

| | | | | | | | | |
|----------|------------|--------------|------|------------|------|------|-----------|--------|
| 2.26,91 | Erik | Iden | 1969 | 800m | | 1 | Fri | mv3 |
| | | | | | | | | |
| 9.47,25 | Jozef | Zygmuntowicz | 1984 | 3000m | | 1 | Osterøy | ms |
| 10.14,04 | Jan Roar | Solberg | 1979 | 3000m | | 1 | Osterøy | mv1 |
| 10.44,68 | Martin N | Mjøøs | 1997 | 3000m | | 1 | Osterøy | g18-19 |
| 11.10,38 | Torbjørn | Småland | 1981 | 3000m | | 1 | Osterøy | ms |
| 11.12,03 | Elias | Mostrau | 2001 | 3000m | | 1 | Osterøy | g14 |
| 11.18,52 | Annelin | Lunde | 1998 | 3000m | | 1 | Osterøy | j18-19 |
| 11.18,75 | Bjarte | Vik | 1969 | 3000m | | 1 | Osterøy | mv3 |
| 12.15,76 | Petter H | Sæbø | 1962 | 3000m | | 1 | Osterøy | mv4 |
| 12.38,18 | John | Bernes | 1944 | 3000m | | 1 | Osterøy | mv8 |
| | | | | | | | | |
| 11,68 | Kjetil | Stokke | 1991 | tresteg | -2.2 | | Osterøy | ms |
| 9,42 | Ingvild B | Martinsen | 2001 | tresteg | +1.8 | | Osterøy | j14 |
| 8,21 | Magnus | Reigstad | 2003 | tresteg ss | -1.6 | | Osterøy | g12 |
| | | | | | | | | |
| 22,80 | Andreas | Markmanrud | 2002 | spyd | | 400g | Osterøy | g13 |
| 19,18 | Magnus | Reigstad | 2003 | spyd | | 400g | Osterøy | g12 |
| 11,77 | Jørund | Vik | 2005 | spyd | | 400g | Osterøy | g-10 |
| 7,35 | Wiktor | Kuzniwska | 2005 | spyd | | 400g | Mjøsdalen | j10 |
| 4,50 | Ingeborg | Lone | 2005 | spyd | | 400g | Mjøsdalen | j10 |
| 3,20 | Emma | Fjellskålnes | 2008 | spyd | | 400g | Mjøsdalen | j-rekr |
| | | | | | | | | |
| 27,66 | John | Bernes | 1944 | spyd | | 500g | Osterøy | mv8 |
| 24,68 | Karl J | Reigstad | 1944 | spyd | | 500g | Osterøy | mv8 |
| 14,33 | Svein Arne | Angvik | 1945 | spyd | | 500g | Fri | mv8 |
| | | | | | | | | |
| 48,23 | Kjetil | Stokke | 1991 | spyd | | 800g | Osterøy | ms |
| 41,57 | Mats-Eirik | Elvik | 1971 | spyd | | 800g | Osterøy | mv2 |
| 38,12 | Markus | Markmanrud | 1997 | spyd | | 800g | Osterøy | g18-19 |