

Charnwood AC Open Graded Meeting
Loughborough University - 15th July 2015

100m Time :19:29

Heat:1 Wind : 2.9

60	Phoebe Naismith-White	Leamington C & AC	w u17	14.13
28	Samina Holmes	Notts	g u11	15.51
91	Megan Davis	Rushcliffe	g u11	16.11
59	Ravenn Cook	Wreake Runners	g u13	16.20
16	Benjamin Sharif	Wreake Runners	b u11	16.29
48	Dominic Magill	Saffron	b u11	16.31
85	Isabella Clark	Charnwood	g u13	17.50
77	Sophia Howard	Charnwood	w vet45	18.24

100m Time :19:29

Heat:2 Wind : 2.8

71	Luke Talbot	Ivanhoe Robins	b u11	14.80
6	Anyia Swift	Amber Valley	g u11	15.10
92	Rebecca Preece	Charnwood	g u1`3	15.16
24	Louis Combey	OWLS	b u13	15.93
57	Vicki Lee	Northern Vets	w vet50	15.94
41	Stuee Markham	Wreake Runners	m vet50	16.06
1	Zack Michalowski	Ivanhoe Robins	b u11	16.29
37	Abbie Deeming	Heanor Running Club	g u13	16.96

100m Time :19:29

Heat:3 Wind : -0.4

65	Charlie Yates	Amber Valley	g u13	15.03
26	Madeleine Tatham	Amber Valley	g u11	15.18
27	Ahmed Holmes	Notts	m vet35	15.24
88	Simon Ram	Amber Valley	b u13	15.63
78	Aoife Rendu	Rushcliffe	g u11	15.68
9	Marcus Wright	Saffron	b u11	15.68
10	Katie Potts	Amber Valley	g u11	15.88
46	Benjamin Jones	Amber Valley	b u13	DNS

100m Time :19:29

Heat:4 Wind : 1.4

73	Dalila Watson	Charnwood	g u13	14.25
4	Kelsey Pearce	Mansfield Harriers	g u13	14.38
90	Lauren Owens	Newark	g u15	14.68
96	Ellie Sorby	Charnwood	g u13	14.96
15	Victoria West	Worksop Harriers	g u15	15.07
95	Georgia Sorby	Charnwood	g u11	15.12
18	Arabella Findlay	Rushcliffe	g u11	15.33
125	Maya Stokes	Wreake Runners	g u13	15.58

100m Time :19:29

Heat:5 Wind : -0.1

72	Molly Palmer	Charnwood	g u13	14.01
79	Jenny McLoughlin	Cwmbran Harriers	w sen	14.22
12	Tom Carr	Charnwood	b u13	14.30
33	Ellie-Mae Staniforth	Charnwood	g u13	14.51
84	Ainslea Cross	Charnwood	w sen	14.57
14	Katrina Hart	Birchfield Harriers	w sen	14.59
36	Tony Wells	Corby	m vet65	DNS
35	Vivien Bonner	Birchfield Harriers	w vet65	DNS

100m Time :19:29

Heat:6 Wind : 2.5

22	Chris Holliday	Harborough	m vet45	13.36
51	Tara Pigott	Notts	w u17	13.51
38	Nicole Harris	City of Stoke	g u15	13.76
56	Zydonie Fearon	Saffron	g u15	13.81
58	Farrah Cook	Charnwood	w u17	13.94
20	Florence Reed	Notts	g u15	13.97
5	Libby Fort	Leicester Coritanian	g u13	14.02
74	Lydia Bonshor	Charnwood	g u15	14.18

100m Time :19:29

Heat:7 Wind : 2.6

63	Sheldon Fivaz	Charnwood	b u15	13.18
31	Joshua Anderson	Saffron	b u15	13.18
81	Mollie Swann	Charnwood	g u13	13.30
61	Louise Feeney	Amber Valley	w sen	13.48
70	David Seidu	Wreake Runners	b u11	13.49
34	Lois Massey	City of Stoke	g u15	13.63
43	Gerorgia Clarke	Leamington C & AC	g u15	13.64
7	Ellie Shaw	City of Stoke	g u15	DNS

100m Time :19:29

Heat:8 Wind : 2.2

19	Christopher Ashmore	Mansfield Harriers	m vet50	12.70
3	Millie Jones	City of Stoke	w u17	12.82
66	Ruka Shonibare	Sale Harriers	g u15	12.88
30	Darryl Pigott	Notts	m vet45	13.07
50	Jordan Howe	Dis Sport Wales	m U20 T35	13.15
68	Victoria Johnson	Charnwood	g u15	13.17
29	Sean Barkes	Lincoln Wellington	m vet45	13.65

100m Time :19:29

Heat:9 Wind : 2.6

39	Robert North	Midland Masters	m vet35	11.84
17	Paul North	Midland Masters	m vet40	12.46
87	Scott Ram	Amber Valley	m u17	12.77
93	Milly Kellyman	Tamworth	w sen	12.87
32	Christopher Monk	Leicester Coritanian	m vet60	13.00
80	Tye Parker	Charnwood	b u15	13.31
89	Richard Whitehead	Southwell	m sen T42	13.31

100m Time :19:29

Heat:10 Wind : 2.1

76 Jody Smith	Charnwood	b u15	11.94
11 Stephen Terry-Short	Cannock & Stafford	m vet40	12.21
86 Callum Prince	Charnwood	m u20	12.32
49 William Collings	Amber Valley	b u15	12.55
8 Jacob Fairhurst	Wreake Runners	b u13	12.73
75 Libby Clegg	Charnwood	w sen T12	DNS

100m Time :19:29

Heat:11 Wind : 4.0

69 Tre Thomas	Charnwood	m u17	11.60
67 Jacob Baker		m sen	11.72
55 Nathan Lewis	Charnwood	m u20	11.74
82 Sam Foreman		u15	11.78
54 Thomas Dayman	Charnwood	b u15	11.99
21 Jaqmes Sadula	Derby	m u20	12.37

100m Time :19:29

Heat:12 Wind : 1.2

44 Zachary Shaw	Cleethorpes	m sen	11.43
123 Laurence Baird	Trafford	m vet35	11.49
83 Steve Watson	Charnwood	m sen	11.61
42 Jack Markham	Wreake Runners	m sen	11.67
13 Jordan Lightfoot	City of Stoke	m u17	11.99
2 Rhys Jones	Rhondda	m sen T37	12.01

100m Time :19:29

Heat:13 Wind : 1.1

64 Sam Miller	Preston Harriers	m sen	10.51
98 Owin Sinclair	Charnwood	m u20	10.67
40 Shad-Marc Aaron	Birchfield Harriers	m sen	11.06
94 Alex Currie	Notts Trent University	m sen	11.26
264 Mathias Francis	Birchfield Harriers	m sen	11.29
52 William Barnesw	Loughborough Students	m sen	11.64
23 Ed Barbour	Amber Valley	m u20	DNS
62 Luke Pryor	Coventry Godiva	m sen	DNS

400m Time :19:51

Heat:1

204 Paul Edwards	Cannock & Stafford	m vet55	61.33
265 Gemma Broomfield	Charnwood	w u20	62.71
206 Reece Goodwin	Rotherham Harriers	m u20	63.08
223 Harriet Roberts	Charnwood	w u20	63.81
203 Bethany Woodward	Southampton	w sen T37	67.70
270 Mariam Getachew	Charnwood	w u20	69.36

400m Time :19:51

Heat:2

153	Ricky Richmond	Newark	m u17	54.18
176	James Melhuish	Rushcliffe	m u17	54.57
216	Laura Langowski	Coventry Godiva	w sen	56.98
256	Dexter Deaville	Amber Valley	m u17	58.76
133	Rochelle Harrison	Lincoln Wellington	w sen	60.22
22	Chris Holliday	Harborough	m vet45	60.88
29	Sean Barks	Lincoln Wellington	m vet45	60.95
205	Kevin Pye	Charnwood	m vet55	62.51

400m Time :19:51

Heat:3

150	James Scott	Rushcliffe	m sen	54.17
159	Nathan Langley	Worksop Harriers	m u17	54.53
142	Marcel Hodge	Leicester Coritanian	m sen	54.67
247	Rio Pearce-Chauhan	Saffron	m u20	55.45
254	Joe Stuttard	Rushcliffe	m u20	56.58
69	Tre Thomas	Charnwood	m u17	57.44
114	Robert Sims	Chesterfield	m u17	DNS

400m Time :19:51

Heat:4

123	Laurence Baird	Trafford	m vet35	50.25
258	James O'Brian	Cannock & Stafford	m u20	51.35
172	Alistair Finlay	Leicester Coritanian	m u17	52.15
252	Bjorn Buckley		m sen	52.38
106	Joss Moffatt	Rushcliffe	m u17	52.46
268	George Burnett	Charnwood	m u17	54.66
101	Louis O'Connor	Notts	m u20	DNS

300m Time :20:07

Heat:1

20	Florence Reed	Notts	g u15	44.64
240	Emily McTaggart	Wreake Runners	g u15	44.68
182	Emily Deeming	Amber Valley	w u17	46.95
90	Lauren Owens	Newark	g u15	49.11
15	Victoria West	Worksop Harriers	g u15	49.15
244	Emily Barratt	Grimsby Harriers	g u15	49.81
145	Bella Reed	Notts	g u15	DNS

300m Time :20:07

Heat:2

66	Ruka Shonibare	Sale Harriers	g u15	42.85
243	Mia Lowndes	Sale Harriers	g u15	43.00
31	Joshua Anderson	Saffron	b u15	43.72
80	Tye Parker	Charnwood	b u15	43.79
237	Millie Shaw	Charnwood	g u15	44.43
160	Eleanor James	Mansfield Harriers	g u15	44.80
68	Victoria Johnson	Charnwood	g u15	45.61

300m Time :20:07

Heat:3

230 Solomon Unwin	Charnwood	b u15	38.07
76 Jody Smith	Charnwood	b u15	38.33
257 Ben Higgins	Charnwood	b u15	39.21
54 Thomas Dayman	Charnwood	b u15	39.26
49 William Collings	Amber Valley	b u15	39.64
245 Emily Coope	Amber Valley	w u17	41.03
218 Jazzmin Kiffin	Charnwood	w u17	41.81

1500m Time :20:56

Heat:1

270 Mariam Getachew	Charnwood	w u20	5:26.24
219 Olivia Bonshor	Charnwood	g u13	5:31.46
198 Henrietta Magill	Saffron	g u13	5:36.21
227 Sean McCann	Charnwood	b u11	5:39.81
272 Gemma Newport	Charnwood	g u11	5:40.06
271 Serena Bignell	Charnwood	w vet45	5:40.75
103 Paige Vick	Mansfield Harriers	g u13	5:41.76
269 Grace Alvey	Wreake Runners	g u13	5:46.02
166 Sophie Worrall	Hunts	g u11	5:49.98
242 Tilly Owens	Newark	g u15	5:51.40
174 Naomi Clarke-Myers	Saffron	g u13	5:57.31
228 Amelie McCann	Charnwood	g u11	6:01.86
26 Madeleine Tatham	Amber Valley	g u11	6:07.18
124 Rohan Stokes	Wreake Runners	b u11	6:11.59
78 Aoife Rendu	Rushcliffe	g u11	6:14.40
71 Luke Talbot	Ivanhoe Robins	b u11	DNS

1500m Time :20:56

Heat:2

121 Roman Watson-Quilter	Wreake Runners	b u13	4:58.26
157 James Wardle	Rushcliffe	b u13	4:59.53
120 Lucca Watson-Quilter	Wreake Runners	b u13	5:01.81
112 Anna Smith	Newark	g u15	5:02.10
136 Molly-Anne Welton	Sheffield & Dearne	g u13	5:06.95
110 Maya Todd McIntyre	Rushcliffe	g u13	5:07.28
140 Connor Mills	Cannock & Stafford	b u15	5:08.21
196 Ella McHale	Sheffield & Dearne	g u15	5:08.27
118 Emma Richards	Leicester Coritanian	g u15	5:08.81
125 Maya Stokes	Wreake Runners	g u13	5:11.79
266 Thomas Pollard	Charnwood	b u13	5:16.06
193 Rosie Timlock	Wreake Runners	g u13	5:17.79
130 Janine Stones	Mablethorpe Running Club	w vet45	5:18.34
102 Luca Michalowski	Charnwood	b u13	5:41.74
213 Hannah Robinson	Notts	w sen	DNS

1500m Time :20:56

Heat:3

146 Sam Bagley	Cannock & Stafford	m u17	4:42.25
109 Declan Mann	Cannock & Stafford	b u15	4:43.22

207	Jacob Cousins	Matlock	b u15	4:43.42
179	Jude Bush	Derby	b u15	4:45.34
180	Thomas Wright	Derby	b u15	4:46.23
212	Robert Stewart	Charnwood	m vet40	4:46.24
181	Jake Martin	Derby	b u15	4:47.38
246	Ellie White	Newark	w u17	4:55.41
116	Henry Cullen	Grimsby Harriers	b u13	4:55.90
241	Amber Owens	Newark	w u17	4:56.89
144	Claire Smith	Heanor Running Club	w vet35	5:01.01
168	May Roberts	Mansfield Harriers	w u17	5:01.77
148	Charlie Combey	OWLS	b u13	5:25.74
211	Charlie Hirst	Stilton Striders	b u15	DNS
200	Valeska Wills	Derby	w u20	DNS
208	Aaron Nicholson		m sen	DNS

1500m Time :20:56

Heat:4

107	Joshua Ward		b u15	4:30.58
232	Sam Livsey	Charnwood	b u15	4:31.82
224	Jolyon Leavesley	Charnwood	b u13	4:37.50
154	Chloe Bradley	Doncaster	w sen	4:39.10
189	Cat Foley	Nene Valley Harriers	w sen	4:39.53
183	Elliot Meylan	Chesterfield	b u15	4:39.56
113	Ben Smith	Newark	b u13	4:42.56
191	Bethan Strange	Cardiff	w sen	4:43.93
149	Lily Winfield	Heanor Running Club	g u15	4:44.16
139	Andrew Worrall	Bedford & County	b u15	5:02.75

1500m Time :20:56

Heat:5

235	Tom Lupton	Charnwood	m sen	4:18.11
155	Thomas Barnes	Chesterfield	m u20	4:24.90
137	Dan Horner	Rushcliffe	m u17	4:26.42
104	Graham Moffat	Holme Pierrepont	m vet45	4:27.43
248	Harry Purdell	Leicester Coritanian	m u17	4:28.38
156	Will Tighe	Chesterfield	b u15	4:30.44
194	Charlie McGlinchey	Wreake Runners	b u15	4:31.15
153	Ricky Richmond	Newark	m u17	4:31.49
234	Euan Wilson	Charnwood	m u17	4:32.32
132	John Knibb	Leamington C & AC	m vet50	4:33.22
170	George Bettsworth	Newham & Essex Beagles	m u20	4:34.49
261	William Tucker	Grantham	b u15	4:36.47
199	Bilal Farah	OWLS	m u20	5:06.00
201	Alexandra Turner	Amber Valley	w sen	DNS

1500m Time :20:56

Heat:6

178	Freddie Hessian	Notts	m sen	4:02.67
209	Howard Thompson	Charnwood	m sen	4:02.97
249	Robert Smith	Notts	m sen	4:03.72

152	Stephen Long	Notts	m sen	4:04.83
217	Alfie Thompson	Leicester Coritanian	m u17	4:05.77
267	Joseph Pollard	Charnwood	m u17	4:06.06
119	Joseph Tuffin	Rushcliffe	m u17	4:08.95
195	Jack Longmore	Cannock & Stafford	m u20	4:12.58
225	James Douglas	Charnwood	m vet40	4:17.99
129	Campbell Menzies	Chesterfield	m sen	4:18.14
253	Scott West	OWLS	m sen	4:19.67
214	Sam Allen	Chesterfield	m u17	4:20.21
274	Mark thompson	Notts	m u23	4:20.73
134	Dion Harrison	Lincoln Wellington	m u20	4:21.78
192	Thomas Trimble	Lincoln Wellington	m u17	4:21.91
250	Chris McMillan	OWLS	m sen	4:23.97
127	Robert Hawse	Mablethorpe Running Club	m vet36	4:24.69
188	Marc Thorpe	Lincoln Wellington	m sen	4:30.21
226	Jack Douglas	Charnwood	b u15	4:31.09
29	Sean Barks	Lincoln Wellington	m vet45	4:42.64

200m Time :21:28

Heat:1 Wind : 1.0

10	Katie Potts	Amber Valley	g u11	33.26
6	Anya Swift	Amber Valley	g u11	33.39
227	Sean McCann	Charnwood	b u11	35.19
91	Megan Davis	Rushcliffe	g u11	35.19
59	Ravenn Cook	Wreake Runners	g u13	35.55
77	Sophia Howard	Charnwood	w vet45	38.23
228	Amelie McCann	Charnwood	g u11	DNS

200m Time :21:28

Heat:2 Wind : 1.7

65	Charlie Yates	Amber Valley	g u13	30.82
102	Luca Michalowski	Charnwood	b u13	31.39
164	Denise Timmis	Lincoln Wellington	w vet50	31.61
238	Demi Locker	Charnwood	g u11	31.88
18	Arabella Findlay	Rushcliffe	g u11	31.88
88	Simon Ram	Amber Valley	b u13	32.68
36	Tony Wells	Corby	m vet65	DNS

200m Time :21:28

Heat:3 Wind : 2.1

72	Molly Palmer	Charnwood	g u13	29.46
60	Phoebe Naismith-White	Leamington C & AC	w u17	29.69
12	Tom Carr	Charnwood	b u13	30.15
33	Ellie-Mae Staniforth	Charnwood	g u13	30.54
84	Ainslea Cross	Charnwood	w sen	30.67
73	Dalila Watson	Charnwood	g u13	DNF
79	Jenny McLoughlin	Cwmbran Harriers	w sen	DNS
35	Vivien Bonner	Birchfield Harriers	w vet65	DNS

200m Time :21:28

Heat:4 Wind : 1.4

51 Tara Pigott	Notts	w u17	27.87
70 David Seidu	Wreake Runners	b u11	28.33
34 Lois Massey	City of Stoke	g u15	28.36
5 Libby Fort	Leicester Coritanian	g u13	28.69
187 Laura Sugar	Birchfield Harriers	w sen	28.75
197 Maisie Archer-Dytch	Newark	g u13	29.13
177 Rachael Baylis	Worcester	w u17	DNS

200m Time :21:28

Heat:5 Wind : 1.5

81 Mollie Swann	Charnwood	g u13	27.18
58 Farrah Cook	Charnwood	w u17	28.18
38 Nicole Harris	City of Stoke	g u15	28.40
240 Emily McTaggart	Wreake Runners	g u15	28.54
43 Gerorgia Clarke	Leamington C & AC	g u15	28.83
56 Zydonie Fearon	Saffron	g u15	29.41
182 Emily Deeming	Amber Valley	w u17	DNS

200m Time :21:28

Heat:6 Wind : 1.8

30 Darryl Pigott	Notts	m vet45	26.65
163 Shireen Timmis	Lincoln Wellington	w sen	27.09
165 Rebecca Sheffield	Burton	g u15	27.76
61 Louise Feeney	Amber Valley	w sen	27.97

200m Time :21:28

Heat:7 Wind : 1.3

39 Robert North	Midland Masters	m vet35	23.78
17 Paul North	Midland Masters	m vet40	25.49
89 Richard Whitehead	Southwell	m sen T42	25.69
147 Rhys Owen	Notts	m u17	26.04
161 Cyrus Clarke	Amber Valley	b u15	26.21
216 Laura Langowski	Coventry Godiva	w sen	26.41
3 Millie Jones	City of Stoke	w u17	26.43
54 Thomas Dayman	Charnwood	b u15	DNS

200m Time :21:28

Heat:8 Wind : 1.0

190 Daniel Hill	Lincoln Wellington	m sen	24.82
159 Nathan Langley	Worksop Harriers	m u17	24.97
184 Diani Walker	Birchfield Harriers	w sen	25.14
11 Stephen Terry-Short	Cannock & Stafford	m vet40	25.20
254 Joe Stuttard	Rushcliffe	m u20	25.96
75 Libby Clegg	Charnwood	w sen T12	DNS

200m Time :21:28

Heat:9 Wind : 0.9

172 Alistair Finlay	Leicester Coritanian	m u17	23.75
42 Jack Markham	Wreake Runners	m sen	24.04

55	Nathan Lewis	Charnwood	m u20	24.05
176	James Melhuish	Rushcliffe	m u17	24.85
21	Jaqmes Sadula	Derby	m u20	25.47
153	Ricky Richmond	Newark	m u17	26.26

200m Time :21:28

Heat:10 Wind : 0.9

263	Peter Shand	Birchfield Harriers	m sen	21.86
264	Mathias Francis	Birchfield Harriers	m sen	22.73
185	Simbarashe Rwambiwa	Birchfield Harriers	m sen	22.88
94	Alex Currie	Notts Trent University	m sen	22.98
83	Steve Watson	Charnwood	m sen	23.37
13	Jordan Lightfoot	City of Stoke	m u17	24.00
47	Steven Lambourne	Doncaster	m u20	DNS

High Jump

220	Charlotte Jones	Derby	w u17	1,70
162	Chloe Allcock	Mansfield Harriers	g u15	1,50
177	Rachael Baylis	Worcester	w u17	1,45
236	Amy Shaw	Charnwood	w u17	1,40
242	Tilly Owens	Newark	g u15	1,35
72	Molly Palmer	Charnwood	g u13	1,30
73	Dalila Watson	Charnwood	g u13	1,25
197	Maisie Archer-Dytch	Newark	g u13	1,25
103	Paige Vick	Mansfield Harriers	g u13	1,25
92	Rebecca Preece	Charnwood	g u1`3	1,15

Long Jump

23	Ed Barbour	Amber Valley	m u20	6,29
143	Joel Grenfell	Peterborough	m sen	6,28
39	Robert North	Midland Masters	m vet35	5,92
161	Cyrus Clarke	Amber Valley	b u15	5,54
262	Kane Barradell	Charnwood	b u15	5,52
257	Ben Higgins	Charnwood	b u15	5,45
17	Paul North	Midland Masters	m vet40	5,18
230	Solomon Unwin	Charnwood	b u15	5,18
262	Kane Barradell	Charnwood	b u15	4,98
207	Jacob Cousins	Matlock	b u15	4,79
108	Joe Cartwright	Notts	b u15	4,75
231	Cameron Darkin-Price	Charnwood	b u15	4,63
221	Per Kristian Lundby	Notrway	m vet65	4,42
222	Tom Blewitt-Jenkins	Charnwood	b u13	4,18
71	Luke Talbot	Ivanhoe Robins	b u11	4,14
102	Luca Michalowski	Charnwood	b u13	3,80
202	Daniel Collings	Amber Valley	b u13	3,44
9	Marcus Wright	Saffron	b u11	3,34
1	Zack Michalowski	Ivanhoe Robins	b u11	3,22
173	Kye Clarke-Myers	Saffron	b u11	2,95

Triple Jump

106	Joss Moffatt	Rushcliffe	m u17	11,98
150	James Scott	Rushcliffe	m sen	11,78
231	Cameron Darkin-Price	Charnwood	b u15	10,44
63	Sheldon Fivaz	Charnwood	b u15	10,18
237	Millie Shaw	Charnwood	g u15	9,84
221	Per Kristian Lundby	Notrway	m vet65	9,27
77	Sophia Howard	Charnwood	w vet45	7,07

Discus

273	Matthew Lee	Birchfield Harriers	m sen	39,40
233	Tom Pearson	Charnwood	m sen	37,16
159	Nathan Langley	Worksop Harriers	m u17	35,44
221	Per Kristian Lundby	Notrway	m vet65	33,94
126	John Twiddle	Kingston upon Hull	m vet45	33,19
260	Ben Crossdale	Derby	m sen	31,59
122	Christopher Kay	Leicester Coritanian	m sen	30,19
111	Jim Gillespie	Lincoln Wellington	m vet50	28,34
231	Cameron Darkin-Price	Charnwood	b u15	22,26
151	Hannah Richardson	Retford	w u17	22,07
158	Regan Langley	Worksop Harriers	b u15	20,43
229	Beth Clutterbuck Allen	Charnwood	g u15	19,79
243	Mia Lowndes	Sale Harriers	g u15	17,72
128	Maia Reynolds	Rugby & Northampton	g u13	16,97
46	Benjamin Jones	Amber Valley	b u13	15,60
210	Roger Beeby		m vet80	15,07
255	Portia Deaville	Amber Valley	g u15	14,58

Seated Discus

117	Kieran Tscherniawsky	Charnwood	m sen F33	25,47 1K
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Shot

259	Kiona McLennon	Rugby & Northampton	w u17	12,53
126	John Twiddle	Kingston upon Hull	m vet45	12,48
233	Tom Pearson	Charnwood	m sen	11,72
122	Christopher Kay	Leicester Coritanian	m sen	10,74
4	Kelsey Pearce	Mansfield Harriers	g u13	9,03
167	Susan Frisby	Leicester Coritanian	w vet55	8,57
111	Jim Gillespie	Lincoln Wellington	m vet50	8,50
128	Maia Reynolds	Rugby & Northampton	g u13	7,76
158	Regan Langley	Worksop Harriers	b u15	7,75
251	Jack Johnson	Leicester Coritanian	m sen F37	7,20 5k
210	Roger Beeby		m vet80	6,82
46	Benjamin Jones	Amber Valley	b u13	6,68
255	Portia Deaville	Amber Valley	g u15	6,28
244	Emily Barratt	Grimsby Harriers	g u15	6,18
92	Rebecca Preece	Charnwood	g u1`3	5,85
103	Paige Vick	Mansfield Harriers	g u13	5,25
65	Charlie Yates	Amber Valley	g u13	4,80
37	Abbie Deeming	Heanor Running Club	g u13	4,42
1	Zack Michalowski	Ivanhoe Robins	b u11	4,04

Seated Shot

117 Kieran Tscherniawsky

Charnwood

m sen F33

8,45 3k

