

Dette året inneholder følgende landskamper:

		Sen		Jun				
		M	K	M	K			
12.2	Karlstad, SWE	Danmark/Island-Finland-Norge-Sverige				X	X	Innendørs
23.-25.6	Chorzow, POL	European Team Championships				X	X	
22.-23.7	Oslo, NOR	Nordisk U20 Match og mesterskap						X X

Danmark/Island - Finland – Norge – Sverige

(Innendørs)

Karlstad, SWE 12.2.2023

Eva Lisa Holtz Arena

Men: NOR 130,5-FIN 126-SWE 125-DEN/ISL 94,5
Women: SWE 163- NOR 108-FIN 107,5-DEN/ISL 98,5

(Poengberegning 9, 7, 6, 5, 4, 3, 2, 1 – Stafett 7, 5, 3, 1)

Menn 60 meter

1	Henrik Larsson	SWE	6.61
2	Simon Hansen	DEN	6.67
3	Riku Illukka	FIN	6.73
4	Kolbeinn Hödur Gunnarsson	DEN/ISL	6.75
5	Jacob Vaala	NOR	6.79
6	Per-Tinius Fremstad-Waldrøn	NOR	6.79
7	Thomas Jones	SWE	6.87
8	Roope Saarinen	FIN	6.91

Menn 200 meter

Heat			
1 2			
1	1	Erik Erlandsson	SWE 20.99
2	2	Eljas Aalto	FIN 21.21
3	1	Kasper Kandestål	SWE 21.42
4	2	Roope Saarinen	FIN 21.63
5	3	Kenny Emi Tijani-Ajayi	NOR 21.78
6	4	Kasper Andersson	DEN/ISL 21.85
7	3	Jonas Berggård Skåden	NOR 22.15

Menn 400 meter

Heat			
1 2			
1	1	Gustav Lundholm Nielsen	DEN/ISL 46.61
2	1	Benjamin Lobo Vedel	DEN/ISL 46.64
3	2	Andreas Grimerud	NOR 46.69
4	2	Emil Johansson	SWE 47.50
5	3	Håvard Bentdal Ingvaldsen	NOR 47.52
6	4	Viljami Kaasalainen	FIN 47.71
7	3	Tuomas Lehtonen	FIN 47.73
8	4	Gustav Gahne	SWE 48.11

Menn 800 meter

1	Ole Jakob Høstelend Solbu	NOR	1:48.12
2	Joonas Rinne	FIN	1:48.32
3	Kjetil Brenno Gagnås	NOR	1:54.70
4	Niko Viljola	FIN	1:55.29
5	Mathias Lundkvist	DEN/ISL	1:56.28
6	Alexander Lundskog	SWE	1:59.45
	Delix Frabcois	SWE	DNF
	Kristian Ulbjerg Hansen	DEN/ISL	DNF

Extra: Mattias Waernulf, SWE DNF

Menn 1500 meter

1	Narve Gilje Nordås	NOR	3:41.81
2	Emil Danielsson	SWE	3:41.97
3	Santti Heikkinen	FIN	3:44.21
4	Christoffer Frost Johansen	DEN/ISL	3:44.25
5	Andreas Holst Lindgreen	DEN/ISL	3:44.90
6	Jonatan Gustafsson	SWE	3:46.53
7	Moa Abounnachat Bollerød	NOR	3:48.12
8	Aleksi Kivelä	FIN	3:48.22

Extra: Sondre Rishøi, NOR DNF

Menn 3000 meter

1	Joel Ibler Lillesø	DEN/ISL	7:51.41
2	Simon Sundström	SWE	7:51.48
3	Jonathan Grahn	SWE	8:03.53
4	Per Sveta	NOR	8:03.60
5	Kristoffer Sagli	NOR	8:03.77
6	Eero Saleva	FIN	8:09.11
7	Andreas Bock Bjørnsen	DEN/ISL	8:37.24

Extra: Alexander Nilsson, SWE DNF, Olle Ahlberg, SWE DNF

Menn 60 meter hekk

1	Ilari Manninen	FIN	7.79
2	Max Hrelja	SWE	7.81
3	Santeri Luusiniemi	FIN	7.92
4	Anton Levin	SWE	8.00
5	Sander Aae Skotheim	NOR	8.15
6	Sebastian Sund Frandsen	DEN/ISL	8.26
7	Ísak Óli Traustason	DEN/ISL	8.31
8	Gjert Høie Sjørnsen	NOR	8.32

Menn Høyde

1	Sander Aae Skotheim	NOR	2.20
2	Fabian Delryd	SWE	2.15
3	Melwin Lycke Holm	SWE	2.12
4	Mads Moos Larsen	DEN/ISL	2.04
5	Julius Kuusela	FIN	2.04
6	Matias Mustonen	FIN	2.04
7	Elias Óil Hilmarsson	DEN/ISL	2.00
8	Sondre Jahren	NOR	2.00

Menn Stav

1	Pål Haugen Lillefosse	NOR	5.80
2	Juho Alasaari	FIN	5.51
3	Urho Kujanpää	FIN	5.26

4	Robin Jacobsson	SWE	5.16
=5	Aske Valdemar Petersen	DEN/ISL	5.01
=5	Philip Andrea Kubon	NOR	5.01
7	Oscar Janson	SWE	4.81
8	Nikolaj Graves	DEN/ISL	4.61

Menn Lengde

1	Henrik Flåtnes	NOR	7.74
2	Kasper Vehmaa	FIN	7.73
3	Sander Aae Skotheim	NOR	7.65
4	Kasper Larsen	DEN/ISL	7.63
5	Jesper Hellström	SWE	7.48
6	Sebastian Ree Pedersen	DEN/ISL	7.45
7	Julius Toivola	FIN	7.31
8	Melvin Lycke Holm	SWE	7.20

Menn Tresteg

1	Aaro Davidila	FIN	15.84
2	Tuomas Kaukolahti	FIN	15.81
3	Lukas Edqvist	SWE	15.18
4	Viljar Gjerde	NOR	15.14
5	Erik Ehrlin	SWE	14.98
6	Dennis Mägi	DEN/ISL	14.85
7	Daniel Ingi Egilsson	DEN/ISL	14.78
8	Sondre Vie Ytrearene	NOR	14.41

Menn Kule

1	Marcus Thomsen	NOR	20.61
2	Wictor Petersson	SWE	19.73
3	Arttu Korkeasalo	FIN	18.94
4	Gudni Valur Guðnason	DEN/ISL	18.15
5	Nico Oksanen	FIN	18.14
6	Gabriel Heen	SWE	16.75
7	Sindri Lárusson	DEN/ISL	16.48
8	Henrik Vesterlid	NOR	14.86

Menn Vektkast

1	Thomas Mardal	NOR	22.94
2	Henri Lipola	FIN	22.33
3	Ragnar Carlsson	SWE	21.91
4	Eivind Prestegård Henriksen	NOR	21.71
5	Karl Ludvik	SWE	19.01
6	Roope Auvinen	FIN	18.76
7	Stefan Lehnert	DEN/ISL	18.76
8	Nicco Hattesen	DEN/ISL	18.67

Kvinner 60 meter

1	Julia Henriksson	SWE	7.35
2	Helene Rønningen	NOR	7.40
3	Vilde Humstad Aasmo	NOR	7.53
4	Johanna Kylmänen	FIN	7.55
5	Mathilde U. Kramer	DEN/ISL	7.56
6	Filippa Sivnert	SWE	7.57
7	Anna Pursiainen	FIN	7.61
8	Gudbjörg Jóna Bjarnadóttir	DEN/ISL	7.69

Kvinner 200 meter

Heat			
1	2		
1	1	Julia Henriksson	SWE 23.26
2	1	Christine Bjelland Jensen	NOR 23.48
3	2	Mette Graversgaard	DEN/ISL 23.51
4	2	Aino Pulkkinen	FIN 23.55
5	3	Lisa Lilja	SWE 23.67
6	3	Gudbjörg Jóna Bjarnadóttir	DEN/ISL 24.12
7	4	Anna Pursiainen	FIN 24.14
8	4	Maren Bakke Amundsen	NOR 24.46

Kvinner 400 meter

Heat			
1	2		
1	1	Henriette Jæger	NOR 52.66
2	1	Andrea Rooth	NOR 54.26
3	2	Moa Granat	SWE 54.35
4	2	Linnéa Frobe	SWE 54.60
5	3	Milja Thureson	FIN 54.64
6	3	Ella Räsänen	FIN 54.80
7	4	Anna Øbakke Lange	DEN/ISL 55.42
8	4	Zarah Buchwald	DEN/ISL 58.11

Kvinner 800 meter

1	Hedda Hynne	NOR	2:03.96
2	Annemarie Nissen	DEN/ISL	2:04.04
3	Wilma Nielsen	SWE	2:04.18
4	Maria Freij	SWE	2:04.68
5	Malin Nyfors	NOR	2:05.98
6	Mathilde Diekema Jensen	DEN/ISL	2:09.25
7	Heini Ikonen	FIN	2:09.34
	Viola Westling	FIN	DNF

Extra: Hanna Karlsson, SWE DNF

Kvinner 1500 meter

1	Nathalie Blomqvist	FIN	4:10.70
2	Olivia Weslien	SWE	4:28.11
3	Malin Edland	NOR	4:28.41
4	Sigrid Alvik	NOR	4:28.87
5	Veera Mensonen	FIN	4:30.28
6	Line K. Schulz	DEN/ISL	4:30.53
7	Saga Provci	SWE	4:32.91
8	Juliane Hvid	DEN/ISL	4:35.40

Extra: Lovi Perman, SWE DNF

Kvinner 3000 meter

1	Amalie M. Sæten	NOR	9:13.92
2	Kristine Eikrem Engeset	NOR	9:14.71
3	Sara Christiansson	SWE	9:14.72
4	Nanna Bové	DEN/ISL	9:15.33
5	Elin Brink	SWE	9:19.29
6	Nelli Nordlund	FIN	9:31.71
7	Juliane Hvid	DEN/ISL	9:35.32
8	Janette Väänttinen	FIN	9:44.40

Extra: Emilia Lillemo, SWE DNF

Kvinner 60 meter hekk

1	Mette Gracersgaard	DEN/ISL	8.04
2	Lotta Harala	FIN	8.09
3	Andrea Rooth	NOR	8.19
4	Hanna Palmqvist	SWE	8.22
5	Mathilde Heltbech	DEN/ISL	8.28
6	Jessica Kähärä	FIN	8.30
7	Julia Wennersten	SWE	8.32
8	Martine Hjørnevik	NOR	8.51

Kvinner Høyde

1	Louise Ekman	SWE	1.85
2	Matilda Nilsson	SWE	1.79
3	Elin Pajunen	FIN	1.79
=4	Rikke Andersen	DEN/ISL	1.72
=4	Venla Pulkkanen	FIN	1.72
6	Karla Schärfe	DEN/ISL	1.72
7	Hedvik Kallåk	NOR	1.72
8	Caroline Fleischer	NOR	1.68

Kvinner Stav

1	Michaela Meijer	SWE	4.37
2	Silja Andersson	FIN	4.27

3	Caroline Bonde Holm	DEN/ISL	4.27
4	Kitty Augusta Friele Faye	NOR	3.90
5	Gabriella Jönsson	SWE	3.90
6	Laura Grønbech	DEN/ISL	3.75
	Saga Andersson	FIN	NM
	Lene Onsrud Retzius	NOR	NM

Kvinner Lengde

1	Khaddi Sagnia	SWE	6.66
2	Tilde Johansson	SWE	6.40
3	Irma Gunnarsdóttir	DEN/ISL	6.34
4	Jessica Kähärä	FIN	6.25
5	Neea Käyhkö	FIN	6.19
6	Hafdis Sigurðardóttir	DEN/ISL	6.19
7	Thale Leirfall Bremset	NOR	6.07
8	Elise Hoel Ulseth	NOR	5.98

Kvinner Tresteg

1	Maja Åskag	SWE	13.82
2	Rebecka Abrahamsson	SWE	13.40
3	Rachel Ombeni	NOR	13.25
4	Elina Kostianen	FIN	13.16
5	Janne Nielsen	DEN/ISL	12.81

6	Laura Koivisto	FIN	12.69
7	Kathrine Holst Hahn	DEN/ISL	12.58
8	Mathilde Sofie Klokseth	NOR	12.45

Kvinner Kule

1	Fanny Roos	SWE	18.73
2	Sara Lennman	SWE	18.09
3	Senja Mäkitörmä	FIN	16.54
4	Emilia Kangas	FIN	15.96
5	Marie Sløk	DEN/ISL	14.94
6	Nickoline Skifter Andersen	DEN/ISL	14.67
7	Lotta Flatum	NOR	14.08
8	Mariell Morken	NOR	12.95

Kvinner Vektkast

1	Grete Ahlberg	SWE	22.20
2	Suvi Koskinen	FIN	20.83
3	Katrine Koch Jacobsen	DEN/ISL	20.62
4	Silja Kosonen	FIN	20.56
5	Sara Forssell	SWE	20.42
6	Vigdis Jónsdóttir	DEN/ISL	17.99
7	Mariell Morken	NOR	11.09
8	Lotta Flatum	NOR	10.95

EM for landslag 1st league

Chorzow, POL 23.-25.6.2023

Slaski Stadion

ITA 426,5-POL 402,5-GER 387,5-ESP 352-GBR 341-NED 339,5-FRA 337,5-POR 315-
CZE 303,5-SWE 283-FIN 282,5-SUI 263-GRE 256,5-BEL 250-TUR 245-NOR 223

(Poengberegning 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1)

Menn 100 meter finale

Heat					
A	B				
1	1	Samuele Ceccarelli	ITA	10.13	
2	2	Raphael Bouju	NED	10.14	
3	3	Jeremiah Azu	GBR	10.16	
4	4	Dominik Kopec	POL	10.21	
5	5	Robin Ganter	GER	10.28	
6	1	Ioannis Nyfantopoulos	GRE	10.30	
7	2	Pascal Mancini	SUI	10.31	
8	6	Jimmy Vicaut	FRA	10.31	
9	3	Kayhan Özer	TUR	10.32	
10	4	Carlos Nascimento	POR	10.38	
11	7	Samuli Samuelsson	FIN	10.38	
12	5	Sergio Lopez	ESP	10.40	
13	6	Jan Veleba	CZE	10.48	
14	8	Kobe Vlemincx	BEL	10.51	
15	7	Desmind Rogo	SWE	10.55	
16	8	Jacob Vaala	NOR	10.63	

Menn 200 meter finale

Heat					
A	B				
1	1	Zeze Ryan	FRA	20.29	
2	2	Albert Komanski	POL	20.50	
3	3	Filippo Tortu	ITA	20.61	

4	4	Taymir Burnet	NED	20.70	
5	5	Timothe Mumenthaler	SUI	20.76	
6	1	Pol Retamal	ESP	20.86	
7	6	Robin Ganter	GER	20.89	
8	2	Viljami Kaasalainen	FIN	21.17	
9	7	Jan Jirka	CZE	21.18	
10	3	Ioannis Granitsiotis	GRE	21.18	
=11	8	Adam Clayton	GBR	21.18	
=11	4	Delvis Santos	POR	21.18	
13	5	Batuhan Altintas	TUR	21.19	
14	6	Mathias Hove Johansen	NOR	21.27	
15	7	Christian Iguacel	BEL	21.34	
16	8	Desmond Rogo	SWE	21.46	

Menn 400 meter finale

Heat					
A	B				
1	1	Håvard Bentsdal Ingvaldsen	NOR	44.88	
2	2	João Coelho	POR	45.05	
3	3	Liemarvin Bonevacia	NED	45.06	
4	4	Mauel Sanders	GER	45.24	
5	5	Alex Haydock-Wilson	GBR	45.25	
6	6	David Sombe	FRA	45.49	
7	7	Iñaki Canal	ESP	45.51	
8	1	Lorenzo Benati	ITA	45.53	
9	2	Matěj Krsek	CZE	45.75	

10	3	Lionel Spitz	SUI	45.81
11	8	Dylan Borlée	BEL	45.84
12	4	Karol Zalewski	POL	45.95
13	5	Viljami Kaasalainen	FIN	46.88
14	6	Ilyas Çanakçı	TUR	47.23
15	7	Kasper Kadestål	SWE	47.27
16	8	Georgios Lampropoulos	GRE	48.28

Menn 800 meter

Heat				
A	B			
1	1	Ramon Wipfli	SUI	1:46.73
2	2	Filip Šnejor	CZE	1:46.84
3	3	Mehmet Celik	TUR	1:46.84
4	4	Bram Buigel	NED	1:46.90
5	1	Andreas Kramer	SWE	1:46.92
6	2	Ben Pattison	GBR	1:46.94
7	3	Mateusz Borkowski	POL	1:47.18
8	4	Adrián Ben	ESP	1:47.36
9	5	Yanis Maziane	FRA	1:47.39
10	5	José Carlos Pinto	POR	1:47.76
11	6	Catalin Tecuceanu	ITA	1:47.81
12	6	Charidimos Xenidakis	GRE	1:47.91
13	7	Luis Oberbeck	GER	1:47.97
14	8	Joonas Rinne	FIN	1:48.43
15	7	Pieter Claus	BEL	1:50.03
16	8	Andreas Grimerud	NOR	1:54.83

Menn 1500 meter

1	Mohamed Katir	ESP	3:36.95
2	Isaac Nader	POR	3:37.37
3	Niels Laros	NED	3:37.59
4	Pietro Arese	ITA	3:38.13
5	Georg Mills	GBR	3:38.17
6	Emil Danielsson	SWE	3:38.34
7	Filip Ostrowski	POL	3:38.80
8	Romain Mornet	FRA	3:39.17
9	Jakub Davidík	CZE	3:40.76
10	Stijn Baeten	BEL	3:41.53
11	Santtu Heikkinen	FIN	3:41.72
12	Ibrahim Erata	TUR	3:43.55
13	Esten Hansen-Møllerud Hauen	NOR	3:43.78
14	Silas Zurfluh	SUI	3:43.81
15	Amos Bartelsmeyer	GER	3:48.59
16	Sergios Diakostefanis	GRE	3:50.57

Menn 5000 meter

1	Thierry Ndikumwenayo	ESP	13:25.48
2	Andreas Almgren	SWE	13:25.70
3	Yemaneberhan Crippa	ITA	13:34.29
4	Alexis Miellet	FRA	13:51.88
5	Jonathan Davies	GBR	13:56.11
6	Awet Nftalem Kibrab	NOR	13:58.39
7	Ramazan Özdemir	TUR	14:00.71
8	Mateusz Gos	POL	14:01.67
9	Enzo Noel	BEL	14:02.78
10	Eemil Helander	FIN	14:07.73
11	Robin van Riel	NED	14:13.89
12	Florian Bremm	GER	14:14.87
13	Martin Zajic	CZE	14:15.57
14	Leon Berthold	SUI	14:16.88
15	Marios Anagnostou	GRE	14:17.29
16	Ruben Amaral	POR	14:48.70

Menn 110 meter hekk finale

Heat +0,4/+0,1
A B

1	1	Jason Joseph	SUI	13.12
2	2	Enrique Llopis	ESP	13.44
3	3	Hassane Fofane	ITA	13.47
4	4	Pascal Martinot-Lagarde	FRA	13.58
5	5	Joshua Zeller	GBR	13.59
6	6	Max Hrelja	SWE	13.62
7	7	Elmo Lakka	FIN	13.67
8	1	Manuel Mordi	GER	13.67
9	8	Krzysztof Kiljan	POL	13.72
10	2	Mikdat Sevler	TUR	13.82
11	3	Sisinio Ambriz	POR	13.85
12	4	Konstantinos Douvalidis	GRE	13.90
13	5	Timme Koster	NED	13.91
14	6	Nolan Vancauwemberghe	BEL	14.00
15	7	Sander Aae Skotheim	NOR	14.31
16	8	Vilém Strásky	CZE	14.52

Menn 400 meter hekk finale

Heat				
A	B			
1	1	Alessandro Sibilio	ITA	48.14
2	1	Ismail Nezir	TUR	48.84
3	2	Nick Smidt	NED	48.95
4	3	Seamus Derbyshire	GBR	49.51
5	4	Julien Watrin	BEL	49.56
6	5	Dany Brand	SUI	49.97
7	2	Krzysztof Holub	POL	49.97
8	6	Vit Müller	CZE	50.05
9	3	Karl Wällgren	SWE	50.18
10	4	Toomas Lehtonen	FIN	50.20
11	7	Clement Ducos	FRA	50.29
12	5	Jesus David Delgado	ESP	50.78
13	6	Yuben Munary Goncalves	POR	50.79
14	7	Dimitris Levantinos	GRE	51.29
X		Joshua Abuaku	GER	DNF
X			NOR	DNS

Menn 3000 meter hinder

1	Daniel Arce	ESP	8:25.88
2	Emil Blomberg	SWE	8:26.27
3	Zak Seddon	GBR	8:27.42
4	Osama Zoghلامي	ITA	8:30.09
5	Frederik Ruppert	GER	8:32.99
6	Tom Erling Kårbø	NOR	8:34.10
7	Michael Curti	SUI	8:35.12
8	Clement Deflandre	BEL	8:36.23
9	David Foller	CZE	8:38.82
10	Topi Raitinen	FIN	8:39.93
11	Nick Marsman	NED	8:39.97
12	Maciej Megier	POL	8:45.85
13	Valentin Bresc	FRA	8:45.98
14	Etson Barros	POR	8:53.47
15	Nestoras Kolios	GRE	8:53.81
	Turgay Bayram	TUR	DQ

Menn Høyde

1	Gianmarco Tamberi	ITA	2.29
2	Thomas Carmoy	BEL	2.29
3	Norbert Kobielski	POL	2.26
4	Tobias Potye	GER	2.26
5	Jan Stefela	CZE	2.20
6	Ali Eren Ünlü	TUR	2.20
7	Gerson Balde	POR	2.17
=8	Douwe Amels	NED	2.13
=8	Daniel Kosonen	FIN	2.13

10	Antonios Merlos	GRE	2.13
11	Fabian Delryd	SWE	2.13
=12	Carlos Rojas	ESP	2.09
=12	Sebastien Micheau	FRA	2.09
14	William Grimsey	GBR	2.09
15	Noam Pritchett	SUI	2.05
16	Sander Aae Skotheim	NOR	2.00

Menn Stav

1	Menna Vloon	NED	5.85
2	Emmanouil Karalis	GRE	5.80
3	Thibaut Collett	FRA	5.80
4	Piotr Lisek	POL	5.80
5	Claudio Michel Stecchi	ITA	5.80
=6	Gillian Ladwig	GER	5.65
=6	Pedro Buaro	POR	5.65
8	Pål Haugen Lillefosse	NOR	5.65
9	Juho Alasaari	FIN	5.45
10	Ben Broeders	BEL	5.45
11	Ersu Şaşmo	TUR	5.45
12	Valentin Imsand	SUI	5.45
=13	Adam Hague	GBR	5.30
=13	Dab Barta	CZE	5.30
15	William Asker	SWE	5.10
16	Isidro Leyva	ESP	5.10

Menn Lengde

1	Miltiadis Tentoglou	GRE	8.34
2	Mattio Furlani	ITA	7.97
3	Simon Ehammer	SUI	7.95
4	Thobias Montler	SWE	7.82
5	Hector Santos	ESP	7.77
6	Kristian Pulli	FIN	7.70
7	Sander Aae Skotheim	NOR	7.67
8	David Cairo	NED	7.63
9	Jack Roach	GBR	7.60
10	Radek Juška	CZE	7.59
11	Simon Batz	GER	7.52
12	Ivo Tavares	POR	7.40
13	Mateusz Jopek	POL	7.37
14	Yanni Sampson	BEL	7.24
15	Necati Er	TUR	7.10
	Tom Campagne	FRA	NM

Menn Tresteg

1	Tobia Bocchi	ITA	16.84
2	Necati Er	TUR	16.71
3	Dimitrios Tsiamis	GRE	16.38
4	Tiago Pereira	POR	16.32
5	Jude Bright-Davies	GBR	16.24
6	Jonathan Seremes	FRA	16.24
7	Aaro Davidila	FIN	16.04
8	Adrian Swiderski	POL	15.75
9	Pablo Torrijos	ESP	15.57
10	Gabriel Wallmark	SWE	15.57
11	Baboucar Sallah-Mohammed	NED	14.84
12	Carlos Kouassi	SUI	14.40
13	Sondre Vie Ytrearne	NOR	14.23
14	Jakub Kunt	CZE	14.18
15	Björn de Decker	BEL	14.08
16	Tim Lübbert	GER	14.08

Menn Kule

1	Zane Weir	ITA	21.59
2	Scott Lincoln	GBR	21.10
3	Michal Haratyk	POL	20.89

4	Tomas Stanek	CZE	20.47
5	Carlos Tobalina	ESP	20.19
6	Marcus Thomsen	NOR	20.00
7	Fred Moudani-Likibi	FRA	19.65
8	Fracisco Belo	POR	19.64
9	Xaver Hastenrath	GER	19.14
10	Victor Pettersson	SWE	19.06
11	Odysseas Mouzenidis	GRE	18.98
12	Stefan Wieland	SUI	18.50
13	Sven Poelmann	NED	18.04
14	Nuh Bolat	TUR	17.93
15	Nico Oksanen	FIN	17.36
16	Andreas de Lathauwer	BEL	16.67

Menn Diskos

1	Daniel Ståhl	SWE	67.25
2	Henrik Janssen	GER	64.09
3	Robert Urbanek	POL	61.97
4	Yasiel Sotero	ESP	61.19
5	Lawrence Okoye	GBR	60.93
6	Michal Forejt	CZE	59.90
7	Alessio Mannucci	ITA	59.66
8	Emanuel Sousa	POR	59.44
9	Sven Martin Skagestad	NOR	58.29
10	Jordan Guehaseim	FRA	57.99
11	Ömer Sahin	TUR	57.75
12	Ruben Rolvink	NED	56.36
13	Antti Pränni	FIN	55.36
14	Gian Vetterli	SUI	54.29
15	Lars Coene	BEL	50.52
16	Dimitrios Pavlidis	GRE	45.79

Menn Slegge

1	Wojciech Nowicki	POL	79.61
2	Thomas Mardal	NOR	76.50
3	Michail Anastasakas	GRE	74.12
4	Martin Hummel	GER	73.00
5	Aron Kangas	FIN	72.39
6	Decio Andrade	POR	72.03
7	Jake Norris	GBR	71.98
8	Jan Dolezalek	CZE	70.47
9	Ragnar Carlsson	SWE	69.61
10	Halil Yilmazer	TUR	69.30
11	Giorgio Oliveiri	ITA	68.85
12	Alberto Gonzalez	ESP	68.23
13	Lukas Baroke	SUI	61.34
14	Denno Hemelaar	NED	57.89
15	Remi Malengreaux	BEL	56.67
	Yann Chaussinano	FRA	NM

Menn Spyd

1	Julian Weber	GER	86.26
2	Timothy Herman	BEL	81.67
3	Leandro Ramos	POR	81.62
4	Dawid Wegner	POL	81.40
5	Ioannis Kyriazis	GRE	79.01
6	Jakob Samuelsson	SWE	78.68
7	Manu Quijera	ESP	65.08
8	Taneli Juutinen	FIN	74.84
9	Emin Öncel	TUR	74.18
10	Thomas van Ophem	NED	70.94
11	Martin Konecny	CZE	70.80
12	Joe Dunderdale	GBR	69.85
13	Felise Vahai Sosaia	FRA	69.60
14	Michele Fina	ITA	69.47

15	Franck di Sanza	ITA	68.78
16	Daniel Thrana	NOR	67.76

Menn 4x100 meter stafett

Heat		A	B			
1	1	GER	38.34	(Julian Wagner, Marvin Schulte, Joshua Hartmann, Yannick Wolf)		
2	2	GBR	38.44	(Jeremiah Azu, Oliver Bromby, Richard Kilty, Tommy Ramdhan)		
3	3	ITA	38.47	(Lorenzo Patta, Samuele Ceccarelli, Marco Ricci, Filippo Tortu)		
4	1	FRA	38.51	(dylan Rigot, Jeff Erius, Ryan Zeze, Jimmy Vicaut)		
5	4	NED	38.77	(Xavi Mo-Ajok, Taymir Burnet, Hensley Paulina, Raphael Bouju)		
6	5	ESP	38.83	(Amau Monne, Sergio Lopez, Pablo Montalvo, Bernat Canet)		
7	6	POL	38.94	(Mateusz Siuda, Przemyslaw Slowikowski, Lukasz Zok, Diminic Kopek)		
8	2	TUR	38.96	(Erlan Özkan, Kayhan Özer, Batuhan Altintas, Ramil Guliyev)		
9	3	CZE	39.17	(Zdenek Stromsik, Jan Veleba, Jan Jirka, Jiri Polak)		
10	4	GRE	39.34	(Theodoros Vrontinos, Kanstantinos Douvalidis, Ioannis Granitsiotis, Ioannis Nyfantoupoulos)		
11	5	BEL	39.41	(Renden Vermeulen, Antoine Snyders, Jordan Paqout, Kobe Vlemincx)		
12	7	POR	39.74	(Carlos Nascimento, Gabriel Maia, Delvis Santos, Andre Prazeres)		
13	6	SWE	39.99	(Jean-Christian Zirignon, Desmond Rogo, Zion Eriksson, Linus Pihl)		
14	7	SUI	51.58	(Pascal Mancini, Timothe Mumenthaler, Felix Scensson, Eric Güntherth)		
	X	FIN	DQ	(Samuli Samuelsson, Riku Illukka, Roope Saarinen, Santeri Örn)		
	X	NOR	DQ	(Sander Skotheim, Jacob Vaula, Mathias Hove Johansen, Håvard Bentsdal Ingvaldsen)		

Kvinner 100 meter finale

Heat		A	B			
1	1	Ewa Swoboda	POL	11.09		
2	2	Rani Rosius	BEL	11.20		
3	3	N'Ketia Seedo	NED	11.24		
4	1	Jaël Bestué	ESP	11.25		
5	4	Géraldine Frey	SUI	11.26		
6	5	Bianca Williams	GBR	11.29		
7	6	Polyniki Emmanouilidou	GRE	11.30		
8	7	Arialis Gandulla	POR	11.33		
9	8	Lisa Mayer	GER	11.36		
10	2	Karolina Manasova	CZE	11.44		
11	3	Lotta Kemppinen	FIN	11.45		
12	4	Zaynab Dosso	ITA	11.45		
13	5	Helene Rønningen	NOR	11.51		
14	6	Julia Henriksson	SWE	11.52		
15	7	Carolle Zahi	FRA	11.64		
16	8	Elif Polat	TUR	11.84		

Kvinner 200 meter finale

Heat		A	B			
1	1	Lieke Klaver	NED	22.46		
2	2	Bianca Williams	GBR	22.75		
3	3	Polyniki Emmanouilidou	GRE	22.85		
4	4	Anna Kielbasinska	POL	22.92		
5	1	Dalia Kaddari	ITA	23.08		
6	5	Arialis Gandulla	POR	23.12		
7	6	Gemina Joseph	FRA	23.13		
8	2	Julia Henriksson	SWE	23.22		
9	7	Paula Sevilla	ESP	23.23		
10	3	Imke Vervaet	BEL	23.27		

11	4	Lada Vondrova	CZE	23.44
12	5	Christine Bjelland Jensen	NOR	23.48
13	6	Geraldine Frey	SUI	23.57
14	8	Alexandra Burghardt	GER	23.61
15	7	Simay Özçiftci	TUR	23.77
16	8	Aino Pulkkinen	FIN	23.80

Kvinner 400 meter finale

Heat		A	B			
1	1	Femke Bol	NED	49.82		
2	2	Natalia Kaczmarek	POL	50.34		
3	3	Cynthia Bolingo	BEL	50.95		
4	4	Ama Pipi	GBR	51.10		
5	5	Tereza Petržilková	CZE	51.51		
6	6	Alice Mangione	ITA	51.55		
7	1	Henriette Jæger	NOR	51.66		
8	7	Cátia Azevedo	POR	51.93		
9	2	Giulia Senn	SUI	52.22		
10	8	Laura Müller	GER	52.32		
11	3	Amandine Brossier	FRA	52.60		
12	4	Mette Baas	FIN	52.87		
13	5	Lisa Lilja	SWE	53.00		
14	6	Laura Bueno	ESP	53.38		
15	7	Edanur Tulum	TUR	53.52		
16	8	Eirini Vasileiou	GRE	53.90		

Kvinner 800 meter

Heat		A	B			
1	1	Audrey Werro	SUI	1:59.95		
2	2	Isabelle Boffey	GBR	2:00.39		
3	3	Majtie Kolberg	GER	2:00.72		
4	4	Eveliina Määrtänen	FIN	2:00.79		
5	5	Lorea Ibarzabal	ESP	2:00.86		
=6	=6	Eloisa Coiro	ITA	2:01.03		
=6	=6	Lena Kandissounon	FRA	2:01.03		
8	8	Patricia Silva	POR	2:01.82		
9	1	Camille Laus	NED	2:02.28		
10	2	Georgia-Maria Despollari	GRE	2:02.31		
11	3	Wilma Nielsen	SWE	2:02.60		
12	4	Hedda Hynne	NOR	2:03.12		
13	5	Tugba Toptas	TUR	2:03.63		
14	6	Angelika Sarna	POL	2:03.97		
15	7	Kimberley Ficenec	CZE	2:04.68		
16	8	Amina Maatoug	NED	2:08.03		

Kvinner 1500 meter

1	Esther Guerrero	ESP	4:11.77
2	Martyna Galant	POL	4:11.78
3	Hanna Klein	GER	4:12.14
4	Sintayehu Vissa	ITA	4:12.62
5	Lore Hoffmann	SUI	4:12.88
6	Kristiina Mäki	FIN	4:12.90
7	Marta Pen Freitas	POR	4:13.50
8	Agathe Guillemot	FRA	4:13.71
9	Hanna Hermansson	SWE	4:13.73
10	Marissa Damink	NED	4:14.47
11	Elise Vanderelst	BEL	4:14.63
12	Silan Ayyildiz	TUR	4:16.06
13	Ellie Baker	GBR	4:16.81
14	Nathalie Blomqvist	FIN	4:17.10
15	Kristine Eikrem Engeset	NOR	4:19.27
16	Dafni-Eftychia-Tereza Lavasa	GRE	4:22.55

Kvinner 5000 meter

1	Nadia Battocletti	ITA	15:25.09
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2	Hannah Nuttall	GBR	15:29.49
3	Águeda Marques	ESP	15:31.04
4	Kristine Eikrem Engeset	NOR	15:32.77
5	Lea Meyer	GER	15:33.75
6	Mariana Machado	POR	15:33.93
7	Camilla Richardsson	FIN	15:34.74
8	Manon Trapp	FRA	15:41.69
9	Aneta Konieczek	POL	15:43.35
10	Lisa Rooms	BEL	15:44.24
11	Vera Sjöberg	SWE	15:53.81
12	Nicole Egger	SUI	15:55.95
13	Fatma Karasu	TUR	15:56.63
14	Maria Kassou	GRE	16:05.00
15	Tereza Hrochova	CZE	16:34.52
16	Femke Rosbergen	NED	17:12.67

Kvinner 100 meter hekk finale

Heat		-0,2/+1,4	
A	B		
1	1	Pia Skrzyszowska	POL 12.77
2	2	Nadine Visser	NED 12.81
3	3	Laeticia Bapte	FRA 12.82
4	4	Reetta Hurske	FIN 13.09
5	5	Elisa Maria di Lazzaro	ITA 13.21
6	1	Teresa Errandonea	ESP 13.22
7	6	Elisavet Pesiridou	GRE 13.22
8	2	Tereza Elena Sinova	CZE 13.26
9	3	Monika Zapalska	GER 13.32
10	4	Seval Ayaz	TUR 13.33
11	5	Andrea Rooth	NOR 13.41
12	6	Catarina Queiros	POR 13.43
13	7	Abigail Pawlett	GBR 13.63
14	7	Maja Maunsbach	SWE 13.81
15	8	Jolien Matiga Boumkwo	BEL 32.81
X		Ditali Kambundji	SUI DQ

Kvinner 400 meter hekk finale

Heat		-0,2/+1,4	
A	B		
1	1	Carolina Krafzik	GER 54.47
2	2	Ayomide Foldrunso	ITA 54.79
3	3	Cathelij Peeters	NED 54.97
4	4	Viivi Lehtikoinen	FIN 55.19
5	5	Lina Nielsen	GBR 55.36
6	6	Nikoleta Jichova	CZE 55.44
7	1	Fatoumata Binta Diallo	POR 55.57
8	2	Moa Granat	SWE 56.61
9	7	Dimitra Gnafaki	GRE 56.63
10	3	Julia Korzuch	POL 56.73
11	4	Camille Seri	FRA 56.99
12	5	Carla Garcia	ESP 57.13
13	6	Andrea Rooth	NOR 57.19
14	7	Salome Hüsler	SUI 57.52
15	8	Gülsah Cebeci	TUR 62.52
X		Hanne Claes	BEL DNS

Kvinner 3000 meter hinder

1	Alicja Konieczek	POL	9:38.72
2	Flavie Renouard	FRA	9:40.40
3	Marta Serrano	ESP	9:41.86
4	Tugba Güvenc	TUR	9:47.31
5	Laura Taborda	POR	9:55.56
6	Pauline Meyer	GER	9:57.84
7	Eleonora Curtabbi	ITA	9:59.01
8	Veerle Bakker	NED	10:02.87
9	Sibylle Häring	SUI	10:04.02

10	Sona Kourilova	CZE	10:05.23
11	Linn Söderholm	SWE	10:07.72
12	Isavella Kotsacheili	GRE	10:08.23
13	Sara Årsvoll Svarstad	NOR	10:09.18
14	Maisie Grice	GBR	10:09.99
15	Nelli Nordlund	FIN	10:22.34
16	Jolien van Hoorebeke	BEL	10:32.28

Kvinner Høyde

1	Nawal Meniker	FRA	1.92
2	Merel Maes	BEL	1.92
3	Michaela Hrubá	CZE	1.90
4	Buse Savaskan	TUR	1.87
5	Blessing Enatoh	GER	1.87
6	Tatiana Gusin	GRE	1.87
7	Salome Lang	SUI	1.84
8	Anabelo Leto	POR	1.84
9	Wiktoría Miaso	POL	1.84
10	Ella Junnila	FIN	1.80
11	Glenka Antonia	NED	1.80
=12	Erika Furlani	ITA	1.80
=12	Una Stanchev	ESP	1.80
14	Bianca Salming	SWE	1.80
15	Laura Zialor	GBR	1.76
16	Sigrid Kleive	NOR	1.71

Kvinner Stav

1	Wilma Murto	FIN	4.71
2	Angelica Moser	SUI	4.60
3	Amalie Svabikova	CZE	4.60
4	Ellen Vekemans	BEL	4.50
5	Jade Ive	GBR	4.50
6	Lene Onsrud Retzius	NOR	4.50
7	Sarah Franziska Vogel	GER	4.40
=8	Alkaterini Stafanidi	GRE	4.40
=8	Margot Chevrier	FRA	4.40
=10	Roberta Bruni	ITA	4.25
=10	Emilia Kusy	POL	4.25
12	Karlijn Schouten	NED	4.25
13	Malalen Axpe	ESP	4.25
14	Michaela Meijer	SWE	4.10
15	Buse Arikazan	TUR	4.10
16	Maria Onofre	POR	3.90

Kvinner Lengde

1	Hilary Kpatcha	FRA	6.75
2	Larissa Iapichino	ITA	6.66
3	Fatima Diame	ESP	6.56
4	Maryse Luzolo	GER	6.49
5	Pauline Hondema	NED	6.49
6	Lucy Hadaway	GBR	6.41
7	Tilde Johansson	SWE	6.39
8	Jessica Kähärä	FIN	6.34
9	Thale Bremset Leirfall	NOR	6.17
10	Michaela Kucerova	CZE	6.17
11	Vasiliki Chaitidou	GRE	6.10
12	Maite Beernaert	BEL	6.10
13	Daniela Gubler	SUI	6.05
14	Magdalena Bokun	POL	6.03
15	Ecem Calagan	TUR	5.95
16	Catarina Queiros	POR	5.53

Kvinner Tresteg

1	Tugba Danismaz	TUR	14.16
2	Ottavia Cestonaro	ITA	14.09
3	Maja Åskag	SWE	13.88

4	Kira Wittmann	GER	13.71
5	Kristiina Mäkelä	FIN	13.68
6	Adrianna Laskowska	POL	13.67
7	Ana Peleteiro	ESP	13.67
8	Linda Sucha	CZE	12.99
9	Rachel Ombeni	NOR	12.97
10	Spyridoula Karydi	GRE	12.92
11	Ilionis Guillaume	FRA	12.92
12	Evelise Veiga	POR	12.80
13	Maureen Herremans	NED	12.75
14	Saliyya Guisse	BEL	12.69
15	Georgina Forde-Wells	GBR	12.57
16	Barbara Leuthard	SUI	12.22

Kvinner Kule

1	Auriol Dongmo	POR	19.07
2	Yemisi Ogunleye	GER	18.85
3	Axelina Johansson	SWE	18.32
4	Jessica Schilder	NED	18.27
5	Klaudia Kardasz	POL	17.12
6	Eveliina Rouvali	FIN	17.08
7	Jolien Maliga Boumkwo	BEL	16.58
8	Miryam Mazenauer	SUI	16.15
9	Katrin Brzyszkowska	CZE	16.13
10	Sinem Yildirim	TUR	15.76
11	Monia Cantarella	ITA	15.66
12	Maria Belén Toimil	ESP	15.32
13	Naomie Wuta	FRA	15.29
14	Maria Magkoulia	GRE	15.13
15	Sarah Omoregie	GBR	14.43
16	Mariell Morken	NOR	13.39

Kvinner Diskos

1	Kristin Pudenz	GER	66.84
2	Daisy Osakue	ITA	64.35
3	Melina Robert-Michon	FRA	64.21
4	Liliana Ca	POR	63.21
5	Caisa-Marie Lindfors	SWE	58.16
6	Jade Lally	GBR	58.08
7	Lotta Flatum	NOR	55.90
8	Salla Sipponen	FIN	52.88
9	Corinne Nugter	NED	52.39
10	Daria Zabawska	POL	52.11
11	Nurten Mermer	TUR	50.89
12	Barbora Ticha	CZE	50.68
13	June Kintana	ESP	50.64
14	Kateleijne Lyssens	NED	48.04
15	Despoina Areti Filippidou	GRE	45.77
16	Chiara Baumann	SUI	43.64

Kvinner Slegge

1	Sara Fantini	ITA	73.26
2	Silja Kosonen	FIN	72.34
3	Malwina Kopron	POL	71.18
4	Charlotte Payne	GBR	71.14
5	Grete Ahlberg	SWE	69.49
6	Samantha Borutta	GER	68.97
7	Vanessa Sterckendries	BEL	67.95
8	Laura Redondo	ESP	67.05
9	Beatrice Nedberge Llano	NOR	65.92
10	Rose Loga	FRA	65.71
11	Stamatia Scarvelis	GRE	65.07
12	Tuğme Sahutoğlu	TUR	61.92
13	Mariana Pestana	POR	61.14
14	Audrey Jacobs	NED	59.48

15	Adéla Koreckova	CZE	58.37
16	Lydia Wehrli	SUI	58.17

Kvinner Spyd

1	Nikola Ogrodnikova	CZE	61.75
2	Christin Hussong	GER	60.05
3	Bekah Walton	GBR	59.76
4	Anni-Linnea Alanen	FIN	59.69
5	Elina Tzengko	GRE	59.40
6	Claudia Ferreira	POR	55.82
7	Esa Türkmen	TUR	55.32
8	Marcelina Witek-Konofal	POL	55.19
9	Sigrid Borge	NOR	54.81
10	Alizee Minard	FRA	54.40
11	Lisanne Schol	NED	51.59
12	Arantza Moreno	ESP	51.02
13	Beatrice Lantz	SWE	50.22
14	Federica Botter	ITA	49.12
15	Pauline Smal	BEL	47.24
16	Salvina Boss	SUI	46.54

Kvinner 4x100 meter stafett

Heat					
A	B				
1	1	NED	42.61	(N'Kelia Seedo, Lieke Klaver, Jamile Samuel, Tasa Jiya)	
2	2	POL	42.97	(Marika Popowicz-Drapala, Monika Romaszko, Magdalena Stefanowicz, Ewa Swoboda)	
3	3	ESP	43.13	(Carmen Marco, Paula Garcia, Paula Sevilla, Jael Bestue)	
4	4	GER	43.24	(Lisa Nippgen, Lisa Mayer, Louise Wieland, Jennifer Montag)	
5	1	SUI	43.39	(Lena Weiss, Salome Kora, Geraldine Frey, Celine Bürgi)	
6	2	FRA	43.62	(Carolle Zahi, Marie-Ange Rimlinger, Gemina Joseph, Mallory Leconte)	
7	3	GRE	43.81	(Artemis Melina Anastasiou, Elisavet Pesiridou, Dimitra Tsoukala, Polyniki Emmanoulidou)	
8	4	BEL	43.84	(Elise Mehuys, Janie de Naeyer, Rani Vincke, Imke Vervaet)	
9	5	POR	44.27	(Lorene Dorcas Bazolo, Arialis Gandulla, Rosalina Santos, Iris Silva)	
10	5	CZE	44.29	(Karolina Manasova, Natalie Kozuskanicova, Barbora Splechtnova, Nikola Bendova)	
11	6	TUR	44.64	(Sila Kologlu, Sevval Ayaz, Simay Özçiftci, Elif Polat)	
12	6	ITA	52.28	(Johannelis Herrera Abreu, Dalia Kaddari, Anna Bongiorno, Vittoria Fontana)	
X		GBR	DQ	(Cassie-Ann Pemberton, Amy Hunt, Alyson Bell, Aleeya Sibbons)	
X		FIN	DQ	(Anna Pursiainen, Aino Pulkkinen, Anniina Kortetmaa, Lotta Kempainen)	
X		NOR	DQ	(Henriette Jæger, Christine Bjelland Jensen, Vilde Aasmo, Helene Rønningen)	
X		SWE	DQ	(Elvira Tanderud, Nora Lindahl, Julia Henriksson, Filippa Sivnert)	

Mixed 4x400 meter stafett

Heat					
1	2				
1	1	CZE	3:12.34	(Matek Krsek, Tereza Petržilková, Vit Müller, Lada Vondrova)	
2	1	POL	3:12.87	(Maks Szwed, Anna Kielbasinska, Igor Bogaczynski, Natalia Kaczmarek)	
3	2	BEL	3:12.97	(Jonathan Sacoor, Camille Laus, Dylan Borlée, Cynthia Bolingo)	
4	2	FRA	3:13.36	(Gilles Biron, Fanny Peltier, Teo Andant, Amandine Brossier)	
5	3	ITA	3:13.56	(Edoardo Scotti, Ayomide Folorunso, Alessandro Sibilio, Anna Polirano)	
6	4	GER	3:14.00	(Manuel Sanders, Elisa Lechleitner, Jean Paul Bredau, Carolina Krafzik)	
7	5	POR	3:14.06	(Joao Coelho, Catia Azevedo, Ricardos di Santos, Fatoumata Bintou Diallo)	

8	3	SUI	3:14.22	(Lionel Spitz, Giulia Senn, Ricky Petrucchiani, Julia Niederberger)
9	6	GBR	3:14.27	(Alex Haydock-Wilson, Ama Pipi, Brodie Young, Caris McCaully)
10	4	NOR	3:15.67	(Andreas Grimerud, Henriette Jæger, Håvard Bentsdal Ingvaldsen, Josefine Tomine Eriksen)
11	7	ESP	3:16.79	(Inaki Canal, Carmen Aviles, Oscar Husillos, Laura Bueno)
12	5	SWE	3:17.93	(Kasper Kandestål, Lisa Lilja, Emil Johansson, Moa Granat)

13	6	TUR	3:20.01	(Ilyas Canakci, Edanur Tulum, Oguzhan Kaya, Elif Polat)
14	8	NED	3:20.40	(Isayah Boers, Zoe Sedney, Terrence Agard, Eveline Saalberg)
15	7	GRE	3:23.10	(Spiridon Ilias Doukatis, Dimitra Gnafaki, Georgios Kampropoulos, Eirini Vasileiou)
16	8	FIN	3:27.31	(Viljami Kaasalainen, Viivi Lehikoinen, Asseri Välimäki, Mette Baas)

Nordisk U20 Match og mesterskap (U20)

Oslo, NOR 22.-23.7.2023
Bislett Stadion

Menn: FIN 200-SWE 194-NOR 171,5-DEN/ISL 111,5

Kvinner: SWE 222-FIN 205-NOR 153-DEN/ISL 98

(Poengberegning 9, 7, 6, 5, 4, 3, 2, 1 – Stafett 9, 6, 3, 1)

Menn 100 meter

1	Isak Hughes	SWE	10.52
2	Valentin Jensen	DEN/ISL	10.67
3	Kalle Hirvi	FIN	10.75
4	Hector Wandt	DEN/ISL	10.79
5	Topi Huttunen	FIN	10.89
6	Alex Apelgrim	SWE	10.95
7	Sebastian Berntsen	NOR	10.97
8	Alexander Skrede	NOR	11.06

Menn 200 meter

1	Bastian Elnan Aurstad	NOR	21.33
2	Alexander Oliver	SWE	21.46
3	Valentin Jensen	DEN/ISL	21.48
4	Jeroen Persson	SWE	21.63
5	Aku Kulju	FIN	21.81
6	Rado Lindberg	FIN	22.11
7	Arnar Logi Brynjarsson	DEN/ISL	22.34
	Emil Gundersen	NOR	DNS

Menn 400 meter

1	Bastian Elnan Aurstad	NOR	46.94
2	Jeere Haapalainen	FIN	47.51
3	Jeroen Persson	SWE	48.04
4	Lucas Törnström	SWE	48.07
5	Simon Vorselman	FIN	48.23
6	Luis Maillat Tapias	DEN/ISL	48.70
7	Sindre Strønstad-Løseth	NOR	48.89
8	Christoffer Banke Jørgensen	DEN/ISL	50.26

Menn 800 meter

1	Erik Skoglund	SWE	1:56.06
2	Philip Morken	NOR	1:56.36
3	Oliver Asikainen	FIN	1:56.36
4	Valter Kjellberg	SWE	1:56.44
5	Laust Kaastrup Kjær	DEN/ISL	1:56.68
6	Sondre Strande Omland	NOR	1:56.99
7	Konsta Uttera	FIN	1:58.04
8	Milan Axelgaard	DEN/ISL	1:59.58

Menn 1500 meter

1	Sondre Strande Omland	NOR	3:54.41
2	August da Silva Sveen	NOR	3:54.89
3	Lasse Bjørn Jensen	DEN/ISL	3:54.97
4	Jonas Magnusson	SWE	3:57.16

5	Oliver Asikainen	FIN	3:58.22
6	Martti Majuri	FIN	3:59.02
7	Samuel Berhane	SWE	4:03.24
8	Hjalte Dalskov	DEN/ISL	4:12.59

Menn 5000 meter

1	August da Silva Sveen	NOR	14:57.72
2	Jonas Skjerven	NOR	14:58.08
3	Gabriel Claesson	SWE	15:16.30
4	Lasse Bjørn Jensen	DEN/ISL	15:24.11
5	Eemeli Hirvonen	FIN	15:35.35
6	Anssi Mustonen	FIN	15:39.09
7	Milian Hentscke	SWE	15:43.76

Menn 110 meter hekk

1	Rasmus Vehmaa	FIN	13.30
2	Edvin Assarsson	SWE	13.94
3	Konsta Kankainen	FIN	14.14
4	Sofus Olivarius Vølund	DEN/ISL	14.30
5	Linus Jonsson	SWE	14.61
6	Simen Johan Teigstad	NOR	14.90
7	Nicolas Alexander Baranyi Eriksen	NOR	15.11
8	Þorleifur Einar Leifsson	DEN/ISL	15.12

Menn 400 meter hekk

1	Jere Haapalainen	FIN	50.22
2	Antti Sainio	FIN	50.91
3	Sofus Olivarius Vølund	DEN/ISL	53.45
4	Lucas Törnström	SWE	55.15
5	Isak Stieberth Siljedahl	DEN/ISL	55.19
6	Aiden Vincent	NOR	55.38
7	Ivar Plukkerud	NOR	61.01

Menn 3000 meter hinder

1	Oscar Nyholm	FIN	9:13.36
2	Marcus Asker	SWE	9:13.91
3	Lars Horten Jordet	NOR	9:14.97
4	Markus Andersson	SWE	9:29.61
5	Anssi Mustonen	FIN	9:45.14
6	Mikkel Feldborg Nielsen	DEN/ISL	10:31.34
7	Laurits Gade Strøyer Andersen	DEN/ISL	10:43.15

Menn 5000 meter kappgang

1	Kristoffer Randall	NOR	25:19.19
2	Eetu Salmi	FIN	25:28.40
3	Samuel Marku	FIN	26:42.96

Menn Høyde

1	Melwin Lycke Holm	SWE	2.10
2	Elias Óli Hilmarsson	DEN/ISL	1.99
3	Johan Grönroos	FIN	1.95
4	Sondre Jahren	NOR	1.90
=5	Jonas Strunge	DEN/ISL	1.85
=5	Tobias Heldal	NOR	1.85
7	Felix Ridderstråle	SWE	1.85
	Teerhu Laurikainen	FIN	NM

Menn Stav

1	Linus Jönsson	SWE	5.40
2	Philip Andreas Kubon	NOR	5.10
3	Viktor Rahm	SWE	5.00
4	Sander Oppen	NOR	4.80
5	Petteri Tuomaala	FIN	4.60
6	Julius Haansbæk Mortensen	DEN/ISL	4.60
7	Verner Vesala	FIN	4.30
8	Þorleifur Einar Leifsson	DEN/ISL	4.00

Menn Lengde

1	Melwin Lycke Holm	SWE	7.51
2	Kristoffer Andersson	SWE	7.23
3	Sebastian Berntsen	NOR	7.16
4	Carl Bruce Aabo	DEN/ISL	7.02
5	Anyel Weis	DEN/ISL	7.00
6	Benjamin Olli	FIN	6.66
7	Konsta Tynkkynen	FIN	6.48
	Sondre Jahren	NOR	NM

Menn Tresteg

1	Marcus Eklund	SWE	14.38
2	Oden Graham Goles	SWE	14.34
3	Emil Nylund	FIN	14.32
4	Guðjón D. Diaquoi Þorsteinsson	DEN/ISL	13.88
5	Santeri Haapamäki	FIN	13.88
6	Jonathan Sass Møller	DEN/ISL	13.44
7	Sigmund Le Fjeld	NOR	13.37
8	Oscar Stuhr	NOR	13.16

Menn Kule

1	Henrik From Vesterlid	NOR	17.89
2	Leo Zikovic	SWE	17.33
3	Juho Suominen	FIN	17.23
4	Mads Krogsgaard Nielsen	DEN/ISL	17.02
5	Paavo Puro	FIN	16.11
6	Jesper Lindqvist	SWE	15.05
7	Sondre Jahren	NOR	14.24
8	Bjarni Hauksson	DEN/ISL	12.17

Menn Diskos

1	Håkon Hansesæter	NOR	57.06
2	Juho Suominen	FIN	56.84
3	Max Lampinen	FIN	52.23
4	Brage Viljar Arumairasa	NOR	50.51
5	Adam Hellbom	SWE	50.41
6	Mads Krogsgaard Nielsen	DEN/ISL	49.37
7	Jesper Lindqvist	SWE	48.16
8	Emil Degn Pedersen	DEN/ISL	47.22

Menn Slegge

1	Max Lampinen	FIN	76.43
2	Adam Hellbom	SWE	67.63
3	Øystein Solheim Hytten	NOR	66.02
4	Gustav Rydåker	SWE	63.45
5	Reko Tuominen	FIN	63.14
6	Frederik Degn Pedersen	DEN/ISL	60.52

7	Theodor Hennecke	DEN/ISL	56.52
	Håkon Hansesæter	NOR	NM

Menn Spyd

1	Tuomas Närhi	FIN	65.79
2	Leon Bodén	SWE	63.73
3	Jaakko Honka	FIN	60.43
4	Filip Sundin	SWE	58.11
5	Tommi Aslaksrud Pasanen	NOR	57.88
6	Theodor Hennecke	DEN/ISL	56.95
7	Peder Hennestad Skjevraak	NOR	56.42
8	Hans Sækmosse	DEN/ISL	51.51

Menn 4x100 meter stafett

1	NOR	41.16	(Emil Gundersen, Alexander Skrede, Sebastian Berntsen, Sondre Witzøe)
2	FIN	41.38	(Aki Kulju, Topi Huttunen, Rasmus Vehmaa, Antti Sainio)
	SWE	DNF	(Noah Karlberg, Alex Apelgrim, Erik Erlandsson, Isak Hughes)
	DEN/ISL	DNF	(Simon Bloch Larsen, Hector Wandt, Valentin Jensen, Carl Bruce Aabo)

Menn 4x400 meter stafett

1	FIN	3:12.89	(Rado Lindberg, Antti Sainio, Simeon Vorseلمان, Jere Haapalainen)
2	NOR	3:13.60	(Bastian Elnan Aurstad, Tobias Bang Guldbrandsen, Aiden Vincent, Sindre Strønstad-Løseth)
3	DEN/ISL	3:17.81	(Luis Maillet Tapias, Sofus Olivarius Vølund, Christoffer Banke Jørgensen, Gustav Stetkær Bohr)
	SWE	DQ	(Isak Stieberth Siljedahl, Alexander Oliver, Erik Skoglund, Felix Ridderstråle)

Kvinner 100 meter

1	Selma Ims	NOR	11.92
2	Emilia Franzén	SWE	12.07
3	Aino Vuorjoki	FIN	12.07
4	Helmi Hjortbäck	SWE	12.11
5	Noora Salmi	FIN	12.17
6	Ronja Christophersen	DEN/ISL	12.64
7	Maria Helga Högnadóttir	DEN/ISL	12.67
8	Lilje Lopes Patey	NOR	12.71

Kvinner 200 meter

1	Aino Vuorjoki	FIN	24.24
2	Selma Ims	NOR	24.39
3	Helmi Hjortbäck	SWE	24.49
4	Emilia Franzén	SWE	24.59
5	Priscilla Boateng	FIN	24.74
6	Lilje Lopes Patey	NOR	25.09
7	Julía Kristín Jóhannesdóttir	DEN/ISL	25.45
8	Ronja Christophersen	DEN/ISL	25.77

Kvinner 400 meter

1	Borghild Oline Holstad	NOR	55.13
2	Elenie Carlsson	SWE	55.90
3	Teresa Perttilä	FIN	55.91
4	Elna Wester	SWE	56.49
5	Nora Grønnegaard Fischer	DEN/ISL	56.82
6	Linne Kallio	FIN	57.10
7	Lisa Maylen Stensøy	NOR	57.30
8	Caroline Aslerin	DEN/ISL	57.55

Kvinner 800 meter

1	Sini Rajaniemi	FIN	2:11.67
2	Nora Kytäjä	FIN	2:11.77
3	Ebba Cronholm	SWE	2:12.37
4	Emilia Mandl	SWE	2:13.23
5	Lærke F. Thygesen	DEN/ISL	2:14.82
6	Vilde-Sofie Torvund	NOR	2:18.23

7	Ida Grytaas Forsmo	NOR	2:19.05
8	Signe Risvig	DEN/ISL	2:21.79

Kvinner 1500 meter

1	Saga Provcí	SWE	4:21.01
2	Elsa Sundqvist	SWE	4:24.62
3	Marte Hovland	NOR	4:27.05
4	Nora Kytäjä	FIN	4:34.99
5	Ida Grytaas Forsmo	NOR	4:40.40
6	Signe Risvig	DEN/ISL	4:40.94
7	Sini.Minea Saarikoski	FIN	4:49.12
8	Siv Bertelsen	DEN/ISL	4:55.21

Kvinner 3000 meter

1	Elsa Sundqvist	SWE	9:28.51
2	Ebba Broms	SWE	9:31.57
3	Anna Maria Nordengen Sirevåg	NOR	9:48.16
4	Marte Hovland	NOR	9:55.16
5	Nelli Viskari	FIN	10:00.78
6	Ida Tveen Høgsberg	DEN/ISL	10:36.15
7	Pinja Laasanen	FIN	10:40.16
8	Siv Bertelsen	DEN/ISL	10:52.71

Kvinner 100 meter hekk

1	Lovise Skarbøvik Andresen	NOR	13.59
2	Siiri Siirtola	FIN	13.80
3	Selma Ims	NOR	13.88
4	Linnea Svanhall	SWE	13.92
5	Essi Niskala	FIN	13.92
6	Tilde Bjerager	SWE	14.17
7	Júlia Kristin Jóhannesdóttir	DEN/ISL	14.20

Kvinner 400 meter hekk

1	Vilma Väliharju	FIN	60.07
2	Essi Niskala	FIN	60.29
3	Tilde Bjerager	SWE	60.85
4	Jamila Isman	NOR	61.36
5	Elenie Carlsson	SWE	61.44
6	Ísold Sævarsdóttir	DEN/ISL	63.23
7	Amanda Sondrup Henriques	DEN/ISL	63.29
8	Sarah Safaa Al-Saiddi	NOR	67.58

Kvinner 3000 meter hinder

1	Ebba Cronholm	SWE	10:14.89
2	Thea Charlotte Knutsen	NOR	10:18.27
3	Lowa Branth	SWE	10:20.86
4	Maiken Holmlund Prøitz	NOR	10:28.66
5	Miina Kilpeläinen	FIN	11:02.55
6	Lærke F. Thygesen	DEN/ISL	11:43.64

Kvinner 5000 meter kappgang

1	Aliisa Kiiski	FIN	23:53.42
2	Anna Kokko	FIN	26:16.43

Kvinner Høyde

1	Birta Maria Haraldsdóttir	DEN/ISL	1.80
2	Alvah Lind	SWE	1.80
3	Engla Nilsson	SWE	1.77
4	Mia Känsäkangas	FIN	1.74
5	Telma Björk Rostoft Kristjansson	NOR	1.71
6	Hedvig Kallåk	NOR	1.66
7	Celina C.S. Jensen	DEN/ISL	1.61
8	Anni Konnu	FIN	1.61

Kvinner Stav

1	Sara Winberg	SWE	3.95
2	Elia Uddenäs	SWE	3.85
3	Tuuli Järvinen	FIN	3.85
4	Annabelle Viple	DEN/ISL	3.75

5	Sara Benedikte Guttormsen	NOR	3.65
6	Vanessa Lindberg	FIN	3.45
7	Jennis Bos	NOR	3.10
8	Cathia Lindgaard Jensen	DEN/ISL	2.95

Kvinner Lengde

1	Ida Andrea Breigan	NOR	6.30
2	Minja Kurtti	FIN	6.20
3	Lina Ånstad	SWE	6.01
4	Sydney Karström	SWE	5.91
5	Ísold Sævarsdóttir	DEN/ISL	5.79
6	Inkeri Ahokas	FIN	5.75
7	Brynja Rós Brynjarsdóttir	DEN/ISL	5.67
8	Jamila Isman	NOR	5.61

Kvinner Tresteg

1	Kathrine Holst Hahn	DEN/ISL	12.31
2	Matilda Halfwordson	SWE	12.03
3	Nora Jolbäck	SWE	12.00
4	Siiri Nyyssönen	FIN	11.88
5	Erin Kainulainen	FIN	11.82
6	Sigrid Forsmo Kapskarmo	NOR	11.25
7	Smilla Alex Hytholm Petersen	DEN/ISL	10.98
8	Anna Theodora Helgesen	NOR	10.94

Kvinner Kule

1	Minttu Laurila	FIN	14.79
2	Jonna Lundgren	SWE	14.69
3	Beatrice Pettersson	SWE	14.10
4	Hanna Emilie Hjeltnes	NOR	13.46
5	Julia Nystrand	FIN	12.71
6	Sonja Jervidalø	NOR	12.18
7	Kristine Skifter Bitsch	DEN/ISL	11.26
8	Amalie Sofie Nielsen	DEN/ISL	10.78

Kvinner Diskos

1	Hera Christensen	DEN/ISL	45.40
2	Iiris Veijola	FIN	44.77
3	Edvina Norberg	SWE	44.21
4	Ebba Salomonsson Lind	SWE	44.04
5	Hanna Emilie Hjeltnes	NOR	43.45
6	Pinja Naula	FIN	39.83
7	Mette-Elise Vaskinn	NOR	38.66
8	Freja Veicherts	DEN/ISL	36.75

Kvinner Slegge

1	Taru Killinen	FIN	59.35
2	Saga Berg	SWE	58.48
3	Emmi Mäkäläinen	FIN	56.22
4	Linda Hedlund	SWE	55.40
5	Iben Pusle Dahl	DEN/ISL	52.79
6	Astrid T. Christensen	DEN/ISL	50.81
7	Julie Lie Karlberg	NOR	49.40
8	Linnea Kristine Austad Nilsem	NOR	46.98

Kvinner Spyd

1	Salla Koskimäki	FIN	49.64
2	Cecilia Österberg	FIN	48.13
3	Tildaa Bernhult	SWE	47.59
4	Inga Rabben Reimers	NOR	46.94
5	Amdis Diljá Óskarsdóttir	DEN/ISL	44.90
6	Camilla Urup Colstrup	DEN/ISL	44.78
7	Linea Steiro-Darén	NOR	43.64
8	Linn Svendberg Jarlhage	SWE	42.16

Kvinner 4x100 meter stafett

1	SWE	46.11	(Lina Ånstad, Emma Carlsson, Helmi Hjortbäck, Emilia Franzén)
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2	FIN	46.15	(Eliisa Kallio, Noora Salmi, Priscilla Boateng, Aino Vuorjoki=
3	NOR	46.21	(Lovise Skarbøvik Andresen, Ida Andrea Breigan, Selma Ims, Lilje Lopes Patey)
	DEN/ISL	DNF	(Ronja Christophersen, Júlia Kristin Jóhannesdóttir, María Helga Högnadóttir, Brynja Rós Brynjarsdóttir)

Kvinner 4x400 meter stafett

1	NOR	3:45.27	(Camilla Dahl Kristiansen, Lilje Lopes Patey, Lisa Maylen Stensøy, Borghild Oline Holstad)
2	SWE	3:47.12	(Elna Wester, Cederberg Lia, Tilde Bjerager, Elenie Carlsson)
3	FIN	3:47.49	(Linne Kallio, Minea Lind, Sini-Minea SaariKoski, Teresa Perttilä)
4	DEN/ISL	3:47.74	(Nora Grønnegaard Fischer, Lærke F. Thygesen, Amanda Sondrup Henriques, Caroline Aslerin)