**Howard Wood Dakota Relays**

Howard Wood Field

Sioux Falls, SD 2-3.5

Event 319 Women 5000 Meter Run U/C 2/5

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Name Year School Finals

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Finals

1 Eichkorn, Amber U South Dakota 16:52.08

**2 Brondbo, Kristin Augustana College 16:54.84**

3 Blakeslee, Kyle Augustana College 16:55.53

4 Delgado, Meritxell Augustana College 17:28.84

5 Wetzstein, Katie U South Dakota 17:39.54

6 Grossenberg, Jenna SD State 17:58.04

7 Bowers, Chey SD State 18:01.60

8 Wysocki, Erin U of North Dakota 18:10.88

9 Swoboda, Gabi Augustana College 18:14.68

10 Harder, Sierra U Sioux Falls 18:15.96

11 Rogers, Kristin U NE-Omaha 18:16.99

12 Brown, Megan Augustana College 18:19.58

13 Bruns, Lindsey U NE-Omaha 18:31.73

14 Barrett, Kelsey U South Dakota 18:35.44

15 George, Ashly Dickinson State U 19:04.61

16 Steffen, Kristin U South Dakota 19:53.50

17 Schmidt, Avery U NE-Omaha 20:55.99

18 Osentoski, Kourtney U NE-Omaha 20:56.06

19 DeSimone, Andrea Wayne State U 21:01.39

20 Kingsley, Molly Wayne State U 21:03.95

21 Camacho, Laura Wayne State U 21:47.14

Event 204 Men Discus Throw U/C 2/5

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Name Year School Finals

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Finals

1 Snyder, Cody Unattached 60.17m 197-05

2 Valind, Dustin U South Dakota 52.21m 171-03

3 McKelvey, Kyle U South Dakota 46.80m 153-06

4 Stephens, Denton U South Dakota 46.22m 151-08

5 Huber, Anthony Augustana College 45.40m 148-11

6 Benson, Austin SD State 44.40m 145-08

**7 Holmberg, Henrik Unattached 43.09m 141-04**

8 Payne, Ashanti Southwest MN State 42.54m 139-07

9 Mack, Cullen SD State 42.47m 139-04

10 Weis, Alex Southwest MN State 42.42m 139-02

11 Jensen, Shawn Southwest MN State 42.18m 138-05

12 Ackman, Ryan SD State 42.09m 138-01

13 Pharis, Austin U South Dakota 41.73m 136-11

14 Warth, Joe Wayne State U 40.84m 134-00

15 Ganter, Greg Unattached 40.66m 133-05

16 Sindelar, Alec Buena Vista U 38.50m 126-04

17 Mueller, Jordan U Sioux Falls 38.20m 125-04

18 Bents, Jordon U Sioux Falls 38.15m 125-02

19 Olson, Devin Northern State U 38.07m 124-11

20 Van Tilburg, Trevor Dakota State U 37.74m 123-10

21 Gimbel, Ryan Dakota State U 37.18m 122-00

22 Brant, Nick Augustana College 36.11m 118-06

23 Malone, Ty Dickinson State U 35.87m 117-08

24 Sedey, James Dickinson State U 33.43m 109-08

25 Johnson, Drew Dickinson State U 32.96m 108-02

26 Smith, DJ Buena Vista U 30.01m 98-05

27 Schukking, Peter Augustana College 29.10m 95-06

28 Wessling, Kyle Buena Vista U 23.99m 78-08

-- Brooks, Daquan U South Dakota ND

Event 201 Men High Jump U/C 2/5

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Name Year School Finals

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Finals

1 Northrup, Riley Unattached 2.08m 6-09.75

2 Vlastuin, Jared Unattached J2.08m 6-09.75

3 Knebel, Andrew Dickinson State U 2.03m 6-08.00

4 Frank, Tyler U South Dakota 1.98m 6-06.00

5 Koosman, Zach SD State J1.98m 6-06.00

6 Mooney, Joe St Cloud State U 1.93m 6-04.00

7 Berg, Connor SD State J1.93m 6-04.00

8 Lentsch, Hank U South Dakota J1.93m 6-04.00

9 Torgerson, Josh Dickinson State U 1.88m 6-02.00

**9 Holmberg, Henrik Unattached 1.88m 6-02.00**

11 Sundheim, Brady Dickinson State U 1.83m 6-00.00

-- Sanderson, Jake SD State NH

-- Feil, Zachary Unattached NH

-- Girard, Zach Dickinson State U NH

-- Thada, Vaughn Augustana College NH

Event 243 Men 200 Meter Dash U/C 2/5

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Name Year School Finals Wind H#

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Finals

1 Lewin, Teivaskie U South Dakota 21.29 2.7 5

2 Lindsey-Stevens, Kaleb U Sioux Falls 21.68 3.3 6

3 Miller, Breyan Dickinson State U 21.76 3.3 6

4 Allotey, Dillando St Cloud State U 21.83 3.3 6

5 Greenway, Jason Augustana College 21.90 2.7 5

6 King, Mike Wayne State U 21.91 2.7 5

7 O'Connell, Jeff U South Dakota 21.92 3.4 4

8 Johnson, Andy Northern State U 21.98 3.3 6

9 Greenway, Justin Augustana College 22.10 2.7 5

10 Winterton, Peter Buena Vista U 22.15 3.4 4

11 Neal, Andrew Unattached 22.16 2.7 5

12 Moore, Myren Dickinson State U 22.22 3.1 3

13 Ernst, William Wayne State U 22.26 3.4 4

14 Rothering, Zach U South Dakota 22.34 3.3 6

15 Kolhof, Kory SD State 22.36 2.7 5

15 Finley, Dallin Southwest MN State 22.36 2.7 5

17 Eberly, Ryan Buena Vista U 22.37 3.1 3

18 Mahler, Colton Unattached 22.44 3.4 4

19 Cheneyon, Leon St Cloud State U 22.54 3.3 6

20 Jacobsen, Trevor Dakota State U 22.58 4.8 2

21 Arnold, Bo SD State 22.59 3.4 4

22 Dunn, Jesse SD State 22.68 3.4 4

22 Hargrove, Martin Dakota State U 22.68 4.8 2

24 Williams, D'Artist Dakota State U 22.72 4.8 2

25 Helgelien, Dion U Sioux Falls 22.73 4.8 2

26 Parsley, Joe Northern State U 22.76 4.8 2

27 Carlson, Spencer Dakota State U 22.77 4.8 2

28 Gill, Corey Dickinson State U 22.91 3.1 3

29 Bednar, Joe SD State 22.92 3.1 3

30 Sittig, Tom Augustana College 22.93 4.8 2

**31 Holmberg, Henrik Unattached 22.96 3.4 4**

32 DeSchepper, Trevor Augustana College 22.97 3.1 3

33 Alden, Josh Unattached 23.06 3.1 3

33 Moore, Jordan Dickinson State U 23.06 3.1 3

35 Robinson, Raekwon Northern State U 23.08 2.7 5

36 Rivera, Michael Southwest MN State 23.09 5.1 1

37 Eberle, Cory U Sioux Falls 23.11 5.1 1

38 Howard, Darryl St Cloud State U 23.18 3.1 3

39 Bohaty, Doug Buena Vista U 23.34 5.1 1

40 Frank, Mason Dickinson State U 23.37 5.1 1

41 Eberly, Mark Buena Vista U 23.43 5.1 1

42 Sotir, David Dakota State U 23.53 5.1 1

43 Mohamed, Salih Unattached 23.54 4.8 2

44 Six, Zach Northern State U 23.78 3.4 4

45 Groth, Austin Buena Vista U 23.83 5.1 1

46 Schultz, Brock Southwest MN State 23.89 5.1 1

Event 217 Men 800 Meter Run 800 U/C 2/5

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Name Year School Finals H#

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Finals

1 Espeland, Alec ND State 1:51.71 3

2 Larsen, Monte Unattached 1:52.04 3

3 Omot, Aduo Augustana College 1:52.07 3

4 Heppner, Moses ND State 1:52.23 3

5 Carter, Dante Dickinson State U 1:52.30 3

6 Hansson, Henrik Augustana College 1:52.87 3

7 Sanchez, Alejandro Southwest MN State 1:53.96 3

8 Thomsen, Zach Wayne State U 1:54.09 3

9 Stevenson, Blake U Sioux Falls 1:55.05 3

10 Sandbak, Dustin Dickinson State U 1:55.42 3

11 Schultz, Ben ND State 1:55.90 3

12 Lugo, Alex MN State Mankato 1:56.15 3

13 Moeller, Mark Dakota State U 1:56.24 2

14 Nielson, Stephen U South Dakota 1:57.34 3

15 Lilly, Delano Dickinson State U 1:57.44 2

16 Dojiok, Mach U South Dakota 1:57.47 3

17 Gessner, Brendan MN State Mankato 1:57.82 2

18 Kilian, Blaze U Sioux Falls 1:58.29 2

19 Swenson, Ryan SD State 1:58.44 2

20 Gilkerson, Mark Northern State U 1:58.76 3

21 Cook, Justin Augustana College 1:58.88 2

22 Aman, Jonathan Dickinson State U 1:59.11 2

23 Harris, Rashad St Cloud State U 1:59.26 2

24 Hulm, Skyler Dickinson State U 1:59.37 2

25 Erdman, Ryan MN State Mankato 1:59.45 2

26 Ojullu, O.J. Southwest MN State 1:59.47 2

27 Schoneberger, Alex MN State Mankato 1:59.58 3

28 Woodson, Garrett Buena Vista U 1:59.89 2

29 Freese, Chance Augustana College 2:00.01 2

30 Wensmann, Taylor U Sioux Falls 2:00.16 1

31 Lindwurm, Nick Northern State U 2:00.37 2

32 Hogie, Austin U Sioux Falls 2:00.50 2

33 Krein, Brandon Northern State U 2:01.06 2

34 Sutton, Jared Dakota State U 2:01.42 1

35 Demings, Paul Southwest MN State 2:02.47 1

36 Jensen, Tyler Northern State U 2:03.26 1

37 Tejada, Claudio Dakota State U 2:03.34 1

38 Slaba, Dylan SD State 2:03.41 2

39 Surber, John Buena Vista U 2:03.45 1

40 Derham, Jack Southwest MN State 2:05.48 1

41 Hannula, Brady Buena Vista U 2:07.18 1

42 Berberich, Ben Buena Vista U 2:08.41 1

43 Truman, Jared Dakota State U 2:08.81 1

44 Dooyema, Eli U Sioux Falls 2:11.16 1

45 humbert, sky Unattached 2:11.89 1

46 Sampson, Ben Buena Vista U 2:12.89 1

**-- Gulliksen, Peter Augustana College DNF 1**

-- Herding, Dalton ND State DNF 3

-- Kong, Khor Unattached DNF 3

Event 202 Men Long Jump U/C 3/5

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Name Year School Finals Wind

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Finals

1 Vlastuin, Jared Unattached 7.17m 2.4 23-06.25

2 Ary, Jeremiah SD State 7.07m 1.2 23-02.50

3 Lindsey-Stevens, Kaleb U Sioux Falls 6.83m 1.1 22-05.00

4 Lahm, Derek Wayne State U 6.50m 0.3 21-04.00

5 Girard, Zach Dickinson State U 6.45m 0.8 21-02.00

**6 Holmberg, Henrik Unattached 6.39m 1.3 20-11.75**

7 Sundheim, Brady Dickinson State U 6.35m 0.9 20-10.00

8 Nelsen, Ben U Sioux Falls 6.32m 1.0 20-09.00

9 Fitzsimmons, Connor U South Dakota 6.20m 0.4 20-04.25

10 Feil, Zachary Unattached 6.04m 0.9 19-09.75

11 Schaffer, Austin U Sioux Falls 5.87m 0.2 19-03.25

12 Evenson, Jeremy Dickinson State U 5.84m 1.4 19-02.00

13 Mohamed, Salih Unattached 5.76m +0.0 18-10.75

14 Reed, Josh Dickinson State U 5.75m 0.8 18-10.50

15 Alden, Josh Unattached 5.72m 1.0 18-09.25

16 Moore, Jordan Dickinson State U 5.69m 0.1 18-08.00

17 Dahl, Dillon Northern State U 5.63m 1.0 18-05.75

18 Roby, Brady U Sioux Falls 5.62m 0.9 18-05.25

19 Wessling, Kyle Buena Vista U 5.59m 0.6 18-04.25

20 Menzie, Robert Unattached 5.40m +0.0 17-08.75

21 Clark, Cody Wayne State U 5.38m 0.2 17-08.00

22 Schukking, Peter Augustana College 5.32m 1.2 17-05.50

23 Thada, Vaughn Augustana College 5.19m NWI 17-00.50

-- Smith, DJ Buena Vista U ND NWI

Event 211 Men 110 Meter Hurdles U/C 3/5

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Name Year School Finals Wind H#

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Finals

1 Lewin, Teivaskie U South Dakota 14.19 2.7 4

2 Tetzlaff, Matt Unattached 14.28 2.7 4

3 Magstadt, Nathan Dickinson State U 14.77 2.7 4

4 Heuer, Ryan Augustana College 14.94 2.7 4

5 Neal, Andrew Unattached 15.13 2.7 4

6 Bohaty, Doug Buena Vista U 15.31 2.5 3

7 Kerr, Garreth Dickinson State U 15.48 2.5 3

8 Sotir, David Dakota State U 15.49 2.5 3

**9 Holmberg, Henrik Unattached 15.62 2.7 4**

10 Ely, Zach Dakota State U 15.76 3.1 2

11 Olson, Till Northern State U 15.83 2.5 3

12 Fierro, Cale Unattached 15.93 2.5 3

13 Priebe, Traxton SD State 16.09 NWI 1

14 Lentsch, Hank U South Dakota 16.10 2.5 3

15 Moore, Jordan Dickinson State U 16.17 3.1 2

16 Spiegel, Ryan Southwest MN State 16.34 NWI 1

17 Wessling, Kyle Buena Vista U 17.28 NWI 1

18 Dahl, Dillon Northern State U 17.41 3.1 2

19 Schukking, Peter Augustana College 22.20 NWI 1

Event 205 Men Shot Put U/C 3/5

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Name Year School Finals

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Finals

1 McKelvey, Kyle U South Dakota 17.89m 58-08.50

2 Renner, Alex ND State 16.56m 54-04.00

3 Bents, Jordon U Sioux Falls 15.63m 51-03.50

4 Valind, Dustin U South Dakota 15.60m 51-02.25

5 Tonsager, Ben Southwest MN State 15.10m 49-06.50

6 Anderson, Kyle SD State 14.46m 47-05.25

7 Benson, Austin SD State 13.81m 45-03.75

8 Ganter, Greg Unattached 13.78m 45-02.50

9 Herauf, Sam Dickinson State U 13.13m 43-01.00

10 Woods, Zac Dakota State U 12.86m 42-02.25

11 Weis, Alex Southwest MN State 12.82m 42-00.75

12 Gimbel, Ryan Dakota State U 12.76m 41-10.50

13 Mueller, Jordan U Sioux Falls 12.07m 39-07.25

14 Malone, Ty Dickinson State U 11.79m 38-08.25

15 Harr, Brady Northern State U 11.67m 38-03.50

16 Mercil, Bennett SD State 11.45m 37-06.75

**17** **Holmberg, Henrik Unattached 11.36m 37-03.25**

18 Menzie, Robert Unattached 10.74m 35-03.00

19 Sedey, James Dickinson State U 10.70m 35-01.25

20 Schukking, Peter Augustana College 8.27m 27-01.75

Event 206 Men Pole Vault U/C 3/5

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Name Year School Finals

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Finals

1 Sarehkhani, Kevin Unattached 5.17m 16-11.50

2 Greenman, Scott U Sioux Falls J5.17m 16-11.50

3 Ballew, Kyle U South Dakota 5.02m 16-05.50

4 Valli, Mitchell Unattached 4.87m 15-11.75

5 Chapman, Peter U South Dakota J4.87m 15-11.75

6 Perkins, Preston U South Dakota J4.87m 15-11.75

7 Gran, Jagger U Sioux Falls 4.72m 15-05.75

8 Schaefer, Ryan SD State J4.72m 15-05.75

9 Schaefer, Nate SD State 4.57m 15-00.00

10 Evenson, Jeremy Dickinson State U 4.27m 14-00.00

10 Hajek, Tyler SD State 4.27m 14-00.00

12 Kranz, Nick Northern State U 4.15m 13-07.25

**12 Myrhol, Tor Unattached 4.15m 13-07.25**

-- Finkelstein, Scott Northern State U NH

-- Rogers, Brandon U Sioux Falls NH

-- Jensen, Chase U Sioux Falls NH

**-- Holmberg, Henrik Unattached NH**

-- Zebedee, Jacob U Sioux Falls NH

-- Pohlmann, Jacob Augustana College NH

-- Hosman, Riley Unattached NH