

3 km

Navn	Klubb	Startnr	Totaltid	Diff
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Jenter 10-11 år**(Påmeldt: 69 - Startet: 65 - Fullført: 64 - Premier: 0)**

1	Anna Marie N. Sirevåg	Sportsklubben Vidar	3	11:29.2	00:00.0
2	Marthe Johanne Hjelmset	Nittedal IL	103	11:54.1	00:25.0
3	Mille Baastad Berg	Tyrving IL	4	12:05.5	00:36.0
4	Synne Nesheim	Tyrving IL	107	12:17.5	00:48.0
5	Aurora Wilkens Jernberg	Kjelsås IL	102	12:37.7	01:08.0
6	Siri Nesheim	Tyrving IL	108	12:37.9	01:08.0
7	Maren Brännare-Gran	Tyrving IL	106	12:39.1	01:10.0
8	Hedda Helgheim	Tyrving IL	111	12:44.7	01:15.0
9	Henriette Jansch	Fossum IF	101	12:51.5	01:22.0
10	Solveig Elger Wiik	Tyrving IL	218	12:54.6	01:25.0
11	Filippa Blakstad Nilsson	Fossum IF	2	13:18.1	01:49.0
12	Helene Ludahl Stangeland	Røa IL	391	13:37.7	02:08.0
13	Hanna Engesæter Sørbye	Røa IL	105	13:39.9	02:10.0
14	Julie Riget Bruun		259	13:48.8	02:19.0
15	Philippa Ask	Holmen Langrenn	173	13:56.2	02:27.0
16	Camilla Warset	Fossum IF	374	14:00.6	02:31.0
17	Katinka Lie-Petterson	Tyrving IL	109	14:03.1	02:34.0
18	Agnes Vilde Berndtsson-Lindberg	Røa IL	407	14:13.2	02:44.0
19	Madeleine Hetland Brath	Tyrving IL	398	14:28.7	02:59.0
20	Emilie Rønnestad Brodwall		423	14:30.7	03:01.0
21	Ebba Jevne		471	14:47.6	03:18.0
22	Nora Margrethe Furfjord	Røa IL	209	14:53.0	03:24.0
23	Frida Jarinn Holm	Haslum IL	207	14:55.1	03:26.0
24	Mia Kvarme	Stabæk	442	15:01.6	03:32.0
25	Nora Conradi		203	15:12.6	03:43.0
26	Tuva Solberg	Røa IL	104	15:13.4	03:44.0
27	Emma Kristine Høglund	Øvrevoll Hosle IL	208	15:13.8	03:44.0
28	Dina Glomsaker	Tyrving IL	445	15:16.2	03:47.0
29	Maiken Neteland	Lotma	411	15:17.6	03:48.0
30	Sara Bergh Ankarstrand	Tyrving IL	219	15:21.3	03:52.0
31	Marie Louise Longva		202	15:28.0	03:59.0
32	Madelen Kristoffersen	Vansjø/Svinndal IL	221	15:31.2	04:02.0
33	Ingvild A. Hauge		415	15:35.9	04:06.0
34	Mathea Berg Edbo	Tyrving IL	220	15:37.4	04:08.0
35	Thelma Allum	Snarøya	436	15:50.3	04:21.0
36	Anna Hoel Rønningen	Røa IL	212	15:54.2	04:25.0
37	Linnea Klingberg	Tyrving IL	174	16:38.6	05:09.0
38	Kirsten Thaulow	Fossum IF	429	16:39.6	05:10.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff	
Jenter 10-11 år (Påmeldt: 69 - Startet: 65 - Fullført: 64 - Premier: 0)					
39	Oda Kirstine Aanestad	Røa IL	210	16:39.7	05:10.0
40	Pernille Bi Bratlien	Tyrving IL	110	16:42.3	05:13.0
41	Malene Beckstrøm	Tyrving IL	214	16:45.1	05:16.0
42	Linnea Ruud	Tyrving IL	217	16:45.4	05:16.0
43	Marita Halvorsrud		474	16:48.5	05:19.0
44	Linnea Aasen Semlitsch		424	16:50.2	05:21.0
45	Pia, Stub Aune		201	16:57.8	05:28.0
46	Isabella Gunnarsdottir	Bærums Verk IF	205	17:00.9	05:31.0
47	Åsta Brande		441	17:16.5	05:47.0
48	Linn Jenssen Acklam	Tyrving IL	216	17:34.8	06:05.0
49	Johanna Blomstrand		204	17:36.9	06:07.0
50	Silke Aga	Snarøya	470	17:57.4	06:28.0
51	Hedvig Nyberg-Hansen	Fossum IF	206	17:59.7	06:30.0
52	Benedicte Preus Dovland		258	18:05.5	06:36.0
53	Majja Hætta	Friskvernklubben	260	18:10.2	06:41.0
54	Frida Sofie Galåen Bentzen	Snarøya	428	19:02.9	07:33.0
55	Pernille Rohde-Hanssen	Snarøya Håndball	454	19:03.1	07:34.0
56	Kajsa Hoffmann	Snarøya Spk	447	19:21.7	07:52.0
57	Lisabet Hoffman	Snarøya Sportsklubb	448	19:23.2	07:54.0
58	Ida Scheen		408	19:24.8	07:55.0
59	Lea Freihow	Snarøya Håndball	478	20:00.1	08:31.0
60	Ella Welhaven	Snarøya	477	20:05.3	08:36.0
61	Ylva Sayuri Tinholt	Snarøya Håndball	458	20:05.7	08:36.0
62	Eve Høgetveit		385	20:14.4	08:45.0
63	Seline Silva	Tyrving IL	481	20:38.7	09:09.0
64	Synne Eidberg	Snarøya SK	457	24:32.9	13:03.0

Gutter 10-11 år (Påmeldt: 60 - Startet: 56 - Fullført: 54 - Premier: 0)					
1	Filip Osnes-Ringen	Lyn ski	5	10:52.7	00:00.0
2	Jonathan Hertwig-Ødegård	Tyrving IL	178	11:39.8	00:47.0
3	Petter Andreas Schrøder Brennhovd	Sportsklubben Vidar	10	11:42.7	00:50.0
4	Vegard Nåvik		7	11:46.7	00:54.0
5	Carl Hauge	Sportsklubben Vidar	401	11:51.1	00:59.0
6	Andreas Fjeld Halvorsen	Tyrving IL	177	12:04.4	01:12.0
7	Tobias Dyrli Thoresen	Røa IL	400	12:11.7	01:19.0
8	Simen Melaaen Døssland		8	12:12.6	01:20.0
9	Fridtjof Berg	Haslum IL	175	12:18.3	01:26.0
10	Simen Sørlie		439	12:21.2	01:29.0
11	Rudolf Ugelstad	Lyn	113	12:26.9	01:34.0
12	Mathias Brokhaug Gabrielsen	Asker Skiklubb	112	12:27.8	01:35.0
13	Jo Krogstad Sannes	Røa IL	114	12:46.1	01:54.0
14	Sindre Johan Helgheim		230	12:48.8	01:56.0
15	Conrad Spidsoe	Snarøya Fotball Klubb	117	13:21.1	02:29.0
16	Hampus Åstrand	Tyrving IL	437	13:25.7	02:33.0
17	Jonas Härm Eckhardt		227	13:41.1	02:49.0

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Navn	Klubb	Startnr	Totaltid	Diff	
Gutter 10-11 år (Påmeldt: 60 - Startet: 56 - Fullført: 54 - Premier: 0)					
18	Wilhelm G Leikanger	Røa IL	9	13:48.1	02:56.0
19	Henrik Igelkjøn Haugen	Ullern IF	399	13:54.1	03:02.0
20	Markus Lie-Pettersen	Tyrving IL	118	13:57.8	03:05.0
21	Mathias Lie-Pettersen	Tyrving IL	119	14:11.9	03:19.0
22	Henrik Mahle	Snarøya	430	14:24.7	03:32.0
23	Vetle Undebakke		222	14:25.9	03:33.0
24	Johan Hadler-Olsen		418	14:27.4	03:35.0
25	Tollef Tandberg Guntvedt	Bærumsløkka FK	393	14:29.2	03:37.0
26	Johan Peterson	Njård	233	14:32.2	03:40.0
27	Nicolai E. Sundal	Koll IL	232	14:37.5	03:45.0
28	Andreas Danckert-Gram		228	14:40.1	03:48.0
29	Mathias Hertwig-Ødegaard	Tyrving IL	453	14:57.4	04:05.0
30	Stephan Irgens		224	15:01.4	04:09.0
31	Jacob Strand-Gjesdal	Nyfiken	234	15:11.5	04:19.0
32	Ulrik Sollie	Fossum IF	387	15:15.8	04:23.0
33	Sondre Alexander Turflinger	Grav Skole	231	15:22.3	04:30.0
34	Edvardhalla Sønsterud		356	15:27.7	04:35.0
35	Sigmund Le Fjeld	Tyrving IL	11	15:58.9	05:06.0
36	Fredrik Halleraker	Tyrving IL	237	16:04.7	05:12.0
37	Alexander Skotnersaure		434	16:08.7	05:16.0
38	Aksel Istad	Tyrving IL	449	16:11.8	05:19.0
39	Markus Duun Benjaminsen	Tyrving IL	236	16:20.2	05:28.0
40	Finn Hvatum Sweeney	Snarøya Sportsklubb	263	16:29.9	05:37.0
41	Håkon Dahm-Simonsen	Tyrving IL	379	16:36.8	05:44.0
42	Ulrik Bjerknæs	Snarøya Sportsklubb	432	16:42.8	05:50.0
43	Anders Kristoffer Eek	Tyrving IL	239	17:13.3	06:21.0
44	Brage Falch Milde		360	17:20.0	06:28.0
45	Jon Mikkel Aaserud	Snarøya Sk	443	19:02.4	08:10.0
46	Oscar Vennevold-Torkildsen		460	19:15.2	08:23.0
47	Axel Lång-Gisholt	Tyrving IL	240	19:35.5	08:43.0
48	Nicolai Wisnes Paulsen	Tyrving IL	238	19:36.2	08:44.0
49	Henrik Øy		229	19:38.1	08:46.0
50	Herman Blomstrand		223	19:42.0	08:50.0
51	Rayan Al Najjar		462	20:35.4	09:43.0
52	Henrik Villanger	Røa IL	116	21:43.6	10:51.0
53	Olav Blix		226	22:01.0	11:09.0
54	Jon Sandbækken		463	23:45.3	12:53.0

Jenter 12-13 år (Påmeldt: 77 - Startet: 68 - Fullført: 68 - Premier: 0)

1	Emma Kirkeberg Mørk	Sturla	22	10:28.2	00:00.0
2	Pernille Karlsen Antonsen	Sportsklubben Vidar	19	10:29.7	00:01.0
3	Christina Osnes-Ringen	Sportsklubben Vidar	36	10:50.9	00:22.0
4	Maren Halle Haugen		345	11:06.2	00:38.0
5	Maria Hartz Melling	Sturla	21	11:09.1	00:41.0
6	Ingvild Brennhovd	Sportsklubben Vidar	18	11:20.7	00:52.0

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Navn	Klubb	Startnr	Totaltid	Diff	
Jenter 12-13 år (Påmeldt: 77 - Startet: 68 - Fullført: 68 - Premier: 0)					
7	Vilde Opedal	Sportsklubben Vidar	20	11:22.8	00:54.0
8	Julie Meinicke	Jutul	14	11:23.1	00:55.0
9	Marie Tømmerberg	Tyrving IL	23	11:33.6	01:05.0
10	Kaja Loennecken		12	11:43.6	01:15.0
11	Iris Engeness	Koll IL	16	11:47.2	01:19.0
12	Kajsa Jonasson	Tyrving IL	135	12:04.6	01:36.0
13	Synne Syrstad	Røa IL	64	12:09.9	01:41.0
14	Emma Louise Strøm	Tyrving IL	131	12:14.5	01:46.0
15	Ina Undebakke		123	12:20.6	01:52.0
16	Merete Sperstad	Tyrving IL	137	12:23.7	01:55.0
17	Tuva Brusveen-Jensen	Sportsklubben Vidar	406	12:26.4	01:58.0
18	Mille Martinussen	Fossum IF	388	12:28.1	02:00.0
19	Celine Beckstrøm		122	12:29.3	02:01.0
20	Amalie Westby Liestøl	Ullensaker/Kisa IL	24	12:30.8	02:02.0
21	Tora Charlotte Tande-Elton		120	12:31.6	02:03.0
22	Line Næss	Bærums Skiklub	125	12:31.8	02:03.0
23	Anna Langeland	Tyrving IL	65	12:47.8	02:19.0
24	Victoria Klevan Dybwad	Fossum IF	127	12:48.0	02:20.0
25	Ingrid Hadler-Olsen		416	12:49.3	02:21.0
26	Eva Liheim Alfstad	Tyrving IL	141	12:55.3	02:27.0
27	Hannah Skogstad Rønningen	Tyrving IL	132	13:04.7	02:36.0
28	Karoline Mustad Simonsen		472	13:11.8	02:43.0
29	Ylva Haavardtun	Haslum Langrenn	15	13:17.9	02:49.0
29	Lea Andenæs	Tyrving IL	142	13:17.9	02:49.0
31	Sophie Nordlund Bønnsnæs	Bærums Verk IF	126	13:35.2	03:07.0
32	Fredrikke Kjølstad	Tyrving IL	130	13:37.4	03:09.0
33	Kristine Lunde		13	13:44.7	03:16.0
34	Sigrid Alvik	Tyrving IL	245	13:45.6	03:17.0
35	Hanne Sagen	Tyrving IL	138	13:53.5	03:25.0
36	Isabelle Tjomsland	ØHIL	375	13:54.2	03:26.0
37	Carmen Skotner Saure	Snarøya Tennisklubb	433	13:54.3	03:26.0
38	Jenny Ask	Holmen Langrenn	63	14:00.1	03:32.0
39	Josephine Rønnestad Brodwall		422	14:00.7	03:32.0
40	Anna Rylandsholm	Tyrving IL	248	14:06.8	03:38.0
41	Mille Marie Hagen	Haslum Ski	100	14:12.4	03:44.0
42	Anette Stadsvik	Fossum IF	129	14:14.2	03:46.0
43	Cornelia Duun Benjaminsen	Tyrving IL	144	14:14.8	03:46.0
44	Maren Hamre Køber	Tyrving IL	247	14:28.9	04:00.0
45	Emilie Briseid		427	14:36.5	04:08.0
46	Amelia Garmann		455	14:42.3	04:14.0
47	Ingrid Amalie Lien	Tyrving IL	139	14:47.2	04:19.0
48	Elina Løken Dahl	Tyrving IL	133	14:48.5	04:20.0
49	Cathinka Lunder	Stabæk IF Alpin	421	14:48.8	04:20.0
50	Cecilie Hvammen		389	14:54.6	04:26.0
51	Mie Arnesen		124	14:55.2	04:27.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff	
Jenter 12-13 år (Påmeldt: 77 - Startet: 68 - Fullført: 68 - Premier: 0)					
52	Hermine Lislerud Myhre	Tyrving IL	246	15:10.0	04:42.0
53	Kaja Risvand Myrseth	Bærum's Verk IF	244	15:38.5	05:10.0
54	Solveig Linnea Kildahl	Tyrving IL	249	16:02.8	05:34.0
55	Thea Follvar Weihe		121	16:12.3	05:44.0
56	Isabell Svenberg	Tyrving IL	456	16:14.4	05:46.0
57	Ingrid Krogstad Sannes	Røa IL	386	16:26.1	05:58.0
58	Eva Chiara Myren		355	16:40.5	06:12.0
59	Andrea Hadler-Olsen		417	16:50.7	06:22.0
60	Andrea Tinholt		380	17:22.4	06:54.0
61	Amalie Oulie		243	18:34.0	08:06.0
62	Ninna Kiær		241	18:39.9	08:11.0
63	Martine Aarnes	Tyrving IL	383	19:12.0	08:44.0
64	Kari Anne Schankeask		382	19:12.4	08:44.0
64	Tuva Kristine Lund	Tyrving IL	405	19:12.4	08:44.0
66	Cecilia Sontum		464	24:31.0	14:03.0
67	Ingvild Huus-Hansen	Friskvernklubben	266	33:21.4	22:53.0
68	Amalie Bjargo	Friskvernklubben	450	33:22.8	22:54.0

Gutter 12-13 år (Påmeldt: 58 - Startet: 50 - Fullført: 48 - Premier: 0)					
1	Sebastian Helgheim	Tyrving IL	39	10:28.4	00:00.0
2	Brage Buseth Hammerstad	Tyrving IL	37	10:48.9	00:20.0
3	Jonathan Wærdahl Eriksen	Heming	33	10:51.2	00:23.0
4	Sander Tømmerberg	Tyrving IL	45	11:03.6	00:35.0
5	Kasper Engeset	Tyrving IL	44	11:06.8	00:38.0
6	Benjamin Jarinn Holm	Haslum IL	32	11:06.9	00:38.0
7	Vetle Holvik		27	11:15.8	00:47.0
8	Eivind Tømmerberg	Tyrving IL	161	11:20.8	00:52.0
9	Anders Mørdre Davidsen	Tyrving IL	157	11:21.1	00:53.0
10	Isak Leknes Frey	Tyrving IL	162	11:31.4	01:03.0
11	Ask Grøtan Wang	Tyrving IL	40	11:33.2	01:05.0
12	Simen Undseth	Røa IL	35	11:34.2	01:06.0
13	Sondre Bøygard		26	11:36.0	01:08.0
14	Vetle Max Dullum Haagensen		29	11:38.1	01:10.0
15	Eilif Bildøy Sollien		28	11:45.1	01:17.0
16	Lars Wiig Dagestad	Haslum IL	438	11:55.3	01:27.0
17	Adrian Pujol Hollund	Fossum IF	147	12:05.1	01:37.0
18	Henrik Norli	Tyrving IL	160	12:06.2	01:38.0
19	Martinius Lie-Pettersen	Tyrving IL	42	12:11.3	01:43.0
20	Martin Straumsheim	Tyrving IL	38	12:12.3	01:44.0
21	Haakon Stene	Tyrving IL	41	12:24.6	01:56.0
22	Albert Kaarby	Lommedalen IL	153	12:30.6	02:02.0
23	Aslak Bjørklund	Tyrving IL	156	12:42.0	02:14.0
24	William Jones	Tyrving IL	159	12:50.5	02:22.0
25	Casper Stenstadvold	Tyrving IL	435	12:53.0	02:25.0
26	Andreas Lerø	Fossum IF	148	12:56.5	02:28.0

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Gutter 12-13 år (Påmeldt: 58 - Startet: 50 - Fullført: 48 - Premier: 0)					
27	Birk F. Sætnan	Fossum IF	149	13:11.1	02:43.0
28	Johan Øy		145	13:21.2	02:53.0
29	Filip Mo	Sportsklubben Kraft	349	13:23.7	02:55.0
30	Magnus Krane Frostrud	Bærum Sportsklubb	180	13:26.0	02:58.0
31	Eilev Kvaale	Heggedal Langrenn	150	13:27.2	02:59.0
32	Gilbert Andreas Aubert	Stabæk IL Alpint	381	13:30.4	03:02.0
33	Alexander Tjomsland	Fossum IF	376	13:41.3	03:13.0
34	Fabian Nikolai Gjessing	Holmen IF	361	13:44.3	03:16.0
35	Daniel Larsson	Lommedalen	152	13:52.1	03:24.0
36	August Witberg Moen	Spinnovasjon	3672	14:10.4	03:42.0
37	Marcus Aaserud	Snarøya Spk	444	14:17.9	03:49.0
38	Martin Mæhle	Haslum IL	440	14:23.8	03:55.0
39	Liam Hvatum Sweeney	Snarøya Sportsklubb	181	14:31.9	04:03.0
40	Herman Knutzen		146	14:47.3	04:19.0
41	Jo Magnus Kleven	Tyrving IL	154	14:47.5	04:19.0
42	Edvin Zachrisson Stange		251	14:53.9	04:25.0
43	Hans Krisitan Mørk	Friskvernklubben	267	18:56.9	08:28.0
44	Fabian Jotun	Friskvernklubben	268	22:08.4	11:40.0
45	Fredrik Sontum		465	23:59.1	13:31.0
46	Gabriel Bråthen-Nathaniel	Friskvernklubben	270	27:22.2	16:54.0
47	Torstein Halvorsen Rustad	Friskvernklubben	271	31:11.5	20:43.0
48	Adrian Oliwier Gajewski	Friskvernklubben	269	34:13.9	23:45.0

Jenter 14-15 år (Påmeldt: 55 - Startet: 42 - Fullført: 39 - Premier: 0)					
1	Lucie Magdalena Lunde Bang	Tyrving IL	394	10:45.7	00:00.0
2	Lene Mari Bolkesjø Hovda	Asker Tennisklubb	48	11:58.4	01:13.0
3	Frøya Bildøy Sollien		46	12:01.9	01:16.0
4	Aurora Myhrum	Tyrving IL	54	12:04.4	01:19.0
5	Ida Marie Hagen	Haslum Ski	99	12:04.5	01:19.0
6	Ingrid Leuckfeld Pedersen	Kjelsås IL	420	12:08.6	01:23.0
7	Julie Bakklund	Tyrving IL	53	12:24.0	01:39.0
8	Fanny Fenstad		164	12:42.8	01:57.0
9	Julie Torgersen		166	12:45.7	02:00.0
10	Ingrid Bergseng	Bærum Verk IF	183	13:02.8	02:17.0
11	Mille Therese Jacobsen	Tyrving IL	55	13:05.7	02:20.0
12	Hege Pettersen	Fossum IF	98	13:29.5	02:44.0
13	Ingeborg Olsson	Høvik IF	167	13:43.8	02:58.0
14	Alexandra Botten	Høvik IF	168	13:44.3	02:59.0
15	Eveline Saadtvedt	Høvik IF	49	13:45.6	03:00.0
16	Helene Jogert		165	13:47.0	03:02.0
17	Maja Zachrisson Stange	Aleris	256	13:52.5	03:07.0
18	Victoria Eilertsen		163	13:54.1	03:09.0
19	Camilla Skoglund	Hundsund u-skole 8A	414	14:03.9	03:18.0
20	Emma Frogner	Hundsund u-skole 8B	185	14:04.1	03:19.0
21	Pernille Ramm	Hundsund u-skole 8A	274	14:05.5	03:20.0

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Navn	Klubb	Startnr	Totaltid	Diff	
Jenter 14-15 år (Påmeldt: 55 - Startet: 42 - Fullført: 39 - Premier: 0)					
22	Mari Heggdal Evensen	Hundsund u-skole 8A	280	14:06.3	03:21.0
23	Nicoline Bratsberg	Hundsund ungdomsskole 8a	476	14:07.1	03:22.0
24	Tilde Eriksen Eine	Hundsund u-skole 9B	285	14:07.3	03:22.0
25	Vilde Andersen Walen	Hundsund u-skole 8A	278	14:50.5	04:05.0
26	Linnéa Birgitta Wahlstrøm Nesse	Hundsund u-skole 8A	276	14:52.5	04:07.0
27	Mille Moen Flatla		461	15:08.8	04:23.0
28	Otilie Ru Martinsen	Hundsund u-skole 8A	277	15:37.1	04:52.0
29	Ane Straumheim	Tyrving IL	52	15:43.5	04:58.0
30	Madeleine Hylland	Hundsund u-skole 8B	187	15:49.6	05:04.0
31	Maria Gjørvad	Hundsund u-skole 8B	412	15:49.8	05:04.0
32	Elisabeth Ekvall Kreig		253	16:24.3	05:39.0
33	Benedicte Caprice Mørk	Hundsund u-skole 8B	186	16:40.2	05:55.0
34	Dikra Khamsi	Hundsund u-skole 8B	410	16:55.7	06:10.0
35	Mia Pugsley	Hundsund u-skole 8B	403	16:57.5	06:12.0
36	Gina Feltmann Halvorsen	Hundsund u-skole 8A	370	18:58.8	08:13.0
37	Sigrid Smistad Carlson	Hundsund u-skole 8B	281	19:00.5	08:15.0
38	Dominike Baranski	Friskvernklubben	459	19:18.1	08:33.0
39	Gina Blix		255	22:02.4	11:17.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Jenter 14-15 år (Påmeldt: 43 - Startet: 43 - Fullført: 37 - Premier: 0)					
1	Ane Uglem Mobakken	Sportsklubben Vidar	1007	17:52.2	00:00.0
2	Christine Næss	Asker Sk. Friidrett	1130	18:22.0	00:30.0
3	Ane Grøtan Wang	Tyrving IL	1012	18:32.1	00:40.0
4	Tiril Bergitte Lund	Tyrving IL	1030	18:57.6	01:05.0
5	Maria Norheim Morken	Sportsklubben Vidar	1008	19:37.4	01:45.0
6	Nora Andersen	Røa IL	1005	19:59.0	02:07.0
7	Margrethe Bergane	Sturla	1009	20:05.5	02:13.0
8	Julie Sofie Franksdatter Aas	Jutul	1183	20:21.8	02:29.0
9	Ingrid Jevne		1182	20:35.6	02:43.0
10	Anna Hillestad Christensen		1129	20:43.1	02:51.0
11	Mille Lie	Fredrikstad IF	1313	21:13.1	03:21.0
12	Julie Åbyholm	Fossum IF	1180	21:15.8	03:23.0
13	Malin Warset	Fossum IF	1310	21:19.8	03:27.0
14	Caroline Molland Karlson	Kjelsås IL	1004	21:21.5	03:29.0
15	Thea Wiig	Haslum IL	1202	21:32.1	03:40.0
16	Selma Amundsen	Fossum IF	1131	21:34.6	03:42.0
17	Selma Andersen	Røa IL	1006	21:35.3	03:43.0
18	Constance Løken Dahl	Tyrving IL	1205	21:44.1	03:52.0
19	Stine Stadvik	Fossum IF	1003	21:49.3	03:57.0
20	Kaja Aamodt Grønlie	Røa IL	1132	22:40.4	04:48.0
21	Anniken Falkenstein	Fossum IF	1201	22:42.1	04:50.0
22	Filippa Andresen		1172	22:46.2	04:54.0

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5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Jenter 14-15 år (Påmeldt: 43 - Startet: 43 - Fullført: 37 - Premier: 0)					
23	Juni Andenæs	Tyrving IL	1207	23:09.7	05:17.0
24	Sara Berg-Westskogen	Kjelsås IL	1204	23:10.1	05:18.0
25	Dorthe Martinussen	Fossum IF	1177	23:14.3	05:22.0
26	Caroline Bjørgum	Tyrving IL	1206	23:22.3	05:30.0
27	Kristin Schei Eriksen	Bærum Verk IF	1299	23:36.6	05:44.0
28	Mathilde Duun Benjaminsen	Tyrving IL	1010	23:37.8	05:45.0
29	Ingrid Philippa Bruun Larsen	Jar IL	1203	25:40.8	07:48.0
30	Ingvild Ramstad Westby		1403	26:08.6	08:16.0
31	Nora Moen Burmester		1633	26:32.0	08:40.0
32	Constantine Schreiner	Fornebu S, Gusto	1563	27:40.2	09:48.0
33	Lotte Neteland	Lotma	1627	27:52.8	10:00.0
34	Elfrida Kjæreng Hammer	Fornebu S, Gusto	1564	28:00.2	10:08.0
35	Nora Bjørnland		1648	29:05.7	11:13.0
36	Maria Bergh Ankarstrand	IL Nedibunn	1404	30:57.4	13:05.0
37	Ella Høyby		1401	35:18.5	17:26.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff	
Gutter 14-15 år (Påmeldt: 71 - Startet: 36 - Fullført: 32 - Premier: 0)					
1	Lars Agnar Hjelmeset	Nittedal IL	170	09:23.3	00:00.0
2	Martin Kirkeberg Mørk	Sturla	61	09:49.1	00:26.0
3	Lars Ludahl Stangeland	Røa IL	390	10:21.1	00:58.0
4	Tarjei Galteland	Koll IL	396	10:26.7	01:03.0
5	Henrik Solheim Ruud	Tyrving IL	62	10:27.2	01:04.0
6	Benjamin Drøyer	Lyn	359	10:42.5	01:19.0
7	Viktor Olsenjuklestad		96	10:46.2	01:23.0
8	Jonas Dyrli Thoresen	Røa IL	151	11:11.2	01:48.0
9	Werner Gerhard Eilke Korf	Hundsund u-skole 8A	189	11:17.1	01:54.0
10	Herman Lång	Asker SK Håndball	58	11:18.4	01:55.0
11	Bastian Karlsen Antonsen	Koll IL	59	11:18.9	01:55.0
12	Jonatan André Risåsen	Hundsund u-skole 9A	68	11:38.8	02:15.0
13	Leonhard Åserud Spidsø	Hundsund u-skole 9B	73	11:39.9	02:16.0
14	Håkon Knutzen		57	11:43.3	02:20.0
15	Nikolas Lien Selvaag	Hundsund u-skole 8A	192	11:47.3	02:24.0
16	Nicolai Sokrates Axelsen Gerdts	Hundsund u-skole 8B	197	11:48.7	02:25.0
17	Eirik Fløtre Rørstad	Fossum IF	397	11:54.1	02:31.0
18	Karl Krane Frostrud	Fossum IF	67	12:02.0	02:39.0
19	Kristian Skorpen	Hundsund u-skole 8A	413	12:05.0	02:42.0
20	Johan Asprem Hvardal	Hundsund u-skole 8B	194	12:26.0	03:03.0
21	Oskar Moen	Fossum IF	431	12:27.4	03:04.0
22	Eric Christopher Brown	Hundsund u-skole 9B	198	13:08.0	03:45.0
23	Hallvard Torsvik Bamrud	Hundsund u-skole 8B	300	13:22.5	03:59.0
24	Karl Kristian Nergaard	Hundsund u-skole 8B	196	13:35.0	04:12.0
25	Marius Martinus Tingelholm Edwards	Hundsund u-skole 8A	193	13:54.1	04:31.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff	
Gutter 14-15 år (Påmeldt: 71 - Startet: 36 - Fullført: 32 - Premier: 0)					
26	Isac Dahlqvist	Hundsund u-skole 8B	299	14:00.5	04:37.0
27	Andreas Tanke Holm	Hundsund u-skole 8B	296	14:04.9	04:41.0
28	Ole Nitter Thunes	Hundsund u-skole 8A	290	14:28.2	05:05.0
29	Alexander Heier	Hundsund u-skole 8A	402	14:36.9	05:13.0
30	Michael Thoresen Eggen		473	15:03.9	05:40.0
31	Kristian Roland Bade	Hundsund u-skole 8A	293	15:20.1	05:57.0
32	Terje Christiansen		384	16:35.1	07:12.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Gutter 14-15 år (Påmeldt: 41 - Startet: 40 - Fullført: 32 - Premier: 0)					
1	Magnus Tuv Myhre		1175	16:56.4	00:00.0
2	Felix Baastad Berg	Tyrving IL	1179	17:32.8	00:36.0
3	Geir Blom Breivik	Sandvin	1022	17:36.7	00:40.0
4	Marius Solvik	Tyrving IL	75	17:56.8	01:00.0
5	Gard Mathias Dolve Mysen	Sportsklubben Vidar	1176	18:14.6	01:18.0
6	Jakob Opland	Sportsklubben Vidar	1026	18:15.3	01:19.0
7	Tore Bergseng		1133	18:18.9	01:22.0
8	Haakon Kjelås Garfjell	Sportsklubben Kraft	1023	18:33.4	01:37.0
9	Arin Veland	Sportsklubben Vidar	1025	18:46.2	01:50.0
10	Anders Melaaen Døssland		1016	19:03.9	02:07.0
11	Eirik Stene	Bærums Verk IF	1017	19:05.4	02:09.0
12	Ole Marius Nybø		1015	19:10.4	02:14.0
13	Jens Ek	Bærums Verk IF	1157	19:15.8	02:19.0
14	Emil Sundsbø	Sportsklubben Vidar	1187	19:21.6	02:25.0
15	Sondre Engesæter Sørbye	Røa IL	1021	19:26.0	02:30.0
16	Magnus Sedeniussen	Nittedal IL	1166	19:27.8	02:31.0
17	Martin Bøe Svestad	Fossum IF	1019	19:31.4	02:35.0
18	Tord Johan Espe	SK Vidar	1660	19:31.5	02:35.0
19	Andreas Aleksander Gjessing	Holmen IF	1309	19:41.2	02:45.0
20	Kristian Solheim		1316	19:56.6	03:00.0
21	Magnus Perger	Haslum IL	1161	20:23.7	03:27.0
22	Sebastian Rossvoll	Bærums Verk IF	1018	20:50.0	03:54.0
23	Henrik Murstad Simonsen		1659	21:06.6	04:10.0
24	Axel Villanger Bang	Røa IL	1020	21:13.3	04:17.0
25	Erling Johannson		1306	21:25.3	04:29.0
26	Kristian M Klausen	Fossum IF	1645	21:26.1	04:30.0
27	Torvald Ullestad	SK Vidar	1318	22:46.3	05:50.0
28	Lars Martin Tangen Tjernsli	Sportsklubben Vidar	1311	22:57.8	06:01.0
29	Carl Petter Johannson		1307	23:05.1	06:09.0
30	Jørgen Borchgrevink	Fossum IF	1406	24:34.5	07:38.0
31	Simen Bugge		1209	25:03.7	08:07.0
32	Svein Rohde Mæhlum		1405	25:54.6	08:58.0
33	Sebastian Wiik	Friskvernklubben	1566	26:43.9	09:47.0

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5 km

Navn	Klubb	Startnr	Totaltid	Diff
Gutter 14-15 år (Påmeldt: 41 - Startet: 40 - Fullført: 32 - Premier: 0)				
34	Christian Bucher-Johannessen	Tyrving IL	1028	29:28.2 12:32.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff
Hundsund u-skole u/tidtaking (Påmeldt: 4 - Startet: 3 - Fullført: 2 - Premier: 0)				
	Odd Henrik Furru		479	
	Mathilde C Synnestvedt		480	

Kvinner 16-17 år**(Påmeldt: 23 - Startet: 21 - Fullført: 8 - Premier: 0)**

1	Vera Johanne Norli	Haslum IL	351	11:01.0	00:00.0
2	Julie Marie Larsen	Varteig IL	172	12:25.5	01:24.0
3	Lena Kormeseth	Asker Tennisklubb	395	12:46.3	01:45.0
4	Hanna Olise Farstad	Hundsund u-skole 10A	77	14:08.2	03:07.0
5	Benedicte Dyvi Knudtson	Hundsund u-skole 10A	329	16:22.4	05:21.0
6	Amalie Røine Knudsen	Hundsund u-skole 10A	323	16:32.3	05:31.0
7	Amanda Felicia Celia Edenholt	Hundsund u-skole 10A	328	17:26.6	06:25.0
8	Pernille Sønju		171	26:28.1	15:27.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 16-17 år (Påmeldt: 19 - Startet: 19 - Fullført: 14 - Premier: 0)					
1	Hanna Kristine Larsen	Heddal IL	1168	19:53.4	00:00.0
2	Hedda Hulbaklien Bakke	Koll IL	1170	20:43.5	00:50.0
3	Henriette Remelle Janson		1029	23:51.3	03:58.0
4	Julia Rudby		1212	24:07.3	04:14.0
5	Christina Klouman		1211	24:52.2	04:59.0
6	Silje Constanse Aks		1407	32:27.0	12:34.0
7	Gabrielle Nørgaard Fransson	Friskvernklubben	1572	34:04.8	14:11.0
8	Ingrid Lofthus		1408	34:44.4	14:51.0
9	Marthe Frey	Friskvernklubben	1569	35:20.0	15:27.0
10	Silje Egan	Friskvernklubben	1574	35:39.6	15:46.0
11	Sanyu Nsubuga		1640	35:42.1	15:49.0
12	Julianne Haugen	Friskvernklubben	1575	39:56.0	20:03.0
13	Oda Østenstad	Friskvernklubben	1570	40:13.5	20:20.0
14	Victoria Madeleine Moum	Friskvernklubben	1567	40:31.7	20:38.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 16-17 år (Påmeldt: 10 - Startet: 10 - Fullført: 7 - Premier: 0)					
1	Aurora Kildahl		1178	43:01.2	00:00.0
2	Synnøve Mo	Tyrving IL	2402	43:58.8	00:57.0
3	Pia Stangebye	Lyn	354	44:20.3	01:19.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 16-17 år (Påmeldt: 10 - Startet: 10 - Fullført: 7 - Premier: 0)					
4	Mina Lilleheier	Ås IL	2401	44:54.6	01:53.0
5	Eugenie Gulowsen	Nittedal IL	2001	46:36.8	03:35.0
6	Emilycristina Montenegro		3202	53:41.7	10:40.0
7	Astrid Kvelland	Student	3203	01:00:47.2	17:46.0
8	Sara Nistad		3201	01:22:05.0	39:04.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 16-17 år (Påmeldt: 15 - Startet: 13 - Fullført: 9 - Premier: 0)					
1	Hermann Herger Lindgren	Jutul	426	11:17.0	00:00.0
2	Andreas Skorpen	Hundsund u-skole 10B	409	11:42.9	00:25.0
3	Tobias Meyer Andersen	Hundsund u-skole 10A	80	13:16.7	01:59.0
4	Markus Heyerdahl Roland	Hundsund u-skole 10A	81	13:56.2	02:39.0
5	Erlend Bjerknes	Hundsund u-skole 10A	76	14:01.8	02:44.0
6	Trym Svorkmo Bergmann	Hundsund u-skole 10A	339	16:04.7	04:47.0
7	Sebastian Skaar Simenstad	Hundsund u-skole 10A	340	19:14.8	07:57.0
8	Lars Olav Thorbjørnsen Mørk	Hundsund u-skole 10A	341	19:17.5	08:00.0
9	Mads H. Huse	Friskvernklubben	338	34:10.9	22:53.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 16-17 år (Påmeldt: 8 - Startet: 8 - Fullført: 8 - Premier: 0)					
1	Harald Østberg Amundsen	Tyrving IL	1034	15:28.9	00:00.0
2	Simen Halle Haugen	Runar	1033	15:29.7	00:01.0
3	Albert Sperstad	Tyrving IL	1036	15:40.7	00:12.0
4	Sondre Westby Liestøl	Ullensaker/Kisa IL	1037	17:19.0	01:51.0
5	Scott Alexander Janson		1032	17:32.8	02:04.0
6	Ole Dybedokken	Tyrving IL	1035	17:58.0	02:30.0
7	Erik Bergheim	Fossum IF	1135	20:46.5	05:18.0
8	Martin Varsi	Bærums Verk IF	1213	26:37.6	11:09.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 16-17 år (Påmeldt: 24 - Startet: 24 - Fullført: 19 - Premier: 0)					
1	Thomas Meinicke	Jutul	2002	35:02.6	00:00.0
2	Jacob Brenna Christophersen	Sportsklubben Vidar	2155	36:24.8	01:22.0
3	Aleksander Holmboe	Tyrving IL	2009	37:29.7	02:27.0
4	Emil Arnkværn	Tyrving IL	2010	37:37.2	02:35.0
5	Henrik Vik Tolo	Lommedalens IL	2005	37:52.4	02:50.0
6	Ola Lier	Asker Sk. Friidrett	2790	38:10.2	03:08.0
7	Simen Løbak	Asker Sk. Friidrett	2138	38:46.3	03:44.0
8	Fredrik Grusd	Tyrving IL	2007	39:07.1	04:05.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 16-17 år (Påmeldt: 24 - Startet: 24 - Fullført: 19 - Premier: 0)					
9	Espen Torkildsen	Lier II	3507	39:11.8	04:09.0
10	Simen Gudbrandsen	Modum Friidrettsklubb	2139	39:14.0	04:12.0
11	Matias Gran-Henriksen	Fossum IF	2154	40:33.0	05:31.0
12	Håkon Horndalsveen	Bærums Verk IF	2003	42:08.9	07:06.0
13	Nils Petter Aamodt Grønlie	Heming	2576	42:36.6	07:34.0
14	Daniel Nyvoll	Tyrving IL	3682	42:40.6	07:38.0
15	Anders Lervik	Asker Sk. Friidrett	2788	45:20.6	10:18.0
16	Kasper Moen Flatla	IL Jardar - Kollenhopp	3685	45:34.3	10:32.0
17	Thomas Haugen De_lange	Bærums Skiklub	2403	46:01.4	10:59.0
18	Joachim Muri	Snarøya	2603	46:38.0	11:36.0
19	William Eidissen	Fossum IF	3677	47:24.0	12:22.0
20	Sebastian Fjell.		3604	52:23.3	17:21.0
21	Per Andre Flåten		3204	01:05:37.6	30:35.0
22	Sebastian Fjell		3465	01:13:12.2	38:10.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 18-19 år (Påmeldt: 4 - Startet: 4 - Fullført: 3 - Premier: 0)					
1	Johanne Lægran	Sportsklubben Vidar	1038	18:31.6	00:00.0
2	Oda Karlsen BEKKESTAD	Sturla	1040	20:38.4	02:07.0
3	Victoria Pedersen	Sportsklubben Vidar	1039	25:10.6	06:39.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 18-19 år (Påmeldt: 3 - Startet: 3 - Fullført: 2 - Premier: 0)					
1	Hanne Maridal	Vollan I.K.	2012	37:51.8	00:00.0
2	Ine Bakken	Sportsklubben Vidar	2011	41:19.9	03:28.0
3	Helene Riksheim		3205	01:06:02.7	28:11.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 18-19 år (Påmeldt: 4 - Startet: 4 - Fullført: 4 - Premier: 0)					
1	Ådne Karlsen Bekkestad	Sturla	1042	16:39.8	00:00.0
2	Hans Erik Sloth		1041	21:37.0	04:58.0
3	Rasmus Werenskiold		1664	22:58.2	06:19.0
4	Hamdi Sahal	Friskvernklubben	1576	43:12.8	26:33.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 18-19 år (Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)					
1	Johan Sæbø		2013	46:29.7	00:00.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 18-19 år

(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)

5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 20-22 år

(Påmeldt: 8 - Startet: 8 - Fullført: 5 - Premier: 0)

1	Kristin Skolt	Tyrving IL	1044	19:48.1	00:00.0
2	Oda NERDRUM		1043	20:03.2	00:15.0
3	Emilie Bergheim	Fossum IF	1300	23:21.6	03:33.0
4	Pernille Skaaret Laustsen		1577	28:33.4	08:45.0
5	Kristin Lyng	Friskvernklubben	1579	28:36.1	08:48.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 20-22 år

(Påmeldt: 5 - Startet: 5 - Fullført: 5 - Premier: 0)

1	Mari Kråkemo Finnerud		2201	44:20.4	00:00.0
2	Kristine Wibstad		2577	44:32.8	00:12.0
3	Alexandra Johansen		2604	51:17.2	06:57.0
4	Kjersti Rishovd		3206	51:33.4	07:13.0
5	Amanda Marie Niblock Eide	Frydensvang IL	3550	52:28.1	08:08.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 20-22 år

(Påmeldt: 4 - Startet: 4 - Fullført: 3 - Premier: 0)

1	Kjetil Andre BJERKRHEIM	Nesbyen IL	1163	17:01.8	00:00.0
2	Simen RYPDAL	Milslukern	1184	17:10.3	00:09.0
3	Martin Harbitz Mosleth	Fornebu S, Securitas	1580	22:50.4	05:49.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 20-22 år

(Påmeldt: 10 - Startet: 10 - Fullført: 7 - Premier: 0)

1	Haakon André Kinneberg	Jardar II	2202	39:19.5	00:00.0
2	Sebastian Hellerud		2793	40:20.9	01:01.0
3	Elias Raphael		2014	40:24.7	01:05.0
4	Erik Uller	Lovstafetten Oslo	2015	41:18.9	01:59.0
5	Lars Brekke		3497	45:50.4	06:31.0
6	Trygve Sigurdsson Langfeldt		2783	49:14.5	09:55.0
7	Simen G Standahl	Team Standahl	2803	49:32.5	10:13.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 23-39 år

(Påmeldt: 104 - Startet: 104 - Fullført: 79 - Premier: 0)

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5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 23-39 år (Påmeldt: 104 - Startet: 104 - Fullført: 79 - Premier: 0)					
1	Marte Pedersen	Hytteplan Sport	1173	17:58.5	00:00.0
2	Rønnaug Alsgaard	Sportsklubben Vidar	1138	18:05.2	00:07.0
3	Ingeborg DAHL	Ringerike Friidrettsklubb	1051	18:11.8	00:13.0
4	Ley Muller	Sportsklubben Vidar	1181	18:30.0	00:32.0
5	Maria Aure	Sportsklubben Vidar	1162	18:33.8	00:35.0
6	Kjersti DAHL	Ringkollen SK	1657	18:39.0	00:41.0
7	Lene Sandem	BUL	1046	18:39.7	00:41.0
8	Hedvig Røsberg Gjerde	BUL	1047	18:48.6	00:50.0
9	Louise Oram	Nydalens Skiklub	1050	19:30.7	01:32.0
10	Meike Hesselink	Sportsklubben Vidar	1228	20:02.8	02:04.0
11	Grete Steene-Johannesen	Friskvernklubben	1137	20:12.8	02:14.0
12	Lydia Smith	Sigdal Friidrettsklubb	1052	20:16.3	02:18.0
13	Liz-Helen Løchen	Sportsklubben Vidar	1053	20:19.8	02:21.0
14	Hanne Mong	Sportsklubben Vidar	1174	20:35.1	02:37.0
15	Cecilie H Brath	Tyrving IL	1654	22:06.1	04:08.0
16	Dalia Santanamendez		1045	22:09.2	04:11.0
17	Kristin Mathilde Lund		1431	23:04.0	05:06.0
18	Sigrunn Marie Hultin Vonderfehr	BUL	1584	23:13.8	05:15.0
19	Carina Stubberud	Carat	1317	23:25.5	05:27.0
20	Mia Larsen		1314	24:04.8	06:06.0
21	Elisabeth Falch Slinning		1414	24:19.1	06:21.0
22	Anita Øy	Rye Sp.Kl.	1227	24:29.9	06:31.0
23	Oddrun Helen Hagen	Sweco	1653	24:40.2	06:42.0
24	Sarina Moser	Fornebu S, Vinmonopolet	1593	24:47.9	06:49.0
25	Mina Tjønnøy	Nikon	1639	24:49.7	06:51.0
26	May Bente Åsen		1421	24:56.6	06:58.0
27	Kristin Knudsen	KRILL	1301	25:03.6	07:05.0
28	Kaia Rugseth		1315	25:35.3	07:37.0
29	Karin M. Johnsson	Vinetum AS	3470	25:47.2	07:49.0
30	Arlene Foster-Nielsen	Lundin Norway	1439	25:54.6	07:56.0
31	Synne Schultz Westlye	Høvik jogg	1655	25:55.5	07:57.0
32	Sara Saeedy	IDEX ASA	1436	26:01.7	08:03.0
33	Karin Synnøve Lund	EH Consult	1586	26:03.9	08:05.0
34	Katarzyna Iwona Najman	Sweco BIL	1601	26:07.5	08:09.0
35	Ida Stenshorne		1219	26:13.4	08:15.0
36	Ingrid Egeberg		1220	26:26.4	08:28.0
37	Amanda Cavalcanti	Lundin	1437	27:09.0	09:11.0
38	Lene Ski	Vinetum AS	1625	27:14.7	09:16.0
39	Linn Meinert Schønning	Team Relocations AS	1110	27:20.8	09:22.0
40	Cathrine Vagrum	Norwegian	1225	27:24.6	09:26.0
41	Cristina Gjurd Braathen	Tag Heuer	1442	27:32.0	09:34.0
42	Lene Aarvik		1217	27:51.1	09:53.0
43	Susan Hansen		1582	28:14.3	10:16.0
44	Margrethe Stenrød West		1222	28:15.8	10:17.0
45	Signy Øverland		1410	28:28.9	10:30.0

RESULTATLISTE

20.05.2015

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 23-39 år (Påmeldt: 104 - Startet: 104 - Fullført: 79 - Premier: 0)					
46	Monica Stensrud	Lundin Norway	1224	28:41.9	10:43.0
47	Johanna Engstrøm	Fornebu S, H&M	1587	28:46.7	10:48.0
48	Birgitte Post	Lundin Norway	1438	29:02.1	11:04.0
49	Monica Møyland Ulstein	Grant Thornton	1223	29:30.9	11:32.0
50	Kari Nilsen		1422	29:59.8	12:01.0
51	Linn Enersen Pedersen		1418	30:10.0	12:12.0
52	Sara Moslet		1427	30:22.1	12:24.0
53	Mari-Anne Smyth-Olsen	Vinetum AS	1624	30:30.4	12:32.0
54	Natalie M. Crøger Lange	Fornebu S, Stockfleths	1591	30:47.4	12:49.0
55	Hilde Norheim	EH Consult	1585	30:52.8	12:54.0
56	Trine-Line Sæther	Sparebank 1 Oslo Akershus AS	1600	31:00.6	13:02.0
57	Line Sophie Wegger	Team Wegger & Kvalsvik	1229	31:10.5	13:12.0
58	Ragnhild Hage Danielsen		1411	31:16.3	13:18.0
59	Kristine Tanderø Kristiansen		1412	31:31.4	13:33.0
60	Kristine Bruvik Danielsen		1420	31:55.8	13:57.0
61	Mariann Aarnes		1583	32:13.2	14:15.0
62	Ingrid Hellesøy	Friskvernklubben	1596	32:59.5	15:01.0
63	Cecilie Vivette Arnet		1424	33:21.3	15:23.0
64	Ida Johansen	Computas	1636	33:21.8	15:23.0
65	Hanne Lund	Redningsselskapet	1226	33:24.8	15:26.0
66	Siri Carmen Øgrim		1622	33:41.5	15:43.0
67	Arriane Liwanag	Lotma	1626	34:16.8	16:18.0
68	Anne-Mia Rasmussen		1415	34:24.3	16:26.0
69	Ellen Bjørlo		1416	34:34.5	16:36.0
70	Birgit Iversen	EVRY	1435	34:35.3	16:37.0
71	Anette Hellesøy	Friskvernklubben	1597	35:10.2	17:12.0
72	Asdis Olafsdottir		1638	35:34.5	17:36.0
73	Ingrid Elise Gipling	Fornebu S, Stockfleths	1592	35:38.3	17:40.0
74	Marit Myrland	Friskvernklubben	1598	36:22.7	18:24.0
75	Anne Grundstad Ulekleiv		1428	37:21.7	19:23.0
76	Ina Hammerbeck	Friskvernklubben	1599	37:34.8	19:36.0
77	Laxmi Singh	National Oilwell	1637	39:00.4	21:02.0
78	Helen Helgesen	Statoil BIL	1440	39:47.9	21:49.0
79	Sonja Sirnes	ÅF Infrastruktur AS	1434	41:59.7	24:01.0
80	Tonje Stolpestad	Accenture	1433	43:33.6	25:35.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 23-39 år (Påmeldt: 287 - Startet: 287 - Fullført: 204 - Premier: 0)					
1	Ida Bergsløkken	Sportsklubben Vidar	3547	36:55.7	00:00.0
2	Nicoline Baartvedt	Heming	2206	38:51.8	01:56.0
3	Tonje Gresslien	Sportsklubben Vidar	2156	39:22.3	02:27.0
4	Selene Julie Sollie	Oslostudentenes IK - Friidrett	2210	40:41.4	03:46.0
5	Louise Skak	Romerike Ultraløperklubb	2211	40:57.6	04:02.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 23-39 år (Påmeldt: 287 - Startet: 287 - Fullført: 204 - Premier: 0)					
6	Line Foss	Royal Sportsklubb	2017	42:09.4	05:14.0
7	Trude Gran	Royal Sportsklubb	366	42:11.5	05:16.0
8	Anne Sandnes	Pir 2 Oslo	2195	42:16.5	05:21.0
9	Kaja Stabursvik	Ås IL	2383	42:22.1	05:27.0
10	Gry Oleivsgard	Technip	2634	42:22.5	05:27.0
11	Ann Merete Gundhus	Modum Friidrettsklubb	2208	42:24.6	05:29.0
12	Gry Rosenlund		368	42:29.4	05:34.0
13	Hanna Aarnes Nisja	Driva IL	2205	42:59.9	06:04.0
14	Sara Göthe	Dfind Finance	347	43:02.8	06:07.0
15	Andrea Fjellseth		2412	43:34.6	06:39.0
16	Ingvild Malbekk	Friskvernklubben	2739	44:13.8	07:18.0
17	Kathrine Valkvæ Alnes		2408	44:37.8	07:42.0
18	Linn Stockinger		2615	44:39.7	07:44.0
19	Heidi Saugstad	Oslostudentenes IK - Friidrett	2209	44:43.2	07:48.0
20	Bodhild Roaldset Haukø		2405	44:43.3	07:48.0
21	Marita Brattbakk		2619	44:48.1	07:53.0
22	Fredrikke Rennemo Johansen		2203	44:49.0	07:54.0
23	Heidi Hægeland Halvorsen	Veritas BIL	2744	44:51.1	07:56.0
24	Sofie Hjorth		2204	44:58.2	08:03.0
25	Cathrine Sjølie Nielsen		2414	44:58.3	08:03.0
26	Ingvild Hanevold		2411	45:00.9	08:05.0
27	Camilla Mørk Eek		3521	45:10.3	08:15.0
28	Karine Røstad	Fossum IF	2623	45:17.3	08:22.0
29	Elisabeth Nilssen	Heming	3490	45:22.8	08:27.0
30	Maria Lalin		2413	45:34.8	08:39.0
31	Ingrid Holm	Abb	2620	45:35.7	08:40.0
32	Unni Larsen		3477	45:49.5	08:54.0
33	Signe Engelund	Strømsgodset Toppfotball	2632	45:56.9	09:01.0
34	Merethe Olafsen		2409	46:08.8	09:13.0
35	Hilde Visthoff Drange	Visma Consulting	2421	46:10.7	09:15.0
36	Lene Christine Hagen	Atea	2622	46:35.2	09:40.0
37	Ragnhild Vinsvold	Ciber Norge	3494	46:39.0	09:44.0
38	Lotte Mathilde Queru	Storebrand	2742	46:40.6	09:45.0
39	Janne Gillesen Høy		2611	46:46.5	09:51.0
40	Pernille Vig		2614	46:50.6	09:55.0
41	Anne Ellingsgård	Advokatfirmaet BA-HR DA	3141	46:58.7	10:03.0
42	Vibeke Bakken		3537	46:59.4	10:04.0
43	Live Andrea Meløy	AFK	2624	47:11.5	10:16.0
44	Marie Flatmo Opsahl		2613	47:16.0	10:21.0
45	Anne Grethe Lindeberg		2404	47:17.3	10:22.0
46	Tonje Bøhn Kristiansen		2406	47:18.5	10:23.0
47	Camilla Stridsklev	Tyrving IL	2743	47:20.9	10:25.0
48	Irene Heum Jacobsen		2605	47:21.0	10:26.0
49	Cecilie Ramm		2416	47:30.8	10:35.0
50	Miriam Sjøstad Langseth	WSRR	2764	47:32.2	10:37.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 23-39 år (Påmeldt: 287 - Startet: 287 - Fullført: 204 - Premier: 0)					
51	Marianne Lie Løwe	3008	47:34.6	10:39.0	
52	Trine Bjerke Welhaven	Visma AS	2845	47:35.3	10:40.0
53	Thea Hoel Skaar	2417	47:48.4	10:53.0	
54	Frida Næss-Ulseth	Nydalens Skiklub	3533	47:54.1	10:59.0
55	Hasnija Sinkovic	Ringnes	2628	48:04.8	11:09.0
56	Elin Blank	2826	48:12.6	11:17.0	
57	Annette Aksdal	Statoil	2631	48:15.8	11:20.0
58	Thanh Ngan Nguyen	Norconsult BIL	2626	48:22.9	11:27.0
59	Charlotte Scharning	UNE	2635	48:36.3	11:41.0
60	Ingrid Haukeli	NVE	2627	48:38.3	11:43.0
61	Cecilie Hjorth	2415	48:43.5	11:48.0	
62	Marthe Slaatsveen	2805	48:48.9	11:53.0	
63	Suzanne Skotvedt Bjørnsen	DNB	2418	48:49.5	11:54.0
64	Eleni Figenschou	Finansco BIF	3032	48:50.8	11:55.0
65	Silje Simonsen	Norconsult BIL	3146	48:54.3	11:59.0
66	Siv Elin Sæteren	2996	49:02.5	12:07.0	
67	Anne-Grethe Eiken	3020	49:06.2	12:11.0	
68	Linda Solheimsnes	2609	49:21.6	12:26.0	
69	Ingeborg Hegstad	2618	49:22.3	12:27.0	
70	Kristina Aarvold	2814	49:25.0	12:30.0	
71	Vibeke Brandvold	Norconsult Bil	2419	49:25.4	12:30.0
72	Valentina Yazykova	Fornebuporten	2833	49:28.3	12:33.0
73	Julie Løfsgaard	2606	49:31.9	12:36.0	
74	Ranveig Gulbrandsen	Agens AS	2827	49:39.2	12:44.0
75	Anette H Sætrang	Lille Fjær	2207	49:43.5	12:48.0
76	Ginta Solyte	SpareBank 1 AS	2630	49:47.2	12:52.0
77	Lise Sofie Stene	Advokatfirmaet BA-HR DA	3140	49:48.1	12:53.0
78	Miriam Bjerke	MediaCom	2625	49:56.6	13:01.0
79	Heidi Danielsen	2616	50:02.5	13:07.0	
80	Nancy Marie Dahl	2777	50:05.2	13:10.0	
81	Kristin Øinæs	2823	50:12.1	13:17.0	
82	Hanna Wennerberg	Scandic Fornebu	3279	50:14.8	13:19.0
83	Anne Kjos Bakke	2812	50:15.2	13:20.0	
84	Karine Blystad	2765	50:19.0	13:24.0	
85	Vihvi Margrethe Boye	BAMSEBUA	3029	50:20.6	13:25.0
86	Frøya Elisabeth Astrup	3193	50:20.7	13:25.0	
87	Angela Kok	2824	50:23.8	13:28.0	
88	Marte Tvinnereim	Bufdir	2830	50:26.2	13:31.0
89	Ingrid Pedersen	3684	50:26.5	13:31.0	
90	Cecilie Scharning	SBS Discovery	2629	50:31.0	13:36.0
91	Hilde Irene Stensrud	2804	50:41.9	13:46.0	
92	Mari Sjaastad	Norconsult BIL	2998	50:44.8	13:49.0
93	Ina Bekkum	Norconsult BIL	2997	51:03.3	14:08.0
94	Marianne Wiig	Team QOM	2841	51:03.8	14:08.0
95	Lise Grønscar	Oslostudentenes IK - Friidrett	2837	51:11.2	14:16.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 23-39 år (Påmeldt: 287 - Startet: 287 - Fullført: 204 - Premier: 0)					
96	Stine Liberg Sannes	Asplan Viak	2828	51:17.9	14:22.0
97	Solveig Riddervold		2809	51:24.1	14:29.0
98	Cecilie Lillehagen Welo	Rustad IL	3695	51:24.9	14:29.0
99	Kjersti Eggum	Veritas BIL	3194	51:39.4	14:44.0
100	Kjersti Smedsrud	Justisdepartementet	2834	51:41.9	14:46.0
101	Kate Medhus	AKer Solutions AS	3028	51:45.1	14:50.0
102	Marita Borgen		2738	51:49.4	14:54.0
103	Merthe Koppergård	Ikano Bank SE	2741	51:53.4	14:58.0
104	Hege Andreassen	Kreftforeningen	2835	51:56.0	15:01.0
105	Anette Wilhelmsen		2994	51:57.5	15:02.0
106	Celia Ring Heger		3487	52:01.0	15:06.0
107	Camilla Hoff		346	52:03.1	15:08.0
108	Pia Eide		2806	52:25.0	15:30.0
109	Heidi Christine Fjugstad		2818	52:28.6	15:33.0
110	Maria Reche		3024	52:39.0	15:44.0
111	Isabel Aarnes		2612	52:41.0	15:46.0
112	Hanne Kristiansen		3007	52:44.2	15:49.0
113	Jiqing Qiang		3251	52:54.0	15:59.0
114	Camilla Herland		3022	52:55.9	16:00.0
115	Christine Dalebø Gjerdevik		2808	53:03.7	16:08.0
116	Karoline Fløtre	Posten Norge AS	3037	53:15.8	16:20.0
117	Anette Aukland	Bring	3030	53:28.8	16:33.0
118	Hanne Nikoline Giertz		3241	53:32.0	16:37.0
119	Kristin Lygre Åsen		3236	53:44.5	16:49.0
120	Elin Gjevne Haugen		3016	53:44.6	16:49.0
121	Kari Robertsen		2807	53:50.3	16:55.0
122	Lene Sweeney		2821	53:50.6	16:55.0
123	Ingrid Sogn Iversen		3136	53:50.7	16:55.0
124	Martina Hajkova		3212	54:00.3	17:05.0
125	Hanna Stanton		3438	54:01.5	17:06.0
126	Kaja Haugen Rydningen	Rye Sp.Kl.	3147	54:04.7	17:09.0
127	Karoline Mysen		3005	54:06.0	17:11.0
128	Karina Lie	Team Lie	2840	54:08.1	17:13.0
129	Elisabeth Rønnestad Brodwall		3023	54:09.8	17:14.0
130	Annika Wuopio		3011	54:12.8	17:17.0
131	Magnhild Elisabeth Moe	Asker Og Bærum Brannvesen BIL	3698	54:14.6	17:19.0
132	Anita Andersen		2815	54:22.3	17:27.0
133	Sigrid Flo Eriksen	ÅF Infrastruktur AS	3027	54:24.4	17:29.0
134	Lisa Marie Andersen		3025	54:26.2	17:31.0
135	Torill Nikø	Storebrand Sport	3446	54:30.1	17:35.0
136	Elin Anna Ingrid Carinder	PwC	3277	54:34.2	17:39.0
137	Karoline Vethe	Ikano Bank SE	2740	54:36.2	17:41.0
138	Emily Robertson	Bedriftsidretten	2829	54:40.9	17:45.0
139	Siv Linnerud		3258	54:48.2	17:53.0
140	Kristine Holgersen	Norconsult BIL	3035	54:52.1	17:57.0

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Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 23-39 år (Påmeldt: 287 - Startet: 287 - Fullført: 204 - Premier: 0)					
141	Tonje Skjærvik	3019	55:08.9	18:13.0	
142	Kjerstin Skjærvik	NOV	3036	55:10.5	18:15.0
143	Stine Reiersen	3607	55:11.2	18:16.0	
144	Monica H. Søgaard	Fornebu S, Rafens	3442	55:12.9	18:17.0
145	Marte Bjerke	3475	55:18.9	18:23.0	
146	Sissel Maria Mangerud	3137	55:22.0	18:27.0	
147	Elin Mackløvdal	Advokatfirmaet BA-HR DA	3139	55:26.2	18:31.0
148	Henriette Gjeldvik	3220	55:32.6	18:37.0	
149	Mari Grøstad Tholberg	3696	55:37.2	18:42.0	
150	Ann Mari Østtorp	3240	55:37.5	18:42.0	
151	Anne Heie	3243	55:43.8	18:48.0	
152	Birte Thorsnes	3009	55:45.2	18:50.0	
153	Nora Gausel	2608	55:50.7	18:55.0	
154	Cecilie Kaltenborn	2995	55:52.0	18:57.0	
155	Saija Väyrynen	3003	55:53.9	18:58.0	
156	Lena Jokstad	3224	56:01.7	19:06.0	
157	Maria Gullhav	VBIL	3286	56:15.7	19:20.0
158	Anja Rudshagen	3261	56:24.7	19:29.0	
159	Torill Carstensen	2617	56:31.0	19:36.0	
160	Marthe Basberg Johannessen	3026	56:31.9	19:36.0	
161	Carole Letellier	Technip	2842	56:33.0	19:38.0
162	Malin Jessen	Frontica Business Solutions	3145	56:45.6	19:50.0
162	Marthe Høyer	3611	56:45.6	19:50.0	
164	Karen Fastbø	PwC	3038	56:49.2	19:54.0
165	Pia Christiansen	3209	56:59.7	20:04.0	
166	Lise Wright	3232	57:07.7	20:12.0	
167	Lotte Rømmen Anderssen	Frontica Business Solutions	3144	57:11.3	20:16.0
168	Maja Støyva	2820	57:20.1	20:25.0	
169	Marte Melnes	3439	57:24.6	20:29.0	
170	Janne Lillehagen	3018	57:45.4	20:50.0	
171	Elise Halmøy	Aker Solutions	3266	58:00.8	21:05.0
172	Senka Blazevic	Norconsult BIL	3274	58:05.5	21:10.0
173	Cathrine Træe	2810	58:17.9	21:22.0	
174	Margit Tveiten	3694	58:29.4	21:34.0	
175	Marianne Nordeide	3252	58:41.3	21:46.0	
176	Ingunn Gudmundsdottir	3218	58:57.1	22:02.0	
177	Anne Knudsen	3255	59:14.0	22:19.0	
178	Mette Fismen Bråtømyr	2811	59:22.6	22:27.0	
179	Signe Russwurm	3237	59:23.0	22:28.0	
180	Heidi Heidi	3230	59:30.3	22:35.0	
181	Marianne Øhickers	3014	59:34.3	22:39.0	
182	Maren Feragen	Oslofjord triatlon	3276	59:40.9	22:45.0
183	Maria Urke	PwC	3278	59:49.7	22:54.0
184	Therese Hummelsund	3215	01:00:05.6	23:10.0	
185	Tonje Odden Svendsen	3256	01:00:13.4	23:18.0	

10 km

Navn	Klubb	Startnr	Totaltid	Diff
Kvinner 23-39 år (Påmeldt: 287 - Startet: 287 - Fullført: 204 - Premier: 0)				
186	Lisa Le	Storebrand	3285 01:00:18.4	23:23.0
187	Nina Eriksen		3259 01:00:18.6	23:23.0
188	Rebekka Egeland		3207 01:00:31.7	23:36.0
189	Katsiaryna Bordyk	NOKUT	3272 01:00:41.5	23:46.0
190	Ingrid Kvaal		3234 01:00:48.4	23:53.0
191	Ida Foss	Blodsmak Sportsklubb	3268 01:00:53.9	23:58.0
192	Katrine Gundersen		3017 01:00:55.5	24:00.0
193	Guro Jahre Lund	Frontica Business Solutions	3143 01:00:57.5	24:02.0
194	Heidi Melby		3219 01:00:58.6	24:03.0
195	Stine Mejlænder		3216 01:00:59.4	24:04.0
196	Emma Vedeler		3002 01:01:20.8	24:25.0
197	Heike Eckner		3250 01:01:23.0	24:28.0
198	Hege Finsrud		3617 01:01:47.3	24:52.0
199	Frances Lowrey		3013 01:01:51.9	24:56.0
200	Ksenia Levy	Scandic Fornebu	3280 01:02:00.0	25:05.0
201	Trine Marie Frivold		3015 01:02:15.8	25:20.0
202	Anette Petronella Strædet		3238 01:02:21.0	25:26.0
203	Anne Lise Nilssen Enger		3004 01:02:40.8	25:45.0
204	Marianne Solbakken	Sparebank 1 Oslo Akershus AS	3444 01:02:55.7	26:00.0
205	Kristin Øhickers		3260 01:03:37.0	26:42.0
206	Mari Jolen Thorsen		3242 01:03:56.4	27:01.0
207	Silje Udenæs		3222 01:03:57.5	27:02.0
208	Charlotte Klock Lystad		3214 01:04:02.4	27:07.0
209	Celia Austin		3213 01:04:04.6	27:09.0
210	Monica Eriksen		3228 01:04:43.2	27:48.0
211	Johanna Sara Birigitta Dahlen		3246 01:05:01.2	28:06.0
212	Hege Hjelmstadstuen	OBOS	3275 01:05:02.1	28:07.0
213	Line Lund		3239 01:05:12.3	28:17.0
214	Ingrid Kjöllersström		3231 01:05:28.7	28:33.0
215	Tamara Kiss		3262 01:05:35.2	28:40.0
216	Catrine Flåten		3249 01:05:37.9	28:42.0
217	Trude Nyhus	Accenture	3474 01:05:48.7	28:53.0
218	Marthe Øksnes	Advokatfirmaet BA-HR DA	3138 01:06:05.5	29:10.0
219	Charlotte Myklestu		3263 01:06:25.5	29:30.0
220	Anne Asmyr Thorseng	Accenture	3265 01:06:35.2	29:40.0
221	Cecilie Grasli		3257 01:06:46.1	29:51.0
222	Silja Leknes		3254 01:07:46.6	30:51.0
223	Anniken Hogstad		3225 01:08:26.1	31:31.0
224	Elisabeth Melle	Eureka Pumps	3031 01:09:13.9	32:18.0
225	Benedicte Verløy		3476 01:10:01.7	33:06.0
226	Veronika V. Løvås	CBIT	3269 01:10:41.6	33:46.0
227	Elisabeth Strandberg	SCRU	3281 01:12:03.2	35:08.0
228	Ann-Christin Veie	Kafé Celsius	3270 01:12:22.6	35:27.0
229	Yvonne Lindbergetpedersen	Kafé Celsius	3271 01:12:24.0	35:29.0
230	Gunn-Beate K. Solheim		3229 01:13:48.0	36:53.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
Kvinner 23-39 år (Påmeldt: 287 - Startet: 287 - Fullført: 204 - Premier: 0)				
231	Nina Wølner	Fornebu S, KUTT Frisør	3440 01:14:33.1	37:38.0
232	Martine Retting	Oslo-Fergene/ Marine-Service	3443 01:16:55.6	40:00.0
233	Caroline Engerdahl	Fornebu S, Princess	3441 01:24:24.2	47:29.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff
Menn 23-39 år (Påmeldt: 72 - Startet: 72 - Fullført: 57 - Premier: 0)				
1	Øyvind Wiger	Modum Friidrettsklubb	1069 15:40.6	00:00.0
2	Einar Haakon Christian Rose	Sportsklubben Vidar	1059 15:43.7	00:03.0
3	Inge Hasund	Bøler IF	1140 15:50.4	00:10.0
4	Mathias Nipen	Tyrving IL	1075 15:58.3	00:18.0
5	Hallvard Eriksen Buer		1057 16:03.5	00:23.0
6	Erling Hisdal	Tjalve	1143 16:19.1	00:39.0
7	Simen Enger	Oslostudentenes IK - Friidrett	1072 16:38.5	00:58.0
8	Rik Wemmenhove	Oslostudentenes IK - Friidrett	1073 16:43.0	01:03.0
9	Thomas Nipen	Nydalens Skiklub	1071 16:45.4	01:05.0
10	Vegar Solnørdal		1055 17:49.0	02:09.0
11	Tormod Myrset Briså	Hundsund Ungdomsskole	1066 17:50.5	02:10.0
12	Mats Nysæter	Nøtterøy IF	1070 17:50.6	02:10.0
13	André Kroglund	Ilseng IL	1153 18:12.1	02:32.0
14	Svein Stormyr	Sportsklubben Vidar	1142 18:25.5	02:45.0
15	Øyvind Strand Sørensen		1060 18:52.4	03:12.0
16	Lars Sandåker		1056 19:02.4	03:22.0
17	Arno De Jong		1061 19:07.3	03:27.0
18	Anders Omholt-Jensen	BUL	1064 19:07.5	03:27.0
19	Marius Stolp		1139 19:49.6	04:09.0
20	Per Arild Dykesteen	Cisco	2655 20:10.7	04:30.0
21	Tormod Rangnes		1058 20:28.2	04:48.0
22	Marcus Lødner	Høvik Barnehage	1237 20:49.4	05:09.0
23	Jesper Makhholm	FornebuportenAS	1065 21:07.1	05:27.0
24	Morten Dalset		1231 21:13.2	05:33.0
25	Morten Gjelstad	KLP	1068 21:27.5	05:47.0
26	Kristian Stoll	Team Wegger & Kvalsvik	1247 21:29.4	05:49.0
27	Alexander Quidding	Team Wegger & Kvalsvik	1074 22:10.1	06:30.0
28	Ole Jørgen Widerøe		1312 22:48.2	07:08.0
29	Lajos Molnar	Lundin Norway AS	1241 23:03.6	07:23.0
30	Philip Mørch	Team Wegger & Kvalsvik	1245 23:16.8	07:36.0
31	Hans Cats		1234 23:23.7	07:43.0
32	Stefan Hinic	EH Consult	1302 23:31.6	07:51.0
33	Jørgen Sando	Norwegian Air Shuttle	1242 23:44.0	08:04.0
34	Andre Finstad	Fornebuporten AS	1451 23:57.8	08:17.0
35	Kevin Galbraith	Lundin	1303 23:59.4	08:19.0
36	Torstein Storaekre	Fornebuporten AS	1236 24:24.6	08:44.0
37	Erik Hammer	Lundin Norway	1454 24:53.4	09:13.0

RESULTATLISTE

20.05.2015

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 72 - Startet: 72 - Fullført: 57 - Premier: 0)					
38	Samir Zjagic	EH Consult	1141	25:14.8	09:34.0
39	Sigurd Ødegård	EH Consult	1605	25:15.3	09:35.0
40	Haakon Rohde-Hanssen	Tag Heuer	1458	25:31.4	09:51.0
41	Jørg Arne Aasterud		1232	25:31.6	09:51.0
42	Frank Gjørund	Team Relocations AS	1243	26:16.4	10:36.0
43	Einar Smidesang	Mitsubishi Electric	1629	26:24.5	10:44.0
44	Lars Christian Ulstein	Codan Forsikring	1449	26:27.7	10:47.0
45	Stian Mathisen	EH Consult	1604	26:31.3	10:51.0
46	Jardar Bakke	OBOS	1455	26:33.4	10:53.0
47	Jan Erik Ramstad	IDEX ASA	1452	26:34.9	10:54.0
48	Jan Christian Lohne		1446	27:06.0	11:26.0
49	Markus Langenoja		1447	27:49.4	12:09.0
50	Daniel Mo	IDEX ASA	1453	28:05.9	12:25.0
51	Henrik T. Rohde-Hanssen	Tag Heuer	1457	28:20.3	12:40.0
52	Elvir Hasic	Team Wegger & Kvalsvik	1244	28:31.1	12:51.0
53	Mats Grøtting	EH Consult	1603	28:36.1	12:56.0
54	Martin Sletten Eriksen	Vivil	1459	31:37.5	15:57.0
55	Kjetil Bruvik Danielsen		1445	33:30.1	17:50.0
56	Jonas Karlsen	Friskvernklubben	1607	43:13.0	27:33.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
1	Øyvind Heiberg Sundby	Tjalve	2148	33:26.7	00:00.0
2	Simon Løvås	Oslostudentenes IK - Friidrett	2062	33:47.1	00:21.0
3	Markus Living	Accenture	2041	33:55.4	00:29.0
4	Torgeir Nørbech	Tyrving IL	2191	34:18.1	00:52.0
5	Anders Tiltnes	Slevik IL - Friidrett	2147	34:31.6	01:05.0
6	Ronny Losoa	Modum Friidrettsklubb	2143	34:37.2	01:11.0
7	Anders Mølmen HØST	Lyn	2160	34:39.3	01:13.0
8	Jann POST		2157	34:44.5	01:18.0
9	Jørgen Olsen	Statoil ASA	2077	34:50.0	01:24.0
10	Mads Johansen	Tjalve	2149	34:55.2	01:29.0
11	André Borgen	Ptborgen	2065	35:02.5	01:36.0
12	Trond Atle Smedsrud	Nydalens Skiklub	2059	35:03.4	01:37.0
13	Roar Bakken Stovner	Romerrike Ultraløperklubb	3613	35:13.1	01:47.0
14	Mathias J Nipen	Tyrving IL	2800	35:14.6	01:48.0
15	Øystein Sandvik	PwC	2066	35:21.6	01:55.0
16	Kjetil Hagtvedt DAMMEN	Rustad IL	2070	35:29.2	02:03.0
17	Nils-Ingar Aadne		2141	35:32.2	02:06.0
18	Martin HALLBERG	Fossum IF	2176	35:35.2	02:09.0
19	Eivind Bjørhei	Norconsult BIL	2180	35:38.4	02:12.0
20	Hans Chr. Aarnes	Nittedal IL	2056	35:42.2	02:16.0
21	Lennart Garnes	SK Vidar	2163	35:44.2	02:18.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
22	Marius Therkelsen	Skagerrak Sportsklubb	2146	35:51.4	02:25.0
23	Ståle Fenstad	Rustad IL	3543	35:55.6	02:29.0
24	Christoffer Søbstad	Strindheim IL	2079	36:00.6	02:34.0
25	Christoffer CALLESEN	Team LPG	2080	36:06.4	02:40.0
26	Njål Torillson Tyssing	Ikorntes IL	2161	36:08.9	02:42.0
27	Daniel Støen	DNB	2047	36:14.0	02:48.0
28	Dag Torp-Hansen	BundeBygg	2045	36:29.8	03:03.0
29	Marius Borger	Spydeberg IL	3197	36:30.8	03:04.0
30	Erlend Krogstad		2031	36:37.7	03:11.0
31	Tony Gjerde	Bøler IF	2168	36:42.4	03:16.0
32	Teodor Sveen-Nilsen	Swedbank	3518	36:42.6	03:16.0
33	Rune Bilit		2023	36:47.2	03:21.0
34	Harald Carlsen		2038	36:49.3	03:23.0
35	Kristian Reiten		2027	36:49.7	03:23.0
36	Lars Nielsen	Nydalens Skiklub	2175	36:59.0	03:33.0
37	Lars Gudim	Accenture	2040	37:08.1	03:42.0
38	Bjørnar Slettvåg	Norges Banks Idrettslag	2185	37:10.5	03:44.0
39	Lars Jacobsen	Wilh. Wilhelmsen Holding	2190	37:12.6	03:46.0
40	Ørjan Strandberg-Jensen	Løplabbet	2142	37:14.9	03:48.0
41	Erik Persson	Abb	2039	37:16.7	03:50.0
42	Atle SMENES	Rustad IL	2069	37:23.0	03:57.0
43	Kristoffer Johansson	Ortomedic AS	2194	37:23.7	03:57.0
44	Hans Christian Onsrud	TSBc	2676	37:25.7	03:59.0
45	Stian HOELGAARD	Gjesdal IL	2049	37:32.1	04:06.0
46	Kim Andre Hansen	Nesoddenprotour	2164	37:38.2	04:12.0
47	Lasse Gerhardsen		2228	37:40.1	04:14.0
48	Eirik Landheim	Finansco	2198	37:45.1	04:19.0
49	Andreas Karlbergpettersen		2021	37:47.6	04:21.0
50	Erik Alsaker	Nesseby IF	2281	37:47.9	04:21.0
51	Øystein Sørensen	Storebrand Sport	2390	37:49.3	04:23.0
52	Kenneth Ådalen		2159	37:51.0	04:25.0
53	Erik Ryttervoll Kvamshagen	WSRR - SmartfishFuji	2162	37:56.0	04:30.0
54	Jone Vormelandrø	Rambøll	2067	37:56.1	04:30.0
55	Endre Hareide Hallre	Team Tronrud	2082	38:01.7	04:35.0
56	Martin Hansen	Nesodden IF	2144	38:03.5	04:37.0
57	Jadgar Gofari		3681	38:10.4	04:44.0
58	Espen Tobiasson	Bækkelagets SK	2042	38:19.7	04:53.0
59	Andreas Almlid	Hamar Skiklubb	3605	38:21.1	04:55.0
60	Kristian Schiander	Holmenkollen Triathlon	2052	38:24.5	04:58.0
61	Henrik Opaker	Norconsult BIL	2058	38:33.4	05:07.0
62	Tomas Magnussen	UNIT4 AS	2085	38:33.9	05:07.0
63	Thomas Arnulf	Lyn	2053	38:34.8	05:08.0
64	Martin Ødegård		2033	38:40.3	05:14.0
65	Yann Pecqueux	Therma Industri	2083	38:43.1	05:17.0
66	Robert Steen	Royal Sportsklubb	2286	39:01.3	05:35.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
67	Anders Eivind Myhre	MS Svartor	2171	39:01.4	05:35.0
68	Antonio Alcántara	Oslofjord triatlon	2063	39:03.7	05:37.0
69	Thomas A. Valnes	Oslostudentenes IK - Friidrett	2064	39:05.4	05:39.0
70	Fredrik Alveberg		2430	39:09.9	05:43.0
71	Trond Håvard Brunnes	NCC	2055	39:10.2	05:44.0
72	Remi Aagaard Morken		2029	39:11.0	05:45.0
73	Anders B. Øksenholt	Sportsklubben Vidar	2076	39:11.3	05:45.0
73	Ole Fjeldstad	Anton Sport	2192	39:11.3	05:45.0
75	Ivar Stubkjær	Nittedal Banquet Racers	2184	39:15.1	05:49.0
76	David Andersson	Norconsult BIL	2283	39:19.7	05:53.0
77	Hans Ranøyen Homb	Technip Norge AS	2295	39:24.2	05:58.0
78	Thomas Grande		2037	39:26.8	06:00.0
79	Eivind Berstad	Kuben Vgs	2200	39:27.4	06:01.0
80	Henrik Ljøgdø Moen	Team SKIGO	3504	39:28.4	06:02.0
81	Håkon, Stub Aune	Aker Solutions BIL	2255	39:28.8	06:02.0
82	Adrian Diaz Gonzalez		3503	39:30.4	06:04.0
83	Anders Galaasen		2607	39:31.3	06:05.0
84	Geirmund Garpestad	Lye Multisportsklubb	2275	39:31.9	06:05.0
85	Håvard Stensrud	Statoil BIL	2078	39:32.2	06:06.0
86	Mathias Kristiansen		3000	39:34.1	06:08.0
87	Kittil Eriksrud	Advokatfirmaet Haavind AS	3680	39:34.8	06:08.0
88	Kristoffer Røstad	Fossum IF	2266	39:36.2	06:10.0
89	Christian Dahll	Team Milslukern	2034	39:36.9	06:10.0
90	Ilmarin Daub		2165	39:42.3	06:16.0
91	David Olaussen	Olaussen Company	2060	39:44.0	06:18.0
92	Gard Honningsø	Honningso.Com	2268	39:45.1	06:19.0
93	Jan Jevne	Nittedal IL	2196	39:46.6	06:20.0
94	Jon E. A. Lund	Oslostudentenes IK - Friidrett	3492	39:51.6	06:25.0
95	André Myrvold	Asker Sk. Friidrett	1062	39:54.4	06:28.0
96	Runar Solberg	Visma	2297	39:54.6	06:28.0
97	Viktor Grennberg	Aker Solutions	2249	39:56.6	06:30.0
98	Thomas Stordalen	Romerike Ultraløperklubb	2388	39:57.6	06:31.0
99	Tore Hordvik	Veritas BIL	2187	40:00.5	06:34.0
100	Robert Bue	Marnardal IL	2193	40:05.2	06:39.0
101	Christoffer Steen-Hansen		2019	40:07.3	06:41.0
102	Øyvind Selmer	Team Shortcut	2186	40:09.1	06:43.0
103	Per Kristian Julsrud	BDO AS	2043	40:10.9	06:44.0
104	Sverre Berg Lutnæs	Hamar OK	2457	40:22.3	06:56.0
105	Ricardo Mendez Rodriguez		2239	40:24.1	06:58.0
106	Andreas Berg	ABB	2243	40:29.1	07:03.0
107	Vegar Lie		2032	40:29.6	07:03.0
108	Morten Nilstad Pettersen	Slevik IL - Friidrett	2074	40:31.4	07:05.0
109	Chad Augustine	Bacardi Norge	3523	40:34.9	07:08.0
110	Kristoffer Barbøl Vikebak		2230	40:40.9	07:14.0
111	Fredrik Hilberg	Arkwright Corporate Finance	3548	40:41.2	07:15.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)				
112	Pål Solbu	Yara	3483	40:43.1 07:17.0
113	Henrik Natvig	Mandagstreninger / Nittedal IL	3687	40:44.3 07:18.0
114	Lars-Erik Andersen		2166	40:46.1 07:20.0
115	Andreas Egeberg		2025	40:48.9 07:22.0
116	Hallvard Vigrestad	NMD-Klubben	2057	40:52.3 07:26.0
117	Kim Roger Kristiansen	Drammen Triathlon Club	3531	40:55.0 07:29.0
118	Henrik Steinfeldt-Foss	Crawford & Crawman	2760	40:55.1 07:29.0
119	Martin Aanjesen		2024	40:57.1 07:31.0
120	Espen Johannessen	ExorLive	2453	41:01.1 07:35.0
120	Eivind Haugen	Fana IL	3540	41:01.1 07:35.0
122	Anders Wijk	AGA Klubben BIL	2441	41:02.9 07:36.0
123	Kaare Gilhus	Veidekke	2088	41:03.7 07:37.0
124	Tor-Olav Nævestad	Kjelsås IL	2385	41:05.4 07:39.0
125	Lars Kristian Neby	Norconsult BIL	2580	41:07.1 07:41.0
126	Björn Eide	Aker Solutions	2253	41:08.9 07:42.0
127	Knut Ole Hol		2398	41:11.9 07:45.0
128	Magnus Hagen	Fornebuporten AS	2455	41:13.6 07:47.0
128	Martin Brox		3697	41:13.6 07:47.0
130	Peder Nerli		2600	41:14.0 07:48.0
131	Paul Andreas Marchioro Ystad	Norsk Energi	2465	41:19.2 07:53.0
132	Anders Aardal	Lifetec	2272	41:22.2 07:56.0
133	Øyvind Grimsrud		2227	41:23.7 07:57.0
134	Håvard Klefstad		2221	41:25.4 07:59.0
135	Gaute Egeland Sanda	Hydro Energi	2269	41:28.9 08:02.0
136	Fredrik Jore	Amrop	2256	41:29.3 08:03.0
137	Haakon Klem	Ringnes BIL	2473	41:32.4 08:06.0
138	Kent Arild Solberg	Ringerike Friidrettsklubb	3525	41:33.5 08:07.0
139	Eivind Hestnes	Norges Bank Idrettsforening	3673	41:35.1 08:09.0
140	James William Coward	Millum	2280	41:36.4 08:10.0
141	Mats Skogholt Amland	Ball Og Jekkert IF	2258	41:38.8 08:12.0
142	Kim Erik Christiansen		2229	41:43.1 08:17.0
143	Chris Connell	Visma IT	3190	41:49.4 08:23.0
144	Daniel Melki		3544	41:52.5 08:26.0
145	Jan Olav Solli	Lundin Norway AS	2666	41:53.7 08:27.0
146	Anders Hauge Løge	Aker Solutions	2254	41:55.7 08:29.0
147	Olav Flornes	Lundin Norway AS	2274	41:58.6 08:32.0
148	Callum Bell	Rye Sp.Kl.	2475	42:02.8 08:36.0
149	Magnus Johansen	MHWirth	3676	42:03.4 08:37.0
150	Andreas Munck		2279	42:05.0 08:39.0
151	Mads Høgberget	Veritas BIL	2296	42:05.4 08:39.0
152	Hans Martin Nilsen	MHWirth AS	2386	42:06.0 08:40.0
153	Andreas Fløtra	Telenor	2391	42:06.6 08:40.0
154	Thomas Bølstad Martinsen		2216	42:07.9 08:41.0
155	Nedim Dizdarevic	IMDi	2270	42:08.5 08:42.0
156	Mats Aamodt	BOC	3700	42:10.5 08:44.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
157	Jean Malnory	2226	42:11.7	08:45.0	
158	Marius Berg	2225	42:13.3	08:47.0	
159	Edgars Dzenis	2427	42:14.0	08:48.0	
160	Mathias Haakon Vaugelade Berg	Technip Norge AS	2481	42:14.9	08:48.0
161	Roger Erstad	Varegg Fleridrett	2087	42:19.8	08:53.0
162	Matthieu Gaudin		2036	42:21.8	08:55.0
163	Herman Winje	Norwegian	2468	42:22.6	08:56.0
164	Andreas Jürgensen	Accenture	2245	42:24.8	08:58.0
165	Stian Solbakken Gjesdahl		2222	42:25.6	08:59.0
166	Kim Åge Martinussen		2424	42:29.6	09:03.0
167	Fridtjof Stalsberg		2212	42:29.7	09:03.0
168	Jens Conradi	Cappgemini	2261	42:31.1	09:05.0
169	Wilhelm John	Orkla Foods Norge	2471	42:34.2	09:08.0
170	Hans Martin Johnsrud	Eldretrimmen	2262	42:36.9	09:10.0
171	Kim Tingvold		2384	42:37.4	09:11.0
172	Martin Fulford	Advokatfirmaet BA-HR DA	3152	42:38.3	09:12.0
173	Magnus Willy Danielsen	Semar AS	3195	42:38.7	09:12.0
174	Thomas Wittusen	Accenture	2244	42:40.5	09:14.0
175	Arne Albrektsen	MHWirth	2278	42:41.7	09:15.0
176	Pål Strøm	Statkraft BIL	2291	42:49.3	09:23.0
177	Håvard Skånland	OBOS	2470	42:49.7	09:23.0
178	Herman Westrumthorsen	Justis- Og Beredskapsdepartementet	2459	42:52.5	09:26.0
179	Henrik Harsem	Asplan Viak	2447	42:53.1	09:27.0
180	Henning Olsen	AF Gruppen	2247	42:54.3	09:28.0
181	Morten Andreas Løchen	Hemsedal IL	2458	42:55.0	09:29.0
182	Eirik Lundblad	2xU	3608	42:56.2	09:30.0
183	Tomm Samodee		2429	42:57.8	09:31.0
184	Paal Sveen	Frontica Business Solutions	3159	43:00.7	09:34.0
185	Per Olav Sætre	Lundin Norway	2273	43:07.1	09:41.0
186	Anders Rustberggard	Aker Solutions	2251	43:11.8	09:45.0
187	André Stangebye	Lyn	353	43:12.4	09:46.0
188	Tyler Harris	Technip	3064	43:18.1	09:52.0
189	Mads Karlsen	MediaCom	2277	43:18.6	09:52.0
190	Jarle Lystad		2425	43:20.8	09:54.0
191	Jørgen Vangsnes	Erik Brofoss Athlet Club	3485	43:22.7	09:56.0
192	Eirik Kristoffersen	Rambøll	2214	43:23.7	09:57.0
193	Rikard Eriksen	Sopra Steria	2075	43:24.5	09:58.0
194	Steffen Riddervold	Rørkompaniet	2888	43:25.6	09:59.0
195	Martin Hansen		2641	43:32.6	10:06.0
196	Magnus Ravlo Stokke	JB&G AS	2271	43:34.0	10:08.0
197	Phillip Sampson		2236	43:36.5	10:10.0
198	Erlend Flaastokke	Heming IL	2051	43:39.6	10:13.0
198	Mads Lie	Norad	2282	43:39.6	10:13.0
200	Roar Gulbrandsen		362	43:39.7	10:13.0
201	Truls Winje		3486	43:41.2	10:15.0

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Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
202	Ole Kristoffer Frantzen	Fornebu S, Sommer & Vinter	3450	43:43.1	10:17.0
203	Michael Bucat		2423	43:49.3	10:23.0
204	Oscar André Halsen		2433	43:50.5	10:24.0
205	Lars Erik Bye	Pwc	2285	43:50.8	10:24.0
206	Kristian Roald	Rye Sp.Kl.	2389	43:51.7	10:25.0
207	Sam Zarrabi	Aker Solutions	2252	43:55.6	10:29.0
208	Pål Heggernes		2217	43:56.9	10:30.0
209	Even Kahrs Henriksen	Crawford & Crawman	2761	43:59.3	10:33.0
210	Øystein Myrmo		2650	43:59.5	10:33.0
211	Thomas Kristoffersen	VITO Oslo AS	2486	44:01.4	10:35.0
212	Henrik Lundin		2434	44:02.1	10:36.0
213	Eirik Tonatiah Ødegård		2026	44:04.6	10:38.0
214	Claus Håvik	Treningscamp	2599	44:05.9	10:39.0
215	Christian Berg		2859	44:06.6	10:40.0
216	Ola Natvig	Statens Vegvesen	2477	44:08.5	10:42.0
217	Morten Grundstad		2030	44:10.0	10:44.0
217	Magnus Følling	Ikano Bank SE	2579	44:10.0	10:44.0
219	Svein-Ove Lyngbø	EY	2264	44:10.6	10:44.0
220	Andreas Tollaksen	Frydensvang IL	3532	44:16.0	10:50.0
221	Rune Aas	Norwegian	2467	44:16.3	10:50.0
222	Morten Øverbye	Heggedal IL	3603	44:17.0	10:51.0
223	Edvard Hatle		2597	44:19.7	10:53.0
224	Martin Aspaas	Advokatfirmaet BA-HR DA	3149	44:21.0	10:55.0
225	Brandon Quy		2232	44:22.0	10:56.0
225	Fredrik Andreas Gjevestad		3489	44:22.0	10:56.0
227	Espen Hobber Nilsen	Team Wegger & Kvalsvik	2293	44:22.8	10:56.0
228	Sverre Urnes Johnson		2233	44:25.1	10:59.0
229	Kasper Hesselbjerg	Team Ronhill Norge	3501	44:27.1	11:01.0
230	Thomas Willy Lindgren		2645	44:33.8	11:07.0
231	Jørgen Strand	Adecco	2246	44:40.9	11:14.0
232	Jo Saakvitne		2213	44:42.1	11:16.0
233	Tov Løvgaard		2775	44:43.3	11:17.0
234	Torstein Stølan	Nedre Bjølsen Rulleskilag	2463	44:45.0	11:19.0
235	Lars Fjærvold	Eureka Pumps	2452	44:45.1	11:19.0
236	Marius Andersen	Telenor	2392	44:46.3	11:20.0
237	Hadrien Copponnex	AppearTV AS	2446	44:51.9	11:25.0
238	Yngve Ueland		2241	44:53.0	11:27.0
239	Thomas Thomsen	SpareBank 1 Oslo Akershus AS	3615	44:54.5	11:28.0
240	Dan Atle Solheim	Ringnes BIL	2670	44:57.0	11:31.0
241	Joachim Skjelbred	Amrop	2257	44:58.6	11:32.0
242	Tor Olav Eikrem	Norsk Energi	2466	44:59.4	11:33.0
243	Frode Hasla Hopstad		2220	45:03.2	11:37.0
244	Kristian Ulvestad	Lyn	2276	45:09.6	11:43.0
245	Stig Fevik	National Oilwell	3535	45:09.8	11:43.0
246	Magnusn. Boye	BAMSEBUA	2654	45:10.9	11:44.0

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Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
247	Haakon Riekeles	2437	45:21.7	11:55.0	
248	Kenneth Svartvatn	Røa IL	2474	45:22.3	11:56.0
249	Julius Lund	OBOS	2469	45:25.0	11:59.0
250	Alf Jondahl	Løplabbet Drammen	2461	45:27.3	12:01.0
251	Kristian Fosslund	Aker Solutions	2250	45:27.6	12:01.0
252	Lars-Erik Kindblad		2439	45:28.9	12:02.0
253	Knut Eric Elstad		2438	45:29.3	12:03.0
254	Eivind Hagen	Team Wegger & Kvalsvik	2292	45:32.4	12:06.0
255	Nils Gunnar Landsverk	Vegårshei IL	2484	45:32.9	12:06.0
256	Jon Petter Grandal	Veritas BIL	2485	45:39.4	12:13.0
257	Joakim Martens	Aker Solutions	2444	45:39.7	12:13.0
258	Tommy Årseth	Visma	2750	45:46.1	12:20.0
259	Kristian Stien Thomassen	Ball & Jekkert	2745	45:46.5	12:20.0
260	David Ådalen		200	45:48.2	12:22.0
261	Magnus Havikbotnjacobsen	DNB Næringsmegling	2451	45:49.8	12:23.0
262	Jonas Olai Borge	Aker Solutions	2443	45:55.0	12:29.0
263	Bastien Barriere		2636	45:59.0	12:33.0
264	Lars Erik Karlsen	Mårhundens Venner	2792	46:05.3	12:39.0
265	Audun H. Jacobsen		2860	46:06.2	12:40.0
266	Øyvind Skjerpen	Crawford & Crawman	2762	46:09.6	12:43.0
267	Joe Erlend	Visma IT	3199	46:12.2	12:46.0
268	Sverre Hødnebo		2638	46:15.5	12:49.0
269	Jørgen Ørnholt	Kredinor	2460	46:15.8	12:49.0
270	Peter Måseide	Agens BIL	2442	46:17.8	12:51.0
271	Kent Staahle	Sparebank 1 Oslo Akershus AS	2747	46:18.1	12:52.0
272	Grunde Olimstad		2240	46:19.4	12:53.0
273	Per Edwin Engen	RSM Hasner Kjelstrup & Wiggen AS	3539	46:20.4	12:54.0
274	Raymond Berntsen	Com4	2450	46:30.1	13:04.0
275	Lars Labee-Lund	Statoil	2478	46:34.5	13:08.0
276	Kenneth Chiu		2647	46:44.8	13:18.0
276	Fredrik Isnæs	Skøya Test Team	2770	46:44.8	13:18.0
278	Jan Fredrik Edbo	Tyrving IL	2483	46:45.2	13:19.0
279	Mohamed Mouse		2234	46:51.8	13:25.0
280	John Tore Aas	Telenor	2673	46:56.5	13:30.0
281	Joakim Sellberg	EVRY	2263	47:03.4	13:37.0
281	John Barry	Frontica Business Solutions	3160	47:03.4	13:37.0
283	Kim Haugen		2591	47:03.7	13:37.0
284	Mathias Berntsen		2639	47:05.2	13:39.0
285	Espen Nordli		2856	47:09.5	13:43.0
286	Henning Klevjer	Klevjer Solutions	2879	47:09.6	13:43.0
287	Christian Muri	Visma IT	3514	47:10.0	13:44.0
288	Per Christian Fosse	Rørkompaniet	2887	47:11.8	13:45.0
289	Halvor Natvig	Nittedal IL	2794	47:14.1	13:48.0
290	Borgar Næss		2435	47:16.5	13:50.0
291	Jonas Fløtre	Aker Solutions	2652	47:17.0	13:51.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
292	Ole Martin Reime	Gamlebyen Titans	2662	47:19.3	13:53.0
293	Anders Gudevold	Telenor	2482	47:30.9	14:04.0
294	Johannes Thorsnes	Thorsnes AS	2675	47:31.2	14:05.0
295	Fredrik Sandberg		3299	47:35.3	14:09.0
296	Alexander Hansson		3182	47:37.4	14:11.0
297	Andreas Gustavson	Advokatfirmaet BA-HR DA	3150	47:42.8	14:16.0
298	Øyvind K. Asphjell	IDEX ASA	2664	47:43.3	14:17.0
299	Ole Henrik Hiorth		3045	47:44.3	14:18.0
300	Kristian Monsen	Netcom	3058	47:44.8	14:18.0
301	Eirik Johnsen		2640	47:46.2	14:20.0
302	Marius Rosenberg Amundsen	Statoil ASA	2896	47:51.8	14:25.0
303	Petter Fulland	DIBkunnskap AS	2657	47:56.0	14:30.0
304	Børge Mælum	DIBkunnskap As	2656	47:56.9	14:30.0
305	Joachim Hovestøl	EH Consult	2746	48:00.6	14:34.0
306	Ram Rayamajhi	OBOS	3309	48:03.2	14:37.0
307	Filip Stasiukiewicz		2649	48:06.9	14:40.0
308	Jakob Lövdahl	Vaasa Engineering AS	2902	48:09.0	14:43.0
309	Erlend Haugen	Statoil	2672	48:11.0	14:45.0
310	Håvard Klafstad	Lundin Norway	2880	48:14.7	14:48.0
311	Vidar Graff	Aker Solutions BIL	97	48:15.8	14:49.0
312	Mikkel Melzer	National Oilwell Varco	2883	48:16.8	14:50.0
313	Bjarne SOLBAKKEN	Stranda IL	3522	48:21.2	14:55.0
314	Erlend Wegger	Statoil	2895	48:24.6	14:58.0
315	Thrond Schøyen	Scandic Fornebu	2891	48:27.1	15:01.0
316	Roy-Andre Sørheim	Sparebank 1 Oslo Akershus AS	2671	48:29.8	15:03.0
317	Morten Rydningen	1881	2867	48:30.2	15:04.0
318	Christian Lund		2866	48:30.3	15:04.0
319	Henrik Brandt	Crawford & Crawman	2759	48:32.3	15:06.0
320	Bendik Harstad	PwC	2472	48:34.8	15:08.0
321	Fredrik Skaug Fadnes	Norconsult AS	2668	48:39.1	15:13.0
322	Nicolai Ramstad	EY BIL	2265	48:40.9	15:14.0
322	Calle Lie	Bilia Fornebu	2449	48:40.9	15:14.0
324	Kenneth Braaten		2855	48:41.0	15:15.0
325	Harald Barfoed Hauge	Storebrand	3482	48:53.6	15:27.0
326	Henrik Alshus		2219	48:56.2	15:30.0
327	Jon Haakon Moe		2771	48:57.4	15:31.0
328	Erik Myhrberg		2422	48:58.4	15:32.0
329	Aleksander Meling	Storebrand	2479	48:58.6	15:32.0
330	Carl Nicolai L. Vold		2436	49:01.4	15:35.0
331	Arnt Sørheim		2646	49:06.9	15:40.0
332	Christian Kallevig Arnesen	Finansco BIF	2661	49:07.1	15:41.0
333	Anders Amundsen	Silenus AS	2893	49:11.9	15:45.0
334	Egil Østhus		2248	49:17.8	15:51.0
335	Hans Peter Aandstad		2772	49:18.0	15:52.0
336	Martin Rømuld		3043	49:21.3	15:55.0

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Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
337	Eirik Furuset	Finansco	2659	49:28.9	16:02.0
338	Martin Westeng	Lundin Norway AS	2462	49:31.5	16:05.0
339	Fenger Jørgen Grøn	Team Powerade	2177	49:35.2	16:09.0
340	Iñigo Eugui		2231	49:36.6	16:10.0
341	Aslak Dirdal	Agens	2869	49:40.5	16:14.0
342	David Nome	Frontica Business Solutions	3156	49:43.9	16:17.0
343	Henrik Taubøll	Advokatfirmaet BA-HR DA	3148	49:44.3	16:18.0
344	Andre Strand		2035	49:45.2	16:19.0
345	Christopher Alenhorn	Munkebekken RC	2667	49:48.8	16:22.0
346	Tommy Stenersen	Sparebank 1 Oslo Akershus AS	2748	49:49.8	16:23.0
347	Espen Garmel		2795	49:51.1	16:25.0
348	Hans Skarelius		2857	49:51.5	16:25.0
349	Anders Tosterud	Bilia Fornebu	2448	49:54.5	16:28.0
350	Bjørn Ove Aspren		2848	49:54.7	16:28.0
351	Ansgar Saue	Lundin Norway	2881	50:00.5	16:34.0
352	Pål Tverdahl	Finansco	2658	50:09.6	16:43.0
353	Erik Sandnes	Genus Professional Services AS	2663	50:11.9	16:45.0
354	Jan Ottersland		3046	50:12.2	16:46.0
355	Lars Skjerve		3610	50:12.6	16:46.0
356	Lars Omre-Qviller	DIBkunnskap AS	3049	50:12.9	16:46.0
357	Fredrik Lundström	Scandic Fornebu	3313	50:20.9	16:54.0
358	Andreas Backer	Andreas Backer	2653	50:26.0	17:00.0
359	Eivind Alm-Paulsen	Frontica Business Solutions	3158	50:27.7	17:01.0
360	Bakir Dizdarevic		2849	50:28.0	17:02.0
361	Tommy Grendar	Nordic Ski Team	3484	50:35.2	17:09.0
362	Carlo Mazzali		3288	50:37.0	17:11.0
363	Sondre Bry Glevoll		2850	50:41.1	17:15.0
364	Hans Ragnar Berg	RSM Hasner Kjelstrup & Wiggen BIL	2889	50:41.8	17:15.0
365	Asbjørn Horn		2642	51:01.0	17:35.0
366	Andreas Andersson	If Skadeforsikring	2877	51:10.1	17:44.0
367	Oskar Seljeskog		2853	51:14.3	17:48.0
368	Lasse Haug		2863	51:18.1	17:52.0
369	Tobias Spilling	Grieg Investor	3054	51:26.7	18:00.0
370	Nicklas Krantz		3469	51:38.6	18:12.0
371	Anders Nordby	Harald A. Møller AS	2875	51:40.0	18:14.0
372	Roland Zum Busch	EVRY	2870	51:46.5	18:20.0
373	Per Anders Frivold		3047	51:55.1	18:29.0
374	Sebastian Lund		3287	51:57.6	18:31.0
375	Magnus Holhjem	Sandefjord TIF	2476	52:04.7	18:38.0
376	Anders Anker-Rasch	Multiconsult	3191	52:05.5	18:39.0
377	Thomas Tryti Pilgrim	Oxivisuals Ultra Running Maniacs	2885	52:09.4	18:43.0
378	Erik Olstad	Glamox	2874	52:13.8	18:47.0
379	Marius Nilsen	Pexip	2886	52:21.1	18:55.0
380	Johan Hjertson	ÅF Infrastruktur AS	3619	52:25.2	18:59.0
381	Hans Olav Teksdal	Sparebank 1 Oslo Akershus AS	3316	52:27.1	19:01.0

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Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
382	Simen Nesse	2865	52:27.2	19:01.0	
383	Alexander Røv	Telenor	3499	52:28.5	19:02.0
384	Thomas Nyborg Huse	2858	52:28.6	19:02.0	
385	Chris A. Skoug	EM1	3502	52:35.6	19:09.0
386	Sven Magnus Rivertz	Advokatfirmaet BA-HR DA	3151	52:36.7	19:10.0
387	Truls Kristian Ambjørnsen	Statoil	3063	52:43.5	19:17.0
388	Lars Petter Lund	Spenncon Rail AS	2894	52:43.8	19:17.0
389	Morten Bjerke Andersen	National Oilwell Varco	3057	52:51.7	19:25.0
390	Ivar Asbjørn Bredesen	Oslo Handicapil.	3060	53:00.3	19:34.0
391	Henning Hetland	2854	53:05.3	19:39.0	
392	Anders Dynge	Vaasa Engineering AS	2903	53:26.5	20:00.0
393	Feras Gharbawi	Sykehuspartner	2897	53:29.4	20:03.0
394	Torgeir Haugen	2578	53:29.7	20:03.0	
395	Eirik Bremnes	Fornebu S, Klinik for alle	3447	53:30.0	20:04.0
396	Espen Teie	SEB	3062	53:31.9	20:05.0
397	Øistein Svelle	Storebrand Sport	3161	53:38.2	20:12.0
398	Eirik Flesjå Olsen	2215	53:47.9	20:21.0	
399	Simen Andreas Jensen	IMDi	3055	53:59.4	20:33.0
400	Fredrik Blanke	FredrikBlanke.Com	3187	54:09.3	20:43.0
401	Marius Sønsteby	ProntoTV	3061	54:17.2	20:51.0
402	Joachim Lie	3042	54:23.3	20:57.0	
403	Knut Olav Gårderhagen	2861	54:28.9	21:02.0	
404	Håvard Brændmo	3041	54:29.6	21:03.0	
405	Axel M Thorsdal	Frontica Business Solutions	3157	54:50.0	21:24.0
406	Erlend Hamberg	2852	54:50.5	21:24.0	
407	Rune Aamodt	2847	55:10.3	21:44.0	
408	Marius Strand	Norwegian Air Shuttle	2884	55:10.5	21:44.0
409	Ahmed Dahir Adareh	AGA	2440	55:25.4	21:59.0
410	Jørund Almås	Agens	3048	55:29.2	22:03.0
411	Thomas Fleischer	3293	55:32.3	22:06.0	
412	Alexander Bøe	Frontica Business Solutions	3155	55:34.2	22:08.0
413	Audun Hasund	Hasund Mek	2876	55:36.4	22:10.0
414	Jack Christiansen	Finansco BIF	2871	55:38.9	22:12.0
415	Vidar Kruse Måløy	Acento Finance	2868	55:47.8	22:21.0
416	Haakon Michael Austad	If P&C	3305	55:55.6	22:29.0
417	Magnus Olderøy	Oslo Universitetssykehus	3310	55:58.1	22:32.0
418	Andreas Slinning	3185	56:01.6	22:35.0	
419	Andreas J Standahl	Team Standahl	2898	56:24.6	22:58.0
420	Rune Nakstad	Golder Associates AS	3053	56:41.3	23:15.0
421	Ryan Adair	Lundin Norway	3056	56:45.8	23:19.0
422	Prashant Sharma	Finansco BIF	3051	57:44.2	24:18.0
423	Stian Myhre	Fornebuporten AS	3304	57:47.1	24:21.0
424	Dag Sverre Lange	Fornebu S, Lefdal	3153	58:04.9	24:38.0
425	Dag Vanberg	Frontica Business Solutions	3154	58:30.7	25:04.0
426	Åge Sveum Sveum	3298	58:47.7	25:21.0	

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 23-39 år (Påmeldt: 526 - Startet: 526 - Fullført: 434 - Premier: 0)					
427	Grzegorz Kakol	Scandic Fornebu	2072	59:04.5	25:38.0
428	Djamel Adjou		3472	59:44.9	26:18.0
429	Ole-André Sannes	Northern Beat	3307	01:00:22.0	26:56.0
430	Anders Fagerhus	Northern Beat	3308	01:00:22.9	26:56.0
431	Gabriel Cristea	Scandic Fornebu	3314	01:00:35.2	27:09.0
432	Stewart Mcgregor	Lundin	3496	01:00:58.0	27:32.0
433	Daniel Vilches	Fornebu S, KUTT Frisør	3449	01:01:16.6	27:50.0
434	Christopher Vedeler		3044	01:01:21.5	27:55.0
435	Joachim Wulff	DNB	3050	01:03:08.7	29:42.0
436	Johnny Yttervik		3295	01:03:23.9	29:57.0
437	Martin Appel		3296	01:03:32.7	30:06.0
438	Jonas Spildrejordet		3290	01:04:19.6	30:53.0
439	Henrik Schiander		3689	01:07:25.8	33:59.0
440	Christoffer Berg		3300	01:08:08.9	34:42.0
441	Mathias Vedvik		2864	01:09:23.2	35:57.0
442	Amir Mohdghazali	Statoil	3317	01:12:00.8	38:34.0
443	Petr Pisarev		3294	01:15:20.6	41:54.0
444	Freddy Nordnes	De3Stuer	3303	01:19:57.0	46:31.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 40-44 år (Påmeldt: 0 - Startet: 0 - Fullført: 0 - Premier: 0)					
1	Tanja Istad		467	16:12.5	00:00.0
2	Agnes Grutle Brande		2908	17:17.1	01:05.0
3	Cathrine Aga		469	18:07.9	01:55.0
4	Susana Sontum		466	24:32.1	08:20.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 40-44 år (Påmeldt: 42 - Startet: 42 - Fullført: 29 - Premier: 0)					
1	Gunhild Halle Haugen		1076	17:05.0	00:00.0
2	Siri Rostoft	BUL	1077	18:46.5	01:41.0
3	Charlotte Knudsen	Royal Sportsklubb	1190	19:08.0	02:03.0
4	Marianne Sandvik	Oslo Politis IL	1145	19:21.3	02:16.0
5	Alexandra Bjerch-Andresen	BUL	1663	21:17.6	04:12.0
6	Ellen Helene Melaaen Døssland	Statoil/Sk Kraft	1258	24:10.2	07:05.0
7	Therese Istad	Oslofjord Triathlon	1662	24:12.4	07:07.0
8	Gjertrud Aanestad	Røa IL	1256	24:15.4	07:10.0
9	Monica Grönvall		1253	24:36.4	07:31.0
10	Lise Lilleengen		1248	25:46.7	08:41.0
11	Anette Knoph Lerø	Fossum IF	1255	26:02.5	08:57.0
12	Karianne Mo	Sportsklubben Kraft	1479	26:33.8	09:28.0
13	Anne Katrine Lieng Jacobsen	Lundin Norway	1475	26:38.7	09:33.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 40-44 år (Påmeldt: 42 - Startet: 42 - Fullført: 29 - Premier: 0)					
14	Linda Wiik	Friskvernklubben	1144	26:43.6	09:38.0
15	Kristine Dahl	Rolfsbukta Ski Og Ball	1257	26:43.9	09:38.0
16	Anniken Berg		1249	27:43.0	10:38.0
17	Karianne Prytz	OBOS	1476	28:22.2	11:17.0
18	Synne Torkildsen		1465	28:47.2	11:42.0
19	Hege Furfjord	Røa IL	1477	29:17.8	12:12.0
20	Anita Bergh Ankarstrand	IL Nedibunn	1474	30:56.8	13:51.0
21	Marit Moen		1466	31:28.8	14:23.0
22	Connie Fredheim		1642	31:51.8	14:46.0
23	Solveig Eiker		1646	33:02.5	15:57.0
24	Katarina Christiansen		1462	33:18.3	16:13.0
25	Elin Ekrol		1464	34:47.8	17:42.0
26	Margrete Raugstad		1472	34:54.3	17:49.0
27	Cathrine Bogstad		1469	35:23.2	18:18.0
28	Hor Sher-Li		1463	35:39.4	18:34.0
29	Monica Ødegaard		1471	37:08.4	20:03.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 40-44 år (Påmeldt: 89 - Startet: 89 - Fullført: 56 - Premier: 0)					
1	Elin Sjaastad		2298	42:37.6	00:00.0
2	Karen Marie Løwe Lange		2487	42:49.2	00:12.0
3	Thine Wilkens Jernberg	Kjelsås IL	2300	42:51.7	00:14.0
4	Rut Krüger Giverin	Utenriksdepartementet	2492	44:37.2	02:00.0
5	Jannike Jansch	Fossum IF	2488	44:52.0	02:15.0
6	Margot Lynum	Byåsen IL	2581	45:48.5	03:11.0
7	Heidi Tronbøl	Rye Sp.Kl.	2582	45:51.6	03:14.0
8	Mona Eek-Jensen	Nordea	2490	45:54.3	03:17.0
9	Petra Jensen		2682	45:56.7	03:19.0
10	Nina Charlotte Langehaug-Sauret		2681	46:52.4	04:15.0
11	Helene Løvkvist	Fossum IF	2683	47:18.4	04:41.0
12	Karin Westerberg		2680	47:27.7	04:50.0
13	Bente Grundt Hansen	Frontica	2489	47:35.6	04:58.0
14	Anett Warnstrøm		2089	47:37.6	05:00.0
15	Hege Vethe	Ikano Bank SE	2751	47:59.2	05:22.0
16	Elisabeth Lundhansen		2679	48:06.0	05:29.0
17	Ingebjørg Klausen	Fjords Processing	2914	48:23.9	05:46.0
18	Anne Ulset		3519	48:37.3	06:00.0
19	Kristin Ørberg		3520	48:38.8	06:01.0
20	Silja Svanstrøm Amundsen	OSI Friidrett	2061	48:50.3	06:13.0
21	Lene Briseid		3069	49:12.0	06:35.0
22	Linda Maria Krekling		2677	50:25.8	07:48.0
23	Renee Marie Olsen	Haslum Ski	2590	50:39.1	08:02.0
24	Anne Kristine Risvand Myrseth		3070	50:57.2	08:20.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 40-44 år (Påmeldt: 89 - Startet: 89 - Fullført: 56 - Premier: 0)					
25	Anita Rusten	EVRY	3072	51:03.7	08:26.0
26	Margrete Klæboe Manley		2911	51:13.9	08:36.0
27	Åsa Torvund		3333	51:19.2	08:42.0
28	Kristina Tangeraas		3066	52:02.1	09:25.0
29	Ingrid Fossgard-Moser	Statoil	2685	52:26.4	09:49.0
30	Michelle Thoresen		2678	53:08.7	10:31.0
31	Irene Jarland	Bærums Verk IF	2913	53:10.4	10:33.0
32	Ellen Sundklakk	Friskvernklubben	84	53:42.7	11:05.0
33	Monica Husum		3480	53:46.8	11:09.0
34	Bärbel Traub Waagan	Statoil	3343	54:12.7	11:35.0
35	Mona Bingen	Telenor	3456	54:22.6	11:45.0
36	Ulrika Leikvang	Telenor	2687	54:37.9	12:00.0
37	Hege Henriksen	Hent	3453	54:39.6	12:02.0
38	Elizabeth Acklam		3067	54:50.8	12:13.0
39	Wibecke Ødegård Johansen		3328	55:08.3	12:31.0
40	Jeanette Meland		3331	55:15.8	12:38.0
41	Kristin S. Indredavik		2907	55:18.5	12:41.0
42	Cecilie Varsi	Oslo Universitetssykehus	2917	55:21.6	12:44.0
43	Gry Rømo		3196	56:02.8	13:25.0
44	Patricia Ask	Ikano Bank SE	2752	56:30.3	13:53.0
45	Christine Undseth	Røa IL	3341	56:54.7	14:17.0
46	Idunn Søvik	Millum	2915	57:12.5	14:35.0
47	Berit Benjaminsen		3335	57:20.1	14:43.0
48	Lene Kristoffersen	Sparebank 1 Oslo Akershus AS	3454	57:32.6	14:55.0
49	Grethe Tveitnes-Iversen		3068	57:35.1	14:58.0
50	Sabrina Mølsæter	Sabrinas Sportsteam	2789	58:01.5	15:24.0
51	Ingrid Paxal		3451	58:20.0	15:43.0
52	Elisabeth Evjen		3330	59:37.2	17:00.0
53	Reyhan Gursoy Caliskan		3332	01:00:47.0	18:10.0
54	Lotte Frost	Bedriftsidretten	3338	01:01:04.0	18:27.0
55	Dagmar Nowatzky		3320	01:01:22.6	18:45.0
56	Victoria Bø		3334	01:02:57.3	20:20.0
57	Lise Kristiansen		3329	01:03:31.2	20:54.0
58	Ingrid Lofthus		3325	01:04:00.1	21:23.0
59	Nina Langseid		3326	01:04:05.2	21:28.0
60	Nina Irgens	Bjarg IL	3339	01:05:10.0	22:33.0
61	Christina Schie Helseth		3327	01:08:56.5	26:19.0
62	Beathe Haugseggen Rekdal	Sparebank 1 Oslo Akershus AS	3342	01:10:42.4	28:05.0
63	Emily Zhang	Frontica Business Solutions	3162	01:11:58.6	29:21.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 40-44 år (Påmeldt: 35 - Startet: 35 - Fullført: 32 - Premier: 0)					
1	Øystein Mørk	Sportsklubben Kraft	1090	15:22.7	00:00.0

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5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 40-44 år (Påmeldt: 35 - Startet: 35 - Fullført: 32 - Premier: 0)					
2	Jan Briseid	Tikampen.No	1092	16:24.7	01:02.0
3	Rune Følstad	Lillomarka Skiklubb	1089	17:06.4	01:44.0
4	Øystein Solheim		1082	17:11.2	01:49.0
5	Thomas ALSGAARD		1188	17:22.1	02:00.0
6	Sverre Alvik	VBIL	1094	17:28.4	02:06.0
7	Trond Hansen	Sportsklubben Vidar	1154	17:31.1	02:09.0
8	Erik Mikkelsen	Statoil BIL	1091	17:41.9	02:19.0
9	Eirik Ottesen		1084	17:42.8	02:20.0
10	Øyvind Kjølstad	Vikersund	1150	17:45.4	02:23.0
11	Øivind Ødeskaug		1080	18:30.6	03:08.0
12	Rune Nordengen	Bull & Co	1088	18:31.3	03:09.0
13	Eirik Asp		1085	18:35.5	03:13.0
14	Dag Eirik Gjerken	VIVENTO	1186	18:37.3	03:15.0
15	Vemund Aker	Treningscamp	1093	19:13.8	03:51.0
16	Bengt Lund	Sportsklubben Vidar	1159	19:22.2	04:00.0
17	Darshana Desilva	Telenor	1160	19:26.8	04:04.0
18	Morten B. Hæhre	Åmot IF	1086	19:34.8	04:12.0
19	Mathew Pegg	Oslo Idrettslag	1185	20:09.2	04:47.0
20	Ole-Christian Andersen	Bøler IF	1087	20:17.2	04:55.0
21	Andreas Werner	IDEX ASA	1481	23:04.7	07:42.0
22	Richard Johansen		1260	23:13.6	07:51.0
23	Even Røgeberg	Telenor Norge	1264	23:33.0	08:11.0
24	Haakon Jensen		1261	24:07.5	08:45.0
25	Kjetil Bøhmer	Team Wegger & Kvalsvik	1263	24:10.8	08:48.0
26	Odd Kolbjørnsen	Lundin Norway	1262	24:56.4	09:34.0
27	Pål Thorleif Tollefsen	Tag Heuer	1483	25:27.8	10:05.0
28	Rafael Albea		1628	27:00.6	11:38.0
29	Leif Anders Mo	Sportsklubben Kraft	1482	27:29.6	12:07.0
30	Fredrik Sjursæther		1259	28:25.9	13:03.0
31	Oddmund Tronstad		1480	28:26.8	13:04.0
32	Espen Gundersen		1643	31:51.7	16:29.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 40-44 år (Påmeldt: 179 - Startet: 179 - Fullført: 144 - Premier: 0)					
1	Odd-Bjørn Hjelmeset	Bama	2100	33:26.3	00:00.0
2	Runar Sæther	Rye Sp.Kl.	2112	34:47.8	01:21.0
3	Kjetil Sørum	Stavern Sport	2172	35:31.6	02:05.0
4	Jo Simen Skog		3524	35:52.2	02:26.0
5	Klaus Øiseth		2093	35:59.7	02:33.0
6	Even Chiodera	Royal Sportsklubb	2111	36:04.4	02:38.0
7	Carl-Johan Bergenstjerna		2094	36:32.2	03:06.0
8	Robert Eikheim	Rye Sp.Kl.	2151	36:51.0	03:25.0
9	Morten Omland	Kjelsås IL	2104	36:52.7	03:26.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 40-44 år (Påmeldt: 179 - Startet: 179 - Fullført: 144 - Premier: 0)					
10	Tarjei Sandnes	Sektor Gruppen	2179	36:58.9	03:32.0
11	Andreas Gossner		2091	37:43.1	04:17.0
12	Pål Fritsvold	Norconsult BIL / Nordstrand IF, Triathlon	2183	37:57.0	04:31.0
13	Charles Halaas	Aibel	2158	37:57.5	04:31.0
14	Roar Tomter	Askim IF	2099	38:02.2	04:36.0
15	Thomas Tronstad	OBOS	2109	38:19.1	04:53.0
16	Torbjørn Liestøl	Ullensaker/Kisa IL	2116	38:40.3	05:14.0
17	Pål-Andre Thorsby	Nesodden ProTour	2105	38:47.0	05:21.0
18	Joachim Helstad		2092	38:55.7	05:29.0
19	Håvard Ølstørn		2313	39:07.3	05:41.0
20	Jacob Knudsen	Hoegh Sport	3686	39:13.0	05:47.0
21	Joakim Wethal	BUL	2101	39:16.8	05:50.0
22	Nils Ola Sande	NSHP	2108	39:23.7	05:57.0
23	Åge Mikael Strand	Grindvoll IL	2103	39:31.4	06:05.0
24	Håkon Borge	Ås IL	2317	39:31.5	06:05.0
25	Jonathan Williams	Triathlon	2115	39:32.5	06:06.0
26	Yiannis Filolias		2167	39:33.3	06:07.0
27	Martin Mølsæter	Sabrinas Sportsteam	2113	39:34.6	06:08.0
28	Christian Steffensen	Røa IL	2110	39:37.7	06:11.0
29	Tero Markus Paivarinne	Sportsklubben Vidar	2797	39:39.9	06:13.0
30	Lasse Schøning	Norsky	2332	39:43.4	06:17.0
31	Stig Olav Rognstad		2095	40:00.7	06:34.0
32	Hans Otto Bjørkå	Skanska Aktiv	2336	40:14.8	06:48.0
33	Thor Eirik Ruud	Norconsult BIL	2307	40:17.0	06:51.0
34	Marius Five Aarset	ABB BIL	2314	40:24.5	06:58.0
35	Per Kristian Lie Løwe		2494	40:37.0	07:11.0
36	Vegard Sivertsen		3529	40:41.6	07:15.0
37	Geir Grønseth		2393	40:50.4	07:24.0
38	Øystein Rastad	Lundin Norway	2330	41:00.6	07:34.0
39	Tor Erik Dahl		2303	41:13.6	07:47.0
40	Martin Knoph		369	41:40.1	08:14.0
41	Thomas Wiik Tønnesen	KLP	2328	41:40.5	08:14.0
42	Jon Haldorsen	Milslukern	2331	41:46.1	08:20.0
43	Frode Torvund		2310	41:49.2	08:23.0
44	Mauritz Løvgren	EnjoyIT AS	2102	41:49.9	08:23.0
45	Thomas Weihe		2308	41:53.6	08:27.0
46	Torkel Engeness	Intelecom	2327	41:53.9	08:27.0
47	Thomas Heum Jacobsen		2305	41:58.4	08:32.0
48	Karl Henrik Lilleheier	Ås IL	2316	42:05.1	08:39.0
49	Erlend B. Jenssen		2098	42:05.5	08:39.0
50	Jon Knudsen	NTG Bærum	2333	42:25.2	08:59.0
51	Mattias Ahnoff		2302	42:27.5	09:01.0
52	Svein Anders Aarsbog		3498	42:31.0	09:05.0
53	Mats Sollie	Storebrand Sport	3493	42:33.9	09:07.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 40-44 år (Påmeldt: 179 - Startet: 179 - Fullført: 144 - Premier: 0)					
54	Andreas Blom	Frontica Business Solutions	3165	42:35.7	09:09.0
55	Jon Ivar Kroken	Telenor Bil	2779	42:37.3	09:11.0
56	Terje Michelsen	Nordea	2107	42:39.2	09:13.0
57	Alexander Molvig	YNWA	2197	42:40.3	09:14.0
58	Mike Allcock	Aker Solutions BIL	2315	42:42.9	09:16.0
59	Øystein Gjessing Karlsen		3691	42:55.8	09:29.0
60	Ole Jørgen Rød		2304	42:59.3	09:33.0
61	Bård Jørund Øverland	Sandvin	2335	43:01.9	09:35.0
61	Arild Høiby	REBIL	2507	43:01.9	09:35.0
63	Espen Seidel	Finansco	2325	43:03.0	09:37.0
64	Bengt Neteland	Lotma	2394	43:16.0	09:50.0
65	Geir Hoff	Sweco BIL	2338	43:16.1	09:50.0
66	Jonas Ballestad	Drammen Sykehus	2322	43:20.3	09:54.0
67	Espen Ødegaard	Gærningen Skiklubb	3683	43:22.4	09:56.0
68	Morten Torgersen	Storbrand	2510	43:23.6	09:57.0
69	Thomas Gulbrandsen	Nettavisen	2784	43:25.7	09:59.0
70	Mads Thorsen	Fornebu S, KLP	3457	43:33.3	10:07.0
71	Arve Borchgrevink	Grant Thornton BIL	2501	43:35.9	10:09.0
71	Øystein Johansen	Vollen	3618	43:35.9	10:09.0
73	Trond Gabrielsen	Asker Skiklubb	2318	43:37.9	10:11.0
74	Espen Andersen	Enjoy Sport	2324	43:40.0	10:14.0
75	Bengt Solheimdal Johansen	Veritas BIL	2339	43:41.8	10:15.0
76	Aage Lorentzen Christensen	Sparebank 1 Oslo Akershus AS	2584	44:01.6	10:35.0
77	Geir Ankarstrand	IL Nedibunn	2504	44:25.9	10:59.0
78	Amund Hønningstad	Lundin	2329	44:30.1	11:04.0
79	Øyvind Wang	Hvam IL	2502	44:45.7	11:19.0
80	Jaan Ivar Semlitsch	Elkjøp Nordic	2323	45:14.7	11:48.0
81	Luis Conceicao	Tjalve	2595	45:20.5	11:54.0
82	Trym Andreassen		2583	45:31.8	12:05.0
83	Bjørn Leren	Frontica Business Solutions	3163	45:34.0	12:08.0
84	Arild José Jensen	KIAT BIL	3692	45:34.7	12:08.0
85	Trond Myhre		2690	45:40.1	12:14.0
86	Mattias Lövkvist	Sykehuspartner	2511	45:46.9	12:20.0
87	Robert Bijmolen	Oslo Brann Og Redningsetat	2698	45:49.2	12:23.0
88	Brage Rønningen	Lundin Norway	2506	45:53.3	12:27.0
89	Stian Langgaard-Nielsen		2769	45:55.8	12:29.0
90	Knut Ellevog	Statoil BIL	2509	46:00.9	12:34.0
91	Håvard Kurås		2694	46:14.2	12:48.0
92	Tore Gjerstad		2498	46:15.2	12:49.0
93	Thomas Fjell		3198	46:47.7	13:21.0
94	Vegard Kristiansen		2696	46:50.5	13:24.0
95	Øyvind Langeland	Holmen Auto	2930	47:05.4	13:39.0
96	Åge Rasmussen		2692	47:12.5	13:46.0
97	Tor Ivar Kanestrøm		2495	47:47.8	14:21.0
98	Erik Remy Åserud		2918	47:55.5	14:29.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 40-44 år (Påmeldt: 179 - Startet: 179 - Fullført: 144 - Premier: 0)					
99	Åge Bryan Olsen	Sparebank 1 Oslo Akershus AS	86	48:15.3	14:49.0
100	Leif Erik Havnen	IDEX ASA	2503	48:19.0	14:53.0
101	Anders Bjerkestrand	Eika	2929	48:29.3	15:03.0
102	Hermund Alne	Sykehusapotekene HF	87	48:38.4	15:12.0
103	Tom Jørgen Gundersen-Lindholm		2924	48:49.0	15:23.0
104	Olav Høgetveit		3609	48:53.2	15:27.0
105	Henrik Muri	Sparebank 1 Oslo Akershus AS	2337	49:03.7	15:37.0
106	Vegar Gunnerud		2791	49:08.0	15:42.0
107	Tony Ørsleie	Sportsmaster	350	49:10.3	15:44.0
108	Jørgen Liavaag Næss		2493	49:14.2	15:48.0
109	Lars Røise	Røa IL	2508	49:15.5	15:49.0
110	Jon-Vidar Schneider		2496	49:16.2	15:50.0
111	Stephan Haslay	Vinetum AS	2766	49:37.0	16:11.0
112	Knut Vatsendvik	Bærum Kampsport	85	49:43.1	16:17.0
113	Pär Lundberg	Telenor	88	49:45.4	16:19.0
114	Christopher Hodkin	Frontica Business Solutions	3164	49:50.2	16:24.0
115	Tormod Helgesen		3511	50:05.2	16:39.0
116	Lars Velund		2688	50:08.4	16:42.0
117	Tummas Pauli Myri	Lundin	2931	50:18.6	16:52.0
118	Daniel Forchhammer	Lundin Norway	2932	50:19.5	16:53.0
119	Tim Robert Skaflestad		3345	50:39.2	17:13.0
120	Frode Veie		3546	51:20.9	17:54.0
121	Anders Natås	IDEX ASA	3077	51:28.1	18:02.0
122	Terje Gustavsen		2920	51:28.8	18:02.0
123	Frode Bakkehøi	EVRY	3076	51:38.7	18:12.0
124	Hans Kristian Stavem		3350	51:40.0	18:14.0
125	Ronny Sjølie	Byggmestern.No	2319	51:40.9	18:14.0
126	Vegard Pettersen		3075	51:46.2	18:20.0
127	Tommy Reitan		2919	52:17.1	18:51.0
128	Pål Westbye		2695	53:14.8	19:48.0
129	Morten Aas		3186	53:21.9	19:55.0
130	Robert Valenti		2922	53:26.9	20:00.0
131	Timothy Ward		3073	53:49.7	20:23.0
132	Per Kristian Andersen		2691	54:40.8	21:14.0
133	Jørn Haugan	Indra Navia :3	3078	54:44.9	21:18.0
134	Knut Sæther	Byggmestern.No	2320	55:06.3	21:40.0
135	Tore Sergei Myklebust	Starworks	2699	55:07.6	21:41.0
136	Anders Meland		3347	55:08.2	21:42.0
137	Haakon Moskvil	ÅF Infrastruktur AS	2926	55:10.0	21:44.0
138	Tommy Trippestad		3074	55:16.1	21:50.0
139	Remi Løvhøiden		3352	55:28.7	22:02.0
140	Kim Alexander Jørgensen	Lundin Norway AS	2933	56:02.6	22:36.0
141	Gustaf Gustavsson		3348	57:10.5	23:44.0
142	Israel Polonio		2921	01:01:06.8	27:40.0
143	Viggo Blix	Veritas BIL	2935	01:01:38.7	28:12.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 40-44 år

(Påmeldt: 179 - Startet: 179 - Fullført: 144 - Premier: 0)

144	Fredrik Aars-Rynning	SKATT & REGNSKAP AS	3509 01:02:35.1	29:09.0
145	Cato Storm	PayEx/Okb	2934 01:10:00.6	36:34.0
146	Torkild Persbraaten		3349 01:11:19.1	37:53.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 45-49 år

(Påmeldt: 0 - Startet: 0 - Fullført: 0 - Premier: 0)

1	Edna Brun		451 20:57.9	00:00.0
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5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 45-49 år

(Påmeldt: 30 - Startet: 30 - Fullført: 27 - Premier: 0)

1	Ine Wigernæs	Øystre Slidre IL	1146 18:30.3	00:00.0
2	Mette Bakken Skauerud	Sportsklubben Vidar	1097 19:29.0	00:59.0
3	Anne Myhr	Sportsklubben Vidar	1096 21:00.8	02:30.0
4	Deirdre Nsubuga		1634 21:43.2	03:13.0
5	Trine Tjøm	Fossum IF	1265 22:50.9	04:20.0
6	Marit Aittovaara		1635 23:03.8	04:33.0
7	Elisabeth Wiggen	Statoil BIL	1500 24:54.4	06:24.0
8	Annette Race	Sykehusapotekene HF	1610 27:05.3	08:35.0
9	Inger Søyland Ødegaard		1495 27:43.6	09:13.0
10	Kari-Ann Omlie Birkeland	Statoil BIL	1499 28:22.7	09:52.0
11	Mona Bergli Chriatiansen		1490 29:22.6	10:52.0
12	Kjersti Rønningen		1647 30:05.5	11:35.0
13	Anita Eriksson		1494 30:13.0	11:43.0
14	Kathrine Sørdsdal		1485 30:14.8	11:44.0
15	Tina Usher		1496 30:22.0	11:52.0
16	Anne Jøran Bratås	Unicare	1502 31:41.3	13:11.0
17	Vivian Olsen Haugen		1491 32:00.6	13:30.0
18	Iuliana Neråsen		1488 32:10.2	13:40.0
19	Hilde Eriksen	Friskvernklubben	1609 32:29.1	13:59.0
20	Liv Caspersen		1486 33:07.3	14:37.0
21	Anja Thuesen	Lundin	1095 33:33.8	15:03.0
22	Linda Langeland	Holmen Auto	1498 34:06.3	15:36.0
23	Irene Settingsgard	Friskvernklubben	1608 34:18.0	15:48.0
24	Cecilia Høyby		1497 35:16.0	16:46.0
25	Anita Burud Korsmo		1492 38:03.5	19:33.0
26	Cathrine Heyerdahl		1487 40:59.2	22:29.0
27	Anita Kampeseter	Unicare Friskvernklubben	1503 47:34.1	29:04.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
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EQTIMING	PUBLISHED TIME	SIGN	STATUS	PRINT TIME	PAGE
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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 45-49 år (Påmeldt: 72 - Startet: 72 - Fullført: 55 - Premier: 0)					
1	Helene Christine Groth	SK Kraft	2341	41:25.6	00:00.0
2	Monica Ragnvaldsen		2340	42:03.1	00:38.0
3	Mona Rydland	BUL	2399	42:50.1	01:25.0
4	Guri Sogn-Larssen	IL Try/ Stamina Group BIL	3517	43:33.2	02:08.0
5	Hanna Blom Breivik	IL Bevern - Friidrett	2518	43:41.8	02:16.0
6	Ellen Christine Karlsen	Aibel Bil	2516	44:28.5	03:03.0
7	Elisabeth De_lange	Jutul	2519	45:35.3	04:10.0
8	Ylje Wiede	Ikano Bank SE	2753	45:57.4	04:32.0
9	Herdis Dugstad		2512	46:39.3	05:14.0
10	Annette Støren Nyborg		2940	46:43.4	05:18.0
11	Anne Eldegard	SK Vidar	3602	46:51.4	05:26.0
12	Annicken Kildahl	Grieg Team	2703	47:02.4	05:37.0
13	Reidun Wang	Høvik Jogg	2704	47:18.1	05:53.0
14	Janne Lørvstad		2514	47:20.9	05:55.0
15	Bente Holby Ruzicka		2700	47:45.7	06:20.0
16	Eli Krogstad	Røa IL	2520	48:02.9	06:37.0
17	Karianne Ekern	Skiløperne	2937	48:20.1	06:55.0
18	Iren Strømstad		2939	48:53.6	07:28.0
19	Birgithe C. Thamdrup		2515	49:12.9	07:47.0
20	Kari Larsen	Treningscamp	2945	49:13.7	07:48.0
21	Irene Nordrum Rakvåg	Team Lumbago	2707	49:48.7	08:23.0
22	Cece Finnerud		89	50:44.5	09:19.0
23	Stine Ramstad Westby		2936	51:00.9	09:35.0
24	Britt Røed Lohne	Team Wegger & Kvalsvik	2944	51:45.9	10:20.0
25	Elisabeth Hjelmset	Bama	2517	52:25.8	11:00.0
26	Gunvor Tunesvik Langseth		3358	52:38.7	11:13.0
27	Heidi Reese	Friskvernklubben	90	52:50.3	11:25.0
28	Birgitte Eidsten Tollersrud	Team Kolsås	2943	53:19.9	11:54.0
29	Marit Alstad	Millum	2706	53:21.1	11:56.0
30	Trine M.t. Skorpen	Vinetum AS	378	53:55.5	12:30.0
31	Ellen Paulssen		3084	54:01.5	12:36.0
32	Siw-Mette Thomassen	Storebrand Sport/Treningscamp	2767	54:29.7	13:04.0
33	Ingunn Korsmo	Ing Per Gjerdrum As	2941	54:46.3	13:21.0
34	Kathinka Bruun		3081	54:51.0	13:26.0
35	Elisabeth Scheel Zayed		2701	54:57.1	13:32.0
36	Kathrine Nielsen		3510	55:11.9	13:46.0
37	Torunn Roland Bade		3362	55:28.9	14:03.0
38	Liv Jorunn Wøien	Fossum IF	3372	56:13.4	14:48.0
39	Kjersti E. Andersen		3364	56:14.1	14:49.0
40	Hege Torrissen	EVRY	3087	56:20.5	14:55.0
41	Anita Runde Alstergren		3459	56:34.2	15:09.0
42	Heidi Bakken	Veritas BIL	3089	56:43.5	15:18.0
43	Helene Brandal		3366	56:56.4	15:31.0
44	Kristin Ekstrøm		3083	57:50.6	16:25.0
45	Ingeborg Årøe		3371	58:30.2	17:05.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 45-49 år (Påmeldt: 72 - Startet: 72 - Fullført: 55 - Premier: 0)					
46	Bente Hayes	Sykehusapotekene HF	3467	58:41.1	17:16.0
47	Line Larsen		3365	58:45.2	17:20.0
48	Anita Evjen Hagtvedt		3361	01:00:19.3	18:54.0
49	Ann-Lisbeth Tveter Rødningsby		3367	01:00:30.1	19:05.0
50	Hilde Haugbotn		3357	01:00:36.7	19:11.0
51	Buff Jensen	Oslofjord triatlon	3506	01:01:28.3	20:03.0
52	Caroline Malme		2513	01:01:54.9	20:29.0
53	Marianne Ring-Andersen		3080	01:03:01.5	21:36.0
54	Anne Bugge		3370	01:03:30.7	22:05.0
55	Heidi Barlie	Lundin Norway	3192	01:04:51.9	23:26.0
56	Christin Waleur Jansen		3369	01:05:03.9	23:38.0
57	Anette Kristiansen	Fenring IL	3530	01:06:47.4	25:22.0
58	Vivian Henningsen		3085	01:07:54.4	26:29.0
59	Hege Maria Aas		3086	01:07:56.7	26:31.0
60	Tine Mjølnerød	Privat	3374	01:09:24.2	27:59.0
61	Vibeke Engebretsen	If Skadeforsikring	3373	01:12:45.1	31:20.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 45-49 år (Påmeldt: 30 - Startet: 30 - Fullført: 24 - Premier: 0)					
1	Kjell Richard Botten	Gjerpen IF/Skagerrak SK	1149	15:54.2	00:00.0
2	Håkon Hjemly	Tønsberg Fri-Idrettsklubb	1107	16:08.8	00:14.0
3	Jon Per NYGAARD	Ren-Eng, FIK - Friidrett	1104	16:37.4	00:43.0
4	Aleksander Stray	Bygdø IL	1102	16:41.7	00:47.0
5	Jon Ilseng	Bøler IF	1100	16:50.7	00:56.0
6	Jørgen Saxegaard		1098	18:31.1	02:37.0
7	Christopher Aalholm	Sportsklubben Vidar	1106	19:25.0	03:31.0
8	Eirik Flaa	Gåping IL	1189	19:39.5	03:45.0
9	Geir Olsen	Lyn	1152	20:30.8	04:36.0
10	Knut-Magnar Aanestad	Røa IL	1105	21:08.5	05:14.0
11	Knut Magne Mork	EH Consult	1304	22:30.6	06:36.0
12	Øystein Næss	Biceps	1658	22:36.4	06:42.0
13	Jakob Mo	Lundin	1269	25:29.2	09:35.0
14	John-Iver Stakston	Tag Heuer	1509	25:29.5	09:35.0
15	Håvard O. Wiger	Fornebuporten	1508	26:04.0	10:10.0
16	Petter Ove Utgård	Mitsubishi Electric	1630	26:05.1	10:11.0
17	Leif Olsen		1632	26:08.2	10:14.0
18	Geir Antonsen	EH Consult	1612	27:52.4	11:58.0
19	Thore Weiby		1507	28:25.8	12:31.0
20	Truls Børkeeiet		1504	32:23.8	16:29.0
21	Ragnar Håvie	BREVPOST.II Oslo	1611	33:22.1	17:28.0
22	Knut Ringen		1506	33:28.1	17:34.0
23	Harald Stener		1505	35:50.1	19:56.0
24	Marius Heltne	Vivil	1510	37:33.3	21:39.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 45-49 år

(Påmeldt: 30 - Startet: 30 - Fullført: 24 - Premier: 0)


10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 45-49 år

(Påmeldt: 147 - Startet: 147 - Fullført: 118 - Premier: 0)

1	Are Birkeli		2169	36:19.5	00:00.0
2	Øyvind Simonsen	AEmulator	3690	36:43.4	00:24.0
3	Marius Pedersen	Nesodden IF	2123	37:01.6	00:42.0
4	Peter Mugisha	Nesodden IF	2124	37:09.1	00:50.0
5	Håvard Fagervoll Olden	Oslo Politis IL	2188	37:10.4	00:51.0
6	Ole Bjerkek		2199	38:04.7	01:45.0
7	Jan Kildahl		2189	38:12.2	01:53.0
8	Erik Tjøtta	Fossum	3612	38:33.5	02:14.0
9	Arnfinn Pedersen	Nesodden IF	2173	38:34.4	02:15.0
10	Thomas Konow	Norconsult BIL	2181	38:36.8	02:17.0
11	Geir Mathiesen		2345	39:10.4	02:51.0
12	Geir Harald Aase	Ullsfjord SK	2126	39:18.0	02:59.0
13	Geir Thoresen	Røa IL	2182	39:22.4	03:03.0
14	Peter Knutzen		2118	39:26.2	03:07.0
15	Halvor Mansåker		2119	39:47.5	03:28.0
16	Arvin Patel	BUL	2152	40:09.1	03:50.0
17	Rolf Odner		2117	40:10.5	03:51.0
18	Jon Jørgensen		2400	40:37.9	04:18.0
19	Erik Finborud	Tyrving IL	3478	40:47.7	04:28.0
20	Espen Alfredsen		2344	41:02.7	04:43.0
21	Lars Ole Allum	Høvik IF	2121	41:06.3	04:47.0
22	Tom Widerøe	Lundin Norway AS	2358	41:13.4	04:54.0
23	Fred Morgan Larsen	Varteig IL	2546	41:15.6	04:56.0
24	Baard Henningsen	Bækkelagets SK	2353	41:19.7	05:00.0
25	Tor Haugset	Heming	2534	41:23.5	05:04.0
26	Bengt Erik Boquist		2347	41:25.0	05:06.0
27	Runar Karlsen	Horten Friidrettsklubb	2952	41:41.4	05:22.0
28	Inge Fredagsvik	Coop Norge	2354	41:44.7	05:25.0
29	Øyvind Christian Rise	Røa IL	2360	42:08.6	05:49.0
30	Anders Vikholt	Skiflygerne	2542	42:30.6	06:11.0
31	Geir Hjelkrem		2525	42:38.2	06:19.0
32	Kenneth Hareide	Team Lumbago	2361	42:51.8	06:32.0
33	Bjørn Siver Skotte		2528	42:52.8	06:33.0
34	Terje Heggelund	Aker Solutions	2350	42:58.6	06:39.0
35	Tim Grossmann	Expert	2355	43:02.2	06:43.0
36	Simen Bakken		2343	43:03.6	06:44.0
37	Justin Fackrell	Halfwave	2533	43:03.9	06:44.0
38	Oddgeir Lium	Fornebu runners	3679	43:17.1	06:58.0
39	John Fuller		2527	43:19.0	07:00.0
40	Are Wroldsen	Arendal Triathlon	2351	43:22.4	07:03.0

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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 45-49 år (Påmeldt: 147 - Startet: 147 - Fullført: 118 - Premier: 0)					
41	Tor Bergene	Unit4 AS	2363	43:27.8	07:08.0
42	Jarle Sjo	ODIN	2359	43:38.5	07:19.0
43	Håkon Korsvold	Team Pay	363	43:39.1	07:20.0
44	Nils Svensen		2526	43:58.2	07:39.0
45	Øyvind Müller Famestad	OBOS	3382	44:18.1	07:59.0
46	Pål Solberg	Røa IL	2125	44:31.5	08:12.0
47	Claus Kristensen	Statoil	3102	44:40.5	08:21.0
48	Rune Kristensen	Fjords Processing	2532	44:44.0	08:25.0
49	Christian Ely		2521	44:55.0	08:36.0
50	Christian Lamer Jensen	Aker Solutions BIL	2585	44:56.1	08:37.0
51	Øystein Undseth	Røa IL	2541	45:02.0	08:43.0
52	Svein Ivar Jakobsen	KLP	2357	45:12.0	08:53.0
53	Hans-Petter Kristiansen	Røa IL	2716	45:14.8	08:55.0
54	Christian Tesaker	FÅK	2356	45:16.2	08:57.0
55	Ole Alexander Opdalshei	Kreftforeningen BIL	2536	45:19.9	09:00.0
56	Johan Haavardtun	Haslum Langrenn	2951	45:22.6	09:03.0
57	Fred Tjernsli	Rye Sp.Kl.	3481	45:24.3	09:05.0
58	Bjørnar Lia	Lundin-NorWY As	2538	45:29.7	09:10.0
59	Frode Gundersen	Mjøndalen IF	2587	45:43.2	09:24.0
60	Simen Bøe	MD	2594	45:44.7	09:25.0
61	Terje Moan	Telenor	2718	45:58.6	09:39.0
62	Teis Pedersen	Kjelsås IL	2782	46:05.9	09:46.0
63	Lars Erik Bugge		2949	46:21.5	10:02.0
64	Espen Stokkeland		2713	46:31.5	10:12.0
65	Jarle Østerbø	Norconsult BIL	2781	46:34.0	10:15.0
66	Lasse Brynsrud		2768	46:37.0	10:18.0
67	Peter Svelander	Frontica Business Solutions	3169	46:38.7	10:19.0
68	Lars Knoph	Aker Solutions BIL	377	46:40.7	10:21.0
69	Bjørne Dyre Syversten	Norges Banks IL	344	46:42.2	10:23.0
70	Per Rage	Lundin Norway	2537	46:48.2	10:29.0
71	Knut Herman Ihlen		2754	46:48.7	10:29.0
72	Lars Kindem	Aker Solutions	2950	46:54.4	10:35.0
73	Jo Jacobsen		2787	47:20.9	11:01.0
74	Alexander Bakke	Heming	2535	47:40.6	11:21.0
75	Frank Thommesen	Rye Sp.Kl.	2717	47:47.7	11:28.0
76	Jan Vidar Markmanrud	Lundin Norway	3200	47:51.6	11:32.0
77	Henning Thronsen	Telenor	2544	48:00.8	11:41.0
78	Øyvind Giæver		2709	48:02.2	11:43.0
79	Bjørn H Hem		2712	48:35.5	12:16.0
80	Terje Justnes	Brødrene Dahl	2529	48:37.5	12:18.0
81	Björn Carlsson	Sykehuspartner	3103	48:48.1	12:29.0
82	Florentin Elger	Frontica Business Solutions	3167	48:49.8	12:30.0
83	Eirik Johannes Leer	Frontica Business Solutions	3170	48:59.5	12:40.0
84	Jens Mellbye	Frontica Business Solutions	3171	49:02.0	12:43.0
85	Helge Nyrønning	Hellas	2715	49:03.6	12:44.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 45-49 år (Påmeldt: 147 - Startet: 147 - Fullført: 118 - Premier: 0)					
86	Øystein Flagstad	BIL Natura	3552	49:12.2	12:53.0
87	Jeppe Styrmo		2708	49:28.1	13:09.0
88	Robert Fagersand		2522	49:58.0	13:39.0
89	Asbjørn Værnes	Pir II Oslo	2955	50:19.3	14:00.0
90	Bill Bjerkehagen	Trømborg IL	3479	50:29.9	14:10.0
91	Knut Magne Framstad	If Skadeforsikring	2953	50:42.2	14:23.0
92	Nicolai Edbo	Fearnleys A/S	3616	50:54.9	14:35.0
93	Olaf S. Christensen	IAKHtivit	3488	50:56.6	14:37.0
94	Bjarne Blom-Jensen	National Oilwell Varco	2954	50:58.1	14:39.0
95	Svein Wiig	KPMG Puls	2122	51:04.8	14:45.0
96	Kalle Kjelstad	Frontica Business Solutions	3168	51:18.6	14:59.0
97	Svein Kyrre Davidsen		91	51:19.4	15:00.0
98	Ragnar Røkke		2947	51:19.5	15:00.0
99	Bjørn Erik Meinicke	Jutul	2346	51:28.2	15:09.0
100	Hans Petter Malme		3097	51:42.5	15:23.0
101	Jan Dahm-Simonsen		2946	52:05.7	15:46.0
102	Kai Eidissen		3678	52:06.0	15:47.0
103	Terje Pedersen		2710	52:07.8	15:48.0
104	Ronny Wang	CRM As	2780	52:08.7	15:49.0
105	Anders Oulie		3098	52:21.9	16:02.0
106	Brede Storhaug		3096	52:32.2	16:13.0
107	Gunnar Bjørnstad		3378	53:19.2	17:00.0
108	Fredrik Tangeraas		3093	53:23.8	17:04.0
109	Arild Jørstad	Lundin Norway	3100	55:01.6	18:42.0
110	Dag-Arild Ordemann	National Oilwell Varco	3101	55:48.5	19:29.0
111	Håvard Markussen	Team Wegger & Kvalsvik	2957	55:50.3	19:31.0
112	Gustavo Montenegro	Statoil	3383	55:53.4	19:34.0
113	Torgeir Lyngstad		2524	56:27.3	20:08.0
114	Børre Pedersen	KSAT BIL	3693	56:31.7	20:12.0
115	Reinert E Vigtel	ÅF	3460	56:46.5	20:27.0
116	Thomas Heyerdahl		3377	58:25.3	22:06.0
117	Ståle Lindgren	MegaFlis	2785	59:07.2	22:48.0
118	Peer Andersen		3090	01:01:01.9	24:42.0
119	Bjørnar Michalsen	Fornebu S senterkontor, KLP	3461	01:01:23.8	25:04.0
120	Kjell Rune Jakobsen	Scandic Fornebu	2956	01:02:00.3	25:41.0
121	Bror Andresen		3376	01:03:55.2	27:36.0
122	Baard-Christian Strand	Lundin Norway	3381	01:14:32.4	38:13.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 50-54 år (Påmeldt: 0 - Startet: 0 - Fullført: 0 - Premier: 0)					
1	Cristina Jean Pettersen		452	28:52.7	00:00.0

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5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 50-54 år (Påmeldt: 22 - Startet: 22 - Fullført: 16 - Premier: 0)					
1	Ingunn Monsen	Sportsklubben Vidar	1109	21:34.2	00:00.0
2	Kristin Færøvik	Lundin Norway AS	1272	22:29.2	00:55.0
3	Tine Sandøy	Sportsklubben Kraft	1275	26:07.4	04:33.0
4	Bente Festøy	Statoil	1276	27:02.3	05:28.0
5	Torild Uribarri	Telenor Norge	1518	27:14.5	05:40.0
6	Anne Solberg		1512	28:01.7	06:27.0
7	Lisbeth Sloth		1270	28:12.6	06:38.0
8	Anette Tandberg	Rolfsbukta Ski Og Ball	1274	28:22.4	06:48.0
9	Tove Godejord	EH Consult	1613	28:38.3	07:04.0
10	Hilde Kari Vikjord	Friskvernklubben	1614	30:26.9	08:52.0
11	Margit Caspari	Lundin Norway	1515	31:45.2	10:11.0
12	Kathrine Dybing	Redningsselskapet	1273	33:24.0	11:50.0
13	Tove Kjevik	Vivil	1519	37:42.3	16:08.0
14	Wenche Engeli	Friskvernklubben	1615	38:24.6	16:50.0
15	Kristin Eivindvik		1513	39:46.3	18:12.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 50-54 år (Påmeldt: 48 - Startet: 48 - Fullført: 37 - Premier: 0)					
1	Anne Grete Meinicke	Aker Solutions AS	2364	43:21.5	00:00.0
2	Ingrun Alseth	Tyrving IL	2550	45:21.2	02:00.0
3	Lill Halvorsen		2721	45:30.2	02:09.0
4	Marit A. Lauo	Statoil BIL	2549	46:55.3	03:34.0
5	Comfort Jansson		2720	47:38.0	04:17.0
6	Ragnhild Skarpen	HP	3614	47:56.7	04:35.0
7	Mette Aune Jakobsen	Friskis & Svettis	2722	48:26.5	05:05.0
8	Merethe Rellsmo		2755	48:28.7	05:07.0
9	Cecilie Randsborg		3107	49:00.7	05:39.0
10	Hilde Bjertnæs		2719	49:13.9	05:52.0
11	Heidi Elise Rustad	Høvik IF	2774	49:26.5	06:05.0
12	Randi Häusler	Friskvernklubben	2756	49:35.3	06:14.0
13	Elin Birketvedt	Høvik Jogg	3551	51:12.8	07:51.0
14	Cecilie Bedsvaag	IL Try / Team Victoria Sophie	2961	51:37.2	08:16.0
15	Astrid B. Torres	Statoil Oslo BIL	3111	52:14.9	08:53.0
16	Marit Sandsbraaten		2960	52:19.5	08:58.0
17	Kirsti Hanssen Skolt		3394	52:27.1	09:06.0
18	Ingrid Sejersted	Gnist	3699	52:42.0	09:21.0
19	Cecilie Heuch	DNV GL BIL	3109	52:59.4	09:38.0
20	Ellen Nordstrand		2547	53:15.5	09:54.0
21	Ann-Christin Borge Elstad		3108	53:17.2	09:56.0
22	Gørill Kvamme	Das Neue Team	92	53:29.1	10:08.0
23	Gro Rugseth		3390	53:36.7	10:15.0
24	Cecilie Smith		3386	53:36.8	10:15.0
25	Hanne M. Cappelen	Meny AS	2962	54:12.0	10:51.0

RESULTATLISTE

20.05.2015

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 50-54 år (Påmeldt: 48 - Startet: 48 - Fullført: 37 - Premier: 0)					
26	Inger Thune	EVERY	3110	54:41.0	11:20.0
27	Marit Haraldstad	Jutul	348	55:28.8	12:07.0
28	Anne-Sissel Bragstad	Ikano Bank SE	2757	55:41.5	12:20.0
29	Manuela Røkke		3105	57:50.6	14:29.0
30	Karen Sofie Moe		3385	57:51.6	14:30.0
31	Grete H Sætrang	Undervisningsbygg	2964	58:23.8	15:02.0
32	Gro Malmbekk	Telenor	2963	58:32.1	15:11.0
33	Elisabeth Russwurm		3387	58:34.1	15:13.0
34	Hege Marie Klev	Fossum IF	3462	01:00:03.4	16:42.0
35	Elisabeth Berglie		3388	01:00:39.9	17:18.0
36	Monica Iversen		3104	01:03:15.5	19:54.0
37	Marit Luring	Storeberand Sport	3397	01:03:18.6	19:57.0
38	Winnie Wilhelmsen		3384	01:03:20.7	19:59.0
39	Hanne Grete Ingebretsen		3392	01:04:01.0	20:40.0
40	Anne Sofie Bjørkholt	Advokatfirmaet BA-HR DA	3172	01:06:11.6	22:50.0
41	Isabelle Royer		3393	01:06:47.0	23:26.0
42	Turid Andersen		3389	01:12:56.7	29:35.0

3 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 50-54 år (Påmeldt: 0 - Startet: 0 - Fullført: 0 - Premier: 0)					
1	Peter Gjessing	Holmen IF	468	14:04.2	00:00.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 50-54 år (Påmeldt: 31 - Startet: 31 - Fullført: 25 - Premier: 0)					
1	Kristen Aaby	Sigdal Friidrettsklubb	2131	15:46.8	00:00.0
2	Sigmor H Gunnarsson		1651	17:17.0	01:31.0
3	Tore Bjerkheim	Nesbyen IL	1164	17:28.1	01:42.0
4	Frode Monsen	Sportsmanden	1118	18:46.4	03:00.0
5	Anders Bjørnsen		1158	19:21.9	03:35.0
6	Tage Djupvik		1112	19:53.8	04:07.0
7	Erik Nordli	Evry	1114	20:05.5	04:19.0
8	Harald Nordvoll	Alcatel-Lucent	1113	20:21.2	04:35.0
9	Anders Sivertsgård	Fossum IF	1115	21:15.5	05:29.0
10	Magnus Nilsson	Fossum IF	1280	21:29.6	05:43.0
11	Emil Bryhn	If Skadeforsikring NUF	1116	21:44.6	05:58.0
12	Frode Laastad	Lundin Norway	1282	22:08.3	06:22.0
13	Thor Brønlund	Norsk Energi	1305	22:12.9	06:26.0
14	Jostein Vattøy	Team Relocations AS	1119	22:16.7	06:30.0
15	Ketil Zetterstrøm		1277	23:31.0	07:45.0
16	Harald Mæhle		1319	23:31.1	07:45.0
17	Per Larsson	JM Norge	1281	23:38.4	07:52.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 50-54 år (Påmeldt: 31 - Startet: 31 - Fullført: 25 - Premier: 0)					
18	Jon Erik Høgberg	Rolfsbukta Ski Og Ball	1117	24:01.0	08:15.0
19	Pål Stange	Aleris	1279	24:13.3	08:27.0
20	Åge Johannessen	Lundin Norway	1283	25:50.7	10:04.0
21	Magne Mæhlum		1522	25:52.0	10:06.0
22	Håvard Slaatten	EH Consult	1616	26:05.4	10:19.0
23	Kjetil Hannar Jensen	Fornebuporten	1523	26:31.9	10:45.0
24	Johan W. Cappelen		1278	30:23.1	14:37.0
25	Geir Rogstad		1521	31:28.2	15:42.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 50-54 år (Påmeldt: 76 - Startet: 76 - Fullført: 65 - Premier: 0)					
1	Fredrik William Baumann	Heming	2129	37:09.9	00:00.0
2	Ketil Horn		2127	37:29.2	00:20.0
3	Tor Fauske	Löplabbet	2130	38:08.8	00:59.0
4	Tim Bennett	Sportsklubben Vidar	2174	38:40.1	01:31.0
5	Jørn Schrøder	Sportsklubben Vidar	2132	38:49.0	01:40.0
6	Arild Haugen	Telenor	2798	39:25.2	02:16.0
7	Bjørn Magne Dybedokken	Visma/TeamPay	2153	39:39.6	02:30.0
8	Cato Thunes		2128	40:43.8	03:34.0
9	Øivind Larsen	Bjerkodden Skiløperforening	2368	40:50.5	03:41.0
10	Birger Mo		2366	40:50.8	03:41.0
11	Tore Røraas	Sjumil.No	2170	40:56.7	03:47.0
12	Sveinung Thorstad		2551	41:06.8	03:57.0
13	Jens Olav Næsguthe	Statkraft BIL	2370	42:31.7	05:22.0
14	Terje Bøe	Hakadal IL	2796	42:41.0	05:32.0
15	Tor Sigurd Breivik	IL Bevern - Friidrett	2369	42:44.3	05:35.0
16	Even Funnemark	Frontica Business Solutions	3174	43:03.0	05:54.0
17	Rune Holen	Høvik IF	3491	43:15.5	06:06.0
18	David Carnes		2365	43:21.8	06:12.0
19	Steinar Ohr	Høvik Jogg	2596	44:19.6	07:10.0
20	Martin Bodd		2593	44:21.7	07:12.0
21	Frode Borhaug	Telenor	3527	44:31.8	07:22.0
22	Harald Erichsen	ABG Sundal Collier	2778	44:38.5	07:29.0
23	Jostein Kristiansen	Statoil	2557	44:40.7	07:31.0
24	Terje Sundfjord		2588	45:01.8	07:52.0
25	Snorre Frydenlund	Sturla	2558	45:06.1	07:57.0
26	David Jegust	Adeptic	2367	45:08.0	07:59.0
27	Börje Sannemalm	Banqsoft	2555	45:38.1	08:29.0
28	Roar Holtedahl	Telenor	2728	46:36.2	09:27.0
29	Morten Brodersen	AkerSolutions	2554	46:42.6	09:33.0
30	Nils-Morten Telle		2966	46:55.3	09:46.0
31	Alf Andersen		3606	47:00.7	09:51.0
32	Martin Sørby		2725	47:30.5	10:21.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 50-54 år (Påmeldt: 76 - Startet: 76 - Fullført: 65 - Premier: 0)					
33	Knut Andersen	Norges Rederiforbund	2556	47:51.8	10:42.0
34	Steve Thomas		2723	47:54.9	10:45.0
35	Eivind J Ulvin	BOC	3688	48:02.6	10:53.0
36	Geir Bergheim	Fossum IF	94	48:34.0	11:25.0
37	Sven Arnesen	Ikano Bank SE	2589	48:42.5	11:33.0
38	Niels Didrich Buch	Frontica Business Solutions	3175	48:49.5	11:40.0
39	Martin Nese	IDEX ASA	2969	49:07.3	11:58.0
40	Tommy Hansen		3398	49:13.0	12:04.0
41	Peter Weeks	Datamatrix	2968	49:19.0	12:10.0
42	Ettore Guerello	ABB BIL	2552	49:30.2	12:21.0
43	Nick Walker	Lundin Norway	2970	49:43.3	12:34.0
44	Kjell Erik Eilertsen	Hegnar Media	2773	49:54.1	12:45.0
45	Johan Mohr	Lundin	3119	50:37.4	13:28.0
46	Per Morten Lefdal	OEC Consulting	2726	50:51.4	13:42.0
47	Gorm Windingstad		2724	51:22.7	14:13.0
48	Bengt Lyng	Jutul	3183	51:54.6	14:45.0
49	Dag Lysheim	Statnett BIL	3184	52:28.9	15:19.0
50	Harald Welle	Statoil BIL Oslo	2727	52:39.6	15:30.0
51	Ragnar Elverhøi		2967	52:50.2	15:41.0
52	Brynulf Kopperud	Sparebanken Øst	95	53:18.1	16:09.0
53	Otto Dahl		3112	53:25.2	16:16.0
54	Steinar Teien		2965	53:59.1	16:50.0
55	Bjørn Kleveland	Fossum IF	3118	54:16.7	17:07.0
56	Svein Erlandsen		3402	55:02.0	17:53.0
57	Arve Inge Hoggen	Høvik IF	3403	56:11.6	19:02.0
58	Geir Olimb		3114	56:26.8	19:17.0
59	Dagfinn Sollid Heitmann		3117	56:42.7	19:33.0
60	Halvor Jahre		3116	57:04.3	19:55.0
61	Stig Bech	Advokatfirmaet BA-HR DA	3173	57:24.2	20:15.0
62	Gard Haugland		3115	58:10.5	21:01.0
63	Jo Kristiansen		3399	58:22.3	21:13.0
64	Dan Johansen	PG Fabrication	3404	59:09.2	22:00.0
65	Tore Nilsson	Lundin	3534	01:00:42.4	23:33.0
66	Terje Hegge	UiO Bil	3405	01:07:25.5	30:16.0
67	Hans-Petter Frosta		3495	01:19:34.4	42:25.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 55-59 år (Påmeldt: 17 - Startet: 17 - Fullført: 14 - Premier: 0)					
1	Synøve Brox	Sturla	1122	18:21.6	00:00.0
2	Gro Reinhardt Aas	Asker Sk. Friidrett	1121	21:01.1	02:40.0
3	Siv Reistad		1120	22:53.1	04:32.0
4	Nora Lund Lefdal	If Skadefor	1533	30:15.4	11:54.0
5	Eva B. Seides	DNV GL	1531	31:29.0	13:08.0

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5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 55-59 år (Påmeldt: 17 - Startet: 17 - Fullført: 14 - Premier: 0)					
6	Bente Lervik	Høvikjogg	1532	32:15.4	13:54.0
7	Kari Reisæter		1644	33:04.0	14:43.0
8	Anne Storlien		1527	35:22.1	17:01.0
9	Inger Gyllenhammar		1528	35:59.1	17:38.0
10	Mona Berit Standahl	Team Standahl	1535	37:01.7	18:40.0
11	Liv Guldseth		1526	37:20.5	18:59.0
12	Ingun Gjerde		1530	38:08.6	19:47.0
13	Inger Elisabeth Langfeldt		1631	40:21.8	22:00.0
14	Sofie Riisnær	Friskvernklubben	1617	55:19.0	36:58.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 55-59 år (Påmeldt: 24 - Startet: 24 - Fullført: 21 - Premier: 0)					
1	Kari Langerud	Hytteplan Sport	357	42:54.1	00:00.0
2	Elin Drangsholt		2559	45:38.5	02:44.0
3	Ingjerd Sollie	EVERY Active- Norway AS	2977	48:59.0	06:05.0
4	Signe Kjøs		2973	49:44.1	06:50.0
5	Kristin Isachsen	Asker Skiklubb	2976	50:07.0	07:13.0
6	Ellen Bø Kippersund		2729	50:42.5	07:48.0
7	Kirsten Horn		2975	50:48.7	07:54.0
8	Lillian Skoglund	Jutul	3122	53:10.9	10:16.0
9	Mona Kjølsest	Lundin Norway	2978	53:42.6	10:48.0
10	Solbjørg Sørensen	Jutul	3188	53:49.4	10:55.0
11	Ann Helen Lie	Team Lie	2979	54:36.9	11:42.0
12	Nina Elisabeth Wasberg		3120	55:04.8	12:10.0
13	Marie Wallentin		3407	55:09.8	12:15.0
14	Kathrine Kjendlie	Lyn	3176	56:58.9	14:04.0
15	Hilde Riseng		3473	57:39.2	14:45.0
16	Torunn Lein		2974	57:44.6	14:50.0
17	Anita Walsøe		3121	58:50.0	15:56.0
18	Inger Helene Møinichen	Friskvernklubben	3463	01:00:21.9	17:27.0
19	Aud Lise Norheim		3409	01:01:54.2	19:00.0
20	Siri Farstad	Statoil	3412	01:02:28.3	19:34.0
21	Ninni Roald	Bærum Kommune	3411	01:03:06.6	20:12.0
22	Eli Ullern		3406	01:06:45.0	23:51.0
23	Caroline Lowrey		3410	01:10:16.0	27:22.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 55-59 år (Påmeldt: 21 - Startet: 21 - Fullført: 17 - Premier: 0)					
1	Trond Olav BERG	Bøler IF Friidrett	1123	17:48.5	00:00.0
2	Carl Henrik Janson	HD SoundLab AS	1124	20:35.2	02:47.0
3	Atle Skaarud	Team Relocations AS	1285	21:23.1	03:35.0

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5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 55-59 år (Påmeldt: 21 - Startet: 21 - Fullført: 17 - Premier: 0)					
4	Gunnar Søberg	Thales Norway	1288	21:44.1	03:56.0
5	Ketil Stølen	SINTEF	1171	22:06.7	04:18.0
6	Kolbjørn Selvåg		1539	23:57.0	06:09.0
7	Johan Carsten Max Walter	Tag Heuer	1545	25:34.4	07:46.0
8	Terje Iversen	Telenor	1287	26:52.7	09:04.0
9	Jostein Mamen		1542	27:14.9	09:26.0
10	Jørn Wegger	Team Wegger & Kvalsvik	1286	28:31.8	10:43.0
11	Bjørn Nordstrand		1538	30:48.5	13:00.0
12	Narve Holen	Sparebank 1 Oslo Akershus AS	1544	31:01.1	13:13.0
13	Åsmund Knutsen		1541	31:05.4	13:17.0
14	Knut Lootz Benestad		1537	31:13.8	13:25.0
15	Harald Arnt Pedersen	Lundin	1543	33:30.4	15:42.0
16	Tom Svarverud	Vivil	1547	37:49.5	20:01.0
17	Oddbjørn Holm	Friskvernklubben	1618	42:52.5	25:04.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 55-59 år (Påmeldt: 65 - Startet: 65 - Fullført: 49 - Premier: 0)					
1	Lars Sverdrup-Thygeson	Høvik IF	2136	38:04.4	00:00.0
2	Vidar Ellefsen	Golder Associates	2135	39:00.7	00:56.0
3	Ole-Johan Garli		2134	39:58.0	01:54.0
4	Arne Erik Håkonsen	Nordre Buskerud Politi	2376	40:52.7	02:48.0
5	Tore Kjølseth	Lundin	2375	41:04.9	03:00.0
6	Jan Øyvind Schneider	BundeBygg AS	2799	41:05.1	03:01.0
7	Rolf Skatteboe	KSAT BIL	2374	41:18.9	03:14.0
8	Mads K. B. Borge	Bygdøy IL	2371	42:16.1	04:12.0
9	Ole Jens Brekke	GAN BIL	2373	42:37.9	04:33.0
10	Rolf Erik Smith	Fossum IF	2372	43:07.9	05:03.0
11	Mads Danielsen		3545	43:08.4	05:04.0
12	Tom Steinar Sandvik	Esso Sport	2567	43:26.2	05:22.0
13	Bernt Gulla	Joggekameratene	3516	43:35.8	05:31.0
14	Jan-Olav Stokke		2561	44:22.1	06:18.0
15	Knut Rykhus		2560	44:29.5	06:25.0
16	Egil Mollestad	ZEM	2598	45:01.4	06:57.0
17	Jo Teslo		2562	45:19.1	07:15.0
18	Svein Harsem	Avinor HK BIL	2566	45:34.3	07:30.0
19	Øystein Sørli	EVRY	2568	45:37.5	07:33.0
20	Roy Fenstad		2731	45:50.6	07:46.0
21	Leif Øverland	Rustad IL	2570	45:53.8	07:49.0
22	Ernst Larsen		2564	46:07.0	08:03.0
23	Tom Scharning	Rustad IL	2569	46:07.6	08:03.0
24	Trond Owren		2563	46:36.6	08:32.0
25	Gaute Opsahl		3189	47:44.1	09:40.0
26	Nick Cherrie	Statoil BIL	2734	47:52.0	09:48.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 55-59 år (Påmeldt: 65 - Startet: 65 - Fullført: 49 - Premier: 0)					
27	Morten Berrefjord	2980	49:12.7	11:08.0	
28	Knut A. Ramstad	Fossum IF	2983	49:23.5	11:19.0
29	Vidar Andersen	3416	50:28.4	12:24.0	
30	Petter Johansen	3124	50:35.7	12:31.0	
31	Bjørn Engen	Rambøll	3601	50:43.1	12:39.0
32	Pål Larsen	EVRY AS	3126	50:45.4	12:41.0
33	Tore Nilsen	3123	50:56.2	12:52.0	
34	Jan Gårderhagen	2982	51:56.5	13:52.0	
35	Søren Carlsson	3125	52:55.1	14:51.0	
36	Lars Hansson	3466	53:12.1	15:08.0	
37	Bjørn Melve	Statoil BIL	3128	53:22.6	15:18.0
38	Mogens Ramm	Statoil	2985	54:13.8	16:09.0
39	Jan Eldegard	Byggutengrenser	3181	55:00.1	16:56.0
40	Kjetil Johan Olsen	3419	55:20.4	17:16.0	
41	Ragnar Petersson	3420	55:33.7	17:29.0	
42	Torfinn Kallåk	Lundin Norway	3127	56:04.9	18:00.0
43	Aage Lund	3414	56:44.8	18:40.0	
44	Thomas Snickare	Frontica Business Solutions	3177	57:44.8	19:40.0
45	Gunnar Woldseth Wiik	Telenor	3129	57:56.5	19:52.0
46	Truls Langerød	3418	58:50.0	20:46.0	
47	Egil Norderhaug	IFS Norge A/S	3423	01:00:03.6	21:59.0
48	Finn-Olav Berglie	3415	01:00:32.7	22:28.0	
49	Kjell Finvåg	Handel Og Kontor	3468	01:01:01.6	22:57.0
50	Tom Kristoffersen	3413	01:06:05.9	28:01.0	
51	Arne-Kjetil Lian	Telenor	3425	01:06:50.9	28:46.0
52	Leif Sigurd Larsen	Redningsselskapet	3424	01:07:37.2	29:33.0
53	Robin Motrøen	3417	01:12:56.6	34:52.0	
54	Ragnar Bang Moe	3421	01:19:50.5	41:46.0	

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 60-64 år (Påmeldt: 8 - Startet: 8 - Fullført: 8 - Premier: 0)					
1	Kristin Ringdalen	1289	23:45.1	00:00.0	
2	Anne Søbstad Rye	GE Healthcare BIL	1290	24:09.8	00:24.0
3	Inger Karin Engen	1550	27:05.7	03:20.0	
4	Berte Søbstad	Statoil	1291	28:41.7	04:56.0
5	Anne-Turid Nordli	1548	31:38.0	07:53.0	
6	Cecilie Myre	1649	35:14.3	11:29.0	
7	Tove Glæserud	Sykehusapotekene HF	1551	36:20.1	12:35.0
8	Randi Otnheim	Friskvernklubben	1619	40:16.0	16:31.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
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10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 60-64 år (Påmeldt: 8 - Startet: 8 - Fullført: 8 - Premier: 0)					
1	Karin Nord	Jutul	3553	48:25.2	00:00.0
2	Inger Ellingsen		3178	50:59.1	02:34.0
3	Undis Nødset	VBIL	2735	51:56.7	03:31.0
4	Inger Aamodt Berg	Forsvarets Investeringsavdeling	3131	54:02.9	05:37.0
5	Inger Lise Kristiansen		3130	54:50.0	06:25.0
6	Hanne-Grete Nilsen		3428	58:57.6	10:32.0
7	Bente Arnesen		3427	59:04.0	10:39.0
8	Liv Nelson		3426	01:00:45.6	12:20.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 60-64 år (Påmeldt: 8 - Startet: 8 - Fullført: 6 - Premier: 0)					
1	Ger Van Graas	Statoil	1126	18:17.2	00:00.0
2	Helge Horn	If BIL	1125	21:13.5	02:56.0
3	Arne F Opsahl		2736	23:13.1	04:56.0
4	Rune Vatnøy	Sykehusapotekene HF	1620	26:27.0	08:10.0
5	Stein Erik Mathisen		1293	29:46.1	11:29.0
6	Nils Jokstad	Lundin Norway	1553	34:04.1	15:47.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff	
Menn 60-64 år (Påmeldt: 17 - Startet: 17 - Fullført: 11 - Premier: 0)					
1	Svein Ole Braaten	Evry AS	2396	40:10.6	00:00.0
2	Yngve Slettholm	Oppsal IF	2397	42:41.3	02:31.0
3	Kjell Ivar Torgersbråten		2380	43:10.2	03:00.0
4	Vidar Eriksrud		2573	43:33.9	03:23.0
5	Ole Bjørn Braathen		2379	46:04.9	05:54.0
6	Kjell Tidemann		2571	47:17.1	07:07.0
7	Karl Trygve Madsen		2988	48:00.5	07:50.0
8	Sverre Ingjer	Blaker IL	2989	50:26.4	10:16.0
9	Pål Skare	Per Skare As	3134	52:26.9	12:16.0
10	Arnjot Skogvang	Lundin	2990	52:57.0	12:47.0
11	Knut Gillesen		3132	56:30.1	16:20.0
12	Tor Nistad		3429	01:22:06.3	41:56.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff	
Kvinner 65-69 år (Påmeldt: 4 - Startet: 4 - Fullført: 2 - Premier: 0)					
1	Ingunn Ytrehus	Tromsø Løpeklubb	1295	23:59.0	00:00.0
2	Merete Busch		1554	35:20.8	11:21.0

RESULTATLISTE

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10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 65-69 år

(Påmeldt: 2 - Startet: 2 - Fullført: 1 - Premier: 0)

1	Berit Loennechen Feiring	EVERY BIL	2992	50:46.3	00:00.0
2	Torill Lockert Fremgaard		3430	01:18:37.8	27:51.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 65-69 år

(Påmeldt: 3 - Startet: 3 - Fullført: 3 - Premier: 0)

1	Svend-Erik Schultz Westlye	Høvik jogg	1656	21:35.5	00:00.0
2	Svein Amundsen	Eidanger IL	1151	21:54.4	00:19.0
3	Rolf Meek	Minerva Friidrett	1127	22:09.8	00:34.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 65-69 år

(Påmeldt: 8 - Startet: 8 - Fullført: 6 - Premier: 0)

1	Bjørn Lauglo	Stovnerkameratene	2382	40:19.1	00:00.0
2	Hans O Augedal	Lundin Norway	2574	45:40.2	05:21.0
3	Steinar Tveit		2737	47:34.4	07:15.0
4	Øyvind Rieck	Oslofjord triatlon	3179	53:57.1	13:38.0
5	Gunnar Nordhus	Fil Aks-77	3528	54:32.3	14:13.0
6	Per Fossum	Asker Sk. Friidrett	3432	01:00:01.4	19:42.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 70-74 år

(Påmeldt: 2 - Startet: 2 - Fullført: 2 - Premier: 0)

1	Thurid Salvesen	Friskvernklubben	1621	32:13.9	00:00.0
2	Tove Skeie	Vivil	1557	35:47.1	03:34.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 70-74 år

(Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)

1	Oline Lovise Yksnøy	Spiridon Langløperlag	3505	01:01:26.3	00:00.0
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5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 70-74 år

(Påmeldt: 9 - Startet: 9 - Fullført: 8 - Premier: 0)

1	Botolf Myrvold	Jutul	1650	23:30.1	00:00.0
2	Asbjørn Hollevik	Hafslo IL	1308	26:36.6	03:06.0
3	Per O. Anthonsen	Anklev Consulting	1297	27:55.6	04:25.0
4	Bjarne Farstad		1558	30:07.2	06:37.0
5	Ole Jakob Skeie	Vivil	1561	31:21.0	07:51.0
6	Ola Nesland		1296	32:56.5	09:26.0

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5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 70-74 år (Påmeldt: 9 - Startet: 9 - Fullført: 8 - Premier: 0)

7	Ole Kristoffersen	Vivil	1560	33:41.5	10:11.0
8	Viktor Israelsbakk		1661	38:26.2	14:56.0

10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 70-74 år (Påmeldt: 5 - Startet: 5 - Fullført: 3 - Premier: 0)

1	Kjell Jonhaugen	Nittedaljoggen	2575	43:59.8	00:00.0
2	Eirik Angel Olsen	Heming	3180	52:59.0	09:00.0
3	Tore Benn Andersen		3135	55:31.5	11:32.0
4	Gunvald Muruåsen	Stabæk	3434	01:13:30.2	29:31.0

5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 75-79 år (Påmeldt: 2 - Startet: 2 - Fullført: 1 - Premier: 0)

1	Eva Kjevik	Vivil	1562	37:40.1	00:00.0
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10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Kvinner 75-79 år (Påmeldt: 1 - Startet: 1 - Fullført: 0 - Premier: 0)

1	Signy Hendenrustlie		2899	01:09:46.0	00:00.0
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5 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 75-79 år (Påmeldt: 1 - Startet: 1 - Fullført: 1 - Premier: 0)

1	Christian Børs Lind	Røa IL	1128	22:29.5	00:00.0
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10 km

Navn	Klubb	Startnr	Totaltid	Diff
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Menn 75-79 år (Påmeldt: 2 - Startet: 2 - Fullført: 1 - Premier: 0)

1	Pål Sitje	Høvik Jogg	3436	01:00:33.8	00:00.0
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Menn 80+ (Påmeldt: 1 - Startet: 1 - Fullført: 0 - Premier: 0)

1	Sigve Tjøtta		3437	01:08:46.7	00:00.0
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