**UK Women's League Division 1**

Moorways Sports Centre  
Derby, GBR  
10 May 15

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| **1500 SW A** | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 4:40.03 | [Amy Campbell](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=31136) | **SB** | SEN | W | 31 | 06.09.83 | [Bill Foster](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=529) | Shaftesbury Barnet/Loughborough Students | 4:40.03 | 4:13.93 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811719) |  |  |  |  |  |  |  |  |  |  |  |
| 2 | 4:42.56 | [Sarah Hudak](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=6516) | **SB** | SEN | W | 25 | 18.02.90 | [Tony Houchin](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=379070) | Trafford | 4:42.56 | 4:19.31 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811720) |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 4:43.91 | [Lauren Howarth](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=7047) | **SB** | SEN | W | 25 | 21.04.90 | [Lauren Howarth](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=7047) | Leigh/Birmingham Uni/Wigan & District | 4:43.91 | 4:27.83 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811721) |  |  |  |  |  |  |  |  |  |  |  |
| 4 | 4:45.46 | [Katja Eravisto](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=86242) |  | V35 | W |  |  | [Mark Baddeley](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=12891) | Notts/Sleaford/Finland | 4:31.58 | 4:28.53 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811722) |  |  |  |  |  |  |  |  |  |  |  |
| 5 | 4:51.56 | Claire Hallisey |  | SEN | W |  |  |  | B&W |  |  | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811723) |  |  |  |  |  |  |  |  |  |  |  |
| 6 | 4:54.17 | [Ellie Monks](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=446442) | **SB** | SEN | W | 31 | 02.12.83 | [Steven Phillips](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=4333) | Southampton | 4:54.17 | 4:51.96 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811724) |  |  |  |  |  |  |  |  |  |  |  |
| **7** | **4:59.31** | [**Imani Modahl**](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=116046) | **SB** | **U23** | **W** | **19** | **08.10.95** | [**Vicente Modahl**](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=194991) | **Sale Harriers Manchester** | **4:59.31** | **4:54.77** | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811725) |  |  |  |  |  |  |  |  |  |  |  |
| 8 | 5:04.71 | [Kate Seary](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=79562) |  | U20 | W | 18 | 13.11.96 | [Phil Banning](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=1863) | Cardiff | 4:50.37 | 4:35.57 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811726) |  |  |  |  |  |  |  |  |  |  |  |
| **1500 SW B** | | | | | | | | | | | | | | | | | | | | | | | |
| **Pos** | **Perf** | **Name** |  | **AG** |  | **Age** | **DOB** | **Coach** | **Club** | **SB** | **PB** |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 4:55.82 | [Lucy Short](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=4373) | **SB** | SEN | W | 30 | 09.09.84 |  | Shaftesbury Barnet | 4:55.82 | 4:54.10 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811727) |  |  |  |  |  |  |  |  |  |  |  |
| 2 | 5:06.92 | [Ella Shirley](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=86260) | **SB** | U20 | W | 17 | 07.08.97 | [William Alan Winter](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=191153) | Notts | 5:06.92 | 4:45.34 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811728) |  |  |  |  |  |  |  |  |  |  |  |
| 3 | 5:09.83 | [Hannah Griffiths](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=95608) | **SB** | SEN | W | 32 | 25.08.82 | [Janet Holt](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=40969) | Trafford | 5:09.83 | 4:39.17 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811729) |  |  |  |  |  |  |  |  |  |  |  |
| 4 | 5:12.41 | [Sarah Hamilton](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=204543) | **PB** | U20 | W |  |  | [Trevor Painter](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=26331) | Wigan & District | 5:12.41 | 5:12.41 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811730) |  |  |  |  |  |  |  |  |  |  |  |
| 5 | 5:15.03 | Emily Brown |  | SEN | W |  |  |  | Card |  |  | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811731) |  |  |  |  |  |  |  |  |  |  |  |
| 6 | 5:20.03 | [Maria Jones](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=185843) | **SB** | U23 | W | 19 | 08.10.95 | [David Taylor](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=60662) | Bristol & West | 5:20.03 | 5:08.2 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811732) |  |  |  |  |  |  |  |  |  |  |  |
| 7 | 5:21.59 | [Nicci Blandford](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=41837) | **SB** | V40 | W | 40 | 20.07.74 |  | Southampton | 5:21.59 | 4:59.3 | [http://www.thepowerof10.info/images/pot/email.gif](http://www.thepowerof10.info/submit/notify.aspx?performanceid=19811733) |  |  |  |  |  |  |  |  |  |  |  |
| 8 | 6:14.97 | [Jennifer Simmons](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=24352) | **PB** | SEN | W | 24 | 15.04.91 | [Christopher Bartram](http://www.thepowerof10.info/athletes/profile.aspx?athleteid=201965) | Sale Harriers Manchester/Manchester Uni | 6:14.97 | 6:14.97 |  |  |  |  |  |  |  |  |  |  |  |  |