**UK Women's League Division 1**   
Lee Valley  
11 May 14

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **800 SW A** | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:09.09 | [Philippa Millage](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=155328) |  | SEN | W | 33 | 15.08.80 | [William Parker](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194308) | Victoria Park City of Glasgow | 2:06.52 | 2:06.52 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850107) |  |  |  |  |  |  |  |  |  |  |  |
| 2 | 2:13.11 | [Anna Simmonds](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=3272) |  | SEN | W | 27 | 22.09.86 | [Trevor Muxlow](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=85934) | Notts | 2:10.62 | 2:05.76 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850108) |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 2:14.28 | [Charlotte Cayton-Smith](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=46625) |  | U20 | W | 16 | 15.05.97 |  | Cornwall/Enfield & Haringey | 2:05.73 | 2:05.73 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850109) |  |  |  |  |  |  |  |  |  |  |  |
| 4 | 2:16.47 | [Gemma Coe](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=16505) |  | SEN | W | 23 | 30.09.90 | [Hilary Vogel](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=73769) | Cambridge & Coleridge/Anglia Ruskin U/Woodford Gre | 2:13.40 | 2:12.49 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850110) |  |  |  |  |  |  |  |  |  |  |  |
| 5 | 2:21.36 | [Helen Reynolds](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=47370) |  | V35 | W | 36 | 06.01.78 |  | Crawley/Veterans | 2:17.41 | 2:09.95 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850111) |  |  |  |  |  |  |  |  |  |  |  |
| 6 | 2:21.72 | [Zoe Levin](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=68158) | **PB** | U23 | W | 21 | 07.08.92 |  | Shaftesbury Barnet/Oxford Brookes Uni | 2:21.72 | 2:21.72 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850112) |  |  |  |  |  |  |  |  |  |  |  |
| **7** | **2:24.91** | [**Imani Modahl**](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=116046) |  | **U20** | **W** | **18** | **08.10.95** | [**Vicente Modahl**](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194991) | **Sale Harriers Manchester** | **2:17.09** | **2:17.09** | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850113) |  |  |  |  |  |  |  |  |  |  |  |
| 8 | 2:27.32 | [Sarah McDonald](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=186224) |  | U23 | W | 20 | 05.10.93 |  | Wigan & District | 2:21.72 | 2:21.72 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850114) |  |  |  |  |  |  |  |  |  |  |  |
| **800 SW B** | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2:09.83 | [Mhairi Hendry](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=61086) | **PB** | U20 | W | 18 | 31.03.96 | [Andy Young](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=1814) | Victoria Park City of Glasgow | 2:06.64 | 2:06.64 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850115) |  |  |  |  |  |  |  |  |  |  |  |
| 2 | 2:15.40 | [Lindsay Morgan](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=88561) | **SB** | U20 | W | 17 | 07.08.96 |  | Chesterfield/Notts | 2:13.22 | 2:10.36 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850116) |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 2:23.49 | [Michelle McNamara](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=26748) |  | SEN | W | 29 | 07.01.85 | [Michael West](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=191498) | Enfield & Haringey | 2:22.5 | 2:22.5 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850117) |  |  |  |  |  |  |  |  |  |  |  |
| 4 | 2:28.27 | [Bernadine Pritchett](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=2463) |  | V45 | W | 47 | 25.01.67 | [Frank Horwill](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=2200) | Woodford Green Essex Ladies/Veterans | 2:23.11 | 2:12.87 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850118) |  |  |  |  |  |  |  |  |  |  |  |
| 5 | 2:30.90 | [Katherine Wellam](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=13336) | **SB** | SEN | W | 34 | 25.10.79 |  | Sale Harriers Manchester | 2:30.90 | 2:19.47 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850119) |  |  |  |  |  |  |  |  |  |  |  |
| 6 | 2:53.08 | [Victoria Thorp](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=377799) |  | U20 | W | 16 | 14.08.97 | [Carl Foster](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=98487) | Wigan & District | 2:50.0 | 2:50.0 |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **3000 SW A** | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 10:06.28 | [Fiona Clark](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=4689) | **SB** | SEN | W | 33 | 16.09.80 |  | Arena 80/Reigate Priory | 9:56.37 | 9:39.58 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850154) |  |  |  |  |  |  |  |  |  |  |  |
| 2 | 10:26.03 | [Sarah Barker](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=13228) |  | U23 | W | 21 | 29.12.92 |  | Sale Harriers Manchester/Manchester Uni | 10:01.97 | 9:49.46 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850155) |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 10:38.15 | [Gemma Coe](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=16505) |  | SEN | W | 23 | 30.09.90 | [Hilary Vogel](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=73769) | Cambridge & Coleridge/Anglia Ruskin U/Woodford Gre | 10:05.84 | 9:51.40 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850156) |  |  |  |  |  |  |  |  |  |  |  |
| 4 | 10:45.58 | [Donna Finlayson](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=79135) | **SB** | SEN | W | 29 | 24.06.84 |  | Victoria Park City of Glasgow | 10:45.58 | 10:10.2 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850157) |  |  |  |  |  |  |  |  |  |  |  |
| 5 | 10:47.82 | [Victoria Walker](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=24946) |  | U23 | W | 21 | 22.10.92 | [George Harrison](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=207441) | Shaftesbury Barnet/Birmingham Uni | 10:46.39 | 10:08.43 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850158) |  |  |  |  |  |  |  |  |  |  |  |
| 6 | 10:53.31 | [Jenny Reed](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=30569) |  | SEN | W | 25 | 07.11.88 |  | Notts | 10:46.20 | 10:31.87 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850159) |  |  |  |  |  |  |  |  |  |  |  |
| 7 | 12:22.58 | [Kathrine Foy](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=5161) | **SB** | SEN | W | 23 | 18.11.90 |  | Enfield & Haringey/St. Mary's Uni | 12:22.58 | 10:50.3 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850160) |  |  |  |  |  |  |  |  |  |  |  |
| **3000 SW B** | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 11:00.54 | [Katherine Gundersen](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=19205) | **SB** | V35 | W |  |  |  | Woodford Green Essex Ladies | 11:00.54 | 10:31.86 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850161) |  |  |  |  |  |  |  |  |  |  |  |
| 2 | 11:15.37 | [Catherine Charlton](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=52081) |  | V35 | W | 35 | 25.01.79 |  | Notts | 10:58.32 | 10:48.3 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850162) |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 11:19.66 | [Maggie Cooper](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=8296) | **SB** | V45 | W | 46 | 21.12.67 |  | Shaftesbury Barnet | 11:19.66 | 10:31.6 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850163) |  |  |  |  |  |  |  |  |  |  |  |
| **4** | **11:39.46** | [**Imani Modahl**](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=116046) |  | **U20** | **W** | **18** | **08.10.95** | [**Vicente Modahl**](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194991) | **Sale Harriers Manchester** | **10:55.62** | **10:46.99** | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=13850164) |  |  |  |  |  |  |  |  |  |  |  |
| 5 | 12:32.57 | [Kirsty Fenn](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=8220) | **SB** | SEN | W | 29 | 10.04.85 |  | Crawley | 12:32.57 | 10:55.7 |  |  |  |  |  |  |  |  |  |  |  |  |