

Tidsskjema søndag 26.06.

Tidspkt.	Løp	Lengde	Kule	Høgde	Spyd	Slegge
10:00						G18/19-MS
11:00	60m hk G11(1H)	G15→(7)	J15→(6)		J13(5) J14(3)	
11:05	60m hk J11(1H)					
11:10	60m hk J12(1H)					
11:15				G10(1) G11(3)		
11:20	60m hk J13(1H)					
11:25	60m hk G12(1H)					
11:30	60 m hk J14(1H)					
11:35					G13(4) G14(1)	
11:40	60m hk G13(1H)					
11:45						
11:50	80m hk G14(1H)	J14(7)		G12(4)		
12:00			G15→(9)			
12:10	100 m hk J17/KS					
12:15						
12:20	200m G15			J10(1)J11(4)		
12:25	200m G16→					
12:30	200m J15→				J15(1) J17(1)	
12:35						
12:40	Krinsstafett 13-14					
12:50		G13(8)				
13:00	800 G15→			J12(7)		
13:05						
13:10	800 J15→					
13:20	600 J10					
13:25						
13:30	600 G10-G11				G15→(6)	
13:35						
13:40	600 J11	J13(10)				
13:45						
13:50						
13:55						
14:00	600 J12					
14:05						
14:10	600 G12					
14:15						
14:20	600 J13	G14(4)				
14:25						
14:30	600 J14					
14:40	600 G13					
14:50	600 G14	J15→(4)				