|  |
| --- |
| **Sale Harriers Open Series**  Sport City Indoor Arena  Manchester 30 Nov 14 |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **600 SX 1** | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** |  | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1:21.40 | i | [Niall Brooks](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=49526) | **PB** | SEN | M | 23 | 08.07.91 | [Norman Poole](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=2456) | Sale Harriers Manchester | 1:21.40 | 1:21.40 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394005) |  |  |  |  |  |  |  |  |  |  |
| 2 | 1:22.25 | i | [Josh Oguntayo](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=17245) |  | U23 | M | 22 | 05.09.92 | [Vicente Modahl](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194991) | Sale Harriers Manchester | 1:20.91 | 1:20.53 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394006) |  |  |  |  |  |  |  |  |  |  |
| 3 | 1:23.39 | i | [Steven Morrow](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=4878) | **SB** | SEN | M | 27 | 16.01.87 | [Norman Poole](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=2456) | Liverpool H/Ballymena & Antrim | 1:23.39 | 1:21.3 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394007) |  |  |  |  |  |  |  |  |  |  |
| 4 | 1:23.84 | i | [Sean Bosman](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=530713) | **PB** | U20 | M | 19 | 29.09.95 |  | Liverpool Pembroke Sefton | 1:23.84 | 1:23.84 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394008) |  |  |  |  |  |  |  |  |  |  |
| 5 | 1:26.64 | i | [Richard Davies](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=17352) |  | SEN | M |  |  |  | Blackheath & Bromley/Leeds Uni | 1:23.29 | 1:22.83 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394009) |  |  |  |  |  |  |  |  |  |  |
| **600 SX 2** | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** |  | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1:25.26 | i | [James Lovell](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=86363) |  | U20 | M | 17 | 03.11.97 | [Steven Thomas](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=206879) | Horwich | 1:25.19 | 1:25.19 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394010) |  |  |  |  |  |  |  |  |  |  |
| 2 | 1:27.59 | i | [Andrew Parsonage](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=88274) | **SB** | U23 | M | 21 | 20.09.93 |  | Manchester H/Bangor Uni | 1:27.59 | 1:26.77 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394011) |  |  |  |  |  |  |  |  |  |  |
| 3 | 1:28.36 | i | [Lamiko Thomas](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=459960) | **PB** | U20 | M | 17 | 19.12.96 | [Vicente Modahl](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194991) | Sale Harriers Manchester | 1:28.36 | 1:28.36 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394012) |  |  |  |  |  |  |  |  |  |  |
| 4 | 1:29.61 | i | [Jacob Lingard](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=550448) | **PB** | U20 | M | 17 | 07.07.97 | [Vicente Modahl](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194991) | Trafford | 1:29.61 | 1:29.61 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394013) |  |  |  |  |  |  |  |  |  |  |
| 5 | 1:30.70 | i | [Matthew Jones](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=206767) | **PB** | U20 | M | 19 | 26.10.95 |  | Bury | 1:30.70 | 1:30.70 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394014) |  |  |  |  |  |  |  |  |  |  |
| **600 SX 3** | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** |  | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1:34.51 | i | [Eugene Adjete](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=687682) | **PB** | U20 | M | 18 | 20.11.96 |  | Sale Harriers Manchester | 1:34.51 | 1:34.51 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394015) |  |  |  |  |  |  |  |  |  |  |
| 2 | 1:34.54 | i | Mike Mumford |  | SEN | M |  |  |  | Bracknell Forest Runners |  |  | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394016) |  |  |  |  |  |  |  |  |  |  |
| 3 | 1:39.20 | i | [Nathan Cheetham](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=598321) |  | U20 | M | 16 | 17.01.98 | [Colin Gemson](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=198060) | Lancaster & Morecambe | 1:33.98 | 1:33.98 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394017) |  |  |  |  |  |  |  |  |  |  |
| 4 | 1:39.96 | i | [Reuben Woodford](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=370773) | **SB** | V45 | M |  |  |  | Unattached | 1:39.96 | 1:35.86 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394018) |  |  |  |  |  |  |  |  |  |  |
| **600 SX 4** | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** |  | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1:37.24 | i | [Aileen Kearney](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=118031) | **PB** | U20 | W | 16 | 09.04.98 | [Norman Waterson](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=191616) | Wirral | 1:37.24 | 1:37.24 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394019) |  |  |  |  |  |  |  |  |  |  |
| **2** | **1:41.86** | **i** | [**Imani Modahl**](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=116046) | **SB** | **U20** | **W** | **19** | **08.10.95** | [**Vicente Modahl**](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194991) | **Sale Harriers Manchester** | **1:41.86** | **1:40.51** | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394020) |  |  |  |  |  |  |  |  |  |  |
| 3 | 1:45.68 | i | [Amelia Wood](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=374991) |  | U20 | W | 17 | 15.08.97 | [Don Lennon](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=26319) | Ribble Valley | 1:42.06 | 1:40.93 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394021) |  |  |  |  |  |  |  |  |  |  |
| 4 | 1:57.34 | i | [Georgina Smith](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=379046) |  | U20 | W |  |  | [Don Lennon](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=26319) | Ribble Valley | 1:46.07 | 1:46.07 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394022) |  |  |  |  |  |  |  |  |  |  |
| 5 | 2:02.59 | i | [Hilary West](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=118088) |  | V55 | W |  |  |  | Stockport/Northern Vets | 2:00.18 | 2:00.18 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394023) |  |  |  |  |  |  |  |  |  |  |
| 6 | 2:06.03 | i | [Katherine Winrow](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=62063) |  | V50 | W | 52 | 25.04.62 |  | Kendal/Northern Vets | 2:04.17 | 2:02.47 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394024) |  |  |  |  |  |  |  |  |  |  |
| **600 SX 5** | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** |  | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1:28.38 | i | [Charlie Candlish](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=463997) | **PB** | U17 | M | 14 | 18.03.00 |  | Cheshire Schs | 1:28.38 | 1:28.38 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394025) |  |  |  |  |  |  |  |  |  |  |
| 2 | 1:30.66 | i | [Thomas Allen](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=554636) | **PB** | U17 | M | 15 | 09.02.99 | [Derek Newton](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194638) | Blackpool, Wyre & Fylde | 1:30.66 | 1:30.66 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394026) |  |  |  |  |  |  |  |  |  |  |
| 3 | 1:32.59 | i | [Dillon Cooper](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=228278) | **PB** | U17 | M | 15 | 05.06.99 | [Jack Dobson](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=202069) | East Cheshire | 1:32.59 | 1:32.59 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394027) |  |  |  |  |  |  |  |  |  |  |
| **600 SX 6** | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** |  | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1:39.55 | i | [Annie Bradshaw](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=280164) | **PB** | U17 | W |  |  | [David Titterington](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=201506) | Blackpool, Wyre & Fylde | 1:39.55 | 1:39.55 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394028) |  |  |  |  |  |  |  |  |  |  |
| 2 | 1:44.49 | i | [Meg McHugh](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=143950) | **PB** | U17 | W | 14 | 25.07.00 | [Christopher Bartram](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=201965) | Sale Harriers Manchester | 1:44.49 | 1:44.49 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394029) |  |  |  |  |  |  |  |  |  |  |
| 3 | 1:45.00 | i | [Eleanor Twite](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=143860) | **SB** | U17 | W | 15 | 11.10.99 | [Peter Shaw](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=2521) | Sale Harriers Manchester | 1:45.00 | 1:41.92 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394030) |  |  |  |  |  |  |  |  |  |  |
| 4 | 1:47.89 | i | [Samantha Baker-Jones](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=277627) |  | U17 | W | 15 | 27.11.99 | [Mike Stayman](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=201532) | Harrogate | 1:45.90 | 1:45.69 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394031) |  |  |  |  |  |  |  |  |  |  |
| **600 SX 7** | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** |  | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1:33.01 | i | [Jacob Birtles](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=462377) | **PB** | U15 | M | 14 | 11.10.00 | [Nick Massey](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=103979) | Halton & Frodsham | 1:33.01 | 1:33.01 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394032) |  |  |  |  |  |  |  |  |  |  |
| 2 | 1:34.30 | i | [Tom Grundy](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=663941) | **PB** | U17 | M |  |  |  | Horwich | 1:34.30 | 1:34.30 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394033) |  |  |  |  |  |  |  |  |  |  |
| 3 | 1:43.62 | i | [Ben McLaughlin](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=378437) | **PB** | U15 | M |  |  | [Margaret Galvin](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=198144) | Leigh | 1:43.62 | 1:43.62 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394034) |  |  |  |  |  |  |  |  |  |  |
| **600 SX 8** | | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** |  | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 1:43.68 | i | [Tess McHugh](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=143949) | **PB** | U15 | W |  |  |  | Sale Harriers Manchester | 1:43.68 | 1:43.68 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394035) |  |  |  |  |  |  |  |  |  |  |
| 2 | 1:45.55 | i | [Elizabeth Wright](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=517761) |  | U15 | W | 13 | 08.03.01 | [Russell Tart](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=192284) | Warrington AC | 1:43.97 | 1:43.97 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394036) |  |  |  |  |  |  |  |  |  |  |
| 3 | 1:47.88 | i | [Elizabeth Twite](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=277903) | **PB** | U15 | W |  |  | [Peter Shaw](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=2521) | Sale Harriers Manchester | 1:47.88 | 1:47.88 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394037) |  |  |  |  |  |  |  |  |  |  |
| 4 | 1:49.00 | i | [Mia Lowndes](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=615503) | **PB** | U15 | W |  |  | [Christopher Bartram](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=201965) | Sale Harriers Manchester | 1:49.00 | 1:49.00 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394038) |  |  |  |  |  |  |  |  |  |  |
| 5 | 1:50.07 | i | [Ellie Jackson](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=403310) | **PB** | U15 | W | 13 | 14.12.00 | [Christopher Bartram](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=201965) | Sale Harriers Manchester | 1:50.07 | 1:50.07 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394039) |  |  |  |  |  |  |  |  |  |  |
| 6 | 1:50.57 | i | Emily Coggin |  | U15 | W |  |  |  | Stockport Harriers & AC |  |  | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394040) |  |  |  |  |  |  |  |  |  |  |
| 7 | 2:03.48 | i | Abby Comline |  | U13 | W |  |  |  | Knutsford Academy |  |  | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394041) |  |  |  |  |  |  |  |  |  |  |
| 8 | 2:23.96 | i | [Jessica Turner](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=652579) | **PB** | U15 | W |  |  |  | Vale Royal | 2:23.96 | 2:23.96 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=17394042) |  |  |  |  |  |  |  |  |  |  |

|  |
| --- |
|  |