**[Piedmont Triad 4A Conference Championships](http://nc.milesplit.com/meets/168314-piedmont-triad-4a-conference-championships)**

[**High Point Central Track**](http://nc.milesplit.com/venues/13115)**, High Point, NC 29.4**

| **F 1,600 Meter Run - Finals** | | | | |  | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Place** | **Overall** | **Athlete** | **Class** | **Team** | **Result** | **Heat** |  |
| 1 | 1 | [Platek, Sara](http://nc.milesplit.com/athletes/3626425) | 9 | Ragsdale | 5:13.50 | 1 |  |
| **2** | **2** | [**Moerk, Hannah**](http://nc.milesplit.com/athletes/1601946) | **12** | **East Forsyth** | **5:16.03** | **1** |  |
| 3 | 3 | [Davis, Carmen](http://nc.milesplit.com/athletes/2526156) | 11 | Southwest Guilford | 5:33.68 | 1 |  |
| 4 | 4 | [Bomkamp, Sarah](http://nc.milesplit.com/athletes/1904667) | 12 | Northwest Guilford | 5:35.42 | 1 |  |
| 5 | 5 | [Kepley, Mason](http://nc.milesplit.com/athletes/2000318) | 11 | High Point Central | 5:41.92 | 1 |  |
| 6 | 6 | [Apple, Alex](http://nc.milesplit.com/athletes/3173599) | 10 | Ragsdale | 5:49.45 | 1 |  |
| 7 | 7 | [Cupello, Christina](http://nc.milesplit.com/athletes/1601947) | 12 | East Forsyth | 6:16.41 | 1 |  |
| 8 | 8 | [Griffin, Maddie](http://nc.milesplit.com/athletes/2843828) | 9 | East Forsyth | 6:39.93 | 1 |  |
| 9 | 9 | [Lahr, Lexi](http://nc.milesplit.com/athletes/3296058) | 10 | Northwest Guilford | 6:50.86 | 1 |  |
| 10 | 10 | [Khadka, Simran](http://nc.milesplit.com/athletes/2526166) | 12 | Southwest Guilford | 7:19.98 | 1 |  |

| F 3,200 Meter Run - Finals | | | | |  | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Place | Overall | Athlete | Class | Team | Result | Heat |  |
| 1 | 1 | [Platek, Sara](http://nc.milesplit.com/athletes/3626425) | 9 | Ragsdale | 11:46.90 | 1 |  |
| **2** | **2** | [**Moerk, Hannah**](http://nc.milesplit.com/athletes/1601946) | **12** | **East Forsyth** | **12:01.30** | **1** |  |
| 3 | 3 | [Davis, Carmen](http://nc.milesplit.com/athletes/2526156) | 11 | Southwest Guilford | 12:20.06 | 1 |  |
| 4 | 4 | [Apple, Alex](http://nc.milesplit.com/athletes/3173599) | 10 | Ragsdale | 12:40.03 | 1 |  |
| 5 | 5 | [Cupello, Christina](http://nc.milesplit.com/athletes/1601947) | 12 | East Forsyth | 13:59.26 | 1 |  |
| 6 | 6 | [Cupello, Daniella](http://nc.milesplit.com/athletes/1601948) | 12 | East Forsyth | 14:56.83 | 1 |  |

| **F 800 Meter Run - Finals** | | | | |  | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Place** | **Overall** | **Athlete** | **Class** | **Team** | **Result** | **Heat** |  |
| 1 | 1 | [Kepley, Mason](http://nc.milesplit.com/athletes/2000318) | 11 | High Point Central | 2:22.77 | 1 |  |
| 2 | 2 | [Platek, Sara](http://nc.milesplit.com/athletes/3626425) | 9 | Ragsdale | 2:24.22 | 1 |  |
| **3** | **3** | [**Moerk, Hannah**](http://nc.milesplit.com/athletes/1601946) | **12** | **East Forsyth** | **2:28.65** | **1** |  |
| 4 | 4 | [Bomkamp, Sarah](http://nc.milesplit.com/athletes/1904667) | 12 | Northwest Guilford | 2:33.76 | 1 |  |
| 5 | 5 | [Neale, Rebecca](http://nc.milesplit.com/athletes/3877360) | 9 | Ragsdale | 2:42.27 | 1 |  |
| 6 | 6 | [Sudan, Fatma](http://nc.milesplit.com/athletes/3121491) | 12 | High Point Central | 2:46.21 | 1 |  |
| 7 | 7 | [Vienneau, Ila](http://nc.milesplit.com/athletes/2106411) | 9 | East Forsyth | 2:46.76 | 1 |  |
| 8 | 8 | [Scott, Kiana](http://nc.milesplit.com/athletes/2565264) | 11 | High Point Central | 2:53.98 | 1 |  |
| 9 | 9 | [Griffin, Maddie](http://nc.milesplit.com/athletes/2843828) | 9 | East Forsyth | 2:59.14 | 1 |  |
| 10 | 10 | [Johnson, Mikala](http://nc.milesplit.com/athletes/1904668) | 12 | Northwest Guilford | 2:59.18 | 1 |  |