

3 km

	Navn	Klubb	Startnr	Totaltid	Diff
Jenter 10-11 år 3 km (Påmeldt: 68 - Startet: 62 - Fullført: 60 - Premier: 0)					
1	Christina Elise Osnes-Ringen	Lyn / Lyn Ski	378	11:25.6	00:00.0
2	Maren Halle Haugen	Runar	127	11:28.5	00:02.8
3	Ina Halle Haugen	Runar	31	11:29.6	00:03.9
4	Johanna Ågesen Tofte	Koll IL	303	12:09.8	00:44.1
5	Anna Marie Nordengen Sirevåg	Vidar / SK Vidar	197	12:21.8	00:56.1
6	Synne Nesheim	Bærums Skiklub	153	12:30.5	01:04.9
7	Iris Engeness	Korsvoll	369	12:47.3	01:21.7
8	Vilma Halstenstad Stovner	Fossum IF / Fossum IF	346	12:54.4	01:28.8
9	Siri Nesheim	Bærums Skiklub	6	12:56.4	01:30.8
10	Ina Undebakke		370	13:00.0	01:34.3
11	Mathilde Blegen	Koll IL / Koll	317	13:06.5	01:40.8
12	Aurora Wilkens Jernberg	Kjelsås IL	87	13:07.1	01:41.4
13	Hannah Skogstad Rønningen		155	13:09.4	01:43.8
14	Kristine Lunde		190	13:29.7	02:04.0
15	Mathilde Magnusson	Sturla	177	13:33.2	02:07.6
16	Janne Alseth		105	13:37.4	02:11.8
17	Hanna Engesæter Sørbye	Røa IL	110	13:42.1	02:16.4
18	Eva Liheim Alfstad	Tyrving IL	141	13:43.1	02:17.4
19	Maren Brännare-Gran	Haslum IL- Ski	154	13:49.1	02:23.4
19	Ninni Mitrovic	Snarøya	428	13:49.8	02:24.1
21	Hedda Helgheim	Tyrving IL	51	13:51.0	02:25.4
22	Isabelle Tjomsland	Fossum IF	131	13:52.1	02:26.4
23	Carmen Skotner Saure		259	13:59.8	02:34.1
24	Marthe Johanne Hjelmeset	Nittedal IL	117	14:43.7	03:18.0
25	Tia Zelow Bliksmark	Fossum IF / Fossum IF	358	14:52.1	03:26.4
26	Mathea Berg Edbo	Tyrving IL	124	14:54.8	03:29.2
26	Anna Rylandsholm	Tyrving IL	143	14:54.8	03:29.1
28	Anette Stadsvik	Fossum If / Elgen	28	14:58.4	03:32.7
28	Sigrid Alvik	Tyrving IL	147	14:58.6	03:33.0
28	Merete Sperstad	Tyrving IL	286	14:58.1	03:32.4
31	Cecilie Hvammen		375	15:06.2	03:40.6
32	Ingvild A. Hauge	Snarøya	120	15:15.9	03:50.3
33	Thelma Allum	Håndball J 04	294	15:21.3	03:55.6
34	Hanna Gåsvær		348	15:26.1	04:00.4
35	Filippa Blakstadnillsson	Fossum IF	171	15:32.0	04:06.4
36	Maren Hamre Køber	Tyrving IL	3	15:41.1	04:15.4
37	Katinka Lie Petterson	Tyrving IL	269	15:46.4	04:20.7
38	Selma Skeie	Tyrving IL	68	15:54.6	04:28.9

RESULTATLISTE

21.05.2014

Jenter 10-11 år 3 km

(Påmeldt: 68 - Startet: 62 - Fullført: 60 - Premier: 0)

39	Frida Jarinn Holm	Haslumil	182	16:01.5	04:35.8
40	Jenny Noordhof Ask	Xx	11	16:12.6	04:46.9
41	Frida Camille Aa	Tyrving IL	24	16:14.3	04:48.6
42	Lotte Neteland	Tyrving IL	396	16:16.6	04:50.9
43	Maiken Neteland	Tyrving IL	342	16:30.6	05:04.9
44	Emilie Solheim Ruud	Fossum IF	73	16:36.1	05:10.5
45	Eva Myren		419	16:39.9	05:14.2
46	Loulou Olivia Rostad Lunder	Snarøya	364	16:47.9	05:22.2
47	Celma Vedner		311	17:02.6	05:36.9
48	Thea Follvar Weihe		156	18:03.2	06:37.5
49	Henriette Havig-Gjelseth		316	18:41.4	07:15.7
50	Amalie Oulie	VBHK	114	18:43.9	07:18.3
51	Selma Deisz	Snarøya J2004	99	19:07.9	07:42.2
51	Othilie Brekke	Snarøya	412	19:07.5	07:41.8
53	Charlotte Ruud		88	19:16.8	07:51.1
54	Cathinka Lunder		380	19:26.4	08:00.7
55	Andrea Hadler-Olsen		359	19:29.7	08:04.0
56	Mie Alme Arnesen	Snarøya Sportsklubb	123	19:30.0	08:04.3
57	Dina Frosta		418	20:14.8	08:49.2
58	Janne Maria Egeland Johansen		417	20:20.5	08:54.8
59	Thea Mouritsen Krogh	Sportsklubben Kraft	134	21:03.6	09:37.9
60	Marthe Ditlev-Simonsen		262	25:25.7	14:00.0
	Marie Agedal		170	DNF	DNF
	Elina Løken Dahl	Tyrving IL	104	DNS	DNS
	Nora Conradi	ØHIL	146	DNS	DNS
	Anne Mimmi Wahlstrøm	Tyrving IL	150	DNS	DNS
	Amalie Aarvak Bakklund	Fossum IF	201	DNS	DNS
	Hedda Wien-Christenson	Tyrving IL	218	DNS	DNS
	Thea Stjernstedt	Tyrving IL	246	DNS	DNS

Gutter 10-11 år 3 km

(Påmeldt: 62 - Startet: 59 - Fullført: 58 - Premier: 0)

1	Filip Osnes-Ringen	Lyn / Lyn Ski	379	11:38.6	00:00.0
2	Ask Grøtan Wang	Tyrving IL	35	11:56.6	00:18.0
2	Vegard Nåvik	Haslum IL	81	11:56.4	00:17.7
4	Henrik Norli	Tyrving IL	102	12:06.4	00:27.7
4	Vegard Benum Vestre	Tyrving IL	206	12:06.9	00:28.2
6	Jonathan Hertwig-Ødegaard	Tyrving IL	191	12:07.5	00:28.9
7	Sindre Fredriksen	Varteig IL	258	12:09.3	00:30.7
8	Tobias Dyrli Thoresen	Røa IL	344	12:20.2	00:41.5
9	Fridtjof Berg	Haslum IL	193	12:27.3	00:48.6
10	Eilif Bildøy Sollien	Lommedalens IL	293	12:29.2	00:50.6
11	Eirik Syrdalen Dovland	Fossum IF	296	12:33.0	00:54.3
12	Nicolas Bretteville	Fossum IF	94	12:42.3	01:03.7
13	Aslak Bjørklund	Tyrving IL / Tyrving	309	12:55.7	01:17.1
14	Sondre Bøygard	Konnerud IL	126	13:03.4	01:24.7
15	Martin Straumsheim	Tyrving IL	174	13:10.3	01:31.7
16	Anders Soland Bolin	Fossum IF	76	13:11.6	01:32.9



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
2

Gutter 10-11 år 3 km

(Påmeldt: 62 - Startet: 59 - Fullført: 58 - Premier: 0)

17	Bastian Berthelsen	Tyrving IL	79	13:13.2	01:34.5
18	Jonas Olsen	Snarøya	59	13:16.1	01:37.5
19	Magnus Krane Frostrud	Asker og Bærum Tamil Sportsklubb / Bærum Sportsklubb	213	13:19.8	01:41.2
20	Johan Orlin		422	13:22.7	01:44.0
21	Alexander Tjomsland	Fossum IF	15	13:25.7	01:47.1
22	Thomas Trollsås		46	13:30.5	01:51.9
23	Philip Bergenstjerna		142	13:34.5	01:55.8
24	Simen Melaaen Døssland		16	13:38.1	01:59.4
25	Birk Felland Sætnan	Fossum IF	307	13:43.0	02:04.4
26	Sindre Esmann Milvang	BVH	415	13:51.6	02:13.0
27	Herman Lorck-Olafsen		67	14:08.5	02:29.8
28	Martin Mæhle		300	14:10.6	02:31.9
29	Magnus Gantzel		324	14:13.4	02:34.7
29	Rasmus Meyerderks		374	14:13.9	02:35.3
31	Peder Lunder		381	14:15.5	02:36.9
32	Anders Fauske-Sjøstedt	LØPLABBET	372	14:18.1	02:39.5
33	Erik Undseth	Røa IL	204	14:29.6	02:51.0
34	Henrik Heiberg Mahle	Snarøya SK	57	14:32.4	02:53.8
35	Edvard Os	Snarøya	410	14:48.5	03:09.9
36	Andreas Lerø	Fossum IF	168	14:50.0	03:11.4
37	Liam Sweeney	Snarøya SK	297	14:51.5	03:12.8
38	Andreas Bjerknes	Snarøya Sportsklubb	151	14:56.6	03:18.0
39	Nicolai Wold-Pedersen	Snarøya SK	395	14:58.7	03:20.1
40	Mikkel Gantzel		323	15:07.4	03:28.8
41	Odd Henrik Furru	Snarøya Sportsklubb	320	15:10.4	03:31.8
42	Herman Jansen Gotheim		60	15:14.9	03:36.3
43	Martin Topaas		409	15:22.7	03:44.0
44	Herman Knutzen		368	15:30.6	03:52.0
45	Max Frogner	Snarøya Håndball	38	15:36.9	03:58.3
46	Vilhelm Gilhuus-Moe	Snarøya SK	427	15:45.0	04:06.4
47	Ole Petter Vikse	SSK	319	15:51.8	04:13.1
47	Alexander Jr Skotner		407	15:51.4	04:12.8
49	Moritz Langenberg		411	16:16.1	04:37.5
50	Christoffer Ruud Jacobsen	Tyrving IL	26	16:55.8	05:17.2
51	Finn Sweeney	Snarøya SK	305	16:56.0	05:17.4
52	Edvard Sønsteryd		413	16:59.9	05:21.3
53	Johan Hadler-Olsen		360	17:08.5	05:29.8
53	Vetle Undebakke		371	17:08.6	05:29.9
55	Philip Johan Furru	Snarøya Sportsklubb	321	18:13.9	06:35.3
56	Mathias Hertwig-Ødegaard	Tyrving IL	423	18:57.9	07:19.3
57	Håvard Haugland		109	21:04.3	09:25.6
58	Kaspar Endsjø		420	23:26.3	11:47.7
	Luca Osnes Feci	Snarøya Fotball Klub	53	DNS	DNS
	Anders Mørdre Davidsen	Fossum IF	158	DNS	DNS
	Alexander Skotner	Snarøya	399	DNS	DNS

Jenter 12-13 år 3 km			(Påmeldt: 79 - Startet: 69 - Fullført: 69 - Premier: 0)		
1	Ane Uglem Mobakken	Lillomarka Skiklubb	253	10:30.7	00:00.0
2	Emma Kirkeberg Mørk	Sturla	54	10:31.4	00:00.7
3	Pernille Karlsen Antonsen	Vidar	160	10:39.0	00:08.3
4	Maria Hartz Melling	Sturla	106	11:00.3	00:29.6
5	Karen Hoel Jomaas	Jar Håndball Jenter 2001	133	11:36.3	01:05.6
6	Kristin Benum Vestr	Bærums Verk IF	212	11:37.3	01:06.6
7	Mina Sandbakk Lunde	Røa IL	254	11:38.1	01:07.4
8	Ingvild Soland Bolin	Fossum IF	276	11:45.3	01:14.6
9	Oda Scheele	Koll IL / Koll IL	194	11:47.6	01:16.9
10	Kaja Loennecken	Holmen IF	292	11:51.5	01:20.8
11	Julie Aarvak Bakklund	Fossum IF	34	11:54.0	01:23.3
11	Amalie Westby Liestøl	Ullensaker/Kisa IL	119	11:54.5	01:23.8
13	Silje Berner Myhre	Fossum IF	1433	11:55.5	01:24.8
14	Emma Louise D. Strøm	Tyrving IL	139	12:00.5	01:29.8
15	Constance Løken Dahl	Tyrving IL / Tyrving IL	125	12:02.7	01:32.0
16	Marie Tømmerberg	Tyrving IL	101	12:08.1	01:37.4
17	Margrethe Bergane	Sturla	162	12:11.4	01:40.7
18	Mari Gåsbakk	Fossum IF	4	12:13.0	01:42.3
19	Anna Langeland	Tyrving IL	39	12:21.4	01:50.7
20	Hedvig Solberg	Røa IL	235	12:22.6	01:51.9
21	Nora Andersen	Røa IL	157	12:26.0	01:55.3
21	Selma Andersen	Røa IL	198	12:26.0	01:55.3
23	Henriette Remelle Janson		29	12:27.5	01:56.8
24	Kaja Aamodt Grønlie	Røa IL / Røa IL	167	12:31.6	02:00.9
25	Aurora Myhrum	Lommedalens IL	279	12:32.5	02:01.8
26	Frøya Bildøy Sollien	Lommedalens IL	208	12:36.5	02:05.8
27	Julie Fink		188	12:37.2	02:06.5
28	Johanne Burns Bergan	Jar Håndball Jenter 2001	65	12:45.5	02:14.8
29	Emma Ivarson	Jar Håndball Jenter 2001	273	12:48.3	02:17.6
30	Fanny Fenstad Ørstavik	Fitjar IL / JARHÅNDBALL J01	56	12:50.5	02:19.8
30	Hege Pettersen	Fossum IF	63	12:50.0	02:19.3
32	Kajsa Jonasson	Tyrving IL	220	12:58.0	02:27.3
33	Ellisif Luytkis Holstrøm	Tyrving IL	240	13:02.2	02:31.5
34	Maren Skogstad Rønningen		216	13:10.2	02:39.5
35	Filippa Andresen	Røa IL / Røa IL	8	13:17.9	02:47.2
35	Alexandra Botten	Høvik IF	140	13:17.3	02:46.6
37	Eveline Saatvedt	Høvik IF	58	13:24.8	02:54.1
37	Victoria Eilertsen		96	13:24.4	02:53.7
39	Frida Raade Asplund	Jar Håndball	249	13:25.2	02:54.5
39	Madeleine Hylland	Jenter 01	272	13:25.1	02:54.4
41	Christina Gunnerud Rønning	Bødalen If	373	13:28.0	02:57.3
42	Helene Brinchmann-Hansen	Jar Håndball Jenter 2001	187	13:31.4	03:00.7
43	Pernille Ramm	Snarøya Håndball	129	13:33.1	03:02.4
44	Mille Haugen	Høvik IF	310	13:36.6	03:05.9
45	Nora Ditlev-Simonsen	Snarøya	83	13:39.8	03:09.1
46	Anette Dunham	Bærums Skiklub	267	13:46.8	03:16.1
47	Martine Grøttum Engen	Røa IL	175	13:48.9	03:18.2

Jenter 12-13 år 3 km			(Påmeldt: 79 - Startet: 69 - Fullført: 69 - Premier: 0)		
48	Helene Martinsen Brun	Snarøya Jenter 2002	32	13:50.0	03:19.3
49	Ane Straumsheim	Tyrving IL	86	13:51.2	03:20.5
50	Ingrid Agedal		122	13:52.2	03:21.5
50	Victoria Heyerdahl	Jar Håndball	148	13:52.2	03:21.5
52	Eirin Esmann Milvang		416	13:53.8	03:23.1
53	Ina Marie Dahl	Tyrving IL	225	14:06.3	03:35.6
54	Hannah Halvorsen Aarset	Tyrving IL	176	14:09.0	03:38.3
55	Helene Halvorsen	Jar Håndball Jenter 2001	231	14:19.0	03:48.3
56	Hanne Sagen	Tyrving IL	42	14:30.3	03:59.6
57	Selma Lindeman	Tyrving IL	2	14:32.9	04:02.2
58	Tuva Kristine Lund	Tyrving IL	223	14:45.1	04:14.4
59	Else Vikse	Minerva Idrettsskole / SSK	318	15:03.1	04:32.4
60	Cornelia Johnsen Braseth	Tyrving IL	21	15:33.0	05:02.3
61	Josefine Furu		426	15:53.6	05:22.9
62	Liv Semlitsch	Snarøya Håndball	306	16:01.3	05:30.6
63	Solveig Linnea Kildahl	Tyrving IL / Tyrving	308	16:02.5	05:31.8
64	Ulrikke Steffen Hauglin	Snarøya Sportsklubb	211	16:32.9	06:02.2
64	Benedicte Aasenden	Snarøya	224	16:32.6	06:01.9
66	Johanne Willas Syverstad		234	17:54.6	07:23.9
67	Mie Gulbrandsen	Snarøya Håndball	1059	17:56.4	07:25.7
68	Othilie Karlsen Oddene	FVK	48	20:50.2	10:19.5
69	Veronica Lona		74	27:08.6	16:37.9
	Julia Bjørling	Snarøya Håndball	13	DNS	DNS
	Marthine Herger Lindgren		19	DNS	DNS
	Elise Langås	Jar Håndball Jenter 2001	33	DNS	DNS
	Frida Edren		100	DNS	DNS
	Jenny Gehrken	Snarøya Håndball	137	DNS	DNS
	Cecilie Hetland Brath	Tyrving IL	164	DNS	DNS
	Karoline Vik Tolo		166	DNS	DNS
	Ida Marie Haarstad	Heggedal II	184	DNS	DNS
	May Siri Ebbesen	Tyrving IL	248	DNS	DNS
	Hermine Tenden	Tyrving IL	290	DNS	DNS

Gutter 12-13 år 3 km			(Påmeldt: 67 - Startet: 57 - Fullført: 56 - Premier: 0)		
1	Martin Kirkeberg Mørk	Sturla	289	09:38.8	00:00.0
2	Henrik Solheim Ruud	Tyrving IL	288	09:54.4	00:15.5
3	Andreas Bergsland	Varteig IL	261	10:22.4	00:43.5
4	Lars Agnar Hjelmeset	Nittedal IL	247	10:43.5	01:04.6
5	Marius Solvik	Tyrving IL	233	10:46.3	01:07.4
6	Brage Buseth Hammerstad	Tyrving IL	75	10:50.1	01:11.3
7	Halvard Christoffersen	Haslum IL	291	10:54.5	01:15.7
8	Sebastian Helgheim	Tyrving IL	36	10:55.2	01:16.3
9	Anders Melaaen Døssland		145	10:57.3	01:18.4
10	Tarjei Handal Galteland	Lyn / Lyn	322	11:00.5	01:21.6
11	Sondre Engesæter Sørbye	Røa IL	22	11:07.3	01:28.4
12	Oscar Bretteville	Fossum IF	178	11:16.1	01:37.2
13	Magnus Perger	Tyrving IL	172	11:18.8	01:39.9

Gutter 12-13 år 3 km

(Påmeldt: 67 - Startet: 57 - Fullført: 56 - Premier: 0)

14	Simen Sælid	Haugen IL / Haugsbygd IF	287	11:19.7	01:40.8
15	Sander Tømmerberg	Tyrving IL	195	11:23.3	01:44.5
16	Tarald Rødland	Fossum IF	136	11:24.4	01:45.5
17	Haakon Kjelås Garfjell	SK Kraft	111	11:27.6	01:48.8
18	Simen Undseth	Røa IL	5	11:33.2	01:54.3
19	Vetle Holvik	Haslum IL	281	11:36.0	01:57.1
19	Jonas Dyrli Thoresen	Røa IL	345	11:36.5	01:57.6
21	Kasper Engeset	Tyrving IL	45	11:37.1	01:58.2
21	Benjamin Jarinn Holm	Haslumil	199	11:37.8	01:58.9
23	Tobias Zelow Bliksmark	Fossum IF / Fossum IF	222	11:40.5	02:01.6
24	Ola Frivold Berg	Røa IL / Røa IL	377	11:44.9	02:06.0
25	Philip Mouritsen Krogh	Sportsklubben Kraft	270	12:00.2	02:21.3
26	Karl Krane Frostrud	Fossum IF	219	12:01.1	02:22.2
26	Einar Johannes Rye	Røa Langrenn	256	12:01.2	02:22.3
28	Ole Marius Nybø	Hommervik IL / Holmen IF	277	12:03.3	02:24.4
29	William Nymoan	Røa IL / Røa IL Langrenn	331	12:05.1	02:26.2
30	Aslak Smedshaug	Fossum IF	1	12:10.2	02:31.4
31	Kristian Skorpen	Fossum IF / Snarøya Barneskole	71	12:14.6	02:35.8
32	Eivind Tømmerberg	Tyrving IL	285	12:22.8	02:43.9
33	Henrik Horpedal	Tyrving IL	161	12:23.0	02:44.1
34	Lars Dagestad	Haslum	363	12:28.4	02:49.5
35	Nicholas Lia	SSK Fotball	207	12:29.0	02:50.1
36	Håkon Knutzen		367	12:34.9	02:56.0
37	Joakim Wilkens Jernberg	Kjelsås IL	251	12:37.7	02:58.8
38	Magnus Skattebøl	Fossum IF	299	12:38.5	02:59.6
39	Tor Høydahl-Ohme		93	12:45.4	03:06.5
39	Niklas Daltveit	Fotball G 01	301	12:45.9	03:07.0
41	Jørgen Borchgrevink	Fossum IF	135	12:47.0	03:08.1
42	Fredrik Grenan	Høvik IF / Høvik IF	82	12:53.6	03:14.7
42	Thomas Norum		245	12:53.1	03:14.2
44	Eilev Kvaale		55	12:57.3	03:18.4
45	Erlend Kvisgaard	Røa IL	393	13:03.1	03:24.2
46	Eirik Usland-Gade		394	13:22.4	03:43.5
47	Nicolai Axelsen Gerdt		365	13:27.2	03:48.3
48	Fredrik Oliver Paulsen		268	13:35.9	03:57.0
49	Martinius Lie Petterson	Tyrving IL	128	13:36.5	03:57.6
50	Eivind Berner Myhre	Fossum IF	333	14:00.2	04:21.4
51	Daniel Larsson	Lommedalen	173	14:56.8	05:17.9
51	Nikolas Selvaag		400	14:56.4	05:17.5
53	Felix Skippervold	Tyrving IL / Tyrving	397	14:57.8	05:18.9
54	Karl Kristian Nergaard		376	15:01.0	05:22.1
55	Peder Topaas		408	15:13.8	05:34.9
56	Tor Moe Løite	Sørkedalens IF	343	51:19.0	41:40.1
	Christoffer Eidissen	Fossum IF	315	DNF	DNF
	Eirik Stene	Jutul	18	DNS	DNS
	Tarjei Nesheim	Bærums Skiklub	40	DNS	DNS
	Martin Grape Fladby	Bærums Verk	66	DNS	DNS

Gutter 12-13 år 3 km**(Påmeldt: 67 - Startet: 57 - Fullført: 56 - Premier: 0)**

Perger Magnus	Tyrving IL	115	DNS	DNS
Leon Berg	Tore Berg Fitnessclub	180	DNS	DNS
Marius Stjernstedt	Tyrving IL	181	DNS	DNS
Fredrik Glomsrud Stenersen	Oppegård IL	200	DNS	DNS
Aleksander Elde Holmboe	Tyrving IL	203	DNS	DNS
Sigurd Grevstad	Fossum IF	243	DNS	DNS
Nikolai Elde Holmboe	Tyrving IL	263	DNS	DNS

Jenter 14-15 år 3 km**(Påmeldt: 59 - Startet: 52 - Fullført: 50 - Premier: 0)**

1	Lucie Magdalena Lunde Bang	Tyrving IL	50	10:29.9	00:00.0
2	Ane Grøtan Wang	Tyrving IL	20	10:41.0	00:11.1
3	Marthe Dehn	Tyrving IL	144	11:07.4	00:37.4
4	Tiril Bergitte Lund	Tyrving IL	183	11:18.1	00:48.1
4	Kristin Fagerli	Røa IL / Røa	347	11:18.5	00:48.5
6	Maria Norheim Morken	Vidar	425	11:25.5	00:55.5
7	Sofie Voraa	Tyrving IL	98	11:32.8	01:02.9
8	Ingrid Jevne		103	11:35.3	01:05.4
9	Ingrid Gylterud Kvålsgard	Fossum IF	298	11:37.4	01:07.5
10	Anna Hillestad Christensen	Jar Håndball	271	11:45.9	01:15.9
11	Stine Stadvik	Fossum IF / Elgen	274	11:47.4	01:17.4
12	Sara Borchgrevink	Fossum IF	196	11:58.7	01:28.8
13	Lene Mari Bolkesjø Hovda	Asker Tennisklubb	205	12:06.0	01:36.1
14	Frida Kullerud	Varteig IL	236	12:18.0	01:48.1
15	Thea Lorck		278	12:33.7	02:03.8
16	Nanna Frosta	Hundsund U-skole 8D	280	12:46.6	02:16.7
17	Selma Amundsen	Fossum IF	47	12:47.5	02:17.5
18	Karla Waal	Heming	209	12:48.5	02:18.6
19	Sara Berg-Westskogen	Kjelsås IL / Kjelsås Langrenn	108	12:49.1	02:19.1
20	Anniken Falkenstein	Fossum IF	332	13:11.9	02:42.0
21	Emilie Hagenæs		221	13:14.5	02:44.6
22	Lena Kormeseth		314	13:39.6	03:09.6
23	Tilde Eriksen Eine	Hundsund u-skole 8C	392	13:43.2	03:13.2
24	Marte Bergsland	Varteig IL	239	13:44.8	03:14.8
25	Andrine Strømsnes	Dikemark IF	112	13:46.9	03:16.9
26	Helene Ihle-Hansen	Tyrving IL	398	14:00.5	03:30.5
27	Andrea E. Ellefsen	Hundsund u-skole 8B	325	14:01.4	03:31.4
28	Elise Hvammen	Hundsund u-skole 8D	107	14:21.2	03:51.3
28	Caroline Ruud		165	14:21.2	03:51.2
28	Marthea Stokkebø	Hundsund u-skole 8A	192	14:21.1	03:51.2
31	Ingeborg Nikolaisen	Aurskog - Høland Friidrettslag - Friidrett	43	14:38.3	04:08.3
32	Helene A. Hauge	Snarøya	70	14:48.7	04:18.8
33	Benedicte Dyvi Knudtson	Hundsund u-skole 9B	25	14:51.4	04:21.5
34	Maja Stange	Hundsund u-skole 8D	12	15:25.4	04:55.5
35	Synne Kvåle	Hundsund u-skole 9A	113	15:59.2	05:29.2
36	Vibeke/ingar Hvass Ruud	FVK	72	19:37.5	09:07.6
36	Andrine Hvass Ruud	FVK	275	19:37.1	09:07.2

Jenter 14-15 år 3 km			(Påmeldt: 59 - Startet: 52 - Fullført: 50 - Premier: 0)		
38	Thea Thommesen	FVK	255	20:09.8	09:39.9
39	Kristine Simonsen	FVK	227	20:51.2	10:21.2
40	Hanna Farstad	Hundsund u-skole 9A	329	20:59.8	10:29.8
41	Anna-Margaretha Shikerina	Hundsund u-skole 9A	328	21:00.1	10:30.2
42	Amanda Edenholm	Hundsund u-skole 9A	327	21:04.3	10:34.4
43	Kristine Korsnes Hagen	Hundsund u-skole 9A	326	21:36.7	11:06.8
44	Pernille Amalie Lad Sønju		14	23:52.7	13:22.7
45	Ida Marie Østenstad	FVK	283	26:07.5	15:37.5
46	Fanny Huseby	Hundsund u-skole 9B	27	27:36.0	17:06.1
47	Natalia Ograbek	Hundsund u-skole 9A	388	32:56.3	22:26.3
47	Sofia Malik	Hundsund u-skole 9B	389	32:56.4	22:26.5
47	Julie Lie	Hundsund u-skole 8B	421	32:56.9	22:27.0
50	Amanda Gundersen	Hundsund u-skole 9A	330	32:58.2	22:28.2
	Vera Norli	Bærum OCK / Haslum IL	17	DNS	DNS
	Mathilde Andersson	Hundsund u-skole 9B	84	DNS	DNS
	Ingrid Philippa Bruun Larsen	Bjarg IL / Jar Håndball J2000	118	DNS	DNS
	Amalie Røine Knudsen	Hundsund u-skole 9B	186	DNS	DNS
	Tina Brunborg	Hundsund u-skole 9B	215	DNS	DNS
	Ida Sæteren	Tyrving IL / Tyrving IL	313	DNS	DNS
	Ida Hol Hognestad	Hundsund u-skole 9B	390	DNS	DNS

Gutter 14-15 år 3 km			(Påmeldt: 78 - Startet: 61 - Fullført: 58 - Premier: 0)		
1	Simen Halle Haugen	Runar	30	09:30.9	00:00.0
2	Didrik Warlo	Tyrving IL	226	09:46.4	00:15.4
3	Magnus Tuv Myhre	Jevnaker Ski	9	09:57.7	00:26.7
4	Espen Torkildsen		302	10:14.2	00:43.2
5	Sondre Westby Liestøl	Ullensaker/Kisa IL	159	10:25.8	00:54.9
6	Martin Haarstad	Heggedal IL	185	10:28.1	00:57.1
7	Magnus Mortensen Hellum	Røa IL	295	10:29.5	00:58.6
8	Gard Mathias Dolve Mysen		252	10:38.2	01:07.2
9	Snorre Barthel Sveen	Fossum IF / Fossum IF	1354	10:42.9	01:11.9
10	Daniel Nyvoll	Tyrving IL	264	11:01.5	01:30.5
10	Martin Bøe Svestad	Fossum IF	304	11:01.7	01:30.7
12	Fredrik Gran Urdahl	Njård / Njård Langrenn	97	11:05.9	01:34.9
13	Carl Valdemar Ebbesen	Tyrving IL	214	11:06.7	01:35.7
14	Hermann Herger Lindgren		282	11:14.8	01:43.8
15	Fredrik Martinsen Brun	Hundsund u-skole 8A	116	11:16.4	01:45.4
16	Erlend Skar	Bakke IF / Bakke IF	95	11:28.5	01:57.5
17	Nils Petter Aamodt Grønlie	Heming / Heming IL	77	11:32.4	02:01.4
17	Gustav Allum	Hundsund u-skole 8B	121	11:32.8	02:01.8
19	Leonhard Å. Spidsø	Hundsund u-skole 8D	210	11:38.2	02:07.2
20	Jostein Dagestad	Haslum	362	11:39.5	02:08.6
21	Marius Hjørnevik Brodersen	Høvik IF	91	11:55.2	02:24.2
21	Haakon Melaaen Døssland	Sportsklubben Kraft	241	11:55.6	02:24.6
23	Arman Fredriksen	Hundsund u-skole 8B	232	11:58.8	02:27.9
24	Andreas Skorpen	Hundsund u-skole 9C	284	12:00.7	02:29.8
25	Axel Villanger Bang	Røa IL / Røa IL	361	12:02.4	02:31.4

Gutter 14-15 år 3 km			(Påmeldt: 78 - Startet: 61 - Fullført: 58 - Premier: 0)		
26	Sebastian Rossvoll	Bærums Verk IF	23	12:14.9	02:44.0
27	Felix Sandblom	Hundsund u-skole 8A	382	12:15.5	02:44.5
28	Olav Carlsson	Hundsund u-skole 9B	152	12:16.9	02:45.9
29	Felix Fløtaker	Hundsund u-skole 8B	130	12:17.8	02:46.9
30	Erlend Bjerknes	Hundsund u-skole 9A	353	12:18.7	02:47.8
31	Markus Heyerdahl Roland	Hundsund u-skole 9A	356	12:29.8	02:58.8
32	Sverre Tveitan	Snarøya Sk	242	12:36.5	03:05.6
32	Jonatan Risåsen		265	12:36.1	03:05.1
34	Iver Hagestad	Tyrving IL	138	12:44.4	03:13.4
35	Oscar Marcussen	Stabæk Bandy	366	12:47.7	03:16.8
36	Martin Varsi	Bærums Verk IF	90	12:55.9	03:25.0
37	Nicolai Heiberg Mahle	Hundsund u-skole 9B	92	13:08.0	03:37.1
38	Jonathan Coward		69	13:22.0	03:51.0
39	Eskil Borge Saksvik	Tyrving IL	257	13:25.1	03:54.2
40	Lars Høydahl-Ohme	Hundsund u-skole 9D	7	13:28.8	03:57.8
41	Eirik Tjensvoll Obrestad	Hundsund u-skole 9A	391	13:36.5	04:05.5
42	Jakob Jordal	Hundsund u-skole 8A	52	13:37.8	04:06.9
43	Henrik Raaen Bø	Hundsund u-skole 8A	383	14:05.3	04:34.3
44	Hermann Ruud Zimmermann	Hundsund u-skole 9A	357	14:07.4	04:36.4
45	Emil Kullerud	Varteig IL	41	14:30.0	04:59.0
46	Tobias Meyer Andersen	Hundsund u-skole 9A	386	14:55.7	05:24.8
47	Simon Wasland Gjems	Hundsund u-skole 8C	385	15:00.7	05:29.7
48	Kristoffer N. B. Grude	Hundsund u-skole 8B	384	15:12.2	05:41.2
49	Karsten Bakke	FVK	80	16:17.2	06:46.3
50	Kristoffer Skare	FVK	44	16:19.4	06:48.5
51	Jesper W. Jordan	Hundsund u-skole 9B	354	17:16.3	07:45.3
52	Joel Mørlin	Høvik IF / Høvik Hunters	260	20:42.5	11:11.6
53	Jonas Karlsen	FVK	37	20:50.7	11:19.8
54	Jakob Amtedal	Hundsund u-skole 9A	355	21:17.4	11:46.5
55	Sebastian Simenstad	Hundsund u-skole 9a	424	21:18.4	11:47.5
56	Øyvind Nergård	FVK	189	26:07.7	16:36.8
57	Jacob Bøhler Bjørk	Hundsund u-skole 8A	349	28:16.7	18:45.7
58	Fredrik Preus Dovland	Hundsund u-skole 8A	217	28:20.8	18:49.8
	Magnus Brynsrud	Hundsund u-skole 8B	61	DNF	DNF
	Aleksander Fosaas Ashby	Hundsund u-skole 8A	62	DNS	DNS
	Henrik Vik Tolo		64	DNS	DNS
	Tellef Fladmark Larsen	Hundsund u-skole 8A	78	DNS	DNS
	Henrik Bjørnstad Koppang	Tyrving IL	89	DNS	DNS
	Fabian Huseby	Hundsund u-skole 8C	132	DNS	DNS
	Odin Kleppe		149	DNS	DNS
	Marius Sjølie	Haslum IL	163	DNS	DNS
	Thorvald Kiersch	Stabæk Bandy	179	DNS	DNS
	Ivar Harald Clem	Fossum IF	202	DNS	DNS
	Thor Sørensen	Hundsund u-skole 8A	228	DNS	DNS
	Benjamin Hurum Flaata	Hundsund u-skole 8B	229	DNS	DNS
	Thorvald Hillesøy		244	DNS	DNS
	Mathias Sommersest	Hundsund u-skole 8A	250	DNS	DNS

Gutter 14-15 år 3 km**(Påmeldt: 78 - Startet: 61 - Fullført: 58 - Premier: 0)**

Magnus Brynsrud		266	DNS	DNS
Jonatan Risåsen	Hundsund u-skole 8A	350	DNS	DNS
Trym Ekra-Reistad	Hundsund u-skole 8B	352	DNS	DNS
Marius Johnsen	Hundsund u-skole 9A	387	DNS	DNS

Hundsund u-skole (10. klasse)**(Påmeldt: 10 - Startet: 9 - Fullført: 9 - Premier: 0)**

1	Emilie Jung	Hundsund u-skole 10B	337	11:35.1	00:00.0
2	Alexander Wulfsberg	Hundsund u-skole 10T	351	11:36.6	00:01.5
3	Joachim Muri	Snarøya SK	406	11:37.2	00:02.0
4	Sander Hegni	Hundsund u-skole 10A	335	11:53.2	00:18.1
4	Joachim Ramm	Hundsund u-skole 10B	338	11:53.4	00:18.3
6	Viktoria Finanger	Hundsund u-skole 10B	339	19:05.8	07:30.6
7	Martine Heyerdahl Mellbye	Hundsund u-skole 10A	334	27:17.7	15:42.6
7	William Sander Tyssøy	Hundsund u-skole 10B	340	27:17.6	15:42.5
9	Markus Ramstad Høge	Hundsund u-skole 10A	341	27:18.4	15:43.2
	Cathrine Moe	Hundsund u-skole 10B	336	DNS	DNS

5 km

Navn	Klubb	Startnr	Totaltid	Diff
------	-------	---------	----------	------

Menn 16-17 år 5 km**(Påmeldt: 21 - Startet: 20 - Fullført: 19 - Premier: 0)**

1	Harald Østberg Amundsen	Tyrving IL	1012	15:54.4	00:00.0
2	Thomas BUCHER-JOHANNESSEN	Tyrving IL / Tyrving	1145	15:55.5	00:01.0
3	Ådne Karlsen Bekkestad	Sturla	1280	15:58.8	00:04.4
4	Maxim Tjøtta	Tyrving IL	1124	16:29.4	00:34.9
5	Sander Berrefjord	Tyrving IL	1303	16:42.4	00:47.9
6	Fredrik Grusd	Tyrving IL	1020	16:58.5	01:04.0
6	Sivert Sælid	Ringkollen	1244	16:58.5	01:04.0
8	Emil Arnkværn	Tyrving IL	49	17:14.2	01:19.7
9	Matias Gran-Henriksen	Tyrving IL	1646	17:23.4	01:28.9
10	Alexander Rosenvinge		1428	18:08.0	02:13.5
11	Aslak Groseth		1445	18:28.3	02:33.8
12	Hans Erik Sloth	Sønær	1098	21:01.3	05:06.8
13	Erik Bergheim	Fossum IF	1237	21:23.5	05:29.0
14	Oscar Ovind	Tyrving IL	1269	23:15.9	07:21.4
15	Harald Schaanning	Fossum IF	1434	23:30.2	07:35.8
16	Felix Haugen	Snarøya Sportsklubb	1047	25:50.2	09:55.8
17	Fabian Fløtaker		1171	25:51.9	09:57.4
18	Kasper Mustad Juell		1264	27:23.6	11:29.1
19	Mathias Mikkelsen	FVK	1159	32:59.6	17:05.2
	Sondre Søderberg	Lier	1082	DNS	DNS

Kvinner 16-17 år 5 km**(Påmeldt: 20 - Startet: 15 - Fullført: 15 - Premier: 0)**

1	Johanne Lægran	SK Vidar	1270	19:06.1	00:00.0
2	Aurora Kildahl	Asker Sk. Friidrett / Team G-sport	1630	19:35.4	00:29.3
3	Thea Rosenberg		1287	20:17.9	01:11.8
4	Hedda Hulbaklien Bakke	Koll IL	1180	21:21.4	02:15.3



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
10

Kvinner 16-17 år 5 km**(Påmeldt: 20 - Startet: 15 - Fullført: 15 - Premier: 0)**

5	Eirin Øby	Varteig IL	1076	24:13.4	05:07.3
6	Sofie Thurmann		1298	24:27.0	05:20.9
7	Hannah Espelin-Rolfsen	Hundsund u-skole	1634	25:50.9	06:44.8
8	Julia Bjørling	Snarøya Håndball	1315	26:15.1	07:09.0
9	Malin Christensen Siem		1466	27:03.7	07:57.6
10	Sofie Røed	Snarøya Håndball	1339	27:06.7	08:00.6
11	Mari Heggdal	Snarøya Håndball	1157	27:24.3	08:18.2
12	Justine Steffen Hauglin	Snarøya	1187	27:25.9	08:19.8
13	Hedevig Blakstad Nilsson		1306	27:27.2	08:21.1
14	Emma Frogner	Snarøya Håndball	1211	27:29.8	08:23.7
15	Carina Halvorsen	FVK	1060	33:31.8	14:25.7
	Justine Hauglin	Snarøya Håndball	1070	DNS	DNS
	Hedda Østberg Amundsen	Asker Sk. Friidrett	1173	DNS	DNS
	Oda Lægran	SK Vidar	1182	DNS	DNS
	Jenny Gehrken	Snarøya Håndball	1245	DNS	DNS
	Eugenie Gulowsen	Nittedal IL / Friidrett	1281	DNS	DNS

Kvinner 18-19 år 5 km**(Påmeldt: 5 - Startet: 4 - Fullført: 4 - Premier: 0)**

1	Oda NERDRUM		1417	20:12.0	00:00.0
2	Victoria Pedersen	Nittedal IL	1119	27:39.1	07:27.1
3	Helene Riksheim		1088	28:22.7	08:10.7
4	Konstanse Oldeide		1147	54:50.7	34:38.7
	Ida Charlotte Olsen-Nauen	Nittedal IL	1068	DNS	DNS

Menn 18-19 år 5 km**(Påmeldt: 2 - Startet: 1 - Fullført: 1 - Premier: 0)**

1	Oscar Sekkelsten	Scandic Fornebu	1335	31:34.1	00:00.0
	Henrik Aakesen		1330	DNS	DNS

Kvinner 20-22 år 5 km**(Påmeldt: 7 - Startet: 7 - Fullført: 7 - Premier: 0)**

1	Kristin Skolt	Tyrving IL	1075	19:03.1	00:00.0
2	Kjersti Dalen	Privat	1007	23:37.5	04:34.4
3	Ida Fausko Esperø		1195	25:07.0	06:03.9
4	Kristin Lyng	FVK	1381	30:19.1	11:16.0
5	Guro Rugseth		1046	30:25.9	11:22.8
6	Maria Muri		1636	30:33.4	11:30.3
7	Gry Lunde		1359	36:02.8	16:59.7

Menn 20-22 år 5 km**(Påmeldt: 1 - Startet: 0 - Fullført: 0 - Premier: 0)**

	Sebastian Selbekk	Tyrving IL	1388	DNS	DNS
--	-------------------	------------	------	-----	-----

Kvinner 23-34 år 5 km**(Påmeldt: 65 - Startet: 56 - Fullført: 56 - Premier: 0)**

1	Marte Pedersen		1078	17:42.2	00:00.0
2	Solfrid BRAATHEN	SK Vidar	1378	18:08.0	00:25.8
3	Enya Aspen	Tjalve	1436	18:12.6	00:30.4
4	Ida Marie DAHL	Ringerike Friidrettsklubb	1324	18:29.9	00:47.7
5	Adele Flakke Johannessen		1232	18:41.2	00:59.0
6	Kjersti Lerkerød	BUL	1449	18:48.0	01:05.8



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
11

Kvinner 23-34 år 5 km			(Påmeldt: 65 - Startet: 56 - Fullført: 56 - Premier: 0)		
7	Ingeborg DAHL	Ringerike Friidrettsklubb	1360	18:51.6	01:09.4
8	Karin Magnusson	Ren-Eng, FIK - Friidrett	1452	19:18.7	01:36.5
9	Ingrid Haaskjold		1424	19:23.3	01:41.1
10	Kjersti DAHL	Ringkollen Skiklubb	1457	19:44.2	02:02.0
11	Elin Berstad Mortensen		1206	19:52.1	02:09.9
12	Kathrine Aschehaug	Lundin Norway AS	1080	23:06.6	05:24.4
13	Cecilie Øynebråten		1096	23:20.1	05:37.9
13	Annette Rud	Privat	1322	23:20.7	05:38.5
15	Jeanette Sørum Grimstad	Privat	1394	23:33.3	05:51.1
16	Kaja Holm Rogstad	Snarøya Skole	1094	23:46.5	06:04.3
17	Anne Cathrine Strande Straube	Høvik IF / Teknologiskolen Hundsund	1375	24:02.4	06:20.2
18	Lene Marie Østerman	Scandic Fornebu	1202	24:04.1	06:21.9
19	Tuva Stølen	Lysehagan IL	1156	24:14.2	06:32.0
20	Synne Rytter Westlye	Høvik Jogg	1002	24:50.8	07:08.6
21	Marthe Laureen Helland		1116	25:34.1	07:51.9
22	Sara Haga		1357	25:46.3	08:04.1
23	Line Fusdahl Hulleberg		1097	25:56.6	08:14.4
24	Marta Nielsen	Telenor BIL	1403	26:06.7	08:24.5
25	Martine Holmen	Tech4Hire	1295	26:21.0	08:38.8
26	Katarzyna Iwona Najman	Sweco BIL	1418	26:28.6	08:46.4
27	Ksenia Levy	Scandic Fornebu	1138	26:44.0	09:01.8
28	Ingrid Holter-Andersen		1112	27:10.5	09:28.3
29	Ida Lindvig	EVRY Tiger	1197	27:19.2	09:37.0
30	Bettina Therese Rognås Ellefsen		1067	27:24.5	09:42.3
31	Paola Nærum		2078	27:34.6	09:52.4
32	Christine Spilling		1397	27:49.0	10:06.8
33	Line Grannæs		1299	27:52.3	10:10.1
34	Alexandra Drange	Lundin	1225	27:55.5	10:13.3
35	Synne Langeland	EVRY Tigers Stat	1120	27:58.9	10:16.7
36	Sigri Lavik Kofstad	Team Tag Heuer	1008	28:16.9	10:34.7
36	Runa Løvseth		1064	28:16.4	10:34.2
38	Kaia Rugseth		1142	28:17.8	10:35.6
39	Sissel Aarmo	Vitusapotek	1638	28:23.5	10:41.3
40	Marta Fryziak		1021	28:25.3	10:43.1
41	Ida Karlsen Løken		1101	28:26.0	10:43.8
42	Katrine Førde	FVK	1247	28:29.4	10:47.2
43	Ophelie Durand	Lundin Norway	1350	28:39.5	10:57.3
44	Birgitte Post	Lundin	1100	28:55.8	11:13.6
45	Benecte Caroline Steen	Pexip	1236	30:04.9	12:22.7
45	Arlene Foster-Nielsen	Lundin Norway AS	1345	30:04.3	12:22.1
47	Vicky Lendvay	Kreftforeningen BIL	1093	30:07.1	12:24.9
48	Kjerstin Bratlien Larsen	NMD Klubben	1090	30:08.0	12:25.8
49	Anne Siqveland	Tech4Hire	1218	30:13.9	12:31.7
50	Monica Stensrud	Lundin Norway AS	1282	30:34.3	12:52.1
51	Silje Dahl Larsen	Flåværingen IL / Ingen	1344	31:24.2	13:42.0
52	Vivian Aasen	Scandic Fornebu	1017	31:25.6	13:43.4
53	Marianne Lund		1255	31:29.5	13:47.3

Kvinner 23-34 år 5 km**(Påmeldt: 65 - Startet: 56 - Fullført: 56 - Premier: 0)**

54	Hilde Klyve	FVK	1102	34:11.9	16:29.7
55	Anne Birgit Kalvik		1072	43:54.1	26:11.9
56	Tonje Stolpestad		1095	47:56.5	30:14.3
	Kristin Holst Haaland		0	DNS	DNS
	Andrea Lystad		1026	DNS	DNS
	Line Henriette Paulsen	Hurumrypene	1057	DNS	DNS
	Astrid Uhrenholdt JACOBSEN	Heming / BAMA	1239	DNS	DNS
	Silje Helen Foss Rønningen		1243	DNS	DNS
	Monica Solheim Slind	Kreftforeningen BIL	1254	DNS	DNS
	Kristin Huse Pedersen	Proffice	1294	DNS	DNS
	Anca Anitel	Scandic Fornebu	1369	DNS	DNS
	Hanna Sargenius	Koll IL / Privat	1386	DNS	DNS

Menn 23-34 år 5 km**(Påmeldt: 47 - Startet: 39 - Fullført: 39 - Premier: 0)**

1	John Henry Strupstad	Ren-Eng, FIK - Friidrett	1448	15:40.6	00:00.0
2	Einar Haakon Christian Rose	SK Vidar	1399	15:45.2	00:04.6
3	Per Erik Monsrud	Oppstad IL	1362	16:06.6	00:26.0
4	Simen Enger	Oslostudentenes IK - Friidrett / OSI Friidrett	1250	16:51.4	01:10.8
5	Rick Noordink	Ren-Eng, FIK - Friidrett	1451	16:55.7	01:15.1
6	André Myrvold	Asker Sk. Friidrett / Origo Boligfinans Bil	1160	17:15.9	01:35.3
7	Kim Johannesen	Romerike Ultraløperklubb	1176	17:34.5	01:53.9
8	André Kroglund	Ilseeng IL	1272	18:02.1	02:21.5
9	Jostein Gallis	Rolfsbukta IL	1458	18:07.0	02:26.4
10	Eivind Gausland	IF Forsikring	1414	18:20.3	02:39.6
11	Anders Omholt- Jensen	BUL	1289	18:28.1	02:47.5
12	Daniel Frösslund	Norwegian BIL	1343	18:49.6	03:08.9
13	Christian Aarthun	EVRY Tigers	1220	19:01.8	03:21.2
14	Henrik Lundin	Lundin Norway	1168	19:28.5	03:47.9
15	Christoffer Nilsson	Scandic Fornebu	1262	19:37.9	03:57.3
16	Jostein Mæland Moe	Bull Ski&Kajak/Lyn Ski	1456	19:39.5	03:58.9
17	Helge Haukås	Telenor	1639	20:08.5	04:27.9
18	Rafal Pajak	AWF KATOWICE	1361	20:38.2	04:57.6
19	Gjermund Gartmann	EVRY Tigers	1363	20:49.8	05:09.2
20	Magnus Helsvig	Scandic Fornebu	1056	21:35.2	05:54.5
21	Lars Sandåker		1645	21:43.8	06:03.2
22	Johan Lundgren	Norwegian BIL	1023	21:51.3	06:10.7
23	Alexander Larsen	EVRY Tigers	1226	23:43.8	08:03.1
24	Kent Windahl		1308	23:44.2	08:03.5
25	Helge Hesby	Team Tag Heuer	1216	23:50.3	08:09.7
26	Hans Cats	Sporty Og Gøy	1210	24:28.9	08:48.2
27	Nizam Valentino		1443	25:20.3	09:39.7
28	Gabriel Stoica	Scandic Fornebu	1389	25:53.2	10:12.6
29	Jan Erik Ramstad	IDEX ASA	1201	26:34.2	10:53.6
30	Diem Nguyen	Vitusapotek	1028	26:49.8	11:09.2
31	Jan Henrik Juel-Larsen	Scandic Fornebu	1628	28:34.2	12:53.6

Menn 23-34 år 5 km

(Påmeldt: 47 - Startet: 39 - Fullført: 39 - Premier: 0)

32	Lars Lund		1454	29:00.6	13:20.0
33	Martin Sletten Eriksen	VIVIL IL	1316	29:25.8	13:45.1
34	Henrik T. Rohde-Hanssen	Team Tag Heuer	1033	29:28.2	13:47.5
35	Hans Agdal Stenseng	Scandic Fornebu	1233	29:38.4	13:57.8
36	David Emanuel Buchmann		1426	30:38.6	14:58.0
37	Peyman Fard		1135	31:29.3	15:48.7
38	Øystein Rodem	Driv Trening AS	1419	32:54.4	17:13.8
39	Mads Huse	FVK	1151	33:32.3	17:51.7
	Daniel Mo	IDEX ASA	1141	DNS	DNS
	Gustavo Ribbe		1164	DNS	DNS
	Petter Moi	Vitusapotek	1260	DNS	DNS
	Rune Vegard Eknes	IKANO BANK	1273	DNS	DNS
	Håvard Skyberg		1290	DNS	DNS
	Kristian Stoll	Team Wegger & Kvalsvik	1347	DNS	DNS
	Marcus Lødner	Høvik Barnehage	1352	DNS	DNS
	Anders Valle		1356	DNS	DNS

Kvinner 35-39 år 5 km

(Påmeldt: 49 - Startet: 40 - Fullført: 39 - Premier: 0)

1	Hilde Gudem	Vidar	1334	18:33.3	00:00.0
2	Marianne Sandvik		1439	19:46.7	01:13.3
3	Grete Steene-Johannessen	FVK	2800	20:06.9	01:33.5
4	Cristina Luis	Nydalens Skiklub	1455	20:53.2	02:19.9
5	Liselott Fein	Team Tag Heuer	1184	21:38.4	03:05.1
6	Hege Kullerud	Varteig IL	1311	22:02.0	03:28.7
7	Nina Knudsmoen Utheim		2312	23:28.2	04:54.8
8	Kirsti Holm		1050	24:41.7	06:08.3
9	Veronika Andreassen	Prostataklinikken AS	1208	24:49.7	06:16.3
10	Karina Larsen	Dib	1265	25:40.0	07:06.6
11	Therese Wiik Jahnsen	EVRY Tigers	1207	25:44.0	07:10.7
12	Oddrun Helen Hagen	Sweco Norge AS	1140	26:03.8	07:30.4
13	Thonye Coch		1631	26:13.8	07:40.4
14	Kristin Bjørve Karlsen		1054	26:22.7	07:49.3
15	Lene Ross	Aker Solutions BIL	1337	26:27.1	07:53.8
16	Mette T. Venold		1175	26:28.1	07:54.8
17	Pernille Johanne Baggeråns	EVRY	1404	26:34.8	08:01.5
18	Cristina Gjurød Braathen	Team Tag Heuer	1240	26:37.4	08:04.1
19	Kristine Dahl		1235	26:43.8	08:10.5
20	Katrine Amarlou	Tyribo IL	1032	27:01.2	08:27.8
21	Ingrid Egeberg		1221	27:34.0	09:00.7
22	Karianne Prytz	OBOS	1278	27:36.7	09:03.3
23	Margrethe Stenrød West		1037	27:47.1	09:13.8
24	Kari Amlo		1106	29:05.1	10:31.7
25	Elisabeth Evjen		1118	29:10.9	10:37.6
26	Kjersti Skavik	EVRY Tigers	2426	30:03.3	11:30.0
27	Angie Hussami Finvold		1103	30:05.0	11:31.7
28	Ingrid Kjöllærström	Aker Solutions	1284	30:10.1	11:36.8
29	Nina Øien	Vitusapotek	1317	30:13.3	11:39.9

Kvinner 35-39 år 5 km**(Påmeldt: 49 - Startet: 40 - Fullført: 39 - Premier: 0)**

30	Amanda Cavalcanti Kvello	Lundin Norway AS	1009	30:36.6	12:03.2
31	Sara Moslet	Jarenga	1152	30:39.6	12:06.3
32	Heidi Melby		1429	31:30.2	12:56.9
33	Toril Maria Lilleås		1130	33:22.1	14:48.8
34	Silje Øygarden	Dib	1148	33:54.0	15:20.6
35	Gro Haugland		1323	34:42.1	16:08.7
36	Alena Rahanskaya	Akershus Fylkeskommune	1407	36:26.2	17:52.9
37	Eir Alvestad	FVK	1006	38:36.7	20:03.3
38	Nadine Henke-Kettinen	Team Relocations	1214	40:01.3	21:28.0
39	Theresa Nilsen		1104	44:31.9	25:58.6
	Hanne Ramdahl	OBOS	1030	DNS	DNS
	Lene Nilsen	IKANO BANK	1073	DNS	DNS
	Ruth Ida Andreassen	Kreftforeningen BIL	1114	DNS	DNS
	Sofia Appelskog-Ribbe		1161	DNS	DNS
	Mary Ann Nygaard	Gender Consulting	1188	DNS	DNS
	Stine Morken	IKANO BANK	1263	DNS	DNS
	Silje Johnsen		1268	DNS	DNS
	Anne Grete Kirkemo	Lundin Norway	1383	DNS	DNS
	Rita Berg Hansen	Home	1420	DNS	DNS

Menn 35-39 år 5 km**(Påmeldt: 22 - Startet: 20 - Fullført: 20 - Premier: 0)**

1	Pål A Kullerud	Varteig IL	1136	16:05.2	00:00.0
2	Eirik Larsen	Forvaltningshuset	1442	16:47.5	00:42.3
3	Espen Ringom	SK Vidar	1341	17:34.9	01:29.6
4	Rune Følstad	Dokumentservice	1320	17:53.0	01:47.8
5	Henrik Magnusson	Birkebeineren / IF Birkebeineren	1115	17:54.1	01:48.9
6	Rune Hageberg	OSI	1376	18:37.7	02:32.4
7	Christian Evensen	Rovels Running Team	1371	18:52.8	02:47.6
8	Tore Buli	EVRY Tigers	1336	21:01.0	04:55.7
9	Nils Holger Koefoed	Team Tag Heuer	1224	21:55.4	05:50.1
10	Thron Erik Schøyen	Scandic Fornebu	1346	22:05.5	06:00.2
11	Lars Labee-Lund	Statoil	1635	23:03.7	06:58.4
12	Tonny Holte	Privat	1213	23:09.0	07:03.7
13	Anders Venold		1411	23:26.9	07:21.7
14	Espen Skilhagen	Lundin Norway	1061	24:42.7	08:37.4
15	Frank Gjørund	Team Relocations	1189	27:38.0	11:32.7
16	Haakon Rohde-Hanssen	Team Tag Heuer	1055	27:39.1	11:33.9
17	Elvir Hasic	Team Wegger & Kvalsvik	1158	28:02.8	11:57.6
18	Thomas Hammerseth	FK Gunnar	1435	28:15.2	12:09.9
19	Per-Stian Vatne	HP	1219	28:43.7	12:38.5
20	Børge Nilsen		1292	44:30.7	28:25.4
	Alexander Quiding	Team Wegger & Kvalsvik	1113	DNS	DNS
	Per Rys		1146	DNS	DNS

Kvinner 40-44 år 5 km**(Påmeldt: 45 - Startet: 37 - Fullført: 37 - Premier: 0)**

1	Gunhild Halle Halle	Tjalve	1019	17:25.4	00:00.0
2	Mette Bakken Skauerud	Vidar	1172	19:09.2	01:43.7



PUBLISHED TIME

SIGN

STATUS

PRINT TIME

30.05.2014 13:24:08

PAGE

15

Kvinner 40-44 år 5 km**(Påmeldt: 45 - Startet: 37 - Fullført: 37 - Premier: 0)**

3	Marianne Dønnem	SK Vidar	1430	20:45.0	03:19.5
4	Marlene Garred		1053	23:31.6	06:06.2
5	Karin Westerberg		1122	23:37.7	06:12.2
6	Linda Maria Krekling	IKEA	1253	23:41.1	06:15.7
7	Marit Aittovaara	Hundsund Ungdomskole	1286	23:45.6	06:20.2
8	Cecilia Sjölin		1293	24:01.0	06:35.5
9	Bärbel Traub Waagan		1318	24:18.2	06:52.7
10	Lise Lilleengen		1174	24:39.9	07:14.4
11	Janne Syversen		1087	24:40.1	07:14.6
12	Tiril Zelow Bliksmark	Fossum IF / Fossum	1242	24:56.1	07:30.7
13	Monica Grönvall		1091	25:02.3	07:36.9
14	Anine Wiig Dagestad	Kreftforeningen BIL	1066	25:12.2	07:46.8
15	Vibeke Gustad	Hurumrypene	1438	26:06.6	08:41.1
16	Gyri Esmann		1633	26:10.8	08:45.3
17	Marit Moen	Hundsund Ungdomsskole	1310	26:30.8	09:05.4
18	Anne Katrine Lieng Jacobsen	Lundin Norway	1319	26:32.0	09:06.6
18	Mari Espelin	Budstikka	2384	26:32.3	09:06.8
20	Karianne Mo	ABB	1143	27:11.7	09:46.2
21	Anette Lerø	Fossum IF / Aker Solutions	1238	27:31.3	10:05.9
22	Sophie Mustad	ALU B.I.L.	1296	27:36.9	10:11.5
23	Elizabeth Acklam		1001	27:42.9	10:17.5
24	Vigdis Kristoffersen		1085	28:01.4	10:35.9
25	Lande Castberg		1468	28:12.6	10:47.1
26	Anita Yttrehus	EVRY Tigers	1340	28:29.4	11:03.9
27	Anne-Kristin Finne		1035	28:44.6	11:19.2
28	Anniken Toikka Berg		1181	28:49.3	11:23.8
29	Marianne Ring-Andersen	Privat	2107	29:44.3	12:18.9
30	Elin Nøkleby	Pexip	1370	30:06.1	12:40.6
31	Tina Usher		1074	30:40.5	13:15.0
32	Kjersti Nummedal Røise		1416	31:31.7	14:06.3
33	Synnøve Brendryen	DiB	1025	33:48.6	16:23.1
34	Vivian Haugen	FVK	1241	34:16.0	16:50.5
35	Ingrid Geirhovd Haug		1228	35:00.1	17:34.7
36	Vanja Lona		1215	35:20.2	17:54.8
37	Elaine Carlsen	FVK	1379	37:31.6	20:06.2
	Heidi Riborg Lona	Flåværingen IL / Ingen	1010	DNS	DNS
	Kjersti Dunham	Statens Vegvesen	1040	DNS	DNS
	Kristin Buntz	DNVGL	1051	DNS	DNS
	Marit Hopland Engebretsen		1058	DNS	DNS
	Elisabeth Kollerød		1069	DNS	DNS
	Jill Vibeke Lorentzen Krane	Dib	1079	DNS	DNS
	Linda Olsen		1129	DNS	DNS
	Eline Fyksen Aas	Team Tag Heuer	1328	DNS	DNS

Menn 40-44 år 5 km**(Påmeldt: 35 - Startet: 32 - Fullført: 32 - Premier: 0)**

1	Øystein Mørk	Sportsklubben Kraft	1395	15:19.4	00:00.0
2	Asle Slettemoen	BUL / IL I BUL	1011	15:55.6	00:36.2



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
16

Menn 40-44 år 5 km**(Påmeldt: 35 - Startet: 32 - Fullført: 32 - Premier: 0)**

3	Øystein Rognes Solheim	Statnett BIL	1423	16:51.7	01:32.2
4	Tore Hopen		1374	16:53.7	01:34.3
5	Jon Ilseng	Bøler IF	1109	16:57.0	01:37.5
6	Aleksander Stray	Bygdø IL	1364	17:03.6	01:44.1
7	Trond Hansen	Vidar	1223	18:13.5	02:54.0
8	Geir Åge Hjeltnes		1133	18:38.7	03:19.2
9	Eirin Asp	Bygdøy IL	0	18:46.9	03:27.5
10	Eirik Asp	Byaasen Skiklub / Bygdøy	1640	18:47.0	03:27.5
11	Dag Olav Norem	FINN.No	1400	18:49.6	03:30.2
12	Eirik Flaa	Gåping IL	1409	18:57.0	03:37.5
13	Vemund Aker	Treningscamp	1288	19:04.5	03:45.0
14	Bengt Lund		1128	19:19.1	03:59.6
15	Martin Hay	Hakallestranda Kondisjonslag / Kondis	1441	19:33.9	04:14.4
16	Davidc. Hemmingsen	Kreftforeningen BIL	1107	21:50.0	06:30.6
17	Tord Ekeland		1401	21:54.7	06:35.3
18	Øyvind Milvang		1632	22:16.9	06:57.5
19	Dag-Frode Rekdal	Knowit BIL	1365	22:17.3	06:57.8
20	Richard Ødegård Johansen	NO TEAM	1004	23:20.7	08:01.2
21	Jo Andre Aakvik		1277	23:24.5	08:05.0
22	Kjetil Bøhmer	Team Wegger & Kvalsvik	1285	23:30.0	08:10.5
23	Kjell Rune Jacobsen	Scandic Fornebu	1385	23:47.2	08:27.7
24	Håkon Skeie	VIVIL IL	1154	23:53.2	08:33.7
25	Nuno M De Matos Pissarra	Team Wegger & Kvalsvik	1410	24:12.1	08:52.6
26	Trond Espen Seim		1467	24:13.6	08:54.1
27	Thomas Reitevold	Gk2	2605	25:43.7	10:24.2
28	Pål Thorleif Tollefsen	Team Tag Heuer	1372	26:29.7	11:10.2
28	Trygve Bjark	EVRY Tigers	1393	26:29.5	11:10.0
30	Anders Natås	IDEX ASA	1015	27:07.2	11:47.8
31	David Bø	Tasta Dart Cycle Club	1446	30:15.0	14:55.5
32	Tommy Brekke	Team Wegger & Kvalsvik	1377	34:37.0	19:17.5
	Tommy Diesen	Billia	1052	DNS	DNS
	Lars Erik Brecke		1125	DNS	DNS
	Kristoffer Ring	SUM	1321	DNS	DNS

Kvinner 45-49 år 5 km**(Påmeldt: 36 - Startet: 32 - Fullført: 31 - Premier: 0)**

1	Kari Madslien	Nydalens Skiklub	1444	18:16.0	00:00.0
2	Sidsel Mohn	DinTopp	1349	19:37.3	01:21.2
3	Anne Myhr	SK Vidar	1373	20:27.7	02:11.6
4	Ingunn Sandbakk	Røa IL	2362	21:53.2	03:37.1
5	Trine Tjøm	Fossum IF / Fossum IF / Telenor BIL	1123	23:12.9	04:56.8
6	Nina Klopbakken		1024	24:00.7	05:44.6
7	Lena M	Hurumrypene	1463	24:15.1	05:59.0
8	Gry Nergård		1186	25:06.2	06:50.1
9	Sari Uran	Team Uran	1641	26:28.2	08:12.1
10	Cecilie Ravn Munkvold	Lundin Norway AS	1209	27:08.4	08:52.4
11	Lisbeth Sloth	Sønær	1139	27:27.4	09:11.3

Kvinner 45-49 år 5 km			(Påmeldt: 36 - Startet: 32 - Fullført: 31 - Premier: 0)		
12	Hege Hamremo		1643	27:45.1	09:29.0
13	Ingrid Prestesæter	EVERY Tigers	1461	28:37.8	10:21.7
14	Tove Nyenget	Kreftforeningen BIL	1249	28:57.2	10:41.1
15	Ellen Altenborg		1358	28:59.0	10:42.9
16	Anita Evjen Hagtvedt		1177	29:14.1	10:58.0
17	Cecilie L'orange		1144	29:21.4	11:05.3
18	Toril Berg	Team Tag Heuer	1326	30:48.6	12:32.5
19	Cecilie Hagby		1084	31:16.6	13:00.5
20	Annetine Aakesen		1200	31:43.5	13:27.4
21	Iuliana Neråsen		1111	32:05.8	13:49.7
22	Anja Thuesen	Lundin Norway AS	1105	32:45.2	14:29.1
23	Christine Rogers		1194	32:46.9	14:30.8
24	Kristine Kiær		1408	33:30.4	15:14.3
25	Cecilie Røskeland	Dib	1150	33:47.7	15:31.6
26	Anne Bratås	FVK	1048	34:38.0	16:21.9
27	Wenche Engeli	FVK	1251	38:27.0	20:10.9
28	Anita Kampeseter	FVK	1313	39:19.5	21:03.4
29	Tove Kjevik	VIVIL IL	1062	39:39.3	21:23.2
30	Ida Selvær	FVK	1212	52:39.9	34:23.8
31	Ylje Wiede	IKANO BANK	2818	01:05:59.9	47:43.8
	Cecilie Kolstad		1258	DNS	DNS
	Cathrine Ask		1291	DNS	DNS
	Inger Søiland Ødegaard		1305	DNS	DNS
	Ann Kristin Vang		1338	DNS	DNS

Menn 45-49 år 5 km			(Påmeldt: 26 - Startet: 22 - Fullført: 22 - Premier: 0)		
1	Sigmar Gunnarsson	Byggeliten	1450	17:20.1	00:00.0
2	Øivind Skare	Oslostudentenes IK - Friidrett	1183	18:11.0	00:50.9
3	Jørgen Saxegaard	Hjellnes Consult	1192	18:31.2	01:11.1
4	Hassan Bouka	BUL / BUL	1415	18:53.6	01:33.5
5	Steinar Uran	Team Uran	1642	19:04.6	01:44.5
6	Robert Brudeset	EVERY Tigers	1092	19:05.5	01:45.4
7	Christopher Aalholm	Vidar	1166	19:29.5	02:09.4
8	Tor Sigurd Breivik	Sandvin	1432	19:59.0	02:38.9
9	Sten-Oluf Horn	Team Øverskogen	1626	20:06.4	02:46.3
10	Knut-Arne Løite	Sørkedalens IF / AdrenalinEvent	1437	21:12.6	03:52.5
11	Magnus Nilsson	Fossum IF	1279	22:36.8	05:16.7
12	Frode Laastad	Lundin Norway AS	1005	22:50.4	05:30.3
13	Brede Storhaug	Holmestrand IF	1117	23:48.8	06:28.7
14	Lars Gunnar Klingberg	Lommedalen IL	1465	24:25.1	07:05.0
15	Pål Stange	Aleris	1134	24:28.5	07:08.4
16	Steinar Unnestad	FVK	1190	25:24.5	08:04.4
17	Peer Andersen	Treningscamp	1380	26:15.2	08:55.1
18	John Iver Stakston	Team Tag Heuer	1384	26:29.9	09:09.8
19	Jan Øyvind Agedal	Bærum Sportsklubb	1283	26:40.2	09:20.1
20	Lars Guntveit	IDEX ASA	1257	27:52.4	10:32.3
21	Fredrik Evju Bostad	Team Relocations	1329	30:40.9	13:20.8

	PUBLISHED TIME	SIGN	STATUS	PRINT TIME 30.05.2014 13:24:08	PAGE 18

RESULTATLISTE

21.05.2014

Menn 45-49 år 5 km

(Påmeldt: 26 - Startet: 22 - Fullført: 22 - Premier: 0)

22	Marius Heltne	VIVIL IL	1027	34:54.8	17:34.7
	Terje Kongsfjell	Noah As	1041	DNS	DNS
	Per Killingmo		1301	DNS	DNS
	Steinar Goodchild	Privat	1366	DNS	DNS
	Jon Per NYGAARD	Ren-Eng, FIK - Friidrett	1440	DNS	DNS

Kvinner 50-54 år 5 km

(Påmeldt: 26 - Startet: 21 - Fullført: 20 - Premier: 0)

1	Anita Isaksen	Fossum IF	1191	20:32.7	00:00.0
2	Gitta Starckjohann	IL Tyrving	1089	21:50.2	01:17.4
3	Tone Berit Mohagen		1431	21:58.7	01:26.0
4	Tine Sandøy	Høvik Jogg	1368	24:54.1	04:21.4
5	Elisabeth Gjølme		1355	25:02.2	04:29.5
6	Bente Festøy	Statoil BIL	1038	26:16.0	05:43.3
7	Anne Louise Fredriksen	Samfunnshuset Legkontor	1314	26:42.2	06:09.5
8	Nina Rokseth	EVRY Tigers	1121	26:55.0	06:22.2
9	Anette Tandberg	Rolfsbukta Ski Og Ball	1276	27:57.8	07:25.1
10	Pia Stensby Young		1045	28:52.2	08:19.5
11	Rita Michalsen		1259	29:01.9	08:29.1
12	Camilla Børresen	Fred Olsen Sportsklubb	1629	29:31.6	08:58.9
13	Anki Åkenes	Ingen	1246	30:00.6	09:27.8
14	Vigdis Jordal		1405	30:46.6	10:13.9
15	Björg Skogseid	Kreftforeningen BIL	1331	30:54.6	10:21.8
16	Kjersti Mathisen Bratsberg	Lundin Norway	1390	31:25.4	10:52.7
17	Sidsel Gade		1462	32:48.7	12:16.0
18	Ann-Edel Skorpen	Team Relocations	1042	32:51.6	12:18.9
19	Torgunn Oldeide		1307	33:21.1	12:48.4
20	Cathrine Czilling	FVK	1000	52:32.6	31:59.9
	Inger Anne Bakkeland		1029	DNS	DNS
	Gro Holstad		1086	DNS	DNS
	Ann-Kristin Kirkeby	IKANO BANK	1099	DNS	DNS
	Anne Mari Kirste	Vitusapotek	1193	DNS	DNS
	Kjersti Grue		1353	DNS	DNS

Menn 50-54 år 5 km

(Påmeldt: 30 - Startet: 29 - Fullført: 29 - Premier: 0)

1	Fred Solvik	Tyrving IL	1227	17:47.4	00:00.0
2	Oddbjørn Overskott	OSI	1137	19:44.3	01:56.8
3	Tage Djupvik		1248	20:20.9	02:33.4
4	Emil Bryhn	If Bil	1396	20:22.5	02:35.0
5	Harald Nordvoll	Alcatel-Lucent	1325	20:28.9	02:41.4
6	Carl Henrik Janson		1132	20:55.2	03:07.7
7	Bjørn Kvernhaug	HTS B.I.L	1185	20:58.5	03:11.0
8	Tom Kristian Berg	Alcatel-Lucent BIL	1382	20:59.9	03:12.4
9	Eystein Husebye		1453	21:02.4	03:14.9
10	Morten Brodersen		1342	21:05.0	03:17.5
11	Lars Olav Skårberg	Rye Sp.Kl.	1300	21:09.8	03:22.3
12	Kjetil Narum Bakken	Alcatel-Lucent	1460	21:40.3	03:52.8
13	Jostein Vattøy	Team Relocations	1252	21:47.7	04:00.2



PUBLISHED TIME

SIGN

STATUS

PRINT TIME

30.05.2014 13:24:08

PAGE

19

RESULTATLISTE

21.05.2014

Menn 50-54 år 5 km			(Påmeldt: 30 - Startet: 29 - Fullført: 29 - Premier: 0)		
14	Gunnar Søberg	Thales Norway BIL	1131	22:05.1	04:17.6
15	Atle Skaarud	Team Relocations	1234	22:11.4	04:23.9
16	Stein Torvet		1392	23:16.0	05:28.5
17	German Acosta Bello	Kreftforeningen BIL	2261	23:35.6	05:48.1
18	Per Larsson	JM Norge	1179	23:49.6	06:02.1
19	Harald Mæhle		1406	24:40.4	06:52.9
20	Jon Erik Høgberg	Rolfsbukta Ski Og Ball	1387	24:47.4	06:59.9
21	Gudmund Strømsvåg	Lundin	1422	24:59.0	07:11.5
22	Trond Ivar Maanum	EVRY Tigers	1196	25:12.7	07:25.2
22	Peter William Wallace	Team Tag Heuer	1332	25:12.4	07:24.9
24	Jon Erik Thurmann		1034	25:20.1	07:32.6
25	Johan Carsten Max Walter	Team Tag Heuer	1261	26:02.2	08:14.7
26	Halvor Jahre	Lundin	1108	26:25.8	08:38.3
27	Åge Johannessen	Lund IL / Lundin	1031	26:56.7	09:09.2
28	Torbjørn Pedersen	EVRY Tigers	1267	29:21.8	11:34.3
29	Jørn Longem	Teleplan Holding AS	1412	32:54.0	15:06.5
	Andrew Stewart	Lundin Norway	1256	DNS	DNS

Kvinner 55-59 år 5 km			(Påmeldt: 9 - Startet: 9 - Fullført: 8 - Premier: 0)		
1	Synøve Brox	Sturla	1297	18:33.2	00:00.0
2	Anne Søbstad Rye	GE Healthcare	1271	25:23.8	06:50.5
3	Ragnhild Holm	OPIL	1402	25:39.6	07:06.4
4	Julianne Hegg		1127	25:52.7	07:19.5
5	Berte Søbstad		1275	28:00.8	09:27.6
6	Bente Lervik	Dnb	1081	30:01.7	11:28.5
7	Liv Guldseth		1003	39:26.6	20:53.4
8	Torild Gustavsen		1153	39:51.6	21:18.4

Menn 55-59 år 5 km			(Påmeldt: 18 - Startet: 16 - Fullført: 15 - Premier: 0)		
1	Jan Monsrud	SSB Kongsvinger	1302	20:07.7	00:00.0
2	Ketil Stølen	SINTEF	1459	22:33.3	02:25.6
3	Erik Nilsen	Sveiva	1637	22:38.3	02:30.6
4	Einar Semb		3029	23:00.3	02:52.6
5	Jon Erik Arnesen	Nordea	1049	23:55.1	03:47.4
6	Alister Macdonald	Lundin Norway	1077	25:18.3	05:10.6
7	Terje Iversen	Hobøl IL / Telenor	1204	26:09.7	06:01.9
8	Jostein Mamen		1425	27:46.7	07:38.9
9	Terje Knudsen	IKANO BANK	1065	27:52.7	07:44.9
10	Morten Pilskog	IF Bedrift	1036	27:56.5	07:48.7
11	Jørn Wegger	Team Wegger & Kvalsvik	1351	28:01.8	07:54.0
12	Tom Kristoffersen		1155	30:01.8	09:54.0
13	Harald Arnt Pedersen	Lundin	1421	30:39.4	10:31.6
14	Arne Eek	Lundin Norway	1198	31:31.3	11:23.5
15	Tom Svarverud	VIVIL IL	1169	34:53.5	14:45.7
	Knut Ansgar Brox	BUL	1149	DNS	DNS
	Kalle Kanin	Kaninfarmen	1427	DNS	DNS

Kvinner 60-64 år 5 km			(Påmeldt: 7 - Startet: 6 - Fullført: 6 - Premier: 0)		
1	Ingunn Ytrehus	Tromsø Løpeklubb	1022	23:21.4	00:00.0
2	Kristin Ringdalen		1222	23:31.5	00:10.1
3	Hanne Øines		1230	26:18.5	02:57.1
4	Anne-Turid Nordli	I.L. Jutul	1044	32:25.7	09:04.3
5	Inger Tafjord	FVK	1165	33:03.0	09:41.6
6	Brit Riise Fredheim	Statoil BIL	2799	33:22.1	10:00.7
	Kirsti Tvergrov		1203	DNS	DNS

Menn 60-64 år 5 km			(Påmeldt: 11 - Startet: 10 - Fullført: 9 - Premier: 0)		
1	Svend Erik Schultz Sørensen	Høvik Jogg	1014	21:12.9	00:00.0
2	Bjørn Knudsen	ABB BIL	1063	21:17.4	00:04.5
3	Kåre Klevjer		1071	21:44.6	00:31.7
4	Bengt-Werner Englund	Devaffy	1398	23:08.2	01:55.3
5	Zack Zacour		1274	23:24.1	02:11.2
6	Geir Ivan Tangen	Lundin Norway	1304	26:18.6	05:05.7
7	Stein Erik Mathisen		1205	29:01.1	07:48.1
8	Tore Brønnum	Privat	1163	29:46.3	08:33.3
9	Nils Jokstad	Lundin Norway	1391	33:33.7	12:20.8
	Kjell Weiseth	Lundin Norway	1199	DNS	DNS

Kvinner 65-69 år 5 km			(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)		
1	Merete Busch		1018	34:59.3	00:00.0

Menn 65-69 år 5 km			(Påmeldt: 4 - Startet: 3 - Fullført: 3 - Premier: 0)		
1	Svein Amundsen	Eidanger IL	1447	21:03.7	00:00.0
2	Einar Lund		1312	31:00.1	09:56.4
3	Ole Kristoffersen	VIVIL IL	1367	34:54.8	13:51.1
	Stein Rohde-Hanssen		1333	DNS	DNS

Kvinner 70-74 år 5 km			(Påmeldt: 5 - Startet: 5 - Fullført: 4 - Premier: 0)		
1	Evar Carlsen		1649	28:52.3	00:00.0
2	Ingvil Lund		1167	29:35.6	00:43.2
3	Thurid Salvesen	FVK	1043	32:47.0	03:54.7
4	Tove Skeie	VIVIL IL	1013	35:23.2	06:30.9

Menn 70-74 år 5 km			(Påmeldt: 4 - Startet: 4 - Fullført: 4 - Premier: 0)		
1	Christian Børs Lind	Røa IL	1413	21:30.4	00:00.0
2	Ole Jacob Skeie	VIVIL IL	1162	27:45.3	06:14.9
3	Arne Emblem	Aker	1464	32:56.8	11:26.3
4	Bjarne Farstad		1110	45:26.8	23:56.4

Kvinner 75-79 år 5 km			(Påmeldt: 2 - Startet: 2 - Fullført: 2 - Premier: 0)		
1	Eva Kjevik	VIVIL IL	1016	39:37.5	00:00.0
2	Ilse Madsen	FVK	1178	40:01.7	00:24.2

Menn 75-79 år 5 km			(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)		
1	Ralph Lorentzen	Simula	1126	31:33.9	00:00.0

	PUBLISHED TIME	SIGN	STATUS	PRINT TIME 30.05.2014 13:24:08	PAGE 21

Menn 75-79 år 5 km

(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)

Menn 80+ Menn 5 km

(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)

1	Ingolf Jenssen	1644	38:37.2	00:00.0
---	----------------	------	---------	---------

10 km				
Navn	Klubb	Startnr	Totaltid	Diff

Kvinner 16-17 år 10 km

(Påmeldt: 7 - Startet: 5 - Fullført: 5 - Premier: 0)

1	Pia Stangebye	Lyn	2489	41:29.1	00:00.0
2	Julie Thue Holthe	Tyrving IL	2326	43:19.0	01:49.8
3	Helena Kumar Westberg	Koll IL / IL Koll	2942	43:32.0	02:02.8
4	Ilja Engeset	Tyrving IL	2211	45:41.0	04:11.8
5	Madeleine Bamvik		2185	50:18.7	08:49.5
	Jenny Strand Eriksen	Tyrving IL	2093	DNS	DNS
	Celine Berg	Tore Berg Fitnessclub	2285	DNS	DNS

Menn 16-17 år 10 km

(Påmeldt: 9 - Startet: 6 - Fullført: 6 - Premier: 0)

1	Mangus Bøe	Tyrving IL	2924	35:28.8	00:00.0
2	Thomas Blekastad Davis	Tyrving IL	2831	36:06.5	00:37.6
3	Kristoffer Fuglerud Ask	Sturla	2938	37:20.6	01:51.7
4	Johan Sæbø		2638	38:24.9	02:56.0
5	Simon Alexander Seland		2321	40:41.9	05:13.0
6	Thomas Haugen De Lange	Bærums Skiklub	2486	45:38.4	10:09.5
	Henrik Foss	Aurskog - Høland Friidrettslag - Friidrett	2112	DNS	DNS
	Martin Vang Dahl	Lyn	2357	DNS	DNS
	Oscar Giverin	Tjalve / Tjalve	2720	DNS	DNS

Kvinner 18-19 år 10 km

(Påmeldt: 2 - Startet: 2 - Fullført: 2 - Premier: 0)

1	Anine Johansen	Privat	2192	46:19.6	00:00.0
2	Ingunn Kjørås		2560	01:04:15.4	17:55.7

Menn 18-19 år 10 km

(Påmeldt: 3 - Startet: 3 - Fullført: 2 - Premier: 0)

1	Ole-Petter Fjeld	TFIK	3132	33:49.6	00:00.0
2	Sander Bredal	Biomet	2730	49:05.1	15:15.4

Kvinner 20-22 år 10 km

(Påmeldt: 6 - Startet: 6 - Fullført: 6 - Premier: 0)

1	Tonje Gresslien		3054	38:16.6	00:00.0
2	Anne Louise Thorbecke	Biomet	2266	50:08.1	11:51.4
3	Sofie Amalie Dale		2076	50:42.5	12:25.8
4	Vilde Vagstein	Privat	2930	50:46.4	12:29.7
5	Henriette Alvsaker		2045	51:19.1	13:02.4
6	Solveig Bjørkholt		2115	01:01:32.0	23:15.4

Menn 20-22 år 10 km

(Påmeldt: 7 - Startet: 7 - Fullført: 7 - Premier: 0)

1	Lars Fredrik Myklebust Moe	Lommedalen IL	2361	34:55.8	00:00.0
2	Marius Øygarden	Anton Sport	3032	40:32.6	05:36.7



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
22

Menn 20-22 år 10 km**(Påmeldt: 7 - Startet: 7 - Fullført: 7 - Premier: 0)**

3	Sondre Rodahl		3135	41:17.5	06:21.6
4	Kent Arild Solberg	Ringerike Friidrettsklubb	2214	42:42.3	07:46.5
5	Magnus Johan Isaksen		2154	47:36.9	12:41.0
6	Axel August Bersvendsen	Stabæk IF	3086	49:26.9	14:31.0
7	Emil Tønsberg	Finansco	2770	01:03:52.9	28:57.0

Kvinner 23-34 år 10 Km**(Påmeldt: 130 - Startet: 113 - Fullført: 113 - Premier: 0)**

1	Annie Bersagel	Tjalve	3052	33:16.8	00:00.0
2	Astrid U. Jacobsen	Heming / BAMA	3150	35:55.3	02:38.4
3	Astrid Brathaug Sørset	Oslo Sportslager	3061	38:13.8	04:56.9
4	Selene Julie Sollie		3025	39:55.3	06:38.4
5	Guro Vadheim	TEAM NPRO2	2504	40:28.2	07:11.3
6	Ley Muller	Oslostudentenes IK - Friidrett / OSI	2931	40:29.3	07:12.4
7	Stine Fallingen Ødegård		3074	40:48.2	07:31.3
8	Eli Maria Eeg-Henriksen	Reinertsen	2254	40:51.0	07:34.1
9	Ane Næsset Ramtvedt	Tyrving IL	2921	41:01.9	07:45.1
10	Marte Lunde	Team Jobzone BI	2744	41:55.2	08:38.3
11	Maren Nordstad Johansen		2106	42:20.5	09:03.6
12	Synnøve Vedde-Fjærestad		2409	42:21.2	09:04.3
13	Ingvild Johanne Torbal Udenæs	Oslofjord Triatlon	2713	42:55.2	09:38.3
14	Birgitte Ramm	Multiconsult BIL	2969	43:03.8	09:46.9
15	Emilie Jul - Larsen Aas	Biomet	2149	43:07.7	09:50.9
16	Solveig Tveter Bratlie	Sweco BIL	2444	43:40.6	10:23.8
17	Kathrine Valkvæ Alnes		2280	43:48.3	10:31.5
18	Elisabeth Gløersen	Bull Ski & Kajakk	2840	44:28.9	11:12.0
19	Eli Bergsmark	Oslojenter Type: Rask	2423	44:41.5	11:24.6
20	Elin Michalsen		2451	44:44.4	11:27.6
21	Astri Ribe	Multiconsult BIL	2592	44:46.2	11:29.3
22	Marit Asphaug		2358	44:54.7	11:37.8
22	Gyda Askestad		2908	44:54.6	11:37.7
24	Laila Olesen	NMD-Klubben/Vitusapotek	2352	45:04.0	11:47.2
25	Ina Vedde-Fjærestad		2164	45:18.9	12:02.0
26	Astrid Marvik	Høvik jogg	3159	45:23.0	12:06.1
27	Ingema Vik		3143	45:39.9	12:23.1
28	Henriette Melnæd		2404	45:46.9	12:30.1
29	Gry Oleivsgard	Technip	2741	45:57.7	12:40.8
30	Ingrid Helsingeng	Pareto	2522	46:49.6	13:32.7
31	Linn Gulliksen	Statoil BIL	2236	46:54.3	13:37.4
32	Linda Salthaug	Wicked Wednesday	2632	46:59.1	13:42.3
33	Elisabeth Nilssen	Heming / Heming/PwC	2932	47:20.0	14:03.1
34	Sandra E. Kontny	Team Kontny	2666	47:34.1	14:17.2
35	Zivile Selmer-Olsen		2737	47:37.3	14:20.4
36	Anette Andersen		3090	47:52.5	14:35.6
37	Lea Hiorth	Treningscamp	2879	47:53.6	14:36.7
38	Ginta Solyte		2070	47:55.0	14:38.1
39	Thanh Ngan Nguyen	Norconsult BIL	2999	48:03.6	14:46.7
40	Mona Tharaldsen		2977	48:05.8	14:48.9

Kvinner 23-34 år 1o Km		(Påmeldt: 130 - Startet: 113 - Fullført: 113 - Premier: 0)			
41	Thea Skaar	Mensendieck	2036	48:07.3	14:50.5
42	Veronica Krogstad		2776	48:27.9	15:11.0
43	Christina Tønnesen		2705	48:31.2	15:14.3
44	Mari Sjaastad	NOBIL	3024	48:36.3	15:19.4
45	Mari Cecilie Grotli		2846	48:38.3	15:21.4
46	Siv Elin Sæteren	Team Betsi	2872	48:46.6	15:29.7
47	Henriette Tronrud	Team Tronrud	3144	49:09.9	15:53.0
48	Vihvi Margrethe Boye	G-Sport Asker	2273	49:11.5	15:54.6
49	Stine Liberg Sannes		2195	49:20.3	16:03.5
50	Tonje Stenseth		2342	49:45.4	16:28.5
51	Kristin Mehle	Örebro AIK	2710	49:47.6	16:30.8
52	Signe Fretland		2975	49:56.0	16:39.2
53	Maj Kristin Borgen	FVK	2270	50:07.2	16:50.3
54	Kristin Pedersen	Aker Solutions	3066	50:08.6	16:51.7
55	Ingunn Holumsnes		2336	50:16.8	17:00.0
56	Aimeé Engebretsen		3087	50:27.0	17:10.1
57	Filiz Mahshid	Rye Sp.Kl. / Statoil BIL	2043	50:29.3	17:12.4
58	Elise Gjølme		2539	50:37.3	17:20.5
58	Gina Ekhaugen	Stovnerkameratene	3048	50:37.7	17:20.8
60	Sabine Hippchen	Simula	2697	50:43.2	17:26.3
61	Tine Einang		2314	51:31.1	18:14.3
62	Stine Christensen Holtet		3021	51:35.1	18:18.2
63	Camilla Røvik		2907	51:49.5	18:32.6
64	Astrid Østebø	Canal Digital	2966	51:56.1	18:39.2
65	Kanutte Leegaard		2974	51:59.6	18:42.7
66	Charlotta Lillkåla		2300	52:07.5	18:50.7
66	Heidi Berg	TeamBF	2708	52:07.4	18:50.5
68	Ingvild Marie Kompen		3038	52:12.3	18:55.4
69	Katinka Stenstad		2552	52:14.6	18:57.7
70	Line Tharaldsen		2978	52:24.9	19:08.1
71	Anita Andersen		2181	52:29.0	19:12.2
72	Karoline Røvik Zeiner		3027	52:30.8	19:13.9
73	Karine Blystad	Team Powerade	2052	52:39.3	19:22.4
74	Trine Hald Larsen		2793	52:47.3	19:30.5
75	Carine Hoffstuen		2252	52:51.5	19:34.6
76	Christine Lampe	Enjoy Sport	3014	53:04.5	19:47.6
77	Martine Storaas		3051	53:08.6	19:51.7
78	Ingrid Almås Berg		2672	53:09.8	19:53.0
79	Kristin Bergsløkken		2692	53:12.8	19:55.9
80	Mari Sandersen		3008	53:22.2	20:05.3
81	Camilla Siljehaug		2982	53:32.8	20:16.0
82	Sophie Caroline Utne	Subsea7	2838	53:45.8	20:28.9
83	Anna Kordeczka		3095	53:46.1	20:29.3
84	Mari Kjæraas		2981	53:47.9	20:31.1
85	Silje Eikre	The Pink Panthers	2618	53:55.3	20:38.4
86	Kristin Marie Skaar		2457	54:08.8	20:51.9
87	Caroline Sanden	The Pink Panthers	2778	54:15.8	20:58.9

RESULTATLISTE

21.05.2014

Kvinner 23-34 år 10 Km			(Påmeldt: 130 - Startet: 113 - Fullført: 113 - Premier: 0)		
88	Karen Otterstad	Lundin	2813	54:16.7	20:59.8
89	Mariann Børsum Haugen		2327	54:18.2	21:01.3
90	Solveig Devik	Athletes For Farming	2145	54:21.9	21:05.1
91	Katrine Gundersen		2597	54:27.1	21:10.2
92	Alexandra Devik	Athletes For Farming	2579	54:31.5	21:14.7
93	Ida Foss	Blodsmak Sportsklubb #Neitillisens	2860	54:47.0	21:30.1
94	Anneli Bjørdal		2611	55:00.6	21:43.7
95	Helle Aakesen	HelleMyLady	2301	55:02.5	21:45.7
96	Eva Anita Lie		2021	55:04.2	21:47.4
97	Jorunn Evandt	Team M&J	3065	55:21.4	22:04.6
98	Silje Eidsli	EVERY Tigers	2379	55:39.6	22:22.8
99	Frances Lowrey		2844	55:59.7	22:42.9
100	Tone Iren Sørheim	VG	3091	56:09.1	22:52.3
101	Cathrine Træe		2387	56:13.0	22:56.2
101	Henriette Fjell		2821	56:13.4	22:56.6
103	Louise Christiansen		2148	56:49.6	23:32.7
103	Mika Tollefsrud		3043	56:49.4	23:32.6
105	Kate Solberg		2222	57:59.2	24:42.3
106	Marte Arnøy		2551	58:20.5	25:03.7
107	Senka Blazevic	NOBIL	3083	58:39.4	25:22.5
108	Nina Wølner		2842	58:44.5	25:27.6
109	Anja Abrahamsen		3007	58:53.2	25:36.4
110	Ingvald Valente	Airbus	2662	59:56.2	26:39.3
111	Julie Renate Tollefsen	Subsea7	2337	01:01:51.6	28:34.7
112	Cecile Moroni		2059	01:09:48.1	36:31.2
113	Narin Khalaf	GPS	2305	01:17:20.3	44:03.4
	Merethe Koppergård	IKANO BANK	2137	DNS	DNS
	Heidrun Kolstad		2144	DNS	DNS
	Siri Hartz-Hanssen		2281	DNS	DNS
	Line Bjugstad	Hjellnes Consult	2287	DNS	DNS
	Silje Larsen		2288	DNS	DNS
	Silje Torgnes		2308	DNS	DNS
	Martine Stenbro	Visma Consulting	2319	DNS	DNS
	Line Schartum-Hansen	Sapa AS	2427	DNS	DNS
	Ingvald Nordhaug		2447	DNS	DNS
	Anja Birkeland		2459	DNS	DNS
	Kristin Dalberg		2472	DNS	DNS
	Rikke Bjerke		2599	DNS	DNS
	Kristina Myhr		2664	DNS	DNS
	Line Rosseland Stokke	EY BIL	2679	DNS	DNS
	Therese Ingebrigtsen		2699	DNS	DNS
	Maria Karolina Olsson	Veritas B.I.L.	2777	DNS	DNS
	Elena Dubinina		2825	DNS	DNS

Menn 23-34 år 10 km			(Påmeldt: 226 - Startet: 191 - Fullført: 191 - Premier: 0)		
1	Mathias Nipen	Vidar / SK Vidar	2990	33:14.6	00:00.0
2	Ola Matre	Modum Friidrettsklubb	2928	33:41.9	00:27.2

	PUBLISHED TIME	SIGN	STATUS	PRINT TIME 30.05.2014 13:24:08	PAGE 25

Menn 23-34 år 10 km

(Påmeldt: 226 - Startet: 191 - Fullført: 191 - Premier: 0)

2	Kristian Karlsen		3016	33:41.1	00:26.5
4	Stian Håkonsen	Ringerike Brann Og Redning	2116	34:12.3	00:57.6
5	Øystein Sandvik	PwC BIL	2607	34:28.0	01:13.3
6	Vegard Brun Saga	Asplan Viak	2046	34:34.5	01:19.8
7	Bjørn Atle Jacobsen	Wicked Wednesday	2205	34:47.5	01:32.9
7	Erik Sagvolden	Nydalens Skiklub / Seilduksgata Festkomite	2998	34:47.8	01:33.1
9	Pontus Svensson	Vidar	2903	34:56.5	01:41.8
10	Magnus Erstad	Asplan Viak	2985	35:01.3	01:46.6
11	Jørgen Tresselt	Procter & Gamble	2430	35:28.6	02:13.9
12	Trond Atle Smedrud	Vidar / Team Powerade	2442	35:31.2	02:16.5
13	Hallvard Eriksen Buer		3082	35:33.4	02:18.7
14	Eivind Bjørhei	Norconsult BIL	2593	35:43.3	02:28.6
15	Stephan Neuhaus	Oslostudentenes IK - Friidrett / OSI Friidrett	3046	35:45.1	02:30.4
16	Håkom Stende		2347	35:49.2	02:34.5
17	Torbjørn Grønningen	Vidar / Multiconsult BIL	2635	36:06.6	02:51.9
18	Nils-Ingar Aadne	Åmot IF / Wicked Wedensday	2935	36:20.0	03:05.3
19	Henrik Opaker	Norconsult BIL	3131	36:31.9	03:17.2
20	Eirik Landheim	Finansco	2684	36:32.9	03:18.2
21	Petter Sunde Andresen		2014	37:09.0	03:54.3
22	Martin Kavli Lysgaard	SK Rye sykkel / TeamTreigemenn	2528	37:12.5	03:57.8
23	Asgeir Risheim Kvam	Asker Skiklubb	2923	37:15.0	04:00.4
24	Lars Magnus Østensen	Norconsult BIL	2824	37:28.1	04:13.4
25	Mikael Ullerø	Norconsult BIL	2905	37:33.0	04:18.3
26	Erik Ryttervoll Kvamshagen	Team Agilis	2945	37:35.9	04:21.2
27	Anders Galaasen		3130	37:44.2	04:29.5
28	Peter Bogo		3000	37:58.3	04:43.6
29	David Andersson	Norconsult BIL	2053	38:11.3	04:56.6
30	Pål Moen Møst	Frol II / Bekk Consulting	2400	38:13.9	04:59.2
31	Erik Andersen	SK Rye sykkel	2538	38:32.2	05:17.5
32	Hallvard Vigrestad	NMD-Klubben/Vitusapotek	2138	38:36.3	05:21.6
33	Anders Haug	FMC Technologies	3136	38:41.2	05:26.5
34	James Wilson		3078	38:47.3	05:32.6
35	Petter Lausund	PettR	2143	38:59.1	05:44.4
36	Martin Ødegård	Trondheim Friidrett - Friidrett / KRIK	2466	39:10.3	05:55.6
37	Joakim Sellberg	EVERY Active	2947	39:11.5	05:56.8
38	Magnus Vikstrøm		2803	39:19.5	06:04.8
38	Truls Hoel	PWC BIL	3012	39:19.4	06:04.7
40	Knut Andreas Blankholm		3064	39:21.4	06:06.7
41	Henrik Knudtzon	IDEX ASA	2598	39:23.2	06:08.5
42	Øyvind Selmer	Team Skigo/Bekk Consulting	2350	39:27.6	06:12.9
43	Pål Solbu		2972	39:28.0	06:13.3
44	Andreas Berg	ABB BIL	2364	39:35.8	06:21.1
45	Oddgeir Sølvfæstersen		2902	39:42.1	06:27.4
46	Øystein Gislås	NMD	2906	39:43.9	06:29.2
47	Anders Rustberggard	Aker Solutions	3067	39:46.1	06:31.4

Menn 23-34 år 10 km			(Påmeldt: 226 - Startet: 191 - Fullført: 191 - Premier: 0)		
48	Fredrik Hoff Eriksen	BDO	2478	39:47.6	06:32.9
49	Olle Kwick	Norconsult BIL	2136	39:49.6	06:34.9
49	Maciek Dombrowski	Scandic Fornebu	2413	39:49.4	06:34.7
51	Fredrik Jensen	SK Breial	2884	39:50.0	06:35.3
52	Olav Aas		2267	39:51.6	06:36.9
53	Ingar Richardsen Liaset		2294	39:56.2	06:41.5
53	Endre Hareide Hallre	Team Tronrud	2502	39:56.0	06:41.3
55	Paul Andreas Marchioro Ystad	Norsk Energi	2725	39:57.5	06:42.8
56	Johan Fredrik Furuly	Strengereid IL / Treningscamp	3076	40:00.1	06:45.4
57	Morten Grundstad		2694	40:12.5	06:57.8
58	Torstein Aakre		2289	40:19.8	07:05.1
59	Daniel Melki	Tiger Of Sweden	2330	40:22.2	07:07.5
60	Karsten Kopland	Modum Friidrettsklubb	2918	40:36.0	07:21.3
61	Aksel Skogvang	Reinertsen BIL	2865	40:37.2	07:22.5
62	Jon Kippenes		2940	40:42.3	07:27.6
63	Ole Mossin Olesen		2438	40:44.3	07:29.6
64	Martin Lycke	Deloitte	2293	40:45.6	07:30.9
64	Martin Myrvang		2657	40:45.4	07:30.7
66	Espen Hobber Nilsen	Team Wegger & Kvalsvik	2752	41:05.5	07:50.8
67	Christoffer H. Isaksen	Storebrand Sport	2781	41:07.2	07:52.5
68	Robert Bue	Marnardal IL	3094	41:19.8	08:05.1
69	Andreas Langeland	NCL/Ski Team Quattro	2304	41:23.1	08:08.4
70	Jens Christian Hole	Velledalen IL - Friidrett	3037	41:24.5	08:09.8
71	Jona Stian	Finansco	2740	41:25.9	08:11.2
72	Henning Holm	Skjalg IL / EVO	3099	41:26.2	08:11.5
73	Øystein Myrmo	Lilleaker Consulting BIL	2482	41:30.4	08:15.7
74	Jarle Skrebergene	Kongsberg Oil&Gas	2479	41:31.0	08:16.3
75	Kim Erik Christiansen		2794	41:33.2	08:18.5
76	Tobias Nordback	Merisma Accounting AS	2490	41:37.7	08:23.0
77	Martin Halvorsen		2183	41:39.0	08:24.3
78	Sindre Boge	Asker og Bærum Tamil Sportsklubb	2395	41:44.2	08:29.5
79	Jo Saakvitne	Norges Bank Idrettslag	3045	41:52.3	08:37.6
80	Antonio Alcantara		2030	41:54.2	08:39.5
81	Pål Nesdal Fossum	Opoint AS	2376	42:03.6	08:48.9
82	Martin Kleppe Asphjell		2882	42:08.6	08:53.9
83	Kevin Eide		2868	42:11.9	08:57.2
84	Arne Albrektsen		2784	42:12.8	08:58.1
85	Gaute Dalastøyl	Den Norske Turistforening	2094	42:16.1	09:01.5
86	Fenger Jørgen Grøn	Team Powerade	2863	42:26.8	09:12.1
87	Sven Danielsen	Norsk Energi	3101	42:31.6	09:16.9
88	Roar Gulbrandsen		3068	42:35.5	09:20.8
89	Per Brandser	Visma	3006	42:44.6	09:29.9
90	Espen Johannessen		2671	42:45.0	09:30.3
91	Bjørnar Christensen	Subsea 7	2952	42:46.1	09:31.4
92	Eivind Giske		3035	42:53.5	09:38.8
93	Tore Husan	Snarøya SK	3148	42:55.2	09:40.5
94	Audun Brandsæter		2786	42:59.5	09:44.8

Menn 23-34 år 10 km

(Påmeldt: 226 - Startet: 191 - Fullført: 191 - Premier: 0)

95	Ibrahim Bulut		2580	43:05.5	09:50.9
95	Lars Henrik Manengen	Veidekke BIL	3077	43:05.7	09:51.0
97	Aslak Nanseth	Handelsbanken BIL	2775	43:12.2	09:57.5
98	Grunde Olimstad		2702	43:19.4	10:04.7
99	Terje Alstad	Byneset IL / ANB	2583	43:21.2	10:06.5
100	Stein Aaserud	Aibel BIL	2915	43:24.8	10:10.1
101	Hans Skogman		2029	43:27.6	10:12.9
102	Martin Andreas Vik	NVE	2958	43:30.6	10:15.9
103	Örjan Ahnoff	Team Emma&Anton	2027	43:31.2	10:16.5
104	Oscar André Halsen	Krogsveen	2507	43:33.0	10:18.3
105	Gregorz Kakol	Scandic Fornebu	2332	43:34.2	10:19.5
106	Kristoffer Sandstad Hansen	SWECO BIL	3075	43:37.6	10:22.9
107	Stig Axelsen	Cacaoblubben	2973	43:41.3	10:26.6
108	Sam Zarrabi	Aker Solutions	2320	43:45.1	10:30.4
109	Eirik Ramstad		2750	43:49.7	10:35.0
110	Hans Ranøyen Homb	Technip Norge AS	2142	43:50.6	10:35.9
111	Sebastian Klüwer	Sauter AS	2665	43:53.2	10:38.5
112	Lars Erik Karlsen	Linus AS	3026	43:54.5	10:39.8
113	Torstein Kristiansen	Arendal CC / Dib	2066	43:56.6	10:42.0
114	Lutz Lüdenbach		2075	44:01.5	10:46.8
115	Jørgen Ørnholt	Kredinor	3033	44:08.2	10:53.5
116	Morten Grøndal	Merisma Accounting AS	2693	44:09.7	10:55.0
117	Magnus Nicolai Boye	Bamsebu	2595	44:10.6	10:56.0
118	Kent Gasmann	Runners World	2617	44:16.0	11:01.3
119	Vegard Sandven		2339	44:20.5	11:05.8
120	Arne Olaf Godtland		2240	44:21.8	11:07.1
120	Henrik Nossen	Norconsult BIL	2351	44:21.0	11:06.3
122	Anders Antonsen	Team Antpsen	2204	44:26.8	11:12.1
123	Arild Opsahl	IKANO BANK	2104	44:27.8	11:13.1
123	Martin Kildahl	Norddal IL / Aker Solutions	2156	44:27.0	11:12.3
125	Henrik Guu-Larsen	Gode Venner Lag	3055	44:28.3	11:13.6
126	Kristian Fosslund	Aker Solutions	2591	44:34.1	11:19.4
127	Christoffer Nordeng	Teleplan BIL	2929	44:37.3	11:22.6
128	Alejandro Jaramillo	Statoil BIL	2237	44:38.1	11:23.4
129	Marius W. Larsen	Crossfit Yggdrasil	2232	44:42.1	11:27.4
130	Lars Laugen	Veritas BIL	2001	44:45.9	11:31.2
131	Ståle Wærness		2658	44:49.1	11:34.4
132	Eivind Hagen	Team Wegger & Kvalsvik	2761	44:54.6	11:39.9
133	Christoffer Fleischer	Dib	2626	45:04.9	11:50.2
134	Nils Gunnar Landsverk	Vegårshei IL	2919	45:12.4	11:57.7
135	Hadrien Copponnex		2574	45:37.2	12:22.5
136	Lars Lødemel Iversen		2396	45:41.8	12:27.1
137	Joakim Mathisen	Skoger	2518	46:22.9	13:08.2
138	Niklas Hjorthen		3003	46:33.5	13:18.8
139	Stian Andreassen	Finansco	2464	46:39.9	13:25.2
140	Børge Kleiven Mælum	Dib	2307	46:42.1	13:27.4
141	Aksel Inge Sinding	EVERY Tigers	2562	46:48.8	13:34.2

Menn 23-34 år 10 km			(Påmeldt: 226 - Startet: 191 - Fullført: 191 - Premier: 0)		
142	Petter Fulland	Dib	2388	46:49.4	13:34.7
143	Christoffer Bjørnsen	Snarøya SK	3152	46:50.8	13:36.1
144	Joon Gustav Hammerstad	DNB	2290	46:53.3	13:38.6
145	Christian K Arnesen	Asker og Bærum Tamil Sportsklubb / Finansco	2171	47:07.9	13:53.2
146	Mats Langfeldt Dahlback	EVERY Tigers	2242	47:59.2	14:44.6
147	Arne Andreas Gjølme		2652	48:00.5	14:45.9
148	Øyvind Smith-Venaas	Aker Solutions BIL	2132	48:03.2	14:48.5
149	Arnt Ove Sørheim		2645	48:07.4	14:52.7
150	Kenneth Tunaal		3149	48:13.1	14:58.4
151	Audun H. Jacobsen		2196	48:23.8	15:09.1
152	Simen Strandhaug-Larsen		3005	48:29.9	15:15.2
153	Morten Kind Gulbrandsen	Technip Norge AS	2653	48:36.8	15:22.1
154	Simon Hanson		2959	48:41.8	15:27.1
155	Samir Ghazal	Vitusapotek	3118	48:44.2	15:29.5
156	Elias Edmann	Runners World	2324	48:52.2	15:37.5
157	Morten Arnstad		2578	49:10.3	15:55.7
158	Fredrik Skåden		3098	49:14.5	15:59.9
159	Christian Muri	Visma	3156	49:21.1	16:06.4
160	Vegard Ølstad	Nordea	2415	49:22.0	16:07.4
161	Peter Madai		2967	49:33.9	16:19.2
162	Hans Erik Ringi	IKANO BANK	2696	49:52.1	16:37.5
163	Pierre Beauguitte	Opoint	2833	51:24.0	18:09.3
164	Shiraz Abid		2571	51:26.5	18:11.9
165	Sebastian Lund	Ingen	2179	51:28.0	18:13.3
166	Erlend Fitje	Vidar	3081	51:43.9	18:29.2
167	Pedram Nadim	Kongsberg Oil & Gas Technologies	2933	51:49.1	18:34.4
168	Eivind Vad Petersson		2477	51:56.6	18:41.9
169	Jon Espen Nergård	Canal Digital	2965	51:59.5	18:44.8
170	Christer Stenseth		2210	52:44.3	19:29.6
171	Thomas Lindgren		2022	52:56.2	19:41.5
172	Vegard Hansen	EVERY Tigers	2624	53:21.0	20:06.3
173	Morten Weel Johnsen	Iterate AS	2734	53:26.8	20:12.1
174	Bastien Barriere		3133	54:05.5	20:50.8
175	Rasmus Hatcher		2979	54:10.4	20:55.7
176	Fredrik Løwehr	Airbus	2688	54:19.3	21:04.6
177	Bent Ola Dambråten	Eina SK	2378	54:32.7	21:18.0
178	Kristoffer Nesbak	Pronto TV	2161	54:39.0	21:24.3
179	Bjørnar Røseis		3113	54:45.2	21:30.5
180	Robert Edlund	ProntoTV	2244	55:33.8	22:19.1
181	Espen Hollerud	IKANO BANK	2886	55:36.8	22:22.1
182	Martin Schiander	Fornebuløperne	2283	56:05.6	22:50.9
183	Arne-Morten Willumsen	Finansco	2392	57:07.8	23:53.1
184	Stig Fossum		2247	58:27.1	25:12.4
185	Andreas Eidissen	Teleplan BIL	2209	58:51.9	25:37.2
186	Ole Petter Harbitz	FVK	2370	59:08.8	25:54.1
187	Stian Selnes	Pexip	2366	59:24.8	26:10.1

Menn 23-34 år 10 km

(Påmeldt: 226 - Startet: 191 - Fullført: 191 - Premier: 0)

188	Philip Thoresen		2899	01:02:12.7	28:58.0
189	Prashant Sharma	Finansco	2901	01:02:24.9	29:10.2
190	Jonas Spildrejordet		2159	01:03:58.1	30:43.4
191	Rogério Snarli		2245	01:11:34.2	38:19.5
	Marius Røstum	If Skadeforsikring	2003	DNS	DNS
	Bastian Bie	Merisma Accounting AS	2016	DNS	DNS
	Marius Husebø-Evensen		2023	DNS	DNS
	Ola Sætrang	Tendenz	2026	DNS	DNS
	Simen Gjersvoll Osland	Norwegian Claims Link AS	2084	DNS	DNS
	David Engerberg	Veritas B.I.L	2122	DNS	DNS
	Ole Thomas Helgesen	Accenture BIL	2123	DNS	DNS
	Per Kristian Sørli		2157	DNS	DNS
	Jan Magnus Brevik		2178	DNS	DNS
	Christopher Jay	Telio Telecom	2182	DNS	DNS
	Lars Loftaas	Subsea7	2208	DNS	DNS
	Bjørn Tore Gregertsen	Sætre Idrætsforening Graabein	2215	DNS	DNS
	Hans Martin Nilsen	Aker Solutions BIL	2226	DNS	DNS
	Magnus Nøkleby		2228	DNS	DNS
	Ricardo Mendez Rodriguez		2268	DNS	DNS
	Lars Eid Nielsen	Nydalens Skiklub / Multiconsult BIL	2315	DNS	DNS
	Erik Skarstein Sandnes	Accedo BIL	2338	DNS	DNS
	Bjørn Andre Fermann	Finansco	2373	DNS	DNS
	Terje Gangås	Rye Sp.Kl.	2401	DNS	DNS
	Knut Strand		2419	DNS	DNS
	Tord Bjørnevaagen	Steria	2425	DNS	DNS
	Erlend Stokke	Heming	2436	DNS	DNS
	Jan Fredrik Helgaker	Veritas BIL	2532	DNS	DNS
	Andreas Almlid	Hamar Skiklubb	2569	DNS	DNS
	Øyvind Kleppe Asphjell	IDEX ASA	2576	DNS	DNS
	Tom Erik Maast	Lundin Norway	2674	DNS	DNS
	Daniel Paul Getz		2721	DNS	DNS
	Atle Ådnebergli	Dib	2763	DNS	DNS
	Joshua Stickler		2768	DNS	DNS
	Jan Olav Solli	Lundin Norway	2798	DNS	DNS
	Daniel Tebbutt		2809	DNS	DNS
	Jørgen Olsen	Statoil BIL	2832	DNS	DNS
	Eirik Syvertsen	Merisma Accounting AS	2864	DNS	DNS
	Martin Ekeberg	Samemafiaen	2900	DNS	DNS
	Morten Ødegård	Subsea 7	2949	DNS	DNS

Kvinner 35-39 år 10 km

(Påmeldt: 55 - Startet: 46 - Fullført: 46 - Premier: 0)

1	Elise Reiten	FVK	2306	38:51.3	00:00.0
2	Louise Skak		2785	40:37.4	01:46.0
3	Linn Tidemandsen	Fuel Express	2727	41:36.8	02:45.4
4	Trine Holmer-Hoven	Evry	2690	43:24.2	04:32.8
5	Hanne Markussen Myhr	Gåping IL / Høvik Jogg	2335	44:49.1	05:57.7
6	Marianne Bjerva	Team Raske Gutter	2011	45:29.0	06:37.6



PUBLISHED TIME

SIGN

STATUS

PRINT TIME

30.05.2014 13:24:08

PAGE

30

Kvinner 35-39 år 10 km

(Påmeldt: 55 - Startet: 46 - Fullført: 46 - Premier: 0)

7	Trine Bjerke Welhaven		2428	45:33.9	06:42.5
8	Arlina Andersen	Privat	2462	45:35.0	06:43.6
9	Ragnhild Vinsvold	Ciber Norge	2987	46:07.4	07:16.1
10	Marianne Mathiesen		2095	46:10.8	07:19.5
11	Cecilie Lagerberg	N/A	2910	46:14.8	07:23.5
12	Pernille Solberg	Vitusapotek	2817	46:31.2	07:39.9
13	Cecilie Paust-Andersen		3044	46:32.0	07:40.6
14	Anne Line Håseth	FVK	2233	47:01.8	08:10.5
15	Åsne Meland	NMD Klubben	2644	47:48.4	08:57.1
16	Kjersti Svee Aas	Abelia	2748	48:03.6	09:12.3
17	Angela Kok		2904	48:30.4	09:39.0
18	Svenja Kernstock	OSI Orientering	2390	49:17.0	10:25.6
19	Camilla Heim Klepaker	Feedenfruenes IF	2806	49:28.3	10:37.0
20	Jannicke Horntvedt	Handelsbanken	2213	49:29.2	10:37.8
21	Hilde Irene Stensrud		2174	49:34.7	10:43.4
22	Monica Ottesen	OBOS	2013	49:38.8	10:47.4
23	Luwam Ghebremeskel		2077	50:02.4	11:11.1
24	Hege Fantoft Andreassen	Kreftforeningen BIL	2102	50:37.7	11:46.4
25	Nicole Due-Tønnessen	DueStrøm	2660	50:45.7	11:54.4
26	Veronica Eftevåg		2437	50:47.9	11:56.5
27	Marte Myrvold		2349	51:18.6	12:27.3
28	Elisabeth Rønnestad Brodwall		2801	51:28.4	12:37.1
29	Linn Cathrine Bye	DNV GL	2251	51:44.4	12:53.0
30	Kathinka Augustine		3151	53:13.7	14:22.3
31	Ruth Louise Hiorth	Tyribakken IF	2009	53:18.7	14:27.4
32	Kristine Haugaard		2797	53:20.7	14:29.3
33	Maria Reche	Høvik Jogg	2971	53:54.4	15:03.1
34	Alexandra Bristol		3121	54:39.6	15:48.2
35	Tea Skattebo		2229	55:04.3	16:13.0
35	Marianne Lie Løwe		2513	55:04.9	16:13.6
37	Mari-Jolen Thorsen		2563	55:27.3	16:35.9
38	Marianne Nordeide		2367	55:33.5	16:42.2
39	Anne Knudsen		2054	56:56.6	18:05.2
40	Wibecke Ødegård Johansen		2446	56:59.4	18:08.1
41	Anette Petronella Strædet		2356	57:04.9	18:13.5
42	Wenche Hansen		2670	58:48.1	19:56.7
43	Hege Finsrud		2869	59:43.1	20:51.7
44	Synnøve Jacobsen	EVERY Tigers	2125	01:00:43.8	21:52.4
45	Kjersti Marie Stensrud	Sweco Norge AS	2152	01:10:02.2	31:10.9
46	Marita Løvstad	GPS	2109	01:17:23.2	38:31.9
	Margareth Aske		2474	DNS	DNS
	Sigrid Flo Eriksen		2510	DNS	DNS
	Kine Lindstrøm		2512	DNS	DNS
	Kariann Øye Pedersen	Statoil BIL	2619	DNS	DNS
	Vibeke Westfal-Larsen	Aker Solutions	2627	DNS	DNS
	Inger Haugland		2649	DNS	DNS
	Heidi Tronbøl	Rye Sp.Kl.	2811	DNS	DNS

Kvinner 35-39 år 10 km**(Påmeldt: 55 - Startet: 46 - Fullført: 46 - Premier: 0)**

Janina Boehmer	2845	DNS	DNS
Marianne Villabø	2885	DNS	DNS

Menn 35-39 år 10 km**(Påmeldt: 129 - Startet: 114 - Fullført: 111 - Premier: 0)**

1	Philip Tavell	WickedWednesday/Helly Hansen	2269	33:31.2	00:00.0
2	Lennart Garnes	SK Vidar	2994	34:13.2	00:42.0
3	Christer Ekdahl		3039	34:42.2	01:11.0
4	Tommy Ravndal	Team Sportsland.No	3011	35:03.2	01:32.0
5	Kjetil Sørum	Stavern Sport	2190	35:04.7	01:33.5
6	Espen ALMLID	Team KPMG	3129	35:23.6	01:52.4
7	Marius Myrstad	Team SKIGO/Diakonhjemmet Sykehus	2948	36:00.4	02:29.2
8	Kristian Schiander	Holmenkollen CK / Oslofjord Triatlon	2585	36:01.8	02:30.6
9	Torstein Bjerland		2452	36:09.2	02:38.0
10	Trond Håvard Brunes	Hvam IL / Hvam IL/Norges Friidrettsforbund	3001	36:18.0	02:46.8
11	Anders Westvold	Apotek1	2449	36:30.1	02:58.9
12	Vegard Brox	Bøler IF	2103	37:03.4	03:32.2
13	Knut Olav Rød	BCG	2331	37:27.8	03:56.6
14	Anders Eivind Myhre	MS Svartor	2968	37:30.4	03:59.2
15	Thomas Tronstad	OBOS	2849	37:36.6	04:05.4
16	Andreas Karlsson		2503	37:52.9	04:21.7
17	Kjetil Bergh	Team Sportsland.No	3097	38:03.0	04:31.8
18	Christian Dahll		2550	38:23.2	04:52.0
19	Matthieu Gaudin	Bjarkøy Vel- og Idrettsforening	2749	38:33.5	05:02.3
20	Yann Pecqueux	Therma Industri	2501	38:44.6	05:13.4
21	Håvard Stensrud	Statoil BIL	2527	38:46.5	05:15.3
22	Knut Erik Østbøll	Team Raske Gutter	2542	38:54.3	05:23.1
23	Bjørn Eide	Aker Solutions BIL	2440	39:12.7	05:41.5
24	Niklas Haglund	SATS	2608	39:19.1	05:47.9
25	Arno De Jong		2880	39:21.4	05:50.2
26	Brendan Hogg		2487	39:24.8	05:53.6
27	Knut Ole Hol		2992	39:26.8	05:55.6
28	Bjørn Egil Halvorsen	Aftenposten	2345	39:42.5	06:11.3
29	Martin Aanjesen		2189	39:43.5	06:12.3
30	Tor-Henrik Solbakken		2564	39:45.7	06:14.5
31	Dag Gaute Gaasemyr	Oslostudentenes IK - Friidrett	2558	39:50.0	06:18.8
32	Runar Solberg		3102	40:30.6	06:59.4
33	Rune Tallaksen	DDR	2789	40:40.4	07:09.2
34	Rikard Eriksen	Steria	2126	40:41.2	07:10.0
35	Even Nedberg	Privat	3057	40:53.1	07:21.9
36	Markus Naue	Norconsult BIL	2625	40:59.5	07:28.3
37	Kristen-Andre Olsen	Veitvet	2753	41:03.5	07:32.3
38	Geir Haugen	Norconsult BIL	3010	41:07.1	07:35.9
39	Thomas Stordalen	Røa IL	2773	41:14.0	07:42.8
40	Magnus Følling	IKANO BANK	2424	41:24.1	07:52.9
41	Eyvind Ohm	Folkehelseinstituttet	2823	41:31.9	08:00.7

Menn 35-39 år 10 km		(Påmeldt: 129 - Startet: 114 - Fullført: 111 - Premier: 0)			
42	Vegard Sivertsen		3117	41:33.3	08:02.1
43	Per Kristian Lie Løwe	Bærum Akeforening	2594	41:40.0	08:08.8
43	Andreas Munck		2946	41:40.7	08:09.5
45	Marius Mellem		3103	41:41.4	08:10.2
46	Jens Conradi	Capgemini	2689	41:44.1	08:12.9
47	Roger Erstad	Varegg Fleridrett / Fjellgeitene	2916	41:49.8	08:18.6
48	Per Olav Sætre	Lundin Norway	2329	41:53.8	08:22.6
49	Kashif Mir	CopyCat AS	2188	41:57.7	08:26.5
50	Jørn-Morten Dahl	Norconsult BIL	2253	41:58.7	08:27.5
51	Kristian Ulvestad		2079	42:03.9	08:32.7
52	Ulrik Nilsson	Akershus Sykehus	3128	42:04.5	08:33.3
53	John Iversen	OSI	2983	42:09.4	08:38.2
54	Magnus Bostrøm	Homebase	2805	42:25.4	08:54.2
55	Nicolai Amundsen	Enzo MG	2925	42:29.2	08:58.0
56	Anders Aardal		2374	42:30.2	08:59.0
57	Eirik Tallaksen	DDR	2718	42:48.8	09:17.6
58	Thomas Danbolt	Raufoss IL -Friidrett	2762	43:13.6	09:42.4
59	Frode Hopstad		2193	43:19.5	09:48.3
60	Konrad Albert Maliszewski	Foreningen Frikransen / Frikransen	2354	43:20.9	09:49.7
61	Simen Kristoffersen	EVRY	2960	43:25.2	09:54.0
62	Richard Roobol	Sauter	2728	43:26.3	09:55.1
63	Cristobal Molina		2496	43:37.6	10:06.4
64	Claus Håvik	Treningscamp	2382	43:44.3	10:13.1
65	Julius Lund	OBOS	2238	43:49.8	10:18.6
66	Vegard Stenberg		2874	43:56.3	10:25.1
67	Henrik Fjeld	Norwegian BIL	2606	44:14.7	10:43.5
68	Sam Amiri	Ingen	2056	44:42.9	11:11.7
69	Daniel Macdonald	MacRibe	2140	44:48.4	11:17.2
70	Kim Havrevold		2961	44:55.6	11:24.4
71	Kenneth Svartvatn		2212	45:31.3	12:00.1
72	Anders Sørensen	Budstikka	2024	45:37.5	12:06.3
73	Erik Alsaker	SEB	2476	45:57.8	12:26.6
74	Jørgen Svendgård	Merisma Accounting	2732	46:01.9	12:30.7
75	Fredrik Vinnes	Lundin- Norway	2760	46:10.3	12:39.1
76	Erik Myhrberg	Farbror Bosse	2230	46:24.8	12:53.6
76	Tor Olav Eikrem	Norsk Energi	2646	46:24.6	12:53.4
78	Kristian Olav Mørch		2747	46:31.1	12:59.9
79	Denis Pokotylyuk	Dib	2200	47:32.7	14:01.5
80	Lars Velund	Audi	2128	47:49.4	14:18.2
81	Anders Tosterud	Billia	2850	47:54.1	14:22.9
82	Svein Arild Haugum		2458	48:12.0	14:40.8
83	Eirik Furuseth	Finansco	2435	48:18.1	14:46.9
84	Kenneth Arvesen	Telenor BIL	2755	48:24.0	14:52.8
85	Sverre Krog		3070	48:26.4	14:55.2
86	Henning Hetland		2355	48:33.4	15:02.2
87	Andreas Heim	Feeden IF	2473	48:55.4	15:24.2
88	Torger Magnus Jonassen	Ensom Og Forlatt	2546	48:58.8	15:27.6

Menn 35-39 år 10 km			(Påmeldt: 129 - Startet: 114 - Fullført: 111 - Premier: 0)		
89	Kenneth Braaten		2471	49:31.0	15:59.8
90	Hans Peter Aandstad	Kärcher AS	2711	49:49.4	16:18.2
91	Lars Omre-Qviller	Dib	2417	49:59.1	16:27.9
92	Anders Rom		2620	50:13.6	16:42.4
93	Lasse Haug		2698	50:39.1	17:07.9
94	Jon Gotteberg		2553	51:03.2	17:32.0
95	Kim Jørgensen	Lundin Norway	2509	51:06.1	17:34.9
96	Richard Dawson Funke		2124	51:42.7	18:11.5
97	Israel Polonio	Lundin Norway	2282	51:53.6	18:22.4
98	Ivar Asbjørn Bredesen	Oslo Handicapil.	2851	52:04.9	18:33.7
99	Andreas Werner	Idex	2186	52:45.7	19:14.5
100	Christian Førde	Advokatfirmaet Førde AS	2158	53:15.0	19:43.8
101	Erik Hammer	Lundin Norway	2516	53:34.0	20:02.8
102	Andreas Andersson	If bedrift	3138	53:39.5	20:08.3
103	Henning Gravnås		2133	53:51.1	20:19.9
104	Ole Martin Karrevik	Dib	2049	53:54.0	20:22.8
105	Rune Nakstad	Golder Associates AS	2676	53:55.9	20:24.7
106	Lasse Norheim		2802	54:20.0	20:48.8
107	Simen Teigre	Pexip	2723	54:29.0	20:57.8
108	Kim Eliseussen Holm	Dib	2010	54:39.8	21:08.6
109	Tom Vasset	Frosta IL	2303	54:42.9	21:11.7
110	Eivind Lyford		3089	55:28.3	21:57.1
111	Henrik Schiander	Fornebuløperne	2443	58:29.1	24:57.9
	Rune Vik		2012	DNS	DNS
	Jarle Andersen	Dib	2048	DNS	DNS
	Lars Gunnar Lilleklev	Merisma Accounting AS	2089	DNS	DNS
	Thomas Lindtveit		2176	DNS	DNS
	Stefan Kernstock	OSI Orientering	2256	DNS	DNS
	Robert Håvemoen Steffensen		2271	DNS	DNS
	Øyvind Marcussen	Statoil BIL	2529	DNS	DNS
	Pål Tverdal	Finansco	2589	DNS	DNS
	Sigbjørn Seland	Entreprenørservice	2629	DNS	DNS
	Åge Olsen	Kyrksæterøra IL / Sparebank1	2758	DNS	DNS
	Mauritz Wahl	Lyn	2764	DNS	DNS
	Erik Botnevik		2769	DNS	DNS
	Roar Heidenstrøm		2892	DNS	DNS
	Freddy Nordnes	FVK	2962	DNS	DNS
	Olav Solholm		3079	DNS	DNS

Kvinner 40-44 år 10 km			(Påmeldt: 77 - Startet: 63 - Fullført: 61 - Premier: 0)		
1	Marianne Garmann Ullsand	Sk Vidar	2264	40:00.0	00:00.0
2	Helene Christine Groth	SK Kraft	2100	40:06.1	00:06.1
3	Annica Hernes	Fossum IF	3058	40:24.6	00:24.5
4	Thine Wilkensjernberg	Kjelsås IL / Team Includia	2265	40:57.0	00:56.9
5	Lena Jansen	Fossum IF	2536	41:08.0	01:07.9
6	Jill Jørgensen	Team Aker	3127	42:58.3	02:58.3
7	Hege Ihle-Hansen	IL Tyrving	2867	43:53.0	03:53.0

	PUBLISHED TIME	SIGN	STATUS	PRINT TIME 30.05.2014 13:24:08	PAGE 34

Kvinner 40-44 år 10 km			(Påmeldt: 77 - Startet: 63 - Fullført: 61 - Premier: 0)		
8	Synnøve Lind Rygh	Lundin Norway	2408	43:56.2	03:56.1
9	Lene Johannessen	IKANO BANK	2450	44:28.7	04:28.6
10	Rut Krüger Giverin	Try/Utenriksdepartementet	2334	44:33.3	04:33.3
11	Hege Halseth Bang	Veritas BIL	2533	44:44.1	04:44.0
12	Lene Johansen		2855	44:48.9	04:48.8
13	Vibeke Kippe Nævdal	Fossum IF	2328	45:27.8	05:27.7
14	Annette Skotner	Dib	2433	45:37.3	05:37.2
15	Helene Løvkvist	Team Løvkvist	2097	45:41.7	05:41.6
16	Hanne Lie	One To One	2701	45:44.0	05:43.9
16	Anja Solberg	Røa IL	3155	45:44.4	05:44.3
18	Trude H. Ågesen		2937	46:00.3	06:00.2
19	Mona Mikaelson	Pexip	2055	46:18.2	06:18.1
20	Hege Vethe	IKANO BANK	2217	47:13.9	07:13.8
20	Inger Marie Ingdahl	Team Pay	3140	47:13.3	07:13.2
22	Helene Lesund		2402	47:20.1	07:20.1
23	Elin Andersen	Røa IL	2826	48:06.0	08:05.9
24	Trine Lydersen		2153	48:47.8	08:47.7
25	Carina Wik	Treningscamp	2393	48:52.6	08:52.5
26	Siw Helland		3084	49:36.1	09:36.0
27	Lise Klevan	Fossum IF / Løpedronningene	2187	49:38.3	09:38.2
28	Agata Reistad		2742	49:55.3	09:55.2
29	Ingrid Fossgard-Moser	Statoil BIL	2628	50:04.1	10:04.0
30	Anne-Lene Sandberg		2792	50:30.9	10:30.8
31	Marianne Nalum	Rådtassene	2804	50:41.9	10:41.9
32	Trude Løkås		2259	50:42.3	10:42.3
33	Eline Hyggen Fjeldheim	1SkiLøperne / Studentwork Sharper	2540	50:44.8	10:44.7
34	Siren Bergmann		2480	50:55.0	10:55.0
35	Camilla Hammer Solheim	BA-HR BIL	3017	50:58.2	10:58.1
36	Karianne Ekern		2678	51:17.8	11:17.7
37	Hilde Hansen		3115	51:39.6	11:39.5
38	Gry Rømo	Team Skauen	2986	52:03.4	12:03.3
39	Marianne Bretteville	Fossum IF	2420	52:23.1	12:23.1
40	Hege Vibeke Thomassen	BIL Norwegian	2912	52:45.5	12:45.5
41	Liv Inger Eker Blom	Gjekstad & Østerøya IF / Gjettum Dreamteam	2712	52:47.9	12:47.8
41	Agnes Brande	Ross Offshore	3088	52:47.1	12:47.0
43	Cecilie Varsi	Oslo Universitetssykehus	2766	53:05.3	13:05.3
44	Patrica Noordhof Ask	IKANO BANK	2581	53:20.6	13:20.5
45	Olaug Karin Vestersjø	Telenor BIL	2829	53:39.4	13:39.3
46	Kristina Skogen		2703	54:08.5	14:08.5
47	Hildegard Anmarkrud		2858	54:49.2	14:49.1
48	Cecilie Ruen	IKANO BANK	2669	56:28.3	16:28.2
49	Tonia Faremo		2514	56:46.5	16:46.4
50	Anna Katarina Grova	Kolsås Dreamteam	2870	56:52.0	16:51.9
51	Linda Schulz		2412	57:00.5	17:00.4
51	Bodil Egge		2997	57:00.8	17:00.7
53	Therese Lien Sørensen		2837	57:03.8	17:03.7

Kvinner 40-44 år 10 km**(Påmeldt: 77 - Startet: 63 - Fullført: 61 - Premier: 0)**

54	Karen Husebye		3050	57:07.9	17:07.8
55	Kathrine Selvikvåg Malme		2475	58:32.6	18:32.5
56	Katarzyna Turbak		2050	59:12.8	19:12.7
57	Jeanette Lunder	Snarøya Sportsklubb	3157	59:18.5	19:18.5
58	Grete Meyer		2394	59:23.8	19:23.7
59	Laila Sørbø		2406	01:01:44.8	21:44.8
60	Helga Brøgger	Oslo Universitetssykehus	2248	01:04:23.0	24:22.9
61	Vibeke Engebretsen	Bedrift IF	2754	01:09:51.8	29:51.7
	Anette Hobæk Ravnsborg	Budstikka	2080	DNS	DNS
	Vibeke Ljungmann		2081	DNS	DNS
	Tone Faugli	Kolsås Dreamteam	2114	DNS	DNS
	Brita Sauar	Statoil BIL	2162	DNS	DNS
	Pernille Arvesen	Øyprinsessene	2221	DNS	DNS
	Hedda Grape	Røa IL	2316	DNS	DNS
	Karen Marie Lange		2363	DNS	DNS
	Mette Borhaug		2432	DNS	DNS
	Anne Kristiansen	Qicraft Norway	2549	DNS	DNS
	Kristin S. Indredavik	Privat	2573	DNS	DNS
	Cathrine Lyssand		2610	DNS	DNS
	Margrethe Myhre		2680	DNS	DNS
	Kristine Andenæs Axelsen		2739	DNS	DNS
	Lise Forbes Haraldsen	Budstikka	2759	DNS	DNS

Menn 40-44 år 10 km**(Påmeldt: 144 - Startet: 122 - Fullført: 121 - Premier: 0)**

1	Odd-Bjørn Hjelmeset	Nittedal IL / Bama	2497	33:44.6	00:00.0
2	Arild Hagesveen	Bøler IF / Bøler If Friidrett	3028	33:50.4	00:05.7
3	Carl-Johan Bergensstjerna		2848	35:08.9	01:24.2
4	Dominic Hoff	Rye Sp.Kl.	2407	35:54.1	02:09.4
5	Pål Fritsvold	Norconsult BIL	2448	36:30.8	02:46.1
6	Morten Omland	Kjelsås IL / Kjelsås IL	2654	36:33.9	02:49.2
7	Torkel Hafting		2069	37:12.3	03:27.6
8	Thomas Dirix	Veritas BIL	2955	37:24.4	03:39.7
9	Sverre Alvik	Veritas BIL	2820	37:35.5	03:50.8
9	Martin Mølsæter		3004	37:35.9	03:51.2
11	Hans Christian Ruud	Team SKIGO	2630	37:36.6	03:51.9
12	Atle Haakenstad	IL Try / Veidekke	3069	37:46.3	04:01.6
13	Terje Michelsen	Nordea BIL	2623	37:49.2	04:04.5
14	Andreas Gossner	Merisma Accounting AS	2341	37:51.0	04:06.3
15	Andreas Jacobsen	Storebrand Sport	2067	38:04.3	04:19.6
16	Thomas Haug		3093	38:33.6	04:48.9
17	Matthew Jerrard		2877	38:38.0	04:53.3
18	Ralph Mauritz Løvgren	Aktiv Glede AS	2738	39:23.4	05:38.7
19	Morten Ingar Hansen	Privat	2279	39:28.4	05:43.7
19	Eirik Byklum	Statoil BIL	2291	39:28.2	05:43.5
21	Åge Mikael Strand	Grindvoll IL	2121	39:29.6	05:44.9
22	Tommy Larsen	Break.Org / Airbus Group	2939	39:35.5	05:50.8
23	Jan Solhøy		3112	39:36.4	05:51.7

Menn 40-44 år 10 km		(Påmeldt: 144 - Startet: 122 - Fullført: 121 - Premier: 0)			
24	Neil Dryland		2735	39:37.9	05:53.3
25	Lasse Schøning	Darkhorse	3139	39:49.3	06:04.6
26	Geir Hoff	Tyrving IL	2836	39:50.5	06:05.8
27	Mats Sollie	Storebrand Sport	2944	40:08.7	06:24.0
28	Tor Erik Dahl	Sturla	2648	40:13.3	06:28.6
29	Marius Five Aarset	ABB BIL	2381	40:15.1	06:30.4
30	Espen Michaelsen		2299	40:28.8	06:44.1
31	Mattias Ahnoff		2277	40:31.0	06:46.3
32	Anders Thorsen		3047	40:37.6	06:52.9
33	Terrone Franz		2399	40:40.0	06:55.3
34	Wouter Pastoor		2262	40:45.5	07:00.8
35	Espen Seidel	Finansco	2117	40:49.5	07:04.8
36	Thomas Weihe		2810	40:50.5	07:05.8
37	Torkel Engeness	Intelecom	2651	40:53.5	07:08.8
38	Alf-Anders Langhelle	Statens Vegvesen BIL	2231	41:11.5	07:26.8
39	Michael Allcock	Aker Solutions BIL	2216	41:19.1	07:34.4
40	Morten Emilsen	Add Energy	2788	41:27.3	07:42.6
41	Kjetil Aare Haugland	IL Koll	2234	41:28.3	07:43.6
42	Arve Borchgrevink	Grant Thornton Revisjon AS	2615	41:43.4	07:58.7
43	Jon Haldorsen	Milslukern	2677	41:44.7	08:00.0
44	Anders Temmerud		3123	41:49.5	08:04.8
45	Jonas Ballestad	Drammen Sykehus	2005	41:51.1	08:06.4
46	Lars-Einar Pettersen	SATS	2167	42:11.4	08:26.7
47	Magnus Langlien	Entreprenørservice	2249	42:15.5	08:30.8
48	Jaen Ivar Semlitsch	Scilla AS	2600	42:30.0	08:45.3
49	Christer Af Geijerstam	Statoil BIL	2129	42:38.3	08:53.6
50	Odd Erik Johansen	Boehringer-Ingelheim	2073	42:55.3	09:10.6
51	Frode Semb	Aprimo Rådgivning	2881	42:57.6	09:12.9
52	Jørn-Morten Innselset		2218	42:58.2	09:13.5
53	Christian Lamer Jensen	AkerSolutions	2257	43:09.7	09:25.0
54	Arild Høiby	REBIL	2239	43:13.8	09:29.1
55	Ketil Krohn Venås	Dæhli Bull & Co	2950	43:17.7	09:33.1
56	Joakim Dye		2325	43:20.8	09:36.2
57	Rune L Torgersen	Team Pay	2890	43:34.5	09:49.8
58	Espen Jernberg	Kjelsås IL	2984	43:39.4	09:54.7
59	Andreas Braathen	Ica Supermarked Horten	3141	43:41.4	09:56.7
60	Øystein Gjessing Karlsen	HjellnesConsult	2779	43:48.1	10:03.4
61	Bjørn Melfald	Sykehuset Telemark	2199	43:58.2	10:13.5
62	Pål Jørgen Bakke		3145	44:04.8	10:20.1
63	Jarl Odin Herland	Oracle	2147	44:11.0	10:26.3
64	Truls Fedje	Klinikk Pluss	2441	44:19.5	10:34.8
64	Anders Schjøllert Fredheim		3041	44:19.5	10:34.8
66	Nils-Einar Eliassen	Lysehagan IL	2631	44:32.3	10:47.6
67	Marius Bretteville	Fossum IF	2235	44:36.9	10:52.2
68	Claus H. Amundsen	Dib	2411	44:40.4	10:55.8
69	Thomas Gulbrandsen	Nettavisen	3060	44:42.6	10:58.0
70	Trond Myhre	LommedalsExpressen	2468	44:44.1	10:59.4

Menn 40-44 år 10 km			(Påmeldt: 144 - Startet: 122 - Fullført: 121 - Premier: 0)		
71	Christian Ellefsen	Rejlers	2575	44:47.0	11:02.4
72	Anlov P. Mathiesen	Ekko/Aureosen IL / Eos	2343	44:56.4	11:11.7
73	Yngve Sporild Breievne	Hasle-Løren IL	2465	44:58.3	11:13.6
74	Anders Grevstad	Fossum IF	2655	45:03.5	11:18.8
75	Anders Bjerkestrand	Eika BIL	2691	45:05.3	11:20.6
76	Simen Fossum		2920	45:26.4	11:41.7
77	Lars Gunnar Aas	CLP	2887	45:27.8	11:43.1
77	Øyvind Wang	Yara International	2951	45:27.2	11:42.5
79	Jan-Erik Karlsson		2661	45:28.3	11:43.6
80	Tor Crosby	Telenor	2567	45:41.1	11:56.4
80	Paul Ranbø	Telenor BIL	3020	45:41.1	11:56.4
82	Gabriele Quaino		2258	45:55.7	12:11.0
83	Vegard Kristiansen		2601	46:02.5	12:17.9
84	Knut Vatsendvik		2926	46:06.4	12:21.7
85	Graeme Mackenzie	Statoil BIL	2682	46:10.4	12:25.7
85	Rudi Baumgarten	Frøyland IL / Safety Computing AS	2989	46:10.1	12:25.4
87	Torgeir Esmann		2707	46:18.6	12:33.9
88	Olav Høgetveit	Team Debet & Kredit	2088	46:44.9	13:00.2
89	Stig Rogstad	Fil & Hvil	2169	46:51.0	13:06.4
90	Per Eivind Dhelie	Lundin Norway	2219	47:09.0	13:24.4
91	Magne Harang		3072	47:17.1	13:32.5
92	Jan Arild Wallin Røste		2439	47:40.7	13:56.0
93	Gjermund Fossnes		2934	47:41.3	13:56.6
94	Christian Deisz	TEAM 485	2756	47:50.2	14:05.5
95	Coby True		2706	47:57.1	14:12.4
96	Åsmund Fodstad	Pexip	2225	48:02.9	14:18.2
97	Geir Jarle Bjørneng	Runners World	2530	48:07.3	14:22.6
98	Olaf S. Christensen		2506	48:17.9	14:33.2
99	Per Strømsæther	Duestrøm	2828	48:22.6	14:38.0
100	Christian Berg	Gk2	2717	48:38.9	14:54.2
100	Øyvind Langeland		3056	48:38.1	14:53.4
102	Lars Røise	Aker Solutions	2429	48:43.5	14:58.8
103	Jon Vedal		2165	48:47.6	15:03.0
104	Alan Roach		2377	48:53.8	15:09.2
105	Vegar Gunneud		2827	49:12.7	15:28.0
106	Leif Erik Havnen	IDEX ASA	2547	49:15.7	15:31.0
107	Stein Petter Dye	GK2	2255	49:21.2	15:36.5
108	Bjørn Tore Bakken	Gk2	2309	49:32.4	15:47.7
109	Terje Gustavsen		2082	49:48.7	16:04.0
110	Matti Pedersen		2515	49:49.5	16:04.8
111	Thomas Ljungmann	3Dto1	2241	50:04.1	16:19.4
112	Anders Løkke	Pexip	2040	50:47.5	17:02.8
113	Jepppe Styrmo		2422	50:50.7	17:06.0
114	Hege Jahr Glomnes		3154	51:12.2	17:27.5
115	Alberto Zarate-Guerra		2002	51:20.0	17:35.3
115	Cathrine Temmerud		3124	51:20.9	17:36.2
117	Tummas Pauli Myri	Lundin	2032	51:49.9	18:05.3

Menn 40-44 år 10 km			(Påmeldt: 144 - Startet: 122 - Fullført: 121 - Premier: 0)		
118	Timothy Ward		2609	53:49.1	20:04.4
119	Berge Woll	Berge Orbital	2276	57:09.9	23:25.2
120	Per Kristian Topaas	VITALE	2398	59:09.7	25:25.0
121	Ole Marius Nansdal		2531	59:43.5	25:58.8
	Bjørn Kristiansen	EVERY Tigers	2039	DNS	DNS
	Per Øyvind Seljebotn	Ottestad IL / Lundin Norway	2061	DNS	DNS
	Per Kristian Andersen		2062	DNS	DNS
	Haakon Svendsen	IF BIL	2068	DNS	DNS
	Christian Steffensen	Røa IL / Røa IL	2072	DNS	DNS
	Tore Eid	Nordea	2099	DNS	DNS
	Karl Henrik Lilleheier	Ås IL / Ås IL / Telenor	2105	DNS	DNS
	Snorre Corneliusen	Telenor	2113	DNS	DNS
	Christer Wennersten	Tyribakken IF	2130	DNS	DNS
	Gjert Fisknes	FFSF	2163	DNS	DNS
	Christopher Hodkin		2380	DNS	DNS
	Øivind Heuer	Statoil BIL	2421	DNS	DNS
	Andreas Johnsen Gossner	DDR	2544	DNS	DNS
	Frode Kozar	OBOS	2596	DNS	DNS
	Espen Andersen	Enjoy Sport	2642	DNS	DNS
	Varog Kervarec		2683	DNS	DNS
	Øyvind Relling	3Dto1 AS	2745	DNS	DNS
	Trond Ove Breivik		2787	DNS	DNS
	Frank Herman Hernes	Kreftforeningen BIL	2839	DNS	DNS
	Tore Jørgen Rye	Storebrand Sport	2847	DNS	DNS
	Jørgen Stavrum	OBOS Fornebulandet AS	2888	DNS	DNS
	Rune Nordengen	Lyn / Lyn Ski	2956	DNS	DNS

Kvinner 45-49 år 10 km			(Påmeldt: 48 - Startet: 40 - Fullført: 39 - Premier: 0)		
1	Siri Størmer	Sk Vidar	2816	37:09.8	00:00.0
2	Monica Ragnvaldsen	IL Try	2194	41:17.9	04:08.1
3	Cathrine Loennecken	Team Pay	2431	43:52.9	06:43.1
4	Reidun Dahl Silkoset	Strålevern BIL	2035	43:56.4	06:46.6
5	Elisabeth De Lange	Jutul	2090	44:00.1	06:50.3
6	Ingun Alseth	IL Tyrving	2483	44:07.1	06:57.3
7	Ellen Christine Karlsen	Aibel BIL	3034	44:31.7	07:21.9
8	Anne Sverdrup-Thygeson		2988	45:14.3	08:04.4
9	Hege Marie Blegen	Kreftforeningen BIL	2704	45:24.2	08:14.3
10	Reidun Wang	Høvik Jogg	3049	46:44.6	09:34.8
11	Brita Dahl	OSL BIL	2765	46:47.5	09:37.6
12	Annette Nyborg		2484	46:52.2	09:42.4
13	Ellen Sjølie	PwC BIL	2520	47:10.1	10:00.3
14	Birgitta Blakstad Nilsson	Fossum IF	2064	47:46.2	10:36.4
15	Mette Aune Jakobsen	Friskis & Svettis	2340	47:49.7	10:39.9
16	Heidi Stadsvik	Fossum I.F.	2545	48:16.4	11:06.5
17	Britt Røed Lohne	Team Wegger & Kvalsvik	2636	48:26.4	11:16.6
18	Siw-Mette Thomassen	Storebrand Sport	2656	48:27.5	11:17.7
19	Kari Larsen	Treningscamp	2808	49:11.5	12:01.7

Kvinner 45-49 år 10 km

(Påmeldt: 48 - Startet: 40 - Fullført: 39 - Premier: 0)

20	Emmy Carine Knudtzon		2292	49:12.1	12:02.3
21	Nollaig Mcbrien Johansen	Eiksmarka	3053	51:02.1	13:52.2
22	Katrine Perger		2917	51:31.3	14:21.5
23	Trine M T Skorpen	Fossum IF / Vinetum AS	2134	52:21.8	15:12.0
24	Anne Sissel Bragstad	IKANO BANK	2639	52:24.5	15:14.6
25	Marit Alstad		2063	54:12.5	17:02.6
26	Barbo Aasgaarden	Treningscamp	2101	54:33.5	17:23.7
27	Vibeke Johnsen	IKANO BANK	2603	55:27.1	18:17.3
28	Elisabeth Morris		2207	55:29.2	18:19.4
29	Liv Jorunn Wøien		2418	56:52.0	19:42.1
30	Kjersti Sortland	Budstikka	2460	57:00.7	19:50.9
31	Evelyn Stensaker		2495	57:16.7	20:06.9
32	Ingrid Katrine Næs	Team Næs	2709	57:38.3	20:28.5
33	Ingeborg Årøe	Kolsås Dream Team	2819	57:49.8	20:40.0
34	Laila Pagh-Skov	Bedrift	2087	58:46.8	21:36.9
35	Cecilie Elsayed	Statoil BIL	2612	58:58.8	21:49.0
36	Anne Brit Sjølyst		2086	59:54.0	22:44.2
37	Thea Undseth		2491	01:00:02.4	22:52.6
38	Mona Karlsen		2714	01:03:09.7	25:59.9
39	Elsa Bjørkholt		2414	01:07:41.7	30:31.8
	Anne Sofie Bjørkholt		2389	DNS	DNS
	Hilde Haugbotn		2505	DNS	DNS
	Gry Janiche Berg	Tore Berg Fitnessclub	2508	DNS	DNS
	Marit Ann Lauo	Statoil BIL	2523	DNS	DNS
	Ingvild Hjertaas	Njård / Aftenposten	2541	DNS	DNS
	Kristina Maria Holm	Statoil BIL	2686	DNS	DNS
	Ingunn Schjetne		2715	DNS	DNS
	Elisabeth Hjelmeset	Nittedal IL / Bama	2854	DNS	DNS

Menn 45-49 år 10 km

(Påmeldt: 115 - Startet: 94 - Fullført: 94 - Premier: 0)

1	Geir Simonsen	Telenor/Drøbak-Frogn IL	2498	33:49.1	00:00.0
2	Vegard Fluge Samuelsen	Statoil / IL Try	2914	34:48.9	00:59.8
3	Erik Tjøtta	Fossum IF / Statkraft	3092	36:44.1	02:55.0
4	Geir Thoresen	Entreprenørservice	2083	37:19.7	03:30.6
5	Geir Harald Aase		2019	37:30.3	03:41.2
6	Chris Guldbakke	Löplabbet/Drammen	2587	37:39.0	03:49.9
7	Jan Kildahl	Asker Sk. Friidrett	3142	37:55.9	04:06.8
8	Runar Karlsen	Horten Friidrettsklubb	2034	38:12.1	04:23.0
9	Tom Selliseth	Fet Friidrettsklubb	3009	38:17.5	04:28.4
10	Rolf Berg	Data Respons BIL	2111	38:26.8	04:37.7
10	Dag Rist Aamoth	Forsvaret	2927	38:26.0	04:36.9
12	Dag Spilde	Oslostudentenes IK - Friidrett	3013	38:35.5	04:46.4
13	Simen Normann		2203	39:09.6	05:20.5
14	Peter Knutzen		2584	39:14.8	05:25.6
15	Brynjar Wiersholm	Gullbakkveien BIL	2375	39:17.6	05:28.5
16	Olav Svevad	Asker Og Bærum PIL	2525	39:19.6	05:30.4
16	Tore Røraas	Broadnet	2622	39:19.3	05:30.2



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
40

RESULTATLISTE

21.05.2014

Menn 45-49 år 10 km			(Påmeldt: 115 - Startet: 94 - Fullført: 94 - Premier: 0)		
18	Pål Rune Helgetveit	Gjerpen Idrettsforening	2467	39:23.7	05:34.5
19	Sigmund Akselsen	Grefsen Kirke	2724	39:44.2	05:55.1
20	Allan Berg Nielsen		2333	39:58.4	06:09.3
21	Bengt Erik Boquist		2681	40:19.1	06:29.9
22	Rune Halvorsen	BUL	3042	40:22.0	06:32.8
23	Per Salater	Statoil BIL	2246	40:56.7	07:07.5
24	Tim Grossmann		2057	41:08.7	07:19.6
25	Oddgeir Lium	Land FIK	2091	41:15.7	07:26.6
26	Morten Solli		3100	41:26.5	07:37.4
27	Kenneth Hareide	Team Lumbago	2650	41:38.7	07:49.6
28	Inge Henning Fredagsvik	Coop Norge Handel	2659	41:40.5	07:51.3
29	Pål Solberg	Røa IL / Storebrand Sport	2031	41:46.8	07:57.7
30	Tom Skar		2614	41:51.5	08:02.4
31	Rune Jacobsen	BCG / Bygdø IL	2991	41:57.7	08:08.6
32	Johnny Kjørnås	Hafslund	2173	42:01.2	08:12.1
33	Svein Stadsvik	Fossum IF / Fossum / Elgen	2110	42:14.1	08:25.0
34	Jon Norbye	Compuware	2410	42:24.9	08:35.7
35	Thomas Selbekk		2843	43:11.0	09:21.9
36	Petter Bøe	Høvik Jogg	2317	43:29.1	09:39.9
37	Torgeir Lyngstad	Privat	2795	43:32.6	09:43.5
38	Øyvind Müller Farnestad	OBOS	2493	43:39.3	09:50.2
39	Pål Fagerås	Gubbetreningen	2168	43:45.6	09:56.5
40	Terje Vartdal Johansen		3137	43:51.9	10:02.8
41	Øystein Undseth	Røa IL	2667	44:08.0	10:18.8
42	Christian Ely		2180	44:26.5	10:37.4
43	Bjørnar Lia	Lundin-Norway.No	2383	44:32.1	10:43.0
44	Ole Alexander Opdalshei	Kreftforeningen BIL	2621	44:33.3	10:44.1
45	Ole-Jacob Norum		2224	44:37.1	10:48.0
46	Eddie Sjølie	FINN.No	2296	44:40.1	10:50.9
47	Peter Svelander	Aker Solutions	2184	45:30.2	11:41.1
48	Robert Fagersand		2298	45:33.6	11:44.5
49	Morten Berge		3114	45:36.4	11:47.2
50	Harald Jevne	NG	3119	45:46.1	11:57.0
51	Jesper Schweitz	3Dto1 AS	2146	45:47.3	11:58.2
52	Ove Myrvåg	Dib	2369	46:05.8	12:16.7
53	Henning Thronsen	Telenor	2494	46:36.8	12:47.7
53	Knut Herman Ihlen		2716	46:36.1	12:47.0
55	Bjørn Skotte	Overkroppen	2873	46:39.8	12:50.7
56	Gunnar Berge	Rustad IL	2746	46:40.6	12:51.4
57	Lars Ove Skorpen	Fossum IF / Pareto	2941	46:42.8	12:53.7
58	Jo Jacobsen	Flansco	2534	46:49.6	13:00.4
59	Bjørn Larsen	OKBIL	2517	46:51.9	13:02.7
60	Robert Storvik Hansen		3036	46:56.3	13:07.1
61	Rúni Hansen		3022	47:02.1	13:12.9
62	Helge Nyrønning	IF Hellas	2348	47:07.7	13:18.6
63	Knut Andersen	Privat	2559	47:08.5	13:19.3
64	Simen Nyberg-Hansen	HUFF	2006	47:09.1	13:19.9



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
41

Menn 45-49 år 10 km			(Påmeldt: 115 - Startet: 94 - Fullført: 94 - Premier: 0)		
65	Jan Dahm-Simonsen	Statoil - EXP	2751	47:29.5	13:40.4
66	Ståle Lindgren	MegaFlis	2461	47:31.3	13:42.2
67	Ronny Wang	Privat	2160	47:37.3	13:48.1
68	Hallgeir Åndal		3018	47:56.0	14:06.9
69	Dag Haug	Torshov SK / Entreprenørservice	2835	48:04.1	14:15.0
70	Alexandre Corthay	Tore Berg Fitness Club	2861	48:06.2	14:17.0
71	Bjørn Håvald Hem		2155	48:13.6	14:24.5
72	Rune Kristensen	Aker Solutions	2780	48:22.4	14:33.3
73	Sigurd Eide	B.I.L	2455	48:48.9	14:59.7
74	John Erik Halvorsen	EVRY Tigers	2310	48:57.4	15:08.3
75	Jan Andersen	IDEX ASA	2150	49:02.9	15:13.7
76	Dag Bjørnland		3160	49:05.8	15:16.6
77	Erik Sønsterud	Møller BIL	3096	49:11.5	15:22.3
78	Johannes Hauge	TGS	2151	49:30.1	15:40.9
79	Kai Eldissen	Teleplan	3116	49:42.6	15:53.5
80	Per Ola Drøpping	ASKO NORGE	2385	50:03.1	16:14.0
81	Morten Moen	FVK	2434	50:06.3	16:17.2
82	Ståle Von Krogh	Jardar IL / GE	2284	51:07.7	17:18.5
83	Eivind Hadler-Olsen		2092	51:12.0	17:22.8
84	Roar Tollefsen		2470	52:20.3	18:31.2
85	Arild Jørstad	Lundin Norway	2859	52:34.2	18:45.1
86	Per Busk Christiansen		2359	53:36.0	19:46.8
87	Erik Wattne	Røa IL / Catalystone Solutions	2274	54:21.0	20:31.9
88	Marius Godager	Billia	2561	54:33.7	20:44.6
89	Anders Oulie	Friskis	2139	55:08.0	21:18.8
90	Bjørn Kleveland		2673	56:06.6	22:17.4
91	Trond Bekken	Spent Tønsberg	2344	56:37.9	22:48.8
92	Andreas Bergwitz-Larsen	Dib	2322	01:05:12.4	31:23.3
93	Jo Aslak Rieve Kristiansen	Rieve Joggen	2893	01:07:17.9	33:28.8
94	Geir Thoresen		3126	01:26:50.9	53:01.8
	Trine Nicolaysen Dahl	Kreftforeningen BIL	2008	DNS	DNS
	Jim A. Nymoen	BVIF	2127	DNS	DNS
	Lasse Brynsrud		2191	DNS	DNS
	Jimmy Afshar	EVRY	2202	DNS	DNS
	Terje Justnes	Brødrene Dahl	2206	DNS	DNS
	Sindre Stabell	GK2	2260	DNS	DNS
	Christian Jomaas	Fossum IF	2318	DNS	DNS
	Lars Ole Allum	Høvik IF / Høvik Jogg	2323	DNS	DNS
	Peter Weeks		2368	DNS	DNS
	Jon Anders Tangnes	Bjørnmeyr	2403	DNS	DNS
	Jørn Kristiansen	NAV Hjelpemiddelsentral Oslo Og Akershus	2535	DNS	DNS
	Tom Widerøe	Lundin Norway	2570	DNS	DNS
	Stein Kristian Hamborg		2602	DNS	DNS
	Helge Harboe	Jardar	2616	DNS	DNS
	Jostein S. Hoset	HP	2634	DNS	DNS
	Geir Hafsaas	Norconsult BIL	2663	DNS	DNS

Menn 45-49 år 10 km

(Påmeldt: 115 - Startet: 94 - Fullført: 94 - Premier: 0)

Espen Sjøberg	Sprveien T-Bane AS	2774	DNS	DNS
Christian Saure	Bedrift	2857	DNS	DNS
Øyvind Rise	Røa IL	2936	DNS	DNS
Jon Nordahl Didriksen	Sk Vidar	2980	DNS	DNS
Geir Thoresen	Røa IL	3015	DNS	DNS

Kvinner 50-54 år 10 km

(Påmeldt: 25 - Startet: 21 - Fullført: 19 - Premier: 0)

1	Bente Sæther	DNB	2172	43:01.1	00:00.0
2	Anita Brenna		2572	43:17.5	00:16.3
3	Comfort Jansson	No	2041	45:25.7	02:24.6
4	Hildegund Snekkevik	FVK	2963	45:33.3	02:32.1
5	Hilde Bjertnæs	F&S	2243	46:32.3	03:31.1
6	Liv B. Jegteberg Lystad	Drøbak-Frogn IL	2830	46:46.9	03:45.8
7	Heidi Elise Rustad	Høvik IF / Høvik Jogg	2993	46:50.2	03:49.0
8	Merete Hagfors		3031	50:01.6	07:00.5
9	Birgit Haugen		2878	50:06.3	07:05.1
10	Anne Myklebust	BKBIL	2313	50:22.0	07:20.8
11	Cecilie Smith		2365	52:58.0	09:56.9
12	Inger Thune	EVERY Tigers	2637	53:07.8	10:06.7
13	Gro Rugseth		2790	53:28.7	10:27.6
14	Kirsti Hanssen Skolt		2812	53:33.9	10:32.8
15	Marianne Nåvli	Gjensidige Bank	2807	53:51.3	10:50.1
16	Karen Sofie Moe	GPS	2295	54:36.7	11:35.5
17	Monica Iversen	None	2743	57:24.3	14:23.1
18	Connie Christiansen		2454	01:04:14.7	21:13.5
19	Helene Bjørkholt		2044	01:11:11.6	28:10.4
	Astrid Torres	Statoil BIL	2227	DNS	DNS
	Inger-Lise Grindal	Statoil BIL	2272	DNS	DNS
	Hanne Willoch		2557	DNS	DNS
	Susan Smerkerud	Toll- Og Avgiftsdirektoratet	2736	DNS	DNS

Menn 50-54 år 10 km

(Påmeldt: 59 - Startet: 50 - Fullført: 50 - Premier: 0)

1	Ketil Horn		2371	36:12.1	00:00.0
2	Trond Olav Berg	Bøler IF	2913	36:39.1	00:27.0
3	Øivind Larsen	Bjerkodden Skiløperforening	2772	38:41.9	02:29.8
4	Tore Kjølsæth	Lundin	2957	41:10.1	04:58.0
5	David Carnes		2722	41:31.1	05:18.9
6	Kåre Ulvin		3125	41:32.5	05:20.4
7	Frank Hansen	Drammens Ballklubb	2841	41:34.3	05:22.2
8	Andre Østbye Marhaug	Akselera AS	2360	41:44.2	05:32.1
9	David Jegust	EVERY	2201	42:13.0	06:00.9
10	Rune Holen	Hovdebygda IL / Høvik Jogg	3071	42:28.0	06:15.9
11	Anders Sivertsgård	Fossum IF	2604	42:47.9	06:35.8
12	Tom Steinar Sandvik	Esso Sport	2416	42:58.2	06:46.1
13	Frode Borhaug		2782	43:11.4	06:59.2
14	Oskar Jonsson		2964	43:35.2	07:23.1
15	Eivind Johnsen Ulvin	Bærum OCK / Bjerkodden Skil.F.	2499	43:41.2	07:29.0

RESULTATLISTE

21.05.2014

Menn 50-54 år 10 km

(Påmeldt: 59 - Startet: 50 - Fullført: 50 - Premier: 0)

16	Dag Silkoset	Rederiforbundet	2891	43:57.0	07:44.8
17	Trond Snoen	EVERY Tigers Stat	2108	44:10.0	07:57.9
18	Terje Sundfjord		2197	44:13.1	08:00.9
19	Börje Sannemalm	Banqsoft	2733	44:40.4	08:28.3
20	Roar Holtedahl	Telenor BIL	2970	45:32.0	09:19.9
21	Thor Olav Thoresen		2038	45:43.2	09:31.0
22	Geir Bergheim	Fossum IF	2096	46:01.3	09:49.2
23	Stein Schjerve	Aker Solutions	3059	46:09.2	09:57.1
24	Thor Dahl	Vinmonopolet	2565	46:15.2	10:03.1
25	Trond Owren		2588	46:31.9	10:19.8
26	Ettore Guerello	ABB B.I.L.	2000	46:57.3	10:45.2
27	Haakenchristian Mathiesen	UNDERTOPPEN	2492	47:05.1	10:52.9
28	Jon Kåre Melhus	MacFiles	2170	47:15.5	11:03.4
29	Thomas Rieber-Mohn		2463	47:24.5	11:12.3
30	Svein Bertheussen	Handelsbanken	2018	47:37.6	11:25.5
31	Kjell Erik Eilertsen	Hegnar Media	2953	48:17.1	12:05.0
32	Lars Vagstein	Privat	2943	48:34.0	12:21.8
33	Torsten Jørgensen		2085	48:42.2	12:30.0
34	Nils-Morten Telle		2058	48:51.2	12:39.0
35	Petter Sperre	Indra	2856	48:54.5	12:42.3
36	Gudbrand Fløtaker		2889	49:00.3	12:48.1
37	Tony Rønning	Airbus B.I.L.	2445	50:07.7	13:55.5
38	Ragnar Elverhøy		2883	51:10.6	14:58.5
39	Mogens Ramm	Statoil BIL	2120	51:11.0	14:58.9
40	Rune Wie	Team Wie	2391	52:07.7	15:55.5
41	Viktor Nagy	SAS	2263	52:22.9	16:10.7
42	Torfinn Kallåk	Lundin Norway	2166	52:35.2	16:23.1
43	Gunnar Stavrum	Nettavisen	3019	53:20.2	17:08.0
44	Geir Olimb		2862	54:31.8	18:19.6
45	Gard Haugland		2695	55:35.6	19:23.4
46	Kjetil Borg		3080	55:40.5	19:28.4
47	Hans-Jørgen Wibstad		2286	55:59.0	19:46.8
48	Thomas Bielawski		2791	58:18.8	22:06.7
49	Bjørn Harald Klock	Klock`S Joggen	2519	59:15.1	23:03.0
50	Jarle Bretvik	Team Næs	2177	01:02:00.1	25:47.9
	Lasse Aune	Dib	2015	DNS	DNS
	Helge Røstad	Koll IL	2386	DNS	DNS
	Tor Martin Uv Uv	Rustad IL	2456	DNS	DNS
	Arild Stange		2469	DNS	DNS
	Reidar Dilling		2590	DNS	DNS
	Per Hasselstrøm	Aker Solutions	2687	DNS	DNS
	Joar Martin Østby		2783	DNS	DNS
	Carlos Casaca Da Silva		2814	DNS	DNS
	Johnny Engh		2852	DNS	DNS

Kvinner 55-59 år 10 km

(Påmeldt: 17 - Startet: 15 - Fullført: 14 - Premier: 0)

1	Kari Langerud	Hytteplan Sport	2065	41:01.3	00:00.0
---	---------------	-----------------	------	---------	---------



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
44

RESULTATLISTE

21.05.2014

Kvinner 55-59 år 10 km			(Påmeldt: 17 - Startet: 15 - Fullført: 14 - Premier: 0)		
2	Randi Austgulen Fosnæs	IL Tyrving	2047	43:47.3	02:45.9
3	Elin Drangsholt	Høvik Jogg	2511	44:23.0	03:21.6
4	Hjørdis Klonteig		3040	47:29.1	06:27.8
5	Ellen Bø Kippersund	Jutul	2060	47:40.2	06:38.9
6	Kristin Isachsen	Asker Skiklubb Friidrett	2894	48:30.8	07:29.5
7	Lill Thoresen	Kreftforeningen BIL	2250	49:51.1	08:49.8
8	Lillian Skoglund	Bærum Kommune BIL	2582	51:35.6	10:34.3
9	Mona Kjølseth	Lundin Norway	2647	51:42.5	10:41.2
10	Aud Lundstad		2633	56:21.8	15:20.5
11	Gro Holving Falck		3147	58:41.6	17:40.2
12	Gjermundsen Pia	UD	2767	58:47.4	17:46.1
13	Inger Møinichen	FVK	2897	01:00:38.8	19:37.5
14	Caroline Lowrey		2397	01:05:11.1	24:09.7
	Anne Lomsdal	Jutul / Jutul	2119	DNS	DNS
	Anne-Celina Larsen		2372	DNS	DNS

Menn 55-59 år 10 km			(Påmeldt: 48 - Startet: 44 - Fullført: 43 - Premier: 0)		
1	Lars Sverdrup-Thygeson	Høvik IF / Høvik Jogg	2895	37:32.3	00:00.0
2	Vidar Ellefsen	Asker CK / Golder Associates BIL	2033	37:39.6	00:07.3
3	Jan Hoel	Rustad IL	2481	38:41.0	01:08.7
4	Jan Øyvind Schneider	BundeBygg AS	3030	39:09.3	01:36.9
5	Arne Erik Håkonsen	Nordre Buskerud Politiidrettslag	2017	39:51.3	02:19.0
6	Ove Pernes	Rustad IL	3062	40:02.2	02:29.9
7	Ole Jens Brekke	GAN BIL	2198	40:19.7	02:47.4
8	Harald Sverdrup-Thygeson	CSC / Høvik Jogg	2556	41:18.5	03:46.2
9	Rune Sørheim	Idrettsforeningen Borg / Telenor	2898	41:23.8	03:51.5
10	Erling Svela	Hakallestranda Kondisjonslag / IDEX	2524	41:56.0	04:23.7
11	Tor Øyen	Rye	3146	42:05.8	04:33.5
12	Jan-Olav Stokke	Høvik Jogg	2278	42:27.9	04:55.6
13	Per Gunnar Gulsuen	OBOS	2537	42:55.8	05:23.5
14	Rolf Erik Smith	Fossum	3158	43:01.4	05:29.1
15	Pål Agdestein	Agdestein Takst	3073	43:06.1	05:33.8
16	Bjarne Brynning		3153	43:37.3	06:04.9
17	Stein Terje Dahl	Implenia	2500	43:43.1	06:10.7
18	Asle Helsing	Evry	2543	44:03.8	06:31.5
19	Ernst Larsen		2405	44:13.0	06:40.7
20	Egil Mollestad	ZEM	2876	44:17.8	06:45.5
21	Roy Fenstad	Stabæk Bandy	2297	44:26.3	06:54.0
22	Ivar Barstad	IL Jutul	2719	44:43.7	07:11.3
23	Pål Gerhard Olsen	Asker Skiklubb	2037	44:51.0	07:18.7
24	Øystein Sørli	EVRY	2453	45:42.1	08:09.8
25	Hans Ole Rodahl		3134	45:47.0	08:14.7
26	Kay Grøtta	Entreprenørservice	2815	47:37.3	10:05.0
27	Knut Ramstad	Fossum IF	2568	47:51.9	10:19.6
28	Tore Gullbekk		2675	48:10.5	10:38.2
29	Nick Cherrie	Statoil BIL	2135	48:23.3	10:51.0
30	Eldar Bjørge	Statoil	2757	48:24.0	10:51.7



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
45

Menn 55-59 år 10 km**(Påmeldt: 48 - Startet: 44 - Fullført: 43 - Premier: 0)**

31	Rolf Bruknapp	Nordvest Energi AS	3002	48:37.9	11:05.6
32	Steingrim Bersvendsen		3085	48:55.2	11:22.9
33	Finn Langgård	Statoil BIL	2909	48:56.8	11:24.5
34	Zoltan Horvath	Pareto	3063	49:04.7	11:32.4
35	Tore Stangebye	Dagbladet	2175	49:38.6	12:06.3
36	Terje Johansen	Billia	2485	49:45.2	12:12.8
37	Tim Dodson		3023	50:22.5	12:50.2
38	Hans Thomas Holbye		2911	50:54.9	13:22.6
39	Gunnar Wiik	Telenor BIL	2042	53:20.2	15:47.8
40	Sverre Michalsen		2555	54:05.3	16:33.0
41	Aage Lund	Høvikjoggen	2302	54:34.7	17:02.4
42	Pål Schistad	Fornebuklinikken	2577	56:33.2	19:00.9
43	Bjørn Forsberg	Airbus Defence & Space	2866	59:55.6	22:23.3
	Ingar Bie	Gullhaug Skole	2353	DNS	DNS
	Hans Langan	Asker og Bærum Tamil Sportsklubb / Asker Skiklubb	2521	DNS	DNS
	Stein Roar Hopen	Ros / Statoil BIL	2668	DNS	DNS
	Leif Øverland	Rustad IL	2731	DNS	DNS

Kvinner 60-64 år 10 km**(Påmeldt: 4 - Startet: 3 - Fullført: 3 - Premier: 0)**

1	Undis Nødset	Florø Tog IF / Veritas BIL	2131	52:01.6	00:00.0
2	Inger Aamodt Beng	Forsvarets Investeringsavd	3120	54:47.4	02:45.8
3	Inger Lise Kristiansen		2098	54:49.1	02:47.5
	Kirsti M Johnsen	Tønsberg Fri-Idrettsklubb	2554	DNS	DNS

Menn 60-64 10 km**(Påmeldt: 12 - Startet: 9 - Fullført: 9 - Premier: 0)**

1	Vidar Eriksrud	Bjørn Myhre Sport	2871	42:14.7	00:00.0
2	Ole Bjørn Braathen	Vestre Lier	2004	42:22.5	00:07.7
3	Hans O Augedal	Lundin Norway	2311	44:03.3	01:48.6
4	Vidar Nøkleby	Team Ull	2007	45:10.3	02:55.5
5	Baard Johannesen		2028	47:35.5	05:20.7
6	Bjørn Ingier	Asker Sk. Friidrett / Visma	2685	47:50.4	05:35.6
7	Lars Nersund		2526	47:54.6	05:39.8
8	Sverre Ingjer	Blaker IL	2976	48:03.8	05:49.0
9	Øystein Vestre	Kragerø IF Friidrett / If	2020	48:59.8	06:45.1
	Arnljot Skogvang	Lundin Norway	2346	DNS	DNS
	Pål Skare	Per Skare As	2548	DNS	DNS
	Bjørnulf Vik	Team Arena	2613	DNS	DNS

Kvinner 65-69 år 10 km**(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)**

1	Torill Lockert Fremgaard		2223	01:21:02.8	00:00.0
---	--------------------------	--	------	------------	---------

Menn 65-69 år 10 km**(Påmeldt: 9 - Startet: 6 - Fullført: 6 - Premier: 0)**

1	Bjørn Lauglo	Stovnerkameratene	2729	40:15.7	00:00.0
2	Magne Bjørdal	Bærum Skiklubb	2643	43:31.2	03:15.5
3	Martin Ahnoff	Team Emma&Anton	2488	46:45.1	06:29.4
4	Tore Benn Andersen		2771	52:09.8	11:54.1



PUBLISHED TIME

SIGN

STATUS

PRINT TIME
30.05.2014 13:24:08PAGE
46

Menn 65-69 år 10 km**(Påmeldt: 9 - Startet: 6 - Fullført: 6 - Premier: 0)**

5	Leif Håkon Andersen		2996	56:52.1	16:36.4
6	Arne Alfei Martinsen	Team Martinsen	2141	58:14.2	17:58.4
	Nils-Magnus Hauge Vasaasen	Budstikka	2118	DNS	DNS
	Odd Grønli		2220	DNS	DNS
	Inge Vinje	Tønsberg Fri-Idrettsklubb	2566	DNS	DNS

Menn 70-74 år 10 km**(Påmeldt: 2 - Startet: 2 - Fullført: 2 - Premier: 0)**

1	Kjel Arnfinn Fedje		2834	45:33.0	00:00.0
2	Thomas Bjønnes	Høvik IF / Høvik Jogg	2853	45:44.5	00:11.4

Kvinner 75-79 år 10 km**(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)**

1	Signy Henden Rustlie		3122	01:06:58.0	00:00.0
---	----------------------	--	------	------------	---------

Menn 75-79 år 10 km**(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)**

1	Anders Aarø		2822	49:43.0	00:00.0
---	-------------	--	------	---------	---------

5 km					
Navn	Klubb	Startnr	Totaltid	Diff	
Spaserklasse		(Påmeldt: 0 - Startet: 0 - Fullført: 0 - Premier: 0)			
Jan-Inge Hansen	Fornebubanken	1083	DNS	DNS	
Paal Riise	Fornebubanken	1229	DNS	DNS	