

Trafford AC Medal Meeting**Monday****2014-08-25****800M Heat 1**

1	241	Zac Howe	M	U23	Blackburn Harriers	01:56.85
2	256	Andrew Keat	M	U20	Sale Harriers Manchester	01:57.11
3	209	James Habergham	M	U20	Halifax Harriers	01:57.79
4	259	Ryan Page	M	U20	Cleethorpes 7 District	01:58.05
5	197	Jack Donnelly	M	U20	Trafford AC	02:00.13
6	190	James Anthoney	M	U20	Spenborough AC	02:00.88
7	205	James O'brien	M	U17	Cannock of Stafford	02:06.15

800M Heat 2

1	227	Ryan Dransfield	M	U23	Spenborough AC	01:58.06
2	253	Matthew Metcalf	M	U20	Sale Harriers Manchester	01:58.50
3	143	Jenny Meadows	F	SNR	Wigan Harriers	01:59.34
4	211	Isaac Scott	M	U20	Lancaster & Morecombe	02:01.10
5	199	Alan White	M	SNR	Sale Harriers Manchester	02:01.24
6	202	Peter Cameron	M	U23	Edinburgh AC	02:01.57
7	261	George Haynes	M	U23	Sale Harriers Manchester	02:02.88

800M Heat 3

1	181	Andy Lewis	M	V35	South Cheshire Harriers	02:01.82
2	264	Jason Morgan	M	SNR	City of Sheffield	02:03.37
3	153	Oskor Fraser-krauss	M	U17	City of York	02:03.39
4	275	Owen Lee	M	U17	Warrington AC	02:05.31
5	233	Emerson James	M	U17	Halifax Harriers	02:06.13
6	193	Arun Dight	M	U15	Vale Royal	02:07.79
7	215	Adjete Eugene	M	U20	Freezone (Italy)	02:07.89
8	232	Cameron Cass	M	U17	City of Sheffield	02:11.10

800M Heat 4

1	257	Morgan Phillips	M	U20	Blackburn	02:03.74
2	210	Connor Ryan	M	U20	Rotherham Harriers	02:05.94
3	245	Dillon Battick	M	U17	Sale Harriers Manchester	02:06.96
4	246	Adam Woosey	M	U17	St Helens Sutton	02:07.38
5	228	Dan Harris	M	SNR	Stoke AC	02:07.88
6	168	Michael Barfield	M	U23	Doncaster AC	02:08.24
7	154	Rachael Franklin	F	SNR	Manx Harriers	02:09.56

800M Heat 5

1	179	Matt Rowlinson	M	U17	Vale Royal	02:06.45
2	269	Joe Parry	M	U17	Colwyn Bay	02:06.91
3	242	Ian Costello	M	SNR	St Helens Sutton	02:08.58
4	247	Jonathan Causer	M	U17	St Helens Sutton	02:10.19
5	250	Shaquille Bramble	M	U17	Lincoln Wellington AC	02:10.45
6	235	Dean Miller	M	SNR	Barrow & Furness Striders	02:11.69
7	150	Cari Hughes	F	U17	Menai	02:12.53
8	183	Tony Wardle	M	V45	South Cheshire Harriers	02:20.76

800M Heat 6

1	258	Mike Coogan	M	V40	East Cheshire Harriers	02:13.31
2	225	Rachael Scott	F	U20	Preston Harriers	02:14.18
3	177	Shelley Brace	F	SNR	City of Stoke	02:14.77
4	243	Josie Cram	F	SNR	Morpeth Harriers	02:17.27
5	267	Callum Poole	M	U20	Deeside	02:17.63
6	204	Aimee Pratt	F	U17	Sale Harriers Manchester	02:18.51
7	203	Imani Modahl	F	U20	Sale Harriers Manchester	02:22.50
8	231	Laurence Young	M	U17	City of Sheffield	02:24.01

800M Heat 7

1	206	Grant Stenhouse	M	SNR	Jersey Sparton	02:17.07
2	254	Reuben Woodford	M	V45	Unattached	02:17.35
3	265	Glenn Hardy	M	V45	City of Sheffield	02:20.60
4	262	Holly Johnstone	F	U17	Preston Harriers	02:22.15
5	189	Jessica Rogers	F	U17	BWFAC	02:25.98
6	207	Jacob McGuire	M	U17	Wigan Harriers	02:27.17
7	196	Bethaney Donnelly	F	U17	Trafford AC	02:27.24
8	255	Bethany Hirst	F	SNR	East Cheshire Harriers	02:34.86

800M Heat 8

1	167	Ben Elliott	M	U20	Doncaster AC	02:19.50
2	238	Richard Wallace	M	V50	Notts AC	02:20.98
3	263	Beth Blackwell	F	U17	Preston Harriers	02:22.02
4	219	Clare Constable	F	V40	Liverpool Pembroke	02:22.32
5	226	Jessica Mcdermott	F	U20	Preston Harriers	02:22.77
6	187	Cara Gibbons	F	U17	Vale Royal AC	02:23.61

800M Heat 9

1	278	James Pratt	M	SNR	Stockport Harriers	02:28.25
2	223	Alice Bruce	F	U17	Sale Harriers Manchester	02:31.26
3	224	Chatlotte Hignett	F	U17	Wirral AC	02:35.05
4	276	Hannah Christy	F	U20	Sale Harriers Manchester	02:41.88

800M BMC Heat 1

1	9	Chris Watson	M	U23	Victoria Park City of Glasgow	01:49.76
2	7	Grant Muir	M	U23	Giffnock North	01:49.97
3	8	Jack Walker	M	U23	Giffnock North	01:50.88
4	2	Michael Dyer	M	SEN	North Down	01:51.07
5	3	Warren Frey	M	SEN	Unattached	01:51.22
6	1	David Banwell-Clode	M	U23	Cwmbran	01:51.27
7	4	Paul Goodall	M	SEN	City of Norwich	01:51.44
8	5	Jack Hallas	M	SEN	Wakefield	01:52.43
9	6	Stephen Mackay	M	U23	Inverness	01:52.81

800M BMC Heat 2

1	10	Jordan Bransberg	M	U20	Skyrac	01:52.55
2	12	Rhian Hastey	M	SEN	Rotherham	01:53.45
3	14	Jake Littlehales	M	SEN	Stockport	01:53.48
4	11	Edward Dudgeon	M	U23	Edinburgh AC	01:53.67
5	13	Jonothan Kay	M	U20	Bolton	01:53.72

6	16	Josh Oguntayo	M	U23	Sale Harriers Manchester	01:53.77
7	42	Nick Hooker	M	SNR	Leeds City	01:54.34
8	15	James Miller	M	SEN	Cheltenham	01:59.97

800M BMC Heat 3

1	25	James Roberts	M	U23	Wrexham	01:53.17
2	21	Max Lancaster	M	U20	Giffnock North	01:53.47
3	23	Euan Martin	M	U23	Falkirk	01:54.08
4	26	Joshua Schofield	M	U17	City of York	01:55.81
5	19	Jonathon Beharrell	M	U17	Kingston upon Hull	01:55.88
6	20	Tom Harding	M	U20	Colwyn Bay	01:56.39
7	22	Scott MacAulay	M	U23	Glasgow City	01:57.20

1500M U15 Heat 1

1	101	Tim Hartley	M	U15	Wigan	04:24.68
2	109	Louis Barrow	M	U15	Preston	04:24.89
3	104	Mikey Kingston	M	U15	Trafford AC	04:25.75
4	102	Jack Stubbings	M	U15	Warrington	04:29.66
5	111	Colin Daly	M	U15	Trafford AC	04:31.06
6	105	Nathan Dunn	M	U15	Preston	04:31.30
7	106	David Byrne	M	U15	City of Sheffield AC	04:31.99
8	110	Kai Atkins	M	U15	Pendal AC	04:34.17
9	193	Arun Dight	M	U15	Vale Royal	04:35.37
10	114	Dan Fox	M	U15	Warrington	04:37.97
11	115	Harry Dexter	M	U15	Vale Royal	04:40.60
12	112	Jack Dee-Ingham	M	U15	Wigan	04:40.70
13	113	Nishan Singh	M	U15	Doncaster	04:52.31

1500M U15 Heat 2

1	118	Raffi Quirke	M	U15	Trafford AC	04:47.25
2	122	Olivia Green	F	U15	Sale Harriers Manchester	04:52.88
3	117	Jack Wilkinson	M	U15	Trafford AC	04:57.85
4	121	John Humphries	M	U15	Vale Royal	04:58.56
5	133	Connor Fazakerley	M	U15	Manchester Harriers	04:59.14
6	126	Saskia Huxham	F	U15	Hallamshire Harriers	05:04.23
7	124	Ethan Ackroyd	M	U15	Deeside	05:04.87
8	120	Amelia Lancaster	F	U15	City of Sheffield AC	05:05.74
9	125	Caitlin Dimmick	F	U15	Vale Royal	05:05.75
10	123	Georgina Denham	F	U15	Vale Royal	05:06.39
11	127	Martha Owen	F	U15	Deeside	05:09.15
12	130	Corinna Howorth	F	U15	Rossendale	05:18.12
13	129	Phoebe Small	F	U15	Rossendale	05:27.59

1500M Heat 1

1	244	Emile Cairess	M	U17	Bingley Harriers	04:05.09
2	288	Louis Wrigley	M	U23	City of Stoke	04:05.34
3	283	Tom Griffiths	M	SNR	St Helens Sutton	04:06.11
4	194	Joshua Woodcock-shaw	M	U23	Spenborough AC	04:06.29
5	279	Martin Reid	M	SNR	Bolton Harriers	04:07.16
6	282	Paul Blezard	M	U17	Preston Harriers	04:08.35

7	140 James Marchant	M	U17	Pendle AC	04:08.50
8	252 Alison Leonard	F	SNR	Blackburn Harriers	04:09.73
9	268 Oliver Newton	M	U20	KUHAC/ Loughborough students	04:10.34
10	284 Jamie White	M	U23	St Helens Sutton	04:16.02
11	236 Christopher Fullerton	M	SNR	Tipton	04:17.72
12	290 Ryan Ganose	M	U23	Altrincham & District	04:18.39
13	272 Scott Wilson	M	U17	Border	04:24.81

1500M Heat 2

1	222 Lavell Pierre	M	U17	Holmfirth Harriers	04:12.12
2	213 Matthew Dutton	M	U20	Pendle AC	04:12.58
3	237 Matthew Barnes	M	U17	Pendle AC	04:16.26
4	273 Iain Townsend	M	SNR	North Uist AAC	04:16.91
5	240 Luke Thompson	M	U17	Pendle AC	04:17.88
6	271 Kathryn Gillespie	F	U20	Central AC	04:18.34
7	214 Joshua Ingham	M	U20	Pendle AC	04:19.40
8	294 Daniel Ansell	M	SNR	Trafford AC	04:19.43
9	277 Claire Tarplee	F	SNR	Solihull & Small Heath	04:19.54
10	260 Robert Hawse	M	Mast	Mablethorpe RC	04:20.09
11	286 Ellis Garamszegi	M	U17	Wolverhampton & Bilston	04:21.35
12	281 Dillon Cooper	M	U17	East Cheshire & Tameside	04:22.73
13	186 Paul Davis	M	U20	Spenborough AC	04:23.94
14	230 Bobbi Phillips	F	SNR	City of York	04:35.29

1500M Heat 3

1	212 Alex Robinson	M	U17	Holmfirth	04:38.22
2	280 Jodie Spencer	F	SNR	Vale Royal	04:41.34
3	251 Thomas Harper	M	U20	Lincoln Wellington AC	04:41.72
4	248 Sophie Cowper	F	SNR	Lincoln Wellington AC	04:47.04
5	287 Zara Knappy	F	U20	Keighley & Craven	04:48.94
6	296 Vicki Cronin	F	SNR	Trafford AC	04:49.76
7	229 Chrsitiana Palin	F	U20	City of York	04:50.96
8	292 Sophie Hill	F	U17	Moston & District Harriers	04:51.08
9	173 Lucy Byram	F	U17	Holmfirth Harriers	04:55.38
10	195 Cloe Hubbard	F	U20	Newark AC	04:57.15
11	174 Erica Byram	F	U17	Holmfirth Harriers	04:57.16
12	285 Heather Nuttall	F	U20	Wirral AC	05:03.28
13	163 Megan Loombe	F	U17	Hallamshire Harriers	05:44.33

1500M BMC Heat 1

1	40 Andy Wiles	M	SEN	New Marske	03:49.65
2	36 Michael Salter	M	SEN	Leeds City	03:52.04
3	39 Matthew White	M	SEN	Dundee Hawkhill	03:55.51
4	29 Mike Cummings	M	SEN	Herne Hill	03:56.76
5	41 Philip Wilson	M	SEN	Tipton	03:59.52
6	38 Andrew Warburton	M	SEN	Notts	04:00.91
7	31 Kris Lecher	M	SEN	City of Hull	04:02.43
8	266 Howard Wood	M	SNR	City of Sheffield	04:04.26
9	33 William Mycroft	M	SEN	Enfield & Haringey	04:12.52

3000M Heat 1

1	186 Paul Davis	M	U20	Spenborough AC	08:34.83
2	149 Iolo Hughes	M	U20	Menai Track & Field	08:36.91
3	185 Lee Slater	M	SNR	DASH	08:38.94
4	152 Russell Mountford	M	U23	Kilbarchen AAC	08:40.68
5	192 Steven Bayton	M	SNR	Hercules Wimbledon/Calder Valley	08:42.88
6	176 Gavin Hill	M	SNR	Sale Harriers Manchester	08:45.71
7	157 Richard Smith	M	SNR	Holmfirth Smith	08:47.85
8	184 Martin Williams	M	SNR	Wolves & Bilston	08:48.78
9	151 Robbie Brown	M	U17	City of York	08:52.67
10	172 Lewis Byrom	M	U17	Holmsfirth	08:58.62
11	171 James Wignall	M	SNR	Sale Harriers Manchester	08:59.63
12	155 Alan Corlett	M	SNR	Manx Harriers	09:04.77
13	162 Jessica Coulson	F	SNR	Stockport Harriers	09:13.44
14	158 Elliot Smales	M	U23	Rotherham Harriers	09:18.20
15	200 Finley Thompson	M	U20	Lincoln Wellington AC	09:23.70
16	188 Cai Linton	M	U17	Menai T&F	09:31.40
17	147 Adam Spilsbury	M	U17	Sale Harriers Manchester	09:31.70
18	148 Jake Spilsbury	M	U17	Sale Harriers Manchester	09:42.41

3000M Heat 2

1	208 Michael Berks	M	SNR	Altrincham & District	09:28.97
2	169 Ed Fazakerley	M	V45	Manchester Harriers	09:31.16
3	221 Steve Hallas	M	SNR	Preston Harriers	09:35.74
4	182 Russell Ingham	M	SNR	Royton Road Runners	09:40.48
5	220 Paul Fotherby	M	SNR	Valley Striders	09:41.59
6	178 David Hudson	M	SNR	Salford harriers	09:46.67
7	159 Simon Parker	M	U23	SCARAB	09:47.39
8	175 Mark Mahoney	M	U17	Settle Harriers	09:58.44
9	201 Tessa McCormack	F	U20	Vale Royal AC	09:58.90
10	161 Heather Sellars	F	SNR	Abbey Runners	10:04.72
11	166 George Phillips	M	U17	Doncaster AC	10:06.54
12	216 David Watson	M	V45	Preston Harriers	10:08.37
13	164 Louise Rudd	F	V35	Stockport Harriers	10:08.65
14	160 Hannah Drewett	F	U23	City of Salisbury	10:09.16
15	183 Tony Wardle	M	V45	South Cheshire Harriers	10:14.09
16	195 Cloe Hubbard	F	U20	Newark AC	10:24.19
17	198 Lily Davis	F	U17	Deeside	10:59.88

Shot

1	293 Michael Martin	M	SNR	Trafford AC	12.82
1	141 Francis Mulvaney	M	U20	Liverpool Harriers	12.66
2	239 Jack Wallis	M	U20	City of Sheffield	12.16
1	138 Nathan Thomason	M	U17	Colwyn Bay	7.91
1	274 Freya Doones	F	U17	Wigan	10.96
2	165 Emily Barker	F	U17	Doncaster AC	7.91

Hammer

1	142	Michael Bomba	M	SNR	Liverpool Harriers	69.10
2	191	Sergii Sairaiev	M	SNR	Trafford AC	48.17
3	156	Shaun Perry	M	V45	Rotherham Harriers	18.33
1	141	Francis Mulvaney	M	U20	Liverpool Harriers	48.80
2	137	Shaun Livett	M	U20	Menai Track & Field	46.31
1	138	Nathan Thomason	M	U17	Colwyn Bay	57.66
1	146	Chiara Collins	F	SNR	Sale Harriers Manchester	48.47
2	145	Leah Hillman	F	U17	Pendle AC	43.56
3	170	Georgina Page	F	U17	Worksop	32.65
1	136	Caitlin Price	F	U17	Liverpool Harriers	48.61

Discus

1	239	Jack Wallis	M	U20	City of Sheffield	47.30
2	138	Nathan Thomason	M	U17	Colwyn Bay	45.65
3	191	Sergii Sairaiev	M	SNR	Trafford AC	39.52
4	142	Michael Bomba	M	SNR	Liverpool Harriers	38.59
5	139	Alhis Kulikovs	M	SNR	Liverpool Throws Squad	37.47
6	249	Jeff Clare	M	SNR	Wigan	35.23
7	217	Louis Greenwood	M	U17	Vale Royal	31.76
8	156	Shaun Perry	M	V45	Rotherham Harriers	20.67
1	141	Francis Mulvaney	M	U20	Liverpool Harriers	36.64
1	145	Leah Hillman	F	U17	Pendle AC	32.31
2	274	Freya Doones	F	U17	Wigan	30.77
3	170	Georgina Page	F	U17	Worksop	20.92

Javelin

1	295	Peter Rice	M	U23	Altrincham & District	33.47
2	156	Shaun Perry	M	V45	Rotherham Harriers	26.96
3	291	Anthony Everett	M	SNR	Trafford AC	24.10
1	217	Louis Greenwood	M	U17	Vale Royal	51.67
2	289	Joe Fisher	M	U17	Altrincham & District	31.17
1	145	Leah Hillman	F	U17	Pendle AC	39.26
2	218	Helen Owen	F	U17	Vale Royal	25.76