

Resultat **Öpiadfinalerna**
Datum: **2014-09-13/14**
Plats: Hofvallen
Arrangör: Jämtland-Härjedalens FIF **Tfn:** 063 - 12 28 30
Tävlingsledare: Fredrik Lindberg **E-mail:** kansli@ogif.com
Väder: Lördag: SO – SV vind, klart, + 16°C
 Söndag: V – NV vind, halvklart, +17°C

M 400m DM 13/9

~~~~~

|                    |    |            |       |
|--------------------|----|------------|-------|
| 1 Kenneth Westfält | 64 | Vemhåns IK | 64.56 |
|--------------------|----|------------|-------|

**M 1500m DM                   14/9**

~~~~~

1 Mattias Johansson	90	Trångsvikens IF	4:43.19
2 Selemun Abraha	93	Lillhårdals IF	4:58.38

P19 100m 13/9

~~~~~

|                  |    |                |       |
|------------------|----|----------------|-------|
|                  |    | <b>-0,8</b>    |       |
| 1 Joel Håkansson | 95 | Östersunds GIF | 12.19 |

**P19 400m                      13/9**

~~~~~

1 Joel Håkansson	95	Östersunds GIF	54.77
------------------	----	----------------	-------

P19 1500m 14/9

~~~~~

|                |    |                 |         |
|----------------|----|-----------------|---------|
| 1 Andreas Roos | 96 | Trångsvikens IF | 4:23.30 |
|----------------|----|-----------------|---------|

**P17 100m                      13/9**

~~~~~

		-0,8	
1 Jonatan Paulsson Bixo	97	Östersunds GIF	11.93

P17 400m 13/9

~~~~~

|                |    |                 |       |
|----------------|----|-----------------|-------|
| 1 Daniel Alemu | 97 | Trångsvikens IF | 60.54 |
|----------------|----|-----------------|-------|

**P17 1500m                    14/9**

~~~~~

1 Daniel Alemu	97	Trångsvikens IF	4:31.25
----------------	----	-----------------	---------

P15 80m 13/9

~~~~~

|                  |    |                |                  |
|------------------|----|----------------|------------------|
|                  |    | <b>0,4</b>     |                  |
| 1 Johan Stenlund | 99 | Östersunds GIF | 10.09        REK |

**P15 2000m                    14/9**

~~~~~

1 Leon Jämteby	00	Frösö IF	6:48.29
2 William Selander	00	Trångsvikens IF	7:03.13

P15 Höjd 13/9

~~~~~

|                  |    |                |     |
|------------------|----|----------------|-----|
| 1 Erik Orrell    | 99 | IFK Strömsund  | 158 |
| 2 Johan Stenlund | 99 | Östersunds GIF | 149 |
| 3 Johan Jonsson  | 99 | IFK Strömsund  | 146 |

**P15 Längd 13/9**

|   |                |    |                |      |      |
|---|----------------|----|----------------|------|------|
| 1 | Johan Stenlund | 99 | Östersunds GIF | 5,22 | -0,1 |
| 2 | Jens Wikström  | 99 | IFK Strömsund  | 4,12 | -1,3 |

**P15 Tresteg 14/9**

|   |                |    |                |       |     |
|---|----------------|----|----------------|-------|-----|
| 1 | Johan Stenlund | 99 | Östersunds GIF | 11,67 | 1,3 |
|---|----------------|----|----------------|-------|-----|

**P15 Kula 14/9 4.0 kg**

|   |               |    |               |      |
|---|---------------|----|---------------|------|
| 1 | Amir Mohammad | 00 | IFK Strömsund | 9,37 |
|---|---------------|----|---------------|------|

**P15 Slägga 13/9 4.0 kg**

|   |             |    |               |       |
|---|-------------|----|---------------|-------|
| 1 | Erik Orrell | 99 | IFK Strömsund | 42,45 |
|---|-------------|----|---------------|-------|

**P13 60m 13/9**

|     |                   |    |                 |      |     |
|-----|-------------------|----|-----------------|------|-----|
| 0,5 |                   |    |                 |      |     |
| 1   | Oliwer Danielsson | 01 | Östersunds GIF  | 7.70 | REK |
| 2   | Jonas Hemmingsson | 02 | Östersunds GIF  | 8.81 |     |
| 3   | Erik Näslund      | 02 | Trångsvikens IF | 9.26 |     |
| 4   | Vlad Tymoshchyk   | 02 | Brunflo IF      | 9.63 |     |
| 5   | Emil Arntsén      | 01 | Östersunds GIF  | 9.68 |     |

**P13 600m 14/9**

|   |               |    |                 |         |
|---|---------------|----|-----------------|---------|
| 1 | Erik Hennings | 01 | Trångsvikens IF | 1:50.01 |
|---|---------------|----|-----------------|---------|

**P13 1500m 13/9**

|   |              |    |                 |         |
|---|--------------|----|-----------------|---------|
| 1 | Erik Näslund | 02 | Trångsvikens IF | 5:15.23 |
|---|--------------|----|-----------------|---------|

**P13 Häck 60m 14/9 76 cm**

|      |                   |    |                 |       |  |
|------|-------------------|----|-----------------|-------|--|
| -0,6 |                   |    |                 |       |  |
| 1    | Oliwer Danielsson | 01 | Östersunds GIF  | 10.40 |  |
| 2    | Erik Hennings     | 01 | Trångsvikens IF | 11.21 |  |
| 3    | Emil Arntsén      | 01 | Östersunds GIF  | 13.55 |  |

**P13 Höjd 13/9**

|   |                   |    |                |     |
|---|-------------------|----|----------------|-----|
| 1 | Oliwer Danielsson | 01 | Östersunds GIF | 162 |
| 2 | Jonas Hemmingsson | 02 | Östersunds GIF | 130 |

**P13 Stav 14/9**

|   |               |    |                 |     |
|---|---------------|----|-----------------|-----|
| 1 | Erik Hennings | 01 | Trångsvikens IF | 170 |
|---|---------------|----|-----------------|-----|

**P13 Längd 13/9 zon**

|   |                   |    |                |      |      |
|---|-------------------|----|----------------|------|------|
| 1 | Oliwer Danielsson | 01 | Östersunds GIF | 5,77 | -1,2 |
| 2 | Jonas Hemmingsson | 02 | Östersunds GIF | 4,55 | -0,6 |

**P13 Tresteg 14/9 zon**

|   |                   |    |                |       |     |     |
|---|-------------------|----|----------------|-------|-----|-----|
| 1 | Oliwer Danielsson | 01 | Östersunds GIF | 11,49 | 0,0 | REK |
| 2 | Emil Arntsén      | 01 | Östersunds GIF | 7,16  | 0,0 |     |

**P13 Kula 14/9 3.0 kg**

|   |                  |    |                |      |
|---|------------------|----|----------------|------|
| 1 | Olle Forss       | 01 | Marieby GoIF   | 9,11 |
| 2 | Emil Arntsén     | 01 | Östersunds GIF | 7,50 |
| 3 | Vlad Tymoshchuk  | 02 | Brunflo IF     | 7,04 |
| 4 | Jonathan Näslund | 01 | Östersunds GIF | 6,82 |

**P13 Diskus 13/9 0.6 kg**

|   |                   |    |                |       |
|---|-------------------|----|----------------|-------|
| 1 | Emil Arntsén      | 01 | Östersunds GIF | 19,79 |
| 2 | Jonas Hemmingsson | 02 | Östersunds GIF | 19,77 |

**P13 Slägga 13/9 3.0 kg**

|   |            |    |              |       |
|---|------------|----|--------------|-------|
| 1 | Olle Forss | 01 | Marieby GoIF | 23,06 |
|---|------------|----|--------------|-------|

**P13 Spjut 14/9 400 g**

|   |                   |    |                |       |
|---|-------------------|----|----------------|-------|
| 1 | Oliwer Danielsson | 01 | Östersunds GIF | 26,71 |
| 2 | Jonathan Näslund  | 01 | Östersunds GIF | 24,65 |
| 3 | Olle Forss        | 01 | Marieby GoIF   | 21,84 |
| 4 | Emil Arntsén      | 01 | Östersunds GIF | 16,80 |

**P13 4 x 200m 14/9**

|                                                                                               |                             |         |     |
|-----------------------------------------------------------------------------------------------|-----------------------------|---------|-----|
| 1                                                                                             | Östersunds GIF              | 1:57.94 | REK |
| (Johanna Grelsson 01, Nora Swartz 01, Julia Owén 02, Oliwer Danielsson 01)                    |                             |         |     |
| 2                                                                                             | Östersunds GIF/Marieby GoIF | 2:14.25 |     |
| (Moa Backlund 01, MGIF, Sandra Persson 02, ÖGIF, Lovis Nyman 01, ÖGIF, Emil Arntsén +1, ÖGIF) |                             |         |     |

**P11 60m 13/9**

|             |                  |    |                |       |
|-------------|------------------|----|----------------|-------|
| <b>-0,5</b> |                  |    |                |       |
| 1           | Emil Orrell      | 03 | IFK Strömsund  | 9.38  |
| 2           | Adam Kraft       | 03 | Östersunds GIF | 9.51  |
| 3           | Vincent Grein    | 03 | Marieby GoIF   | 9.78  |
| 4           | Hannes Lindblå   | 03 | Marieby GoIF   | 10.07 |
| 5           | Aron Swartz      | 04 | Östersunds GIF | 10.63 |
| 6           | Douglas Fanqvist | 04 | Brunflo IF     | 10.74 |

**P11 600m 14/9**

|   |                   |    |                |         |
|---|-------------------|----|----------------|---------|
| 1 | Vincent Grein     | 03 | Marieby GoIF   | 2:16.73 |
| 2 | Gustav Pettersson | 04 | Östersunds GIF | 2:17.38 |
| 3 | Axel Sjögren      | 04 | Brunflo IF     | 2:18.22 |

**P11 Häck 60m 14/9 68 cm**

|             |                   |    |                |       |
|-------------|-------------------|----|----------------|-------|
| <b>-1,6</b> |                   |    |                |       |
| 1           | Gustav Pettersson | 04 | Östersunds GIF | 12.76 |
| 2           | Hannes Lindblå    | 03 | Marieby GoIF   | 12.96 |
| 3           | Aron Swartz       | 04 | Östersunds GIF | 13.45 |

**P11 Höjd 13/9**

|   |                |    |                |       |
|---|----------------|----|----------------|-------|
| 1 | Aron Swartz    | 04 | Östersunds GIF | 121   |
| 2 | Adam Kraft     | 03 | Östersunds GIF | 118 = |
|   | Hannes Lindblå | 03 | Marieby GoIF   | 118 = |
| 4 | Emil Orrell    | 03 | IFK Strömsund  | 115   |
| 5 | Vincent Grein  | 03 | Marieby GoIF   | 115   |

**P11 Längd 13/9 zon**

|   |                   |    |                |      |      |
|---|-------------------|----|----------------|------|------|
| 1 | Adam Kraft        | 03 | Östersunds GIF | 4,13 | -1,2 |
| 2 | Vincent Grein     | 03 | Marieby GoIF   | 3,99 | -0,2 |
| 3 | Gustav Pettersson | 04 | Östersunds GIF | 3,92 | 0,0  |
| 4 | Emil Orrell       | 03 | IFK Strömsund  | 3,80 | 0,0  |
| 5 | Hannes Lindblå    | 03 | Marieby GoIF   | 3,79 | -1,1 |
| 6 | Aron Swartz       | 04 | Östersunds GIF | 3,67 | -0,4 |

**P11 Kula 14/9 2.0 kg**

|   |                   |    |                |      |
|---|-------------------|----|----------------|------|
| 1 | Hannes Lindblå    | 03 | Marieby GoIF   | 9,29 |
| 2 | Adam Kraft        | 03 | Östersunds GIF | 9,27 |
| 3 | Aron Swartz       | 04 | Östersunds GIF | 7,74 |
| 4 | Vincent Grein     | 03 | Marieby GoIF   | 6,61 |
| 5 | Gustav Pettersson | 04 | Östersunds GIF | 5,43 |

**P11 Boll 13/9 300 g**

|   |                   |    |                |       |
|---|-------------------|----|----------------|-------|
| 1 | Adam Kraft        | 03 | Östersunds GIF | 39,76 |
| 2 | Vincent Grein     | 03 | Marieby GoIF   | 28,86 |
| 3 | Hannes Lindblå    | 03 | Marieby GoIF   | 28,34 |
| 4 | Aron Swartz       | 04 | Östersunds GIF | 25,30 |
| 5 | Gustav Pettersson | 04 | Östersunds GIF | 17,35 |

**P11 4 x 200m 14/9**

|                                                                                                     |                             |         |
|-----------------------------------------------------------------------------------------------------|-----------------------------|---------|
| 1                                                                                                   | Östersunds GIF/Marieby GoIF | 2:18.35 |
| (Hannes Lindblå 03, MGIF, Gustav Pettersson 04, ÖGIF, Aron Swartz 04, ÖGIF, Vincent Grein 03, MGIF) |                             |         |

**P9 60m 13/9**

| Heat: 1 |                         | -0,9 |                 | Tot   |   |
|---------|-------------------------|------|-----------------|-------|---|
| 1       | Hugo Dyrelius           | 05   | Östersunds GIF  | 10.44 | 2 |
| 2       | Isak Wallin             | 05   | Östersunds GIF  | 10.70 | 3 |
| 3       | Måns Eriksson           | 06   | Trångsvikens IF | 10.88 | 4 |
| 4       | Theodor Wiberg Eriksson | 05   | IFK Strömsund   | 11.83 | 5 |
| Heat: 2 |                         | -1,0 |                 |       |   |
| 1       | Legolas Leonberg        | 05   | Östersunds GIF  | 10.30 | 1 |
| 2       | Hugo Kålen              | 07   | Marieby GoIF    | 11.87 | 6 |
| 3       | Max Eriksson            | 08   | Trångsvikens IF | 11.94 | 7 |

**P9 Längd 13/9 zon**

|   |                         |    |                 |      |
|---|-------------------------|----|-----------------|------|
| 1 | Hugo Dyrelius           | 05 | Östersunds GIF  | 3,49 |
| 2 | Legolas Leonberg        | 05 | Östersunds GIF  | 3,42 |
| 3 | Måns Eriksson           | 06 | Trångsvikens IF | 3,33 |
| 4 | Wille Birkemo           | 05 | Östersunds GIF  | 3,32 |
| 5 | Isak Wallin             | 05 | Östersunds GIF  | 3,29 |
| 6 | Max Eriksson            | 08 | Trångsvikens IF | 2,94 |
| 7 | Theodor Wiberg Eriksson | 05 | IFK Strömsund   | 2,89 |
| 8 | Max Lindblå             | 06 | Marieby GoIF    | 2,74 |
| 9 | Hugo Kålen              | 07 | Marieby GoIF    | 2,72 |

**P9 Boll 13/9 150 g**

|   |                         |    |                 |       |
|---|-------------------------|----|-----------------|-------|
| 1 | Måns Eriksson           | 06 | Trångsvikens IF | 32,77 |
| 2 | Wille Birkemo           | 05 | Östersunds GIF  | 31,60 |
| 3 | Legolas Leonberg        | 05 | Östersunds GIF  | 30,84 |
| 4 | Max Eriksson            | 08 | Trångsvikens IF | 21,93 |
| 5 | Max Lindblå             | 06 | Marieby GoIF    | 20,94 |
| 6 | Hugo Dyrelius           | 05 | Östersunds GIF  | 19,66 |
| 7 | Isak Wallin             | 05 | Östersunds GIF  | 18,74 |
| 8 | Theodor Wiberg Eriksson | 05 | IFK Strömsund   | 17,10 |
| 9 | Hugo Kålen              | 07 | Marieby GoIF    | 15,03 |

**P9 Trekamp 13/9**

|   |                         |    |                 |      |       |
|---|-------------------------|----|-----------------|------|-------|
| 1 | Legolas Leonberg        | 05 | Östersunds GIF  | 2605 | poäng |
| 2 | Måns Eriksson           | 06 | Trångsvikens IF | 2489 |       |
| 3 | Hugo Dyrelius           | 05 | Östersunds GIF  | 2246 |       |
| 4 | Isak Wallin             | 05 | Östersunds GIF  | 2109 |       |
| 5 | Max Eriksson            | 08 | Trångsvikens IF | 1799 |       |
| 6 | Theodor Wiberg Eriksson | 05 | IFK Strömsund   | 1674 |       |
| 7 | Wille Birkemo           | 05 | Östersunds GIF  | 1636 |       |
| 8 | Hugo Kålen              | 07 | Marieby GoIF    | 1567 |       |
| 9 | Max Lindblå             | 06 | Marieby GoIF    | 1200 |       |

**K 4 x 100m DM 14/9**

|   |                                                                                                           |        |
|---|-----------------------------------------------------------------------------------------------------------|--------|
| 1 | Östersunds GIF                                                                                            | :52.04 |
|   | (Stina Westin 98, Anna Engelin 98,<br>Lina Näslund 98, Emelie Nyman Wänseth 98)                           |        |
| 2 | Östersunds GIF/Marieby GoIF                                                                               | :55.49 |
|   | (Frida Jonsson 98, ÖGIF, Elin Backlund 99, MGIF,<br>Maria Granrud Aune 99, MGIF, Fanny Engström 00, ÖGIF) |        |

**F19 Längd 13/9**

|   |              |    |            |      |     |
|---|--------------|----|------------|------|-----|
| 1 | Ida Westfält | 95 | Vemhåns IK | 4,68 | 0,0 |
|---|--------------|----|------------|------|-----|

**F17 100m**

|   |                 |    |                |       |
|---|-----------------|----|----------------|-------|
|   |                 |    | <b>-0,8</b>    |       |
| 1 | Anna Engelin    | 98 | Östersunds GIF | 13.02 |
| 2 | Stina Westin    | 98 | Östersunds GIF | 14.02 |
| 3 | Lydia Håkansson | 98 | Östersunds GIF | 14.18 |
| 4 | Lina Näslund    | 98 | Östersunds GIF | 14.61 |

**F17 400m 13/9**

|   |                 |    |                |       |
|---|-----------------|----|----------------|-------|
| 1 | Anna Engelin    | 98 | Östersunds GIF | 59.00 |
| 2 | Lydia Håkansson | 98 | Östersunds GIF | 63.55 |

**F17 1500m 14/9**

|   |               |    |                 |         |
|---|---------------|----|-----------------|---------|
| 1 | Hanna Näslund | 00 | Trångsvikens IF | 4:58.66 |
|---|---------------|----|-----------------|---------|

**F17 Häck 100m 14/9 76 cm**

|   |                      |    |                |             |     |
|---|----------------------|----|----------------|-------------|-----|
|   |                      |    |                | <b>-0,6</b> |     |
| 1 | Emelie Nyman Wänseth | 98 | Östersunds GIF | 15.18       | REK |
| 2 | Anna Engelin         | 98 | Östersunds GIF | 15.93       |     |
| 3 | Angelica Anderzon    | 98 | Östersunds GIF | 21.23       |     |

**F17 Höjd 13/9**

|   |                      |    |                |     |     |
|---|----------------------|----|----------------|-----|-----|
| 1 | Emelie Nyman Wänseth | 98 | Östersunds GIF | 167 | REK |
| 2 | Stina Westin         | 98 | Östersunds GIF | 146 |     |
| 3 | Lina Näslund         | 98 | Östersunds GIF | 140 |     |

**F17 Stav 14/9**

|   |               |    |                |     |     |
|---|---------------|----|----------------|-----|-----|
| 1 | Frida Jonsson | 98 | Östersunds GIF | 290 | REK |
|---|---------------|----|----------------|-----|-----|

**F17 Längd 13/9**

|   |                      |    |                |      |      |           |
|---|----------------------|----|----------------|------|------|-----------|
| 1 | Emelie Nyman Wänseth | 98 | Östersunds GIF | 5,36 | 0,0  | T-REK     |
| 2 | Stina Westin         | 98 | Östersunds GIF | 4,80 | 0,0  | 4,76 -0,8 |
| 3 | Anna Engelin         | 98 | Östersunds GIF | 4,80 | -0,2 | 4,68 0,0  |
| 4 | Frida Jonsson        | 98 | Östersunds GIF | 4,59 | 0,0  |           |
| 5 | Lina Näslund         | 98 | Östersunds GIF | 4,57 | 0,0  |           |
| 6 | Angelica Anderzon    | 98 | Östersunds GIF | 3,58 | -0,7 |           |

**F17 Tresteg 14/9**

|   |                      |    |                |       |     |     |
|---|----------------------|----|----------------|-------|-----|-----|
| 1 | Emelie Nyman Wänseth | 98 | Östersunds GIF | 11,98 | 1,1 | REK |
| 2 | Stina Westin         | 98 | Östersunds GIF | 9,97  | 0,7 |     |
| 3 | Lina Näslund         | 98 | Östersunds GIF | 9,82  | 1,4 |     |
| 4 | Mariell Bodin        | 98 | Vemhåns IK     | 9,68  | 0,0 |     |

**F17 Kula 14/9 3.0 kg**

|   |                      |    |                |       |  |
|---|----------------------|----|----------------|-------|--|
| 1 | Emelie Nyman Wänseth | 98 | Östersunds GIF | 12,53 |  |
| 2 | Mariell Bodin        | 98 | Vemhåns IK     | 10,00 |  |
| 3 | Angelica Anderzon    | 98 | Östersunds GIF | 8,25  |  |
| 4 | Anna Engelin         | 98 | Östersunds GIF | 7,44  |  |

**F17 Spjut 14/9 500 g**

|   |                      |    |                |       |     |
|---|----------------------|----|----------------|-------|-----|
| 1 | Emelie Nyman Wänseth | 98 | Östersunds GIF | 34,69 | REK |
| 2 | Stina Westin         | 98 | Östersunds GIF | 23,44 |     |
| 3 | Anna Engelin         | 98 | Östersunds GIF | 23,39 |     |
| 4 | Angelica Anderzon    | 98 | Östersunds GIF | 19,15 |     |
| 5 | Lina Näslund         | 98 | Östersunds GIF | 14,18 |     |

**F15 80m 13/9**

|     |                  |    |                 |       |     |
|-----|------------------|----|-----------------|-------|-----|
| 0,0 |                  |    |                 |       |     |
| 1   | Elin Backlund    | 99 | Marieby GoIF    | 10.84 | REK |
| 2   | Ella Arvidsson   | 99 | Östersunds GIF  | 11.27 |     |
| 3   | Sanna Pettersson | 99 | Östersunds GIF  | 11.37 |     |
| 4   | Maria Novak      | 00 | Trångsvikens IF | 11.65 |     |

**F15 300m 13/9**

|   |                 |    |                 |       |  |
|---|-----------------|----|-----------------|-------|--|
| 1 | Elin Backlund   | 99 | Marieby GoIF    | 43.13 |  |
| 2 | Hanna Näslund   | 00 | Trångsvikens IF | 43.91 |  |
| 3 | Wilma Marcusson | 99 | Trångsvikens IF | 44.33 |  |
| 4 | Fanny Engström  | 00 | Östersunds GIF  | 45.50 |  |
| 5 | Elin Marcusson  | 99 | Trångsvikens IF | 45.75 |  |
| 6 | Maria Novak     | 00 | Trångsvikens IF | 45.94 |  |

**F15 Häck 80m 14/9 76 cm**

|     |                   |    |                |       |  |
|-----|-------------------|----|----------------|-------|--|
| 1,0 |                   |    |                |       |  |
| 1   | Cani Mahmoud      | 99 | Marieby GoIF   | 12.65 |  |
| 2   | Fanny Engström    | 00 | Östersunds GIF | 13.69 |  |
| 3   | Karolina Svensson | 99 | Marieby GoIF   | 14.48 |  |

**F15 Höjd 13/9**

|   |                  |    |                |     |       |
|---|------------------|----|----------------|-----|-------|
| 1 | Sanna Pettersson | 99 | Östersunds GIF | 158 | T-REK |
| 2 | Fanny Engström   | 00 | Östersunds GIF | 152 |       |
| 3 | Ella Arvidsson   | 99 | Östersunds GIF | 146 |       |

**F15 Stav 14/9**

|   |                |    |                |     |  |
|---|----------------|----|----------------|-----|--|
| 1 | Fanny Engström | 00 | Östersunds GIF | 250 |  |
|---|----------------|----|----------------|-----|--|

**F15 Längd 13/9**

|   |                    |    |              |      |     |
|---|--------------------|----|--------------|------|-----|
| 1 | Elin Backlund      | 99 | Marieby GoIF | 4,70 | 0,2 |
| 2 | Maria Granrud Aune | 99 | Marieby GoIF | 4,25 | 0,0 |
| 3 | Ebba Modin         | 99 | Vemhåns IK   | 3,57 | 0,0 |

**F15 Tresteg 14/9**

|   |                    |    |              |      |     |
|---|--------------------|----|--------------|------|-----|
| 1 | Elin Backlund      | 99 | Marieby GoIF | 9,98 | 1,1 |
| 2 | Karolina Svensson  | 99 | Marieby GoIF | 9,91 | 1,3 |
| 3 | Maria Granrud Aune | 99 | Marieby GoIF | 9,02 | 0,9 |
| 4 | Ida Forss          | 99 | Marieby GoIF | 8,61 | 0,6 |
| 5 | Ebba Modin         | 99 | Vemhåns IK   | 7,94 | 0,0 |

**F15 Kula 14/9 3.0 kg**

|   |                    |    |              |       |
|---|--------------------|----|--------------|-------|
| 1 | Elin Backlund      | 99 | Marieby GoIF | 11,15 |
| 2 | Cani Mahmoud       | 99 | Marieby GoIF | 10,08 |
| 3 | Maria Granrud Aune | 99 | Marieby GoIF | 9,22  |
| 4 | Ebba Modin         | 99 | Vemhåns IK   | 8,03  |

**F15 Diskus 13/9 0,75 kg**

|   |                    |    |              |       |     |
|---|--------------------|----|--------------|-------|-----|
| 1 | Maria Granrud Aune | 99 | Marieby GoIF | 28,98 | REK |
| 2 | Ebba Modin         | 99 | Vemhåns IK   | 18,68 |     |
| 3 | Ida Forss          | 99 | Marieby GoIF | 18,50 |     |

**F15 Slägga 13/9 3.0 kg**

|   |                    |    |              |       |
|---|--------------------|----|--------------|-------|
| 1 | Maria Granrud Aune | 99 | Marieby GoIF | 40,14 |
| 2 | Ida Forss          | 99 | Marieby GoIF | 31,79 |

**F15 Spjut 14/9 500 g**

|   |                    |    |                |       |     |
|---|--------------------|----|----------------|-------|-----|
| 1 | Maria Granrud Aune | 99 | Marieby GoIF   | 28,02 | REK |
| 2 | Fanny Engström     | 00 | Östersunds GIF | 22,20 |     |
| 3 | Ida Forss          | 99 | Marieby GoIF   | 21,84 |     |

**F13 60m 13/9****Försök heat: 1****0,7**

|   |                |    |                   |       |   |
|---|----------------|----|-------------------|-------|---|
| 1 | Lisa Ericsson  | 01 | Trångsvikens IF   | 8.73  | Q |
| 2 | Julia Owén     | 02 | Östersunds GIF    | 8.81  | Q |
| 3 | Elina Telebond | 02 | Myssjö/Ovikens IF | 9.11  | q |
| 4 | Anna Novak     | 02 | Trångsvikens IF   | 9.72  |   |
| 5 | Lovis Nyman    | 01 | Östersunds GIF    | 9.96  |   |
| 6 | Tara Sjödin    | 01 | IFK Strömsund     | 10.63 |   |

**Försök heat: 2****0,2**

|   |                         |    |                 |          |   |
|---|-------------------------|----|-----------------|----------|---|
| 1 | Johanna Grelsson        | 01 | Östersunds GIF  | 8.83     | Q |
| 2 | Nora Swartz             | 01 | Östersunds GIF  | 9.29     | Q |
| 3 | Cornelia Löfgren        | 02 | Östersunds GIF  | 9.56     | q |
| 4 | Sandra Persson          | 02 | Östersunds GIF  | 9.94     |   |
| 5 | Felicia Wiberg Eriksson | 02 | IFK Strömsund   | 10.30    |   |
| - | Sandra Berglund         | 01 | Trångsvikens IF | ej start |   |

**Final****-0,3**

|   |                  |    |                   |          |     |
|---|------------------|----|-------------------|----------|-----|
| 1 | Lisa Ericsson    | 01 | Trångsvikens IF   | 8.60     | REK |
| 2 | Johanna Grelsson | 01 | Östersunds GIF    | 8.71     |     |
| 3 | Nora Swartz      | 01 | Östersunds GIF    | 9.35     |     |
| 4 | Cornelia Löfgren | 02 | Östersunds GIF    | 9.61     |     |
| - | Julia Owén       | 02 | Östersunds GIF    | DQ       |     |
| - | Elina Telebond   | 02 | Myssjö/Ovikens IF | ej start |     |

**F13 600m 14/9**

|   |                |    |                 |         |
|---|----------------|----|-----------------|---------|
| 1 | Lisa Ericsson  | 01 | Trångsvikens IF | 2:00.26 |
| 2 | Sandra Persson | 02 | Östersunds GIF  | 2:03.62 |

**F13 1500m 13/9**

|   |                 |    |                 |         |
|---|-----------------|----|-----------------|---------|
| 1 | Märta Rosenberg | 02 | Duveds IF       | 5:15.56 |
| 2 | Anna Novak      | 02 | Trångsvikens IF | 5:44.51 |
| 3 | Sandra Persson  | 02 | Östersunds GIF  | 6:06.15 |

**F13 Häck 60m 14/9 68 cm**

|       |                |    |                |           |
|-------|----------------|----|----------------|-----------|
| ~~~~~ |                |    |                |           |
| -1,3  |                |    |                |           |
| 1     | Julia Owén     | 02 | Östersunds GIF | 11.49 REK |
| 2     | Nora Swartz    | 01 | Östersunds GIF | 12.04     |
| 3     | Klara Grönlund | 01 | Östersunds GIF | 13.57     |

**F13 Höjd 13/9**

|       |                  |    |                 |         |
|-------|------------------|----|-----------------|---------|
| ~~~~~ |                  |    |                 |         |
| 1     | Nora Swartz      | 01 | Östersunds GIF  | 136 2:0 |
| 2     | Cornelia Löfgren | 02 | Östersunds GIF  | 136 2:1 |
| 3     | Lisa Ericsson    | 01 | Trångsvikens IF | 133     |

**F13 Stav 14/9**

|       |            |    |                |     |
|-------|------------|----|----------------|-----|
| ~~~~~ |            |    |                |     |
| 1     | Julia Owén | 02 | Östersunds GIF | 190 |

**F13 Längd 13/9 zon**

|       |                   |    |                 |           |
|-------|-------------------|----|-----------------|-----------|
| ~~~~~ |                   |    |                 |           |
| 1     | Johanna Grelsson  | 01 | Östersunds GIF  | 4,62 0,0  |
| 2     | Julia Owén        | 02 | Östersunds GIF  | 4,27 0,0  |
| 3     | Lisa Ericsson     | 01 | Trångsvikens IF | 4,10 -0,9 |
| 4     | Cornelia Löfgren  | 02 | Östersunds GIF  | 4,03 -0,5 |
| 5     | Nora Swartz       | 01 | Östersunds GIF  | 3,95 -1,3 |
| 6     | Anna Novak        | 02 | Trångsvikens IF | 3,89 0,0  |
| 7     | Lovis Nyman       | 01 | Östersunds GIF  | 3,76 -1,3 |
| 8     | Moa Backlund      | 01 | Marieby GoIF    | 3,66 -0,6 |
| 9     | Bianca Jangenmalm | 02 | IFK Strömsund   | 3,61 -1,1 |

**F13 Tresteg 14/9 zon**

|       |                  |    |                |          |
|-------|------------------|----|----------------|----------|
| ~~~~~ |                  |    |                |          |
| 1     | Johanna Grelsson | 01 | Östersunds GIF | 9,04 0,0 |
| 2     | Nora Swartz      | 01 | Östersunds GIF | 8,87 0,0 |
| 3     | Cornelia Löfgren | 02 | Östersunds GIF | 8,81 0,5 |
| 4     | Julia Owén       | 02 | Östersunds GIF | 8,12 0,0 |
| 5     | Klara Grönlund   | 01 | Östersunds GIF | 7,84 1,2 |
| 6     | Moa Backlund     | 01 | Marieby GoIF   | 7,66 0,0 |

**F13 Kula 14/9 2.0 kg**

|       |                   |    |                 |      |
|-------|-------------------|----|-----------------|------|
| ~~~~~ |                   |    |                 |      |
| 1     | Sandra Berglund   | 01 | Trångsvikens IF | 9,85 |
| 2     | Nora Swartz       | 01 | Östersunds GIF  | 8,49 |
| 3     | Cornelia Löfgren  | 02 | Östersunds GIF  | 8,36 |
| 4     | Moa Backlund      | 01 | Marieby GoIF    | 8,08 |
| 5     | Lovis Nyman       | 01 | Östersunds GIF  | 7,91 |
| 6     | Bianca Jangenmalm | 02 | IFK Strömsund   | 7,54 |
| 7     | Johanna Grelsson  | 01 | Östersunds GIF  | 7,22 |

**F13 Diskus 13/9 0.6 kg**

|       |                         |    |                 |       |
|-------|-------------------------|----|-----------------|-------|
| ~~~~~ |                         |    |                 |       |
| 1     | Lisa Ericsson           | 01 | Trångsvikens IF | 27,18 |
| 2     | Sandra Berglund         | 01 | Trångsvikens IF | 22,77 |
| 3     | Lovis Nyman             | 01 | Östersunds GIF  | 20,54 |
| 4     | Johanna Grelsson        | 01 | Östersunds GIF  | 20,45 |
| 5     | Felicia Wiberg Eriksson | 02 | IFK Strömsund   | 19,98 |
| 6     | Julia Owén              | 02 | Östersunds GIF  | 19,28 |
| 7     | Bianca Jangenmalm       | 02 | IFK Strömsund   | 19,27 |

**F13 Slägga 13/9 2.0 kg**

|       |                          |    |                 |       |
|-------|--------------------------|----|-----------------|-------|
| ~~~~~ |                          |    |                 |       |
| 1     | Isabelle Wiberg Eriksson | 01 | IFK Strömsund   | 30,02 |
| 2     | Bianca Jangenmalm        | 02 | IFK Strömsund   | 24,78 |
| 3     | Moa Backlund             | 01 | Marieby GoIF    | 24,26 |
| 4     | Cornelia Löfgren         | 02 | Östersunds GIF  | 22,94 |
| 5     | Sandra Berglund          | 01 | Trångsvikens IF | 22,88 |
| 6     | Klara Grönlund           | 01 | Östersunds GIF  | 20,63 |
| 7     | Lovis Nyman              | 01 | Östersunds GIF  | 20,31 |

**F13 Spjut 14/9 400 g**

|   |                  |    |                 |       |
|---|------------------|----|-----------------|-------|
| 1 | Johanna Grelsson | 01 | Östersunds GIF  | 21,96 |
| 2 | Sandra Berglund  | 01 | Trångsvikens IF | 21,07 |
| 3 | Lisa Ericsson    | 01 | Trångsvikens IF | 20,64 |

**F13 4 x 200m 14/9**

|                                                                                                    |                                 |         |
|----------------------------------------------------------------------------------------------------|---------------------------------|---------|
| 1                                                                                                  | Trångsvikens IF//Östersunds GIF | 2:04.51 |
| (Lisa Ericsson 01, TIF, Lina Hennings 03, TIF, Cornelia Löfgren 02, ÖGIF, Sandra Berglund 01, TIF) |                                 |         |

**F11 60m 13/9****Heat: 1****-1,4**

|   |                    |    |                 |       |   |
|---|--------------------|----|-----------------|-------|---|
| 1 | Navin Mahmuod      | 04 | Marieby GoIF    | 9.55  | Q |
| 2 | Emma Nyman Wänseth | 04 | Östersunds GIF  | 9.59  | Q |
| 3 | Emilia Werner      | 03 | Östersunds GIF  | 9.73  | q |
| 4 | Lina Hennings      | 03 | Trångsvikens IF | 9.82  | q |
| 5 | Lea Frid           | 04 | Frösö IF        | 10.17 |   |
| 6 | Sofia Stenlund     | 04 | Östersunds GIF  | 10.59 |   |

**Heat: 2****-0,5**

|   |                 |    |                    |       |   |
|---|-----------------|----|--------------------|-------|---|
| 1 | Meja Lindberg   | 03 | Östersunds GIF     | 9.41  | Q |
| 2 | Rut Lindvall    | 04 | Kyrkrotens Skol-IF | 9.83  | Q |
| 3 | Ida Westin      | 03 | Östersunds GIF     | 9.91  |   |
| 4 | Olivia Kålen    | 04 | Marieby GoIF       | 10.04 |   |
| 5 | Emilie Sörensen | 04 | Trångsvikens IF    | 10.80 |   |
| 6 | Jonna Persson   | 04 | Vemhåns IK         | 11.13 |   |

**Final****-1,0**

|   |                    |    |                    |      |  |
|---|--------------------|----|--------------------|------|--|
| 1 | Meja Lindberg      | 03 | Östersunds GIF     | 9.33 |  |
| 2 | Emilia Werner      | 03 | Östersunds GIF     | 9.53 |  |
| 3 | Navin Mahmuod      | 04 | Marieby GoIF       | 9.55 |  |
|   | Emma Nyman Wänseth | 04 | Östersunds GIF     | 9.55 |  |
| 5 | Rut Lindvall       | 04 | Kyrkrotens Skol-IF | 9.66 |  |
| 6 | Lina Hennings      | 03 | Trångsvikens IF    | 9.77 |  |

**F11 600m 14/9**

|   |                  |    |                 |         |
|---|------------------|----|-----------------|---------|
| 1 | Olivia Bodin     | 03 | Vemhåns IK      | 1:59.62 |
| 2 | Lina Hennings    | 03 | Trångsvikens IF | 2:00.41 |
| 3 | Molly Wetterberg | 04 | Marieby GoIF    | 2:02.74 |
| 4 | Amanda Hansson   | 04 | Brunflo IF      | 2:06.25 |
| 5 | Lea Frid         | 04 | Frösö IF        | 2:11.00 |

**F11 Häck 60m 14/9 68 cm****Heat: 1****-1,5**

|   |                |    |                |       |   |
|---|----------------|----|----------------|-------|---|
| 1 | Meja Lindberg  | 03 | Östersunds GIF | 11.63 | Q |
| 2 | Olivia Bodin   | 03 | Vemhåns IK     | 12.34 | Q |
| 3 | Navin Mahmuod  | 04 | Marieby GoIF   | 12.88 | q |
| 4 | Sofia Stenlund | 04 | Östersunds GIF | 13.85 |   |

**Heat: 2****-1,8**

|   |                    |    |                 |       |   |
|---|--------------------|----|-----------------|-------|---|
| 1 | Emma Nyman Wänseth | 04 | Östersunds GIF  | 12.13 | Q |
| 2 | Molly Wetterberg   | 04 | Marieby GoIF    | 12.57 | Q |
| 3 | Lina Hennings      | 03 | Trångsvikens IF | 12.93 | q |
| 4 | Olivia Kålen       | 04 | Marieby GoIF    | 13.57 |   |

**Final****0,7**

|   |                    |    |                 |       |     |
|---|--------------------|----|-----------------|-------|-----|
| 1 | Meja Lindberg      | 03 | Östersunds GIF  | 11.62 | REK |
| 2 | Emma Nyman Wänseth | 04 | Östersunds GIF  | 11.88 |     |
| 3 | Olivia Bodin       | 03 | Vemhåns IK      | 12.15 |     |
| 4 | Molly Wetterberg   | 04 | Marieby GoIF    | 12.64 |     |
| 5 | Lina Hennings      | 03 | Trångsvikens IF | 12.72 |     |
| 6 | Navin Mahmuod      | 04 | Marieby GoIF    | 13.93 |     |

**F11 Höjd 14/9**

|    |                    |    |                 |       |     |
|----|--------------------|----|-----------------|-------|-----|
| 1  | Emilia Werner      | 03 | Östersunds GIF  | 133   |     |
| 2  | Navin Mahmuod      | 04 | Marieby GoIF    | 130   |     |
| 3  | Meja Lindberg      | 03 | Östersunds GIF  | 127   |     |
| 4  | Emma Nyman Wänseth | 04 | Östersunds GIF  | 124   | 2:1 |
| 5  | Olivia Bodin       | 03 | Vemhåns IK      | 124   | 3:0 |
| 6  | Lina Hennings      | 03 | Trångsvikens IF | 115   | 2:1 |
| 7  | Olivia Kålen       | 04 | Marieby GoIF    | 115   | 3:1 |
| 8  | Sofia Stenlund     | 04 | Östersunds GIF  | 110 = | 2:0 |
|    | Ida Westin         | 03 | Östersunds GIF  | 110 = | 2:0 |
| 10 | Molly Wetterberg   | 04 | Marieby GoIF    | 105   |     |

**F11 Längd 13/9 zon**

|    |                    |    |                    |        |      |
|----|--------------------|----|--------------------|--------|------|
| 1  | Meja Lindberg      | 03 | Östersunds GIF     | 4,13   | 1,3  |
| 2  | Emilia Werner      | 03 | Östersunds GIF     | 4,07   | 1,2  |
| 3  | Rut Lindvall       | 04 | Kyrkrotens Skol-IF | 3,77   | 0,5  |
| 4  | Ida Westin         | 03 | Östersunds GIF     | 3,76 = | 0,8  |
|    | Olivia Kålen       | 04 | Marieby GoIF       | 3,76 = | 0,3  |
| 6  | Emma Nyman Wänseth | 04 | Östersunds GIF     | 3,73   | 1,3  |
| 7  | Navin Mahmuod      | 04 | Marieby GoIF       | 3,64   | 0,6  |
| 8  | Lea Frid           | 04 | Frösö IF           | 3,55   | 0,1  |
| 9  | Emilie Sörensen    | 04 | Trångsvikens IF    | 3,23   | -0,2 |
| 10 | Sofia Stenlund     | 04 | Östersunds GIF     | 3,16   | 0,2  |
| 11 | Jonna Persson      | 04 | Vemhåns IK         | 2,79   | 0,4  |

**F11 Kula 14/9 2.0 kg**

|   |                    |    |                |      |
|---|--------------------|----|----------------|------|
| 1 | Ida Westin         | 03 | Östersunds GIF | 6,84 |
| 2 | Molly Wetterberg   | 04 | Marieby GoIF   | 6,30 |
| 3 | Navin Mahmuod      | 04 | Marieby GoIF   | 6,05 |
| 4 | Lea Frid           | 04 | Frösö IF       | 6,01 |
| 5 | Emma Nyman Wänseth | 04 | Östersunds GIF | 5,76 |
| 6 | Olivia Bodin       | 03 | Vemhåns IK     | 5,69 |
| 7 | Olivia Kålen       | 04 | Marieby GoIF   | 5,42 |

**F11 Boll 13/9 300 g**

|   |                    |    |                 |       |
|---|--------------------|----|-----------------|-------|
| 1 | Emma Nyman Wänseth | 04 | Östersunds GIF  | 24,24 |
| 2 | Lina Hennings      | 03 | Trångsvikens IF | 23,92 |
| 3 | Ida Westin         | 03 | Östersunds GIF  | 21,49 |
| 4 | Olivia Kålen       | 04 | Marieby GoIF    | 20,41 |
| 5 | Lea Frid           | 04 | Frösö IF        | 19,07 |
| 6 | Sofia Stenlund     | 04 | Östersunds GIF  | 16,13 |
| 7 | Jonna Persson      | 04 | Vemhåns IK      | 15,16 |
| 8 | Emilie Sörensen    | 04 | Trångsvikens IF | 14,62 |

**F11 4 x 200m 14/9**

|   |                                                                                                     |         |     |
|---|-----------------------------------------------------------------------------------------------------|---------|-----|
| 1 | Östersunds GIF                                                                                      | 2:12.49 | REK |
|   | (Emilia Werner 03, Ida Westin 03,<br>Emma Nyman Wänseth 04, Meja Lindberg 03)                       |         |     |
| 2 | Marieby GoIF/Vemhåns IK                                                                             | 2:13.50 |     |
|   | (Navin Mahmoud 04, MGIF, Olivia Kålen 04, MGIF,<br>Olivia Bodin 04, VIK, Molly Wetterberg 04, MGIF) |         |     |

**F9 60m 13/9**

| Heat: 1 |                    | -0,6 | Tot             |       |
|---------|--------------------|------|-----------------|-------|
| 1       | Ellen Lind         | 05   | Trångsvikens IF | 10.61 |
| 2       | Corinne Danielsson | 05   | Östersunds GIF  | 10.99 |
| 3       | Hanna Rolandsson   | 05   | Gäddede SK      | 11.64 |
| 4       | Tova Björngård     | 06   | Trångsvikens IF | 11.77 |
| 5       | Thea Sörensen      | 07   | Trångsvikens IF | 12.04 |
|         |                    |      |                 | 9     |
| Heat: 2 |                    | -1,4 |                 |       |
| 1       | Tilde Jönsson      | 05   | Gäddede SK      | 11.41 |
| 2       | Ebba Hennings      | 05   | Trångsvikens IF | 11.62 |
| 3       | Frida Andersson    | 05   | Trångsvikens IF | 11.86 |
| 4       | Agnes Degermark    | 06   | Trångsvikens IF | 11.95 |
| 5       | Linnéa Lind        | 06   | Trångsvikens IF | 12.39 |
|         |                    |      |                 | 10    |

**F9 Längd 13/9 zon**

|    |                    |    |                 |      |      |
|----|--------------------|----|-----------------|------|------|
| 1  | Ellen Lind         | 05 | Trångsvikens IF | 3,05 |      |
| 2  | Tilde Jönsson      | 05 | Gäddede SK      | 2,96 |      |
| 3  | Tova Björngård     | 06 | Trångsvikens IF | 2,89 | 2,87 |
| 4  | Corinne Danielsson | 05 | Östersunds GIF  | 2,89 | 2,86 |
| 5  | Frida Andersson    | 05 | Trångsvikens IF | 2,83 |      |
| 6  | Thea Sörensen      | 07 | Trångsvikens IF | 2,80 |      |
| 7  | Ebba Hennings      | 05 | Trångsvikens IF | 2,78 |      |
| 8  | Hanna Rolandsson   | 05 | Gäddede SK      | 2,71 |      |
| 9  | Agnes Werner       | 07 | Östersunds GIF  | 2,57 |      |
| 10 | Linnéa Lind        | 06 | Trångsvikens IF | 2,04 |      |
| 11 | Agnes Degermark    | 06 | Trångsvikens IF | 1,94 |      |

**F9 Boll 13/9 150 g**

|    |                    |    |                 |       |
|----|--------------------|----|-----------------|-------|
| 1  | Ellen Lind         | 05 | Trångsvikens IF | 21,18 |
| 2  | Hanna Rolandsson   | 05 | Gäddede SK      | 17,26 |
| 3  | Tilde Jönsson      | 05 | Gäddede SK      | 15,12 |
| 4  | Corinne Danielsson | 05 | Östersunds GIF  | 14,63 |
| 5  | Thea Sörensen      | 07 | Trångsvikens IF | 13,98 |
| 6  | Frida Andersson    | 05 | Trångsvikens IF | 13,01 |
| 7  | Ebba Hennings      | 05 | Trångsvikens IF | 12,33 |
| 8  | Tova Björngård     | 06 | Trångsvikens IF | 10,98 |
| 9  | Linnéa Lind        | 06 | Trångsvikens IF | 9,80  |
| 10 | Agnes Degermark    | 06 | Trångsvikens IF | 7,51  |

**F9 Trekamp 13/9**

|    |                    |    |                 |      |       |
|----|--------------------|----|-----------------|------|-------|
| 1  | Ellen Lind         | 05 | Trångsvikens IF | 2347 | poäng |
| 2  | Corinne Danielsson | 05 | Östersunds GIF  | 1948 |       |
| 3  | Tilde Jönsson      | 05 | Gäddede SK      | 1869 |       |
| 4  | Tova Björngård     | 06 | Trångsvikens IF | 1862 |       |
| 5  | Hanna Rolandsson   | 05 | Gäddede SK      | 1841 |       |
| 6  | Ebba Hennings      | 05 | Trångsvikens IF | 1663 |       |
| 7  | Frida Andersson    | 05 | Trångsvikens IF | 1636 |       |
| 8  | Thea Sörensen      | 07 | Trångsvikens IF | 1621 |       |
| 9  | Agnes Degermark    | 06 | Trångsvikens IF | 1205 |       |
| 10 | Linnéa Lind        | 06 | Trångsvikens IF | 1199 |       |
| 11 | Agnes Werner       | 07 | Östersunds GIF  | 678  |       |

**F9 4 x 200m 13/9**

|                                                                                                      |                                |         |
|------------------------------------------------------------------------------------------------------|--------------------------------|---------|
| 1                                                                                                    | Trångsvikens IF                | 2:44.30 |
| (Frida Andersson 05, Linnéa Lind 06, Tova Björngård 06, Ellen Lind 05)                               |                                |         |
| 2                                                                                                    | Trångsvikens IF/Östersunds GIF | 2:45.67 |
| (Agnes Degermark 06, TIF, Thea Sörensen 07, TIF, Ebba Hennings 05, TIF, Corinne Danielsson 05, ÖGIF) |                                |         |