R E S U L T A T
Jølster Maraton 2009
4.juli

MARATON:

Maraton Menn Senior

1	003	Bjørn Tore K. Taranger	BFG Fana	2:59.39,0	00.00,0
2	002	Bård N. Åsnes	Ufjelg	4:55.37,0	1:55.58,0

Maraton Menn 35-39år

1	008	Per Olav Bøyum	IL Syril	2:54.12,0	00.00,0
2	006	Håkon Svoen	Tambarskjelvar IL	3:25.56,0	31.44,0
3	007	Tore Bell	Førde IL	4:09.34,0	1:15.22,0

Maraton Menn 40-44år

1	014	Helge Hafsås	Olden IL	2:40.33,0	00.00,0
2	012	Frode Johansen	Laksevåg T & IL	3:17.06,0	36.33,0
3	013	Morten Vestvik	Nordea Bank	3:55.16,0	1:14.43,0
4	015	Kai Kvalsøren	Luster telemark	4:13.40,0	1:33.07,0
5	011	Ståle Daae	Bjørn West IL	4:16.49,0	1:36.16,0

Maraton Menn 45-49år

1	017	Odd Gunnar Tveit	Birkenes IL	3:04.52,0	00.00,0
2	019	Kim Aarli Larsen	Skeid	3:09.46,0	04.54,0
3	020	Anders Knut Molland	Bjørn West IL	3:24.38,0	19.46,0

Maraton Menn 50-54år

1	024	Bjørn Gjerde	IL i BUL	3:14.29,0	00.00,0
2	027	Steinar Skaar	Løpsklubben 1814	3:33.11,0	18.42,0
3	029	Willy Hamre	BFG Fana	3:35.44,0	21.15,0
4	023	Kjell Kandal Hansen	Aker Solutions BIL	4:08.49,0	54.20,0
5	028	Alf Gaupås	DNM Bergen	4:11.22,0	56.53,0
6	063	Torstein Østevik	Klepp IL	4:17.30,0	1:03.01,0
7	026	Jan Ringheim	Kondis	4:45.47,0	1:31.18,0

Maraton Menn 55-59år

1	037	Ludvig Tennebekk	BKK Nett BIL	3:23.15,0	00.00,0
2	032	Per Kaald	DNL	3:31.10,0	07.55,0
3	031	Jørn Willy Olafsen	Tønsberg triatlonk	3:38.23,0	15.08,0
4	033	Inge Asbjørn Haugen	Hornindal IL	4:02.20,0	39.05,0
5	036	Svein Zachariassen	BVKK	4:31.00,0	1:07.45,0
6	034	Jan Petter Venøy	Selje IL	4:31.50,0	1:08.35,0
7	035	Lars Raae	Hornindal IL	4:34.40,0	1:11.25,0

Maraton Menn 60-64år

1	038	Ole Petter Bergaust	Veldre Friidrett	3:13.56,0	00.00,0
2	046	Viktor Ronald Larsen	Stahl Heiser BIL	3:42.53,0	28.57,0
3	041	Einar Grimelid	Krødsherad IL	3:43.53,0	29.57,0
4	044	Sverre Mostue	IL Flint	4:01.45,0	47.49,0
5	043	Arne Rognebakke	Statoil Hydro Berg	4:26.29,0	1:12.33,0
6	039	Bjørn Skarveland	Kondis	4:28.15,0	1:14.19,0
7	040	Georg Vikshåland	Hydro Karmøy BIL	4:38.07,0	1:24.11,0
8	047	Ivar Nordland	BFG Fana	5:18.52,0	2:04.56,0
9	045	Herman Brughmans	ALV (Bel)	5:23.00,0	2:09.04,0

Maraton Menn 65-69år

1	053	Kjell Skogevang	Kondis	3:42.14,0	00.00,0
2	050	Hermund Kleppa	IL Syril	5:32.19,0	1:50.05,0
3	052	Vebjørn Fagernes	Lærdal IL	5:38.58,0	1:56.44,0
4	051	Hans Jakob Berntsen	IL Gular	6:28.35,0	2:46.21,0

Maraton Menn 70-74år

1	058	Leif Feøy	Ålesund FIK	4:01.00,0	00.00,0

Maraton Menn 75 --

1	061	Per Gundersen	Langevåg IL	4:17.41,0	00.00,0

Maraton Kvinner 35-39år

1	071	Katinka G-N Øgård	Kondis	5:10.15,0	00.00,0

Maraton Kvinner 40-44år

1	075	Dorte Foss	Raufoss IL	3:18.47,0	00.00,0
2	076	Anne Tvedt	BFG Fana	4:26.31,0	1:07.44,0

Maraton Kvinner 45-49år

1	081	Edna Leikvoll	BFG Fana	3:32.03,0	00.00,0

Maraton Kvinner 50-54år

1	084	Louisa Miechielsen		ALV (Bel)	4:32.12,0 00.00,0

Maraton Kvinner 55-59år

1	089	Turid Landsvik		BFG Fana	4:18.06,0 00.00,0

HALVMARATON:

Halvmaraton Menn Jun19

1	100	Kristian S. Vikne		Noteam	1:33.00,0 00.00,0

Halvmaraton Menn Jun22

1	104	Geir Nyland		Årdalstangen IL	1:26.49,0 00.00,0
2	103	Esben R. Hellebø		IL Gular	1:33.27,0 06.38,0
3	105	Lars Martin Hejll		Tønsberg	1:43.34,0 16.45,0

Halvmaraton Menn Senior

1	109	Joar Moldskred		Dimna IL	1:29.09,0 00.00,0
2	113	Sigbjørn Reigstad		Osterøy IL	1:32.44,0 03.35,0
3	112	Eirik Løvgaard		Bjerke IL	1:40.13,0 11.04,0
4	108	Espen Ringom		Netcom	1:40.28,0 11.19,0
5	107	Terje Sørbø		Firda Media	1:42.18,0 13.09,0
6	110	åsmund Korsvoll	*	Gaular IL	1:42.30,0 13.21,0

Halvmaraton Menn 35-39år

1	119	Per Sørensen		Jevnaker SKI	1:36.02,0 00.00,0
2	120	Vegard Strand		Dale IL	1:41.52,0 05.50,0
3	116	Frode Hellebust		Dale IL	1:53.20,0 17.18,0
4	117	Torstein Sørbø		Eikefjord IL	1:54.27,0 18.25,0

Halvmaraton Menn 40-44år

1	122	Lars Johan Hufthammer		Austevoll IL	1:30.57,0 00.00,0
2	121	Jan Olav Endrerud		Vind IL	1:32.11,0 01.14,0
3	126	Aksel Rødland	*	Vadheim IL	1:40.41,0 09.44,0
4	133	Per Morten Frivik	*	Vadheim IL	1:45.47,0 14.50,0
5	124	Arne Høgelid	*	Gaular IL	1:46.20,0 15.23,0
6	127	Dag Næse		Habil	1:51.44,0 20.47,0
7	128	Ståle Kvammen		Vulken BIL	2:18.01,0 47.04,0

Halvmaraton Menn 45-49år

1	132	Dagmunn Fauske		Noteam	1:39.26,0 00.00,0
2	131	Georg Nonaas		Askøy Sykkel og Tr	1:41.06,0 01.40,0
3	134	Thomas Andersson		Gursken IL	1:45.28,0 06.02,0
4	130	Tom Grahl-Jakobsen		Florø T & IL	2:11.21,0 31.55,0

Halvmaraton Menn 50-54år

1	141	Einar Strand	*	Olden IL	1:34.46,0 00.00,0
2	138	Rune Fossheim		Kondis	1:42.47,0 08.01,0
3	139	Olav Nordgulen	*	IL Høyang	1:49.07,0 14.21,0
4	143	Bjørn Kristian Sunde	*	Førde IL	1:49.16,0 14.30,0
5	140	Svein Rasmussen		Kondis	1:59.32,0 24.46,0
6	144	Emil Horstad		Førde IL	2:09.05,0 34.19,0

Halvmaraton Menn 55-59år

1	149	Ragnar Furnes	*	Skavøypoll IL	1:36.38,0 00.00,0
2	150	Egil Jacobsen		Vulken BIL	1:49.11,0 12.33,0
3	147	Roald Gulbrandsøy		Hordaveg BIL	1:51.28,0 14.50,0
4	145	Ole Sørdahl		Fauske Sprint	2:18.05,0 41.27,0

Halvmaraton Menn 60-64år

1	156	Tore Tvilde		Voss IL	1:30.27,0 00.00,0
2	154	Oddvar Fauske		Veldre Friidrett	1:36.17,0 05.50,0
3	158	Roald Hjartåker		Kondis	1:44.00,0 13.33,0
4	155	Rolf Tennebø		SFE BIL	1:49.59,0 19.32,0
5	159	Tor Hjelmeland		Bergen Brannkorps	1:55.22,0 24.55,0

Halvmaraton Menn 65-69år

1	170	Oddvar Hausken		Haugesund IL	1:35.52,0 00.00,0
2	153	Asbjørn Hollevik		Hafslo IL	1:44.57,0 09.05,0
3	168	Jan Steinar Roset	*	Gloppen FIL	1:47.54,0 12.02,0
4	166	Per Martin Gjerde		Hasundgot IL	1:55.06,0 19.14,0
5	169	Jan Lillemoen		Hovding IL	1:55.49,0 19.57,0
6	167	Aksel Løvenholm		BFG Fana	2:05.59,0 30.07,0
7	165	Steinar Øen		Ternes IL	2:19.51,0 43.59,0

Halvmaraton Menn 70-74år

1	172	Arne Tvedt		Kondis	2:11.55,0 00.00,0
2	171	Eivind Skjerven	*	Oppstryn IL	2:29.13,0 17.18,0

Halvmaraton Kvinner Sen.

1	175	Randi Hernes Tvilde		Voss IL	1:54.57,0 00.00,0
2	178	Jeanette Dalseghagen		Førde IL	2:08.42,0 13.45,0
3	177	Siri Myklebust		Førde IL	2:14.40,0 19.43,0

Halvmaraton Kvinner 35-39

1	180	Trude Eimhjellen	*	STIL	1:50.49,0 00.00,0

Halvmaraton Kvinner 40-44

1	183	Irene Hagen Lunde	Noteam	2:02.30,0 00.00,0
2	182	Vibeke Karlsen	SF Grei	2:04.50,0 02.20,0

Halvmaraton Kvinner 45-49

1	185	Laila Aaberg	Leira	1:36.43,0 00.00,0
2	186	Anne Gro Tandberg	Ringkollen Maraton	1:46.52,0 10.09,0
3	187	Gunn Bodil Markhus	Ringkollen Maraton	1:58.21,0 21.38,0

Halvmaraton Kvinner 50-54

1	189	Ingunn Eikrem Olsen	Hasundgot IL	1:47.35,0 00.00,0
2	188	Synnøve Wang	Tønsberg triatlonk	2:10.04,0 22.29,0

Halvmaraton Kvinner 55-59

1	191	Bodil Melkevik	Haugesund IL	1:52.59,0 00.00,0

Halvmaraton Kvinner 60-64

1	195	Margrethe Bergaust	Veldre Friidrett	2:07.28,0 00.00,0
2	194	Randi Wie	BFG Fana	2:36.03,0 28.35,0

5KM:

5km Gutar 12-13år

1	203	Torbjørn Hjellbrekke	Jølster IL	21.40,0 00.00,0
2	217	Vegard Skaflestad Hegrenes	Førde IL	23.04,0 01.24,0
3	204	Erik Johannessen Skrede	Sogndal IL	23.40,0 00.00,0
4	200	Adrian Helgheim	Førde IL	24.45,0 03.05,0
5	201	Gjermund Holsen	Jølster IL	29.22,0 07.42,0

5km Gutar 14-15år

1	205	Erik Klokset Vestvik	Nesttun	24.12,0 00.32,0

5km Menn 20-29år

1	219	Lars Fauske	Gaular IL	31.58,0 00.00,0

5km Menn 30-39år

1	224	Stig Omar Eide	IL Bjørn	20.49,0	00.00,0
2	225	Erlend Lien	Jølster IL	23.02,0	02.13,0
3	223	Atle Skrede	Helse Førde	23.39,0	02.50,0

5km Menn 40-49år

1	231	Ronny Johannessen	Jølster IL	21.46,0	00.00,0
2	234	Olav Herstad	Tambarskjelvar IL	21.55,0	00.09,0
3	233	Johannes Nedrebø	Jølster IL	23.38,0	01.52,0
4	232	Geir Arve Vikne	Arna	24.44,0	02.58,0
5	230	Ole Eiliv Fimland	Aktiv på dagtid	40.44,0	18.58,0

5km Menn 50-59år

1	243	Dag Lien	Jølster IL	27.04,0	00.00,0
2	240	Svein Henriksen	Aktiv på dagtid	29.39,0	02.35,0
3	242	Einar Bergum	Aktiv på dagtid	29.41,0	02.37,0
4	241	Bjørn Ivar Rødal	Skodje	32.45,0	05.41,0

5km Menn 60-64år

1	253	Kåre Wiik	Førde IL	20.30,0	00.00,0
2	250	Roald Juklestad	Gubbetrimmen	23.43,0	03.13,0
3	251	Johannes Slethaug	Hovding IL	24.33,0	04.03,0
4	252	Erling Dvergsdal	Jølster IL	31.30,0	11.00,0

5km Menn 70-79år

1	255	Kjell Steinset	Jølster IL	24.56,0	00.00,0

5km Jenter 12-13år

1	259	Amalie Olsen	Kyrkjebø IL	24.27,0	00.00,0
2	262	Marie Svardal Vikne	Arna	24.59,0	00.32,0
3	258	Linnea H. Meier	Førde IL	25.01,0	00.34,0
4	260	Renate Øie Pollen	Førde IL	33.00,0	08.33,0
5	261	Hedda Langvatn Grønfur	Jølster IL	37.49,0	13.22,0

5km Jenter 16-17år

1	267	Anna Kårstad Skaar	Førde IL	22.07,0	00.00,0

5km Kvinner 40-49år

1	280	Anita Stenevik	Florø T & IL	20.27,0	00.00,0
2	282	Gry Magritt Vågane	Jølster IL	23.37,0	03.10,0
3	281	Inger Johanne Klokset	Euroskilt AS	24.03,0	03.36,0
4	283	Anja Svardal Vikne	Arna	25.44,0	05.17,0

5km Kvinner 50-59år

1	288	Magnhild Myklebust	Florø T & IL	24.14,0	00.00,0
2	287	Herdis Elin Lexau	Florø T & IL	25.18,0	01.04,0
3	289	Anne Marie Fagerstrøm	Florø T & IL	29.30,0	05.16,0
4	286	Turid Langevatn	Gubbetrimmen	33.19,0	09.05,0

5km Kvinner 60-69år

1	293	Liv Astrid Losnegaard	BFG Fana	27.08,0	00.00,0

10KM:

10km Gutar 12-13år

1	305	Preben Sørbø	Florø Sykkelklubb	53.18,0	00.00,0

10km Gutar 14-15år

1	304	Roger Øie Pollen	Førde IL	41.42,0	00.00,0
2	307	Andreas S. Vikne	Arna	45.46,0	04.04,0
3	308	Øyvind Ramstad	Florø Sykkelklubb	1:01.10,0	19.28,0

10km Gutar 16-17år

1	311	Knut Olav Øygard	Jølster IL	35.55,0	00.00,0
2	312	Eivind Øygard	Jølster IL	38.07,0	02.12,0
3	310	Håvard Gjelsvik	Førde IL	41.15,0	05.20,0

10km Gutar 18-19 år

1	314	Martin Hegrenes	Førde IL	39.32,0	00.00,0

10km Menn 20-29år

1	319	Vegard Sunde	Jølster IL	39.35,0	00.00,0
2	318	Sindre Sunde	Førde IL	41.46,0	02.11,0
3	322	Sveinung Lien	Jølster IL	46.52,0	07.17,0
4	317	Gisle Vengen	G-Vengens einmannskl	49.23,0	09.48,0
5	323	Dag Tore Netland	Jølster IL	54.05,0	14.30,0
6	321	Per Arne Hamnaberg	Noteam	54.12,0	14.37,0
7	320	Ståle Fossheim	Gutta	59.51,0	20.16,0

10km Menn 30-39år

1	357	Andre Haugsbø	Gaular IL	33.19,0 00.00,0
2	332	Andreas Carlborg	Sporvegen FIK	33.23,0 00.04,0
3	326	Svein Erik Hårklau	Jølster IL	40.15,0 06.56,0
4	329	Vidar Gjesdal	IL Runar	46.15,0 12.56,0
5	330	Jan Sunde	Jølster IL	46.53,0 13.34,0
6	334	Atle Kristian Hornnes	Førde IL	48.52,0 15.33,0
7	356	Stig Savland	Tambarskjelvar IL	54.34,0 21.15,0
8	333	Arne Håheim	Node BIL	1:01.52,0 28.33,0
BRUTT	328	Torbjørn Iversen	Apeltun IL	

10km Menn 40-49år

1	342	Johannes Hjellbrekke	Varegg	38.28,0 00.00,0
2	343	Ola Hegrenes	Førde IL	39.43,0 01.15,0
3	346	Ove årdal	Jølster IL	41.30,0 03.02,0
4	347	Norvald Hegrenes	Førde IL	42.13,0 03.45,0
5	339	Ove Espedal	Jølster IL	44.12,0 05.44,0
6	335	Kjell Frode Hole	BFG Fana	44.50,0 06.22,0
7	345	Tore Leikvoll	Bergen Politi	47.04,0 08.36,0
8	337	Harald Aarøen	Førde IL	49.03,0 10.35,0
9	341	Einar Solheim	Førde IL	52.51,0 14.23,0
10	340	åsmund Holsen	Jølster IL	54.56,0 16.28,0
11	344	Arne Egge	Førde IL	55.01,0 16.33,0

10km Menn 50-59år

1	390	Reidar Losnegard	Førde IL	41.33,0 00.00,0
2	353	Håkon Vabø	Statoil	46.03,0 04.30,0
3	354	Egil Hjelmbrekke	Jølstraholmen BIL	48.27,0 06.54,0
4	351	Tor Inge Normann	Bodø & Omegn IL	53.43,0 12.10,0
5	352	Trond Lygre	Noteam	54.19,0 12.46,0
6	350	Magnar Gangsø	Gaular IL	56.59,0 15.26,0

10km Menn 60-69år

1	361	Ola Hilmar Ervik	Statoil	51.07,0 00.00,0
2	362	Ottar Austrheim	Austevoll IL	51.51,0 00.44,0
3	360	Viktor Jansen	HIL	1:03.15,0 12.08,0

10km Menn 70 --

1	365	Agnar Hopland	Austerheim IL	48.50,0 00.00,0
2	364	Ingvar Myking	Statoil	1:02.45,0 13.55,0
3	363	Knut Thuland	Tambarskjelvar IL	1:08.47,0 19.57,0

10km Jenter 14-15år

1	369	Linn Tvedt Olsen	IL Gneist	1:00.38,0 00.00,0

10km Jenter 18-19år

1	373	Marita Svorstøl	Asker IL	58.58,0	00.00,0

10km Kvinner 20-29år

1	375	Hilde Aasheim	Osterøy IL	38.25,0	00.00,0
2	378	Trude Kaald	Krødsherad IL	48.02,0	09.37,0
3	376	Line Hårklau	Jølster IL	56.35,0	18.10,0
4	377	Guro Kaald	Krødsherad IL	1:01.11,0	22.46,0

10km Kvinner 30-39år

1	331	Anja Lena Selstad Egge	Førde IL	52.16,0	00.00,0
2	380	Camilla Elisa Savland	Tambarskjelvar IL	53.02,0	00.46,0

10km Kvinner 40-49år

1	394	Lene Rørvik	GTI Stavanger	41.27,0	00.00,0
2	386	Anne-Sigrunn Bjørset	Førde IL	58.18,0	16.51,0
3	388	Irene Hestvik	Holmedal IL	1:04.04,0	22.37,0
4	389	Sabine Tetenbok	Jølstraholmen BIL	1:15.04,0	33.37,0