormesterskap

Blå skrift: Juniormesterskap

Rød skrift: Ungdomsmesterskap

Klasse

Blank: Senior-NM

Øvre klasser benevnt

Inne

Innendørskonkurranse

Utendørs er blank

Resultat

Borge, Vebjørn (14.2.1994)

2013 1000mR 5 1:56.10, 400m inne 3h2 51.84, 4x200mR inne DQ, 4x100mR DNF, 4x400mR 4 3:19.64, 400m U20 5 51.36, 800m U20 3h3 2:05.20, 1000mR U20 3 1:51.24, 4x100mR U20 0 DNFh1, 400mR U20 1 3:21.95, 400m G1 19 8 51.27, 800m G18/19

Plassering:

Enkeltstiffer: Finaleplassering

3h2: Nr. 3 i heat 2

4s3: Nr. 4 i semifinale 3

DNF: Brutt

DNFh2: Brutt løp i heat 2

DNS: Startet ikke

DQ: Diskvalifisert

Rxxx.xx: Diskvalifisert etter denne regel

NM: Ikke gyldig resultat

q eller k: kvalifiseringskonkurranse

Antall utøvere pr årsklasse i UM											
Gutter	15 år	16 år	17 år	18 år	19 år	Jenter	15 år	16 år	17 år	18 år	19 år
2024	128	120	122	144	←	2024	129	102	85	102	←

NM/UM 2024

Mesterskap ikke arrangert
NM kappgang
NM kappgang langdistanse
Menn
A
Abdulaziz, Ebrahim (17.11.1978)
2024 100km ultra 1 7:01:48
Abrahamsen, Lars Kålås (12.2.2009)
2024 2km terreng G15 DNS
Abusdal, Jacob Bergmann (15.6.2007)
2024 400 inne G17 3 3.87, 800 inne G17 9 (2h1) 2:11.02
Adolfson, Kristoffer Arne (27.5.1995)
2024 OCR Hinder 5 43:40
Agbo, Schaanning Edem (3.12.1999)
2024 100 3 10.37w, 3s1 10.47, 1h3 10.84, 1000 stafett 2 (2h2) 1:52:29, 60 inne 4 6.92, 1s2 6.92, 1h5 7.09, Lengde u.t. 3 3.12, 4x100 stafett 1 41.09, 4x100 stafett 1h1 41:35
Ahmed, Afnan (8.11.1977)
2024 5km gateløp 87 26:34
Ahmed, Khaled Hassan (16.4.2005)
2024 800 G18/19 27 (7h2) 2:05.06
Akerlie, Tore (19.2.1999)
2024 1500 6h2 4:00.38, 5000 12 (12h2) 14:04.04, 3000 inne 3 (3h3) 8:10.08, 3km terreng 6 9:05, 1x6km stafett terreng 3 17:05, 4x1500 stafett 1 15:52.69, 10km terreng 14 28:16, 10km gateløp 12 30:05
Aks, Anders Arnor Hauen (2.10.1982)
2024 Terrengultra 64 19:44
Alfheim, Thor Adam Morados (31.1.2009)
2024 100 G15 6 11.83, 3s2 11.77, 2h2 11.87, 200 G15 4 23.74, 2s2 23.83, 2h2 24.31, Høyde G15 9 1.56, Lengde G15 5 5.40w, 60 inne G15 4 7.49, 2s2 7.50, 1h1 7.58, 200 inne G15 5 (3f2) 24.70, 1h3 24.58, Lengde inne G15 7 5.24
Ali, Abdullahi Hassan (1.11.1994)
2024 5km gateløp 22 14:55, 10km gateløp 63 32:47
Almli-Solheim, Ludvik Elenus (30.4.2006)
2024 5000 U20 9 (2h1) 15:13.63, 3000 G18/19 17 (12h2) 8:58.52
Almquist, Morten (20.6.1967)
2024 Terrengultra 51 15:21
Alsaker-Arentz, Jonathan (24.3.2004)
2024 800 inne G20-22 4 2:05.42, 1500 inne G20-22 1 4:11.46
Alstad, Tobias (31.8.2002)
2024 3km terreng 4 9:03, 10km terreng 11 28:10, 10km gateløp 26 30:48
Alvik, Eirik (8.8.2006)
2024 1500 11h3 4:10.50, 800 inne =10 (=3h1) 2:00.16, 1500 nne 9 (2h2) 3:59.10, 800m U20 8h1 2:00.60, 1500 U20 6h2 4:03.87, 2km terreng U20 4 6:03, 6km terreng U20 15 17:55i
Andersen, Christian (??-??-????)
2024 Terrengultra 56 16:32
Andersen, Christian Geitle (12.2.1979)
2024 Terrengultra DNF
Andersen, Jonas Langeland (22.5.2008)
2024 100 G16 4h1 12.07, 100h G16 3 14.45, 2h1 14.67, 200 inne G16 1h8 24.05, 60h inne G16 1 8.58, 1h1 8.74, 4x200 stafett inne G15-17 8 (3h2) 1:39.74
Andersen, Nicolay (1.5.2001)
2024 5km gateløp 28 15:27

Andersen, Paal (15.4.1964)
2024 Maraton 12 2:56:20
Andersen, Sindre Fidje (1.9.2003)
2024 100 U23 6h2 11.61, 200 U23 6h2 23.67w, 200 inne G20-22 2h2 23.75, 4x200 inne G18-22 1 (1h3) 1:29.02
Andersen, Tobias Repstad (25.1.2006)
2024 1500 U20 9h1 4:08.62, 5000 U20 h2 DNF, 5km gateløp U20 DNS, 800 G18/19 31 (5h1) 2:07.12, 3000 G18/19 14 (4h1) 8:52.25, 1500 inne G18/19 9 (9h2) 4:13.81
Andersson, Linus Herneback (18.4.2009)
2024 800 G15 10 (3h2) 2:07.73, Kule G15 3 11.77, Diskos G15 3 36.05, Slegge G15 4 40.85, 200 inne G15 2h5 25.51, 200 inne G15 3h7 26.08, 800 inne G15 8 (8h2) 2:09.77, Kule inne G15 5 10.57
Andreassen, Herman Melhus (25.5.2005)
2024 800 inne G18/19 12 (6h1) 2:20.44, 1500 inne G18/19 14 (5h1) 4:41.37, 4x200 inne G18-22 9 (2h1) 1:39.44
Andreassen, Mathias Osnes (13.7.2009)
2024 100 G15 6h4 12.46, 200 G15 5h3 25.31, 1000 stafett G15/16 5 (5h2) 2:11.11, 60 inne G15 7h1 8.34
Andreassen-Holm, Iver Johan (3.3.2007)
2024 400 U20 5h2 52.38, 800m U20 3h2 1:59.15, 400 G17 7 (7h3) 51.64
Andresen, Johan Engelién (21.4.2008)
2024 4x100 stafett U20 5 46.67, 800 G16 17 (2h1) 2:10.14, 800 inne G16 13 (6h2) 2:08.59, 1500 inne G16 13 (5h1) 4:33.70, 4x200 inne G18-22 8 (1h1) 1:38.76
Andresen, Peder (10.1.2008)
2024 Kule G16 6 10.37, Diskos G16 6 19.83
Andresen, Tord (5.8.2006)
2024 800 G18/19 8 (2h3) 1:57.31
Anglevik, Roger Oddbjørn (11.7.1946)
2024 Motbakke 70 1:42:52
Antonsen, Magnus Nergård (2.2.2006)
2024 110h G18/19 4 19.18, Stav G18/19 8 3.21, Kule G18/19 7 11.23, Diskos G18/19 5 37.76, Slegge G18/19 6 37.27, Spyd G18/19 7 36.80
Apold, Lars-Olav Måkestad (5.6.1992)
2024 1500 11h2 4:08.41, 5000 28 (7h1) 14:58.13, 1500 inne 17 (1h1) 4:04.72, 3000 inne 11 (1h2) 8:33.92, 10km gateløp 53 31:50
Armond, Sander Feness (8.11.2005)
2024 4x200 inne G18-22 9 (2h1) 1:39.44
Arnesen, Ulrik Astrup (28.1.1997)
2024 3km terreng 10 9:12, 10km gateløp 42 31:28
Arstad, Lukas Stilson (20.6.2006)
2024 60 inne 7h1 7.63, 4x200 inne 7 (3h1) 1:37.32, 100 G17 6h1 12.04, 200 G17 5h2 34.52, 100 inne G17 4h4 7.63, 200 inne G17 2h6 24.38, 4x200 inne G18-22 10 (3h1) 1:39.80
Arten, Adum Aden (11.6.2004)
2024 100 U23 7 11.17, 4h1 11.11, 200 U23 4h1 22.41w
Arumairasa, Brage Viljar (18.1.2005)
2024 Diskos 3 50.18, Kule U20 2 14.90, Diskos U20 1 53.12, Kule G18/19 2 14.06, Diskos G18/19 2 52.53
Arumairasa, Jarl Amund (27.3.2007)
2024 Kule U20 5 14.05, Diskos U20 5 42.09, Kule G17 1 15.34, Diskos G17 1 48.46, Kule inne G17 1 14.29
Arvola, Birk Alexander (1.4.2005)

2024 60 inne G18/19 7h5 7.60, 200 inne G18/19 2h2 23.95, 400 inne G18/19 3 52.46

Asgautsen, Thomas Førland (13.3.1989)

2024 Maraton DNF

Askeland, Jonathan (18.7.2003)

2024 60 inne 5h1 7.34, Høyde u.t. 1 1.64, Lengde u.t. 6 3.04, 60 inne G20-22 6h1 7.40, 200 inne G20-22 2h6 23.85

Askim, Aron Mathisen (1.12.2007)

2024 800 7h2 1:59-99, 1500 8h1 4:03.50, 800m U20 5h2

1:59.60, 1500 U20 12 3:59.12, 5h3 3:58.35, 800 G17 5 (5h3)

1:56.52, 3000 G17 3 8:41.04, 800 inne G17 h3 DNS, 2km terreng G17 1 6:06

Augustson, Tage Morken (17.11.1989)

2024 Maraton DNS

Aulibråten, Chris Kaiser (14.3.2007)

2024 100 G17 8s1 11.86, 5h2 11.74

Aunet, Martin Eliah Lilleberre (14.8.2008)

2024 Høyde G16 6 1.74, Tresteg G16 6 11.56, Høyde inne G16 5 1.76

Aurstad, Bastian Elnan (18.1.2005)

2024 400 inne 3 (1h4) 47.49, 400h U20 1 54.10, 1h1 56.87

Aurtande, Lars Magnus Dahl (28.10.1973)

2024 Terrengultra 33 12:47

B

Bach, Kevin Guimaeres Portela (21.6.2008)

2024 60 inne G16 6h5 8.02

Bakke, Adrean T. Holmen (17.8.1998)

2024 3km terreng 27 10:36

Bakke, Eskil Lea (3.10.2008)

2024 Slegge G16 4 40.17

Bakke, Morten Urdal (18.10.1989)

2024 Maraton 2 2:29:02

Bakken, Mikkel (29.9.2005)

2024 6km terreng U20 12 17:54, 10km gateløp U20 20 33:39

Bakken, Sebastian (24.4.2006)

2024 OCR Hinder DNC 1:04:40

Bakketun, Andreas Haara (21.2.2001)

2024 400h 1 50.57, 1000 stafett 3 (3h2) 1:52.28, 200 inne 4 22.05, 1h8 21.79, 400 inne 5 (2h4) 48.03, 4x200 inne 4 (4h2) 1:28.93

Baklid, Jørgen (14.11.1999)

2024 10km gateløp 21 30:28

Balto, Jan-Helge (23.7.1953)

2024 Maraton 26 3:36:49

Baranyi-Berge, Hermann Sandor (6.3.2003)

2024 400 5 48-67, 2h4 47.75

Barka, Markus Marcellius (6.4.2009)

2024 100 G15 8h4 17.36

Bastesen, Julian René (23.7.2004)

2024 60h inne 6 8.57, 4h2 8.66, Lengde u.t. 10 2.85, 110h U23 1 15.63

Bastlien, Iver (25.7.2008)

2024 10km gateløp U20 28 35:37

Becklund, Eric Christopher (17.5.2005)

2024 Spyd 3 64.04, Spyd U20 1 64.50

Beeder, Daniel Alemayehu (8.19.1991)

2024 5000 34 (12h1) 15:06.64

Bendiksen, Jack (7.12.2007)

2024 4km terreng G17 8 13:57

Bensol, Ajibola (24.6.2009)

2024 100 G15 7s1 12.23, 3h4 11.82

Berg, Aleksander (23.5.2006)

2024 100 G18/19 4h2 12.08

Berg, Børge Nilsen (26.8.2004)

2024 3km terreng 25 10:16, 1x6km stafett terreng 15 19:36, 800 U23 4 1:58.63, 1500 U23 DNF

Berg, Ervin Kavara (13.4.2006)

2024 100 G18/19 4h4 11.78, 200 G18/19 8s2 23.43, 6h4 23.21, 400 G18/19 9 (2h2) 51.31

Berg, Haakon Engelsen (17.1.1992)

2024 5000 30 (9h1) 15:00.46, 5km gateløp 29 15:28

Berg, Håkon Moe (26.6.2006)

2024 1500 4 3:47.79, 2h3 3:52.76, 800 inne 3 (3h2) 1:52.51, 1500 inne 1 (1h3) 3:44.33, 1500 U20 1 3:43.95, 2h1 3:58.47

Berge, Kjetil (11.11.1980)

2024 OCR Hinder DNS

Bergesen, Aksel Nedreberg (20.3.2009)

2024 100 G15 6s2 12.15, 4h2 12.08, 100h G15 6 14.56, 3h1 15.03, Høyde G15 8 1.61, 60 inne G15 7 7.58, 3s1 7.58, 1h4 7.64, 60h inne G15 4 8.76, 3h1 8.99

Berget, Espen (2.2.1996)

2024 OCR Hinder 2 41:54

Bergheim, Brede Leander (16.11.2008)

2024 100 G16 6h2 12.36, 200 G16 7s2 24.83, 3h3 24.65, 1000 stafett G15/16 5 (5h2) 2:11.11, 60 inne G16 7s3 7.76, 5h3 7.72, 200 inne G16 2h9 25.13, 4x200 stafett inne G15-17 10 (3h1) 1:42.54

Bergheim, Elias August (12.10.2003)

2024 200 inne h4 DNF

Bergstrøm-Bendixen, Dennis (6.6.2006)

2024 1500 U20 9h2 4:06.14, 5000 U20 h1 DNF, 800 G18/19 13 (6h3) 1:59.35, 3000 G18/19 9 (1h1) 8:48.14

Bergum, Eurico Arnold Chiquito (10.1.2007)

2024 60 inne 6h8 7.50, 200 inne 4h6 23.70, 100 U20 7h4 11.60, 200 U20 7s1 22.93w, 6h4 22.93w, 100 G17 5s2 11.52, 3h4 11.58, 200 G17 5s1 23.26, 3h4 23.51, 400 G17 5 (5h3) 50.97, Mangeamp inne G17 4 3.480p

Berland, Håvard (5.6.1978)

2024 Maraton 6 2:36:25

Bernes, Ove Arne (6.3.1952)

2024 Motbakke 72 1:47:51

Berntsen, Sebastian (7.2.2005)

2024 200 6 21.65w, 3s3 21.75w, 2h3 21.75w, Lengde 4 7.29, 200 U20 h1 DNS, Lengde U20 1 7.60, 1q2 6.96

Berre, Nikolai See (2.7.2007)

2024 Høyde U20 3 1.91, Høyde G17 1 1.87, Høyde inne G17 2 1.85, Mangeamp inne G17 5 2.292p

Bertheussen, Erik (17.4.2009)

2024 800 G15 23 (8h3) 2:13.27, 1000 stafett G15/16 7 (2h1) 2:11.63, 800 inne G15 4 (4h2) 2:05.44

Bidtnes, Reidar Vik (4.2.2009)

2024 Høyde G15 10 1.51, 60 inne G15 7s1 7.96, 5h4 7.89, Høyde inne G15 11 1.51

Biermann, Thomas Viksaas (28.11.2007)

2024 Tresteg inne 4 12.84, Lengde U20 5 6.76, 2q1 6.54, Tresteg U20 4 13.85, Høyde u.t. U20 5 1.50, 4x100 stafett U20 3 43.49, Høyde G17 5 1.76, Lengde G17 4 6.45, Tresteg G17 2 13.55, Lengde inne G17 4 6.32, Tresteg inne G17 1 13.35, 4x200 stafett inne G15-17 1 (1h3) 1:33.98

Bifuko, Patrick Kwizera Monga (12.1.1996)

2024 100 7s2 10.84, 4h6 10.86, 200 3h2 22.20w, 1000 stafett h2 DQ:TR17.2.3, 60 inne 5h6 7.17, 200 inne (5 22.52), 2h8 21.90

Billing, Brian (23.6.2008)

2024 Spyd G16 1 47.51

Birketveit, Lars Magnus (21.4.2004)

2024 60 inne G20-22 5h1 7.35, 200 inne G20-22 2h1 24.06, 4x200 inne G18-22 2 (2h3) 1:30.30

Bjarkason, Hrafnkell Numi (ISL) (25.3.2007)

2024 4x200 stafett inne G15-17 9 (2h1) 1:40.88

Bjerk, Jesper Sandvik (27.3.2005)

2024 100 G18/19 8s2 11.50w, 5h3 11.48, 200 6h3 23.57w, 60 inne G18/19 6h5 7.53, 200 inne G18/19 3h7 23.87

Bjerke, Josh Antony (14.9.2007)

2024 100 4h4 10.95, 200 4h9 22.21w, 1000 stafett 7 (2h1) 2:03.39, 100 U20 3s3 11.11, 1h5 11.22, 200 U20 6s3 22.47w, 3h4 22.64w, 1000 stafett U20 1 1:58.62, 4x100 stafett U20 1 42.02, 100 G17 3 10.93, 1s1 10.98, 2h3 11.21, 200 G17 4 22.41, 2s1 22.58, 2h1 23.19, 1000 stafett G17-19 1 (1h2) 1:55.87, 100 inne G17 3 7.30, 2s2 7.31, 1h3 7.31, 200 inne G17 2 (1f2) 22.86, 4x200 stafett inne G15-17 1 (1h3) 1:33.98

Bjerva, Gunnar (31.1.2002)

2024 2km terreng G17 12 7:41

Bjorvatn, Kenneth (23.5.1997)

2024 Lengde u.t. 1 3.43

Bjørkhaug, Even (26.9.2009)

2024 800 G15 8 (1h2) 2:05.59, 2000 G15 12 6:02.13

Bjørklund, Petter Sandhei (5.1.2008)

2024 100 G16 8s2 11.93w, 5h3 11.94, 200 G16 6s2 24.64, 4h4 24.77

Bjørnås, Vidar (23.11.2007)

2024 5000 U20 19 (6h1) 15:44.78, 5km gateløp U20 3 15:01, 6km terreng U20 10 17:42, 10km gateløp U20 22 33:43, 3000 G17 6 8:43.06

Bjaaland, Brage Kaspersen (28.1.2009)

2024 300h G15 3 44.10, 1000 stafett G15/16 10 (5h1) 2:16.20, 60 inne G15 6h3 8.07, 200 inne G15 2h1 25.75, Lengde inne G15 13 4.83, 4x200 stafett inne G15-17 5 (2h2) 1:35.35

Blichfeldt, Benjamin Strand (5.3.2009)

2024 100 G15 7h2 12.77, Lengde G15 7 5.36, 60 inne G15 8s1 8.01, 2h1 7.92, Høyde inne G15 13 1.46, Lengde inne G15 14 4.82

Blix, Bendix (5.11.2002)

2024 5000 29 (8h1) 14:59.83, 5000 U23 3 14:59.40

Blom, Jarand (30.6.1996)

2024 Maraton 3 2:30:35

Blom, Lasse (24.11.1983)

2024 3000 inne 18 (4h1) 8:56.82

Bolle, Even Hem (27.10.2006)

2024 Diskos U20 3 44.37, Diskos G18/19 3 47.82

Bollerød, Moa Abounnachat (2.11.2001)

2024 1500 inne 3 (3h3) 3:44.80

Bolsøy, Adrian (7.1.2009)

2024 100h G15 7 18.41, 4h1 15.22, Høyde G15 4 1.66, Stav G15 6 3.01, Spyd G15 7 28.70, 1000 stafett G15/16 12 (6h2) 2:26.37, 60h inne G15 7 9.22, 4h2 9.24, Høyde inne G15 9 1.56, Stav inne G15 3 2.71, Lengde inne G15 11 4.97, Mangelkamp inne G15 1 3.324p, Mangelkamp G15 2 4.297p

Bonesmo, Snorre Sliper (9.5.2001)

2024 100 6h6 11.22, 200 4h2 22.29w, 400 4h2 50.10, 200 inne h4 DNF, 400 inne 13 (2h2) 50.54

Bongom, Bjørn Harald (6.1.1967)

2024 Motbakke 45 1:08:44

Bore, Kristian Weider (2.12.2007)

2024 200 G17 7h4 25.36, 1000 stafett G17-19 9 (1h1) 2:05.66, 100 inne G17 8h3 8.00, 200 inne G17 2h5 25.14, 800 inne G17 13 (5h1) 2:20.04

Borgersen, Karl-Henrik (23.10.2008)

2024 1500h G16 DNF, 1000 stafett G15/16 3 (3h2) 2:07.46, 800 inne G16 15 (3h1) 2:12.38, 1500 inne G16 14 (6h1) 4:35.72, 60h inne G16 5h1 9.68, Stav inne G16 5 2.91, Mangelkamp inne G16 7 3.228p

Borgersen, Leif-Andreas (23.10.2008)

2024 800m U20 9h2 2:02.47, 5000 U20 27 (13h1) 18:10.95, 800 G16 9 (1h2) 2:02.75, 300h G16 3 (3h2) 41.61, 1500h G16 7 4:51.46, 1000 stafett G15/16 3 (3h2) 2:07.46, 200 inne G16 3h8 24.94, 800 inne G16 6 (1h2) 2:04.30, 1500 inne G16 9 (1h1) 4:25.24, 60h inne G16 7 9.19, 4h1 9.42, Lengde inne G16 6 5.65, Tresteg inne G16 6 10.82, Mangelkamp inne G16 4 3.641p

Borgmo, Vincent Møksvold (14.3.1991)

2024 Terrenkultra DNF

Borkholm, Knut (7.6.2002)

2024 3km terreng 21 9:52, 1x6km stafett terreng 14 18:43, Maraton DNF, Halvmaraton U23 1 1:13:04

Botez, Albin Muhummuza Lydersen (30.8.2004)

2024 100 5h6 11.12, 200 6h6 22.80w, 100 U23 5h3 11.39, 200 U23 4h2 23.16w, 1000 stafett U23 3 1:59.53, 60 inne G20-22 5h2 7.33, Kule inne G20-22 3 8.22

Botten, Theodor (30.10.2005)

2024 3000h U20 3 11:00.18

Bottenvik, Vebjørn Kaldahl (13.1.1995)

2024 Spyd 4 63.37

Boutera, Jacob (29.4.1996)

2024 3000h 1 8:32.14, 3km terreng 1 8:56, 5km gateløp 4 14:10, 10km terreng 3 27:11, 10km gateløp 8 29:25

Bowitz, William Chhang (16.7.2009)

2024 800 G15 3 (3h3) 2:02.13, 800 inne G15 7 (7h2) 2:07.54

Brandsnes, Erlend (26.11.1979)

2024 Terrenkultra 22 11:26

Bratseth-Kiplesund, Ingar (17.11.1996)

2024 Lengde 2 7.78, Tresteg DNS

Brattebø, Emil (18.5.2007)

2024 Motbakke 22 1:00:16

Bredesen, Christian Baluyot (15.8.2005)

2024 800 inne 8 (1h1) 1:59.89, 800 inne G18/19 2 (2h2) 1:57.82, 1500 inne G18/19 6 (6h2) 4:08.09

Breigan, Carl Henrik (7.1.2008)

2024 100 G16 2 11.08, 1s1 11.33, 1h1 11.27

Breivik, Hector (26.2.2009)

2024 800 G15 9 (2h2) 2:05.82, 2000 G15 9 5:59.40, 800 inne G15 14 (6h1) 2:21.45, 1500 inne G15 9 (3h1) 4:51.89

Brekke, Erling (15.5.2007)

2024 100 G17 6h2 12.08, 1000 stafett G17-19 12 (5h1) 2:10.28, 100 inne G17 8h4 7.98, Kule inne G17 5 9.82, 4x200 stafett inne G15-17 h1 DNF

Brekke, Kurt Richard (10.3.1969)

2024 Motbakke 42 1:07:35

Brennhovd, Herbjørn (10.3.1948)

2024 5km gateløp 76 22:51

Brensholm, Sigurd Skogan (2.3.2001)

2024 10km gateløp 45 31:34

Brhane, Tesfay (13.3.1995)

2024 800 inne =10 (=3h1) 2:00.16, 1500 inne 21 (4h1) 4:16.41, 4x1500 stafett 2 18:00.48

Bricot, Lucas Francois (27.1.2008)

2024 100h G16 1 13.89, 1h1 13.97, 300h G16 2 (2h2) 41.32, Høyde G16 5 1.74, Lengde G16 7 5.91, Kule G16 3 12.29, Diskos G16 4 30.81, Spyd G16 3 44.54, 60h inne G16 2 8.61, 1h2 8.80, Høyde inne G16 4 1.79, Stav inne G16 3 3.31, Lengde inne G16 3 6.08, Tresteg inne G16 3 12.27, Kule inne G16 2 11.46, Mangelkamp inne G16 1 4.288p, Mangelkamp G16 2 5.385p

Brudevoll, Arvid (25.9.1964)
2024 Motbakke 43 1:07:45

Brufliadt, Steffen Johnsen (14.5.1992)
2024 Terrengultra 3 9:15

Brunsdon, Sebastian (14.8.2009)
2024 800 G15 5 (5h3) 2:03.38, 2000 G15 4 5:51.46, 1000 stafett G15/16 10 (5h1) 2:16.20, 800 inne G15 3 (3h2) 2:03.28, 1500 inne G15 3 (3h2) 4:16.07

Brunstad, Sverre Gunnar (13.12.1967)
2024 Maraton 11 2:52:49

Brænden, Eskil (8.9.2005)
2024 2km terreng U20 14 6:35

Braastad, Anders (12.9.1989)
2024 Terrengultra 10 10:08

Bråten, Chris K. Auli (xx.xx.xxxx)
2024 1000 stafett G17-19 5 (5h2) 1:59.46

Bråten, Didrik Christoffer (22.12.2002)
2024 200 5s3 21.85w, 1h1 21.80w, 100 U23 6 11.01, 2h2 11.10, 200 U23 4 21.75w, 2h1 22.00w

Bråthen, Emil Folkvard (30.5.1993)
2024 Terrengultra 8 9:59

Bugge, Johan (24.1.1991)
2024 10km terreng 17 28:29

Bugge, Øyvind (27.5.1988)
2024 Motbakke 47 1:10:29

Bugge-Olsen, Trym (11.4.2008)
2024 60 inne G16 8s3 7.80, 3h2 7.81, 200 inne G16 2h6 24.94

Bulling, Silas August Skar (21.9.2009)
2024 100 G15 5h3 12.53

Buncic, Lukas (27.12.2007)
2024 1500 U20 5 3:52.36, 1h1 3:58.21, 5000 U20 1 (1h2) 14:25.71, 5km gateløp U20 2 14:31, 6km terreng U20 5 16:59, 800 G17 3 (3h3) 1:55.52, 3000 G17 2 8:27.47, 1000 stafett G17-19 9 (1h1) 2:05.66, 800 inne G17 4 (4h3) 2:01.41, 2km terreng G17 DNS

Buvarp, Kristoffer Reitan Selnes (11.8.2001)
2024 1500 inne 23 (6h1) 4:51.78, 3000 inne 23 (8h1) 10:32.88

Bye, Vetle Titlestad (30.9.2009)
2024 800 G15 22 (7h1) 2:12.80, 2000 G15 16 6:08.77, 2km terreng G15 9 7:00, 4km terreng G15 7 13:08

Bystøl, Einar (17.6.1961)
2024 Motbakke 52 1:12:51

Bäckström, Mats Emilsen (8.12.2008)
2024 200 inne G16 2h7 24.93, Høyde inne G16 7 1.66, Lengde inne G16 12 5.33, Tresteg inne G16 4 11.47, Kule inne G16 4 9.36, Mangelkamp inne G16 6 3.356p, Mangelkamp G16 5 4.590p

Bø, Johannes Sandvik (23.1.2006)
2024 3000h 7 9:02.43, 800m U20 1 1:52.77, 2h3 1:55.90, 1500 U20 8 3:56.04, 2h2 3:58.87, 6km terreng U20 DNF

Bøe, Filip (30.8.2000)
2024 200 3s2 21.77w, 2h5 21.99w, 1000 stafett 3 (3h2) 1:52.28, 200 inne 1h7 21.99, 4x200 inne 4 (4h2) 1:28.93

Bøe, Jo Lasse (6.4.2006)
2024 60 inne G18/19 7h4 7.90, Høyde inne G18/19 NM

Bøe, Steinar (20.7.1997)

2024 5000 35 (13h1) 15:19.33

Bøen-Hope, Lucas Andreas (27.5.2009)
2024 800 inne G15 9 (1h1) 2:10.40, 1500 inne G15 5 (5h2) 4:30.84

Børset, Sebastian (28.12.2007)
2024 5000 U20 24 (10h1) 16:36.68, 10km gateløp U20 16 32:56, 3000 G17 19 9:02.74, 1500 inne G17 1 4:18.89, 2km terreng G17 8 6.41, 4km terreng G17 3 12:04

Børve, Kristian Bråthen (8.12.2006)
2024 1500 4h1 3:59.54, 5000 9 (9h2) 13:59.22, 1x6km stafett terreng 6 17.33

Børsheim, Johan Berge (13.1.2007)
2024 Motbakke 36 1:06:02

Børve, Kristian Bråthen (8.12.2006)
2024 1500 4h1 3:59.54, 5000 9 (9h2) 13:59.22, 1x6km stafett terreng 6 17.33, 800m U20 3 1:53.85, 1h3 1:55.37, 1500 U20 2 3:46.22, 2h1 3:58.61, 2km terreng U20 1 5:47, 5km gateløp U20 5 15:12, 6km terreng U20 3 16:41

C

Cambridge, Luke Arthur John (GBR) (21.4.1989)
2024 OCR Hinder 4 43:27

Carlsen-Brown, Benjamin (2.1.2006)
2024 60 inne 5h7 7.35, 200 inne 4h5 23.62, 100 U20 4h5 11.53, 200 U20 h6 DNS, Lengde U20 3.92, 6q1 6.30, 4x100 stafett U20 2 43.26, 100 G18/19 6s1 11.43, 4h3 11.37, 200 G18/19 5h1 23.33w, Lengde G18/19 9 6.03, 60 inne G18/19 6s3 7.34 4h5 7.35, 200 inne G18/19 1h2 23.84, 4x200 inne G18-22 4 (1h2) 1:32.21

Christiansen, Roger (30.4.1966)
2024 5km gateløp 69 21:26

Constanzo, Mari (???.???.???)
2024 Terrengultra 54 16:17

D

Dabe, Axel Gutterød (2.4.2006)
2024 1500 U20 12h2 4:13.69, 5000 U20 13 (3h1) 15:30.16, 2km terreng U20 =7 6:08, 5km gateløp U20 6 15:13, 6km terreng U20 DNS, 3000 G18/19 11 (2h1) 8:49.27

Dahl, Arne Olav Brøndbo (20.7.2004)
2024 Slegge 8 46.70, Slegge U23 3 49.75

Dahl, Kristoffer Olstad (30.4.2008)
2024 100 G16 6 11.45, 3s1 11.68, 2h3 11.67, 200 G16 3 23.00w, 1s2 23.34, 1h3 23.94, 1000 stafett G15/16 1 (1h2) 2:01.34, 60 inne G16 5s3 7.58, 3h3 7.62, 4x200 stafett inne G15-17 2 (1h2) 1:34.04

Dahl, Øystein (31.1.1970)
2024 5km gateløp 53 18:12

Dahn, Ricard Parwon (10.3.2007)
2024 100 U20 4 10.94, 1s1 10.86, 1h1 11.12, 200 U20 2 21.92, 1s3 21.90w, 2h4 22.51w, 100 G17 2 10.85, 2s2 11.01, 1h1 11.22, 100 inne G17 1 7.09, 1s1 7.17, 1h2 7.14, 200 inne G17 3 (2f2) 22.94, 1h3 22.93

Dale, Mathias Andreas Reksten (24.1.2003)
2024 Kule 5 14.25, Kule Inne 4 13.93

Dalen, Stian (22.8.1977)
2024 Terrengultra DNF

Dalene, Oskar (16.10.2005)
2024 Halvmaraton 21 1:27:45

Dalland, Johannes (8.1.2003)
2024 800 7h3 1:59.21, 3km terreng 20 9:44, 1x6km stafett terreng 7 18:04, 5km gateløp 26 15:15, 800 U23 3 1:57.37, 1500 U23 7 4:03.77

Danielsen, Vegard (4.11.1990)

2024 Halvmaraton 7 1:15:43

Daviknes-Andreassen, Anders (15.3.2006)

2024 10km gateløp U20 33 36:31

Daviknes-Andreassen, Mats (15.3.2006)

2024 10km gateløp U20 10 32:27

Debesai, Siem Mengisteab (25.5.2007)

2024 5km gateløp U20 20 16:29

Debesay, Daniel Fikreyesus (29.1.2006)

2024 60 inne G18/19 7s2 7.38, 3h2 7.37, 200 inne G18/19 2h1 23.11, 4x200 inne G18-22 6 (3h2) 1:34.20

Denstadli, Henrik Anthony (3.11.2009)

2024 800 G15 17 (7h2) 2:10.34, 1000 stafett G15/16 9 (4h1) 2:15.67

Denstadli, Håkon Angelo (3.11.2009)

2024 200 G15 7h3 27.19, 1000 stafett G15/16 9 (4h1) 2:15.67

Dixon, Andreas Joseph (3.4.2001)

2024 400h 2 54.39, 400 inne 16 (3h1) 51.45, 60h inne (8 8.98), 5h1 8.84

Douglas, Leon M. (???.???.???)

2024 4x400 stafett 2 3:16:26

Drager, Thai (16.7.2005)

2024 60 inne G18/19 6h1 7.72, 200 inne G18/19 3h3 25.31, Lengde inne G18/19 10 5.48

Drægni, Svein Arne Stavedal (12.11.1983)

2024 Motbakke 25 1:01:59

Duncan, Henrik (7.4.2003)

2024 100 7h1 11.31, 200 4h8 22.51w, 60 inne 6h6 7.31, 200 inne 3h2 22.45

Dugstad, Per Anders (10.6.1998)

2024 Halvmaraton 6 1:15:18

Duong, Tommy (USA) (15.8.1996)

2024 60 inne 5h3 7.20

Dybvad, Aleksander (15.12.1989)

2024 Terrenkultra 15 10:35

Dybwad, Rune (3.5.1972)

2024 Terrenkultra 25 11:57

Dybvik, Jens (23.9.1987)

2024 Motbakke 14 55:52

Dyrkolbotn, Lauritz (1.9.2008)

2024 10km gateløp U20 21 33:39, 3000 G16 13 9:15.92

E

Ebbestad, Siver Olavsbråten (2.8.2008)

2024 Stav =8 4.42, Stav inne 8 4.40, Stav G16 1 3.81, Lengde G16 5 5.94, Stav inne G16 1 4.61

Edman, Ferdinand Kvan (12.2.1993)

2024 5000 5 (5h2) 13:24.44, 10km gateløp 5 28:51

Eftedal, Kristoffer (11.7.1996)

2024 Terrenkultra 2 8:43

Eggen, Lucas Nande (8.7.2008)

2024 4x100 stafett U20 4 44.67, 4x400 stafett U20 2 3:44.08, 100 G16 6s1 11.86, 4h3 11.89, 200 G16 5 23.40w, 2s1 23.49, 2h2 24.03, 1000 stafett G15/16 2 (2h2) 2:06.80, 60 inne G16 7s1 7.83, 4h2 7.83, 200 inne G16 2h1 24.52, 4x200 stafett inne G15-17 7 (1h1) 1:36.89, 4x100 stafett G16 DQ:TR24.7

Eide, Jens-Kristian Kjølseth (3.3.2009)

2024 100 U20 7h2 11.84, 200 U20 7h5 23.49w, 1000 stafett U20 DQ, 100 G15 5 11.77, 3s1 11.79, 2h4 11.75, 200 G15 2 23.28, 1s1 23.90, 1h4 24.29, 1000 stafett G17-19 4 (4h2) 1:59.39, 200 inne G15 3 (2f1) 23.74, 1h2 23.87, 4x200 stafett inne G15-17 3 (2h3) 1:34.23

Eidsheim, Bjørnar (30.5.1968)

2024 Maraton 17 3:09:07

Eie, Rune (26.5.1982)

2024 Terrenkultra 17 10:50

Eik, William Samland (27.10.2008)

2024 Motbakke 24 1:01:19

Eikanger, Kirill (24.5.2008)

2024 100 G16 5h2 12.05, 100h G16 4 14.77, 3h2 14.96, 300h G16 9 (3h1) 44.06, Høyde G16 =3 1.74, Lengde G16 6 5.93, Mangelkamp inne G16 3 3.920p, Mangelkamp G16 4 5.020p

Eiken, Torbjørn (5.9.1953)

2024 5km gateløp 79 23:25

Eikheim, Robert Stephan (18.8.1984)

2024 5km gateløp 49 17:31

Eiksund, Johannes (23.2.2003)

2024 100 7h2 11.26w, 1000 stafett 8 (3h1) 2:05.56, 60 inne 5h2 7.39, 4x100 stafett h2 DNF, 4x400 stafett 5 3:49:91, 100 U23 5h2 11.52, 200 U23 5h3 24.26, 1000 stafett U23 4 1:59.68, 60 inne G20-22 3h1 7.29

Eilertsen, Sondre Færaas (26.2.2007)

2024 100 U20 8h4 12.09, 200 U20 8h2 23.95w, 200 G17 5h3 24.68w, 400 G17 13 (1h1) 53.91

Eilertsen, Stian Markussen (17.11.1986)

2024 5000 h1 DNF

Ekeberg, Sander (11.9.2006)

2024 400 U20 6h2 53.63, 400 G18/19 16 (5h2) 53.79, 800 G18/19 24 (4h2) 2:04.13

Ekenes, Eskil (18.1.2207)

2024 800 G17 25 (8h1) 2:12.43, 110h G17 4 14.97, 300h G17 2 40.36, 400 inne G17 2 53.76, 60h inne G17 2 8.30, Høyde inne G17 6 1.61, Mangelkamp inne G17 3 3.651p

Ekerhovd, Andreas Høvik (16.12.2007)

2024 800 G17 26 (9h1) 2:29.95

Ellevold, Karsten (5.6.2007)

2024 800 G17 14 (5h2) 2:01.07, 3000 G17 11 9:11.25, 3000 G17 14 9:34.31

Ellevold, Ole Jacob (5.6.3007)

2024 800 G17 8 (7h1) 1:58.29

Ellingsdalen, Simen Hernes (18.8.1996)

2024 10km terreng 25 29:24

Ellingsen, Herman (23.2.2002)

2024 110h 2 13.96, 60h inne 1 8.06, 1h2 8.09, 200 inne G20-22 1 (1f2) 21.75, 1h4 21.89, 60h inne G20-22 1 8.10, 4x200 inne G18-22 3 (3h3) 1:30.53

Ellingsen, Oscar (2.6.2006)

2024 60h inne 5 8.44, 3h1 8.64, 110h U20 7 16.44w, 2h2 13.79w, 60h inne G18/19 2 8.16, 4x200 inne G18-22 3 (3h3) 1:30.53

Ellingsen, Thomas André Berge (26.5.1991)

2024 Terrenkultra DNF

Ellingsen, Vetle Raa (16.4.2000)

2024 Høyde 8 1.86

Ellingsdalen, Simen Hernes (18.8.1996)

2024 10km gateløp 46 31:36

Engdahl, Bo (15.11.1963)

2024 5km gateløp 50 17:40

Engeland, Marius (8.7.1990)

2024 Halvmaraton 16 1:21:05

Engeli, Lars (18.6.1975)

2024 Motbakke 39 1:06:44

Engen, Tore (4.6.1958)

2024 5km gateløp 72 21:42

Enersen, Nikolai Østrem (30.10.2008)

2024 100 G16 6h1 12.41, 1000 stafett G17-19 13 (5h1) 2:11.05, 60 inne G16 6h4 8.00

Engeskaug, Isak (26.9.2009)

2024 4x600 stafett G16 2 6:56.27

Engevik, Sturla Oma (2.1.2006)

2024 Motbakke 44 1:08:43

Eriksen, Nicolas Alexander Baranyi (3.3.2005)

2024 200 3h7 22.25w, 4x100 stafett U20 3 43.49, 100 G18/19 4 10.99, 3s2 11.03w, 2h2 11.45, 60 inne G18/19 6 7.17, 2s1 7.15, 2h2 7.26, 4x200 inne G18-22 DNF

Eriksen, Theodor Wie (15.6.2008)

2024 60 inne G16 7s2 7.83, 4h5 7.85, 200 inne G16 3h1 24.92, Lengde inne G16 7 5.64

Erlandsen, Anders (2.1.2004)

2024 Halvmaraton 31 2:07:09

Erlandsen, Vidar (30.10.1994)

2024 Halvmaraton 24 1:28:34

Erstad, Mathias (1.2.2009)

2024 800 G15 25 (9h1) 2:20.01

Erstad, Ramn (25.1.1993)

2024 100km ultra e 7:52:45

Ervik, Runar Soriano (17.1.2008)

2024 200 7h4 22.97w, 400h 5 57.34, 200 inne 3h7 22.97, 400 inne 17 (3h2) 51.45, 200 G16 5h3 25.05, 300h G16 5 (5h2) 42.67, 60 inne G16 5 7.33, 2s1 7.35, 2h2 7.43, 200 inne G16 2 (1f1) 23.10, 1h2 22.96, 4x200 stafett inne G15-17 4 (3h3) 1:34.38

Espineira, Leonardo Martinez (ESP) (23.1.2007)

2024 200 G17 6 22.66, 3s2 22.72, 2h3 22.91w, 1000 stafett G17-19 6 (6h2) 1:59.88

Ettayebi, Bakr (22.4.1997)

2024 800 6h2 1:59.52

Evensen, Julius (31.3.2009)

2024 Stav G15 4 3.11, Diskos G15 10 23.83

F

Fagerli, Aksel (23.4.2007)

2024 60 inne 7h8 7.74, 4x200 inne 7 (3h1) 1:37.32, 100 G17 7h3 11.98, 200 G17 6h3 24.78w, 100 inne G17 7h1 7.92, 200 inne G17 3h3 25.10, 4x200 inne G18-22 10 (3h1) 1:39.80

Fagerli, Julian (12.11.2008)

2024 800 G16 22 (6h1) 2:13.45, 3000 G16 16 9:29.57, 2000 gang 1 10:14.63, 2km terreng G16 =9 7:00

Faksvåg, Iver Løvgaard (18.1.2009)

2024 800 G15 2 (2h3) 2:01.25, 2000 G15 11 6:01.68

Fallan, Ulrik Ardiles (19.4.2008)

2024 Høyde G16 9 1.59

Fantoft, Andreas (30.6.1999)

2024 800 4 1:58.21, 3h3 1:55.50, 1500 4h2 3:59.39

Farbu-Solbakken, Vetle (25.9.2003)

2024 1500 inne 6 (6h3) 3:54.18, 3000 inne 10 (10h3) 8:23.95, 10km terreng 19 28:53, 1500 U23 4 3:50.16

Farup, Magnus (11.3.2008)

2024 60 inne G16 6s2 7.72, 4h4 7.63, 200 inne G16 2h5 25.02

Felde, Casey Ferdinand (4.7.2009)

2024 200 G15 1 22.74, 1s2 23.43, 1h3 23.19, 1000 stafett G15/16 1 (1h2) 2:01.34

Fenne, Daniel Mathias Hansen (5.8.1994)

2024 Motbakke 50 1:12:03

Fenre, Mathis Dahl (7.5.1990)

2024 Terrengultra 5 9:22

Fenre, Tobias Dahl (13.7.1986)

2024 Terrengultra 1 8:02

Figueroa-Chavez, Nathaniel Andre (10.2.2007)

2024 Spyd G17 1 54.08

Finnbråten, Mikkel Lagre (24.8.1997)

2024 60 inne 8h1 7.95

Finne, Martin (28.3.1993)

2024 10km gateløp 57 32:08

Fissehatsion, Senay Amlesom (ERI) (10.12.1995)

2024 5000 6 (6h2) 13:33.51, 10000 1 29:24.94, 3km terreng DNS, 10km terreng 1 27:08, 10km gateløp 3 28:37

Fjeld, Markus Le (4.4.2007)

2024 100 4h5 11.01, 200 6s1 22.42w, 3h5 22.11w, 60 inne 4h3 7.14, 100 U20 6 11.13, 3s1 11.04, 2h5 11.23, 200 U20 5 22.39, 2s2 22.24w, 1h4 22.50w, 1000 stafett U20 2 1:59.12, Lengde u.t. U20 4 2.98, 4x100 stafett U20 2 43.26, 100 G17 4 11.01, 2s1 11.18, 1h4 11.41, 200 G17 3 22.35, 1s1 22.45, 1h1 22.87, 110h G17 2 14.67, 1000 stafett G17-19 2 (2h2) 1:57.76, 100 inne G17 2 7.10, 1s2 7.16, 1h1 7.24, 200 inne G17 1 (1f1) 22.70, 1h4 22.98, 60h inne G17 1 8.22, 4x200 stafett inne G15-17 5 (2h2) 1:35.35

Fjeld, Sigmund Le (19.3.2005)

2024 Lengde 13 6.38, Tresteg 5 13.82w, 100 U20 6h4 11.56, Lengde U20 7 6.25, Sq2 6.40, Tresteg U20 3 14.00, 60 inne G18/19 5h5 7.52, 200 inne G18/19 3h4 24.86

Fjell, Johannes Martin Walhovd (3.12.2009)

2024 Kule G15 7 10.71, Diskos G15 5 33.70, Kule inne G15 10 8.56

Fjellheim, Marius Dyrby (7.2.1990)

2024 5km gateløp 89 32:58

Fjellstad, Martin Grundetjern (7.7.1991)

2024 Halvmaraton 14 1:19:08

Fjellvåg, Asbjørn Slagtern (8.10.1992)

2024 10km gateløp 66 34:03

Fjordholm, Jonas (10.8.2005)

2024 100 7h6 11.22, 200 6h7 22.70w, 1000 stafett 5 (5h2) 1:55.97, 100 U20 7s2 11.39, 3h6 11.45, 200 U20 7s2 22.93w, 5h4 22.90w, 1000 stafett U23 2 1:55.57, 60 inne G18/19 4s1 7.25, 4h3 7.30

Fjose, Fredrik Skaarer (5.2.1981)

2024 Terrengultra =13 10:32

Fjøsne-Hexeberg, Ask (21.2.2009)

2024 2km terreng G15 10 7:03, 4km terreng G15 DNS

Fjøsne-Hexeberg, Odin (10.2.2005)

2024 2km terreng U20 =7 6:08

Fladby, Halvard Grape (15.5.2005)

2024 800 8h2 2:01.71, 1500 9h1 4:04.45, 1x6km stafett terreng DNS, 800m U20 4h1 1:59.54, 1500 U20 7h3 4:01.38, 2km terreng U20 DNS, 6km terreng U20 DNS, 800 inne G18/19 3 (3h2) 1:58.30, 1500 inne G18/19 3 (3h2) 4:02.44

Flak, Mathias (26.5.1999)

2024 10000 5 30:07.24, 3km terreng DNS, 5km gateløp 8 14:26, 10km terreng 10 27:51, 10km gateløp 14 30:08

Flatjord, Ole Martin Moritsgård (14.9.1994)

2024 400 7h1 50.90

Flemsæter, Emil (1.3.2009)

2024 800 G15 24 (8h1) 2:13.53, 1000 stafett G15/16 8 (3h1) 2:14.23

Fleten, Olav Katle (27.4.1997)

2024 Motbakke 63 1:20:03

Flygansvær, Benjamin Aleksander Bøen (11.2.2007)

2024 200 U20 6h3 23.40w, 400 U20 4h3 51.82, 1000 stafett U20 DQ, 200 G17 6s2 23.69, 4h3 23.60w, 400 G17 6 (6h3) 51.22, 1000 stafett G17-19 4 (4h2) 1:59.39, 200 inne G17 6h1 24.05, 400 inne G17 1 52.98

Flåte, Leif Arne Molnes (26.8.1986)

2024 Terrengultra 38 13:16

Flåtnes, Henrik (26.12.2001)

2024 Lengde 3 7.71w, Tresteg 1 15.73w

Forsell, Arne Willy (9.2.1973)

2024 OCR Hinder DNC 58:43

Forfang, Fredrik (10.6.1992)

2024 Terrengultra DNF

Forø-Sandodden, Jon (31.5.2009)

2024 100h G15 3 13.75, 2h2 14.49, Lengde G15 NM, 60 inne G15 3 7.38, 3s2 7.50, 2h4 7.67, 60h inne G15 1 9.25, 1h2 8.45, Lengde inne G15 1 5.95

Fossan, Andreas Habtamu (21.10.1999)

2024 10km gateløp 38 31:23

Fosser, Kasper Harlem (21.4.1999)

2024 10km terreng 4 27:18

Fossheim, Odin (3.6.2009)

2024 2000 G15 7 5:58.03

Frantzen, Sverre Rafaelsen (21.6.2009)

2024 200 G15 8h2 26.20, 1000 stafett G15/16 10 (5h1) 2:16.20, 60 inne G15 8h1 8.37, Lengde inne G15 3.39

Fremstad-Waldron, Per Tinius (25.9.2000)

2024 60 inne 1 6.77, 1s1 6.79, 1h2 7.05, 200 inne 2 21.60, 1h10 21.50, 4x200 inne 2 (2h2) 1:27.17

Fremstad-Waldron, Theodore Einar (18.7.2002)

2024 200 6h1 22.75w, 400 5h1 50.06, 1000 stafett 6 (1h1) 1:59.57, 400 U23 DNS, 4h1 51.13

Frogner, Simen (8.4.2006)

2024 800 G18/19 33 (7h1) 2:09.54

Frøyen, Åsmund (6.1.2002)

2024 Kule U23 5 11.65, Diskos U23 3 35.89

Funderud, Sølve (17.6.1986)

2024 100km ultra 15 10:54:42

Furnes, Gard Hestvik (6.3.2008)

2024 100 G16 8s1 12.10, 6h3 11.99, Kule G16 4 11.30, Slegge G16 6 24.21

Furu, Gunnar Erik (25.9.2009)

2024 Høyde G15 =5 1.61, Høyde inne G15 5 1.61

Furunes, Erling (23.6.1978)

2024 Terrengultra DNF

Furuseeth, Elias Tveitane (30.6.2007)

2024 60 inne 7h3 7.54, 200 inne 5h2 23.94, 4x200 inne 5 (1h1) 1:32.21, 4x400 stafett 4 3:30:22, 100 U20 6h7 11.87, 200 U20 6h6 23.50w, 1000 stafett U23 4 1:59.68, Lengde u.t. U20 7 2.70, 200 G17 5h4 24.06, 100 inne G17 7s2 7.47, 5h3 7.50, 200 inne G17 2h2 23.96

Furuseeth, Simen (3.11.2007)

2024 Lengde G17 10 5.35

Færø, Halfdan-Emil (7.6.1991)

2024 Motbakke 3 48:50

Færø-Sandodden, Jon (31.5.2009)

2024 100 U20 7h5 11.70, Lengde U20 10q1 5.91

Færøvik, Klas Høyerholt (2.3.1970)

2024 Terrengultra 29 12:09

Førde, Åsmund Sunde (11.1.2007)

2024 1500 U20 4 3:46.41, 1h3 3:58.16, 5km gateløp U20 18 16:06, 6km terreng U20 4 16:47, 800 inne G17 3 (3h3) 1:59.19, 2km terreng G17 DNS

Førsund, Julian Zhang (7.10.2007)

2024 400h U20 6 57.53, 1h2 58.26, 100 G17 6s1 11.56, 4h1 11.56, 300h G17 3 40.84, 100 inne G17 6s1 7.44, 4h1 7.46, 200 inne G17 2h8 24.10, 60h inne G17 3 9.36, 4x200 stafett inne G15-17 2 (1h2) 1:34.04

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Gabrielsen, Eljar Johan (4.7.2009)

2024 2000 G15 24 7:16.29, 2000gang G15 11:52.65

Gagnås, Kjetil Brenno (9.5.2000)

2024 1500 6 3:48.89, 3h3 3:53.09, 800 inne 2 (2h2) 1:52.48, 1500 inne 2 (2h3) 3:44.63

Gardskär, Claes Joakim Lille-Mæhlum (21.4.2008)

2024 100 G16 7s2 11.90w, 4h2 12.01, 200 G16 5s1 24.47, 4h2 24.30

Gasiorowski, Marcin Tomasz (POL) (2.8.1981)

2024 Kule 3 15.64

Gausvik, Bjarne Martin (4.8.1954)

2024 Maraton DNF

Gertz, Kristoffer Berazo (24.8.1993)

2024 OCR Hinder 3 41:58

Gether, Jørgen Farbroth (9.3.2008)

2024 200 G16 6h2 25.73, Tresteg G16 7 11.20, 1000 stafett G17-19 7 (7h2) 2:01.85

Gilberg, Runar (31.1.1965)

2024 5km gateløp 80 23:33

Gimnes, Simen (22.8.2003)

2024 Lengde 7 6.93, Tresteg DNS, 4x100 stafett DNF, 4x100 stafett 2h2 41:96, 100 U23 8 11.21, 3h1 11.07, 200 U23 4h3 22.63, 60 inne G20-22 5 7.13, 2h3 7.14, 200 inne G20-22 2h3 23.43, Lengde inne G20-22 NM, Tresteg inne G20-22 1 13.49

Gissinger, Olav Kvåle (14.2.2000)

2024 400h 4 54.97, 60h inne 5h2 9.07, Lengde inne 6 6.21, 4x200 inne 6 (2h1) 1:32.93, Mangelkamp inne 2 4.532p

Giørtz-Mondoka, Marcus Valentin (21.2.2007)

2024 Høyde 4 2.00, Lengde 8 6.76, 100 U20 6h2 11.80, 200 U20 5h1 23.95w, Høyde U20 2 1.94, Lengde U20 11 5.17, 4q2 6.66, Høyde G17 2 1.84, Lengde G17 2 6.79, Tresteg G17 1 14.11, 100 inne G17 6h2 7.72, 200 inne G17 3h4 24.63, Høyde inne G17 1 1.95, Lengde inne G17 2 6.46, 4x200 inne G18-22 7 (4h2) 1:36.00

Gjedebo-Skarpeteig, Trym (20.8.2008)

2024 3000 G16 8 8:55.93

Gjendem, Morten (22.4.1992)

2024 5000 19 (19h2) 14:44.94

Gjerde, Bård (20.6.1964)

2024 Motbakke 68 1:29:37

Gjerde, Viljar Helgestad (29.3.2000)

2024 Tresteg 2 15.14w, Tresteg inne 1 14.98

Gjerstad, Dagfinn (4.10.2006)

2024 6km terreng U20 DNS, 800 G18/19 14 (1h2) 1:59.36, 3000 G18/19 16 (11h2) 8:58.15

Gjerstad, Rune (8.4.1957)

2024 Motbakke 65 1:25:39

Gjerulff, Alexander (2.2.2009)

2024 2000 G15 DNF, 2km terreng G15 7 6:43, 4km terreng G15 DNF

Gjesdal, Andreas Fernandes Thomaz (22.11.1995)

2024 Stav inne 5 4.75

Gjesdal, Lucas Fernandes Thomasz (24.6.2005)

2024 Stav 7 4.62, Stav inne 7 4.40, Stav U20 1 4.62, 100 G18/19 6h1 12.28, Stav G18/19 4.71, Stav inne G18/19 =1 4.61

Gjesdal, Sondre Lindaas (19.5.1998)

2024 1000 stafett 3 (3h2) 1:52.28, 60 inne 6s3 7.10, 3h5 7.14, 200 inne 1h6 21.94, 4x200 inne 4 (4h2) 1:28.93

Gjetrang, Ole Einar (5.2.2006)

2024 400h 7 58.92, 400h U20 4 56.42, 2h1 57.29, 400 G18/19 10 (3h2) 51.56, 400h G18/19 2 56.18, 1000 stafett G17-19 11 (3h1) 2:08.98, 400 inne G18/19 2 52.21, 800 inne G18/19 8 (3h1) 2:01.15

Gjuvsland, Martin (22.11.2007)

2024 400 G17 19 (5h1) 57.31

Gjønnes, Trond Steinar (9.5.1994)

2024 3km terreng 28 10:38

Gjørvad, Martin Wemerson Hoff (31.10.2007)

2024 100 U20 8h2 11.92, Lengde U20 7q1 6.27, 100 G17 5h4 11.77, 200 G17 7s2 24.00, 4h4 23.77, Lengde G17 8 6.12, 100 inne G17 4 7.32, 3s2 7.37, 2h2 7.45, 200 inne G17 5 (3f1) 23.96, 1h1 23.40, Lengde inne G17 3 6.34, 4x200 stafett inne G15-17 5 (2h2) 1:35.35

Glomnes, Ivar Mattias Linge (24.6.1996)

2024 10000 20 33:20.22, 3km terreng 23 10:01, 1x6km stafett terreng 8 18:18

Glomseth, Jarle Weium (2.2.2009)

2024 4x600 stafett G16 2 6:56.27

Graftås, Thomas Ayo (12.9.2001)

2024 100 7h7 11.27, 200 6h2 22.83w

Granaas, Markus Løkke (3.7.1998)

2024 5000 27 (6h1) 14:58.06

Grégoire, Robin (FRA) (7.12.2002)

2024 60 inne G20-22 4h2 7.30, 4x200 inne G18-22 3 (3h3) 1:30.53

Gresslås, Benjamin (4.12.2002)

2024 Spyd U23 2 66.19

Grimeli, August (8.1.2007)

2024 100 G17 5h3 11.79, Stav G17 2 3.61, Lengde G17 5 6.37, Tresteg G17 3 13.53, Kule G17 4 11.79, Stav inne G17 2 3.71, Lengde inne G17 5 6.10, Tresteg inne G17 2 12.96, Kule inne G17 DNS, Mangeamp inne G17 1 4.063p, Mangekamp G17 1 5.121p

Grimeli, Vebjørn (30.4.2009)

2024 100 G15 8h1 13.06, 100h G15 6h2 15.95, Høyde G15 =5 1.61, Stav G15 3 3.21, Diskos G15 8 29.96, Spyd G15 3 38.85, 60h inne G15 5h2 9.86, Høyde inne G15 2 1.69, Stav inne G15 4 2.51, Kule inne G15 9 8.80, Mangekamp inne G15 4 2.953p, Mangekamp G15 5 3.883p

Grimerud, Andreas (11.7.2003)

2024 200 7 21.72w, 3s1 21.61w, 1h6 21.54w, 400 2 47.04, 1h4 47.19, 1000 stafett 1 (1h2) 1:51.41, 400 inne 2 (2h5) 47.36, 4x200 inne 1 (1h2) 1:26.64, 4x100 stafett 3 41:48, 4x100 stafett 3h1 41:39, 4x400 stafett 1 3:10:58

Grindedal, Leif Bjørn Finden (8.4.1981)

2024 Motbakke 20 58:02

Grindedal, Sivert Landrø (25.3.2009)

2024 2000 G15 8 5:58.14, 4km terreng G15 5 12:44

Grindland, Ole (29.10.2009)

2024 100 G15 6h2 12.44, 200 G15 5h4 26.20, 60 inne G15 5h1 8.01

Grue, Kristian (8.2.1995)

2024 10km gateløp 64 32:56

Grüner-Mørck, Jonas (20.2.2006)

2024 4x400 stafett U20 1 3:27.72, 400 G18/19 13 (4h2) 52.04

Grøndalen, Henning (13.11.1959)

2024 5km gateløp 68 21:04

Grønnestad, Dag (8.7.1964)

2024 Maraton 31 3:54:06

Grønstad, Tobias (6.7.2002)

2024 400 3 47.74, 1h2 47.82, 800 1 1:57.37, 1h1 1:57.75, 1000 stafett 4 (4h2) 1:53.10

Grønvold, Eric Haugen (27.3.2009)

2024 1x6km stafett terreng 9 18:19, 5km gateløp U20 13 15:43, 10km gateløp U20 15 32:37, 2000 G15 5 5:51.66, 2km terreng G15 2 6:20, 4km terreng G15 1 11:44

Grønås, Sindre Nervik (24.4.1996)

2024 5km gateløp 25 15:12, 10km gateløp 56 32:00

Graasvoll, Olai Stav (6.5.2009)

2024 Lengde U20 10q2 6.10, 1000 stafett U23 5 2:06.57, Lende G15 1 6.64, Tresteg G15 1 13.02w, Kule G15 6 11.34, 60 inne G15 s2 DNS, 3h4 7.78, Lengde inne G15 2 5.87

Gulbrandsen, Daniel (23.8.2009)

2024 100 G15 8s1 12.34, 4h3 12.07, 200 G15 7s1 24.97, 4h3 25.02, Slegge G15 3 44.39, 60 inne G15 7 7.88, 4h2 7.86, 200 inne G15 3h2 26.38

Gulbrandsen, Dennis Nordhov (1510.2003)

2024 Terrengultra 53 15:45

Gulbrandsen, Nikkolaj (9.9.2004)

2024 100 para 2 12.93, Lengde para 3 4.94, Lengde inne para 2 4.98, 100 para U23 1 13.33, Lengde para U23 1 5.03, Lengde inne G20-22 3 4.91

Gulbrandsen, Philip Storm Regbo (24.7.2007)

2024 800m U20 7 2:01.16, 2h2 1:58.65, 1500 U20 6 3:54.33, 3h1 3:58.70, 6km terreng U20 DNF, 10km gateløp U20 2 31:06, 800 G17 4 (4h3) 1:55.60, 3000 G17 1 8:26.85, 800 inne G17 2 (2h3) 1:56.93, 4x200 inne G18-22 6 (3h2) 1:34.20, 2km terreng G17 2 6:07

Gulbrandsen, Syver Strand (3.2.2007)

2024 3000 G17 8 8:58.70

Gulbrandsen, Terje (3.3.1970)

2024 5km gateløp 39 16:27

Gulbrandsen, Tobias Bang (25.1.2006)

2024 400 inne 8 (1h1) 49.41, 4x200 inne 2 (2h2) 1:27.17, 4x400 stafett 2 3:16:26, 400 U20 3 49.21, 2h2 50.15, 400 G18/19 1 (1h3) 47.93, 1000 stafett G17-19 1 (1h2) 1:55.87

Gullachsen, Fredrik Haavardtun (23.4.2003)

2024 400 7 49.44, 2h2 48.63, 400 inne h2 DNF

Gundersen, Anders (17.7.2002)

2024 800 inne G20-22 3 2:04.22

Gundersen, Emil (28.5.2004)

2024 100 6s2 10.77, 3h6 10.85, 200 s1 DNF, 2h6 21.88w, 60 inne DNF, 3s2 6.97, 3h1 7.05, 400 U23 5 49.95, 1h2 49.74, 100 U23 3 10.91, 2h3 10.94, 60 inne G20-22 2 6.98, 1h2 6.96, 4x200 inne G18-22 2 (2h3) 1:30.30

Gundersen, Erik Tangen (5.2.2001)

2024 10000 11 30:48.17

Guttormsen, Simen (19.1.2001)

2024 Stav 1 5.52

Guttormsen, Sondre Mogens (1.6.1999)

2024 Stav 2 5.22

Gutvik, Theodor Nathaniel (12.9.2009)

2024 60 inne G15 4h1 8.01, 200 inne G15 2h2 25.94, 60h inne G15 5 8-93, 3h2 8.93, Høyde inne G15 NM, Lengde inne G15 6 5.35, Tresteg inne G15 4 11.04, Mangekamp G15 3 4.077p

Gylland, Lars Erik (11.2.1978)

2024 100km ultra 10 9:33:46

Gyllensten, Sebastian Eystein Tandberg (15.8.2008)

2024 200 G16 6s1 24.51, 3h4 24.77, Lengde G16 11 5.17, 60 inne G16 7h2 7.99, 200 inne G16 3h9 25.51, Lengde inne G16 10 5.42, 4x200 stafett inne G15-17 4 (3h3) 1:34.38

Gyedu, Samuel (1.5.1994)

2024 60 inne 5h8 7.28, 4x200 inne 5 (1h1) 1:32.21

H

Hagen, Erik (27.12.1995)

2024 100 6s1 10.84, 2h6 10.80, 60 inne 7s1 7.10, 2h8 7.05

Hagen, Lasse (27.1.1976)

2024 Terrenkultra 45 14:09

Hagen, Peder (27.6.2008)

2024 2km terreng G16 14 7:25

Hagen, Thomas (??.??.???)

2024 Terrenkultra 31 12:26

Hagen, Ulrik Jåvoll (25.8.2008)

2024 5000 U20 11 (9h2) 15:21.68, 3000h U20 1 9:20.25, 10km gateløp U20 18 33:26, 800 G16 6 (6h3) 1:58.63, 3000 G16 2 8:32.54, 1500h G16 2 4:11.73, 2km terreng G16 3 6:16, 4km terreng G16 2 11:38

Hagland, Olav (16.2.1948)

2024 5km gateløp 85 24:57

Hagos, Filmon Gidey (ERI) (1.1.2006)

2024 800 7h1 2:00.27, 400 U20 7 51.09, 2h1 50.71, 400 G18/19 6 (6h3) 50.60, 800 G18/19 4 (4h4) 1:56.38, 800 inne G18/19 4 (4h2) 1:58.31

Haile, Tedros Gebretensai (30.1.1999)

2024 5000 15 (15h2) 14:29.24, 10000 4 30:06.44

Halfdansen-Aspen, Eirik (10.3.2004)

2024 60 inne G20-22 7h1 7.99, Høyde inne G20-22 NM, Kule inne G20-22 1 10.66

Halmøy, Erlend (31.3.2005)

2024 100 6h1 11.19, 200 5h3 22.65w, 400 U20 5 50.36, 2h2 50.30, 200 G18/19 h2 DQ:TR17.3.1, 400 G18/19 5 (5h3) 49.59, 1000 stafett G17-19 7 (7h2) 2:01.85, 200 inne G18/19 2h5 23.45

Halmøy, Jørgen (27.5.2008)

2024 1000 stafett G17-19 7 (7h2) 2:01.85, 800 inne G16 10 (4h2) 2:07.30

Halvorsen, Andreas Fjeld (14.9.2005)

2024 1500 3 3:47.78, 2h2 3:58.60, 1500 inne 4 (4h3) 3:48.35, 3km terreng 8 9:10, 6km terreng U20 1 16:33, 800 inne G18/19 1 (1h2) 1:52.47, 1500 inne G18/19 1 (1h2) 3:45.52

Handeland, Johannes (28.10.2006)

2024 Stav inne DNS, Stav G18/19 3 4.31, Stav inne G18/19 =4 3.91

Hannestad, Christian (2.3.1992)

2024 5km gateløp 31 15:36

Hansen, Kenneth (7.4.1983)

2024 Terrenkultra 21 11:18

Hansen, Mattis (27.5.2008)

2024 2km terreng G16 =9 7:00

Hansen, Morten (18.11.1961)

2024 5km gateløp 86 25:15

Hansen, Teodor (25.5.2006)

2024 800 8 2:00.79, 3h2 1:57.00, 1500 9h2 4:07.94, 800m U20 4 1:54.46, 3h3 1:56.08, 1500 U20 13 4:01.78, 3h3 3:58.22, 2km terreng U20 5 6:06, 800 G18/19 1 (1h4) 1:54.98, 3000 G18/19 2 (2h2) 8:33.20, 1000 stafett G17-19 10 (2h1) 2:06.44

Hansesæter, Håkon (%.4.2004)

2024 Diskos 6 47.38, Slegge 6 48.98, Kule U23 4 12.72, Diskos U23 1 48.68, Slegge U23 2 50.86

Hanssen, Henrik Ferdinand (8.8.1997)

2024 1500 14 3:57.70, 6h3 3:53.93, 1x6km stafett terreng 6 17.33

Hanstveit, Birger Normann (26.10.1943)

2024 Motbakke 71 1:43:40

Hanstveit, Daniel (11.6.2003)

2024 200 5h8 22.60w, 200 U23 5h2 23.35w, 400 U23 5h2 52.44

Haraldstad, Fredrik Johannes Gudheim (1.4.2000)

2024 Mangelkamp inne 3 3.706p

Hartikkala-Pettersen, Kasper André (1.4.2006)

2024 10km gateløp U20 35 36:58

Hartvigsen, Finn Kristian (8.1.1994)

2024 Halvmaraton 28 1:43:28

Harv, Marius (10.1.1996)

2024 Halvmaraton 9 1:16:50

Hauen, Esten Hansen-Møllerud (22.5.2003)

2024 1500 5 3:48.58, 1h1 3:58.68, 800 U23 DNF, 1500 U23 1 3:46.72, 3000h U23 1 8:52.30

Haug, Anders Granum (23.3.2008)

2024 800 G16 18 (3h1) 2:10.22, 1000 stafett G17-19 14 (6h1) 2:12.36, 800 inne G16 18 (6h1) 2:14.03, 1500 inne G16 11 (3h1) 4:27.07

Hauge, Lars Johansson (12.6.2007)

2024 800 G17 1 (1h3) 1:53.69, 1000 stafett G17-19 9 (1h1) 2:05.66, 800 inne G17 1 (1h3) 1:55.99

Hauge, Mats (16.7.1997)

2024 1500 5h2 3:59.43

Hauge, Vebjørn Thowsen (19.10.2009)

2024 200 G15 6 24.55, 2h4 24.78, Lengde G15 4 5.43, Tresteg G15 3 12.58w, 60 inne G15 6s1 7.88, 4h3 7.89, 200 inne G15 2h7 25.63, Lengde inne G15 8 5.14, Tresteg inne G15 3 11.32

Haugen, Aron Rodal (13.1.2007)

2024 Motbakke 7 52:27

Haugen, Bjørnar Seland (16.1.2009)

2024 Høyde G15 1 1.75

Haugen, Endre Hartvedt (27.5.2008)

2024 1500 inne 19 (9h2) 4:11.17, 3000 inne 14 (1h1) 8:48.57, 800 G16 4 (4h3) 1:57.74, 3000 G16 6 8:51.94, 800 inne G16 1 (1h3) 1:59.07, 1500 inne G16 1 (1h2) 4:02.34

Haugen, Geir (13.10.1962)

2024 Maraton DNS, 5km gateløp 57 19:15

Haugen, Helge (15.2.1982)

2024 Maraton DNF

Haugen, Håvard (26.7.2005)

2024 200 h8 DQ, 400 6h2 50.47, 1000 stafett 5 (5h2) 1:55.97, 4x100 stafett 2 41:16, 4x100 stafett 2h1 41:35, 4x400 stafett 3 3:17:18, 200 U20 5s2 22.75w, 4h3 22.83w, 110h U20 6 15.41w, 4h2 15.64w, Kule U20 7 13.13, Diskos U20 2 44.52, 1000 stafett U23 2 1:55.57, Mangelkamp inne U20 DNF, Mangelkamp U20 3 6.780p, 4x100 stafett U20 DNF, 200 G18/19 7s2 23.32, 4h3 23.07, 400 G18/19 7 (7h3) 50.93, Kule G18/19 4 13.84, Diskos G18/19 4 43.49, 1000 stafett G17-19 3 (3h2) 1:58.34, 200 inne G18/19 6 (3f1) 23.34, 1h1 23.09, Lengde inne G18/19 5 6.28, Kule inne G18/19 2 12.97, 4x200 inne G18-22 1 (1h3) 1:29.02

Haugen, Per August Halle (23.12.2009)

2024 5km gateløp U20 11 15:34, 10km gateløp U20 8 32:18, 800 G15 12 (5h2) 2:08.87, 2000 G15 3 5:46.75, 2km terreng G15 4 6:26, 4km terreng G15 2 11:49

Haugen, Simen Halle (9.1.1999)

2024 10km terreng 5 27:27, 10km gateløp 7 29:22

Haugerud, Odd Clemet (9.9.1968)

2024 5km gateløp 63 19:45

Haugland, Jan Roar (13.5.2005)

2024 Terrengultra 46 14:15

Haukanes, Sondre (31.3.2008)

2024 800m U20 6 1:58.74, 4h3 1:56.67, 1500 U20 11h1 4:10.49, 800 G16 1 (1h3) 1:55.88, 3000 G16 DNF

Havro, Trygve (20.12.1991)

2024 60 inne para utv. 3 8.55, 200 inne para utv. 27.11, 400 inne para utv. 1 59.62

Heggdal, Kenneth Jenssen (11.1.1996)

2024

Heggelund, Mats Engan (17.2.2006)

2024 1500 inne 20 (3h1) 4:14.00, 3000 inne 19 (5h1) 9:03.34, 1500 U20 13h1 4:15.64, 5000 U20 22 (14h2) 16:35.07, 6km terreng U20 20 18:25, 10km gateløp U20 27 35:14, 3000 G18/19 20 (7h1) 9:10.61, 1500 inne G18/19 7 (7h2) 4:12.31

Heggem, Johannes Moe (16.9.2009)

2024 800 G15 20 (5h1) 2:10.95, 2000 G15 20 6:18.83, 1000 stafett G15/16 8 (3h1) 2:14.23

Heggøy, Bernt (11.9.1956)

2024 Motbakke 69 1:39:26

Hegni, Sander Andreas (11.1.1998)

2024 100 para 3 12.62

Heimdal, Thorstein (1.1.1973)

2024 5km gateløp 64 19:49

Heldal, Teodor (8.10.2004)

2024 Høyde 6 1.97, Høyde inne 3 1.98, Høyde U23 1 1.94, Tresteg U23 2 14.35

Heldal, Tobias (20.4.2006)

2024 Høyde 5 1.97, Tresteg inne 3 13.46, Høyde u.t. 2 1.61, Høyde U20 1 1.97, Tresteg U20 2 14.28, Høyde G18/19 2 1.91, Tresteg G18/19 1 13.86

Helland, Thomas Kaggerud (24.4.2009)

2024 2000 G15 DNF, 800 inne G15 16 (8h1) 2:34.16, 1500 inne G15 11 (5h1) 5:06.10, 1500 gang inne G15 2 8:38.94

Hellebø, Esben Rohit (26.7.1980)

2024 Maraton DNS

Helleren, Adrian Ege (9.11.2005)

2024 100 6h3 11.03, 100 U20 5s2 11.35, 4h2 11.29, 200 U20 5s3 22.30w, 3h6 22.61w, 100 G18/19 8 11.21, 4s1 11.33, 2h4 11.56, 60 inne G18/19 6s2 7.31, 5h3 7.39

Heltne, Tomas Digernes (9.2.2008)

2024 200 inne 3h10 23.48, 400 inne 18 (4h5) 51.91, 4x200 inne 6 (2h1) 1:32.93, 400 U20 5h3 52.06, 1000 stafett U20 3 2:00.50, 800 G16 10 (2h2) 2:02.93, 1000 stafett G17-19 8 (8h2) 2:02.64, 200 inne G16 4 (2f1) 23.47, 1h9 23.39, 800 inne G16 h3 DQ:TR17.2.3, 4x200 inne G18-22 5 (2h2) 1:32.34

Hendicott, Andrew Benestad (11.3.2007)

2024 200 G17 7h3 25.36w

Henriksen, Eivind Prestegård (14.9.1990)

2024 Slegge 2 73.25

Henriksen, Fredrik Kvarberg (1.3.2009)

2024 100h G15 4 14.12, 2h1 14.25, Lengde G15 6 5.38, 60 inne G15 (8s2 8.05), 6h4 7.99, 60h inne G15 6 8.95, 1h1 8.83

Henriksen, Marcus (7.11.2002)

2024 Spyd 5 61.31

Herdlevær, Mathias Myrmel (24.10.2003)

2024 Stav NM, Stav inne 9 4.25, Høyde U23 2 1.81, Stav U23 NM, Stav inne G20-22 2 4.21

Herheim, Ulf-Tore (11.4.1964)

2024 Maraton DNS

Herland, Jarl Odin (15.3.1971)

2024 Terrengultra 61 18:03

Hertwig-Ødegaard, Jonathan (29.7.2005)

2024 200 4s1 21.93w, 2h1 21.97w, 110h 4 14.60, Høyde 9 1.81, Lengde 10 6.63, Kule 6 13.93, 60 inne 5s1 7.04, 2h3 7.05, 60h inne 3 8.12, 2h1 8.32, Lengde inne 2 6.73, 400 U20 1 48.10, 2h3 50.36, 110h U20 h1 DNF, Lengde U20 4 6.87, 3q1 6.48, Kule U20 DNS, Diskos U20 4 43.38, Mangelkamp inne U20 1 5.620p, Mangelkamp U20 1 7.628p

Hesjedal-Tronstad, Fredrik (20.4.2007)

2024 1500 U20 8h3 4:02.54, 5000 U20 6 (1h1) 15:09.05, 800 G17 11 (2h2) 1:59.34, 3000 G17 4 8:41.73, 2km terreng G17 3 6:20, 4km terreng G17 1 11:51

Hesjedal-Tronstad, Herman (11.8.2005)

2024 5000 U20 21 (8h1) 15:58.24, 2km terreng U20 11 6:17, 5km gateløp U20 9 15:31, 10km gateløp U20 7 32:07

Heskestad, Per Audun (14.8.1955)

2024 100km ultra 14 10:17:52, Maraton 29 3:49:44

Hesla, Noah Aleksander Bakken (9.2.2007)

2024 4x100 stafett 5 46:46, 4x100 stafett 4h1 46:62, 4x100 stafett U20 5 46.67, Kule G17 5 10.49, Spyd G17 3 46.74, 100 inne G17 7h4 7.91, Kule inne G17 3 11.06, 4x200 inne G18-22 8 (1h1) 1:38.76

Hesthaug, Jonas (23.8.1998)

2024 Motbakke 4 50:34

Hestnes, Morten Husebø (18.12.2007)

2024 Stav U20 4 3.22, 110h G17 5 16.70

Hildebrand, Elias (28.4.2007)

2024 Lengde G17 9 5.88, Tresteg G17 4 12.92, Lengde inne G17 6 5.79, Tresteg inne G17 3 12.49

Hilleren, Jon-Henning Gullbrå (17.7.2002)

2024 400 U23 5h1 52.14, 800 U23 6 2:02.94, 800 G16 13 (5h2) 2:04.95, 3000 G16 DNF, 1500h G16 4 4:32.97, 1000 stafett G15/16 5 (5h2) 2:11.11, 800 inne G16 8 (2h2) 2:04.94, 1500 inne G16 10 (2h1) 4:25.40, 4x200 stafett inne G15-17 10 (3h1) 1:42.54, 2km terreng G16 DNS, 400 inne G20-22 2 52.45, 800 inne G20-22 2 2:04.11, 4x200 inne G18-22 9 (2h1) 1:39.44

Hillesund, Eskild Gjesdal (24.2.2006)

2024 100 5h2 10.92, 200 6h8 23.65w, 60 inne 4h2 7.29, 200 inne 2h7 22.06, 4x200 inne 3 (3h2) 1:28:08, 4x100 stafett 2 41:16, 4x100 stafett 2h1 41:35, 4x400 stafett 3 3:17:18, 200 U20 3 22.03, 1s2 22.07w, 1h3 22.01w, 1000 stafett U23 2 1:55.57, 4x100 stafett U20 DNF, 100 G18/19 1 10.76, 1s1 11.00, 1h4 11.38, 200 G18/19 1 21.95, 2s2 22.51, 1h1 22.44w, 1000 stafett G17-19 3 (3h2) 1:58.34, 60 inne G18/19 8s1 8.98, 3h4 7.20

Hirsch, Markus (29.11.2006)

2024 6km terreng U20 21 18:38

Hisdal, Erling (21.3.1983)

2024 Motbakke 29 1:03:16

Hisdal, Robert (31.7.1978)

2024 5km gateløp 35 15:53

Hitland, Christian Magnus Lothe (13.11.2008)

2024 800 G16 2 (2h3) 1:57.08, 3000 G16 5 8:48.07, 800 inne G16 4 (4h3) 2:02.15, 1500 inne G16 6 (6h2) 4:16.62

Hjelbak-Eriksen, Iver (8.6.2006)

2024 800m U20 7h2 2:01.11, 1500 U20 11h3 4:07.97, 800 G18/19 11 (5h3) 1:58.46

Hjellum, Magnus Sirnes (3.2.1994)

2024 10km gateløp 35 31:14

Hjelmervik, Sander Sjøen (12.2.2009)

2024 100 G15 7h3 12.66, 200 G15 6h1 25.53w, 1000 stafett G17-19 13 (5h1) 2:11.05, 200 inne G15 2h3 25.75, Lengde inne G15 12 4.94, 4x200 stafett inne G15-17 11 (4h2) 1:43.87

Hjelmevoll, Leif Malvin (28.11.1995)

2024 Motbakke 38 1:06:22

Hjeltnes, Marius Bull (22.6.1996)

2024 100 7 10.56w, 3s2 10.57, 1h5 10.74, 200 4s2 21.84w, 2h9 22.13w, 60 inne 4s1 7.01, 1h6 7.08, Lengde inne 1 7.23

Hjemly, Håkon Helge (20.6.1970)

2024 5km gateløp 41 16:32

Hjertaker, Martin (5.2.2005)

2024 Høyde inne 5 1.90, Høyde u.t. U20 3 1.55, Høyde G18/19 5 1.81, Tresteg G18/19 3 12.47, Høyde inne G18/19 2 1.89, Tresteg inne G18/19 2 13.16

Hjort-Larsen, Mads Gravråk (8.1.2003)

2024 100 6h2 11.25w, 200 4h3 22.32w, 1000 stafett 6 (1h1) 1:59.57, 4x100 stafett h2 DNF, 4x400 stafett 2 3:16:26, 100 U23 4h2 11.46, 200 U23 6 22.50w, 3h3 22.37

Hjørnevik, Mats Rossland (24.1.2003)

2024 100 6h7 11.10, 200 5h7 22.59w, 1000 stafett 6 (1h1) 1:59.57, 60 inne 5s2 7.02, 2h4 7.04, 200 inne 1h5 22.00, 4x200 inne 2 (2h2) 1:27.17, 60 inne G20-22 3 7.02, 1h1 7.13, 200 inne G20-22 2 (1f1) 22.14, 1h2 22.36, 4x200 inne G18-22 DNF

Hobæk, Mats Melby (21.1.1985)

2024 Terrengultra 9 10:08

Hoel, Jacob Aamodt (14.5.2008)

2024 1500 inne G16 17 (9h1) 4:44.38, 2km terreng G16 =11 7:01

Hoelsveen, Mathias (25.1.2005)

2024 OCR Hinder 8 48:26, 800m U20 5h3 1:56.82, 1500 U20 15 4:09.11, 5h1 4:00.09

Hoem, Iver Jebesen (1.3.2008)

2024 800 G16 12 (4h2) 2:04.10, 1500h G16 5 4:33.57, 800 inne G16 12 (1h1) 2:08.40

Hoff, Jacob Nicolay Sederholm (12.6.2006)

2024 Kule Inne 2 15.14, Kule U20 1 17.27, Kule G18/19 1 17.64, Diskos G18/19 1 54.00

Hoff, Oscar Sebastian Sederholm (15.5.2003)

2024 Kule 4 14.55, Kule Inne 3 14.39, Kule U23 2 14.27

Hoff, Sondre Arne (28.9.1993)

2024 1500 8h3 3:58.68, 5000 20 (20h2) 14:45.95, 3km terreng DNS, 4x1500 stafett 1 15:52.69, 10km gateløp 27 30:50

Holberg, Christopher (29.1.2006)

2024 10km gateløp U20 19 33:28, 800 G18/19 16 (1h1) 2:01.35, 3000 G18/19 15 (5h1) 8:57.73

Holberg, Henrik (2.8.2008)

2024 10km gateløp U20 36 37:09, 3000 G16 19 9:43.09

Holdhus, Filip (3.5.2004)

2024 200 5h9 22.33w, 400 4h3 49.59, 100 U23 3h3 11.20, 400 U23 4 49.84, 3h1 50.01, 1000 stafett U23 1 1:55.29

Holdhus, Nicolai (29.8.2006)

2024 200 7s3 22.38w, 4h6 22.08w, 400 6h4 51.02, 60 inne 4h4 7.20, 200 inne 1h1 21.99, 100 U20 4s3 11.21, 2h6 11.20, 400h U20 3 56.27, 3h1 58.60, 1000 stafett U23 1 1:55.29, 200 G18/19 2 22.04, 1s2 22.11, 1h2 22.60, 400 G18/19 3 (3h3) 48.94, 200 inne G18/19 1 (1f2) 22.25, 1h5 22.13, 4x200 inne G18-22 3 (3h3) 1:30.53

Hole, Iver Synstnes (6.9.2003)

2024 5000 U23 2 14:55.11

Holen, Jonathan (14.6.2001)

2024 100 5h1 10.97, 200 5h4 22.74w, 60 inne 8s3 7.12, 3h6 7.15, 200 inne 2h3 22.63

Holen, Simen (14.6.2001)

2024 1500 inne 22 (5h1) 4:17.01, 3000 inne 17 (3h1) 8:56.21

Holgersen, Olaf Berger (27.4.2007)

2024 200 G17 8h1 25.25

Holgersen, Ole (13.11.1991)**2024 Maraton** 30 3:53:52**Hollund, Alf Kristian Tjensvoll** (11.7.2008)

2024 100 G16 6s2 11.77w, 3h4 11.90, 60 inne G16 6h1 7.92

Hollund, Steffen Tjensvoll (19.9.2006)

2024 100 5h4 11.08, 200 6h5 22.54w, 100 U20 5s3 11.29, 2h1 11.23, 200 U20 7s3 22.92w, 4h2 22.88w, 100 G18/19 7 11.16, 3s1 11.21, 2h3 11.13, 200 G18/19 6s2 23.29, 4h4 22.89, Diskos G18/19 8 28.54, 60 inne G18/19 4s3 7.27, 3h1 7.29, Lengde inne G18/19 7 6.01

Holm, Iver Johan Andreassen (3.3.2007)

2024 800 G17 22 (9h3) 2:04.05, 1000 stafett G17-19 9 (1h1) 2:05.66

Holm, Jacob Egeberg (15.3.2007)

2024 300h G17 4 43.76, Høyde G17 3 1.84, Stav G17 3 2.61, Diskos G17 5 25.74, Mangeamp inne G17 6 3.391p, Mangekamp G17 2 4.804p

Holmefjord, Gustav Vincent (25.6.2006)

2024 Stav 6 4.77, Stav inne 6 4.65, Stav U20 NM, 100 G18/19 5h2 12.39, Stav G18/19 2 4.51, Stav inne G18/19 3 4.41

Holmelid, Jakob Heitmann (22.4.2007)

2024 100 U20 4h7 11.71, 200 U20 7h3 23.44w, 1000 stafett U20 DQ, 100 G17 5h1 11.78, 200 G17 7s1 23.65, 5h1 23.66, 1000 stafett G17-19 4 (4h2) 1:59.39, 100 inne G17 5s2 7.47, 3h2 7.43, 200 inne G17 2h7 23.95, 4x200 stafett inne G15-17 3 (2h3) 1:34.23

Holmen, Franz Philip Pap (22.1.2006)

2024 100 8s3 10.99, 4h1 10.91, 200 7s2 22.38w, 5h6 22.09w, 4x100 stafett DNF, 4x100 stafett 2h2 41:96, 100 U20 7 11.16, 2s2 11.96, 1h2 11.03, 200 U20 6 22.41, 2s1 22.16w, 2h6 22.32w, 1000 stafett U20 2 1:59.12, 4x100 stafett U20 2 43.26, 100 G18/19 3 10.99, 2s2 10.95w, 1h2 11.18, 200 G18/19 4 22.29, 2s1 22.41, 2h1 22.53w, Lengde G18/19 8 6.10, 1000 stafett G17-19 2 (2h2) 1:57.76, 60 inne G18/19 4 7.10, 2s3 7.11, 1h4 7.13, 200 inne G18/19 4 (2f1) 23.07, 2h3 23.02, 4x200 inne G18-22 4 (1h2) 1:32.21

Holmerud, Kristoffer Gulbrand (

2024 10km terreng 36 35:21

Holst, Carl William Thowsen (17.1.2008)

2024 200 G16 6h3 25.78, 1000 stafett G15/16 4 (4h2) 2:09.16, 4x100 stafett G16 1 47.35

Holt, Mattis (2.5.1994)

2024 10km gateløp 28 30:51

Holten, Sigve (20.2.2008)

2024 Slegge U20 5 48.15, Kule G16 1 15.16, Diskos G16 1 44.66, Slegge G16 2 56.36

Holth, Håkon Klausen (20.2.2008)

2024 100h G16 8 15.27, 4h1 15.04, 300h G16 8 (2h1) 44.05, 1000 stafett G17-19 11 (4h1) 2:08.98, Mangekamp inne G16 DNF

Holum-Jakobsen, Linus (16.6.2010)

2024 4x600 stafett G16 3 6:58.99

Homble, Erlend Magnus (21.6.2004)

2024 3km terreng DNS

Homstad, Jørgen (31.7.2002)

2024 100 6 10.54w, 1s3 10.57, 1h7 10.73, 100 U23 1 10.66, 1h2 11.02, 200 U23 3 21.57w, 1h1 21.91w

Hope, Magnus Bøen (19.4.2006)

2024 1500 U20 12h3 4:08.26, 5000 U20 20 (7h1) 15:54.69, 3000 G18/19 18 (13h2) 8:59.74, 1500 inne G18/19 11 (2h1) 4:19.15

Hopsdal, Sander Solberg (5.5.2009)

2024 Høyde inne G15 12 1.46

Hopsø, Vemund Dybvik (9.8.2007)

2024 300h G17 5 46.91

Hordvik, Helge (15.2.1982)

2024 Maraton DNF

Hovde, August (27.6.2004)

2024 10km terreng 21 29:03

Hovdejord, Vebjørn (9.2.2003)

2024 5000 8 (8h2) 13:56.68, 3000h 4 8:41.23, 10km terreng 13 28:12, 10km gateløp 33 31:11

Hovdet, Alfred Lauvsnes (3.4.2008)

2024 800 G16 20 (5h2) 2:11.22, 3000 G16 14 9:23.72, 800 inne G16 19 (7h1) 2:16.32, 1500 inne G16 15 (7h1) 4:38.73, 4km terreng G16 5 12:40

Hove, Tommy Bangjord (2.3.1992)

2024 5km gateløp 7 14:24, 10km gateløp 10 29:57

Hughes, Kevin Sverre (3.1.1975)

2024 Terrengultra 42 13:33

Huitson, Isaak Torin (11.2.2008)

2024 Kule G16 5 10.99, Diskos G16 5 27.08, Spyd G16 5 39.64

Husdal, Henrik (29.8.1998)

2024 5km gateløp 16 14:42, 10km terreng 12 28:11, 10km gateløp 23 30:31

Hustoft, Eirik Svelland (29.7.2008)

2024 100 G16 5h4 12.21, 200 G16 s1 DNS, 4h1 24.85, 1000 stafett G17-19 13 (5h1) 2:11.05, 60 inne G16 5s2 7.65, 3h1 7.67, 4x200 stafett inne G15-17 11 (4h2) 1:43.87, 200 inne G16 2h4 25.00

Hvattum, Krister Rivera (29.10.2007)

2024 400 G17 11 (3h2) 53.08, 1000 stafett G17-19 9 (1h1) 2:05.66

Hystad, Jacob (20.11.1990)

2024 3km terreng DNS

Hytten, Øystein Solheim (7.1.2004)

2024 Slegge 4 55.18

Hæstad, Isak Aronsen (1.1.2008)

2024 3000 G16 10 9:02.22, 1500h G16 3 4:32.35, 1000 stafett G15/16 7 (2h1) 2:11.63

Høgvold, August (21.6.2007)

2024 Høyde G17 4 1.81, Høyde inne G17 3 1.82, Mangeamp inne G17 2 3.723p

Høgvold, Henrik (25.12.2009)

2024 Høyde inne G15 4 1.61, Lengde inne G15 15 4.64, Tresteg inne G15 5 10.39, Mangekamp inne G15 5 2.604p

Høiseth, Ådne Usterud (13.3.1997)

2024 Terrengultra 43 13:51

Høiaas, Håvard (17.9.1974)

2024 5km gateløp 43 16:41

Høntorp, Karl-Olaf (26.12.1973)

2024 5km gateløp 46 17:11

Høva, William Holm (18.1.2006)

2024 400 G18/19 8 (1h2) 51.12, 800 G18/19 5 (1h3) 1:57.04

Høydal, Sebastian (22.8.2002)

2024 Halvmaraton U23 2 1:17:55

Haaheim, Lars Olaf (19.12.1973)

2024 Motbakke 13 55:39

Håkansson, Eirik Alexander Sørensen (6.7.2006)

2024 5km gateløp U20 24 18:04

Håkansson, Sebastian Conrad (29.9.1989)

2024 100km ultra DNF

Håland, Martin (9.5.2009)

2024 2km terreng G15 DNS

Håvik, Eirik (22.5.1999)

2024 100km ultra 13 9:51:27

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Iden, Andreas (10.3.1995)

2024 5000 h2 DNF

Inayat, Shezad (10.8.1970)

2024 60 inne 4h5 7.31, Terrengultra DNF

Inayat, Soban Mortaza (30.7.1997)

2024 100 5s3 10.86, 3h5 10.84, 200 5s1 22.37w, 3h6 21.90w, 1000 stafett 5 (5h2) 1:55.97, 4x200 inne 3 (3h2) 1:28.08, Lengde u.t. 5 3.05, 4x100 stafett 2 41:16, 4x100 stafett 2h1 41:35, 4x400 stafett 3 3:17:18

Indahl, Eivind Aakra (8.7.2008)

2024 Kule G16 2 12.93, Diskos G16 3 31.95, Spyd G16 4 42.73, Kule inne G16 1 12.70

Ingebretsen, Gabriel (17.10.1990)

2024 5000 39 (17h1) 15:44.21, 10000 16 31:48.20, 10km terreng 30 30:34

Ingebrigtsen, Filip Mangen (20.4.1993)

2024 1500 11 3:52.89, 2h1 3:58.87, 5000 h2 DNF. 5km gateløp 1 13:48

Ingebrigtsen, Jacob Asserson (19.9.2000)

2024 1500 1 3:34.03 (løp ikke forsøkt). 5000 1 (1h2) 13:14.36 (etteranmeldt)

Ingierd, Jonas Fenne (7.4.2006)

2024 6km terreng U20 DNS

Ingmarsson, Johan (???.???.???)

2024 Terrengultra 24 11:48

Ingstad Henrik Stræte (9.6.1994)

2024 Terrengultra 11 10:18

Ingvaldsen, Håvard Bentsdal (21.9.2002)

2024 200 2 21.00w, 1s2 21.50w, 1h8 21.82w, 400 1 46.13, 1h3 47.56, 1000 stafett 1 (1h2) 1:51.41, 400 inne 1 (1h5) 45.97, 4x200 inne 1 (1h2) 1:26.64, 4x100 stafett 3 41:48, 4x100 stafett 3h1 41:39, 4x400 stafett 1 3:10:58

Ingvaldsen, Magnus Bentsdal (31.7.2000)

2024 1000 stafett 8 (3h1) 2:05.56

Isene, Ola Stunes (29.1.1995)

2024 Diskos 1 58.80

Iversen, Arne Kluge (1.4.1959)

2024 Terrengultra 62 18:06

Iversen-Skoge, Thomas (28.2.2003)

2024 800 9h1 2:01.13, 800 inne 6 (6h2) 1:57.21

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Jacobsen, Herman Harstad (8.12.2009)

2024 800 G15 11 (4h2) 2:08.81, 2000 G15 18 6:14.93, 4km terreng G15 6 13:08

Jacobsen, Markus Bye (27.7.2007)

2024 800 G17 17 (7h2) 2:01.80, 3000 G17 12 9:14.07, 2km terreng G17 9 6:44, 4km terreng G17 5 12:17

Jacobsen, Markus Kristoffer (29.9.2001)

2024 800 3h1 1:58.95

Jacobsen, Theodor Berre (23.5.2001)

2024 10000 12 30:50.37, 1500 inne 8 (1h2) 3:57.07, 3000 inne 9 (9h3) 8:23.65, 3km terreng 12 9:16, 1x6km stafett terreng 4 17:09, 10km terreng 16 28:25, 10km gateløp 62 32:44

Jacobsen, Thorbjørn Forbord (12.6.2009)

2024 2km terreng G15 11 7:05

Jahre, John Frisli (1.11.1988)

2024 Terrengultra 23 11:29

Jahren, Sondre (2.2.2004)

2024 Høyde 3 2.03, Stav =8 4.42, Diskos 5 47.89, Mangekamp DNF, Lengde U23 4 6.68, Diskos U23 DNS

Jakupovic, Dino (31.5.1999)
2024 100km ultra 9 9:05:16

Jallow, Alpha Omar (6.11.2005)
2024 60 inne G18/19 3s2 7.24, 4h4 7.25, Lengde inne G18/19 1 6.47

Jansen, Espen Inge (13.12.1968)
2024 OCR Hinder DNC 59:51

Jensen, Didrik Røssum (24.2.2003)
2024 3000h 6 9:00.71, 5km gateløp 11 14:34, 10km terreng 20 28:43, 10km gateløp 20 30:28

Jensen, Jens Nikolai Handle (7.10.1987)
2024 OCR Hinder 6 45:44

Jensrud, Henrik Sebastian (23.7.2008)
2024 4x600 stafett G16 3 6:58.99

Jernberg, Alexander Schjerven (21.8.2008)
2024 Spyd G16 7 30.62

Jevne, Jørgen (15.10.1987)
2024 Terrengultra 4 9:20

Jevne, Kasper Høylo (15.5.2007)
2024 400 G17 14 (5h2) 53.93

Johannessen, Christian Tidslevold (19.2.1989)
2024 5km gateløp 61 19:20

Johannessen, Tom Palmgren (10.8.1969)
2024 Terrengultra 37 13:15

Johansen, Frode (16.10.1969)
2024 Maraton 21 3:17:28

Johansen, Mads Bigum (28.12.1988)
2024 5km gateløp 33 15:43

Johansen, Mathias Hove (27.9.1998)
2024 100 2 10.36w, 1s1 10.44, 1h2 10.54, 200 1 20.98w, 1s1 21.41w, 1h4 22.03w, 200 inne 1 21.13, 1h11 21.26, 4x100 stafett 4 41:60, 4x100 stafett 1h2 41.84, 400 U20 6h3 53.72, 400h U20 DNS, 5h1 61.93

Johansen, Petter (2.4.1998)
2024 10000 2 29:27.46, 1x6km stafett terreng 5 17:17

Johansen, Sverre (23.1.1976)
2024 Maraton 13 2:56:48

Johansen, Sverre Lande (8.1.2006)
2024 800 G18/19 29 (8h2) 2:06.15

Johansen, Tobias (22.8.2003)
2024 400 3h3 49.24, 200 inne 2h5 22.15, 400 inne 6 (1h2) 48.86, 400 U23 3 49.33, 2h1 49.96, 60 inne G20-22 7 7.29, 3h2 7.27, 200 inne G20-22 6 (3f2) 23.03, 1h6 22.80, 800 inne G20-22 1 2:03.86

Johansen, William Østbø (30.9.2006)
2024 200 G18/19 6 22.90, 4s1 23.05, 3h2 23.03, 400 G18/19 12 (1h1) 51.82, 1000 stafett G17-19 7 (7h2) 2:01.85

Johnsen, Anthony Ommundsen (4.2.2007)
2024 100 U20 4s2 11.23, 2h2 11.11, 110h U20 13.88w, 1h1 14.04w, Lengde U20 2 7.41, 3q2 6.56, 110h G17 1 13.69, Lengde G17 1 7.33

Johnsen, Daniel Alejandro (19.8.1998)
2024 60 inne 3s3 6.98, 2h1 7.02

Johnsen, Håkon Prøsch (12.8.2007)
2024 800 G17 18 (8h2) 2:03.51, 800 inne G17 12 (4h2) 2:14.09, 2km terreng G17 7 6:40, 4km terreng G17 6 12:41

Johnsen, Magnus Birk (3.6.2006)
2024 60 inne 6h3 7.20, 200 inne 2h10 22.95, 100 U20 5s1 11.11, 2h3 11.10, 200 U20 s2 DNF, 2h2 22.35w, 60 inne G18/19 5 7.17, 3s1 7.18, 1h1 7.22, 4x200 inne G18-22 5 (2h2) 1:32.34

Johnsen, Pål Erik (23.12.1982)

2024 5km gateløp 37 16:19

Jonhaugen, Kjell (7.9.1944)
2024 5km gateløp 82 24:01

Jordet, Lars Horten (8.10.2005)
2024 5000 22 (1h1) 14:49.53, 3000h 8 9:09.45, 5000 U20 7 (6h2) 15:09.63, 3000h U20 2 9:29.79, 6km terreng U20 DNF, 10km gateløp U20 3 31:10

Jostad, Pål (25.1.1984)
2024 4x400 stafett 5 3:49:91, 4x1500 stafett 2 18:00.48

Juven, Erlend (7.11.2006)
2024 800m U20 8h3 2:04.20, 1500 U20 14h2 4:18.11, 800 G18/19 18 (8h3) 2:02.16, 3000 G18/19 23 (10h1) 8:26.83

Juven, Sigurd Pareli (29.4.2009)
2024 100h G15 DQ:TR22.6, 4h2 15.44, Kule G15 9 9.67, Diskos G15 NM

Jørgensen, Geir (12.3.1982)
2024 Motbakke 66 1:27:41

K

Kalbasi, Radin (22.9.2008)
2024 100 G16 7h2 12.42, Lengde G16 9 5.38, 1000 stafett G15/16 4 (4h2) 2:09.16, 60 inne G16 5h4 7.88, Lengde inne G16 15 3.52, Mangelkamp inne G16 8 2.976p, 4x100 stafett G16 1 47.35

Karlsen, Espen Roll (27.8.1991)
2024 Motbakke 16 56:25

Karlsen, Jovard Tunestveit (7.3.2007)
2024 800 G17 24 (7h1) 2:10.15, 4km terreng G17 9 14:25

Karlsen, Øystein Espeland (10.7.1980)
2024 Terrengultra 55 16:21

Kashafali, Samuel Ageze (25.11.1993)
2024 60 inne DQ:TR16.8, 1s3 6.87, 1h3 7.01, 60 inne para 1 6.89

Kauffmann, Philip (22.1.2007)
2024 100 U20 6h6 11.86, 200 U20 8h5 24.00w, 400h U20 DQ:TR16.8, 4h1 59.67, 1000 stafett U20 4 2:01.15, 100 G17 8 11.45, 4s1 11.49, 3h3 11.49, 200 G17 h2 DQ, 300h G17 1 39.66, 1000 stafett G17-19 6 (6h2) 1:59.88, 100 inne G17 6 7.43, 2s1 7.39, 2h3 7.39, 60h inne G17 4 8.44, 4x200 stafett inne G15-17 6 (4h3) 1:35.47

Kenarlikdjian, Alric (FRA) (14.7.2009)
2024 Kule G15 5 11.49, Spyd G15 4 38.16, 1000 stafett G15/16 6 (1h1) 2:11.59, Høyde inne G15 NM, Kule inne G15 4 10.62

Kibrab, Awet Mftalem (9.5.1995)
2024 5000 3 (3h2) 13:24.25, 10km gateløp 9 29:56

Kilander, Sven Axel (24.11.1977)
2024 10km gateløp 67 35:55

Kinsbekken, Odd (???.???.???)
2024 5km gateløp 83 24:20

Kiserud, Yngve (4.6.1978)
2024 Motbakke 11 54:56

Kissinger, Olav Kvåle (???.???.???)
2024 Mangelkamp 2 4.093p

Kittang, Ole Bjørn (18.3.1966)
2024 Terrengultra 34 13:04

Kjelby, Andreas (16.5.1990)
2024 Maraton DNS

Kjeldsen, Simen Hagerup (3.4.1986)
2024 5km gateløp 59 19:16

Kjellevoid, Henrik Truslew (20.4.2006)
2024 1000 stafett G17-19 11 (3h1) 2:08.98

Kjemhus, Lewis Alexander (7.1.2004)
2024 800 inne 14 (6h1) 2:01.99

Kjerpeset, Øyvind Strømmen (12.12.1991)
 2024 100 5 10.45w, 2s2 10.51, 2h1 10.79, 200 4 21.24w, 2s3 21.65w, 1h7 22.18w, 200 inne DNS, 2h11 21.58

Kjos, Oliver (3.12.2004)
 2024 3km terreng 24 10:10, 1x6km stafett terreng 17 20:01

Kjos, Oscar (23.4.2008)
 2024 800 G16 16 (1h1) 2:10.11

Kjærevik, Anders Johnny (
 2024 Motbakke 8 52:50

Kjølberg, Linus Kristian (15.8.2008)
 2024 Slegge U20 4 48.51, Slegge G16 1 56.95

Kjønstad-Prestvik, Bjørn Einar (20.11.2006)
 2024 110h U20 4 15.02w, 3h1 15.24w, 200 G18/19 h2 DQ:TR17.3.1, 110h G18/19 2 14.84

Klakegg, Håvard (21.10.2002)
 2024 Motbakke 18 56:52

Klausen, Andreas Brakstad (15.8.2009)
 2024 Kule G15 4 11.72, Diskos G15 7 29.78, Slegge G15 1 50.12, Kule inne G15 2 11.74

Klokkehaug, Eivind (27.7.1991)
 2024 10km gateløp 60 32:34

Klungland, Mats (5.6.2008)
 2024 Spyd G16 2 44.60, Stav inne G16 4 3.31, Kule inne G16 5 8.98

Knudsen, Sebastian (19.7.2003)
 2024 60 inne G20-22 7h3 7.66, 200 inne G20-22 3h1 24.64

Knutsen, Lars Olav (9.11.1959)
 2024 Maraton 32 3:55:06

Knygh-Rossdal, Waldemar (27.3.2005)
 2024 1500 inne 18 (2h1) 4:10.11, 3000 inne 20 (5h2) 9:05.36, 1500 U20 10h3 4:06.78, 5000 U20 15 (4h1) 15:32.58, 800 G18/19 21 (9h3) 2:03.45, 3000 G18/19 12 (10h2) 8:49.52

Kolbjørnsen, Sondre (12.8.1995)
 2024 Slegge 5 53.29

Kolderup, Jakob Refvem (14.3.2008)
 2024 300h G16 h1 DNF, 60 inne G16 7h1 8.12, 60h inne G16 6h1 10.99, 4x200 stafett inne G15-17 7 (1h1) 1:36.89, 4x100 stafett G16 DQ:TR24.7, 4x600 stafett G16 1 6:08.72,

Kolstad, Kim Borge (7.1.1981)
 2024 5km gateløp 74 21:58

Kolstad, Per (???.???.???)
 2024 5km gateløp 67 20:28

Kolstad, Simen Hanto (20.10.2005)
 2024 Halvmaraton 19 1:22:57

Kongolo, Christian (15.1.1995)
 2024 4x100 stafett 5 46:46, 4x100 stafett 4h1 46:62

Kongolo, Ilunga Josue (20.8.2002)
 2024 Lengde u.t. 4 3.08

Kongolo, Muamba Caleb (18.4.2000)
 2024 60 inne 6h7 7.38, 200 inne h11 DNS, Høyde u.t. 3 1.55, Lengde u.t. 7 2.98

Kongolo, Tshishimbi Nissi (27.3.2006)
 2024 Lengde inne 4 6.57, 4x100 stafett 5 46:46, 4x100 stafett 4h1 46:62, Lengde U20 7q2 6.24, Kule U20 8 12.45, Høyde u.t. U20 4 1.50, Lengde u.t. U20 3 2.99, 4x100 stafett U20 5 46.67, Lengde G18/19 2 6.49, Kule G18/19 6 11.83, 60 inne G18/19 5s2 7.27, 2h1 7.27, Lengde inne G18/19 4 6.33, Kule inne G18/19 4 12.46, 4x200 inne G18-22 8 (1h1) 1:38.76

Kongssund, Lars (19.4.2004)
 2024 400 U23 6h1 52.62, 800 U23 5 1:59.04

Kongssund, Skjalg (6.2.2006)

2024 1500 para 1 4:29.28, 4x1500 stafett 2 18:00.48, 800 para U23 1 2:10.08, 1500 para U23 1 4:30.85, 800 G18/19 34 (8h1) 2:10.34

Kononovs, Sergejs (LAT) (8.3.1989)
 2024 4x100 stafett 4 41:60, 4x100 stafett 1h2 41.84

Korbøl, Ola Erling (29.10.1991)
 2024 10km gateløp 40 31:26

Kottum, Kristoffer Ansteensen (23.4.2008)
 2024 800 G16 25 (9h1) 2:22.18, 800 inne G16 16 (4h1) 2:12.86, 1500 inne G16 16 (8h1) 4:40.25

Krangnes, Vegard (9.11.2010)
 2024 Motbakke 34 1:05:50

Kreken, Martin Beitnes (23.5.2006)
 2024 Mangelkamp inne U20 DNF, Mangelkamp U20 4 6.449p, 200 G18/19 4h2 23.76, Stav G18/19 5 3.81, Spyd G18/19 3 47.50, 60h inne G18/19 6 8.74, Stav inne G18/19 =4 3.91, Lengde inne G18/19 9 5.61

Kringeland, Andreas Hatlem (21.6.2008)
 2024 100 G16 6h4 12.24, 200 G16 7s2 24.79, 5h2 24.75, 300h G16 6 (1h1) 43.03, 60 inne G16 8s1 7.89, 7h3 7.88, Høyde inne G16 8 1.61, Lengde inne G16 14 5.00

Kringeland, Erlend Hatlem (21.4.2003)
 2024 5000 38 (16h1) 15:41.67, 800 inne 12 (5h1) 2:00.98, 1500 inne 10 (3h2) 3:59.51, 800 U23 2 1:55.99, 1500 U23 5 3:50.99

Kristensen, Bjørnar Ustad (26.1.1982)
 2024 10km gateløp 51 31:45

Kristensveen, Jesper Faanes (22.9.2208)
 2024 800 G16 24 (8h1) 2:13.99

Kristoffersen, Oscar Julsvik (14.3.2005)
 2024 Spyd G18/19 6 37.99

Kristoffersen, Per-Stian (5.1.1984)
 2024 Terrengultra DNF

Krohn-Hansen, Thomas (5.11.2007)
 2024 100 G17 7h2 12.52, 200 G17 h2 DNS, 100 inne G17 7h3 7.78, 200 inne G17 3h1 24.72

Krossøy, Jonas (19.12.1995)
 2024 3km terreng DNS

Kruke, Torgeir (28.7.1965)
 2024 Terrengultra 36 13:15

Kubon, Kjell Augustin (15.8.2006)
 2024 Stav NM, Stav inne 10 3.85, Stav G18/19 6 3.61, Lengde G18/19 4 6.36, Stav inne G18/19 7 3.61

Kubon, Philip Andreas (12.6.2004)
 2024 Stav 3 5.12, Lengde NM, Stav inne 1 5.05, Stav inne G20-22 1 5.30

Kulseng, Andreas Ofstad (19.5.2001)
 2024 400 4 48.37, 1h1 48.27, 1000 stafett 4 (4h2) 1:53.10

Kvalheim, Sigmund Aasen (24.3.1997)
 2024 Motbakke 23 1:00:42

Kvalheim, Stig Andy (29.1.1969)
 2024 5km gateløp 88 29:56

Kvalsøren, Magne (23.11.1973)
 2024 Terrengultra DNF

Kvanvig, Elias Kristiansen (2.2.2007)
 2024 200 G17 4h2 24.28

Kvarstad, Kristoffer (31.3.2000)
 2024 4x400 stafett 5 3:49:91

Kveen, Jonas (16.5.2003)
 2024 5km gateløp 38 16:22

Kvernørød, Asbjørn (17.1945)
 2024 Maraton 35 5:00:55

Kvesetberget, Anders (28.11.2002)

2024 200 7h6 23:01w, 1000 stafett 8 (3h1) 2:05.56, 200 inne 3h8 23.40, 4x200 inne 5 (1h1) 1:32.21, 4x100 stafett h2 DNF, 4x400 stafett 4 3:30:22

Krüger, Simen Hegstad (13.3.1993)

2024 5km gateløp 40 16:30

Kværner, Andreas Lindebø (2.7.2006)

2024 1500 U20 10 3:56.91, 5h2 3:59.92, 2km terreng U20 6 6:07, 5km gateløp U20 10 15:32, 6km terreng U20 22 18:53, 800 G18/19 3 (3h4) 1:56.35, 3000 G18/19 10 (9h2) 8:48.56, 1000 stafett G17-19 10 (2h1) 2:06.44, 1500 inne G18/19 4 (4h2) 4:04.75

Kværner, Ole-Kristian Lindebø (6.2.2005)

2024 800 inne G18/19 5 (1h1) 1:58.54, 1500 inne G18/19 5 (5h2) 4:04.77

Kvaale, Jesper Dypvik (11.6.2007)

2024 800 inne 9 (2h1) 2:00.13, 400 U20 4h1 51.99, 800m U20 6h2 2:00.84, 400 G17 8 (8h3) 52.21, 800 G17 7 (6h3) 1:58.15, Mangeamp inne G17 7 3.243p

Kyeremeh, Stephan Skogheim (24.1.2001)

2024 200 5 21.52w, 2s2 21.70w, 1h3 21.71w, 1000 stafett 2 (2h2) 1:52:29, 4x100 stafett 1 41.09, 4x100 stafett 1h1 41:35

Kyseth, Vegard Olkinuora (6.5.2007)

2024 100 U20 7h3 11.63, 200 U20 6s1 22.86w, 4h4 22.80w, 100 G17 7s1 11.59, 3h2 11.62, 200 G17 6s1 23.26, 3h1 23.38w, 1000 stafett G17-19 14 (6h1) 2:12.36, 100 inne G17 8s2 7.56, 4h2 7.56, 200 inne G17 h5 DQ

Kårbø, Christopher Torset (12.10.2006)

2024 3000 G18/19 25 (12h1) 19:24.18, 1500 inne G18/19 13 (4h1) 4:40.68

Kårbø, Kjetil (11.5.1977)

2024 Maraton 22 3:21:41

Kaarbø, Simon Vikholt (15.4.2008)

2024 100 G16 7h3 12.09, 200 G16 8s2 25.43, 4h3 24.84, 1000 stafett G15/16 3 (3h2) 2:07.46, 60 inne G16 4s2 7.62, 1h5 7.50, Lengde inne G16 8 5.51, 200 inne G16 3h6 25.11

Kårbø, Tom Erling (4.2.1989)

2024 3000h 3 8:38.10, 10km gateløp 13 30:06

Kåshagen, Carl Emil (9.2.1991)

2024 4x100 stafett h2 DNF, 4x400 stafett 4 3:30:22

L

Lande-Norheim, Lukas (23.12.2009)

2024 Stav G15 5 3.01, Diskos G15 6 32.97

Lange, Thomas Hauge de (22.8.2000)

2024 Motbakke 26 1:02:13

Langen, Helge (16.3.1985)

2024 3000 inne 16 (4h2) 8:53.40

Langhelle, Andreas Lorentz (1.8.2007)

2024 100 U20 5h1 11.48, 200 U20 5h5 23.01w, 1000 stafett U20 DQ, 400 G17 4 (4h3) 50.68, 1000 stafett G17-19 4 (4h2) 1:59.39, 100 inne G17 5s1 7.43, 4h3 7.44, 200 inne G17 2h1 23.93, 4x200 stafett inne G15-17 3 (2h3) 1:34.23

Langstein, Bjørn Erik (22.8.1998)

2024 5000 36 (14h1) 15:22.09, 10000 17 31:56.08

Langøy, Eivind (24.1.2005)

2024 Slegge G18/19 3 55.86

Langøy, Sondre (29.9.2006)

2024 Slegge U20 2 54.47

Langøygard, Ludvig (16.7.2008)

2024 10km gateløp U20 12 32:33

Larsen, Askild Vatnbakk (6.3.1986)

2024 Terrengultra 6 9:33

Larsen, Simen Bogunovic (4.1.1994)

2024 4x100 stafett 4 41:60, 4x100 stafett 1h2 41.84

Larsen, Øyvind (???.???.???)

2024 5km gateløp 56 18:57

Larsson, Børge Bjørsvik (19.10.1992)

2024 5000 22 (11h1) 15:02.25

Larsson, Tobias Dybos (30.4.2002)

2024 100 U23 6h3 11.73, 200 U23 h3 DNF, 1000 stafett U23 5 2:06.57, 60 inne G20-22 4h3 7.29, 200 inne G20-22 3h6 24.48

Laukli, Hans Ivar (27.9.1976)

2024 5km gateløp 55 18:52

Laukli, Henrik Marius (8.4.2001)

2024 5000 16 (16h2) 14:37.76, 5km gateløp 14 14:42, 10km terreng 24 29:21, 10km gateløp 52 31:49

Laukli, Petter (16.6.2009)

2024 5km gateløp U20 22 17:34, 10km gateløp U20 37 37:16

Lehmann, Sondre Søgård (22.6.2006)

2024 400 G17 1 (1h3) 48.94, 800 G17 2 (2h3) 1:54.15, 1000 stafett G17-19 5 (5h2) 1:59.46, 4x200 stafett inne G15-17 2 (1h2) 1:34.04

Leiknes, Jonas Kaland (6.3.2008)

2024 200 G16 5h4 25.14

Lende, Øyvind (23.5.1971)

2024 Maraton 27 3:37:38

Lenningsvik, Andre (11.5.1996)

2024 Motbakke 9 53:54

Liberg, Erik (9.7.2005)

2024 Slegge U20 7 44.27, Slegge G18/19 4 51.80

Lien, Henrik (23.10.1993)

2924 Motbakke 32 1:04:37

Lien, Tor Jakob (19.7.2005)

2024 Kule Inne 6 7.93, Lengde u.t. 13 2.56

Liland, Niklas (4.11.2004)

2024 Slegge 7 48.70, Slegge U23 4 48.81

Lillebø, Sigve Jørgensen (19.2.2006)

2024 800m U20 5h1 1:59.04, 400 G18/19 15 (3h1) 53.09, 800 G18/19 9 (3h3) 1:57.85, 800 inne G18/19 10 (4h1) 2:02.93, 1500 inne G18/19 8 (8h2) 4:12.96, 4x200 inne G18-22 9 (2h1) 1:39.44

Lillefosse, Bjørnar Sandnes (17.7.1992)

2024 5000 h2 DNF, 10000 3 30:03.72, 4x1500 stafett 1 15:52.69

Lillehagen, Mathias (11.2.2002)

2024 3000 inne h1 DNF

Lillemoen, Bendik Skaalerud (3.9.1998)

2024 1x6km stafett terreng 16 19:54

Lilleskare, Andreas Iversen (13.8.2008)

2024 Motbakke DNF, 10km gateløp U20 11 32:32

Lilleskare, Jonas Iversen (13.8.2008)

2024 10km gateløp U20 34 36:55

Lilleskog, Marius Aarset (18.5.2009)

2024 Høyde inne G15 8 1.56, Lengde inne G15 17 4.31, 4x200 stafett inne G15-17 11 (4h2) 1:43.87

Limstrand, Simon (6.3.2000)

2024 100 para utv. 2 12.59, Lengde para 2 5.68, 60 inne para utv. 1 8.11, 200 inne para utv. 2 26.56, Lengde inne para 3 5.40

Lindgren, Oliver Taule (5.10.2008)

2024 60 inne G16 6s1 7.64, 4h1 7.69, Lengde inne G16 11 5.37, 4x200 stafett inne G15-17 8 (3h2) 1:39.74

Lindhjem-Godal, Magnus (25.2.2005)

2024 1500 U20 10h1 4:09.24, 5000 U20 18 (5h1) 15:42.78, 2km terreng U20 9 6:09, 6km terreng U20 11 17:49, 10km gateløp

U20 9 32:21, 800 G18/19 20 (3h2) 2:03.01, 3000 G18/19 8 (8h2) 9:46.37

Lindø, Eirik (14.9.1994)

2024 100 para utv. 4 13.04, 1500 para 2 5:24.95, Lengde para NM, 60 inne para utv. 4 8.56, 200 inne para utv. 4 27.28, 400 inne para utv. 3 62.74, Lengde inne para 4 5.03

Link, Niklas Cato (18.1.2009)

2024 2000 G15 21 6:20.78, 300h G15 2 42.07, 1500h G15 5 5:12.11

Lippe, Truls Tollersrud von der (13.11.2006)

2024 10km gateløp U20 29 35:42

Litleré, Lars (30.5.1984)

2024 Motbakke 59 1:15:19

Lium, Knut (4.5.1969)

2024 5km gateløp 54 18:19

Liverød, Sivert Vataker (16.3.2004)

2024 60 inne G20-22 7h2 7.56

Loftesnes, Ole Christoffer (1.1.1992)

2024 Terrengultra 16 10:36

Lofthus, Arnstein (12.5.1971)

2024 Motbakke 62 1:18:38

Loftås, Øyvind (18.9.1980)

2024 Maraton 8 2:44:32

Lolland, Ulrik Greve (25.5.1992)

2024 Halvmaraton 5 1:13:29

Lomeland, Sondre Taugbøl (6.4.1996)

2024 5000 23 (2h1) 14:55.50, 10000 14 31:25.21, 10km gateløp 58 32:12

Lomås, Erik (12.1.1993)

2024 5km gateløp 19 14:53, 10km gateløp 17 30:24

Lonmon, Philip Edward Georg Daniel (GER)

(28.7.1996)

2024 800 5h1 1:59.12

Losoa, Ronny (1.10.1980)

2024 5km gateløp 36 16:11

Lothe, Christian (12.12.2000)

2024 100km ultra 4 8:16:59

Lundberg, Bjørn Rusten (24.3.1994)

2024 10km terreng 29 30:30

Lundberg, Sigve Shen (3.10.2006)

2024 60 inne G18/19 6h3 7.54, 200 inne G18/19 3h6 24.26

Lunde, Johannes Steinsland Gulbrandsen (22.12.03)

2024 200 4h7 22.54w, Lengde u.t. 12 2.58, 200 U23 3h2 22.41w,

Tresteg U23 3 13.62, 1000 stafett U23 5 2:06.57

Lundholm, August (26.5.2008)

2024 Lengde G16 10 5.23, Tresteg G16 11.63, 1000 stafett G15/16 9 (4h1) 2:15.67

Lundin, Jesper Andreas Matsson (8.8.2002)

2024 3000h 9 9:13.57, 1500 inne 12 (5h2) 4:00.74, 3000 inne h2 DNF, 5000 U23 DNF, 3000h U23 3 9:23.95

Lunn, Aleksander Jørgen (28.2.2009)

2024 100h G15 5 14.56, 3h2 14.99

Lütken, Odd Markus (11.3.1964)

2024 60 inne para 3 13.15, 200 inne para utv. 1 39.42, 400 inne para 1 77.58

Løitegård, Øystein Bogstrand (6.10.2009)

2024 100 G15 5h2 12.30, 200 G15 8s2 25.38, 3h4 25.28, 60 inne G15 5s2 5s2 7.71, 3h3 7.73

Løken, Jone Alsaker (20.3.2008)

2024 200 6h9 22.67w, 200 inne G16 3 (2f2) 23.28, 1h3 23.29, 4x200 stafett inne G15-17 3 (2h3) 1:34.23

Løkke, Isak Eliassen (30.6.2008)

2024 2km terreng G16 13 7:02

Løn-Haukanes, Lucas Øverbakke (7.4.2007)

2024 100 inne G17 8 7.49, 4s1 7.43, 3h3 7.41

Løvold, Jacob (4.12.2003)

2024 1x6km stafett terreng 15 19:36

Laastad, Bjørn Johan (16.3.1960)

2024 Maraton DNS

M

Macek, Jakob (SLO) (8.5.2009)

2024 800 G15 14 (1h1) 2:09.50, 2000 G15 15 6:07.84, 1500h G15 3 4:51.69, 800 inne G15 10 (2h1) 2:13.54, 1500 inne G15 h2 DNF, 1500 gang inne G15 1 9:21.67

MacFoy-Hutchinson, Chihua Albert (24.1.2009)

2024 200 G15 7 24.54, 4s2 24.48, 3h2 24.37, 1000 stafett G15/16 4 (4h2) 2:09.16, 4x100 stafett G16 1 47.35

Malde, Lars Erik (28.1.1990)

2024 OCR Hinder DNC 48:08

Marcussen, Niklas Salvesen (31.10.2008)

2024 100h G16 5h1 15.52, 1000 stafett G15/16 6 (1h1) 2:11.59, 60 inne G16 7h5 8.20, 60h inne G16 5h2 9.65

Mardal, Thomas (16.4.1997)

2024 Slegge 1 75.74

Markussen, Eirik (21.7.2008)

2024 800 G16 15 (7h2) 2:06.54, 1500h G16 6 4:43.27, 800 inne G16 11 (5h2) 2:07.79, 4x200 stafett inne G15-17 8 (3h2) 1:39.74

Martinsen, Hallgeir (10.1.1989)

2024 100 4h3 10.98, 200 4h4 22.60w, 60 inne 4h8 7.09, 200 inne 3h5 22.87

Marø, Arne Kristian (8.12.1977)

2024 Motbakke 58 1:15:12

Mathiesen, Sander Dybwad (10.11.2003)

2024 10km gateløp 55 31:57, 800 U23 1 1:54.20, 1500 U23 3 3:48.08

Mathisen, Even (18.11.2009)

2024 Kule inne G15 8 9.48

Matre, Sondre Pedersen (17.9.2008)

2024 100 G16 5 11.32, 3s2 11.25w, 1h2 11.62, 60 inne G16 4 7.27, 2s3 7.31, 1h4 7.39, 200 inne G16 5 (3f2) 23.60, 1h5 23.05

Meeg, Kevin Kouï Naka (17.1.2006)

2024 200 G18/19 7h3 23.89w, 400 G18/19 14 (2h1) 53.05, 60 inne G18/19 7h1 7.78, 200 inne G18/19 3h1 24.63

Meinseth, Even (22.5.1996)

2024 100 4 10.42w, 2s1 10.44, 1h4 10.75

Melby, Tor Arild (6.3.1990)

2024 Maraton 18 3:11:53

Melbø, Kiran Brattaker (12.9.2007)

2024 100 U20 8h5 11.83, 200 U20 7h2 23.63w, Lengde U20 9q2 6.10, 100 G17 4h4 11.75, 200 G17 8s1 23.90, 4h1 23.63, , Lengde G17 6 6.22

Melheim, Lars-Martin (6.10.2002)

2024 5km gateløp 27 15:18, 10km terreng 28 29:50, 1500 U23 8 4:04.98, 5000 U23 4 15:39.07

Melkeråen, Kristian (2.5.2008)

2024 2km terreng G16 =11 7:01

Melsås, Halvard Martin (29.4.2005)

2024 Slegge U20 1 56.18, Slegge G18/19 2 58.19

Mender, Axel (27.2.2001)

2024 10000 19 32:45.80

Mensah, Christian (20.4.1996)

2024 100 5s2 10.70, 2h7 10.91, 200 6s2 22.34w, 1n9 22.08w, 1000 stafett h2 DQ:TR17.2.3, 60 inne 6 7.09, 3s1 6.97, 1h7 6.91, 200 inne h10 DNS

Merheb, Noah Digernes (30.11.2007)

2024 400 5h3 50.52, 200 inne 3h9 22.89, 400 inne 14 (4h4) 51.15, 400 U20 4 49.33, 1h3 49.94, 200 G17 8 23.02, 4s2 22.92, 2h4 23.41, 400 G17 3 (3h3) 49.36, 800 G17 12 (3h2) 2:00.27, 100 inne G17 5h4 7.64, 200 inne G17 4 (2f1) 23.20, 1h8 23.22, 4x200 stafett inne G15-17 4 (3h3) 1:34.38

Merkensteijn, Tobi Kees van (18.3.2006)

2024 100 U20 6h3 11.62, 200 U20 5h3 23.20w, 1000 stafett U20 4 2:01.15, 100 G18/19 h2 DNS, 60 inne G18/19 7s3 7.41, 5h4 7.45

Mikkelsen, Sander Paul (28.8.2000)

2024 Terrenkultra DNF

Mikkelsen, Thomas (???.???.???)

2024 Terrenkultra DNF

Miller, Teodor (30.1.2005)

2024 60 inne 6h5 7.56, 200 inne 6h1 24.27, 100 U20 7h1 11.87, 200 U20 h1 DNS, Lengde u.t. U20 8 2.61, 100 G18/19 6h4 12.06, 60 inne G18/19 6h4 7.48, 200 inne G18/19 2h4 24.31

Minsaas, Thor Anders Mannes (17.4.2007)

2024 100 G17 6h4 11.99, 200 G17 6h1 24.43, 400 G17 10 (2h2) 52.92

Mjelde, Martin (3.8.2008)

2024 1500 U20 14h1 4:16.88, 5000 U20 16 (12h2) 15:33.36, 5km gateløp U20 15 15:52, 3000 G16 9 8:58.02

Mjelde, Trygve Feidje (11.11.1994)

2024 1500 5h1 3:59.77, 5000 14 (14h2) 14:25.60, 3km terreng 3 9:01

Mjør, Axel Andreas (22.5.2006)

2024 100 U20 6s2 11.38, 3h2 11.21, 200 U20 5h2 23.02w, Lengde U20 8 6.21, 6q2 6.30, 1000 stafett U20 2 1:59.12, 4x100 stafett U20 2 43.26, 100 G18/19 6 11.15, 4s2 11.15w, 2h1 11.43, 200 G18/19 7s1 23.39, 5h4 22.96, Lengde G18/19 7 6.15, 1000 stafett G17-19 2 (2h2) 1:57.76, 60 inne G18/19 7 7.18, 2s2 7.30, 1h2 7.18, 200 inne G18/19 2h6 23.22, 4x200 inne G18-22 4 (1h2) 1:32.21

Mjaaland, Leon Samuel Douglas (6.9.2000)

2024 400 6 49.01, 2h3 48.63, 1000 stafett 2 (2h2) 1:52:29, 400 inne 7 (2h3) 49.13

Moen, Benjamin Christensen (19.7.2007)

2024 Lengde 6 6.98, 110h U20 5 15.11w, 3h2 15.56w, Lengde U20 3 6.95, 2q2 6.85, 110h G17 3 14.90, Lengde G17 3 6.64, 100 inne G17 5 7.42, 3s1 7.40, 2h1 7.40, 60h inne G17 5 8.69, Lengde inne G17 1 6.49

Moen, Christian (29.6.1994)

2024 Halvmaraton 18 1:22:40

Moen, Mathias (16.3.1988)

2024 5000 26 (5h1) 14:56.83, 10000 15 31:37.06, 5km gateløp 17 14:42, 10km gateløp 25 30:47

Moen, Sondre Nordstad (12.1.1991)

2024 10km gateløp 4 28:48

Mohn, Joakim Skjæggstad (29.10.1993)

2024 5000 32 (22h2) 15:02.15

Moholdt, Henning (13.3.1978)

2024 5km gateløp 48 17:26

Momrak, Sondre Røed (22.3.2007)

2024 800 G17 21 (5h1) 2:03.47, 3000 G17 9 9:00.79, 2km terreng G17 6 6:37, 4km terreng G17 2 12.01

Momrak, Tarjei Røed (28.3.2009)

2024 2000 G15 13 6:04.47, 2km terreng G15 8 6:52, 4km terreng G15 4 12:37

Monkvik, Adrian (17.9.2008)

2024 5km gateløp U20 17 16:03, 800 G16 14 (6h2) 2:06.12, 3000 G16 11 9:03.40, 800 inne G16 9 (3h2) 2:05.73, 1500 inne G16 4 (4h2) 4:11.06, 4km terreng G16 4 12:13

Monstad, Brage Malm (30.1.1996)

2024 OCR Hinder 7 48:12

Morstøl, Øyvind Magnus (15.7.2007)

2024 400 U20 6h1 53.34, 800m U20 6h3 1:59.53, 400 G17 9 (1h2) 52.73, 800 G17 10 (8h3) 1:58.79

Moshagen, Aksel Stavik (16.5.2008)

2024 60 inne G16 7h4 8.26, Lengde inne G16 13 5.02, Kule inne G16 3 10.60

Moshagen, Nikolai Stavik (18.5.2005)

2024 Høyde 10 1.81, Lengde 11 6.46, 60 inne 6h2 7.51, Høyde inne 6 1.85, 4x100 stafett 5 46:46, 4x100 stafett 4h1 46:62, Høyde U20 4 1.86, Lengde U20 8q1 6.15, Mangekamp inne U20 3 4.491p, Høyde u.t. U20 6 1.35, Mangekamp U20 5 5.822p, 4x100 stafett U20 5 46.67, Høyde G18/19 3 1.86, Stav G18/19 4 4.11, Lengde G18/19 1 6.61, Kule G18/19 5 12.22, 60 inne G18/19 6h2 7.87, Høyde inne G18/19 3 1.81, Lengde inne G18/19 6 6.25, Kule inne G18/19 5 12.21, 4x200 inne G18-22 8 (1h1) 1:38.76

Moss, Daniel (26.1.2008)

2024 Slegge G16 5 31.86

Mundal, Kjell Erling (20.3.1964)

2024 Motbakke 35 1:05:53

Munkvold, Sverre Hansen (17.3.2009)

2024 800 G15 1 (1h3) 2:01.14, 300h G15 1 39.98, 800 inne G15 2 (2h2) 2:02.31, 2km terreng G15 16 7:53

Myhre, Magnus Hammer (7.1.2008)

2024 10km gateløp U20 40 48:39

Myhre, Magnus Tuv (15.6.2000)

2024 5km gateløp 5 14:13, 10km terreng 2 27:09

Myhre, René Alejandro (3.9.2009)

2024 100 G15 7 11.93, 4s1 11.90, 2h3 11.90, Kule G15 2 11.89

Myran, Marius (9.10.2008)

2024 3000 G16 20 0_51-37, 1500h G16 10 5:01.69

Myroniuk, Kyryl (UKR) (7.4.2009)

2024 800 G15 6 (6h3) 2:04.75, 1000 stafett G15/16 6 (1h1) 2:11.59, 2km terreng G15 6 6:42

Myrvang, Sander Steen (7.2.2000)

2024 100 7s3 10.96, 3h7 11.01, 60 inne 8s1 7.15, 3h7 7.07

Mytting, Harald Haidang (31.1.2007)

2024 100 inne G17 6h3 7.67, 200 inne G17 2h4 24.15

Mæland, Mikkel (6.6.2008)

2024 Høyde G16 7 1.69, Lengde G16 3 6.13, 60 inne G16 7 7.49, 3s1 7.41, 2h3 7.44, Høyde inne G16 3 1.79, Lengde inne G16 9 5.46

Møller, Axel Wold (15.4.2008)

2024 800m U20 8h2 2:01.53, 1500 U20 8h2 4:05.79, 5000 U20 17 (13h2) 15:41.21, 5km gateløp U20 7 15:25, 10km gateløp U20 41 50:11, 3000 G16 4 8:43.67, 2km terreng G16 2 6:12, 4x600 stafett G16 1 6:08.72, 4km terreng G16 DNS

Møller, Lars Wold (30.6.2005)

2024 800m U20 10h3 2:09.52, 1500 U20 15h1 4:21.41, 2km terreng U20 DNF, 6km terreng U20 DNS, 10km gateløp U20 32 36:23, 800 G18/19 30 (4h1) 2:06.40, 3000 G18/19 22 (9h1) 9:23.56

Mørk, Eskil Eugen (7.7.2005)

2024 2km terreng U20 18 7:04

Måge, Lars (7.2.1973)

2024 Motbakke 61 1:17:52

Måge, Ove (7.2.1973)

2024 Motbakke 40 1:06:59

Måge, Sondre Svåsand (22.10.2004)

2024 Motbakke 51 1:12:47, 800 U23 7 2:03.92

N

Naborczyk, Konrad Krzysztof (2.10.1987)

2024 Terrengultra =13 10:32

Nadarajah, Akshathan (14.7.2003)

2024 60 inne G20-22 5h3 7.38, 200 inne G20-22 2h5 23.57

Nalliah, Memarthaen (5.11.2007)

2024 100 G17 7h1 12.36, 100 inne G17 6h4 7.67, 4x200 stafett inne G15-17 9 (2h1) 1:40.88

Natland, Oskar Engelsen (23.10.2005)

2024 800 G18/19 17 (2h1) 2:02.02, 3000 G18/19 h1 DNF

Natland, Tobias Engelsen (23.10.2005)

2024 800 G18/19 23 (3h1) 2:04.04, 3000 G18/19 h1 DNF

Nedrehagen, Robin Wathne (27.2.1999)

2024 800 4h2 1:57.22

Nedregård, Kristian (28.8.1974)

2023 3000 inne 21 (6h1) 9:29.78, 5km gateløp 45 17:02

Nesbråten, Hans Terje (6.9.1984)

2024 5km gateløp 62 19:22

Nesheim, Håkon Amundsen (29.3.1993)

2024 Terrengultra 27 12:06

Nesholen, Markus Aseged (14.5.2007)

2024 400 G17 h2 DNS

Nessler, Jakob Volline (10.6.2009)

2024 Diskos G15 2 37.18, Slegge G15 6 39.14, Kule inne G15 7 9.71

Nessler, Theodor Volline (9.7.2006)

2024 400 U20 5h1 52.46, 1000 stafett U20 4 2:01.15

Netland, Sindre (26.90.2006)

2024 Spyd G18/19 4 44.48

Nevin, Sven William (4.7.2007)

2024 800 G17 6 (1h1) 1:57.97

Nielsen, Andreas Fleten (???.???.???)

2024 Motbakke 15 56:02

Nilsen, Elias Hovden (19.7.2001)

2024 Spyd 6 57.60

Nilsen, Lucas Grimstad (6.6.2005)

2024 400h 6 58.00, Høyde 11 1.76, 400h U20 56.55, 2h2 60.62, Høyde U20 6 1.81, 4x100 stafett U20 DNF, 400h G18/19 3 57.77, Høyde G18/19 6 1.76, 1000 stafett G17-19 3 (3h2) 1:58.34, 60h inne G18/19 5 8.49

Nilsen, Sander Werge (23.6.2003)

2024 100 6s3 10.87, 2h5 10.77, 1000 stafett 6 (1h1) 1:59.57, 60 inne 4s3 7.01, 2h7 7.01, 4x200 inne 2 (2h2) 1:27.17, 4x100 stafett 1 41.09, 4x100 stafett 1h1 41:35, 100 U23 =4 10.92, 2h1 10.91, 60 inne G20-22 1 6.91, 1h3 7.02

Nilsen, Sofian Grimstad (8.2.2009)

2024 200 G15 4h4 25.74, 100h G15 5h2 15.83, 300h G15 4 44.34, 1000 stafett G15/16 12 (6h2) 2:26.37, 60h inne G15 8 9.37, 4h1 9.44, Lengde inne G15 10 4.97, Mangekamp inne G15 3 3.182p, Mangekamp G15 4 4.052p

Nilsen, Tor Erik (20.9.1971)

2024 Maraton DNF

Njerve, Eskil Reier (25.7.2002)

2024 Stav 10 4.42, Stav U23 1 4.42

Nordahl, Ingulf (13.2.1970)

2024 5km gateløp 75 22:34

Nordlie, Christopher Ekene (7.6.2007)

2024 100 5s1 10.77, 2h3 10.89, 1000 stafett 2 (2h2) 1:52:29, 4x100 stafett 1 41.09, 4x100 stafett 1h1 41:35, 100 U20 2 19.75, 1s2 10.94, 1h6 11.05, 1000 stafett U20 1 1:58.62, 4x100 stafett U20 1 42.02, 100 G17 1 10.60, 1s1 10.90, 1h2 11.29, 200 G17 1 21.33, 1s2 22.09, 1h4 23.04, 1000 stafett G17-19 1 (1h2)

1:55.87, Mangeamp inne G17 DNF

Norderhaug, Emil Haave (16.12.2009)

2024 4x600 stafett G16 3 6:58.99

Norderhaug, Trym Haave (24.3.2011)

2024 4x600 stafett G16 3 6:58.99

Nordgård, Andreas (16.6.2009)

2024 Stav G15 2 3.41, Stav inne G15 2 3.11

Nordset, Embrik (5.2.2009)

2024 2000 G15 19 6:15.86, 2km terreng G15 14 7:12

Nordås, Narve Gilje (30.9.1998)

2024 5000 2 (2h2) 13:14.99, 10km gateløp 1 28:24

Nordvang, August Hope (29.7.2008)

2024 100 G16 7 11.68, 4s2 11.55, 2h4 11.79, 200 G16 6 23.53w, 4s2 23.88, 2h4 24.17, 1000 stafett G15/16 1 (1h2) 2:01.34, 60 inne G16 6 7.47, 2s2 7.48, 2h4 7.48, 200 inne G16 1h1 23.95, 4x200 stafett inne G15-17 2 (1h2) 1:34.04

Nordviken, Jonas (24.10.2007)

2024 10km gateløp U20 23 33:43, 800 inne G17 7 (3h2) 2:07.62, 1500 inne G17 3 4:28.95

Nordviken, Markus (24.10.2007)

2024 400 G17 18 (6h2) 57.30, 800 G17 18 (3h1) 2:02.27, 3000 G17 13 9:17.77, 1000 stafett G17-19 12 (5h1) 2:10.28, 100 inne G17 6h1 7.87, 200 inne G17 3h7 25.24, Kule inne G17 4 10.09, 4x200 stafett inne G15-17 h1 DNF

Notevarp, Lars-Erik Sandersen (9.9.1989)

2024 Maraton DNS

Nybakke, Amund (2.10.2007)

2024 5km gateløp U20 14 15:48, 6km terreng U20 17 18:07, 800 G17 15 (2h1) 2:01.16, 3000 G17 7 8:53.46, 800 inne G17 5 (1h2) 2:05.62, 1500 inne G17 2 4:27.21, 2km terreng G17 5 6:36

Nyborg, Trygve August Aarnæs (18.9.1996)

2024 Terrengultra 40 13:28

Nydal, Hallvard Moian Thomasgaard (27.10.1988)

2024 5km gateløp 47 17:19

Nygård, Andreas Penne (23.7.1982)

2024 5000 25 (4h1) 14:56.71, 10000 13 31:25.19, 1500 inne 16 (8h2) 4:04.36, 3000 inne 12 (2h2) 8:36.14, 5km gateløp 15 14:42, 10km gateløp 30 30:55

Nygård, Geir (2.2.1968)

2024 100km ultra 7 8:48:20

Nyheim, Alexander Løvik (1.3.1996)

2024 200 8s2 22.40w, 2h4 22.18w, 400 5h2 50.10, 1000 stafett 1 (1h2) 1:51.41, 200 inne 3h1 22.51, 400 inne 11 (2h1) 50.07, 4x200 inne 1 (1h2) 1:26.64, 4x100 stafett 3 41:48, 4x100 stafett 3h1 41:39, 4x400 stafett 1 3:10:58

Næss, Erlend Bergfjord (18.4.2002)

2024 Diskos 4 48.24, Kule U23 3 13.92, Diskos U23 2 46.11, Slegge U236 47.52

Næss, Julian Hide (16.7.1997)

2024 Motbakke 56 1:14:58

Næss, Ole-Andreas Elvik (18.5.1990)

2024 Maraton 9 2:48:50

Næss, Robert (5.6.1964)

2024 Maraton 14 2:57:21

Nævdal, Julian Erik Fjæreide (28.10.2005)

2024 400 G18/19 18 (5h1) 56.37, 60 inne G18/19 8h2 8.33

Nørjordet, Even Bogen (12.5.2008)

2024 100 U20 7h7 11.99, 400h U20 h2 DNS, Tresteg U20 6 12.95, 1000 stafett U23 3 1:59.53, 4x100 stafett U20 4 44.67, 4x400 stafett U20 2 3:44.08, 100 G16 5s1 11.85, 2h1 11.79, 200 G16 7 23.55w, 3s2 23.61, 2h1 24.09, 100h G16 6 14.94, 3h1 14.69, 300h G16 1 (1h2) 41.00, Stav G16 2 3.61, Lengde G16 8 5.83, Tresteg G16 4 12.15, 1000 stafett G15/16 2 (2h2) 2:06.80, 60 inne G16 4s1 7.46, 3h5 7.61, 200 inne G16 1h3 23.94, 60h inne G16 3 8.76, 4h2 9.08, Stav inne G16 2 3.61, Lengde inne G16 4 5.84, Tresteg inne G16 2 12.62, 4x200 stafett inne G15-17 7 (1h1) 1:36.89, Mangekamp inne G16 2 3.965p, Mangekamp G16 3 5.192p, 4x100 stafett G16 DQ:TR24.7

Nøttestad, Håvard (13.9.2007)

2024 10km gateløp U20 26 35:12, 800 inne G17 10 (3h1) 2:11.28, 1500 inne G17 5 4:34.81

Naasen, Kim (23.7.2005)

2024 Høyde inne G18/19 6 1.76, Tresteg inne G18/19 5 11.36

Nåtedal, Arne (7.7.1967)

2024 Terrengultra 52 15:21

Nåvik, Filip (11.5.2008)

2024 800 G16 19 (4h1) 2:10.69, 1500h G16 9 5:00.17

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Odden, Henrik Graver (11.3.2008)

2024 800 G16 5 (5h3) 1:58.11, 800 inne G16 3 (3h3) 1:59.90, 1500 inne G16 5 (5h2) 4:15.57

Odland, Idar (29.8.2006)

2024 1x6km stafett terreng 11 18:26, 1500 U20 12h1 4:13.78, 5000 U20 26 (12h1) 16:45.00, 2km terreng U20 13 6:24, 6km terreng U20 DNS, 800 G18/19 26 (6h2) 2:04.26, 3000 G18/19 24 (11h2) 9:51.00

Odland, Magnus Maximilliam (11.1.2008)

2024 4x100 stafett U20 4 44.67, 4x400 stafett U20 2 3:44.08, 100 G16 8 12.09, 4s1 11.81, 3h2 11.80, 200 G16 5s2 24.20, 3h1 24.56, 1000 stafett G15/16 2 (2h2) 2:06.80, 60 inne G16 3s2 7.62, 3h4 7.52, 200 inne G16 2h2 24.79, 4x200 stafett inne G15-17 7 (1h1) 1:36.89, 4x100 stafett G16 DQ:TR24.7, 4x600 stafett G16 1 6:08.72

Oftedal, Lars Håkon Tengesdal (31.5.2009)

2024 800 G15 18 (8h2) 2:10.50, 2000 G15 14 6:05.99, 800 inne G15 13 (5h1) 2:16.69, 1500 inne G15 8 (2h1) 4:44.81

Olafsen, Jan Rikard (10.1.1976)

2024 Terrengultra 19 10:59

Olaussen, Stein Henrik (14.7.1984)

2024 Maraton 15 3:03:31

Olsen, Adrian Stene (31.8.2005)

2024 800 h2 DNF, 1500 11h1 4:05.82, 1000 stafett 7 (2h1) 2:03.39, 800 inne 15 (7h1) 2:03.76, 1x6km stafett terreng DNS, 800m U20 3h1 1:57.02, 1500 U20 10h2 4:10.02, 800 G18/19 28 (8h4) 2:05.08, 800 inne G18/19 6 (5h2) 2:00.03, 1500 inne G18/19 h2 DNF

Olsen, Aksel Myrstad (5.7.2009)

2024 800 G15 h1 DNF, 2km terreng G15 12 7:07

Olsen, Arne Kaland (9.9.1998)

2024 Maraton DNF

Olsen, Børre (20.20.1963)

2024 5km gateløp 60 19:17

Olsen, Jan Helge (28.9.1971)

2024 Motbakke 49 1:11:01

Olsen, Kjell Arne (20.9.1960)

2024 Maraton DNF

Olsen, Mads Orø (7.5.2002)

2024 3000 inne 5 (5h3) 8:16.70, 3km terreng 16 9:25, 5km gateløp 12 14:41, 10km terreng 7 27:36, 10km gateløp 11 29:59, 5000 U23 1 14:35.45

Olsen, Magnus Somying (3.6.2009)

2024 100 G15 5s1 12.10, 3h3 12.04, 200 G15 5 24.17, 3s1 24.30, 2h3 24.32, Lengde G15 3 5.79, 1000 stafett G15/16 7 (2h1) 2:11.63, 60 inne G15 8 7.62, 4s1 7.63, 2h1 7.74, 200 inne G15 1h6 24.81, Lengde inne G15 3 5.77

Olsen, Per Stian (???.??.???)

2024 5km gateløp 70 21:27

Olsen, Truls Engen (18.1.2003)

2024 Slegge 3 56.89, Slegge U23 1 55.79

Olsen-Hagen, Gunnar (24.5.2007)

2024 800 inne G17 11 (4h1) 2:13.68

Olstad, Sverre Ranes (16.6.2006)

2024 Slegge U20 3 51.95, Lengde u.t. U20 2 3.01, Slegge G18/19 1 59.04

Omeland, Sondre Strande (25.4.2007)

2024 6km terreng U20 19 18:17, 10km gateløp U20 13 32:35

Omvik, Sindre Solbakken (18.8.1993)

2024 1500 7h1 4:00.66, 3000 inne 4 (4h3) 8:14.83, 3km terreng 11 9:15, 1x6km stafett terreng 3 17:05, 10km gateløp 22 30:28

Onarheim, Erik Nilsen (10.3.1995)

2024 100km ultra 5 8:19:45

Onsrud, Pål (5.11.1990)

2024 5km gateløp 32 15:40

Opdal, Blu William (???.??.???)

2024 10km gateløp U20 31 36:23

Oppen, Sander (17.12.2004)

2024 Stav 5 4.77, Stav inne 3 4.85, Stav U23 2 4.32

Opuama, Benjamin Allmann (27.8.2008)

2024 200 inne 2h6 22.38, 100 U20 1 10.64, 1s3 10.81, 1h7 10.86, 200 U20 1 21.55, 1s1 21.21w, 1h6 21.45w, 100 G16 1 10.69, 1s2 10.84w, 1h4 11.31, 200 G16 1 21.32w, 1s1 22.06, 1h1 22.64, 60 inne G16 1 6.94, 1s1 7.00, 1h3 6.99, 200 inne G16 1 (1f2) 22.23, 1h7 22.24

Orvedal, Anders (14.11.1978)

2024 Maraton DNF

Ottosen, Sebastian Øgreid (4.2.2003)

2024 200 inne G20-22 2h4 24.03, 400 inne G20-223 55.11

P

Palmgren, Odin Gundersen (18.9.2006)

2024 Lengde U20 11q1 5.70, Kule U20 6 13.27, Diskos U20 6 39.80

Pande, Mats Haugen (7.6.2009)

2024 200 G15 7h2 25.68, 2km terreng G15 13 7:10

Pandzic, Mirsad (27.6.1982)

2024 Terrengultra 30 12:11

Parkson, Osama (12.11.2009)

2024 100 G15 7h1 12.79, 1000 stafett G17-19 14 (6h1) 2:12.36

Paulides, Johannes Paulus (18.1.2007)

2024 200 G17 7h1 24.97

Paulsen, Simen Skeide (23.1.2006)

2024 6km terreng U20 DNS

Pay, Bjørn Terje Newman (5.3.1974)

2024 Diskos 7 44.77

Pedersen, Espen Grannes (21.4.2008)

2024 100 G16 5h1 12.17, 100h G16 7 15.07, 2h2 14.82, 60 inne G16 6s3 7.69, 5h1 7.74, 200 inne G16 2h7 24.69, 60h inne G16 5 8.85, 2h2 8.84

Pedersen, Even Elias Grannes (3.4.2006)

2024 60 inne 7s3 7.11, 2h6 7.15, 200 inne 1h4 22.00, 110h U20 1 13.48w, 1h2 13.72w, 60 inne G18/19 2 7.00, 1s1 7.02, 1h5 7.17, 200 inne G18/19 h2 DNS

Pedersen, Marius (12.1.2007)

2024 400 G17 12 (4h2) 53.61, 800 G17 16 (6h2) 2:01.38, 1000 stafett G17-19 13 (5h1) 2:11.05, 2km terreng G17 10 6:52

Pedersen, Per Oddmund (???.???.???)

2024 5km gateløp 78 23:00

Pedersli, Trond Einar Moen (21.2.1994)

2024 5000 13 (13h2) 14:24.59, 10000 8 30:13.86, 3km terreng =13 9:20, 1x6km stafett terreng 4 17:09, 5km gateløp 9 14:28, 10km gateløp 18 30:27

Persen, Elias (23.9.2008)

2024 60 inne G16 8 7.58, 3s3 7.41, 2h1 7.60

Persen, Kristoffer (18.3.2000)

2024 100 8s1 10.95, 4h2 10.90, 200 6s3 22.27w, 2h8 22.09w

Pettersen, Christian Vik (20.7.2002)

2024 Stav inne 2 4.85

Pettersen, Even (12.10.1993)

2024 100 4s1 10.77, 3h1 10.85, 200 7h7 23.12w, 1000 stafett 4 (4h2) 1:53.10, 60 inne 7s2 7.11, 3h4 7.14

Pettersen, Martin (16.2.2002)

2024 100 7h4 11.40, 200 7h1 23.65w, 60 inne 5h5 7.44, 200 inne 3h3 23.84, 100 U23 6h1 11.83

Placht, Rudi Andre (30.9.1972)

2024 Terrengultra 48 14:42

Prestsæter, Sjur Krystad (25.10.1990)

2024 10000 6 30:08.82, 3km terreng DNS, 5km gateløp 10 14:30, 10km terreng 15 28:23

Prestvik, Bjørn Einar Kjønsstad (20.11.2006)

2024 Lengde U20 9 6.03, 5q1 6.36

Prigge, Vebjørn (19.6.2008)

2024 3000 G16 18 9:40.25

Prøsch-Johnsen, Håkon (12.8.2007)

2024 800m U20 10h2 2:07.41

Q-R

R

Rabi, Abdullahi Dahir (17.3.2003)

2024 5000 7 (7h2) 13:54.92, 3000 inne 1 (1h3) 8:08.02, 5km gateløp 21 14:55

Ragnhildsløkken, Even Jakob (12.8.2008)

2024 Høyde NM, Høyde inne 8 1.80, Høyde G16 1 1.96, Lengde G16 2 6.38, 1000 stafett G15/16 1 (1h2) 2:01.34, Høyde inne G16 1 1.90, Lengde inne G16 2 6.30, Mangelkamp G16 1 5.707p

Rajalehto, Daniel (10.1.1986)

2024 Terrengultra DNF

Ramirez, Elijah Narciso (15.5.2007)

2024 100 U20 5h2 11.56, 200 U20 8s1 23.72w, 3h1 23.19w, 1000 stafett U20 1 1:58.62, 4x100 stafett U20 3 43.49, 4x400 stafett U20 1 3:27.72, 100 G17 8s2 32.54, 3h1 11.55

Ramirez, Zion Narciso (15.5.2007)

2024 4x100 stafett U20 3 43.49, 4x400 stafett U20 1 3:27.72, 100 G17 7s2 11.75, 4h3 11.64, 200 G17 s2 DNF, 3h3 23.55

Ramsland, Hugo (21.11.2007)

2024 100 G17 5s1 11.53, 2h2 11.60, 200 G17 5s2 23.34, 3h1 23.36, 1000 stafett G17-19 6 (6h2) 1:59.88, 100 inne G17 6s2 7.47, 3h4 7.46, 200 inne G17 2h3 23.85, 4x200 stafett inne G15-17 6 (4h3) 1:35.47

Ramstad, Jonas (15.2.2006)

2024 60 inne 7h4 7.53, 200 inne 4h3 24.38, 4x200 inne 7 (3h1) 1:37.32, 100 U20 6h5 11.59, 200 U20 6h5 23.26w, 1000 stafett U20 3 2:00.50, 100 G18/19 8s1 11.67, 5h1 11.73, 200 G18/19 7h4 23.61, 1000 stafett G17-19 8 (8h2) 2:02.64, 60 inne G18/19 7s1 4h2 7.40, 4x200 inne G18-22 5 (2h2) 1:32.34

Randall, Kristoffer (19.3.2007)

2024 5000 gang 1 22:56.68, 5000 gang inne 24:56.65, 2000h G17 1 7:25.15, 2000 gang G17 1 9:10.03, 1500 gang inne G17 7:04.93, 4km terreng G17 DNS

Randrianampiantsoa, Dina Amara Herilanto (MAD) (25.2.1999)

2024 1x6km stafett terreng 14 18:43

Randall, Kristoffer (19.3.2007)

2024 3000gang U20 1 13:32.06, Halvmaraton U23 3 1:28:48

Rasmussen, Elias Landøy (12.10.2009)

2024 800 G15 4 (4h3) 2:02.14, 2000 G15 2 5:42.86, 800 inne G15 5 2:05.44, 1500 inne G15 2 (2h2) 4:12.27

Ravndal, Dennis Kvame (28.3.2007)

2024 800 8h1 2:00.68, 1500 10h3 4:06.03, 1500 U20 9 3:56.27, 4h1 3:59.73, 5000 U20 h2 DNF, 800 inne G17 h3 DNS

Reberg, William (1.2.2009)

2024 100 G15 5h4 12.43, Høyde G15 =2 1.66, Kule G15 8 10.61, Diskos G15 NM, 1000 stafett G15/16 8 (3h1) 2:14.23, 60 inne G15 5h2 8.01, Høyde inne G15 3 1.66, Kule inne G15 3 11.42

Reigstad, Eirik (17.2.2007)

2024 Høyde U20 NM, Lengde U20 9q1 5.99, Høyde G17 6 1.76, Lengde G17 7 6.21, 60h inne G17 6 8.92, Høyde inne G17 4 1.79, Lengde inne G17 7 5.62

Reigstad, Magnus (31.3.2003)

2024 Lengde 12 6.43w, Lengde U23 3 6.77

Reimers, Johannes Ottomo (30.8.2006)

2024 400 G18/19 17 (4h1) 54.70, 400h G18/19 4 59.73, 60 inne G18/19 7h2 7.93

Reinertsen, Sebastian (17.10.2003)

2024 3000 inne h1 DNF

Reiten, Lars (18.3.1997)

2024 Halvmaraton 25 1:34:09

Reklev, Michael Chen (11.9.2005)

2024 Høyde 7 1.93, Høyde inne 4 1.98, Høyde G18/19 1 2.02, 1000 stafett G17-19 5 (5h2) 1:59.46, Høyde inne G18/19 1 2.00, 4x200 inne G18-22 6 (3h2) 1:34.20

Reklev, Nicolas (11.3.2007)

2024 Høyde inne G17 5 1.76

Rekvik, Vegard Sydtveit (25.12.2003)

2024 Terrengultra 63 19:06

Rennan, Theodor Haugberg (23.11.2007)

2024 100 G17 6h3 11.88, 1000 stafett G17-19 12 (5h1) 2:10.28, 100 inne G17 5h2 7.69, 200 inne G17 3h2 24.88, 4x200 stafett inne G15-17 h1 DNF

Repsjø, Petter (20.5.1986)

2024 Terrengultra 26 11:59

Resell, Erik (11.6.2000)

2024 1000 stafett h2 DQ:TR17.2.3

Reyes, Mark Daniel (26.7.2001)

2024 100 4s2 10.61, 2h2 10.70w, 60 inne 4s2 6.98, 1h1 6.98, 4x100 stafett DNF, 4x100 stafett 2h2 41:96

Rinde, Sondre Harstad (26.7.2006)

2024 800m U20 9h3 2:07.01, 1500 U20 13h2 4:17.33, 2km terreng U20 12 6:22, 6km terreng U20 16 18:05, 800 G18/19 10 (4h3) 1:58.10, 3000 G18/19 21 (8h1) 9:21.25

Rinde, Tobias Harstad (8.9.2008)

2024 2km terreng G16 6 6:43, 4km terreng G16 3 12:11

Rinde, Vegard Oppedal (3.1.2006)

2024 60h inne 4 8.35, 2h2 8.47, 400h U20 2 55.85, 3h2 60.70, 110h G18/19 DNF, 60h G18/19 1 8.11

Ringkilen, Lasse (31.5.1996)

2024 Terrengultra 12 10:21

Risberg, David Sindre (11.2.2009)

2024 Høyde G15 =2 1.66, Spyd G15 5 37.66, Mangekamp inne G15 2 3.313p

Riseth, Jonas (4.6.1994)

2024 1500 12h3 4:11.15, 5000 37 (15h1) 15:39.14, 3000 inne 15 (2h1) 8:51.20, 3km terreng 19 9:43, 1x6km stafett terreng 8 18:18

Rishøi, Sondre (30.4.2000)

2024 1500 9 3:50.72, 3h1 3:59.06, 1500 inne 7 (7h3) 3:55.39

Risø, Nicolas Christianssønn (8.6.2008)

2024 Diskos G16 2 37.42, Spyd G16 6 34.78

Robstad, Erlend (21.6.2009)

2024 4x600 stafett G16 2 6:56.27

Rogn, Geir Endre (17.11.1981)

2024 10km gateløp 34 31:13

Rogstad, Jostein (8.6.1987)

2024 10km gateløp 54 31:53

Rolke, Hans Petter Strand (17.5.1998)

2024 Halvmaraton 2 1:10:22

Rong, Arne Dingstad (6.4.1979)

2024 Maraton 16 3:05:36

Rosholt, Jonas Mæland (20.7.2007)

2024 4x400 stafett U20 1 3:27.72, 400 G17 2 (2h3) 49.25, 100 inne G17 h2 DQ, 4x200 stafett inne G15-17 1 (1h3) 1:33.98

Rosland, Ask Eldøy (16-8-2009)

2024 60h inne G15 5h1 10.10, Høyde inne G15 10 1.51, Lengde inne G15 9 5.01

Rosseland, Sondre (26.4.2009)

2024 100h G15 1 13.46, 1h2 13.94, Stav G15 1 3.51, Tresteg G15 4 12.38, Kule G15 1 13.00, Diskos G15 1 45.50, 60h inne G15 3 8.39, 2h2 8.48, Høyde inne G15 =6 1.56, Stav inne G15 1 3.51, Lengde inne G15 4 5.74, Tresteg inne G15 1 11.88, Kule inne G15 1 13.18, Mangekamp G15 1 5.166p

Rosvold, Erik Johannes (13.11.1998)

2024 Diskos 2 50.21

Rotmo, Aron Alexander (24.6.2008)

2024 200 inne G16 3h2 25.34, 800 inne G16 14 (2h1) 2:08.71

Rrozhani, Ersi (ALB) (12.5.2008)

2024 60 inne G16 6h2 7.91, 4x200 stafett inne G15-17 8 (3h2) 1:39.74

Rrozhani, Remark (ALB) (8.11.2004)

2024 100 8s2 10.84, 3h3 10.95, 200 h2 DNS, 60 inne 4h7 7.08, 200 inne 1h3 22.26, 60 inne G20-22 DQ:TR16.8, 2h2 7.17, 200 inne G20-22 3 (2f2) 22.36, 1h5 22.61, 4x200 inne G18-22 2 (2h3) 1:30.30

Ruben, Noah (16.4.2007)

2024 Spyd G17 5 39.83

Rudi, Sondre Matias Kui (12.6.2000)

2024 100 5h7 11.08, 200 3h8 22.44w, 1000 stafett 1 (1h2) 1:51.41, 4x100 stafett 3 41:48, 4x100 stafett 3h1 41:39, 4x400 stafett 4 3:30:22

Rudstaden, Mathias Kopland (20.4.2007)

2024 5km gateløp U20 16 15:56, 10km gateløp U20 17 33:05, 2km terreng G17 DNS

Rustad, Nils August Flornes (5.5.2007)

2024 5000 U20 14 (11h2) 15:30.27

Rustad-Johansen, Sander (18.4.2006)

2024 400 U20 4h2 51.15, 800m U20 9h1 2:01.96, 400 G18/19 11 (8h3) 51.68, 800 G18/19 22 (10h3) 2:03.55, 1000 stafett G17-19 5 (5h2) 1:59.46, 400 inne G18/19 1 51.16, 800 inne G18/19 9 (6h2) 2:02.19, 4x200 inne G18-22 6 (3h2) 1:34.20

Rusten, Sivert (20.6.2008)

2024 800 G16 21 (8h2) 2:12.70, 1500 inne G16 8 (8h2) 4:23.27, 2km terreng G16 DNS

Rye, Einar Johannes (11.10.2001)

2024 400 5h4 49.64, 1000 stafett h2 DQ:TR17.2.3

Ryen, Jonas (18.8.1993)

2024 Terrenkultra 28 12:09

Ryen, Ole Håkon Bråten (9.12.2006)

2024 800 6h1 2:00.23, 1500 7h3 3:56.24, 1500 U20 11 3:57.81, 6h3 3:58.77, 800 G18/19 7 (6h4) 1:57.13, 3000 G18/19 3 8:33.89

Rygh, Karl Oraug (30.8.2009)

2024 2000 G15 1 5:42.08

Rygh, Linus August (16.5.2005)

2024 100 U20 6s3 11.44, 3h5 11.38, 200 U20 8s3 22.84w, 4h5 22.92w, Lengde U20 8q2 6.19, 100 G18/19 7s2 11.33w, 4h1 11.56, 200 G18/19 s1 DNS, 5h3 23.17w, Lengde G18/19 3 6.41w, 60 inne G18/19 4s2 7.25, 2h3 7.28, Lengde inne G18/19 3 6.40, Tresteg inne G18/19 4 12.17, 4x200 inne G18-22 2 (2h3) 1:30.30

Rypdal, Petter Mekvik (30.10.1993)

2024 10km gateløp 31 31:09

Røer, Sigurd Lund (23.8.1995)

2024 10km terreng 26 29:35, 10km gateløp 37 31:18

Røgeberg-Ortiz, Emiliano Storm (31.5.2006)

2024 200 5h5 22.46w, 60 inne 5h4 7.37, 200 inne 1h2 22.35, 110h U20 3 14.02w, 2h1 14.23w, 200 G18/19 8 22.94, 3s2 22.69, 2h4 22.71, 110h G18/19 1 14.27, 400h G18/19

Røkenes, Ask (16.1.2009)

2024 1500h G15 6 5:18.15, 2000gang G15 2 12:14.21

Røren, Leo Mathias Alexandre Laborde-Castagnet (21.8.2008)

2024 200 G16 7h1 26.86

Røstad, Arne (31.8.2002)

2024 60 inne 6h4 7.41, 200 inne 4h2 23.90, 4x200 inne 6 (2h1) 1:32.93, 100 U23 7h2 11.65, 200 U23 6h1 23.07w, 60 inne G20-22 6h3 7.57, 200 inne G20-22 h4 DNS

Røstad, Simen (12.6.1992)

2024 Halvmaraton 29 1:46:50

Røsten, Tage (21.11.1971)

2024 Terrenkultra 44 13:57

Røttingen, Vegard (3.7.2007)

2024 Slegge G17 2 45.80

Røyrrhus, Ole Sivert (11.3.2003)

2024 400 6h3 50.65, 800 7 1:59.11, 4h3 1:56.09, 400 inne 15 (4h3) 51.28, 800 inne 7 (7h2) 1:57.61, 4x200 inne 6 (2h1) 1:32.93, 400 U23 7 50.84, 4h2 50.24, 800 U23 DNF

Raa, David Normann Aasheim (30.10.2009)

2024 2000 G15 23 6:55.88

Raa, Erlend Bolstad (31.3.2000)

2024 Høyde inne 1 2.10

S

Sagen, Kasper (19.4.1999)

2024 Spyd DNS

Sagli, Kristoffer (30.1.2002)

2024 1500 2 3:47.66, 1h3 3:52.71, 1500 inne 13 (8h3) 4:00.75

Saint, Finn Connor (GBR) (9.1.2008)

2024 100h G16 2 14.28, 1h2 14.32, 300h G16 4 (4h2) 41.75, 1000 stafett G15/16 10 (5h1) 2:16.20, 60h inne G16 4 8.81, 2h1 8.68

Samuelsen, Jens Kristian (29.12.2006)

2024 1500 U20 9h3 4:05.15, 5000 U20 10 (8h2) 15:20.18, 5km gateløp U20 8 15:25, 6km terreng U20 9 17:41, 10km gateløp U20 6 31:37, 3000 G18/19 4 (4h2) 8:40.19

Sandal, Kristoffer (9.5.2005)
2024 800 inne G18/19 7 (2h1) 2:00.67, 1500 inne G18/19 10 (1h1) 4:16.06

Sandholtbråten, Adrian (22.4.2007)
2024 Høyde inne G17 7 1.56, Kule inne G17 6 8.56, 4x200 stafett inne G15-17 h1 DNF, Mangekamp G17 DNF

Sandnes, Daniel Winter (1.3.2006)
2024 Kule U20 4 14.09, Kule G18/19 NM

Sandness, Terje (18.10.1964)
2024 100km ultra 8 8:55:04, Terrengultra 41 13:29

Sandvik, Christopher (14.10.2009)
2024 100 U20 5h7 11.78, 200 U20 7h6 23.72w, 100 G15 4 11.65, 2s2 11.47, 1h3 11.69, 200 G15 h4 DNS, 60 inne G15 6 7.56, 2s1 7.55, 2h3 7.61, 200 inne G15 6 (3f1) 24.73, 1h4 24.81, 4x200 stafett inne G15-17 11 (4h2) 1:43.87

Sandvik, Fredrik (23.3.1998)
2024 3000h 2 8:35.08, 5km gateløp 6 14:22, 10km terreng 9 27:46

Sandvik, Håkon (26.3.2005)
2024 100 U20 8s1 11.43, 4h4 11.41, 100 G18/19 5s1 11.40, 3h3 11.32

Sandvik, Leon Victor (11.12.2009)
2024 Lengde G15 8 5.32

Sangolt, Tord Krakhella (9.8.2009)
2024 Kule inne G15 11 6.85

Scheie, Atle Wendel (22.8.1995)
2024 10km terreng 31 31:16

Schiøtz, Hjalmar August (29.11.1949)
2024 5km gateløp 81 23:41

Schonhowd, Fredrik Sveen (20.9.2003)
2024 1000 stafett 8 (3h1) 2:05.56, 60 inne 6s1 7.09, 3h2 7.17, 200 inne 4h9 23.10, 4x200 inne 5 (1h1) 1:32.21, 100 U23 5h1 11.26, 200 U23 5h1 22.91w, 1000 stafett U23 4 1:59.68

Sel, Harald (17.8.1942)
2024 Maraton 34 4:57:26

Sellevoid, Sivert Fløgstad (4.12.2000)
2024 1000 stafett 3 (3h2) 1:52.28, 200 inne 4h7 23.34, 4x200 inne 4 (4h2) 1:28.93, Lengde u.t. 9 2.87

Setsaas, Michael Sebastian (5.6.2006)
2024 100 para utv. 1 12.25, 60 inne para utv. 2 8.13, 200 inne para utv. 1 26.25, 400 inne para utv. 2 60.65, 100 G18/19 7h1 12.60

Sevaldstad, Adrian (24.3.2006)
2024 2km terreng U20 15 6:46, 800 G18/19 25 (5h2) 2:04.15

Shegani, Ariand (26.8.2005)
2024 100 5h3 10.99, 200 5h2 22.39w, 1000 stafett 7 (2h1) 2:03.39, 4x100 stafett h2 DNF, 100 U20 8 11.25, 4s1 11.08, 2h4 11.19, 200 U20 3s1 22.23w, 1h1 22.64w, 4x100 stafett U20 1 42.02, 100 G18/19 5 11.04, 2s1 11.12, 1h3 11.11, 200 G18/19 7 22.90, 5s2 22.82, 2h2 22.89, 60 inne G18/19 8 7.38, 3s3 7.16, 2h5 7.17

Signebøen, Sondre (29.10.2006)
2024 6km terreng U20 23 19:48

Sigurdsson, Magnus (13.3.2007)
2024 4km terreng G17 4 12:09

Silseth, Øyvind Kolstad (20.7.2009)
2024 200 G15 5h1 24.92w, 1000 stafett G15/16 5 (5h2) 2:11.11, 60 inne G15 6h2 8.20, 200 inne G15 3h1 26.54, 4x200 stafett inne G15-17 10 (3h1) 1:42.54

Silva, Andre Cruz da (18.12.2004)
2024 200 inne G20-22 h2 DNS

Sivertsen, Andreas Rayner-Battle (23.5.2001)

2024 Halvmaraton 30 1:49:51

Sjursen, Gjert Høie (9.1.2000)
2024 200 5s2 22.16w, 2h2 21.88w, 110h 5 14.84, Lengde 5 6.99, 60h inne DNS, 3h2 8.55, Lengde inne 3 6.58, Mangekamp inne 1 5.064p, Mangekamp 1 7.195p

Sjurseth, Andreas Myhre (5.2.1985)
2024 10km gateløp 29 30:54

Sjåvik, Amund Skogstad (7.3.2008)
2024 Høyde inne 7 1.85, Høyde U20 5 1.86, Lengde U20 q1 NM, Høyde u.t. U20 1 1.61, Lengde u.t. U20 5 2.79, 100 G16 7s1 11.95, 3h3 11.83, Høyde G16 2 1.88, Lengde G16 4 5.98, 60 inne G16 5h2 7.88, Høyde inne G16 2 1.82, Lengde inne G16 5 5.73

Skalle, Elmer Mulleri (15.8.1992)
2024 1x6km stafett terreng 5 17:17, 5km gateløp 13 14:42

Skare, Felix Maximillian Svensen (30.12.2006)
2024 Spyd U20 2 52.38, Diskos G18/19 6 37.91, Spyd G18/19 1 53.51

Skaret, Lars Jørgen (18.4.1971)
2024 5km gateløp 77 22:52

Skarholt, Håkon (???.???.???)
2024 Motbakke 1 46;56

Skatvedt, Åsmund (6.10.1993)
2024 Terrengultra 7 9:34

Skinstad, Terje (7.8.1962)
2024 Motbakke 46 1:09:39

Skjefte, Ole-Viljam (3.2.2005)
2024 800 G18/19 35 (9h1) 2:14.95

Skjelbred, Aleksander Andersen (8.12.1997)
2024 Motbakke 41 1:07:14

Skjeldal, Alexander Aronsen (28.11.2006)
2024 Motbakke DNS

Skjeldestad, Halfdan Svendsen (26.8.1990)
2024 100km ultra 11 9:42:37, Maraton 28 3:47:36

Skjerven, Jonas (19.4.2005)
2024 1500 U20 8h1 4:04.58, 5000 U20 h2 DNF, 2km terreng U20 10 6:11, 6km terreng U20 DNS, 800 G18/19 15 (7h3) 1:59.71, 3000 G18/19 7 (7h2) 8:41.93

Skjeseth, Sigurd Ruud (24.12.1996)
2024 10km gateløp 15 30:10

Skjæråsen, Tomas Jack (13.2.1995)
2024 1x6km stafett terreng 11 18:26

Skoge, Kristoffer Hagen (19.1.2009)
2024 100 U20 5h3 11.62, 200 U20 4h1 23.88w, 100 G15 3 11.57, 1s2 11.46, 1h1 11.77, 200 G15 3 23.71, 2s1 24.12, 2h1 24.46, 60 inne G15 1 7.27, 1s1 7.40, 1h2 7.47, 200 inne G15 2 (1f2) 23.74, 1h7 24.14, Lengde inne G15 5 5.53, 4x200 stafett inne G15-17 4 (3h3) 1:34.38

Skoge-Nilsen, Sebastian (2.6.2006)
2024 800 inne G18/19 11 (5h1) 2:09.76, 1500 inne G18/19 12 (3h1) 4:23.90

Skogheim, Stephan (???.???.???)
2024 4x400 stafett 2 3:16:26

Skogsbakken, Ådne (22.6.1998)
2024 Maraton 4 2:35:00

Skonnoord, Kristoffer Petersen (14.12.1993)
2024 3000h 10 9:13.86, 10km gateløp 47 31:37

Skotheim, Sander Aae (31.5.2002)
2024 110h 3 14.34, Høyde 1 2.15, Stav 4 4.77, Lengde 1 7.94, 60 inne 6s2 7.09, 2h2 7.09, 60h inne 2 8.08, 1h1 8.20, Høyde inne 2 2.01

Skram, Eiven (25.4.2009)
2024 2km terreng G15 15 7:32

Skrede, Alexander (11.10.2005)

2024 100 3s3 10.69, 1h1 10.71, 200 4s2 21.91w, 3h3 21.91w, 1000 stafett 5 (5h2) 1:55.97, 60 inne 5 6.95, 2s2 6.93, 1h8 7.02, 200 inne h4 DNS, 4x200 inne 3 (3h2) 1:28.08, 100 U20 3 10.78, 2s1 10.86, 1h3 11.01, 200 U20 DNF, 4s3 22.03, 1h5 22.33, 1000 stafett G17-19 3 (3h2) 1:58.34, 200 inne G18/19 2 (2f2) 22.33, 1h7 22.57, 4x200 inne G18-22 1 (1h3) 1:29.02

Skrede, Mathias Oliver (17.4.2009)

2024 4x100 stafett U20 DNF, 100 G15 8 12.00, 4s2 11.88, 3h2 11.95, 200 G15 6s 24.96, 4h1 24.92w, 60 inne G15 5s2 7.69, 3h2 7.64, 4x200 stafett inne G15-17 9 (2h1) 1:40.88

Skrede, Stefan Jinopong (10.11.2004)

2024 100 U23 7h3 12.32, 60 inne G20-22 4h1 7.32, 4x200 inne G18-22 DNF

Skretteberg, Dag Harald Kopland (2.9.1980)

2024 5km gateløp 42 16:35

Skretteberg, Fredrik Lande (1.12.2008)

2024 5km gateløp U20 23 17:35

Skåden, Jonas Berggård (5.9.2002)

2024 100 8 10.58w, 2s3 10.67, 2h4 10.77, 200 DNF, 2s1 21.42w, 1h5 21.93w, 200 inne 3 21.75, 1h9 21.59, 4x200 inne 3 (3h2) 1:28.08, 4x100 stafett 2 41:16, 4x100 stafett 2h1 41:35, 4x400 stafett 3 3:17:18, 100 U23 =4 10.92, 1h3 10.91, 200 U23 2 21.46, 1h3 21.99, 1000 stafett U23 2 1:55.57, 60 inne G20-22 4 7.06, 2h1 7.14, 4x200 inne G18-22 1 (1h3) 1:29.02

Skaansar, Simen Fougner (13.11.1990)

2024 Halvmaraton 15 1:19:08

Skåren, Markus Bøe (16.10.2007)

2024 60 inne 7h6 7.58, 100 U20 4h3 11.55, 200 U20 8h4 23.79w, 1000 stafett U20 3 2:00.50, 100 G17 6s2 11.73, 4h2 11.70, 200 G17 6h4 24.83, 1000 stafett G17-19 8 (8h2) 2:02.64, 100 inne G17 7s1 7.50, 3h1 7.43, 4x200 inne G18-22 10 (3h1) 1:39.80

Sleeking, Joren (NED) (29.12.2002)

2024 4x400 stafett 5 3:49:91

Slengesol, Jakob (13.10.2009)

2024 800 inne G15 12 (4h1) 2:14.42, 1500 inne G15 7 (1h1) 4:41.06

Sletten, Jonas Hole (1.4.2007)

2024 800 G17 13 (4h2) 2:00.48

Slorafoss, Ståle (12.9.1982)

2024 Maraton DNS

Sløgedal, Martin Ukelberg (15.4.2005)

2024 5000 31 (10h1) 15:01.78, 10000 18 32:21.52, Motbakke 10 54:49, 1500 U20 13h3 4:09.57, 5000 U20 8 (7h2) 15:13.16, 6km terreng U20 13 17:54, 10km gateløp U20 14 32:36, 3000 G18/19 13 (3h1) 8:50.01, 60 inne G18/19 1 6.89, 1s2 7.02, 1h3 7.20

Slåen, Kai Morten (20.1.1984)

2024 Terrenkultra 60 18:01

Slåtten, Jakob (12.2.2005)

2024 60h inne 7 8.76, 4h1 8.72, 60 inne G18/19 s3 DNS, 4h1 7.32, 60h inne G18/19 7 8.76

Slåttsveen, Amund-Emil (6.6.2006)

2024 1000 stafett G17-19 11 (3h1) 2:08.98

Smedsaas, Georg Arild (20.3.1979)

2024 Motbakke 30 1:03:35

Smidesang, Simen (26.9.1995)

2024 Motbakke DNS

Smidesang, Aadne Einar (30.10.1964)

2024 Maraton 19 3:11:54, Motbakke 55 1:14:42, 5km gateløp 65 20:01

Smitt-Ingebretsen, Sigurd (28.5.2007)

2024 Diskos U20 7 38.12, Slegge U20 6 46.82, Diskos G17 2 46.75, Slegge G17 1 51.01

Småbrekke, Jan-Erik (7.10.1985)

2024 Motbakke 33 1:05:33

Snekkerhaugen, Stian (2.2.1994)

2024 4x1500 stafett 2 18:00.48

Solbakken, Vetle Sindri Svendsen (24.11.2000)

2024 3km terreng 15 9:23, 1x6km stafett terreng 2 17:04

Solberg, Eilif André (7.6.2006)

2024 100 G18/19 6h3 11.73, 200 G18/19 6j1 23.35w, Lengde G18/19 6 6.31, Tresteg G18/19 2 12.92

Solbu, Ole Jakob Høsteland (19.8.2003)

2024 400 8 49.52, 2h1 48.27, 400 inne 4 (1h3) 47.90, 800 inne 1 (1h2) 1:51.58

Soldal, Oddmund (18.1.1968)

2024 Motbakke 60 1:16:15

Sollid, Andreas Solheim (22.3.2004)

2024 400 inne 12 (3h5) 50.18, 200 U23 8 22.79w, 3h1 22.17w, 400 U23 6 50.69, 3h2 50.00

Sollid, Elias Solheim (9.2.2007)

2024 200 3h9 22.17w, 400 4h4 49.42, 200 U20 7 22.48, 3s3 21.98w, 2h3 22.40w, 100 G17 5 11.11, 3s2 11.25, 2h4 11.57, 200 G17 2 22.07, 2s2 22.46, 1h3 22.63w

Solsvik, Oliver August (13.8.2004)

2024 60 inne 5s3 7.08, 2h5 7.11, Kule inne G20-22 2 10.08

Solum, Nikolai (22.12.2005)

2024 800 5h2 1:59.11, 800m U20 5 1:55.70, 1h1 1:56.80, 1500 U20 DNF, 4h2 3:59.44, 800 G18/19 2 (2h4) 1:55.45

Sparboe, Fabian Aleksander (11.4.1999)

2024 800 inne 13 (8h2) 2:01.04

Sperre, Espen Mathias (??-??-???)

2024 Terrenkultra 57 16:49

Stahlsberg, Sebastian Lie (15.4.2005)

2024 5km gateløp U20 19 16:23, 10km gateløp U20 25 34:40

Stattin, Oskar (DEN) (8.5.2006)

2024 200 6h4 22.92w, 400 7h3 51.00, 200 inne 3h11 23.23, 400 inne 18 (4h1) 52.30, 200 U20 6s2 22.89w, 3h3 22.78w, 400 U20 8 51.65, 3h3 50.60, Høyde u.t. U20 2 1.61, 400 G18/19 4 (4h3) 49.10, 200 inne G18/19 2h7 23.36

Stattin, Viktor (DEN) (4.4.2008)

2024 200 G16 8 24.09w, 4s1 24.40, 3h2 24.19, 300h G16 11 (4h1) 46.54, Slegge G16 NM, 1000 stafett G15/16 3 (3h2) 2:07.46

Stavenjord, Bjørn Erik (23.3.1992)

2024 Lengde u.t. 2 3.23

Stavrum, Viljar (19.8.2005)

2024 3000 inne 22 (7h1) 9:57.73, 1x6km stafett terreng 13 18:39, 2km terreng U20 =16 6:51

Steier, Rolf Erik Jorgensen (7.6.1984)

2024 5km gateløp 20 14:54

Steig, Geir (24.2.1995)

2024 Motbakke DNS

Steine, Torje Bronken (2.8.2007)

2024 800 G17 20 (4h1) 2:03.32, 1000 stafett G17-19 12 (5h1) 2:10.28, 800 inne G17 8 (1h1) 2:08.10, 1500 inne G17 4 4:31.45, 1000 stafett G17-19 12 (4h1) 2:10.28

Steinshamn, Simon Nebijo Karlsen (18.3.1999)

2024 1500 6h1 4:00.29, 5000 17 (17h2) 14:42.28, 3km terreng 7 9:08, 1x6km stafett terreng 2 17:04, 10km gateløp 49 31:44

Steinsland, Erik (10.4.2000)

2024 100 7s1 10.90, 3h2 10.85w, 200 5h1 22.29w, 60 inne 4h1 7.16, 4x100 stafett 4 41:60, 4x100 stafett 1h2 41.84

Steinsland, Svein (13.2.1946)
2024 Motbakke 73 2:24:07

Stengle-Håkonsen, Marius (30.9.1980)
2024 Terrengultra 18 10:53

Stenberg, Bjørn (25.3.1992)
2024 Halvmaraton 4 1:13:29

Stenberg, Frode (19.6.1986)
2024 Maraton 1 2:25:53

Stenbrenden, Magnus (4.4.1983)
2024 5km gateløp 52 17:46

Stensrud, Simen Gløggård (22.1.2005)
2024 Motbakke 21 59:45

Stevik, Jon Petter (2.1.2003)
2024 800 6 1:58.47, 2h2 1:56.41, 800 inne 4 (4h2) 1:52.72

Stickler, Frederik Redigh (5.2.2007)
2024 2km terreng G17 11 6:54, 4km terreng G17 7 12:45

Stoltenberg, Sander Pedersen (20.2.2006)
2024 Kule inne G18/19 7 9.51

Strand, Vetle Svanes (18.6.2002)
2024 Motbakke 31 1:04:25

Strijbos, Lasse (NED) (11.11.2007)
2024 Kule G17 2 13.13, Diskos G17 3 35.95

Strupstad, Linus Andre Hellem (4.1.2007)
2024 Slegge G17 3 39.54

Strømmen, Frode (17.1.1978)
2024 Halvmaraton 27 1:43:25

Strønstad-Løseth, Heine (30.3.2008)
2024 400 6h1 50.25, 60 inne 7h7 7.53, 200 inne 4h1 24.04

Strønstad-Løseth, Sindre (10.11.2005)
2024 200 s3 DNF, 3h1 22.07w, 400 U20 2 49.14, 1h1 50.36, 1000 stafett U23 1 1:55.29

Strønstad-Løseth, Thomas (7.9.2003)
2024 400 3h4 48.87, 400 U23 1 48.48, 1h1 49.47, 1000 stafett U23 1 1:55.29

Stuhr, Oscar Barikmo (18.4.2005)
2024 Tresteg 6 13.24w, Mangekamp inne U20 DNF, Høyde inne G18/19 5 1.76, Tresteg inne G18/19 3 13.07

Stuwe, Sander Spilhaug (24.6.2006)
2024 5000 U20 23 (9h1) 16:35.17, 2km terreng U20 =16 6:51, 800 G18/19 32 (6h1) 2:08.50

Stølen, Erling Viljugrein (16.6.1990)
2024 Maraton 7 2:35:49

Støylen, Bjørnar Ramstad (19.1.1993)
2024 100 para utv. 3 12.97

Stålby, Marcus Devantes Gardner (24.2.2007)
2024 100 U20 7s1 11.41, 3h1 11.42, 200 U20 4s2 22.51w, 3h5 22.61w, 1000 stafett U23 3 1:59.53, 4x100 stafett U20 4 44.67, 100 G17 6 11.19, 4s2 11.34, 2h1 11.35, 200 G17 7 22.72, 4s1 22.90, 2h2 23.07, 100 inne G17 s1 DNS, 1h4 7.39, 200 inne G17 h6 DNS

Suleiman, Adil Abdulqadir Mohamad (31.8.2007)
2024 400 G17 15 (2h1) 54.42

Sund, Oliver (1.10.2005)
2024 800m U20 10h1 2:04.08, 1500 U20 11h2 4:11.19, 6km terreng U20 18 18:08, 800 G18/19 19 (2h2) 2:02.61, 3000 G18/19 19 (6h1) 9:09.28

Sund, Snorre Cornelius (10.10.2006)
2024 60 inne 6h1 7.38, 200 inne 3h6 22.98, 100 G18/19 5s2 11.16w, 3h2 11.56, 200 G18/19 5s1 23.08, 4h1 22.89w, 60 inne G18/19 5s1 7.26, 3h5 7.33, 200 inne G18/19 5 (3f2) 23.22, 1h4 23.06

Sundby, Øyvind Heiberg (5.9.1983)
2024 Motbakke 2 48:04

Sundve, Hans Øyvind (7.6.2008)
2024 3000 G16 21 10:02.89, 1500h G16 8 4:54.74, 2km terreng G16 8 6:54

Sunnarvik, Erlend Grytten (28.1.2008)
2024 100 U20 5s1 11.39, 3h7 11.35, Lengde U20 10 5.55, 1q1 6.61, Tresteg U20 1 14.37, 100 G16 4 11.23, 2s1 11.39, 1h3 11.45, Lengde G16 1 6.69, Tresteg G16 1 13.96, 60 inne G16 2 7.23, 1s2 7.28, 1h1 7.30, Lengde inne G16 1 6.50, Tresteg inne G16 1 12.81

Surdal, Daniel Aregawi (27.8.2006)
2024 100 U20 7s3 11.67, 4h1 11.44, 100 G18/19 6s2 11.31w, 3h1 11.53, 200 G18/19 7h1 23.38w, 60 inne G18/19 5s3 7.31, 3h3 7.29

Svaland, Lars Aasheim (19.9.1995)
2024 Halvmaraton 17 1:21:39

Svaland, Tor Olav (7.9.2001)
2024 Halvmaraton 11 1:17:38

Svanæs, Haakon Røvik (19.4.2008)
2024 800m U20 7h1 1:59.95, 1500 U20 14h3 4:19.25, 10km gateløp U20 42 51:43, 800 G16 7 (7h3) 1:58.82, 3000 G16 7 8:52.09, 1000 stafett G15/16 2 (2h2) 2:06.80, 800 inne G16 7 (6h3) 2:04.62, 1500 inne G16 7 (7h2) 4:19.23, 2km terreng G16 7 6:44, 4x600 stafett G16 1 6:08.72, 4km terreng G16 6 12:43

Svarholt, Sondre (16.2.2006)
2024 800 5h3 1:58.03, 800 inne 5 (5h2) 1:56.11, 800m U20 DNF, 2h1 1:56.88

Sveen, August da Silva (8.3.2004)
2024 1500 10h1 4:05.57, 5000 18 (18h2) 14:43.29

Svela, Per (19.3.1992)
2024 5000 4 (4h2) 13:24.34, 10km gateløp 2 28:32

Svendsen, Ludvig Bjørge (???.???.???)
2024 2km terreng G16 15 7:29

Svendsen, Thomas (26.9.2009)
2024 Spyd G15 2 51.08, 1000 stafett G15/16 10 (5h1) 2:16.20, 60 inne G15 7h2 8.53, Kule inne G15 6 9.80, Mangekamp inne G15 6 2.162p

Sverd, Vegard Dragsund (1.6.1999)
2024 100 6h4 11.11, 100 para 1 11.23, Lengde para 1 6.28, 60 inne 8s2 7.13, 3h3 7.10, 60 inne para 2 7.15, Lengde inne para 1 6.38

Svoren, Peter Horvati (18.4.2001)
2024 100 7h3 11.24

SVorkdal, Lars Lystad (6.7.2005)
2024 1500 U20 7h2 4:04.66, 5000 U20 3 (3h2) 14:52.58, 2km terreng U20 3 6:00, 6km terreng U20 7 17:29, 3000 G18/19 1 8:32.56

Sweetman, Oliver Alexander Wadahl (18.10.2009)
2024 800 G15 16 (3h1) 2:09.92, 2000 G15 17 6:12.94, 1500h G15 2 4:51.09

Synnevåg, Sondre Andreassen (27.3.1995)
2024 100km ultra 12 9:48:24

Syversen, Øystein (23.9.1952)
2024 5km gateløp 71 21:32

Syvetsen, William Hurum (10.3.2007)
2024 800 G17 23 (6h1) 2:08.97

Sæbu, Vegard Alstergren (16.8.1999)
2024 5km gateløp 23 15:04

Sæthre, Nikolai Bøe (5.8.2005)
2024 5000 U20 h1 DNF

Sætre, Emil Kristoffer Viddal (18.6.2008)

2024 100 G16 7h1 12.46, 200 G16 5h1 25.03, 60 inne G16 5h5 7.91, 200 inne G16 3h4 25.49

Sætre, Håvard Solvold (18.1.2009)

2024 100 G15 5s2 12.05, 4h1 12.17, 200 G15 8 24.86, 5s2 24.52, 4h2 24.43, Lengde G15 9 4.89, Slegge G15 2 45.11

Søbstad, Reidar (16.12.1958)

2024 5km gateløp 73 21:57

Sjølen, Thor Magnus Santos (10.1.2008)

2024 60 inne G16 8s2 7.90, 6h3 7.86

Sørensen, Eirik Strand (2.3.2006)

2024 1x6km stafett terreng 17 20:01

Sørensen, Bendik Ohm (19.3.2002)

2024 Terrengultra DNF

Sørensen, Martin (19.4.2009)

2024 2km terreng G15 3 6:22

Sørland, Sacarias (24.9.2009)

2024 100 G15 6h1 12.45, 1000 stafett G15/16 12 (6h2) 2:26.37, 60 inne G15 6 8.29, 200 inne G15 3h3 27.35, 4x200 stafett inne G15-17 9 (2h1) 1:40.88

Sørli, Marius Garmann (26.8.1997)

2024 5000 21 (21h2) 14:48.97, 10000 10 30:44.05, Halvmaraton 1 1:09:53, 10km gateløp 19 30:28

Sørstad, Haakon Kamlesh Heltzer (1.3.2008)

2024 800 9h3 2:01.63, 1500 8h2 4:03.43, 800m U20 4h1 1:57.63, 1500 U20 7 3:55.67, 4h3 3:58.28, 5km gateløp U20 21 17:21, 10km gateløp U20 5 31:24, 800 G16 3 (3h3) 1:57.27, 3000 G16 1 8:29.19, 1500h G16 1 4:07.12, 1000 stafett G15/16 6 (1h1) 2:11.59, 800 inne G16 2 (2h3) 1:59.82, 1500 inne G16 2 4:02.85, 2km terreng G16 4 6:20, 4km terreng G16 7 12:59

Sørvik, Bjørn Ketil (26.6.1975)

2024 Motbakke 48 1:10:58

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Tagge, Daniel Notnæs (29.8.2007)

2024 Spyd G17 4 41.94

Taksdal, Bjørnar Risa (11.1.2008)

2024 800 G16 11 (3h2) 2:03.85

Tallaksen, Leif Christian (19.8.1999)

2024 3km terreng 22 9:59, 1x6km stafett terreng 10 18:25

Tangen, Kjetil (?? ??) (???)

2024 5km gateløp 84 24:48

Tangvik, William Cornelius (20.8.2009)

2024 800 G15 21 (6h1) 2:11.64, 2000 G15 22 6:36.82

Taraldsen, Eirik Borø (2.4.1993)

2024 Halvmaraton 20 1:23:45

Taraldsen, Peder Kristofer Rostock (17.6.2007)

2024 10km gateløp U20 30 35:51

Taranger, Bjørn Tore Kronen (23.4.1979)

2024 100km ultra 2 7:05:42, Maraton 5 2:35:02, Motbakke 27 1:02:31

Taranger, Sondre (10.9.1976)

2024 Terrengultra 32 12:45

Taule, Dag Tore (1.5.1980)

2024 Maraton 20 3:15:35

Teigland, Johannes (17.4.1995)

2024 1500 12 3:53.23, 4h3 3:53.39, 1500 inne 5 (5h3) 3:53.71, 3000 inne 6 (6h3) 8:17.90, 3km terreng =13 9:20, 4x1500 stafett 1 15:52.69

Teigstad, Simen Johan (24.10.2005)

2024 100 8h2 11.30w, Stav 11 4.22, Stav inne 4 4.75, Lengde inne 7 5.99, Mangelkamp inne U20 2 4.774p, Mangelkamp U20 2 6.969p, 200 G18/19 6s1 23.13, 2h3 22.95w, 60h inne G18/19 4

8.38, Stav inne G18/19 =1 4.61, Kule inne G18/19 3 12.92, 4x200 inne G18-22 7 (4h2) 1:36.00

Tellefsen, Jan Tore (14.12.1982)

2024 Maraton DNS

Tengsareid, Torstein (3.2.1989)

2024 Motbakke 6 52:01

Terum, Olav (31.12.1959)

2024 Motbakke 53 1:13:16

Tewelde, Nahom Tesfalem (ERI) (4.8.2006)

2024 1500 U20 6h1 4:01.24, 5000 U20 4 (4h2) 14:57.83, 6km terreng U20 6 17:14, 800 G18/19 6 (5h4) 1:57.12, 3000 G18/19 5 (5h2) 8:40.58

Thallaug, Eskil Grung (21.11.2008)

2024 200 G16 6h1 26.42, 1000 stafett G17-19 14 (6h1) 2:12.36

Thallaug, Sjur Grung (25.3.2006)

2024 200 inne 2h2 22.45, 400 inne 9 (3h3) 49.65, 4x200 inne 1 (1h2) 1:26.64, 4x100 stafett h2 DNF, 4x400 stafett 1 3:10:58, 200 U20 4s1 22.41w, 3h2 22.48w, 400 U20 6 50.73, 3h2 50.32, 1000 stafett U23 4 1:59.68, 200 G18/19 5 22.55, 3s1 22.56, 1h4 22.42, 400 G18/19 2 (2h3) 48.73, 200 inne G18/19 3 (1f3) 22.37, 1h3 22.47

Thomassen, Christian Andre (12.3.2003)

2024 Lengde 9 6.72, Tresteg 3 14.87, Lengde U23 2 6.97, Tresteg U23 1 14.81

Thomassen, Mikkel Blikstad (13.10.2003)

2024 1500 8 3:49.77, 3h2 3:58.95, 5000 h2 DNF, 3km terreng 2 9:00, 1x6km stafett terreng 1 17:03, 10km terreng 18 28:34, 1500 U23 2 3:47.08

Thompson, Luca (24.11.2000)

2024 800 3 1:57.84, 2h3 1:55.05

Thompson, Roger (4.3.1976)

2024 5km gateløp 44 16:41

Thomsen, Marcus (7.1.1998)

2024 Kule 1 20.73

Thorbjørnsen, Tobias Kalmo (9.6.2006)

2024 110h U20 8 17.73w, 4h1 15.88w, Stav U20 3 3.42, Lengde U20 12q1 5.13, Diskos U20 8 33.75, Spyd U20 4 39.76, Mangelkamp inne U20 4 3.616p, Mangelkamp U20 6 4.912p, Stav G18/19 7 3.41, Diskos G18/19 7 34.79, Spyd G18/19 5 42.33, 60h inne G18/19 DNF, Stav inne G18/19 6 3.61, Lengde inne G18/19 11 3.56, Kule inne G18/19 6 11.30, 4x200 inne G18-22 6 (3h2) 1:34.20 7 (4h2) 1:36.00

Thrana, Daniel (17.10.2002)

2024 Spyd 2 71.89, Spyd U23 1 66.31

Thyli, Vetle (3.7.1989)

2024 10km terreng 34 32:46

Tibar, Rasmus (EST) (15.6.2006)

2024 110h G18/19 2 14.84, 400h G18/19 1 56.13, Høyde G18/19 4 1.86, 200 inne G18/19 1h6 23.14, 60h inne G18/19 3 8.22, Høyde inne G18/19 4 1.81

Tijani-Ajayi, Kenny Emi (5.5.2003)

2024 200 3 21.06w, 1s3 21.38w, 1h2 21.73w, 1000 stafett 4 (4h2) 1:53.10, 200 inne DNS, 2h9 21.62, 100 U23 2 10.68, 1h1 10.84, 200 U23 1 21.24w, 1h2 22.15w

Tingbø, Odin Gjersund (23.5.2008)

2024 100 G16 7h4 12.29, Høyde G16 =3 1.74, Høyde inne G16 6 1.66, Tresteg inne G16 5 11.00

Tjelle, Martin Sølvberg (29.11.2008)

2024 1x6km stafett terreng 9 18:19, 800m U20 7h3 1:59.79, 1500 U20 7h1 4:01.41, 5000 U20 5 (5h2) 15:04.62, 5km gateløp U20 4 15:05, 10km gateløp U20 4 31:18, 800 G16 8 (8h3) 1:59.81, 3000 G16 3 8:36.36, 800 inne G16 5 (5h3) 2:02.31,

1500 inne G16 3 (3h3) 4:07.19, 2km terreng G16 1 6:08, 4km terreng G16

Tjørnholm, Kristian (19.9.1995)

2020 Halvmaraton 8 1:15:46

Tobiassen, Piera Niillas (27.5.92)

2024 10km terreng 27 29:50

Tokle, Vegard (6.1.1986)

2024 Terrengultra 50 15:15

Tollaksen, Benjamin (2.11.2009)

2024 1000 stafett G15/16 10 (5h1) 2:16.20

Tollefsen, Melvin (15.1.2007)

2024 Stav U20 2 4.12, Spyd U20 3 45.92, Stav G17 1 4.25, Kule G17 3 12.56, Spyd G17 2 50.21, 100 inne G17 (8s1 7.56), 5h1 7.60, Stav inne G17 1 3.91, Kule inne G17 2 12.29

Tollefsen, Oliver (10.11.2004)

2024 100 U23 4h3 11.22, 200 U23 7 22.53w, 2h2 22.21w, 60 inne G20-22 6 7.23, 3h3 7.18, 200 inne G20-22 4 (2f1) 22.59, 1h1 22.72

Tollefsen, Rikard (13.2.1986)

2024 Terrengultra 47 14:39

Tolnes, Bendik Dybsland (21.7.2009)

2024 100 G15 100 G15 8s2 12.32, 3h1 12.16, 200 G15 5s1 24.69, 3h3 24.61, 1000 stafett G15/16 9 (4h1) 2:15.67

Tolo, Henrik Vik (23.4.1999)

2024 10km gateløp 59 32:14

Tomala, Alexander Tadeusz (22.4.2005)

2024 Slegge G18/19 5 38.23

Tomala, Oliver Tadeusz (10.7.2007)

2024 100 7h5 11.22, 200 7s1 22.47w, 2h7 22.24w, 100 U20 8s2 11.40, 3h3 11.27, 200 U20 3s2 22.39w, 2h5 22.59w, 100 G17 7 11.37, 3s1 11.30, 1h3 11.20, 200 G17 5 22.42, 3s1 22.64, 1h2 22.88, 100 inne G17 7 7.48, 4s2 7.41, 2h4 7.44, 200 inne G17 (f2) DQ, 1h7 23.23, 4x200 inne G18-22 6 (3h2) 1:34.20 7 (4h2) 1:36.00

Tonheim, Håvard (6.7.1998)

2024 Motbakke 12 55:28

Tonning, Andreas Ullern (26.12.2004)

2024 3km terreng 18 9:39, 5km gateløp 30 15:33

Torgersen, Jens Gunnar (6.7.1993)

2024 Motbakke 17 56:42

Torjussen, Elias Haugen (9.3.2007)

2024 1x6km stafett terreng 12 19:29, 5000 U20 12 (10h2) 15:24.43, 5km gateløp U20 12 15:42, 6km terreng U20 14 17:55, 10km gateløp U20 24 34:18, 3000 G17 5 8:42.03, Diskos G17 4 34.29, 800 inne G17 6 (2h2) 2:07.61, 2km terreng G17 4 6:21

Treen, Jakob Simon (9.4.2009)

2024 800 G15 19 (4h1) 2:10.59, 800 inne G15 15 (7h1) 2:23.68, 1500 inne G15 10 (4h1) 4:58.93

Trefall, Vegard Høylo (4.10.2006)

2024 800 4h1 1:58.96, 800m U20 2 1:52.86, 1h2 1:58.39, 800 G18/19 h4 DNS

Trenmo, Ørjan (23.8.1991)

2024 OCR Hinder 9 48:31

Trivigno, Luka Sokrates Torsen (9-10-2009)

2024 100 G15 7s2 12.16, 5h1 12.17, 200 G15 7s2 24.98, 5h2 24.78, 1000 stafett G17-19 9 (1h1) 2:05.66, 60 inne G15 5h3 7.99, 200 inne G15 2h6 25.95

Trobe, Nathaniel Laukhammer (13.5.2005)

2024 Spyd G18/19 2 47.88

Tronstad, Egil (11.7.1971)

2024 5km gateløp 51 17:46

Tronstad, Karl Jonas (20.4.1998)

2024 10km gateløp 36 31:16

Trove, Herman Eide (8.11.2008)

2024 2km terreng G16 5 6:38

Trumpy, Oskar Gjertsen (11.4.2009)

2024 100 U20 4h6 11.56, 200 U20 4h6 23.02w, Høyde U20 NM, 100 G15 1 11.46, 1s1 11.63, 1h2 11.68, 200 G15 s1 DNS, 1h2 24.17, 100h G15 2 13.63, 1h1 13.89, 60 inne G15 2 7.35, 1s2 7.40, 1h3 7.57, 200 inne G15 1 (1f1) 23.56, 1h5 24.53, 60h inne G15 2 8.36, 2h1 8.93, Høyde inne G15 1 1.72

Trøite, Kim-Roger (17.6.1996)

2024 10km gateløp 48 31:40

Tveit, Anders (28.6.1990)

2024 Halvmaraton 12 1:18:19, Motbakke 19 57:34

Tveit, Odd Gunnar (14.3.1964)

2024 Maraton 25 3:27:49

Tveit, Sigurd (16.3.2000)

2024 800 2 1:57.53, 1h3 1:55.04, 1500 inne h3 DNF

Tveito, Leon (17.2.2008)

2024 800 G16 23 (7h1) 2:13.57, 3000 G16 15 9:25.76

Tveitå, Aanund Olavson (13.9.2003)

2024 Lengde u.t. 8 2.89, Lengde U23 1 7.23, Lengde inne G20-22 1 6.87

Tyberg, Bjørnar (26.1.1974)

2024 5km gateløp 58 19:15

Tønnessen, Hans Horn (27.10.2008)

2024 100 U20 5h6 11.65, 200 U20 7h4 23.42w, 1000 stafett U23 5 2:06.57, 100 G16 5s2 11.63w, 3h1 11.81, 200 G16 4 23.22w, 2s2 23.69, 1h4 23.95, 60 inne G16 4s3 7.64, 2h5 7.60, 200 inne G16 2h3 24.47

Tønnesen, Trym Halvard Sagstuen (4.2.2000)

2024 10000 DNF, 3000 inne 8 (8h3) 8:22.13

Tørsdal, Ole Mikal (21.6.1991)

2024 Halvmaraton DNF

Tøraasen, Andreas Øyen (17.3.2002)

2024 10km terreng 35 33:19

Tårneby, Emil Lukassen (21.11.2003)

2024 Slegge U23 5 48.66

U

Uldal, Espen (20.1.1997)

2024 Halvmaraton 10 1:17:34

Ulevåg, Kåre (17.4.1968)

2024 Motbakke 54 1:13:27

Ulriksen, Kristian (2.10.1986)

2024 10km gateløp 41 31:27

Ulset, Tord Franke (6.5.2003)

2024 5km gateløp 24 15:05, 10km terreng DNF, 10km gateløp 65 33:38, 5000 U23 DNF

Ulvund, Nikolai Røeggen (24.1.2003)

2024 Kule Inne 5 12.44

Undeberget, Petter (21.11.2008)

2024 Kule G16 7 9.38, Slegge G16 3 42.01

V

Valle, Kristian (16.9.1990)

2024 Halvmaraton 26 1:36:28

Valseth, Sigurd Egeland (13.3.2005)

2024 800 8h3 1:59.65, 1500 9h3 4:05.95, 1x6km stafett terreng 13 18:39, 1500 U20 14 4:02.61, 3h2 3:59.20, 5000 U20 h2 DNF, 2km terreng U20 2 5:59, 800 inne G18/19 h1 DNF, 1500 inne G18/19 2 (2h2) 4:00.32

Varsi, Agnar Øystein (15.1.1964)

2024 5km gateløp 66 20:12

Vassnes, Harald-Inge (2.2.1999)

2024 Halvmaraton DNF

Vaula, Jacob (1.8.2001)

2024 60 inne 2 6.79, 2s3 6.90, 1h4 6.99

Vedvik, Marius Øyre (18.3.1992)

2024 10000 9 30:44.02, 10km gateløp 24 30:39

Veen, Sebastian van der (6.8.2002)

2024 1500 13 3:55.22 (jury), 13h2 4:41.52, 1500 inne 11 (4h2) 4:00.19, 3000 inne h2 DNF, 3km terreng 17 9:33, 1x6km stafett terreng 7 18:04

Veggan, Sindre Klausen (16.7.3009)

2024 100 U20 5h5 11.58, 200 U20 8h3 23.65w, Lengde U20 12q2 5.85, Tresteg U20 7 12.11, 100 G15 2 11.55, 2s1 11.69, 1h4 11.73, Lengde G15 2 5.85, Tresteg G15 2 12.99w, 60 inne G15 5 7.50, 4s2 7.52, 2h2 7.62, 200 inne G15 4 (2f2) 24.07, 1h1 24.34, Tresteg inne G15 2 11.87, 4x200 stafett inne G15-17 5 (2h2) 1:35.35

Velle, Henrik (28.11.1991)

2024 1500 12h1 4:16.69, 3km terreng 26 10:20, 1x6km stafett terreng 16 19:54, 10km terreng 33 32:42

Venholen, Adrian Brennøden (10.9.2008)

2024 Høyde G16 8 1.69

Versi, Agbar Øystein (???.???.???)

2024 Maraton 24 3:24:59

Vesterlid, Henrik From (20.9.2004)

2024 Kule 2 16.83, Kule Inne 1 17.31, Lengde u.t. 11 2.74, Kule U23 1 17.20

Vestre, Emil (14.3.2005)

2024 60 inne h8 DNS, 200 inne h8 DNS, 100 U20 6h1 11.50, 200 U20 6h2 23.22w, 1000 stafett U20 3 2:00.50, 100 G18/19 5h4 11.99, 200 G18/19 5h2 23.96, 1000 stafett G17-19 8 (8h2) 2:02.64, 60 inne G18/19 6s1 7.37, 5h2 7.41, 200 inne G18/19 3h5 23.72, 4x200 inne G18-22 5 (2h2) 1:32.34

Vetthus, Arne André (20.4.1978)

2024 Terrengultra 35 13:09

Veum, Anders (11.11.1995)

2024 10km terreng 32 32:06

Vibekken, Fabian (31.3.2009)

2024 800 inne G15 1 (1h2) 2:02.14, 1500 inne G15 1 (1h2) 4:12.15, 2km terreng G15 1 6:19, 4km terreng G15 DNS

Vik, Sondre Audahl (26.1.2004)

2024 60 inne G20-22 6h2 7.50, Tresteg inne G20-22 2 11.33

Vikan, Kåre (26.5.2009)

2024 800 G15 13 (6h2) 2:09.41

Viken, Ånung (23.3.1993)

2024 OCR Hinder 1 41:44

Vikne, Magne Roald (1.7.1954)

2024 Motbakke 67 1:27:53

Villanger, Henrik Hårajuvet (22.4.2009)

2024 800 G15 14 (2h1) 2:09.82, 200 inne G15 3h5 27.01, 4x200 stafett inne G15-17 10 (3h1) 1:42.54

Vincent, Aiden Floyd (8.3.2004)

2024 400 3h2 49.47, 400h 3 54.75, 400 inne 10 (3h4) 49.79, 200 U23 5 22.17w, 2h3 22.13, 400 U23 2 49.00, 2h2 49.88, 400h U23 1 56.43, Spyd U23 3 53.40, 1000 stafett U23 3 1:59.53

Vineshaugen, Henrik Linna (13.4.2006)

2024 200 U20 5s1 22.50w, 2h1 22.81w, 400 U20 3h1 50.72, 1000 stafett U20 2 1:59.12, 100 G18/19 7s1 11.54, 3h4 11.70, 1000 stafett G17-19 2 (2h2) 1:57.76, 4x200 inne G18-22 4 (1h2) 1:32.21

Vinnstad, Morten (24.4.1979)

2024 Terrengultra 58 17:14

Vinterstø, Stein Tore (7.8.1973)

2024 Maraton 10 2:51:00

Vogelsang, Abraham Sandvin (11.2.2003)

2024 Høyde 2 2.05

Volden, Iver (18.2.2007)

2024 800m U20 6h1 1:59.38, 400 G17 17 (4h1) 54.74, 800 G17 9 (1h2) 1:58.63

Vukicevic, Vladimir Erik (6.5.1991)

2024 110h 1 13.82

Væting, Kristoffer (11.8.2000)

2024 Halvmaraton 22 1:27:48

Vaage, Johannes Hoddevik (20.11.2009)

2024 200 G15 7h1 26.62w, 1000 stafett G15/16 10 (5h1) 2:16.20

W

Wahl, Tom-Einar (???.???.???)

2024 Terrengultra 20 11:13

Walhovd, Sakarias Eirik Fjell (16.10.2006)

2024 Kule U20 3 14.54, Kule G18/19 3 14.00, Kule inne G18/19 1 13.95

Wamråk, Christoffer da Silva (1.2.2006)

2024 800 6h3 1:58.88, 1500 12h2 4:09.97

Wang, Marius Liljeberg (3.10.2001)

2024 5km gateløp 18 14:45, 10km gateløp 16 30:21

Warnes, Vegard Vesterhaug (16.5.2003)

2024 1500 10 3:52.14, 5h3 3:53.80, 5000 11 (11h2) 14:01.75, 1500 inne h3 DNF, 3000 inne 7 (7h3) 8:20.62, 5km gateløp 2 13:58, 10km terreng 8 27:45, 10km gateløp 6 29:18, 3000h U23 2 8:54.42

Warvik, Magnus Winther (29.7.1994)

2024 1x6km stafett terreng 12 19:29, 10km gateløp 43 31:30

Wasbø, Daniel (22.9.2008)

2024 5000 U20 25 (11h1) 16:39.40, 3000 G16 17 9:38.28, 800 inne G16 17 (5h1) 2:13.92, 1500 inne G16 12 (4h1) 4:32.88

Watland, Alexander Gårseth (2.12.2009)

2024 100 G15 8h3 13.04, Spyd G15 6 37.63, 1000 stafett G15/16 12 (6h2) 2:26.37, 60 inne G15 7h4 8.57

Wayu, Bereket Geda (6.10.2001)

2024 100 7h5 11.24, 200 6h3 22.71w, 4x100 stafett h2 DNF

Weinberg, Myron (9.12.1999)

2024 Spyd 1 75.05

Wennerström, Gabriel (25.6.2009)

2024 100 G15 6h3 12.57, 200 G15 6h2 25.39, 60 inne G15 6s2 7.84, 4h4 7.81, 200 inne G15 2h4 24.82

Westberg, Hans Kumar (13.10.2007)

2024 10km gateløp U20 38 40:58

Westhagen, Markus (23.12.2002)

2024 800 5 1:58.40, 2h1 1:58.51

Wiger, Øyvind (1.8.1977)

2024 5km gateløp 34 15:48

Wigaard, Endre (25.1.1996)

2024 1500 inne 14 (6h2) 4:01.06, Motbakke 28 1:03:04

Wikshåland, Eivind Trym (16.11.1997)

2024 3km terreng 9 9:11, 1x6km stafett terreng 1 17:03

Winberg, Halvor Nymoen (29.4.1999)

2024 1500 10h2 4:08.05

Windjusveen, Tobias (27.6.2002)

2024 100 4s3 10.84, 3h4 10.79, 200 3h4 22.26w, 4x100 stafett DNF, 4x100 stafett 2h2 41:96, 100 U23 3h2 11.26

Wissting, Martinus (26.7.2008)

2024 4km terreng G16 8 13:06

With, Theodor (22.1.2006)

2024 100 U20 8s3 11.87, 3h4 11.40, 100 G18/19 6h2 13.06, 60 inne G18/19 8s2 7.41, 5h1 7.36

Witzøe, Sondre (15.2.2004)

2024 100 1 10.33w, 1s2 10.41, 1h6 10.68, 60 inne 3 6.88, 2s1 6.86, 3h8 7.06, 200 inne h3 DNF

Wold, Morten Olaf (10.4.1951)

2024 Maraton 33 4:04:33

Wold, Theodor Skancke (21.10.2006)

2024 60 inne 7h5 7.71, 4x200 inne 7 (3h1) 1:37.32, 60 inne G18/19 7h3 7.64, 4x200 inne G18-22 10 (3h1) 1:39.80

Wollertsen, Christer (11.9.1983)

2024 Maraton 23 3:22:46

Worku, Mikael Girma (12.1.2008)

2024 100 U20 7h6 12.16, 100 G16 4h4 12.07, 300h G16 7 (6h2) 43.97, 1000 stafett G15/16 4 (4h2) 2:09.16, 60 inne G16 5s3 7.64, 4h3 7.63, 200 inne G162h8 24.65, 60h inne G16 8 9.29, 3h1 9.30, 4x200 stafett inne G15-17 1 (1h3) 1:33.98, Mangelkamp inne G16 5 3.482p, 4x100 stafett G16 1 47.35

Wormdahl, Aksel (1.2.2006)

2024 Lengde 13 6.05, Lengde inne 5 6.56, Lengde U20 6 6.39, 4q1 6.38, Tresteg U20 5 13.37, Lengde u.t. U20 7 2.79, Lengde G18/19 5 6.36, Tresteg G18/19 DNS, Lengde inne G18/19 2 6.46, Tresteg inne G18/19 1 13.51

Wright, Christian Nicholas (17.3.2006)

2024 100 5h5 10.94, 200 4h5 22.14w, 1000 stafett 7 (2h1) 2:03.39, 60 inne 4h6 7.16, 200 inne 2h1 22.38, 4x100 stafett h2 DNF, 100 U20 5 11.07, 2s3 11.06, 1h4 11.15, 200 U20 4 22.07, 2s3 21.97w, 1h2 22.25w, 1000 stafett U20 1 1:58.62, 4x100 stafett U20 1 42.02, 100 G18/19 2 10.87, 1s2 10.93w, 1h1 11.34, 200 G18/19 3 22.23, 1s1 22.38, 1h3 22.88w, 1000 stafett G17-19 1 (1h2) 1:55.87, 60 inne G18/19 3 7.08, 1s3 7.11, 2h4 7.14, 4x200 inne G18-22 DNF

Wroldsen, David (1.7.2002)

2024 100km ultra 6 8:33:36

Wærnes, Andreas Dahlø (18.9.1990)

2024 Motbakke 5 51:23, 10km gateløp 44 31:34

Wærnes, Julian Liu (20.5.2009)

2024 100 G15 6s1 12.11, 4h1 12.10, 200 G15 6 24.30, 4s1 24.40, 3h1 24.56w, Diskos G15 9 26.51, 1000 stafett G15/16 8 (3h1) 2:14.23

Y

Yacob, Yoab Kibreab (ERI) (31.3.2009)

2024 800 inne G15 11 (3h1) 2:13.56

Yousif, Abdalla Tambaw Targan (SUD) (28.9.1996)

2024 3000h 5 8:55.68, 10km terreng 23 29:17, 10km gateløp 50 31:44

Ytrearne, Gard Vie (23.8.2009)

2024 200 G15 6h3 26.68, 1000 stafett G15/16 10 (5h1) 2:16.20, 60 inne G15 7h3 8.46, Lengde inne G15 16 4.42

Ytrearne, Sondre Vie (21.8.2001)

2024 Tresteg 4 14.85, Tresteg inne 2 14.47

Ytterdal, Sander (24.5.2005)

2024 Lengde U20 11q2 5.89, Lengde G18/19 10 5.98

Z

Ø

Øina, Odin August Østreim (30.8.2006)

2024 400h G18/19 5 59.99

Øiseth, Philip Puru (20.3.1998)

2024 Halvmaraton 13 1:18:26

Ørjedal, Erlend Aleksander (10.2.2009)

2024 Diskos G15 4 35.98, Spyd G15 1 54.41

Østebø, Brage Steen (21.7.2005)

2024 Lengde inne G18/19 8 5.64

Østebø, Torjus (10.2.2008)

2024 200 G16 h4 DQ:TR16.8, 100h G16 5 14.93, 4h2 15.05, 300h G16 10 (7h2) 44.11, 60h inne G16 6 9.11, 3h2 9.00, 4x200 stafett inne G15-17 6 (4h3) 1:35.47

Øvereng, Johannes Bredesen (6.7.1993)

2024 10km gateløp 61 32:37, 1500 U23 6 3:59.17

Øverkil, Bjørn Noah Haga (9.5.2009)

2024 Høyde G15 7 1.61, Høyde inne G15 =6 1.56

Øvsthus, Aksel (29.10.1953)

2024 Motbakke 64 1:22:20

Øydne, Christian (14.9.2005)

2024 Lengde u.t. U20 1 3.22

Øydvinn, Gjermund (2:10.1967)

2024 Terrengultra 59 17:41

Øyen, Aleksander Hauge (10.1.2006)

2024 1500 7h2 4:02.50, 5000 24 (3h1) 14:56.17, 1500 inne 15 (7h2) 4:04.21, 3000 inne 2 (2h3) 8:08.27, 3000 inne 13 (3h2) 8:41.36, 6km terreng U20 8 17:33, 800 G18/19 12 (7h4) 1:58.63, 3000 G18/19 6 (6h2) 8:40.85

Øyen, Magnus (26.4.2007)

2024 1500 7 3:49.09, 1h2 3:58.58, 5000 10 (10h2) 13:59.40, 1500 U20 3 3:46.32, 2h3 3:58.17, 5000 U20 2 (2h2) 14:26.33, 5km gateløp U20 1 14:05, 6km terreng U20 2 16:33 10km gateløp U20 1 29:14, 2km terreng G17 DNS

Øyen, Magnus Hauge (24.5.2009)

2024 2000 G15 10 6:00.02, 1500h G15 4 4:51.99, 1500 inne G15 6 (6h2) 4:34.77, 4km terreng G15 3 12:30

Øygard, Eivind (18.2.1992)

2024 10000 7 30:09.63, 3km terreng 5 9:04, 5km gateløp 3 14:02, 10km terreng 6 27:27

Å

Aabrekk, Eirik Bergene (3.3.1998)

2024 10km terreng 22 29:05, 10km gateløp 32 31:10

Aaby, Kristoffer Ødemark (5.6.2008)

2024 10km gateløp U20 39 44:14

Ådland, Lars (9.7.2002)

2024 60 inne 8h7 8.09

Aanensen, Lars (21.11.1991)

2024 Halvmaraton 3 1:10:51, 10km gateløp 39 31:26

Aarestrup, Aleksander (5.2.2008)

2024 100 U20 5h4 11.46, 200 U20 5h6 23.21w, 1000 stafett U20 4 2:01.15, 100 G16 3 11.22, 2s2 11.22w, 2h2 11.73, 200 G16 2 22.78w, 3s1 23.54, 1h2 23.99, 1000 stafett G17-19 6 (6h2) 1:59.88, 60 inne G16 3 7.26, 1s3 7.30, 1h2 7.39, 200 inne G16 6 (3f1) 24.01, 1j6 23.90, 4x200 stafett inne G15-17 6 (4h3) 1:35.47

Aarseth, Emanuel (9.7.2009)

2024 800 G15 7 (7h3) 2:05.06, 2000 G15 6 5:51.96, 1500h G15 1 4:46.93, 800 inne G15 6 (6h2) 2:07.11, 1500 inne G15 4 (4h2) 4:22.43, 2km terreng G15 5 6:27

Aarsæther, Jonas Boardman (15.6.2009)

2024 100 G15 7h4 12.74, 100h G15 5h1 15.85, 1000 stafett G15/16 7 (2h1) 2:11.63

Aas, Sveinung (18.10.1995)

2024 Terrengultra 39 13:28

Aas, Ørjan Svaland (16.11.1990)

2024 Halvmaraton 23 1:27:56

Aasen, Jon Kristian (23.10.1988)

2024 Motbakke 37 1:06:17

Aasen, Svein Aasmund Kjetil (28.2.1981)

2024 Terrengultra 49 14:47

Aasheim, Erling Magnus (12.4.2007)

2024 400 G17 16 (3h1) 54.45, 200 inne G17 3h8 25.29, 400 inne G17 4 56.84

Kvinner

A

Abdulle, Anisa Abdihakim (22.1.2005)

2024 100 para 3 20.49, 400 para 1 77.75

Abid, Sara Yasmin (6.6.2006)

2024 3000 U20 6 9:46.98, 3000h U20 1 10:43.58, 2km terreng U20 DNS, 4km terreng U20 DNS, 1500 inne J18/19 2 4:53.66

Aders, Hilde (2.4.1991)

2024 Motbakke 15 1:15:31

Agdal, Selma Thunes (21.1.2008)

2024 200 J16 8h2 30.28, 60 inne J16 7h2 8.84, 200 inne J16 h5 DNF

Aicher, Maria Vintervold (18.7.2009)

2024 200 J15 7h2 28.58, 1000 stafett J15/16 4 2:32.94

Aigner, Karoline Lutnæs (20.11.2009)

2024 1x6km stafett terreng 9 26:18

Ajayi, Tiffany Ewa (5.5.2003)

2024 60 inne J20-22 6 8.21, 4h1 8.28

Alm, Tove (9.9.1950)

2024 Motbakke 32 2:48:02

Alme, Tuva (15.8.2008)

2024 1500 11h1 4:35.69, 1500 inne 10 4:35.20, 3000 inne 8 9:43.90, 1x6km stafett terreng 2 19:48, 1500 U20 4 4:25.18, 1h1 4:48.23, 3000 U20 2 9:28.14, 3000 J16 1 9:45.38, 800 inne J16 1 (1h2) 2:17.12, 1500 inne J16 1 4:37.02, 2km terreng J16 1 6:42

Almli, Agnes Blehr (24.10.2009)

2024 800 J15 16 (5h2) 2:34.68, 2000 J15 11 7:16.56, 1000 stafett J15/16 6 2:43.50, 800 inne J15 5 (1h2) 2:29.94, 1500 inne J15 4 5:18.45, 4x200 stafett inne J15-17 10 (3h1) 1:58.67

Alsaker, Maren Storaas (23.7.2005)

2024 60 inne J18/19 6h3 8.56, 200 inne J18/19 3h5 27.77

Alvik, Sigrid (30.5.2003)

2024 3000h 1 9:59.91, 2km terreng 2 6:39, 3000 U23 DNF, 1000 stafett U23 2 2:22.00

Al-Saiddi, Line Safaa (17.12.2006)

2024 400 5 55.38, 3h2 55.34, 1000 stafett 2 2:08.67, 4x100 stafett 1 46:48, 4x400 stafett 1 3:41.77, 200 U20 1 24.37, 1s2 24.29w, 1h1 25.07w, 1000 stafett U20 1 2:10.48

Al-Saiddi, Sarah Safaa (18.12.2005)

2024 60h inne J18/19 5h2 9.22, 60h inne J20-22 5 9.22

Amble, Ida Petersen (13.7.2006)

2024 Diskos U20 10 31.37, Slegge U20 11 32.52, Diskos J18/19 5 29.24, Slegge J18/19 9 34.05

Amlie, Sigrid Kongssund (1.1.2002)

2024 400 7h1 57.70, 400 inne 8 (3h1) 56.84, 4x200 inne 1 1:40.68, 100 U23 DNS, 4h1 12.80, 200 U23 4 25.74w, 3h2 25.39w, 400 U23 3 58.01, 1000 stafett U23 DNS

Ampong, Dorothy McManus (17.2.2005)

2024 100 U20 4s2 12.92, 5h2 13.07, 1000 stafett U23 1 2:13.70, 4x100 stafett U20 2 49.70, 100 J18/19 5h2 12.74w, 200 J18/19 4 26.04, 2h1 26.04, 1000 stafett J18/19 1 2:14.00, 60 inne J18/19 5s2 8.12, 200 inne J18/19 2h1 26.77

Amundsen, Anita Queiroz (16.1.2008)

2024 60 inne J16 6h4 9.14, Kule inne J16 8 6.34, 4x200 stafett inne J15-17 10 (3h1) 1:58.67

Amundsen, Maren Bakke (8.3.2003)

2024 100 U23 2 12.13, 2h1 12.37, 200 U23 2 24.41w, 1h2 24.70w, 400 U23 1 56.71, 1000 stafett U23 DNS

Amundsen, Mathilde Alfarnes (19.1.2006)

2024 Spyd U20 5 38.05

Amundsen, Susanne Tveit (23.1.2007)

2024 200 6h1 26.14w, 400h h2 DNF, 60h inne 5h1 9.44, Tresteg inne 6 11.13, Kule inne 8 11.51, 400h U20 4 62.48, Lengde U20 4 5.52, 1q1 5.40, Tresteg U20 1 12.03w, Kule U20 6 11.09, Diskos U20 4 38.99, Tresteg J17 2 11.73, Kule J17 2 12.79, Diskos J17 1 39.86, 60h inne J17 3 9.11, 2h1 8.96, Lengde inne J17 1 5.33, Tresteg inne J17 1 11.91, Kule inne J17 2 13.36, Mangelkamp inne J17 1 3.584p, Mangelkamp J17 1 5.132p

Andersen, Amelie Normann (1.4.2009)

2024 100 J15 6h2 13.56, 200 J15 28.59, Lengde J15 13 4.18, 200 inne J15 3h2 28.88, 800 inne J15 9 (3h2) 2:35.99

Andersen, Ingrid Mæland (25.1.2007)

2024 60 inne J17 4h3 8.33, 200 inne J17 3h4 28.10

Andersen, Mia Mathilda (18.7.2009)

2024 800 J15 4 (4h3) 2:23.77, 2000 J15 8 7:06.96, 1000 stafett J15/16 3 2:31.44, 800 inne J15 6 (5h3) 2:29.13, 1500 inne J15 5 5:18.67, 4x600 stafett J16 1 7:08.93

Andersen, Nikol Roman (24.7.2007)

2024 100 J17 5 13.46w

Andersen, Sunniva Tangen (30.12.2006)

2024 10km gateløp U20 7 39:25

Andersen-Hemstad, Maria (5.8.2009)

2024 200 J15 5 26.29, 2s2 25.96, 1h4 25.92, 300h J15 1 (1h2) 44.19

Anderson, Jofrid (6.4.2008)

2024 800 J16 8 (9h2) 2:27.25, Høyde J16 1 1.59, Tresteg J16 2 10.83, Spyd J16 1 38.98, 800 inne J16 3 (3h2) 2:20.84, Tresteg inne J16 2 10.45

Andreassen, Maia Kulle (25.6.2009)

2024 800 J15 3 (3h3) 2:19.19, 2km terreng J15 3 7:30, 4km terreng J15 2 14:27

Andresen, Lovise Skarbøvik (17.1.2004)

2024 100h 1 13.04, 1h1 12.99w, 60h inne 1 8.18, 1h1 8.14

Angell, Tori (30.9.1999)

2024 Motbakke DNS

Antonsen, Henrikke (21.8.2003)

2024 Slegge 18q 42.33, Slegge U23 7 42.58, Kule inne J20-22 7 8.83

Antonsen, Pernille Karlsen (13.12.2002)

2024 800 3 2:09.59, 2h1 2:12.78, 800 inne 1 (1h2) 2:05.69

Askeland, Sølvi Renate Nedreberg (28.8.1997)

2024 5000 27 (17h2) 18:14.28, 10000 20 37:31.92

Aspesletten, Julie Benedicte Bakkom (10.9.1989)

2024 10km gateløp 14 35:00

Auk-Emblem, Alma (15.1.2009)

2024 60 inne J15 6h4 8.82, Stav inne J15 6 2.51, 4x200 stafett inne J15-17 6 (2h2) 1:51.10

Aunan, Taran (17.4.2008)

2024 Slegge J16 8 35.53

Aune, Liza Sofie (5.10.2007)

2024 Lengde J17 4 5.18, Tresteg J17 1 11.81, Lengde inne J17 4 5.06, Tresteg inne J17 2 11.79

Aune, Nora (7.1.2004)

2024 100 7 11.98, 4s2 12.13, 2h1 12.06, 60 inne 3 7.62, 1h3 7.67, 200 inne 5 25.08, 2h3 24.67, 100 U23 3 12.24, 1h1 12.33, 60 inne J20-22 1 7.60, 1h2 7.78, 200 inne J20-22 1 (1f2) 24.86, 4x200 inne J18-22 1 (1h2) 1:43.78

Aurdal, Ingvild (13.1.1973)

2024 Maraton 6 3:14:54, 5km gateløp 23 20:47

B

Bakke, Hanna Hagevik (20.4.2003)

2024 400 6 58.71, 1000 stafett 6 2:22.84, 400 inne 12 (4h3) 58.14, 4x200 inne 2 1:44.31, 200 U23 5 25.80w, 4h2 25.80w, 400 U23 57.31, 1000 stafett U23 1 2:13.70

Bakke, Helene (1.1.2006)
2024 4x400 stafett U20 2 4:25.43, 4x800 stafett U20 2 11:07.18

Bakkeliid, Else Lundestad (25.12.1976)
2024 Diskos 6 43.44

Bakkeliid, Sigrid (1.7.2009)
2024 800 inne J15 h1 DQ:TR17.2.3, 1500 inne J15 2 5:17.48

Bakken, Anna Larsen (23.6.2007)
2024 100 J17 6h1 13.62w, 60 inne J17 6h2 8.78

Bakløkk, Jorunn Bjørke (1.1.1998)
2024 60 inne 6h2 8.44, 200 inne 4h2 27.13

Banoun, Ninette Solveig (13.10.1964)
2024 5km gateløp 25 21:46

Barkbu, Mirian Gjertsen (10.1.2006)
2024 100h 6h2 15.52w, Mangekamp inne U20 4 3.120p, 60 inne J18/19 6h2 8.33, 60h inne J18/19 4 9.10, 3h1 9.03, Lengde inne J18/19 4 5.26, 60h inne J20-22 4 9.10, 3h1 9.03

Bardal, Marie Aune (12.3.1995)
2024 60 inne para 20.76

Baustad, Frøya (15.4.2009)
2024 200 J15 5h1 28.63, Høyde J15 9 1.38, Kule J15 5 9.85

Baustad, Kari (15.10.2009)
2024 Diskos J15 7 20.04, Slegge J15 5 41.21, Spyd J15 7 22.83

Bekkestad, Maren Karlsen (30.8.2003)
2024 3000 gang 2 23:53.51, 3000 gang U23 1

Belda-Torp, Alexandra (31.10.2009)
2024 2000 J15 15 8:40.58

Belsås, Maja (8.8.2004)
2024 5000 24 (14h1) 17:59.59, 2km terreng 13 7:28, 5km gateløp 9 17:41, 6km terreng 19 28:29, 10km gateløp 30 37:05, 3000 U23 7 10:37.25

Bentzen, Hannah (2.7.2003)
2024 10km gateløp 37 41:07

Berg, Nora Flyvholm (5.9.2007)
2024 2km terreng J17 4 9:13

Berg-Vindsetmo, Ruby (20.5.2008)
2024 60h inne J16 7 10.10, Høyde inne 6 1.36

Bergem, Tina Helen (30.6.1994)
2024 400h 5h2 66.65

Berger, Christine (30.1.1989)
2024 Terrengultra 7 12:29

Berger, Ida Othelie (21.9.2009)
2024 800 U20 12 2:30.35, 200 inne J15 h7 DNS, 800 inne J15 3 (3h3) 2:21.85

Bergesen, Ida Eide (13.7.2009)
2024 4x800 stafett U20 1 10:31.22, 100 J15 7h4 15.10

Bergh, Hannah Martine (1.11.2009)
2024 2000 J15 7 7:04.67

Bergsagel, Annie (???.???.???)
2024 6km terreng DNS

Bergsmyr, Aurora Hadland (10.5.2007)
2024 60 inne J17 7h2 8-92

Bergsvik, Inger Risholt (19.9.2007)
2024 800 J17 10 (7h2) 2:24.05, 800 inne J17 4 2:22.55, 4km terreng J17 5 14:48

Berland, Matilde Aurstad (3.4.2008)
2024 60 inne J16 8 s2 8.58, 4h2 8.52

Berntsen, Astrid Cecilie (12.7.2007)

2024 800 6h2 2:09.33, 1500 9 4:21.79, 5h2 4:35.88, 800 inne h2 DNF, 4x400 stafett 1 3:41.77, 800 U20 2 2:11.43, 1500 U20 h2 DNF, 1000 stafett U20 1 2:10.48, 400 J17 2 (2h2) 56.67, 800 J17 2 (2h2) 2:10.77, 800 inne J17 1 2:13.90

Birkeland, Margrethe Engenes (24.6.2009)
2024 2km terreng J15 DNS

Birkeland, Birgitte Langeland (29.10.2007)
2024 100 J17 7 13.48, 4h2 13.27w, 60 inne J17 6 8.18, 2h2 8.21, 60h inne J17 5 9.42, 3h1 9.43, 4x200 stafett inne J15-17 2 (2h3) 1:46.68

Birkeland, Rebekka (22.2.1997)
2024 10km gateløp 24 36:45

Bjelland, Hannah (19.5.1999)
2024 5km gateløp 13 17:52, 10km gateløp 28 36:55

Bjering, Aurora Haugland (10.6.2008)
2024 60 inne J16 8 8.43, 3s2 8.30, 3h3 8.39, 200 inne J16 3h4 27.91, 4x200 stafett inne J15-17 5 (4h3) 1:50.51

Bjerkestrand, Maren Nafstad (22.8.1995)
2024 Motbakke 14 1:12:59

Bjordan, Jorunn Elisabeth Bakkevig (12.3.2002)
2024 60 inne J20-22 7 8.27, 3h1 8.25, 200 inne J20-22 6 (3f1) 27.19

Bjorland, Thea (12.2.2005)
2024 2km terreng U20 DNS, 800 inne J18/19 5 2:23.41

Bjorland, Therese (12.2.2005)
2024 2km terreng U20 5 8:01

Bjørnstad, Amalie Grande (7.2.2000)
2024 100 8s1 12.52, 3h2 12.38, 200 7s1 26.50, 6h4 26.15w

Blekkerud, Vilje Elida (27.6.2009)
2024 100 J15 6h1 13.81, Lengde J15 6 4.73, Tresteg J15 3 10.25, Kule J15 10 8.83, 1000 stafett J15/16 4 2:32.94, 60 inne J15 8s1 8.53, 5h2 8.60, Lengde inne J15 10 4.29, 3q2 4.55, Tresteg inne J15 7 9.66, 4q2 9.98, Kule inne J15 8 8.35, 4x200 stafett inne J15-17 7 (3h2) 1:51.28, 4x100 stafett J16 1 52.81

Bock, Elea Jørstad (4.11.2002)
2024 100h 3 13.47, 2h1 13.57w, 100h U23 DNF

Bogsti, Karoline (28.7.2009)
2024 4x400 stafett 3 4:25.52, 4x800 stafett 2 11:04.84, 4x800 stafett U20 2 11:07.18

Borge, Sigrid (3.12.1995)
2024 Spyd 3 55.49

Borgen, Sophia Oliva (3.5.2004)
2024 Lengde inne 12 4.96, Tresteg inne 8 10.70, 60 inne J20-22 h2 DQ, Lengde inne J18/19 3 4.84, Tresteg inne J18/19 10.85

Bos, Jennie Irene (17.11.2007)
2024 Stav 5 3.41, Stav inne 4 3.20, Stav J17 2 3.01

Botnen, Fride Skudal Stave (13.8.2007)
2024 Slegge 19q 40.67, Slegge U20 7 39.27, Slegge J17 3 48.82

Brakstad, Serine (4.10.2006)
2024 100 8h1 12.74, 200 5h2 26.25w, 100 J18/19 5 12.63w, 2h1 12.68w, 200 J18/19 3 25.89, 1h2 26.26w, 1000 stafett J18/19 3 2:17.69, 60 inne J18/19 6 7.96, 3s1 7.93, 1h2 7.90, 200 inne J18/19 4 (2f1) 25.44, 1h3 25.43

Brandstadmoen, Mari Helene (29.6.2009)
2024 100 J15 6s2 13.41, 3h1 13.22, 200 J15 8s2 28.13, 3h1 27.74, 300h J15 12 (5h1) 50.97, Kule J15 11 8.67, 1000 stafett J15/16 4 2:32.94, 60 inne J15 7 8.31, 3s2 8.21, 2h2 8.30, 60h inne J15 6h2 10.36, Lengde inne J15 12 4.24, 4q1 4.69, 4x200 stafett inne J15-17 7 (3h2) 1:51.28, Mangekamp inne J15 3 2.291p, 4x100 stafett J16 1 52.81

Brandt, Aurora (???.???.???)
2024 4x600 stafett J16 2 7:13.26

Bratteng, Linnea Marie Zacho (23.4.2007)

2024 1000 stafett J17/19 4 2:18.91, 60 inne J17 8 8.22, 3h2 8.33, 4x200 stafett inne J15-17 4 (1h2) 1:49.73

Braut, Anne (18.7.1997)

2024 10000 21 38:34.96

Brekke, Ane (27.12.2000)

2024 10km gateløp 20 35:53

Bremset, Thale Leirfall (12.4.1999)

2024 Lengde 2 6.01w, 3q 5.93, Lengde inne 1 5.98

Bremset, Thea Leirfall (12.4.1999)

2024 Lengde q DNS, Lengde inne 6 5.58

Brennskag, Hilde (17.8.1997)

2024 5km gateløp 11 17:45

Brimsholm, Hedvig Bossum (7.3.2009)

2024 800 J15 13 (3h2) 2:33.38

Brose, Pernille Allern (24.7.2008)

2024 Diskos J16 6 21.40, Slegge J16 9 28.50

Brox, Synøve (1.3.1959)

2024 5km gateløp 18 19:16

Brynlund, Solveig Fjeldså (23.9.2007)

2024 Tresteg J17 NM, Tresteg inne J17 7 9.72

Busic, Sara (11.2.2002)

2024 3000h DNF, 6km terreng DNS

Byggland, Ingrid Stigen (3.6.2005)

2024 100 U20 5h3 13.33, 200 U20 6h1 26.79w, 60 inne J18/19 4h1 8.37, 200 inne J18/19 2h5 26.51

Bø, Maren Austevik (2.4.2001)

2024 10000 12 36:00.48

Bø, Mia Austevik (3.11.2007)

2024 5000 13 (3h1) 17:11.25, 1500 U20 11 4:45.29, 5h1 4:51.62, 3000 U20 8 10:01.41, 800 J17 8 (2h1) 2:23.77, 3000 J17 3 9:48.49, 800 inne J17 5 2:28.76, 1500 inne J17 2 4:49.97, 4km terreng J17 2 13:13

C

Carlsen, Bethine Riise (18.5.2004)

2024 4x400 stafett 2 4:18.34, 4x800 stafett 1 9:39.05, 6km terreng 12 26:49, 1500 U23 6 4:37.77, 3000 U23 5 10:03.18

Carlsen-Brown, Kaja (11.8.2004)

2024 Lengde 15q 5.14, Tresteg 11 11.07, Lengde inne 14 4.84, Tresteg inne 10 10.38, Lengde inne J18/19 1 5.20, Tresteg inne J18/19 4 11.23, 4x200 inne J18-22 4 (3h2) 1:45.77

Carnhed, Iben (3.9.2001)

2024 Lengde 1 6.11, 2q 6.01, Tresteg 6 11.93w, 60 inne 4 7.75, 3h2 7.88, Lengde inne 2 5.82

Chamberland, Jade (CAN) (18.9.2007)

2024 800 J17 12 (5h1) 2:28.94, 3000 J17 10 11:39.59

Chevalier, Lucille (FRA) (4.1.2007)

2024 Lengde J17 6 4.50, 60 inne J17 4h2 8.49, Lengde inne J17 5 4.66, Kule inne J17 8 9.07

Christiansen, Silje Ravnsborg (8.12.1975)

2024 5km gateløp 16 18:42

Christiansen, Yvette Ricciotti Gran (24.12.1976)

2024 5km gateløp 29 24:56

Christie, Caroline Ertsås (6.11.1968)

2024 Motbakke 16 1:16:12

Cook, Sunniva Isabel (16.5.2002)

2024 10000 10 35:48, 5km gateløp 12 17:47, 6km terreng 14 27:04, 10km gateløp 15 35:01

Coulson, Nicoline Pallesen (31.5.2004)

2024 100 6h2 12.52, 200 h1 DNS

D

Dahl, Guro Martine Brøndbo (20.7.2004)

2024 Diskos 11 36.22, Slegge 11 46.13, 11q 45.50, Kule inne 10 10.32, Diskos U23 4 38.57, Slegge U23 6 46.00

Dahl, Thea Marianne (24.7.2004)

2024 Slegge 12 42.72, 10q 45.51, Slegge U23 5 46.43

Dahl-Nielsen, Mathilde Alinde (24.7.2008)

2024 Slegge U20 NM, Spyd U20 9 27.51, Kule J16 5 10.25, Slegge J16 5 41.95, Spyd J16 9 26.27

Dalan, Alvilde (9.3.2009)

2024 Spyd J15 4 29.55, 1000 stafett J15/16 3 2:31.44

Damhaug, Maria Edvardia Elisabet-Machado (14.3.2008)

2024 200 J16 6h2 28.22, 1000 stafett J15/16 1 2:26.84, 800 inne J16 12 (5h1) 2:38.02, 4x200 stafett inne J15-17 9 (2h1) 1:53.85, 4x600 stafett J16 1 7:08.93

Danielsen, Anne Øi Tharaldsen (9.4.2004)

2024 100 6h1 12.37, 200 4s3 25.50, 2h4 25.29w, 100 U23 5h2 12.81, 200 U23 h1 DNS, 60 inne J20-22 5 8.08, 2h2 8.08, 200 inne J20-22 3 (2f1) 26.07

Danielsen, Melina Rødland (19.12.2011)

2024 4x400 stafett U20 2 4:25.43

Dankworth, Sienna Fosstenløggen (29.1.2008)

2024 800 J16 8 (1h1) 2:26.55

Davidova, Erika (11.5.2003)

2024 4x400 stafett 2 4:18.34

Deliler, Ann Seida (13.1.1999)

2024 100 para 2 17.78, 60 inne para 1 11.25

Dommersnes, Kristine Lande (20.5.1999)

2024 1500 11 4:34.19, 5h1 4:29.23, 5000 8 (8h2) 16:38.14, 1500 inne 2 4:18.23, 3000 inne 1 9:08.29, 6km terreng 8 26:16

Dugstad, Gunhild (12.8.1978)

2024 5km gateløp 21 19:56

Dundas-Johansen, Inger-Emilie (28.2.2009)

2024 Diskos J15 3 29.72

Dvergsdal, Eli Anne (19.11.1991)

2024 5000 16 (6h1) 17:14.98, 10000 8 35:29.39

Dyb, Åse Camilla (2.8.2008)

2024 100 U20 6s2 13.17, 4h5 12.94, 200 U20 6h2 27.28w, 100 J16 6 12.78w, 2h1 12.95, 200 J16 7 27.42, 3h1 26.94

Dybvik, Seline Midtbø (5.9.2005)

2024 200 inne J18/19 3h2 28.71, 400 inne J18/19 7 (2h1) 63.39, 800 inne J18/19 3 2:21.64

Dyrdal, Anine (20.6.2003)

2024 1500 12h1 4:35.90, 5000 11 (1h1) 17:07.00, 6km terreng 7 26:10

Dyrendahl, Cathrine Haarberg (7.11.1999)

2024 10km gateløp 22 36:12

Dyrhovden, Emma Julie (24.3.1992)

2024 Motbakke 8 1:06:13

Dønheim, Silje (26.8.2008)

2024 800 J16 11 (3h1) 2:29.13

Døske, Maria Pedersen (2.2.2005)

2024 Kule Inne J18/19 5 10.70

E

Edland, Malin (31.3.1999)

2024 1500 7 4:19.30, 1h2 4:35.00, 5000 6 (6h2) 16:31.79, 3000 inne DNF

Een, Marie Sofie Borø (26.6.2006)

2024 Høyde U20 9 1.46, Tresteg U20 8 10.51w, Høyde J18/19 2 1.51, Stav J18/19 2 2.81, Tresteg J18/19 3 10.30, Høyde inne J18/19 =2 1.56, Tresteg inne J18/19 2 10.68

Egeland, Linnea Haver (30.11.2008)

2024 60 inne J16 7s1 8.44, 5h3 8.53, 4x200 stafett inne J15-17 5 (4h3) 1:50.51

Egeland, Martine Haver (30.11.2008)

2024 60 inne J16 6s1 8.43, 4h4 8.36, 200 inne J16 6 (3f1) 27.41, 2h6 27.37, 4x200 stafett inne J15-17 5 (4h3) 1:50.51

Egeland, Runa Linn (1.11.1993)

2024 10000 25 39:24.99

Eggerud, Ann Kristin (18.5.2009)

2024 Spyd J15 10 20.88

Egner, Toril (14.5.1983)

2024 OCR Hinder 8 1:12:36

Eide, Hannah Sæterstad (11.7.2009)

2024 80h J15 6h2 14:37

Eikeland, Elise (29.8.2005)

2024 200 4s1 25.12, 2h5 25.08w, 400h 6 61.47, 3h1 59.81, 1000 stafett 3 2:08.93, 200 inne (6 25.63), 2h2 24.92, Lengde inne 7 5.48, 100h U20 8 14.76, 4h1 14.79w, 400h U20 2 59.89, Høyde U20 3 1.61, 1000 stafett U20 2 2:11.82, Mangelkamp inne U20 3 3.604p, Mangelkamp U20 2 4.957p, 200 inne J18/19 f1 DNS, 1h1 25.06, 60h inne J18/19 5 9.13, 2h2 8.96, Høyde inne J18/19 =2 1.56, Lengde inne J18/19 9 4.73, 60h inne J20-22 5 9.13, 2h2 8.96

Eikeng, Ida (25.6.1999)

2024 100h 7 14.20, 1h2 13.55w, Høyde 2 1.73, Kule 7 12.57, Spyd 8 43.27, 1000 stafett 1 2:06.94, 60h inne 2 8.45, 1h2 8.50, Lengde inne 3 5.69, Kule inne 1 13.72

Eikeng, Nora (24.3.2006)

2024 Stav 4 3.61

Eivindson, Sofie Eieland (2.3.2009)

2024 Kule J15 1 11.45, Spyd J15 1 36.81, Lengde inne J15 9q1 4.14, Tresteg inne J15 5 9.88, 5q1 9.45, Kule inne J15 1 10.56

Eklund, Silje (19.9.1980)

2024 Maraton DNS, 10km gateløp 34 37:28

Eldevik, Selma (29.9.2005)

2024 4km terreng U20 2 13:18

Elfenbein, Lotta (6.1.2007)

2024 Lengde U20 11 4.09, 5q2 4.73, Tresteg U20 14 9.48w, 300h J17 3 49.61, Lengde J17 5 4.74, Tresteg J17 8 10.54w, 60h inne J17 4h2 10.47, Lengde inne J17 6 4.56, Tresteg inne J17 5 10.48

Eliassen, Fride Engen (12.3.2009)

2024 800 J15 21 (5h1) 2:41.00, 1000 stafett J15/16 6 2:43.50, 800 inne J15 10 (4h2) 2:39.94, 1500 inne J15 7 5:30.16, 4x200 stafett inne J15-17 10 (3h1) 1:58.67, 2km terreng J15 11 8:47, 4x100 stafett J16 DNF, 4x600 stafett J16 2 7:13.26

Eliassen, Sigri Hundven (20.7.2006)

2024 200 J18/19 5h1 27.31, 400 J18/19 5 (5h2) 61.37, 1000 stafett J18/19 6 2:23.71, 200 inne J18/19 3h4 28.42

Eliassen, Ulrikke Bjørkmo (9.8.2006)

2024 60 inne J18/19 8s2 8.36, 4h4 8.30

Elsness, Frida Johanna Valstad (12.12.2009)

2024 4x100 stafett U20 3 52.10, 100 J15 7s1 13.41, 5h4 13.39, 200 J15 5s1 27.46, 3h4 27.37, Tresteg J15 6 9.99, 1000 stafett J17/19 8 2:25.63, 60 inne J15 7s2 8.57, 5h4 8.58, 200 inne J15 2h2 27.63, Tresteg inne J15 8q1 9.25, 4x200 stafett inne J15-17 6 (2h2) 1:51.10, 4x100 stafett J16 DNF, 4x600 stafett J16 2 7:13.26

Eltervåg, Margot Ottestad (21.11.2008)

2024 60 inne J16 5h2 8.60, 200 inne J16 3h6 28.41

Elvestuen, Maria (30.4.2007)

2024 Kule U20 7 10.23, Kule J17 5 12.07, Slegge J17 5 31.26, Kule inne J17 4 11.58

Emmerhoff, Lisa Ulrich (21.10.2009)

2024 60 inne J15 7h4 9.94, 800 inne J15 13 (2h1) 2:45.13, 60h inne J15 7h1 10.83, Lengde inne J15 10q1 4.13

Endsjø, Hedda (1.6.2008)

2024 60 inne J16 5s2 8.34, 2h2 8.35, 200 inne J16 2h4 27.85, 60h inne J16 3 9.51

Enga, Julie Sofie (13.12.2009)

2024 Høyde inne J15 8 1.36, Lengde inne J15 10q2 3.94

Engdahl, Selma Løchen (20.12.2001)

2024 1500 3 4:16.55, 1h1 4:28.47, 1500 inne 4 4:22.77, 3000 inne 4 9:15.7, 2km terreng 1 6:38, 6km terreng 2 25:15, 10km gateløp 2 33:33

Engebreetsen, Synne Marie (31.7.2002)

2024 3000h 5 10:28.01, 2km terreng =7 6:52, 1x6km stafett terreng 6 21:07, 6km terreng 15 27:11, 3000 U23 4 9:45.05, 3000h U23 1 10:29.49

Engelbrektson, Emilie (9.4.2005)

2024 100 J18/19 7h2 13.99w

Engelbretson, Emilie (9.4.2005)

2024 100 U20 6h2 13.32

Engen, Ingrid (1.3.2009)

2024 800 J15 23 (7h1) 2:41.52, 2km terreng J15 10 8:36

Engeset, Kristine Eikrem (15.11.1988)

2024 5000 2 (2h2) 15:40.43

Engesæth, Andrea Modin (6.7.2001)

2024 3000h 2 10:00.89, 1x6km stafett terreng 3 19:54, 5km gateløp 3 16:32, 6km terreng 1 25:13

Engevik, Ingeborg Heiberg-Andersen (13.6.2005)

2024 100 U20 7h1 13.56, 200 U20 6h4 27.07, 100 J18/19 6h1 13.20w, 200 J18/19 5h3 27.31, 1000 stafett J18/19 5 2:19.70, 60 inne J18/19 5h1 8.43, 200 inne J18/19 3h8 27.61, 4x200 inne J18-22 2 (2h2) 1:44.86

Engevik, Ingvild (???.???.???)

2024 4x100 stafett 2 48:93

Engevik, Synne Oma (18.5.2008)

2024 Motbakke 21 1:21:21

Eriksen, Josefine Tomine (16.8.2000)

2024 400 2 52.98, 1h1 53.95

Eriksen, Stina Marie (17.1.2009)

2024 Spyd J15 9 22.30, 60 inne J15 6h1 8.92

Ertzgaard, Astri Ayo Lakeri (28.3.2002)

2024 400 3 53.29, 2h1 54.08, 1000 stafett 1 2:06.94, 400 inne 1 (1h3) 54.09, 4x200 inne 1 1:40.68

Ertzgaard, Kaiteisi Auma (20.7.2000)

2024 400 7h2 67.50

Espetvedt, Martine Lundberg (27.1.2007)

2024 100 U20 8s1 13.35, 6h5 13.19, 200 U20 7h3 27.23, 100h J17 4 14.84, 2h1 15.03w, 1000 stafett J17/19 3 2:17.69, 60 inne J17 3h1 8.34, 200 inne J17 6 (3f1) 27.03, 2h3 27.24, 60h inne J17 h2 DNF, 4x200 stafett inne J15-17 2 (2h3) 1:46.68

Essilfie, Isabella (17.7.2009)

2024 100 J15 6 12.96, 3s1 12.93, 1h4 12.90, 200 J15 6 26.55, 4s1 26.86, 2h2 26.67

Evensen, Jonette Celia (11.4.2007)

2024 3000 U20 14 11:23.62, 3000 J17 8 10:59.58

Evensen, Karoline Barli (???.???.???)

2024 OCR Hinder 3 54:19

Evjen, Linn (17.1.1988)

2024 Maraton 7 3:50:09

F

Fagerland, Kaisa Sol (22.6.2008)

2024 4x100 stafett 1 46:48, 4x400 stafett 1 3:41.77, **200 U20 3** 25.16, **2s2** 24.98w, **1h3** 25.45, **100 J16 3** 12.41w, **1h3** 12.50, **200 J16 1** 25.16, **1h1** 25.48, **1000 stafett J17/19 2** 2:15.19, **60 inne J16 2** 7.98, **2s1** 8.01, **1h1** 8.18, **200 inne J16 1 (1f2)** 25.20, **1h4** 25.61, **4x200 stafett inne J15-17 1 (1h3)** 1:45.25

Fagerli, Eiril Hermansen (4.2.2006)

2024 Slegge U20 3 44.59, **Slegge J18/19 2** 45.10

Falck, Mathilde (8.1.2008)

2024 100 U20 7s3 12.99w, **5h4** 12.98, **200 U20 8s1** 25.62, **4h1** 26.39w, **1000 stafett U23 1** 2:13.70, **4x100 stafett U20 2** 49.70, **4x400 stafett U20 1** 4:06.99, **100 J16 5** 12.64w, **2h3** 12.68, **200 J16 8** 33.38, **2h1** 26.25, **1000 stafett J17/19 1** 2:14.00

Faye, Kitty Augusta Friele (17.8.2002)

2024 Stav NM, Stav inne NM

Fenre, Mari Klakegg (29.5.1987)

2024 Terrengultra 1 9:36

Fiedler, Lea (10.2.2001)

2024 2km terreng 12 7:27, 1x6km stafett terreng DNS

Finnesand, Guro Oppistov (17.1.2007)

2024 100 7h3 12.50, **200 6s3** 25.76, **4h1** 25.38w, **1000 stafett 2** 2:08.67, **100 U20 6s3** 12.80w, **3h4** 12.96, **200 U20 6s1** 26.03, **3h1** 25.80w, **1000 stafett U20 1** 2:10.48, **200 J17 3** 25.42, **3h1** 26.43, **400 J17 6 (5h2)** 61.50, **300h J17 1** 47.43, **1000 stafett J17/19 2** 2:15.19, **60 inne J17 4** 8.18, **2h1** 8.18, **200 inne J17 5 (3f2)** 26.58, **1h3** 26.53, **400 inne J17 1** 61.93, **4x200 stafett inne J15-17 1 (1h3)** 1:45.25

Finnestad, Astrid Bakkevik (17.2.2006)

2024 2km terreng U20 3 7:24, **5km gateløp U20 7** 19:16

Finseth, Runa Linnea (2.7.2008)

2024 Diskos J16 2 29.23, **Slegge J16 4** 42.17

Fjeld, Sunniva (25.4.2005)

2024 200 8s3 25.96, **5h1** 25.66w, **400 5h2** 57.74, **Lengde 13q** 5.34, **200 inne 3h3** 26.29, **400 inne 11 (4h1)** 58.00, **Lengde inne 10** 5.17, **100 U20 5s3** 12.74w, **4h4** 12.98, **200 U20 6s2** 25.88w, **3h4** 25.95, **400 U20 5** 58.09, **2h1** 58.04, **Lengde U20 3** 5.55, **3q2** 5.36, **200 J18/19 h1** DNS, **400 J18/19 4 (4h2)** 59.19, **Lengde J18/19 3** 5.00, **60 inne J18/19 7s1** 8.34, **200 inne J18/19 2h7** 26.39, **400 inne J18/19 4 (2h2)** 58.27, **Lengde inne J18/19 6** 5.15, **4x200 inne J18-22 5 (2h1)** 1:49.83

Fjuk, Mette Kristin (27.5.1964)

2024 5km gateløp 28 24:41

Fladeby, Olea Kristin Løberg (27.7.2009)

2024 300h J15 15 (7h1) 52.90, **2000 gang J15 3** 12:54.53, **Tresteg J15 9** 9.23, **800 inne J15 18 (6h2)** 2:53.51, **1500 gang inne J15 2** 9:58.65, **Tresteg inne J15 9** 9.33, **7q2** 9.44, **Kule inne J15 9** 7.78, **Mangekamp inne J15 6** 1.825p, **2km terreng J15 9** 8:18, **4x100 stafett J16 2** 53.51, **4x600 stafett J16 3** 7:28.50

Flatin, Fride Møller (28.9.1997)

2024 5000 gang 3 24:03.18, **3000 gang inne 2** 14:27.89

Flatum, Lotta (19.9.2002)

2024 Diskos 2 51.40

Flordalen, Malene Reinhardt (11.1.2008)

2024 100 J16 4h2 13.80w, **200 inne J16 5 (3f2)** 27.35, **1h6** 27.08, **4x200 stafett inne J15-17 1 (1h3)** 1:45.25

Folgerø, Anna Gunn Hansen (25.1.1960)

2024 Terrengultra 19 16:32

Folvik, Eline (22.6.2006)

2024 100 J18/19 4h3 12.80w, **200 J18/19 8** 26.61, **3h1** 26.64, **60 inne J18/19 8s1** 8.36, **200 inne J18/19 2h6** 27.11, **4x200 inne J18-22 4 (3h2)** 1:45.77

Forsbacka, Tuva Anna I. (4.10.2009)

2024 800 J15 1 (1h3) 2:15.73, **300h J15 4 (4h2)** 46.51, **800 inne J15 1 (1h3)** 2:19.54

Forseth, Dordi (23.8.2005)

2024 1500 12h2 4:53.23, **1500 U20 DNF**, **6h2** 4:42.98, **3000 U20 DNS**, **5km gateløp U20 8** 46:20, **4km terreng U20 DNS**, **800 J18/19 4** 2:16.61, **3000 J18/19 2** 10:09.42

Forsmo, Ida Grytaas (12.12.2004)

2024 1500 11h2 4:53.22

Foss, Claudia Maria Haslie (8.8.2005)

2024 60 inne J18/19 5 7.86, **3h2** 7.86, **1h3** 7.86, **200 inne J18/19 2h3** 26.45, **4x200 inne J18-22 3 (1h1)** 1:45.61

Foss, Dorte (14.11.1967)

2024 5km gateløp 27 22:35

Fosserud, Hanna Lima (4.1.2008)

2024 Kule inne J16 6 9.29

Fossland, Signe Asp (4.8.2008)

2024 Lengde J16 4 4.89, **Tresteg J16 3** 10.78, **60 inne J16 6** 8.25, **4s2** 8.30, **2h3** 8.33, **60h inne J16 6** 9.68, **Lengde inne J16 6** 4.85, **3q1** 4.83

Fossli, Mathilde Ditlefsen (2.12.2009)

2024 100 J15 7h2 14.10, **Stav J15 5** 2.21, **1000 stafett J15/16 5** 2:36.42

Fossumstuen, Benedikte (25.10.2008)

2024 4x400 stafett U20 3 4:42.29, **400 J18/19 7 (1h1)** 70.54

Frantzen, Sofie Mellem (12.5.2006)

2024 Lengde inne J18/19 13 4.58

Fremnesvik, Aurelia (5.4.2005)

2024 Slegge J18/19 7 39.71

Fremnesvik, Aurora (23.7.2003)

2024 Slegge 3 56.43, **6q** 49.89, **Slegge U23 2** 52.53

Frigstad-Thorkildsen, Emma (26.8.2006)

2024 200 U20 5h1 26.56, **400 U20 6** 59.44, **4h1** 61.51, **1000 stafett U23 3** 2:26.33, **100 J18/19 4h2** 12.73w, **200 J18/19 5** 26.09, **2h3** 26.27, **400 J18/19 2 (2h2)** 58.46, **60 inne J18/19 6h4** 8.40, **200 inne J18/19 2h4** 26.81, **400 inne J18/19 h1** DQ:TR17.2.3

Frost, Ingrid (4.9.2009)

2024 Høyde J15 6 1.47, **Stav J15 3** 2.61, **Høyde inne J15 3** 1.46, **Stav inne J15** =7 2.41, **Tresteg inne J15 10** 9.27, **6q2** 9.44

Frøyne, Amanda Marie Grefstad (13.9.1998)

2024 800 4 2:09.88, **2h2** 2:08.91, **400 inne 6 (3h3)** 56.13, **800 inne 3 (3h2)** 2:06.29, **6km terreng 17** 27:36

Frøysland, Ida (21.9.2009)

2024 800 J15 11 (8h3) 2:26.93, **2000 J15 5** 7:02.17, **2km terreng J15 7** 8:01

Fugle, Isabella Cardenas (21.4.2009)

2024 100 J15 8s1 14.91, **2h4** 13.28, **300h J15 8 (6h2)** 49.03, **60 inne J15 5s1** 8.44, **4h2** 8.41, **200 inne J15 2 (2f1)** 26.71, **1h1** 26.80

Fuglestrand, Tiril Maria (11.9.2008)

2024 Diskos J16 3 28.74, **Spyd J16 2** 36.07

Furevik, Ronja Malene Indrearne (21.11.2009)

2024 800 U20 6 2:16.47, **800 J15 2 (2h3)** 2:15.73, **2000 J15 1** 6:34.15, **1000 stafett J17/19 6** 2:23.71, **800 inne J15 2 (2h3)** 2:19.59, **1500 inne J15 1** 5:17.10, **2km terreng J15 1** 7:18

Furuhaug, Malin (4.12.2002)

2024 100 4 11.76, **2s1** 11.89, **2h4** 11.92, **100 U23 1** 11.99, **1h2** 12.09, **200 U23 1** 24.39w, **1h1** 24.67

Færø, Bertine-Helene (27.12.1992)

2024 5000 26 (16h2) 18:12.60, **2km terreng DNS**, **1x6km stafett terreng 6** 21:07

G

Gallis, Malin (12.3.2007)

2024 400 inne J17 4 68.87, **800 inne J17 6** 2:38.86

Gangeskar, Tonje (7.12.1980)

2024 5km gateløp 20 19:36

Gangås, Eir Elise Røstelien (24.10.2006)

2024 4x800 stafett 2 11:04.84, 4x400 stafett U20 2 4:25.43

Garvik, Marit Ingeborg (1.8.2005)

2024 60 inne J18/19 7h3 9.00, Lengde inne J18/19 15 4.33, Tresteg inne J18/19 6 9.81, 4x200 inne J18-22 5 (2h1) 1:49.83

Gautadottir, Marin Stray (26.5.2003)

2024 400h DNF, 3h2 59.69, 1000 stafett 5 2:15.48, 400 inne J20-22 1 57.19, 4x200 inne J18-22 1 (1h2) 1:43.78

Gjerstad, Oda Rosland (2.9.2007)

2024 3000 J17 4 10:17.65, 4km terreng J17 3 13:58

Gjøby, Idun (22.10.1995)

2024 OCR Hinder DNC 1:28:58

Gjølberg, Sigrun (22.10.1991)

2024 Halvmaraton 1 1:19:55

Gkiona, Antzela (25.5.2008)

2024 Kule inne J16 5 10.27

Glittenberg, Siri Gamst (10.9.2002)

2024 800 8h1 2:19.93, 3000 gang 1 22:49.70, 3000 gang inne 1 14:03.89, 400h U23 3 67.45, 3000 gang U23 1 14:41.86, 800 inne J18/19 2:20.52, 1500 inne J18/19 3 5:00.14, 1500 gang inne J18/19 1 8:24.93

Glomsås-Eide, Edel Agnete (10.2.2009)

2024 800 J15 17 (6h2) 2:37.15, 300h J15 14 (6h1) 51.59

Golis, Lea Noor (23.11.2007)

2024 400 J17 4 (4h2) 59.73

Grimstad, Kristine (1.1.2009)

2024 Slegge J15 NM

Grimstad, Synnøve Verås (12.4.2005)

2024 Høyde inne J18/19 5 1.51

Gruben, Vilje Lyngseth (18.6.2006)

2024 800 U20 10 2:21.50, 800 J18/19 6 2:23.98, 3000 J18/19 DNS

Grønberg, Anna Helene Brandstuen (15.11.2007)

2024 5km gateløp U20 5 18:36, 3000 J17 7 10:38.16

Grønhaug, Vilde Kjetilsdatter (17.10.2008)

2024 800 inne J16 5 (1h1) 2:23.03, 1500 inne J16 4 4:58.64, 4x200 stafett inne J15-17 9 (2h1) 1:53.85

Grønnestad, Kamilla Storstein (16.6.1996)

2024 OCR Hinder DNC 1:06:21

Grøvdal, Karoline Bjerkeli (14.6.1990)

2023 5000 1 (1h2) 14:52.17, 10km gateløp 1 31:12

Gulbrandsen, Lilli Margaret (6.5.2005)

2024 60h inne J18/19 8 9.13, 3h2 9.00, 60h inne J20-22 8 9.33, 3h2 9.00, 4x200 inne J18-22 1 (1h2) 1:43.78

Gulbrandsen, Mia Helene (11.1.2008)

2024 Kule J16 1 12.70, Diskos J16 4 27.84, Slegge J16 3 43.95, Spyd J16 6 33.14, 60h inne J16 4 9.68, Lengde inne J16 11 4.30, 4q2 4.54, Kule inne J16 1 12.95, Mangekamp J16 2 4.023p

Gundersen, Lea Alise (2.11.2006)

2024 100 6s1 12.28, 5h1 12.27, 100h 4h2 14.30w, Lengde 9 5.57w, 11q 5.51w, 100 U20 2 12.25, 1s1 12.32, 1h3 12.32, 100h U20 3 14.13, 3h1 14.27w, Lengde U20 2 5.76, 2q2 5.41, 100 J18/19 1 12.04w, 1h2 12.31w, 100h J18/19 1 14.34, Høyde J18/19 1 1.58, Lengde J18/19 1 5.59, 60 inne J18/19 2 7.78, 2s1 7.86, 2h2 7.92, 60h inne J18/19 8.49, 1h1 8.71, Lengde inne J18/19 2 5.48, 60h inne J20-22 1 8.49, 1h1 8.71

Gundersen, Marie Nordhov (29.11.1984)

2024 Terrengultra 13 13:59

Guttormsen, Sara Benedikte (10.2.2005)

2024 Stav 6 3.41, Stav inne 3 3.70, Stav J18/19 1 3.31, Stav inne J18/19 1 3.71

H

Hagen, Mali Jåvoll (7.5.2007)

2024 10km gateløp U20 10 43:23

Hagen, Yulieth (13.3.2009)

2024 200 J15 6h1 29.87, Høyde J15 4 1.49

Haglund, Hedda (21.4.2008)

2024 4x100 stafett 2 48:93, 100 U20 =5h1 13.33, 200 U20 7h4 27.20, 4x100 stafett U20 1 49.39, 100 J16 3h1 13.31, 200 J16 6 27.40, 3h2 27.13, 1000 stafett J17/19 5 2:19.70, 60 inne J16 5s1 8.42, 3h4 8.32, 200 inne J16 2h3 27.68, 4x200 inne J18-22 2 (2h2) 1:44.86

Halle, Edel (25.4.2003)

2024 60 inne 4h2 8.03, 4x200 inne 2 1:44.31, Lengde u.t. 2 2.56

Halvorsen, Karoline Cesilie Mørk (7.2.1987)

2024 Terrengultra 17 15:22

Hamborg, Wilma Hollås (23.1.2008)

2024 200 inne J16 3 (2f2) 27.02, 1h3 27.30, 800 inne J16 4 (4h2) 2:21.21

Hamsø, Miriam Elise (6.10.2007)

2024 100 J17 6h2 13.56, 200 J17 7h1 28.12, 60 inne J17 5h3 8.45, 200 inne J17 2h2 27.64

Handeland, Mathilde (27.8.2005)

2024 Stav inne NM, Stav inne J18/19 NM

Hansen, Hedvig Tangen (15.1.1989)

2024 Terrengultra 18 16:19

Hansen, Oda Asdal (11.8.2007)

2024 100 8 12.13, 4s1 12.21, 3h4 12.14, 100h 3h3 14.30, 1000 stafett 2 2:08.67, 60 inne 3h3 7.92, 60h inne 6 8.83, 4h1 8.96, 4x100 stafett 1 46:48, 100 U20 4 12.29, 1s3 12.63w, 1h1 12.63, 100h U20 4 14.18, 2h1 14.22w, 1000 stafett U20 1 2:10.48, 100 J17 2 12.17, 1h2 12.29w, 200 J17 2 25.11, 2h1 25.71, 100h J17 1 13.91, 1h1 14.30w, Lengde J17 1 5.48, 1000 stafett J17/19 2 2:15.19, 60 inne J17 1 7.82, 1h1 7.94, 200 inne J17 3 (2f2) 26.20, 1h1 26.16, 60h inne J17 1 8.68, 1h2 8.68, 4x200 stafett inne J15-17 1 (1h3) 1:45.25, Mangekamp J17 DNF

Hanssen, Melina (15.11.2006)

2024 4x800 stafett U20 2 11:07.18

Hanstveit, Emma (16.5.2004)

2024 10000 18 37:27.95

Harnes, Marianne (4.4.1992)

2024 5000 18 (h1) 17:32.30, 10000 DNF, 10km gateløp 31 37:14

Harstad, Maren Haave (7..2007)

2024 1x6km stafett terreng 10 27:15, 2km terreng J17 DNS

Hasselbergesen, Sofie Muurmans (22.5.2006)

2024 800 inne J18/19 2:44.25, 1500 inne J18/19 3 5:43.38, Høyde inne J18/19 NM

Hasselquist, Celine (18.4.2008)

2024 100 J16 5h2 13.92w, 200 J16 7h1 28.79, 60 inne J16 6h2 8.70, 200 inne J16 3h3 28.41, 4x200 stafett inne J15-17 5 (4h3) 1:50.51

Haugen, Ina Halle (22.11.2003)

2024 1500 h2 DNF, 5000 h2 DNF, 2km terreng 6 6:50

Haugen, Nora (22.7.2003)

2024 800 5 2:10.60, 5h2 2:09.09, 1000 stafett 3 2:08.93

Haugsvær, Hanna (7.7.2005)

2024 Kule 15 10.40, Diskos 9 39.46, Kule U20 4 11.28, Diskos U20 2 40.22, Kule J18/19 1 11.49, Diskos J18/19 1 41.15, Kule Inne J18/19 3 11.33

Haukanes, Una (30.3.2003)

2024 200 6s2 25.89, 5h5 25.82w, 400h 6h1 63.05, Lengde 16q 5.04w, 1000 stafett 5 2:15.48, 60 inne 5 7.84, 3h1 7.87, 200 inne 3h1 25.47, 100h U23 2 14.44w, 400h U23 2 5.85, Lengde U23 1 5.43w, 60 inne J20-22 2 7.93, 1h1 7.97, 200 inne J20-22 2 (1f1) 25.77, Lengde inne J18/19 2 5.10, 4x200 inne J18-22 1 (1h2) 1:43.78

Hausberg, Sofie Olsvold (17.5.2000)

2024 Tresteg 13 10.96

Havn, Johannes (26.8.2001)

2024 1x6km stafett terreng 10 18:25

Heddeland, Malene Kverneland (18.9.2007)

2024 Slegge J17 4 31.58, Kule inne J17 7 9.54

Heia, Eline (26.2.3003)

2024 100 8h3 12.55, 200 7s2 26.05, 4h2 25.75w, 60 inne 5h2 8.08, 200 inne 4h1 26.53, Lengde u.t. 3 2.52, 100 U23 6 12.68, 3h2 12.72, 200 U23 6 25.91w, 2h1 25.87, 1000 stafett U23 3 2:26.3360 inne J20-22 4 8.05, 3h2 8.09, 200 inne J20-22 5 (3f2) 26.84

Heia, , Nora Fauske (23.5.2006)

2024 Halvmaraton U23 1 1:48:27

Heibø, Marianne Steiro (9.8.1979)

2024 Terrenkultra 11 13:29

Heieren, Maria Hella Voje (27.6.2005)

2024 Spyd 9 42.70, Spyd U20 3 43.47

Heikkinen, Anna Sofie (30.6.2008)

2024 100 4h2 12.38, 200 4h2 25.49, 3h4 25.34w, 4x100 stafett 2 48:93, 100 U20 3s1 12.64, 2h5 12.73, 200 U20 8 25.90, 4s1 25.62, 2h3 25.89, 1000 stafett U20 2 2:11.82, 4x100 stafett U20 1 49.39, 200 J16 2 25.65, 1h2 25.98, 300h J16 1 46.30, 1000 stafett J17/19 5 2:19.70, 60 inne J16 4 8.15, 1s1 8.12, 1h3 8.17, 200 inne J16 h1 DQ:TR17.2.3, 4x200 inne J18-22 2 (2h2) 1:44.86

Hekland-Larsen, Angelica (27.7.2008)

2024 800 J16 15 (7h1) 3:18.47

Helgesen, Anna Theodora (16.6.2007)

2024 100h J17 15.93, 3h1 15.43w, Tresteg J17 5 10.67, Høyde inne J17 DNS, Tresteg inne J17 6 10.11

Helleland, Nathalie Svanevik (12.5.2007)

2024 200 inne J17 4 (2f1) 26.39, 1h3 26.53

Helm, Nora Pauline (17.2.1999)

2024 Lengde 12 5.32w, 10q 5.51

Henden, Julianna (26.2.2005)

2024 Lengde U20 9q1 4.52, Tresteg U20 11 10.28w, Lengde inne J18/19 14 4.44, Tresteg inne J18/19 5 10.43

Henningsen, Celine Krüger (31.1.2009)

2024 4x600 stafett J16 1 7:08.93

Henriksen, Adele Norheim (8.3.2002)

2024 5000 h1 DNF, 10000 13 36:21.58, 6km terreng 13 26:58, 10km gateløp 16 35:20

Henriksen, Renate Marie (30.10.1977)

2024 Terrenkultra 20 16:59, OCR Hinder DNS

Henriksen, Vilde Våge (16.9.2000)

2024 3000h DNF

Hepsø, Maia Kristine (7.5.2006)

2024 Diskos 12 36.03, Slegge 20q 40.69, Diskos U20 6 36.83, Slegge U20 NM, Diskos J18/19 2 36.48, Slegge J18/19 5 40.71

Heramb, Liv Tone (9.5.2000)

2024 5km gateløp10 17:45

Hermansen, Målfrid (3.1.1976)

2024 Maraton 4 3:05:50

Hermansen, Olivia Skovli (20.6.2009)

2024 100 J15 6h4 13.80, 80h J15 4 12.65, 2h1 13.00, Kule J15 12 8.43, 60 inne J15 7s1 8.48, 3h3 8.56, 60h inne J15 4 9.56, 2h1 9.53, Lengde inne J15 8q2 4.23

Heskestad, Ane Ingeborg (25.4.1978)

2024 Terrenkultra 22 17:57

Heskestad, Helene (1.4.1995)

2024 60 inne 7h2 9.57, Lengde u.t. 6 2.37

Hilton, Live Haugstad (12.9.1999)

2024 Lengde 3 6.00, 1q 6.03w, 1000 stafett 5 2:15.48

Hinsch, Anne Brit Bakken (17.4.1961)

2024 5km gateløp 26 22:10

Hjelle, Live (3.7.2008)

2024 Kule J16 8 8.17, Slegge J16 10 27.78, Kule inne J16 7 8.48

Hjeltnes, Guro Navelsaker (24.4.2004)

2024 Tresteg NM, 60 inne 5h1 8.14, Tresteg inne 7 10.81

Hjeltnes, Hanna Emilie (23.6.2004)

2024 Kule 1 13.99, Diskos 4 48.58, Kule inne 2 13.60, Kule inne J20-22 1 13.58

Hjertaker, Synne (10.11.2008)

2024 100 J16 5h1 13.61, 80h J16 3 13.27, 60 inne J16 4h1 8.63, 200 inne J16 2h1 28.82, 60h inne J16 DNS

Hjørnevik, Martine Kolbeinshavn (18.2.2001)

2024 100h 2 13.41, 1h3 13.50, 200 inne DNS, 1h4 24.55, 60h inne DNS, 3h2 8.91

Hodne, Anne Jorunn (16.2.1984)

2024 Terrenkultra 5 11:48

Hoelsveen, Malin (25.1.2005)

2024 800 1 2:09.19, 1h2 2:08.48, 1500 6 4:18.09, 2h2 4:35.60

Hoftun, Ingeborg Kristensen (22.1.2001)

2024 Motbakke 12 1:12:05

Hole, Ingeborg Synstnes (28.3.2007)

2024 3000 U20 7 9:51.00

Hollund, Lene (15.8.1994)

2024 Motbakke 11 1:09:22

Holmøy, Kristiane Fon (21.2.1991)

2024 Terrenkultra 6 11:56

Holstad, Borghild Oline (25.4.2006)

2024 200 5 24.73, 2s1 24.76, 4h4 25.53w, 400 8 57.48, 4h2 56.17, 400 U20 2 54.37, 1h2 57.28, 60 inne J18/19 7 7.97, 4s2 7.94, 2h4 8.04, 200 inne J18/19 3 (2f2) 25.40, 1h8 25.29

Holum, Madelene Wanvik (24.9.1994)

2024 1500 6h2 4:35.95, 5000 7 (7h2) 16.37.38, 10000 3 35:05.91, 2km terreng 5 6:44, 1x6km stafett terreng 4 20:21, 5km gateløp 2 16:20, 6km terreng DNS, 10km gateløp 6 34:15

Hope, Helena (22.4.1993)

2024 5000 22 (12h1) 17:58.78, 10000 16 37:04.54

Hovde, Kari Beate Holm (20.9.1974)

2024 Terrenkultra 12 13:34

Hove, Linnéa Valhovd (1.6.2002)

2024 5000 25 (15h2) 18:01.63, 10000 15 36:40.82, 3000 U23 6 10:32.42, 3000h U23 2 11:46.03

Hovland, Marte (23.2.2005)

2024 800 7 2:11.80, 4h2 2:08.97, 1500 8 4:21.28, 4h1 4:29.05, 1500 inne 6 4:26.38, 3000 inne 6 9:37.75, 2km terreng U20 DNS, 5km gateløp U20 3 16:43, 4km terreng U20 1 12:59, 800 inne J18/19 1 2:10.86, 1500 inne J18/19 4:26.84

Hustad, Sofie (25.1.2006)

2024 1000 stafett J18/19 6 2:23.71, 60 inne J18/19 7h1 8.82

Husøy, Malin Flø (1.10.2008)

2024 Slegge J16 7 37.83

Hveem, Maggie Clare (12.11.2008)

2024 4x400 stafett U20 3 4:42.29, 300h J16 6 53.60, 1500h J16 2 6:29.64

Hvitsand, Eline Raddum (4.3.2007)

2024 Kule U20 9 9.38, Spyd U20 4 39.06, Kule J17 6 11.30, Diskos J17 5 25.42, Spyd J17 1 44.05, Kule inne J17 5 10.72

Hystad-Haaland, Mari (26.4.2006)

2024 100 J18/19 6h2 13.30w, 100h J18/19 4 15.01, 60 inne J18/19 6h1 8.46, 200 inne J18/19 h6 DNS, 60h inne J18/19 6 9.18, 4h1 9.05, 60h inne J20-22 6 9.18, 4h1 9.05

Høgset, Cecilie (5.4.1997)

2024 10km gateløp 29 36:58

Hølleland, Nathalie Svanevik (12.5.2007)

2024 100 U20 8 13.21, 4s3 12.62w, 3h3 12.78, 200 U20 5s1 25.89, 3h3 26.03, 400 U20 DNS, 3h2 59.62, 200 J17 6 26.05, 4h2 26.18, 400 J17 3 /3h2) 57.24, 1000 stafett J17/19 3 2:17.69, 60 inne J17 7 8.21, 3h3 8.19, 4x200 stafett inne J15-17 2 (2h3) 1:46.68

I

Igeland, Aurora Ansnes (30.1.2009)

2024 80h J15 6 13.18, 3h1 13.19, 300h J15 11 (4h1) 50.71, Lengde J15 7 4.67, 60h inne J15 5h2 10.33, Lengde inne J15 11 4.26, 4q2 4.38, Tresteg inne J15 11 9.17, 5q1 9.36

Ims, Selma (27.9.2005)

2024 100h 5 13.76, 2h2 13.85w, 400h 4 60.03, 4h2 60.22, 1000 stafett 3 2:08.93, 100 U20 1 11.95, 1s2 12.25, 1h2 12.60, 100h U20 2 13.76, 1h1 13.76w, 400h U20 1 58.65, 1000 stafett U20 2 2:11.82

Indahl, Sunniva (23.7.2006)

2024 100 5s2 12.31, 3h1 12.26, 100h 6 14.01, 3h1 13.94w, Lengde 7 5.66w, 7q 5.69w, Kule NM, 60 inne 6 7.84, 2h3 7.74, 60h inne 4 8.71, 3h1 8.76, Lengde inne 4 5.66, 100 U20 3 12.29, 2s3 12.21, 1h4 12.58, 100h U20 1 13.72, 1h2 14.14, Lengde U20 1 6.07, 1q2 5.42, Mangekamp inne U20 1 3.863p, Mangekamp U20 3 4.616p, 60 inne J18/19 7.73, 1s1 7.82, 1h1 7.81, 200 inne J18/19 2 (1f1) 25.31, 1h7 25.64, 60h inne J18/19 2 8.60, 1h2 8.72m Høyde inne J18/19 1 1.66, Lengde inne J18/19 1 5.62, 60h inne J20-22 2 8.60, 1h2 8.72

Inderberg, Martine (12.11.2009)

2024 100 J15 4h2 13.47, 200 J15 6s2 27.23

Indrebø, Isabella Alida (16.7.2004)

2024 100 7h2 12.75, 200 7h5 26.58w

Indrebø, Leah Marie Henriksen (15.12.2002)

2024 200 7 24.90, 3s1 24.86, 2h2 25.13w, 400 5h1 56.36

Ingebrigtsen, Christina (1.12.1990)

2024 10000 26 39:50.95

Ingebrigtsen, Thanida (19.5.2008)

2024 100 J16 4 12.63w, 2h2 12.75w, 200 J16 3 26.13, 2h2 26.57, Lengde J16 3 4.99, 60 inne J16 5 8.15, 3s1 8.10, 2h4 8.14, 200 inne J16 2 (1f1) 26.83, 1h5 26.76, Lengde inne J16 4 4.99, 3q2 4.89

Ingerø, Emilie (28.9.1995)

2024 Spyd 6 45.19

Ingvaldsen, Helene Sofie S. (22.6.1996)

2024 Slegge 2 60.56, 2q 58.25

Irgens, Alexandra (31.7.2006)

2024 4x400 stafett 2 4:18.34

Isaksen, Åsne Øverlie (13.1.2006)

2024 Lengde U20 7 4.87w, 4q1 4.96, Tresteg U20 6 10.99w, Lengde J18/19 11 4.43, Tresteg J18/19 1 10.87, Spyd J18/19 3 33.67, Lengde inne J18/19 7 4.96, Tresteg inne J18/19 1 11.05

Isman, Jamila (21.8.2005)

2024 Høyde =8 1.64, 200 U20 6 25.51, 3s2 25.25w, 2h4 25.71, 100h U20 6 14.42, 2h2 14.62, Høyde U20 1 1.70, Spyd U20 6

37.84, Mangekamp inne U20 2 3.845p, Mangekamp U20 1

5.171p, 200 inne J18/19 1h6 25.99, 60h inne J18/19 3 8.86, 2h1 8.80, Lengde inne J18/19 5 5.16, 60h inne J20-22 3 8.86

Iuel, Amalie Hammild (17.4.1994)

2024 400h 1 55.49, 1h2 58.35, 1000 stafett 1 2:06.94

Ivanova, Sofia (13.10.2009)

2024 800 J15 15 (2h1) 2:34.36

J

Jacobsen, Ingeborg Sofie (2.5.2009)

2024 1x6km stafett terreng 9 26:18

Jaidi, Mona Ekroll (1.2.1995)

2024 Kule 2 13.21, Slegge 8 51.34, 4q 51.97

Jaidi, Nora Ekroll (17.5.2005)

2024 Diskos J18/19 4 33.28, Slegge J18/19 6 40.70, Spyd J18/19 4 33.38

Jakobsen, Kristina Jonstad (25.6.2009)

2024 80h J15 h1 DQ, 60 inne J15 8 8.47, 4s2 8.30, 3h1 8.55, 60h inne J15 2 9.45, 3h1 9.56, Høyde inne J15 10 1.36

Jansen, Sofie Østerbø (26.1.1996)

2024 100 para T72 2 23.35, 400 para T72 1:57.18, 60 inne para 3 15.21, 200 inne para 1 49.49, 400 inne para 1 1:51.48

Janzso, Nora Camilla (19.10.1998)

2024 OCR Hinder 6 1:03:25

Jarmund, Ida Hagen (2.12.2008)

2024 Kule J16 2 12.45, Diskos J16 1 29.83, Slegge J16 2 44.86, Kule inne J16 2 11.55

Jensen, Christine Bjelland (16.6.1994)

2024 100 3 11.66, 2s2 11.80, 1h1 11.83

Jensen, Vibeke (20.3.1995)

2024 5km gateløp 7 16:59, 10km gateløp 7 34:37

Jervidal, Sonja (7.2.2005)

2024 Kule 10 11.05, Diskos 13 35.48, Kule inne 7 12.00, Kule U20 3 11.35, Diskos U20 7 36.30, Kule Inne J18/19 2 11.78

Joensen, Amalie (24.6.1996)

2024 5000 20 (10h1) 17:49.53, 10000 14 36:33.47

Johannessen, Hannah (27.12.2006)

2024 Kule J18/19 4 9.40, Diskos J18/19 8 26.18, Kule Inne J18/19 6 9.72

Johansen, Frida Theodora (4.2.2007)

2024 Lengde 17q 5.03, 60 inne J17 5 8.17, 2h3 8.12, Lengde inne J17 3 5.31

Johansen, Lilly Sunde (31.1.2009)

2024 Diskos J15 2 31.40, Slegge J15 4 41.41

Johansen, Sofia Aude (12.11.2008)

2024 100 J16 7 12.98w, 3h3 12.95, 60 inne J16 7h1 9.18, 200 inne J16 4 (2f1) 27.18, 1h1 27.25

Johnsen, Emilia Solheim (3.2.2007)

2024 1500 U20 8h2 4:46.56, 3000 U20 11 10:26.04, 800 J17 9 (3h1) 2:24.03, 3000 J17 5 10:25.92

Johnsen, Guro Bakke (27.4.2000)

2024 1500 13h1 4:36.91

Johnsen, Julie Heiervang (25.7.1996)

2024 Spyd 10 39.27

Johnsen, Marte Lien (24.8.1999)

2024 5000 9 (9h2) 16:45.90, 10000 5 35:09.30, 10km gateløp 8 34:39

Johnsen, Mia Prøsch (1.8.2005)

2024 100 7s1 12.33, 4h1 12.27, 200 8 25.14, 3s3 24.99, 1h2 24.95w, 100 U20 6 12.58, 2s1 12.58, 2h3 12.74, 200 U20 4 25.26, 2s1 25.16, 1h4 25.47, 200 J18/19 1 25.29, 1h1 25.87, 200 inne J18/19 5 (3f2) 25.80, 1h5 25.58, 400 inne J18/19 2 (1h2) 58.09

Johnskareng, Sofie Bjerva (10.9.2009)

2024 100 J15 4 12.94, 2s1 12.78, 2h2 12.73, 80h J15 2 12.24, 1h1 12.65, 60 inne J15 5 8.26, 2s1 8.23, 1h4 8.22, 60h inne J15 1 9.22, 1h2 9.25

Jokstad, Anette Heimli (17.4.1988)

2024 OCR Hinder 2 53:38

Jonassen, Kaia Karina (???.??.???)

2024 60 inne para utenfor konkurranse 12.61

Juliusen, Anna Strøm (8.7.2009)

2024 800 J15 12 (9h3) 2:27.57, 2000 J15 9 7:10.49, 2km terreng J15 6 7:47, 4x100 stafett J16 2 53.51, 4x600 stafett J16 3 7:28.50

Jæger, Henriette (30.6.2003)

2024 200 1 22.86, 1s1 24.41, 1h1 23.88w, 400 1 51.69, 1h2 54.70

Jøransen, Natalie Nordbeck (24.2.2007)

2024 400 J17 5 (1h1) 59.73, 1000 stafett J17/19 4 2:18.91, 4x200 stafett inne J15-17 4 (1h2) 1:49.73

K

Kahrs, Katharina (20.1.1985)

2024 6km terreng 20 28:36

Kaminskaia, Evelina (22.4.2009)

2024 60 inne J15 6s2 8.50, 3h4 8.46, 200 inne J15 2h1 28.39, 4x200 stafett inne J15-17 2 (2h3) 1:46.68

Kapskarmo, Sigrid Forsmo (22.6.2004)

2024 Tresteg 7 11.50w, Lengde inne 13 4.96, Tresteg inne 4 11.62, Tresteg U23 3 11.84w, Tresteg inne J18/19 3 11.29

Kirkeeide, Jenny Marie (31.12.2004)

2024 Lengde inne J18/19 5 4.59

Karlberg, Julie Lie (28.10.2006)

2024 Slegge 6 51.62, 9q 49.00, Slegge J18/19 1 51.20

Karlsen, Elise Haug (27.10.2006)

2024 100 J18/19 7h1 13.29w, 200 J18/19 6h1 27.91

Karlsen, Mathea Wego (22.6.2005)

2024 200 inne J18/19 3h1 27.27, 400 inne J18/19 7 (1h1) 62.28, 4x200 inne J18-22 3 (1h1) 1:45.61

Karlsen, Rebecca Anonsen (31.7.2009)

2024 800 inne J15 800 11 (1h1) 2:41.05

Karlsen, Thea Emilie (8.12.2008)

2024 60 inne J16 h4 DNS, 60h inne J16 45 9.63, Lengde inne J16 9q1 2.66

Katre, Silje (7.5.2009)

2024 100 J15 7s2 13.67, 4h4 13.33, 200 J15 7s2 27.38, 5h3 27.50, 300h J15 7 (2h1) 48.99, 1000 stafett J15/16 5 2:36.42, 60 inne J15 6 8.30, 4s1 8.27, 3h2 8.35, 200 inne J15 2h3 27.45

Katre, Sofie (7.5.2009)

2024 100 J15 5h2 13.54, 200 J15 6h4 28.39, 300h J15 9 (3h1) 49.12, Høyde J15 5 1.49, 1000 stafett J15/16 5 2:36.42, 60 inne J15 8s2 8.50, 4h4 8.52, 200 inne J15 3h4 27.74, Høyde inne J15 9 1.36

Kjemhus, Isla Grace (11.3.2008)

2024 800 J16 12 (4h1) 2:32.39

Kjosavik, Synnøve (16.8.2008)

2024 2km terreng J16 8 8:30, Mangekamp J16 4 3.233p

Kjuus, Birgitte (30.5.1999)

2024 Stav 3 3.81, Stav inne 2 3.90

Kjærås, Henriette (17.5.2007)

2024 60 inne J17 7h3 8.73, 400 inne J17 3 65.72

Kjøl-Johansen, Helle (1.6.2008)

2024 60 inne 6h3 8.31, 100 U20 7h4 13.29, 200 U20 5h4 26.74, 100 J16 8 13.21w, 4h3 13.00, 200 J16 4h2 27.36, 60 inne J16 7 8.30, 4s1 8.33, 2h1 8.40, 200 inne J16 2h5 27.53

Klausen, Emma Sofie (20.10.2007)

2024 Spyd U20 7 37.66, Slegge J17 2 42.83

Klinkenberg, Åse (10.6.1980)

2024 5km gateløp 15 18:36

Klokseth, Mathilde Sofie Karlsen (15.3.2003)

2024 Tresteg 2 12.69w, Tresteg inne 2 12.44, Lengde u.t. 1 2.72,

Tresteg U23 1 12.83w, Tresteg inne J18/19 1 12.79

Kloster, Line (27.2.1990)

2024 100 1 11.40, 1s1 11.76, 1h3 11.82, 200 s2 DNS, 1h5 24.79w

Kloster, Marie (30.6.1981)

2024 10km gateløp 23 36:29

Knudtzon, Ulrikke Fredriksdatter (16.11.2009)

2024 800 J15 22 (6h1) 2:41.32

Knutsen, Thea Charlotte (26.9.2004)

2024 3000h 3 10:06.93, 2km terreng DNS, 6km terreng 3 25:27, 1500 U23 3 4:26.82, 3000 U23 1 9:36.22

Kollberg, Malene (16.5.1999)

2024 100h 4h3 14.51, Lengde 11 5.42w, 12q 5.46

Kolseth, Alma Iben Graver (28.7.2005)

2024 60 inne J18/19 5h3 8.42, 200 inne J18/19 3h3 27.67, 4x200 inne J18-22 4 (3h2) 1:45.77

Kolstø, Helle Holand (30.3.2008)

2024 Kule J16 6 10.07, Spyd J16 8 31.74, Kule inne J16 4 10.57

Kongsgaard, Elise Rud (6.6.2008)

2024 300h J16 3 49.56, 1000 stafett J15/16 3 2:31.44, 800 inne J16 9 (3h1) 3:32.39, 4x200 stafett inne J15-17 9 (2h1) 1:53.85, 4x600 stafett J16 1 7:08.93

Koplec, Iga (???.??.???)

2024 Motbakke DNS

Konow, Frida Bjørnstad (20.10.1997)

2024 5000 12 (2h1) 17:09.44, 5km gateløp 8 17:30

Korneliussen, Ragnhild Guri (31.7.1951)

2024 Motbakke 29 1:34:49

Kostaris, Anna Maria (26.7.2007)

2024 Mangekamp J17 3 3.669p

Kristensen, Fanny (23.1.2007)

2024 800 J17 11 (4h1) 2:27.08, 3000 J17 9 11:08.86

Kristiansen, Camilla Dahl (1.7.2005)

2024 400 inne 2 (2h3) 54.44, 400 U20 3 56.75, 2h2 57.90, 1000 stafett U23 2 2:22.00, 200 inne J18/19 1 (1f2) 25.05, 1h4 24.88, 400 inne J18/19 1 (1h3) 56.65, 4x200 inne J18-22 4 (3h2) 1:45.77

Kristiansen, Ingrid Emilsen (19.12.1992)

2024 5000 21 (11h1) 17:56.15

Kristiansen, Linda (

2024 OCR Hinder DNC 1:11:37

Kristjansson, Telma Björk Rostoft (8.8.2005)

2024 Høyde 1 1.75, Høyde inne 1 1.78

Kristoffersen, Linnea Skjelvik (3.6.2009)

2024 4x100 stafett U20 2 49.70, 100 J15 8s2 13.84, 4h3 13.46w, 200 J15 5h2 28.39

Kristoffersen, Rebekka Fure (24.4.2009)

2024 100 J15 6h3 13.83w, 60 inne J15 4h1 8.69

Krutnes, Ingrid (28.4.2006)

2024 Diskos 15 31.70, Slegge q NM, Diskos U20 9 31.51, Slegge U20 6 41.51, Diskos J18/19 6 27.42, Slegge J18/19 4 42.83

Kulseth, Malin Bårdsgård (24.12.1996)

2024 100 7h1 12.45, 200 6h3 26.17w

Kvalheim, Thea Sofie (11.7.2007)

2024 Kule J17 7 8.71, Slegge J17 4 37.68

Kvam, Anzu Lovise (29.10.1997)

2024 1500 8h1 4:34.14, 5000 15 (5h1) 17:11.73, 3000 inne 7 9:42.16, 5km gateløp 4 16:40, 10km gateløp 9 34:40

Kvame, Maren Helen Austegard (21.8.2008)

2024 200 J16 6h1 28.46, 300h J16 5 52.73, 60 inne J16 5h1 8.70, Lengde inne J16 12 4.27, 6q2 4.14

Kvanvig, Nora Sofie Figved (22.3.2006)

2024 60 inne J18/19 7h2 9.10

Kvaale, Mathea Dypvik (31.8.2009)

2024 2000 J15 13 7:42.96, 1500h DNS, 800 inne J15 12 (5h2) 2:42.51, 1500 gang inne J15 4 9:00.17

Kylland, Tuva Meinke (12.7.2006)

2024 10km gateløp U20 3 38:11

Kyte, Karoline Holsen (12.5.1993)

2024 Motbakke 2 58:14

L

Lade, Andrea Betten (3.2.2009)

2024 300h J15 13 (8h2) 51.46, Høyde J15 1.53, Tresteg J15 8 9.30, Kule J15 3 10.30, 200 inne J15 3h5 28.39, 60h inne J15 6h1 10.23, 1500 gang inne J15 1 8:55.45, Høyde inne J15 4 1.41, Tresteg inne J15 9q1 8.71, Kule inne J15 2 10.30

Langbakk, Aurora Kristiansen (7.8.2007)

2024 800 U20 9 2:21.14, 1500 U20 h2 DNF, 4x400 stafett U20 1 4:06.99, 400 J17 7 (2h1) 62.00, 800 J17 5 (5h2) 2:21.40, 2km terreng J17 DNS, 4km terreng J17 DNS

Lange, Elisabeth de (16.5.1964)

2024 Motbakke 30 1:34:56

Lappegård, Tiril (4.8.2003)

2024 Slegge 9 50.84, 8q 49.77, Slegge U23 3 52.04

Larsen, Hanna Kristine Gunlaugsdatter (1.7.1999)

2024 800 7h2 2:09.87, 1500 10h1 4:35.15, 5000 h1 DNF

Larsen, Maria Betten (3.2.2009)

2024 2000 gang J15 2 12:22.59

Larsen, Synne Selvåg (25.9.2009)

2024 100 J15 1 12.49, 1s2 12.66, 1h1 12.77, 200 J15 2 25.44, 1s2 25.76, 1h1 26.41, 60 inne J15 3 8.06, 2s2 8.12, 1h2 8.12, 200 inne J15 (f2) DQ, 1h4 26.51

Larsen, Tilde Johanne Kirkedam (30.7.2009)

2024 Slegge J15 11 30.30

Larsen, Åse Vik (5.2.2006)

2024 Tresteg U20 5 11.14w, Lengde u.t. U20 5 2.19, Tresteg J18/19 2 10.84

Larsson, Olivia (9.2.2008)

2024 100 J16 6h3 14-06, 1000 stafett J15/16 2 2:30.64

Lauvstad, Miranda (22.11.2003)

2024 200 5s1 25.28, 3h5 25.29w, Lengde 10 5.44, 4q 5.78

Leiknes, Kristine Moland (9.3.2003)

2024 Lengde 14q 5.16w

Lervik-Kristensen, Agnes (15.10.2008)

2024 100 J16 4h1 13.51, 200 J16 5h2 27.64, 60 inne J16 7s2 8.45, 4h3 8.41, 200 inne J16 2h2 27.92

Lerøen-Pedersen, Christine-Sofie (21.12.2006)

2024 100 U20 8h5 13.53, 400h U20 6 68.47, 400h J18/19 4 68.88

Leveraas, Katrine Haaland (27.4.1990)

2024 OCR Hinder 1 51:24

Lid, Ingrid (3.12.1997)

2024 100km ultra 1 7:45:10

Lie, Ane Tyssø (16.4.2009)

2024 100 J15 7h1 14.92

Lie, Dagmar Maria de (24.4.2009)

2024 2000 gang J15 1 11:59.54

Lien, Karoline Hidle (27.1.1985)

2024 10000 23 39:00.15

Lien, Mia Guldteig (20.1.2001)

2024 Høyde 4 1.70, Lengde 4 5.99, 5q 5.70

Lier, Oda (14.1.2008)

2024 100 U20 5s2 13.06, 3h2 13.00, 100h U20 5 14.22, 3h2 14.73, Lengde U20 6 5.35, 2q1 5.27, 1000 stafett U23 DNS, 4x100 stafett U20 3 52.10, 100 J16 2 12.41w, 1h2 12.52w, 80h J16 1 11.56, 300h J16 2 47.02, Lengde J16 2 5.21, 1000 stafett J17/19 8 2:25.63, 60 inne J16 3 8.03, 1s2 8.10, 1h4 8.10, 200 inne J16 1h2 27.45, 60h inne J16 2 8.99, Lengde inne J16 2 5.05, 1q1 4.98, 4x200 stafett inne J15-17 6 (2h2) 1:51.10, Mangelkamp inne J16 2 3.008p, Mangelkamp J16 1 4.089p

Liland, Hanne Elisabeth (7.8.1969)

2024 Motbakke 23 1:23:27

Lillebø, Venja Jørgensen (1.4.2009)

2024 200 J15 6h2 28.50

Lilleeidet, Amanda Fredrikke Stensholt (9.4.2008)

2024 100 J16 7h3 14.33

Lilleskare, Anita Iversen (22.8.1978)

2024 Motbakke DNF, 10km gateløp 27 36:55

Lind, Anne Johanne (21.8.1988)

2024 OCR Hinder DNS

Lind, Josefine (6.7.1997)

2024 6km terreng 16 27:23

Lindal, Filippa Høyvik (14.12.2009)

2024 800 J15 10 (1h1) 2:26.87, 800 inne J15 h2 DQ:TR17.2.3, 4x200 stafett inne J15-17 8 (1h1) 1:53.42

Lindevik, Linn Andrea Svensson (24.5.2004)

2024 800 inne J18/19 4 2:2.89

Lindset, Nora Kaspara (24.3.2009)

2024 800 J15 20 (4h1) 2:40.77, 60 inne J15 7h3 9.11, 800 inne J15 16 (5h1) 2:49.65, Lengde inne J15 12q1 3.25

Lindstad, Silje (4.4.1997)

2024 800 7h1 2:17.29, 1500 9h1 4:34.17, 800 inne 9 (3h1) 2:16.18, 1x6km stafett terreng DNS, 4x400 stafett 2 4:18.34, 4x800 stafett 1 9:39.05

Lindtvedt, Turid (14.3.2007)

2024 Lengde J17 7 4.07

Lindvall, Berit Vide (1.10.2007)

2024 800 J17 6 (1h1) 2:21.89

Lindvall, Vide Linnea Wolf (1.10.2007)

2024 4x800 stafett 1 9:39.05, 4x800 stafett U20 1 10:31.22

Lithun, Lise (17.2.1959)

2024 Maraton 9 5:49:46

Litland, Vår Eik (21.5.2003)

2024 Spydd U23 1 35.95

Llano, Beatrice Nedberge (14.12.1997)

2024 Slegge 1 66.92, 1q 62.90

Lothe, Grete Håvåg (16.1.1952)

2024 Maraton 8 3:55:34

Lous, Julie (10.6.2005)

2024 10km gateløp U20 8 41:10

Ludviksen, Emilie Krey (28.2.1992)

2024 5km gateløp 6 16:59, 10km gateløp 17 35:31

Lund, Alexandra Tunes (23.1.2007)

2024 800 U20 11 2:24.31, 800 inne J17 3 2:21.20

Lund, Pernille Sina (23.12.1993)

2024 100 5h2 12.51, 200 6h2 26.25w

Lunde, Julie Gulbrandsen (10.7.2008)

2024 Lengde U20 8 4.74, 7q1 4.69, Tresteg U20 13 9.81w, 1000 stafett U23 3 2:26.33, Lengde J16 5 4.80, Tresteg J16 6 9.93, Lengde inne J16 q2 DNS, Tresteg inne J16 5 9.78

Lundeby, Oda Andersen (18.5.2002)

2024 1500 9h2 4:42.22, 1500 inne 10 4:37.59, 10km gateløp 32 37:25, 1500 inne J18/19 1 4:35.88

Lundevik, Rikke Pytten (16.10.2006)

2024 800 inne J18/19 6 2:27.08

Lundmoen, Eline Starheim (16.2.2009)

2024 100 U20 =5h1 13.33, 100 J15 8 13.29, 4s1 13.16, 3h2 13.14, Kule J15 8 9.23

Luthr, Filippa (???.???.???)

2024 2km terreng J15 DNS

Lyng, Erle Musum (8.7.2002)

2024 800 h2 DNS, 800 inne 8 (2h1) 2:16.15, 400 U23 4 59.57, 800 U23 4 2:13.69, 400 inne J20-22 2 60.49, 800 inne J18/19 1 2:14.31, 1500 inne J18/19 2 4:42.16

Lyngholm, Andrea Igeltjørn (10.1.2005)

2024 Kule Inne J18/19 7 9.59

Lyngstad, Stine (21.8.2009)

2024 60h inne J15 6 10.24, 5h1 9.89, Lengde inne J15 8 4.62, 6q1 4.65

Lægran, Mathea (11.6.2007)

2024 1500 8h2 4:40.10, 1500 U20 3 4:25.15, 2h1 4:48.72, 3000 U20 4 9:32.96, 800 J17 3 (3h2) 2:14.788, 3000 J17 2 9:39.28, 800 inne J17 2 2:17.61, 1500 inne J17 1 4:35.72, 4km terreng J17 DNS

Løberg, Eirin (23.1.1982)

2024 Terrengultra 21 16:59, OCR Hinder 7 1:10:41

Løchen, Liz-Helen (8.4.1983)

2024 5km gateløp 24 20:54

Løkke, Frøy Bøe (3.4.2008)

2024 5km gateløp U20 6 19:05, 10km gateløp U20 9 41:15, 800 J16 6 (6h2) 2:22.57, 3000 J16 6 10:56.80, 2km terreng J16 5 8:05, 4km terreng J16 2 14:48

Løvnes, Anne Gine (14.3.2003)

2024 1500 2 4:16.47, 3h1 4:28.63, 800 inne 6 (6h2) 2:10.08, 1500 inne 3 4:18.57, 2km terreng 4 6:41, 1x6km stafett terreng 1 19:46, 800 U23 2 2:07.02, 1500 U23 1 4:11.90

Låstad, Nora Hulbekkmo (22.12.2009)

2024 100 J15 7h3 14.51w

M

Madsen, Julie Bjørge (2.12.2005)

2024 100h 6h3 15.15, 200 J18/19 4h2 27.05w, 100h J18/19 3 14.89, 60 inne J18/19 6s2 8.12, 3h3 8.13, 60h inne J18/19 4h2 9.13, 60h inne J20-22 4h2 9.13

Madu, Udoka Chile (6.4.1998)

2024 60 inne 6h1 8.53

Malmei, Vilde (27.3.1997)

2024 Halvmaraton 3 1:25:28

Malmo, Ylva Bergeslien (2.8.2009)

2024 100 U20 7s1 13.21, 4h3 13.28, 200 U20 7h1 27.76w, 100 J15 7 13.04, 4s2 13.20, 3h4 13.27, 200 J15 7s1 27.76, 4h4 27.39, 1000 stafett J17/19 2 2:15.19, 60 inne J15 4 8.20, 3s1 8.25, 2h4 8.29, 200 inne J15 3h1 28.89

Maridal, Hanne Mjølén (21.9.1996)

2024 5000 5 (5h2) 16:09.52, 10000 2 33:31.53, Motbakke 1 57.14, 10km gateløp 25 36:52

Markhus, Nora (25.8.1997)

2024 Motbakke 9 1:08:06

Markussen, Synne Mørk (31.1.2007)

2024 4x200 stafett inne J15-17 4 (1h2) 1:49.73

Matheson, Dagny Marie Grytdal (1.7.2009)

2024 100 J15 6s1 13.35, 3h3 13.29w, 200 J15 5h4 28.01, Lengde J15 10 4.54

Mathiesen, Torhild Dybwad (9.4.1968)

2024 5km gateløp 19 19:34

Matovu, Pamela Inga Michelle (3.9.2009)

2024 Spyd J15 11 20.47, Lengde inne J15 11q2 3.63

Matre, Hanne Røstad (3.10.1996)

2024 Halvmaraton U23 2 1:49:50

Mazik-Berg, Alexandra Maria (1.2.2009)

2024 100 J15 5h3 13.60w, 80h J15 5 13.17, 3h2 12.78, 1000 stafett J15/16 4 2:32.94, 60 inne J15 6h2 8.83, 60h inne J15 DNS, 2h2 9.73, 4x200 stafett inne J15-17 7 (3h2) 1:51.28

Meinseth, Ingvald (31.3.1999)

2024 100 5 11.76, 3s1 11.96, 1h2 12.04

Melvær, Teresa (23.2.1973)

2024 Motbakke 19 1:20:41

Mengshoel, Kirsti (10.2.1980)

2024 4x800 stafett 2 11:04.84

Messel, Benedicte (25.6.1989)

2024 OCR Hinder 10 1:16:17

Meyenberg, Christina Skaalbones (26.11.1985)

2024 OCR Hinder DNC 1:18:58

Middtun, Bertine Lønrusten (10.4.2009)

2024 Kule J15 7 9.56, Diskos J15 1 31.68, Slegge J15 3 42.45, Spyd J15 3 31.13

Midttømme, Kirsti (17.1.1966)

2024 Motbakke 26 1:29:26

Mikkelsen, Frøya Sofie Fjelland (13.5.2009)

2024 Slegge J15 2 44.38

Mikkelsen, Sarah-Christine Kouame (6.2.2002)

2024 Slegge 4 54.45, 3q 52.45, Slegge U23 1 54.10

Miltz, Lill-Joelle (2.2.2002)

2024 Lengde inne J18/19 6 4.44, Kule inne J20-22 6 8.87

Mjelva, Anne Luksengård (21.6.1989)

2024 100km ultra 2 9:23:38

Mjølnerød, Ingrid Lundsrud (27.4.2009)

2024 Slegge U20 8 38.16, Spyd U20 10 22.74, Kule J15 9 8.88, Slegge J15 1 48.25, Spyd J15 12 18.89, Kule inne J15 4 9.33

Moe, Kaja Langvad (24.3.2005)

2024 Lengde U20 8q1 4.54, Tresteg U20 9 10.48, Lengde inne J18/19 12 4.60, Tresteg inne J18/19 3 10.67

Moen, Sonja Emilie (7.11.1996)

2024 2km terreng 14 7:32, 6km terreng 11 26:43

Mohn, Sidsel Skjæggestad (4.4.1965)

2024 Terrengultra 10 13:16

Moldskred, Sarah Saunes (29.12.2004)

2024 Stav U23 1 3.12

Mollestad, Marie (26.3.2007)

2024 Lengde U20 10 4.71, 3q1 4.99, Tresteg U20 10 10.47w, 1000 stafett U23 3 2:26.33, Lengde J17 3 5.19, Tresteg J17 9 10.49, Kule inne J17 9 8.11

Mongstad, Karoline Harnes (4.4.1992)

2024 10000 7 35:28.72, 10km gateløp 10 34:42

Monsen, Helene (27.5.2006)

2024 400 J18/19 8 (2h1) 71.15, 2000 gang J18/19 1 11:53.62

Moqvist, Leia (3.12.2009)

2024 2000 gang J15 DQ:TR54.7.1, 800 inne J15 19 (7h1) 2:54.91, 1500 gang inne J15 3 9:02.17, Kule inne J15 5 8.66, 2km terreng J15 12 10.24, 4x100 stafett J16 1 52.81

Morken, Mariell Hetlesæter (15.12.2003)

2024 Kule 5 12.84, Kule inne 3 12.78, [Kule U23 1 13.80](#), Kule inne J20-22 2 13.29

Mosli, Tilde Edvardsen (11.9.2008)

2024 100 U20 8h3 13.58, Høyde U20 5 1.56, Lengde U20 6q2 4.64, 100 J16 3h2 13.31w, Høyde J16 =5 1.47, Lengde J16 9 4.42, 60 inne J16 6s2 8.43, 3h2 8.43, Høyde inne 2 1.51, Lengde inne J16 5 4.85, 4q1 4.68

Muray-Ubbi, Hannah Rebekkah (13.11.2007)

2024 100 6s2 12.38, 3h3 12.17, Tresteg 4 12.21, [200 J17 DNS](#), 1h2 25.58, 100h J17 2 14.05, 1h2 14.19, Mangelkamp J17 DNF

Myhre, Sunniva Bakkene (25.6.2005)

2024 Høyde inne 3 1.55, Lengde inne 11 5.02, Tresteg inne 9 10.51, [Høyde U20 10 1.46](#), [Lengde U20 7q2 4.56](#), [Tresteg U20 12 10.19](#), [Lengde J18/19 9 4.63](#), [Høyde inne J18/19 4 1.51](#), [Lengde inne J18/19 10 4.71](#), [Tresteg inne J18/19 4 10.64](#), 4x200 inne J18-22 5 (2h1) 1:49.83

Myhren, Helena Lauvdal (27.6.2007)

2024 100 U20 6h3 13.41, [Høyde U20 8 1.51](#), 200 J17 5h1 28.00, 100h J17 5 15.73, 3h2 15.70, Høyde J17 2 1.54, 60 inne J17 5h1 8.44, 200 inne J17 3h2 28.14, Høyde inne J17 2 1.51, Mangelkamp inne J17 2 2.884p, Mangelkamp J17 2 4.148p

Myklebust, Oda Marie (22.3.2001)

2024 Slegge 7 51.49, 5q 51.49

Myrén, Vida (28.12.2008)

2024 800 J16 h1 DNF, 2km terreng J16 9 8:40

Mæhla, Ragne Katrine (17.12.2009)

2024 [Lengde J15 15 3.72](#)

Møller-Sivertsen, Helle (27.1.2009)

2024 Stav inne J15 3.11, [Lengde inne J15 5 4.82](#), 2q1 4.81, Tresteg inne J15 NM, 3q2 10.59

Måseide, Vilde (31.7.2007)

2024 1x6km stafett terreng 11 27:36, [2km terreng J17 DNS](#)

N

Naper-Helgestad, Aurora Mariell (14.9.2009)

2024 [Lengde J15 5 4.76](#), Tresteg J15 4 10.10, [Lengde inne J15 6q2 4.29](#), Tresteg inne J15 8 9.51, 5q2 9.46

Nebell, Vilde Marie (22.9.2007)

2024 Kule 11 10.75, Diskos 13 33.38, Slegge 15q 43.44, Kule inne 9 10.92, [Kule U20 2 11.74](#), [Diskos U20 8 34.04](#), [Slegge U20 4 43.64](#), [Kule J17 1 13.70](#), [Diskos J17 3 33.15](#), [Slegge J17 2 49.59](#), Kule inne J17 1 13.47

Nerland, Ingrid Syltern (9.4.2002)

2024 10km gateløp 12 34:53

Ness, Siri Schøne (3.7.1984)

2024 Maraton 2 2:47:36

Nesse, Ida Yessica (19.10.1992)

2024 Kule Para 1 8.72, Diskos Para 1 31.98, Kule inne para 9.41

Niksic, Teodora (6.1.2008)

2024 [Høyde J16 8 1.43](#), [Diskos J16 5 25.78](#), [Spyd J16 7 32.83](#), [Høyde inne 7 1.36](#)

Nilsen, Cassandra Ødegård (8.1.2006)

2024 100h U20 7 14.73, 5h1 14.84w, 400h U20 5 63.69, [Kule U20 8 10.15](#), 100h J18/19 2 14.49, 400h J18/19 2 63.16, [Lengde J18/19 2 5.01](#), [Kule J18/19 3 10.84](#), [Spyd J18/19 2 34.77](#), 60 inne J18/19 5h4 8.36, 60h inne J18/19 7 9.25, 5h1 9.13, Kule Inne J18/19 4 10.80, 60h inne J20-22 7 9.25, 5h1 9.13

Nilsen, Linnea-Kristine Austad (29.11.2005)

2024 Slegge 13q 44.93, [Slegge U20 5 43.12](#), [Slegge J18/19 3 43.73](#)

Nilsen, Ruth-Margrethe Austad (7.6.2003)

2024 Slegge 5 52.04, 7q 49.78, [Slegge U23 4 47.30](#)

Nilsen-Wivestad, Eva Sofia (11.4.2009)

2024 100 J15 5h1 13.60, 200 J15 8s1 28.19, 4h2 27.96, 300h J15 10 (7h2) 49.35, 60 inne J15 5h3 8.63, 200 inne J15 2h7 27.81

Nilssen, Hanne Elisabeth (30.7.1976)

2024 Terrengultra 14 13:59

Nilssen, Ingrid Kilvær (21.1.2003)

2024 800 inne 10 (4h1) 2:17.02, [800 U23 5 2:24.78](#), 400 inne J20-22 3 61.39, 800 inne J18/19 2:17.37

Njerne, Embla Matilde (22.2.2007)

2024 Stav 2 3.91, Stav inne 1 4.00, [Stav U20 1 3.62](#), [Stav J17 1 4.30](#)

Njå, Hedda (17.4.2007)

2024 4x400 stafett U20 3 4:42.29, 800 J17 14 (7h1) 2:39.21, 3000 J17 11 11:45.48

Norbakk, Isa Brandseth (13.11.2009)

2024 Diskos J15 5 24.26, Slegge J15 10 32.39

Nordal-Pedersen, Tonje (9.1.1984)

2024 OCR Hinder DNC 1:15:43

Nordengen, Ida Marie Sirevåg (9.3.2007)

2024 1500 U20 8h1 4:56.20, 3000 U20 13 10:54.40, 800 J17 7 (6h2) 2:23.57, 3000 J17 6 10:36.58, 4km terreng J17 4 14:24

Nordhagen, Juni Moana Angeline (5.6.2009)

2024 Stav inne J15 5 2.71, [Lengde inne J15 12q2 2.65](#)

Novik, Maryna (12.12.1981)

2024 Maraton 3 3:03:28

Nyberget, Michelle Marie (18.10.2003)

2024 Høyde 3 1.73, Høyde inne 2 1.66, [Høyde U23 1 1.67](#)

Nyborg, Emily (25.7.1998)

2024 100 8s2 12.67, 4h3 12.28

Nyborg, Julie (23.1.2006)

2024 4x400 stafett U20 3 4:42.29, 400 J18/19 9 (3h1) 73.43

Nyfors, Malin Ingeborg (12.7.1997)

2024 800 2 2:09.23, 1h1 2:12.70, 1000 stafett 4 2:12.07, 800 inne 2 (2h2) 2:06.00, 1x6km stafett terreng 1 19:46

Nygård, Frida Husefest (2.7.2008)

2024 [Lengde J16 12 4.31](#), [Tresteg J16 8 9.81](#), [Lengde inne J16 9 4.55](#), 5q2 4.48, Tresteg inne J16 4 9.93

Nyheim, Henrikke Langseth (22.1.2008)

2024 60 inne J16 7h4 9.41, [Lengde inne J16 8q1 4.11](#)

Nyhus, Ine Birgitte (28.9.1994)

2024 5000 29 (19h2) 18:17.79, 10000 17 37:17.84

Nyhus, Ingrid Helene (15.3.1997)

2024 1500 10h2 4:47.00, 5000 h1 DNF, 1x6km stafett terreng 4 20:21

Næss. Kristine (10.1.2007)

2024 100 J17 5 13.06, 3h2 12.96w, 200 J17 6h2 27.00

Næss, Sigrid (4.11.2009)

2024 [Høyde J15 10 1.38](#), [Stav J15 4 2.61](#)

O

Obst, Marie-Therese (7.1.1996)

2024 Spyd 2 56.56

Oen, Knut (13.1.1964)

2024 Motbakke 57 1:15:02

Olafsdottir, Astrid Helene (22.11.1964)

2024 Motbakke 22 1:22:12

Olsen, Ellen Pernille (12.1.2003)

2024 OCR Hinder DNC 1:26:13

Olsen, Thea Engen (1.5.2005)

2024 [Slegge U20 10 32.85](#), [Diskos J18/19 9 25.71](#), [Slegge J18/19 8 37.60](#)

Olsen, Tiril (25.2.2005)

2024 [Spyd J18/19 6 31.36](#)

Omane, Comfort (GHA) (10.4.2005)

2024 100 J18/19 3h1 12.75w, 200 J18/19 6 26.26, 3h3 26.63

Ombeni, Rachel (20.6.2001)

2024 Tresteg 1 12.81, Lengde inne 5 5.62, Tresteg inne 1 12.45

Omland, Hedda (4.4.2007)

2024 1x6km stafett terreng 10 27:15

Ommundsen, Thea Hia (9.2.2008)

2024 2km terreng J16 DNS

Opdahl, Thale (21.10.2008)

2024 Høyde inne 5 1.41, Tresteg inne J16 7 9.05

Opheim, Mathilde (10.6.1998)

2024 Halvmaraton DNF

Opland, Kristin Waaktaar (2.5.1982)

2024 5000 14 (4h1) 17:11.40, 10000 6 35:14.02, 6km terreng 18 28:09

Oppegaard, Linn (23.12.1998)

2024 400 4 55.01, 2h2 55.32, 400 inne 3 (1h1) 55.77

Os-Trandem, Ingrid (2.10.2007)

2024 400h U20 7 72.04, Høyde U20 11 1.46, 300h J17 4 50.51, Høyde J17 3 1.48

Ose, Julie Ekeland (10.5.2004)

2024 100 5h3 12.31, 200 5s3 25.73, 3h3 25.52w, Tresteg 10 11.12, 100 U23 4 12.36, 2h2 12.41, Tresteg U23 4 11.52w, 60 inne J20-22 3 8.00, 2h1 8.05, 200 inne J20-22 4 (2f2) 26.22, Tresteg inne J18/19 2 11.50

Osen, Helene (8.5.2008)

2024 4x800 stafett U20 1 10:31.22, 800 J16 14 (6h1) 2:38.85

Osen, Victoria (8.5.2008)

2024 4x800 stafett 1 9:39.05, 800 U20 8 2:20.54, 4x800 stafett U20 1 10:31.22, 800 J16 4 (4h2) 2:19.79, 3000 J16 DNF, 2km terreng J16 6 8:16

Ottesen, Hedda Simonsen (28.2.2009)

2024 60 inne J15 7h1 9.18, 60h inne J15 8h1 11.43, Lengde inne J15 11q1 3.45

Owel, Izibefieni Reese (13.3.2008)

2024 100 J16 6h2 14.55

Owrehagen, Alma Hesselberg (20.11.2007)

2024 1x6km stafett terreng 11 27:36, 400 J17 9 (3h1) 63.88, 100h J17 5h1 17.62w, 60h inne J17 6h1 10.21

P

Palmgren, Maja Gundersen (1.2.2009)

2024 Lengde J15 9 4.56, Kule J15 2 10.33, Spyd J15 2 31.91, Mangelkamp inne J15 2 2.429p, Mangelkamp J15 3.277p

Panyarat, Gulisara (THA) (14.9.2006)

2024 100 U20 8h2 13.54, Lengde U20 NM, 6q1 4.72, 100 J18/19 5h3 13.08w, Lengde J18/19 5 4.86, 60 inne J18/19 7s2 8.33, 4h2 8.29, Lengde inne J18/19 11 4.70

Pas, Bjørg (7.9.2004)

2024 200 U23 7 26.59w, 5h2 26.62w

Patey, Lilje Lopes (DEN) (15.2.2007)

2024 400 7 56.08, 3h1 54.76, 1000 stafett 6 2:22.84, 400 inne 4 (1h2) 55.84, 4x200 inne 2 1:44.31, 200 U20 2 24.65, 1s1 24.59, 1h2 24.84w, 400 U20 1 54.18, 1h1 57.34, 1000 stafett U23 1 2:13.70, 4x100 stafett U20 2 49.70, 4x400 stafett U20 1 4:06.99, 100 J17 1 12.17, 1h1 12.11w, 200 J17 1 24.32, 1h1 25.18, 400 J17 1 (1h2) 54.24, 1000 stafett J17/19 1 2:14.00, 60 inne J17 3 8.07, 1h3 8.01, 200 inne J17 1 (1f2) 25.06, 1h2 25.14

Pedersen, Stina (27.3.2009)

2024 200 J15 6h3 28.34, Spyd J15 8 22.35

Pettersen, Kaja Mørch (6.11.2001)

2024 Spyd 1 57.93

Pettersen, Marte (30.4.1997)

2024 100 6 11.85, 3s2 12.12, 2h2 12.16, 200 3 24.33, 1s3 24.66, 2h3 25.35w, 1000 stafett 4 2:12.07, 200 inne 2 24.16, 1h2 24.35, 4x200 inne 1 1:40.68

Philippaerts, Tessa (BEL) (12.3.1992)

2024 4x400 stafett 3 4:25.52, 4x800 stafett 2 11:04.84

Placht, Victoria (8.2.1994)

2024 Terrenkultra 23 18:20

Pollestad, Anne-Sofie (2.3.1985)

2024 Terrenkultra 4 11:08

Prestvold, Katrine (11.9.1986)

2024 OCR Hinder 9 1:15:28

Proctor, Nora Jazz Werenskiold (2.2.2006)

2024 100 6h4 12.50, 60 inne 4h3 8.05, 200 inne 4h3 26.30, 4x200 inne 2 1:44.31, Lengde u.t. U20 4 2.27, 100 J18/19 4 12.54w, 2h2 12.50w, 200 J18/19 3h2 26.69w, 1000 stafett J18/19 1 2:14.00, 60 inne J18/19 5s1 8.08, 3h2 8.06, 200 inne J18/19 2h8 26.69

Prøitz, Maiken Homlung (16.6.2004)

2024 1500 inne 9 4:31.75, 5km gateløp 5 16:51, 6km terreng 4 25:27, 10km gateløp 18 35:38

Q

R

Rabben, Sofie Caroline Rivera (18.3.2009)

2024 800 inne J15 14 (3h1) 2:46.37

Ramslien, Helene Marie (16.5.2006)

2024 Kule 5 12.72, Diskos 3 49.57, Slegge 15q 43.32, Kule U20 1 12.50, Diskos U20 1 49.32, Slegge U20 2 49.61

Ramslien, Ida (23.9.2007)

2024 Diskos 8 40.04, Slegge 10 49.42, 12q 45.18, Diskos U20 3 39.35, Slegge U20 1 53.99, Kule J17 3 12.79, Diskos J17 2 38.27, Slegge J17 1 56.20

Reberg, Anna (27.6.2007)

2024 100 U20 5s1 12.88, 4h2 13.01, 200 U20 7s1 26.11, 4h2 26.08w, 100 J17 4 12.80, 2h1 12.59w, 200 J17 4 25.72, 2h2 26.00

Rebård, Ingrid Gjendine Gjelstad (1.12.2003)

2024 10km gateløp 33 37:25

Refsdal, Gunvor (14.7.1975)

2024 Motbakke 25 1:28:50

Refvik, Elina Maylinn (17.11.2009)

2024 60 inne J15 4h3 8.61, 200 inne J15 2h5 27.77, 4x200 stafett inne J15-17 3 (3h3) 1:48.27, Mangelkamp inne J15 4 2.272p

Reimers, Inga Rabben (19.1.2005)

2024 Spyd 4 49.32, Kule U20 5 11.24, Diskos U20 5 38.91, Slegge U20 9 32.90, Spyd U20 1 46.59, Kule Inne J18/19 1 12.86

Reisvold, Erle (26.11.2009)

2024 Lengde inne J15 13q1 2.65, Kule inne J15 14 6.75

Reisvold, Lisa (18.2.2008)

2024 60 inne J16 8h3 10.03, Lengde inne J16 7q2 3.46, Tresteg inne J16 NM

Reppesgård, Elena Garcia (7.10.2007)

2024 100h J17 7 16.53, 4h1 15.93w, 300h J17 2 49.36, 200 inne J17 3h1 28.60, 60h inne J17 6 9.78, 4h1 9.83

Retiva, Kataryna (UKR) (10.2.1989)

2024 Spyd 7 44.22

Retzius, Lene Onsrud (4.1.1996)

2024 Stav 1 4.52

Richenberg, Oda Bråten (20.2.2006)

2024 3000 J18/19 4 10:17.93

Rimstad, Frida (27.5.2007)

2024 60 inne J17 5h2 8.50, 200 inne J17 2h4 27.59, Kule inne J17 6 10.66, 4x200 stafett inne J15-17 4 (1h2) 1:49.73

Rismark, Ingrid Pernille (24.6.2001)

2024 100h 4 13.58, 2h3 13.59, 200 inne 4 24.95, 2h4 24.56, 60h inne 3 8.58, 2h1 8.55

Rivedal, Lina Hydle (14.6.1987)

2024 Maraton 1 2:44:26

Rolstad, Emma Louise (13.3.2009)

2024 Stav U20 3 3.02, Stav J15 NM, Lengde J15 4 4.80, Stav inne J15 1 3.21, Lengde inne J15 6 4.78, 2q1 4.75, Tresteg inne J15 2 11.91, 1q2 10.82

Rooth, Andrea (6.3.2002)

2024 400h 5 60.48, 2h1 59.77

Rooth, Martine (25.7.2009)

2024 Lengde J15 11 4.49, Kule J15 6 9.84, 60 inne J15 5h1 8.90, Kule inne J15 3 10.28

Roppen, Kornelia (1.3.2002)

2024 60 inne J20-22 8 8.58, Lengde inne J18/19 4 4.81

Rosenberg, Julie Helena (5.9.2006)

2024 800 J18/19 8 2:46.00

Rosvold, Elisabeth Thon (13.11.2002)

2024 Kule 4 12.97, Diskos 1 52.34, Kule U23 2 13.73, Diskos U23 1 54.60

Rosvoll, Anniken Markussen (22.9.2007)

2024 100 J17 8 13.69, (5 13.47w), 100h J17 8 16.68, 4h1 16.65, 1000 stafett J17/19 7 2:24.91, 60 inne J17 6h1 8.68, 60h inne J17 10.14, 5h1 10.19

Rotabakk, Pil Bødtker (10.3.2005)

2024 Høyde u.t. 1 1.56

Rubberdt, Inga (???.???.???)

2024 Terrengultra 16 15:21

Rugsveen. Tuva Helene (4.9.2009)

2024 Slegge J15 12 29.82

Russnes, Inger Johanne Giercksky (12.12.2005)

2024 2km terreng U20 4 7:38, 10km gateløp U20 5 38:23, 800 J18/19 7 2:31.09, 3000 J18/19 5 10:29.63

Rutle, Maria (5.1.2009)

2024 1x6km stafett terreng 8 22:52

Ruud, Elise Grong (25.4.1996)

2024 100h 5h3 15.07

Ruud, Mari Roligheten (2.9.2002)

2024 1500 7h2 4:39.76, 1000 stafett 6 2:22.84, 1500 inne 8 4:31.43, 3000 inne 5 9:29.18, 2km terreng =7 6:52, 1x6km stafett terreng 3 19:54, 6km terreng 5 25:31, 10km gateløp 5 34:12, 1500 U23 5 4:34.79, 3000 U23 2 3:39.53

Rydland, Adina (30.12.2008)

2024 1500 U20 7h1 4:53.48, 3000 U20 9 10:23.28, 3000 J16 4 10:09.29

Rød, Emma Elise Meinert (22.5.2008)

2024 2km terreng J16 7 8:25, 4km terreng J16 3 15:23

Rød, Kristine Meinert (18.2.2001)

2024 10000 9 35:43.83, 6km terreng 10 26:39, 10km gateløp 13 34:58

Rønningen, Alma (1.1.2009)

2024 800 J15 9 (2h2) 2:26.15, 2000 J15 10 7:51.81, 800 inne J15 7 (2h2) 2:31.32, 1500 inne J15 6 5:23.09

Rønningen, Helene (4.9.1998)

2024 60 inne 1 7.30, 1h2 7.46, 200 inne 1 23.50, 1h1 23.50

Rørvik, Amanda (21.7.2008)

2024 800 U20 4 2:13.67, 1500 U20 6h1 4:52.67, 800 J16 1 (1h2) 2:13.72, 3000 J16 3 10:08.38, 2km terreng J16 4 7:27

Røsdal, Mille Barlaug (18.1.2008)

2024 Tresteg J16 9 9.65, Spyd J16 4 34.09, 1000 stafett J15/16 2 2:30.64, 60 inne J16 7h3 9.20, Lengde inne J16 7q1 4.12, Tresteg inne J16 6 9.35, 4x200 stafett inne J15-17 8 (1h1) 1:53.42

Røvang, Christine Marie (31.12.2008)

2024 60 inne J16 6h3 8.89

S

Sadeghi, Shideh (21.11.2005)

2024 Lengde u.t. U20 3 2.29

Sagebakken, Madelene Tronstad (27.9.2008)

2024 800 J16 3 (3h2) 2:18.30, 800 inne J16 10 (7h2) 2:32.96

Sand-Hanssen, Julie (13.4.2006)

2024 1500 U20 9h1 4:56.64, 2km terreng U20 DNS, 4km terreng U20 DNS, 3000 J18/19 6 10:38.83

Sand-Hansen, Norah (13.4.2006)

2024 1500 U20 8 4:39.31, 5h2 4:42.54, 3000 U20 10 10:24.38, 2km terreng U20 DNS, 4km terreng U20 DNS, 800 J18/19 5 2:20.28, 3000 J18/19 3 10:12.12

Sandberg, Tiril Hansen (20.2.2008)

2024 800 J16 10 (2h1) 2:28.30, 1500h J16 1 6:07.22, 2000 gang J16 1 12:52.43

Sande, Aurora Kanutte Brandt (30.6.2008)

2024 800 U20 7 2:18.85, 1500 U20 9 4:40.57, 3h2 4:42.15, 10km gateløp U20 6 38:45, 800 J16 2 (2h2) 2:17.55, 800 inne J16 2 (2h2) 2:17.66, 1500 inne J16 2 4:38.33, 2km terreng J16 3 7:14, 4x100 stafett J16 DNF, 4km terreng J16 DNS

Sande, Olea (14.1.2008)

2024 800 J16 7 (7h2) 2:23.33, 300h J16 4 51.44, 800 inne J16 7 (6h2) 2:29.21, 1500 inne J16 5 5:03.63

Sandness, Leandra (5.8.2009)

2024 800 J15 24 (8h1) 2:41.63

Sangesland, Ingvild (10.5.1993)

2024 Motbakke 4 1:03:52

Sanness, Nora (27.3.2000)

2024 6km terreng DNS

Saurasunet, Julie Lervik (20.7.1983)

2024 100 para T72 1 21.72, 400 para T72 1:50.73, 60 inne para 2 13.16

Saxegaard, Ida (27.3.2009)

2024 4x400 stafett 3 4:25.52, 100 U20 6 12.97, 3h1 12.96, 200 U20 7 25.70, 4s2 25.61w, 2h1 25.75, 4x400 stafett U20 2 4:25.43, 100 J15 3 12.54, 2s2 12.70, 1h3 12.66w, 200 J15 25.32, 1s1 25.71, 1h2 26.23, 60 inne J15 2 8.02, 1s2 8.09, 1h1 8.22, 200 inne J15 1 (1f1) 26.57, 1h2 26.91, Kule inne J15 13 7.70

Schilbred-Eriksen, Mathea Sofie (4.5.2006)

2024 100 J18/19 6h3 15.08w

Schou, Emilia Høyland (21.2.2005)

2024 Lengde inne J18/19 NM

Seiersten, Alise Haugen (20.10.2009)

2024 800 J15 14 (4h2) 2:33.67, 300h J15 16 (8h1) 53.31, 60 inne J15 7h2 9.01, 800 inne J15 8 (6h1) 2:34.11, 60h inne J15 7h2 10.38, Tresteg inne J15 8q2 9.25

Sejler, Siren Amelia (???.???.???)

2024 2km terreng 11 7:19

Selseth, Ingrid Louise (6.7.2007)

2024 100 U20 6s2 13.17, 2h4 12.90, 100h U20 4h2 14.95, 200 J17 7 26.43, 5h2 26.62, 100h J17 3 14.28, 2h2 14.53, 1000 stafett J17/19 7 2:24.91, 60 inne J17 4h1 8.42, 60h inne J17 2 9.01, 1h1 8.95, 4x200 inne J18-22 3 (1h1) 1:45.61

Shabani, Arnica (8.5.2008)

2024 1000 stafett J15/16 3 2:31.44

Sigurdsdottir, Vigdis (17.2.2009)

2024 80h J15 1 11.98, 1h2 11.90, 300h J15 3 (3h2) 46.25, Lengde J15 2 5.13, 60h inne J15 3 9.51, 1h1 9.20, Lengde inne J15 8q1 4.26, Mangelkamp inne J15 5 2.185p, Mangelkamp J15 1 3.673, 4x100 stafett J16 2 53.51, 4x600 stafett J16 3 7:28.50

Silgjerd, Hannah (19.4.1999)

2024 5000 28 (18h1) 18:16.42, 10000 19 37:31.31

Silseth, Anna Kolstad (11.1.2006)

2024 100 5s1 12.23, 2h3 12.17, 200 7s3 25.85, 5h3 25.81w, 100 J18/19 2 12.33w, 1h1 12.50w, 1000 stafett J18/19 6 2:23.71, 60 inne J18/19 4 7.83, 2s2 7.85, 2h3 7.95, 200 inne J18/19 2h9 26.06

Simonson-Søndenå, Anna Simone Kristina

(14.1.2004)

2024

Sirevåg, Anna Marie Nordengen (24.5.2004)

2024 5000 17 (7h1) 17:19.85, 10000 4 35:06.63, 6km terreng 6 26:07, 10km gateløp 11 34:43, 1500 U23 4 4:31.44, 3000 U23 3 9:44.85

Skar, Elén Linchhausen (29.6.2006)

2024 200 6h5 26.28w, 200 J18/19 4h1 27.26, 1000 stafett J18/19 4 2:18.91, 200 inne J18/19 3h7 26.86

Skarbøvik, Mia Sofie Borchgrevink (4.10.2007)

2024 800 6h1 2:15.57, 1500 14h1 4:36.97, 800 U20 5 2:13.92, 1500 U20 6 4:38.59, 4h1 4:51.59, 800 J17 4 (4h2) 2:14.98, 2km terreng J17 3 7:18

Skare, Ellevine Kathleen Artesia Octavia Svensen

(19.10.2005)

2024 Spyd 5 47.28, Spyd U20 2 46.28, Kule J18/19 2 11.08, Diskos J18/19 3 36.36, Spyd J18/19 1 45.10

Skaset, Freia Haraldsen (8.5.2007)

2024 100 7h4 12.51, 200 5s2 25.57, 4h5 25.45w, 60 inne 8 7.96, 2h2 7.86, 200 inne 2h1 25.47, 100 U20 5 12.50, 3s3 12.44w, 2h1 12.74, 200 U20 5 25.48, 3s1 25.22, 2h2 25.43w, 100 J17 3 12.68, 2h2 12.45w, 200 J17 5 25.79, 3h2 26.08, 60 inne J17 2 7.86, 1h2 7.94, 200 inne J17 2 (1f1) 25.42, 1h4 25.44, 60h inne J17 4 9.11, 2h2 9.41

Skisaker, Alva Margareth Boesen (16.7.2008)

2024 400 U20 5h1 67.62, 800 U20 DNS, 4x100 stafett J16 2 53.51, 4x600 stafett J16 3 7:28.50

Skisaker, Selma Alison Boesen (16.8.2006)

2024 800 9h1 2:23.70, 1500 13h2 4:56.69, 800 U20 3 2:12.42, 2km terreng U20 2 7:16, 4km terreng U20 5 13:54, 10km gateløp U20 4 38:12, 800 J18/19 1 2:09.97

Skjellum, Ine (30.8.1998)

2024 Motbakke 5 1:04:41, 5km gateløp 14 18:25

Skjerve, Anne Eline Vehus (1.10.2006)

2024 800 inne J18/19 DNF, 1500 inne J18/19 4 5:58.68

Skjetne, Ane (2.2.2004)

2024 100 6h3 12.48, 200 3s2 25.28, 2h1 25.16w, 100 U23 5 12.56, 3h1 12.65, 200 U23 3 25.06w, 2h2 25.99w

Skorve, Marit Johanne (12.5.1999)

2024 Motbakke 28 1:33:03

Skraastad, Mari (10.3.2006)

2024 400h 7 61.58, 4h1 60.32, 400 inne 9 (3h2) 57.30, 800 inne 7 (1h1) 2:15.79, 400h U20 3 60.59, 400 J18/19 1 (1h2) 57.66, 800 J18/19 2 2:14.51, 100h J18/19 DNF, 400h J18/19 1 62.29, 400 inne J18/19 3 (2h3) 58.23, 800 inne J18/19 2 2:15.00

Skyvang, Oda Hytten (1.2.2008)

2024 100 J16 5h3 13.13, 200 J16 4 27.17, 4h1 27.02, 1000 stafett J17/19 6 2:23.71, 60 inne J16 8s1 8.56, 3h1 8.50, 200 inne J16 3h2 28.99

Skaar, Eline (1.1.2007)

2024 1x6km stafett terreng 7 21:43, 1500 U20 7 4:38.92, 4h2 4:42.51, 2km terreng J17 2 7:13

Skaar, Ingrid (8.5.2009)

2024 1x6km stafett terreng 7 21:43, 1500 U20 10 4:41.80, 7h2 4:44.00, 3000 U20 12 10:37.35, 800 J15 5 (5h3) 2:24.13, 2000 J15 2 6:35.52, 2km terreng J15 2 7:29, 4km terreng J15 1 14:03

Skårild, Thea Haugen (23.5.2009)

2024 200 U20 5h3 26.57, 400 U20 7 59.86, 4h2 60.67, 200 J15 h1 DNS, 80h J15 3 12.46, 2h2 12.27, 300h J15 2 (2h2) 45.49, 60 inne J15 5s2 8.47, 2h3 8.38, 200 inne J15 2h6 27.46, 60h inne J15 5 9.64, 3h2 9.78

Skåtøy, Kirsti Johnsen (2.3.1975)

2024 Motbakke 13 1:12:08

Skåtøy, Ronja Johnsen (28.10.2006)

2024 60 inne 4h1 8.00, Lengde inne 8 5.37, Lengde u.t. U20 1 2.43, 100 J18/19 3 12.50w, 1h3 12.52w, Diskos J18/19 7 27.15, 60 inne J18/19 8 8.12, 4s1 8.07, 2h1 8.12, Lengde inne J18/19 3 5.43

Slettebø, Linea (7.5.2008)

2024 Kule J16 3 11.78, Slegge J16 1 47.61, Spyd J16 3 35.94, Kule inne J16 3 10.85

Slettum, Elisabeth (31.8.1986)

2024 200 2 23.88, 1s2 24.25, 1h4 25.10w, 400h 2 57.72, 1h1 59.05, 1000 stafett 2 2:08.67, 4x100 stafett 1 46:48, 4x400 stafett 1 3:41.77

Slorafoss, Camilla (??-??-???)

2024 Maraton DNS

Slåtten, Margrete (4.9.2008)

2024 Kule J16 4 10.39

Smidesang, Anne (25.11.1970)

2024 Motbakke 24 1:28:18

Smaadahl, Ragnhild (15.5.2008)

2024 80h J16 DNF, Lengde J16 10 4.40, Mangelkamp inne J16 3 2.798p

Snartemo, Emilie (17.10.2000)

2024 Halvmaraton 4 1:40:32

Solberg, Ingrid (5.4.2006)

2024 400 J18/19 6 (6h2) 61.97, 400h J18/19 3 67.80

Solberg, Malin Sørtorp (21.4.2006)

2024 2km terreng U20 1 7:09, 5km gateløp U20 4 17:39, 4km terreng U20 3 13:33

Solheim, Anna (18.2.2004)

2024 100 5h4 12.48, 100h 4h1 14.33w, 1000 stafett 5 2:15.48, 60 inne 4h3 8.12, 60h inne DNF, 4h2 9.28, Høyde u.t. 2 1.33, Mangelkamp DNF, 100 U23 7 12.95, 4h2 12.77, 100h U23 3 14.88w

Solheim, Ingrid Johanne (4.10.2005)

2024 200 7s1 26.04, 5h4 26.08w, 400 6h1 57.13, 200 inne 3h4 26.12, 400 inne 10 (4h2) 57.94, 200 U20 7s2 26.06w, 3h2 26.01w, 400 U20 57.70, 3h1 58.37, 200 J18/19 h3 DNS, 400 J18/19 3 (3h2) 58.46, 800 J18/19 DNS, 200 inne J18/19 2h2 26.40, 400 inne J18/19 5 (3h3) 48.42, 800 inne J18/19 4 2:22.91, 4x200 inne J18-22 5 (2h1) 1:49.83

Solheimdal, Live Johannessen (23.9.1996)

2024 5000 4 (4h2) 16:03.04, 10000 1 33.18.69, 1500 inne 5 4:23.23, 3000 inne 2 9:14.60

Sollid, Tuva Sofie (27.8.2007)

2024 200 U20 7h2 27.43w, 200 J17 4h1 27.52, 1000 stafett J17/19 7 2:24.91

Solvin, Benedicte (22.8.1986)

2024 5km gateløp 17 19:03

Soma, Eline (15.6.2007)

2024 Høyde U20 4 1.56, Tresteg U20 NM, Høyde J17 1 1.57, Tresteg J17 7 10.62, Høyde inne J17 1 1.56, Tresteg inne J17 4 10.99, 4x200 stafett inne J15-17 8 (1h1) 1:53.42

Stang, Luna Andrine (23.2.2009)

2024 100 J15 5s2 13.39, 2h3 13.22w, 200 J15 6s1 27.70, 3h3 27.26, Høyde J15 8 1.43, 60 inne J15 6s1 8.48, 2h1 8.41, 200 inne J15 1h3 27.34, Høyde inne J15 =5 1.41

Staver, Tuva Toftdahl (31.5.1990)

2024 10km gateløp 26 36:52

Steinsland, Frida Berge (24.11.2008)

2024 Lengde J16 NM, Tresteg J16 4 10.77, Lengde inne J16 3 5.05, 2q2 5.01

Stensøy, Lisa Maylen (26.1.2004)

2024 100 U23 6h1 13.56, 200 U23 DNS, 3h1 26.60

Stephenson, Kerine Shence (JAM) (25.1.2008)

2024 100 J16 1 12.13w, 1h1 12.32, 60 inne J16 1 7.73, 1s1 7.73, 1h2 7.83, 4x200 inne J18-22 3 (1h1) 1:45.61

Storøygaard, Kaja (16.6.2008)

2024 Lengde J16 6 4.68, Spyd J16 5 33.58, Lengde inne J16 8 4.56, 6q1 4.33

Storaa, Stine (25.5.2005)

2024 400 inne 13 (5h3) 60.62, 200 U20 6h3 25.81, 400 U20 5h2 61.71, 100 J18/19 8 12.88w, 3h3 12.72, 200 J18/19 h2 DNS, Lengde J18/19 4 4.97

Stoveland, Kine Botn (22.6.2008)

2024 Halvmaraton U23 3 2:03:19

Strand, Isabella Neves (17.8.2009)

2024 80h J15 5h2 13.74, Høyde J15 7 1.43

Strand-Omreng, Hennie (21.8.2009)

2024 800 J15 19 (3h1) 2:39.64, 2000 J15 14 7:49.35, 1000 stafett J15/16 6 2:43.50, 800 inne J15 17 (6h1) 2:51.86, Tresteg inne J15 7q1 9.29, Kule inne J15 9 7.76, 4x200 stafett inne J15-17 10 (3h1) 1:58.67

Straume, Marianne (17.2.1968)

2024 Motbakke 17 1:16:19

Strøm, Sofie Helén Løvendahl (1.7.2007)

2024 Tresteg J17 10 9.28, 60 inne J17 7h1 8.94, Lengde inne J17 7 4.15, Tresteg inne J17 8 9.69

Stødle, Erle Haukåsen (2.7.2009)

2024 1x6km stafett terreng 8 22:52, 2000 J15 3 6:55.37, 2km terreng J15 4 7:38

Støfringsdal, Sigrid (10.5.2008)

2024 Kule J16 7 9.96, Slegge J16 NM

Stølen, Gunhild Viljugrein (29.5.1996)

2024 OCR Hinder 4 57:53

Størset, Rakel Lerfald (4.2.2007)

2024 Slegge J17 3 36.62

Støten, Magdeli (17.8.1998)

2024 100h 5h1 14.39w

Sund, Sophie (24.2.2005)

2024 100h U20 h2 DNS, Lengde U20 9 4.71, 5q1 4.73, 4x400 stafett U20 1 4:06.99, 100h J18/19 6 17.23, Lengde J18/19 10 4.50

Sunde, Sofie (16.4.2007)

2024 400 J17 8 (6h2) 63.84

Sundstrøm, Anna Qvale (26.10.2008)

2024 Høyde J16 2 1.59, Stav J16 3 2.61, Tresteg J16 7 9.87, Stav inne J16 7 1.36, Tresteg inne J16 3 10.22

Svarlien, Lina (23.4.2008)

2024 Høyde 5 1.70, Tresteg 8 11.37w, Høyde U20 2 1.67, Tresteg U20 2 11.84w, 1000 stafett U23 2 2:22.00, 80h J16 2 11.75, Høyde J16 3 1.57, Lengde J16 1 5.59, Tresteg J16 1 11.83,

1000 stafett J15/16 1 2:26.84, 60h inne J16 1 8.89, Høyde inne J16 1 1.73, Lengde inne J16 1 5.42, 1q2 5.18, Tresteg inne J16 1 11.13, 4x200 stafett inne J15-17 3 (3h3) 1:48.27, Mangekamp inne J16 1 3.513p

Svarstad, Sara Aarsvoll (16.1.1997)

2024 3000h 4 10:09.11

Sveinungsen, Madelen Haaheim (23.5.2002)

2024 Høyde 6 1.67, Mangekamp 2 4.359p

Svoren, Peter Horvati (18.4.2001)

2024 200 7h5 23.33w

Sæten, Amalie Manshaus (12.12.1997)

2024 1500 4 4:16.89, 2h1 4:28.48, 5000 3 (3h2) 15:52.93, 5km gateløp 1 16:13, 10km gateløp 3 33:43

Sætre, Birte Skeide (7.8.2006)

2024 Spyd U20 8 35.98, Lengde J18/19 6 4.75, Kule J18/19 5 8.69, Spyd J18/19 5 33.14, Lengde inne J18/19 8 4.90, Kule Inne J18/19 9.35

Sætre, Iril Lenasdatter (7.2.2009)

2024 Tresteg J15 7 9.55, 200 inne J15 3h3 28.79, Høyde inne J15 7 1.36, Lengde inne J15 7q2 4.28

Søndenå, Nina (22.6.1985)

2024 10000 24 39:18.02

Sønsteby-Larsen, Frida (12.3.2009)

2024 800 J15 8 (7h3) 2:26.04, 2000 J15 6 7:04.67, 800 inne J15 4 (4h3) 2:24.66, 1500 inne J15 3 5:18.21, 2km terreng J15 5 7:46

Sørdal, Carmen Hofstad (12.1.2009)

2024 Diskos J15 22.31, Slegge J15 NM

Søreng-Askvik, Linnea (24.6.2008)

2024 300h J16 7 55.81, 2000 gang J16 2 15:15.32, 1000 stafett J15/16 5 2:36.42

Sørensen, Hedda Guldseth (13.11.2007)

2024 Lengde 8 5.58w, 9q 5.56w, Tresteg 9 11.24w, Lengde inne 9 5.23, Tresteg inne 5 11.34, 100 U20 3s2 12.86, 2h2 12.85, Lengde U20 5 5.38, 4q2 5.35, Tresteg U20 4 11.54w, Lengde u.t. U20 2 2.43, 100 J17 DNS, 1h3 12.84w, Lengde J17 2 5.47, Tresteg J17 4 11.02, Kule J17 4 12.28, Lengde inne J17 2 5.31, Tresteg inne J17 3 11.15, Kule inne J17 3 11.60

Sørensen, Mina Mikkelsen (14.2.2005)

2024 100 U20 8s3 13.20w, 4h1 13.32, 200 U20 5h2 26.71w, 1000 stafett U23 DNS, 4x100 stafett U20 3 52.10, 100 J18/19 5h1 13.07w, 200 J18/19 4h3 26.77, 1000 stafett J18/19 8 2:25.63

Sørland, Victoria (17.4.2006)

2024 100 7s2 12.50, 4h4 12.27, 200 6s1 26.01, 4h3 25.68w, 1000 stafett 3 2:08.93, 60 inne 7 7.92, 2h1 7.86, 200 inne 3h2 25.76, 4x100 stafett 2 48:93, 100 U20 7 12.61, 2s2 12.68, 1h5 12.61, 200 U20 5s2 25.83w, 4h4 26.11, 1000 stafett U20 2 2:11.82, 4x100 stafett U20 1 49.39, 100 J18/19 h3 DQ, 200 J18/19 2 25.76, 1h3 25.99, 1000 stafett J18/19 5 2:19.70, 60 inne J18/19 3 7.78, 1s2 7.80, 1h4 7.87, 200 inne J18/19 1h2 25.88, 4x200 inne J18-22 2 (2h2) 1:44.86

Sørli, Anna Louise Astad (17.2.1993)

2024 Terrenkultra 2 10:32

Søvik, Elise Sanden (16.7.1997)

2024 Tresteg 5 12.16w, 1000 stafett 4 2:12.07, Tresteg inne 3 12.08

T

Taggart, Ingrid Akosua Larssen (3.5.2009)

2024 Lengde J15 3 4.90, Tresteg J15 2 10.51, 60h inne J15 7 10.38, 4h1 9.91, Lengde inne J15 9 4.43, 7q1 4.54, 4x200 stafett inne J15-17 7 (3h2) 1:51.28, 4x100 stafett J16 1 52.81

Tahirovic, Adna (24.9.1994)

2024 OCR Hinder 5 57:53

Talberg, Vilde Voll (23.2.2008)

2024 100 J16 h2 DQ, 1000 stafett J15/16 2 2:30.64

Tangen, Aurora Molund (13.7.2009)

2024 80h J15 5h1 14.70, Slegge J15 8 35.87, 200 inne J15 3 (1f2) 26.81, 1h5 26.82

Tangen, Laura Koubova (30.1.2007)

2024 100 U20 7h3 13.49, 200 U20 8h4 27.47, 100 J17 6 13.27, 4h1 13.05w, 200 J17 6h1 28.01

Tangen, Lotte Koubova (13.6.2009)

2024 100 U20 4s1 12.82, 3h5 12.81

Tangestuen, Erle (3.3.2007)

2024 400 J17 10 (4h1) 68.10

Tangås, Eli (???.???.???)

2024 4x400 stafett 3 4:25.52

Taule, Nellie Cecilia (3.7.2008)

2024 3000 J16 5 10:49.47

Taylor, Emma Lovra (26.9.2009)

2024 4x100 stafett U20 1 49.39, 100 J15 5s1 13.27, 4h1 13.33, 200 J15 5s2 26.87, 2h1 27.01, Lengde J15 12 4.42, Slegge J15 NM, 1000 stafett J15/16 2 2:30.64, 200 inne J15 2h4 27.88, Lengde inne J15 7 4.67, 4q2 4.53, Kule inne J15 11 7.74, 4x200 stafett inne J15-17 8 (1h1) 1:53.42

Teffera, Venus Abraham (4.7.2008)

2024 5000 10 (10h2) 16:48.79, 1500 inne 12 4:43.27, 3000 inne 9 10:00.84, 1x6km stafett terreng 5 20:32, 1500 U20 5 4:29.69, 1h2 4:40.80, 3000 U20 5 9:40.04, 5km gateløp U20 2 16:37, 10km gateløp U20 2 35:09, 800 J16 5 (5h2) 2:20.19, 3000 J16 2 9:45.96, 800 inne J16 6 (5h2) 2:24.07, 1500 inne J16 3 4:41.86, 2km terreng J16 2 7:04, 4km terreng J16 1 12.61

Teigen, Adele (16.5.2007)

2024 Diskos J17 4 28.72, Slegge J17 5 32.10

Thorrud, Wilma Christine (4.7.2009)

2024 80h J15 8 13.27, 4h2 13.13, Stav J15 2 3.01, 60h inne J15 8h2 10.56, Stav inne J15 4 2.81

Thunem, Kristina (20.5.1998)

2024 Kule 12 10.59, Slegge 14q 43.93

Thunem, Nikoline (13.7.2004)

2024 Slegge 17q 42.94, Diskos U23 5 29.74, Slegge U23 8 38.61

Tjomsland, Nila Oldebråten (23.6.2008)

2024 Mangelkamp inne J16 6 2.188p

Tofteland, Pia Flatjord (25.2.2009)

2024 300h J15 6 (5h2) 48.62, Lengde J15 8 4.66, Tresteg J15 5 10.08, 200 inne J15 5 (3f1) 27.35, 1h5 27.28, Lengde inne J15 4 4.84, 5q1 4.67, Tresteg inne J15 3 10.81, 2q2 10.61

Tomren, Ellinor Nordvik (6.8.2009)

2024 Kule J15 4 9.87, Slegge J15 6 38.06, Kule inne J15 6 8.52

Toogood, Christina Maria (23.1.1989)

2024 1500 12 4:38.88, 7h1 4:32.92, 2km terreng 9 7:06, 1x6km stafett terreng 2 19:48, 10km gateløp 19 35:50

Torbiörnsson, Wilma Anna Bekkemoen (31.5.2007)

2024 3000 inne 3 9:14.61, 1x6km stafett terreng 5 20:32, 800 U20 1 2:09.32, 1500 U20 1 4:18.74, 3h1 4:51.04, 3000 U20 1 9:26.72, 5km gateløp U20 1 16:18, 10km gateløp U20 1 33:29, 800 J17 1 (1h2) 2:10.38, 3000 J17 9:27.78, 1000 stafett J17/19 4 2:18.91, 2km terreng J17 1 6:41, 4km terreng J17 1 12:35

Torgersen, Henriette (19.10.2009)

2024 80h J15 7 13.21, 4h1 13.57, 300h J15 5 (1h1) 48.00, Høyde J15 1 1.55, 60h inne J15 (8 10.45), 4h2 10.23, Høyde inne J15 2 1.46, Tresteg inne J15 6 9.73, 3q1 9.49

Tornberg, Elise Sandvik (4.11.2009)

2024 100 J15 5 12.95, 3s2 13.04, 2h1 12.99, 200 J15 4 26.27, 3s2 26.29, 2h3 26.58, Lengde J15 1 5.35, 1000 stafett J15/16 1

2:26.84, 200 inne J15 4 (2f2) 26.96, 1h7 27.17, Lengde inne J15 3 4.92, 1q2 4.79, 4x200 stafett inne J15-17 3 (3h3) 1:48.27

Torp, Synnøve Antonsen (17.7.1999)

2024 1500 15h1 4:45.65

Torsvik, Silje (2.10.1990)

2024 5000 19 (9h1) 17:34.65, 10000 11 35:54.84, Halvmaraton 2 1:20:24, OCR Hinder DNS

Torvund, Vilde-Sofie (28.1.2006)

2024 4km terreng U20 4 13:33, 800 J18/19 3 2:16.26, 3000 J18/19 1 10:08.84

Tovik, Elena Harumi (11.10.2005)

2024 100 U20 6h4 13.24, 100 J18/19 4h1 12.94w, 200 J18/19 5h2 27.58w

Trageton, Hilde (22.2.1982)

2024 OCR Hinder DNC 1:17:25

Trangås, Eir (???.???.???)

2024 4x800 stafett U20 2 11:07.18

Tresselt, Pia Omdahl (13.7.2005)

2024 400h J18/19 5 84.16

Tråve, Anna Margrethe (13.5.1955)

2024 Motbakke 20 1:20:52

Turk, Elizabeth Pettersen (12.8.2001)

2024 400h 6h2 67.85, Kule 9 11.51, 1000 stafett 6 2:22.84

Turner, Charlotte Lindland (28.4.2007)

2024 400 inne J17 2 64.00, 60h inne J17 8 10.37, 3h1 10.40

Tveitå, Anette (9.10.2004)

2024 Kule 16 10.04, Kule inne 11 9.94, Kule U23 6 10.11, Kule inne J20-22 5 10.11

Tveitå, Emelia (3.3.2000)

2024 Diskos 5 44.73, Kule inne 4 12.64, Høyde u.t. 3 1.30, Lengde u.t. 4 2.47, Kule U23 3 13.39, Diskos U23 2 47.53, Kule inne J20-22 3 13.21

Tveitå, Unni Olavsdatter (14.2.2002)

2024 Kule 14 10.47, Diskos 10 37.80, Kule inne 6 12.00, Lengde u.t. 5 2.39, Høyde inne J18/19 1 1.41, Kule inne J20-22 4 11.41

Tyldum, Grethe (8.7.2001)

2024 1500 5 4:17.41, 3h2 4:35.62, 1500 inne 7 4:30.46, 2km terreng 3 6:40

Tønnesen, Trym (4.2.2000)

2024 3km terreng DNS

U

Ukkelberg, Ingrid Eikaas (3.10.1983)

2024 Motbakke 7 1:05:21, 10km gateløp 36 38:58

Ulla-Zahl, Sophie (6.11.2006)

2024 100 U20 8s2 13.24, 5h5 13.08, 100h U20 5h2 15.42, 100 J18/19 6 12.69w, 3h2 12.71w, 100h J18/19 5 15.03, 1000 stafett J18/19 3 2:17.69, 60 inne J18/19 6s1 8.17, 4h3 8.14, 60h inne J18/19 h2 DNF, 60h inne J20-22 DNF

Ulseth, Elise Hoel (23.12.1999)

2024 100h 8 14.36, 3h2 14.26w, Høyde 7 1.67, Lengde 6 5.79, 8q 5.66, Mangelkamp DNF

Ulstein, Aase (20.6.2008)

2024 Stav J16 1 2.81, Lengde J16 7 4.57, Stav inne J16 1 2.66, Lengde inne J16 7 4.74, 2q1 4.90, Mangelkamp inne J16 4 2.540p, Mangelkamp J16 5 3.113p

V

Vaksdal, Mari Fosse (29.4.2001)

2024 Motbakke 3 1:00:29

Valio, Ava Viktoria Sætnan (23.2.2008)

2024 4x100 stafett U20 3 52.10, 100 J16 6h1 14.06, 800 J16 13 (5h1) 2:34.36, 1000 stafett J17/19 8 2:25.63, 60 inne J16 6h1 9.02, 800 inne J16 8 (2h1) 2:32.23, 4x200 stafett inne J15-17 6

(2h2) 1:51.10, 4x100 stafett J16 DNF, 4x600 stafett J16 2 7:13.26

Vangen, Leonora Polden (28.7.2007)

2024 60 inne J17 7 h3 8.90, Lengde inne J17 8 4.06, Tresteg inne J17 9 9.18

Vaskinn, Mette-Elise Ødegård (13.1.2004)

2024 Kule 8 11-86, Diskos 7 43.10, Kule inne 5 12.04, Kule U23 4 11.87, Diskos U23 3 45.79

Vassbø, Monika (3.9.1986)

2024 10000 22 38:38.33

Vatland, Hege Linn Eie (14.11.1979)

2024 Motbakke 10 1:08:49

Vedø-Carlsen, Erika (22.6.2006)

2024 2000 gang J18/19 DQ:TR54.7.1

Veen, Laura Tietje Johanna van der (NED)

(25.1.2003)

2024 400 6 55.96, 4h1 55.49, 1000 stafett 4 2:12.07, 400 inne 5 (2h2) 55.93, 4x200 inne 1 1:40.68

Vegsund, Mari Thelle (2.10.2007)

2024 Tresteg J17 6 10.65

Veld, Hanna In't (13.4.2009)

2024 800 inne J15 15 (4h1) 2:47.79

Venholen, Aurora Brennodden (10.9.2008)

2024 Høyde U20 7 1.51, Stav U20 NM, Tresteg U20 7 10.79w, 80h J16 DNF, Høyde J16 7 1.47, Stav J16 2 2.81, Tresteg J16 5 10.61, Mangekamp inne J16 5 2.469p, Mangekamp J16 3 3.563p

Vibekken, Linn-Kristin (29.9.1981)

2024 5km gateløp 22 20:01

Vie, Andrea Nygård (4.7.2006)

2024 1500 10 4:23.92, 6h1 4:30.38, 1500 U20 2 4:22.11, 2h2 4:41.92, 3000 U20 3 9:28.85

Vik, Martine (30.9.2007)

2024 Tresteg 12 11.02w, Tresteg U20 3 11.57w, Tresteg J17 3 11.67w

Vinnstad, Anna Martine Ose (10.11.2009)

2024 Spyd J15 6 23.27, Kule inne J15 12 7.73

Volden, Hedvig Johanne Olsson (23.6.2008)

2024 100 J16 7h1 14.35, Høyde J16 =5 1.47, 60 inne J16 5h4 8.68, Høyde inne 4 1.46, Lengde inne J16 10 4.48, 5q1 4.52

Vråle, Solveig Cristina Hernandez (26.7.1999)

2024 800 6 2:10.92, 3h2 2:08.96, 800 inne 5 (5h2) 2:07.92

Vullum-Bruer, Erle (16.7.2009)

2024 800 J15 18 (7h2) 2:38.51, 2000 J15 12 7:28.34, 2km terreng J15 8 8:03

Våer, Iben Amalie Skov (15.5.2007)

2024 Slegge J17 NM

Våg, Sigrid Jervell (6.6.1992)

2024 6km terreng DNS, 10km gateløp 4 34:09

W

Wahlberg, Sigrid Bjørnsdatter (20.2.2003)

2024 800 DNF, 3h1 2:13.08

Walskrå, Helene Korsmo (17.6.2009)

2024 Lengde J15 14 4.17, Slegge J15 9 34.89, 60 inne J15 6h3 8.76, Lengde inne J15 9q2 4.13, Tresteg inne J15 6q1 9.35, Kule inne J15 7 8.37

Washington, Lillian Amponsah (26.10.2003)

2024 Høyde =8 1.64, Tresteg 3 12.30w, Tresteg U23 2 12.22w

Weslien, Selma Marie (10.2.2009)

2024 Stav U20 2 3.32, Høyde J15 3 1.51, Stav J15 1 3.01, Diskos J15 4 26.58, Stav inne J15 2 3.21

Westberg, Ingrid (25.3.2006)

2024 100 U20 7h5 13.21, 200 U20 s2 DNS, 4h3 26.32, 100

J18/19 7 12.82w, wh2 12.64w, 200 J18/19 7 26.40, 2h2 26.39w, 200 inne J18/19 1h9 26.06

Westerlund, Ada Medea (30.4.2002)

2024 100h 5h2 14.34w, 400h 5h1 61.87, Mangekamp 3 4.118p, 100h U23 1 14.15w, 400h U23 1 62.54

Westgaard, Amalie Heisel (4.4.2007)

2024 800 J17 13 (6h1) 2:30.45

Wetterhus, Mari (17.1.1998)

2024 Terrengultra 3 11:03

White, Elena Marija (26.7.2009)

2024 Høyde inne J15 =5 1.41, Lengde inne J15 1 5.03, 1q1 4.95, Tresteg inne J15 4 10.62, 2q1 10.36, 4x200 stafett inne J15-17 3 (3h3) 1:48.27, Mangekamp inne J15 1 2.903p

Wiborg, Mille Augusta (9.8.2009)

2024 100 J15 2 12.52, 1s1 12.62, 1h2 12.64, 200 J15 3 26.17, 2s1 26.23, 2h4 26.60, 60 inne J15 1 7.98

Wiig, Amalie Hansesæter (10.5.2008)

2024 Slegge J16 NM

Wiig, Caroline Marie (30.9.2008)

2024 800 inne J16 11 (4h1) 2:37.21, 1500 inne J16 6 5:38.16

Wilker, Anja (GER) (9.10.2004)

2024 Kule 13 10.54, Lengde U23 2 4.97w, Kule U23 5 11.03

Wilker, Lisa (12.6.2003)

2024 Lengde 5 5.83, 6q 5.70, Mangekamp 1 5.189p

Willis, Patma Helene Kathiresu (9.5.2006)

2024 Lengde J18/19 7 4.64, Tresteg J18/19 4 10.03

Wolden, Sanna (6.5.2006)

2024 Lengde J18/19 8 4.64w

Wærdahl, Karen Christine (5.10.1987)

2024 Terrengultra 24 19:36

Wågan, Maria Sagnes (22.5.1992)

2024 Halvmaraton DNF, 6km terreng 9 26:23

Y

Ytrehus, Ingunn Agnete (9.10.1950)

2024 Motbakke 31 1:45:49, 5km gateløp 30 25:49

Z

Zetterstrøm, Silje (7.2.1979)

2024 Terrengultra 15 14:15

Zogaj, Melisa (2.10.2009)

2024 Spyd J15 5 27.19

Ø

Ødegård, Amalie (19.12.2009)

2024 Slegge J15 7 36.75

Ødegård, Anette Killerud (17.10.1991)

2024 10km gateløp 21 36:00

Øiestad, Hanna Fiva (6.7.2008)

2024 Høyde U20 6 1.56, 1000 stafett U23 2 2:22.00, 200 J16 7h2 28.27, Høyde J16 4 1.51, Lengde J16 8 4.56, 1000 stafett J15/16 1 2:26.84, Høyde inne 3 1.51, 4x200 stafett inne J15-17 9 (2h1) 1:53.85

Øina, Embla Adele Østreim (13.8.2009)

2024 Tresteg J15 1 11.69, Høyde inne J15 1 1.51, Stav inne J15 =7 2.41, Lengde inne J15 2 4.99, 2q2 4.75, Tresteg inne J15 1 11.28, 1q1 10.78

Økland-Lihaug, Leni (20.8.1985)

2024 Maraton 5 3:11.02, Motbakke 6 1:04:49, 10km gateløp 35 38:52

Ørstavik, Helene Guldseth (24.2.2009)

2024 800 J15 6 (1h2) 2:24.82, 2000 J15 4 6:55.37, 1000 stafett J15/16 6 2:43.50

Østerås, Maren (1.11.2009)

2024 800 J15 7 (6h3) 2:25.25

Østgård, Ingeborg (5.10.2003)

2024 800 4h1 2:13.27, 1500 1 4:16.00, 4h2 4:35.78, 1500 inne 1 4:18.08, 800 U23 1 2:06.72, 1500 U23 2 4:12.57

Øverland, Ida-Louise (8.9.2003)

2024 100 para 1 13.00, 60 inne para DNF, Lengde inne para 1 DNS, Kule inne para 2 6.67, 100 U23 5h1 13.31, 200 U23 4h1 27.29

Å

Ådland, Marianne Nesbø (5.8.1969)

2024 Motbakke 18 1:20:22

Aakre, Marlen Elisabeth Johansson (17.9.1993)

2024 200 6 24.85, 2s2 25.13, 3h1 25.21w, 400h 3 58.53, 2h2 59.29, 400 inne 7 (2h1) 56.42, 60h inne 5 8.73, 2h2 8.72

Aalberg, Leah Sewali (20.1.2008)

2024 200 J16 5 27.26, 5h1 27.17, Lengde J16 11 4.31, 2km terreng J16 DNS

Aalgaard, Randi (9.8.1990)

2024 Terrengultra 9 13:08

Ånonli, Emilia Bjørkmo (27.3.2009)

2024 800 J15 25 (8h2) 2:44.98

Aarebrot, Anniken Alise (18.8.2002)

2024 800 5h1 2:13.54, 800 inne 4 (4h2) 2:07.89, 800 U23 3 2:12.50

Aarseth, Sara (15.3.1996)

2024 5000 23 (13h1) 17:59.47

Aarø, Mathea Moen (17.3.2008)

2024 Slegge J16 6 39.44

Aase, Kirsti Heimdal (???.???.???)

2024 Motbakke 27 1:31:54

Aass, Cathrine (12.5.1987)

2024 Terrengultra 8 12:47

Aasmo, Vilde Humstad (10.10.1998)

2024 100 2 11.51, 1s2 11.80, 1h4 11.77, 200 4 24.53, 2s3 24.74, 1h3 24.92w, 1000 stafett 1 2:06.94, 60 inne 2 7.52, 1h1 7.71, 200 inne 3 24.70, 1h3 24.42

Aasvang, Marte (13.11.1994)

2024 100 para T71 40.60, 400 para T71 1 3:21.90, 60 inne para 5 25.59