# Distriktsmatchen, BIP 11.01.2020

| | G/P 17 | G/P 15 | G/P 13 | J/F 17 | J/F 15 | J/F 13 | Sprint/hekk | Rundbane | Lengde A 50min | Lengde B 50min | Høyde A 90min | Høyde B 90min | Stav 150min | Kule 50min |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 11 55 | | | | | | | | | | | | | | |
| 12 00 | 60m hk (0,91/9,14) | Høyde A | Lengde B | Høyde B/Stav/Kule | Stav | Stav | G17 h (0,91/9,14) | | | G13 | G15 | J17 | J17 J15 J13 | J17 |
| 15 | | 60m hk (0,84/8,5) | | | | | G15 h (0,84/8,5) | | | | | | | |
| 30 | | | | 60m hk (0,76/8,5) | | | J17 h (0,76/8,5) | | | | | | | |
| 45 | | | | | 60m hk (0,76/8) | | J15 h (0,76/8) | | | | | | | |
| 13 00 | Kule/Lengde A | | | | | 60m hk (0.76/7,5) | J13 h (0,76/7,5) | | G17 | | | | | G17 |
| 15 | | | 60m hk (0.76/7,5) | | | | G13 h (0.76/7,5) | | | | | | | |
| 30 | | | | | | 60m | J13 | | | | | | | |
| 40 | | | 60m | | | | G13 | | | | | | | |
| 50 | | | | | 60m | | J15 | | | | | | | |
| 14 00 | Høyde A | 60m/Lengde B | Kule | | Høyde B | | G15 | | | G15 | G17 | J15 | | G13 |
| 10 | | | | 60m | | | J17 | | | | | | | |
| 20 | 60m | | | | | | G17 | | | | | | | |
| 30 | | | | | | | | | | | | | | |
| 15 00 | 200m/stav | Stav/Kule | Stav | | | Lengde A | | 200 G17 | J13 | | | | | G15 |
| 15 | | | | 200m | | | | 200 J17 | | | | | | |
| 30 | | 200m | | | | | | 200 G15 | | | | | | |
| 45 | | | | | 200m | | | 200 J15 | | | | | | |
| 16 00 | | | 200m/Høyde A | Lengde B | Kule | Høyde B | | 200 G13 | | J17 | G13 | J13 | | J15 |
| 15 | | | | | | 200m | | 200 J13 | | | | | | |
| 17 00 | | | | | Lengde A | 800m/Kule | | 800m J13 | J15 | | | | | J13 |
| 10 | | | 800m | | | | | 800m G13 | | | | | | |
| 20 | | | | | 1000m | | | 1000m J15 | | | | | | |
| 30 | | 1000m | | | | | | 1000m G15 | | | | | | |
| 45 | | | | 1500m | | | | 1500m J17 | | | | | | |
| 55 | 1500m | | | | | | | 1500m G17 | | | | | | |
| 18 00 | | | | | | | | | | | | | | |
| 15 | | | | Stafett (6x200m) | | | | Stafett (6x200m) | | | | | | |
| 20 | | | | | | | | | | | | | | |
| 25 | | | | | | | | | | | | | | |
| 30 | | | | | | | | | | | | | | |
| 35 | | | | | | | | | | | | | | |
| 40 | | | | | | | | | | | | | | |
| 45 | | | | | | | | | | | | | | |
| 50 | | | | | | | | | | | | | | |
| 55 | | | | | | | | | | | | | | |