

## Startliste: 16km uten tid

Stnr	Navn	Kjønn	Klasse	Klubb
420	Katrine Martinsen	Kvinner	23-34	
421	Karl-Ivar Abrahamsen	Menn	23-34	
701	Torill Minge	Kvinner	Trim	KONDIS
702	Elin Bakke Norén	Kvinner	Trim	
703	Tone Winther	Kvinner	Trim	
704	Kjersti Vik	Kvinner	Trim	
705	Linda Geelmuyden	Kvinner	Trim	
706	Lisbet Myrvold	Kvinner	Trim	
707	Mathilde Halstensen	Kvinner	Trim	
708	Bjørn Halstensen	Menn	Trim	
709	Jørn Kristiansen	Menn	Trim	TEAM WESTTOWN
710	Margrete Olsen	Kvinner	Trim	TEAM WESTTOWN
711	Line Kristin Jemtland Økland	Kvinner	Trim	
712	Gørill Lødding Myrhaugen	Kvinner	Trim	
713	Christine Gundersen	Kvinner	Trim	
714	Jonatan Asbjørnsen	Menn	Trim	
715	Ingrid Kristiansen	Kvinner	Trim	
716	Mette Irene Martinsen	Kvinner	Trim	
717	Ann Kristin Bråthen	Kvinner	Trim	KOLBOTN IL
718	Lise Ballangrud	Kvinner	Trim	
719	Christine Norvang	Kvinner	Trim	ST. OLAVS GLADE JENTER
720	Wibeke Andersen	Kvinner	Trim	TEAM TVILLING
721	Mette Andersen	Kvinner	Trim	TEAM TVILLING
722	Hilde Tøfte	Kvinner	Trim	
723	Elisabeth Nygård	Kvinner	Trim	
724	Marius Sandstad Røising	Menn	Trim	HVALER KOMMUNE
725	Asbjørn Madsen	Menn	Trim	FRISKIS OG SVETTIS
726	Ingrun Solberg	Kvinner	Trim	FRISKIS&SVETTIS; FR.STAD
727	Helene Garmo	Kvinner	Trim	
728	Nina Thomassen	Kvinner	Trim	
729	Lise Mette Nyborg	Kvinner	Trim	
730	Jeanett Dahl Jensen	Kvinner	Trim	
731	Jon Waagbø	Menn	Trim	
732	Marius Belstad	Menn	Trim	
733	Stine Johansen	Kvinner	Trim	
734	Roger Johansen	Menn	Trim	
735	Christine Kolstad	Kvinner	Trim	IL NORDBJØRN
736	Lise Marie Blix Nilsson	Kvinner	Trim	
737	Magnus Andersen	Menn	Trim	
738	Christer Andersen	Menn	Trim	
739	Johan Øy	Menn	Trim	GJELLERÅSEN IF
740	Maria Dønnestad	Kvinner	Trim	
741	Anne Utne	Kvinner	Trim	
742	Svein Haugen	Menn	Trim	
743	Anders Elverum	Menn	Trim	
744	Michele Cici	Menn	Trim	
745	Tor Trondsen	Menn	Trim	
746	Solveig Grøvle	Kvinner	Trim	
751	Lars Kristian Aasbrenn	Menn	Trim	
752	Merete Lie	Kvinner	Trim	

## Startliste: 16km uten tid

Stnr	Navn	Kjønn	Klasse	Klubb
753	Torill Granholt	Kvinner	Trim	FREDRIKSTAD IF
754	Andreas M. Kjølberg	Menn	Trim	
755	Sara Langsholdt	Kvinner	Trim	

Antall: 53

## GLOMMALØPET 2015 - RESULTATER UNGDOMSLØPET - 1,0 MILES

Startnummer	Fornavn	Etternavn	Klubb	Tid
<b>Klasse 13 år jenter</b>				
247	Signe Marie	Ludvigsen	Varteig IL	6.55,17
236	Martine	Stang Solgaard	SIL	7.23,66
<b>Klasse 12 år jenter</b>				
237	Tora	Fredheim	FIF	6.52,25
246	Sofie	Sulusnes	Varteig IL	6.54,42
<b>Klasse 11 år jenter</b>				
248	Mina	Jakobsen	Varteig IL	7.08,74
238	Mathea	Edvardsen	SIL	9.18,47
244	Hannah Moen	Johansen		9.29,82
239	Ingeborg Lie	Søvold		10.06,16
<b>Klasse 10 år jenter</b>				
245	Malmberg	Helle	SIL	9.29,56
241	Rakel	Bryhni	IL Nordbjørn	10.11,92
<b>Klasse 13 år gutter</b>				
240	Sigurd	Søvold		6.51,96
<b>Klasse 12 år gutter</b>				
249	Sindre	Fredriksen	Varteig IL	6.10,11
243	Elias	Bryhni	Reapy	6.56,36
234	Jakob Bolin	Lund	Ski IL Friidrett	8.47,14
<b>Klasse 11 år gutter</b>				
250	Håkon	Smaaberg Lunde	Varteig IL	6.52,54
<b>Klasse 10 år gutter</b>				
242	Isak	Bryhni	Reapy	8.23,79
<b>Klasse 9 år gutter</b>				
235	Ludvig Bolin	Lund	Ski IL Friidrett	8.19,42

## GLOMMALØPET 2015 - TIDER BARNELØPET - 0,5 MILES

Startnummer	Fornavn	Etternavn	Klubb	Tid
<b>Jenter 8, 9 og 10 år</b>				
27	Hedvig	Fredheim	Fredrikstad IL	3.28,11
38	Alisa	Bjørnstad		4.13,64
7	Signe	Smaaberg Lunde	Varteig IL	3.45,33
12	Vilde	Fredriksen	Varteig IL	3.06,70
15	Anniken	Monsen	Sarpsborg IL	4.09,61
17	Rebecca Marie	Østhus	Sarpsborg IL	5.04,98
18	Sara Marie	Martinsen	Sarpsborg IL	4.57,32
29	Madelen	Danielsen Fossum		3.57,41
30	Hannah Margerethe	Horne	DGG	5.44,71
32	Tuva	Skeid		4.56,19
3	Frida	Bjercke-Bjørnstad	Sarpsborg IL	4.13,04
36	Madelen Støten	Nordstrøm	Rakkestad	
<b>Jenter yngre enn 8 år</b>				
16	Kaia	Jakobsen	Varteig IL	4.01,25
31	Martine	Horne	DGG	4.08,88
39	Anna Erica	Tanø		6.05,67
1	Evelina	Schanke-Rubensson	SIL	5.05,98
20	Zofia	Czekaj		7.15,58
22	Nikola	Hryn	Adameks	7.22,08
34	Elsa	Skeid		5.15,12

## GLOMMALØPET 2015 - TIDER BARNELØPET - 0,5 MILES

Startnummer	Fornavn	Etternavn	Klubb	Tid
<b>Gutter 8, 9 og 10 år</b>				
10	Magnus	Hjemly	Flint	3.34,73
13	Simen	Midtsjø Vik	Kråkerøy	3.27,38
14	Fredrik	Pinås	Kråkerøy	3.23,06
40	Theo Lukas	Klevstadlien		4.45,47
41	Sander	Michelsen		4.45,97
42	Jakob	Stang	Tune IL	3.17,36
2	Jonas	Schanke-Rubensson	Sarpsborg IL	3.26,20
6	Ole Henry	Bjor	Sarpsborg IL	3.28,57
24	Sigurd	Børesen		3.39,83
25	Sverre Lie	Søvold		4.27,69
35	Thomas	Fredheim	Fredrikstad	3.17,97
4	Fredrik	Bjercke-Johansen	Sarpsborg IL	3.31,60
5	Isac	Elisenberg Spydevold	Sarpsborg IL	3.42,96
23	Henrik Wennersberg	Schrøder	SIL-friidrett	3.27,78
33	Kevin	Heidenberg Fotland		4.01,83
37	Kristoffer	Krossby	Hvaler	3.40,66
<b>Gutter yngre enn 8 år</b>				
8	Eirik	Hjemly	Flint	4.12,40
9	Oscar	Hjemly	Flint	3.58,94
11	Theo	Thorgaard	Begby	4.16,90
26	Herman	Fredheim	Kråkerøy IL	4.07,47
28	Leander	Storehjelm Jørgensen		7.07,01
19	Samuel	Bryhni	IL Hordbjørn	4.30,30
21	Pawel	Hryn	Adameks	5.14,17

### 16km individuell

#### Menn 16-17

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	370	Herman Gløersen	FREDRIKSTAD SKIKLUBB	01:10:52	00:00:00
2	593	Sigmund Nyvoll	TRØSKEN	01:14:50	00:03:58
3	449	Jakob Gløersen	FREDRIKSTAD SKIKLUBB	01:15:36	00:04:45
4	596	Fredrik Bråthen	SFK	01:24:40	00:13:48
5	537	Julius Horgheim	FREDRIKSTAD IF	01:24:54	00:14:02
6	583	Philip Drivenes	FREDRIKSTAD SKIKLUBB	01:25:47	00:14:56

Antall: 6

#### Menn 18-19

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	317	Bjørn Dahlby Karlsen		01:08:55	00:00:00
2	538	Victor Olsen		01:31:11	00:22:16

Antall: 2

#### Menn 20-22

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	342	Sondre Skaug	FREDRIKSTAD IF	01:01:17	00:00:00
2	388	Jørgen Løken		01:04:13	00:02:57
3	516	Petter Andersen		01:22:34	00:21:17
4	118	Joshua Karesch		01:25:29	00:24:13

Antall: 4

#### Menn 23-34

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	53	Eirik Gjosæter	TEAM BLIKKENS LAGAR FLOTVE	00:59:13	00:00:00
2	373	Ole Audun Haabeth		00:59:38	00:00:25
3	91	Eirik Kjølberg Klonteig	BRYNILD GRUPPEN	01:04:15	00:05:02
4	396	Ola Skeid	OPPSAL IF/AFK BIL	01:04:58	00:05:45
5	12	Knut-André Larsen		01:06:33	00:07:20
6	94	Øystein Bertheussen		01:06:38	00:07:25
7	207	Steve Kaspersen	FREDRIKSTAD TRIATLONKLUBB / SCK	01:07:21	00:08:08
8	512	Jørn Espen Nilsen		01:07:59	00:08:46
9	110	Tomas Wang	SMELLS LIKE TEAM SPIRIT	01:08:15	00:09:02
10	271	Alexander Rørberg	FPIL	01:08:46	00:09:33
11	399	Hallvard Bjørkli		01:09:26	00:10:13
12	557	Daniel Brewster		01:09:40	00:10:27
13	194	Martin Ekeberg	SAMEMAFIAEN	01:10:42	00:11:29
14	576	Sjur Haabeth		01:10:56	00:11:43
15	359	Snorre Treimo		01:11:03	00:11:50
16	407	Per Marius Olsen	FPIL	01:12:03	00:12:50
17	216	Espen Skaar	POLARIS	01:14:05	00:14:52
18	629	Stian Stæa Johannesen	VARTEIG IL	01:14:13	00:15:00
19	567	Lars Fosse	IMTECH	01:14:42	00:15:29
20	400	Kent-Åge Tokstad Stallvik	ELVENG	01:14:46	00:15:33
21	170	Henrik Lorentzen	INFOTJENESTER AS	01:14:55	00:15:42
22	32	Lars-Andreas Eriksen		01:15:47	00:16:34

### 16km individuell

#### Menn 23-34

Pluss	StNr	Navn	Klubb	Tid	Tid Bak
23	206	Ole Kristian Sørensen		01:16:05	00:16:52
24	564	Robert Hauer	TEAM RH84	01:16:15	00:17:02
25	496	Espen Sperlin	EIDSBORG IL	01:16:28	00:17:15
26	438	Vetle Bråthen Blekken		01:16:39	00:17:26
27	381	Fredrik Bjørnebekk	SARPSBORG AP	01:16:39	00:17:26
28	252	Fredrik Martinsen		01:17:23	00:18:10
29	623	Dan Thomas Olsen		01:18:05	00:18:52
30	167	Diego Gonzalez	SMELLS LIKE TEAM SPIRIT	01:18:54	00:19:41
31	307	Piotr Hryn	ADAMEKS	01:18:55	00:19:42
32	217	Martin Mikkelborg Syvertsen	SIGNICAT	01:19:04	00:19:51
33	460	Aleksander Walberg Sørli	FREDRIKSTAD TRIATLONKLUBB	01:19:05	00:19:52
34	573	Espen Michael Eriksen	IMETCH	01:19:15	00:20:02
35	236	André Larsen		01:19:25	00:20:12
36	641	Heine Jensen	@HEINEJENS	01:19:54	00:20:41
37	495	Sjur Lysaker		01:20:53	00:21:40
38	394	Alexander O Sørvoll	BRYNILD GRUPPEN	01:21:24	00:22:11
39	132	Mikael Høgberg Johansen		01:21:32	00:22:19
40	57	Sondre Bauer Lunde	NEXANS	01:21:35	00:22:22
41	231	Kristoffer Stang	#TEAMCHEMTRAIL	01:21:35	00:22:22
42	188	Ole Marttin Forsetlund		01:22:00	00:22:47
43	588	Erik Martinsen		01:22:01	00:22:48
44	282	Torger Bjørndal	STOREMYR IL	01:22:05	00:22:52
45	242	Alfredo De Ibarra Argiles		01:22:46	00:23:33
46	244	Marcus Ogre	NEMUS	01:23:00	00:23:47
47	369	Ole Jensen		01:23:07	00:23:54
48	286	Jørn Anders Bjercke	JCB HAGE OG GRØNTAREALER AS	01:23:24	00:24:11
49	273	Morten Bergli		01:23:46	00:24:33
50	353	Atle Stubberud	TINDLUND IF	01:24:41	00:25:28
51	169	Sondre Haslerud Stjern	ROMERIKE ULTRALØPERKLUBB	01:24:44	00:25:31
52	574	Morten Bruheim		01:24:55	00:25:42
53	101	Håvard Skaaden		01:26:32	00:27:19
54	615	Olav Gram Degnes	REARDEN PARTNERS AS	01:26:46	00:27:33
55	437	Trym Bråthen Tangen		01:27:12	00:27:59
56	237	Thor Arnesen	NORDEA BANK NORGE	01:28:23	00:29:10
57	63	Heine Kristoffer Aas		01:28:37	00:29:24
58	297	Hans Rudi Aas		01:28:43	00:29:30
59	25	Stian Holmskog	PENTEX AS	01:28:48	00:29:35
60	230	Sindre Martinsen-Evje		01:28:49	00:29:36
61	488	Kenny Engen		01:30:44	00:31:31
62	356	Lars Gjerlaugsen	TANNLEGE LARS GJERLAUGSEN	01:30:52	00:31:39
63	197	Marius Mortensen	VARTEIG BOYZ	01:31:18	00:32:05
64	105	Jonas Holth	BÅTHUSTEATRET	01:31:41	00:32:28
65	195	Øyvind Svensen	PROJECTIONDESIGN	01:31:46	00:32:33
66	285	Christer Ringsrud	JCB HAGE OG GRØNTAREALER AS	01:32:00	00:32:47
67	472	Andreas Lavik Nordby	FREDRIKSTAD KOMMUNE	01:32:43	00:33:30
68	602	Steffen Eliassen		01:32:44	00:33:31

### 16km individuell

#### Menn 23-34

Pluss	StNr	Navn	Klubb	Tid	Tid Bak
69	655	Morten Moen		01:32:55	00:33:42
70	531	Stian Kristiansen		01:34:12	00:34:59
71	139	Anders Amundsen	BÅTHUSTEATRET	01:34:45	00:35:32
72	393	Andreas Berg	ELIXIA TUNEJORDET	01:36:13	00:37:00
73	477	Øyvind Schei		01:37:42	00:38:29
74	457	Dan-Petter Jacobsen	COWI	01:38:16	00:39:03
75	126	Ole Emilsen	IMTECH	01:38:21	00:39:08
76	301	Jon Eivind Svendsen		01:39:55	00:40:42
77	550	Martin Østby	TEAM ACTIC TRIATHLON	01:41:34	00:42:21
78	302	Marius Hansen	TEAM HANSEN	01:42:05	00:42:52
79	87	Joachim Halvorsen	IMTECH	01:44:12	00:44:59
80	563	Daniel Trandum	RT 27 FREDRIKSTAD	01:44:37	00:45:24
81	543	Michael Lindgjerdet		01:53:33	00:54:20
82	521	Mukhtar Qarbosh	NAV FREDRIKSTAD	01:59:24	01:00:11

Antall: 82

#### Menn 35-39

Pluss	StNr	Navn	Klubb	Tid	Tid Bak
1	376	Ole-Hermann Røhr	RYGGEJOGGEN	00:55:38	00:00:00
2	147	Pål Oraug	ISE	00:57:59	00:02:22
3	410	Ruben Marco-Arroyo	ØSTFOLD FYLKESKOMMUNE	00:59:02	00:03:25
4	312	Geir Aa. Willadsen	ØSTFOLD POLITIIDRETTSKLAG	01:00:37	00:05:00
5	608	Ozzy Gurung	FREDRIKSTAD IF	01:00:47	00:05:10
6	69	Lars Aurebekk	FREDRIKSTAD SKIKLUBB	01:02:07	00:06:30
7	38	Frederik Bjornstad	BORN TO RUN	01:03:47	00:08:09
8	520	Emil Magnussen		01:05:15	00:09:38
9	67	Christer Hult	LIRE BK	01:06:05	00:10:28
10	637	Axel Bendiksby	FREDRIKSTAD TRI KLUBB	01:06:32	00:10:54
11	464	Ulf Eliasson	SKYE	01:07:51	00:12:14
12	644	Andreas Larsen	ASIK FLAMES	01:08:18	00:12:41
13	308	Tom Erik Heia		01:08:54	00:13:17
14	277	Erik Jørstad	FREDRIKSTAD SYKKELKLUBB / STORE	01:10:15	00:14:38
15	245	Jon Bjørke-Hill		01:10:17	00:14:39
16	640	Jørn Haabeth	FREDRIKSTAD IF	01:10:37	00:15:00
17	83	Andreas Akselsen		01:11:24	00:15:46
18	628	Richard Kjellvik		01:12:13	00:16:36
19	102	Lars Hox	KONGSTEN IF	01:14:16	00:18:38
20	416	Lars Kvalsvik		01:14:16	00:18:39
21	584	Jon Guthu		01:14:19	00:18:42
22	374	Stian Bye		01:14:20	00:18:43
23	441	Per Kristian Johansen		01:14:21	00:18:44
24	27	Jarle Skovly		01:14:26	00:18:49
25	215	Tonny Holte	TEAM SOLBERGVARDEN OPP	01:14:26	00:18:49
26	274	Ole Vingelsgaard	EUOPRIS	01:14:46	00:19:09
27	239	Christoffer Thomassen	FREDRIKSTAD TRIATLONKLUBB	01:14:48	00:19:11
28	235	Lars Petter Grüner	NORDEA BANK NORGE	01:14:56	00:19:19



### 16km individuell

#### Menn 35-39

Class	StNr	Navn	Klubb	Tid	Tid Bak
29	605	Dag Vidar Falch	OTT/CENTRUM FYSIOTERAPI	01:15:23	00:19:46
30	440	Glenn Kristiansen	ROMERIKE ULTRALØPERKLUBB	01:15:29	00:19:52
31	592	Morten Moberg Arntzen	KONGSTEN IF	01:15:52	00:20:15
32	173	Robert Fialho	TEAM ACTIC TRIATHLON	01:15:59	00:20:22
33	497	Ole-Jacob Martinsen		01:16:31	00:20:54
34	384	Kennet Hald	HALD	01:17:01	00:21:24
35	433	Martin Sagen Andersen	RT 27 FREDRIKSTAD	01:17:32	00:21:55
36	514	Truls Martin Ambjørnsen	RT 27 FREDRIKSTAD	01:18:11	00:22:34
37	257	Arne Aleksander Jeksrud	LEEDS UTD.	01:19:05	00:23:28
38	348	Ole Martin Glende Eriksen		01:19:26	00:23:49
39	323	Steinar Skaug	COWI	01:19:33	00:23:56
40	434	Anders Karlsson	QUALITY HOTEL & RESORT SARPSBOI	01:19:56	00:24:19
41	397	Øivind Solberg		01:20:06	00:24:29
42	128	Bjørn Ove Aspren		01:20:15	00:24:38
43	643	Lars Edvinsen	ASIK FLAMES	01:20:16	00:24:39
44	568	Tore Karlstad	SARPSBORG SYKLEKLUBB	01:20:21	00:24:44
45	446	Darius Adomaitis		01:20:35	00:24:58
46	479	Espen Handegård		01:21:22	00:25:45
47	258	Andreas Evensen		01:22:40	00:27:03
48	473	Øystein Andersen		01:22:42	00:27:05
49	37	Henrik Ottersen		01:23:05	00:27:28
50	468	Thomas Grundstad	BORGE FYSIOTERAPI	01:23:10	00:27:33
51	262	Ruben Verdu Martinez	PRIVAT	01:23:17	00:27:40
52	513	Lasse Orring	RT 27 FREDRIKSTAD	01:23:48	00:28:10
53	352	Jan Løvfold		01:24:10	00:28:32
54	368	Frode Andersen		01:24:38	00:29:00
55	238	Magnus Arnesen	ROLVSØY VEKTLØFTERKLUBB	01:24:49	00:29:12
56	196	Sverre Lefsaaker	PROJECTIONDESIGN	01:26:38	00:31:00
57	534	Remi Bjørkå		01:26:39	00:31:02
58	612	Tobby Simonsen	PROJECTIONDESIGN	01:26:57	00:31:20
59	604	Jon-Erik Gretland	KLUBB PARADISAAK	01:27:20	00:31:43
60	247	Bengt Petter Johansen	ØSTFOLD ENERGI	01:27:46	00:32:08
61	427	Morten Heli-Hansen	NORDIC CRANE	01:28:05	00:32:28
62	554	Ole Johnny Aasen		01:33:35	00:37:57
63	412	Sven-Erik Lind		01:34:20	00:38:43
64	354	Theodor Bye	RØDENES IL	01:38:19	00:42:41
65	424	Geir Syversen	FREDRIKSTAD IF	01:41:38	00:46:00
66	212	Tonny Røren		01:44:13	00:48:36
67	559	Thomas Bysted	RT 27 FREDRIKSTAD	01:44:37	00:49:00

Antall: 67

#### Menn 40-44

Class	StNr	Navn	Klubb	Tid	Tid Bak
1	454	Mats Pettersen	STABBURET BIL	01:00:38	00:00:00
2	501	Jon Ivar Tjernshaugen	VARTEIG IL	01:01:08	00:00:31
3	635	Bjørn Johannessen	HALDEN IL	01:01:12	00:00:35

## 16km individuell

### Menn 40-44

Plass	StNr	Navn	Klubb	Tid	Tid Bak
4	555	Preben Gautun	FREDRIKSTAD IF	01:04:45	00:04:08
5	491	Bjørge Nesengen	FREDRIKSTAD TRIATLONKLUBB	01:04:46	00:04:09
6	16	Øyvind Wang	SKILØPERNE	01:05:23	00:04:46
7	380	Henrik Høidahl		01:05:47	00:05:10
8	486	Lars Øy	GJELLERÅSEN IF	01:05:54	00:05:17
9	522	Martin Sture		01:05:54	00:05:17
10	379	Leif Morten Jamissen	SATS SARPSBORG	01:07:41	00:07:04
11	120	Ronny Knudsen		01:07:45	00:07:08
12	121	Jan Terje Dragvoll		01:07:51	00:07:14
13	469	Martin Sondaj	FREDRIKSTAD IF	01:08:15	00:07:38
14	70	Espen Grindahl		01:08:20	00:07:43
15	52	Per Åge Hallstensen		01:08:56	00:08:19
16	362	Magnus Thorsen		01:09:39	00:09:02
17	251	Magne Svandal	FREDRIKSTAD SKIKLUBB	01:09:48	00:09:11
18	389	Pål-Helge Nilssen	NORTHERN RUNNERS	01:10:00	00:09:23
19	335	Magne Rosnes	COWI BIL	01:10:11	00:09:34
20	595	Per Ove Haugland	NYLENDE IF	01:10:14	00:09:37
21	547	Lars Henning Stang		01:10:24	00:09:47
22	625	Morten Jensen	NORDENS AS	01:10:47	00:10:10
23	585	Thomas E. Rasmussen	FREDRIKSTAD IF	01:10:49	00:10:12
24	17	Jørgen Hole	ÅS IL / SKILØPERNE	01:11:09	00:10:32
25	360	Henrik Landeklint	FREDRIKSTAD IF	01:11:37	00:11:00
26	300	Viggo Bjørnstad	SARPSBORG IL	01:11:57	00:11:20
27	331	Oelrik Werbrouck		01:12:00	00:11:23
28	589	Harald Engh	VARTEIG I.L.	01:12:04	00:11:27
29	294	Arnt Andersrød		01:12:39	00:12:02
30	417	Espen Nystad		01:12:41	00:12:04
31	481	Per Willy Sola	LUNDE FLYERS	01:12:59	00:12:22
32	645	Petter Kvamme Jensen		01:13:10	00:12:33
33	326	Øyvind Bråten	COWI BIL	01:13:28	00:12:51
34	600	Frank Robert Bråthen		01:13:33	00:12:56
35	539	Jon Harald Carlsen		01:13:57	00:13:20
36	610	Lasse Tveit	REFF ROCK CITY	01:14:12	00:13:35
37	386	Lasse Horne	DGG	01:14:19	00:13:42
38	36	Tage Eidissen	SARPSBORG ORIENTERINGSLAG	01:14:30	00:13:53
39	544	Glenn Klausen	SKJEBERG CK	01:14:43	00:14:06
40	642	Pål Oliver Kristiansen	FREDRIKSTAD TRIATHLON KLUBB	01:14:48	00:14:11
41	279	Bjørn Arne Lillebø		01:14:55	00:14:18
42	603	Odin Svendsen		01:15:05	00:14:28
43	322	Per Nielsen	COWI BIL	01:15:12	00:14:35
44	490	Anders Brynildsen	BRYNILD GRUPPEN	01:16:06	00:15:29
45	565	Martin Fredheim	FREDRIKSTAD IF	01:16:13	00:15:36
46	268	Ketil Grønneberg		01:16:22	00:15:45
47	566	Anders Schjøllert Fredheim		01:16:26	00:15:49
48	232	Ole Petter Sandersen	ULFVEN AS	01:16:31	00:15:54
49	617	Richard Lindstrøm		01:16:34	00:15:57

### 16km individuell

#### Menn 40-44

Plass	StNr	Navn	Klubb	Tid	Tid Bak
50	157	Nick Simons		01:17:01	00:16:24
51	19	Magnus Krossby	FREDRIKSTAD SK	01:17:11	00:16:34
52	6	Jørgen Johansen	SOLKYSTEN LK	01:17:31	00:16:54
53	474	Jens Thorgaard		01:17:33	00:16:56
54	652	Frode Christiansen	BRUA FYSIKALSKE	01:17:43	00:17:06
55	500	Øyvind Sola	YVEN IF	01:18:35	00:17:58
56	90	Geir Bjørnstad	SARPSBORG ARBEIDERBLAD	01:18:42	00:18:05
57	270	Fredrik Myhre Haugerud	TROLLDALEN IF	01:18:47	00:18:10
58	435	Joachim Eriksen		01:19:03	00:18:26
59	20	Vegard Krabberød		01:19:12	00:18:35
60	296	Tore André Johansen		01:19:30	00:18:53
61	392	Tom-Erik Larsen		01:19:33	00:18:56
62	591	Frank Langva		01:19:57	00:19:20
63	154	Erling Søyland	CAD QUALITY	01:20:00	00:19:23
64	75	Sven Ove Austbø	TRANSCOM	01:21:11	00:20:34
65	156	Christian Pilestrand	TROLLDALEN IF	01:21:19	00:20:42
66	363	Anders Løkke	CK ØST	01:21:36	00:20:59
67	467	Thomas Ulfsrød		01:21:46	00:21:09
68	510	Jon Egenes	ERLIG LH	01:22:51	00:22:14
69	340	Tor-Arne Halvorsen		01:23:03	00:22:26
70	492	Thomas Borger	IMTECH	01:23:10	00:22:33
71	631	Trond Risa	SERUL NATAS	01:24:50	00:24:13
72	578	Lennart Gammelsrud		01:25:31	00:24:54
73	80	Ole Christian Sæll	RUNNINGRABBITS	01:26:36	00:25:59
74	155	Fredrik Gaarder		01:27:09	00:26:32
75	209	Svend Yrvum	MOSSJONISTENE	01:27:36	00:26:59
76	246	Roy Bråthen	ØSTFOLD ENERGI	01:27:38	00:27:01
77	314	Per Christian Heines	ZENITH SURVEY	01:28:40	00:28:03
78	429	Svend Aage Larsen	ROCKDRIVERS	01:29:28	00:28:51
79	656	Stian Bjørnebekk		01:30:03	00:29:26
80	243	Morten Bjørnstad		01:30:06	00:29:29
81	633	Andreas Paulsen	FYSIOPLUSS	01:32:21	00:31:44
82	205	Knut Thorvaldsen	FLESK I FARTA	01:32:46	00:32:09
83	409	Marcel Mandji	MARCEL MANDJI	01:33:24	00:32:47
84	632	Per Arve Strømstad	OSLO ØSTRE SKL	01:35:05	00:34:28
85	343	Tore Nygaard	COWI	01:40:04	00:39:27
86	581	Knut Patrick Rustan		01:41:19	00:40:42
87	266	Roger Evensen	MOSSJONISTENE.COM	01:56:26	00:55:49

Antall: 87

#### Menn 45-49

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	432	Håkon Hjemly	TØNSBERG FIK	00:56:29	00:00:00
2	330	Terje Ørås	FREDRIKSTAD TRIATLONKLUBB	01:05:06	00:08:37
3	636	Steinar Uran	TEAM URAN	01:05:38	00:09:10
4	650	Dagfinn Mo	MOSS CK	01:05:51	00:09:22

### 16km individuell

#### Menn 45-49

Plass	StNr	Navn	Klubb	Tid	Tid Bak
5	450	Terje Størset	NITTEDAL TRIATHLON	01:06:21	00:09:53
6	145	Olav Kleiveland		01:07:07	00:10:38
7	355	Fred Morgan Larsen	VARTEIG IL	01:07:43	00:11:14
8	165	Rune Langnes	FTBIL	01:08:03	00:11:35
9	552	Geir Jørgensen	FREDRIKSTAD IF	01:08:12	00:11:44
10	283	Snorre Haraldsson	PRIVAT	01:09:29	00:13:00
11	648	Petter Sten Larsen	NØKLEBY	01:09:30	00:13:02
12	375	Raymond Westberg		01:10:40	00:14:11
13	299	Stig Andresen	FREDRIKSTAD IF	01:11:22	00:14:54
14	463	Robin Brynildsen	FREDRIKSTAD TRIATLONKLUBB	01:11:43	00:15:14
15	210	Knut Jostein Sandvik	ULLERØY IL	01:12:54	00:16:25
16	175	Ulf Roger Olsen		01:13:11	00:16:43
17	176	Jon Frøyland	SKJEBERG CK	01:13:28	00:16:59
18	332	Per Hermansen	MOSS SYKKELKLUBB	01:13:59	00:17:30
19	546	Tommy Tinbod	SATS SARPSBORG	01:14:07	00:17:39
20	254	Ole-Jan Granli	MYSEN TENNISKLUBB	01:14:14	00:17:45
21	428	Jarle Tranøy		01:15:29	00:19:01
22	11	Lars Hammerstad	SKJEBERG CK	01:15:32	00:19:03
23	485	Kenneth Ørseng	TEAM YX	01:15:36	00:19:07
24	431	Hans-Petter Lystad	PRIVAT	01:15:39	00:19:10
25	338	Terje Rød	FREDRIKSTAD IF	01:16:07	00:19:39
26	448	Knut Gløersen	FREDRIKSTAD SKIKLUBB	01:16:16	00:19:48
27	607	Thomas Ruyter	CICIGNON IF	01:16:17	00:19:49
28	82	Karsten Jacobsen	NEXANS	01:16:33	00:20:05
29	461	Karsten F. Hansen	BRYNILD GRUPPEN BIL	01:17:51	00:21:22
30	413	Rune Berntzen		01:17:57	00:21:29
31	606	Lars Thunes		01:18:18	00:21:50
32	158	Just Kullberg-Marcussen		01:18:53	00:22:24
33	391	Claes Jørgen Bøhn	HALDEN CK/ FRESENIUS KABI BIL	01:19:36	00:23:08
34	341	Rino Skaug	GAARDS-SERVICE AS	01:19:38	00:23:10
35	160	Rene Hegge		01:19:45	00:23:17
36	455	Harald Lunde	VARTEIG IL	01:19:56	00:23:27
37	541	Espen Johannessen	TEAM BTS	01:20:08	00:23:39
38	21	Terje Lundberg	COMPUSOFT BIL	01:20:11	00:23:42
39	372	Per Ekren Engelsen		01:20:25	00:23:56
40	255	Finn Henry Lillestrand	TRØSKEN IL	01:20:38	00:24:10
41	594	Sindre Nyvoll	COMPUSOFT BIL	01:20:48	00:24:20
42	313	David Weber		01:20:52	00:24:23
43	478	Geir Pettersen	JACKON	01:21:38	00:25:10
44	295	Magne Kjøniksen	HAFSLUND	01:22:15	00:25:47
45	579	Torgeir Snilsberg		01:23:32	00:27:04
46	489	Petter Danielsen	KONGSTEN IF	01:25:02	00:28:34
47	180	Morgan Adolfsen	SARPSBORG KOMMUNE	01:25:04	00:28:36
48	43	Lars Erik Halvorsen		01:25:07	00:28:38
49	311	Roger Renberg		01:26:16	00:29:48
50	465	Andreas Lervik	SARPSBORG SYKLEKLUBB	01:26:49	00:30:20

### 16km individuell

#### Menn 45-49

Plass	StNr	Navn	Klubb	Tid	Tid Bak
51	351	Anders Tronstad		01:27:05	00:30:36
52	483	Bill Bjerkehagen	TRØMBORG IL	01:27:15	00:30:47
53	366	Øystein J Andresen	FREDRIKSTAD TRIATLONKLUBB	01:27:20	00:30:51
54	325	Ulf Røysted	COWI AS	01:28:23	00:31:54
55	240	Jan Arild Wallin Røste		01:29:05	00:32:36
56	13	Ivar Lundstrøm		01:29:45	00:33:17
57	280	Andreas Egenes	ÆRLIG LH	01:30:43	00:34:15
58	419	Ole Petter Glückstad	GILDE	01:31:05	00:34:36
59	123	André Monsen		01:33:13	00:36:45
60	211	Jørn Tørmoen	TJUKKASGJENGEN	01:35:50	00:39:21
61	630	Magne Elstad		01:37:14	00:40:45
62	74	Stig Ove Syversen	TRANSCOM	01:37:20	00:40:52
63	179	Thomas Rolland		01:38:14	00:41:45
64	624	Tom Erik Kristiansen	EURY	01:38:48	00:42:19

Antall: 64

#### Menn 50-54

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	221	Johnny Stensrud	MOSS IL	01:02:27	00:00:00
2	542	Ivar Kummervold	NOREMA	01:03:36	00:01:10
3	174	Steinar Lien	OPPEGÅRD IL	01:05:07	00:02:41
4	9	Knut Viggo Andersen	FREDRIKSTAD IF	01:07:18	00:04:52
5	324	Lars Hauge	GREÅKER IF	01:07:26	00:05:00
6	377	Lars Frode Strømland	LUKE THE DRIFTER'S RUNNING TEAM	01:08:01	00:05:35
7	571	Hans-Jørgen Lund	SKILØPERNE	01:08:13	00:05:47
8	404	Stein Johansen	HANDELSBANKEN	01:11:42	00:09:16
9	183	Jan Olav Wilhelmsen	ØSTBYGDA IL	01:12:52	00:10:26
10	220	Thorleiv Aasland	NORDEA BIL	01:13:18	00:10:52
11	626	Eivind Johnsen Ulvin	BOC	01:13:33	00:11:07
12	378	Erling Dahl	INGEN	01:13:48	00:11:22
13	439	Halvor De Flon	FRISKIS OG SVETTIS	01:15:10	00:12:44
14	339	Eivind Sandvik		01:15:54	00:13:28
15	509	Stephen Gangestad	FREDRIKSTAD IF	01:16:38	00:14:12
16	4	Bjørn Einar Larsen	SKILØPERNE	01:16:58	00:14:32
17	475	Harald Vidsjå	NESODDEN TEAM2	01:17:02	00:14:36
18	333	Henning Johansen	COWI	01:18:08	00:15:42
19	649	Erling Dokk Holm		01:18:35	00:16:09
20	498	Stig Kavli	BLODSMAK SK	01:19:06	00:16:40
21	476	Ingar Martinsen		01:19:19	00:16:53
22	638	Karl-Erik Diskerud	TELL	01:19:21	00:16:55
23	289	Wieslaw Adamek	ADAMEKS	01:19:38	00:17:12
24	444	Vidar Augustin		01:20:22	00:17:56
25	657	Jan Edvin Blomkvist	BOLIGBYGGELAGET USBI	01:20:38	00:18:12
26	30	Vidar Dahl	LANGEMYRVEIEN	01:21:28	00:19:02
27	654	Nils Arue Frøisland		01:21:33	00:19:07
28	459	Jim Lauritsen		01:23:40	00:21:14

### 16km individuell

#### Menn 50-54

Plass	StNr	Navn	Klubb	Tid	Tid Bak
29	62	Morten Hansen	TØFF OM DAGEN	01:26:02	00:23:36
30	639	Arild Olsrud Hansen	FRESENIUS KABI	01:26:20	00:23:54
31	241	Trond Bjørling		01:26:53	00:24:27
32	365	Rino Rådahl		01:27:09	00:24:43
33	134	Rino Humlekjær		01:27:27	00:25:01
34	590	Stein Eriksen	COWI	01:28:39	00:26:13
35	143	Trond V. Hansen	IMTECH	01:31:54	00:29:28
36	508	Øystein Kjøll	IDE&DEKORVERKSTEDET;	01:31:56	00:29:30
37	135	Morten Richardsen	GAMLE KÆLLÆR	01:33:03	00:30:37
38	56	Lasse Johnsen		01:35:47	00:33:21
39	137	Knut Reidar Syvertsen	GAMLE KÆLLÆR	01:37:01	00:34:35
40	136	Steinar Jensen	GAMLE KÆLLÆR	01:42:44	00:40:18
41	66	Knut Eggen	SARPSBORG KOMMUNE	01:44:51	00:42:25
42	284	Jørn Cato Bjercke	JCB HAGEO OG GRØNTAREALER AS	01:47:30	00:45:04
43	151	Knut Gunnar Borgmo		01:56:07	00:53:41

Antall: 43

#### Menn 55-59

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	558	Rune Eriksen	RYGGEJOGGEN	01:03:47	00:00:00
2	560	Kurth Asle Magnussen	BREVPOST BIL	01:06:05	00:02:19
3	462	Rolf E. Bøhn	HALDEN IL	01:07:59	00:04:12
4	614	Tom Sognlien	FREDRIKSTAD IDRETTSFORENING	01:09:32	00:05:45
5	651	Steinar Basberg	FREDRIKSTAD IF	01:10:08	00:06:21
6	186	Steve Collier	ATOMEN HALDEN BIL	01:11:21	00:07:34
7	505	Sjur Tømte	FREDRIKSTAD IF	01:12:55	00:09:08
8	185	Tor Dalen	OPIL	01:12:56	00:09:09
9	487	Knut Magne Furuheim	FREDRIKSTAD SKIKLUBB	01:13:38	00:09:51
10	316	Terje Hansen	FREDRIKSTAD IF	01:13:55	00:10:08
11	26	Terje Svensson	FREDRIKSTAD IF	01:13:59	00:10:12
12	361	Roar Bjærum		01:14:06	00:10:19
13	334	Stein Jensen		01:15:42	00:11:55
14	222	Ivar Ness	HVALER VOLLEYBALLKLUBB	01:17:34	00:13:48
15	582	Bjørn Åstorp	SARPSBORG O-LAG	01:18:55	00:15:08
16	453	Erik Bjurstrøm		01:19:35	00:15:49
17	15	Tom Henning Hammerstad	FREDRIKSTAD ENERGI AS	01:20:00	00:16:13
18	48	Vidar Boye Hansen		01:20:21	00:16:34
19	556	Pål Tandberg	MOSS LUFTHAVN RYGGE	01:22:56	00:19:09
20	224	Endre Jønland		01:23:33	00:19:47
21	72	Geir Skaara	NORDEA BIL	01:39:10	00:35:24
22	619	Hans- Olaf Kirkeng	ØSTBYGDA IDRETTLAG	01:39:14	00:35:27
23	293	Jan Johansson	IMTECH	01:50:10	00:46:23
24	618	Jørn Sigvart Watvedt	ØSTBYGDA	02:05:41	01:01:55

Antall: 24

### 16km individuell

#### Menn 60-64

Class	StNr	Navn	Klubb	Tid	Tid Bak
1	402	Egil Holme	FREDRIKSTAD IF	01:09:55	00:00:00
2	187	Per Bråthen		01:12:44	00:02:50
3	494	Harald Graarud		01:13:46	00:03:52
4	204	Morten Tvedt	DFI SYKKEL	01:16:55	00:07:01
5	350	Kjell Arne Johansen	FREDRIKSTAD IF	01:17:15	00:07:21
6	367	Odd Hilberg Johansen	RSL	01:18:07	00:08:13
7	458	Arnfinn Sørli	SARPSBORG SYKLEKLUBB	01:20:14	00:10:20
8	507	Ragnar Heier	ØSTBYGDA IL	01:21:59	00:12:05
9	466	Terje Andresen	SARPSBORG ARBEIDERBLAD	01:36:32	00:26:38

Antall: 9

#### Menn 65-69

Class	StNr	Navn	Klubb	Tid	Tid Bak
1	422	Svein Arne Sølvberg	OPPEGÅRD IL	01:04:26	00:00:00
2	511	Anders Johan Krosby	COWI BIL	01:19:02	00:14:37
3	260	John Vidar Olsen	RYGGEJOGGEN	01:27:32	00:23:06
4	269	Jørgen Gurandsrud	FREDRIKSTAD IF	01:32:03	00:27:38
5	233	Terje Berg	PINSEKIRKEN, HALDEN	01:32:59	00:28:33
6	148	Tom Wahlgren	SOL	01:35:49	00:31:24

Antall: 6

#### Menn 70-74

Class	StNr	Navn	Klubb	Tid	Tid Bak
1	597	Henrik Lund Raagaard		01:39:09	00:00:00

Antall: 1

#### Menn 75-79

Class	StNr	Navn	Klubb	Tid	Tid Bak
1	562	Sverre Sanengen	FREDRIKSTAD IF	01:34:24	00:00:00

Antall: 1

#### Kvinner 20-22

Class	StNr	Navn	Klubb	Tid	Tid Bak
1	598	Camilla Nyegaard Johansen		01:16:24	00:00:00
2	272	Caroline Slattum Frey		01:25:42	00:09:19
3	345	Kaja Hasselstrøm		01:26:38	00:10:15
4	515	Karoline Bogetveit		01:30:02	00:13:38
5	201	Elise Kubberød		01:32:55	00:16:32
6	153	Helene Louise Grundt-Ileby		01:48:20	00:31:56

Antall: 6

#### Kvinner 23-34

Class	StNr	Navn	Klubb	Tid	Tid Bak
1	93	Monica Wold	FREDRIKSTAD TRIATLONKLUBB	01:09:52	00:00:00
2	248	Thine Storehjem		01:15:06	00:05:15

### 16km individuell

#### Kvinner 23-34

Place	StNr	Navn	Klubb	Tid	Tid Bak
3	303	Charlotte Scott Hagen		01:15:19	00:05:28
4	85	Kikki Jensen	CROSSFIT SARPSBORG	01:16:04	00:06:13
5	382	Elise Waagen		01:16:39	00:06:48
6	347	Julie Marie Mysen		01:17:31	00:07:40
7	163	Ida-Anette Holm Hansen		01:18:56	00:09:05
8	133	Theres Høgberg Johansen		01:20:11	00:10:20
9	250	Maria Mathiasen	MARIA MATHIASSEN	01:20:29	00:10:38
10	49	Linn Hansen Dagfinrud		01:20:37	00:10:46
11	200	Marie Kubberød		01:21:28	00:11:37
12	647	Marie Flatland		01:22:46	00:12:55
13	646	Siri Nordtveit		01:22:47	00:12:56
14	263	Ingrid Oldervik Mathiasen		01:23:16	00:13:25
15	609	Maria Andersen	MARIAS LUNSJ OG CATERING	01:23:18	00:13:27
16	621	Tonje Syversen		01:23:38	00:13:47
17	529	Anne Marit Kirkeng		01:23:51	00:14:00
18	8	Franceska Engelstad		01:24:19	00:14:28
19	611	Linn Johansen	LYNX MULTISPORT	01:25:26	00:15:35
20	89	Tine Rødningsby		01:25:32	00:15:41
21	73	Eva Marie Mellberg	FREDRIKSTAD IF	01:27:22	00:17:31
22	199	Natalie Elnes Hansen		01:27:42	00:17:51
23	309	Edel Espenes		01:28:24	00:18:33
24	471	Elisabeth Langsholdt	TEAM ACTIC TRIATHLON	01:28:58	00:19:07
25	406	Trine Dahlberg Karlsen		01:29:13	00:19:22
26	442	Lili Song		01:29:13	00:19:22
27	613	Martha Larsen		01:29:20	00:19:29
28	278	Johanne Kvernstuen Kristiansen	STOREMYR IL	01:29:27	00:19:36
29	561	Fride Kvernmo		01:29:38	00:19:47
30	281	Line Berger	STOREMYR IL	01:29:45	00:19:54
31	92	Laila Kjølberg Klonteig	BRUNOSTEN LI	01:30:38	00:20:47
32	357	Runa Morger	TANNLEGE RUNA MORGER	01:30:52	00:21:01
33	403	Linn Hunn		01:31:54	00:22:03
34	601	Nina Borovski Berge		01:32:44	00:22:53
35	116	Sandra Merete Ingebrigtsen		01:33:02	00:23:11
36	259	Cecilie Brox Olsen		01:33:19	00:23:28
37	518	Linn Karstensen		01:34:28	00:24:37
38	58	Kirsten Therese Tveter		01:35:08	00:25:17
39	213	Ida Mathisen		01:35:35	00:25:44
40	59	Ine Marlene Olsen		01:35:41	00:25:50
41	142	Helene Aubell		01:36:05	00:26:14
42	99	Ragnhild Bjørkli		01:36:33	00:26:42
43	349	Anette Heiberg		01:37:02	00:27:11
44	50	Darlen Skår		01:38:31	00:28:40
45	214	Gry Heidi Tveter		01:39:13	00:29:22
46	320	Trine Nielsen		01:39:30	00:29:39
47	527	Marie Therese Raknes	SARPSBORG SYKLEKLUBB	01:40:19	00:30:28
48	385	Ulrikke Sletten		01:41:34	00:31:43



### 16km individuell

#### Kvinner 23-34

Plass	StNr	Navn	Klubb	Tid	Tid Bak
49	549	Tone Utne	TEAM ACTIC TRIATHLON	01:41:41	00:31:50
50	519	Anette Strand		01:42:50	00:32:59
51	208	May Kristin Hendset		01:47:02	00:37:11
52	96	Silje Skarning Olsen		01:47:04	00:37:13
53	493	Malene Sveen		01:48:22	00:38:31
54	192	Catharina Berntzen		01:48:33	00:38:42
55	553	Camilla Varnes		01:50:18	00:40:27
56	98	Siri Ekker		01:52:56	00:43:05
57	622	Tanja Johansen		01:53:33	00:43:42
58	346	Kristine Mellem		01:53:45	00:43:54
59	226	Shani Wilhelmina Aarek Kidd		01:55:07	00:45:16
60	530	Marta Tølche		01:57:53	00:48:02
61	533	Hanne Jeanett Bang Hermans		01:59:04	00:49:13
62	88	Benedikte Stensland		01:59:41	00:49:50
63	401	Lise-Merethe Walther		02:04:28	00:54:37

Antall: 63

#### Kvinner 35-39

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	267	Marie Grønneberg		01:10:01	00:00:00
2	482	Inger Lise Hystad	RAKKESTAD SYKKELKLUBB	01:11:09	00:01:09
3	68	Ingvild Aurebekk	FREDRIKSTAD SKIKLUBB	01:13:40	00:03:40
4	418	Tone Oraug		01:19:04	00:09:04
5	395	Birgitte Bjerkenes		01:20:41	00:10:41
6	387	Karianne Løkke		01:21:51	00:11:51
7	109	Kristine Hermansen		01:22:46	00:12:46
8	162	Birthe Lundestad - Høier		01:23:01	00:13:01
9	415	Hilde-Marie Andersen		01:23:12	00:13:12
10	577	Ingeborg Marie Haabeth		01:23:13	00:13:13
11	190	Talette Borsheim Halstensen		01:25:09	00:15:09
12	146	Heidi Danielsen		01:25:20	00:15:20
13	484	Randi Kraugerud		01:25:44	00:15:44
14	408	Frida Mathisen		01:26:18	00:16:18
15	306	Linn Svendsen		01:26:23	00:16:23
16	599	Elin Bråthen		01:29:49	00:19:49
17	51	Hilde Buflod		01:31:02	00:21:02
18	532	Hege Jørgensen		01:31:44	00:21:44
19	81	Eli Birgitte Pettersen		01:31:48	00:21:48
20	364	Heidi Rådahl		01:32:09	00:22:09
21	411	Camilla Tenvig Pedersen		01:32:11	00:22:11
22	305	Lene Reid		01:33:25	00:23:25
23	371	Trine Kull		01:33:36	00:23:36
24	470	Nanna Hellerud		01:33:36	00:23:36
25	329	Mia Martinsen		01:33:53	00:23:53
26	288	Therese Mandji		01:34:22	00:24:22
27	35	Anett Tofteberg		01:35:21	00:25:21

### 16km individuell

#### Kvinner 35-39

Pluss	StNr	Navn	Klubb	Tid	Tid Bak
28	569	Kristine Holmskau	BRYNE CYKLEKLUBB	01:35:48	00:25:48
29	276	Therese Ørdal	HVALER KOMMUNE	01:36:09	00:26:09
30	570	Hilde Leira		01:36:17	00:26:17
31	540	Annette Carlsen	CARLSEN	01:39:55	00:29:55
32	451	Lene Margarete Andersen		01:40:21	00:30:21
33	452	Silje Grande Henriksen		01:41:33	00:31:33
34	430	Annette Larsen	ROCKDRIVERS	01:44:30	00:34:30
35	319	Anita Wiik		01:46:38	00:36:38
36	502	Anita Lefsaker	COWI BIL	01:59:04	00:49:04

Antall: 36

#### Kvinner 40-44

Pluss	StNr	Navn	Klubb	Tid	Tid Bak
1	423	Agnes Benediktsdottir	SKILØPERNE	01:14:45	00:00:00
2	580	Christina Fredheim		01:16:09	00:01:25
3	202	Kathrin Sunde	MOSSJONISTENE	01:17:34	00:02:50
4	124	Ellen K. V. Kasbohm		01:17:48	00:03:04
5	425	Inger Marie Ingdahl	TEAM PAY	01:18:58	00:04:14
6	321	Mona Johansen	COWI BIL	01:20:50	00:06:06
7	503	Kristin Pihlstrøm	SATS SARPSBORG	01:21:01	00:06:17
8	620	Marianne Ferreira		01:21:23	00:06:39
9	337	Thea Dahlvist		01:23:08	00:08:24
10	287	Christine Fisker		01:24:56	00:10:12
11	298	Camilla Flandorfer		01:26:05	00:11:21
12	193	Anne Mette Nygaard		01:27:34	00:12:50
13	383	Camilla Opstad Arnesen	TUNE IL	01:27:42	00:12:58
14	168	Elin Marie Johansen		01:27:49	00:13:05
15	517	Cathrine Graff Nyland		01:28:56	00:14:12
16	23	Karine Letting Thorvaldsen	TEAM HEIDERØD	01:29:33	00:14:49
17	445	Heidi Strømnes Berg		01:29:45	00:15:01
18	653	Cecilie Gulbrandsen	BRUA FYSIKALSKE	01:30:30	00:15:46
19	10	Birgitte Wold Dahl	KONGSTEN IF	01:30:32	00:15:48
20	2	Tonje Bringsvor	SKILØPERNE	01:31:43	00:16:59
21	177	Guro Watson		01:33:08	00:18:24
22	122	Trude Monsen		01:33:13	00:18:29
23	634	Frøydis Høgsæt		01:33:16	00:18:32
24	315	Monica Lindh		01:33:57	00:19:13
25	586	Anne Marie Andersen	FREDRIKSTAD IF	01:35:13	00:20:29
26	616	Marianne Moen Pinås	FREDRIKSTAD KOMMUNE	01:35:22	00:20:38
27	328	Linda Fraugerud		01:35:25	00:20:41
28	390	Linda Bjerkholt		01:35:44	00:21:00
29	24	Kristine Hovde		01:35:44	00:21:00
30	265	Line Lasken Nilsen	GRANDHAHL EIENDOMSMEGLING AS	01:36:58	00:22:14
31	551	Gerd Runhovde	SKJÆRVIKEN	01:37:06	00:22:22
32	627	Elisabeth Berg Grønvold		01:40:20	00:25:36
33	178	Hege Olin		01:40:24	00:25:40

### 16km individuell

#### Kvinner 40-44

Plass	StNr	Navn	Klubb	Tid	Tid Bak
34	64	Björg Gustavsen		01:41:15	00:26:31
35	548	Annette Solgaard Stang		01:42:18	00:27:34
36	219	Inger Johanne Bråten		01:43:01	00:28:17
37	506	Ann-Kristin Wiik		01:46:02	00:31:18
38	426	Janne Syversen	FREDRIKSTAD TRIATLONKLUBB	01:48:32	00:33:48
39	129	Trine Bjerkeli Nilsen		01:50:45	00:36:01
40	140	Linda Johnsen		01:58:07	00:43:23

Antall: 40

#### Kvinner 45-49

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	447	Dorte Foss	RAUFOSS IL	01:08:38	00:00:00
2	291	Cathrine Loennecken	TEAM PAY/HAFSLUND	01:12:12	00:03:35
3	545	Marianne Moe	FET SKIKLUBB	01:13:58	00:05:21
4	504	Hege Gathen	FREDRIKSTAD IF	01:14:35	00:05:58
5	572	Merete Bolin	SKILØPERNE	01:16:36	00:07:58
6	436	Elin Jacobsen	SEFA	01:19:24	00:10:47
7	499	Micheline Kavli	BLODSMAK SK	01:19:55	00:11:18
8	414	Mette Andreassen		01:20:59	00:12:22
9	14	Kirsti Eriksen	FREDRIKSTAD IF	01:22:45	00:14:08
10	78	Vigdis Jernberg		01:22:47	00:14:10
11	253	Margareth Jakobsen	MYSEN TENNISKLUBB	01:25:12	00:16:35
12	171	Eli Thonvald	PRIVAT	01:26:27	00:17:49
13	55	Stina Ekman		01:27:28	00:18:51
14	31	Gry Dahl	LANGEMYRVEIEN	01:27:31	00:18:54
15	106	Anne Sofie Fodstad		01:29:05	00:20:28
16	535	Marit S. Asklien	MOVAR BIL	01:29:11	00:20:33
17	536	Tuija Erthe	RAKKESTAD SYKKEL KLUBB	01:29:12	00:20:34
18	107	Gro Ertnes		01:30:54	00:22:16
19	198	Vilja Nordli		01:31:11	00:22:34
20	344	Anita Larsen		01:32:19	00:23:42
21	405	Ann Kristin Delås	NAV FREDRIKSTAD	01:33:40	00:25:03
22	318	Anne-Christin Johansen	SIL	01:33:57	00:25:20
23	310	Beate Thunem Eriksen		01:37:39	00:29:02
24	327	Hilde Kolstad		01:38:17	00:29:40
25	336	Cathrine Haneng Svendsen	COWI BIL	01:39:44	00:31:07
26	44	Mona Larsen		01:41:36	00:32:58
27	84	Hege Paulsen	TUNESKIPET BARNEHAGE	01:42:30	00:33:53
28	45	Nina Kristoffersen		01:43:24	00:34:47
29	65	Hilde Stabbetorp		01:44:02	00:35:25
30	398	Barbro Wærnes		01:45:10	00:36:32
31	264	Birgit Grandahl	GRANDHAHL EIENDOMSMEGLING AS	01:47:26	00:38:48

Antall: 31

#### Kvinner 50-54

Plass	StNr	Navn	Klubb	Tid	Tid Bak
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### 16km individuell

#### Kvinner 50-54

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	443	Margaret Mcgrath	ATOMEN HALDEN BIL	01:17:45	00:00:00
2	528	Grete Grønnern	RAKKESTAD SYKKELKLUBB	01:25:44	00:07:59
3	525	Tina Skoglund	FREDRIKSTAD IF	01:28:17	00:10:32
4	131	Turid Johansen	FREDRIKSTAD SKIKLUBB	01:29:42	00:11:57
5	7	Nina Visjø Veby	SKILØPERNE	01:31:39	00:13:54
6	261	Hilde Christin Aasli	HELSEHUSET GREAAKER	01:35:10	00:17:26
7	249	Kari-Marie Gjesdal	FREDRIKSTAD IF	01:35:36	00:17:51
8	292	Turid Johansen	HVALER KOMMUNE	01:36:09	00:18:24
9	524	May Britt Andersen	FREDRIKSTAD IF	01:41:46	00:24:02
10	523	Heidi Johnsen	FREDRIKSTAD IF	01:41:47	00:24:02
11	138	Merethe Humlekjær	HUMLESPRING	01:41:57	00:24:12
12	150	Kjellrun Borgmo		01:58:02	00:40:17

Antall: 12

#### Kvinner 55-59

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	456	Wenche Murtnes Hagestande	FREDRIKSTAD	01:28:56	00:00:00
2	1	Kirsti Omberg	SKILØPERNE	01:31:43	00:02:48
3	203	Anne Margot Riis	TEAM NONSTOP	01:41:19	00:12:24
4	480	Louise Helen Trotter		01:43:03	00:14:08

Antall: 4

#### Kvinner 60-64

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	526	May Ulvåen	FREDRIKSTAD IF	01:24:41	00:00:00
2	149	Tove Skiri Wahlgren	SARPSBORG ORIENTERINGSKLAG	01:35:56	00:11:16

Antall: 2

## 16km individuell

### Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	447	Dorte Foss	45-49	RAUFOSS IL	01:08:38	00:00:00
2	93	Monica Wold	23-34	FREDRIKSTAD TRIATLONKLUBB	01:09:52	00:01:14
3	267	Marie Grønneberg	35-39		01:10:01	00:01:23
4	482	Inger Lise Hystad	35-39	RAKKESTAD SYKKELKLUBB	01:11:09	00:02:32
5	291	Cathrine Loennecken	45-49	TEAM PAY/HAFSLUND	01:12:12	00:03:35
6	68	Ingvild Aurebekk	35-39	FREDRIKSTAD SKIKLUBB	01:13:40	00:05:03
7	545	Marianne Moe	45-49	FET SKIKLUBB	01:13:58	00:05:21
8	504	Hege Gathen	45-49	FREDRIKSTAD IF	01:14:35	00:05:58
9	423	Agnes Benediktsdottir	40-44	SKILØPERNE	01:14:45	00:06:07
10	248	Thine Storehjelm	23-34		01:15:06	00:06:29
11	303	Charlotte Scott Hagen	23-34		01:15:19	00:06:42
12	85	Kikki Jensen	23-34	CROSSFIT SARPSBORG	01:16:04	00:07:27
13	580	Christina Fredheim	40-44		01:16:09	00:07:31
14	598	Camilla Nyegaard Johansen	20-22		01:16:24	00:07:47
15	572	Merete Bolin	45-49	SKILØPERNE	01:16:36	00:07:58
16	382	Elise Waagen	23-34		01:16:39	00:08:02
17	347	Julie Marie Mysen	23-34		01:17:31	00:08:54
18	202	Kathrin Sunde	40-44	MOSSJONISTENE	01:17:34	00:08:57
19	443	Margaret Mcgrath	50-54	ATOMEN HALDEN BIL	01:17:45	00:09:08
20	124	Ellen K. V. Kasbohm	40-44		01:17:48	00:09:11
21	163	Ida-Anette Holm Hansen	23-34		01:18:56	00:10:19
22	425	Inger Marie Ingdahl	40-44	TEAM PAY	01:18:58	00:10:21
23	418	Tone Oraug	35-39		01:19:04	00:10:27
24	436	Elin Jacobsen	45-49	SEFA	01:19:24	00:10:47
25	499	Micheline Kavli	45-49	BLODSMAK SK	01:19:55	00:11:18
26	133	Theres Høgberg Johansen	23-34		01:20:11	00:11:33
27	250	Maria Mathiasen	23-34	MARIA MATHIASSEN	01:20:29	00:11:52
28	49	Linn Hansen Dagfinrud	23-34		01:20:37	00:12:00
29	395	Birgitte Bjerkenes	35-39		01:20:41	00:12:04
30	321	Mona Johansen	40-44	COWI BIL	01:20:50	00:12:13
31	414	Mette Andreassen	45-49		01:20:59	00:12:22
32	503	Kristin Pihlstrøm	40-44	SATS SARPSBORG	01:21:01	00:12:24
33	620	Marianne Ferreira	40-44		01:21:23	00:12:46
34	200	Marie Kubberød	23-34		01:21:28	00:12:51
35	387	Karianne Løkke	35-39		01:21:51	00:13:14
36	14	Kirsti Eriksen	45-49	FREDRIKSTAD IF	01:22:45	00:14:08
37	647	Marie Flatland	23-34		01:22:46	00:14:09
38	109	Kristine Hermansen	35-39		01:22:46	00:14:09
39	646	Siri Nordtveit	23-34		01:22:47	00:14:10
40	78	Vigdis Jernberg	45-49		01:22:47	00:14:10
41	162	Birthe Lundestad - Høier	35-39		01:23:01	00:14:24
42	337	Thea Dahlvist	40-44		01:23:08	00:14:30
43	415	Hilde-Marie Andersen	35-39		01:23:12	00:14:35
44	577	Ingeborg Marie Haabeth	35-39		01:23:13	00:14:35
45	263	Ingrid Oldervik Mathiasen	23-34		01:23:16	00:14:38
46	609	Maria Andersen	23-34	MARIAS LUNSI OG CATERING	01:23:18	00:14:41
47	621	Tonje Syversen	23-34		01:23:38	00:15:01
48	529	Anne Marit Kirkeng	23-34		01:23:51	00:15:14
49	8	Franceska Engelstad	23-34		01:24:19	00:15:42

# Glommaløpet

9.5.2015

## Komplett Resultatliste

(Bruttotid)

### 16km individuell

#### Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
50	526	May Ulvåen	60-64	FREDRIKSTAD IF	01:24:41	00:16:04
51	287	Christine Fisker	40-44		01:24:56	00:16:18
52	190	Talette Borsheim Halstensen	35-39		01:25:09	00:16:31
53	253	Margareth Jakobsen	45-49	MYSEN TENNISKLUBB	01:25:12	00:16:35
54	146	Heidi Danielsen	35-39		01:25:20	00:16:42
55	611	Linn Johansen	23-34	LYNX MULTISPORT	01:25:26	00:16:49
56	89	Tine Rødningsby	23-34		01:25:32	00:16:54
57	272	Caroline Slattum Frey	20-22		01:25:42	00:17:05
58	528	Grete Grønnern	50-54	RAKKESTAD SYKKELKLUBB	01:25:44	00:17:06
59	484	Randi Kraugerud	35-39		01:25:44	00:17:07
60	298	Camilla Flandorfer	40-44		01:26:05	00:17:28
61	408	Frida Mathisen	35-39		01:26:18	00:17:41
62	306	Linn Svendsen	35-39		01:26:23	00:17:45
63	171	Eli Thonvald	45-49	PRIVAT	01:26:27	00:17:49
64	345	Kaja Hasselstrøm	20-22		01:26:38	00:18:01
65	73	Eva Marie Mellberg	23-34	FREDRIKSTAD IF	01:27:22	00:18:45
66	55	Stina Ekman	45-49		01:27:28	00:18:51
67	31	Gry Dahl	45-49	LANGEMYRVEIEN	01:27:31	00:18:54
68	193	Anne Mette Nygaard	40-44		01:27:34	00:18:56
69	383	Camilla Opstad Arnesen	40-44	TUNE IL	01:27:42	00:19:05
70	199	Natalie Elnes Hansen	23-34		01:27:42	00:19:05
71	168	Elin Marie Johansen	40-44		01:27:49	00:19:12
72	525	Tina Skoglund	50-54	FREDRIKSTAD IF	01:28:17	00:19:40
73	309	Edel Espenes	23-34		01:28:24	00:19:47
74	456	Wenche Murtnes Hagestande	55-59	FREDRIKSTAD	01:28:56	00:20:18
75	517	Cathrine Graff Nyland	40-44		01:28:56	00:20:19
76	471	Elisabeth Langsholdt	23-34	TEAM ACTIC TRIATHLON	01:28:58	00:20:20
77	106	Anne Sofie Fodstad	45-49		01:29:05	00:20:28
78	535	Marit S. Asklien	45-49	MOVAR BIL	01:29:11	00:20:33
79	536	Tuija Erthe	45-49	RAKKESTAD SYKKEL KLUBB	01:29:12	00:20:34
80	406	Trine Dahlberg Karlsen	23-34		01:29:13	00:20:36
81	442	Lili Song	23-34		01:29:13	00:20:36
82	613	Martha Larsen	23-34		01:29:20	00:20:43
83	278	Johanne Kvernstuen Kristians	23-34	STOREMYR IL	01:29:27	00:20:49
84	23	Karine Letting Thorvaldsen	40-44	TEAM HEIDERØD	01:29:33	00:20:56
85	561	Fride Kvernmo	23-34		01:29:38	00:21:00
86	131	Turid Johansen	50-54	FREDRIKSTAD SKIKLUBB	01:29:42	00:21:05
87	445	Heidi Strømnes Berg	40-44		01:29:45	00:21:08
88	281	Line Berger	23-34	STOREMYR IL	01:29:45	00:21:08
89	599	Elin Bråthen	35-39		01:29:49	00:21:11
90	515	Karoline Bogetveit	20-22		01:30:02	00:21:25
91	653	Cecilie Gulbrandsen	40-44	BRUA FYSIKALSKE	01:30:30	00:21:53
92	10	Birgitte Wold Dahl	40-44	KONGSTEN IF	01:30:32	00:21:55
93	92	Laila Kjølbjerg Klonteig	23-34	BRUNOSTEN LI	01:30:38	00:22:01
94	357	Runa Morger	23-34	TANNLEGE RUNA MORGER	01:30:52	00:22:15
95	107	Gro Ertnes	45-49		01:30:54	00:22:16
96	51	Hilde Buflod	35-39		01:31:02	00:22:25
97	198	Vilja Nordli	45-49		01:31:11	00:22:34
98	7	Nina Visjø Veby	50-54	SKILØPERNE	01:31:39	00:23:01

## 16km individuell

### Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
99	1	Kirsti Omberg	55-59	SKILØPERNE	01:31:43	00:23:05
100	2	Tonje Bringsvor	40-44	SKILØPERNE	01:31:43	00:23:05
101	532	Hege Jørgensen	35-39		01:31:44	00:23:07
102	81	Eli Birgitte Pettersen	35-39		01:31:48	00:23:11
103	403	Linn Hunn	23-34		01:31:54	00:23:16
104	364	Heidi Rådahl	35-39		01:32:09	00:23:32
105	411	Camilla Tenvig Pedersen	35-39		01:32:11	00:23:34
106	344	Anita Larsen	45-49		01:32:19	00:23:42
107	601	Nina Borovski Berge	23-34		01:32:44	00:24:07
108	201	Elise Kubberød	20-22		01:32:55	00:24:18
109	116	Sandra Merete Ingebrigtsen	23-34		01:33:02	00:24:25
110	177	Guro Watson	40-44		01:33:08	00:24:30
111	122	Trude Monsen	40-44		01:33:13	00:24:36
112	634	Frøydis Høgsæt	40-44		01:33:16	00:24:39
113	259	Cecilie Brox Olsen	23-34		01:33:19	00:24:42
114	305	Lene Reid	35-39		01:33:25	00:24:47
115	371	Trine Kull	35-39		01:33:36	00:24:58
116	470	Nanna Hellerud	35-39		01:33:36	00:24:58
117	405	Ann Kristin Delås	45-49	NAV FREDRIKSTAD	01:33:40	00:25:03
118	329	Mia Martinsen	35-39		01:33:53	00:25:16
119	315	Monica Lindh	40-44		01:33:57	00:25:20
120	318	Anne-Christin Johansen	45-49	SIL	01:33:57	00:25:20
121	288	Therese Mandji	35-39		01:34:22	00:25:45
122	518	Linn Karstensen	23-34		01:34:28	00:25:51
123	58	Kirsten Therese Tveter	23-34		01:35:08	00:26:30
124	261	Hilde Christin Aasli	50-54	HELSEHUSET GREAAKER	01:35:10	00:26:33
125	586	Anne Marie Andersen	40-44	FREDRIKSTAD IF	01:35:13	00:26:36
126	35	Anett Tofteberg	35-39		01:35:21	00:26:43
127	616	Marianne Moen Pinås	40-44	FREDRIKSTAD KOMMUNE	01:35:22	00:26:45
128	328	Linda Fraugerud	40-44		01:35:25	00:26:48
129	213	Ida Mathisen	23-34		01:35:35	00:26:58
130	249	Kari-Marie Gjesdal	50-54	FREDRIKSTAD IF	01:35:36	00:26:59
131	59	Ine Marlene Olsen	23-34		01:35:41	00:27:03
132	390	Linda Bjerkholt	40-44		01:35:44	00:27:07
133	24	Kristine Hovde	40-44		01:35:44	00:27:07
134	569	Kristine Holmskau	35-39	BRYNE CYKLEKLUBB	01:35:48	00:27:11
135	149	Tove Skiri Wahlgren	60-64	SARPSBORG ORIENTERINGSLAG	01:35:56	00:27:19
136	142	Helene Aubell	23-34		01:36:05	00:27:27
137	292	Turid Johansen	50-54	HVALER KOMMUNE	01:36:09	00:27:31
138	276	Therese Ørdal	35-39	HVALER KOMMUNE	01:36:09	00:27:32
139	570	Hilde Leira	35-39		01:36:17	00:27:40
140	99	Ragnhild Bjørkli	23-34		01:36:33	00:27:55
141	265	Line Lasken Nilsen	40-44	GRANDAHL EIENDOMSMEGLING AS	01:36:58	00:28:20
142	349	Anette Heiberg	23-34		01:37:02	00:28:25
143	551	Gerd Runhovde	40-44	SKJÆRVIKEN	01:37:06	00:28:29
144	310	Beate Thunem Eriksen	45-49		01:37:39	00:29:02
145	327	Hilde Kolstad	45-49		01:38:17	00:29:40
146	50	Darlen Skår	23-34		01:38:31	00:29:53
147	214	Gry Heidi Tveter	23-34		01:39:13	00:30:35

## 16km individuell

### Kvinner

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
148	320	Trine Nielsen	23-34		01:39:30	00:30:53
149	336	Cathrine Haneng Svendsen	45-49	COWI BIL	01:39:44	00:31:07
150	540	Annette Carlsen	35-39	CARLSEN	01:39:55	00:31:17
151	527	Marie Therese Raknes	23-34	SARPSBORG SYKLEKLUBB	01:40:19	00:31:42
152	627	Elisabeth Berg Grønvold	40-44		01:40:20	00:31:43
153	451	Lene Margarete Andersen	35-39		01:40:21	00:31:43
154	178	Hege Olin	40-44		01:40:24	00:31:47
155	64	Bjørn Gustavsen	40-44		01:41:15	00:32:37
156	203	Anne Margot Riis	55-59	TEAM NONSTOP	01:41:19	00:32:42
157	452	Silje Grande Henriksen	35-39		01:41:33	00:32:56
158	385	Ulrikke Sletten	23-34		01:41:34	00:32:57
159	44	Mona Larsen	45-49		01:41:36	00:32:58
160	549	Tone Utne	23-34	TEAM ACTIC TRIATHLON	01:41:41	00:33:04
161	524	May Britt Andersen	50-54	FREDRIKSTAD IF	01:41:46	00:33:09
162	523	Heidi Johnsen	50-54	FREDRIKSTAD IF	01:41:47	00:33:09
163	138	Merethe Humlekjær	50-54	HUMLESPRING	01:41:57	00:33:20
164	548	Annette Solgaard Stang	40-44		01:42:18	00:33:41
165	84	Hege Paulsen	45-49	TUNESKIPET BARNEHAGE	01:42:30	00:33:53
166	519	Anette Strand	23-34		01:42:50	00:34:13
167	219	Inger Johanne Bråten	40-44		01:43:01	00:34:24
168	480	Louise Helen Trotter	55-59		01:43:03	00:34:26
169	45	Nina Kristoffersen	45-49		01:43:24	00:34:47
170	65	Hilde Stabbetorp	45-49		01:44:02	00:35:25
171	430	Annette Larsen	35-39	ROCKDRIVERS	01:44:30	00:35:53
172	398	Barbro Wærnes	45-49		01:45:10	00:36:32
173	506	Ann-Kristin Wiik	40-44		01:46:02	00:37:25
174	319	Anita Wiik	35-39		01:46:38	00:38:00
175	208	May Kristin Hendset	23-34		01:47:02	00:38:25
176	96	Silje Skarning Olsen	23-34		01:47:04	00:38:27
177	264	Birgit Grandahl	45-49	GRANDAHL EIENDOMSMEGLING AS	01:47:26	00:38:48
178	153	Helene Louise Grundt-Ileby	20-22		01:48:20	00:39:43
179	493	Malene Sveen	23-34		01:48:22	00:39:44
180	426	Janne Syversen	40-44	FREDRIKSTAD TRIATLONKLUBB	01:48:32	00:39:55
181	192	Catharina Berntzen	23-34		01:48:33	00:39:56
182	553	Camilla Varnes	23-34		01:50:18	00:41:41
183	129	Trine Bjerkeli Nilsen	40-44		01:50:45	00:42:07
184	98	Siri Ekker	23-34		01:52:56	00:44:19
185	622	Tanja Johansen	23-34		01:53:33	00:44:56
186	346	Kristine Mellem	23-34		01:53:45	00:45:07
187	226	Shani Wilhelmina Aarek Kidd	23-34		01:55:07	00:46:29
188	530	Marta Tølche	23-34		01:57:53	00:49:16
189	150	Kjellrun Borgmo	50-54		01:58:02	00:49:25
190	140	Linda Johnsen	40-44		01:58:07	00:49:29
191	502	Anita Lefsaker	35-39	COWI BIL	01:59:04	00:50:27
192	533	Hanne Jeanett Bang Hermans	23-34		01:59:04	00:50:27
193	88	Benedikte Stensland	23-34		01:59:41	00:51:04
194	401	Lise-Merethe Walther	23-34		02:04:28	00:55:50

Antall: 194



## 16km individuell

### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	376	Ole-Hermann Røhr	35-39	RYGGEJOGGEN	00:55:38	00:00:00
2	432	Håkon Hjemly	45-49	TØNSBERG FIK	00:56:29	00:00:52
3	147	Pål Oraug	35-39	ISE	00:57:59	00:02:22
4	410	Ruben Marco-Arroyo	35-39	ØSTFOLD FYLKESKOMMUNE	00:59:02	00:03:25
5	53	Eirik Gjørseter	23-34	TEAM BLIKKENS LAGAR FLOTVE	00:59:13	00:03:36
6	373	Ole Audun Haabeth	23-34		00:59:38	00:04:01
7	312	Geir Aa. Willadsen	35-39	ØSTFOLD POLITIIDRETTS LAG	01:00:37	00:05:00
8	454	Mats Pettersen	40-44	STABBURET BIL	01:00:38	00:05:00
9	608	Ozzy Gurung	35-39	FREDRIKSTAD IF	01:00:47	00:05:10
10	501	Jon Ivar Tjernshaugen	40-44	VARTEIG IL	01:01:08	00:05:31
11	635	Bjørn Johannessen	40-44	HALDEN IL	01:01:12	00:05:35
12	342	Sondre Skaug	20-22	FREDRIKSTAD IF	01:01:17	00:05:40
13	69	Lars Aurebekk	35-39	FREDRIKSTAD SKIKLUBB	01:02:07	00:06:30
14	221	Johnny Stensrud	50-54	MOSS IL	01:02:27	00:06:49
15	542	Ivar Kummervold	50-54	NOREMA	01:03:36	00:07:59
16	38	Frederik Bjornstad	35-39	BORN TO RUN	01:03:47	00:08:09
17	558	Rune Eriksen	55-59	RYGGEJOGGEN	01:03:47	00:08:10
18	388	Jørgen Løken	20-22		01:04:13	00:08:36
19	91	Eirik Kjølvberg Klonteig	23-34	BRYNILD GRUPPEN	01:04:15	00:08:37
20	422	Svein Arne Sølvberg	65-69	OPPEGÅRD IL	01:04:26	00:08:49
21	555	Preben Gautun	40-44	FREDRIKSTAD IF	01:04:45	00:09:08
22	491	Bjørge Nesengen	40-44	FREDRIKSTAD TRIATLONKLUBB	01:04:46	00:09:09
23	396	Ola Skeid	23-34	OPPSAL IF/AFK BIL	01:04:58	00:09:21
24	330	Terje Ørås	45-49	FREDRIKSTAD TRIATLONKLUBB	01:05:06	00:09:29
25	174	Steinar Lien	50-54	OPPEGÅRD IL	01:05:07	00:09:30
26	520	Emil Magnussen	35-39		01:05:15	00:09:38
27	16	Øyvind Wang	40-44	SKILØPERNE	01:05:23	00:09:45
28	636	Steinar Uran	45-49	TEAM URAN	01:05:38	00:10:01
29	380	Henrik Høidahl	40-44		01:05:47	00:10:09
30	650	Dagfinn Mo	45-49	MOSS CK	01:05:51	00:10:14
31	486	Lars Øy	40-44	GJELLERÅSEN IF	01:05:54	00:10:16
32	522	Martin Sture	40-44		01:05:54	00:10:16
33	67	Christer Hult	35-39	LIRE BK	01:06:05	00:10:28
34	560	Kurth Asle Magnussen	55-59	BREVPOST BIL	01:06:05	00:10:28
35	450	Terje Størset	45-49	NITTEDAL TRIATHLON	01:06:21	00:10:44
36	637	Axel Bendiksbj	35-39	FREDRIKSTAD TRI KLUBB	01:06:32	00:10:54
37	12	Knut-André Larsen	23-34		01:06:33	00:10:56
38	94	Øystein Bertheussen	23-34		01:06:38	00:11:01
39	145	Olav Kleiveland	45-49		01:07:07	00:11:29
40	9	Knut Viggo Andersen	50-54	FREDRIKSTAD IF	01:07:18	00:11:40
41	207	Steve Kaspersen	23-34	FREDRIKSTAD TRIATLONKLUBB / SKI	01:07:21	00:11:44
42	324	Lars Hauge	50-54	GREÅKER IF	01:07:26	00:11:49
43	379	Leif Morten Jamissen	40-44	SATS SARPSBORG	01:07:41	00:12:04
44	355	Fred Morgan Larsen	45-49	VARTEIG IL	01:07:43	00:12:06
45	120	Ronny Knudsen	40-44		01:07:45	00:12:08
46	464	Ulf Eliasson	35-39	SKYE	01:07:51	00:12:14
47	121	Jan Terje Dragvoll	40-44		01:07:51	00:12:14
48	462	Rolf E. Bøhn	55-59	HALDEN IL	01:07:59	00:12:22
49	512	Jørn Espen Nilsen	23-34		01:07:59	00:12:22

## 16km individuell

### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
50	377	Lars Frode Strømmland	50-54	LUKE THE DRIFTER'S RUNNING TE/	01:08:01	00:12:23
51	165	Rune Langnes	45-49	FTBIL	01:08:03	00:12:26
52	552	Geir Jørgensen	45-49	FREDRIKSTAD IF	01:08:12	00:12:35
53	571	Hans-Jørgen Lund	50-54	SKILØPERNE	01:08:13	00:12:36
54	469	Martin Sondaj	40-44	FREDRIKSTAD IF	01:08:15	00:12:37
55	110	Tomas Wang	23-34	SMELLS LIKE TEAM SPIRIT	01:08:15	00:12:38
56	644	Andreas Larsen	35-39	ASIK FLAMES	01:08:18	00:12:41
57	70	Espen Grindahl	40-44		01:08:20	00:12:43
58	271	Alexander Rørberg	23-34	FPIL	01:08:46	00:13:09
59	308	Tom Erik Heia	35-39		01:08:54	00:13:17
60	317	Bjørn Dahlby Karlsen	18-19		01:08:55	00:13:18
61	52	Per Åge Hallstensen	40-44		01:08:56	00:13:19
62	399	Hallvard Bjørkli	23-34		01:09:26	00:13:49
63	283	Snorre Haraldsson	45-49	PRIVAT	01:09:29	00:13:51
64	648	Petter Sten Larsen	45-49	NØKLEBY	01:09:30	00:13:53
65	614	Tom Sognlien	55-59	FREDRIKSTAD IDRETTSFORENING	01:09:32	00:13:55
66	362	Magnus Thorsen	40-44		01:09:39	00:14:02
67	557	Daniel Brewster	23-34		01:09:40	00:14:03
68	251	Magne Svandal	40-44	FREDRIKSTAD SKIKLUBB	01:09:48	00:14:11
69	402	Egil Holme	60-64	FREDRIKSTAD IF	01:09:55	00:14:17
70	389	Pål-Helge Nilssen	40-44	NORTHERN RUNNERS	01:10:00	00:14:22
71	651	Steinar Basberg	55-59	FREDRIKSTAD IF	01:10:08	00:14:30
72	335	Magne Rosnes	40-44	COWI BIL	01:10:11	00:14:34
73	595	Per Ove Haugland	40-44	NYLENDE IF	01:10:14	00:14:36
74	277	Erik Jørstad	35-39	FREDRIKSTAD SYKKELKLUBB / STC	01:10:15	00:14:38
75	245	Jon Bjørke-Hill	35-39		01:10:17	00:14:39
76	547	Lars Henning Stang	40-44		01:10:24	00:14:46
77	640	Jørn Haabeth	35-39	FREDRIKSTAD IF	01:10:37	00:15:00
78	375	Raymond Westberg	45-49		01:10:40	00:15:02
79	194	Martin Ekeberg	23-34	SAMEMAFIAEN	01:10:42	00:15:05
80	625	Morten Jensen	40-44	NORDENS AS	01:10:47	00:15:10
81	585	Thomas E. Rasmussen	40-44	FREDRIKSTAD IF	01:10:49	00:15:12
82	370	Herman Gløersen	16-17	FREDRIKSTAD SKIKLUBB	01:10:52	00:15:15
83	576	Sjur Haabeth	23-34		01:10:56	00:15:19
84	359	Snorre Treimo	23-34		01:11:03	00:15:25
85	17	Jørgen Hole	40-44	ÅS IL / SKILØPERNE	01:11:09	00:15:32
86	186	Steve Collier	55-59	ATOMEN HALDEN BIL	01:11:21	00:15:44
87	299	Stig Andresen	45-49	FREDRIKSTAD IF	01:11:22	00:15:45
88	83	Andreas Akselsen	35-39		01:11:24	00:15:46
89	360	Henrik Landeklint	40-44	FREDRIKSTAD IF	01:11:37	00:16:00
90	404	Stein Johansen	50-54	HANDELSBANKEN	01:11:42	00:16:05
91	463	Robin Brynildsen	45-49	FREDRIKSTAD TRIATLONKLUBB	01:11:43	00:16:05
92	300	Viggo Bjørnstad	40-44	SARPSBORG IL	01:11:57	00:16:20
93	331	Oelrik Werbrouck	40-44		01:12:00	00:16:23
94	407	Per Marius Olsen	23-34	FPIL	01:12:03	00:16:26
95	589	Harald Engh	40-44	VARTEIG I.L.	01:12:04	00:16:26
96	628	Richard Kjellvik	35-39		01:12:13	00:16:36
97	294	Arnt Andersrød	40-44		01:12:39	00:17:02
98	417	Espen Nystad	40-44		01:12:41	00:17:03

## 16km individuell

### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
99	187	Per Bråthen	60-64		01:12:44	00:17:07
100	183	Jan Olav Wilhelmsen	50-54	ØSTBYGDA IL	01:12:52	00:17:15
101	210	Knut Jostein Sandvik	45-49	ULLERØY IL	01:12:54	00:17:17
102	505	Sjur Tømte	55-59	FREDRIKSTAD IF	01:12:55	00:17:17
103	185	Tor Dalen	55-59	OPIL	01:12:56	00:17:18
104	481	Per Willy Sola	40-44	LUNDE FLYERS	01:12:59	00:17:22
105	645	Petter Kvamme Jensen	40-44		01:13:10	00:17:33
106	175	Ulf Roger Olsen	45-49		01:13:11	00:17:34
107	220	Thorleiv Aasland	50-54	NORDEA BIL	01:13:18	00:17:40
108	326	Øyvind Bråten	40-44	COWI BIL	01:13:28	00:17:51
109	176	Jon Frøyland	45-49	SKJEBERG CK	01:13:28	00:17:51
110	626	Eivind Johnsen Ulvin	50-54	BOC	01:13:33	00:17:56
111	600	Frank Robert Bråthen	40-44		01:13:33	00:17:56
112	487	Knut Magne Furuheim	55-59	FREDRIKSTAD SKIKLUBB	01:13:38	00:18:01
113	494	Harald Graarud	60-64		01:13:46	00:18:09
114	378	Erling Dahl	50-54	INGEN	01:13:48	00:18:11
115	316	Terje Hansen	55-59	FREDRIKSTAD IF	01:13:55	00:18:17
116	539	Jon Harald Carlsen	40-44		01:13:57	00:18:20
117	332	Per Hermansen	45-49	MOSS SYKKELKLUBB	01:13:59	00:18:21
118	26	Terje Svensson	55-59	FREDRIKSTAD IF	01:13:59	00:18:22
119	216	Espen Skaar	23-34	POLARIS	01:14:05	00:18:28
120	361	Roar Bjærum	55-59		01:14:06	00:18:28
121	546	Tommy Tinbod	45-49	SATS SARPSBORG	01:14:07	00:18:30
122	610	Lasse Tveit	40-44	REFF ROCK CITY	01:14:12	00:18:35
123	629	Stian Stæa Johannesen	23-34	VARTEIG IL	01:14:13	00:18:36
124	254	Ole-Jan Granli	45-49	MYSEN TENNISKLUBB	01:14:14	00:18:36
125	102	Lars Hox	35-39	KONGSTEN IF	01:14:16	00:18:38
126	416	Lars Kvalsvik	35-39		01:14:16	00:18:39
127	584	Jon Guthu	35-39		01:14:19	00:18:42
128	386	Lasse Horne	40-44	DGG	01:14:19	00:18:42
129	374	Stian Bye	35-39		01:14:20	00:18:43
130	441	Per Kristian Johansen	35-39		01:14:21	00:18:44
131	27	Jarle Skovly	35-39		01:14:26	00:18:49
132	215	Tonny Holte	35-39	TEAM SOLBERGVARDEN OPP	01:14:26	00:18:49
133	36	Tage Eidissen	40-44	SARPSBORG ORIENTERINGSLAG	01:14:30	00:18:53
134	567	Lars Fosse	23-34	IMTECH	01:14:42	00:19:05
135	544	Glenn Klausen	40-44	SKJEBERG CK	01:14:43	00:19:05
136	274	Ole Vingelsgaard	35-39	EUROPRIIS	01:14:46	00:19:09
137	400	Kent-Åge Tokstad Stallvik	23-34	ELVENG	01:14:46	00:19:09
138	239	Christoffer Thomassen	35-39	FREDRIKSTAD TRIATLONKLUBB	01:14:48	00:19:11
139	642	Pål Oliver Kristiansen	40-44	FREDRIKSTAD TRIATHLON KLUBB	01:14:48	00:19:11
140	593	Sigmund Nyvoll	16-17	TRØSKEN	01:14:50	00:19:12
141	170	Henrik Lorentzen	23-34	INFOTJENESTER AS	01:14:55	00:19:18
142	279	Bjørn Arne Lillebø	40-44		01:14:55	00:19:18
143	235	Lars Petter Grüner	35-39	NORDEA BANK NORGE	01:14:56	00:19:19
144	603	Odin Svendsen	40-44		01:15:05	00:19:28
145	439	Halvor De Flon	50-54	FRISKIS OG SVETTIS	01:15:10	00:19:33
146	322	Per Nielsen	40-44	COWI BIL	01:15:12	00:19:34
147	605	Dag Vidar Falch	35-39	OTT/CENTRUM FYSIOTERAPI	01:15:23	00:19:46

# Glommaløpet

9.5.2015

## Komplett Resultatliste

(Bruttotid)

### 16km individuell

#### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
148	428	Jarle Tranøy	45-49		01:15:29	00:19:52
149	440	Glenn Kristiansen	35-39	ROMERIKE ULTRALØPERKLUBB	01:15:29	00:19:52
150	11	Lars Hammerstad	45-49	SKJEBERG CK	01:15:32	00:19:54
151	485	Kenneth Ørseng	45-49	TEAM YX	01:15:36	00:19:58
152	449	Jakob Gløersen	16-17	FREDRIKSTAD SKIKLUBB	01:15:36	00:19:59
153	431	Hans-Petter Lystad	45-49	PRIVAT	01:15:39	00:20:01
154	334	Stein Jensen	55-59		01:15:42	00:20:05
155	32	Lars-Andréas Eriksen	23-34		01:15:47	00:20:10
156	592	Morten Moberg Arntzen	35-39	KONGSTEN IF	01:15:52	00:20:15
157	339	Eivind Sandvik	50-54		01:15:54	00:20:16
158	173	Robert Fialho	35-39	TEAM ACTIC TRIATHLON	01:15:59	00:20:22
159	206	Ole Kristian Sørensen	23-34		01:16:05	00:20:28
160	490	Anders Brynildsen	40-44	BRYNILD GRUPPEN	01:16:06	00:20:29
161	338	Terje Rød	45-49	FREDRIKSTAD IF	01:16:07	00:20:30
162	565	Martin Fredheim	40-44	FREDRIKSTAD IF	01:16:13	00:20:36
163	564	Robert Hauer	23-34	TEAM RH84	01:16:15	00:20:38
164	448	Knut Gløersen	45-49	FREDRIKSTAD SKIKLUBB	01:16:16	00:20:39
165	607	Thomas Ruyter	45-49	CICIGNON IF	01:16:17	00:20:40
166	268	Ketil Grønneberg	40-44		01:16:22	00:20:45
167	566	Anders Schjøllert Fredheim	40-44		01:16:26	00:20:49
168	496	Espen Sperlin	23-34	EIDSBERG IL	01:16:28	00:20:51
169	497	Ole-Jacob Martinsen	35-39		01:16:31	00:20:54
170	232	Ole Petter Sandersen	40-44	ULFVEN AS	01:16:31	00:20:54
171	82	Karsten Jacobsen	45-49	NEXANS	01:16:33	00:20:56
172	617	Richard Lindstrøm	40-44		01:16:34	00:20:57
173	509	Stephen Gangestad	50-54	FREDRIKSTAD IF	01:16:38	00:21:00
174	438	Vetle Bråthen Blekken	23-34		01:16:39	00:21:02
175	381	Fredrik Bjørnebekk	23-34	SARPSBORG AP	01:16:39	00:21:02
176	204	Morten Tvedt	60-64	DFI SYKKEL	01:16:55	00:21:18
177	4	Bjørn Einar Larsen	50-54	SKILØPERNE	01:16:58	00:21:21
178	157	Nick Simons	40-44		01:17:01	00:21:24
179	384	Kennet Hald	35-39	HALD	01:17:01	00:21:24
180	475	Harald Vidsjå	50-54	NESODDEN TEAM2	01:17:02	00:21:25
181	19	Magnus Krossby	40-44	FREDRIKSTAD SK	01:17:11	00:21:34
182	350	Kjell Arne Johansen	60-64	FREDRIKSTAD IF	01:17:15	00:21:38
183	252	Fredrik Martinsen	23-34		01:17:23	00:21:46
184	6	Jørgen Johansen	40-44	SOLKYSTEN LK	01:17:31	00:21:54
185	433	Martin Sagen Andersen	35-39	RT 27 FREDRIKSTAD	01:17:32	00:21:55
186	474	Jens Thorgaard	40-44		01:17:33	00:21:56
187	222	Ivar Ness	55-59	HVALER VOLLEYBALLKLUBB	01:17:34	00:21:57
188	652	Frode Christiansen	40-44	BRUA FYSIKALSKE	01:17:43	00:22:06
189	461	Karsten F. Hansen	45-49	BRYNILD GRUPPEN BIL	01:17:51	00:22:13
190	413	Rune Berntzen	45-49		01:17:57	00:22:20
191	623	Dan Thomas Olsen	23-34		01:18:05	00:22:28
192	367	Odd Hilberg Johansen	60-64	RSL	01:18:07	00:22:30
193	333	Henning Johansen	50-54	COWI	01:18:08	00:22:31
194	514	Truls Martin Ambjørnsen	35-39	RT 27 FREDRIKSTAD	01:18:11	00:22:34
195	606	Lars Thunes	45-49		01:18:18	00:22:41
196	649	Erling Dokk Holm	50-54		01:18:35	00:22:57

## 16km individuell

### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
197	500	Øyvind Sola	40-44	YVEN IF	01:18:35	00:22:58
198	90	Geir Bjørnstad	40-44	SARPSBORG ARBEIDERBLAD	01:18:42	00:23:05
199	270	Fredrik Myhre Haugerud	40-44	TROLLDALEN IF	01:18:47	00:23:09
200	158	Just Kullberg-Marcussen	45-49		01:18:53	00:23:16
201	167	Diego Gonzalez	23-34	SMELLS LIKE TEAM SPIRIT	01:18:54	00:23:17
202	307	Piotr Hryn	23-34	ADAMEKS	01:18:55	00:23:17
203	582	Bjørn Åstorp	55-59	SARPSBORG O-LAG	01:18:55	00:23:18
204	511	Anders Johan Krosby	65-69	COWI BIL	01:19:02	00:23:25
205	435	Joachim Eriksen	40-44		01:19:03	00:23:25
206	217	Martin Mikkeltorg Syvertsen	23-34	SIGNICAT	01:19:04	00:23:27
207	460	Aleksander Walberg Sørlie	23-34	FREDRIKSTAD TRIATLONKLUBB	01:19:05	00:23:28
208	257	Arne Aleksander Jeksrud	35-39	LEEDS UTD.	01:19:05	00:23:28
209	498	Stig Kavli	50-54	BLODSMAK SK	01:19:06	00:23:29
210	20	Vegard Krabberød	40-44		01:19:12	00:23:35
211	573	Espen Michael Eriksen	23-34	IMETCH	01:19:15	00:23:38
212	476	Ingar Martinsen	50-54		01:19:19	00:23:42
213	638	Karl-Erik Diskerud	50-54	TELL	01:19:21	00:23:44
214	236	André Larsen	23-34		01:19:25	00:23:48
215	348	Ole Martin Glende Eriksen	35-39		01:19:26	00:23:49
216	296	Tore André Johansen	40-44		01:19:30	00:23:53
217	323	Steinar Skaug	35-39	COWI	01:19:33	00:23:56
218	392	Tom-Erik Larsen	40-44		01:19:33	00:23:56
219	453	Erik Bjurstrøm	55-59		01:19:35	00:23:58
220	391	Claes Jørgen Bøhn	45-49	HALDEN CK/ FRESENIUS KABI BIL	01:19:36	00:23:59
221	289	Wieslaw Adamek	50-54	ADAMEKS	01:19:38	00:24:01
222	341	Rino Skaug	45-49	GAARDS-SERVICE AS	01:19:38	00:24:01
223	160	Rene Hegge	45-49		01:19:45	00:24:08
224	641	Heine Jensen	23-34	@HEINEJENS	01:19:54	00:24:17
225	455	Harald Lunde	45-49	VARTEIG IL	01:19:56	00:24:18
226	434	Anders Karlsson	35-39	QUALITY HOTEL & RESORT SARPSBØ	01:19:56	00:24:19
227	591	Frank Langva	40-44		01:19:57	00:24:19
228	15	Tom Henning Hammerstad	55-59	FREDRIKSTAD ENERGI AS	01:20:00	00:24:23
229	154	Erling Søyland	40-44	CAD QUALITY	01:20:00	00:24:23
230	397	Øivind Solberg	35-39		01:20:06	00:24:29
231	541	Espen Johannessen	45-49	TEAM BTS	01:20:08	00:24:31
232	21	Terje Lundberg	45-49	COMPUSOFT BIL	01:20:11	00:24:34
233	458	Arnfinn Sørlie	60-64	SARPSBORG SYKLEKLUBB	01:20:14	00:24:37
234	128	Bjørn Ove Aspren	35-39		01:20:15	00:24:38
235	643	Lars Edvinsen	35-39	ASIK FLAMES	01:20:16	00:24:39
236	48	Vidar Boye Hansen	55-59		01:20:21	00:24:44
237	568	Tore Karlstad	35-39	SARPSBORG SYKLEKLUBB	01:20:21	00:24:44
238	444	Vidar Augustin	50-54		01:20:22	00:24:45
239	372	Per Ekren Engelsen	45-49		01:20:25	00:24:47
240	446	Darius Adomaitis	35-39		01:20:35	00:24:58
241	657	Jan Edvin Blomkvist	50-54	BOLIGBYGGELAGET USBI	01:20:38	00:25:01
242	255	Finn Henry Lillestrand	45-49	TRØSKEN IL	01:20:38	00:25:01
243	594	Sindre Nyvoll	45-49	COMPUSOFT BIL	01:20:48	00:25:11
244	313	David Weber	45-49		01:20:52	00:25:15
245	495	Sjur Lysaker	23-34		01:20:53	00:25:15

## 16km individuell

### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
246	75	Sven Ove Austbø	40-44	TRANSCOM	01:21:11	00:25:34
247	156	Christian Pilestrand	40-44	TROLLEDALEN IF	01:21:19	00:25:42
248	479	Espen Handegård	35-39		01:21:22	00:25:45
249	394	Alexander O Sørvoll	23-34	BRYNILD GRUPPEN	01:21:24	00:25:47
250	30	Vidar Dahl	50-54	LANGEMYRVEIEN	01:21:28	00:25:50
251	132	Mikael Høgberg Johansen	23-34		01:21:32	00:25:54
252	654	Nils Arue Frøisland	50-54		01:21:33	00:25:56
253	57	Sondre Bauer Lunde	23-34	NEXANS	01:21:35	00:25:58
254	231	Kristoffer Stang	23-34	#TEAMCHEMTRAIL	01:21:35	00:25:58
255	363	Anders Løkke	40-44	CK ØST	01:21:36	00:25:59
256	478	Geir Pettersen	45-49	JACKON	01:21:38	00:26:01
257	467	Thomas Ulfsrød	40-44		01:21:46	00:26:09
258	507	Ragnar Heier	60-64	ØSTBYGDA IL	01:21:59	00:26:21
259	188	Ole Martin Forsetlund	23-34		01:22:00	00:26:22
260	588	Erik Martinsen	23-34		01:22:01	00:26:24
261	282	Torger Bjørndal	23-34	STOREMYR IL	01:22:05	00:26:27
262	295	Magne Kjøniksen	45-49	HAFSLUND	01:22:15	00:26:38
263	516	Petter Andersen	20-22		01:22:34	00:26:57
264	258	Andreas Evensen	35-39		01:22:40	00:27:03
265	473	Øystein Andersen	35-39		01:22:42	00:27:05
266	242	Alfredo De Ibarra Argiles	23-34		01:22:46	00:27:08
267	510	Jon Egenes	40-44	ERLIG LH	01:22:51	00:27:14
268	556	Pål Tandberg	55-59	MOSS LUFTHAVN RYGGE	01:22:56	00:27:18
269	244	Marcus Ogre	23-34	NEMUS	01:23:00	00:27:23
270	340	Tor-Arne Halvorsen	40-44		01:23:03	00:27:26
271	37	Henrik Ottersen	35-39		01:23:05	00:27:28
272	369	Ole Jensen	23-34		01:23:07	00:27:30
273	468	Thomas Grundstad	35-39	BORGE FYSIOTERAPI	01:23:10	00:27:33
274	492	Thomas Borger	40-44	IMTECH	01:23:10	00:27:33
275	262	Ruben Verdu Martinez	35-39	PRIVAT	01:23:17	00:27:40
276	286	Jørn Anders Bjercke	23-34	JCB HAGE OG GRØNTAREALER AS	01:23:24	00:27:47
277	579	Torgeir Snilsberg	45-49		01:23:32	00:27:55
278	224	Endre Jønland	55-59		01:23:33	00:27:56
279	459	Jim Lauritsen	50-54		01:23:40	00:28:03
280	273	Morten Bergli	23-34		01:23:46	00:28:08
281	513	Lasse Orring	35-39	RT 27 FREDRIKSTAD	01:23:48	00:28:10
282	352	Jan Løvfold	35-39		01:24:10	00:28:32
283	368	Frode Andersen	35-39		01:24:38	00:29:00
284	596	Fredrik Bråthen	16-17	SFK	01:24:40	00:29:02
285	353	Atle Stubberud	23-34	TINDLUND IF	01:24:41	00:29:03
286	169	Sondre Haslerud Stjern	23-34	ROMERIKE ULTRALØPERKLUBB	01:24:44	00:29:06
287	238	Magnus Arnesen	35-39	ROLVSØY VEKTLØFTERKLUBB	01:24:49	00:29:12
288	631	Trond Risa	40-44	SERUL NATAS	01:24:50	00:29:13
289	537	Julius Horgheim	16-17	FREDRIKSTAD IF	01:24:54	00:29:16
290	574	Morten Bruheim	23-34		01:24:55	00:29:17
291	489	Petter Danielsen	45-49	KONGSTEN IF	01:25:02	00:29:25
292	180	Morgan Adolfsen	45-49	SARPSBORG KOMMUNE	01:25:04	00:29:27
293	43	Lars Erik Halvorsen	45-49		01:25:07	00:29:29
294	118	Joshua Karesch	20-22		01:25:29	00:29:52

## 16km individuell

### Menn

Pluss	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
295	578	Lennart Gammelsrud	40-44		01:25:31	00:29:53
296	583	Philip Drivenes	16-17	FREDRIKSTAD SKIKLUBB	01:25:47	00:30:10
297	62	Morten Hansen	50-54	TØFF OM DAGEN	01:26:02	00:30:25
298	311	Roger Renberg	45-49		01:26:16	00:30:39
299	639	Arild Olsrud Hansen	50-54	FRESENIUS KABI	01:26:20	00:30:43
300	101	Håvard Skaaden	23-34		01:26:32	00:30:55
301	80	Ole Christian Sæll	40-44	RUNNINGRABBITS	01:26:36	00:30:59
302	196	Sverre Lefsaker	35-39	PROJECTIONDESIGN	01:26:38	00:31:00
303	534	Remi Bjørkå	35-39		01:26:39	00:31:02
304	615	Olav Gram Degnes	23-34	REARDEN PARTNERS AS	01:26:46	00:31:09
305	465	Andreas Lervik	45-49	SARPSBORG SYKLEKLUBB	01:26:49	00:31:11
306	241	Trond Bjørling	50-54		01:26:53	00:31:16
307	612	Tobby Simonsen	35-39	PROJECTIONDESIGN	01:26:57	00:31:20
308	351	Anders Tronstad	45-49		01:27:05	00:31:28
309	155	Fredrik Gaarder	40-44		01:27:09	00:31:31
310	365	Rino Rådahl	50-54		01:27:09	00:31:32
311	437	Trym Bråthen Tangen	23-34		01:27:12	00:31:35
312	483	Bill Bjerkehagen	45-49	TRØMBORG IL	01:27:15	00:31:38
313	366	Øystein J Andresen	45-49	FREDRIKSTAD TRIATLONKLUBB	01:27:20	00:31:43
314	604	Jon-Erik Gretland	35-39	KLUBB PARADISAAK	01:27:20	00:31:43
315	134	Rino Humlekjær	50-54		01:27:27	00:31:49
316	260	John Vidar Olsen	65-69	RYGGEJOGGEN	01:27:32	00:31:55
317	209	Svend Yrvum	40-44	MOSSJONISTENE	01:27:36	00:31:58
318	246	Roy Bråthen	40-44	ØSTFOLD ENERGI	01:27:38	00:32:01
319	247	Bengt Petter Johansen	35-39	ØSTFOLD ENERGI	01:27:46	00:32:08
320	427	Morten Heli-Hansen	35-39	NORDIC CRANE	01:28:05	00:32:28
321	325	Ulf Røysted	45-49	COWI AS	01:28:23	00:32:45
322	237	Thor Arnesen	23-34	NORDEA BANK NORGE	01:28:23	00:32:46
323	63	Heine Kristoffer Aas	23-34		01:28:37	00:33:00
324	590	Stein Eriksen	50-54	COWI	01:28:39	00:33:02
325	314	Per Christian Heines	40-44	ZENITH SURVEY	01:28:40	00:33:02
326	297	Hans Rudi Aas	23-34		01:28:43	00:33:05
327	25	Stian Holmskog	23-34	PENTEX AS	01:28:48	00:33:10
328	230	Sindre Martinsen-Evje	23-34		01:28:49	00:33:12
329	240	Jan Arild Wallin Røste	45-49		01:29:05	00:33:27
330	429	Svend Aage Larsen	40-44	ROCKDRIVERS	01:29:28	00:33:51
331	13	Ivar Lundstrøm	45-49		01:29:45	00:34:08
332	656	Stian Bjørnebekk	40-44		01:30:03	00:34:26
333	243	Morten Bjørnstad	40-44		01:30:06	00:34:28
334	280	Andreas Egenes	45-49	ÆRLIG LH	01:30:43	00:35:06
335	488	Kenny Engen	23-34		01:30:44	00:35:06
336	356	Lars Gjerlaugsen	23-34	TANNLEGE LARS GJERLAUGSEN	01:30:52	00:35:15
337	419	Ole Petter Glückstad	45-49	GILDE	01:31:05	00:35:28
338	538	Victor Olsen	18-19		01:31:11	00:35:33
339	197	Marius Mortensen	23-34	VARTEIG BOYZ	01:31:18	00:35:41
340	105	Jonas Holth	23-34	BÅTHUSTEATRET	01:31:41	00:36:04
341	195	Øyvind Svensen	23-34	PROJECTIONDESIGN	01:31:46	00:36:09
342	143	Trond V. Hansen	50-54	IMTECH	01:31:54	00:36:17
343	508	Øystein Kjøll	50-54	IDE&DEKORVERKSTEDET;	01:31:56	00:36:19

## 16km individuell

### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
344	285	Christer Ringsrud	23-34	JCB HAGE OG GRØNTAREALER AS	01:32:00	00:36:23
345	269	Jørgen Gurandsrud	65-69	FREDRIKSTAD IF	01:32:03	00:36:26
346	633	Andreas Paulsen	40-44	FYSIOPLUSS	01:32:21	00:36:44
347	472	Andreas Lavik Nordby	23-34	FREDRIKSTAD KOMMUNE	01:32:43	00:37:06
348	602	Steffen Eliassen	23-34		01:32:44	00:37:07
349	205	Knut Thorvaldsen	40-44	FLESK I FARTA	01:32:46	00:37:09
350	655	Morten Moen	23-34		01:32:55	00:37:17
351	233	Terje Berg	65-69	PINSEKIRKEN, HALDEN	01:32:59	00:37:22
352	135	Morten Richardsen	50-54	GAMLE KÆLLÆR	01:33:03	00:37:25
353	123	André Monsen	45-49		01:33:13	00:37:36
354	409	Marcel Mandji	40-44	MARCEL MANDJI	01:33:24	00:37:47
355	554	Ole Johnny Aasen	35-39		01:33:35	00:37:57
356	531	Stian Kristiansen	23-34		01:34:12	00:38:35
357	412	Sven-Erik Lind	35-39		01:34:20	00:38:43
358	562	Sverre Sanengen	75-79	FREDRIKSTAD IF	01:34:24	00:38:46
359	139	Anders Amundsen	23-34	BÅTHUSTEATRET	01:34:45	00:39:08
360	632	Per Arve Strømstad	40-44	OSLO ØSTRE SKL	01:35:05	00:39:28
361	56	Lasse Johnsen	50-54		01:35:47	00:40:10
362	148	Tom Wahlgren	65-69	SOL	01:35:49	00:40:12
363	211	Jørn Tørmoen	45-49	TJUKKASGJENGEN	01:35:50	00:40:12
364	393	Andreas Berg	23-34	ELIXIA TUNEJORDET	01:36:13	00:40:36
365	466	Terje Andresen	60-64	SARPSBORG ARBEIDERBLAD	01:36:32	00:40:55
366	137	Knut Reidar Syvertsen	50-54	GAMLE KÆLLÆR	01:37:01	00:41:24
367	630	Magne Elstad	45-49		01:37:14	00:41:37
368	74	Stig Ove Syversen	45-49	TRANSCOM	01:37:20	00:41:43
369	477	Øyvind Schei	23-34		01:37:42	00:42:05
370	179	Thomas Rolland	45-49		01:38:14	00:42:36
371	457	Dan-Petter Jacobsen	23-34	COWI	01:38:16	00:42:38
372	354	Theodor Bye	35-39	RØDENES IL	01:38:19	00:42:41
373	126	Ole Emilsen	23-34	IMTECH	01:38:21	00:42:44
374	624	Tom Erik Kristiansen	45-49	EURY	01:38:48	00:43:10
375	597	Henrik Lund Raagaard	70-74		01:39:09	00:43:32
376	72	Geir Skaara	55-59	NORDEA BIL	01:39:10	00:43:33
377	619	Hans- Olaf Kirkeng	55-59	ØSTBYGDA IDRETTSLAG	01:39:14	00:43:36
378	301	Jon Eivind Svendsen	23-34		01:39:55	00:44:18
379	343	Tore Nygaard	40-44	COWI	01:40:04	00:44:27
380	581	Knut Patrick Rustan	40-44		01:41:19	00:45:42
381	550	Martin Østby	23-34	TEAM ACTIC TRIATHLON	01:41:34	00:45:57
382	424	Geir Syversen	35-39	FREDRIKSTAD IF	01:41:38	00:46:00
383	302	Marius Hansen	23-34	TEAM HANSEN	01:42:05	00:46:28
384	136	Steinar Jensen	50-54	GAMLE KÆLLÆR	01:42:44	00:47:07
385	87	Joachim Halvorsen	23-34	IMTECH	01:44:12	00:48:35
386	212	Tonny Røren	35-39		01:44:13	00:48:36
387	559	Thomas Bysted	35-39	RT 27 FREDRIKSTAD	01:44:37	00:49:00
388	563	Daniel Trandum	23-34	RT 27 FREDRIKSTAD	01:44:37	00:49:00
389	66	Knut Eggen	50-54	SARPSBORG KOMMUNE	01:44:51	00:49:14
390	284	Jørn Cato Bjercke	50-54	JCB HAGE OG GRØNTAREALER AS	01:47:30	00:51:53
391	293	Jan Johasson	55-59	IMTECH	01:50:10	00:54:33
392	543	Michael Lindgjerdet	23-34		01:53:33	00:57:56



### 16km individuell

#### Menn

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
393	151	Knut Gunnar Borgmo	50-54		01:56:07	01:00:30
394	266	Roger Evensen	40-44	MOSSJONISTENE.COM	01:56:26	01:00:49
395	521	Mukhtar Qarbosh	23-34	NAV FREDRIKSTAD	01:59:24	01:03:47
396	618	Jørn Sigvart Watvedt	55-59	ØSTBYGDA	02:05:41	01:10:04

Antall: 396

### 16km stafett

Mixed Mixed

Class	StNr	Navn	Klubb	Tid	Tid Bak
1	16	Team Gamlefredrikstad Golfkl	GAMLE FREDRIKSTAD GOLFKLUBB	01:04:24	00:00:00
2	15	Team Hagle Eiendomsservice	COWI BIL	01:05:13	00:00:49
3	9	Team Innovasjon Og Prosjekt	HØGSKOLEN I ØSTFOLD	01:05:37	00:01:13
4	52	Team Frederik li		01:07:55	00:03:31
5	31	Team Capgemini Fredrikstad		01:08:13	00:03:49
6	41	Team F2	SIKKERHETSSEKSJON 1	01:10:14	00:05:50
7	13	Team Helsehuset Greaaaker	HELSEHUSET GREAAKER	01:11:29	00:07:05
8	24	Team Hvaler Volleyballklubb	HVALER VOLLEYBALLKLUBB	01:11:30	00:07:07
9	72	Team Imtech		01:13:31	00:09:08
10	60	Team Cis Whipsters	CIS WHIPSTERS	01:13:35	00:09:11
11	28	Team Fredrikstad Kommune Ø		01:13:48	00:09:24
12	58	Team Pwc	PWC	01:14:02	00:09:38
13	43	Team Sweco	SWECO NORGE AS	01:14:12	00:09:49
14	67	Team Unger Grønn	UNGER GRØNT LAG	01:14:21	00:09:57
15	6	Team Brynild Gruppen B.I.L	BRYNILD GRUPPEN	01:14:24	00:10:01
16	37	Team Barnehagenett	BARNEHAGENETT AS	01:14:33	00:10:10
17	50	Team Ghostbusters Med Stygg	SYKEHUSET ØSTFOLD HF, PSYKOSEB	01:14:51	00:10:27
18	1	Team Sarpsborg Smådyrklinikk	SARPSBORG SMÅDYRKLINIKK	01:14:56	00:10:32
19	53	Team Mer Til Overs	EUOPRIS	01:15:20	00:10:56
20	14	Team Alvimhaugen Barneskole	ALVIMHAUGEN BARNESKOLE	01:15:48	00:11:24
21	40	Team Bupp Fredrikstad	BUPP FREDRIKSTAD	01:16:37	00:12:14
22	65	Team Brynild Gruppen B.I.L P	BRYNILD GRUPPEN	01:16:50	00:12:26
23	32	Team Tivoli - I Love It	AUTONOR	01:16:59	00:12:35
24	33	Team Autonor Extreme Trucks	AUTONOR AS	01:17:44	00:13:21
25	49	Team Infotjenester	INFOTJENESTER	01:17:58	00:13:34
26	55	Team Obos Østfold	OBOS ØSTFOLD	01:18:03	00:13:39
27	59	Team Kiæråsen	KIÆRÅSEN	01:18:48	00:14:24
28	44	Team Hvaler	HVALER KOMMUNE	01:18:51	00:14:27
29	68	Team Unger Blå	UNGER BLÅ	01:19:10	00:14:47
30	47	Team Friskliv Og Mestring		01:19:22	00:14:59
31	7	Team Vigres Byrå As	VIGRES BYRÅ AS	01:19:55	00:15:31
32	30	Team Kokkelaget	FREDRIKSTAD KOMMUNE	01:19:55	00:15:31
33	18	Team Visma	VISMA	01:20:00	00:15:37
34	10	Team Isarpsborg	ISARPSBORG	01:20:25	00:16:02
35	38	Team Nav Igators 2	NAV FREDRIKSTAD	01:20:36	00:16:13
36	54	Team Amedia Smb	AMEDIA SMB	01:20:50	00:16:27
37	2	Team Fredrikstad Kommune -	FREDRIKSTAD KOMMUNE	01:21:01	00:16:37
38	26	Team Visma Services	VISMA SERVICES FREDRIKSTAD	01:21:48	00:17:24
39	46	Team Kokos	NØKLEBY SKOLE	01:21:57	00:17:34
40	17	Team Hurrød Skole	HURRØD SKOLE	01:22:36	00:18:12
41	56	Team Sikkerhetsseksjon 2	SIKKERHETSSEKSJON 2, DIVISJON PS	01:22:52	00:18:28
42	25	Team Ok Øst	OK ØST	01:25:21	00:20:57
43	34	Team Nav - Igators 1		01:25:46	00:21:23
44	64	Team Virksomhet Idrett	VIRKSOMHET IDRETT	01:27:01	00:22:38
45	20	Team Fris 2	FREDRIKSTAD INTERNASJONALE SKC	01:27:06	00:22:42
46	70	Team Doremi Trosvik	LÆRINGSVERKSTEDET DOREMI TROS	01:27:40	00:23:16

### 16km stafett

#### Mixed Mixed

Plass	StNr	Navn	Klubb	Tid	Tid Bak
47	57	Team Jobbkonsulentene	JOBBKONSULENTENE, STIFTELSEN BI	01:27:44	00:23:20
48	8	Team Seiersborg Vgs		01:28:47	00:24:23
49	36	Team Blodbanken	BLODBANKEN SYKEHUSET ØSTFOLD	01:29:28	00:25:04
50	45	Team Fortum Bil	FORTUM BIL	01:30:00	00:25:36
51	39	Team Nav Igators 3	NAV FREDRIKSTAD	01:30:45	00:26:21
52	5	Team Reaktorskolen	SVERKE ALVÆR	01:30:51	00:26:27
53	11	Team Och Ortopedi	OCH ORTOPEDI	01:31:33	00:27:10
54	19	Team Fris 1	FREDRIKSTAD INTERNASJONALE SKC	01:33:12	00:28:48
55	3	Team Aof Østfold	SKOGSTRAND	01:34:48	00:30:25
56	42	Team Akuttavdelingen, Helseh		01:38:34	00:34:11

Antall: 56

#### Mixed Dame

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	63	Team Varteig II	VARTEIG	01:03:56	00:00:00
2	12	Team Spesielt Nok	ENHET SPESIALPEDAGOGISKE TILTAK	01:25:12	00:21:17
3	21	Team Js Norge Dame		01:25:57	00:22:02
4	23	Team Helfo	HELFO	01:26:37	00:22:42
5	27	Team Posten Fredrikstad	POSTEN	01:30:58	00:27:03
6	4	Team Springqueens	SPRINGQUEENS	01:37:47	00:33:51
7	61	Team Barnas Stasjon	BARNAS STASJON, STIFTELSEN BLÅ K	01:43:19	00:39:24

Antall: 7

#### Mixed Herre

Plass	StNr	Navn	Klubb	Tid	Tid Bak
1	62	Team Varteig II	VARTEIG IL	00:53:47	00:00:00
2	66	Team Enda Mer Til Overs	EUROPRIS AS	01:03:08	00:09:22
3	71	Team Nett-Tjenester Bil 2	NETT-TJENESTER BIL	01:08:32	00:14:46
4	48	Team Cowi	COWI	01:08:35	00:14:49
5	29	Team Nett-Tjenester	NETT-TJENESTER BIL	01:09:33	00:15:47
6	22	Team Js Norge Herre		01:15:12	00:21:26

Antall: 6

# Glommaløpet

9.5.2015

## Komplett Resultatliste

(Bruttotid)

### 16km stafett

#### Mixed

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
1	62	Team Varteig II	Herre	VARTEIG IL	00:53:47	00:00:00
2	66	Team Enda Mer Til Overs	Herre	EUROPRIAS AS	01:03:08	00:09:22
3	63	Team Varteig II	Dame	VARTEIG	01:03:56	00:10:10
4	16	Team Gamlefredrikstad Golfkl	Mixed	GAMLE FREDRIKSTAD GOLFKLUBB	01:04:24	00:10:38
5	15	Team Hagle Eiendomsservice	Mixed	COWI BIL	01:05:13	00:11:27
6	9	Team Innovasjon Og Prosjektl	Mixed	HØGSKOLEN I ØSTFOLD	01:05:37	00:11:51
7	52	Team Frederik li	Mixed		01:07:55	00:14:09
8	31	Team Capgemini Fredrikstad	Mixed		01:08:13	00:14:27
9	71	Team Nett-Tjenester Bil 2	Herre	NETT-TJENESTER BIL	01:08:32	00:14:46
10	48	Team Cowi	Herre	COWI	01:08:35	00:14:49
11	29	Team Nett-Tjenester	Herre	NETT-TJENESTER BIL	01:09:33	00:15:47
12	41	Team F2	Mixed	SIKKERHETSSEKSJON 1	01:10:14	00:16:28
13	13	Team Helsehuset Greaaaker	Mixed	HELSEHUSET GREAAKER	01:11:29	00:17:43
14	24	Team Hvaler Volleyballklubb	Mixed	HVALER VOLLEYBALLKLUBB	01:11:30	00:17:44
15	72	Team Imtech	Mixed		01:13:31	00:19:45
16	60	Team Cis Whipsters	Mixed	CIS WHIPSTERS	01:13:35	00:19:49
17	28	Team Fredrikstad Kommune &	Mixed		01:13:48	00:20:02
18	58	Team Pwc	Mixed	PWC	01:14:02	00:20:16
19	43	Team Sweco	Mixed	SWECO NORGE AS	01:14:12	00:20:26
20	67	Team Unger Grønn	Mixed	UNGER GRØNT LAG	01:14:21	00:20:35
21	6	Team Brynild Gruppen B.I.L	Mixed	BRYNILD GRUPPEN	01:14:24	00:20:38
22	37	Team Barnehaugenett	Mixed	BARNEHAGENETT AS	01:14:33	00:20:47
23	50	Team Ghostbusters Med Styg	Mixed	SYKEHUSET ØSTFOLD HF, PSYKOS	01:14:51	00:21:05
24	1	Team Sarpsborg Smådyrklunik	Mixed	SARPSBORG SMÅDYRKLINIKK	01:14:56	00:21:10
25	22	Team Js Norge Herrer	Herre		01:15:12	00:21:26
26	53	Team Mer Til Overs	Mixed	EUROPRIAS	01:15:20	00:21:34
27	14	Team Alvimhaugen Barneskol	Mixed	ALVIMHAUGEN BARNESKOLE	01:15:48	00:22:02
28	40	Team Bupp Fredrikstad	Mixed	BUPP FREDRIKSTAD	01:16:37	00:22:51
29	65	Team Brynild Gruppen B.I.L P	Mixed	BRYNILD GRUPPEN	01:16:50	00:23:04
30	32	Team Tivoli - I Love It	Mixed	AUTONOR	01:16:59	00:23:13
31	33	Team Autonor Extreme Truck:	Mixed	AUTONOR AS	01:17:44	00:23:58
32	49	Team Infotjenester	Mixed	INFOTJENESTER	01:17:58	00:24:12
33	55	Team Obos Østfold	Mixed	OBOS ØSTFOLD	01:18:03	00:24:17
34	59	Team Kiæråsen	Mixed	KIÆRÅSEN	01:18:48	00:25:02
35	44	Team Hvaler	Mixed	HVALER KOMMUNE	01:18:51	00:25:05
36	68	Team Unger Blå	Mixed	UNGER BLÅ	01:19:10	00:25:24
37	47	Team Friskliv Og Mestring	Mixed		01:19:22	00:25:36
38	7	Team Vigres Byrå As	Mixed	VIGRES BYRÅ AS	01:19:55	00:26:09
39	30	Team Kokkelaget	Mixed	FREDRIKSTAD KOMMUNE	01:19:55	00:26:09
40	18	Team Visma	Mixed	VISMA	01:20:00	00:26:14
41	10	Team Isarpsborg	Mixed	ISARPSBORG	01:20:25	00:26:39
42	38	Team Nav Igators 2	Mixed	NAV FREDRIKSTAD	01:20:36	00:26:50
43	54	Team Amedia Smb	Mixed	AMEDIA SMB	01:20:50	00:27:04
44	2	Team Fredrikstad Kommune -	Mixed	FREDRIKSTAD KOMMUNE	01:21:01	00:27:15
45	26	Team Visma Services	Mixed	VISMA SERVICES FREDRIKSTAD	01:21:48	00:28:02
46	46	Team Kokos	Mixed	NØKLEBY SKOLE	01:21:57	00:28:11
47	17	Team Hurrød Skole	Mixed	HURRØD SKOLE	01:22:36	00:28:50
48	56	Team Sikkerhetsseksjon 2	Mixed	SIKKERHETSSEKSJON 2, DIVISJON	01:22:52	00:29:06
49	12	Team Spesielt Nok	Dame	ENHET SPESIALPEDAGOGISKE TIL1	01:25:12	00:31:26

### 16km stafett

#### Mixed

Plass	StNr	Navn	Klasse	Klubb	Tid	Tid Bak
50	25	Team Ok Øst	Mixed	OK ØST	01:25:21	00:31:35
51	34	Team Nav - Igators 1	Mixed		01:25:46	00:32:00
52	21	Team Js Norge Dame	Dame		01:25:57	00:32:11
53	23	Team Helfo	Dame	HELFO	01:26:37	00:32:51
54	64	Team Virksomhet Idrett	Mixed	VIRKSOMHET IDRETT	01:27:01	00:33:15
55	20	Team Fris 2	Mixed	FREDRIKSTAD INTERNASJONALE S	01:27:06	00:33:20
56	70	Team Doremi Trosvik	Mixed	LÆRINGSVERKSTEDET DOREMI TR	01:27:40	00:33:54
57	57	Team Jobbkonsulentene	Mixed	JOBBKONSULETENE, STIFTELSEN	01:27:44	00:33:58
58	8	Team Seiersborg Vgs	Mixed		01:28:47	00:35:01
59	36	Team Blodbanken	Mixed	BLODBANKEN SYKEHUSET ØSTFOL	01:29:28	00:35:42
60	45	Team Fortum Bil	Mixed	FORTUM BIL	01:30:00	00:36:14
61	39	Team Nav Igators 3	Mixed	NAV FREDRIKSTAD	01:30:45	00:36:59
62	5	Team Reaktorskolen	Mixed	SVERKE ALVÆR	01:30:51	00:37:05
63	27	Team Posten Fredrikstad	Dame	POSTEN	01:30:58	00:37:12
64	11	Team Och Ortopedi	Mixed	OCH ORTOPEDI	01:31:33	00:37:47
65	19	Team Fris 1	Mixed	FREDRIKSTAD INTERNASJONALE S	01:33:12	00:39:26
66	3	Team Aof Østfold	Mixed	SKOGSTRAND	01:34:48	00:41:02
67	4	Team Springqueens	Dame	SPRINGQUEENS	01:37:47	00:44:01
68	42	Team Akuttavdelingen, Helset	Mixed		01:38:34	00:44:48
69	61	Team Barnas Stasjon	Dame	BARNAS STASJON, STIFTELSEN BL	01:43:19	00:49:33

Antall: 69