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Antall deltakende klubber i mesterskapene 2021
Enkelte mesterskap kansellert grunnet Covid-19-pandemien

Antall deltakende utøvere 2021

	Menn	Kvinner	Totalt
Totalt	928	640	1368
Seniormesterskap	613	340	953
Juniormesterskap	266	236	502
Ungdomsmesterskap	365	307	672

Antall starter i mesterskapene 2021

	Menn	Kvinner	Totalt
Totalt	2522	2038	4560
Seniormesterskap	957	599	1556
Juniormesterskap	611	649	1260
Ungdomsmesterskap	954	790	1744

Slik leses indeksen:

Navn **Borge, Vebjørn (14.2.1994)**
År **2013** 1000mR 5 1:56.10, 400m inne 3h2 51.84, 4x200mR inne
 DQ, 4x100mR DNF, 4x400mR 4 3:19.64, 400m U20 5 51.36,
 800m U20 3h3 2:05.20, 1000mR U20 3 1:51.24, 4x100mR U20 0
 DNFh1, 400mR U20 1 3:21.95, 400m G1 19 8 51.27, 800m
 G18/19

Plassering*
 * Se nedenfor

Øvelse
 Sort skrift: Senior mesterskap
 Blå skrift: Junior mesterskap
 Rød skrift: Ungdomsmesterskap

Klasse
 Blank: Senior-NM
 Øvre klasser benevnt

Inne
Innendørskonkurransen
 Utendørs er blank

Resultat

Plassering:
 Enkelttiffer: Finaleplassering
 3h2: Nr. 3 i heat 2
 4s3: Nr. 4 i semifinale 3
 DNF: Brutt
 DNFh2: Brutt løp i heat 2
 DNS: Startet ikke
 DQ: Diskvalifisert
 Rxxx.xx: Diskvalifisert etter denne regel
 NM: Ikke gyldig resultat
 q eller k: kvalifiseringskonkurransen

Antall utøvere pr årsklasse i UM											
Gutter	15 år	16 år	17 år	18 år	19 år	Jenter	15 år	16 år	17 år	18 år	19 år
2021	96	86	77	106	←	2021	89	81	62	75	←

Senior

Mesterskap kansellert grunnet Covid-19-pandemien

NM og UM innendørs

NM hopp uten tilløp

NM stafetter junior

UM mangekamp inne

UM stafetter

Mesterskap ikke arrangert

NM kappgang

NM kappgang langdistanse

Menn**A****Abdulaziz, Ebrahim** (17.11.1978)

2021 Maraton 1 2:19:51

Adolfson, Morgan (3.3.1968)

2021 Halvmaraton 94 1:35:51

Agbo, Schaanning Edem (3.12.1999)

2021 100 3s3 10.98, 1h5 10.87

Ahlbäck, Emil Martin (24.2.1993)

2021 3km terrengløp 13 10:06, 2x6km stafett terrengløp 8 19:50, 10km terrengløp 20 33:20

Akerlie, Tore (19.2.1999)

2021 5000 24 (9h1) 14:50.39, 10000 29 (9h1) 31:41.95, 3km terrengløp 8 9:51, 2x6km stafett terrengløp 4 19:06, 5000 U23 7 15:02.87

Akse, Andreas Ytredal (23.1.2001)

2021 Maraton 20 2:54:38

Allers-Hansen, Tobias (6.1.2003)

2021 4x400 stafett 3 3:18.73, 2x6km stafett terrengløp 9 20:15, 1500 U20 5h3 4:11.98, 5000 U20 20 16:09.17, 2km terrengløp U20 =5 6:43, 800 G18/19 5 (5h2) 1:57.49, 3000 G18/19 21 (13h2) 8:58.67

Almli-Solheim, Ludvik Elenus (30.4.2006)

2021 2000 G15 15 6:23.10

Alvik, Eirik (8.8.2006)

2021 800 G15 19 (9h1) 2:17.00, 2000 G15 17 6:25.56, 1500 hinder G15 4 5:04.79

Anderl, Timmi Brandvik (9.1.1999)

2021 800 7h1 1:57.63, 800 U23 7 1:56.54, 4h1 2:28.62

Andersen, Per (???.???.???)

2021 Maraton DNF

Andersen, Paal (15.4.1964)

2021 Maraton 36 3:07:29

Andersen, Sindre Fidje (1.9.2003)

2021 100 U20 6h6 11.51, 200 U20 7h1 23.75w, 100 G18/19 6h2 11.54, 200 G18/19 6h1 123.86

Andersen, Ådne (18.1.1994)

2021 Motbakke 12 41:42

Andersland, Magnus Magnussen (30.7.2005)

2021 Tresteg U20 10 12.53, Tresteg G16 2 12.74

Andreassen, Torgeir (2.5.1984)

2021 24 timer ultraløp 19 162.490

Anker-Rasch, Jørgen Nygaard (26.9.1988)

2021 Halvmaraton 47 1:19:43

Antonsen, Magnus Nergård (2.2.2006)

2021 9-kamp G15 1 4.413

Apold, Lars-Olav Måkestad (5.6.1992)

2021 10000 36 (15h1) 32:11.10, 3km terrengløp 14 10:11, 2x6km stafett terrengløp 6 19:26

Armond, Sander Feness (8.11.2005)

2021 1000 stafett U20 8 2:02.17, 100 G16 6h3 12.15, 200 G16 5h1 24.88, 1000 stafett G17-19 h2 DNF

Arnevåg, David Andre Aasen (19.8.1989)

2021 Terrenultra 7 5:14:51

Artelius, Erik Olof (SWE) (31.7.2001)

2021 100 7h1 11.59

Arumairasa, Brage Viljar (18.1.2005)

2021 Kule U20 13 11.94, Diskos U20 10 37.95, Kule G16 1 14.55, Diskos G16 1 48.94, Spyd G16 1 51.14

Arvola, Birk Alexander (1.4.2005)

2021 100 G16 5h1 11.84, 200 G16 8 23.72, 3h2 23.53, 1000 stafett G15/16 DNS

Asgautsen, Thomas Førland (13.3.1989)

2021 Maraton 10 2:44:31, Halvmaraton 12 1:09:36

Askeland, Jonathan (18.7.2003)

2021 100 U20 6h3 11.66, Høyde U20 =9 1.75, 100 G18/19 5s2 11.38, 4h1 11.41w, 200 G18/19 7s1 23.25, 5h4 23.26, Høyde G18/19 =5 1.75

Asphjell, Jon (6.2.1976)

2021 24 timer ultraløp 13 174.856

Aulstad, Bjørn Torgeir (19.12.1970)

2021 24 timer ultraløp 15 172.885

Aune, Tormod Pålstrud (6.8.2005)

2021 1500 hinder G16 6 5:00.41

Aurdal, Herman Velle (22.2.1999)

2021 Slegge U23 2 58.97

Aurstad, Bastian Elnan (18.1.2005)

2021 400 2 (1h2) 47.17, 400 hekk 2 51.83, 1h1 52.69, 200 U20 4 21.98w, 2s2 21.91w, 1h3 22.33, Lengde U20 6 6.83, 1000 stafett U20 4 2:00.15, 200 G16 1 21.82, 1h1 22.32, 100 hekk G16 1 13.37, 1h2 13.64, 300 hekk G16 1 (1h2) 38.06, Lengde G16 3 6.52, 1000 stafett G17-19 h2 DNS

Austad, Oddbjørn Haarr (30.4.1965)

2021 24 timer ultraløp 35 118.482

Austrheim, Stian Andre Lie (30.7.2004)

2021 Høyde G17 8 1.65, Lengde G17 NM

B**Bakk, Morten** (???.???.???)

2021 Maraton 34 3:05:28

Bakken, Rolf (8.3.1960)

2021 Halvmaraton 92 1:35:25

Bakketun, Andreas Haara (21.2.2001)

2021 200 5 21.60, 2s1 21.54, 1h2 22.04, 400 8 (7h1) 49.18, 1000 stafett 2 1:53.44, 4x100 stafett 1 40.49, 4x400 stafett 1 3:13.73, 400 U23 1 47.11, 1h1 49.81

Barkhald-Langjord, Marcus Kwadwo (16.12.1996)

2021 100 7h5 11.50

Bastesen, Julian René (23.7.2004)

2021 100 G17 h2 DNS, 110 hekk G17 1 14.93, 1h1 15.21, Lengde G17 11 5.34

Bauer-Nilsen, Tore August (10.5.1973)

2021 Halvmaraton 89 1:34:30

Bech, Halvard Cartfjord (25.10.1992)

2021 10000 (h1) DNF

Berg, Aleksander (23.5.2006)

2021 100 hekk G15 5 15.38, 3h3 15.35, 300 hekk G15 6 (2h1) 43.78, 1000 stafett G15/16 3 2:09.42

Berg, Ervin Kavara (13.4.2006)
2021 100 G15 4h2 12.15, 200 G15 7 24.68, 4h1 24.27, Tresteg G15 6 10.70

Berg, Håkon Moe (26.6.2006)
2021 800 G15 1 (1h2) 1:59.38, 2000 G15 2 5:30.81

Berg, Ole Gorm (9.5.1970)
2021 Maraton 14 2:48:35

Berg, Simen Nordheim (26.3.2003)
2021 100 U20 4 11.00, 1s2 11.00, 1h4 11.04

Berge, Mads (9.2.1989)
2021 Maraton 5 2:35.53, Halvmaraton 20 1:11:04

Berge, Simen Næss (26.3.1992)
2021 Halvmaraton 17

Bergh, Jørgen (29.12.2003)
2021 Høyde U20 =9 1.75, 100 G18/19 8h3 12.35, Høyde G18/19 4 1.75

Bergheim, Elias August (12.10.2003)
2021 400 U20 6h3 52.63, 1000 stafett U20 8 2:02.17, 200 G18/19 6h2 23.43, 400 G18/19 6 (3h1) 51.88, 1000 stafett G17-19 h2 DNF

Bergheim, Luka (19.2.2004)
2021 100 G17 4h3 11.88, 200 J17 5s2 23.60, 2h1 23.43

Bergstrøm-Bendixen, Dennis (6.6.2006)
2021 2000 G15 12 6:14.24, 2km terrengløp G15 3 6:52

Bergstå, Robert (20.1.1991)
2021 5000 28 (12h1) 14:56.10

Bergsvik, Pål (27.7.1992)
2021 Terrengultra DNS

Berland, Brynjel Furnes (13.4.2001)
2021 Motbakke 18 44:30

Berland, Håvard (5.6.1978)
2021 Maraton 11 2:46:03

Berntsen, Sesbastian (7.2.2005)
2021 200 5s3 22.62, 5h1 22.89, Lengde 6 6.85, 100 U20 6 11.04, 2s3 11.13, 1h2 11.13, 200 U20 7 22.54w, 3s2 22.62w, 3h1 22.73w, Lengde U20 5 6.94w, 100 G16 2 10.93w, 1h2 11.23, Lengde G16 1 6.80

Berntzen, Kristian Eilefstjønn (29.3.2006)
2021 800 G15 10 (8h2) 2:08.26, 2000 G15 11 6:13.64

Bernås, Thomas Bach (6.8.1983)
2021 Halvmaraton 75 1:29:00

Beyer, Vilmer Fossum (26.7.2005)
2021 200 G16 5h3 24.61, 1000 stafett G17-19 7 (2H1) 2:06.41

Bifuko, Patrick Monga (12.1.1996)
2021 100 4s1 10.98, 2h1 10.97, 4x100 stafett 3 42.55, 4x100 stafett mix 1 43.79

Birkeland, Alf-Erik (20.3.1963)
2021 Terrengultra 35 7:26:36

Birketveit, Lars Magnus (21.4.2004)
2021 100 G17 5h2 12.03, 1000 stafett G17-19 11 (6h1) 2:09.80

Bitocchi, Peter Olav Pilskog (30.6.2006)
2021 100 G15 5h3 12.67, 200 G15 5 23.77, 3h2 23.43, 1000 stafett G15/16 5 2:17.71

Bjarkø, Arild (26.10.1956)
2021 Motbakke 46 55:43, Terrengultra 29 6:53.43

Bjerk, Jesper Sandvik (27.3.2005)
2021 100 G16 4h3 11.99, Tresteg G16 3 12.47

Bjerkaas, Jonatan Greni (28.3.1999)
2021 400 13 (6h2) 50.82

Bjørnbæk, Lars (???.???.???)
2021 24 timer ultraløp 27 137.476

Bjørge, Lars-Erik Notevarp (9.9.1989)
2021 Maraton 7 2:39.41

Bjørhei, Eivind (7.8.1987)
2021 Halvmaraton 26 1:13:08

Bjørkhaug, Aksel (14.10.2005)
2021 Motbakke 25 46:57, 800 G16 19 (9h1) 2:11.67, 3000 G16 12 9:23.12

Bjørkhaug, Anders (28.4.1975)
2021 Maraton 26 3:00:16, Motbakke 30 48:08

Bjørndal, Anders (8.7.1995)
2021 1500 5 3:51.54, 4h2 4:02.05

Bjørnstad, Benjamin (14.5.2003)
2021 800 G18/19 17 (7h1) 2:03.64, Spyd G18/19 5 38.74

Bjørnstad, Ole Edvard (17.10.1977)
2021 Maraton 12 2:46:29

Blikra, Lars Harald (19.3.1960)
2021 Maraton 23 2:58:15

Blix, Bendik (5.11.2002)
2021 1500 U20 7h1 4:15.47, 5000 U20 7 15:10.51

Bloom, Sean Karl (SWE) (13.2.2004)
2021 1000 stafett U20 5 2:01.00, 200 J17 8 23.90, 4s1 23.46, 2h4 23.43, 400 G17 10 /6h2) 55.13, 1000 stafett G17-19 2 (2H2) 2:01.61

Blücher, Kristoffer André Johannes (30.1.1999)
2021 4x400 stafett 3 3:18.73

Bolle, Even Hem (27.10.2006)
2021 Diskos G15 1 4.20

Bonesmo, Lars Sliper (11.3.2003)
2021 1000 stafett G17-19 13 (8h1) 2:16.86

Bonesmo, Snorre Sliper (9.5.2001)
2021 400 12 (5h2) 50.61, 800 7 1:52.95, 3h1 1:54.02, 800 U23 8 1:57.25, 1h1 2:27.55, 1000 stafett U23 2 1:55.46

Bongom, Bjørn Harald (6.1.1967)
2021 Motbakke 28 47:42

Borgen, Henrik Utheim (2.10.2004)
2021 Tresteg U20 8 13.17, Høyde G17 7 1.70, Lengde G17 9 5.58, Tresteg G17 3 12.84

Borger, Marius (11.10.1982)
2021 Halvmaraton 39 1:17:55

Borkholm, Knut (7.6.2002)
2021 6km terrengløp 15 20:45, 3000 G18/19 19 (7h1) 8:56.18

Botez, Albin Muhumuza Lydersen (30.8.2004)
2021 100 G17 5 11.40, 2h3 11.59, 200 J17 5h3 24.12, Spyd G17 6 22.42

Bottenvik, Vebjørn Kaldahl (13.1.1995)
2021 Spyd 4 64.13

Botez, Albin Muhumuza Lydersen (30.8.2004)
2021 100 U20 7s3 11.71, 5h6 11.42, 200 U20 8h5 24.21, 1000 stafett U20 2 1:56.89

Bovolden, Anders Nikolai (19.10.2001)
2021 100 U23 3h2 11.52, 200 U23 5 22.60, 3h2 22.59

Bratseth-Kiplesund, Ingar (17.11.1996)
2021 Lengde 1 7.73, Tresteg 1 15.51

Bredahl, Eivind (21.7.2005)
2021 Diskos G16 7 24.12, Slegge G16 6 27.94

Bredesen, Christian (15.8.2005)
2021 800 G16 18 (8h1) 2:09.22, 3000 G16 17 9:40.11, 1500 hinder G16 4 4:50.73, 2km terrengløp G16 4 6:55, 4km terrengløp G16 4 14:15

Bredesen, Mithias Michelet (11.4.2004)
2021 100 U20 s1 DNS, 5h5 11.51

Brennhovd, Herbjørn (10.3.1948)
2021 Maraton 64 3:31:32

Brevik, Håvar (1.9.1989)
2021 Halvmaraton 68 1:27:19

Brevik, Trond (18.5.1966)
2021 Halvmaraton 65 1:27:04

Brkineh, Frew Zenebe (ETH) (17.10.1984)
2021 10000 7 (7h2) 30:03.98, Halvmaraton 3 1:06:25

Brosvik, Kristen (23.3.2000)
2021 Slegge U23 4 52.10

Brown, Robbie (USA) (3.10.1991)
2021 2x6km stafett terrengløp 3 19:04

Brudevoll, Arvid (25.9.1963)
2021 Motbakke 42 52:11, Terrenkultra 31 7:12:35

Brufadt, Steffen Johannes Johnsen (14.5.1992)
2021 Terrenkultra 10 5:35:18

Brune, Bjørn Arve (13.9.1964)
2021 Halvmaraton 71 1:28:13

Brustad, Martin Aarboegh (15.1.2004)
2021 100 G17 6h2 12.09, 200 J17 6h3 24.92, 1000 stafett G17-19 10 (5H1) 2:08.03

Brørs, Magnus (26.5.1984)
2021 Terrenkultra 37 7:37:15

Bråten, Didrik Christoffer (22.12.2002)
2021 100 G18/19 8s2 11.73, 3h3 11.39

Braathen, Christian (1.10.1989)
2021 Halvmaraton 19 1:11:03

Bueie, Anton (279.1966)
2021 Halvmaraton 48 1:19:45

Bugge, Johan (24.1.1991)
2021 Motbakke 1 37:00

Buras, Ibrahim (21.8.2001)
2021 5000 8 (2h1) 14:20.24, 1500 U23 4 4:03.02, 5h2 4:18.18, 5000 U23 3 14:53.27

Burkauskas, Deividas (LTU) (3.9.2004)
2021 100 G17 6 11.56, 2h1 11.58, 200 J17 6s1 23.84, 3h1 23.67

Busterud, Jarle (13.7.1950)
2021 24 timer ultraløp 28 130.494

Buvarp, Kristoffer Reitan Selnes (11.8.2001)
2021 Maraton 83 4:23:30, Halvmaraton U23 7 1:20:56

Byberg, Tommy (24.3.1977)
2021 Maraton 69 3:39:26

Bø, Johannes Sandvik (23.1.2006)
2021 800 U20 6h2 2:02.99, 1500 U20 8h1 4:16.89, 2km terrengløp G15 2 6:39

Bøe, Filip (30.8.2000)
2021 200 s2 DQ:R162.8, 1h4 22.05, 4x100 stafett 4 42.59, 4x100 stafett mix DNF, 4x400 stafett mix 2 3:42.76, 100 U23 1 10.73, 1h1 11.00, 200 U23 1 21.42, 1h2 21.87

Bøgeberg, Asgeir (15.12.1959)
2021 Halvmaraton 67 1:27:18

Børve, Kristian Bråthen (8.12.2006)
2021 800 U20 2:05.81, 1500 U20 6h1 4:13.52, 800 G15 4 /4h2) 2:01.42, 2000 G15 1 5:29.21, 4km terrengløp G15 1 12:49

C

Chernov, Tomas Daniel (FIN) (7.8.2004)
2021 110 hekk G17 5h2 17.04, 300 hekk G17 3 (3h2) 41.33

Christensen, Børge Larsson (19.10.1992)
2021 5000 26 (10h1) 14:52.35, 10000 28 (8h1) 31:38.35

Christensen, Felix (20.4.2002)

2021 100 G18/19 8h4 11.86w, 2000 kappgang G18/19 2 18:41.70

Clausen, Casper Lye (19.7.2005)
2021 100 G16 7j3 12.74, 300 hekk G16 7 (2h1) 44.13

Clementsén, Sigurd (9.2.2003)
2021 200 8s1 23.53, 5h4 23.02, 400 hekk 6 56.62, 3h1 56.15, 200 U20 4s3 22.87, 2h3 22.87, 400 U20 6h2 52.41, 1000 stafett U20 6 2:01.19, 100 G18/19 7s1 11.53, 4h3 11.40, 400 hekk G18/19 1 56.01, 1000 stafett G17-19 5 (5H2) 2:03.68

D

Dahl, Arne Olav Brøndbo (20.7.2004)
2021 Diskos U20 NM, Slegge U20 9 39.69, Kule G17 6 13.89, Diskos G17 5 42.73, Slegge G17 5 46.73, Spydd G17 44.68

Dahl, Even Brøndbo (29.3.1994)
2021 1500 4 3:49.21, 6h1 3:54.06, Motbakke 7 39:07, 3km terrengløp 2 9:20

Dahl, Jon Inge (???.???.???)

2021 Halvmaraton 60 1:24:05

Dahl, Steinar (???.???.???)

2021 Halvmaraton 108 1:57:11

Dalbu, Sander (28.9.2002)

2021 100 7h4 11.55, 200 6h3 23.36, 100 U20 6s3 11.57, 3h6 11.41, 200 U20 6s3 23.21, 4h3 23.30, 1000 stafett U20 4 2:00.15, 100 G18/19 6s2 11.41, 3h4 11.40w, 200 G18/19 7s2 23.16, 5h3 23.24, 1000 stafett G17-19 h2 DNS

Dale, Mathias Andreas Reksten (24.1.2003)

2021 Kule 2 15.15, Kule U20 NM, Kule G18/19 1 16.60

Dalen, Syver Rusten (9.2.2005)

2021 3000 G16 18 9:43.06

Dalgaard, Morten (11.11.1992)

2021 Maraton 19 2:54:07

Dalland, Johannes (8.1.2003)

2021 4x800 stafett mix 2 9:01.63, 2x6km stafett terrengløp 11 20:50, 1500 U20 10 4:05.67, 4h2 4:05.83, 2km terrengløp U20 3 6:21, 800 G18/19 7 (7h2) 1:57.93, 3000 G18/19 14 (2h1) 8:50.08

Danielsen, Lars-Andre Instefjord (9.10.1989)

2021 24 timer ultraløp 25 150.606

Daviknes-Andreassen, Mats (15.3.2006)

2021 4km terrengløp G15 8 14:17

Debesay, Daniel Fikreyesus (29.1.2006)

2021 100 G15 3 11.51, 1h3 11.66, 200 G15 4 23.74, 3h1 23.54, Lengde G15 2 6.03

Deighan, John Christian (22.5.1986)

2021 Halvmaraton 8 1:08:37

Deinboll, Wilhelm Hjelpdahl (9.3.2005)

2021 4km terrengløp G16 8 14:54

Devik, Arne Osnes (14.9.2001)

2021 Slegge 5 58.45

Devik, Evald Osnes (19.4.1995)

2021 Slegge 3 60.48

Dimmen, Helge (9.3.1965)

2021 Halvmaraton 66 1:27:06

Drabløs, Kristian Brede (29.1.2005)

2021 200 6s3 22.90, 3h5 22.71, 200 U20 5 22.49w, 3s1 22.41w, 2h1 22.61w, 1000 stafett U20 6 2:01.19

Drager, Thai (16.7.2005)

2021 100 G16 7h1 12.52, Lengde G16 10 5.33, Tresteg G16 6 11.97

Dramstad, David-Thierry Ekhaug (13.2.2006)

2021 100 G15 7 11.89, 2h3 12.04, 200 G15 7h2 25.71, 1000 stafett G15/16 4 2:11.09

Drægni, Svein Arne Stavedal (12.11.1983)
2021 Terrenkultra 21 6:16:43

Drøpping, Halvor (5.9.1972)
2021 Terrenkultra 24 6:40:32

Duncan, Henrik (7.4.2003)
2021 100 G18/19 5h3 11.50, 200 G18/19 5s2 22.90, 2h1 22.87

Døske, Andreas Pedersen (26.5.2003)
2021 5000 kappgang 2 24:58.38, 3000 kappgang U20 2 DNS, 2000 kappgang G18/19 1 8:54.23

E

Ebrahim, Abdulaziz Mahammed Salih (17.11.1978)
2021 5000 (h2) DNS, 10000 14 (13h2) 30:46.43

Edman, Ferdinand Kvan (12.2.1993)
2021 1500 2 3:41.47, 1h1 3:53.82

Edøy, Odd (21.6.1957)
2021 Terrenkultra 28 6:50:49, 24 timer ultraløp 10 181.068

Eftedal, Kristoffer Fjære (11.7.1996)
2021 Terrenkultra 4 5:06:23

Eggesvik, Svein Magnar Øien (4.3.1964)
2021 Halvmaraton 87 1:33:55

Eia, Martin Steinmo (22.7.2006)
2021 800 G15 8 (6h2) 2:05.84

Eid, Torbjørn (9.10.1971)
2021 Maraton 46 3:14:02

Eide, Helge (15.12.1964)
2021 Maraton 76 3:53:03

Eide, Reidar (14.9.1954)
2021 Motbakke 49 71:48

Eide, Trond Ørjan (18.1.1990)
2021 10000 8 (8h2) 30:20.76

Eide, Vidar (14.6.1964)
2021 Maraton 60 3:29:22

Eidsli, Marius (7.9.2004)
2021 100 U20 5s3 11.55, 4h5 11.50, 200 U20 6s2 23.10w, 6h5 23.41, 1000 stafett U20 7 2:01.20

Eiksund, Johannes (23.2.2003)
2021 100 U20 5h1 11.53, 200 U20 7s3 23.30, 3h4 23.35, 100 G18/19 6s1 11.50, 3h1 11.42, 200 G18/19 5h1 23.81

Eiksund, Ole Arne (30.3.1967)
2021 Halvmaraton 85 1:33:22

Eilertsen, Stian Markussen (17.11.1986)
2021 Halvmaraton 18 1:10:52

Eilifsen, Morten (6.1.1984)
2021 Terrenkultra DNS

Einan, Markus (4.2.1997)
2021 800 3 1:48.96, 1h2 1:52.40, 1000 stafett 5 1:56.58

Eliassen, Henrik Hodne (7.3.2004)
2021 3000 G17 4 9:40.33

Ellingsdalen, Simen Hernes (18.8.1996)
2021 5000 17 (13h2) 14:40.68, 10000 16 (14h2) 30:50.88, Halvmaraton 4 1:06:53, 10km terrenløp 11 32:01

Ellingsen, Herman (23.2.2002)
2021 110 hekk 3 15.05, 4x400 stafett 3 3:18.73, 100 U20 1 10.69, 1s1 10.85, 1h1 11.25, 110h U20 1 13.82w, 400h U20 1 53.29, 1000 stafett U20 1 1:55.35, 200 G18/19 3 21.96, 1s1 21.28, 1h1 22.77, 110 hekk G18/19 1 13.84, 1000 stafett G17-19 1 (1H2) 1:54.51

Ellingsen, Leif Gunnar (9.7.1976)
2021 Terrenkultra 26 6:46:59

Ellingsen, Ola (5.6.1983)
2021 Halvmaraton 79 1:29:31

Ellingsen, Stig Vervik (8.9.1981)
2021 Halvmaraton 56 1:23:49

Ellingsen, Vetle Raa (16.4.2000)
2021 Høyde 1 2.08, Høyde U23 1 2.04

Elvegård, Johannes (9.3.2006)
2021 Høyde G15 6 1.60

Engebretsen, Andreas Beck (14.12.1961)
2021 Halvmaraton 41 1:18:30

Eriksen, Nicolas Alexander Baranyi (3.3.2005)
2021 100 G16 3h3 11.90, 200 G16 4h1 23.86, 1000 stafett G15/16 4 2:11.09

Eriksen, Rune (29.6.1959)
2021 Halvmaraton 61 1:24:21

Ersøybakk Marius Kjeldsli (26.4.2005)
2021 100 G16 5h3 12.10, 200 G16 4h3 24.37, 1000 stafett G15/16 3 2:09.42

Espedal, Endre (17.2.1998)
2021 3km terrenløp 18 10:29

Espenes, Bendik (4.4.2001)
2021 Spyd 14 49.40, Spyd U23 56.30

Evensen, Lars Schjølberg (1.9.2002)
2021 Halvmaraton U23 8 1:27:17

Evjen, Øystein Steinsvik (16.1.1999)
2021 400 U23 5h2 53.24, 400 hekk U23 5 61.34

F

Fadnes, Daniel Måkestad (13.9.2004)
2021 2km terrenløp G17 3 6:45

Fagerbakke, Eldar Thomassen (27.6.1997)
2021 1500 13h1 3:57.96, 10000 (h1) DNF, 3km terrenløp 16 10:17, 2x6km stafett terrenløp 10 20:40

Falkeid, Tom Hagesæther (9.11.1972)
2021 24 timer ultraløp 43 101.010

Farbu-Solbakken, Vetle (25.9.2003)
2021 2x6km stafett terrenløp 7 19:31, 1500 U20 7h3 4:17.54, 800 G18/19 12 (2h1) 2:00.83

Farestveit, Magnus (22.2.2003)
2021 1000 stafett U20 8 2:02.17, 1000 stafett G17-19 h2 DNF

Fauske, Kåre (28.4.1954)
2021 Maraton 84 4:26:09

Feliot, Aislin (5.4.2005)
2021 1000 stafett J17-19 6 (1h1) 2:24.59

Fenes, Sander Frøseth (24.4.2002)
2021 100 G18/19 7h3 11.90, 200 G18/19 7h3 23.90, 1000 stafett G17-19 9 (4H1) 2:07.46

Fenre, Tobias Dahl (13.7.1986)
2021 Terrenkultra 1 4:50:06

Fergestad, Sigurd Petersen (26.10.2006)
2021 100 G15 4 11.56, 2h2 11.57, 200 G15 2 23.25, 2h1 23.14, 300 hekk G15 4 (1h1) 42.62, Lengde G15 11 5.45

Ferkingstad, Sjur (28.7.1980)
2021 Maraton 15 2:48:40

Finserås, Lorns (5.3.2004)
2021 1000 stafett G17-19 8 (3H1) 2:06.80

Finshus, Thomas (6.10.1988)
2021 Terrenkultra 20 6:17:29

Fissehatsion, Senay Amlesom (ERI) (10.12.1995)
2021 5000 9 (7h2) 14:20.32, 10000 18 (16h2) 30:53.70, 10km terrenløp 2 30:39

Fjeld, Per Vidar (21.10.1965)
2021 Halvmaraton 51 1:20:11

Fjeld, Sigmund Le (19.3.2005)
2021 200 U20 7h5 23.47, Lengde U20 9 6.36, Tresteg U20 4 13.86w, 100 G16 3h2 11.78, 200 G16 7 23.68, 3h1 23.50, Lengde G16 2 6.61, Tresteg G16 1 13.60, 1000 stafett G15/16 2 2:07.35

Fjeldheim, Trygve Alexander Hyggen (25.3.1975)
2021 Maraton 63 3:31:20

Fjeldstad, Kasper (21.2.2003)
2021 Stav U20 NM, 110 hekk G18/19 3 15.29, Stav G18/19 NM, Lengde G18/19 NM

Fjell Dahl, Stig André (19.7.1972)
2021 Maraton 30 3:03:47

Fjermeros, Bastian (27.7.1988)
2021 Halvmaraton 58 1:23:57

Fjordholm, Jonas (10.8.2005)
2021 100 G16 4 11.40w, 2h3 11.59, 200 G16 5 23.38, 2h1 23.32, 1000 stafett G15/16 1 2:00.45

Fjøsne-Hexeberg, Odin (10.2.2005)
2021 3000 G16 8 9:04.87, 4km terrengløp G16 DNF

Fjøsne-Hexeberg, Trym (28.3.2003)
2021 800 8h2 1:57.41, 1500 11h2 4:10.34, 800 G18/19 8 (8h2) 1:58.76, 3000 G18/19 6 (6h2) 8:33.17

Fladby, Halvard Grape (15.5.2005)
2021 800 G16 4 (4h2) 1:59.09, 3000 G16 4 8:45.08, 1000 stafett G15/16 2 2:07.35

Flak, Mathias (26.5.1999)
2021 5000 13 (10h2) 14:38.47, 10000 (h2) DNF, 3km terrengløp 4 9:38, 2x6km stafett terrengløp 2 18:55, 10km terrengløp 5 31:08, 1500 U23 8 4:06.56, 3h1 4:27.37, 5000 U23 4 14:53.44

Flasnes, Jonas Ellingsen (25.10.2005)
2021 Slegge G16 3 48.04

Flatin, Ole Erik (9.4.1972)
2021 24 timer ultraløp 53 51.870

Flatjord, Ole Martin Moritsgård (14.9.1994)
2021 100 6h4 11.30, 200 5h6 23.21

Fleischer, Håkon (1.10.2006)
2021 1500 U20 10h3 4:20.60, 5000 U20 23 16:18.12, 800 G15 6 (5h2) 2:03.43, 2000 G15 5 5:52.18, 4km terrengløp G15 4 13:21

Flåtnes, Henrik (26.12.2001)
2021 Lengde DNS, Tresteg DNS, 200 U23 2 21.50, 2h2 22.01, Høyde U23 3 1.94, Lengde U23 1 7.88

Folven, Lars (19.12.1990)
2021 Maraton 49 3:16:10, Halvmaraton 38 1:17:52

Fosser, Kasper (2.7.1990)
2021 10km terrengløp 3 30:41

Fossum, Matteus (3.4.2006)
2021 800 G15 18 (8h1) 2:16.13, 1500 hinder G15 5 5:15.25

Frantzen, Tobias Uttakleiv (3.2.2003)
2021 800 U20 4h2 2:01.27, 400 G18/19 9 (5h1) 53.84, 800 G18/19 h2 DNF

Fredriksen, Espen Avset (31.3.1984)
2021 Terrengultra 13 5:55:51

Fredriksen, Fridtjof Aure (21.5.1966)
2021 Halvmaraton 74 1:28:43

Fredriksen, Rune (24.4.1960)
2021 Halvmaraton 76 1:29:05

Fredriksen, Sindre (16.1.2003)
2021 800 U20 5h2 2:01.37, 800 G18/19 6 (6h2) 1:57.64, 3000 G18/19 28 (13h1) 9:25.39, 2000 hinder G18/19 DNF

Fremo, Thomas (27.11.1987)
2021 10km terrengløp 7 31:09

Fremstad-Waldron, Per Tinius (25.9.2000)
2021 100 5 10.75, 2s1 10.69, 2h3 10.89, 100 U23 3 10.79, 1h3 10.97, 1000 stafett U23 2 1:55.46

Fremstad-Waldron, Theodore Einar (18.7.2002)
2021 100 U20 6s1 11.47, 4h6 11.41, 200 U20 5s2 22.93w, 4h5 23.11, 1000 stafett U20 5 2:01.00

Frenay, Lion Wijman (31.12.2005)
2021 800 G16 8 (1h1) 2:03.37, 3000 G16 14 9:31.37

Fretheim, Tobias (6.9.2005)
2021 2km terrengløp G16 5 7:05

Frislid, Lennart Tellevik (26.12.1988)
2021 Halvmaraton 73 1:28:43

Frisvold, Ole Emil (29.8.1994)
2021 24 timer ultraløp 45 93.912

Frydenlund, Snorre (27.11.1963)
2021 Halvmaraton 90 1:34:34

Frøystein, Torgrim (13.2.2004)
2021 Høyde U20 4 1.80, 1000 stafett U23 4 2:04.97, Høyde G17 =4 1.75

Fugelsøy, Olav (20.8.2006)
2021 800 G15 15 (10h2) 2:09.03, 2000 G15 6 5:57.48

Fuglestrand, Bendik (17.8.2005)
2021 Spyd G16 8 39.94

Fuglestrand, Tobias (16.9.2003)
2021 5000 U20 21 16:14.55, 800 G18/19 16 (6h1) 2:02.92, 3000 G18/19 26 (11h1) 9:16.69

Fuglseth, Helge Johansen (30.7.1949)
2021 Maraton 56 3:27:10

Færø, Einar (28.6.1956)
2021 Motbakke 41 51:52

Færø, Halfdan-Emil (7.6.1991)
2021 10000 10 (10h2) 30:24.09, Motbakke 3 37:39, 10km terrengløp 8 31:10

Færø, Magnus-Johan (15.12.1995)
2021 Halvmaraton 35 1:16:08

Førde, Matias Andersen (26.11.1998)
2021 800 7h2 1:56.58, 1500 9h2 4:03.41

Førland, Ronny (23.7.1972)
2021 Maraton 70 3:42:35

G

Gagnås, Kjetil Brenno (9.5.2000)
2021 800 5 1:50.12, 2h2 1:52.76, 800 U23 3 1:52.92, 4h2 2:02.36, 1500 U23 2 4:01.75, 2h2 4:27.30

Galaen, Øistein Schmidt (22.2.1976)
2021 24 timer ultraløp 47 80.808

Ganeshalingam, Athish (5.5.2006)
2021 100 G15 8 12.14, 3h2 12.14, 200 G15 6h1 24.51, Lengde G15 7 5.64

Garithas, Nirujan (11.8.1989)
2021 Halvmaraton 99 1:37:29

Gausvik, Bjarne Martin (4.8.1954)
2021 Maraton 81 4:13:58

Gebretsadik, Weldu Negash (12.11.1986)
2021 10000 17 (15h2) 30:52.36

Gillesen, Kjell-Erik (26.10.1970)
2021 Halvmaraton 110 2:17:41

Gimmestad, Håvard Henden (1.10.1984)
2021 Maraton 22 2:57:12

Gimnes, Simen (22.8.2003)
2021 Tresteg G18/19 NM

Gissinger, Olav Kvåle (14.2.2000)
 2021 400 hekk 4 54.61, 4h2 56.02, Lengde 11 6.24, 7-kamp inne 3 4.489, 10-kamp 3 5.659, 400 hekk U23 2 54.71, Lengde U23 5 6.43w

Gjerde, Bjørn Kåre (26.12.1955)
 2021 Maraton 80 4:10:53

Gjerde, Viljar Helgestad (29.3.2000)
 2021 Tresteg 3 14.66

Gjerde, Vincent Samuel (23.9.2004)
 2021 400 U20 5h1 52.37, 800 U20 7 2:00.07, 2h3 1:57.74, 400 G17 4 (4h2) 51.92, 800 G17 2 1:57.04

Gjerstad, Dagfinn (4.10.2006)
 2021 1500 U20 6h3 4:13.25, 5000 U20 14 15:46.08, 1000 stafett U20 9 2:14.71, 800 G15 5 (1h1) 2:03.31, 2000 G15 3 5:31.79, 2km terrengløp G15 1 6:24, 4km terrengløp G15 3 13:17

Gjerstad, Magnus (2.12.2000)
 2021 3km terrengløp DNS

Gjesdal, Andreas Fernandes Thomaz (22.11.1995)
 2021 Stav 5 4.70

Gjesdal, Lucas Fernandes Tomaz (24.6.2005)
 2021 Stav G16 5 3.10

Gjesdal, Sondre Lindaas (19.5.1998)
 2021 100 6 10.95, 3s2 10.87, 2h4 10.97, 200 4s3 22.08, 1h3 22.10, 1000 stafett 2 1:53.44, 4x100 stafett 1 40.49

Glomnes, Ivar Mattias Linge (24.6.1996)
 2021 5000 23 (8h1) 14:50.02, 10000 (h1) DNF, 3km terrengløp 15 19:15, 2x6km stafett terrengløp 8 19:50, 10km terrengløp 14 32:43

Glomnes, Lauritz Linge (1.7.2005)
 2021 4km terrengløp G16 6 14:31

Gomez, Jonas Pablo Sletten (1.9.2003)
 2021 2km terrengløp U20 7 7:40

Gramstad, Eirik (24.9.1984)
 2021 5000 (h2) DNS, 10000 (h2) DNS

Gran, Jørgen Bustgård (1.1.2006)
 2021 100 G15 6h2 12.27, Lengde G15 6 5.71, 1000 stafett G15/16 4 2:11.09

Gresslås, Benjamin (4.12.2002)
 2021 Spyd 8 59.71, Spyd U20 3 65.50, Spyd G18/19 2 60.13

Grimerud, Andreas (11.7.2003)
 2021 200 5s2 22.41, 3h3 22.73, 400 5 (4h1) 48.17, 1000 stafett 1 1:51.51, 400 U20 2 48.69, 1h2 50.03, 1000 stafett U23 1 1:54.91

Grimstad, Simon Holstad (8.2.1999)
 2021 400 15 (8h2) 51.77, 400 hekk 4h1 56.64

Grimstad, Torolf (26.3.2006)
 2021 Lengde G15 13 4.69, Diskos G15 6 34.64

Grindedal, Kristoffer Janson (12.5.1989)
 2021 800 5h2 1:53.38

Græsli, Magnus (2.3.2005)
 2021 5000 kappgang 1 23:23.39, 3000 kappgang U20 1 13:38.78, 2000 kappgang 1 8:39.25

Grøm, Didrik (24.4.2002)
 2021 100 s1 DQ:R162.8, 5h5 11.19, 200 7s1 22.94, 3h2 22.79, 100 U20 3s1 11.32, 1h6 10.97, 200 U20 8 22.59w, 2s3 22.61, 1h2 22.72w, 100 G18/19 7 11.19, 4s1 11.19, 1h4 11.13w, 200 G18/19 5s1 22.82, 3h1 23.26

Grønberg, Jan Teodor Tvete (10.12.2002)
 2021 Spyd U20 6 47.04, Spyd G18/19 4 52.07

Grønstad, Tobias (6.7.2002)
 2021 800 1 1:48.33, 1h1 1:53.16, 1000 stafett 3 1:53.56

Gulliksen, Vidar Kyvik (???.???.????)
 2021 Halvmaraton 107 1:55:41

Gullikstad, Ola (10.1.2003)
 2021 Lengde U20 11 6.34, Tresteg U20 9 12.82

Gundersen, Emil (28.5.2004)
 2021 100 6h1 11.55, 200 7h1 23.18, 100 U20 6s2 11.42, 4h3 11.52, 200 U20 4s1 22.71w, 3h5 22.99, 100 G17 4 11.22, 1h3 11.43, 200 J17 6 23.52, 3s2 23.21, 2h3 23.35, 110 hekk G17 7 15.84, 2h1 15.91, 110 hekk G17 DNS, Lengde G17 5 6.29

Gundersen, Erik Tangen (5.2.2001)
 2021 3km terrengløp 12 10:05, 2x6km stafett terrengløp 7 19:31

Gundersen, John Magnus (13.1.1978)
 2021 Halvmaraton 80 1:30:16

Gundersen, Nikolai Magnus (28.11.2003)
 2021 1500 U20 7h2 4:10.72, 5000 U20 13 15:40.35, 6km terrengløp 13 20:13

Gurvin, Per Eivind (1.3.1970)
 2021 Motbakke 23 46:18

Guttormsen, Simen (19.1.2001)
 2021 Stav 1 5.50, Stav U23 1 5.50

Gylland, Lars Erik (11.2.1978)
 2021 24 timer ultraløp 55 38.220

H

Haga, Anders (16.2.1998)
 2021 10km terrengløp 18 33:06

Hagen, Helge (21.10.1976)
 2021 Maraton 58 3:28:05

Halfdansen-Aspen, Eirik (10.3.2004)
 2021 Diskos U20 8 42.43, Kule G17 5 14.69, Diskos G17 2 52.13

Halland, Vidar (30.4.1960)
 2021 Maraton 82 4:15:22

Halmøy, Erlend (31.3.2005)
 2021 100 G16 7 11.65w, 4h1 11.73, 200 G16 3h3 23.71

Halvorsen, Andreas Fjeld (14.9.2005)
 2021 800 4h1 1:54.38, 1500 8h2 4:03.39, 1500 U20 3 3:58.82, 1h3 4:07.64, 800 G16 1 (1h2) 1:56.32

Halvorsen, Trond Olav (2.3.2003)
 2021 1500 U20 8h2 4:16.04, 5000 U20 DNF, 3000 G18/19 h1 DNF

Halvorsen, Øyvind Henanger (6.6.2002)
 2021 2km terrengløp U20 8 7:52

Hammer, Torbjørn (4.4.1999)
 2021 Terrengultra 36 7:36:28

Hammerstad, Brage Buseth (1.4.2002)
 2021 6km terrengløp 16 21:08, 800 G18/19 19 (9h1) 2:05.13, 3000 G18/19 17 (5h1) 8:54.12, 2000 hinder G18/19 5 6:29.45

Hansen, Simen Sebastian (30.4.2000)
 2021 7-kamp inne 4.156, 10-kamp 2 6.046, 110 hekk U23 3 16.16w, 400 hekk U23 3 57.53, Lengde U23 7 6.16, Tresteg U23 4 12.76w, Diskos U23 4 37.87

Hansen, Terje (???.???.????)
 2021 Terrengultra 38 7:42:29

Hansesæter, Håkon (5.4.2004)
 2021 Kule G17 4 15.01, Diskos G17 3 47.99, Slegge G17 2 57.56

Hanssen, Henning Brøvig (10.2.1982)
 2021 24 timer ultraløp 24 151.017

Hanstveit, Birger Normann (26.10.1943)
 2021 Motbakke 48 68:04

Hanstveit, Brage (14.5.2001)
 2001 3km terrengløp DNS

Haraldseth, Fredrik (23.2.1992)

2021 Halvmaraton 36 1:16:45

Haraldstveit, Bjørn (???.???.???)

2021 Maraton 40 3:08:49

Harang, Hallvard (6.7.1980)

2021 Terrenkultra 45 8:29:48

Harestad, Emil (21.7.2006)

2021 2x6km stafett terrengløp 11 20:50, 800 G15 11 (3h1) 2:08.34, 2000 G15 9 6:09.81, 2km terrengløp G15 5 7:12

Harestad, Oscar Alm (27.4.2000)

2021 400 hekk 3 53.46, 2h2 55.98, 4x100 stafett 2 40.78, 4x400 stafett 2 3:16.52, 4x400 stafett mix DQ:R170.7, 100 U23 6 11.25, 2h1 11.26, 200 U23 h1 DNS

Harila, Dan Thomas Skilnand (22.1.1990)

2021 Halvmaraton 91 1:35:04

Harnes, Terje Olav (16.3.1975)

2021 Terrenkultra 43 8:24:07

Hatlevoll, Dag Ådne (30.3.1990)

2021 Halvmaraton 13 1:09:53

Hauane, Alfred (24.12.2001)

2021 400 hekk 7 56.72, 2h1 55.58, 1000 stafett 6 1:59.03, 100 U23 6h3 11.70, 400 hekk U23 1 54.49, 1000 stafett U23 3 1:58.77

Hauen, Esten Hansen-Møllerud (22.5.2003)

2021 800 9 1:55.55, 3h3 1:53.61, 1500 11 3:52.54, 2h2 4:01.29, 800 U20 5 1:54.29, 2h1 1:57.29, 1500 U20 4 3:59.52, 2h3 4:08.56, 6km terrengløp 2 18:40, 800 G18/19 1 (1h2) 1:52.93, 3000 G18/19 1 (1h1) 8:15.98, 2000 hinder G18/19 1 5:56.46

Haug, Aleksander (18.7.2002)

2021 100 G18/19 5h1 11.69, 200 G18/19 5h2 23.42, 1000 stafett G17-19 4 (4H2) 2:02.25

Haug, Mattis (29.7.1996)

2021 Halvmaraton 21 1:11:10

Haug, Sjur Enebø (16.3.1993)

2021 Maraton 6 2:38:52

Hauge, Mats (24.3.1993)

2021 1500 3 3:49.15, 1h2 4:01.23

Haugen, Arvid (7.7.1971)

2021 24 timer ultraløp 3 234.628

Haugen, Fred (16.6.1971)

2021 Halvmaraton 100 1:38:37

Haugen, Helge (15.2.1982)

2021 Maraton 8 2:40:20

Haugen, Håkon (2.5.1951)

2021 Halvmaraton 96 1:36:11

Haugen, Håvard (26.7.2005)

2021 1000 stafett 4 1:56.19, 200 U20 5h3 23.57, 400 U20 5h2 51.53, 1000 stafett U20 3 1:57.29, 300 hekk G16 2 (2h2) 40.36, Lengde G16 6 5.83, Kule G16 5 12.68, Spyd G16 2 49.56, 1000 stafett G15/16 1 2:00.45, 10-kamp G16 2 5.997

Haugen, Simen Halle → Halle, Simen**Haugland, Finn-Ole** (3.2.1952)

2021 Halvmaraton 104 1:49:00

Haugsbø, Andre (10.3.1979)

2021 Motbakke 13 42:40

Haukøy, Hans-Magnus (31.7.2001)

2021 800 U23 5h1 2:28.85, 1500 U23 6h2 4:28.19

Haukøy, Jon-Anders (27.10.2004)

2021 2x6km stafett terrengløp 9 20:15, 1500 U20 8h3 4:19.74, 5000 U20 19 15:57.16, 3000 G17 3 9:38.05, 2000 hinder G17 2 6:18.59, 2km terrengløp G17 2 6:38

Heggøy, Markus Enes (12.7.2005)

2021 800 G16 12 (2h1) 2:05.62, 3000 G16 7 9:03.52

Heitmann, Rolv Kristian (14.6.1985)

2021 100 h4 DNS

Hekkli, Anders Gunnestad (6.10.2003)

2021 6km terrengløp 14 20:14

Heldal, Teodor (8.10.2004)

2021 Høyde U20 2 1.90, Lengde U20 12 6.21, 110 hekk G17 5 15.51, 3h1 15.95, Høyde G17 1 1.83, Lengde G17 4 6.39

Heldal, Tobias (20.4.2006)

2021 Høyde U20 11 1.75, Høyde G15 2 1.73

Helgevold, Ketil (1.6.1969)

2021 Halvmaraton 46 1:19:37

Hellandsvik, Ådne (24.6.1998)

2021 Terrenkultra 32 7:13:54

Hellebø, Esben Rohit (26.7.1980)

2021 Maraton 72 3:43:42, 24 timer ultraløp 49 78.624

Helset, Trygve Merckoll (26.5.1994)

2021 Terrenkultra 14 6:00:26

Hemstad, August (12.4.2002)

2021 100 6s1 11.18, 4h5 11.15, 200 s3 DNF, 4h5 22.77, 1000 stafett 1 1:51.51, 1000 stafett U23 1 1:54.91

Henriksen, Eivind Prestegård (14.9.1990)

2021 Kule 1 15.47, Diskos 2 53.41, Slegge 1 75.83

Henriksen, Marcus (7.11.2002)

2021 Spyd 5 63.37, 100 U20 7h4 11.63, Spyd U20 1 66.86, 100 G18/19 6h3 11.55, Spyd G18/19 1 64.32, 1000 stafett G17-19 4 (4H2) 2:02.25

Herdlevær, Mathias Myrmel (1.10.2003)

2021 Høyde U20 6 1.80, Høyde G18/19 2 1.80

Herheim, Ulf-Tore (11.4.1964)

2021 Maraton 3:14:48

Hermans, Espen (10.4.1991)

2021 Maraton 9 2:44:20

Hernes, Ådne Nesje (9.4.2002)

2021 5000 U20 16 15:50.96, 3000h U20 3 10:01.32

Hertwig-Ødegaard, Jonathan (28.7.2005)

2021 100 U20 4h1 11.52, 200 U20 5h4 23.44, 110h U20 15.08w, Lengde U20 10 6.35, 1000 stafett U23 4 2:04.97, 200 G16 6 23.68, 2h2 23.41, 100 hekk G16 2 13.65, 1h1 13.76w, Stav G16 2 3.80, Lengde G16 7 5.81, Kule G16 2 13.52, Diskos G16 2 44.20, Spyd G16 7 42.66, 1000 stafett G15/16 2 2:07.35, 10-kamp G16 1 6.218

Hilleren, Jon-Henning Gullbrå (17.7.2002)

2021 400 U20 3h1 51.42, 800 U20 6h1 2:01.89, 1000 stafett U20 8 2:02.17, 200 G18/19 6h3 23.72, 400 G18/19 8 (4h1) 52.37, 800 G18/19 11 (10h2) 2:00.59, 1000 stafett G17-19 h2 DNF

Hillesund, Eskild Gjesdal (24.2.2006)

2021 100 U20 7h1 11.75, 200 U20 5h2 23.55w, 1000 stafett U20 3 1:57.29, 100 G15 5 11.61, 2h1 11.68, 200 G15 3 23.32, 2h2 23.28, 1000 stafett G15/16 1 2:00.45

Hisdal, Erling (21.3.1983)

2021 Motbakke 19 44:44, 2x6km stafett terrengløp 12 21:16, 10km terrengløp 29 37:32

Hjellum, Magnus Sirnes (3.2.1994)

2021 10000 22 (4h1) 31:02.00

Hjelmeset, Lars Agnar (18.8.2001)

2021 10km terrengløp 19 33:17

Hjerpaasen, Espen (12.7.1990)

2021 10km terrengløp 33 40:47

Hjertaker, Martin (4.2.2005)
2021 Høyde U20 5 1.80, Høyde G16 3 1.80, Tresteg G16 4 12.41

Hjort-Larsen, Mads Gravråk (8.1.2003)
2021 200 U20 6s1 23.16w, 4h2 23.11w, 400 U20 4h1 51.75, 1000 stafett U20 5 2:01.00, 200 G18/19 5 22.91, 3s2 22.76, 2h3 22.95, 400 G18/19 4 (1h1) 51.77, 1000 stafett G17-19 2 (2H2) 2:01.61

Hjørnevik, Mats Rossland (24.1.2003)
2021 100 6h5 11.30, 200 4h2 23.16, 100 U20 8 11.35, 3s2 11.25, 2h5 11.27, 200 U20 3s3 22.80, 2h4 23.17, 100 G18/19 5s1 11.36, 2h3 11.33, 200 G18/19 6 23.00, 4s1 22.76, 2h2 23.07

Hoff, Jacob Nicolay Sederholm (12.6.2006)
2021 Lengde G15 3 5.99, Kule G15 1 15.92, Diskos G15 8 32.15, Slegge G15 7 30.07

Hoff, Oscar Sebastian Sederholm (15.5.2003)
2021 Kule U20 6 14.36, Kule U20 12 12.69, Kule G18/19 4 14.53, Diskos G18/19 4 35.62, Slegge G18/19 4 34.66

Hoff, Sondre Arne (28.9.1993)
2021 800 6h1 1:55.89, 1500 8h1 3:54.45, 3km terrengløp 9 9:53, 2x6km stafett terrengløp 4 19:06

Holdhus, Filip (3.5.2004)
2021 100 U20 4h2 11.60, 200 U20 8s1 23.21w, 4h4 23.43, 400 U20 4h3 51.91, 1000 stafett U20 1 1:55.35, 200 J17 5 23.28, 2s2 23.061h4 23.09, 1000 stafett G17-19 1 (1H2) 1:54.51

Holdhus, Nicolai (29.8.2006)
2021 2000 G15 13 6:16.88, 1500 hinder G15 3 4:52.42

Hole, Oliver (4.5.2004)
2021 400 G17 h1 DQ:R162.8

Holen, Jonathan (14.6.2001)
2021 100 5h1 11.51, 100 U23 7 11.26, 3h1 11.35

Holen, Rune (31.10.1962)
2021 Halvmaraton 97 1:37:05

Holen, Simen (14.6.2001)
2021 1500 U23 7h1 4:32.87, 5000 U23 11 16:04.20

Holgersen, Ole (13.11.1991)
2021 24 timer ultraløp 22 153.095

Holgersen, Stig Marius Hodneland (23.8.1980)
2021 Maraton 28 3:01:47

Hollund, Steffen Tjensvoll (19.9.2006)
2021 100 G15 4h3 12.42, Lengde G15 NM

Holm-Olsen, Erling (18.12.1973)
2021 24 timer ultraløp 31 123.396

Holmefjord, Gustav Vincent (25.6.2006)
2021 Stav U20 8 3.40, Stav G15 3 3.20

Holsbøvåg, Steffen Olsen (12.9.1986)
2021 Terrengultra 22 6:26:16

Holsether, Svein Tore (1.8.1972)
2021 24 timer ultraløp 6 197.669

Holstad, Henrik Hareide (25.6.2001)
2021 Halvmaraton U23 5 1:17:21

Holstad, Håkon (8.9.2001)
2021 3km terrengløp 20 10:42, 2x6km stafett terrengløp 10 20:40

Holsæker, Kenneth Abeltun (18.4.1981)
2021 Maraton 21 2:55:08

Homble, Erlend Magnus (21.6.2004)
2021 800 U20 5h1 2:01.85, 1500 U20 9h1 4:17.86, 800 G17 6 2:01.00, 1000 stafett G17-19 10 (5H1) 2:08.03, 4km terrengløp G17 5 14:11

Hope, Magnus Bøen (19.4.2006)
2021 2000 G15 7 6:00.34

Hopland, Johannes (23.10.2005)
2021 800 G16 9 (8h2) 2:04.46

Hopland, Kristoffer (7.7.2003)
2021 800 U20 8h2 2:05.54

Hoprekstad, Frode (10.4.1967)
2021 Halvmaraton 84 1:32:35

Hornnes, Bjørnar (20.9.1985)
2021 Terrengultra 34 7:22:48

Hovde, August (27.6.2004)
2021 Motbakke 21 45:12, 4km terrengløp G17 4 13:48

Hovdejord, Vebjørn (9.2.2003)
2021 10000 12 (12h2) 30:38.53, 3000 hinder 4 9:01.34, 5000 U20 1 14:22.26, 110h U20 1 9:08.82, 6km terrengløp 7 18:53, 3000 G18/19 3 (3h2) 8:21.00, 2000 hinder G18/19 2 5:59.73

Hovdenak, Ola Herje (19.3.1973)
2021 Terrengultra 9 5:29:27

Hovdhaugen, Ola (25.9.2005)
2021 4km terrengløp G16 7 14:33

Hovig, Ulrik Strømmen Røstad (5.7.1990)
2021 1500 11h1 3:57.08

Hovland, Sebastian Røed (27.11.2004)
2021 Stav 8 4.40, Stav U20 3 4.30, 100 G17 7h3 12.16, Stav G17 2 4.40

Hunstad, Wulff Røvik (16.7.2006)
2021 200 G15 5h1 24.49, 800 G15 7 (2h1) 2:04.62

Husdal, Henrik (29.8.1998)
2021 10000 34 (13h1) 32:03.21

Husevåg, Leif Magnus Grov (18.1.2005)
2021 Slegge U20 7 40.63, Slegge G16 2 49.05

Hussein, Ibrahim Farah (ERI) (22.4.2004)
2021 2000 hinder G17 4 8:00.62

Husøy, Pål-Ove (6.1.1981)
2021 Halvmaraton 81 1:31:27

Hylleseth, Øyvind (5.11.1965)
2021 Motbakke 36 49:57

Hyttén, Fredrik Solheim (19.5.2006)
2021 Diskos G15 11 27.71, Slegge G15 6 33.22

Hyttén, Øystein Solheim (7.1.2004)
2021 Kule U20 9 13.42, Slegge U20 2 57.58, Kule G17 2 16.28, Diskos G17 6 40.73, Slegge G17 1 64.85, Spyd G17 4 45.55

Hæhre, Roger (13.2.1977)
2021 24 timer ultraløp 29 127.764

Høntorp, Karl-Olaf (26.12.1973)
2021 Halvmaraton 54 1:22:35

Høyherholt, Frederick Emil (8.11.2006)
2021 4km terrengløp G15 DNF

Høyland, Sondre Alexander (20.5.1998)
2021 Kule 5 13.37, Spyd 1 73.14

Høyset, Mats (2.6.1974)
2021 24 timer ultraløp 7 191.159

Haaheim, Lars Olaf (19.12.1973)
2021 Terrengultra 6 5:10:18

Håkansson, Sebastian Conrad (FIN) (29.9.1989)
2021 Halvmaraton 6 1:07:58

Håberg, Tarjei Hordnes (20.11.2005)
2021 100 G16 6h2 12.18, Kule G16 3 12.85, Diskos G16 5 32.78

Hårberg, Sigve Brandtzæg (18.2.2001)
2021 200 6h4 23.06, 400 14 (7h2) 51.49, 200 U23 6h2 23.05, 400 U23 6 51.86, 4h2 52.14

Inayat, Soban Mortaza (30.7.1997)
 2021 100 7 10.99, 2s3 10.96, 2h1 11.16, 200 s3 DNS, 3h4 22.55, 1000 stafett 4 1:56.19

Ingdal, Torjus (19.11.2004)
 2021 400 G17 5 (1h1) 53.48, 800 G17 5 2:00.47, 1000 stafett G17-19 9 (4H1) 2:07.46

Ingebrigtsen, Jakob (19.9.2000)
 2021 1500 1 3:33.26, h wild card til finale

Ingvaldsen, Håvard Bentsdal (21.9.2002)
 2021 200 3 21.42, 1s2 21.54, 1h6 22.17, 400 1 (1h1) 45.94, 1000 stafett 1 1:51.51, 400 U20 1 47.02, 1h1 49.99, 1000 stafett U23 1 1:54.91

Irgens, Petter Nikolai Kaus (9.5.2004)
 2021 110 hekk G17 6h2 17.31, 300 hekk G17 8 (3h1 44.17), Stav G17 3 2.60, 1000 stafett G17-19 13 (8h1) 2:16.86

Isene, Ola Stunes (29.1.1995)
 2021 Diskos 1 61.57

Ishoel, Håkon (9.3.1976)
 2021 Terrenkultra DNS

Iversen, Thord Flatebø (1.1.2003)
 2021 1000 stafett G17-19 11 (6h1) 2:09.80

J

Jacobsen, Kristoffer (18.9.1979)
 2021 Halvmaraton 30 1:14:35

Jacobsen, Theodor Berre (23.5.2001)
 2021 Halvmaraton U23 1 1:08:04

Jahre, John Frisli (1.11.1988)
 2021 24 timer ultraløp 44 98.826

Jahren, Sondre (2.2.2004)
 2021 Lengde 10 6.53, Tresteg 6 13.57, Diskos 9 39.81, Lengde U20 13 6.19, Tresteg U20 1 14.25w, Kule U20 7 14.33, Diskos U20 2 50.76, Høyde G17 3 1.80, Lengde G17 2 6.56, Tresteg G17 1 13.39, Kule G17 3 16.10, Diskos G17 1 54.62, 1000 stafett G17-19 7 (2H1) 2:06.41, 10-kamp G17 1 6.875

Jensen, Benjamin Røssum (20.3.2006)
 2021 4km terrengløp G15 9 14:48

Jensen, Didrik Røssum (24.2.3003)
 2021 6km terrengløp DNS

Jensen, Martin Røland (22.3.2003)
 2021 110 hekk G18/19 5 15.65, 400 hekk G18/19 3 60.42, 1000 stafett G17-19 6 (1H1) 2:06.31

Jensen, Petter (???.???.???)
 2021 24 timer ultraløp 33 120.120

Johannesen, Baard Meidell (17.10.1951)
 2021 Halvmaraton 103 1:40:42

Johannessen, Stian Benjamin Bråten (26.7.1995)
 2021 Motbakke 20 45:04, 3km terrengløp 22 10:51

Johansen, August Østbø (12.8.2004)
 2021 100 G17 8h3 12.22, 200 J17 6h2 24.83, 400 G17 8 /5h2) 54.81, 1000 stafett G17-19 7 (2H1) 2:06.41

Johansen, Frode (16.10.1969)
 2021 Maraton 35 3:05:52

Johansen, Kristian (???.???.???)
 2021 Halvmaraton 34 1:16:02

Johansen, Mathias Hove (27.9.1998)
 2021 100 4 10.65, 2s2 10.70, 1h3 10.79, 200 2 21.04, 1s3 21.57, 2h3 22.47, 4x100 stafett 2 40.78, 4x100 stafett mix 2 44.27

Johansen, Petter (2.4.1998)
 2021 10000 6 (6h2) 29:56.95, 10km terrengløp 13 32:16

Johansen, Tobias (22.8.2003)

2021 400 10 (3h2) 49.62, 800 7h3 1:57.30, 400 U20 8 50.50, 1h3 50.16, 400 G18/19 3 (3h2) 50.09, 800 G18/19 4 (4h2) 1:56.78

Johansen, William Østbø (30.9.2006)
 2021 100 G15 7h2 12.72, 200 G15 8h2 26.21

Johansson, Erik Alexander Fauske (25.6.2006)
 2021 Slegge U20 8 40.03, Diskos G15 14 21.71, Slegge G15 1 48.07

Johnsen, Lasse (20.7.2004)
 2021 60 inne G16 6h2 7.97, 200 inne G16 h2 DQ:R162.8

Johnsen, Ludvik Iver Bredvold (9.6.2004)
 2021 100 U20 7h3 12.40, Stav U20 6 3.75

Johnsen, Pål Erik (23.12.1982)
 2021 Halvmaraton 28 1:13:55

Johnson, Kristoffer (18.6.2003)
 2021 800 U20 7h1 2:02.75, 1500 U20 11h1 4:20.12, 800 G18/19 18 (8h1) 2:03.76, 3000 G18/19 24 (10h1) 9:12.06

Jordet, Lars Horten (8.10.2005)
 2021 800 G16 17 (7h1) 2:08.96, 3000 G16 6 9:02.97, 4km terrengløp G16 3 13:20

K

Kalvøy, Bjarte Leite (14.4.1997)
 2021 Maraton 65 3:31:59

Kamanzi, Kim Baliruno (24.3.2001)
 2021 4x100 stafett mix 4 46.10

Karlsen, Espen Roll (27.8.1991)
 2021 3km terrengløp 17 10:20, 2x6km stafett terrengløp 3 19:04

Kashafali, Samuel Ageze (25.11.1993)
 2021 100 3 10.49, 1s1 10.59, 1h4 10.78, 4x100 stafett 4 42.59, 4x400 stafett mix 2 3:42.76

Kavli, Ole-Andreas Kvivik (26.4.1991)
 2021 Terrenkultra 39 7:47:53

Kibrab, Awet Mftalem (ERI) (9.5.1995)
 2021 5000 6 (1h1) 14:05.86, 10km terrengløp DNF

Kilaner, Sven Axel (24.11.1977)
 2021 Terrenkultra DNS

Kinn, Einar Ramsdal (8.1.2004)
 2021 10-kamp G16 7 3.367

Kinnunen, Adrian Antero (3.5.2003)
 2021 100 U20 4s1 11.34, 2h4 11.30, 1000 stafett U20 4 2:00.15, 100 G18/19 DNS, 3s1 11.18, 3h2 11.17

Kiplesund, Ingar, se Bratseth-Kiplesund, Ingar

Kirkebø, Eskil Grimstad (27.8.2006)
 2021 1000 stafett G15/16 5 2:17.71

Kiserud, Yngve (4.6.1978)
 2021 Motbakke 16 44:14

Kjendalen, Odin Vinje (10.9.2003)
 2021 Stav G18/19 2 4.10, 1000 stafett G17-19 12 (7h1) 2:14.34

Kjerpeset, Sverre (18.10.1986)
 2021 Terrenkultra DNS

Kjerpeset, Øyvind Strømmen (12.12.1991)
 2021 400 4 (3h1) 48.12, 400 hekk 1 51.13, 1h2 55.85

Kjäll-Ohlsson, Martin (SWE) (12.6.1978)
 2021 Halvmaraton 24 1:12:28, 10km terrengløp 25 35.14

Kjærevik, Anders Johnny (17.11.1987)
 2021 Terrenkultra 2 5:03:14

Kjønstad-Prestvik, Bjørn Einar (20.11.2006)
 2021 Høyde G15 7 1.60, Kule G15 7 9.99

Klakegg, Håvard (21.10.2002)
 2021 Motbakke 14 42:56, 5000 U20 22 16:17.93, Halvmaraton U23 3 1:13:42, 3000 G18/19 22 (14h2) 9:04.86

Klanderud, Tore (3.1.1967)
2021 Maraton 51 3:18:49

Klevset, Nils Gerhard (13.9.1971)
2021 Maraton DNF

Knudsen, Sebastian (19.7.2003)
2021 100 G18/19 8h2 12.31, 200 G18/19 7h1 25.14

Knudsen, Tobias Nordtveit (15.5.2006)
2021 9-kamp G15 5 2.281

Knutsen, Vetle Mathiesen (10.1.2004)
2021 4km terrengløp G17 2 13:29

Knygh-Rossdal, Waldemar (27.3.2005)
2021 800 G16 12 (3h1) 2:05.70, Høyde G16 4 1.75, Lengde G16 11 5.18, Kule G16 6 12.28, Spyd G16 3 47.80

Kojen, Adrian (27.9.2003)
2021 110h U20 4 15.80w, Stav U20 7 3-60, 110 hekk G18/19 4 15.53, 400 hekk G18/19 DNF, Stav G18/19 3 3.90, 1000 stafett G17-19 12 (7h1) 2:14.34

Kolbjørnsgard, Magnar (16.10.1993)
2021 Halvmaraton 32 1:15:27

Kollberg, Mathias (30.6.2000)
2021 Lengde U23 4 6.74w

Kollberg, William Aleksander (30.4.2004)
2021 Diskos U20 11 30.93, 110 hekk G17 4 15.48, 2h2 15.55, 300 hekk G17 4 (1h1) 41.94, Høyde G17 2 1.80, Lengde G17 6 6.26, 10-kamp G17 5 122

Kongssund, Lavrants (3.5.2000)
2021 1000 stafett U23 1 1:54.91

Kongssund, Skjalg (6.2.2006)
2021 800 G15 21 (10h1) 2:20.88, 2000 G15 18 6:26.09

Kongsvik, Stig (27.6.1986)
2021 Maraton 66 3:33:47

Kononovs, Sergejs (LAT) (8.3.1989)
2021 100 8h3 11.45, 200 7h3 23.66

Korsnes, Even Djupvik (22.11.2006)
2021 1000 stafett G15/16 5 2:17.71

Kragl, Egil Ernst (22.10.1971)
2021 24 timer ultraløp 26 150.150

Kraugerud, Frode (16.3.1979)
2021 Halvmaraton 78 1:29:13

Kreken, Martin Beitnes (23.5.2006)
2021 100 hekk G15 4 14.75, 3h1 14.51, Stav G15 1 3.50, Kule G15 3 12.82, Diskos G15 10 28.72, Spyd G15 1 52.18

Kringeland, Erling Hatlem (21.4.2003)
2021 1500 U20 11 4:11.69, 3h3 4:09.03, 3000 G18/19 8 (8h2) 8:36.05

Kristiansen, Eirik-André (21.3.2005)
2021 100 G16 7h2 12.33, 200 G16 6h2 25.62

Kristiansen, Markus (21.5.2002)
2021 100 G18/19 7s2 11.44, 4h2 11.41, 200 G18/19 6s1 23.03, 4h3 23.06

Kristiansen, Rolf Magnes Marstein (24.8.2006)
2021 9-kamp G15 6 2.195

Kronstad, Knut (8.6.1953)
2021 24 timer ultraløp 36 117.322

Kruke, Torgeir (28.7.1965)
2021 Terrengultra 25 6:41:26

Kråkenes, Ole Henrik (24.4.1989)
2021 Halvmaraton 64 1:26:38

Kubon, Kjell Augustin (16.8.2006)
2021 Lengde G15 10 5.48

Kulseng, Andreas Ofstad (19.5.2001)
2021 200 6 21.91, 2s3 21.89, 1h1 22.08, 1000 stafett 6 1:59.03

Kulseng, Andreas Ofstad (19.5.2001)
2021 100 U23 2 10.78, 1h2 11.20, 200 U23 3 21.52, 1h1 22.24, 400 U23 2 48.04, 2h2 49.57, 1000 stafett U23 3 1:58.77

Kulseng, Henrik Ofstad (27.9.2003)
2021 1000 stafett 6 1:59.03, 100 G18/19 4h1 11.58, 200 G18/19 4h2 23.37

Kvalheim, Sigmund Aasen (24.3.1997)
2021 Motbakke 37 50:09

Kvalø, Martin (30.12.1987)
2021 Maraton 43 3:13:08

Kvesetberget, Anders (28.11.2002)
2021 100 G18/19 7h1 11.84, 200 G18/19 4h1 23.66, 1000 stafett G17-19 4 (4H2) 2:02.25

Kvikstad, Rune (5.1.1974)
2021 Maraton 25 2:59:23

Kværner, Andreas Lindebø (2.7.2006)
2021 4km terrengløp G15 10 14:55

Kværner, Ole-Kristian Lindebø (6.2.2005)
2021 4km terrengløp G16 9 15:03

Køhn, Mathias Alexandersen (30.9.1986)
2021 Halvmaraton 23 1:11:48

Kaarby, Martin (26.3.1982)
2021 Halvmaraton 16 1:10:31

Kårbø, Harald (18.5.1992)
2021 3000 hinder DNS, 3km terrengløp DNS

Kårbø, Tom Erling (4.2.1989)
2021 3000 hinder 1 8:33.06

Kåshagen, Carl Emil (9.2.1991)
2021 200 8 22.36, 2s2 22.19, 2h1 22.11, 1000 stafett 1 1:51.51

L

Ladim, Sondre Mathias Engebretsen (22.1.2004)
2021 6km terrengløp 17 23:30

Landsvik, Carl Erik Gjellestad (13.3.2001)
2021 Lengde 8 6.62

Landro, Håkon (4.1.1972)
2021 Maraton 44 3:13:41

Landøy, Brian Ynwa (4.10.1996)
2021 Maraton 77 3:54:48

Langøy, Sondre (29.9.2006)
2021 Diskos G15 2 49.47

Larsen, Askild Vatnbakk (6.3.1986)
2021 Terrengultra 5 5:06:48

Larsen, Eivind Farestveit (12.10.1997)
2021 Motbakke 11 40:49

Larsen, Simen Tjelta (4.1.1994)
2021 4x100 stafett 2 40.78, 4x400 stafett 2 3:16.52, 4x100 stafett mix 2 44.27

Larsen, Tormod Hjortnæs (29.7.1986)
2021 100 5s1 11.06, 3h3 11.06, 200 4s2 22.38, 3h6 22.51

Larsson, Tobias Dybos (30.4.2002)
2021 100 U20 7s1 11.58, 3h1 11.49, 100 G18/19 6h1 11.74

Laukli, Henrik Marius (8.4.2001)
2021 10000 (h1) DNF, 10000 (h1) DNS, 3km terrengløp 21 10:44, 3km terrengløp 8 9:51, 2x6km stafett terrengløp 5 19:10

Lefdal, Kristian (31.1.2000)
2021 Halvmaraton U23 6 1:19:55

Leithe, Halvard (16.4.1966)
2021 Halvmaraton 101 1:38:48

Lende, Ingve (23.5.1982)
2021 Maraton 71 3:43:08

Liavik, Trond Arne (22.8.1970)
2021 24 timer ultraløp 17 165.141

Liberg, Erik (9.7.2005)
2021 Slegge U20 6 43.14, Diskos G16 3 39.30, Slegge G16 4 47.91

Lie, Lukas Landro (27.3.2004)
2021 2km terrengløp G17 DNS

Lien, Bjarne Ingebrigt (18.8.1961)
2021 Motbakke 40 51:03

Liland, Niklas (4.11.2004)
2021 Slegge U20 5 47.12, Kule G17 7 11.48, Diskos G17 7 39.08, Slegge G17 4 51.32

Lillebø, Sigve Jørgensen (19.2.2006)
2021 100 G15 5h1 12.31, 800 G15 9 (7h2) 2:07.62, 2km terrengløp G15 4 6:58

Lillefosse, Bjørnar Sandnes (17.7.1992)
2021 5000 4 (4h2) 14:02.85, 10000 4 (4h2) 28:22.91, 3km terrengløp 1 9.19, 2x6km stafett terrengløp 1 18:20, 10km terrengløp 1 30:28

Lillefosse, Pål Haugen (4.6.2001)
2021 Stav 2 5.45, Stav U23 2 5.30

Lillehagen, Mathias (11.2.2002)
2021 1500 U20 6h2 4:09.85, 5000 U20 11 15:35.10, 6km terrengløp 12 20:11, 800 G18/19 15 (5h1) 2:02.64, 3000 G18/19 20 (8h1) 8:57.60

Lillejordet, Jonas Lidahl (10.6.2006)
2021 800 G15 12 (9h2) 2:08.49, 2000 G15 10 6:11.02

Lindbo, Johan Henrik (???.???.???)
2021 Motbakke 34 49:16

Lindekleiv, Ove (8.4.1976)
2021 4x100 stafett mix 3 44.27, 4x400 stafett mix 1 3:38.20

Lindgren, Thomas Willy (14.1.1988)
2021 24 timer ultraløp 50 75.894

Lindseth, Sander Skarre (12.12.2006)
2021 100 G15 4h1 12.23, 200 G15 6h2 25.07, 1000 stafett G17-19 6 (1H1) 2:06.31

Litland, Håkon Eik (24.2.2001)
2021 Slegge 2 63.61, Slegge U23 1 62.62

Liverød, Sivert Valaker (16.3.2004)
2021 100 G17 8 11.77, 4h1 11.70, 200 J17 4h2 24.02, Lengde G17 12 5.34

Loennechen, Jørgen Brenna (6.12.2003)
2021 Kule U20 10 13.13, Kule G18/19 5 13.17

Lolland, Ulrik Greve (25.5.1992)
2021 5000 18 (5h1) 14:40.91, 10km terrengløp 15 32:52

Lubsen, Mike (Lubowa) (UGA) (22.4.1995)
2021 4x100 stafett 2 40.78, 4x400 stafett 2 3:16.52

Ludvigsen, Bjarne (14.11.1970)
2021 Motbakke 35 49:35

Ludvigsen, Thorbjørn Thorsen (10.10.1988)
2021 Motbakke 5 38:34

Lund, Fredrik Fyksen (12.4.1990)
2021 5000 (h1) DNF, 10000 39 (18h1) 32:30.13

Lundberg, Bjørn Rusten (24.3.1994)
2021 3km terrengløp DNS

Lundberg, Magnar Fosbakken (28.3.1997)
2021 800 4h2 1:53.08

Lundblad, Håkon Næsheim (11.10.1984)
2021 24 timer ultraløp 20 160.760

Lunde, August (4.9.2003)
2021 1500 U20 5h1 4:13.18, 5000 U20 18 15:55.51

Lunde, Harald (25.5.1970)
2021 Halvmaraton 52 1:22:09

Lunde, Johannes Steinsland Gulbrandsen (22.12.03)
2021 100 7h3 11.38, Lengde NM, Tresteg 8 13.50, 100 U20 4s3 11.37, 3h5 11.30, 200 U20 5s1 22.77w, 2h2 22.74w, Lengde U20 NM, Tresteg U20 6 13.53w, 100 G18/19 6 11.10, 3s2 11.15, 2h1 11.23, Lengde G18/19 6 5.84, Tresteg G18/19 3 12.88

Lunde, Lars (20.5.1997)
2021 5000 19 (6h1) 14:41.18, 10000 (h2) DNF

Lundin, Jesper Andreas Matsson (8.8.2002)
2021 3000 hinder 5 9:15.56, 800 U20 8h1 2:03.93, 3000h U20 2 9:29.16, 2km terrengløp U20 1 6:15, 6km terrengløp 8 19:24, 3000 G18/19 11 (11h2) 8:46.17

Lundgaard, Jostein (14.9.1964)
2021 24 timer ultraløp 54 50.778

Luong, Khoa Henrik (13.12.1993)
2021 100 8s2 11.45, 5h3 11.22, 200 6h2 23.71

Lysne, Hallvard Seim (27.2.1983)
2021 Halvmaraton 37 1:17:04

Løddøen, Trym Dalset (22.8.2002)
2021 Motbakke 15 43.12

Løfald, Erik (30.6.2002)
2021 3000 G18/19 16 (4h1) 8:52.68, 2000 hinder G18/19 4 6:15.45

Løke, Frank (6.2.1980)
2021 24 timer ultraløp 5 213.322

Løkra, Magnus Fjeld (5.5.2004)
2021 Lengde G17 7 5.90, Tresteg G17 5 12.41

Løvenholm, Aksel Helfred (29.11.1941)
2021 Halvmaraton 111 2:22:28

Løwø, Ivar (12.9.2005)
2021 Stav U20 4 4.00, Stav G18/19 4 3.90

M

Mandt, Tobias Finstad (14.5.2005)
2021 4km terrengløp G16 5 14:18

Marken, Nikolai Zahl (22.7.1980)
2021 24 timer ultraløp 34 119.028

Markussen, Sander Pedersen (14.6.1997)
2021 Terrenultra 15 6:03:58

Marstein, Eskil Dahl (7.11.2006)
2021 9-kamp G15 7 1.826

Martinsen, Hallgeir (10.1.1989)
2021 100 6s2 11.15, 3h1 11.21, 200 6s2 22.99, 4h4 22.70

Martinsen, Noah Spjeld (30.4.2004)
2021 800 G17 8 2:12.76, 3000 G17 5 9:49.93

Marøy, Nikolai André Navdal (23.12.2004)
2021 100 G17 7h1 12.05, 300 hekk G17 6 (5h2) 42.33, 1000 stafett G17-19 11 (6h1) 2:09.80

Massacand, Philip Anders Athelme (12.5.2002)
2021 5000 15 (11h2) 14:38.76, 10000 33 (21h2) 31:58.03, Motbakke 6 38:44, 5000 U20 2 14:25.35, 6km terrengløp 5 18:42, 3000 G18/19 7 (7h2) 8:33.45

Mastervik, Torstein Olai Leiren (28.12.2003)
2021 2km terrengløp U20 6:41, 800 G18/19 14 (4h1) 2:02.61, 3000 G18/19 23 (9h1) 9:11.25, 1000 stafett G17-19 11 (6h1) 2:09.80

Mathiesen, Sander Dybwad (10.11.2003)

2021 800 5h3 1:55.19, 1500 9h1 3:54.97, 1500 U20 5 4:00.722h1 4:08.80, 800 G18/19 2 (2h2) 1:54.42, 3000 G18/19 5 (5h2) 8:24.56

Matre, Ola (31.12.1989)

2021 10000 40 (19h1) 32:35.12

Meinseth, Even (22.5.1996)

2021 100 1 10:43, 1s2 10.69, 1h1 11.08, 1000 stafett 2 1:53.44, 4x100 stafett 1 40.49

Melheim, Jens Andreas (15.12.1975)

2021 Maraton 18 2:50:29

Melheim, Lars-Martin (6.10.2002)

2021 5000 U20 15 15:49.86

Melheim, Steffen (1.8.2003)

2021 Diskos 4 50.24, Kule U20 1 15.72, Diskos U20 1 55.32, Diskos G18/19 1 53.63

Melsås, Halvard Martin (29.4.2005)

2021 3000 G16 15 9:33.71, Kule G16 7 12.18, Slegge G16 1 49.68

Mensah, Christian (20.4.1996)

2021 100 s1 DNF, 3h2 11.21

Meo, Filip Aleksander (19.3.2002)

2021 5000 14 (4h1) 14:38.67, 10000 19 (17h2) 30:54.21, 5000 U20 4 14:44.77

Merkensteijn, Tobi Kess van (18.3.2006)

2021 100 G15 5h2 12.27, 200 G15 7h1 25.24

Mezngi, Zerei Kbrom (12.1.1986)

2021 5000 2 (2h2) 13:58.47, 10000 1 (1h2) 28:09.89

Midsundstad, Østen Brovold (24.3.2004)

2021 4km terrengløp G17 3 13:33

Mielnik, Andrzej 1(8.9.2003)

2021 Motbakke 44 54:13

Mikkelfjord, Erik Tanawat (1.2.1999)

2021 100 6h2 11.49, 100 U23 4h1 11.47

Miller, Teodor (30.1.2005)

2021 100 G16 6h1 12.41, 200 G16 5h2 24.94

Miltz, Moritz (GER) (7.9.2004)

2021 100 G17 8h1 12.10, 200 J17 5h4 24.29, 400 G17 11 (5h1) 56.31

Mjelde, Johannes Jemer (5.1.2005)

2021 Lengde G16 9 5:51, Tresteg G16 5 12.30

Mjelde, Trygve Feidje (11.11.1994)

2021 1500 9 3:52.04, 3h1 3:53.98, 3km terrengløp 5 9:40

Mjøs, Per Christian Eggen (25.5.1998)

2021 Maraton 4 2:32:00

Mjaaland, Leon Samuel Douglas (6.9.2000)

2021 800 8 1:54.61, 3h2 1:53.07, 1000 stafett 5 1:56.58, 800 U23 5 1:53.98, 1h2 2:01.52, 1000 stafett U23 2 1:55.46

Moe, William Schjerve (11.11.2005)

2021 100 hekk G16 5 14.53, 4h2 14.92, 300 hekk G16 4 (3h2) 41.83

Moen, Aleksander (14.9.1985)

2021 Terrengultra 27 6:48:15

Moen, Mathias (16.3.1988)

2021 5000 20 (14h2) 14:45.00, 10000 15 (2h1) 30:50.35

Moen, Sivert (3.8.2004)

2021 200 U20 6h3 23.65, 400 U20 7h1 53.87, 1000 stafett U20 4 2:00.15, 200 J17 4 23.15, 3s1 22.99, 2h2 23.13, 300 hekk G17 2 (2h2) 40.96, 1000 stafett G17-19 h2 DNS

Moen, Sondre Nordstad (12.1.1991)

2021 Halvmaraton 1 1:02:43

Moland, Sindre Swan (5.10.2004)

2021 3000h U20 5 10:10.71, 4km terrengløp G17 1 13:20

Moldskred, Ivar Saunes (23.3.2000)

2021 Spyd 7 62.05, Kule U23 2 12.73, Diskos U23 5 36.90, Spyd U23 4 58.60

Molenaar, Kasper (15.12.2004)

2021 110 hekk G17 8 15.93, 4h1 16.01, 300 hekk G17 7 (2h1) 43.46, Høyde G17 =4 1.75

Molenaar, Kristoffer (3.10.2006)

2021 100 hekk G15 5h1 15.71, 300 hekk G15 7 (3h1) 44.70, Høyde G15 8 1.55

Monstad, Aslak Ingebrigtsen (25.1.2004)

2021 1000 stafett U20 9 2:14.71, 2000 hinder G17 3 7:39.03

Morken, Philip (1.2.2004)

2021 800 6h2 1:53.71, 800 U20 3 1:53.03, 1h3 1:57.26, 400 G17 3 (3h2) 51.39, 800 G17 1 1:54.81, 2km terrengløp G17 1 6:28

Morvik, Sivert Leivestad (24.8.2004)

2021 Slegge G17 6 38.94

Moshagen, Nikolai Stavik (18.5.2005)

2021 Høyde G16 5 1.75, Kule G16 8 11.87, Spyd G16 6 43.47, 10-kamp G16 4 4.709

Mundal, Kjell Erling (20.3.1964)

2021 Motbakke 39 50:30

Myhr, Tobias Kvamme (18.3.2003)

2021 100 7h2 14.27, 4x100 stafett 4 42.59, 100 G18/19 4 10.90, 2s1 10.99, 2h2 11.04

Myhre, Magnus Tuv (15.6.2000)

2021 10000 (h2) DNF, 1500 U23 1 4:01.37, 1h1 4:27.21, 5000 U23 1 14:51.69

Myksvoll, Sigurd Olav Langhelle (1.7.2006)

2021 Diskos G15 13 22.77, Slegge G15 4 39.28

Myre, Atle (???.???.???)

2021 24 timer ultraløp 16 167.858

Myrvang, Sander Steen (7.2.2000)

2021 100 7s2 11.34, 4h2 11.24, 200 6h1 23.09

Mæhlum, Andreas Frich (25.7.2000)

2021 100 U23 4h2 11.78

Mæhlum, Christian Frich (25.11.2002)

2021 400 hekk 5 55.02, 3h2 56.01, 100 U20 6h4 11.59, 400h U20 2 60.14, 100 G18/19 6h4 11.60w, 400 hekk G18/19 2 58.13

Mæle, Martin (14.3.2000)

2021 800 6h3 1:56.71, 1500 10h2 4:04.12, 1500 U23 9 4:07.08, 3h2 4:27.75

Mælen, Gaute Øymo (11.11.2003)

2021 4x100 stafett 4 42.59, 4x100 stafett mix DNF

Møller, Lars Willy (27.1.1972)

2021 24 timer ultraløp 52 57.876

Møller, Lars Wold (30.6.2005)

2021 800 G16 7 (7h2) 2:01.94, 3000 G16 10 9:17.15

Mårstøl, Øystein Søvik (2.4.1979)

2021 Maraton 17 2:50.14

Måseide, Sture (17.5.2000)

2021 100 U23 4h3 11.45, 200 U23 8 22.98, 5h2 22.86, 400 U23 5h1 54.52

N

Nader, Ibrahim Faisal (18.6.2005)

2021 Kule G16 4 12.74, Diskos G16 6 30.87

Naji, Abdeslam (25.12.1965)

2021 Halvmaraton 43 1:18:55

Nakkeid, Marius (1.4.1976)

2021 Halvmaraton 49 1:19:50

Nakken, Andreas Mosby (31.7.2003)

2021 Halvmaraton U23 10 1:36:31
Nakken, Sivert Mosby (31.7.2003)
 2021 Halvmaraton U23 11 1:37:12
Nakken, Svein Arne (28.1.1966)
 2021 Halvmaraton 102 1:38:54
Naustenget, Eskil Bjørlykke
 2021 1000 stafett G15/16 5 2:17.71
Nedregård, Kristian (28.8.1974)
 2021 10km terrengløp 30 38:06
Nedrehagen, Robin Wathne (27.2.1999)
 2021 800 4h3 1:54.20, 800 U23 6 1:54.92, 2h2 2:02.17
Negård, Stig Morten (8.12.1975)
 2021 24 timer ultraløp 38 109.357
Nergaard, Sindre (16.10.2005)
 2021 Stav G16 3 3.70
Nese, Olav Lian (8.4.1964)
 2021 Halvmaraton 95 1:35:51
Nesse, Andreas Nedrebø (21.4.2004)
 2021 100 G17 6h1 11.93, 200 J17 s2 DNS, 4h4 23.79
Nesse, Petter Nedrebø (7.1.2006)
 2021 Diskos G15 9 30.23, Slegge G15 8 25.00
Netland, Sindre (26.90.2006)
 2021 Spyd G15 5 39.78
Nilsen, Dag Henry (13.12.1971)
 2021 Motbakke 29 47:59
Nilsen, Elias Hovden (19.7.2001)
 2021 Spyd 11 56.69, Spyd U23 2 62.50
Nilsen, Erik Fossen (11.5.1987)
 2021 5000 34 (18h1) 15:31.10, 10000 37 (16h1) 32:12.52, Halvmaraton 15 1:10:20
Nilsen, Erlend Hognestad (10.5.1998)
 2021 100 6h3 11.32, 4x100 stafett 4 42.59
Nilsen, Kurt (30.6.1951)
 2021 Maraton DNF
Nilsen, Sander Werge (23.6.2003)
 2021 100 8s3 11.34, 5h2 11.26, 200 5h2 23.30, 1000 stafett 5 1:56.58, 100 U20 7 11.26, 4s2 11.26, 2h3 11.39, 1000 stafett U20 5 2:01.00, 100 G18/19 5 11.07, 4s2 11.16, 2h4 11.22w, 200 G18/19 8s2 23.35, 3h4 23.08, 1000 stafett G17-19 2 (2H2) 2:01.61
Nilsen, Sigurd (13.5.2003)
 2021 800 G18/19 20 (10h1) 2:11.40, 3000 G18/19 18 (6h1) 8:55.38
Nitter, Eirik (27.6.2006)
 2021 2000 G15 14 6:20.43
Niyokindi, Frank Odin (6.5.2002)
 2021 1000 stafett U20 9 2:14.71
Nordal, Emil (11.4.2003)
 2021 200 U20 s2 DNS, 5h1 23.30w, 400 U20 3h3 51.79, 200 G18/19 8 23.17, 4s2 22.85, 3h2 23.17, 400 G18/19 5 (2h1) 51.86, 1000 stafett G17-19 10 (5H1) 2:08.03
Nordanger, Morten (18.4.1986)
 2021 24 timer ultraløp 48 78.624
Nordby, Simen (???.???.???)
 2021 Terrengultra 33 7:19:54
Nordskar, Jo Hoff (1.4.1987)
 2021 Terrengultra 11 5:35:89
Nordtug, Henrik (7.2.1987)
 2021 10000 43 (27h1) 33:38.67
Nordvik, Kristoffer (20.8.1994)
 2021 Terrengultra 3 5:03:55

Nordås, Narve Gilje (30.9.1998)
 2021 5000 1 (1h2) 13:55.86, 10000 2 (2h2) 28:47.19
Norum, Jo Inge (16.12.1977)
 2021 24 timer ultraløp 1 263.247
Nybakke, Joachim (14.3.1979)
 2021 Maraton 62 3:30:14
Nybø, Terje Andre (16.12.1977)
 2021 Halvmaraton 77 1:29:09
Nydal, Erlend Moian (5.11.1992)
 2021 10km terrengløp 26 35:49
Nygård, Andreas Penne (23.7.1982)
 2021 10000 25 (20h2) 31:34.88
Nygård, Geir (2.2.1968)
 2021 Maraton 39 3:08:31, 24 timer ultraløp 9 182.759
Nymark, Tore (4.2.1967)
 2021 Maraton 29 3:02:47
Nyrønning, Jan (25.12.1963)
 2021 Motbakke 32 48:56
Næss, Erlend Bergfjord (18.4.2002)
 2021 Kule U20 4 15.08, Diskos U20 3 50.67, Slegge U20 4 52.60, Kule G18/19 2 15.71, Diskos G18/19 2 47.78, Slegge G18/19 2 48.42

O

Obaidi, Obaidullah (AFG) (3.7.2000)
 2021 100 U23 5h2 11.80, 200 U23 6h1 23.52, 400 U23 7 52.32, 4h1 51.89
Odland, Idar (29.8.2006)
 2021 2km terrengløp G15 6 7:31
Oldren, Oskar Mjelde (6.1.2006)
 2021 1000 stafett G15/16 3 2:09.42
Olsen, Adrian Stene (31.8.2005)
 2021 800 G16 6 (6h2) 2:01.31, 3000 G16 9 9:05.15
Olsen, Andreas Leander (15.3.2006)
 2021 2000 kappgang G15 1 11:19.19, Diskos G15 7 34.57
Olsen, Benjamin (16.6.2004)
 2021 1500 7 3:51.86, 3h2 4:01.64, 800 U20 2 1:52.09, 1h2 1:58.01, 1500 U20 2 3:58.63, 2h2 4:04.14, 6km terrengløp 9 19:45
Olsen, Christian Andre Falkum (18.10.2001)
 2021 800 U23 5h2 2:03.13
Olsen, Mads Orø (7.5.2002)
 2021 5000 U20 9 15:29.29
Olsen, Truls Engen (18.1.2003)
 2021 Slegge 7 53.62, Slegge U20 1 60.45, Slegge G18/19 1 59.67
Olstad, Edvard Fossum (25.3.2004)
 2021 Motbakke 24 46:28
Olstad, Sverre Ranes (16.6.2006)
 2021 Kule G15 4 12.68, Diskos G15 NM, Slegge G15 2 46.79
Omollo, Philip Jason (29.1.2001)
 2021 200 5h3 23.32, 1000 stafett 5 1:56.58, 100 U23 5h1 11.50, 200 U23 4 22.58, 2h1 22.60, 1000 stafett U23 2 1:55.46
Opdahl, Imre Marius Skiftesvik (5.4.2005)
 2021 1500 hinder G16 5 4:52.75, 2km terrengløp G16 =2 6:39
Oppegaard, Mathias Høgenes (8.3.1990)
 2021 10000 26 (6h1) 31:36.01, 10km terrengløp 22 33:37
Oppen, Sander (17.12.2004)
 2021 Stav 7 4.40, Stav U20 2 4.50, Stav G17 1 4.40
Opsal, Toralv (9.3.1998)
 2021 7-kamp inne 1 5.521
Opsann, Christer (18.8.1975)

2021 10km terrengløp 31 38:10

Os, Torbjørn (28.2.1969)

2021 Maraton 50 3:18:28, 24 timer ultraløp 12 175.290

Ose, Jonas Andre (13.6.2002)

2021 100 7s2 11.24, 4h4 11.15, 200 6s1 22.59, 4h1 22.66, 100 U20 s3 DNS, 3h2 11.45, 100 G18/19 3 10.88, 2s2 11.01, 1h1 11.09, 200 G18/19 3 22.48, 2s1 22.36, 2h4 22.75

Owusu, Benjamin Kwadjo (26.7.2004)

2021 100 G17 7h2 12.20, 200 J17 7h1 24.56

P

Palmgren, Odin Gundersen (18.9.2006)

2021 300 hekk G15 10 (5h2) 48.68, Høyde G15 5 1.65, Stav G15 4 3.10, Lengde G15 5 5.90, Spyd G15 3 45.66, 1000 stafett G17-19 12 (7h1) 2:14.34

Pasanen, Tommi Aslaksrud (7.2.2004)

2021 Spyd 13 56.22, Spyd U20 5 54.94, Spyd G17 1 65.32

Patel, Arvin (12.1.1967)

2021 Halvmaraton 63 1:26:25

Pecak, Jerzy (POL) (23.9.1975)

2021 Maraton 33 3:05:13

Pedersen, Daniel Nikolai (23.2.1998)

2021 4x400 stafett 2 3:16.52, 4x400 stafett mix DQ:R170.7

Pedersen, Erik Udø (9.4.1994)

2021 5000 7 (6h2) 14:12.28, 10000 (h2) DNF, 10km terrengløp 4 30:45

Pedersen, Even Elias Grannes (3.4.2006)

2021 100 hekk G15 2 14.22, 2h2 14.28, 300 hekk G15 3 (3h2) 40.70

Pedersen, Fredrik Stiansson (5.10.2003)

2021 100 G18/19 5h4 11.57w

Pedersli, Trond Einar Moen (21.2.1994)

2021 5000 25 (16h2) 14:51.89, 10000 (h1) DNF, 3km terrengløp 10 9:57, 2x6km stafett terrengløp 5 19:10

Persen, Fredrik (19.2.2002)

2021 100 U20 h5 DNF, 100 G18/19 8s1 11.54, 5h2 11.44, 200 G18/19 7h2 23.79

Pettersen, Christian Vik (20.7.2002)

2021 Stav 6 4.60, Stav U20 NM, Stav G18/19 NM

Pettersen, Even (12.10.1993)

2021 4x100 stafett 3 42.55, 4x100 stafett mix 1 43.79

Pettersen, Martin (16.2.2002)

2021 100 G18/19 7h4 11.68w, 200 G18/19 7h4 23.82, 1000 stafett G17-19 4 (4H2) 2:02.25

Pfandt, Thomas (23.5.1972)

2021 24 timer ultraløp 23 151.477

Plows, Sebastian Casper (29.11.2001)

2021 4x100 stafett 4 42.59, 4x400 stafett 1 3:13.73, 400 U23 4 49.20, 3h1 51.22

Plukkerud, Ivar (11.4.2005)

2021 800 G16 15 (5h1) 2:07.77, 300 hekk G16 5 (4h2) 41.90

Pollen, Roger Øye (17.1.1994)

2021 10000 21 (3h1) 31:00.73, Motbakke 9 39:22, Halvmaraton 10 1:09:17

Porjajev, Timofei (EST) (3.1.2003)

2021 400 6 (5h1) 48.89, 400 U20 4 49.38, 2h1 50.57, 400 G18/19 2 (2h2) 49.23

Prigge, Ole Daniel (24.12.2005)

2021 1500 U20 9h3 4:20.26, 5000 U20 17 15:54.70, 3000 G16 5 9:01.92, 1500 hinder G16 1 4:32.04, 2km terrengløp G16 1 6:23, 4km terrengløp G16 1 12:52

Prommetta, Atcha (THA) (26.2.1999)

2021 Stav U23 4 4.10

Q

Quarcco, Jonathan Tetteh (13.10.1996)

2021 100 2 10.47, 1s3 10.96, 1h2 10.87, 200 1 20.87, 1s1 21.33, 1h5 22.48

R

Rabi, Abdullah Dahir (27.3.2003)

2021 6km terrengløp 1 18:39

Raknes, Noah Birkeland (18.10.2005)

2021 800 G16 20 (10h1) 2:13.98, 3000 G16 16 9:37.28

Randholm, Christian (20.12.1980)

2021 24 timer ultraløp 11 180.965

Rangassamy, Rayan Niven (MRI) (21.1.200&

2021 100 G15 h3 DQ:R162.8, 100 hekk G15 3 14.28, 2h1 14.34, Lengde G15 1 6.08, Tresteg G15 1 12.64

Raudberget, Daniel (1.7.2002)

2021 1000 stafett G17-19 8 (3H1) 2:06.80

Ree, Andreas (9.8.1986)

2021 Maraton DNF

Reigstad, Magnus (31.3.2003)

2021 200 4h6 23.12, Lengde 9 6.61, 200 U20 s2 DNF, 2h5 22.84, Lengde U20 2 7.09w, 200 G18/19 7 23.07, 3s1 22.75, 3h3 22.99, Lengde G18/19 3 7.14

Reitan, Thomas (16.1.2006)

2021 Stav G15 2 3.40, Diskos G15 12 27.07, 9-kamp G15 2 4.411

Reklev, Michael (11.9.2005)

2021 Høyde U20 3 1.85, Høyde G16 1 1.85, Lengde G16 4 6.10, 1000 stafett G17-19 10 (5H1) 2:08.03

Retto, Benjamin Storm (27.12.2003)

2021 1500 U20 7 4:03.39, 3h2 4:04.90, 3000 G18/19 2 (2h2) 8:17.38

Rian, Tobias (12.4.2005)

2021 100 hekk G16 7 16.73, 4h1 16.32w, Stav G16 4 3.40, 10-kamp G16 5 3.908

Riege, Jens Kristian Hopstock (6.9.1968)

2021 Halvmaraton 69 1:28:01

Rimereit, Lars Åkernes (26.6.1995)

2021 Terrenghøp 16 6:08:54

Rimpi, August Arran (5.7.2005)

2021 Spyd G16 4 46.17

Rinde, Vegard Oppedal (3.1.2006)

2021 100 hekk G15 1 14.07, 1h2 13.03, 300 hekk G15 2 (2h2) 40.65, 4km terrengløp G15 7 14:03

Ringen, Kjetil Røste (20.6.1993)

2021 Slegge 4 59.46

Ringheim, Christer (4.3.1979)

2021 Halvmaraton 83 1:32:06

Riseth, Jonas (4.6.1994)

2021 3km terrengløp 19 10:32, 2x6km stafett terrengløp 12 21:16, 10km terrengløp 24 35:02

Rishøi, Sondre (30.4.2000)

2021 800 5h1 1:54.90, 1500 7h1 3:54.13, 800 U23 4 1:53.73, 3h1 2:28.48, 1500 U23 5 4:03.04, 2h1 4:27.17

Riska, Svein Kjetil (28.10.1975)

2021 24 timer ultraløp 46 85.722

Roe, Martin (1.4.1992)

2021 7-kamp inne DNF

Rognebakken, Odd Joar (23.12.????)

2021 Motbakke 31 48:15

Rolland, Sebastian Wichstrøm (15.8.2002)

2021 Spyd 10 58.00, Spyd U20 4 59.95, Spyd G18/19 3 58.34

Rooth, Markus (22.12.2001)
2021 Stav 3 4.90, Lengde 5 6.91, Kule 6 12.58, Diskos DNS, Spyd 9 59.53, 110 hekk U23 1 14.35w, Stav U23 3 4.90, Lengde U23 2 7.43, Kule U23 1 13.56, Diskos U23 2 45.77, Spyd U23 3 61.65

Rosenkilde, Herman Skjensvold (8.10.2003)
2021 Tresteg U20 7 13.32w, Tresteg G18/19 2 13.45

Roset, Håkon Hjelte (19.2.2000)
2021 Slegge 6 54.31, Slegge U23 3 54.05

Rosvold, Erik Johannes (13.11.1998)
2021 Kule 4 13.88, Diskos 5 49.30

Rosvold, Thor Olav (2.7.1996)
2021 Diskos 6 48.16

Rudi, Sondre Matias Kui (12.6.2000)
2021 100 6s3 11.29, 4h3 11.20, 200 5h5 23.05

Russnes, Karl Jørgen Giercksky (29.10.1998)
2021 5000 29 (13h2) 14:59.31, 10000 (h1) DNF, 10km terrengløp DNF

Rustad, Lars-Ola Nordli (17.9.1991)
2021 Maraton 55 3:24:32

Rye, Einar Johannes (11.10.2001)
2021 100 5s3 11.28, 5h4 11.20, 4x100 stafett 3 42.55, 4x100 stafett mix 4 46.10, 100 U23 5h3 11.49, 200 U23 6 22.73, 4h2 22.61, 1000 stafett U23 4 2:04.97

Rygh, Linus August (16.5.2005)
2021 200 G16 6h3 24.61, Lengde G16 5 5.96

Rypdal, Petter Mekvik (30.10.1993)
2021 10000 11 (11h2) 30:30.78

Rødsmoen, Erlend Jakobsen (6.2.2000)
2021 4x100 stafett mix 3 44.27, 100 U23 6h2 11.88, 200 U23 5h1 23.51, Lengde U23 8 6.01

Røer, Sigurd Lund (23.8.1995)
2021 Halvmaraton 22 1:11:14

Røer, Vegard Lund (29.2.2000)
2021 Halvmaraton U23 4 1:15:59

Røgeberg-Ortiz, Emiliano Storm (31.5.2006)
2021 100 U20 8s2 11.54, 3h4 11.38, 200 U20 4s2 22.75w, 3h3 23.06, 400 U20 6h1 52.86, 100 G15 2 11.50, 1h1 11.58, 200 G15 DNS, 1h1 23.01, 100 hekk G15 DQ:R162.8, 300 hekk G15 1 (1h2) 39.97

Rønning, Sindre (??-??-????)
2021 Terrengultra DNS

Røstad, Arne (31.8.2002)
2021 1000 stafett G17-19 13 (8h1) 2:16.86

Røyrrhus, Ole Sivert (11.3.2003)
2021 800 8h3 2:02.24, 800 U20 8 2:01.82, 2h2 1:58.28, 1000 stafett U20 7 2:01.20, 800 G18/19 3 (3h2) 1:55.06, 1000 stafett G17-19 3 (3H2) 2:01.73

Raa, Erlend Bolstad (31.3.2000)
2021 Høyde 3 2.06, Høyde U23 2 1.97

Råmkjes, Kjell-Otto (5.7.1968)
2021 Terrengultra 46 8:36:52

S

Sagli, Kristoffer (30.1.2002)
2021 800 U20 4 1:54.18, 3h3 1:57.88, 1500 U20 9 4:05.62, 1h2 4:04.05, 6km terrengløp 4 18:41

Salvesen, Daniel Cotanas (16.7.1971)
2021 24 timer ultraløp 30 126.672

Samuelsen, Jens Kristian (29.12.2006)
2021 800 G15 17 (7h1) 2:11.85, 2000 G15 8 6:00.68, 4km terrengløp G15 6 13:57

Sand, Håkon (2.12.2001)

2021 1000 stafett U23 3 1:58.77

Sandberg, Joachim (18.5.1995)
2021 200 4s1 22.28, 3h1 22.31, 110 hekk 2 14.94, 1000 stafett 3 1:53.56

Sandal, Kristoffer (9.5.2005)
2021 800 G16 16 (6h1) 2:07.93, 3000 G16 19 9:44.14

Sande, Sverre (18.9.1955)
2021 Halvmaraton 88 1:34:09

Sandnes, Daniel Winther (1.3.2006)
2021 Kule G15 6 12.38, Diskos G15 5 39.02

Sandnes, Jørgen Feldt (16.4.1989)
2021 Halvmaraton 29 1:14:28

Sandness, Terje (18.10.1964)
2021 24 timer ultraløp 4 223.828

Sandvik, Fredrik (23.3.1998)
2021 3000 hinder 2 8:49.11

Sandvik, Håkon (26.3.2005)
2021 100 G16 8 11.65w, 2h2 11.71, 200 G16 4h2 23.97

Sandvik, Mathias (13.12.2000)
2021 4x400 stafett mix 1 3:38.20

Saugestad, Frode (2.4.1974)
2021 10km terrengløp 28 37:07

Schmeick, Anders (23.1.1986)
2021 24 timer ultraløp 21 160.574

Schwencke, Andreas Bjørnstad (28.8.1988)
2021 5000 27 (11h1) 14:53.40, 10000 27 (7h1) 31:38.04, Halvmaraton 11 1:09:34, 10km terrengløp 16 32:52

Schwencke, Fredrik Bjørnstad (11.5.1992)
2021 5000 32 (16h1) 15:21.38, 10000 35 (14h1) 32:10.58, Halvmaraton 9 1:08:40

Seeberg-Rommetveit, Simen (29.4.2000)
2021 1500 U23 DNS, 5h1 4:28.44

Seglsten, Ronald (29.1.1966)
2021 Halvmaraton 98 1:37:08

Sel, Harald (17.8.1942)
2021 Maraton 86 4:55:01

Seliussen, André (5.4.2001)
2021 3000 hinder U23 1 9:57.03

Seliussen, Morten (20.6.1971)
2021 Maraton 38 3:08:07

Sellevoid, Sivert Fløgstad (4.12.2000)
2021 4x100 stafett 4 42.59, 4x400 stafett 1 3:13.73, 400 U23 DNS, 2h1 50.05

Selses, Stig Ove Dahlen (19.7.1994)
2021 Kule 3 15.06, Diskos 8 43.20

Sevaldstad, Adrian (24.3.2006)
2021 800 G15 16 (6h1) 2:09.70, 300 hekk G15 8 (4h1) 47.05, 1000 stafett G15/16 4 2:11.09

Sheath, Kristian Benjamin (3.2.2005)
2021 200 G16 6h1 24.90, 300 hekk G16 8 (3h1) 44.73, 1000 stafett G15/16 DNS

Sheath, Robert David (16.1.2002)
2021 400 U20 6 50.34, 4h2 50.71, 200 G18/19 6s2 23.14, 4h4 23.25, 400 G18/19 7 (4h2) 52.13

Silva, Andre Cruz da (18.12.2004)
2021 200 J17 5h2 24.42, 400 G17 6 (2h1) 54.00

Simonsen, Aleksander Børstad (18.12.2002)
2021 800 G18/19 9 (9h2) 1:59.02, 3000 G18/19 25 (15h2) 9:14.72

Sjursen, Gjert Høie (9.1.2000)

2021 100 4s3 11.16, 2h5 11.04, 110 hekk 4 15.09, Lengde 4 6.99, Tresteg 7 13.56, 7-kamp inne 2 4.766, 10-kamp 1 6.728, 100 U23 4 11.04, 2h3 11.09, 110 hekk U23 2 14.82w, Stav U23 5 4.00, Lengde U23 3 7.15w, Tresteg U23 1 14.24w, Diskos U23 3 40.05

Sjurseth, Andreas Myhre (5.2.1985)

2021 10000 (h2) DNS

Sjøvold-Igelkjøn, Steffen (1.10.2003)

2021 Motbakke 47 58:13

Sjåholm, Mathias (26.1.2004)

2021 100 G17 4h2 11.87, 200 J17 6h4 24.29, 110 hekk G17 5h1 17.10

Sjåstad, Edvard Aaleksei (2.2.2006)

2021 Slegge G15 3 45.17

Skalle, Elmer Mulleri (15.8.1992)

2021 1500 12h2 4:17.62, 10km terrengløp DNF

Skare, Felix Maximilian (30.12.2006)

2021 Kule G15 2 13.35, Diskos G15 3 42.08, Slegge G15 5 39.15, Spyd G15 2 45.76

Skari, Filip (6.2.2005)

2021 4km terrengløp G16 2 12:52

Skaten, Geir Storetvedt (17.4.1974)

2021 Halvmaraton 33 1:15:59

Skjeldestad, Halfdan Svendsen (26.8.1990)

2021 Maraton 78 4:09:19

Skjerven, Jonas (19.4.2005)

2021 2km terrengløp G16 DNS

Skjeseth, Sigurd Ruud (24.12.1996)

2021 5000 3 (3h2) 14:01.80, 10000 3 (3h2) 29:11.78

Skjetne, Andreas Olav (26.11.1988)

2021 Halvmaraton 40 1:18:18

Skoczylas, Igor (POL) (17.5.2004)

2021 Slegge G17 7 35.73

Skog, Robias Holdø (29.9.2002)

2021 1500 U20 5h2 4:06.76, 5000 U20 DNF

Skog, Tobias Holdø (29.9.2002)

2021 800 G18/19 h1 DNF, 3000 G18/19 12 (1h1) 9:49.58

Skogvang, Kjell (16.12.1944)

2021 24 timer ultraløp 32 120.666

Skorpen, Alexander (23.5.1998)

2021 Spyd 3 65.49

Skotheim, Sander Aae (31.5.2002)

2021 Stav U20 DNS, Lengde U20 1 7.57w, Kule U20 2 15.19, Diskos U20 4 48.38, 1000 stafett U20 2 1:56.89, 7-kamp inne U20 1 6.015, 10-kamp U20 2 7.491

Skovly, Håvard Dale Foyen (6.2.2003)

2021 800 U20 DNS, 3h2 1:58.48

Skre, Vebjørn Sæten (15.12.2002)

2021 Diskos 7 45.07, Diskos U20 5 48.14

Skrede, Alexander (11.10.2005)

2021 100 4s2 10.95, 3h4 11.03, 200 3s2 22.27, 2h2 22.61, 1000 stafett 4 1:56.19, 100 U20 5 11.01, 2s1 11.08, 2h6 11.09, 200 U20 6 22.51w, 1s3 22.40, 1h5 22.71, 1000 stafett U20 3 1:57.29, 100 G16 1 10.79w, 1h1 11.17, 200 G16 2 22.19. 1h2 22.75, 1000 stafett G15/16 1 2:00.45

Skrede, Atle (13.5.1973)

2021 Maraton 67 3:35:14, Motbakke 43 53:05

Skrove, Petter (2.4.1997)

2021 Halvmaraton 55 1:23:26

Skraastad, Erlend Kristian (29.3.2004)

2021 400 G17 9 (4h1) 55.02, 300 hekk G17 5 (4h2) 42.07, 1000 stafett G17-19 8 (3H1) 2:06.80

Skurve, Alexander (23.10.1992)

2021 5000 (h1) DNF

Skåden, Jonas Berggård (5.9.2002)

2021 100 8 11.01, 3s1 10.93, 3h5 11.08, 200 7 21.95, 3s3 21.93, 2h6 22.37, 1000 stafett 4 1:56.19, 100 U20 2 10.76, 1s3 11.00, 1h3 11.19, 200 U20 1 21.54w, 1s1 21.88w, 1h1 21.92w, 1000 stafett U20 3 1:57.29, 100 G18/19 1 10.67, 1s1 10.85, 1h2 10.94, 200 G18/19 2 21.61, 2s2 21.58, 1h2 22.48

Skaala, Eirik Dalva (??.1979)

2021 Maraton 16 2:49:38

Skårild, Martin Haugen (24.3.2004)

2021 200 U20 6h2 23.78w, 400 U20 5h3 52.19, 1000 stafett U20 7 2:01.20, 400 G17 2 (2h2) 51.31, 800 G17 4 1:59.00, 1000 stafett G17-19 3 (3H2) 2:01.73

Slettemark, Harald (16.3.1964)

2021 Maraton 24 2:58:47

Sliper, Trond (6.2.1984)

2021 Halvmaraton 53 1:22:25

Slåtten, Jakob (12.2.2005)

2021 100 U20 6h1 11.71, 110h U20 5 16.03w, 100 G16 6 11.64w, 3h1 11.72, 100 hekk G16 4 14.29, 2h1 14.49w, 300 hekk G16 3 (1h1) 41.33

Smith, Christian (14.5.1961)

2021 Terrenultra 42 8:22:51

Solbakken, Vetle (???.???.???)

2021 2km terrengløp U20 2 6:20

Solberg, Eilif André (7.6.2006)

2021 100 G15 3h3 12.17, 200 G15 5h2 24.74, Tresteg G15 4 12.20

Solbu, Ole Jakob Høsteland (19.8.2003)

2021 800 4 1:49.62, 2h3 1:53.49, 800 U20 1 1:49.72, 1h1 1:56.79, 1500 U20 1 3:57.46, 1h1 4:07.62

Solem, Eirik (10.5.1994)

2021 Terrenultra 8 5:21:24

Solum, Nikolai (22.12.2005)

2021 800 U20 4h1 2:00.55

Solli, Iver (5.8.2004)

2021 100 G17 7 11.76, 3h1 11.69, 200 J17 7s1 23.87, 3h2 23.48, 1000 stafett G17-19 8 (3H1) 2:06.80

Solli, Rune (7.11.1992)

2021 5000 12 (3h1) 14:36.63, 10000 13 (1h1) 30:43.05

Sollid, Andreas Solheim (22.3.2004)

2021 100 G17 6h3 11.94, 200 J17 7 23.73, 4s2 23.50, 3h3 23.55

Solligård, Sverre (4.1.1991)

2021 10000 20 (18h2) 30:54.41

Solum, Nikolai (22.12.2005)

2021 800 G16 2 (2h2) 1:57.96, 3000 G16 2 8:37.32

Sommersel, Even Overøye (8.12.2004)

2021 1000 stafett G17-19 12 (7h1) 2:14.34

Solvang, Rune Sandve (29.7.1994)

2021 Maraton 32 3:04:59

Sommerseth, Stian Dahl (16.1.1997)

2021 Motbakke 2 37:24, 10km terrengløp 12 32:06

Spilling, Anders Gil (19.1.1972)

2021 24 timer ultraløp 14 174.214

Stattin, Oskar (DEN) (8.5.2006)

2021 300 hekk G15 5 (4h2) 42.99, Lengde G15 8 5.61, Tresteg G15 5 11.53, 1000 stafett G15/16 DNS

Stavrum, Viljar (19.8.2005)

2021 2km terrengløp G16 6 7:13

Steen, Kristian Trigueno (22.7.2001)

2021 400 hekk 8 57.20, 5h2 56.33, 1000 stafett 6 1:59.03, 400 U23 5 51.26, 3h2 51.01, 400 hekk U23 4 57.80, 1000 stafett U23 3 1:58.77

Steig, Geir (24.2.1995)

2021 Motbakke 10 39:54

Steinshamn, Simon Nebijo Karlsen (18.3.1999)

2021 1500 6 3:51.58, 4h1 3:54.01, 1500 U23 3 4:01.99, 4h2 4:28.08, 5000 U23 2 14:53.03

Stenberg, Frode (19.6.1986)

2021 Maraton 3 2:30:53

Stenersen, Jesper Benjamin (25.2.1999)

2021 Halvmaraton U23 9 1:27:44

Stenersrød, Christer Richard (17.5.1991)

2021 Spyd 12 56.65

Stensrud, Johnny (25.11.1963)

2021 Halvmaraton 62 1:26:00

Stensrud, Simen Gløggård (22.1.2005)

2021 800 8h1 2:00.66, 5000 (h1) DNF, 1500 U20 6 4:01.73, 3h1 4:10.40, 5000 U20 DNF, 6km terrengløp 10 20:02, 800 G16 3 (3h2) 1:58.23, 3000 G16 1 8:31.79

Stensrød, Knut Richard (7.8.1974)

2021 Halvmaraton 42 1:18:38

Stensvold, Johnny (4.7.1973)

2021 Halvmaraton 27 1:13:26

Stensø, Alf Håvard Bråten (27.5.2006)

2021 800 G15 20 (11h2) 2:18.55, 2000 G15 19 6:37.85, 1000 stafett G17-19 13 (8h1) 2:16.86

Stevik, John Petter (2.1.2003)

2021 800 U20 6 1:57.84, 3h1 1:58.05

Storfjord, Magnus (17.4.2003)

2021 Lengde G18/19 5 6.02, Tresteg G18/19 4 11.69

Stornes, Simon (14.7.2004)

2021 100 U20 5h2 11.76, 200 U20 7h3 23.67, 100 G17 3h2 11.70, 200 J17 6s2 23.64, 3h4 23.60, 1000 stafett G17-19 2 (2H2) 2:01.61

Strømberg, Johan-Jørgen Lindgaard (9.10.1974)

2021 10000 (h1) DNS

Strønstad-Løseth, Sindre (10.11.2005)

2021 200 6h5 23.19, 400 11 (4h2) 49.85, 400 U20 7 50.48, 2h2 50.17, 1000 stafett U20 1 1:55.35, 100 G16 3 11.14w, 2h1 11.59, 200 G16 3 22.66, 1h3 23.24, 1000 stafett G17-19 1 (1H2) 1:54.51

Strønstad-Løseth, Thomas (7.9.2003)

2021 400 6 (5h1) 48.31, 4x400 stafett 3 3:18.73, 200 U20 2 21.74w, 2s1 22.11w, 2h2 22.77w, 400 U20 3 48.98, 2h3 51.12, 1000 stafett U20 1 1:55.35, 200 G18/19 s1 DNF, 1h4 21.95, 400 G18/19 2 (1h2) 48.56, 1000 stafett G17-19 1 (1H2) 1:54.51

Stuhr, Oscar Barikmo (18.4.2005)

2021 Høyde NM, Tresteg 4 14.02, Høyde U20 7 1.80, Tresteg U20 3 14.02, 100 hekk G16 h1 DNF, Høyde G16 2 1.80, Tresteg G16 NM

Sture, Johannes (1.5.2005)

2021 800 U20 7h2 2:04.63, 1500 U20 9h2 4:20.81, 800 G16 10 (9h2) 2:04.75, 3000 G16 13 9:25.31, 1500 hinder G16 2 4:34.98, 2km terrengløp G16 =2 6:39

Stæger-Breisnes, Kristen (20.6.1971)

2021 Maraton 74 3:49:12

Støle, Roy Kenneth (18.10.1971)

2021 24 timer ultraløp 41 101.010

Størkson, Andreas Skulstad (7.6.2001)

2021 5000 U23 10 15:39.57

Sund, Oliver (1.10.2005)

2021 800 U20 9h1 2:04.90, 1500 U20 10h2 4:33.94, 800 G16 11 (10h2) 2:05.61, 3000 G16 11 9:21.98, 1000 stafett G17-19 9 (4H1) 2:07.46

Sundby, Øyvind Heiberg (5.9.1983)

2021 Maraton 2 2:29:43, Motbakke 38:01

Sunde, Matias (22.4.2003)

2021 6km terrengløp 11 20:07

Sundhagen, Hans Petter (10.12.1987)

2021 Terrenultra 17 6:08:57

Svalheim, Stig-Magne (17.9.1973)

2021 Motbakke 27 47:30

Svare, August Larem (11.12.2003)

2021 Høyde G18/19 NM

Svarholt, Sondre (16.2.2006)

2021 800 G15 2 (2h2) 2:00.27, 1500 hinder G15 2 4:29.37, 1000 stafett G15/16 3 2:09.42

Svarva, Marcus Sebastian Andersen (4.5.2004)

2021 400 G17 7 (3h1) 54.57, 800 G17 7 2:01.56, 1000 stafett G17-19 5 (5H2) 2:03.68

Sveen, August da Silva (3.8.2004)

2021 1500 U20 8 4:04.70, 4h3 4:09.41, 5000 U20 8 15:22.68, 800 G17 3 1:57.77, 3000 G17 2 8:53.39

Sveen, Ole Bjørn (28.9.1970)

2021 Maraton 47 3:14:10

Sveinsson, Herman Hogstad (28.2.2004)

2021 100 G17 1 11.15, 1h1 11.32, 200 J17 3 22.91, 2s1 22.78, 1h2 22.83, Lengde G17 3 6.49

Svela, Per (19.3.1992)

2021 5000 10 (8h2) 14:27.82, 10000 (h2) DNS

Sverd, Vegard Dragsund (1.6.1999)

2021 199 5s2 11.09, 4h1 11.25, 100 U23 5 11.20, 2h2 11.34, 200 U23 4h1 23.10, Lengde U23 6 6.38w

Svingheim, Magnus (26.12.1984)

2021 Terrenultra 12 5:57:49

Svoren, Peter Horvati (18.4.2001)

2021 4x100 stafett 3 42.55, 200 U23 7 22.74, 3h1 22.74, 1000 stafett U23 4 2:04.97

Svorkdal, Lars Lystad (6.7.2005)

2021 3000 G16 3 8:42.75, 1500 hinder G16 3 4:37.56

Syrdahl, Ole Jacob Eriksen (9.8.1983)

2021 Maraton 31 3:04:02, Halvmaraton 50 1:20:09

Sælen, Ole Håkon (26.1.1960)

2021 Terrenultra 30 6:59:17

Sælid, Kristoffer Frydenlund (28.11.1995)

2021 Motbakke 26 47:21

Sæther, Jørgen Hagemo (18.2.1985)

2021 Halvmaraton 45 1:19:17

Sæstad, Krister Aase (2.6.1995)

2021 Halvmaraton 105 1:50:34

Søbstad, Reidar (18.12.1958)

2021 Halvmaraton 93 1:35:26

Sørdalen, Per-Teodor (1.1.2004)

2021 Spyd G17 3 49.64

Sørli, Marius Garmann (26.8.1997)

2021 5000 11 (9h2) 14:35.84, 10000 8 (9h2) 30:22.02, 3km terrengløp 6 9:42

Sørli, Robert (8.4.1975)

2021 Terrenultra 23 6:39:48

Sørstad, Vemund Prem Heltzer (6.1.2006)

2021 Tresteg G15 7 10.42, Spyd G15 4 41.33, 9-kamp G15 DNF

Sørtun, Arne (20.8.1971)

2021 Maraton 54 3:24:12

Sørtveit, Erlend Gjerdevik (17.12.1994)

2021 10000 (h1) DNF

Søvik, Elias Sanden (10.4.2000)

2021 Tresteg 2 14.97

T

Tangedal, Kim (4.12.1983)

2021 Motbakke 38 50:09

Taranger, Bjørn Tore Kronen (23.4.1979)

2021 Maraton 27 3:00:49, 24 timer ultraløp 2 252.207

Teien, Fredrik (???.???)

2021 Halvmaraton 59 1:24:02

Teigland, Johannes (17.4.1995)

2021 1500 8 3:51.97, 6h2 4:02.51, 3km terrengløp 11 10:00, 2x6km stafett terrengløp 6 19:26

Teigstad, Simen Johan (24.10.2005)

2021 Stav U20 5 3.75, 100 hekk G16 6 14.66, 3h1 14.76w, Stav G16 1 3.80, Lengde G16 8 5.79, Diskos G16 4 35.63, Spyd G16 9 37.90, 1000 stafett G17-19 6 (1H1) 2:06.31, 10-kamp G16 3 5.390

Tesfamichael, Isaac Geberebrhan (ERI) (1.7.1993)

2021 3km terrengløp 7 9:44, 2x6km stafett terrengløp 2 18:55, 10km terrengløp 6 31:09

Tesfamichael, Michael Ande (24.9.1990)

2021 Halvmaraton 14 1:10:13, 10km terrengløp 23 34:12

Tewelde, Nahom Tesfalem (ERI) (24.8.2006)

2021 800 G15 3 (3h2) 2:01.38, 2000 G15 4 5:33.07, 1500 hinder G15 1 4:24.84, 4km terrengløp G15 2 13:12

Thallaug, Sjur Grung (25.3.2006)

2021 100 G15 6 11.85, 3h1 11.79, 200 G15 6 23.80, 4h2 23.45

Thomassen, Christian Andre (12.3.2003)

2021 Lengde 7 6.67, Tresteg 5 13.77, Lengde U20 7 6.79, Tresteg U20 2 14.18, Høyde G18/19 3 1.80, Lengde G18/19 4 6.87, Tresteg G18/19 1 13.98

Thomassen, Mikkel Blikstad (13.10.2003)

2021 800 9h1 2:02.03, 1500 12h13:57.23, 5000 U20 5 14:48.86, 3000 G18/19 4 (4h2) 8:23.27

Thompson, Luca (24.11.2000)

2021 800 6 1:50.41, 2h1 1:53.41, 1000 stafett 3 1:53.56, 400 U23 3 48.39, 1h2 49.06, 800 U23 2 1:52.61, 2h1 2:28.15

Thorbjørnsen, Tobias Kalmo (9.6.2006)

2021 100 hekk G15 7 16.50, 4h1 15.64, 300 hekk G15 9 (5h1) 47.39, Stav G15 5 2.80, Lengde G15 12 4.92, Diskos G15 4 40.89, 10-kamp G15 4 4.081

Thoresen, Pål (27.5.1970)

2021 24 timer ultraløp 18 163.254

Thorsen, Jørn (30.3.1970)

2021 Maraton 59 3:29:15

Thorsen, Niklas Bosdal (16.2.2006)

2021 Motbakke 33 49:16

Thorud, Magnus (13.3.1986)

2021 24 timer ultraløp 51 70.980

Thrana, Daniel (17.10.2002)

2021 Spyd 6 63.28, Spyd U20 2 66.00

Tijani-Ajayi, Kenny Emi (5.5.2003)

2021 200 4 21.54, 3s1 21.62, 2h4 22.09, 1000 stafett 3 1:53.56, 100 U20 3 10.97, 2s2 11.98, 1h5 11.21, 200 U20 3 21.95w, 1s2 21.90w, 1h4 23.01, 1000 stafett U20 2 1:56.89, 7-kamp inne U20 DNF, 100 G18/19 2 10.73, 1s2 10.86, 1h3 11.09, 200 G18/19 1 21.47, 1s2 21.49, 1h3 22.65

Tiltnes, Anders (???.???)

2021 Terrenultra 19 6:14:42

Tjelta, Frode (14.2.1975)

2021 Maraton 13 2:47:58

Tjørnholm, Kristian (19.9.1995)

2021 5000 30 (14h1) 15:02.70, 10km terrengløp 17 33:00

Tobiassen, Eivind (3.11.2003)

2021 2km terrengløp U20 =5 6:43, 3000 G18/19 27 (12h1) 9:25.36

Tokle, Morten (4.2.1979)

2021 Maraton 52 3:22:03

Tollefsen, Oliver (10.11.2004)

2021 100 G17 2 11.15, 2h2 11.34, 200 J17 2 22.74, 1s1 22.69, 1h3 23.13

Tomala, Alexander Tadeusz (22.4.2005)

2021 100 U20 5h3 11.63, 200 U20 5s3 23.16, 4h1 23.02w, 100 G16 5 11.42w, 1h3 11.55, 200 G16 4 23.14, 2h3 23.36, Slegge G16 5 42.47, 1000 stafett G17-19 6 (1H1) 2:06.31

Tomasli, Mikael Storli (9.8.1995)

2021 Halvmaraton 70 1:28:08

Tonheim, Håvard (6.7.1998)

2021 Motbakke 17 44:18

Torbergsen, Christoffer Nicolai (13.7.2006)

2021 100 G15 7h1 13.19, Spyd G15 6 32.38, 1000 stafett G15/16 DNS

Torbjørnsen, Marius (21.5.2003)

2021 Høyde U20 8 1.75, Høyde G18/19 =5 1.75

Torgersen, Fredrik Tordal (11.4.1977)

2021 10000 (h1) DNS

Tornensis, Alf Ante Idland (16.11.2000)

2021 4x800 stafett mix 1 8:57.60, 1500 U23 6h1 4:28.97, 5000 U23 9 15:19.25

Torsvik, Andreas (6.12.1990)

2021 10000 42 (21h1) 33:27.27

Trefall, Vegard (4.10.2006)

2021 1000 stafett U20 9 2:14.71

Trippestad, Ole-Kjetil Espelid Årseth (12.12.1986)

2021 Maraton 85 4:40:43

Trobe, Nathaniel Laukhammer (13.5.2005)

2021 Spyd G16 5 44.50

Turøy, Sander Havn (30.1.2006)

2021 100 G15 6h1 12.35, Høyde G15 1 1.76

Tveit, Odd Gunnar (14.3.1964)

2021 Maraton 61 3:29:54

Tveit, Sigurd (16.3.2000)

2021 800 2 2:48.55, 1h3 1:52.88, 800 U23 1 1:51.68, 3h2 2:02.17

Tveite, Andreas (9.12.2006)

2021 4km terrengløp G15 11 14:55

Tveitå, Aanund Olavson (13.9.2003)

2021 Lengde 2 7.52, Lengde U20 4 7.02w, Kule U20 5 15.06, Lengde G18/19 2 7.33, Kule G18/19 3 14.95, Diskos G18/19 3 41.45

Tyssing, Njål Torillson (1.1.1982)

2021 Halvmaraton 25 1:13:08

Tøfte, Tore Marius Engebretsen (29.7.2003)

2021 800 G18/19 10 (1h1) 1:59.71

Tønnesen, Trym Halvard Sagstuen (4.2.2000)

2021 10km terrengløp 10 31:34, 5000 U23 6 14:54.88

Tønnessen, Mathias (22.11.2003)

2021 1000 stafett 7 2:03.96

Tørsdal, Ole Mikal (21.6.1991)
2021 5000 21 (7h1) 14:47.55, 10000 23 (5h1) 31:15.72, Halvmaraton 5 1:07:03

Tørum, Gard Smevik (24.12.2003)
2021 1500 U20 10h1 4:19.63

Tårneby, Emil Lukassen (21.11.2003)
2021 Slegge G18/19 3 37.50

U

Ukkelberg, Fredrik Kjønstad (6.2.2006)
2021 100 hekk G15 6 15.70, 4h2 15.41, 2000 kappgang G15 2 12:00.48, Høyde G15 4 1.65

Ulriksen, Kristian (2.10.1986)
2021 5000 33 (17h1) 15:23.94, 10000 38 (17h1) 32:14.12

Ulset, Tord Franke (6.5.2003)
2021 5000 22 (15h2) 14:47.92, 10000 (h2) DNF, 5000 U20 6 15:01.31, 6km terrengløp 6 18:52, 3000 G18/19 10 (10h2) 8:38.57

Ulseth, Magnus Klüver (26.7.2004)
2021 100 U20 6h2 12.03, 200 U20 7h2 24.35w, 1000 stafett U20 7 2:01.20, 100 G17 5h3 11.90, 200 J17 8s2 24.02, 5h1 23.87, 1000 stafett G17-19 3 (3H2) 2:01.73

Ulsnes, Steinar (9.3.1965)
2021 24 timer ultraløp 8 190.073

Ulvan, Nicolai (27.10.2005)
2021 800 G16 14 (4h1) 2:06.24

Ulvund, Nikolai Røeggen (24.1.2003)
2021 Kule U20 8 13.95, Diskos U20 NM

Undheim, Paul Johan Aarøe (18.7.1967)
2021 Terrengultra 47 9:18:45

Utaker, Tobias Berg (17.9.2006)
2021 800 G15 14 (5h1) 2:08.80, 2000 G15 20 6:41.55

Utengen, Øyvind Ytrehus (24.1.1989)
2021 10000 32 (12h1) 31:53.82

V

Vabog, Petter (7.5.1957)
2021 24 timer ultraløp 40 101.339

Valseth, Sigurd Egeland (13.3.2005)
2021 1500 U20 12 4:25.55, 4h1 4:11.70, 800 G16 5 (5h2) 2:00.95, 3000 G16 DNF

Vamråk, Christoffer da Silva (1.2.2006)
2021 800 G15 13 (4h1) 2:08.50, 2000 G15 16 6:24.45

Vanebo, Roger Andre (6.3.1964)
2021 Halvmaraton 106 1:52:03

Varsi, Agnar Øystein (15.1.1964)
2021 Halvmaraton 82 1:32:01

Vaula, Jacob (1.8.2001)
2021 4x100 stafett 1 40.49

Vedde, Tor-Junor Kringstad (7.8.1997)
2021 200 5s1 22.43, 2h5 22.64, 1000 stafett 2 1:53.44, 4x100 stafett 4 42.59, 4x400 stafett 1 3:13.73

Vedvik, Jonatan Andersen (4.5.2000)
2021 1500 7h2 4:02.74

Vedvik, Marius Øyre (18.3.1992)
2021 5000 5 (5h2) 14:04.38, 10000 5 (5h2) 29:33.13, Motbakke 8 39:12, Halvmaraton 2 1:04:27, 3km terrengløp 3 9:25, 2x6km stafett terrengløp 1 18:20, 10km terrengløp 9 31:13

Vedvik, Oliver Andersen (21.8.1998)
2021 1500 10h1 3:56.48

Veen, Sebastian van der (6.8.2002)
2021 4x800 stafett mix 2 9:01.63, 5000 U20 10 15:30.47, 3000 G18/19 15 (3h1) 8:51.46

Veitsle, Storm Kristoffer (15.2.2006)
2021 4km terrengløp G15 5 13:43

Veland, Simon Østreng (9.11.2000)
2021 1500 12 3:53.73, 5h2 4:02.40, 1500 U23 6 4:03.32, 4h1 4:28.15

Velle, Henrik (28.11.1991)
2021 10km terrengløp 27 35:53

Vesterlid, Henrik From (20.9.2004)
2021 Kule U20 3 15.08, Diskos U20 9 39.20, Slegge U20 NM, Kule G17 1 16.46, Diskos G17 4 47.32, Slegge G17 3 55.56

Vestre, Emil (14.3.2005)
2021 100 G16 5h2 11.90, 100 hekk G16 8 20.06, 3h2 14.87, 300 hekk G16 6 (5h2) 42.76, 1000 stafett G17-19 3 (3H2) 2:01.73

Vestvik, Morten (21.5.1965)
2021 Maraton 75 3:50:04

Vik, Ole Jørgen (6.10.1979)
2021 Terrengultra 40 7:55:26

Vik, Sondre Audahl (26.1.2004)
2021 100 U20 7h2 12.09, 100 G17 5h1 11.78, Lengde G17 10 5.51, 1000 stafett G17-19 5 (5H2) 2:03.68

Viken, Ånung (23.3.1993)
2021 1500 10 3:52.13, 5h1 3:54.04

Vincent, Aiden Floyd (8.3.2004)
2021 200 7s2 23.13, 4h3 22.97, 400 9 (2h2) 49.39, 400 U20 5 49.90, 3h2 50.28, Lengde U20 8 6.46w, Tresteg U20 5 13.67, 100 G17 3 11.17, 1h2 11.28, 200 J17 1 22.67, 1s2 22.56, 1h1 22.87, 400 G17 1 (1h2) 49.93, 110 hekk G17 2 15.21, 1h2 15.36, 300 hekk G17 1 (1h2) 39.11, Lengde G17 1 6.59, Tresteg G17 2 13.23, Spyd G17 2 55.61

Vindheim, Endre (30.4.1964)
2021 24 timer ultraløp 39 106.975

Vineshaugen, Henrik Linna (13.4.2006)
2021 9-kamp G15 3 4.174

Vinterstø, Stein Tore (7.8.1973)
2021 Maraton 42 3:12:50

Vogelsang, Abraham Sandvin (11.2.2003)
2021 Høyde 2 2.08, Stav 4 4.80, Lengde 3 7.23, 110h U20 2 14.44w, Høyde U20 1 2.00, Stav U20 1 4.70, Lengde U20 3 7.07, Kule U20 11 13.11, Diskos U20 6 44.08, 1000 stafett U20 2 1:56.89, 7-kamp inne U20 2 5.469, 10-kamp U20 1 7.535, 110 hekk G18/19 2 14.32, Høyde G18/19 1 2.01, Stav G18/19 1 4.70, Lengde G18/19 1 7.37

Vogt-Hanssen, Gaute (???.???.???)
2021 Halvmaraton 72 1:28:20

Vonen, Samson Steindal (6.8.1999)
2021 Maraton 73 3:44:33

Vukicevic, Vladimir Erik (6.5.1991)
2021 110 hekk 1 13.93

Vaaga, Haakon (22.10.1998)
2021 Halvmaraton 31 1:15:00, 3km terrengløp 23 10:55

Vaage, Gunnar (12.7.1958)
2021 Maraton 68 3:38:24

W

Wad-Gylterud, Terje Andre (18.2.1980)
2021 Halvmaraton 57 1:23:54

Wahl, Tor-Einar Nygaard (30.7.1985)
2021 Terrengultra 18 6:10:16

Walhovd, Sakarias Erik Fjeld (16.10.2006)
2021 Kule G15 5 12.65, Diskos G15 NM, Slegge G15 9 NM

Walø, Axel Ingvard (25.11.1962)
2021 Halvmaraton 86 1:33:55

Wang, Marius Liljeberg (3.10.2001)
2021 5000 16 (12h2) 14:38.79, 5000 U23 8 15:07.24

Warnes, Vegard Vesterhaug (16.5.2003)
2021 3000 hinder 6 9:15.74, 3000 G18/19 9 (9h2) 8:38.25, 2000 hinder G18/19 3 6:14.72

Warwik, Fredrik (9.6.1997)
2021 Halvmaraton 109 2:04:42

Warvik, Magnus Winther (29.7.1994)
2021 Halvmaraton 7 1:08:23

Weinberg, Fabian (26.5.2001)
2021 Diskos 3 50.81, Diskos U23 1 53.94

Weinberg, Myron (9.12.1999)
2021 Spyd 2 69.28, Spyd U23 1 69.70

Werge-Olsen, Knut Arvid Tibor (8.1.2003)
2021 100 U20 5s2 11.36, 3h3 11.47, 200 U20 6h423.47, 100 G18/19 7h2 11.56, 200 G18/19 6h4 23.73

Westlie, Adrian (4.4.2001)
2021 10km terrengløp 21 33:30

Widsteen, Odin Johansen (22.10.2004)
2021 100 U20 5h4 11.55, 200 U20 h4 DNS

Wiggen, Christopher Bersagel (1.5.2001)
2021 Halvmaraton U23 2 1:12:23

Wigaard, Endre (25.6.1996)
2021 5000 31 (15h1) 15:15.96, 10000 30 (10h1) 31:50.42

Wiig, Håkon Hansesæter (5.4.2004)
2021 Diskos U20 7 43.66, Slegge U20 3 52.66

Wilhelmsen, Fredrik (28.12.1963)
2021 Terrengultra 48 10:19:28

Winberg, Halvor Nymoan (29.4.1999)
2021 1500 13 3:54.21, 2h1 3:53.95, 1500 U23 7 4:03.42, 1h2 4:27.20, 5000 U23 5 14:54.33

Wold, Morten Olaf (10.4.1951)
2021 Maraton 79 4:09:56

Wolff, Ove (6.5.1967)
2021 Maraton 37 3:07:48

Wormdahl, Aksel (1.2.2006)
2021 100 hekk G15 h2 DQ:R162.8, Høyde G15 3 1.70, Lengde G15 4 5.94, Tresteg G15 2 12.55, 1000 stafett G17-19 9 (4H1) 2:07.46

Wright, Christian Nicolas (17.3.2006)
2021 100 U20 7s2 11.51, 4h4 11.43, 200 U20 7s1 23.19w, 5h5 23.19, 1000 stafett U20 6 2:01.19, 100 G15 1 11.23, 1h2 11.38, 200 G15 1 23.10, 1h2 23.08, 1000 stafett G15/16 2 2:07.35

Waalén, Kristian (5.3.1949)
2021 Terrengultra DNS

Waalér, Mads Kristoffer (24.1.1994)
2021 10000 31 (11h1) 31:53.27

Y

Ytrearne, Sondre Vie (21.8.2001)
2021 Tresteg DNS, Tresteg U23 2 13.89w

Yousif, Abdalla Tambaw Targan (SUD) (28.9.1996)
2021 10000 24 (19h2) 31:34.33, 3000 hinder 3 8:57.88

Z

Ø

Ødegård, Ulrik Moen (22.5.1987)
2021 10000 41 (20h1) 33:03.09

Øina, Odin August Østreim (30.8.2006)
2021 Lengde G15 9 5.51, Tresteg G15 3 12.30

Øiseth, Lukas Casey (29.8.2004)
2021 200 J17 6h1 24.40, 1000 stafett G17-19 7 (2H1) 2:06.41

Østebø, Brage (21.7.2005)
2021 200 G16 7h1 25.87, 300 hekk G16 9 (4h1) 55.70

Østerholt, Erik (17.10.1966)
2021 24 timer ultraløp 42 101.010

Øvereng, Fredrik Gerhardsen (10.5.1999)
2021 400 3 (2h1) 47.28

Øvereng, Johannes Bredesen (26.6.2003)
2021 5000 U20 12 15:38.45, 800 G18/19 13 (3h1) 2:01.88, 3000 G18/19 13 (12h2) 8:49.92

Øvrebø, Lars (16.8.2000)
2021 Motbakke 22 46:17

Øvrebø, Stian Løkke (11.1.1989)
2021 Maraton 53 3:24:05

Øygard, Arild (6.3.1996)
2021 Maraton 57 3:27:43

Å

Aaberg, Håkon Yri (14.7.2005)
2021 100 G16 4h2 11.79, 100 hekk G16 3 13.88, 2h2 13.86

Aakre, Hans Petter (29.1.1992)
2021 4x800 stafett mix 1 8:57.60

Aalerud, Per Ellef Ryen (15.1.2000)
2021 100 U23 8 11.27, 3h3 11.38, Tresteg U23 3 13.09w

Aamodt, Emil Olav Husebye (27.8.2006)
2021 4km terrengløp G15 11 14:58

Aamodt, Oddbjørn Rune (20.11.1961)
2021 24 timer ultraløp 37 112.788

Aandstad, Henrik Olav (???.???.????)
2021 Maraton 45 3:13:59

Årdal, Jens Ole (25.2.1960)
2021 Maraton 41 3:10:34, Motbakke 45 54:40

Årsbog, Arne (9.7.1965)
2021 Terrengultra 41 7:55:44

Aarseth, Gunnar Hallvard Morch (12.2.1958)
2021 Terrengultra 44 8:24:24

Aas, Mathias Vanem (16.4.2004)
2021 3000 hinder 7 9:24.91, 5000 U20 3 14:40.50, 6km terrengløp 3 18:41, 3000 G17 1 8:28.96, 2000 hinder G17 1 5:55.43, 1000 stafett G17-19 h2 DNS, 2km terrengløp G17 DNS

Aasen, Henning (28.12.1972)
2021 Halvmaraton 44 1:19:16, 10km terrengløp 32 40:08

Aasmo, Gaute Humstad (4.10.2004)
2021 200 J17 7s2 24.49, 4h1 23.69, 110 hekk G17 6 15.65, 4h2 16.08, Lengde G17 NM, Tresteg G17 4 12.83, 10-kamp G17 2 5.495

Aasmo, Sondre Humstad (4.10.2004)
2021 110 hekk G17 3 15.45, 3h2 15.72, Høyde G17 6 1.75, Lengde G17 8 5.69, 10-kamp G17 4 5.002

Åstrand, Hampus Ludvig (SWE) (6.9.2004)
2021 100 U20 6h5 11.61, 200 U20 8s3 23.66, 6h1 23.44w, 1000 stafett U20 6 2:01.19, 100 G17 3h3 11.82, 200 J17 5s1 23.76, 4h3 23.68, Diskos G17 8 21.93, 1000 stafett G17-19 5 (5H2) 2:03.68

Kvinner

A

Adekoya, Sarah Feyifoluwa (18.7.2001)
2021 800 U23 7 2:17.51, 1500 U23 6 5:08.95, 1000 stafett U23 6 2:24.90

Al-Saiddi, Line Safaa (17.12.2006)
2021 400 9 (2h2) 56.96, 800 6h1 2:14.59, 400 U20 4 58.99, 1h1 58.35, 800 U20 7 2:20.60, 3h3 2:18.49, 400 hekk U20 5h2 70.39, 1000 stafett U23 3 2:19.61, 100 J15 2 12.64, 2s1 12.68, 1h1

12.78, 200 J15 2 26.20, 1s1 25.93, 1h3 26.06, 800 J15 3 (3h2) 2:13.94

Al-Saiddi, Sarah Safaa (18.12.2005)

2021 1000 stafett U23 3 2:19.61, 300 hekk J16 1 (1h2) 46.42

Alne, Ingvild (17.6.2004)

2021 2000 kappgang J17 1 12:23.95

Alne, Kristine (21.1.2002)

2021 1500 9h1 4:49.73, 3000h 5 11:21.87, 3000 U20 11 10:26.83, 3000 hinder U20 2 11:15.39, 800 J18/19 8 2:22.68, 2000 hinder J18/19 3 7:11.56

Alsaker, Maren Storaas (23.7.2005)

2021 80 hekk J16 5h1 14.24, 300 hekk J16 9 (4h1) 51.02

Alvik, Sigrid (30.5.2003)

2021 3000 U20 2 9:48.56, 400 hekk U20 6 66.10, 3h1 66.61, 3000 hinder U20 1 11:04.38, 1000 stafett U20 4 2:20.61, 800 J18/19 3 2:13.33, 3000 J18/19 3 9:54.18, 2000 hinder J18/19 1 6:40.06, 1000 stafett J17-19 6 (1h1) 2:24.59

Amlie, Sigrid Kongssund (1.1.2002)

2021 200 7 25.25, 3s1 24.78, 3h3 25.32, 400 6 (6h1) 55.54, 1000 stafett 5 2:16.74

Ampong, Dorothy McManus (17.2.2005)

2021 100 U20 7h4 13.48, 200 U20 7h4 27.47

Amundsen, Maren Bakke (8.3.2003)

2021 100 4 12.06, 1s3 12.08, 1h2 12.14, 200 3 24.32, 2s2 24.94, 1h3 25.04, 1000 stafett 5 2:16.74, 100 U20 1 11.81, 1s2 12.20, 1h3 12.14, 200 U20 1 24.15w, 1s1 24.69w, 1h1 24.77w

Amundsen, Mathilde Alfarnes (19.1.2006)

2021 Kule J15 4 10.10, Spyd J15 3 47.53

Amundsgård, Kirsten Hindhammer (17.3.1989)

2021 Terrenkultra DNS

Andersen, Sina Hallem (24.6.2006)

2021 2000 J15 6 6:36.18

Andreassen, Ane Bakstad (6.5.2005)

2021 3000 J16 11 11:57.33, 2000 kappgang 1 10:42.61

Antonsen, Henrikke (21.8.2003)

2021 Slegge NM, Slegge U20 7 44.14, Slegge J18/19 5 44.44

Arnesen, Amalie Melby (8.9.2005)

2021 800 U20 5h1 2:23.40, 1500 U20 5h1 4:50.28, 1000 stafett U23 6 2:24.90, 800 J16 3 (3h2) 2:20.82, 3000 J16 1 10:44.35, 1500 hinder J16 2 5:13.90, 2km terrengløp J16 1 7:57

Arnesen, Maya Jones (12.3.2002)

2021 4km terrengløp 5 15:47

Arntsen, Anne Hjorth (21.6.2001)

2021 800 U23 3 2:13.26, 1500 U23 3 5:00.36

Arstein, Hanne (3.8.2001)

2021 400h 4 60.04, 2h2 60.74, 200 U23 6 25.53, 3h2 25.56, 400 U23 5 57.77

Aasheim, Julian Skimmeland (13.1.2003)

2021 100 U20 5s1 11.45, 2h1 11.42

Aspaas, Helle Margrethe (31.10.2002)

2021 Diskos 8 37.30, Diskos U20 6 36.33, 7q 33.60, Diskos J18/19 3 37.42

Aune, Nora (7.1.2004)

2021 100 3s1 12.26, 3h1 12.28, 200 5 24.91, 3s2 24.99, 3h1 25.34, 1000 stafett 6 2:16.67, 100 U20 6 12.36, 2s1 12.43, 2h1 12.40, 200 U20 2 24.68w, 1s2 24.77w, 1h6 25.33w, 1000 stafett U20 2 2:14.55, 100 J17 1 12.23, 1h1 12.30, 200 J17 1 25.02, 1h1 25.13, 1000 stafett J17-19 1 (1h2) 2:14.88

Austnes, Helene Olsen (13.1.1999)

2021 Kule U23 3 10.43, Slegge U23 3 34.35

B

Bakke, Eva Marie (18.2.1987)

2021 6 km terrengløp 16 26:25

Bakke, Hanna Hagevik (20.4.2003)

2021 400 J18/19 6 (2h2) 60.14, 800 J18/19 10 2:23.37, 400 hekk J18/19 6 67.12

Bakkeliid, Else Lundestad (25.12.1976)

2021 Diskos 2 45.42

Bakken, Ine (28.5.1996)

2021 5000 6 16:14.48, 10000 3 33:56.19, 2km terrengløp 1 7:08, 2x6km stafett terrengløp 1 22:03, 6 km terrengløp 2 21:24

Bakken, Mali Eidnes (18.12.2003)

2021 3000 J18/19 5 10:09.04, 2000 hinder J18/19 2 7:06.73

Bakkom, Norna Kvervavik (18.2.2005)

2021 100 U20 4h2 12.93, 200 U20 5s3 25.99w, 3h4 25.91, 100 J16 6 12.78, 3h3 12.78, 200 J16 4 26.13, 2h3 25.99

Barkbu, Mirian Gjertsen (10.1.2006)

2021 80 hekk J15 4 12.52, 2h2 12.62, Høyde J15 3 1.51, Stav J15 3 2.50

Baustad, Margrete Jørgensen (25.5.2000)

2021 800 5h2 2:15.03, 800 U23 5 2:13.96, 1000 stafett U23 5 2:23.84

Bekkestad, Maren Karlsen (30.8.2003)

2021 3000 kappgang U20 2 13:48.52, 2000 kappgang J18/19 DQ:R230.2

Bekkevik, Emma Skibstad (19.8.2004)

2021 400h 7 64.23, 4h2 65.15, 1000 stafett 2 2:10.47, 400 hekk U20 4 64.21, 2h2 66.55, Tresteg U20 8 10.99w, 9q 10.67, 400 J17 2 59.67, 300 hekk J17 1 45.12, Tresteg J17 5 10.68

Benhamou, Eden Orre (4.5.2006)

2021 100 J15 7h1 13.98, 200 J15 7h3 28.90, 1000 stafett J15/16 3 2:28.90

Benonisen, Siw-Heidi Leren (27.1.1970)

2021 24 timer ultraløp 31 85.722

Benserud, Monika Elisabeth (24.11.1996)

2021 3000 kappgang 2 13:45.26

Benum, Marie Wollan (10.1.2006)

2021 3000 U20 10 10:23.37, 2000 J15 4 6:34.06

Berg, Alice Ulla (29.1.1997)

2021 100 8 12.31, 3s3 12.23, 2h5 12.34, 4x100 stafett 1 46.50, 4x400 stafett 1 3:51.70, 4x100 stafett mix 4 46.10

Berg, Andrea Skaar (27.9.2005)

2021 100 U20 6h1 13.20, 200 U20 6h3 27.44, 1000 stafett U23 4 2:23.30, 100 J16 8 13.00, 2h1 13.01, 80 hekk J16 3 12.17, 2h1 12.38

Berg, Mille Baastad (5.2.2004)

2021 200 J17 4h2 27.25, 400 J17 5 64.60, 1000 stafett J17-19 3 (3h2) 2:19.68

Bergan, Nora (4.7.2004)

2021 5000 7 16:30.45, 1500 U20 7 4:35.39, 2h2 4:44.07, 3000 U20 3 9:52.48, 800 J17 2 2:15.00, 3000 J17 2 9:50.58, 2km terrengløp J17 2 7:18

Bergan, Tora Pedersen (2.5.2002)

2021 Diskos U20 14q 28.35, Diskos J18/19 6 29.36

Bergem, Tina Helen (30.6.1994)

2021 400h 8 64.48, 3h1 63.96, 1000 stafett 8 2:18.46

Berger, Linda Jeanette (18.8.1984)

2021 Motbakke 19 70:17

Berget, Johanne Gylthe (6.9.2006)

2021 Tresteg J15 7 9.13, Diskos J15 6 26.28, Spyd J15 4 34.81, 7-kamp J15 4 3.182

Bergh, Hannah Emilie Qvenild (26.6.2004)

2021 100 J17 6h2 13.40, 200 J17 6h2 28.39, 1000 stafett J17-19 9 (4h1) 2:35.31

Bersagle, Annie (USA) (30.3.1983)
2021 10000 DNF, Motbakke 1 42:22

Bergslid, Inger (25.6.2004)
2021 800 U20 7h3 2:29.51, Tresteg U20 14q 9.90

Bernhardsen, Astrid Elida Vaeng (12.11.2006)
2021 800 J15 19 (9h1) 2:31.94, 2000 J15 9 7:05.56

Biernacki, Josefina Maria (12.11.2003)
2021 100 hekk U20 1 13.69, 1h2 13.79w, 1000 stafett U20 1 2:14.20

Bjerknesli, Maiken Rose (28.7.2003)
2021 Kule U20 9 10.57, 10q 10.15, Diskos U20 10 32.58, 10q 32.64

Bjoldal, Jorunn Elisabeth Bakkevig Nageli (12.3.2002)
2021 100 U20 6h6 13.10, 200 U20 7h2 26.88w, 1000 stafett U23 5 2:23.84

Bjorland, Thea (12.2.2005)
2021 800 U20 7h2 2:29.69, 1500 U20 6h1 5:02.74, 800 J16 8 (1h1) 2:26.23, 3000 J16 DNF

Bjørge, Malin Christensen (9.7.2003)
2021 Spyd J18/19 5 30.71

Bjørge, Ingvild Weland (14.3.2006)
2021 1000 stafett 8 2:18.46, 100 U20 6h4 13.20, 200 U20 7h6 27.24w, Lengde U20 11q2 4.71, 100 J15 8s2 13.36, 4h4 13.33, 200 J15 7s2 27.63 4h4 27.59, Lengde J15 3 5.06, 1000 stafett J17-19 8 (3h1) 2:33.54

Bjørnstad, Amalie Grande (7.2.2000)
2021 100 U23 7 12.88, 3h2 12.87

Bjøru, Solveig (24.6.2003)
2021 Tresteg U20 q NM, Tresteg J18/19 6 10.31, Spyd J18/19 4 33.41

Blegen, Anna Mathilde (7.3.2003)
2021 400 J18/19 15 (3h1) 64.41, 800 J18/19 12 2:26.03

Blomfeldt, Signe (24.7.2006)
2021 4km terrengløp J15 6 18:36

Blaauw, Emma Sofie Andenes (29.12.2000)
2021 5000 DNF

Bock, Elea Jørstad (4.11.2002)
2021 100H 4 14.01, 2h2 14.10, 5-kamp inne DNF, 100 U20 7 12.50, 3s3 12.32, 2h2 12.50, 100 hekk U20 2 13.79, 1h1 13.98, 1000 stafett U20 1 2:14.20

Boger, Beate (30.4.1990)
2021 Maraton 9 3:32:53

Bolme, Nina Næss (7.11.2006)
2021 100 J15 6h4 13.36, Høyde J15 =4 1.51, Lengde J15 5 4.88, Tresteg J15 6 9.83

Borander, Linn Rynning (21.8.2005)
2021 100 J16 7h3 13.56, 80 hekk J16 6 12.73, 3h1 12.60

Borge, Sigrid (3.12.1995)
2021 Spyd 2 52.88

Borgen, Sophia Olivia (3.5.2004)
2021 100 hekk J17 5 16.87, 300 hekk J17 3 49.81, 1000 stafett J17-19 9 (4h1) 2:35.31

Borning, Kajsja Victoria Liene (12.2.2004)
2021 1000 stafett 9 2:24.52, 100 hekk U20 h1 DQ:R162.8, Lengde U20 9q1 4.86, Tresteg U20 13q 9.92w, 100 hekk J17 4 16.72, Lengde J17 5 4.76, 1000 stafett J17-19 8 (3h1) 2:33.54

Brakstad, Serine (4.10.2006)
2021 1000 stafett 4 2:16.08, 100 U20 7s1 13.10, 4h6 12.92, 200 U20 8h2 26.96w, 1000 stafett U23 7 2:26.79, 100 J15 6s1 13.18, 3h2 13.33, 200 J15 8 27.46, 4s1 26.95, 2h1 27.19

Brandt, Torunn (31.1.1964)
2021 24 timer ultraløp 16 150.812

Bratland, Lea Sofie (4.4.2003)
2021 4km terrengløp 9 17:35

Brekke, Ane (27.12.2000)
2021 Motbakke 11 54:07

Brekke, Guri Line (14.9.2005)
2021 Motbakke 17 64:35

Brekhus, Anne (???.???.???)
2021 Motbakke 13 55:11

Bremset, Thale Leirfall (12.4.1999)
2021 Lengde 1 6.00

Bremset, Thea Leirfall (12.4.1999)
2021 Høyde 5 1.71, Lengde 4 5.65

Brenne, Eilén (27.4.2003)
2021 800 U20 5 2:09.12, 1h2 2:22.89, 1000 stafett U20 3 2:17.50, 1000 stafett J17-19 2 (2h2) 2:18.57

Brennhovd, Ingvild Julie Schrøder (17.1.2003)
2021 3000 hinder U20 3 11:18.54

Brodshaug, Tone (18.9.1976)
2021 Halvmaraton 10 1:29:27

Brox, Julie Marie Haabeth (6.7.1988)
2021 6 km terrengløp 7 22:17

Brun, Mia Ribe (5.1.2004)
2021 Slegge 7 47.88, Slegge U20 6 44.20

Bråstad, Mathea (31.5.2005)
2021 Motbakke 10 52:08

Bugge, Marie Elise Calizo (1.6.2003)
2021 Slegge U20 9 40.38, Slegge J18/19 6 43.61

Buras, Anisa (24.5.2004)
2021 800 J17 5 2:27.05

Busic, Sara (11.2.2002)
2021 1500 8 4:22.29, 1h1 4:29.15, 4x800 stafett 1 9:20.50, 800 U20 4 2:08.92, 2h3 2:16.92, 1500 U20 3 4:21.53, 1h3 4:51.86, 4km terrengløp 4 14:13

Byfuglien, Frida (27.2.2002)
2021 2km terrengløp U20 DNS, 4km terrengløp 8 17:18

Byggland, Ingrid Stigen (3.6.2005)
2021 100 J16 5h1 13.53, 200 J16 4h2 27.20

Baade, Maja Fuglestrand (15.6.2005)
2021 Spyd J16 3 38.99

C

Caliskaner, Line Sevilhaug (1.6.1972)
2021 24 timer ultraløp 7 185.126

Carlsen-Brown, Kaja (11.8.2004)
2021 100 U20 6h3 13.21, 200 U20 8s3 26.75w, 5h2 26.53, Lengde U20 7q1 5.03, 1000 stafett U20 4 2:20.61

Chelliah, Elinila (26.12.2004)
2021 100 J17 6 13.13, 5h2 13.11, 200 J17 7 27.41, 3h2 26.89, 400 J17 4 63.33

Christensen, Kaja Sjøøl (27.1.2001)
2021 Halvmaraton U23 2 1:39:42

Collett-Østensen, Henriette (26.4.2004)
2021 Lengde J17 10 4.39, Tresteg J17 6 10.42

D

Dahl, Guro Martine Brøndbo (20.7.2004)
2021 Diskos U20 7 35.25, 9q 32.77, Slegge U20 15 35.43, Kule J17 4 10.83, Diskos J17 1 35.70, Slegge J17 1 47.03

Dahl, Thea Marianne (24.7.2004)

2021 Kule U20 14q 9.97, Diskos U20 16q 27.39, Slegge U20 NM, Kule J17 2 11.42, Diskos J17 7 27.85, Slegge J17 4 40.16

Dahle, Tora Vårum (13.9.2005)

2021 1000 stafett J15/16 4 2:37.38

Dahle, Vienna Søyland (6.1.1992)

2021 5000 3 15:04.43, 10000 6 34:27.41

Damsgaard, Tora Ugland (20.10.2005)

2021 1000 stafett 9 2:24.52, Lengde U20 10 5.00w, 6q1 5.07, Tresteg U20 10 10.58w, 11q 10.37, Lengde J16 7 4.81, Tresteg J16 3 10.37, 1000 stafett J17-19 8 (3h1) 2:33.54

Dixon, Fride Rosa (11.11.2003)

2021 Slegge U20 11 38.73, Slegge J18/19 7 37.09

Dolmen, Anna Leonora Isdal (10.2.2003)

2021 Kule U20 17q 9.33, Kule J18/19 8 8.82, Diskos J18/19 5 30.16, Spyd J18/19 6 27.78

Dolvik, Anne Skudal (21.2.1988)

2021 4x100 stafett 4 47.89

Dommersnes, Kristine Lande (20.5.1999)

2021 1500 11 4:29.97, 4h1 4:29.97, 2km terrengløp 6 7:30, 6 km terrengløp 6 22:09, 1500 U23 5 5:03.55, 3000 U23 3 10:02.04

Drangfelt, Vega Hanna (7.2.2006)

2021 100 J15 7h3 13.61, 200 J15 4h2 28.06, Slegge J15 5 30.62

Drægni, Mariann (3.12.1985)

2021 Terrengultra DNS

Dvergsdal, Eli Anne (19.11.1991)

2021 2km terrengløp 5 7:23, 2x6km stafett terrengløp 3 22:44

Dørstad, Pernille (8.1.1979)

2021 6 km terrengløp 18 29:01

Døske, Maria Pedersen (2.2.2005)

2021 Kule U20 12 9.75, 12q 10.09, Kule J16 4 11.17, Diskos J16 7 26.25, Slegge J16 7 29.71, Spyd J16 4 33.69

E

Eid, Telma (29.3.1998)

2021 Høyde 4 1.71, Lengde 5 5.56, Tresteg 9 10.88, 7-kamp 1 5.106

Eidsmo, Mari (13.4.2003)

2021 4km terrengløp 7 16:42

Eikeland, Elise (29.8.2005)

2021 100 J16 4 12.63, 2h3 12.66, 200 J16 2 25.73, 1h3 25.67

Eikeland, Ingeborg Rygg (25.11.2003)

2021 2x6km stafett terrengløp 3 22:44

Eikeland, Synne (25.5.2002)

2021 100 5h1 12.84, 400h 6 62.97, 4h1 64.46, 4x400 stafett mix 1 3:38.20, 400 U20 3 58.62, 2h1 58.60, 400 hekk U20 2 62.50, 1h2 66.25, 1000 stafett U20 7 2:23.86, 2km terrengløp U20 1 7:36, 100 J18/19 5h3 12.72w, 400 J18/19 4 (4h3) 58.75, 400 hekk J18/19 3 63.55, 1000 stafett J17-19 4 (4h2) 2:20.38

Eikeng, Nora (24.3.2006)

2021 Stav 6 3.20, 200 U20 5s2 26.19w, 3h6 26.25w, Stav U20 6 3.20

Einmo, Alise (15.4.1998)

2021 Motbakke 3 45:07

Eklund, Silje (19.9.1980)

2021 Maraton 1 2:49:28, Halvmaraton 4 1:18:16

Eliassen, Sigri Hundven (20.7.2006)

2021 100 U20 6h7 13.17, 200 U20 4h1 26.67w, 400 U20 5h1 62.46, 1000 stafett U20 5 2:21.12, 100 J15 7 12.98, 3s2 13.00, 2h2 12.98, 200 J15 6s1 28.60, 4h3 27.49, 80 hekk J15 2 12.41, 2h1 12.87, 300 hekk J15 2 (2h2) 46.06, 1000 stafett J15/16 2 2:24.29

Eliassen, Ulrikke Bjørkmo (9.8.2006)

2021 100 J15 5h2 13.65, 200 J15 6h3 27.99

Ellefsen, Aurora (23.6.2006)

2021 Høyde J15 =6 146, Lengde J15 13 4.24, 1000 stafett J15/16 1 2:23.31

Ellingsen, Ingrid Sætre (16.11.2003)

2021 200 U20 8h5 28.20w

Ellingvåg, Asta (12.7.1982)

2021 Maraton 2 3:01:08

Engdahl, Selma Løchen (20.12.2001)

2021 1500 10 4:27.28, 4h2 4:45.71, 800 U23 2 2:13.27, 1500 U23 4 5:00.44, 3000 U23 2 10:01.82

Engebreetsen, Synne Marie (31.7.2002)

2021 2km terrengløp U20 2 7:43, 3000 J18/19 7 10:19.89

Engelbrektson, Emilie Sandal (9.4.2005)

2021 100 7h5 12.95, 100 U20 4h7 13.11, 200 U20 6h2 26.82w, 100 J16 5 12.75, 2h2 12.88, 200 J16 7 26.93, 3h3 26.68

Engeness, Iris Agatha (20.1.2003)

2021 400 J18/19 16 (4h1) 65.37, 800 J18/19 9 2:23.00

Engerbakk, Pernille Hatten (1.6.2006)

2021 200 J15 7h2 29.50, Spyd J15 6 30.75

Engeset, Kristine Eikrem (15.11.1988)

2021 6 km terrengløp 4 21:54

Epland, Pernilla Eugenie (29.11.1990)

2021 5000 13 16:59.59

Eriksen, Emma Sofie (5.7.2002)

2021 Lengde 10 4.74, Lengde 18/19 NM, Tresteg J18/19 4 10.95

Eriksen, Josefine Tomine (16.8.2000)

2021 200 U23 3 24.71, 2h2 24.93, 400 U23 1 54.93

Ersland, Siren Habbestad (7.2.2006)

2021 80 hekk J15 5h2 14.79

Ertzgaard, Astri Ayo Lakeri (28.3.2002)

2021 400 5 (5h1) 54.36, 800 7 2:10.04, 4h1 2:12.63, 1000 stafett 1 2:09.65, 100 U20 4 12.15, 2s3 12.26, 1h6 12.29, 200 U20 4 24.78w, 1s3 25.14w, 1h2 25.06w, Høyde U20 5 1.50, Lengde U20 8q1 4.99, Kule U20 22q 7.55, Spyd U20 6 21.45, 1000 stafett U23 1 2:15.45, 100 J18/19 2 12.15, 2h3 12.37w, 400 J18/19 1 (1h3) 54.84, Høyde J18/19 3 1.45, Kule J18/19 9 8.14

Ertzgaard, Kaitesi Auma (20.7.2000)

2021 200 4 24.34, 2s1 24.56, 1h4 25.25, 400 4 (4h1) 54.33, 1000 stafett 1 2:09.65, 100 U23 2 11.94, 1h2 12.11, 200 U23 2 24.29, 1h2 24.86, 400 U23 2 55.08, 400 hekk U23 1 60.82, 1000 stafett U23 1 2:15.45

Evensen, Iselin (22.4.2004)

2021 100 U20 5h6 12.93, 200 U20 4s2 25.60w, 2h5 25.65w, 100 J17 3 12.80, 3h1 12.62, 200 J17 2 25.72, 2h1 25.75

Evensen, Mia Popovic (25.11.2002)

2021 100 6h2 12.82, Lengde 6 5.47

Evensmo, Siri Schøne Ness (3.7.1984)

2021 Halvmaraton 6 1:20:08

F

Fagerbakke, Tuva Thomassen (6.5.1999)

2021 4x800 stafett 2 9:29.19, 2km terrengløp DNS

Fagerli, Eiril Hermansen (4.2.2006)

2021 Kule J15 8 9.02, Slegge J15 3 40.22, Spyd J15 9 26.63

Falch, Runa Skrove (23.6.1990)

2021 10000 DNF, Halvmaraton 1 1:14:42

Falk, Therese (5.8.1975)

2021 24 timer ultraløp 1 261.170

Farestveit, Elin (22.1.1996)

2021 5000 18 18:02.04, Halvmaraton 7 1:21:49

Faye, Kitty Augusta Friele (17.8.2002)

2021 Stav 2 4.00, Stav U20 1 3.90, Stav J18/19 1 3.93

Feliot, Aislin (5.4.2005)

2021 100 U20 7h1 13.73, 200 U20 8h4 28.54, Lengde U20 12q1 4.16, 1000 stafett U20 DNS, 100 J16 8h3 13.64, 200 J16 6h1 28.05

Fenre, Mari Klakegg (29.5.1987)

2021 Terrenkultra 5 6:07:59

Fenstad, Amalie Hellesvik (17.8.2004)

2021 800 J17 6 2:27.48

Fidjeland, Jolika (???.??) (????)

2021 Halvmaraton 18 1:35:03

Finne, Karoline (24.2.1993)

2021 2km terrengløp 11 7:57

Finnestad, Astrid Bakkevik (17.2.2006)

2021 800 J15 12 (10h2) 2:25.84, 2000 J15 5 6:36.08

Fiske, Nora Berg (22.6.2004)

2021 400 U20 7 60.61, 3h1 60.28, 200 J17 6 27.37, 4h1 26.96, 400 J17 3 61.85, 1000 stafett J17-19 7 (2h1) 2:26.68

Fjalestad, Louise Skovgaard (3.3.2005)

2021 100 J16 6h3 13.15, 80 hekk J16 2 12.07, 1h2 12.35, 1000 stafett J17-19 2 (2h2) 2:18.57

Fjeld, Sunniva (25.4.2005)

2021 200 U20 6h6 26.97w, 400 U20 3h3 60.61, Lengde U20 11q1 4.65, 1000 stafett U20 6 2:21.28, 100 J16 7h2 13.79, 200 J16 5h2 27.39, Lengde J16 4 4.91, 1000 stafett J17-19 5 (5h2) 2:20.55

Fjeldberg, Synne Heggøy (28.2.2000)

2021 2km terrengløp 18 8:36, 1500 U23 8 5:22.73

Fjellanger, Kristine (6.12.1992)

2021 2km terrengløp 12 8:00, 2x6km stafett terrengløp 5 24:24

Fjordheim, Kjellaug (13.10.1955)

2021 Maraton 17 4:19:36

Flatin, Fride Møller (28.9.1997)

2021 3000 kappgang 3 14:15.32

Flatum (Fallingen), Lotta Fuglum (19.9.2002)

2021 Diskos 1 50.86, Diskos U20 1 49.78, 1q 47.23, Diskos J18/19 1 49.14

Fleischer, Caroline Sophie Røhm (26.10.1996)

2021 Høyde 1 1.74, Tresteg 5 11.75

Folland, Hedda Storejorde (16.6.2005)

2021 800 J16 7 (7h2) 2:24.30, 3000 J16 3 10:48.76

Fornes, Gry (7.1.1984)

2021 24 timer ultraløp 20 132.771

Forseth, Dordi (23.8.2005)

2021 800 U20 8h1 2:30.55, 1500 U20 8h3 5:02.57, 800 J16 5 (5h2) 2:23.54, 3000 J16 DNF

Forsmo, Ida Grytaas (12.12.2004)

2021 1500 U20 7h3 5:00.89, 2km terrengløp J17 3 8:13

Foss, Claudia Maria Hastie (9.8.2005)

2021 100 7h4 12.72, 100 U20 7s3 12.84, 3h7 12.92, 200 U20 5h5 26.90w, 100 J16 3 12.47, 1h3 12.57, 200 J16 5 26.32, 2h1 26.03, Lengde J16 NM

Franck-Petersen, Birthe (18.3.2001)

2021 Kule U23 1 13.26, Slegge U23 2 48.04

Frantzen, Synnøve Julseth (13.12.2000)

2021 100 U23 5h1 13.05, 200 U23 DNS, 4h1 26.20

Fredman, Emma M S Pontén (30.12.2006)

2021 Slegge J15 6 30.01

Fredriksen, Solveig (16.12.1992)

2021 Kule 7 11.11, Diskos 3 44.37, Slegge 3 54.75

Fredriksen, Vilde (28.1.2006)

2021 2000 J15 11 7:34.65, 1500 hinder J15 4 6:12.58

Fremnesvik, Aurelia (5.4.2005)

2021 Kule J16 6 9.82, Slegge J16 3 38.76

Fremnesvik, Aurora (23.7.2003)

2021 Slegge 8 47.53, Slegge U20 5 45.66, Slegge J18/19 3 45.77

Fresvik, Kjersti (9.2.1992)

2021 5000 9 16:49.95, 10000 7 35:41.82, 4x800 stafett 2 9:29.19, 2km terrengløp 9 7:49, 2x6km stafett terrengløp 4 23:02

Friestad, Eva (11.7.2005)

2021 800 J16 16 (9h2) 2:32.29, 3000 J16 9 11:22.35

Frøynes, Amanda Marie Grefstad (13.9.1998)

2021 800 3 2:03.92, 1h2 2:14.48

Fuglestad, Ingrid Feliza Remoquin (20.9.2003)

2021 400 U20 5h3 61.88, 800 U20 5h3 2:22.87, 1000 stafett U20 7 2:23.8

Fuglset, Ida Madeleine (22.9.2005)

2021 3000 J16 2 10:47.38, 1500 hinder J16 3 5:14.91, 4km terrengløp J16 2 15:54

Furuhaug, Malin (4.12.2002)

2021 100 s2 DNS, 4h1 12.38, 100 U20 4s3 12.44, 2h6 12.42, 200 U20 4s1 25.75w, 2h3 26.01, 100 J18/19 6 12.36, 1h1 12.41, 200 J18/19 3 25.89, 2h1 25.77

Færø, Bertine-Helene (27.12.1992)

2021 2km terrengløp 8 7:42, 2x6km stafett terrengløp 2 22:28

G**Garvik, Marit Ingeborg** (1.8.2005)

2021 200 J16 7h1 28.51, 80 hekk J16 4h1 13.60, 4km terrengløp J16 3 16:21

Gautadottir, Marin Stray (ISL) (26.5.2003)

2021 100 7s1 13.00, 6h4 12.69, 400h 5 61.13, 3h2 60.78, 1000 stafett 3 2:11.17, 4x100 stafett 2 47.28, 4x800 stafett 1 9:20.50, 4x400 stafett mix DQ:R170.7, 400 hekk U20 1 61.29, 1h1 63.66, 1000 stafett U23 3 2:19.61, 400 hekk J18/19 2 61.06

Gjølborg, Sigrun (22.10.1991)

2021 5000 11 16:52.91, Halvmaraton 2 1:15:56

Glittenberg, Siri Gamst (10.9.2002)

2021 3000 kappgang 1 13:41.76, 800 U20 6h3 2:23.03, 3000 kappgang U20 1 13:41.76, 800 J18/19 11 2:25.70, 2000 kappgang J18/19 1 8:49.74

Gran, Solveig Bustgård (2.3.2002)

2021 100 4s1 12.33, 3h3 12.35, 400 7 (1h2) 56.20, 100 J18/19 3 12.17, 2h2 12.35, 400 J18/19 3 (3h3) 56.85

Granheim, Sofiia Anna Kristina (15.2.1983)

2021 24 timer ultraløp 10 175.581, 100 U20 2 12.11, 1s3 12.16, 1h5 12.25, 200 U20 6 24.86w, 2s1 24.81w, 1h3 25.24, 1000 stafett U20 1 2:14.20

Granmo, Tonje (27.7.1988)

2021 24 timer ultraløp 27 101.083

Gravdahl, Mina Weberg (9.2.2005)

2021 80 hekk J16 6h2 14.02

Gravdal, Marte Mina (30.7.1999)

2021 Tresteg U23 6 9.83

Greiff, Linnea (16.5.1998)

2021 Spyd 9 41.48

Grell, Juliane Rosenvinge (11.4.2002)

2021 1000 stafett 2 2:10.47, 100 U20 6s3 12.80, 3h6 12.71

Greneren, Ingeborg Marie Kjerulf (6.11.2003)

2021 Lengde 18/19 12 3.92, Tresteg J18/19 8 9.81

Greneren, Signe Kristine Kjerulf (28.10.2006)

2021 300 hekk J15 8 (3h1) 50.29, Høyde J15 =6 1.46, Lengde J15 8 4.68, Spyd J15 10 25.09

Grepperud, Edna (9.9.1969)
2021 24 timer ultraløp 28 101.010

Grieg-Cappelen, Tora (31.5.2005)
2021 1000 stafett J15/16 3 2:28.90

Grindberg, Martine (13.11.1996)
2021 Halvmaraton 19 1:46:47

Grindberg, Mona (14.4.1973)
2021 Maraton 7 3:15:18, Halvmaraton 13 1:30:20

Grønning, Inger Elise (27.11.2005)
2021 Slegge J16 4 36.97, 1000 stafett J15/16 4 2:37.38

Gulbrandsen, Lilli Margaret (6.5.2005)
2021 100 hekk U20 6 15.36, 4h1 15.93, 100 J16 5h3 13.14, 80 hekk J16 1 11.96, 1h1 12.21

Gudbrandsen, Tanja Christine (21.9.1970)
2021 Maraton 18 4:28:27

Gunnarsson, Jessica Katarina (SWE) (1.10.1976)
2021 Halvmaraton 5 1:18:18

Grøvdal, Karoline Bjerkeli (14.6.1990)
2021 5000 1 14:47.95

Gulowsen, Eugenie W. (25.5.1998)
2021 6 km terrengløp 13 24:35

Gundersen, Lea Alise (2.11.2006)
2021 100 7h3 12.94, Lengde 7 5.40, 100 U20 4h4 13.04, Lengde U20 6 5.29, 3q2 5.37w

Gussiås, Vibeke Ovidie (9.3.2003)
2021 100 J18/19 5h2 13.29, 200 J18/19 5h1 27.01, 400 hekk J18/19 8 74.09

Guttormsen, Sara Benedikte (10.2.2005)
2021 Stav U20 4 3.30

Gystad, Margrethe Hamland (24.9.2005)
2021 800 J16 14 (6h1) 2:31.06, 1000 stafett J17-19 7 (2h1) 2:26.68

H

Hageler, Stine Gilje (28.5.2005)
2021 1000 stafett J17-19 7 (2h1) 2:26.68

Hagen, Emma (12.6.2006)
2021 100 J15 8 12.98, 4s2 13.07, 2h4 12.98, 200 J15 s1 DNS, 5h1 27.58, Lengde J15 7 4.86

Hagen, Ingunn Nilsen (24.10.2000)
2021 800 U23 8 2:31.49, 1500 U23 9 5:33.17

Hagene, Maja Björk (19.10.2006)
2021 1500 hinder J15 5 6:16.29

Hagesæther, Jorunn Falkeid (27.7.1981)
2021 24 timer ultraløp 18 135.954

Hakonardottir, Alma Eir Kolberg (21.3.2006)
2021 3000 U20 4 9:53.89, 2000 J15 2 6:20.58, 4km terrengløp J15 2 14:18

Halldorsson, Mali (26.5.2006)
2021 Kule J15 1 12.60, Spydd J15 1 42.93

Halle, Edel (25.4.2003)
2021 100 U20 6h2 13.04, 1000 stafett U20 6 2:21.28, 100 J18/19 4h2 13.11, 1000 stafett J17-19 5 (5h2) 2:20.55

Hamborg, Selma Hollås (22.6.2006)
2021 800 J15 9 (8h2) 2:24.10

Hammer, Julie (31.5.2004)
2021 4km terrengløp J17 15:23

Hamsund, Ingrid (22.2.2004)
2021 Høyde J17 2 1.60

Handeland, Mathilde (27.8.2005)
2021 Stav 4 3.30, Tresteg 10 10.73, Stav U20 5 3.25, Lengde U20 7 5.27w, 4q2 5.30, Tresteg U20 4 11.35w, 4q 11.15

Hanevik, Elin (30.8.1996)
2021 2km terrengløp 14 8:04

Hansen, Kristine Breivik (24.8.2006)
2021 200 J15 7h1 29.37, 800 J15 20 (10h1) 2:38.24

Hansen, Ranveig (10.12.1980)
2021 24 timer ultraløp 2 219.509

Hanssen, Thea (20.5.1997)
2021 Terrenultra 2 5:52:38

Hanstveit, Anna (16.5.2004)
2021 Motbakke 7 49:42

Hanstveit, Emma (16.5.2004)
2021 Motbakke 8 50:41

Haug, Pernille Eun (18.7.2005)
2021 100 J16 7h1 13.83, 80 hekk J16 7 12.98, 4h2 12.79, Stav J16 1 2.80

Haugen, Ina Halle (22.11.2003)
2021 1500 4 4:17.73, 2h2 4:44.66, 1500 U20 2 4:20.85, 2h1 4:40.92, 3000 U20 1 9:41.61, 4km terrengløp 2 13:53

Haugen, Nora (22.7.2003)
2021 200 6s2 25.45, 3h2 25.62, 400 8 (7h1) 56.49, 4x100 stafett 3 47.66, 4x100 stafett mix 3 44.27, 4x400 stafett mix 1 3:38.20, 200 U20 3 24.76w, 2s3 25.28w, 1h4 25.10, 400 U20 1 55.39, 1h2 56.31

Haugen, Unni Bente Norangshol (11.1.1959)
2021 24 timer ultraløp 32 82.992

Haugersveen, Thea Emilie Selstø (28.3.2003)
2021 Kule J18/19 6 9.70, Spydd J18/19 1 38.92

Haugland, Inger Marielle Oldervik (8.3.1978)
2021 24 timer ultraløp 33 46.956

Haugsvær, Hanna (7.7.2005)
2021 Kule 5 11.32, Diskos 14 31.19, Kule U20 7 11.10, 6q 10.82, Diskos U20 NM, 8q 32.90, Kule J16 3 12.64, Diskos J16 2 35.42

Haukanes, Una (30.3.2003)
2021 100 7h1 13.06, 400h 5h2 68.65, Lengde 9 4.96, 4x100 stafett 4 47.89, 100 U20 6s1 12.99, 3h5 12.85, Lengde U20 8 5.23, 6q2 5.21w, 400 hekk J18/19 4 66.31, Lengde 18/19 6 5.24

Hausberg, Sofie Olsvold (17.5.2000)
2021 Lengde 8 5.30, Tresteg 8 11.24, Lengde U23 3 5.32w, Tresteg U23 3 11.35

Hausberg, Thea Olsvold (27.4.2004)
2021 Kule U20 21q 8.56, Diskos U20 17q 24.86, Kule J17 7 9.88, Diskos J17 6 28.79

Havik, Frida Elise (13.10.2003)
2021 Kule U20 17q 9.47, Kule J18/19 4 10.27

Hegdahl, Nora Amalie (30.1.2003)
2021 1500 U20 h1 DNF, 400 J18/19 11 (1h1) 62.11, Tresteg J18/19 5 10.64

Heier, Josefin Victoria (1.5.1996)
2021 800 5h1 2:13.53, 1500 7h1 4:33.81, 6 km terrengløp 12 24:01

Helgheim, Merete (19.9.1980)
2021 Motbakke 12 54:43

Helland, Karen Oftedal (4.11.2002)
2021 4x800 stafett 3 9:47.20

Helland, Kristin Maltun (1.5.2002)
2021 Kule U20 23q 7.54

Helland, Line Maltun (3.3.2001)
2021 800 U20 8 2:22.70, 3h2 2:23.43

Henriksen, Adele Norheim (8.3.2002)
2021 10000 5 34:05.36

Henriksen, Mari Kvarberg (10.5.2006)

2021 Stav J15 1 2.70

Henriksen, Pål Bødtker (10.3.2005)

2021 Høyde J16 2 1.58

Hepsø, Maia Kristine (7.5.2006)

2021 Lengde J15 14 4.01, Diskos J15 7 24.96

Hildrum, Dina Melhus (6.6.2006)

2021 Stav J15 4 2.40

Hilmarsen, Guro Tveitan (14.6.2005)

2021 800 J16 15 (7h1) 2:31.12, 1500 hinder J16 7 6:01.70

Hilton, Live Haugstad (12.9.1999)

2021 100 7s3 12.44, 2h2 12.41, 200 s2 DNS, 4h3 25.97

Hjelmeset, Marthe Johanne (25.2.2004)

2021 800 J17 4 2:19.37

Hjeltpdahl, Elisabetha (1.9.2002)

2021 400 13 (6h2) 59.26, 200 J18/19 8 26.67, 4h2 26.57, 400 J18/19 8 (6h3) 60.33

Hjeltnes, Guro Navelsaker (24.4.2004)

2021 100 U20 5h7 13.14, 200 U20 5h1 26.67w, 100 J17 8 13.22, 4h2 13.05, 200 J17 8 27.47, 5h1 27.18, Tresteg J17 4 10.76

Hjeltnes, Hanna Emilie (23.6.2004)

2021 Kule 1 13.46, Diskos 5 41.80

Hjukse, Gro Siljan (14.10.1981)

2021 Terrengultra 10 7:19:53

Hoelsveen, Malin (25.1.2005)

2021 800 U20 2 2:06.26, 3h1 2:16.78, 800 J16 1 (1h2) 2:10.61, 1500 hinder J16 4:51.66, 4km terrengløp J16 DNF

Hofstad, Mina Madeleine (30.4.2003)

2021 Kule U20 19q 9.30, Kule J18/19 7 9.15

Holck, Kaija Emilie Rypås (28.12.2006)

2021 80 hekk J15 8 13.42, 4h1 13.44, Høyde J15 8 1.41, Stav J15 2 2.60

Holm-Lombnæs, Selma (23.1.2006)

2021 800 J15 18 (8h1) 2:31.76

Holmøy, Kristiane Fon (21.2.1991)

2021 Terrengultra 11 8:09:03

Holstad, Borghild Oline (25.4.2006)

2021 100 J15 3 12.66, 3s1 12.70, 1h3 12.93, 200 J15 25.81, 2s1 26.00, 1h1 26.91

Hopland, Christina Ellefsen (11.1.1997)

2021 2km terrengløp 13 8:03, 2x6km stafett terrengløp 5 24:24

Horvathova, Eliska (26.5.2004)

2021 Diskos J17 8 26.63, Slegge J17 6 36.01

Hostad, Mina Sofie Rong (2.4.2006)

2021 100 U20 5h3 13.20, 1000 stafett U20 5 2:21.12, 100 J15 6 12.98, 4s1 12.92, 2h3 13.03, 200 J15 6 27.02, 3s2 26.79, 2h2 27.13, 1000 stafett J15/16 2 2:24.29

Hovde, Linda Cecilie (2.11.1982)

2021 Terrengultra 13 8:26:08

Hovland, Karoline Røed (13.11.2006)

2021 80 hekk J15 6 12.84, 4h2 13.08, Tresteg J15 8 9.03

Huber, Marion (???.???.???)

2021 Terrengultra 4 5:59:00

Husby, Kristin (18.10.1962)

2021 Maraton 11 3:39:20

Husby, Marianne Rabbe (23.10.1994)

2021 Tresteg 7 11.24, Kule 9 10.74

Hustad, Sofie (25.1.2006)

2021 1000 stafett U23 6 2:24.90, 100 J15 7h4 13.86, 200 J15 6h2 28.51, 80 hekk J15 5h1 13.74, 1000 stafett J15/16 2 2:24.29

Hynne, Hedda (13.3.1990)

2021 800 1 2:02.03, 1h1 2:11.88

Hystad-Haaland, Mari (26.4.2006)

2021 80 hekk J15 5 12.64, 1h2 12.52, 300 hekk J15 6 (2h1) 48.98

Høntorp, Hedda (3.7.2004)

2021 800 U20 7h1 2:29.63, 1500 U20 7h1 5:09.54

Håkonsen, Karen Marie (3.8.1999)

20216 km terrengløp 11 23:33

I

Ims, Selma (27.9.2005)

2021 100 J16 2 12.25, 1h2 12.54, 200 J16 3 25.80, 1h2 26.05

Imset, Marit Elisabeth Elvesæter (9.8.1977)

2021 24 timer ultraløp 24 130.494

Indrebø, Isabella Alida (16.7.2004)

2021 100 J17 4 12.83, 2h1 12.81, 200 J17 4 26.19, 3h1 26.50, Lengde J17 3 4.97

Indrebø, Leah Marie Henriksen (15.12.2002)

2021 100 6h3 12.81, 100 U20 3s2 12.59, 1h1 12.37, 200 U20 3s3 25.63w, 2h4 25.66, 1000 stafett U20 5 2:21.12, 100 J18/19 3h1 12.56, 200 J18/19 4 26.09, 2h2 26.23, 400 J18/19 7 (5h3) 60.22

Ingebrigtsen, Celine Hjorth (11.6.2004)

2021 Lengde J17 9 4.67, Tresteg J17 2 11.05

Ingebrigtsen, Eva (1.7.2004)

2021 3000 J17 6 10:13.51, 2000 hinder J17 3 7:11.33

Ingebrigtsen, Ingrid (11.5.2006)

2021 800 U20 5h2 2:24.96, 1500 U20 5h3 4:53.31, 3000 U20 12 10:29.02, 800 J15 7 (7h2) 2:20.87, 2000 J15 7 6:37.19

Ingerø, Emilie (28.9.1995)

2021 Spyd 3 51.91

Ingvaldsen, Johanne Bental (21.11.2005)

2021 1000 stafett 5 2:16.74, 200 U20 5h4 27.05, 200 J16 4h1 26.75, 300 hekk J16 8 (5h2) 50.33

Inselset, Esther Beate Flemmen (23.9.1977)

2021 Maraton 4 3:06:42

Instanes, Ine (26.3.2002)

2021 Motbakke 18 68:11

Irgens, Hanne Berit (27.6.1994)

2021 100 5 12.14, 1s1 12.07, 2h1 12.04, 4x100 stafett 3 47.66, 4x100 stafett mix 3 44.27

Isachsen, Kristin (6.9.1956)

2021 Halvmaraton 23 1:45:58

Isene, Berit Stunes (1.5.1998)

2021 Diskos 4 43.84

Isman, Jamila (21.8.2005)

2021 400 U20 8 64.22, 3h2 60.49, 100 hekk U20 7 16.18, 3h1 15.91, 400 hekk U20 8 69.06, 4h1 68.69, Høyde U20 3 1.60, 300 hekk J16 2 (2h2) 46.44, Høyde J16 3 1.53, 1000 stafett J15/16 1 2:23.31, 7-kamp J16 DNF

Iuel, Amalie Hammild (17.4.1994)

2021 400 1 (1h1) 52.67

J

Jacobsen, Karine (9.5.1999)

2021 100 U23 5 12.47, 3h1 12.44, Tresteg U23 2 11.96w

Jaidi, Nora Ekroll (17.5.2005)

2021 Diskos U20 15q 27.97, Slegge U20 NM, Spyd U20 4 34.92

Jakobsen, Anna Bogunovic (19.3.1993)

2021 400 12 (6h2) 58.04, 1000 stafett 3 2:11.17

Jensen, Anna Kolstø (8.9.2004)

2021 100 U20 7s2 13.02, 3h1 12.68, 200 U20 4s3 25.91w, 2h1 25.67w, 1000 stafett U23 5 2:23.84, 100 J17 2 12.70, 1h2 12.49, 200 J17 5 26.85, 2h2 26.49, 100 hekk J17 2 15.25, 300 hekk J17 2 47.51

Jensen, Christine Bjelland (16.6.1994)
 2021 100 3 12.02, 2s1 12.12, 2h3 12.14, 200 5s1 24.81, 2h4 25.61, 1000 stafett 4 2:16.08, 4x100 stafett mix DNF

Jensen, Maria Børstad (12.12.1994)
 2021 Spyd 4 50.04

Jensen, Torunn (10.8.1999)
 2021 2km terrengløp 17 8:33, 2x6km stafett terrengløp 7 25:51

Joensen, Amalie (24.6.1996)
 2021 10000 9 37:36.65, 4x800 stafett 2 9:29.19

Johannessen, Hannah (27.12.2006)
 2021 Kule J15 7 9.85, Diskos J15 8 20.74

Johansen, Hedda Ekrem (3.1.2003)
 2021 100 4s3 12.31, 3h2 12.49, 1000 stafett 7 2:17.23, 100 U20 4s2 12.78, 2h7 12.67, 1000 stafett U23 2 2:16.54

Johansen, Helene Wang (5.4.2006)
 2021 4km terrengløp J15 7 18:52

Johansen, Hilde (24.1.1973)
 2021 24 timer ultraløp 14 160.178

Johansen, Regine Josefine Vatland (13.4.2000)
 2021 Tresteg U23 4 11.18w

Johansen, Solveig Emilie (4.4.2003)
 2021 100 U20 8s1 13.11, 4h1 12.71, 200 U20 5s1 25.77w, 2h2 25.28w, 1000 stafett U20 1 2:14.20

Johansson, Line Myrestøl (9.2.1998)
 2021 4x800 stafett 1 9:20.50

Johnsen, Guro Bakke (27.4.2000)
 2021 1500 7h2 4:46.99

Johnsen, Julie Heiervang (25.7.1996)
 2021 Spyd 7 42.95

Johnsen, Mia Prøsch (1.8.2005)
 2021 100 U20 8s2 13.06, 4h5 12.86, 200 U20 7s3 26.42w, 4h3 26.42, 200 J16 6 26.50, 2h2 26.60

Johnsen, Nathalie Ommundsen (2.7.1998)
 2021 4x100 stafett 2 47.28, 4x100 stafett mix 2 44.27

Johnsen, Wenche (16.5.1973)
 2021 24 timer ultraløp 15 153.972

Jordåen, Anne Lene Østvold (6.12.1972)
 2021 Maraton 16 4:08:20

Jæger, Henriette (30.6.2003)
 2021 5-kamp inne 1 4.471

Jørgenrud, Margit (23.4.1995)
 2021 Kule 6 11.32

K

Kallåk, Hedvig (8.11.2004)
 2021 Høyde =2 1.71, Høyde U20 1 1.78, 1000 stafett U20 4 2:20.61, Høyde J17 1 1.69, 1000 stafett J17-19 6 (1h1) 2:24.59

Kapskarmo, Sigrid Forsmo (22.6.2004)
 2021 Lengde U20 q2 NM, Høyde J17 4 1.55, Lengde J17 2 5.14, Tresteg J17 1 11.17

Karlberg, Julie Lie (28.10.2006)
 2021 Kule J15 3 10.75, Diskos J15 2 30.35, Slegge J15 1 48.85

Karlsen, Mathea Wego (22.6.2005)
 2021 100 J16 6h1 13.69, 200 J16 5h1 27.60

Kilbaleca, Emilija Lorina (LAT) (4.2.2004)
 2021 100 hekk J17 3 15.60, Høyde J17 3 1.55, Lengde J17 1 5.15

Kibaleca, Patricia Luiza (LAT) (17.3.2006)
 2021 Høyde J15 =4 1.51, Tresteg J15 5 9.92, Kule J15 6 9.96

Kjerpeset, Margrete Strømmen (27.6.2002)
 2021 400 hekk U20 3 63.87, 3h2 66.72

Kjølberg, Elina Ingrid (18.1.2005)

2021 Slegge U20 10 39.56, Slegge J16 NM

Kjøren, Marte (1.8.1990)
 2021 6 km terrengløp 15 25:17

Klokseth, Mathilde Sofie Karlsen (15.3.2003)
 2021 Tresteg 4 12.04, Tresteg U20 3 11.95w, 3q 11.28, Lengde 18/19 8 4.96, Tresteg J18/19 1 12.19

Kloster, Line (27.2.1990)
 2021 400 3 (3h1) 53.41

Kloster, Marie (30.6.1981)
 2021 5000 10 16:51.52, 4x800 stafett mix 2 9:01.63

Knudsen, Synne Elise Bruseth (11.3.2005)
 2021 1500 hinder J16 DNF

Knutsen, Thea Charlotte (26.9.2004)
 2021 3000h 2 10:20.76, 2x6km stafett terrengløp 2 22:28, 3000 hinder U20 DNS, 800 J17 3 2:15.75, 3000 J17 4 10:00.03, 2000 hinder J17 1 6:41.56, 2km terrengløp J17 1 7:13, 4km terrengløp J17 2 14:32

Kollberg, Malene (16.5.1999)
 2021 100 hekk U23 4 14.38w, Høyde U23 2 1.63, Lengde U23 2 5.43w

Kolseth, Alma Iben Graver (28.7.2005)
 2021 100 J16 6h2 13.77, 200 J16 6h2 28.54, 1000 stafett J17-19 9 (4h1) 2:35.31

Kristiansen, Camilla Dahl (1.7.2005)
 2021 200 U20 7h5 27.69w, 400 U20 6h1 63.90, 1000 stafett U20 DNS

Kristiansen, Ingrid Emilsen (19.12.1992)
 2021 1500 7 4:21.21, 3h2 4:45.37, 4x800 stafett 2 9:29.19, 2km terrengløp 4 7:13, 2x6km stafett terrengløp 1 22:03

Kristjansson, Telma Bjørk Rostoft (8.8.2005)
 2021 Høyde J16 1 1.66

Krutnes, Ingrid (28.4.2006)
 2021 Kule J15 9 7.25, Diskos J15 3 29.69, Slegge J15 4 35.15

Kullerud, Ingrid Elise (5.2.2005)
 2021 800 J16 12 (8h2) 2:30.58, 3000 J16 4 11:02.71, 1500 hinder J16 4 5:21.02, 2km terrengløp J16 2 8:11

Kulseth, Malin Bårdsgård (24.12.1996)
 2021 100 6h5 12.76, 1000 stafett 6 2:16.67

Kvalvåg, Hedda Kronstrand (25.7.2002)
 2021 Tresteg 1 12.91, Lengde U20 3 5.82w, 1q1 5.76, Tresteg U20 1 13.08w, 1q 12.08, 1000 stafett U23 1 2:15.45, Lengde 18/19 3 5.68, Kule J18/19 3 10.45

Kvaran, Alvilde Johansen (1.8.2006)
 2021 Tresteg J15 4 9.95, Diskos J15 5 27.36, Spyd J15 5 34.25

Kylland, Tuva (12.7.2006)
 2021 800 U20 9h1 2:33.00, 1500 U20 8h2 5:15.72, 800 J15 17 (7h1) 2:30.58, 2000 J15 DNF, 1500 hinder J15 2 5:24.78

Kyte, Karoline Holsen (12.5.1993)
 2021 Motbakke 2 43:20, 6 km terrengløp 3 21:26

L

Lappegård, Tiril (4.8.2003)
 2021 Slegge 5 51.04, Slegge U20 3 47.12, Slegge J18/19 2 46.66

Larsen, Åse Vik (5.2.2006)
 2021 100 J15 7s1 13.79, 5h4 13.34, 200 J15 6h1 28.10, Tresteg J15 1 10.54

Lauvstad, Miranda (22.11.2003)
 2021 100 6s2 12.60, 4h2 12.62, 200 6s2 25.34, 3h4 25.62, 4x100 stafett 46.50, 4x400 stafett 1 3:51.70, 4x100 stafett mix 4 46.10, 100 U20 5s3 12.71, 3h2 12.67, 200 U20 8 25.73w, 3s1 25.59w, 3h2 25.50w, Lengde U20 7q2 4.94, 100 J18/19 7 12.49, 3h3 12.46w, 200 J18/19 2 25.34, 1h2 25.56, Lengde 18/19 4 5.35, 1000 stafett J17-19 3 (3h2) 2:19.68

Leiknes, Kristine Moland (9.3.2003)

2021 Tresteg 6 11.46, Tresteg U20 5 11.27w, 7q 10.79, Lengde 18/19 7 5.23, Tresteg J18/19 3 11.12

Leikvoll, Mailinn (10.9.1987)

2021 Terrenkultra 7 6:17:44

Leir, Ida Sophie (15.3.2003)

2021 400 U20 6h3 62.07, 400 hekk U20 5h1 68.86, 1000 stafett U20 4 2:20.61, 200 J18/19 6h1 27.35, 400 J18/19 10 (4h2) 61.99, 100 hekk J18/19 3 15.70, 400 hekk J18/19 5 67.10, 1000 stafett J17-19 3 (3h2) 2:19.68

Leirvik, Hedda (9.4.2002)

2021 1500 12 4:42.68, 6h2 4:46.34, 1500 U20 8 4:38.18, 2h3 4:51.74, 3000 U20 6 9:57.10, 800 J18/19 6 2:18.53, 3000 J18/19 4 9:57.01

Lekman, Linnea Birkelid (14.5.2003)

2021 100 U20 5h1 12.99, 200 U20 8s1 26.66w, 3h5 25.41w, 1000 stafett U20 3 2:17.50, 100 J18/19 5h1 13.25, 200 J18/19 7h2 27.34

Lerøen-Pedersen, Christine-Sofie (21.12.2006)

2021 100 J15 6h3 13.44, 200 J15 6s2 27.46, 4h1 27.56, 300 hekk J15 5 (1h1) 48.67

Lid, Ingrid Margrethe (5.9.1991)

2021 24 timer ultraløp 6 195.468

Lie, Kristina Vatnar (24.6.2004)

2021 100 U20 8h3 13.54, Tresteg U20 12 10.00w, 12q 10.16, 1000 stafett U20 DNS, 100 J17 4h1 13.37, 200 J17 5h2 27.61, Tresteg J17 10 9.46, 1000 stafett J17-19 3 (3h2) 2:19.68

Lie, Maren (12.1.1996)

2021 Halvmaraton 3 1:17:24

Lien, Mari Victoria Robøle (1.9.2000)

2021 6 km terrengløp 14 24:55

Liland, Hanne (7.8.1969)

2021 Motbakke 16 63:02

Liland, Julie Bakke (9.2.2004)

2021 200 U20 8h1 27.27w, Lengde U20 11 4.90w, 5q1 5.07

Lilleskare, Anita Iversen (22.8.1978)

2021 Motbakke 5 46:24

Lilleaas, Tora Bøgeberg (6.11.2005)

2021 100 4s2 12.33, 3h4 12.21, 100 U20 5 12.34, 2s2 12.42, 1h4 12.40, 200 U20 7 25.49w, 3s2 25.24w, 2h6 25.67w, 100 J16 1 12.06, 1h1 12.31, 200 J16 1 25.07, 1h1 25.10

Linde, Christina Lynn McKibben (30.4.1970)

2021 Maraton 13 3:47:13

Linde, Sara-Rebekka Færø (11.4.1982)

2021 Terrenkultra 3 5:53:53

Lindevik, Linn Andrea Svensson (24.5.2004)

2021 1000 stafett 9 2:24.52, 400 U20 5h2 61.94, 800 U20 6 2:23.64

Lindhjem-Godal, Ragnhild (29.4.2003)

2021 3000 J18/19 8 11:15.25, 1000 stafett J17-19 9 (4h1) 2:35.31

Lindkvam, Barbro Fjeldsbø (15.7.1982)

2021 Maraton 6 3:12:06, Halvmaraton 9 1:28:08

Llano, Beatrice Nedberge (14.12.1997)

2021 Slegge 1 65.28

Lorentzen, Anne Rudjord (24.8.2006)

2021 100 J15 7h2 13.87, 800 J15 13 (3h1) 2:26.11

Lorne, Leah Maria Prestholt (7.3.2006)

2021 100 J15 4h2 13.35, 200 J15 5h4 27.88

Lothe, Grete Håvåg (16.1.1952)

2021 Maraton 21 4:48:17

Lund, Anne Kristine (30.12.1981)

2021 Terrenkultra 12 8:25:17

Lund, Pernille Sina (23.12.1993)

2021 100 5s1 12.33, 4h5 12.51, 200 7s2 25.90, 4h2 25.99

Lundeby, Oda Andersen (18.5.2002)

2021 10000 DNF

Lynghammar, Live (5.5.2006)

2021 4km terrengløp J15 4 17:37

Lyngholm, Andrea Igeltjørn (10.1.2005)

2021 1000 stafett U20 7 2:23.86, 300 hekk J16 3 (1h1) 47.47, Lengde J16 1 5.11, 1000 stafett J17-19 4 (4h2) 2:20.38, 7-kamp J16 1 3.978

Lystad, Liv Berit Jekteberg (18.6.1960)

2021 Maraton 15 4:00:14

Løvnes, Ingeborg (5.9.1992)

2021 3000h 1 10:15.34

Løvås, Mette Eid (18.5.1972)

2021 Halvmaraton 14 1:31:08

Løwø, Inga (12.9.2005)

2021 Tresteg J16 5 9.98, Slegge J16 5 34.30

M**Madsen, Julie Bjørge** (2.12.2005)

2021 100 U20 6h5 13.09, 200 U20 6h1 26.68w, 100 J16 3h1 13.05, 200 J16 3h2 27.01, 80 hekk J16 4 12.47, 3h2 12.60

Madsen, Kamille-My Bak (29.9.2005)

2021 800 J16 13 (5h1) 2:30.93

Malmgren, Marie Kristine (9.6.1995)

2021 800 6h2 2:17.47, 1500 8h1 4:46.09, 1000 stafett 9 2:24.52

Maridal, Hanne Mjøen (21.9.1996)

2021 5000 8 16:33.66, 10000 DNF

Markhus, Nora (25.8.1997)

2021 Motbakke 6 47:02

Marstad, Mali Ingeborg Vollan (9.12.1997)

2021 Spyd 5 49.12

Marstein, Vilde (21.12.2001)

2021 100H 8 14.50, 4h1 14.39, 1000 stafett 7 2:17.23, 100 hekk U20 3 14.00, 2h2 14.07w, Stav U20 1 5.96w, 2q1 5.71, 1000 stafett U23 2 2:16.54, 800 J18/19 7 2:21.25

Matsen, Paula Aunvåg (19.12.2006)

2021 800 J15 14 (4h1) 2:26.65

Mauland, Mari Nustad (16.7.1976)

2021 24 timer ultraløp 4 212.695

Medic, Maja Emilia (28.6.2000)

2021 100 6s1 12.66, 4h2 12.52

Meinicke, Julie (6.5.2002)

2021 4km terrengløp 6 16:11

Meinseth, Ingvild (31.3.1999)

2021 100 1 12.00, 1s2 11.95, 1h1 11.97, 4x100 stafett 1 46.50, 4x400 stafett 1 3:51.70, 4x100 stafett mix 1 43.79, 100 U23 11.70, 1h1 11.81, 200 U23 1 24.22, 1h1 24.81

Meisingset, Mali Bjerke (4.11.2003)

2021 100 J18/19 6h2 13.61, Lengde 18/19 11 4.69

Melberg, Mathea (2.10.2002)

2021 800 9h1 2:23.05, 1500 8h2 4:50.71, 4x800 stafett 3 9:47.20, 800 U20 4h3 2:21.09, 1500 U20 11 4:54.51, 4h1 4:47.19

Melhuus, Guro Samdahl (1.4.2006)

2021 200 J15 5h2 28.36, 800 J15 10 (9h2) 2:24.38, 1000 stafett J17-19 7 (2h1) 2:26.68

Mikkelsen, Sarah-Christine Kouamé (6.2.2002)

2021 Slegge U20 1 54.82

Milenkovic, Silje Vaule (13.5.2004)

2021 2km terrengløp J17 4 10:04

Miltz, Lill-Joelle (2.2.2002)

2021 Lengde U20 q1 DNS

Minelle, Ingunn Hillestad (29.6.1983)

2021 Halvmaraton 24 1:48:23

Mjelde, Marianne Feidje (2.6.2001)

2021 1500 U23 7 5:18.31, 3000 U23 DNS

Mjølsnes, Freya (24.11.2003)

2021 4x800 stafett 1 9:20.50, 1500 U20 5 4:29.49, 3h1 4:41.48

Mjåland, Trine Hammerstrøm (3.6.1990)

2021 1500 3 4:15.95, 1h2 4:43.86, 1000 stafett 8 2:18.46

Mo, Emilie (25.12.2001)

2021 6 km terrengløp 9 23:02, Halvmaraton U23 1 1:17:34

Moe, Kaia Langvad (9.2.2005)

2021 300 hekk J16 10 (5h2) 51.55, Lengde J16 8 4.51, Tresteg J16 6 9.84

Moe, Marianne (23.7.1968)

2021 24 timer ultraløp 29 100.464

Moldskred, Sarah Saunes (29.12.2004)

2021 Stav 5 3.30, Stav U20 7 3.00, 1000 stafett U23 4 2:23.30, 100 J17 5 12.94, 2h2 12.82, Stav J17 1 3.10

Mongstad, Karoline Harnes (4.4.1992)

2021 2km terrengløp 7 7:33, 2x6km stafett terrengløp 4 23:02

Monsen, Helene (27.5.2006)

2021 2000 kappgang J15 2 13:14.54, Spyd J15 11 23.54

Mork, Irene (1.7.1975)

2021 Halvmaraton 28 2:12:23

Morken, Mariell Hetlesæter (15.12.2003)

2021 Kule 2 13.10, Diskos 10 36.18, Kule U20 2 12.88, 2q 12.19

Morland, Kaia (25.3.2003)

2021 200 J18/19 7h1 27.45, 400 J18/19 14 (6h2) 64.27

Morud, Agnes Elisabeth (10.9.2003)

2021 Stav 3 3.50, 1000 stafett 6 2:16.67, 200 U20 6s2 26.29w, 3h1 25.90w, Stav U20 2 3.50, 1000 stafett U20 2 2:14.55, 100 J18/19 4h3 12.70w, 200 J18/19 5 26.20, 3h1 25.92, Stav J18/19 2 3.40, 1000 stafett J17-19 1 (1h2) 2:14.88

Morvik, Stina Leivestad (24.8.2004)

2021 Slegge U20 14 36.04, Slegge J17 2 44.58

Mosland, Ingeborg Roll (29.4.2005)

2021 4km terrengløp J16 1 15:50

Myhre, Sunniva Bakkene (25.6.2005)

2021 Høyde J16 5 1.53, Lengde J16 3 4.95, Tresteg J16 4 10.13

Myklebust, Oda Marie (22.3.2001)

2021 Diskos 9 37.13, Slegge 2 55.66, Diskos U23 2 37.08, Slegge U23 1 55.47

Myrvang, Mari Steen (30.8.2006)

2021 Høyde J15 1 1.56

Møkkelgård, Sanna Johnsen (31.5.2003)

2021 100 U20 5h5 12.99, 200 U20 7s1 26.46w, 4h6 26.36w, 100 J18/19 4h1 12.88, 200 J18/19 7 26.41, 4h1 26.24, 1000 stafett J17-19 1 (1h2) 2:14.88

N

Narbuvoll, Ida Meli (9.10.1995)

2021 5000 2 15:54.42, 10000 1 33:08.42

Nedberg, Tonje (25.12.1999)

2021 200 7s125.67, 4h4 25.81, 100H 6 14.12, 4h2 14.22, 1000 stafett 3 2:11.17, 4x100 stafett 2 47.28, 200 U23 h2 DQ:R162.8, 100 hekk U23 5 14.80w, 1000 stafett U23 3 2:19.61

Nesse, Ida Yessica (19.10.1992)

2021 Diskos 13 32.35

Nilsen, Cassandra Ødegård (8.1.2006)

2021 400 hekk U20 5 64.66, 4h2 67.10, 80 hekk J15 11.87, 1h1 11.98, 300 hekk J15 1 (1h2) 44.65, Lengde J15 1 5.26, Kule J15 2 12.00, 7-kamp J15 1 4.371

Nilsen, Julie Noraberg (4.1.2000)

2021 Diskos 6 40.08, Kule U23 2 11.45, Diskos U23 1 39.46

Nilsen, Linnea-Kristine Austd (29.11.2005)

2021 Slegge U20 8 42.11, Slegge J16 1 50.27

Nilsen, Ruth-Margrethe Austad (7.6.2003)

2021 Slegge 4 52.34, Slegge U20 2 53.47, Slegge J18/19 1 48.31

Nilsen, Thea (7.10.2005)

2021 Diskos J16 4 30.20, Spyd J16 5 32.43

Nilssen, Ingrid Kilvær (21.1.2003)

2021 800 7h1 2:15.11, 400 U20 4h1 61.78, 800 U20 4h2 2:33.64, 400 J18/19 9 (3h2) 60.54, 800 J18/19 4 2:14.71

Nordanger, Thea Lovise (12.7.2003)

2021 200 U20 8h3 28.25, 400 U20 6h2 63.71, 1000 stafett U20 3 2:17.50, 400 J18/19 12 (5h2) 52.41, Tresteg J18/19 7 10.17, 1000 stafett J17-19 2 (2h2) 2:18.57

Nordskar, Hilde Hoff (18.10.1981)

2021 Terrenkultra DNS

Nordskar, Sylvia Thorson (19.6.1993)

2021 Motbakke 4 45:39, Terrenkultra 1 5:39:49

Norheim, Pia (24.3.2005)

2021 800 U20 8h2 2:31.03, 1500 U20 10h3 5:12.40, 800 J16 6 (6h2) 2:23.83, 3000 J16 7 11:10.58, 1500 hinder J16 6 5:33.66, 2km terrengløp J16 DNS

Novik, Maryna (UKR) (12.12.1981)

2021 Maraton 3 3:02:08

Nyborg, Julie (23.1.2006)

2021 7-kamp J15 5 2.397

Nyfors, Malin Ingeborg (12.7.1997)

2021 800 4 2:08.13, 3h2 2:14.88

Nyhus, Ingrid Helene (15.3.1997)

2021 5000 17 17:51.32, 2km terrengløp 10 7:53

Nyhus, Mille Eide (1.5.2003)

2021 200 J18/19 6 26.29, 3h2 26.28, 400 J18/19 5 (1h2) 59.52

Nystad, Vera Vigunante (18.12.1945)

2021 Maraton 12 3:39:51

Næss, Christine (18.12.2000)

2021 1500 6 4:20.88, 3h1 4:29.67, 800 U23 4 2:13.81, 1500 U23 2 5:00.07, 3000 U23 1 10:01.67

Næss, Hanne Stamnesfest (5.12.2004)

2021 1500 U20 10h2 5:39.60, 3000 J17 8 11:37.25

O

Okparaebo, Angelica (13.10.1997)

2021 100 7s2 12.91, 4h3 12.68

Olsen, Thea Engen (1.5.2005)

2021 Slegge U20 13 36.64, Diskos J16 5 27.91, Slegge J16 2 42.22

Ombeni, Rachel (20.6.2001)

2021 Tresteg 2 12.64, 1000 stafett 4 2:16.08, Tresteg U23 1 12.41, 1000 stafett U23 7 2:26.79

Omvik, Siri (21.6.1976)

2021 Maraton 19 4:28:58

Opdahl, Malin (10.5.2003)

2021 3000 kappgang 4 15:31.39, 3000 kappgang U20 3 15:28.44, 2000 kappgang J18/19 2 10:07.28

Oppegaard, Linn (23.12.98)

2021 200 2 24.25, 1s2 24.32, 1h2 24.79, 400 2 (2h1) 52.84

Opsøen, Hedda Børø (5.1.2005)

2021 1500 U20 9h2 5:32.92, 800 J16 11 (4h1) 2:28.35, 3000 J16 5 11:05.98, 2km terrengløp J16 DNS

Osa, Amnada Totland (17.9.2006)

2021 3000 kappgang 5 16:30.80, 3000 kappgang U20 4 15:58.45, 2000 kappgang J15 10:34.37

Ose, Julie Ekeland (10.5.2004)

2021 100 J17 7 13.20, 3h2 12.96, 200 J17 6h1 27.23, Tresteg J17 9 9.78

Osen, Pernille Aaslid (3.4.2004)

2021 Høyde J17 6 1.40, Lengde J17 11 4.04

Otervik, Kristin Svendby (15.9.2001)

2021 3000h 3 10:29.95

Oulie, Helene (17.5.2001)

2021 100H 5h2 14.64, 1000 stafett 7 2:17.23, 100 U23 6 12.52, 4h1 12.56, 100 hekk U23 3 14.32w, 1000 stafett U23 2 2:16.54

Overvaag, Kristin Guttormsen (19.12.1966)

2021 Maraton 8 3:23:18

P

Panyarat, Gulisara (THA) (14.9.2006)

2021 100 J15 5h1 13.35, 200 J15 6h4 28.08, Lengde J15 6 4.86

Pedersen, Maya (27.11.1972)

2021 1000 stafett 5 2:16.74

Pedersen, Thea Aase (3.4.2000)

2021 100 h2 DNS, 100 U23 3 12.16, 2h1 12.23, 200 U23 DNS, 4h2 25.74

Pedersen, Tone Lise (28.4.2003)

2021 800 J18/19 5 2:18.13, 3000 J18/19 6 10:18.96

Pettersen, Kaja Mørch (6.11.2001)

2021 Spyd 1 54.14, Spyd U23 1 55.53

Pettersen, Marte (30.4.1997)

2021 100 2 12.02, 2s2 12.00, 1h5 12.19

Pettersen-Lund, Alette (12.10.2006)

2021 100 J15 6s213.22, 3h3 13.10, 200 J15 5s2 27.08, 3h3 27.31, Spyd J15 7 28.89

Poirot, Delphine Catherine (FRA) (7.1.1995)

2021 5000 15 17:34.50, 6 km terrengløp 10 23:23

Proctor, Nora Jazz Werenskiold (22.2.2006)

2021 100 U20 5h4 13.06, 200 U20 8s2 26.61w, 4h2 26.39w, 100 J15 5s1 13.08, 3h1 13.10, 1000 stafett J15/16 3 2:28.90

Prøitz, Maiken Homlung (16.6.2004)

2021 1500 U20 10 4:44.87, 1h1 4:40.64, 3000 U20 10:05.85, 800 J17 DNS, 3000 J17 5 10:13.00, 4km terrengløp J17 3 15:02

Q

R

Ramslien, Helene Mariell (16.5.2006)

2021 Kule U20 8 10.60, 9q 10.24, Diskos U20 4 37.80, 4q 35.98, Slegge U20 12 38.64, Diskos J15 1 46.41, Slegge J15 2 47.25

Ranestad, Mari Ovidia (10.5.2005)

2021 800 J16 17 (8h1) 2:35.72, Spyd J16 6 32.16

Rebård, Ingrid Gjendine Gjelstad (1.12.2003)

2021 1500 U20 6h3 4:59.16, 3000 U20 9 10:17.68

Refsdal, Gunvor (14.7.1975)

2021 Motbakke 14 61:13

Refvik, Julie Eveline (26.5.2004)

2021 Diskos U20 13q 28.73, Diskos J17 5 30.56

Reimers, Inga Rabben (19.1.2005)

2021 Kule 8 10.89, Diskos 11 33.99, Spyd 8 42.41, Kule U20 4 11.25, 4q 11.43, Diskos U20 8 33.71, 12q 31.55, Spyd U20 2 42.12, Kule J16 2 13.03, Diskos J16 3 34.45, Spyd J16 2 44.70

Retzius, Lene Onsrud (4.1.1996)

2021 Stav 1 4.25

Revheim, Ingrid (12.6.1992)

2021 5000 19 18:08.84

Riege, Nina Ragnhild Margrethe Eskild (16.5.1968)

2021 Halvmaraton 16 1:33:10

Rise, Marte (8.5.1988)

2021 6 km terrengløp 17 26:33

Rismark, Emmy Margrethe (19.1.2003)

2021 400 hekk J18/19 7 69.73, 1000 stafett J17-19 6 (1h1) 2:24.59

Rismark, Ingrid Pernille (24.6.2001)

2021 200 DNF, 4s1 24.80, 2h1 24.90, 100H 3 13.88, 2h1 14.13, 1000 stafett 7 2:17.23, 200 U23 4 24.85, 2h1 24.96, 400 U23 3 56.56, 100 hekk U23 1 13.86w, 1000 stafett U23 2 2:16.54

Roe, Mariann Austigard (31.1.1997)

2021 Motbakke 9 51:37

Rooth, Andrea (6.3.2002)

2021 100H 1 13.40, 1h1 13.51, 400h 3 59.17, 1h2 60.31, 100 U20 DNS, 1s1 12.08, 1h2 12.01, Høyde U20 NM, Lengde U20 DNS, 3q1 5.70, 7-kamp U20 1 5.410, 400 J18/19 2 (2h3) 55.63, 100 hekk J18/19 1 13.41, 400 hekk J18/19 1 58.82

Rooth, Kaja (23.9.2003)

2021 100 5s3 12.42, 5h5 12.55, 100H 5 14.07, 3h2 14.15, 1000 stafett 1 2:09.65, 100 U20 4s1 12.61, 2h3 12.58, 100 hekk U20 4 14.29, 3h2 14.93w, Kule U20 20q 9.03, 1000 stafett U23 1 2:15.45, 100 J18/19 5 12.33, 1h2 12.26, 3000 J18/19 2 14.29

Roppen, Kornelia (1.3.2002)

2021 100 6h1 12.86, Lengde 3 5.67, 100 U20 5s2 12.85, 2h5 12.51, Lengde U20 4 5.70w, 4q1 5.56, 1000 stafett U23 4 2:23.30, 100 J18/19 8 14.49, 2h1 12.51, Lengde 18/19 2 5.80

Rosager, Ingeborg (25.3.2006)

2021 4km terrengløp J15 3 15:55

Rosenberg, Julia Helene (5.9.2006)

2021 2x6km stafett terrengløp 6 25:26

Rosenlund, Siren Gudvangen (5.2.1989)

2021 2x6km stafett terrengløp 6 25:26

Rostoft, Siri (9.1.1974)

2021 Halvmaraton 15 1:31:09

Rosvold, Elisabeth Thon (13.11.2002)

2021 Kule U20 3 12.68, 1q 12.26, Diskos U20 2 45.94, 2q 42.32

Rübberat, Charlotte (????.????)

2021 Terrenultra 14 8:48:47

Rud, Tonje (1.3.1984)

2021 24 timer ultraløp 25 130.494

Rugland, Grete (18.6.1978)

2021 24 timer ultraløp 3 216.707

Ruud, Andrine Slettum (23.5.2004)

2021 1500 U20 9h3 5:11.51, 3000 U20 15 11:02.50, 3000 J17 DNF

Ruud, Elise Grong (25.4.1996)

2021 100H 7 14.29, 3h1 14.29

Ruud, Mari Roligheten (2.9.2002)

2021 1500 9 4:24.49, 6h1 4:30.48, 4km terrengløp 3 13:58

Ruud, Stine Grong (29.3.1994)

2021 100 s2 DQ:R162.8, 5h4 12.61, 100H 6h2 15.42

Rønnevig, Maren (16.8.2002)

2021 Stav U20 3 3.35

Rønning, June Marie (28.12.2005)

2021 80 hekk J16 h1 DNS, Stav J16 3 2.50

Rønningen, Helene (4.9.1998)

2021 100 8s1 13.80, 1h3 11.81, 4x100 stafett 1 46.50, 4x100 stafett mix 1 43.79

Rønningen, Kristine Gjelsvik (25.8.1970)

2021 24 timer ultraløp 9 179.530

Rønningen, Signe (7.3.2006)

2021 1000 stafett J15/16 4 2:37.38

Rørset, Jenny (15.1.2004)

2021 3000 J17 7 11:34.26

Røsæg, Mille Matilde (23.7.2002)

2021 100 U20 s3 DQ:R162.8, 3h3 12.59, 200 U20 5h6 26.93w

Røynealand, Live Havorsdatter (4.5.2005)

2021 100 J16 7 12.93, 4h3 12.96, Stav J16 2 2.60

S

Sagevik, Pernille Hvamsal (3.6.2004)

2021 Lengde U20 8s2 4.91, Tresteg U20 9 10.86w, 10q 10.53, 1000 stafett U23 6 2:24.90, 100 hekk J17 6 16.92, Lengde J17 7 4.72, Tresteg J17 3 10.85

Salemson, Kaja Kleppe (8.9.2001)

2021 Tresteg U23 5 10.69

Samuelson, Hedda Sofie (8.3.2004)

2021 Spyd J17 DNS

Sand-Hanssen, Julie (13.4.2006)

2021 1500 U20 h1 DNF, 800 J15 5 (5h2) 2:20.38, 1500 hinder J15 3 5:31.31

Sand-Hanssen, Norah (13.4.2006)

2021 1500 U20 12 4:59.75, 4h3 4:52.28, 3000 U20 14 10:59.15, 1500 hinder J15 1 5:18.52

Sandberg, Emilie (12.2.2000)

2021 4x100 stafett 3 47.66

Sande, Annette Velde (14.10.1982)

2021 Maraton 5 3:10:05

Sandnes, Elen (14.8.1995)

2021 24 timer ultraløp 19 135.321

Sandness, Andrea (15.11.1991)

2021 24 timer ultraløp 13 162.620

Sandness, Kirsten (24.12.1962)

2021 24 timer ultraløp 17 145.687

Sanyang, Tida Katrine Köller (21.9.2006)

2021 100 J15 6h2 13.73, 200 J15 7h4 28.54, 1000 stafett J15/16 3 2:28.90

Schou, Emilia Høyland (21.2.2005)

2021 80 hekk J16 8 13.17, 5h2 13.17, 300 hekk J16 7 (3h1) 49.99

Sege, Elsie Hjartholm (21.2.2004)

2021 200 U20 7h1 26.68w, Kule U20 15q 9.93, 7-kamp J17 2 4.292

Silgjerd, Hannah (19.4.1999)

2021 2km terrengløp 16 8:28, 2x6km stafett terrengløp 7 25:51

Silseth, Anna Kolstad (11.1.2006)

2021 100 U20 6s2 13.02, 3h4 12.87, 200 U20 7s2 26.52w, 4h5 26.54w, 1000 stafett U20 5 2:21.12, 100 J15 1 12.56, 1s1 12.60, 2h1 12.88, 200 J15 3 26.44, 2s2 26.64, 1h4 26.54, 1000 stafett J15/16 2 2:24.29

Sirevåg, Anna Marie Nordengen (24.5.2004)

2021 3000h 4 10:31.62, 1500 U20 5h2 4:48.30, 3000 U20 8 10:08.50, 3000 J17 1 9:49.27, 2000 hinder J17 2 6:48.43, 4km terrengløp J17 1 13:57

Sjåvik, Maren Skogstad (7.4.2006)

2021 Lengde J15 11 4.51, Diskos J15 4 28.97, Spyd J15 8 28.86

Skare, Ellevine Kathleen Artesia Octavia Svensen (19.10.2005)

2021 Kule 4 11.47, Diskos 7 37.58, Spyd 6 44.50, Kule U20 5 11.19, 7q 10.77, Diskos U20 5 36.59, 5q 34.02, Slegge U20 1 45.90, Kule J16 1 13.06, Diskos J16 1 38.39, Spyd J16 1 50.93

Skatvedt, Hedda Aakre (20.12.2000)

2021 2km terrengløp 15 8:27

Skisaker, Selma Alison Boesen (16.8.2006)

2021 800 U20 6 2:15.02, 2h1 2:17.96, 800 J15 1 (1h2) 2:12.74, 2000 J15 3 6:29.72

Skjetne, Ane (2.2.2004)

2021 100 5h3 12.71, 1000 stafett 6 2:16.67, 200 U20 6s3 26.25w, 3h3 26.20, 400 U20 5 60.06, 2h2 59.92, 1000 stafett U20 2 2:14.55

Skjæggestad, Marie (18.1.1999)

2021 4x400 stafett 1 3:51.70, 800 U23 6 2:15.29

Skorta, Marte (16.10.2005)

2021 3000 J16 12 13:39.80, Diskos J16 6 27.58

Skraastad, Mari (10.3.2006)

2021 100 J15 5h3 13.39, 200 J15 7 27.15, 4s2 26.86, 2h3 27.02, 800 J15 8 (1h1) 2:22.65, 300 hekk J15 4 (4h2) 48.46, 1000 stafett J15/16 4 2:37.38

Skyttermoen, Silje Therese (16.9.1999)

2021 100 U23 8 12.93, 4h2 12.91, 200 U23 5h1 26.21

Skyvang, Mari Hytten (11.11.2003)

2021 Slegge 6 49.17, Kule U20 16q 9.80, Diskos U20 11 30.26, 11q 31.60, Slegge U20 4 46.32, Kule J18/19 2 10.51, Diskos J18/19 4 31.31, Slegge J18/19 4 45.57

Skår, Maria Svendsen (15.10.2002)

2021 100 J18/19 6h3 12.91w, 200 J18/19 5h2 26.58

Skåtøy, Ronja Johnsen (28.10.2006)

2021 100 J15 5s2 13.21, 3h4 13.27, 200 J15 s1 DNS, 3h2 27.16, Lengde J15 2 5.12

Slettum, Elisabeth (31.8.1986)

2021 200 1 23.71, 1s1 24.12, 1h1 24.43, 1000 stafett 3 2:11.17, 4x100 stafett 2 47.28, 4x100 stafett mix 2 44.27, 4x400 stafett mix DQ:R170.7

Slorafoss, Ida Renee Tidemand (15.12.1988)

2021 24 timer ultraløp 8 181.841

Solbakken, Kristin (10.10.1991)

2021 Terrengultra 8 6:41:53

Solberg, Malin Sørtorp (21.4.2006)

2021 1500 U20 6 4:31.97, 3h2 4:44.53, 3000 U20 5 9:46.42, 800 J15 2 (2h2) 2:13.83, 2000 J15 1 6:13.71, 4km terrengløp J15 1 14:10

Solheim, Anna (18.2.2004)

2021 100 hekk J17 1 14.77, Høyde J17 5 1.50, Kule J17 5 10.43, Diskos J17 2 32.36, 7-kamp J17 1 4.323

Solheim, Ingrid Johanne (4.10.2005)

2021 100 U20 7h6 13.35, 200 U20 6h5 27.23w, 400 U20 4h2 60.64, 1000 stafett U20 6 2:21.28, 100 J16 4h1 13.30, 200 J16 4h3 26.85, 800 J16 4 (4h2) 2:22.08, 1000 stafett J17-19 5 (5h2) 2:20.55

Solli-Mork, Amalie (18.5.2006)

2021 800 J15 15 (5h1) 2:28.57

Sommer, Nora Storås (15.8.2004)

2021 800 J17 7 2:37.96, 300 hekk J17 4 50.27

Sortland, Ingrid (19.9.1999)

2021 100 5s2 12.37, 2h4 12.17, 200 5s2 25.40, 2h3 25.28, 4x100 stafett 4 47.89, 100 U23 4 12.42, 2h2 12.36, 200 U23 5 25.18, 3h1 25.21

Stadheim, Britt Marit (9.1.1964)

2021 Terrengultra 15 9:31:42

Standal, Marianne (21.4.1973)

2021 Halvmaraton 8 1:27:44

Steiro-Darén, Linea (26.10.2004)

2021 Tresteg J17 8 9.97, Spyd J17 2 39.26

Stensvold, Weche (8.6.1975)

2021 Halvmaraton 22 1:44:32

Stensøy, Lisa Maylen (26.1.2004)

2021 400 11 (4h2) 58.03, 400 U20 2 57.98, 1h3 57.98, 1000 stafett U20 3 2:17.50, 200 J17 3 26.10, 1h2 25.73, 400 J17 1 58.63, 1000 stafett J17-19 2 (2h2) 2:18.57

Stevik, Karen Helene (18.1.2005)

2021 Kule J16 5 10.99, Slegge J16 6 31,84

Stillerud, Anne-Grethe Løwe (5.9.2005)

2021 400 U20 6h2 63.59, 400 hekk U20 6h1 72.76, 800 J16 9 (2h1) 2:26.51, 3000 J16 8 11:12.60, 300 hekk J16 6 (2h1) 49.97, 7-kamp J16 2 3.313, 2km terrengløp J16 DNS, 4km terrengløp J16 6 17:14

Stokke, Kristin (28.4.1982)

2021 24 timer ultraløp 5 198.461

Stousland, Line Yang (12.11.1976)

2021 24 timer ultraløp 26 103.648

Storlien, Celine (10.10.2006)

2021 4km terrengløp J15 5 17:45

Storlien, Mille Marie (8.5.2004)

2021 4km terrengløp J17 5 16:21

Storstein, Irene (3.4.2003)

2021 400 hekk U20 6h2 70.94, 1000 stafett U23 5 2:23.84

Storøygaard, Malene (15.1.2004)

2021 Spyd J17 1 40.40

Storaa, Stine (25.5.2005)

2021 100 U20 7h2 13.18, 200 U20 5h3 26.68, Lengde U20 10q2 4.87, 100 J16 4h2 13.11, 200 J16 8 27.01, 3h1 26.70, Lengde J16 6 4.88, Tresteg J16 1 10.61

Strand, Leah Nygaard (28.5.2005)

2021 300 hekk J16 5 (4h2) 49.44, 1000 stafett J15/16 1 2:23.31

Straume, Maria Mjelva (7.5.2005)

2021 800 J16 2 (2h2) 2:20.61

Strøm, Hannah Louise (3.7.2006)

2021 80 hekk J15 7 13.16, 3h1 13.28, 300 hekk J15 7 (5h2) 50.17, Tresteg J15 3 10.31, 7-kamp J15 2 3.602

Stuhaug, Marit (6.5.1973)

2021 24 timer ultraløp 21 131.040

Størvold, Matilde Flor (3.12.2004)

2021 Lengde J17 8 4.71, Tresteg J17 7 10.06, Spyd J17 5 29.34

Støyva, Malin (9.8.1994)

2021 Høyde DNS

Sund, Sophie (24.2.2005)

2021 100 U20 7h7 13.29, 200 U20 6h4 27.05, 80 hekk J16 5 12.64, 2h2 12.55, 300 hekk J16 4 (3h2) 47.83

Sundal, Tonje (12.11.2002)

2021 Spyd 10 31.09, Kule U20 11 9.77, 8q 10.26, Spyd U20 3 41.41, Kule J18/19 5 9.91, Spyd J18/19 3 37.04

Sunde, Tiril Malm (29.1.1997)

2021 Stav 7 3.00

Svardal, Solveig Arnhild (17.4.1950)

2021 Motbakke 20 73:15

Sveen, Marie (???.?.2005)

2021 4km terrengløp J16 4 17:02

Sveinungsen, Madelen Haaheim (23.5.2002)

2021 Høyde =2 1.71, Høyde U20 2 1.74, Lengde U20 9 5.18w, 5q2 5.26, Høyde J18/19 1 1.69, Lengde 18/19 9 4.93

Svenningsen, Thale Wenger (8.10.2005)

2021 Høyde J16 4 1.53, Lengde J16 5 4.88

Sæten, Amalie Manshaus (12.12.1997)

2021 1500 2 4:15.38, 2h1 4:29.56

Sæther, Rannei (14.8.1965)

2021 Halvmaraton 12 1:30:00

Sætre, Birte Skeide (7.8.2006)

2021 100 J15 7s2 13.28, 4h1 13.21, Lengde J15 9 4.63, Kule J15 5 10.03, Spyd J15 2 40.59, 7-kamp J15 3 3.497

Sætrum, Frida (19.7.2005)

2021 Lengde U20 9q2 4.89, Tresteg U20 7 11.07w, 6q 10.86, Lengde J16 NM, Tresteg J16 2 10.59

Sørbo, Emma Dahl (10.10.2003)

2021 100 6s3 12.42, 4h4 12.36, 200 8s1 25.79, 4h1 26.08, 4x100 stafett 4 47.89, 100 U20 5s1 12.69, 2h4 12.60, Lengde U20 5 5.46, 2q2 5.40w, 100 J18/19 4 12.23, 3h2 12.36, Lengde 18/19 5 5.28

Sørland, Victoria (17.4.2006)

2021 100 7h2 13.02, 100 U20 5h2 13.03, 200 U20 6s1 26.41w, 4h4 26.55, 1000 stafett U20 7 2:23.86, 100 J15 4 12.75, 1s2 12.90, 1h4 12.84, 200 J15 4 26.56m 3s1 26.23, 2h4 26.58, 1000 stafett J17-19 4 (4h2) 2:20.38

Sørmo, Maja Kristin (21.12.2006)

2021 80 hekk J15 3 12.51, 3h2 12.70, 300 hekk J15 3 (3h2) 46.47, Høyde J15 2 1.51, Lengde J15 4 4.97

Sørset, Astrid Brathaug (9.7.1990)

2021 6 km terrengløp 5 21:59

Søvik, Elise Sanden (16.7.1997)

2021 Tresteg 3 12.23

T

Tellevik, Merete Vågheim (16.6.1973)

2021 24 timer ultraløp 12 164.384

Theisen, Mathilde (5.5.1993)

2021 5000 5 16:08.04, 10000 2 33:50.18, 6 km terrengløp 1 21:13

Thorkildsen, Emma (26.8.2006)

2021 100 J15 6h1 13.53, 200 J15 5h3 27.90

Thorsen, Monica (???.?.????)

2021 Halvmaraton 20 1:40:27

Thunem, Nikoline (13.7.2004)

2021 Lengde J17 4 4.89, Diskos J17 3 32.08, Slegge J17 3 44.01

Thuv, Manda Nordhus (12.7.2006)

2021 800 J15 16 (6h1) 2:30.55, 2000 J15 10 7:14.19

Tjørsvaag, Ida (11.10.1989)

2021 5000 16 17:42.59, 10000 DNF, 4x800 stafett mix 2 9:01.63

Toftner, Jenny Størdal (8.12.1975)

2021 Halvmaraton 17 1:34:48

Toogood, Christina Maria (23.1.1989)

2021 1500 5 4:18.75, 5h1 4:30.02, 2km terrengløp 2 7:10

Torp, Synnøve Antonsen (17.7.1999)

2021 800 h2 DNS

Torsvik, Silje (2.10.1990)

2021 4x800 stafett 3 9:47.20, 4x800 stafett mix 1 8:57.60

Torvund, Vilde-Sofie (28.1.2006)

2021 800 U20 6h2 2:25.20, 1500 U20 6h2 4:52.63

Tovik, Elena Harumi (11.10.2005)

2021 100 J16 3h2 13.08, 200 J16 5h3 27.03, Lengde J16 2 4.96

Tråve, Anna Margrethe (13.5.1955)

2021 Motbakke 15 61:54

Tunkara, Iyna (GAM) (1.6.2005)

2021 100 J16 5h2 13.28, 200 J16 6h3 27.05

Turk, Elisabeth Pettersen (12.8.2001)

2021 400 hekk U23 2 71.52, Kule U23 4 10.21

Tveit, June Sæbøe (14.4.1999)

2021 400 10 (3h2) 57.12, 1000 stafett 4 2:16.08, 4x100 stafett mix DNF, 4x400 stafett mix 2 3:42.76, 400 U23 4 57.41

Tveitå, Anette (9.10.2004)

2021 Kule U20 13q 10.05, Spyd U20 5 30.04, Kule J17 1 12.25, Spyd J17 4 31.39

Tveitå, Emelia (3.3.2000)

2021 Kule 3 12.30, Kule U20 1 13.01, 3q 12.07, Diskos U20 3 42.76, 3q 38.11, Kule J18/19 1 12.04, Diskos J18/19 2 38.00

Tveitå, Unni Olavsatter (14.2.2002)

2021 Diskos 12 2.65, Kule U20 10 10.35, 11q 10.14, Diskos U20 9 32.61, 6q 33.95

Tyldum, Grethe (8.7.2001)

2021 2km terrengløp 3 7:11, 6 km terrengløp 8 22:30

Tysnes, Ingeborg Opdøl (13.12.1973)

2021 Maraton 14 3:52:01

Tærum, Frida Røe (29.3.2001)

2021 1000 stafett U23 4 2:23.30

Tørstad, Marit (6.10.1969)

2021 Halvmaraton 21 1:40:31

Tötterman, Ylva Eline Walle (26.2.2002)

2021 200 U20 7h3 27.57, 400 U20 4h3 61.07

U

Uldal, Camilla Kristiane Mendes (7.6.2006)

2021 1000 stafett 8 2:18.46, 100 U20 7h3 13.29, Lengde U20 10q1 4.78, Tresteg U20 11 10.44w, 8q 10.72, 100 J15 8s1 13.32, 4h3 13.15, 200 J15 5s1 27.49, 3h1 27.41, Lengde J15 10 4.61, Tresteg J15 2 10.42, 1000 stafett J17-19 8 (3h1) 2:33.54

Ulla-Zahl, Sophie (6.11.2006)

2021 100 U20 7h5 13.15, 1000 stafett U23 7 2:26.79

Ulseth, Elise Hoel (23.12.1999)

2021 100 hekk U23 2 14.06w, Høyde U23 1 1.69, Lengde U23 1 6.05w

V

Vaboen, Ingrid (7.10.2003)

2021 400 J18/19 h1 DNS

Vabø, Kristin (6.9.1993)

2021 5000 14 17:11.73, 10000 8 37:12.94, 4x800 stafett 3 9:47.20, 4x800 stafett mix 1 8:57.60

Valencia, Sofia Colorado (???.??.???)

2021 Halvmaraton 27 2:09:55

Varsi, Julia (2.7.2005)

2021 800 U20 8h3 2:31.84, 1500 U20 8h1 5:29.97, 800 J16 10 (3h1) 2:27.37, 3000 J16 6 11:06.20, 1500 hinder J16 5 5:26.90

Vaskinn, Mette-Elise Ødegård (13.1.2004)

2021 Kule J17 3 10.94, Diskos J17 4 30.94

Vatn, Mari (???.??.???)

2021 Maraton DNF

Vedvik, Leona Andersen (8.9.2004)

2021 800 8h1 2:16.94, 1500 U20 9 4:39.68, 4h2 4:45.11, 800 J17 1 2:14.99, 3000 J17 3 9:55.95

Vedø-Carlsen, Erika (22.6.2006)

2021 300 hekk J15 9 (4h1) 50.33, Lengde J15 12 4.44

Veen, Laura Tietje Johanna van der (NED)

(25.1.2003)

2021 100 7 12.29, 3s2 12.25, 3h5 12.44, 200 6 25.13, 4s2 25.21, 2h2 25.52, 100 U20 3 12.13, 3s1 12.43, 1h7 12.43, 200 U20 5 24.82w, 2s2 24.83w, 1h5 24.97w, 1000 stafett U20 6 2:21.28, 100 J18/19 1 12.08, 1h3 12.22w, 200 J18/19 1 25.17, 1h1 25.17, 1000 stafett J17-19 5 (5h2) 2:20.55

Verhofstad, Maïke (GER) (25.12.1998)

2021 800 7h2 2:26.45, 1500 9h2 4:51.93

Vie, Andrea Nygård (4.7.2006)

2021 800 U20 4h1 2:21.93, 1000 stafett U23 7 2:26.79, 800 J15 4 (4h2) 2:19.61

Vika, Jeanette Johansen (11.8.1979)

2021 24 timer ultraløp 30 93.912

Vingerhagen, Ruth Sarah (10.3.1985)

2021 Terrenultra 9 7:05:57

Volden, Helen Solheim (20.5.2003)

2021 200 J18/19 6h2 27.28, 400 J18/19 13 (2h1) 62.82, Lengde 18/19 10 4.70

Vråle, Solveig Cristina Hernandez (26.7.1999)

2021 800 8 2:17.18, 3h1 2:12.54, 800 U23 1 2:13.01, 1500 U23 1 5:00.05, Høyde U23 3 1.60

Våg, Sigrid Jervell (6.6.1992)

2021 800 5 2:08.72, 4h2 2:14.91, 5000 4 16:04.89

Vågen, Frida Rolfsdatter (7.2.2002)

2021 4x400 stafett mix 2 3:42.76

W

Wahlberg, Sigrid Bjørnsdatter (20.2.2003)

2021 800 6 2:08.76, 2h1 2:12.05, 800 U20 3 2:07.07, 2h2 2:22.99, 1500 U20 4 4:23.45, 3h3 4:51.80, 1000 stafett U20 2 2:14.55, 800 J18/19 2 (2.10.04, 3000 J18/19 2 9:46.23, 1000 stafett J17-19 1 (1h2) 2:14.88

Wallinder, Elise (6.8.1999)

2021 24 timer ultraløp 22 130.494

Washington, Lillian Amponsah (26.10.2003)

2021 Høyde U20 4 1.55, Tresteg U20 2 12.15, 2q 11.90, Høyde J18/19 2 1.66, Tresteg J18/19 2 12.01

Wathne, Agathe Holtan (25.7.1994)

2021 100 8h4 12.94, 100H 5h1 14.45, 4x100 stafett 3 47.66

Ween, Helle (19.4.2004)

2021 100 J17 5h1 13.62, Lengde J17 6 4.73, 1000 stafett J17-19 4 (4h2) 2:20.38

Weinholdt, Julie Inez (24.7.2004)

2021 Slegge J17 7 26.27

Westberg, Ingrid (25.3.2006)

2021 200 J15 8s2 27.67, 3h4 27.17, 300 hekk J15 10 (5h1) 51.28, 1000 stafett J15/16 1 2:23.31

Westerby, Josefine (11.3.2004)

2021 Slegge J17 5 39.20

Westerlund, Ada Medea (30.4.2002)

2021 100 hekk U20 5 15.07, 4h2 15.47w, 400 hekk U20 7 67.64, 2h1 65.44

Wiig, Maria (26.12.1999)

2021 6 km terrengløp DNF

Wikre, Sunniva Langseth (27.12.2005)

2021 3000 J16 10 11:30.56

Wilker, Anja (GER) (9.10.2004)

2021 Kule J17 6 10.01

Wilker, Lisa (12.6.2003)

2021 Lengde 2 5.82, 100 hekk U20 DNS, 2h1 14.62, Lengde U20 2 5.83w, 1q2 5.46, Kule U20 6 11.11, 5q 11.11, 7-kamp U20 2 5.359, Lengde 18/19 1 5.85

Wilmann, Sofie (3.11.2000)

2021 6 km terrengløp DNF

Willmann, Synne Eline Skånø (2.1.2005)

2021 Høyde J16 6 1.38

Wold, Nora Kollerød (21.6.1997)

2021 400h 1 56.98, 1h1 63.42, 1000 stafett 2 2:10.47

Woldmo, Anne Cecilie (16.1.1971)

2021 Halvmaraton 25 1:48:50

Wågan, Maria Sagnes (22.5.1992)

2021 10000 4 34:02.66

Y

Ytrearne, Maria Vie (21.7.2003)

2021 Tresteg U20 15q 9.83

Ytrehus, Ingunn (9.10.1950)

2021 Maraton 20 4:46:13, Terrengultra DNS, Halvmaraton 26 1:57:28

Z

Zcimarzceck, Ella (16.5.2004)

2021 Spyd J17 3 34.33

Ø

Øien, Gerd-Elin (13.11.1973)

2021 Halvmaraton 11 1:29:45

Østgård, Ingeborg (5.10.2003)

2021 800 2 2:03.30, 2h2 2:14.77, 1500 1 4:12.60, 5h2 4:45.95, 800 U20 1 2:04.81, 1h1 2:17.92, 1500 U20 4:19.95, 1h2 4:43.43, 4km terrengløp 1 13:47, 800 J18/19 1 2:09.86, 3000 J18/19 1 9:23.73

Øvereng, Elise Bredesen (17.3.2006)

2021 1500 U20 7h2 5:02.81, 3000 U20 13 10:47.10, 800 J15 11 (2h1) 2:25.68, 2000 J15 8 6:54.32

Øverland, Ida-Louise (8.9.2003)

2021 100 U20 4h3 13.15, 200 U20 8h6 27.45w

Øyen, Nora (11.7.2003)

2021 Spyd J18/19 2 38.62

Å

Aakre, Marlen Elisabeth Johansson (17.9.1993)

2021 100H 2 13.83, 1h2 13.77, 400h 2 57.47, 2h1 63.49, 1000 stafett 2 2:10.47, 5-kamp inne 2 3.443

Aamillom, Sofia Chayanis (9.6.2006)

2021 100 8h5 13.19, 100 J15 5 12.86, 2s2 12.96, 1h2 12.90, 200 J15 5 26.58, 1s2 26.32, 1h2 26.51

Årdalen, Marianne Ramberg (14.11.1973)

2021 24 timer ultraløp 23 130.494

Aarebrot, Anniken Alise (18.8.2002)

2021 800 h2 DNS, 400 U20 6 60.29, 2h3 58.85, 800 U20 DNS, 3h1 2:18.11

Aarnes, Isabel (17.1.1984)

2021 24 timer ultraløp 11 171.683

Årrestad, Anne Bjerke (28.9.1989)

2021 5000 12 16:54.02

Årvik, Therese Dahl (1.1.1994)

2021 Terrengultra 6 6:15:00

Aas, Gro Reinhardt (4.4.1960)

2021 Maraton 10 3:37:17

Aasgård, Hedda Hauge (9.2.2001)

2021 Slegge NM

Aasmo, Vilde Humstad (10.10.1998)

2021 100 6 12.21, 2s3 12.22, 1h4 12.06, 1000 stafett 1 2:09.65