[Loughborough European Athletics Permit](http://loughboroughsport.com/blog/2015/07/18/beijing-standards-for-brits-at-loughborough-european-athletics-permit/) Meeting

HiPAC (High Performance Athletics Centre

Loughborough, GBR 18.7

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **WOMENS 400m** | | | | | | | | | | | |
| POSN | | | BIB | | | **Race 1** | | | Perf | | |
| 1 | 197 | | | COX | | Shana | | Woodford Green & Essex Ladies | | | 53.29 |
| 2 | 99 | | | IHEKE | | Mary | | Kingston & Polytechnic Harriers | | | 53.66 |
| 3 | 55 | | | MUIR | | Carline | | CANADA | | | 53.69 |
| **4** | **149** | | | **NORUM** | | **Tara Marie** | | **NORWAY** | | | **54.03** |
| 5 | 108 | | | KELLY | | Ashley | | BRITISH VIRGIN ISLANDS | | | 54.16 |
| 6 | 189 | | | LAVENDER | | Jordan | | USA | | | 54.62 |
| 7 | 107 | | | EDWARDS | | Samantha | | Antigua | | | 55.20 |
| DNS | | 90 | | | MASSEY | | Kelly | | | Sale Harriers Manchester | |
| POSN | | | | | | | | | | | |

200

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| POSN | | BIB | | **Race 2** | | Wind = +1.2 m/s | | Perf | |
| 1 | 19 | | ALLCOCK | | Amy | | LSAC | | 23.81 |
| 2 | 122 | | GUENON | | Adeline | | LSAC | | 24.13 |
| **3** | **149** | | **NORUM** | | **Tara Marie** | | **NORWAY** | | **24.30** |
| 4 | 188 | | PIPI | | Ama | | Enfield & Haringey AC | | 24.37 |
| 5 | 142 | | DELL | | Monqiue | | NEW ZEALAND | | 24.43 |
| 6 | 29 | | HENDERSON | | Selina | | Falkirk Harriers | | 25.13 |
| DNS | | 196 | | DOUGLAS | | Montell | | Blackheath & Bromley AC | |