Fredrikstadmarka Rundt
1km
Klassevis Resultatliste

Kvinner 11 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	29	Synne Hatlan	FIF	00:04:34	00:00:00
2	30	Martine Emilie Stene	FIF	00:04:35	00:00:02

Antall: 2

Kvinner 12 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	14	Hanna Pinås	KRÅKERØY	00:08:01	00:00:00

Antall: 1

Kvinner 13 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	8	Josefine Krabberød	FREDRIKSTAD IF	00:04:02	00:00:00

Antall: 1

Menn 12 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	16	Victor Sture		00:04:04	00:00:00
2	28	Kristoffer Persen	FIF	00:04:25	00:00:21

Antall: 2

Fredrikstadmarka Rundt
1km
Komplett Resultatliste

Kvinner

14.10.2012

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	8	Josefine Krabberød	13	FREDRIKSTAD IF	00:04:02	00:00:00
2	29	Synne Hatlan	11	FIF	00:04:34	00:00:33
3	30	Martine Emilie Stene	11	FIF	00:04:35	00:00:34
4	14	Hanna Pinås	12	KRÅKERØY	00:08:01	00:04:00

Antall: 4

Menn

14.10.2012

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	16	Victor Sture	12		00:04:04	00:00:00
2	28	Kristoffer Persen	12	FIF	00:04:25	00:00:21

Antall: 2

Fredrikstadmarka Rundt
20km
Klassevis Resultatliste

Kvinner 17-29 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	559	Ida Bråten	VEIDEKKE BIL	01:49:00	00:00:00
2	282	Emilie Berg	FREDRIKSTAD IF	01:49:24	00:00:25
3	547	Line Berger		02:01:40	00:12:41
4	260	Johanne Krabberød		02:14:28	00:25:29

Antall: 4

Kvinner 30-39 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	266	Anne Lie	KPMG	01:44:11	00:00:00
2	261	Astrid Nome	TRENINGSCAMP	01:53:23	00:09:12
3	604	Lina Marie Mevik		01:53:45	00:09:34
4	287	Ann Mari Fjæraa	NILU BIL	01:53:47	00:09:36
5	257	Linda Hæger		01:55:33	00:11:22
6	608	Hilde Kleven	ÅS IL	01:57:00	00:12:49
7	542	Susanne Wilkens	HVALER I.L.	01:58:35	00:14:24
8	610	Tora Klevås		02:00:31	00:16:20
9	311	Tonje Holter	INGEN	02:01:45	00:17:34
10	342	Lise-Marie B. Jacobsen		02:03:26	00:19:15
11	605	Karianne åsheim		02:04:35	00:20:24
12	244	Maria Berg	FREDRIKSTAD IF	02:09:56	00:25:45
13	628	Marthe Wiig		02:10:03	00:25:52
14	242	Camilla Mosseros		02:10:05	00:25:54
15	252	Hanne Gro Korsvold		02:12:07	00:27:56
16	253	Linda Renate Glesnes	OSLOFJORD TRIATLON	02:14:20	00:30:09
17	636	Anne Lise Nilsen		02:21:55	00:37:44
18	545	Tone Nordang Pettersen	MOSSJONISTENE/LøPESKJøRT.NO	02:58:10	01:13:59

Antall: 18

Kvinner 40-44 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	363	Eva Lindskog	FREDRIKSTAD IF	01:48:33	00:00:00
2	568	Anne Mette Nygaard		01:55:48	00:07:15
3	569	Lene Ulfeng	FREDRIKSTAD SK	01:56:53	00:08:20
4	577	Nina M Stene Wilhelmsen		01:57:03	00:08:30
5	630	Helene Lesund	OSLOFJORD TRIATHLON	01:59:12	00:10:39
6	639	Kari-Marie Gjesdal		02:10:12	00:21:40
7	250	Anne-Gro Ringstad Sæther		02:18:55	00:30:23
8	629	Åshild Soltvedt		02:25:50	00:37:18

Antall: 8

Kvinner 45-49 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	637	Kirsti Eriksen	SPENST	01:51:34	00:00:00
2	539	Margaret Mcgrath	ATOMEN HALDEN BIL	02:11:43	00:20:10

Antall: 2

Fredrikstadmarka Rundt
20km
Klassevis Resultatliste

Kvinner 50-54 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	535	Gunn-Tove Riis	FREDRIKSTAD IF	01:44:21	00:00:00
2	278	Kjersti Gram Andersen	SKIMILAJOGGEN	01:53:58	00:09:37
3	588	Anne Glesaaen Kraggerud	SKIMILAJOGGEN	02:02:30	00:18:10
4	280	Tanja Lybæk	FREDRIKSTAD IF	02:13:46	00:29:26
5	1	Hanne Alnæs	FIF	04:00:04	02:15:44

Antall: 5

Kvinner 55-59 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	618	May Ulvåen	FIF	01:55:50	00:00:00
2	573	Hege Sletvold	FIF	04:00:05	02:04:15
3	574	Marit Andersson	FIF	04:00:05	02:04:16

Antall: 3

Kvinner 60-64 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	571	Laila Herlofsen	FIF	04:00:04	00:00:00
2	572	Berit Gunheim	FIF TRIM	04:00:05	00:00:01

Antall: 2

Menn 17-29 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	594	Tekiu Gebrehileet	MOSS IL	01:15:41	00:00:00
2	285	Sondre Skaug	FREDRIKSTAD IF	01:22:16	00:06:35
3	634	Stian Paulsen	FIF	01:25:06	00:09:25
4	601	Sindre Brevold		01:25:12	00:09:32
5	537	Eirik Næsset Ramtvedt		01:28:57	00:13:16
6	560	Thomas Bjerke	TEAM KJEKKAS	01:32:24	00:16:43
7	631	Rahmatullah Rezai	FIF	01:34:32	00:18:51
8	297	Håvard Amlien		01:49:01	00:33:20
9	270	David Hagle		01:49:20	00:33:39
10	249	Håkon Hanssen Nestande		01:51:00	00:35:19
11	620	Mathius Roed Hansen	TØsseladden Il	01:51:26	00:35:45
12	583	Truls Lundblad		01:55:26	00:39:45
13	602	Ole-Henrik Brevold		01:56:38	00:40:57
14	248	Magnus Lund		02:02:18	00:46:37
15	621	Mats Kristoffesen	TØsseladden Il	02:05:29	00:49:48
16	277	Henrik Jensen		02:12:50	00:57:09

Antall: 16

Menn 30-39 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	540	Ole-Hermann Røhr	RYGGEJOGGEN	01:21:41	00:00:00
2	313	Lars Aurebekk	VEUM CK	01:22:33	00:00:53
3	551	Ozzy Gurung		01:24:54	00:03:14

Fredrikstadmarka Rundt
20km
Klassevis Resultatliste

Menn 30-39 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
4	603	Eivind Andreassen	GREÅKER IF	01:25:17	00:03:37
5	553	Bjørn-Tore Martinussen		01:25:21	00:03:41
6	530	Finn Markus Johansen	FREDRIKSTAD IF	01:26:08	00:04:28
7	245	Lars Krogsrud	GRESVIK IF	01:26:37	00:04:57
8	591	Ronny Hansen	Suene Il	01:27:25	00:05:45
9	258	Axel Bendiksby	FREDRIKSTAD TRIATLONKLUBB	01:27:44	00:06:04
10	315	Kim Olsen		01:27:46	00:06:06
11	598	Luca Roncoroni	CIVELLO ITALIA	01:28:48	00:07:08
12	238	Kai Berg	FREDRIKSTAD IF	01:30:43	00:09:03
13	268	Preben Gautun	FREDRIKSTAD IF	01:32:33	00:10:53
14	566	Terje Bakke	SKANSA AKTIV	01:33:50	00:12:10
15	246	Ole Christian Evensen	FREDRIKSTAD SKIKLUBB	01:34:31	00:12:51
16	291	Stian Løkken	MOSSJONISTENE	01:37:27	00:15:47
17	580	Tor Christian Pinås	TT SERVICE	01:38:20	00:16:40
18	549	Magnus Bjur	FREDRIKSTAD SKIKLUBB	01:41:44	00:20:04
19	635	Morten Jensen	Eqpeak	01:41:52	00:20:12
20	606	Lars Hox	Sleipner As	01:42:54	00:21:14
21	627	Thomas Uwe Hansen	COWI	01:43:55	00:22:15
22	410	Henning Winsnes		01:44:08	00:22:28
23	262	Torfinn Nome	TRENINGSCAMP	01:45:49	00:24:09
24	299	Jesper Hein		01:47:16	00:25:36
25	558	Senthuran Selvaratnam		01:49:11	00:27:31
26	552	Anders Brynildsen	FREDRIKSTAD SKIKLUBB	01:49:42	00:28:02
27	619	Lars Christian Ulvåen	PROJECTIONDESIGN	01:51:12	00:29:32
28	276	Olav Loss Rian		01:52:32	00:30:52
29	231	Per Kristian Klausen		01:53:15	00:31:35
30	536	Thomas Kristian Wilson		01:55:10	00:33:30
31	595	Hans Martin Skari-Hansen	NOTEAM	01:55:32	00:33:51
32	616	Thomas Grundstad	Borge Fysioterapi	01:55:42	00:34:02
33	575	Ronny Sletner	SKEDSMO BIL	01:56:43	00:35:03
34	235	Jacob Wierenfeldt Jacobsen	SKAL BARE LØPE FRA PER KLAUSSEN	02:05:49	00:44:09
35	624	Odd Arne Lindstrøm		02:08:27	00:46:47
36	589	David Aleksandersen	PROJECTIONDESIGN	02:10:53	00:49:13

Antall: 36

Menn 40-44 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	617	Øyvind Stokseth	VEUM CK	01:14:35	00:00:00
2	241	Eiolf Røed	FREDRIKSTAD IF	01:18:32	00:03:58
3	564	Rune Grandahl	FIF	01:23:44	00:09:10
4	265	Mats Pettersen	STABBURET BIL	01:23:58	00:09:24
5	611	Roar Tomter	ASKIM IF	01:24:46	00:10:12
6	590	Magne Janitz	Moss Multichallengers	01:26:14	00:11:40
7	298	Roger Syversen	GRESVIK IF	01:27:31	00:12:57
8	585	Martin Sture		01:27:48	00:13:14
9	554	Rolf Stigen	FREDRIKSTAD SKIKLUBB	01:28:32	00:13:58

Fredrikstadmarka Rundt
20km
Klassevis Resultatliste

Menn 40-44 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
10	109	Roy Freddy Andersen	FREDRIKSTAD IF	01:29:31	00:14:57
11	233	Magne Brenna		01:30:58	00:16:24
12	286	Ole Christian Stubberud		01:32:50	00:18:16
13	612	Hans-Petter Lystad		01:33:13	00:18:39
14	292	Trond-Vidar Due Hansen		01:33:40	00:19:06
15	317	Kjetil Sie		01:35:04	00:20:30
16	565	Magne Rosnes	COWI BIL	01:38:23	00:23:49
17	136	Per Å. W. Johansen	FREDRIKSTAD BOKSEKLUBB	01:38:36	00:24:02
18	411	Thomas Rasmussen	FREDRIKSTAD IF	01:40:36	00:26:02
19	234	Morten Häbler	FREDRIKSTAD IF	01:40:58	00:26:24
20	622	Pål Nilsen	Runaway	01:41:49	00:27:15
21	284	Rino Skaug	GAARDS-SERVICE	01:43:24	00:28:50
22	593	Sverre Ingebrigtsen	CK ØST	01:43:33	00:28:59
23	534	Lars Erik Olsen	FREDRIKSTAD IF	01:45:17	00:30:43
24	236	Øyvind Halvorsen	TORSNES IL	01:45:51	00:31:17
25	582	Frank Robert Bråthen		01:45:52	00:31:18
26	578	Thorleif Sire	FLOWIT AS	01:45:56	00:31:22
27	255	Kjell Reidar Mydske	FREDRIKSTAD SKIKLUBB	01:48:30	00:33:56
28	293	Daniel Pedersen	BERTEL O.STEEN FREDRIKSTAD	01:48:50	00:34:16
29	548	Rene Hegge		01:51:54	00:37:20
30	295	Anders Løkke		01:54:55	00:40:21
31	576	Petter Stene Wilhelmsen	WANG TOPPIDRETT	01:55:10	00:40:36
32	141	Tony Øvrevik	FREDRIKSTAD BOKSEKLUBB	02:13:38	00:59:04

Antall: 32

Menn 45-49 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	587	Hans Tore Riibe	HAMAR SKIKLUBB	01:20:01	00:00:00
2	541	Lasse Lieberknecht	FREDRIKSTAD IF	01:22:48	00:02:47
3	393	Trond Inge Carlsen	RUSTAD IL	01:25:15	00:05:14
4	225	Per Øivind Sundell	ØRJE IL	01:27:58	00:07:57
5	243	Lars Hauge	GREÅKER IF	01:28:53	00:08:53
6	632	Øyvind Larsen	CK ØST	01:33:58	00:13:58
7	600	Håkon Olsen	FIF	01:38:32	00:18:31
8	532	Morten Gylvik	FREDRIKSTAD SKIKLUBB	01:38:33	00:18:32
9	638	Sven Simnsen	FREDRIKSTAD SK	01:39:29	00:19:28
10	279	Vidar Hermansen	FREDRIKSTAD SKIKLUBB	01:41:59	00:21:59
11	626	Mikael Hofstrom	STRØMSTAD LØPARKLUBB	01:42:10	00:22:09
12	550	Ketil Arntzen	ROLVSØY	01:42:15	00:22:14
13	230	Werner Ruyter	CICIGNON OLDBOYS	01:44:14	00:24:13
14	586	Tor-Eilert Olsen	FIF	01:45:30	00:25:30
15	544	Åge Kristian Bjørge	FREDRIKSTAD IF	01:47:21	00:27:21
16	239	Ingar Martinsen		01:48:05	00:28:04
17	290	Thor Gjerløw	PROJECTIONDESIGN	01:49:22	00:29:21
18	615	Helge Ingwersen	FREDRIKSTAD TRIATLONKLUBB	01:50:50	00:30:49
19	269	Lars Erik Olsen		01:51:09	00:31:09

Fredrikstadmarka Rundt
20km
Klassevis Resultatliste

Menn 45-49 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
20	275	Svein Kåre Aas	PRIVAT	01:51:47	00:31:47
21	613	Thomas Rukter	CICIGNON IF	01:52:52	00:32:51
22	555	Ole Christian Lier		01:56:44	00:36:43
23	289	Tor-Åge Welinder		02:03:01	00:43:00

Antall: 23

Menn 50-54 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	240	Morten E Lund	HAMAR SKIKLUBB	01:24:54	00:00:00
2	441	Trond-Reidar Bukholm	HALDEN IL	01:27:09	00:02:15
3	533	Knut Viggo Andersen	FREDRIKSTAD IF	01:28:20	00:03:26
4	614	Trond Nilsen	FIF	01:31:00	00:06:06
5	365	Sjur Tømte	FREDRIKSTAD IF	01:33:18	00:08:24
6	314	Tom Sognlien	FREDRIKSTAD IF	01:33:25	00:08:31
7	584	Vidar Lundblad	FREDRIKSTAD SKIKLUBB	01:36:10	00:11:16
8	259	Halvor De Flon	FRISKIS OG SVETTIS	01:40:13	00:15:20
9	567	Harald Hurum		01:42:15	00:17:22
10	579	Helge Rosnes	PRIVAT	01:44:00	00:19:06
11	581	Lars Helge Fjelstad	Abb / Ulefoss	01:44:15	00:19:21
12	256	Jack André Helgesen		01:45:32	00:20:38
13	110	Terje Svensson	FREDRIKSTAD IF	01:47:59	00:23:06
14	274	Asbjørn Madsen	FRISKIS OG SVETTIS	01:53:09	00:28:15
15	251	Nils Wiig	FRIKSIS OG SVETTIS	01:54:33	00:29:39
16	380	Tore Viggo Martinsen		01:57:01	00:32:07
17	607	Egil Prestløkken	ÅS IL	01:57:01	00:32:07
18	281	Tormod Kjørvik	FREDRIKSTAD IF	02:13:47	00:48:53
19	283	Iver Garsrud		02:14:20	00:49:26
20	229	Ulf Reffsgård	FREDRIKSTAD IF	02:25:50	01:00:56

Antall: 20

Menn 55-59 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	228	Egil Holme	FREDRIKSTAD IF	01:31:04	00:00:00
2	296	Bjørn Erik Ramtvedt		01:35:16	00:04:13
3	596	Ole Bjørn Braathen	SjÅstad / V. Lier	01:35:26	00:04:22
4	174	Terje Hansen	FREDRIKSTAD IF	01:38:46	00:07:42
5	633	Roar Skinstad	VESTERØY	01:40:57	00:09:54
6	556	Roy Harry Enoksen		01:41:36	00:10:33
7	294	Tellef Kjellesvig	FREDRIKSTAD SKIKLUBB	01:45:03	00:13:59
8	599	Arnfinn Sørlie	SARPSBOR SYKLEKLUBB	01:50:54	00:19:51
9	592	Johnny Sørlie		01:52:18	00:21:15
10	561	Tore Iversen	FREDRIKSTAD IF	01:52:39	00:21:35
11	543	Helge Karlsen	POSTEN	01:53:22	00:22:18
12	538	Steve Collier	ATOMEN HALDEN BIL	01:56:45	00:25:42
13	102	Lars Try	TVEDESTRAND	02:35:42	01:04:39

Antall: 13

Fredrikstadmarka Rundt
20km
Klassevis Resultatliste

Menn 60-64 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	345	Odd Hilberg Johansen		01:45:39	00:00:00
2	304	Jørgen Gurandsrud	FREDRIKSTAD IF	02:05:34	00:19:56
3	227	Svein Jansen	FREDRIKSTAD IF	02:13:23	00:27:45

Antall: 3

Menn 65-69 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	232	Anders Johan Krosby		01:45:44	00:00:00
2	557	Erling Kielland	UDI_BIL	01:49:23	00:03:40
3	263	Øivind Fjæraa	FREDRIKSTAD IF	02:03:45	00:18:01
4	570	Arne Sannes	FIF	04:00:05	02:14:21

Antall: 4

Menn 70-74 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	247	Sverre Sanengen	FREDRIKSTAD IF	02:10:21	00:00:00

Antall: 1

Menn 75-79 — 14.10.2012

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	273	Aksel Nilssen	FAUSKE IL	01:57:21	00:00:00

Antall: 1

Fredrikstadmarka Rundt
20km
Komplett Resultatliste

Kvinner

14.10.2012

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	266	Anne Lie	30-39	KPMG	01:44:11	00:00:00
2	535	Gunn-Tove Riis	50-54	FREDRIKSTAD IF	01:44:21	00:00:10
3	363	Eva Lindskog	40-44	FREDRIKSTAD IF	01:48:33	00:04:22
4	559	Ida Bråten	17-29	VEIDEKKE BIL	01:49:00	00:04:49
5	282	Emilie Berg	17-29	FREDRIKSTAD IF	01:49:24	00:05:13
6	637	Kirsti Eriksen	45-49	SPENST	01:51:34	00:07:23
7	261	Astrid Nome	30-39	TRENINGSCAMP	01:53:23	00:09:12
8	604	Lina Marie Mevik	30-39		01:53:45	00:09:34
9	287	Ann Mari Fjæraa	30-39	NILU BIL	01:53:47	00:09:36
10	278	Kjersti Gram Andersen	50-54	SKIMILAJOGGEN	01:53:58	00:09:47
11	257	Linda Hæger	30-39		01:55:33	00:11:22
12	568	Anne Mette Nygaard	40-44		01:55:48	00:11:37
13	618	May Ulvåen	55-59	FIF	01:55:50	00:11:39
14	569	Lene Ulfeng	40-44	FREDRIKSTAD SK	01:56:53	00:12:42
15	608	Hilde Kleven	30-39	ÅS IL	01:57:00	00:12:49
16	577	Nina M Stene Wilhelmsen	40-44		01:57:03	00:12:52
17	542	Susanne Wilkens	30-39	HVALER I.L.	01:58:35	00:14:24
18	630	Helene Lesund	40-44	OSLOFJORD TRIATHLON	01:59:12	00:15:01
19	610	Tora Klevås	30-39		02:00:31	00:16:20
20	547	Line Berger	17-29		02:01:40	00:17:29
21	311	Tonje Holter	30-39	INGEN	02:01:45	00:17:34
22	588	Anne Glesaaen Kraggerud	50-54	SKIMILAJOGGEN	02:02:30	00:18:19
23	342	Lise-Marie B. Jacobsen	30-39		02:03:26	00:19:15
24	605	Karianne åsheim	30-39		02:04:35	00:20:24
25	244	Maria Berg	30-39	FREDRIKSTAD IF	02:09:56	00:25:45
26	628	Marthe Wiig	30-39		02:10:03	00:25:52
27	242	Camilla Mosseros	30-39		02:10:05	00:25:54
28	639	Kari-Marie Gjesdal	40-44		02:10:12	00:26:01
29	539	Margaret Mcgrath	45-49	ATOMEN HALDEN BIL	02:11:43	00:27:32
30	252	Hanne Gro Korsvold	30-39		02:12:07	00:27:56
31	280	Tanja Lybæk	50-54	FREDRIKSTAD IF	02:13:46	00:29:35
32	253	Linda Renate Glesnes	30-39	OSLOFJORD TRIATLON	02:14:20	00:30:09
33	260	Johanne Krabberød	17-29		02:14:28	00:30:17
34	250	Anne-Gro Ringstad Sæther	40-44		02:18:55	00:34:44
35	636	Anne Lise Nilsen	30-39		02:21:55	00:37:44
36	629	Åshild Soltvedt	40-44		02:25:50	00:41:39
37	545	Tone Nordang Pettersen	30-39	MOSSJONISTENE/LøPESKJøRT.NO	02:58:10	01:13:59
38	571	Laila Herlofsen	60-64	FIF	04:00:04	02:15:53
39	1	Hanne Alnæs	50-54	FIF	04:00:04	02:15:54
40	572	Berit Gunheim	60-64	FIF TRIM	04:00:05	02:15:54
41	573	Hege Sletvold	55-59	FIF	04:00:05	02:15:54
42	574	Marit Andersson	55-59	FIF	04:00:05	02:15:54

Antall: 42

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Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	617	Øyvind Stokseth	40-44	VEUM CK	01:14:35	00:00:00
2	594	Tekiu Gebrehileet	17-29	MOSS IL	01:15:41	00:01:07
3	241	Eiolf Røed	40-44	FREDRIKSTAD IF	01:18:32	00:03:58
4	587	Hans Tore Riibe	45-49	HAMAR SKIKLUBB	01:20:01	00:05:27
5	540	Ole-Hermann Røhr	30-39	RYGGEJOGGEN	01:21:41	00:07:07
6	285	Sondre Skaug	17-29	FREDRIKSTAD IF	01:22:16	00:07:42
7	313	Lars Aurebekk	30-39	VEUM CK	01:22:33	00:07:59
8	541	Lasse Lieberknecht	45-49	FREDRIKSTAD IF	01:22:48	00:08:14
9	564	Rune Grandahl	40-44	FIF	01:23:44	00:09:10
10	265	Mats Pettersen	40-44	STABBURET BIL	01:23:58	00:09:24
11	611	Roar Tomter	40-44	ASKIM IF	01:24:46	00:10:12
12	551	Ozzy Gurung	30-39		01:24:54	00:10:20
13	240	Morten E Lund	50-54	HAMAR SKIKLUBB	01:24:54	00:10:20
14	634	Stian Paulsen	17-29	FIF	01:25:06	00:10:32
15	601	Sindre Brevold	17-29		01:25:12	00:10:38
16	393	Trond Inge Carlsen	45-49	RUSTAD IL	01:25:15	00:10:41
17	603	Eivind Andreassen	30-39	GREÅKER IF	01:25:17	00:10:43
18	553	Bjørn-Tore Martinussen	30-39		01:25:21	00:10:47
19	530	Finn Markus Johansen	30-39	FREDRIKSTAD IF	01:26:08	00:11:34
20	590	Magne Janitz	40-44	Moss Multichallengers	01:26:14	00:11:40
21	245	Lars Krogsrud	30-39	GRESVIK IF	01:26:37	00:12:03
22	441	Trond-Reidar Bukholm	50-54	HALDEN IL	01:27:09	00:12:35
23	591	Ronny Hansen	30-39	Suene Il	01:27:25	00:12:51
24	298	Roger Syversen	40-44	GRESVIK IF	01:27:31	00:12:57
25	258	Axel Bendiksby	30-39	FREDRIKSTAD TRIATLONKLUBB	01:27:44	00:13:10
26	315	Kim Olsen	30-39		01:27:46	00:13:12
27	585	Martin Sture	40-44		01:27:48	00:13:14
28	225	Per Øivind Sundell	45-49	ØRJE IL	01:27:58	00:13:24
29	533	Knut Viggo Andersen	50-54	FREDRIKSTAD IF	01:28:20	00:13:46
30	554	Rolf Stigen	40-44	FREDRIKSTAD SKIKLUBB	01:28:32	00:13:58
31	598	Luca Roncoroni	30-39	CIVELLO ITALIA	01:28:48	00:14:14
32	243	Lars Hauge	45-49	GREÅKER IF	01:28:53	00:14:19
33	537	Eirik Næsset Ramtvedt	17-29		01:28:57	00:14:23
34	109	Roy Freddy Andersen	40-44	FREDRIKSTAD IF	01:29:31	00:14:57
35	238	Kai Berg	30-39	FREDRIKSTAD IF	01:30:43	00:16:09
36	233	Magne Brenna	40-44		01:30:58	00:16:24
37	614	Trond Nilsen	50-54	FIF	01:31:00	00:16:26
38	228	Egil Holme	55-59	FREDRIKSTAD IF	01:31:04	00:16:30
39	560	Thomas Bjerke	17-29	TEAM KJEKKAS	01:32:24	00:17:50
40	268	Preben Gautun	30-39	FREDRIKSTAD IF	01:32:33	00:17:59
41	286	Ole Christian Stubberud	40-44		01:32:50	00:18:16
42	612	Hans-Petter Lystad	40-44		01:33:13	00:18:39
43	365	Sjur Tømte	50-54	FREDRIKSTAD IF	01:33:18	00:18:44
44	314	Tom Sognlien	50-54	FREDRIKSTAD IF	01:33:25	00:18:51
45	292	Trond-Vidar Due Hansen	40-44		01:33:40	00:19:06
46	566	Terje Bakke	30-39	SKANSA AKTIV	01:33:50	00:19:16
47	632	Øyvind Larsen	45-49	CK ØST	01:33:58	00:19:24
48	246	Ole Christian Evensen	30-39	FREDRIKSTAD SKIKLUBB	01:34:31	00:19:57
49	631	Rahmatullah Rezai	17-29	FIF	01:34:32	00:19:58
50	317	Kjetil Sie	40-44		01:35:04	00:20:30

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Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
51	296	Bjørn Erik Ramtvedt	55-59		01:35:16	00:20:42
52	596	Ole Bjørn Braathen	55-59	SjÅstad / V. Lier	01:35:26	00:20:52
53	584	Vidar Lundblad	50-54	FREDRIKSTAD SKIKLUBB	01:36:10	00:21:36
54	291	Stian Løkken	30-39	MOSSJONISTENE	01:37:27	00:22:53
55	580	Tor Christian Pinås	30-39	TT SERVICE	01:38:20	00:23:46
56	565	Magne Rosnes	40-44	COWI BIL	01:38:23	00:23:49
57	600	Håkon Olsen	45-49	FIF	01:38:32	00:23:58
58	532	Morten Gylvik	45-49	FREDRIKSTAD SKIKLUBB	01:38:33	00:23:59
59	136	Per Å. W. Johansen	40-44	FREDRIKSTAD BOKSEKLUBB	01:38:36	00:24:02
60	174	Terje Hansen	55-59	FREDRIKSTAD IF	01:38:46	00:24:12
61	638	Sven Simnsen	45-49	FREDRIKSTAD SK	01:39:29	00:24:55
62	259	Halvor De Flon	50-54	FRISKIS OG SVETTIS	01:40:13	00:25:39
63	411	Thomas Rasmussen	40-44	FREDRIKSTAD IF	01:40:36	00:26:02
64	633	Roar Skinstad	55-59	VESTERØY	01:40:57	00:26:23
65	234	Morten Häbler	40-44	FREDRIKSTAD IF	01:40:58	00:26:24
66	556	Roy Harry Enoksen	55-59		01:41:36	00:27:02
67	549	Magnus Bjur	30-39	FREDRIKSTAD SKIKLUBB	01:41:44	00:27:10
68	622	Pål Nilsen	40-44	Runaway	01:41:49	00:27:15
69	635	Morten Jensen	30-39	Eqpeak	01:41:52	00:27:18
70	279	Vidar Hermansen	45-49	FREDRIKSTAD SKIKLUBB	01:41:59	00:27:25
71	626	Mikael Hofstrom	45-49	STRØMSTAD LØPARKLUBB	01:42:10	00:27:36
72	550	Ketil Arntzen	45-49	ROLVSØY	01:42:15	00:27:41
73	567	Harald Hurum	50-54		01:42:15	00:27:41
74	606	Lars Hox	30-39	Sleipner As	01:42:54	00:28:20
75	284	Rino Skaug	45-49	GAARDS-SERVICE	01:43:24	00:28:50
76	593	Sverre Ingebrigtsen	40-44	CK ØST	01:43:33	00:28:59
77	627	Thomas Uwe Hansen	30-39	COWI	01:43:55	00:29:21
78	579	Helge Rosnes	50-54	PRIVAT	01:44:00	00:29:26
79	410	Henning Winsnes	30-39		01:44:08	00:29:34
80	230	Werner Ruyter	45-49	CICIGNON OLDBOYS	01:44:14	00:29:40
81	581	Lars Helge Fjelstad	50-54	Abb / Ulefoss	01:44:15	00:29:41
82	294	Tellef Kjellesvig	55-59	FREDRIKSTAD SKIKLUBB	01:45:03	00:30:29
83	534	Lars Erik Olsen	40-44	FREDRIKSTAD IF	01:45:17	00:30:43
84	586	Tor-Eilert Olsen	45-49	FIF	01:45:30	00:30:56
85	256	Jack André Helgesen	50-54		01:45:32	00:30:58
86	345	Odd Hilberg Johansen	60-64		01:45:39	00:31:05
87	232	Anders Johan Krosby	65-69		01:45:44	00:31:10
88	262	Torfinn Nome	30-39	TRENINGSCAMP	01:45:49	00:31:15
89	236	Øyvind Halvorsen	40-44	TORSNES IL	01:45:51	00:31:17
90	582	Frank Robert Bråthen	40-44		01:45:52	00:31:18
91	578	Thorleif Sire	40-44	FLOWIT AS	01:45:56	00:31:22
92	299	Jesper Hein	30-39		01:47:16	00:32:42
93	544	Åge Kristian Bjørge	45-49	FREDRIKSTAD IF	01:47:21	00:32:47
94	110	Terje Svensson	50-54	FREDRIKSTAD IF	01:47:59	00:33:25
95	239	Ingar Martinsen	45-49		01:48:05	00:33:31
96	255	Kjell Reidar Mydske	40-44	FREDRIKSTAD SKIKLUBB	01:48:30	00:33:56
97	293	Daniel Pedersen	40-44	BERTEL O.STEEN FREDRIKSTAD	01:48:50	00:34:16
98	297	Håvard Amlien	17-29		01:49:01	00:34:27
99	558	Senthuran Selvaratnam	30-39		01:49:11	00:34:37
100	270	David Hagle	17-29		01:49:20	00:34:46

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Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
101	290	Thor Gjerløw	45-49	PROJECTIONDESIGN	01:49:22	00:34:48
102	557	Erling Kielland	65-69	UDI_BIL	01:49:23	00:34:49
103	552	Anders Brynildsen	30-39	FREDRIKSTAD SKIKLUBB	01:49:42	00:35:08
104	615	Helge Ingwersen	45-49	FREDRIKSTAD TRIATLONKLUBB	01:50:50	00:36:16
105	599	Arnfinn Sørlie	55-59	SARPSBOR SYKLEKLUBB	01:50:54	00:36:20
106	249	Håkon Hanssen Nestande	17-29		01:51:00	00:36:26
107	269	Lars Erik Olsen	45-49		01:51:09	00:36:35
108	619	Lars Christian Ulvåen	30-39	PROJECTIONDESIGN	01:51:12	00:36:38
109	620	Mathius Roed Hansen	17-29	TØsseladden Il	01:51:26	00:36:52
110	275	Svein Kåre Aas	45-49	PRIVAT	01:51:47	00:37:13
111	548	Rene Hegge	40-44		01:51:54	00:37:20
112	592	Johnny Sørlie	55-59		01:52:18	00:37:44
113	276	Olav Loss Rian	30-39		01:52:32	00:37:58
114	561	Tore Iversen	55-59	FREDRIKSTAD IF	01:52:39	00:38:05
115	613	Thomas Rukter	45-49	CICIGNON IF	01:52:52	00:38:18
116	274	Asbjørn Madsen	50-54	FRISKIS OG SVETTIS	01:53:09	00:38:35
117	231	Per Kristian Klausen	30-39		01:53:15	00:38:41
118	543	Helge Karlsen	55-59	POSTEN	01:53:22	00:38:48
119	251	Nils Wiig	50-54	FRIKSIS OG SVETTIS	01:54:33	00:39:59
120	295	Anders Løkke	40-44		01:54:55	00:40:21
121	536	Thomas Kristian Wilson	30-39		01:55:10	00:40:36
122	576	Petter Stene Wilhelmsen	40-44	WANG TOPPIDRETT	01:55:10	00:40:36
123	583	Truls Lundblad	17-29		01:55:26	00:40:52
124	595	Hans Martin Skari-Hansen	30-39	NOTEAM	01:55:32	00:40:57
125	616	Thomas Grundstad	30-39	Borge Fysioterapi	01:55:42	00:41:08
126	602	Ole-Henrik Brevold	17-29		01:56:38	00:42:04
127	575	Ronny Sletner	30-39	SKEDSMO BIL	01:56:43	00:42:09
128	555	Ole Christian Lier	45-49		01:56:44	00:42:09
129	538	Steve Collier	55-59	ATOMEN HALDEN BIL	01:56:45	00:42:11
130	380	Tore Viggo Martinsen	50-54		01:57:01	00:42:27
131	607	Egil Prestløkken	50-54	ÅS IL	01:57:01	00:42:27
132	273	Aksel Nilssen	75-79	FAUSKE IL	01:57:21	00:42:47
133	248	Magnus Lund	17-29		02:02:18	00:47:44
134	289	Tor-Åge Welinder	45-49		02:03:01	00:48:27
135	263	Øivind Fjæraa	65-69	FREDRIKSTAD IF	02:03:45	00:49:11
136	621	Mats Kristoffesen	17-29	TØsseladden Il	02:05:29	00:50:55
137	304	Jørgen Gurandsrud	60-64	FREDRIKSTAD IF	02:05:34	00:51:00
138	235	Jacob Wierenfeldt Jacobsen	30-39	SKAL BARE LØPE FRA PER KLAUSS	02:05:49	00:51:15
139	624	Odd Arne Lindstrøm	30-39		02:08:27	00:53:53
140	247	Sverre Sanengen	70-74	FREDRIKSTAD IF	02:10:21	00:55:47
141	589	David Aleksandersen	30-39	PROJECTIONDESIGN	02:10:53	00:56:19
142	277	Henrik Jensen	17-29		02:12:50	00:58:16
143	227	Svein Jansen	60-64	FREDRIKSTAD IF	02:13:23	00:58:49
144	141	Tony Øvrevik	40-44	FREDRIKSTAD BOKSEKLUBB	02:13:38	00:59:04
145	281	Tormod Kjørvik	50-54	FREDRIKSTAD IF	02:13:47	00:59:13
146	283	Iver Garsrud	50-54		02:14:20	00:59:46
147	229	Ulf Reffsgård	50-54	FREDRIKSTAD IF	02:25:50	01:11:16
148	102	Lars Try	55-59	TVEDESTRAND	02:35:42	01:21:08
149	570	Arne Sannes	65-69	FIF	04:00:05	02:45:31

Antall: 149

Deltagere barnløp

St.nr	Navn	År	Lag / skole
670	Hanna Oksmo	10	FIF
669	Nikolai Oksmo	7	-
668	Fredrik Pinås	7	Kråkerøy
667	Jacob Sture	9	-
666	Fredrik Persen	10	FIF
665	Jamila Isman	7	FIF
664	Agathe Glomsrød Strøm	5	FIF
663	Niclas Andre Jørgensen	5	
662	Pernille Såheim	3	
661	Ola Aurebekk	3	
660	Olivia Midtun Sander	7	Øssia Supergirls
659	Ola Danielsen	10	FIF
658	Syver Conradi Andersen	8	
657	Ingeborg Lindstad Henriksen	5	FIF
616	Selmer Lindstad Henriksen	7	FIF
617	Marie Elise Pettersen	7	FIF
618	Ingrid Westberg	6	FIF
619	Marte Brynildsen	6	FIF
620	Henrik Rodin Olsen	6	FIF

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