**Resultater fra treningsstevne 29.10.2014**

**Sted: Stampesletta – Lillehammer**

**5000m kvinner:**

1          Ania Zielinkiewicz                   Lillehammer IF                       18,32,43

2          Ingrid Hoff-Nordstrand            Lillehammer IF                       19,23,91

3          Nora B. Apelgren                    Lillehammer IF                       21,02,19

**5000m menn:**

1          Awet  Eistifanos Fishatsion    Lillehammer IF                       17,30,05

**10000m menn:**

1          Awet Eistifanos Fishatsion     Lillehammer IF                       35,22,04

**Lengde u.t.**

1          Sondre Mulongo Nystrøm      Lillehammer IF                       3,15

2          Michael Rosenberg                Lillehammer IF                       3,14