**Howard Wood Dakota Relays**

Howard Wood Field

Sioux Falls, SD 2-3.5

Event 319 Women 5000 Meter Run U/C 2/5

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 Name Year School Finals

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Finals

 1 Eichkorn, Amber U South Dakota 16:52.08

 **2 Brondbo, Kristin Augustana College 16:54.84**

 3 Blakeslee, Kyle Augustana College 16:55.53

 4 Delgado, Meritxell Augustana College 17:28.84

 5 Wetzstein, Katie U South Dakota 17:39.54

 6 Grossenberg, Jenna SD State 17:58.04

 7 Bowers, Chey SD State 18:01.60

 8 Wysocki, Erin U of North Dakota 18:10.88

 9 Swoboda, Gabi Augustana College 18:14.68

 10 Harder, Sierra U Sioux Falls 18:15.96

 11 Rogers, Kristin U NE-Omaha 18:16.99

 12 Brown, Megan Augustana College 18:19.58

 13 Bruns, Lindsey U NE-Omaha 18:31.73

 14 Barrett, Kelsey U South Dakota 18:35.44

 15 George, Ashly Dickinson State U 19:04.61

 16 Steffen, Kristin U South Dakota 19:53.50

 17 Schmidt, Avery U NE-Omaha 20:55.99

 18 Osentoski, Kourtney U NE-Omaha 20:56.06

 19 DeSimone, Andrea Wayne State U 21:01.39

 20 Kingsley, Molly Wayne State U 21:03.95

 21 Camacho, Laura Wayne State U 21:47.14

Event 204 Men Discus Throw U/C 2/5

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 Name Year School Finals

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Finals

 1 Snyder, Cody Unattached 60.17m 197-05

 2 Valind, Dustin U South Dakota 52.21m 171-03

 3 McKelvey, Kyle U South Dakota 46.80m 153-06

 4 Stephens, Denton U South Dakota 46.22m 151-08

 5 Huber, Anthony Augustana College 45.40m 148-11

 6 Benson, Austin SD State 44.40m 145-08

 **7 Holmberg, Henrik Unattached 43.09m 141-04**

 8 Payne, Ashanti Southwest MN State 42.54m 139-07

 9 Mack, Cullen SD State 42.47m 139-04

 10 Weis, Alex Southwest MN State 42.42m 139-02

 11 Jensen, Shawn Southwest MN State 42.18m 138-05

 12 Ackman, Ryan SD State 42.09m 138-01

 13 Pharis, Austin U South Dakota 41.73m 136-11

 14 Warth, Joe Wayne State U 40.84m 134-00

 15 Ganter, Greg Unattached 40.66m 133-05

 16 Sindelar, Alec Buena Vista U 38.50m 126-04

 17 Mueller, Jordan U Sioux Falls 38.20m 125-04

 18 Bents, Jordon U Sioux Falls 38.15m 125-02

 19 Olson, Devin Northern State U 38.07m 124-11

 20 Van Tilburg, Trevor Dakota State U 37.74m 123-10

 21 Gimbel, Ryan Dakota State U 37.18m 122-00

 22 Brant, Nick Augustana College 36.11m 118-06

 23 Malone, Ty Dickinson State U 35.87m 117-08

 24 Sedey, James Dickinson State U 33.43m 109-08

 25 Johnson, Drew Dickinson State U 32.96m 108-02

 26 Smith, DJ Buena Vista U 30.01m 98-05

 27 Schukking, Peter Augustana College 29.10m 95-06

 28 Wessling, Kyle Buena Vista U 23.99m 78-08

 -- Brooks, Daquan U South Dakota ND

 Event 201 Men High Jump U/C 2/5

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 Name Year School Finals

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Finals

 1 Northrup, Riley Unattached 2.08m 6-09.75

 2 Vlastuin, Jared Unattached J2.08m 6-09.75

 3 Knebel, Andrew Dickinson State U 2.03m 6-08.00

 4 Frank, Tyler U South Dakota 1.98m 6-06.00

 5 Koosman, Zach SD State J1.98m 6-06.00

 6 Mooney, Joe St Cloud State U 1.93m 6-04.00

 7 Berg, Connor SD State J1.93m 6-04.00

 8 Lentsch, Hank U South Dakota J1.93m 6-04.00

 9 Torgerson, Josh Dickinson State U 1.88m 6-02.00

 **9 Holmberg, Henrik Unattached 1.88m 6-02.00**

 11 Sundheim, Brady Dickinson State U 1.83m 6-00.00

 -- Sanderson, Jake SD State NH

 -- Feil, Zachary Unattached NH

 -- Girard, Zach Dickinson State U NH

 -- Thada, Vaughn Augustana College NH

 Event 243 Men 200 Meter Dash U/C 2/5

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 Name Year School Finals Wind H#

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Finals

 1 Lewin, Teivaskie U South Dakota 21.29 2.7 5

 2 Lindsey-Stevens, Kaleb U Sioux Falls 21.68 3.3 6

 3 Miller, Breyan Dickinson State U 21.76 3.3 6

 4 Allotey, Dillando St Cloud State U 21.83 3.3 6

 5 Greenway, Jason Augustana College 21.90 2.7 5

 6 King, Mike Wayne State U 21.91 2.7 5

 7 O'Connell, Jeff U South Dakota 21.92 3.4 4

 8 Johnson, Andy Northern State U 21.98 3.3 6

 9 Greenway, Justin Augustana College 22.10 2.7 5

 10 Winterton, Peter Buena Vista U 22.15 3.4 4

 11 Neal, Andrew Unattached 22.16 2.7 5

 12 Moore, Myren Dickinson State U 22.22 3.1 3

 13 Ernst, William Wayne State U 22.26 3.4 4

 14 Rothering, Zach U South Dakota 22.34 3.3 6

 15 Kolhof, Kory SD State 22.36 2.7 5

 15 Finley, Dallin Southwest MN State 22.36 2.7 5

 17 Eberly, Ryan Buena Vista U 22.37 3.1 3

 18 Mahler, Colton Unattached 22.44 3.4 4

 19 Cheneyon, Leon St Cloud State U 22.54 3.3 6

 20 Jacobsen, Trevor Dakota State U 22.58 4.8 2

 21 Arnold, Bo SD State 22.59 3.4 4

 22 Dunn, Jesse SD State 22.68 3.4 4

 22 Hargrove, Martin Dakota State U 22.68 4.8 2

 24 Williams, D'Artist Dakota State U 22.72 4.8 2

 25 Helgelien, Dion U Sioux Falls 22.73 4.8 2

 26 Parsley, Joe Northern State U 22.76 4.8 2

 27 Carlson, Spencer Dakota State U 22.77 4.8 2

 28 Gill, Corey Dickinson State U 22.91 3.1 3

 29 Bednar, Joe SD State 22.92 3.1 3

 30 Sittig, Tom Augustana College 22.93 4.8 2

 **31 Holmberg, Henrik Unattached 22.96 3.4 4**

 32 DeSchepper, Trevor Augustana College 22.97 3.1 3

 33 Alden, Josh Unattached 23.06 3.1 3

 33 Moore, Jordan Dickinson State U 23.06 3.1 3

 35 Robinson, Raekwon Northern State U 23.08 2.7 5

 36 Rivera, Michael Southwest MN State 23.09 5.1 1

 37 Eberle, Cory U Sioux Falls 23.11 5.1 1

 38 Howard, Darryl St Cloud State U 23.18 3.1 3

 39 Bohaty, Doug Buena Vista U 23.34 5.1 1

 40 Frank, Mason Dickinson State U 23.37 5.1 1

 41 Eberly, Mark Buena Vista U 23.43 5.1 1

 42 Sotir, David Dakota State U 23.53 5.1 1

 43 Mohamed, Salih Unattached 23.54 4.8 2

 44 Six, Zach Northern State U 23.78 3.4 4

 45 Groth, Austin Buena Vista U 23.83 5.1 1

 46 Schultz, Brock Southwest MN State 23.89 5.1 1

Event 217 Men 800 Meter Run 800 U/C 2/5

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 Name Year School Finals H#

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Finals

 1 Espeland, Alec ND State 1:51.71 3

 2 Larsen, Monte Unattached 1:52.04 3

 3 Omot, Aduo Augustana College 1:52.07 3

 4 Heppner, Moses ND State 1:52.23 3

 5 Carter, Dante Dickinson State U 1:52.30 3

 6 Hansson, Henrik Augustana College 1:52.87 3

 7 Sanchez, Alejandro Southwest MN State 1:53.96 3

 8 Thomsen, Zach Wayne State U 1:54.09 3

 9 Stevenson, Blake U Sioux Falls 1:55.05 3

 10 Sandbak, Dustin Dickinson State U 1:55.42 3

 11 Schultz, Ben ND State 1:55.90 3

 12 Lugo, Alex MN State Mankato 1:56.15 3

 13 Moeller, Mark Dakota State U 1:56.24 2

 14 Nielson, Stephen U South Dakota 1:57.34 3

 15 Lilly, Delano Dickinson State U 1:57.44 2

 16 Dojiok, Mach U South Dakota 1:57.47 3

 17 Gessner, Brendan MN State Mankato 1:57.82 2

 18 Kilian, Blaze U Sioux Falls 1:58.29 2

 19 Swenson, Ryan SD State 1:58.44 2

 20 Gilkerson, Mark Northern State U 1:58.76 3

 21 Cook, Justin Augustana College 1:58.88 2

 22 Aman, Jonathan Dickinson State U 1:59.11 2

 23 Harris, Rashad St Cloud State U 1:59.26 2

 24 Hulm, Skyler Dickinson State U 1:59.37 2

 25 Erdman, Ryan MN State Mankato 1:59.45 2

 26 Ojullu, O.J. Southwest MN State 1:59.47 2

 27 Schoneberger, Alex MN State Mankato 1:59.58 3

 28 Woodson, Garrett Buena Vista U 1:59.89 2

 29 Freese, Chance Augustana College 2:00.01 2

 30 Wensmann, Taylor U Sioux Falls 2:00.16 1

 31 Lindwurm, Nick Northern State U 2:00.37 2

 32 Hogie, Austin U Sioux Falls 2:00.50 2

 33 Krein, Brandon Northern State U 2:01.06 2

 34 Sutton, Jared Dakota State U 2:01.42 1

 35 Demings, Paul Southwest MN State 2:02.47 1

 36 Jensen, Tyler Northern State U 2:03.26 1

 37 Tejada, Claudio Dakota State U 2:03.34 1

 38 Slaba, Dylan SD State 2:03.41 2

 39 Surber, John Buena Vista U 2:03.45 1

 40 Derham, Jack Southwest MN State 2:05.48 1

 41 Hannula, Brady Buena Vista U 2:07.18 1

 42 Berberich, Ben Buena Vista U 2:08.41 1

 43 Truman, Jared Dakota State U 2:08.81 1

 44 Dooyema, Eli U Sioux Falls 2:11.16 1

 45 humbert, sky Unattached 2:11.89 1

 46 Sampson, Ben Buena Vista U 2:12.89 1

 **-- Gulliksen, Peter Augustana College DNF 1**

 -- Herding, Dalton ND State DNF 3

 -- Kong, Khor Unattached DNF 3

Event 202 Men Long Jump U/C 3/5

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 Name Year School Finals Wind

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Finals

 1 Vlastuin, Jared Unattached 7.17m 2.4 23-06.25

 2 Ary, Jeremiah SD State 7.07m 1.2 23-02.50

 3 Lindsey-Stevens, Kaleb U Sioux Falls 6.83m 1.1 22-05.00

 4 Lahm, Derek Wayne State U 6.50m 0.3 21-04.00

 5 Girard, Zach Dickinson State U 6.45m 0.8 21-02.00

 **6 Holmberg, Henrik Unattached 6.39m 1.3 20-11.75**

 7 Sundheim, Brady Dickinson State U 6.35m 0.9 20-10.00

 8 Nelsen, Ben U Sioux Falls 6.32m 1.0 20-09.00

 9 Fitzsimmons, Connor U South Dakota 6.20m 0.4 20-04.25

 10 Feil, Zachary Unattached 6.04m 0.9 19-09.75

 11 Schaffer, Austin U Sioux Falls 5.87m 0.2 19-03.25

 12 Evenson, Jeremy Dickinson State U 5.84m 1.4 19-02.00

 13 Mohamed, Salih Unattached 5.76m +0.0 18-10.75

 14 Reed, Josh Dickinson State U 5.75m 0.8 18-10.50

 15 Alden, Josh Unattached 5.72m 1.0 18-09.25

 16 Moore, Jordan Dickinson State U 5.69m 0.1 18-08.00

 17 Dahl, Dillon Northern State U 5.63m 1.0 18-05.75

 18 Roby, Brady U Sioux Falls 5.62m 0.9 18-05.25

 19 Wessling, Kyle Buena Vista U 5.59m 0.6 18-04.25

 20 Menzie, Robert Unattached 5.40m +0.0 17-08.75

 21 Clark, Cody Wayne State U 5.38m 0.2 17-08.00

 22 Schukking, Peter Augustana College 5.32m 1.2 17-05.50

 23 Thada, Vaughn Augustana College 5.19m NWI 17-00.50

 -- Smith, DJ Buena Vista U ND NWI

 Event 211 Men 110 Meter Hurdles U/C 3/5

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 Name Year School Finals Wind H#

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Finals

 1 Lewin, Teivaskie U South Dakota 14.19 2.7 4

 2 Tetzlaff, Matt Unattached 14.28 2.7 4

 3 Magstadt, Nathan Dickinson State U 14.77 2.7 4

 4 Heuer, Ryan Augustana College 14.94 2.7 4

 5 Neal, Andrew Unattached 15.13 2.7 4

 6 Bohaty, Doug Buena Vista U 15.31 2.5 3

 7 Kerr, Garreth Dickinson State U 15.48 2.5 3

 8 Sotir, David Dakota State U 15.49 2.5 3

 **9 Holmberg, Henrik Unattached 15.62 2.7 4**

 10 Ely, Zach Dakota State U 15.76 3.1 2

 11 Olson, Till Northern State U 15.83 2.5 3

 12 Fierro, Cale Unattached 15.93 2.5 3

 13 Priebe, Traxton SD State 16.09 NWI 1

 14 Lentsch, Hank U South Dakota 16.10 2.5 3

 15 Moore, Jordan Dickinson State U 16.17 3.1 2

 16 Spiegel, Ryan Southwest MN State 16.34 NWI 1

 17 Wessling, Kyle Buena Vista U 17.28 NWI 1

 18 Dahl, Dillon Northern State U 17.41 3.1 2

 19 Schukking, Peter Augustana College 22.20 NWI 1

Event 205 Men Shot Put U/C 3/5

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 Name Year School Finals

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Finals

 1 McKelvey, Kyle U South Dakota 17.89m 58-08.50

 2 Renner, Alex ND State 16.56m 54-04.00

 3 Bents, Jordon U Sioux Falls 15.63m 51-03.50

 4 Valind, Dustin U South Dakota 15.60m 51-02.25

 5 Tonsager, Ben Southwest MN State 15.10m 49-06.50

 6 Anderson, Kyle SD State 14.46m 47-05.25

 7 Benson, Austin SD State 13.81m 45-03.75

 8 Ganter, Greg Unattached 13.78m 45-02.50

 9 Herauf, Sam Dickinson State U 13.13m 43-01.00

 10 Woods, Zac Dakota State U 12.86m 42-02.25

 11 Weis, Alex Southwest MN State 12.82m 42-00.75

 12 Gimbel, Ryan Dakota State U 12.76m 41-10.50

 13 Mueller, Jordan U Sioux Falls 12.07m 39-07.25

 14 Malone, Ty Dickinson State U 11.79m 38-08.25

 15 Harr, Brady Northern State U 11.67m 38-03.50

 16 Mercil, Bennett SD State 11.45m 37-06.75

 **17** **Holmberg, Henrik Unattached 11.36m 37-03.25**

 18 Menzie, Robert Unattached 10.74m 35-03.00

 19 Sedey, James Dickinson State U 10.70m 35-01.25

 20 Schukking, Peter Augustana College 8.27m 27-01.75

Event 206 Men Pole Vault U/C 3/5

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 Name Year School Finals

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Finals

 1 Sarehkhani, Kevin Unattached 5.17m 16-11.50

 2 Greenman, Scott U Sioux Falls J5.17m 16-11.50

 3 Ballew, Kyle U South Dakota 5.02m 16-05.50

 4 Valli, Mitchell Unattached 4.87m 15-11.75

 5 Chapman, Peter U South Dakota J4.87m 15-11.75

 6 Perkins, Preston U South Dakota J4.87m 15-11.75

 7 Gran, Jagger U Sioux Falls 4.72m 15-05.75

 8 Schaefer, Ryan SD State J4.72m 15-05.75

 9 Schaefer, Nate SD State 4.57m 15-00.00

 10 Evenson, Jeremy Dickinson State U 4.27m 14-00.00

 10 Hajek, Tyler SD State 4.27m 14-00.00

 12 Kranz, Nick Northern State U 4.15m 13-07.25

 **12 Myrhol, Tor Unattached 4.15m 13-07.25**

 -- Finkelstein, Scott Northern State U NH

 -- Rogers, Brandon U Sioux Falls NH

 -- Jensen, Chase U Sioux Falls NH

 **-- Holmberg, Henrik Unattached NH**

 -- Zebedee, Jacob U Sioux Falls NH

 -- Pohlmann, Jacob Augustana College NH

 -- Hosman, Riley Unattached NH