

This year consists of the following competitions:

1.8	Randers, DEN	28 <sup>th</sup> Nordic Junior Race Walking Match
1.-2.8	Huddinge, SWE	20 <sup>th</sup> Nordic Junior Championships Combined Events
22.-23.8	Valkeakoski, FIN	43 <sup>rd</sup> Nordic Junior Match U21
26.-27.9	København, DEN	17 <sup>th</sup> Nordic Race Walking Championships Long distances
26.-27.9	København, DEN	18 <sup>th</sup> Nordic Race Walking Championships

Nordic Junior Race Walking Match

Randers, DEN 1 Aug

Men

**U20** 1 Aug 10000m

1	Claus Jørgensen	DEN	44:15.17
2	Kim Lappalainen	FIN	47:03.13
3	Jussi Koski	FIN	47:32.40
4	Jacob Sørensen	DEN	47:59.67
5	Morten Jensen	NOR	48:48.93
6	Magnus Redman	SWE	49:13.13
7	Arti Nikkarinen	FIN	49:21.09
8	Kristian Zetterström	SWE	49:21.26

9 Fredrik Svensson, SWE 49:39.35, 10 Stian Enghaug, NOR 54:29.67

**U18** 1 Aug 5000m

1	Tobias Persson	SWE	21:14.64
2	Arne-Johan Martinsen	NOR	22:51.10
3	Jani Valtanen	FIN	24:30.99
4	Jarno Kinnunen	FIN	24:58.42
5	Karl Björned	SWE	25:09.61
6	Heikki Kinnunen	FIN	25:20.17
7	Sune Kristiansen	DEN	26:21.98
8	Bjarne Madsen	DEN	27:18.43

9 Magnus Broo, SWE 27:18.43, 10 Thomas Hansen, NOR 32:55.0h

**U16** 1 Aug 3000m

1	Dan Kondrup	DEN	13:58.15
2	Miikka Kirvesniemi	FIN	14:41.33
3	Mikko Lumilahti	FIN	14:41.33
4	Niklas Wahlström	SWE	15:05.75
5	Magnus Johansson	SWE	15:11.25
6	Pekka Matilainen	FIN	15:11.96
7	Karsten Godtfredsen	DEN	15:46.27
8	Rune Slettebakken	NOR	16:22.51

9 Tomas Mattisson, SWE 17:23.27, Marius Kristiansen, NOR DQ

**U14** 1 Aug 3000m

1	Ronnie Kristiansen	DEN	14:45.09
2	Erik Tysse	NOR	14:52.03
3	Hannu Vainionpää	FIN	15:06.14
4	Arto Matilainen	FIN	15:26.95
5	Anssi Poikolainen	FIN	15:38.02
6	Martin Tenggren	SWE	15:46.00
7	Marcus Broo	SWE	15:50.32
8	Andreas Gustafsson	SWE	16:38.02

9 Jesper Møller-Thomsen, DEN 17:19.09, 10 Snorre Utaker, NOR 17:41.82

Extra: Markku Hämäläinen, FIN 16:02.28

Women

**U20** 1 Aug 5000m

1	Sari Leppäaho	FIN	24:55.55
2	Carin Uhlin	SWE	25:25.43
3	Åslaug Mostad	NOR	25:35.48
4	Hilde Kristine Lunde	NOR	25:59.04
5	Nina Engelsviken	NOR	26:00.58
6	Mari Rajamäki	FIN	27:41.81
7	Mariette Hassmer	SWE	28:23.73
8	Satu Pajanen	FIN	28:34.62

9 Sari Ilanti, FIN 29:55.55, 10 Michelle Stenholdt, DEN 31:37.68, Maria Jakobsen, NOR DNF

1	Jessica Franzén	SWE	24:29.12
2	Ania Kondrup	DEN	24:47.56
3	Linda Tenggren	SWE	25:06.78
4	Outi Sillanpää	FIN	25:58.20
5	Maria Broo	SWE	26:10.49
6	Ann Cecilie Klaunes	NOR	26:41.47
7	Heidi Oranen	FIN	27:00.94
8	Agnethe Lunde	NOR	27:10.38

9 Dorthe Krogsgård, DEN 29:32.38, 10 Jonna Ijäs, FIN 30:23.50, 11 Cecilie Hatland, NOR 31:57.46

**U16** 1 Aug 3000m

1	Taru-Tuulikki Stenvall	FIN	14:31.67
2	Camilla Larsen	NOR	15:22.22
3	Anna Löwgren	SWE	15:38.08
4	Monica Svensson	SWE	15:51.46
5	Charlotte Rolandsson	SWE	15:57.09
6	Ann-Kristin Fredriksen	NOR	16:13.69
7	Anu Schultz	FIN	18:03.64
8	Satu Soini	FIN	18:03.64

9 Bettina Tykskov, DEN 19:41.76, 10 Louise Krogh, DEN 21:47.50

**U14** 1 Aug 3000m

1	Virva Virtanen	FIN	16:18.15
2	Marke Hämäläinen	FIN	16:21.89
3	Anna Pajuluoma	SWE	16:23.23
4	Siw Lund	NOR	17:20.37
5	Malin Unger	SWE	17:24.48
6	Tiina Muinonen	FIN	17:50.91
7	Anne Haaland Simonsen	NOR	17:58.83
8	Eva Sedin	SWE	18:00.86

9 Belinda Bundgaard, DEN 18:28.62, 10 Benedikte Bergli, NOR 18:44.74, 11 Bodil Krogsgård, DEN 19:52.18, 12 Birgitte Tykskov, DEN 21:09.40

Extra: Riikka Schultz, FIN 18:19.56, Paula Schultz 18:21.16

U21/U18	Nation	Total	Youth	Nation	Total
	SWE	49		FIN	52
	FIN	39		SWE	37
	NOR	30		NOR	29
	DEN	29		DEN	29

Nordic Junior Championships Combined Events

Huddinge, SWE 1-2 Aug

Men

**U23 Decathlon** 1-2 Aug

1	Mikko Valle	FIN	7.504
2	Sean Clancy	NOR	6.978
3	Tommy Sarenbrandt	SWE	6.689
4	Robert Bertrandt	SWE	6.573
	Søren Wulff Johansson	DEN	DNF

  

1	11.28	6.83	12.51	1.94	50.23	15.46	40.18	4.80	64.54	4:49.32
	-2,0	+1,8				+1,8				
2	11.63	6.58	14.33	1.91	50.58	15.97	38.12	4.20	45.80	4:34.53
	-2,0	+1,3				+1,8				
3	11.94	6.95	11.85	2.00	51.64	16.43	33.36	4.00	49.50	4:41.80
	-2,0	+1,1				+1,8				
4	11.94	6.60	12.01	1.97	52.48	16.56	37.12	3.70	51.38	4:39.76
	-2,0	+2,0				+1,8				
	11.89	6.37	12.74	1.82	DNS					
	-2,0	+0,4								

<i>U21 Decathlon</i>		1-2 Aug	
<b>1</b>	<b>Jarkko Finni</b>	<b>FIN</b>	<b>7.273</b>
<b>2</b>	<b>Ole Christein Strømberg</b>	<b>NOR</b>	<b>6.645</b>
<b>3</b>	<b>Trond Høyiby</b>	<b>NOR</b>	<b>6.502</b>
R1	Juha Jalas	FIN	DNF
R2	Michael Hoffer	SWE	DNF
Extra: Christer Holger, SWE 7.043			
1	11.46 6.93 13.76 1.88 51.98 15.55 40.80 4.10 65.62 4:45.43		
	-1,6 +3,2		+0,5
2	11.34 6.84 12.29 1.79 52.50 15.98 39.62 3.40 55.38 4:49.95		
	-1,6 +0,9		+0,5
3	12.41 6.11 12.34 1.91 53.59 16.63 38.96 4.00 57.34 4:38.32		
	-1,6 +0,9		+0,5
R2	11.52 7.11 12.11 2.00 50.68 14.89 39.36 4.50 44.10 DNF		
	-1,6 +0,8		+0,5
E	11.38 7.07 11.97 1.88 51.15 15.03 30.64 4.30 47.84 4:23.25		

<i>U19 Decathlon</i>		1-2 Aug	
<b>1</b>	<b>Tom Erik Olsen</b>	<b>NOR</b>	<b>6.964</b>
<b>2</b>	<b>Niklas Pihl</b>	<b>SWE</b>	<b>6.831</b>
<b>3</b>	<b>Benjamin Jensen</b>	<b>NOR</b>	<b>6.768</b>
4	Riku Aakkula	FIN	6.655
5	Pontus Lundkvist	SWE	6.551
6	Teemu Jutila	FIN	6.326
7	Juha Mild	FIN	6.320
8	Björn Bergman	SWE	6.149

<i>U17 Nonathlon</i>		1-2 Aug	
Svensk tabell			
<b>1</b>	<b>Nils Wiklund</b>	<b>SWE</b>	<b>7.494</b>
<b>2</b>	<b>Glenn Lindqvist</b>	<b>FIN</b>	<b>7.302</b>
<b>3</b>	<b>Fredrik Jansson</b>	<b>SWE</b>	<b>7.094</b>
4	Patrik Sandberg	SWE	6.958
5	Espen Strindeberg	NOR	6.658
6	Thomas Larsen	DEN	6.139
	Claus Pagh	DEN	DNF

Women			
<i>U23 Heptathlon</i>		1-2 Aug	
<b>1</b>	<b>Karin Funke</b>	<b>SWE</b>	<b>5.102</b>
<b>2</b>	<b>Monica Penne</b>	<b>NOR</b>	<b>5.091W</b>
2	14.38 1.60 10.40 25.81 5.65 36.04 2:27.44		
	+2,4		-1,7 +4,4
			5.50
			+2,6

<i>U21 Heptathlon</i>		1-2 Aug	
<b>1</b>	<b>Tiia Hautala</b>	<b>FIN</b>	<b>5.510</b>
<b>2</b>	<b>Elisabet Hallerbäck</b>	<b>SWE</b>	<b>5.363</b>
<b>3</b>	<b>Maria Richtné</b>	<b>SWE</b>	<b>5.130</b>
4	Piia Peltosaari	FIN	5.099
5	Mervi Väyrynen	FIN	5.095
6	Þuríður Ingvarsdóttir	ISL	4.718
7	Anja L. Pedersen	DEN	4.476

<i>U19 Heptathlon</i>		1-2 Aug	
<b>1</b>	<b>My Kiiman</b>	<b>SWE</b>	<b>5.281</b>
<b>2</b>	<b>Aija Kortesoja</b>	<b>FIN</b>	<b>5.241</b>
<b>3</b>	<b>Mia Puustinen</b>	<b>FIN</b>	<b>5.000</b>
4	Jessica Larsson	SWE	4.685
5	Tania Longe	NOR	4.685
6	Ellen Bergin	NOR	4.678
7	Maria Lisshamre	SWE	4.521
8	Christina Holm	DEN	4.506

<i>U17 Heptathlon</i>		1-2 Aug	
Svensk tabell			

<b>1</b>	<b>Annu Montell</b>	<b>FIN</b>	<b>5.991</b>
<b>2</b>	<b>Rannveig Kvalvik</b>	<b>NOR</b>	<b>5.704</b>
<b>3</b>	<b>Johanna Halkoaho</b>	<b>FIN</b>	<b>5.591</b>
4	Kajsa Bergqvist	SWE	5.415
5	Camilla Norli	NOR	5.265
6	Maria Gistafsson	SWE	5.141
7	Kathrine Nielsen	DEN	5.105
8	Rikke Rønholt	DEN	5.076
9 Anna Johansson, SWE 5.008, Kouise Brændstrup, DEN DNF			

## Nordic Junior Match

Valkeakoski, FIN		22-23 Aug
Men		

<i>100 m</i>		+1,4	
<b>1</b>	<b>Tero Ridanpää</b>	<b>FIN</b>	<b>10.67</b>
<b>2</b>	<b>Petteri Malinen</b>	<b>FIN</b>	<b>10.70</b>
<b>3</b>	<b>Patrik Lövgren</b>	<b>SWE</b>	<b>10.86</b>
4	Anders Öström	SWE	10.86
5	Eivind Seland	NOR	10.88
6	Jóhannes Marteinsson	ISL	11.00
7	Hans Chr. Alnæs	NOR	11.01
8	Atli Guðmundsson	ISL	11.26

<i>100 m B-heat – not part of match</i>		+1,2	
<b>1</b>	<b>Patrik Strenius</b>	<b>SWE</b>	<b>10.75</b>
<b>2</b>	<b>Teemu Kauppi</b>	<b>FIN</b>	<b>10.79</b>
<b>3</b>	<b>Patrik Storm</b>	<b>SWE</b>	<b>10.87</b>
<b>4</b>	<b>Jesper Vogt Lorentzen</b>	<b>NOR</b>	<b>11.07</b>
<b>5</b>	<b>Haukur Sigurðsson</b>	<b>ISL</b>	<b>11.21</b>

<i>200 m</i>		+1,0	
<b>1</b>	<b>Rikard Rasmusson</b>	<b>SWE</b>	<b>21.44</b>
<b>2</b>	<b>Alexander Milic</b>	<b>SWE</b>	<b>21.53</b>
<b>3</b>	<b>Tero Ridanpää</b>	<b>FIN</b>	<b>21.55</b>
4	Markus Lindahl	FIN	21.79
5	Gaute Gundersen	NOR	21.80
6	Eivind Seland	NOR	22.37
7	Jóhannes Marsteinsson	ISL	22.61
8	Haukur Sigurðsson	ISL	23.95

<i>400 m</i>			
<b>1</b>	<b>Rikard Rasmusson</b>	<b>SWE</b>	<b>46.82</b>
<b>2</b>	<b>Vebjørn Rodal</b>	<b>NOR</b>	<b>48.11</b>
<b>3</b>	<b>Bjørn Arild Bøhleng</b>	<b>NOR</b>	<b>48.45</b>
4	Frans Hällquist	SWE	48.95
5	Jarkko Leppiniemi	FIN	49.18
6	Tom Nordman	FIN	50.34

<i>800 m</i>			
<b>1</b>	<b>Vebjørn Rodal</b>	<b>NOR</b>	<b>1:50.63</b>
<b>2</b>	<b>Bjørn Arild Bøhleng</b>	<b>NOR</b>	<b>1:51.10</b>
<b>3</b>	<b>Jörgen Zaki</b>	<b>SWE</b>	<b>1:51.41</b>
4	Tero Suominen	FIN	1:51.95
5	Andreas Hugosson	SWE	1:53.26
6	Samuli Sinkkonen	FIN	1:56.21
7	Sigurdbjörn Arngrímsson	ISL	1:58.32

<i>1500 m</i>			
<b>1</b>	<b>Joel Johansson</b>	<b>SWE</b>	<b>3:50.15</b>
<b>2</b>	<b>Eyvind Solbu</b>	<b>NOR</b>	<b>1:50.28</b>
<b>3</b>	<b>Jim Svenøy</b>	<b>NOR</b>	<b>3:50.60</b>
4	Timo Sarlin	FIN	3:52.88
5	Ville-Veikko Hynninen	FIN	3:53.45
6	Mårten Barkvall	SWE	3:54.35

**5000 m**

1	<b>Karl Johan Rasmussen</b>	<b>NOR</b>	<b>14:17.00</b>
2	<b>Johan Swärdh</b>	<b>SWE</b>	<b>14:29.25</b>
3	<b>Geir Glasø</b>	<b>NOR</b>	<b>14:30.38</b>
4	Pekka Elo	FIN	14:47.49
5	Arvid Levinsson	SWE	14:56.78
6	Mikka Olkkola	FIN	14:57.72

**110 m hurdles** +1,3

1	<b>Fredrik Lindberg</b>	<b>SWE</b>	<b>13.97</b>
2	<b>Gaute Melby Gundersen</b>	<b>NOR</b>	<b>14.39</b>
3	<b>Patrik Torkelsson</b>	<b>SWE</b>	<b>14.61</b>
4	Per Øivind Sola	NOR	14.62
5	Jarno Jokihäärä	FIN	15.02
6	Mikko Markkanen	FIN	15.28

**400 m hurdles**

1	<b>Petteri Pulkkinen</b>	<b>FIN</b>	<b>52.05</b>
2	<b>Frans Hallquist</b>	<b>SWE</b>	<b>52.78</b>
3	<b>Pasi Mallat</b>	<b>FIN</b>	<b>53.41</b>
4	Per Gunnarsson	SWE	53.47
5	Per Øivind Sola	NOR	53.52
6	Akin Olowo	NOR	54.58

**3000 m steeplechase**

1	<b>Anders Aukland</b>	<b>NOR</b>	<b>9:04.41</b>
2	<b>Patrik Sundvisson</b>	<b>SWE</b>	<b>9:05.59</b>
3	<b>Fredrik Hädell</b>	<b>SWE</b>	<b>9:08.09</b>
4	Thomas Alsgaard	NOR	9:08.54
5	Juha Nurminen	FIN	9:21.83
6	Marko Rantanen	FIN	9:26.87

**10000 m Walk**

1	<b>Martin Engelsviken</b>	<b>NOR</b>	<b>43:20.21</b>
2	<b>Tobias Persson</b>	<b>SWE</b>	<b>43:31.59</b>
3	<b>Kim Lappalainen</b>	<b>FIN</b>	<b>44:21.59</b>
4	Pasi Vasara	FIN	45:09.49
5	Magnus Redman	SWE	47:01.25
6	Morten Jensen	NOR	49:28.84

**High jump**

1	<b>Atle Bråthen</b>	<b>NOR</b>	<b>2.11</b>
2	<b>Thomas Røkenes</b>	<b>NOR</b>	<b>2.11</b>
3	<b>Isac Folcker</b>	<b>SWE</b>	<b>2.11</b>
4	Thomas Hansson	SWE	2.09
5	Jyrki Kulju	FIN	2.09
6	Markku Jokela	FIN	2.00
7	Magnús Hallgrímsson	ISL	1.95

**Pole vault**

1	<b>Manne Willman</b>	<b>FIN</b>	<b>5.10</b>
2	<b>Jonas Asplund</b>	<b>SWE</b>	<b>4.90</b>
3	<b>Pasi Ridanpää</b>	<b>FIN</b>	<b>4.90</b>
4	Erik Noaksson	SWE	4.80
5	Benjamin Jensen	NOR	4.80
	Tom Erik Olsen	NOR	NM

**Long jump**

1	<b>Pål Sæther</b>	<b>NOR</b>	<b>7.32</b> +1,1
2	<b>Kenneth Kastrén</b>	<b>FIN</b>	<b>7.30</b> +1,0
3	<b>Reima Venhe</b>	<b>FIN</b>	<b>7.26</b> +1,3
4	Trond Erik Nilsen	NOR	7.25 +1,6
5	Nebez Kurban	SWE	7.24 +1,8
6	Patrik Stenström	SWE	7.21 +2,0

**Triple jump**

1	<b>Ketill Hanstveit</b>	<b>NOR</b>	<b>15.85</b> +0,7
2	<b>Jarkko Hauta-Aho</b>	<b>FIN</b>	<b>15.54</b> +1,2
3	<b>Trond Erik Nilsen</b>	<b>NOR</b>	<b>15.31</b> +0,2
4	Jarno Poskela	FIN	14.98 +1,4
5	Lars Berge	SWE	14.56 -0,5
6	Ronny Landström	SWE	14.50 +0,9

**Shot put**

1	<b>Arsi Harju</b>	<b>FIN</b>	<b>17.24</b>
2	<b>Leif Olve Dolonen Larsen</b>	<b>NOR</b>	<b>16.70</b>
3	<b>Magnus Edström</b>	<b>SWE</b>	<b>16.37</b>
4	Kimmo Paganus	FIN	16.27
5	Fredrik Sjöman	SWE	16.07
6	Frode Johansen	NOR	15.24

**Discus throw**

1	<b>Fredrik Mäkk</b>	<b>SWE</b>	<b>54.38</b>
2	<b>Johannes Kerälä</b>	<b>FIN</b>	<b>54.18</b>
3	<b>Ville-Pekka Vuorento</b>	<b>FIN</b>	<b>53.92</b>
4	Einar Kristian Tveitå	NOR	51.80
5	Leif Olve Dolonen Larsen	NOR	45.04
6	Mattias Borrman	SWE	44.88

**Hammer throw**

1	<b>Tero Tallinen</b>	<b>FIN</b>	<b>61.02</b>
2	<b>Harri Vähävihi</b>	<b>FIN</b>	<b>60.46</b>
3	<b>Magnus Strandquist</b>	<b>SWE</b>	<b>57.94</b>
4	Andreas Vaaler	NOR	56.70
5	Mattias Ohlsson	SWE	56.10
6	Kim-Rune Holvik	NOR	54.80

**Javelin throw**

1	<b>Aki Parviainen</b>	<b>FIN</b>	<b>75.26</b>
2	<b>Tero Angeria</b>	<b>FIN</b>	<b>71.40</b>
3	<b>Niclas Jutterdahl</b>	<b>SWE</b>	<b>68.96</b>
4	Johan Helge	SWE	67.14
5	Pål Arne Fagernes	NOR	62.02
6	Brede Hansen	NOR	57.40

**4x100 m relay**

1	<b>SWE</b>	<b>40.84</b>	(Patrik Lövgren, Patrik Stenius, Patrik Storm, Alexander Milic)
2	<b>NOR</b>	<b>41.78</b>	(Jesper Vogt Lorentzen, Gaute Gundersen, Eivind Seland, Hans Christian Alnæs)
3	<b>FIN</b>	<b>41.80</b>	(Harri Anttila, Teemu Kauppi, Markus Lindahl, Kenneth Kastren)
4	<b>ISL</b>	<b>44.89</b>	(Atli Guðmundsson, Jóhannes Marteinsonn, Magnús Hallgrímsson, Haukur Sigurðsson)

**4x400 m relay**

1	<b>SWE</b>	<b>3:11.58</b>	(Tobias Karlsson, Mattias Sundin, Jakob Andersson, Rikard Rasmussen)
2	<b>NOR</b>	<b>3:13.38</b>	(Kjell E. Rugland, Morten Lund, Vebjørn Rodal, Bjørn Arild Bøhlegg)
3	<b>FIN</b>	<b>3:14.24</b>	(Jarkko Leppiniemi, Tom Nordman, Thomas Asp, Tomi Kankare)

<b>Points Men</b>	<b>Nation</b>	<b>Total</b>
	SWE	143
	NOR	135
	FIN	135

**Women**

**100 m** +0,6

1	<b>Linda Hansson</b>	<b>SWE</b>	<b>11.87</b>
2	<b>Charlotta Vöcks</b>	<b>SWE</b>	<b>11.98</b>
3	<b>Ingvild Larsen</b>	<b>NOR</b>	<b>12.11</b>
4	Kati Vartiainen	FIN	12.15

5	Anu Pirttimaa	FIN	12.16
6	Sunna Gestsdóttir	ISL	12.20
7	Snjólaug Vilhelmsdóttir	ISL	12.37
8	Kaja Jansen	NOR	12.39
			<i>200 m</i>
			-0,7
1	<b>Marie Westerlund</b>	<b>SWE</b>	<b>23.93</b>
2	<b>Anna-Karin Svantesson</b>	<b>SWE</b>	<b>24.60</b>
3	<b>Iina Pekkola</b>	<b>FIN</b>	<b>24.64</b>
4	Heidi Suomi	FIN	24.81
5	Sunna Gestsdóttir	ISL	24.92
6	Snjólaug Vilhelmsdóttir	ISL	25.33
7	Ingrid Lund	NOR	25.70
8	Marit Nyberg	NOR	26.17
			<i>400 m</i>
1	<b>Monica Lundgren</b>	<b>SWE</b>	<b>54.26</b>
2	<b>Marie Westerlund</b>	<b>SWE</b>	<b>55.19</b>
3	<b>Ritta-Liisa Bovellan</b>	<b>FIN</b>	<b>55.61</b>
4	Katja Skogman	FIN	55.83
5	Silje Rasmussen	NOR	56.75
6	Brit Olsson	NOR	57.51
			<i>800 m</i>
1	<b>Malin Ewerlöf</b>	<b>SWE</b>	<b>2:05.66</b>
2	<b>Monica Lundgren</b>	<b>SWE</b>	<b>2:07.84</b>
3	<b>Hanne Lyngstad</b>	<b>NOR</b>	<b>2:10.22</b>
4	Pilvi Moilanen	FIN	2:12.90
5	Tytti Reho	FIN	2:14.63
6	Annicke Stranda	NOR	2:22.17
			<i>1500 m</i>
1	<b>Malin Ewerlöf</b>	<b>SWE</b>	<b>4:17.21</b>
2	<b>Gunhild Halle</b>	<b>NOR</b>	<b>4:25.26</b>
3	<b>Mikaela Nyroos</b>	<b>SWE</b>	<b>4:28.08</b>
4	Annamaija Mattila	FIN	4:32.88
5	Pilvi Moilanen	FIN	4:39.29
6	Annicka Stranda	NOR	4:40.05
			<i>3000 m</i>
1	<b>Annemari Sandell</b>	<b>FIN</b>	<b>9:11.65</b>
2	<b>Gunhild Halle</b>	<b>NOR</b>	<b>9:15.29</b>
3	<b>Annika Fasth</b>	<b>SWE</b>	<b>9:41.99</b>
4	Pia Ruotsalainen	FIN	9:48.78
5	Mikaela Nyroos	SWE	9:56.80
6	Irene Skei	NOR	10:09.32
			<i>100 m hurdles</i>
			+1,0
1	<b>Iina Pekkola</b>	<b>FIN</b>	<b>13.73</b>
2	<b>Jutta Kemilä</b>	<b>FIN</b>	<b>13.82</b>
3	<b>Kristina Pihl</b>	<b>SWE</b>	<b>14.42</b>
4	Erica Johansson	SWE	14.49
5	Tania Longe	NOR	14.76
6	Ingvild Larsen	NOR	14.94
7	Sólveig Björnsdóttir	ISL	15.14
			<i>400 m hurdles</i>
=1	<b>Åsa Carlsson</b>	<b>SWE</b>	<b>59.67</b>
=1	<b>Lena Melin</b>	<b>SWE</b>	<b>59.67</b>
3	<b>Silje Rasmussen</b>	<b>NOR</b>	<b>59.97</b>
4	Petra Stenman	FIN	62.64
5	Ellen Bergin	NOR	63.41
6	Martina Harling	FIN	64.35
			<i>5000 m walk</i>
1	<b>Mira Saastamoinen</b>	<b>FIN</b>	<b>23:48.04</b>

2	<b>Linda Tenggren</b>	<b>SWE</b>	<b>23:53.49</b>
3	<b>Jessica Franzén</b>	<b>SWE</b>	<b>24:23.47</b>
4	Milla Toivanen	FIN	24:38.81
5	Kjersti Tysse	NOR	24:53.61
6	Hilde Kristin Lunde	NOR	25:47.36
			<i>High jump</i>
1	<b>María Gruffman-Rönnlund</b>	<b>SWE</b>	<b>1.81</b>
2	<b>Lisa Wilsson</b>	<b>SWE</b>	<b>1.81</b>
3	<b>Katja Kilpi</b>	<b>FIN</b>	<b>1.81</b>
4	Tanja Leinonen	FIN	1.76
5	Lene Halvorsen	NOR	1.65
6	Mimi Storm-Hansen	NOR	1.65
			<i>Long jump</i>
1	<b>Erica Johansson</b>	<b>SWE</b>	<b>6.37</b> +0,2
2	<b>Ingvild Larsen</b>	<b>NOR</b>	<b>6.06</b> +0,1
3	<b>Virpi Tapanainen</b>	<b>FIN</b>	<b>6.05</b> +2,1
			<b>6.04</b> +1,0
4	Jutta Kämilä	FIN	5.98
5	Jessica Larsson	SWE	5.77
6	Tania Longe	NOR	5.68
7	Snjólaug Vilhelmsdóttir	ISL	5.31
			<i>Triple jump</i>
1	<b>Laine Rothla</b>	<b>SWE</b>	<b>12.86</b> +1,6
2	<b>Anna-Karin Mark</b>	<b>SWE</b>	<b>12.45</b> +1,3
3	<b>Eli Føleide</b>	<b>NOR</b>	<b>12.38</b> +1,2
4	Christine Gulbrandsen	NOR	12.35 +2,0
5	Susanna Savolaine	FIN	12.19 +0,9
6	Annika Haapala	FIN	11.90 +2,0
			<i>Shot put</i>
1	<b>Marika Tuliniemi</b>	<b>FIN</b>	<b>16.06</b>
2	<b>Wenche Kristensen</b>	<b>NOR</b>	<b>14.83</b>
3	<b>Minna Elttula</b>	<b>FIN</b>	<b>13.86</b>
4	Anna Söderberg	SWE	13.64
5	Janne Antonsen	NOR	13.54
6	Anna Wiklund	SWE	12.98
			<i>Discus throw</i>
1	<b>Nitta Veikkolainen</b>	<b>FIN</b>	<b>51.26</b>
2	<b>Anna Söderberg</b>	<b>SWE</b>	<b>51.00</b>
3	<b>Mervi Hakkarainen</b>	<b>FIN</b>	<b>48.32</b>
4	Liselotte Remmegård	SWE	43.32
5	Anne-Marte Bakken	NOR	42.28
6	Janne Antonsen	NOR	40.68
7	Halla Heimsdóttir	ISL	35.94
			<i>Javelin throw</i>
1	<b>Mari Uusitalo</b>	<b>FIN</b>	<b>52.42</b>
2	<b>Mikaela Ingberg</b>	<b>FIN</b>	<b>48.64</b>
3	<b>Katja Åsvik</b>	<b>SWE</b>	<b>46.24</b>
4	Anne Gro Rosseland	NOR	46.10
5	Nina Dubowski	NOR	45.94
6	Katarina Eklöf	SWE	43.48
7	Halldóra Jónasdóttir	ISL	42.58
8	Vigdis Guðjónsdóttir	ISL	42.58
			<i>4x100 m relay</i>
1	<b>FIN</b>	<b>47.07</b>	(Kati Vartiainen, Anu Pirttimaa, Sonja Rehn, Katja Simola)
2	<b>NOR</b>	<b>47.56</b>	(Eli Føleide, Ingvild Larsen, Marit Nyberg, Kaja Jansen)
3	<b>ISL</b>	<b>49.75</b>	(Erna Björg Sigurðardóttir, Sunna Gestsdóttir, Sólveig Björnsdóttir, Snjólaug Vilhelmsdóttir)

4	SWE	DNF	(Charlotta Vöcks, Jessica Larsson, Linda Hansson, Marie Westerlund) *
* = order may be different			
<b>4x400 m relay</b>			
1	SWE	3:38.36	(Charlotta Hansson, Lena Melin, Åsa Carlsson, Anna-Karin Svantesson)
2	FIN	3:40.70	(Katja Skogman, Jonna Salmivaara, Sari Aapajärvi, Riitta-Liisa Bovellan)
3	NOR	3:51.36	(Ellen Bergin, Silje Rasmussen, Brit Olsson, Ingrid Lund)

Points Women	Nation	Total
	SWE	148
	FIN	124
	NOR	75

## Nordic Race Walking Championships

København, DEN 26-27 Sep

### Men

	Senior	27 Sep	20000m
1	<b>Valentin Koronen</b>	FIN	<b>1:24:40.6</b>
2	<b>Kari Ahonen</b>	FIN	<b>1:25:42.4</b>
3	<b>Magnus Morenius</b>	SWE	<b>1:26:12.8</b>
4	Jan Olsson	SWE	1:26:42.1
5	Claus Jørgensen	DEN	1:28:24.7
6	Martin Engelsviken	NOR	1:28:56.5
7	Antero Lidman	FIN	1:32:54.1
8	Anders Myking	NOR	1:33:01.4

9 Peter Ferrari, SWE 1:34:36.7, 10 Erik Bengtsson, SWE 1:37:25.5, 11 Lars Ove Moen, NOR 1:38:36.7, 12 Jacob Sørensen, DEN 1:39:16.6, 13 Klaus Jensen, DEN 1:39:50.1, 14 Christer Svensson, SWE 1:42:23.2, 15 Thomas Christensen, DEN 1:45:12.6, 16 Uffe Mathiesen, DEN 1:47:38.3, 17 Dan Kondrup, DEN 1:46:13.4, 18 Stanislaw Barbuszynski, DEN 2:00:24.9, Peer Jensen, DEN DQ, Sverre Jensen, NOR DNF, Magnus Redman, SWE DNF, Trond Møretrø, NOR DNF

	U20	26 Sep	10000m
1	<b>Claus Jørgensen</b>	DEN	<b>45:52.4</b>
2	<b>Jussi Koski</b>	FIN	<b>46:55.5</b>
3	<b>Arne-Johan Martinsen</b>	NOR	<b>47:14.3</b>
4	Jacob Sørensen	DEN	47:24.2
5	Morten Jensen	NOR	48:16.3
6	Dan Kondrup	DEN	48:26.2
7	Magnus Redman	SWE	48:45.4
8	Kristian Zetterström	SWE	49:18.6

9 Fredrik Svensson, SWE 51:18.3, Kim Lappalainen, FIN DQ, Sune Kristiansen, DEN DNF

### Women

	Senior	27 Sep	5000m
1	<b>Madelein Svensson</b>	SWE	<b>22:15.5</b>
2	<b>Veronica Öqvist</b>	SWE	<b>23:23.9</b>
3	<b>Hilde Gustavsen</b>	NOR	<b>23:28.2</b>
4	Kjersti Tysse	NOR	23:44.0
5	Åsa Grandelius	SWE	23:59.2
6	Taru-Tuulikki Stenvall	FIN	24:31.3
7	Ania Kondrup	DEN	24:51.0
8	Anneli Kuukkanen	FIN	24:52.7

9 Helena Åström, FIN 25:07.5, 10 Hanne Liland, NOR 25:12.1, 11 Hege Nilsen, NOR 26:43.2

	U20	26 Sep	5000m
1	<b>Taru-Tuulikki Stenvall</b>	FIN	<b>24:37.3</b>
2	<b>Sari Leppäaho</b>	FIN	<b>25:46.5</b>
3	<b>Åslauf Mostad</b>	NOR	<b>24:50.9</b>
4	Outi Sillanpää	FIN	26:22.2
5	Agnethe Lunde	NOR	26:36.6
6	Dorthe Kongsgård	DEN	28:54.5
	Ania Kondrup	DEN	DQ

## Nordic Race Walking Championships Long distance

København, DEN 26-27 Sep

### Men

	Senior	26 Sep	5000m
1	<b>Veijo Savikko</b>	FIN	<b>4:10:45.3</b>
2	<b>Arto Hokkanen</b>	FIN	<b>4:15:03.1</b>
3	<b>Ulf-Peter Sjöholm</b>	SWE	<b>4:21:34.9</b>
4	Aksel V. Bendtsen	DEN	4:38:24.1
5	Jens Krogsgaard	DEN	5:11:59.1

Torben Kristiansen, DEN DQ, Trond Møretrø, NOR DQ, Peer Jensen, DEN DQ, Matti Heikkilä, FIN DNF, Rasmus Friis, DEN DNF, Per Kleis Pedersen, DEN DNF

### Women

	Senior	25 Sep	10000m
1	<b>Madelein Svensson</b>	SWE	<b>48:04.3</b>
2	<b>Veronica Öqvist</b>	SWE	<b>49:12.3</b>
3	<b>Åsa Grandelius</b>	SWE	<b>49:37.1</b>
4	Hilde Gustavsen	NOR	49:41.1
5	Helena Åström	FIN	51:55.1
6	Anneli Kuukkanen	FIN	52:21.3
7	Anne Perttola	FIN	53:18.2
8	Hege Nilsen	NOR	53:58.8

