

Norge / Norway: 2013 - Innendørs / Indoor**Kvinner / Women 35-39 år / years**

pr. 30.06.2013 (oppdatert / updated 03.01.2014)

g - Grop / Pit (for hopp u.t. / Standing Jump Events)

u - Utendørs / Outdoor (for hopp u.t. / Standing Jump Events)

60m (K35-39)

8.89	(7)KS	Lene Brennodden, FIK Ren-Eng	(78)	Stange	15.12.2012
------	-------	------------------------------	------	--------	------------

200m (K35-39)

29.38	(1)KS	Lene Brennodden, FIK Ren-Eng	(78)	Stange	27.10.2012
-------	-------	------------------------------	------	--------	------------

1500m (K35-39)

4:35.83	(4)KS	Lisbet Pedersen, IK Tjalve	(75)	Malmö, SWE	26.01.2013
---------	-------	----------------------------	------	------------	------------

3000m (K35-39)

11:13.2	(1)	Hilde Borkmo, Namdal LK	(75)	Trondheim/Ra	11.02.2013
---------	-----	-------------------------	------	--------------	------------

14:12.6	(3)	Anne Grete Myhre, Sjetne IL	(75)	Trondheim/Ra	14.01.2013
---------	-----	-----------------------------	------	--------------	------------

Utenfor NFIF / Club outside NAA:

11:51.0	(1)	Randi W. Bartnes, Skanska	(78)	Trondheim/Ra	14.01.2013
---------	-----	---------------------------	------	--------------	------------

12:49.1	(2)	Randi Nermo Leer, Prima AS	(74)	Trondheim/Ra	14.01.2013
---------	-----	----------------------------	------	--------------	------------

Høyde / High Jump (K35-39)

1.30	(1)KS	Kristine Osland, Bjerkreim IL	(75)	Sandnes	16.01.2013
------	-------	-------------------------------	------	---------	------------

Høyde u.t. / Standing High Jump (K35-39)

1.19	(1)	Cecilie Bjørnemo Hetland, Egersunds IK	(77)	Egersund	21.02.2013
------	-----	--	------	----------	------------

1.12	(1)	Elin Hjartåker, IL Fenring	(78)	Ravnanger	13.02.2013
------	-----	----------------------------	------	-----------	------------

1.05	(1)	Tine Birkeland, Laksevåg T&IL	(77)	Laksevåg	26.01.2013
------	-----	-------------------------------	------	----------	------------

1.00	(1)	Kristin Davanger, Os TF	(75)	Os	19.03.2013
------	-----	-------------------------	------	----	------------

Lengde u.t. / Standing Long Jump (K35-39)

2.33	(1)	Cecilie Bjørnemo Hetland, Egersunds IK	(77)	Egersund	10.01.2013
------	-----	--	------	----------	------------

2.23	(1)	Kristin Davanger, Os TF	(75)	Os	19.03.2013
------	-----	-------------------------	------	----	------------

2.22	(1)	Ann-Irene Lerfald, Hegra IL	(74)	Hegra	14.02.2013
------	-----	-----------------------------	------	-------	------------

2.12	(1)	Tine Birkeland, Laksevåg T&IL	(77)	Laksevåg	26.01.2013
------	-----	-------------------------------	------	----------	------------

2.10	(1)	Elin Hjartåker, IL Fenring	(78)	Ravnanger	13.02.2013
------	-----	----------------------------	------	-----------	------------

2.06	(1)	Sigrd Flatland, IL Harding	(74)	Kinsarvik	20.02.2013
------	-----	----------------------------	------	-----------	------------

1.96	(1)	Ulrika Sewerin, Spjelkavik og Omegn FIK	(74)	Sykkylven	02.02.2013
------	-----	---	------	-----------	------------

Utenfor NFIF / Club outside NAA:

1.92	(1)	Lise Kolstad, Posten Logistikk	(77)	Oslo/Bi	31.08.2012
------	-----	--------------------------------	------	---------	------------

1.86	(2)	Heidi Aldal, Pakkepost BIL	(74)	Oslo/Bi	31.08.2012
------	-----	----------------------------	------	---------	------------

Tresteg u.t. / Standing Triple Jump (K35-39)

6.83	(1)	Kristin Davanger, Os TF	(75)	Os	19.03.2013
------	-----	-------------------------	------	----	------------