**Sweatshop Southern Athletics League: Division 1 - Round 4**

**Melbourne Park Athletics Centre**

**Chelmsford - 4 July 2015**

|  |  |  |  |  |  |
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|  |  | **Women's B 800m** |  |  |  |
|  | 1 | Khai Mhlanga | U17 | Chelmsford | 2:12.8 |
|  | 2 | Hannah Czarnowski | U20 | Tonbridge AC | 2:25.0 |
|  | **3** | **Siri Froystad** | **SW** | **Southampton** | **2:54.4** |

|  |  |  |  |  |  |  |
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|  |  |  | **Women's B 1500m** |  |  |  |
|  |  | 1 | Wendy King | W40 | Chelmsford | 5:15.8 |
|  |  | 2 | Hannah Czarnowski | U20 | Tonbridge AC | 5:20.0 |
|  |  | **3** | **Siri Froystad** | **SW** | **Southampton** | **6:04.7** |